

# Gladstone Today



**Trauma Teddies turns 30**  
PAGE 14



**Seafood Festival Fun**  
PAGE 29

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## Sales loss cuts deep

By Sean Fox

Gladstone Newsagency has reportedly suffered a 90 per cent sales loss in recent times due to the delayed completion of revitalisation works outside their premises on Goondoon St.

After waiting a matter of months for a new footpath scheme, the retailer says they've seen a diminished amount of foot traffic through their doors.

Read both perspectives in our comprehensive report inside

## Run in Sun shines for Lyn

By Liam Emerton

Gladstone resident Lyn Boyd touched the lives of many locals and this year's Run in the Sun event was dedicated in her honor.

After having to cancel the event last year the Hot Rods were back on display and when the clouds parted and halted the rain Reef City Rod and Custom Inc president John LaFave thanked Lyn for having a word with the big man upstairs.

For the full story and pictures see page 12 and 13



Member for Gladstone Glenn Butcher's table at the Ship & Sail Yachtsman's Long Lunch on the weekend.

## What a big weekend of nautical fun

After a long delay, Gladstone Region residents were finally able to commemorate the Brisbane to Gladstone Yacht Race on the weekend of July 3-4.

Postponed after Easter's COVID-19 scare, the rescheduled Brisbane to Gladstone Village event saw attendees enjoy crowd favourites including the Yachtsman's Long Lunch,

Line Crossing Party and Seafood Festival at the Lord Street Parklands.

Turn to Pages 29 and 36 for more photos

# Gladstone's own

By Jackie Dobson

Gladstone residents can now purchase their very own weekly newspaper in stores across the region with the official launch of Gladstone Today.

While CQ Today had been available in the harbour city since last year, Gladstone Today manager David Richardson said he was pleased to introduce a stand-alone newspaper for the Gladstone region that provides relevant local content. "When we first started we were looking at having one paper for the whole of

Central Queensland but the people and the businesses insisted they have their own," he said.

"So, that's what we have been working towards over the last couple of months and today is the day."

Gladstone Regional Council Mayor Matt Burnett said it is fantastic to have a weekly newspaper back that people can actually pick up and buy.

"When other newspapers stopped publication right around Queensland it was a sad day

for real journalism, it was a shame.

"I once owned a newspaper for many years and I have a journalism background so I very much enjoy reading the news articles.

"Gladstone Today is a great publication that is all about the community and is obviously going to get more and more Gladstone focused.

"I look forward to reading future editions."

Gladstone Mayor Matt Burnett welcomes Gladstone Today.



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COMMUNITY HUB..... page 17  
 TV GUIDE ..... pages 21-22, 27-28  
 PROPERTY .....pages 31-35  
 GARDENING ..... page 37  
 WEATHER ..... page 39  
 SPORT .....pages 43-48

WEATHER

**TODAY**  
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 14° - 21°

**FRIDAY**  
 Showers  
 17° - 23°

**MONDAY**  
 Sunny  
 12° - 23°

**SATURDAY**  
 Sunny  
 14° - 24°

**TUESDAY**  
 Sunny  
 12° - 22°

**SUNDAY**  
 Sunny  
 11° - 22°

**WEDNESDAY**  
 Sunny  
 13° - 23°

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# Water interruptions for residents

By Sean Fox

A series of old water mains' connection points will be replaced as part of the Gladstone Regional Council's Water Mains Renewal Project which will commence on Tuesday 6 July.

Beginning with New Auckland on Sandpiper Avenue between Lorikeet Avenue to Cockatoo Drive, the renewal works will then shift along to Clinton in August along Aerodrome Road between J.Hickey Avenue to Clarke Street.

The works will move onto Gladstone Central in November (covering Auckland Street from Tank Street to Short Street).

Gladstone Region Mayor Matt Burnett said the water mains have been identified as having reached the end of their functional lives.

"They are located under the road surface and footpaths, so we urge motorists to drive carefully near the work areas and adhere to any changed traffic conditions or directions," he said.

From Tuesday 6 July, construction will start at Sandpiper Avenue, from Lorikeet Avenue to Cockatoo Drive, between the hours of 8am to 4pm. Work is expected to be completed by 26 August.

The following New Auckland addresses will have water interruptions on 6 July.

- 15 to 66 Sandpiper Avenue;
- 4 to 17 Gannet Street;
- 3 to 6 Goshawk Street;
- 15a to 54 Cockatoo Drive;
- 1 to 30 Harrier Avenue;
- 1 to 33 Curlew Drive;
- 3 to 5 Skua Street.

Mayor Burnett said the council had advised residents and business owners in the impacted areas of the upcoming program, with additional letters to be sent out closer to the starting date of the three locations.

The next renewal works will occur on Aerodrome Road from J. Hickey Avenue to Clarke



New connection points within water mains across various areas of Gladstone are set to be renewed.

Street on 18 August with an expected completion date of 20 December 2021.

Meanwhile, the replacement of the water main in Auckland Street (from Tank Street to Short Street) will begin on 26 November before it is due to be completed by 14 February 2022.

Cr Burnett said temporary above ground water lines would need to be installed to feed properties currently connected to the section of the main being replaced to help with construction of the new mains.

"The water mains are located across private

property driveways and pipe ramps will be used to protect the pipeline where it crosses residential driveways and roadways," he said.

Horizontal directional drilling will take place at certain locations and will generate noise during daytime work hours.

Once the existing water main is removed and the new one installed, it will be connected to the existing network and houses.

During the switch over to the new water main system, water to houses and businesses is required to be turned off.

## Watch and learn guitar

The Acoustic Guitar Spectacular's regional tour is making its way to the Gladstone Region on Saturday with a series of performances and workshops.

The event brings together a hand-picked group of unique and original virtuoso guitarists including internationally acclaimed Brisbane guitarist Michael Fix, who will be joined by unique tap-style guitar master, Chris Tamwoy and Queensland's own funky finger-stylist, Sarah Koppen.

The trio will perform at Agnes Water, Calliope, Miriam Vale, Mount Larcom, Boyne Island and Gladstone Entertainment Convention Centre (GECC) between 10-15 July.

Local community groups will also have food and drink options available at each location to raise money for their respective clubs.

Acoustic Guitar Spectacular workshops will also take place at the GECC Playhouse on Thursday 15 July and are free for anyone who purchases a ticket to one of the performances, with bookings essential.

Performance dates are:

- 2pm, Saturday 10 July at Agnes Water Community Centre
- 2pm, Sunday 11 July at Calliope Community Centre
- 7pm, Monday 12 July at Miriam Vale Community Centre
- 7pm, Tuesday 13 July at Mount Larcom Community Centre
- 7pm, Wednesday 14 July at Boyne Tannum Community Centre
- 7pm, Thursday 15 July at Gladstone Entertainment Convention Centre.

All tickets are \$10 each and can be purchased via www.gladstoneentertainment.com or by calling the GECC Box Office on 4972 2822. Tickets will also be available at the door.

Gladstone Region Councillor Glenn Churchill said the performances are structured so that each guitarist will feature as solo artists, as well as performing as an ensemble, allowing plenty of opportunity for spontaneity and improvisation. "Each guitarist is known for their ability to entertain, and each present their unique music with a view to engage and delight audiences with stories, songs and humour, making it a performance aimed for all people, not just guitar aficionados," Councillor Churchill said.

"All three guitarists have such diverse musical backgrounds, so this is definitely a unique opportunity to see them together on the one stage."

Cr Churchill said the free workshops will be available to people who have purchased a ticket to any of the performances.

"Chris Tamwoy, Michael Fix and Sarah Koppen will host their own workshops at the GECC Playhouse on 15 July, but each of these workshops is limited to 30 people and bookings are essential," he said.

"Each workshop will be one hour in duration and spaced 30 minutes apart, meaning attendees can participate in one workshop or all three.

"Guitars won't be provided but you are welcome to bring your own, however you don't need a guitar to attend.

"As a musician myself, I know the benefits of learning from music industry mentors so make sure you don't let this great opportunity pass by," Cr Churchill said.

## GladstoneToday

The editor's desk

Gladstone Regional Council has unveiled a fresh corporate plan designed for the next five years.

Launched on Thursday 1 July, they said the plan sets out to reinforce their commitment to building on a dynamic, resilient and diverse future for their communities.

Taking a leap of faith in such an initiative is a remarkable development in a time when our economy has seen the effects of an unpredictable pandemic.

Now as many of our regional communities have somewhat risen from the abnormalities of the pandemic (and the restrictions which had soon followed), let's turn our attention to how we can better our towns in a safe and friendly way.

Together we can sustain our urban and rural environments, remembering that many hands make light work.

Having a long-term plan is just what a shire needs right now to guide its progress on a healthy road ahead.

It has been argued within communities which have dealt with crises that short-term plans are not sufficient enough to solve problems.

So a five year outline between 2021 and 2026 should increase confidence in the region's potential to boost its economy, infrastructure and other industries with locals in mind.



- Sean Fox

# Watch water usage

By Jackie Murray

Local residents are being urged to be mindful of their water usage following the drastic drop in water levels at Awoonga Dam.

Gladstone Area Water Board Community Relations and Communications Specialist, Grace Duckham, said water levels are currently sitting at 52 per cent capacity.

"At the start of April we issued the first stage of our drought management plan and that is to provide notice to our customers and our general community that we are about five years away from what we call 'dead storage,'" she said.

"This means that we have reached a capacity level in the dam that is no longer usable.

"This can be a little bit confusing because we have received some good rain since the start of April, but what we need is for it to flow into our catchment areas in the Boyne Valley."

"This is not a formal supply restriction but it is an opportunity to start a conversation about water conservation and water security in the Gladstone region. We all have a role to play in saving water and it can start with making one simple change.

"It could be as easy as checking around the house for a leaky tap or shortening our showers to two to four minutes."

Ms Duckham said it is all about reconsidering our water use at home.

"We're working really closely with our customers and the Gladstone Regional Council around understanding and promoting water conservation and security in the Gladstone region," she said.

"As we progress through our drought management response we are committed to ensuring water supply continues to our customers."

To find out more, please visit: <https://www.gawb.qld.gov.au/>



Local residents are being urged to be mindful of their water usage following the drastic drop in water levels at Awoonga Dam.

## Meet Gladdy's first permanent radiographer

By Sean Fox

BreastScreen Gladstone welcomed its first permanent radiographer, Paula Lawrence last week.

The Gladstone branch has screened around 3000 women annually since 2012 and now Ms Lawrence joins the team with 20 years experience as a breast radiographer.

Ms Lawrence has spent the past 15 years with BreastScreen Queensland and has expressed her excitement to serve the region as the first permanent appointment for Gladstone.

"It's just meant to be," she said.

Having enjoyed her stint in the harbour city since 2017 as a visitor from Brisbane, Ms Lawrence's husband has always been by her side. They decided to pack their bags and move away from the city if an opportunity arose, and now it has.

After spending some time in London and Brisbane, the couple were ready to change their lifestyle.

Ms Lawrence was trained in her field in the United Kingdom, originally being recruited by Queensland Health from Manchester in 2007. She has since enjoyed travelling across Australia for her work, including being based on the Gold Coast for 10 years, Melbourne and back to Brisbane.

"The service is one-on-one and it's a personal relationship for that short time with the ladies," she said. "Breasts are a very sensitive area for women and being a woman means I'm able to give that personal service."

"Women from regional areas are much nicer and are very grateful for the service BreastScreen provides."

Outside of her working hours, Ms Lawrence and her husband return to their Caribbean roots, performing gigs, cooking food within their Hebrew faith and walking around Gladstone Harbour.

Women aged between 50 and 74 are encouraged to book a free BreastScreen today.

Call 13 20 50, or visit [breastscreen.qld.gov.au](http://breastscreen.qld.gov.au).



Paula Lawrence from BreastScreen Gladstone is here to care for her women in the region.

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**PIE WORLD**



Loretta Rhoden accepts her exciting win.

# Lori goes to finals

By Sean Fox

Gladstone car detailer, Loretta Rhoden will be taking her Nissan Navara work ute to Brisbane next month where she will represent Central Queensland in an upcoming competition.

After having operated her business EECs Detailing for the past three years (catering for most areas of Central Queensland), Mrs Rhoden will have her family's support behind her for the 2021 Premier Hire Ute Muster State Finals at Yatala on Friday 13 August from 9am.

Mrs Rhoden recently won a swag of awards at the Mount Larcom Ute Muster, taking out the coveted Grand Champion title after having topped three categories at the event.

"I feel excited to see all of your hard work paying off, and getting to catch up with people and meeting new ones is rewarding," she said.



This was the beauty which brought home plenty of acclaim for Loretta Rhoden.



Loretta Rhoden takes out the Grand Champion at the recent Mount Larcom Ute Muster.

# Santos GLNG shutdown team supports local cause

By Sean Fox

Santos GLNG has presented a \$5000 donation to the Gladstone Coordinated Community Response to Domestic and Family Violence (CCRDFV) on Thursday 1 July.

This comes after a safe and successful shutdown was carried out on Train 2 at the Curtis Island facility without any injuries or incidents.

The donation was made possible by the Santos GLNG Shutdown Safety Incentive Program which allowed the workforce to choose a local charity or organisation to be the beneficiary of a financial boost to celebrate their successful shutdown.

Santos GLNG's production manager, Rohan Richardson said the CCRDFV was a worthy cause, chosen for its dedication to conquer the combined effects of domestic and family violence in the Gladstone region.

"Chosen by the shutdown team, the donation to CCRDFV was a motivational incentive to maintain the highest safety standards during the shutdown," Mr Richardson said.

The group's treasurer and volunteer, Charmaine Tolhurst wished to thank Santos GLNG for the funds which she claimed would be beneficial to continue programs and initiatives for education and awareness of those issues.

"The donation will help develop some of our ideas for further education around the signs and effects," she said.

Santos GLNG wished to thank the Gladstone community for their cooperation during the shutdown period.

While the pandemic reduced the scope of maintenance works for the LNG facility in 2020, the remaining planned activity was able to be completed over 30 days in May and June with strict COVID-19 controls, which prioritised locals for the 250 additional short-term roles.



Left to Right: Rohan Richardson, Vicki Dredge and Charmaine Tolhurst.



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# Works hurt businesses

By Sean Fox

Gladstone Newsagency has reportedly suffered a 90 per cent sales loss in recent times due to the delayed completion of revitalisation works outside their premises on Goondoon Street.

The retailer says they've witnessed a diminished amount of foot traffic through their doors after waiting several months for a new footpath to freshen the sidewalks, part of the Gladstone Regional Council's CBD Civic Precinct project.

Team members have voiced their disappointment in the Council over the "little to no" consultation with them in relation to their concerns after they had been "promised minimal impact".

Owner Sonja Sims and store manager Nicky Hoseit said the progress of the project had begun to move at a slower pace after it commenced on Monday 8 February.

The expected date of completion for stage one of the project was originally 30 June.

Together, Ms Sims and Ms Hoseit wrote a letter to the council body and Member for Gladstone Glen Butcher but they allegedly heard no response from the two parties.

"Our business has had little to no contact from the council regarding how its proposing to support the local businesses directly impacted by the CBD civic precinct footpath renewal project," Ms Sims said.

"Since this project started in February, we gradually lost sales but now we are up to a massive 90 per cent loss of sales four months later with no compensation and with a finish line that keeps being pushed.

"To our horror, we have had a major impact with dramatic loss of sales to our company."

Ms Sims said their business had not seen anywhere near enough profit to cover the costs of wages and rent.

"The customers are over the works and have told us they will go elsewhere to purchase, as it is also too unsafe for them to walk on the worksite," she said.

"We were so much better off with last year's pandemic."

Hutchinson Builders has been contracted for the project which was funded by Gladstone Regional Council and the Queensland Government's 2019 to 2021 Local Government Grants and Subsidies Program.

Gladstone Regional Council Mayor Matt Burnett said Gladstone Regional Council officers, general managers, managers and the project supervisor held several face-to-face meetings with affected Goondoon St business owners (many of those were held outside of trading hours) to lower the impact on businesses.

"The meetings allowed business owners and council staff to openly communicate with each other with any concerns," he said.

"Updates have also been provided on a progressive basis with more than 30 information sheets distributed to date."

Mr Burnett said arrangements were made with individual shops regarding the best time for works to occur and to ensure safe and di-



Nicola Hoseit and Sharon Drage from Gladstone Newsagency.



Stage one of the footpath construction along Goondoon St was expected for completion by 30 June.



Mayor Matt Burnett said business owners had been consulted during the progression of the project.

rect access was available to individual premises.

Between 6 May and 23 May 2021, the council conducted a Gladstone-specific (40km radius) social media campaign which aimed to encourage residents to shop locally and support the city's CBD through this process.

After it had achieved a moderate level of success, the campaign (which reached 14,554 people during that time period) included a major peak on Sunday 9 May.

On May 24, the council reinforced their previous efforts to help boost confidence in the shopping strip.

They launched their Gladstone CBD Shopping Spree competition to celebrate and support the retailers along Goondoon St.

According to Mayor Burnett they approached all businesses situated along Goondoon St between William and Roseberry Sts to ask if they were interested in participating in the competition.

Twenty-one businesses decided to participate in the initiative. The competition is ongoing and will cease on Friday 16 July.

Local shoppers are welcome to enter the

draw to win a gift hamper including vouchers from participating businesses valued at more than \$1000.

Meanwhile, the council will arrange for building fronts to be washed upon the completion of specific sections to ensure that any dust, dirt or soil would not be left behind.

The Gladstone CBD Civic Precinct was expected to garner higher levels of amenity, with an updated and improved major infrastructure along the stretch.

Mr Burnett said the underground infrastructure improvements including the replacement of water mains and electrical cabling would provide the street with a greater level of reliability for shoppers and passers-by.

"This ensures the council is not conducting reactive works that would come at a significant financial cost to ratepayers or cause disruption to businesses," he said.

"This work was not in scope and had potential to interrupt power supply for the CBD traders for an unknown period.

"These unforeseen major infrastructure works placed additional time pressures on work crews and project timelines needed to be extended as a result."

Mr Burnett said those unpredictable changes resulted in the closure of Goondoon Street (between William and Roseberry Streets) on more occasions than originally planned.

"The scope of works included the replacement of existing powers, revitalisation of the area with streetscape and landscaping works and the replacement of water main works," he said.

"The existing brick paved footpath is being progressively replaced with coloured concrete sections, with other visual enhancements including tree and garden bed planting, additional lighting, seating, and the installation of phone charging stations."

Works were reportedly staged in progressive sections due to the nature of the project.

"The initial scope of work conducted on the western side of Goondoon St (between Roseberry and William Streets) involved major upgrades to the ninety-year-old underground water network such as major concrete excavation," he said.

"During the process of replacing the water main, work crews identified high voltage electrical cables that were both in poor condition and non-compliant with building legislation."

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An economic plan has been devised for the next five years to benefit the Gladstone region.



An aerial photo of the township of Gladstone.

# Council's five year plan

By Sean Fox

A fresh corporate plan has been designed by Gladstone Regional Council for 2021 to 2026.

Launched on Thursday 1 July, the plan sets out to refresh the council's commitment to building on a dynamic, resilient and diverse future for the region.

The ambitious plan replaces the council's previous outline for 2018 to 2023 which had been given a major review to better equip the current economic climate, community connections and the impacts of the COVID-19 pandemic.

Gladstone Regional Mayor Matt Burnett said the new plan embodies the council's strategic direction over the next five years.

"As our primary strategic planning document, the 2021 to 2026 corporate plan will guide us to achieve realistic outcomes, for our communities, our people and our customers," Mr Burnett said.

"There will be a multi-year emphasis on further enhancing connections with our community, providing value for money for our ratepayers and meeting community expectations in the way we serve.

"This five-year plan will guide us towards making decisions that will impact both present and future generations, in a region where the future will be built on connection, innovation and diversification."

Gladstone Regional Council's acting chief executive officer, Carly Quinn said it was necessary to build a new vision to meet the changed circumstances in our economy.

"The present economic climate required us to revisit our strategic goals and refine them, so our efforts could be channelled towards building success for all our communities," Ms Quinn said.

"We considered factors such as population growth, the role of industry in the region, service expectations and the likelihood of further disasters or pandemic events in determining what that success looked like."

**Over the next five years, the council aims to deliver five key sustainable goals which are as follows:**

- **Connecting Communities:** Working to support the success of our communities by giving them the opportunity to influence and actively participate in council's decision-making and ensuring they are well understood, with programs and services designed to strengthen our region.



Looking down on Goondoon St in Gladstone's CBD precinct.

- **Delivering Value:** Working efficiently to deliver value for ratepayers through smart and effective asset management, consistently delivering capital and maintenance programs, making sure that we are easier to work with

- **Our People:** Looking after our people so they can look after our community, making sure they return home safely and are proud to

and continually improving the way we do business.

- **Resilient Economy:** Making sure we are playing our part in the success of the Gladstone region by supporting its transition and role as a driver of economic growth and increased liveability and visitation to the region.

- **Our People:** Looking after our people so they can look after our community, making sure they return home safely and are proud to

work for the council.

**Accountable Council:** Providing good stewardship built on a foundation of trust by embedding risk management, transparency and accountability in everything we do, managing finances sustainably and keeping the environment front of mind in what we do.

Please visit [www.gladstone.qld.gov.au/plans-reports](http://www.gladstone.qld.gov.au/plans-reports) to see the full 2021 to 2026 corporate plan.

## Reef city's CBD to light up like Christmas in July

By Sean Fox

Landmarks within Gladstone's CBD will be given the Luminous treatment when the award-winning light art spectacular happens on 16 to 17 July.

An exciting addition to the region, the event will see festivities hosted at Gladstone's Tondoon Botanic Gardens from 5.30pm to 9pm.

A specially designed heritage trail will be

activated along Goondoon St to mark the occasion, lighting up buildings such as the old Gladstone Post Office, Kullaroo House, Gladstone Entertainment Convention Centre and the Gladstone Library.

Gladstone Regional Councillor Rick Hansen said the showcase would highlight both the old and new along the popular strip.

The heritage trail will run from Thursday 15 July to Saturday 17 July between 5.30pm to 9pm to allow the community to walk

down Goondoon Street to see some special buildings that will be lit up to celebrate Luminous.

Cr Hansen said the free event would be accompanied by a launch event, 'Luminous: Ignite the Heritage' in the entertainment precinct along Goondoon Street between Roseberry and Yarroon Streets from 4pm on Thursday 15 July.

Market stalls, food vendors and live entertainment will fill the area, bringing an

Eat Street style event with a difference to the heart of Gladstone.

"The gardens will be packed with impressive light displays, illuminated art, live music, roving entertainment, workshops, children's activities, a spectacular water activation on Lake Tondoon and much more...both events are family friendly with something on offer for everyone."

Visit [www.gladstone.qld.gov.au/luminous](http://www.gladstone.qld.gov.au/luminous) for more information.

# Massive new mine for CQ

By Duncan Evans

A new \$900 million metallurgical coal mine is going ahead near the town of Moranbah in the Bowen Basin.

The development signals a bright future for Central Queensland's pervasive coal industry and for the thousands of workers across the region whose livelihoods depend on the direct and flow-on prosperity created by resources extraction and export.

Pembroke Resources will develop and operate the mine, officially titled the Olive Downs Steel-Making Coal Complex, after securing a \$175 million loan from the federal government's Northern Australia Infrastructure Facility (NAIF), a \$5 billion funding scheme designed to trigger economic and social development across the northern half of the continent.

The loan, with a tenor of ten years, will be deployed to help fund critical infrastructure during the first phase of construction, including rail and transmission lines, water pipelines, access roads and a coal handling preparation plant.

In a press release, NAIF CEO Chris Wade heralded the development.

"We are delighted to support a major job creating project in one of central Queensland's key industries," he said.

"With more than \$3 billion in investment now committed to job creating projects, NAIF is supporting economic growth in northern Australia. Helping the Olive Downs project deliver many hundreds of locally-based jobs to the region is something we are delighted to do."

The mine, to be constructed over an 18-month period, will establish a powerful new source of economic activity in the Bowen Basin.

According to Pembroke Resources Chairman and CEO Barry Tudor, the mine will gen-



The proposed site near Moranbah for the Olive Downs mine.

erate some 700 jobs during the construction phase, and some 1,000 jobs during peak production.

The company has stated that it will try to source its labour from Central Queensland and will offer workers the opportunity to relocate to towns nearby the mine site such as Dysart, Moranbah and Mackay.

"Pembroke is committed to providing jobs for local and regional communities and will give genuine choice to employees regarding living locations," Mr Tudor said.

The mine has JORC reserves of 514Mt, making it one of the largest steelmaking coal reserves in Queensland.

The mine will operate at 4.5 Mtpa, and then ramp up to some 15 Mtpa. The lifespan of the mine is estimated at 80 years and Mr Tudor said that during that time, the mine was ex-

pected to contribute some \$10 billion to the Australian economy.

Pembroke will export coal from Olive Downs to Asian markets, particularly Vietnam, Japan, South Korea and India, through the Dalrymple Bay Coal Terminal south of Mackay.

The Queensland Resources Council (QRC), a peak body representing the interests of the state's resources firm, has welcomed the development.

"This is an opportunity for a new metallurgical coal mine to be built in Queensland using the best technology available to proactively manage and reduce emissions and deliver a whole new level of excellence in workplace health and safety," QRC Chief Ian Macfarlane said.

"Metallurgical coal companies are set to benefit from a surge in world steel production, with Australian export volumes expected

to increase by around 10 percent to 2023," he added.

According to the QRC, the price for metallurgical coal is also set to increase, having regained all the losses incurred due to China's informal ban on Australian coal imports.

Australian metallurgical coal export values are forecast to rebound from \$22 billion in 2020-2021 to almost \$32 billion by 2022-2023.

The development has received approval from the state government and can claim wide cross-party support. Federal LNP member for Capricornia Michelle Landry praised the development in a press release last week.

"In Queensland, NAIF has approved \$1.2 billion in loans to 11 projects, supporting jobs across the state," she said.

"The Olive Downs project will create a jobs boom in Central Queensland, generate economic growth and reinforce the benefits of living and working in Australia's north."

Meanwhile, Queensland Labor Senator and Shadow Minister for Queensland Resources Murray Watt has welcomed the news.

"Labor welcomes the creation of 1,200 new jobs in Queensland, though the Government needs to explain why it uses the NAIF to fund some projects and not others," Senator Watt said in a statement released to CQ Today.

Locals in Moranbah have also reacted positively to the news. Cory Bond, manager of the Moranbah Motor Inn, Moranbah Outback Motel and Happy Land Chinese restaurant, told CQ Today that the new mine would likely trigger further business activity in the town.

"It'll have to benefit all the businesses in town," he said.

"I think it should make it a lot busier so I reckon they'll be building more camps in town."

Though a start date for construction is not yet fixed, it is expected that construction will begin sometime this year.

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The FV Dianne Trawler pictured before its untimely demise.

## Bigger and better than ever before

Get ready Gladstone, it's coming - Gladstone's biggest ever Super Show is all set and ready to thrill patrons of all ages Saturday July 10 at the Gladstone showgrounds.

After initially cancelling due to rides and entertainers insurance issues, all has been fully resolved and the new event is tipped to be one of the biggest Gladstone Shows ever. The show committee has worked hard to make this show a blockbuster with entertainment to rival the Brisbane Ekka and a line up that will stun attendees.

The show is thrilled to announce Australia's greatest ever monster truck, the Legend Outback Thunda will feature in the entertainment. Thunda has performed across Australia, New Zealand, China, Canada and with the kings of monster trucks in the USA Circuit.

Comedy rolls over cars, a helicopter landing, stunt shows, motorcycle action, a full speedway show and a ten thousand dollar light laser and fireworks spectacular are all part of the massive program.

Show representative Robyn Reddacliff said Pavilion entries are at a record level and tickets are at affordable family pricing and now available direct from the show office, online or at the gate.

The event is COVID safe and is tipped to be one of the best events in the Gladstone region's calendar.

Gates opens 10am Saturday.

For further information please call the show office number 49 721453

# Legacy of trawler

By Sean Fox

It has been almost four years since the fatal demise of the trawler Dianne in the waters off the coast of the Town of 1770.

Member for Burnett, Stephen Bennett said while a permanent memorial was nowhere in sight, the delay was "simply disgraceful" with the temporary one in place having been a target for vandalism.

"Four years ago, the Agnes Water and 1770 community was struck by tragedy when the fishing trawler Dianne capsized off the coast," he said.

"Six people lost their lives that night and it's something that we as a community will never forget.

"This horrific accident touched the lives of

many, with the community coming together to erect a temporary memorial.

"Sadly this temporary memorial is just that, temporary, and has been targeted by vandals and thieves.

Mr Bennett said a permanent memorial would enable the community, as well as the friends and family of those who have lost their lives, a place to grieve and commemorate the tragic event.

"We're still waiting for this place of remembrance, this delay is shameful," he said.

The federal member asked the Minister for Transport, Mark Bailey to provide the details of the design and the completion date of the memorial during a recent State Parliament question time session. Mr Bennett revealed last week the minister had responded but without

a design and completion date.

"The minister has once again blamed bureaucracy for this disgraceful four-year delay," he said.

"Enough is enough, it's time to get on with the job.

"We have seen the State Labor Government play politics with this case from the very beginning.

"They were called out by the community, the industry and finally the Queensland Coroner but still the minister failed to apologise."

Mr Bennett said the community needed a place to commemorate the tragic event.

"We've been promised it will be erected before the fourth anniversary of the tragedy, so I will hold them to their commitment and will continue to fight to see this become a reality."

## Pop up kiosks to help with COVID-19 vaccine roll out

Gladstone residents will be able to book their free COVID-19 vaccination from today at Stockland Shopping Centre Gladstone.

Member for Flynn Ken O'Dowd said the Australian Government's pop-up kiosks encourage and support people to book their COVID-19 vaccination appointments.

"The aim of the kiosks is to help people, particularly senior Australians and those from culturally and linguistically diverse backgrounds, book in for their COVID-19 vaccination," Mr O'Dowd said.

"They are also for people who have questions about eligibility, the booking process or are looking for general information on the COVID-19 vaccines."

Gladstone residents who visit the kiosks will be assisted by registered nurses and translators to help explain information in the most common languages in that community.

The Government is committed to making a COVID-19 vaccine available to everyone in Australia.

"Gladstone residents can be proud of the significant role they have played in supporting our community's successful response to the COVID-19 pandemic," Mr O'Dowd said.

"The next step in combating the pandemic is widespread vaccination (which) will protect all Australians, especially older Australians, who are at most risk of severe illness and possibly death from COVID-19.

"With more than 8 million vaccinations and 70 per cent of people aged over 70 having had a vaccine, I encourage Gladstone residents who are yet to have a vaccination, to visit the kiosk and book in their appointments if eligible."

Every person who is vaccinated will be helping to protect the health of their family, friends and community and take the first step in the plan to move away from lockdowns as people are increasingly protected by the vaccine. The pop-up vaccination kiosk is located inside the Stockland Shopping Centre Gladstone (opposite Jay Jays) on the corner of Dawson Hwy and Philip St in West Gladstone.

People can check their eligibility and book an appointment at [australia.gov.au](http://australia.gov.au)



Gladstone's Dr Dilip Kumar was first in line to get a Covid vaccination back in March.

# Sky's the limit for Brolga

Gladstone crane business Brolga Cranes and Equipment takes its name from the aboriginal term for a crane bird and the title encapsulates something special about the enterprise.

Namely, Brolga Cranes is Queensland's first Indigenous owned-and-operated crane business.

Gladstone Today was lucky enough to speak with Managing Director Paul Olsen to learn about the formation and trajectory of this unique local business.

The company is going through something of an upsurge at present, booking jobs across Gladstone and as far away as Darwin and Far North Queensland.

Reaching this track of growth and relative stability, however, has not been easy.

The business was launched in August 2019 after Mr Olsen decided to transfer his 19 years of experience in cranes and rigging and strike out on his own.

The heavy lift industry has taken Mr Olsen all over the country, gathering skills to operate some of the largest cranes to enter the country. But alongside the excitement of this it was also difficult to be away from family life.

"After doing research into Indigenous Business and Queensland supplies I discovered Queensland did not have a registered indigenous crane hire company in Queensland. Also, with another crane hire company closing down in Gladstone it gave us the perfect opportunity to start up business in town," he said.

At some level, all business is a struggle for survival and small business owners work to the bone to keep their heads above the water. Though a common experience, the usual hardship was especially sharp for Mr Olsen in the first twelve months of his new venture.

He could not secure work without a crane, and could not get a crane without work, which made it difficult to secure finance through any banks. After meetings with local companies in



Brolga Cranes is Queensland's first Indigenous owned-and-operated crane business.

town and getting support, Mr Olsen found a bank that would help fund his start-up business.

"It was difficult times to begin with because when the first crane turned up so did the COVID pandemic, and everyone went into lockdown. The hardest thing was we couldn't get any support from the government through the COVID phase. In time, though, restrictions eased and work began to flow in and our quality service began to spread through the community."

Brolga's fleet size has grown to match the expanding demand. The company presently owns three Terex Franna cranes, a 20-tonner and two 25-tonners, and leases three others.

Brolga also collaborates with other crane hire and engineering businesses across Gladstone to supply clients with a range of options

that fall outside Brolga's own fleet.

"It's nice to know that we have the support from other companies in the same field as us," Mr Olsen said.

A striking aspect of Brolga's cranes is the Indigenous artwork that adorns them.

"As an Indigenous business, and to separate us from other cranes, we have decorated our fleet with Indigenous artwork that we get from local artists, which also gives them exposure to the community. It is extremely rewarding going out to a job site to install a swimming pool for a local family and having the kids come out to look at our crane and ask to get photos beside them. The happiness on their faces and seeing their new pool installed is unforgettable."

In terms of his competitive advantage, Mr Olsen says the challenges that he has faced and the fact that the business is his own makes

him all the more eager to succeed and provide the best service possible.

"We want to be here supporting the community for a very long time."

Brolga Cranes employs two full-time employees, including Mr Olsen, and some ten casuals.

Mr Olsen speaks proudly of his Indigenous heritage and its connection to his business. He is also proud of Gladstone and says it's an excellent place in which to do business.

"All the clients we support have been truly amazing and with them giving us opportunities over the last 12 months, it has put us in a position where we can start giving back to the community."

The company recently donated \$1,500 to help the Gladstone Black Magic Under 14s Rugby team travel to Brisbane in September to attend the Queensland Murri Carnival.

Mr Olsen has completed Rio Tinto's Here for Business program, a sub-set of the broader Here for Gladstone community support program.

The mentoring program helps business owners from a range of industries learn the fundamentals of business success.

Specifically, the program offers tailored advice and workshops on marketing strategies, risk management, legal and regulatory considerations, financial management, human resources, action plans, self-awareness and emotional intelligence and how to plan and review business plans.

In effect, the program covers all the elements of business that tend not to receive enough attention but which are essential pillars of any prosperous enterprise.

Mr Olsen said the human resources module had been the most beneficial to him.

"That's a lot of information that I didn't have a background in,"

Altogether, after a tough beginning, Brolga looks set to fly.

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Russell Robertson (right) stands with Anthony Albanese.

# Labor rules out Greens alliance

By Duncan Evans

CFMEU member and Labor candidate for the federal division of Capricornia Russell Robertson has told CQ Today that Labor will not form a coalition or alliance with the Greens.

Mr Robertson made the pronouncement in response to a column published by sitting federal LNP member for Capricornia Michelle Landry in last week's edition of CQ Today.

In her column, titled 'Carmichael Here to Stay', Ms Landry writes:

"Now Greens leader Adam Bandt is going in even harder with his talk of a Labor/Greens Alliance for the next election and Labor, bless their cotton socks, have not ruled out the idea."

Mr Robertson said Ms Landry's claim that Labor had not ruled out the idea of an alliance was a falsehood.

"Albo (federal Labor leader Anthony Albanese) couldn't be clearer. Labor will govern in our own right and we won't form a coalition with Bob Katter or Helen Haines or the Greens or any of the other people who are there in parliament," he said.

"Michelle Landry should spend less time spinning rubbish and more time actually speaking to miners and their families about job security, casualisation and the infestation of labour hire firms."

In recent days, Mr Albanese has stated on a number of occasions that Labor will not form a

coalition or an alliance with the Greens.

On June 26 in the Australian newspaper, four days before Ms Landry's column was published, Mr Albanese ruled out the idea of a Labor/Greens alliance.

"Anthony Albanese told The Weekend Australian he would not be forming a coalition with the Greens, saying Labor would win a majority of seats at the next election. 'Labor will govern in our own right, Mr Albanese said, 'The only coalition is the dysfunctional rabble we have seen on display this week.'"

It is unclear what evidence Ms Landry possessed at the time of writing of her column to inform that Labor had not ruled out the idea of an alliance with the Greens.

When pressed for clarification from CQ Today, Ms Landry said:

"If Federal Labor has ruled out any form of alliance with the Greens that is a good thing. However, the fact that Greens leader Adam Bandt even thought there was a possibility of a Labor alliance proves Labor cannot be trusted to protect mining jobs in Capricornia."

Coal mining is an important source of direct and flow-on prosperity for the 305,000 electors embedded across the resource-rich divisions of Capricornia and Flynn and the mining services hub of Dawson, all held at present by LNP members.

Any perception of a Labor connection with the anti-coal Greens movement would likely

depress Labor's chance of flipping these divisions back to red.

Though Capricornia is ostensibly a marginal seat, Ms Landry secured a comfortable victory in 2019, nabbing 40 per cent of the first preference count and ending with some 62 per cent of the vote after preference distribution.

Her substantial victory was the result of an 11.7 per cent swing in her favour, part of a broader movement towards conservative politics recorded across regional Queensland in that year.

In a review of its 2019 election defeat chaired by Dr Craig Emerson and Jay Weatherill, Labor credits its disjointed position on coal as a key reason for its lacklustre performance across regional Queensland.

The report's 500 word summary of the defeat states:

"Labor's ambiguous language on Adani, combined with some anti-coal rhetoric, devastated its support in the coal mining communities of regional Queensland."

Since then, Labor has moved to re-affirm its support for the state's pervasive resources industry.

In his speech at the 2021 Minerals Week Launch last month, Mr Albanese said Labor would support traditional industries like coal while concurrently positioning the resources sector to capitalise on a global movement towards renewable energy and new technologies.

## Vessel data now on their radar

By Sean Fox

Member for Burnett, Stephen Bennett has revealed local fisheries in the Agnes Water district have now been given vessel monitoring systems data.

Equipped with the level of security and support that is required while out at sea, Mr Bennett said the sharing of the data was long overdue.

"It's devastating that it took tragedies like the capsizing of FV Cassandra and FV Dianne for the data sharing to be implemented," he said.

"However, I'm hopeful that lives will be saved with the VMS data now being made available to all appropriate authorities."

In September 2019, Mr Bennett called on the Minister for Agricultural Industry Development and Fisheries, Mark Furner to apologise after the department had allegedly defended their policy not to share vessel monitoring system data with police.

Mr Bennett said while he welcomed the policy back flip, an apology had allegedly not been given.

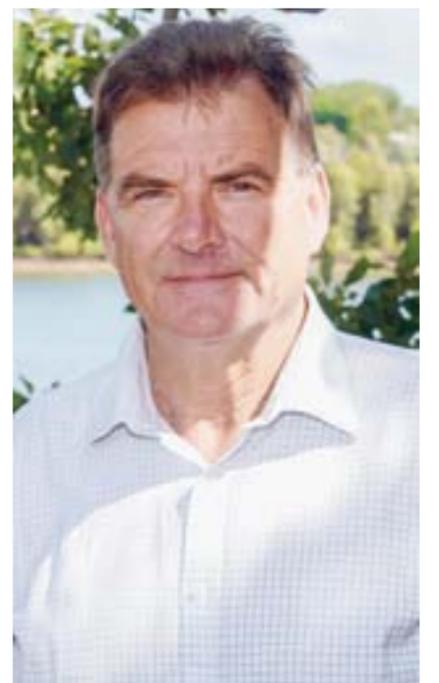
"As a result of me calling for an overall of the VMS policy and for data to be shared, Minister Furner said I should have been sacked," he said.

"Clearly the minister was more concerned about covering up his government's deceit and failings than saving lives at the time.

"However today, four years on, the Palaszczuk government has taken a slice of humble pie and we're now seeing the correct policy in action.

"It's a huge win for the community, the industry and all the friends and families of our commercial fisheries.

"I thank everyone who never gave up on this fight to see the safety of our fisheries put first."



Member for Burnett, Stephen Bennett.

## NDIS celebrates eight years, helping thousands

The National Disability Insurance Scheme (NDIS) has changed the lives of more than 450,000 Australians with disability since it began eight years ago.

This July marks its eight year anniversary and there are now 3134 NDIS participants in Flynn benefiting from the Scheme.

The NDIS was born from a grassroots campaign, backed by thousands of Australians. It introduced a national approach to disability support, so that people could be more inde-

pendent and participate fully in their chosen communities.

The disability sector has grown from \$8 billion per year across the sector in 2015-16 to \$23 billion in 2020-21 on the NDIS alone.

Minister for the National Disability Insurance Scheme, Senator the Hon Linda Reynolds CSC, said the NDIS is providing support to more than 260,000 Australians who'd never previously received supports prior to the NDIS. "We've seen and heard how the NDIS is

changing lives – for participants and for their families", Minister Reynolds said.

"I've met with so many people with disabilities and their loved ones tell me that they really value and appreciate how the NDIS allows them to feel safe and supported and with increased independence."

Member for Flynn, Ken O'Dowd said with 3134 participants in Flynn now receiving support, the eighth anniversary marked significant progress for the local community.

"The NDIS is the result of a collective goal and hard work from so many people it's fantastic to see the difference it's made to the lives of Australians with disability, especially here in Flynn.

Now, as we enter the Scheme's ninth year, the Morrison Government is working on reforms to deliver improvements.

All for a better, fairer, simpler and more flexible NDIS that's affordable and will be in place for years to come.



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-  50% wage subsidies for 170,000 new apprentices, plus 450,000 training places in the JobTrainer Fund.

## Building our economic future

-  \$15 billion in new infrastructure investment to ease congestion and create jobs.
-  Significant new investment to encourage more R&D and manufacturing onshore.
-  Further investment in dams and irrigation.

## Better health and aged care

-  \$17.7 billion in new aged care funding, including 80,000 additional home care packages.
-  More mental health funding for new headspace centres and a new Head to Health network.
-  New PBS medicine listings for breast cancer, lung cancer, severe osteoporosis, severe asthma and chronic migraines.



**Ken O'DOWD** MP

Federal Member for **Flynn**

 76 Goondoon Street, Gladstone QLD 4680  07 4972 5465  
 ken.odowd.mp@aph.gov.au  kenodowd.com.au  KODowdMPFlynn





A custom demonic hotrod on display.

Pictures: KOZMO PHOTOGRAPHY FACEBOOK PAGE

# Run in the Sun for Lyn

By Liam Emerton

The Run in the Sun held a more significant meaning this year as it was dedicated to a long standing member and Gladstone resident Lyn Boyd.

Reef City Rod and Custom Inc president John LaFave, who helps organise the event, said "It was a tender spot for a lot of people because Lyn was very active in the club as her husband Steve is,"

"And Lyn was also a very active as president of the local Rotary. So she was very well known.

"While it did cast a pall on the event, at the same time we all knew why we were doing it.

"And when the rain stopped we all looked up to the sky and said "thanks Lyn" she had a word with the big guy and the rain held off while we had the show on."

After having last year's Run in the Sun cancelled due to the pandemic, the hot rods returned to the Calliope River Historical Village to put on a show.

Numbers were down due to the unfortunate weather, seeing roughly 70 cars show up for display, but many patrons still arrived excited to see some amazing vehicles.

Mr LaFave said it was great to hold the event despite the weather and Brisbane's lockdown and thanked everyone for their support.

"Numbers of the cars were obviously down. We had cancellations from Brisbane due to COVID," said Mr LaFave.

"This is one of the premium events in the hot rod calendar because we host it out at the Calliope Historical Village which has added a bit of atmosphere to it, rather than just cars in a paddock or a car park.

"We had quite a number of sponsors, we had a couple of things we could give away at the door or through the day.

"In this day and age where everyone has their hand out it's difficult for local businesses to give everything out.



It's nice when everything matches.

"But given that it's a high profile event they were very good at providing us with great support.

"We haven't crunched the numbers yet to see if we have lost money on the event, but we will know in the next couple of days, it's a bit early to know.

"I just wanted to thank all the businesses, all the volunteers, the people who ran the Village were brilliant, our vendors were very supportive and the people who travelled some

distances to get here to help make this event possible."

The team from Reef City Rod and Customs wants to make this event a top show on the calendar, with aspirations of it becoming a household name in the local community.

It's been running since 2001 and Mr LaFave is very keen to see the event develop further in future years and said it will certainly be around in 2022.

"We didn't do it last year because of COVID

and ironically the year before we got rained out as well and lost money," he said.

"But we continue to put this on because as a local event it is something that we enjoy. And we get people travelling from Mackay, Townsville and Brisbane.

"On the calendar of people who do these shows and travel around they follow this show and this is one of their favourites.

"Hopefully we will build it to be bigger and better next year."



A beautiful Chevy at the show.



A great looking Ford Capri on display.



One of the many beautiful Hot Rod engines on display.



A Ford T-Bucket on display.



A line up of fine vehicles on display on the weekend.



A sleek purple Ford Mercury.



The Shannons Super Rig as well as the 1959 Goggomobil Dart.



A clean red and white 55 Chevy.

# Banana Shire's big spend

By Duncan Evans

Banana Shire council has adopted a \$100 million dollar budget for 2021-2022, with some \$72 million directed to operations and some \$28 million towards capital works.

In a telephone call with CQ Today, Banana Shire Mayor Nev Ferrier said the budget had been designed to contain costs moving forward.

"We've just got to manage our costs, and this 12 months, we're really focused on keeping our own costs down. We've got to cut our costs," he said.

The budget's cost-containment vision is

manifest in a general rates increase of 3-4 percent for most residential, rural and small business ratepayers. Rates have been increased substantially on industry, generating an overall rates increase of 15.81 percent.

"It's only 3 and 4 percent for urban and rural. We put the mining industry up a bit," Mayor Ferrier said.

Local councils receive revenue from three basic funding streams: rates (taxation), user charges and support from state and federal government.

A Banana Shire media release emphasised the importance of state and federal government contributions to the budget.

"The federal government financial assistance grant remains an important source of funding for council with approximately \$7.5 million provided to fund council's operations for the year ended 30 June 2022," the statement reads.

"The Queensland government's Works for Queensland program has provided \$1,650,000 over the next three years with Building Our Regions fund also contributing to the renewal of key infrastructure."

**The key capital works projects scheduled for 2021-2022 are:**

- Gibihi Road pavement widening and rehabilitation - \$1,400,000

- Raedon Street/Exhibition Avenue Intersections - \$530,000
- Kariboe Creek Bridge Replacement - \$1,350,000
- Dawson River Bridge Replacement (The Bend Road) - \$998,000
- Moura WTP Clarifier - \$1,000,000
- Taroomb STP Upgrade - \$1,505,700
- Biloela Dee Street Rising Main - \$550,000
- New Financial Management Systems - \$1,300,000
- Automation of Waste Transfer Stations - \$368,000



Arun Ramswarup, Teresa Johansen, Kris Balkin and Ruth Heading putting finishing touches to their Trauma Teddies and other items.

## Trauma Teddy program celebrates 30 years

Red Cross Gladstone

The month of November marked Queensland's 30th anniversary of the start of the Trauma Teddies program for Red Cross Australia.

This is a free program that gives comfort to millions of children around the world in stressful and vulnerable times in their life.

The Gladstone branch of Red Cross Australia commenced making Trauma Teddies in May 2000 when their first convener, Cheryl Naylor was appointed and she continued as

the convener for ten years. Cheryl remains a valuable member to this day.

The trauma teddies are knitted by volunteers in the community.

In the beginning, we had thirty volunteer knitters, but over time our volunteers have aged and because knitting is a craft not practised often today, their members have now declined to seven and the team is most grateful for the continued and valued support.

Our trauma teddies go to local hospitals, five ambulance centres, Biloela and Monto

Hospitals, and local medical centres.

And to local schools through the school chaplaincy program.

In 2014 during the Hay Run between Emerald and Winton, bags of trauma teddies were dropped off at each hospital on the way, for the children in the time of this natural disaster.

The Red Cross members also knit knee rugs, beanies, stress balls, and cuddly bears.

These items go to the local nursing homes in Gladstone, Biloela and Monto.

Most years, they distribute over a thousand items throughout the community which is a lot of knitting for so few willing ladies.

To show appreciation to such wonderful volunteers, Red Cross members invite them to a thank you luncheon once a year.

This was greatly missed in 2020 by our volunteers because of COVID-19.

For further information, contact the Gladstone branch of Red Cross Australia on 0420 598 508 or Dawn on 0437 093 921.

# Q&A

With one of your fellow community members

**What is the best advice you've ever received?**  
In Order to get, you have to give.

**What is something you do in your spare time?**  
Gaming, PC or Console. Mostly sports and strategy games.

**What is something most people don't know about you?**  
I have ambitions to be the next Mayor of Gladstone.

**What did you do for work and what did you enjoy about it?**  
I'm the Branch manager at BlueScope Distribution. Working with local companies to identify steel supply solutions that will either increase their productivity or reduce material input cost.

**What's your favourite spot in the Central Queensland region?**  
East Shores and the Marina park area.

**What would be your last meal if you could choose?**  
Roast beef and vegetables followed by a warm Sticky Date Pudding

**What is something you think CQ needs?**  
Better mental health resources for our youth.

**What guests (dead or alive) would you invite to a dinner party?**  
Jurgen Klopp and Steven Gerrard

**What is one of your greatest achievements?**  
My children. Ryan 19 and Amy 17 both have grown into exceptional young adults.

**What do you like about living in Gladstone?**  
Community support and participation in junior sports.

- David Lederhose, Bluescope Steel Branch Manager (Gladstone)



David Lederhose from Bluescope Steel in Gladstone.

with David Lederhosen

## THREE ... ways to calm down

Feeling worried, anxious or overwhelmed is common. Here are some ways to help relieve those thoughts.

- 1 **Challenge your thoughts**  
Part of being anxious is having irrational thoughts, often the "worse-case scenario". When you experience one of these thoughts, try ask yourself: Is this likely to happen? Is this a rational thought? What's the worst that can happen, and can I handle that?

---

- 2 **Visualise 'calm'**  
After taking a few deep breaths, close your eyes and picture yourself calm. Picture your body relaxed, and imagine yourself working through a stressful or anxiety-causing situation by staying calm and focused. By creating a mental picture of what it looks like to stay calm, you can refer back to that image when you're anxious.

---

- 3 **Breathe**  
This seems like the most obvious tip, but it is probably the most underrated. When you become anxious or frustrated, breaths begin to get short and shallow. Practice deep breathing techniques while you are feeling calm so you can replicate them when you're feeling out of control.

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# OPINION

Letters: [Editorial@todaygladstone.com.au](mailto:Editorial@todaygladstone.com.au)  
Text: 0456 749 126

## A Call for Palliative Care

Intolerable pain from a terminal illness is the most mentioned reason to have a Voluntary Assisted Dying bill approved.

It is a compelling reason that cannot be ignored and action has to be taken to do something about pain relief.

In Roman times the sick were put out on the street to die an agonising death, until Christians came along to clean up the streets and to provide love and care. Over the years the whole Roman culture changed and people became Christians.

In the last 50 years there has been a remarkable decrease in Christianity, but knowledge in technical innovation and medicine has taken astounding leaps forward. Doctors can now provide a service to separate pain from an underlying cause of sickness, allowing a person to die peacefully surrounded by his loved ones.

The onus is on Governments to provide proper palliative care and no one needs to die prematurely because of pain.

Non-Christian based governments presently do not want the responsibility, but with an additional \$100 million on top of what the Queensland has budgeted for in the last budget, we would go a long way towards achieving our goal of proper palliative care services.

In its place the Queensland Government wants to put the difficulty back on individual people by orchestrating this Voluntary Assisted Dying Bill, to let people tend to their own demise.

As human beings we need to respect life, by returning the bill back to the Government and to ask them to provide us with proper palliative care services.

**Robert Bom,**  
West Rockhampton

## Squabbling Nats Leave Regions Behind

Sir, here we go again, another National Party leadership fight, in the middle of a national crisis.

After losing the top job amid sexual harassment allegations, Barnaby Joyce always chooses the worst possible time to reclaim it.

Last time he tried, regional communities were fighting the unprecedented Black Summer bushfires.

This time, we're fending off another COVID wave, that's spreading from our big cities, to remote mines and country towns.

Hardly the time to be squabbling over who gets to wear the crown, but the Nationals are nothing if not self-absorbed.

Even Nationals MP Michelle Landry acknowledged that, in the middle of a pandemic, people don't want to see politicians talking about themselves.

But that's exactly what Barnaby Joyce and his selfish band of supporters are doing.

No wonder their vaccine roll out is a sham-bles and they can't build quarantine stations. They're too busy fighting each other, to see who gets the biggest office.

To make things worse, Joyce has used his Cabinet reshuffle to pay back his enemies, rather than look after the country.

After elbowing his way back, claiming he would stand up for resources communities, the first thing Joyce did was kick the resources portfolio out of Cabinet. All because the Minister didn't back him as leader.

Our resources industries are keeping our national economy afloat, but the Nationals have dropped them to reserve grade.

For all Barnaby's talk about supporting resources, he was happy to sacrifice them for pure revenge.

Sadly, this is a pattern we've seen from the Nationals' for the eight long years they've been in power.

Over and over, they say one thing in the bush and do another in Canberra.

Over and over, they show they care more about their own jobs than the jobs of regional Queenslanders.

They dress up like miners and smear dirt on their faces for the cameras, but then do nothing to help the industry and its workers with the real issues they face.

They've stood by, as cowboy labour hire firms rip off mining workers, leaving them as "casuals" for years, with lower pay, no job security and no leave benefits.

They've helped the Liberals cut more than 148,000 apprenticeships and traineeships

since their election in 2013. Is it any wonder the resources industry now faces skill shortages?

They've done nothing to fix the housing crisis in regional Queensland, which means families can't afford a house and mining companies can't attract workers.

And they continue to stop new jobs in manufacturing, powered by cheap, renewable energy, by opposing emissions targets that are supported by everyone from the National Farmers Federation to BHP and Rio Tinto.

Queensland, and our country as a whole, face real challenges.

Now, more than ever, we need stable government, with leaders wholly and solely focused on the people.

Instead, we're back to chaos in Canberra, with a government that looks more like a schoolyard fight over a toy.

It's time for more jabbing, less stabbing. Queensland Labor Senator and Shadow Minister for Queensland Resources Murray Watt

With the comeback of Barnaby Joyce, the conservatives have a leader who will speak it out as it should be spoken. No more trying to appease the Left, with Barnaby calling the shots the conservatives will return to the fold and vote in another coalition government.

Australia needs Barnaby, and a few more like him, Matt Canavan included. Leaders who will speak the truth and know what is needed.

When we hear, 'Oh with the technology and the science it will be done', we know they really have no idea what zero emissions by 2050 means, they have lived in a dreamland for years protected by the farmers and miners.

This is what counts, as Barnaby says: 'one in all in', demanding it's not just Australia that destroys its base. Why should we be the only ones that sacrifice our standard of living?

I have been hearing since 1980 that the rain will not fill the dams, the sea level will cover all coastal areas by 2020, all fear mongering, trying to get us to save the planet.

Hysterical ranting about what we have to do.

But that is not happening in China, and most of Asia are doing nothing towards zero emissions, and most other countries likewise.

They promise the world but will do nothing to their economy, but I say 'all in or none in'.

Barnaby Joyce knows this, and will speak out, every other politician knows it too, but they are too scared to speak out.

Not Barnaby or Matt Canavan, thank God they hold our future in their hands.

How soon we forgot what a mess we got in with Turnbull. True-blue conservatives kicked him out and put in a conservative true-blue leader and won the election.

That will happen again, but by swinging to the Left to try and appease the Greens, as we have been doing, we will lose to a Greens/Labor/and whatever other rabbit jumps out of the hat party.

God Bless Dutton and Joyce and Canavan, they will steer us on a conservative course and keep Morrison in line.

**Doug Belot,**  
Cooee Bay



### Lynch's Jokes of the Week

1. A policeman sees a man exit a bar at closing time and get into his car. After observing some erratic driving, he pulls the man over. The officer asks the driver, "Where are you going at this time of night?" The man replies, "I'm on my way to attend a lecture about alcohol abuse and its effects on the human body, as well as smoking and staying out late." The policeman asks, "Who would give that kind of lecture at this time of night?" The man says, "My wife."
2. A man was driving along a double-lane motorway exceeding the speed limit, then all of a sudden a police car spots the driver and takes off after him. They were driving along and the police car drove up alongside the speeding car and the policeman in the passenger seat of the police car yelled at the driver "PULL OVER" The driver of the speeding car immediately looked down and pointed to what he was wearing and replied "CARDIGAN" and kept on driving.

## VOX POP

### WE TAKE IT TO THE STREETS

**STREET SURVEY: What needs to change for Queensland to win the third State of Origin game?**



**Allan Bowles - Grey Nomad, Victoria:** Queensland should change the rules so it will be best of five not three, they might have a chance of winning a game then.



**Mark Munro - Gladstone:** The best change for Queensland would be to name a completely new team, I support NSW - Go the Blues.



**Abbi Cooper - Gladstone:** Queensland will have to improve on their communication, work better as a team and make sure their intensity is high for the full 80 minutes.



**Cheryl Altouvas - Gladstone:** Queensland will have to work as a team and really improve their defence.



**Carly Mafri - Gladstone:** I would prefer they don't change anything, I go for New South Wales and would love another win for the Blues.

## ON THIS DAY

July 8 is recognised as SCUD Day.

**On this day in history:**

**1099:** First Crusade: 15,000 starving Christian soldiers march in religious procession around Jerusalem as its Muslim defenders look on.

**1497:** Portuguese navigator Vasco da Gama departs on his first voyage, becoming the first European to reach India by sea.

**1777:** Independent Vermont introduces a new constitution, prohibiting slavery.

**1800:** Dr Benjamin Waterhouse gives first cowpox vaccination in the US to his son to prevent smallpox.

**1853:** Commodore Matthew C. Perry sails his frigate Susquehanna into Tokyo Bay, opening Japan to Western influence and trade.

**1948:** 500th anniversary of the Russian Orthodox Church celebrated in Moscow.

**1949:** South Africa's Prohibition of Mixed Marriages Act commences, prohibiting marriage or a sexual relationship between white people and people of other races.

# Buy local, always

## DEAR GLADSTONE

LYNDAL HANSEN

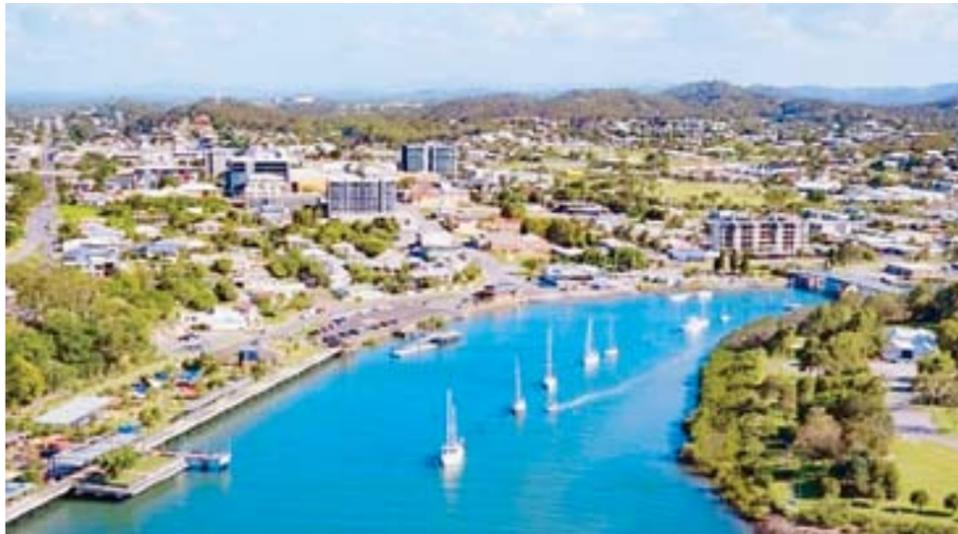


It's great to see Gladstone's house prices increasing and with new industries interested in coming to the Gladstone Region, all seems to be coming along well.

However, our small businesses are still doing it tough. People are buying more than ever online and we still see locals travelling to Bundaberg and Rockhampton to shop. Yes, I am on the BUY LOCAL band wagon again.

I know that there is more diversity and a larger selection of shops in Bundy and Rocky, but if we continue to not support our local existing businesses, we will NEVER have any vibrant shopping areas. It really is up to us, the locals, the people who care about this region, to step up and become voices to stop the retail bleeding.

I have been talking about the importance of buying local for many years now and I have heard all the arguments against it, for example, that Gladstone's costs are too high, customer service is poor, there's not much to choose from or the follow up is near non-existent. We all have stories to confirm some of these arguments, but to stop shopping locally is not the answer.



Overlooking the township of Gladstone.

The answer is for us (locals living and working in this region) to invest in the Gladstone Region. By that I mean actually spend money here, even if we all did this for three months it would make a huge difference. Imagine nothing bought online or anywhere else but just in the Gladstone Region.

We might have to do without some things, but this would stimulate the local economy and lead to the likelihood of more businesses opening, stocking more goods and offering more services. Isn't this what we want? Yet we don't seem to be prepared to do anything

about it ourselves, except we sit and whinge and complain about how bad Gladstone shopping is.

While I'm on the topic of local shopping, it is good to see a few new businesses opening around the Gladstone Region; although, some are duplicating what we already have.

Come on people, stop putting these existing businesses under pressure and start looking at opening unique shops.

I challenge you Gladstonites to invest in Gladstone and see what we the people can do!

# Safety tips for refuelling

## VOLUNTEER MARINE RESCUE



All boats with engines need fuel, so this means as a boat owner you will often have to refuel your boat.

But many boat owners are unaware of everything they should do to make this as straightforward and safe as possible.

As a minimum, depending on your boat specific boat of course, you should be mindful of the following:

- Refuel away from other vessels.
- Display/hoist the international code flag "B" (bravo).
- Moor vessel securely.
- Shut down main engine.
- Put all passengers ashore and clear of any refueling equipment.
- Turn off pilot light to gas refrigerators and hot water systems, etc.
- Cut off electric power at main switch.
- Close all hatches and openings to prevent ingress of vapours to the hull and bilge.
- Check for static electricity.
- Have an onboard vessel spill control kit (including fire-fighting equipment), commensurate with the size of the vessel that you can easily access whilst refueling.
- Place spill control equipment near the refuelling point and use if needed.
- Prior to refuelling, determine the likely volume to be pumped into each tank.
- Make sure adequate lighting is available.
- Block scuppers and place buckets or safety bags at each breather while refuelling.
- Do not start dispensing until the outlet nozzle is inserted in the tank.
- Never lock or jam the trigger of a dispenser into an open position.
- Adjust flow rate to suit tank to be filled.
- Be aware that the flow regulating valve in fuel dispensing nozzles may foam diesel fuel, resulting in blow-back.
- Maintain contact between hose nozzle and filler neck to prevent static sparks.
- Maintain a visual check on the breather while refuelling.
- While filling the tank, where possible, check for air escaping from the vent; when the tank is nearly full, you will feel a distinct increase in airflow, which is the signal to stop filling.
- Don't remove the filler hose until the fuel flow has stopped.
- Lift the filler hose to drain all residual fuel into the tank.
- Be aware vapour traces may remain in the lower extremities of vessel (ie hull and bilges).
- If fuel has spilt into bilges, pump the bilges manually into sealed containers or pump ashore and leave the vessel wide open for at least 30 minutes to ventilate.
- Only permit passengers aboard when the vessel is completely free of vapours and the engine has been started again.

Refuelling doesn't have to be complicated and it certainly doesn't have to be dangerous!

All you need to do is plan ahead and follow these simple steps.

If you have any questions about refuelling or anything else related to your boat, you can always contact Marine Rescue Gladstone at: james.harris@mrq.org.au



Refuelling doesn't have to be complicated.



## Bird dazzles with beauty

### BIRDS OF BOYNE & TANNUM

BOB TRASK



The Azure Kingfisher with its royal blue and orange plumage is a bird of dazzling beauty. It is mainly found in tropical and subtropical rainforests and woodlands near rivers or creeks. This one is seen perching on mangrove tree roots at the mouth of the Boyne River.

The Azure Kingfisher's colours stand out against the landscape.

# Current Affairs

Matt Canavan



## China's 'crocodile tears'

China's illegal trade sanctions have had a major impact on our agricultural and resource exports since the coronavirus escaped from Wuhan.

China is now targeting our tourism exports too, and specifically the Great Barrier Reef.

In two weeks, 21 countries will meet (online) for a conference hosted in Fuzhou, China, which could have a major impact on our economy. In draft documents prepared for the 44th session of the United Nations Educational, Scientific and Cultural Organisation (UNESCO), it is recommended that the Great Barrier Reef be placed on the "in danger" list.

Listing the reef as "in danger" would damage the Reef's reputation as a tourist destination and it would threaten even more regulation as governments respond, however corrupt that process was.

UNESCO's 21 member countries elected China as the chair at their last meeting in Azerbaijan in 2019. Of the 21 member countries, 14 of them have signed up to China's Belt and Road Initiative. They include such examples of good governance as Cuba and Zimbabwe.

The decisions of this committee should not be given any respect. Very few of the 21 countries have an environmental record anywhere near Australia's.

It is completely hypocritical for China to express crocodile tears over the reef when it is illegally building militarised atolls in the South China Sea with no approval at all, let alone an environmental impact statement.



Senator Matt Canavan says China is targeting Australia's tourism exports.

But, unfortunately, we only have ourselves to blame for this draft decision. The Australian Government has responded by saying that UNESCO should visit the reef before making conclusions. In fairness to UNESCO, they really do not need to, given the inaccurate descriptions of doom about the reef that Australian governments have produced over many years.

UNESCO uses Australian Government reports to conclude that the reef is in danger: "An assessment of progress towards achieving the targets of the Reef 2050 Plan notes that while some of them are being met, significant improvements will be required to meet other

targets, including those for biodiversity and water quality."

Indeed, UNESCO themselves told The Guardian newspaper that its decision is based on official government reports on water quality, including from the Great Barrier Reef Marine Park Authority.

We have made a rod for our own back. The water quality targets set by the Queensland and Australian Governments are arbitrary and were always unattainable. They are based on the view that farmers are fundamentally inefficient and let lots of valuable sediment and fertilisers just wash off their properties. If that's

your view saving the reef is easy just pass laws that force farmers to be "efficient".

The assumption is the cause of this stuff up. People who actually know farmers know that most of them don't just sit on their porch and watch their farms wash away. They already have invested in ways to reduce run off, not necessarily to protect the reef, but to protect their bottom line. Soil is valuable and fertiliser is expensive.

So while the regulators have been confused about why their new laws haven't reduced sediment and nitrogen run-off, others with on the ground knowledge were predicting this all along. Now our failure to achieve the targets is boomeranging on us and being used by our enemies to embarrass us.

By some with a deficient use of logic, the failure of regulation to work justifies even more regulations. This just confirms the conclusion that government is the only organisation where failure guarantees future success - at least in terms of acquiring more power to fail again.

While that is the most likely outcome, those of us that live in North Queensland should fight to take back our right to manage the reef.

The regulatory failures are a consequence of the Ministers in the Queensland and Federal Governments being managed by people who don't live anywhere near the reef. Things would become much worse if we let UNESCO run the reef from Paris. Let's instead return control to the locals who know best.

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# Entertainment

WHAT'S ON IN GLADSTONE

## Discover regional events

### Charlotte's Web

The funny and touching story of Charlotte's Web will delight children these school holidays at the Pilbeam Theatre and Gladstone Entertainment and Convention Centre.

The much-loved classic tale tells the story of hero Wilbur the Pig and his relationships and triumphs with friends Charlotte the Spider, Fern and farmyard characters Templeton the Rat, Sheep, Goose and Gander.

Charlotte's Web stage production captures young hearts and inspires imaginations.

The enchanting story carries timely messages about valuing friendship, loyalty, accepting differences and living a full life.

Produced by Toowoomba-based RAVA Productions, Charlotte's Web is a heart-warming children's fable adapted by Joseph Robinette from the classic book by EB White.

RAVA Productions invited experienced and emerging artists with connections to Toowoomba to perform in Charlotte's Web.

Actors include actor/musician Harrison Paroz (Pig Wilbur); actor Courtney Wagner (Fern, Goose); dancer/actor Jacob Watton (Templeton Rat); actor/teacher Mike Escobar (Sheep, Homer); Angela Pontin (Narrator, Gander) with singer/actor Sita Walker as the clever and beautiful spider, Charlotte.

Since 2019, this much-loved touring production, Charlotte's Web has travelled more than 2500km captivating children in small regional Queensland centres from Dulacca to Esk.

On its latest tour, the team is travelling to larger centres and venues in North and Central Western Queensland to perform.

Charlotte's Web is supported by the Queensland Government through Arts Queensland.

- When: Show at 10am on Thursday, July 8.
- Where: Gladstone Entertainment Convention Centre

### Leaving Jackson: The Johnny Cash and June Carter Show

For more than 40 years, global music icons Johnny Cash and June Carter enthralled audiences around the world with their songs of life, love, hardship and heartache.

A love story played out through some of the greatest songs ever written.

Jeff Carter and Brooke McMullen bring together this two hour live concert event, that will have you singing, laughing and crying.

- When: Friday, 9 July from 7.30pm.
- Where: Gladstone Entertainment and Convention Centre, 58 Goonoon St.
- Ticket Prices: Adults \$62, concessions \$55, students and children \$25.

### Queensland Ballet Tutus on Tour

Queensland Ballet dances across the state for a series of spectacular performances in Tutus on Tour.

Bringing ballet to regional Queensland, Tutus on Tour includes performances from past and present repertoire, in celebration of Queensland Ballet's 60th Anniversary.

The 2021 season will grace the stage with signature dances from the company's respected repertoire, including excerpts from traditional ballets and works by contemporary Australian choreographers.

This production honours the creative artists in Queensland Ballet's rich history, including founding Artistic Director Charles Lisner OBE's Grande Pas Classique.

The spectacular program also includes François Klaus' Cloudland Pas de Deux, Don Quixote Pas de Deux and Greg Horsman's Never Stop Falling in Love.

Tutus on Tour will leave you inspired with fond memories of Queensland Ballet's stories and stir excitement for the future of this world-class company.

- When: Friday, July 30 at 7.30pm.



Look out for Charlotte's Web.

- Where: Gladstone Entertainment and Convention Centre.
- Ticket Prices: Adult \$39, loyalty member \$32, concession \$35 and children (under 18) are \$15 each.

### Tondoon Botanic Gardens: School Holiday Program (25 June to 12 July). 672 Glenlyon Rd, Glen Eden.

#### 1. Kids and seeds

Plant some seeds in a pot and take it home to watch them grow.

- Tondoon Botanic Gardens Courtyard
- Times: 10am and 1pm, Tuesday, 29 June.
- Cost: Free, bookings not required.

#### 2. Creative Recycling Centre

The team from the Creative Recycling Centre will lead the workshop and make amazing things from recycled materials.

- Tondoon Botanic Gardens Courtyard
- Time: 9am, Wednesday, 30 June.
- Cost: free. Bookings required, 4971 4444.

#### 3. Creature Craft

Make an exciting creature from seeds and pods from the Gardens.

- Tondoon Botanic Gardens Courtyard
- Time: 10am, Thursday, 1 July
- Cost: Free, bookings required, 4971 4444

#### Creative Recycling Centre

The team from the Creative Recycling Centre will lead the workshop and make amazing things from recycled materials.

- Tondoon Botanic Gardens Courtyard
- Time: 9am, Wednesday, 7 July
- Cost: Free, bookings required, 4971 4444

#### 5. Kokadama

A Kokadama is a pot-free garden. Come and make your planter-less houseplant which uses moss to retain water.

- Tondoon Botanic Gardens Courtyard
- Time: 10am, Thursday, 8 July
- Cost: Free, bookings required, 4971 4444

#### 6. Kids and seeds

Plant some seeds in a pot and take it home to watch them grow.

- Tondoon Botanic Gardens Courtyard
- Time: 10am and 1pm, Friday, 9 July
- Cost: Free, bookings not required.

#### 7. Creatures of the Night

Come join us for a walk in the Gardens to see what wildlife we can find in the dark.



A Cold Chisel tribute show is coming to Gladstone.

- Tondoon Botanic Gardens
- Time: 6pm, Friday, 9 July.
- Cost: Free bookings required, 4971 4444.

### Gladstone Weekly Park Run

- When: Saturday, 10 July from 7am
- Where: Lions Park, West Gladstone. Phone (07) 4972 9000 for more information.

### Garden Tours. Tondoon Botanic Gardens. 672 Glenlyon Rd, Glen Eden

- When: 10am to 11.30am
- Cost: free. Phone 4971 4444

### Chisel Revisited

- When: Friday, 9 July from 8.30pm
- Where: 34 Pacific Ave, Tannum Sands. Visit [events.gladstoneregion.info](http://events.gladstoneregion.info) for tickets.

### Discovery Coast Rotary Markets

- When: Sunday, 11 July
- Where: SES Grounds, Captain Cook Drive, Agnes Water. Phone 0488 087 622 for more information.

### Gladstone Super Show

- When: Saturday, 10 July from 4pm
- Where: Gladstone Showgrounds. Phone 0407 792 861 for more information.

### Luminous

- When: Friday, 16 July from 5.30pm to Saturday, 17 July at 9pm.
- Where: Tondoon Botanic Gardens. Visit the

Gladstone Regional Council webpage for more information.

### Calliope Village Music Festival

- When: Saturday, 21 August from 10am
- Where: Calliope River Historical Village 50951 Old Bruce Highway, River Ranch, Calliope. Visit [trybooking.com](http://trybooking.com) for tickets and additional information.

## Revheads get ready for muster

By Sean Fox

The Baffle Creek Car and Bike Muster will be held on 25 July from 9am to 2.30pm at 1086 Coast Rd in Baffle Creek.

There will be entertainment, prizes, raffles, market stalls (site fee costs \$10), food and bar and exhibitors who'll need to pay \$10 per vehicle. Entry cost is a gold coin donation.

Phone 0408 541 494 for more information.



The Athletes Foot Fit Technician, Tiana Hurst, celebrates the store's grand opening.

# The Athlete's Foot opens

By Jackie Dobson

The Athlete's Foot has hit the ground running, officially opening at Stockland Gladstone on Monday July 5. Store Manager Julie Wood said customers have been waiting for weeks for the store to open.

"We're excited to offer something like this for Gladstone, which is a first for the town," Ms Wood said.

"We offer the technology to be able assess

our customer's feet to get the right fit every time.

"We have a 3D image machine, equipment that our competitors don't have.

"We also have some really popular brands, wide range of kids shoes, inserts and inner soles," She said.

Customers can browse the range and buy shoes online and in-store.

To find out more, please visit: <https://www.theathletesfoot.com.au>



# The Guide

## TOP PICKS OF THE WEEK



### SATURDAY BELGRAVIA

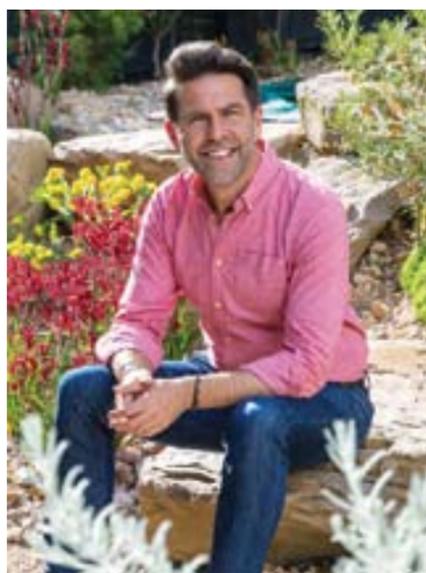
ABC TV, 8.20pm

Julian Fellowes is a master of the modern-day period drama. He's the man who created, wrote and executive produced one of the most popular dramas of our time, *Downton Abbey*. He also wrote the screenplay for the acclaimed movie *Gosford Park*, as well as *Vanity Fair* and *The Young Victoria*. Starring Tamsin Greig (pictured left), *Friday Night Dinner*, Philip Glenister (*State of Play*) and Harriet Walter (*Atonement*), *Belgravia* is a dark affair with a fast pace; there's a lot to digest in this series.

### FRIDAY DREAM GARDENS

ABC TV, 8pm

Whether it's a lush yard full of native shrubs or a strip of grass that doubles as a backyard cricket pitch - we love our gardens. Michael McCoy (pictured right) is back with a second season of this behind-closed-gates series, taking a look at the diverse ways Australians have adapted to make the most out of their slice of this country. Tonight, McCoy takes a look at the dream garden of a Sydney couple who live in a converted factory and have designed a unique slice of greenery among the harsh concrete and brick surrounds. With an aim to return the former industrial site to mother nature, they've achieved a stunning feat that will have you scribbling down notes for your own landscaping plans.



### TUESDAY MS REPRESENTED WITH ANNABEL CRABB

ABC TV, 8pm

In the aftermath of the #MeToo movement and a heightened emphasis on the challenges of women in all aspects of life, the witty Annabel Crabb (pictured above) arrives with this fascinating four-part special, premiering tonight. One hundred years after Australia elected its first woman to Parliament, Crabb investigates women's experiences in the halls of power through time, from the struggle to get a foot in the door, to the fact the Senate didn't install ladies' toilets until 1974. Ros Kelly, Kate Sullivan, Cheryl Kernot, Sarah Hanson-Young and Julia Gillard are just some of the trailblazing Parliamentarians featured in this eye-opening must-see.



### SUNDAY BEAUTY AND THE GEEK

NINE, 7pm

There are all sorts of ways to find love on TV. For some, it happens organically while whipping up an oyster soufflé on a cooking show. Others hit it off on a dinner-and-drinks dating bonanza or on an exotic island heaving with singletons who have packed nothing but board shorts and bikinis. This series, premiering its seventh season tonight with reality TV love aficionado Sophie Monk as the new host, stands out because the pivotal additive is awkwardness. Ten outgoing women, including 23-year-old Aira, who likes "big veiny arms", meet 10 geeky men, including Mitchell, whose ideal weekend is staying home playing video games. Get ready to cringe... and cheer.

Aira joins the cast of *Beauty And The Geek*.

## Friday, July 9

<p><b>ABC TV (2)</b>  <b>6.00</b> News Breakfast. <b>9.00</b> ABC News Mornings. <b>10.00</b> Q+A. (R) <b>11.05</b> George Clarke's Amazing Spaces. (R) <b>12.00</b> ABC News At Noon. <b>1.00</b> Foreign Correspondent. (R) <b>1.30</b> That Pacific Sports Show. (R) <b>2.00</b> Mystery Road. (Mdlv, R) <b>3.00</b> ABC News Afternoons. <b>4.00</b> Think Tank. (R) <b>5.00</b> Stan Grant's One Plus One. (a, R) <b>5.30</b> Hard Quiz. (PG, R)</p>	<p><b>SBS (3)</b>  <b>6.00</b> WorldWatch. <b>6.30</b> Tour De France Morning Update. <b>7.30</b> Big Mob Brekky. <b>8.30</b> WorldWatch. <b>11.00</b> Tour De France Preview Show. (R) <b>12.00</b> Tour De France Morning Update. (R) <b>1.00</b> WorldWatch. <b>2.00</b> Jeopardy! (PG) <b>2.25</b> Going Places. (PGw, R) <b>3.00</b> NITV News: Nula. <b>3.30</b> The Cook Up With Adam Liaw. (PG, R) <b>4.00</b> Cycling. Giro d'Italia Donne. Stage 7. Highlights. <b>5.00</b> Tour De France Preview Show.</p>	<p><b>SEVEN (7)</b>  <b>6.00</b> Sunrise. <b>9.00</b> The Morning Show. (PG) <b>11.30</b> Seven Morning News. <b>12.00</b> MOVIE: The Trouble With Girls. (1969, G, R) Elvis Presley. <b>2.00</b> House Of Wellness. (PG) <b>3.00</b> The Chase. Hosted by Bradley Walsh. <b>4.00</b> Seven News At 4. <b>5.00</b> The Chase Australia. Contestants race to answer quiz questions.</p>	<p><b>NINE (8)</b>  <b>6.00</b> Today. <b>9.00</b> Today Extra. (PG) <b>11.30</b> Morning News. <b>12.00</b> The Ellen DeGeneres Show. (PG) <b>1.00</b> MOVIE: Uptown Girls. (2003, PGI, R) Brittany Murphy. <b>3.00</b> Tipping Point. (PG) <b>4.00</b> Afternoon News. <b>4.30</b> Millionaire Hot Seat. (R) <b>5.30</b> WIN News.</p>	<p><b>TEN (5)</b>  <b>6.00</b> The Talk. (PGA) <b>7.00</b> Judge Judy. (PG, R) <b>7.30</b> The Bold And The Beautiful. (PG, R) <b>8.00</b> Studio 10. (PG) <b>12.00</b> Dr Phil. (PGA, R) <b>1.00</b> The Living Room. (R) <b>2.00</b> Entertainment Tonight. <b>2.30</b> Farm To Fork. (PG, R) <b>3.00</b> Judge Judy. (PG) <b>3.30</b> My Market Kitchen. <b>4.00</b> Everyday Gourmet With Justine Schofield. <b>4.30</b> The Bold And The Beautiful. (PG) <b>5.00</b> 10 News First.</p>
<p><b>6.00</b> The Drum. <b>7.00</b> ABC News. <b>7.30</b> Movin' To The Country. The team heads to south-east Tasmania. <b>8.00</b> Dream Gardens. Michael visits two landscape designers. <b>8.30</b> Vera. (Final, Mdv, R) A businessman is killed after returning home early in what appears to be a burglary gone wrong. <b>10.05</b> Baptiste. (Malv, R) An investigator searches for a sex worker. <b>11.00</b> ABC Late News. <b>11.15</b> The Vaccine. (R) <b>11.30</b> Shaun Micallef's MAD AS HELL. (R) <b>12.00</b> Starstruck. (Ml, R) <b>12.25</b> Rage. (MA15+adhlnsv)</p>	<p><b>6.00</b> Mastermind Australia. (R) Presented by Jennifer Byrne. <b>6.30</b> SBS World News. <b>7.35</b> Egypt's Lost Pyramid. (PG, R) A look at a 4000-year-old pyramid. <b>8.30</b> Cycling. Tour de France. Stage 13. Nîmes to Carcassonne. 219.9km flat stage. From France. <b>1.50</b> Italian Food Safari. (R) <b>2.20</b> Food Safari. (R) <b>2.50</b> Rick Stein's Far Eastern Odyssey. (PG, R) <b>4.00</b> Going Places With Ernie Dingo. (PG, R) <b>5.00</b> France 24 Feature. <b>5.15</b> NHK World English News. <b>5.30</b> Deutsche Welle English News.</p>	<p><b>6.00</b> Seven Local News. <b>6.30</b> Seven News. <b>7.00</b> Better Homes And Gardens. Joh catches up with Larry Emdur. <b>8.30</b> MOVIE: Crazy, Stupid, Love. (2011, Mls, R) A middle-aged man's life changes dramatically after his wife asks him for a divorce. Steve Carell, Ryan Gosling, Emma Stone. <b>11.00</b> To Be Advised. <b>12.45</b> Gordon, Gino &amp; Fred: The Ultimate Roadtrip: The Highland Fling. (Ml, R) <b>2.00</b> Home Shopping. (R) <b>4.00</b> My Greek Odyssey. (PG, R) <b>5.00</b> NBC Today.</p>	<p><b>6.00</b> Nine News. <b>7.00</b> A Current Affair. <b>7.30</b> Rugby League. NRL. Round 17. South Sydney Rabbitohs v North Queensland Cowboys. From Stadium Australia, Sydney. <b>9.50</b> Golden Point. James Bracey is joined by Peter Sterling, Paul Vautin, Andrew Johns and Billy Slater Slater for a post-South Sydney Rabbitohs versus North Queensland Cowboys match analysis. <b>10.35</b> Tennis. Wimbledon. Day 11. From the All England Lawn Tennis and Croquet Club, London, England. <b>4.00</b> Explore TV: Norfolk Island. (PG, R) Part 4 of 4. <b>4.30</b> TV Shop: Home Shopping. (R) <b>5.30</b> A Current Affair. (R)</p>	<p><b>6.30</b> The Project. A look at the day's news. <b>7.30</b> The Living Room. Barry Du Bois turns a muddy backyard into an interactive playground for a deaf toddler. <b>8.30</b> To Be Advised. <b>9.30</b> The Graham Norton Show. (Mls, R) Guests include Dolly Parton, Róisín Murphy, Rupert Everett, Riz Ahmed, Lolly Adefope and Sara Pascoe. <b>10.30</b> Matt Okine: Live At The Enmore. (MA15+ls) A stand-up comedy performance. <b>12.00</b> The Project. (R) A look at the day's news. <b>1.00</b> The Late Show With Stephen Colbert. (PG) <b>2.00</b> Home Shopping. (R)</p>
<p><b>ABC TV PLUS (22)</b> <b>6am</b> Children's Programs. <b>6.40pm</b> Shaun The Sheep. <b>6.45</b> Andy's Safari Adventures. <b>7.05</b> Dino Dana. <b>7.15</b> Odd Squad. <b>7.30</b> Spicks And Specks. <b>8.00</b> Hard Quiz. <b>8.30</b> MOVIE: Charlie's Country. (2013, M) <b>10.20</b> Firestarter: The Story Of Bangarra. <b>11.55</b> Doctor Who. <b>12.40am</b> Art Works. <b>1.10</b> Brush With Fame. <b>1.40</b> Insert Name Here. <b>2.10</b> QI. <b>2.40</b> 30 Rock. <b>3.05</b> Alan Partridge's Mid-Morning Matters. <b>3.30</b> Great News. <b>3.50</b> News Update. <b>3.55</b> Close. <b>5.05</b> Miffy's Adventures Big And Small. <b>5.15</b> The Furchester Hotel. <b>5.25</b> Hoot Hoot Go! <b>5.30</b> Wallykazam! <b>5.55</b> Late Programs.</p>	<p><b>VICELAND (31)</b> <b>6am</b> WorldWatch. <b>Noon</b> Big Mob Brekky. <b>1.00</b> Balls Deep. <b>1.30</b> Lee Lin Chin's Fashionista. <b>1.40</b> WorldWatch. <b>2.05</b> Tour De France Preview Show. <b>3.05</b> Tour De France Morning Update. <b>4.05</b> WorldWatch. <b>5.05</b> Joy Of Painting. <b>5.35</b> Shortland Street. <b>6.05</b> Forged In Fire. <b>7.00</b> Jeopardy! <b>7.30</b> 8 Out Of 10 Cats Does Countdown. <b>8.30</b> Dynamo: Magician Impossible. <b>9.20</b> Sex Tape Germany. (Final) <b>10.25</b> Fear The Walking Dead. <b>12.25am</b> Yokayo Footy. <b>1.00</b> South Park. <b>1.25</b> White Right: Meeting The Enemy. <b>2.30</b> NHK World English News. <b>3.00</b> Thai News. <b>3.30</b> Bangla News. <b>4.00</b> Punjabi News. <b>4.30</b> Late Programs.</p>	<p><b>7TWO (72)</b> <b>6am</b> Home Shopping. <b>6.30</b> Room For Improvement. <b>7.00</b> House Calls To The Rescue. <b>8.00</b> Harry's Practice. <b>8.30</b> Million Dollar Minute. <b>9.30</b> NBC Today. <b>Noon</b> House Of Wellness. <b>1.00</b> Million Dollar Minute. <b>2.00</b> Better Homes And Gardens. <b>3.30</b> Crash Investigation Unit. <b>4.30</b> M*A*S*H. <b>5.30</b> Escape To The Country. <b>6.30</b> Bargain Hunt. <b>7.30</b> Vintage Roads: Great And Small. <b>8.30</b> Escape To The Country. <b>9.30</b> Selling Houses Australia. <b>10.30</b> Charlie Luxton's Homes By The Sea. <b>11.30</b> Home Rescue. <b>Midnight</b> Before And After. <b>12.30</b> The Fine Art Auction. <b>3.30</b> Business Builders. <b>4.00</b> Late Programs.</p>	<p><b>9GEM (81)</b> <b>6am</b> TV Shop: Home Shopping. <b>7.00</b> Creflo Dollar Ministries. <b>7.30</b> TV Shop: Home Shopping. <b>10.30</b> The Ellen DeGeneres Show. <b>11.30</b> My Favorite Martian. <b>Noon</b> World's Greatest Natural Wonders. <b>1.00</b> Days Of Our Lives. <b>1.55</b> The Young And The Restless. <b>3.00</b> Antiques Roadshow. <b>3.30</b> MOVIE: Brothers In Law. (1957) <b>5.30</b> Bondi Vet: Coast To Coast. <b>6.30</b> Antiques Roadshow. <b>7.00</b> David Attenborough's Life Story. <b>8.00</b> MOVIE: Dear John. (2010, M) <b>10.00</b> Wimbledon Tennis Pre-Show. <b>10.30</b> Tennis. Wimbledon. Day 11. <b>10.35</b> MOVIE: Jenny's Wedding. (2015, M) <b>12.30am</b> Late Programs.</p>	<p><b>BOLD (52)</b> <b>6am</b> Home Shopping. <b>8.00</b> Motor Racing. Formula 1. Austrian Grand Prix. Highlights. <b>9.00</b> Diagnosis Murder. <b>10.00</b> Star Trek: Voyager. <b>Noon</b> Star Trek: The Next Generation. <b>2.00</b> Diagnosis Murder. <b>5.00</b> JAG. <b>7.00</b> Bondi Rescue. <b>7.30</b> NCIS. <b>8.30</b> Law &amp; Order: SVU. <b>11.30</b> CSI: Crime Scene Investigation. <b>12.30am</b> Home Shopping. <b>2.00</b> Diagnosis Murder. <b>3.00</b> JAG. <b>4.00</b> Hawaii Five-O. <b>5.00</b> Star Trek: The Next Generation.</p>
<p><b>NITV (34)</b> <b>6am</b> Morning Programs. <b>7.20</b> Aussie Bush Tales. <b>7.30</b> Big Mob Brekky. <b>8.30</b> Little J And Big Cuz. <b>8.45</b> Waabiny Time. <b>9.05</b> Kagagi. <b>9.30</b> Bushwhacked! <b>10.00</b> The Cook Up. <b>11.00</b> Connection To Country. <b>Noon</b> Going Places. <b>1.00</b> Strait To The Plate. <b>1.30</b> Milpirri: Winds Of Change. <b>2.30</b> Talking Language. <b>3.00</b> Wapos Bay. <b>3.25</b> Bushwhacked! <b>3.55</b> Bino And Fino. <b>4.00</b> Musomagic. <b>4.30</b> The Storyteller. <b>5.00</b> Fraggles Rock. <b>6.00</b> Talking Language. <b>6.30</b> The Kamariloi. <b>7.00</b> NITV News: Nula. <b>7.30</b> MOVIE: Storm Boy. (1976, PG) <b>9.00</b> Bedtime Stories. <b>9.10</b> Lil Bois. <b>9.30</b> MOVIE: Goldstone. (2016, M) <b>11.20</b> Late Programs.</p>	<p><b>SBS MOVIES (32)</b> <b>6am</b> The Falcons. Continued. (2018, PG, Icelandic) <b>6.55</b> Alpha. (2018, PG) <b>8.45</b> Teen Spirit. (2018, PG) <b>10.30</b> Dean Spanley. (2008, PG) <b>12.20pm</b> Born To Dance. (2015, PG) <b>2.05</b> Toast. (2010, PG) <b>3.50</b> Kim Ji-Young. Born 1982. (2019, PG, Korean) <b>6.00</b> Song Of Granite. (2017, PG, Gaelic) <b>7.50</b> The Miseducation Of Cameron Post. (2018, M) <b>9.30</b> Goldstone. (2016, M) <b>11.35</b> Léon: The Professional. (1994, MA15+) <b>2am</b> Let The Right One In. (2008, MA15+, Swedish) <b>4.10</b> Dean Spanley. (2008, PG)</p>	<p><b>7MATE (73)</b> <b>6am</b> My Fishing Place. <b>6.30</b> The Fishing Show. <b>7.30</b> Creek To Coast. <b>8.00</b> American Pickers. <b>9.00</b> Mega Marine Machines. <b>10.00</b> A Football Life. <b>11.00</b> America's Game: The Super Bowl Champions. <b>Noon</b> Ice Road Truckers. <b>1.00</b> Doomsday Preppers. <b>2.00</b> Boy To Man. <b>3.00</b> Pawn Stars. <b>3.30</b> Rodeo. Coonamble Rodeo. Highlights. <b>4.00</b> Timbersports. <b>4.30</b> Mega Marine Machines. <b>5.30</b> Storage Wars. <b>6.00</b> American Pickers. <b>7.00</b> To Be Advised. <b>11.00</b> Armchair Experts. <b>11.30</b> Hardcore Pawn. <b>Midnight</b> Hollywood Weapons. <b>12.30</b> Storage Wars. <b>1.00</b> Mega Marine Machines. <b>2.00</b> Late Programs.</p>	<p><b>9GO! (82)</b> <b>6am</b> Children's Programs. <b>11.00</b> MOVIE: Pokémon The Movie: White - Victini And Zekrom. (2011) <b>1pm</b> Road Trick. <b>2.00</b> Xtreme Collxion. <b>3.00</b> Malcolm. <b>3.30</b> The Nanny. <b>4.00</b> 3rd Rock From The Sun. <b>4.30</b> That '70s Show. <b>5.00</b> Malcolm. <b>5.30</b> MOVIE: The Smurfs. (2011) <b>7.30</b> MOVIE: Despicable Me 3. (2017, PG) <b>9.15</b> MOVIE: I Now Pronounce You Chuck &amp; Larry. (2007, M) <b>11.35</b> Malcolm. <b>12.05am</b> Love Island. <b>1.10</b> Peaking. <b>2.00</b> Xtreme Collxion. <b>3.00</b> Beyblade Burst Turbo. <b>3.30</b> Nexo Knights. <b>4.00</b> Pokémon. <b>4.30</b> Pokémon The Series: Sun &amp; Moon. <b>4.50</b> Rev &amp; Roll. <b>5.10</b> Bakugan: Battle Planet. <b>5.30</b> Yu-Gi-Oh!</p>	<p><b>PEACH (53)</b> <b>6am</b> Seinfeld. <b>7.00</b> Rules Of Engagement. <b>8.00</b> Becker. <b>9.00</b> Sabrina, The Teenage Witch. <b>10.00</b> Frasier. <b>11.00</b> The Big Bang Theory. <b>Noon</b> Charmed. <b>1.00</b> The Conners. <b>1.30</b> Seinfeld. <b>3.00</b> Rules Of Engagement. <b>4.00</b> Becker. <b>5.00</b> Frasier. <b>6.00</b> Friends. <b>6.30</b> Neighbours. <b>7.00</b> Friends. <b>8.00</b> The Big Bang Theory. <b>9.30</b> Friends. <b>10.30</b> Charmed. (Final) <b>11.30</b> The Big Bang Theory. <b>Midnight</b> Home Shopping. <b>1.30</b> Crazy Ex-Girlfriend. <b>2.30</b> Becker. <b>3.30</b> Charmed. <b>4.30</b> Home Shopping. <b>5.30</b> Joseph Prince.</p>

<p><b>ABC TV (2)</b>  <b>6.00</b> Rage. (PG) <b>7.00</b> Weekend Breakfast. <b>10.00</b> Rage. (PG) <b>12.00</b> ABC News At Noon. <b>12.30</b> George Clarke's Amazing Spaces. (R) <b>1.15</b> <b>MOVIE:</b> In My Blood It Runs. (2019, Ma, R) Djujan Turner. <b>2.40</b> Maralinga Tjarutja. (PG, R) <b>3.30</b> Anh's Brush With Fame. (PG, R) <b>4.00</b> Back Roads. (R) <b>4.30</b> Landline. <b>5.00</b> Scottish Vets Down Under. (PG, R) <b>5.30</b> Secrets Of The Museum. (R)</p>	<p><b>SBS (3)</b>  <b>6.00</b> WorldWatch. <b>7.00</b> Tour De France Morning Update. <b>8.00</b> WorldWatch. <b>11.00</b> Tour De France Preview. (R) <b>12.00</b> Tour De France Update. (R) <b>1.00</b> WorldWatch. <b>2.05</b> Going Places. (PG, R) <b>2.35</b> Motorcycle Racing. FIM Superbike World Championship. Round 4. <b>3.30</b> Cycling. Giro d'Italia Donne. Stage 8. <b>4.35</b> Hitler's World: The Post War Plan. (PGa, R) <b>5.30</b> Tour De France Preview Show.</p>	<p><b>SEVEN (7)</b>  <b>6.00</b> NBC Today. <b>7.00</b> Weekend Sunrise. <b>10.00</b> The Morning Show: Weekend. (PG) <b>12.00</b> To Be Advised. <b>12.30</b> Seven's Motorsport Classics. <b>1.00</b> Motor Racing. Supercars C'ship. Round 6. Townsville 500. Support races and preview. <b>3.00</b> Motor Racing. Supercars C'ship. Round 6. Townsville 500. Pre-race and race. From Reid Park Street Circuit, Townsville, Queensland.</p>	<p><b>NINE (8)</b>  <b>6.00</b> Easy Eats. (R) <b>7.00</b> Weekend Today. <b>10.00</b> Today Extra: Saturday. (PG) <b>12.00</b> The Pet Rescuers. (PGm, R) <b>12.30</b> The Rebound. <b>1.00</b> Australian Ninja Warrior. (PG, R) <b>3.00</b> Netball. Super Netball. Round 10. Melbourne Vixens v NSW Swifts. <b>5.00</b> News: First At Five. <b>5.30</b> Getaway. (PG)</p>	<p><b>TEN (5)</b>  <b>6am</b> Morning Programs. <b>7.00</b> Escape Fishing. (R) <b>7.30</b> The Offroad Adventure Show. (R) <b>8.30</b> All 4 Adventure. (PGL, R) <b>9.30</b> St10. (PG) <b>12.00</b> The Living Room. (R) <b>1.00</b> The Dog House. (PG, R) <b>2.00</b> Pooches At Play. <b>2.30</b> Everyday Gourmet. (R) <b>3.00</b> What's Up Down Under. <b>3.30</b> Taste Of Australia. (R) <b>4.00</b> Farm To Fork. (PG, R) <b>4.30</b> Three Blue Ducks. (PGL, R) <b>5.00</b> News.</p>
<p><b>6.15</b> The Repair Shop. (R) Hosted by Bill Paterson.  <b>7.00</b> ABC News. Takes a look at today's top stories.  <b>7.30</b> The Durrells. (PG) Louisa is reunited with her cousins after she and Larry return to England for Aunt Hermione's funeral.  <b>8.20</b> Belgravia. (Premiere, PG) A ball held by the Duchess of Richmond, on the eve of the Battle of Waterloo, sparks a love affair that has consequences for two families who meet years later in Belgravia, London.  <b>9.05</b> Jack Irish. (Final, Malv, R) As the Great White payday approaches, Jack must lay to rest the ghosts of the past.  <b>10.05</b> MotherFatherSon. (Mav, R) The prime minister's son is murdered.  <b>11.05</b> Miniseries: Delicious. (Ml, R) Part 2 of 4.  <b>11.50</b> Rage. (MA15+adhlsv) A celebration of NAIDOC Week.</p>	<p><b>6.30</b> SBS World News.  <b>7.35</b> Walking Britain's Lost Railways: Highlands. (PG) Rob Bell follows an epic 112.6km route across the Grampian Mountains.  <b>8.30</b> Cycling. Tour de France. Stage 14. Carcassone to Quillan. 183.7km hilly stage. From France. Hosted by Michael Tomalaris and David McKenzie, with commentary from Robbie McEwen, Matthew Keenan, and Dr Bridie O'Donnell.  <b>1.20</b> Italian Food Safari. (R)  <b>1.50</b> Food Safari. (R)  <b>2.25</b> Rick Stein's Far Eastern Odyssey. (R)  <b>3.35</b> Rick Stein's Long Weekends. (R)  <b>4.45</b> Destination Flavour Down Under Bitesize. (R)  <b>5.00</b> France 24 Feature.  <b>5.15</b> NHK World English News.  <b>5.30</b> Deutsche Welle English News.</p>	<p><b>6.00</b> Seven News.  <b>7.00</b> To Be Advised.  <b>10.30</b> AFL Post-Game Show. A wrap-up of the game, including panel discussion and interviews, with access to players, coaches and staff.  <b>11.00</b> Motor Racing. Supercars Championship. Round 6. Townsville 500. Day 1. Highlights. From Reid Park Street Circuit, Townsville, Queensland.  <b>12.00</b> Crazy On A Plane. (Mal, R) Dramatic mid-air stories caught on camera, including a man refuses to give up an entire row of seats.  <b>1.00</b> Koala Rescue. (PG, R) Profiles Australians who rescue koalas.  <b>2.00</b> Home Shopping. (R)  <b>4.00</b> Get Arty. (R) A showcase of art projects.  <b>5.00</b> House Of Wellness. (PG, R) A look at locations that highlight living well.</p>	<p><b>6.00</b> Nine News Saturday.  <b>7.00</b> A Current Affair.  <b>7.30</b> David Attenborough's Life In Colour: Surprising Colours. (PG) Looks at the role colour plays in the lives of many species.  <b>8.30</b> <b>MOVIE:</b> Deep Impact. (1998, Mal, R) After a teenage amateur astronomer makes a shocking discovery of a comet on a collision course with the Earth, the government makes plans to save humanity by dispatching a team of astronauts to destroy it. Morgan Freeman, Robert Duvall, Téa Leoni.  <b>11.00</b> Tennis. Wimbledon. Day 12. Women's Singles Final.  <b>4.00</b> A Current Affair. (R)  <b>4.30</b> Global Shop. (R)  <b>5.00</b> TV Shop: Home Shopping. (R) <b>5.30</b> Wesley Impact. (PG)</p>	<p><b>6.00</b> Bondi Rescue. (PG, R) Follows the work of elite lifeguards in charge of safety at one of the world's busiest beaches, Bondi.  <b>7.00</b> The Dog House. (PG, R) Follows a team of devoted matchmakers as they pair homeless dogs with hopeful companions.  <b>8.00</b> To Be Advised.  <b>9.00</b> Ambulance Australia. (M, R) A fast-acting neighbour responds to panicked calls for help. Paramedics work with police to manage the delusions of a patient who insists he does not need to be medically examined because he is already dead.  <b>10.00</b> <b>MOVIE:</b> A Cry In The Dark. (1988, Mal, R) A woman fights to prove her innocence when she is accused of murder after her child was killed in a dingo attack in the Outback. Meryl Streep, Sam Neill, Charles 'Bud' Tingwell.  <b>12.30</b> Home Shopping. (R)  <b>5.00</b> Hour Of Power. Religious program.</p>
<p><b>ABC TV PLUS (22)</b> <b>6am</b> Children's Programs. <b>7.05pm</b> Dino Dana. <b>7.30</b> Spicks And Specks. <b>8.00</b> QI. <b>8.30</b> Unprotected Sets. <b>9.15</b> Black Mirror. <b>10.15</b> Sammy J. <b>10.20</b> Live At The Apollo. <b>11.05</b> Insert Name Here. <b>11.40</b> Fleabag. <b>12.05am</b> The Moaning Of Life. <b>12.50</b> The Umbilical Brothers: The Rehearsal. <b>2.25</b> Would I Lie To You? <b>2.55</b> Escape From The City. <b>3.55</b> News Update. <b>4.00</b> Close. <b>5.05</b> Late Programs.</p>	<p><b>VICELAND (31)</b> <b>6am</b> WorldWatch. <b>Noon</b> Letterkenny. <b>1.30</b> WorldWatch. <b>2.00</b> Tour De France Preview Show. <b>3.00</b> Tour De France Morning Update. <b>4.00</b> WorldWatch. <b>5.00</b> Seconds From Disaster. <b>7.35</b> Building The Ultimate. (Premiere) <b>8.30</b> The X-Files. <b>11.00</b> Sex In The World's Cities. <b>Midnight</b> <b>MOVIE:</b> An American Werewolf In Paris. (1997, M) <b>1.50</b> 40 Kids By 20 Women. <b>2.40</b> France 24. <b>3.00</b> Late Programs.</p>	<p><b>7TWO (72)</b> <b>6am</b> Shopping. <b>8.30</b> Travel Oz. <b>10.00</b> Jabba's School Holiday Movies. <b>10.30</b> Mystic. <b>11.30</b> Animal Rescue. <b>Noon</b> The Great Australian Doorstep. <b>12.30</b> Weekender. <b>1.00</b> House Of Wellness. <b>2.15</b> Creek To Coast. <b>2.45</b> Sydney Weekender. <b>3.15</b> Animal Rescue. <b>3.45</b> <b>MOVIE:</b> Jersey Boys. (2014, PG) <b>6.30</b> Dr Harry's Animal Encounters. <b>7.30</b> The Yorkshire Vet In Spring. <b>8.30</b> Escape To The Country. <b>11.30</b> Late Programs.</p>	<p><b>9GEM (81)</b> <b>6am</b> Newstyle Direct. <b>6.30</b> TV Shop: Home Shopping. <b>10.00</b> My Favorite Martian. <b>10.30</b> <b>MOVIE:</b> I'm All Right Jack. (1959) <b>12.40pm</b> <b>MOVIE:</b> Shalako. (1968, PG) <b>3.00</b> <b>MOVIE:</b> 633 Squadron. (1964, PG) <b>5.00</b> <b>MOVIE:</b> Zulu. (1964, PG) <b>8.00</b> Tennis. Wimbledon. Day 12. Women's Singles Final. <b>9.30</b> As Time Goes By. <b>10.30</b> Wimbledon Tennis Pre-Show. <b>11.00</b> <b>MOVIE:</b> The Beguiled. (2017, M) <b>1am</b> TV Shop.</p>	<p><b>BOLD (52)</b> <b>6am</b> Home Shopping. <b>9.00</b> Star Trek: Voyager. <b>10.00</b> Diagnosis Murder. <b>Noon</b> JAG. <b>2.00</b> The Doctors. <b>3.00</b> Diagnosis Murder. <b>4.00</b> Bondi Rescue. <b>4.30</b> iFish. <b>5.00</b> Escape Fishing With ET. <b>5.30</b> Scorpion. <b>7.30</b> NCIS. <b>8.30</b> NCIS: New Orleans. <b>10.20</b> Hawaii Five-0. <b>12.15am</b> Elementary. <b>1.10</b> 48 Hours. <b>2.10</b> Blue Bloods. <b>3.05</b> Diagnosis Murder. <b>4.00</b> The Doctors. <b>5.00</b> Home Shopping.</p>
<p><b>NITV (34)</b> <b>6am</b> Morning Programs. <b>11.55</b> Talking Language. <b>12.25pm</b> Bamay. <b>12.55</b> Rugby Union. South Australia League. <b>2.25</b> Rugby Union. WA Premier Grade. <b>3.55</b> Bowls. SA Super League. <b>4.55</b> Indian Country Today. <b>5.25</b> News. <b>5.55</b> NITV News: Nula. <b>6.25</b> Going Places. <b>6.55</b> Yokayi Footy. <b>7.30</b> NITV News Update. <b>8.40</b> Lookey Lookey Here Comes Cooky. <b>9.40</b> <b>MOVIE:</b> Samson And Delilah. (2009, M) <b>11.25</b> Late Programs.</p>	<p><b>SBS MOVIES (32)</b> <b>6am</b> Dean Spanley. Continued. (2008, PG) <b>6.05</b> Toast. (2010, PG) <b>7.50</b> Song Of Granite. (2017, PG, Gaelic) <b>9.40</b> The Falcons. (2018, PG, Icelandic) <b>11.35</b> White Tuft, The Little Beaver. (2008) <b>1pm</b> Teen Spirit. (2018, PG) <b>2.40</b> The Imaginarium Of Doctor Parnassus. (2009, PG) <b>4.55</b> Born To Dance. (2015, PG) <b>6.40</b> Alpha. (2018, PG) <b>8.30</b> Blood Ties. (2013, MA15+) <b>10.50</b> Late Programs.</p>	<p><b>7MATE (73)</b> <b>6am</b> Morning Programs. <b>Noon</b> Roll With It. <b>12.30</b> Timbersports. <b>1.00</b> Blokesworld. <b>1.30</b> Storage Wars. <b>2.00</b> American Pickers. <b>3.00</b> Rides Down Under: Workshop Wars. <b>4.00</b> Storage Wars Canada. <b>5.00</b> Caught On Dashcam. <b>5.30</b> American Restoration. <b>6.30</b> To Be Advised. <b>7.00</b> <b>MOVIE:</b> Independence Day. (1996, PG) <b>9.55</b> <b>MOVIE:</b> Gravity. (2013, M) <b>11.55</b> Late Programs.</p>	<p><b>9GO! (82)</b> <b>6am</b> Children's Programs. <b>1.30pm</b> Social Fabric. <b>2.00</b> Soapbox Racing. Red Bull Series. Replay. <b>3.00</b> Malcolm. <b>3.30</b> <b>MOVIE:</b> Pokémon The Movie: Kyurem Vs The Sword Of Justice. (2012) <b>5.00</b> <b>MOVIE:</b> Kicking &amp; Screaming. (2005, PG) <b>7.00</b> <b>MOVIE:</b> Journey To The Centre Of The Earth. (2008, PG) <b>9.00</b> <b>MOVIE:</b> The Hunger Games: Mockingjay - Part 2. (2015, M) <b>11.40</b> Late Programs.</p>	<p><b>PEACH (53)</b> <b>6am</b> Sabrina, The Teenage Witch. <b>7.00</b> Charmed. <b>8.00</b> Rules Of Engagement. <b>9.00</b> Becker. <b>10.00</b> Broke. <b>11.00</b> MasterChef Australia. <b>2.30pm</b> The Conners. <b>3.30</b> Friends. <b>6.00</b> The Big Bang Theory. <b>9.45</b> 2 Broke Girls. <b>10.45</b> <b>MOVIE:</b> King Arthur. (2004, M) <b>1.15am</b> Home Shopping. <b>1.45</b> Charmed. <b>2.40</b> Crazy Ex-Girlfriend. <b>3.35</b> Funny Girls. <b>4.30</b> Home Shopping.</p>

## HAVE YOUR SAY WITH OUR LETTERS TO THE EDITOR

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## Sunday, July 11

<p><b>ABC TV (2)</b>  <b>6am</b> Morning Programs. <b>9.00</b> Insiders. <b>10.00</b> Offsiders. <b>10.30</b> World This Week. (R) <b>11.00</b> Compass. (R) <b>11.30</b> Praise. (R) <b>12.00</b> ABC News At Noon. <b>12.30</b> Landline. <b>1.30</b> Movin' To The Country. (R) <b>2.00</b> Dream Gardens. (R) <b>2.30</b> Shakespeare And Hathaway. (PG, R) <b>3.15</b> Scottish Vets Down Under. (PG, R) <b>4.00</b> The Sound. (PG, R) <b>5.00</b> Art Works. (PG, R) <b>5.30</b> Antiques Roadshow. (PG)</p>	<p><b>SBS (3)</b>  <b>6.00</b> WorldWatch. <b>7.00</b> Tour De France Morning Update. <b>8.00</b> WorldWatch. <b>11.00</b> Tour De France Preview Show. <b>12.00</b> Tour De France Morning Update. <b>1.00</b> Speedweek. <b>3.00</b> The Great Pyramid Race. (R) <b>3.30</b> Cycling. Giro d'Italia Donne. Stage 9. Highlights. <b>4.35</b> Hitler's World: The Post War Plan. (PGa, R) <b>5.30</b> Tour De France Preview Show.</p>	<p><b>SEVEN (7)</b>  <b>6.00</b> Better Homes And Gardens. (R) <b>7.00</b> Weekend Sunrise. <b>10.00</b> The Morning Show: Weekend. (PG) <b>11.30</b> Seven's Motorsport Classic. <b>12.00</b> Motor Racing. Supercars C'ship. Round 6. Townsville 500. Pre-race and race. <b>2.00</b> Motor Racing. Supercars C'ship. Round 6. Townsville 500. From Reid Park Street Circuit, Townsville, Queensland. <b>5.00</b> Seven News At 5. <b>5.30</b> Weekender.</p>	<p><b>NINE (8)</b>  <b>6.00</b> Easy Eats. (R) <b>7.00</b> Weekend Today. <b>10.00</b> Sports Sunday. (PG) <b>11.00</b> NRL Sunday Footy Show. (PG) A discussion of all things NRL.  <b>1.00</b> Netball. Super Netball. Round 10. Thunderbirds v Firebirds.  <b>3.00</b> Rugby League. NRL. Round 17. Cronulla Sharks v New Zealand Warriors.</p>	<p><b>TEN (5)</b>  <b>6am</b> Morning Programs. <b>8.30</b> Destination Dessert. (R) <b>9.00</b> Australia By Design: Innovations. (PG, R) <b>9.30</b> St10. (PG) <b>12.00</b> Left Off The Map. (R) <b>12.30</b> Freshly Picked. (R) <b>1.00</b> My Market Kitchen. (R) <b>1.30</b> GCBC. (R) <b>2.00</b> Three Veg And Meat. (R) <b>2.30</b> Everyday Gourmet. (R) <b>3.00</b> MasterChef Aust. (R) <b>4.10</b> Farm To Fork. (PG, R) <b>4.30</b> Three Blue Ducks. (PGL, R) <b>5.00</b> News.</p>
<p><b>6.30</b> Compass: Wandjina Is God. (R) Janet Oobagooma travels to Kunmunya.  <b>7.00</b> ABC News Sunday.  <b>7.40</b> Grand Designs. (PG) Hosted by Kevin McCloud.  <b>8.30</b> My Name Is Gulpilil. (Madl) Follows Yolngu traditional dancer and actor David Gulpilil as he faces his own mortality.  <b>10.10</b> Miniseries: Agatha Christie's The Pale Horse. (Mlv, R) Part 2 of 2.  <b>11.10</b> Operation Buffalo. (Malv, R)  <b>12.05</b> Line Of Duty. (Mav, R)  <b>1.05</b> Baptiste. (Malv, R)  <b>2.05</b> Rage. (MA15+adhlsv)  <b>3.10</b> Miniseries: Agatha Christie's The Pale Horse. (Final, Mlv, R)  <b>4.10</b> Shakespeare And Hathaway. (PG, R)  <b>5.00</b> Insiders. (R)</p>	<p><b>6.30</b> SBS World News.  <b>7.35</b> The Great Wall Of China: The Hidden Story. (PG, R) Takes a look at the Great Wall of China, and at what new discoveries tell us about this structure and its origins.  <b>8.30</b> Cycling. Tour de France. Stage 15. Céret to Andorre-la-Vieille. 191.3km mountain stage. From France.  <b>2.10</b> Italian Food Safari. (R)  <b>2.40</b> Food Safari. (R)  <b>3.10</b> Rick Stein's Far Eastern Odyssey. (PG, R)  <b>4.20</b> Going Places With Ernie Dingo. (R)  <b>4.50</b> Destination Flavour Down Under Bitesize. (R) <b>5.00</b> France 24 Feature. <b>5.15</b> NHK World English News. <b>5.30</b> Deutsche Welle English News.</p>	<p><b>6.00</b> Seven News.  <b>7.00</b> Farmer Wants A Wife. (PGa)  <b>8.30</b> Crime Investigation Australia: Most Infamous: John Ernest Cribb - The Devil Inside. (Mav) Takes a look at John Ernest Cribb, who abducted and murdered a mother and two of her children.  <b>9.50</b> The Real Manhunter: The Murder Of Christopher Donovan. (Madv) Hosted by Colin Sutton.  <b>10.50</b> Criminal Confessions: Two Fires, One Victim. (MA15+av)  <b>11.50</b> The Blacklist. (Mav)  <b>12.50</b> Motor Racing. Supercars Championship. Round 6. Townsville 500. Day 2. Highlights.  <b>2.00</b> Home Shopping. (R) <b>3.30</b> Million Dollar Minute. (R) <b>4.00</b> NBC Today. <b>5.00</b> Seven Early News. <b>5.30</b> Sunrise.</p>	<p><b>6.00</b> Nine News.  <b>7.00</b> Beauty And The Geek. (Return, PGL) Hosted by Sophie Monk.  <b>8.40</b> 60 Minutes. Current affairs program, investigating, analysing and uncovering the issues affecting all Australians.  <b>9.40</b> Nine News Late. Takes a look at the latest news and events from Australia and around the world.  <b>10.10</b> To Be Advised.  <b>10.40</b> Wimbledon Tennis Pre-Show. Pre-game coverage of Wimbledon.  <b>11.00</b> Tennis. Wimbledon. Day 13. Men's Singles Final.  <b>3.00</b> Explore TV: Norfolk Island. (R)  <b>3.30</b> TV Shop: Home Shopping.  <b>4.00</b> Take Two. (R)  <b>5.00</b> News Early Edition.  <b>5.30</b> Today.</p>	<p><b>6.30</b> The Sunday Project. Joins panellists for a look at the day's news, events and hot topics.  <b>7.30</b> MasterChef Australia. The contestants compete in a semi-final service challenge. Finalists are joined by returning contestants for the final MasterClass.  <b>9.40</b> FBI. (Mv) The team must infiltrate a drug trafficking gang after a chemical plant robbery leaves two customs agents dead. Maggie gains new insight into Nestor's character when he offers his help on the case.  <b>12.30</b> The Sunday Project. (R) A look at the day's news.  <b>1.30</b> Home Shopping. (R)  <b>4.30</b> CBS This Morning. Morning news and talk show.</p>
<p><b>ABC TV PLUS (22)</b> <b>6am</b> Children's Programs. <b>7.05pm</b> Dino Dana. <b>7.15</b> Sir Mouse. <b>7.30</b> Spicks And Specks. <b>8.00</b> Compass. <b>8.30</b> Louis Theroux: Law And Disorder In Johannesburg. <b>9.30</b> <b>MOVIE:</b> Sherpa. (2015, M) <b>11.05</b> Catalyst. (Final) <b>Midnight</b> Dubboo: Life Of A Songman. <b>1.00</b> Black Mirror. <b>2.00</b> Live At The Apollo. <b>2.45</b> News Update. <b>2.50</b> Close. <b>5.05</b> Miffy's Adventures Big And Small. <b>5.15</b> The Furchester Hotel. <b>5.25</b> Late Programs.</p>	<p><b>VICELAND (31)</b> <b>6am</b> WorldWatch. <b>Noon</b> Chinese Dating With The Parents. <b>2.00</b> Tour De France Preview Show. <b>3.00</b> Tour De France Morning Update. <b>4.00</b> WorldWatch. <b>4.30</b> New Girl. <b>6.00</b> Abandoned Engineering. <b>6.50</b> Life After People. <b>7.40</b> The Buildings That Fought Hitler. <b>8.30</b> History Bites Back. (Premiere) <b>9.30</b> WWE Legends. <b>11.10</b> Dark Side Of The Ring. <b>Midnight</b> Late Programs.</p>	<p><b>7TWO (72)</b> <b>6am</b> Morning Programs. <b>7.30</b> Leading The Way. <b>8.00</b> David Jeremiah. <b>8.30</b> Shopping. <b>9.00</b> One Road. <b>9.30</b> Life Off Road. <b>10.00</b> House Of Wellness. <b>11.00</b> The Surgery Ship. <b>Noon</b> House Of Wellness. <b>1.00</b> The Yorkshire Vet In Spring. <b>2.00</b> The Bowls Show. <b>3.00</b> My Greek Odyssey. <b>4.00</b> Escape To The Country. <b>7.00</b> Border Security. <b>9.00</b> Harbour Cops. <b>9.30</b> Air Crash Investigation. <b>11.30</b> Late Programs.</p>	<p><b>9GEM (81)</b> <b>6am</b> Morning Programs. <b>7.30</b> In Touch. <b>8.00</b> Beyond Today. <b>8.30</b> The Incredible Journey. <b>9.00</b> TV Shop. <b>10.00</b> The AFL Sunday Footy Show. <b>Noon</b> Getaway. <b>12.40</b> <b>MOVIE:</b> The Cracksman. (1963) <b>2.55</b> <b>MOVIE:</b> Separate Tables. (1958, PG) <b>5.00</b> <b>MOVIE:</b> The Man Who Shot Liberty Valance. (1962, PG) <b>7.30</b> Death In Paradise. <b>8.40</b> Grantchester. <b>9.40</b> Chicago P.D. <b>10.40</b> Late Programs.</p>	<p><b>BOLD (52)</b> <b>6am</b> Home Shopping. <b>7.30</b> Key Of David. <b>8.00</b> Bondi Rescue. <b>8.30</b> Star Trek: Voyager. <b>10.30</b> Escape Fishing With ET. <b>11.00</b> Scorpion. <b>1pm</b> The Doctors. <b>2.00</b> Diagnosis Murder. <b>3.00</b> Star Trek: Voyager. <b>4.00</b> Pooches At Play. <b>4.30</b> What's Up Down Under. <b>5.00</b> iFish. <b>5.30</b> Bondi Rescue. <b>6.00</b> JAG. <b>7.00</b> Bondi Rescue. <b>7.30</b> NCIS. <b>9.25</b> NCIS: Los Angeles. <b>10.20</b> 48 Hours. <b>11.20</b> Late Programs.</p>
<p><b>NITV (34)</b> <b>6am</b> Morning Programs. <b>1.10pm</b> Gaelic Football. Ladies Association. Highlights. <b>1.25</b> Rugby League. NRL NT. <b>2.55</b> Ice Hockey. SA Premier League. <b>4.10</b> Football. NT Women's Premier League. <b>5.55</b> NITV News: Nula. <b>6.25</b> First Australians. <b>7.20</b> NITV News Update. <b>7.30</b> Robbie Hood. <b>8.30</b> History Bites Back. (Premiere) <b>9.30</b> Sam Watson: The Street Fighting Years. <b>10.30</b> Going Places. <b>11.30</b> Late Programs.</p>	<p><b>SBS MOVIES (32)</b> <b>6am</b> Morning Programs. <b>9.05</b> Born To Dance. (2015, PG) <b>10.50</b> Amazonia. (2013, No dialogue) <b>12.20pm</b> Toast. (2010, PG) <b>2.05</b> Sabrina, The Teenage Witch. (1996, PG) <b>3.40</b> Strings. (2004, PG) <b>5.20</b> C.J. (2008, PG, Cantonese) <b>6.55</b> The White Balloon. (1995, Farsi) <b>8.30</b> Shelter. (2014, MA15+) <b>10.30</b> Let The Right One In. (2008, MA15+, Swedish) <b>12.40am</b> Late Programs.</p>	<p><b>7MATE (73)</b> <b>6am</b> Morning Programs. <b>8.30</b> Shopping. <b>9.30</b> The Weekend Prospector. <b>10.00</b> Fishing. Australian Championships. AFC X. <b>11.00</b> River To Reef: Retro. <b>11.30</b> Step Outside. <b>Noon</b> The Fishing Show. <b>1.00</b> To Be Advised. <b>4.00</b> Merv Hughes Fishing. <b>4.30</b> Graveyard Carz. <b>5.30</b> American Restoration. <b>6.30</b> <b>MOVIE:</b> Journey 2: The Mysterious Island. (2012, PG) <b>8.30</b> <b>MOVIE:</b> Total Recall. (1990, M) <b>10.55</b> Late Programs.</p>	<p><b>9GO! (82)</b> <b>6am</b> Children's Programs. <b>1.30pm</b> Surfing Australia TV. <b>2.00</b> Making A Model With Yolanda Hadid. <b>2.55</b> Hollywood Medium. <b>3.55</b> Say Yes To The Dress: Atlanta. <b>4.55</b> Malcolm. <b>5.25</b> <b>MOVIE:</b> Naked Gun 3 1/3: The Final Insult. (1994, PG) <b>7.00</b> <b>MOVIE:</b> Top Gun. (1986, PG) <b>9.10</b> <b>MOVIE:</b> The Bourne Legacy. (2012, M) <b>11.45</b> All New Traffic Cops. <b>12.45am</b> Westside. <b>1.40</b> Peaking. <b>2.10</b> Hollywood Medium. <b>3.00</b> Late Programs.</p>	<p><b>PEACH (53)</b> <b>6am</b> Sabrina, The Teenage Witch. <b>7.00</b> Broke. <b>8.00</b> Neighbours. <b>10.30</b> MasterChef Australia. <b>11.30</b> Charmed. <b>12.30pm</b> 100% Hotter. <b>1.30</b> Sabrina, The Teenage Witch. <b>2.00</b> The Conners. <b>3.00</b> Friends. <b>6.00</b> The Big Bang Theory. <b>8.30</b> The Neighborhood. <b>9.30</b> 2 Broke Girls. <b>11.30</b> Mom. <b>Midnight</b> Home Shopping. <b>1.30</b> Funny Girls. <b>2.30</b> <b>MOVIE:</b> Before Sunrise. (1995, M) <b>4.30</b> Home Shopping.</p>



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## RESULTS – ROUND 16

<b>ROOSTERS</b>	<b>0</b>	<b>STORM</b>	<b>46</b>
<b>WARRIORS</b>	<b>18</b>	<b>DRAGONS</b>	<b>19</b>
<b>PANTHERS</b>	<b>13</b>	<b>EELS</b>	<b>12</b>
<b>BULLDOGS</b>	<b>0</b>	<b>SEA EAGLES</b>	<b>66</b>
<b>RAIDERS</b>	<b>6</b>	<b>TITANS</b>	<b>44</b>
<b>KNIGHTS</b>	<b>38</b>	<b>COWBOYS</b>	<b>0</b>
<b>BRONCOS</b>	<b>26</b>	<b>SHARKS</b>	<b>18</b>
<b>TIGERS</b>	<b>22</b>	<b>RABBITOHS</b>	<b>38</b>



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Ken O'Dowd MP	93
Steve Scott	88
Peter Hunt	87
Grant Perry	86
Gerard Watts	83
Remo Fanelli	82
Bev Smith	82
Don & Bronwyn Atfield	81
Natalie Cummings & Miles Goudie	80
Sam Moller	80
Shaun Pobar	76
Dean Lill	74
Jess Dinneen	73
Shannon Kime	66

## GAME DRAW • ROUND 17

**SEA EAGLES V RAIDERS**

**RABBITOHS V COWBOYS**

**BULLDOGS V ROOSTERS**

**SHARKS V WARRIORS**

## Your year ahead

This year indicates a new career direction. The course you choose may not always be easy, but the promise of greater financial stability spurs you on. First, you should clear away any professional debris. A big ask, but don't let it unnerve you. This is simply your cue to be more assertive. You also develop a better awareness of your own goals and won't let anyone steer you away from your true path. It's in the summer months that thoughts turn to romance. As the temperatures rise, so will passions. By December, someone special plays a fated role in your life.



### ARIES

(Mar 21 - Apr 20)

It could be difficult to differentiate between fact and fiction this week. If asked to referee family feuds, step away. You've more pressing issues to address. In all of this, take special care of yourself. Despite feeling energetic, it wouldn't hurt to make a point of observing good health and safety precautions. Prevention's always better than cure.

**Best Day: Saturday 17th**



### TAURUS

(Apr 21 - May 20)

Many Taurans should finally hear news which puts an end to frustrating delays. Life feels anything but dull. It's also a major money week, with cash flowing in as well as out. Neglected romance may also strengthen. Singles feel more confident about flaunting their assets, both personal and financial. Something for everyone, it seems.

**Best Day: Monday 12th**



### GEMINI

(May 21 - Jun 21)

Everyone seems to be in each other's way this week and no one's prepared to give way. You might think you've seen it all when it comes to others' negligence, but past scenarios have been mere dress rehearsals. Fortunately all things and people eventually move on - so optimism, faith and money are bound to come out of their tailspin.

**Best Day: Sunday 11th**



### CANCER

(Jun 22 - Jul 22)

You've so many things going for you right now, Cancer. This week's new moon in your own sign starts to correct any recent glitches in your life. Venus in your financial sector could also provide opportunities. Sorting the good from the bad hasn't been an easy process lately but, thankfully, the clarity you're seeking comes by week's end.

**Best Day: Saturday 17th**



### LEO

(Jul 23 - Aug 23)

Despite being a natural entrepreneur, it's not every day that you get a real financial break. Sure, some offers can look like great opportunities. There may have even been times when you've taken the bait before you saw the hook attached to it. This week appears more genuine, and generous.

**Best Day: Tuesday 13th**



### LIBRA

(Sep 23 - Oct 23)

When you put your mind to something, you're thorough. This week you tackle tasks you've been putting off for ages: from re-establishing contact with old friends, to finally updating files and devices. At work, it's the usual conflict: freedom versus a steady pay packet. Not to worry. By week's end, life starts to settle.

**Best Day: Wednesday 14th**



### SAGITTARIUS

(Nov 23 - Dec 21)

While others map out a clear plan for the coming week, Sagittarians mull over the past. Recently, life has suffered a reality check. Seeing your inner strength put on the rack can be a queasy experience, but there are always lessons to be learned. Indeed, what you have sacrificed in recent months will soon be returned tenfold.

**Best Day: Friday 16th**



### CAPRICORN

(Dec 22 - Jan 20)

In recent times, you stayed calm and did your best. No-one could possibly have asked for more. This week, you start to make up for lost ground. One hint: work on your presentation. It's all in the way you tell it and sell it. Even if the occasional hurdle does crop up, know that you're a stayer who's in for the win.

**Best Day: Wednesday 14th**



### AQUARIUS

(Jan 21 - Feb 18)

Aquarians are accomplished in many areas of their lives but now want to learn something new. If this is the case, do your homework in what you need to do next to propel you towards a new path. You can use past and present skills to help you or choose to do something which is totally off the grid. Either way, success beckons.

**Best Day: Monday 12th**



### PISCES

(Feb 19 - Mar 20)

Pisceans work hard, but maybe it's time to pass the baton to someone else for a while. This is a week for catching up on things that aren't all that important and for paying attention to more pleasurable desires. Basically, this week's Sun in your sector of fun suggests a touch of hedonism, if that's what it takes to balance you out.

**Best Day: Sunday 11th**



### VIRGO

(Aug 24 - Sep 22)

If it becomes clear that others are making unfair demands on you, don't try too hard to accommodate them. Accept the fact that you can't please all the people all the time. It's never been more important to simply be yourself, without capitulating to others' constant needs. Declare this a "me first" week.

**Best Day: Friday 16th**



### SCORPIO

(Oct 24 - Nov 22)

Scorpios love to learn. Many are blessed with high intelligence, but you're also smart enough to know that you don't know everything. Unfortunately, someone may try to provoke you this week - so if they want an argument, you'll happily oblige. But they'll soon be sorry as you gain the upper hand, as always.

**Best Day: Thursday 15th**

ARROW WORDS										
			Salivate Major, Great bear		Bucket Observed secretly		Water barriers		Border	Pig meat
							Of sound			
			Drug obtained from poppies						Decree legal term	Operatic song
			Lubricant				Move stealthily			
Pitcher	Claudia TV presenter (pictured)	Curve Skilled				_ Adams, Enchanted actress	Whichever		Earn points	Burst of light
			_ Stubbs, English actress	Sheriff's crew		Part of a mountain range Cream bun				
Writing fluid		Drinking vessel			Distrustful Frown					
			Food, informal			March 2019 cyclone		Large bird		Take for granted
Total		Team's symbol						Ages		
			Applaud	Tangy Communists				Netting		
Beam		Work team				Frozen water	Finish	Bloke		Modern
					Broadcast in real time			Weapon		
Breaks		Append				Eat up				
					Group of cows			Tree		

SOLUTION												
W	E	L	D	H	P	A	P	N	S			
E	W	S	N	O	C	D	A	D	A			
N	U	G	E	I	L	E	T	L	E	S		
S	U	E	W	O	S	E	C	R	E			
H	S	W	R	O	S	A	T	L	T	V		
S	R	E	T	O	S	M	A	S	K			
V	O	Y	H	S	O	N	K	N	I			
T	L	C	A	N	C	P	I	C	I			
F	S	S	I	F	M	A	S	S	I	E	W	E
R	I	A	L	E	A	B	L	E	A	B		
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P	E	D	P	D								

# Monday, July 12

<p><b>ABC TV (2)</b>  <b>6.00</b> News Breakfast. <b>9.00</b> ABC News Mornings. <b>10.00</b> Landline. (R) <b>11.00</b> Grand Designs. (PG, R) <b>12.00</b> ABC News At Noon. <b>1.00</b> The Durrells. (PG, R) <b>2.00</b> Mystery Road. (Madlv, R) <b>3.00</b> ABC News Afternoons. <b>4.00</b> Think Tank. (R) <b>4.55</b> Barrie Cassidy's One Plus One. (R) <b>5.25</b> Hard Quiz. (PG, R)</p>	<p><b>SBS (3)</b>  <b>6.00</b> WorldWatch. <b>6.30</b> This Week. <b>7.00</b> Tour De France Update. <b>8.00</b> WorldWatch. <b>11.00</b> Tour De France Preview. (R) <b>12.00</b> Tour De France Update. (R) <b>1.00</b> WorldWatch. <b>2.00</b> The Windsors' Lost Letters. (PGdl, R) <b>2.55</b> Railway Journeys UK. (R) <b>3.30</b> The Cook Up. (PG, R) <b>4.00</b> Cycling. Giro d'Italia Donne. Stage 10. Highlights. <b>5.00</b> Jeopardy! (PG) <b>5.30</b> Letters And Numbers. (R)</p>	<p><b>SEVEN (7)</b>  <b>6.00</b> Sunrise. <b>9.00</b> The Morning Show. (PG) <b>11.30</b> Seven Morning News. <b>12.00</b> To Be Advised. <b>1.30</b> Dog Patrol. (PGa, R) <b>2.00</b> Manhunt: The Polish Thief. (Mv, R) <b>3.00</b> The Chase. <b>4.00</b> Seven News At 4. <b>5.00</b> The Chase Australia.</p>	<p><b>NINE (8)</b>  <b>6.00</b> Today. <b>9.00</b> Today Extra. (PG) <b>11.30</b> Morning News. <b>12.00</b> The Ellen DeGeneres Show. (PG) <b>1.00</b> Explore. (R) <b>1.15</b> Beauty And The Geek. (PGI, R) <b>3.00</b> Tipping Point. (PG) <b>4.00</b> Afternoon News. <b>4.30</b> Millionaire Hot Seat. <b>5.30</b> WIN News.</p>	<p><b>TEN (5)</b>  <b>6.00</b> The Talk. (PGa) <b>7.00</b> Judge Judy. (PG, R) <b>7.30</b> The Bold And The Beautiful. (PG, R) <b>8.00</b> Studio 10. (PG) <b>12.00</b> Dr Phil. (PGal, R) <b>1.00</b> MasterChef Australia. (R) <b>3.00</b> Judge Judy. (PG) <b>3.30</b> My Market Kitchen. <b>4.00</b> Everyday Gourmet With Justine Schofield. <b>4.30</b> The Bold And The Beautiful. (PG) <b>5.00</b> 10 News First.</p>
<p><b>6.00</b> The Drum. <b>7.00</b> ABC News. Takes a look at today's top stories. <b>7.30</b> <b>7.30</b>. Presented by Leigh Sales. <b>8.00</b> Courtney Act's One Plus One. Part 3 of 5. <b>8.30</b> Four Corners. Investigative journalism program that leads national debate and confronting issues that matter. <b>9.15</b> Media Watch. (PG) Paul Barry takes a look at the latest issues affecting media consumers. <b>9.35</b> Murder 24/7. (Mal) Part 5 of 5. <b>10.35</b> ABC Late News. <b>11.05</b> Firestarter: The Story Of Bangarra. (MI, R) <b>12.45</b> MotherFatherSon. (Mav, R) <b>1.40</b> Call The Midwife. (Ma, R) <b>2.40</b> Rage. (MA15+adhlnsv) <b>4.25</b> The Drum. (R) <b>5.25</b> 7.30. (R)</p>	<p><b>6.00</b> Mastermind Australia. (R) Presented by Jennifer Byrne. <b>6.30</b> SBS World News. <b>7.35</b> Secrets Of The Tower Of London: The Tudor Tower. (PGa, R) Part 2 of 4. <b>8.30</b> Secret Scotland: Falkirk And The Lothians. (Return, PG) Susan Calman visits some of Scotland's most iconic destinations, beginning with Falkirk. <b>9.25</b> 24 Hours In Emergency: In The Wars. (M) Doctors are concerned when a 91-year-old is rushed to St George's after a fall at home. <b>10.20</b> SBS World News Late. <b>10.50</b> The Investigation. (Mas) Jens Moller is under pressure. <b>11.45</b> Miniseris: The Typist. (Malv, R) <b>3.05</b> Alex Polizzi: The Fixer. (PG, R) <b>4.10</b> VICE Guide To Film. (MA15+av, R) <b>5.00</b> France 24 Feature. <b>5.15</b> NHK World English News. <b>5.30</b> Deutsche Welle English News.</p>	<p><b>6.00</b> Seven Local News. <b>6.30</b> Seven News. <b>7.00</b> Home And Away. (PG) <b>7.30</b> Farmer Wants A Wife. (PGal) It is the halfway point in their search for love and each farmer takes one lady on a date. <b>9.00</b> 9-1-1: Lone Star. (Mas) Grace and Carlos must save a woman literally trapped in a domestic abuse situation. <b>10.00</b> S.W.A.T. (Mav) The squad pursues a ruthless crew of thieves. <b>11.00</b> The Latest: Seven News. <b>11.30</b> Filthy Rich. (Mas) Margaret gives the children an ultimatum. <b>12.30</b> Splitting Up Together. (PGals, R) <b>1.00</b> Trial &amp; Error. (Mal, R) <b>1.30</b> RSPCA Animal Rescue. (R) <b>2.00</b> Home Shopping. (R) <b>4.00</b> NBC Today. <b>5.00</b> Seven Early News. <b>5.30</b> Sunrise.</p>	<p><b>6.00</b> Nine News. <b>7.00</b> A Current Affair. <b>7.30</b> Beauty And The Geek. (PGI) Hosted by Sophie Monk. <b>8.50</b> Botched. (Mam) A Brazilian performer wants her butt to be camera-ready. <b>9.50</b> 100% Footy. (M) Features the latest rugby league news. <b>10.50</b> Nine News Late. A look at the latest news and events. <b>11.20</b> The Arrangement. (Mals) Kyle accompanies Megan on a trip. <b>12.10</b> Tipping Point. (PG, R) <b>1.00</b> A Current Affair. (R) <b>1.30</b> TV Shop: Home Shopping. (R) <b>2.30</b> Global Shop. (R) <b>3.00</b> TV Shop: Home Shopping. (R) <b>4.00</b> Take Two. (R) <b>5.00</b> News Early Edition. <b>5.30</b> Today.</p>	<p><b>6.30</b> The Project. A look at the day's news. <b>7.30</b> MasterChef Australia. In the Grand Finale, the three finalists face a three-round challenge over two days, with a total of 140 points up for grabs. <b>9.00</b> Have You Been Paying Attention? (Mals) A fast-paced look at news, with Sam Pang and Ed Kavalee joined by other celebrity panelists to compete to see who can remember the most about events of the week. Hosted by Tom Gleisner. <b>10.00</b> Just For Laughs. (MI) Hosted by Nick Cody, featuring Aaron Chen, Georgie Carroll and Nath Valvo. <b>10.30</b> The Project. (R) A look at the day's news. <b>11.30</b> The Late Show With Stephen Colbert. (PG) Hosted by Stephen Colbert. <b>12.30</b> Home Shopping. (R) <b>4.30</b> CBS This Morning.</p>
<p><b>ABC TV PLUS (22)</b> <b>6am</b> Children's Programs. <b>7.15pm</b> Odd Squad. <b>7.30</b> Spicks And Specks. <b>8.00</b> QI. <b>8.30</b> Australia's Ocean Odyssey: A Journey Down The East Australian Current. <b>9.30</b> Doctor Who. <b>10.20</b> To Be Advised. <b>11.10</b> Adam Hills: The Last Leg. <b>11.55</b> QI. <b>12.25am</b> Escape From The City. <b>1.25</b> 30 Rock. <b>1.45</b> Chandon Pictures. <b>2.10</b> Alan Partridge's Mid-Morning Matters. <b>2.40</b> Late Programs.</p>	<p><b>VICELAND (31)</b> <b>6am</b> WorldWatch. <b>8.00</b> Basketball. WNBA. Seattle Storm v Phoenix Mercury. <b>10.00</b> WorldWatch. <b>Noon</b> The X-Files. <b>12.55</b> Rex In Rome. <b>1.50</b> WorldWatch. <b>2.20</b> Tour De France Preview Show. <b>3.20</b> Tour De France Morning Update. <b>4.20</b> This Week. <b>5.20</b> Joy Of Painting. <b>5.50</b> Shortland Street. <b>6.20</b> Forged In Fire. <b>7.10</b> Jeopardy! <b>7.45</b> 8 Out Of 10 Cats Does Countdown. <b>8.30</b> Taskmaster. <b>10.10</b> Late Programs.</p>	<p><b>7TWO (72)</b> <b>6am</b> Morning Programs. <b>8.00</b> Harry's Practice. <b>8.30</b> Million Dollar Minute. <b>9.30</b> NBC Today. <b>10.30</b> Business Builders. <b>11.00</b> The Bowls Show. <b>Noon</b> House Of Wellness. <b>1.00</b> Million Dollar Minute. <b>2.00</b> The Surgery Ship. <b>3.00</b> Surf Patrol. <b>3.30</b> Air Crash Investigation. <b>4.30</b> M*A*S*H. <b>5.30</b> Escape To The Country. <b>6.30</b> Bargain Hunt. <b>7.30</b> Doc Martin. <b>8.30</b> Judge John Deed. <b>10.30</b> Mafia's Greatest Hits. <b>11.30</b> Late Programs.</p>	<p><b>9GEM (81)</b> <b>6am</b> Morning Programs. <b>7.30</b> TV Shop. <b>9.30</b> Newstyle Direct. <b>10.00</b> Danoz. <b>10.30</b> Ellen DeGeneres. <b>11.30</b> My Favorite Martian. <b>Noon</b> World's Greatest Natural Wonders. <b>1.00</b> Days Of Our Lives. <b>1.55</b> The Young And The Restless. <b>2.50</b> Antiques Roadshow. <b>3.20</b> MOVIE: Let's Be Happy. (1957) <b>5.30</b> Bondi Vet: Coast To Coast. <b>6.30</b> Antiques Roadshow. <b>7.30</b> Poirot. <b>8.40</b> Agatha Christie's Marple. <b>10.40</b> Late Programs.</p>	<p><b>BOLD (52)</b> <b>6am</b> Home Shopping. <b>8.00</b> JAG. <b>9.00</b> Diagnosis Murder. <b>10.00</b> Star Trek: Voyager. <b>Noon</b> Star Trek: The Next Generation. <b>2.00</b> Diagnosis Murder. <b>5.00</b> JAG. <b>7.00</b> Bondi Rescue. <b>7.30</b> NCIS. <b>11.15</b> Blue Bloods. <b>12.10am</b> Home Shopping. <b>2.10</b> Elementary. <b>3.10</b> JAG. <b>4.05</b> Hawaii Five-0. <b>5.00</b> Star Trek: Voyager.</p>
<p><b>NITV (34)</b> <b>6am</b> Morning Programs. <b>2pm</b> Vote Yes For Aborigines. <b>3.00</b> Jarjums. <b>3.55</b> Bino And Fino. <b>4.00</b> Musomag. <b>4.30</b> The Storyteller. <b>5.00</b> Fraggie Rock. <b>6.00</b> The 77 Percent. <b>6.30</b> Pacific Island Food Revolution. <b>7.20</b> News. <b>7.30</b> Keep Calm And Decolonize. <b>7.40</b> Through The Wormhole With Morgan Freeman. <b>8.30</b> Living Black. <b>9.00</b> Eating Up Easter. <b>10.00</b> News. <b>10.10</b> Te Ao With Moana. <b>10.40</b> Late Programs.</p>	<p><b>SBS MOVIES (32)</b> <b>6am</b> Sabrina, The Teenage Witch. Continued. (1996, PG) <b>6.35</b> Flash Gordon. (1980, PG) <b>8.40</b> Strings. (2004, PG) <b>10.20</b> The Imaginarium Of Doctor Parnassus. (2009, PG) <b>12.35pm</b> CJ7. (2008, PG, Cantonese) <b>2.10</b> The White Balloon. (1995, Farsi) <b>3.45</b> Amazonia. (2013, No dialogue) <b>5.15</b> Big Fish. (2003, PG) <b>7.35</b> The Eyes. (2020, M, Vietnamese) <b>9.30</b> Jirga. (2018, M) <b>10.55</b> Late Programs.</p>	<p><b>7MATE (73)</b> <b>6am</b> Morning Programs. <b>2pm</b> Graveyard Carz. <b>3.00</b> The Mike &amp; Cole Show. <b>3.30</b> Motor Racing. Supercars C'ship. Townsville 500. H'lights. <b>4.30</b> Motor Racing. Supercars Championship. Round 6. Townsville 500. Day 2. Highlights. <b>5.30</b> Storage Wars. <b>6.00</b> American Pickers. <b>7.00</b> Pawn Stars. <b>7.30</b> Aussie Pickers. <b>8.30</b> MOVIE: Danger Close: The Battle Of Long Tan. (2019, MA15+) <b>10.55</b> Late Programs.</p>	<p><b>9GO! (82)</b> <b>6am</b> Children's Programs. <b>11.00</b> MOVIE: Pokémon The Movie: Kyurem Vs The Sword Of Justice. (2012) <b>12.25pm</b> MOVIE: Pokémon: Genesect And The Legend Awakened. (2013) <b>1.50</b> Children's Programs. <b>2.00</b> Xtreme. <b>3.00</b> Malcol. <b>4.00</b> The Incredible Hulk. <b>5.00</b> Malcol. <b>6.00</b> The Nanny. <b>6.30</b> 3rd Rock From The Sun. <b>7.00</b> That '70s Show. <b>7.30</b> RBT. <b>8.30</b> MOVIE: Hunter Killer. (2018, MA15+) <b>11.00</b> Late Programs.</p>	<p><b>PEACH (53)</b> <b>6am</b> 100% Hotter. <b>7.00</b> Friends. <b>9.00</b> Sabrina, The Teenage Witch. <b>10.00</b> The Neighborhood. <b>11.00</b> Friends. <b>Noon</b> Charmed. <b>1.00</b> Broke. <b>2.00</b> The Big Bang Theory. <b>3.00</b> Rules Of Engagement. <b>4.00</b> Becker. <b>5.00</b> Frasier. <b>6.00</b> Friends. <b>6.30</b> Neighbours. <b>7.00</b> Friends. <b>8.00</b> The Big Bang Theory. <b>9.30</b> Seinfeld. <b>11.00</b> Friends. <b>Midnight</b> Shopping. <b>1.30</b> Sabrina. <b>2.00</b> Late Programs.</p>

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# Tuesday, July 13

<p><b>ABC TV (2)</b>  <b>6.00</b> News Breakfast. <b>9.00</b> ABC News Mornings. <b>10.00</b> Four Corners. (R) <b>11.00</b> Antiques Roadshow. (PG, R) <b>12.00</b> ABC News At Noon. <b>1.00</b> Belgravia. (PG, R) <b>1.45</b> Chopsticks Or Fork? (R) <b>2.05</b> Mystery Road. (Malv, R) <b>3.00</b> ABC News Afternoons. <b>4.00</b> Think Tank. (R) <b>4.55</b> Barrie Cassidy's One Plus One. (R) <b>5.25</b> Hard Quiz. (PG, R)</p>	<p><b>SBS (3)</b>  <b>6.00</b> WorldWatch. <b>9.30</b> Greek News. <b>10.30</b> German News. <b>11.00</b> Spanish News. <b>11.30</b> Turkish News. <b>12.00</b> Arabic News F24. <b>12.30</b> ABC America: World News Tonight. <b>1.00</b> PBS NewsHour. <b>2.00</b> The Windsors' Lost Letters. (PG, R) <b>2.55</b> Living Black. (R) <b>3.30</b> The Cook Up With Adam Liaw. (PG) <b>4.00</b> Jeopardy! (PG) <b>4.30</b> Letters And Numbers. (R) <b>5.00</b> Tour De France Preview Show.</p>	<p><b>SEVEN (7)</b>  <b>6.00</b> Sunrise. <b>9.00</b> The Morning Show. (PG) <b>11.30</b> Seven Morning News. <b>12.00</b> MOVIE: The Perfect Husband. (2004, Ma, R) <b>2.00</b> Manhunt: The Porsche Kid. (Malv, R) <b>3.00</b> The Chase. <b>4.00</b> Seven News At 4. <b>5.00</b> The Chase Australia.</p>	<p><b>NINE (8)</b>  <b>6.00</b> Today. <b>9.00</b> Today Extra. (PG) <b>11.30</b> Morning News. <b>12.00</b> The Ellen DeGeneres Show. (PG, R) <b>1.10</b> Getaway. (PG, R) <b>1.40</b> Beauty And The Geek. (PGI, R) <b>3.00</b> Tipping Point. (PG) <b>4.00</b> Afternoon News. <b>4.30</b> Millionaire Hot Seat. <b>5.30</b> WIN News.</p>	<p><b>TEN (5)</b>  <b>6.00</b> The Talk. (PGa) <b>7.00</b> Judge Judy. (PG, R) <b>7.30</b> The Bold And The Beautiful. (PG, R) <b>8.00</b> Studio 10. (PG) <b>12.00</b> Dr Phil. (PGal, R) <b>1.00</b> MasterChef Australia. (R) <b>2.30</b> Entertainment Tonight. <b>3.00</b> Judge Judy. (PG) <b>3.30</b> My Market Kitchen. <b>4.00</b> Everyday Gourmet With Justine Schofield. <b>4.30</b> The Bold And The Beautiful. (PG) <b>5.00</b> 10 News First.</p>
<p><b>6.00</b> The Drum. Analysis of the day's news. <b>7.00</b> ABC News. Takes a look at today's top stories. <b>7.30</b> <b>7.30</b>. Presented by Leigh Sales. <b>8.00</b> Ms Represented With Annabel Crabb: Getting There. (PG) Part 1 of 4. <b>8.30</b> Cracking COVID. Tracks the real-time story of Australia's scientific response to the pandemic. <b>9.50</b> Our Dawn. Dawn Fraser chats with Tracey Holmes. <b>10.20</b> ABC Late News. Detailed coverage of the day's events. <b>10.50</b> Q+A. (R) <b>11.55</b> Australia Debates. (MI, R) <b>12.40</b> Call The Midwife. (PG, R) <b>1.40</b> Mum. (MI, R) <b>3.05</b> Rage. (MA15+adhlnsv) <b>4.25</b> The Drum. (R) <b>5.25</b> 7.30. (R)</p>	<p><b>6.00</b> Mastermind Australia. (R) Presented by Jennifer Byrne. <b>6.30</b> SBS World News. <b>7.30</b> Who Do You Think You Are? Grant Denyer. (PG) Grant Denyer explores his roots. <b>8.30</b> Cycling. Tour de France. Stage 16. Pas de la Case to Saint-Gaudens. 169km hilly stage. From France. <b>1.50</b> Italian Food Safari. (R) <b>2.20</b> Food Safari. (R) <b>2.50</b> Rick Stein's Far Eastern Odyssey. (PG, R) <b>4.00</b> 24 Hours In Emergency. (Ma, R) <b>4.55</b> Destination Flavour Down Under Bitesize. (R) <b>5.00</b> France 24 Feature. <b>5.15</b> NHK World English News. <b>5.30</b> Deutsche Welle English News.</p>	<p><b>6.00</b> Seven Local News. <b>6.30</b> Seven News. <b>7.00</b> Home And Away. (PG) <b>7.30</b> Farmer Wants A Wife. (PGIs) Hosted by Natalie Gruzlewski. <b>9.00</b> The Rookie. (M) Officer Nolan's mum makes an unannounced visit, which complicates his life. Sergeant Grey considers retiring. <b>11.00</b> The Latest: Seven News. <b>11.30</b> Filthy Rich. (Mav) <b>12.30</b> Temptation Island USA. (MA15+als, R) <b>1.30</b> Harry's Practice. (R) <b>2.00</b> Home Shopping. (R) <b>4.00</b> NBC Today. <b>5.00</b> Seven Early News. <b>5.30</b> Sunrise.</p>	<p><b>6.00</b> Nine News. <b>7.00</b> A Current Affair. <b>7.30</b> Beauty And The Geek. Hosted by Sophie Monk. <b>8.50</b> The Weakest Link. Quiz show featuring eight contestants who answer general knowledge questions. Hosted by Magda Szubanski. <b>9.50</b> Kath &amp; Kim Countdown "Weddings, Parties &amp; Tizzy Things". (PGIs, R) Celebrities share their favourite fun moments. <b>10.50</b> Nine News Late. <b>11.20</b> Emergence. (Mhv, R) <b>12.10</b> Tipping Point. (PG, R) <b>1.00</b> A Current Affair. (R) <b>1.30</b> TV Shop: Home Shopping. (R) <b>4.00</b> Take Two. (R) <b>5.00</b> News Early Edition. <b>5.30</b> Today.</p>	<p><b>6.30</b> The Project. The hosts and guest panellists take a look at the day's news, events and hot topics. <b>7.30</b> MasterChef Australia. (Final) It is day two of the <i>MasterChef Australia</i> Grand Finale, with the winner walking away with \$250,000. <b>9.40</b> NCIS. (M, R) After the body of a US Marine officer is found hidden in the undercarriage of a semi-trailer truck, the NCIS team tracks the vehicle's previous locations to pinpoint the crime scene and suspect. <b>11.30</b> The Project. (R) A look at the day's news. <b>12.30</b> The Late Show With Stephen Colbert. (PG) Hosted by Stephen Colbert. <b>1.30</b> Home Shopping. (R) <b>4.30</b> CBS This Morning. Morning news and talk show.</p>
<p><b>ABC TV PLUS (22)</b> <b>6am</b> Children's Programs. <b>7.15pm</b> Odd Squad. <b>7.30</b> Spicks And Specks. <b>8.30</b> Adam Hills: The Last Leg. <b>9.10</b> Intelligence. <b>9.35</b> Doctor Who. <b>10.20</b> Superwog. <b>10.45</b> Starstruck. <b>11.10</b> Fleabag. <b>11.35</b> The Games. <b>12.05am</b> Would I Lie To You? <b>12.35</b> Live At The Apollo. <b>1.20</b> Unprotected Sets. (Final) <b>2.05</b> 30 Rock. <b>2.25</b> Chandon Pictures. <b>2.55</b> Alan Partridge's Mid-Morning Matters. <b>3.20</b> Late Programs.</p>	<p><b>VICELAND (31)</b> <b>6am</b> WorldWatch. <b>Noon</b> The X-Files. <b>12.50</b> Rex In Rome. <b>3.35</b> WorldWatch. <b>5.05</b> Joy Of Painting. <b>5.35</b> Shortland Street. <b>6.05</b> Forged In Fire. <b>7.00</b> Jeopardy! <b>7.30</b> 8 Out Of 10 Cats Does Countdown. <b>8.30</b> Two Sisters, One Body. <b>9.20</b> Couples Therapy. (Final) <b>9.50</b> FEMEN: Sexremism In Canada. <b>10.20</b> Counter Space. <b>11.20</b> No Man's Land. (Final) <b>12.15am</b> Late Programs.</p>	<p><b>7TWO (72)</b> <b>6am</b> Home Shopping. <b>6.30</b> Room For Improvement. <b>7.00</b> House Calls To The Rescue. <b>8.00</b> Harry's Practice. <b>8.30</b> Million Dollar Minute. <b>9.30</b> NBC Today. <b>Noon</b> House Of Wellness. <b>1.00</b> Million Dollar Minute. <b>2.00</b> My Greek Odyssey. <b>3.00</b> Border Patrol. <b>4.00</b> Australia's Deadliest. <b>4.30</b> M*A*S*H. <b>5.30</b> Escape To The Country. <b>6.30</b> Bargain Hunt. <b>7.30</b> Pie In The Sky. <b>8.30</b> Lewis. <b>10.30</b> Deadly Dates. <b>11.30</b> Late Programs.</p>	<p><b>9GEM (81)</b> <b>6am</b> Morning Programs. <b>1pm</b> Days Of Our Lives. <b>1.55</b> The Young And The Restless. <b>2.50</b> Talking Honey: Princess Diana. <b>3.05</b> Antiques Roadshow. <b>3.35</b> MOVIE: Carry On Regardless. (1961) <b>5.30</b> Bondi Vet: Coast To Coast. <b>6.30</b> Antiques Roadshow. <b>7.30</b> Rugby Union. International Test Series. Game 2. Australia v France. <b>10.00</b> France Test Series Post-Match. <b>10.30</b> Law &amp; Order. <b>11.30</b> Late Programs.</p>	<p><b>BOLD (52)</b> <b>6am</b> Home Shopping. <b>8.00</b> JAG. <b>9.00</b> Diagnosis Murder. <b>10.00</b> Star Trek: Voyager. <b>Noon</b> Star Trek: The Next Generation. <b>2.00</b> Diagnosis Murder. <b>5.00</b> JAG. <b>7.00</b> Bondi Rescue. <b>7.30</b> NCIS. <b>8.30</b> Blue Bloods. <b>10.25</b> NCIS: New Orleans. <b>12.15am</b> Home Shopping. <b>2.15</b> MOVIE: Swelter. (2014, MA15+) <b>4.15</b> SEAL Team. <b>5.05</b> JAG.</p>
<p><b>NITV (34)</b> <b>6am</b> Morning Programs. <b>1.30pm</b> Mparntwe: Sacred Sites. <b>2.00</b> Keep Calm And Decolonize. <b>2.10</b> Red Earth Uncovered. <b>3.00</b> Jarjums. <b>3.55</b> Bino And Fino. <b>4.00</b> Musomag. <b>4.30</b> The Storyteller. <b>5.00</b> Fraggie Rock. <b>6.00</b> Kriol Kitchen. <b>6.30</b> Pacific Island Food Revolution. <b>7.20</b> News. <b>7.30</b> Insight. <b>8.30</b> Jordan Rides The Bus. <b>9.30</b> NITV News Update. <b>9.40</b> Basketball. NBL Finals Series. Game 2. <b>11.40</b> Late Programs.</p>	<p><b>SBS MOVIES (32)</b> <b>6am</b> Amazonia. (2013, No dialogue) <b>7.30</b> CJ7. (2008, PG, Cantonese) <b>9.05</b> The White Balloon. (1995, Farsi) <b>10.40</b> Sabrina, The Teenage Witch. (1996, PG) <b>12.15pm</b> White Tuft, The Little Beaver. (2008) <b>1.40</b> Strings. (2004, PG) <b>3.20</b> Flash Gordon. (1980, PG) <b>5.25</b> Kundun. (1997, PG) <b>7.55</b> Cold War. (2018, M, Polish) <b>9.30</b> Mustang. (2015, M, Turkish) <b>11.20</b> Late Programs.</p>	<p><b>7MATE (73)</b> <b>6am</b> Morning Programs. <b>9.00</b> Swamp People. <b>10.00</b> A Football Life. <b>11.00</b> America's Game. <b>Noon</b> Domsday Preppers. <b>2.00</b> Ice Road Truckers. <b>4.00</b> Al McGlashan's Fish'n With Mates. <b>4.30</b> Pawn Stars. <b>5.00</b> The Mike &amp; Cole Show. <b>5.30</b> Storage Wars. <b>6.00</b> American Pickers. <b>7.00</b> Pawn Stars. <b>7.30</b> Highway Patrol. <b>8.30</b> Outback Truckers. <b>9.30</b> Outback Pilots. <b>11.30</b> Late Programs.</p>	<p><b>9GO! (82)</b> <b>6am</b> Children's Programs. <b>11.00</b> MOVIE: Pokémon: Diancie And The Cocoon Of Destruction. (2014) <b>12.30pm</b> Children's Programs. <b>1.00</b> 3rd Rock. <b>1.30</b> Road Trick. <b>2.00</b> Xtreme. <b>3.00</b> Malcol. <b>3.30</b> The Nanny. <b>4.00</b> 3rd Rock. <b>4.30</b> That '70s Show. <b>5.00</b> Malcol. <b>6.00</b> The Nanny. <b>6.30</b> 3rd Rock. <b>7.00</b> That '70s Show. <b>7.30</b> MOVIE: Dante's Peak. (1997, M) <b>9.40</b> MOVIE: Blown Away. (1994, M) <b>Midnight</b> Late Programs.</p>	<p><b>PEACH (53)</b> <b>6am</b> Seinfeld. <b>7.00</b> Rules Of Engagement. <b>8.00</b> Becker. <b>9.00</b> Sabrina, The Teenage Witch. <b>10.00</b> Frasier. <b>11.00</b> Friends. <b>Noon</b> This Is Us. <b>1.00</b> The Connors. <b>1.30</b> Seinfeld. <b>3.00</b> Rules Of Engagement. <b>4.00</b> Becker. <b>5.00</b> Frasier. <b>6.00</b> Friends. <b>6.30</b> Neighbours. <b>7.00</b> Friends. <b>8.00</b> The Big Bang Theory. <b>9.30</b> Mom. <b>11.35</b> Frasier. <b>Midnight</b> Shopping. <b>1.30</b> Sabrina. <b>2.00</b> Late Programs.</p>

# Wednesday, July 14

<p><b>ABC TV (2)</b>  <b>6.00</b> News Breakfast. <b>9.00</b> ABC News Mornings. <b>10.00</b> Search For Second Earth. (R) <b>11.00</b> The Repair Shop. (R) <b>12.00</b> ABC News At Noon. <b>12.30</b> National Press Club Address. <b>1.35</b> Media Watch. (PG, R) <b>2.05</b> Mystery Road. (Malv, R) <b>3.00</b> ABC News Afternoons. <b>4.00</b> Think Tank. (R) <b>5.00</b> Barrie Cassidy's One Plus One. (R) <b>5.30</b> Hard Quiz. (PG, R)</p>	<p><b>SBS (3)</b>  <b>6.00</b> WorldWatch. <b>7.00</b> Tour De France Morning Update. <b>8.00</b> WorldWatch. <b>11.00</b> Tour De France Preview. (R) <b>12.00</b> Tour De France Update. (R) <b>1.00</b> WorldWatch. <b>2.05</b> French Voyages: Discovery To Australia. (PG) <b>2.55</b> Railway Journeys UK. (R) <b>3.30</b> The Cook Up. (PG) <b>4.00</b> Jeopardy! (PG) <b>4.30</b> Letters And Numbers. (R) <b>5.00</b> Tour De France Preview Show.</p>	<p><b>SEVEN (7)</b>  <b>6.00</b> Sunrise. <b>9.00</b> The Morning Show. (PG) <b>11.30</b> Seven Morning News. <b>12.00</b> <b>MOVIE: Mommy's Little Girl.</b> (2016, Mav, R) <b>2.00</b> Manhunt: Nurse Killer. (Masv, R) <b>3.00</b> The Chase. <b>4.00</b> Seven News At 4. <b>5.00</b> The Chase Australia. (R)</p>	<p><b>NINE (8)</b>  <b>6.00</b> Today. <b>9.00</b> Today Extra. (PG) <b>11.30</b> Morning News. <b>12.00</b> The Ellen DeGeneres Show. (PG, R) <b>1.00</b> Explore. (R) <b>1.10</b> Driving Test. (PGI, R) <b>1.40</b> Beauty And The Geek. (R) <b>3.00</b> Tipping Point. (PG) <b>4.00</b> Afternoon News. <b>4.30</b> Millionaire Hot Seat. <b>5.30</b> WIN News.</p>	<p><b>TEN (5)</b>  <b>6.00</b> The Talk. (PGa) <b>7.00</b> Judge Judy. (PG, R) <b>7.30</b> The Bold And The Beautiful. (PG, R) <b>8.00</b> Studio 10. (PG) <b>12.00</b> Dr Phil. (PGas, R) <b>1.00</b> MasterChef Australia. (Final, R) <b>3.00</b> Judge Judy. (PG) <b>3.30</b> My Market Kitchen. <b>4.00</b> Everyday Gourmet With Justine Schofield. <b>4.30</b> The Bold And The Beautiful. <b>5.00</b> 10 News First.</p>
<p><b>6.00</b> The Drum. <b>7.00</b> ABC News. <b>7.30</b> <b>7.30</b>. Presented by Leigh Sales. <b>8.00</b> Win The Week. Hosted by Alex Lee. <b>8.30</b> Shaun Micallef's MAD AS HELL. Host Shaun Micallef presents a round-up of important news stories of the week. <b>9.00</b> Starstruck. (MIs) Kate receives an invitation to Tom's premiere and forces a reluctant Jessie to tag along. <b>9.25</b> Superwog. (MA15+) Superwog spirals into hypochondria. <b>9.45</b> Adam Hills: The Last Leg. (R) UK-based panel show. <b>10.30</b> ABC Late News. <b>11.00</b> Four Corners. (R) <b>11.50</b> Media Watch. (PG, R) <b>12.05</b> Murder 24/7. (Mal, R) <b>1.05</b> Call The Midwife. (Ma, R) <b>2.05</b> Mum. (PG, R) <b>3.35</b> Rage. (MA15+adhlnsv) <b>4.25</b> The Drum. (R) <b>5.25</b> 7.30. (R)</p>	<p><b>6.00</b> Mastermind Australia. (R) Presented by Jennifer Byrne. <b>6.30</b> SBS World News. <b>7.35</b> Secrets Of The Tower Of London: The Tower At War. (PGa, R) Part 3 of 4. Takes a look at the 950-year history of the iconic Tower of London. <b>8.30</b> Cycling. Tour de France. Stage 17. Muret to Saint-Lary-Soulan Col du Portet. 178.4km mountain stage. From France. <b>1.30</b> Italian Food Safari. (R) <b>2.00</b> Food Safari. (R) <b>2.30</b> Rick Stein's Far Eastern Odyssey. (R) <b>3.40</b> Rick Stein's Long Weekends. (R) <b>4.50</b> Destination Flavour Scandinavia Bitesize. (R) <b>5.00</b> France 24 Feature. <b>5.15</b> NHK World English News. <b>5.30</b> Deutsche Welle English News.</p>	<p><b>6.00</b> Seven Local News. <b>6.30</b> Seven News. <b>7.00</b> Home And Away. (PG) <b>7.30</b> Farmer Wants A Wife. (PGa) The farmers each take a chosen lady on a romantic one on one date. <b>9.00</b> Harry &amp; William: What Went Wrong. (PG) With exclusive input from royal insiders, explores issues relating to the future of the monarchy. <b>10.00</b> 10 Years Younger In 10 Days. (PGa) The team helps Deborah reclaim the glamorous person she once was. <b>11.00</b> The Latest: Seven News. <b>11.30</b> The Front Bar. (M) Takes a lighter look at all things AFL. <b>12.30</b> First Dates Australia. (PGIs, R) <b>2.00</b> Home Shopping. (R) <b>4.00</b> NBC Today. <b>5.00</b> Seven Early News. <b>5.30</b> Sunrise.</p>	<p><b>6.00</b> Nine News. <b>7.00</b> Rugby League. State of Origin. Game 3. Queensland v New South Wales. From Stadium Australia, Sydney. <b>10.10</b> State Of Origin Post-Match. A post-match wrap-up of game three of the State of Origin between Queensland and New South Wales. <b>11.10</b> Nine News Late. Takes a look at the latest news and events from Australia and around the world. <b>11.40</b> The First 48: Fast Friends/The Thin Line. (Mav, R) A young father is murdered in his car. <b>12.35</b> Tipping Point. (PG, R) Hosted by Ben Shephard. <b>1.30</b> TV Shop: Home Shopping. (R) <b>2.30</b> Global Shop. (R) Home shopping. <b>3.00</b> TV Shop: Home Shopping. (R) <b>5.00</b> News Early Edition. <b>5.30</b> Today.</p>	<p><b>6.30</b> The Project. A look at the day's news. <b>7.30</b> The Queen Carries On: Gayle King Special. Celebrities, royal commentators and childhood friends discuss the reign of Her Majesty Queen Elizabeth II. <b>8.30</b> Royals Revealed: Growing Up Royal. (PG) Explores how the pressures of being a royal weighs heavily, and what it means to constantly be in the public eye. <b>9.30</b> Bull. (Ma, R) Bull represents a large insurance company and its clients, married pizzeria owners who are being sued for negligence by a teenager who was injured while climbing their rooftop signage. <b>10.30</b> The Project. (R) A look at the day's news. <b>11.30</b> The Late Show With Stephen Colbert. (PG) Late night talk show. <b>12.30</b> Home Shopping. (R) <b>4.30</b> CBS This Morning.</p>
<p><b>ABC TV PLUS (22)</b> <b>6am</b> Children's Programs. <b>7.15pm</b> Odd Squad. <b>7.30</b> Spicks And Specks. <b>8.00</b> Would I Lie To You? <b>8.30</b> Art Works. <b>9.00</b> And We Danced. <b>10.00</b> Doctor Who. <b>10.45</b> Old People's Home For 4 Year Olds. <b>11.45</b> Back Roads. <b>12.15am</b> Louis Theroux: Law And Disorder In Johannesburg. <b>1.15</b> 30 Rock. <b>1.35</b> Chandon Pictures. <b>2.05</b> Alan Partridge's Mid-Morning Matters. <b>2.30</b> Late Programs.</p>	<p><b>VICELAND (31)</b> <b>6am</b> WorldWatch. <b>Noon</b> The X-Files. <b>12.50</b> Rex In Rome. <b>1.40</b> WorldWatch. <b>2.05</b> Tour De France Preview Show. <b>3.05</b> Tour De France Morning Update. <b>4.05</b> WorldWatch. <b>5.05</b> Joy Of Painting. <b>5.35</b> Shortland Street. <b>6.05</b> Forged In Fire. <b>7.00</b> Jeopardy! <b>7.30</b> 8 Out Of 10 Cats Does Countdown. <b>8.30</b> The Act. <b>9.30</b> <b>MOVIE: The Godfather: Part II.</b> (1974, MA15+) <b>1.05am</b> Late Programs.</p>	<p><b>7TWO (72)</b> <b>6am</b> Morning Programs. <b>8.00</b> Harry's Practice. <b>8.30</b> Million Dollar Minute. <b>9.30</b> NBC Today. <b>Noon</b> House Of Wellness. <b>1.00</b> Million Dollar Minute. <b>2.00</b> SA Weekender. <b>2.30</b> Business Builders. <b>3.00</b> Surf Patrol. <b>3.30</b> To Be Advised. <b>4.30</b> M*A*S*H. <b>5.30</b> Escape To The Country. <b>6.30</b> Bargain Hunt. <b>7.30</b> The Coroner. <b>8.30</b> A Touch Of Frost. <b>10.15</b> Murdoch Mysteries. <b>11.15</b> Late Programs.</p>	<p><b>9GEM (81)</b> <b>6am</b> Morning Programs. <b>11.30</b> My Favorite Martian. <b>Noon</b> World's Greatest Cities. <b>1.00</b> Days Of Our Lives. <b>1.55</b> The Young And The Restless. <b>2.50</b> Talking Honey: Princess Diana. <b>3.05</b> Antiques Roadshow. <b>3.35</b> <b>MOVIE: The Land That Time Forgot.</b> (1974, PG) <b>5.30</b> Bondi Vet: Coast To Coast. <b>6.30</b> Antiques Roadshow. <b>7.30</b> Keeping Up Appearances. <b>8.50</b> Midsomer Murders. <b>10.50</b> Late Programs.</p>	<p><b>BOLD (52)</b> <b>6am</b> Home Shopping. <b>8.00</b> JAG. <b>9.00</b> Diagnosis Murder. <b>10.00</b> Star Trek: Voyager. <b>Noon</b> Star Trek: The Next Generation. <b>2.00</b> Diagnosis Murder. <b>5.00</b> JAG. <b>7.00</b> Bondi Rescue. <b>7.30</b> NCIS. <b>8.30</b> NCIS: Los Angeles. <b>11.15</b> SEAL Team. <b>12.10am</b> Home Shopping. <b>2.10</b> Elementary. <b>3.10</b> Diagnosis Murder. <b>5.00</b> Star Trek: Voyager.</p>
<p><b>NITV (34)</b> <b>6am</b> Morning Programs. <b>1pm</b> Jordan Rides The Bus. <b>2.00</b> Sisters In League. <b>3.00</b> Wapos Bay. <b>3.25</b> Bushwhacked! <b>3.55</b> Bino And Fino. <b>4.00</b> Musomagic. <b>4.30</b> The Storyteller. <b>5.00</b> Fraggles. <b>6.00</b> Pacific Island Food Revolution. <b>6.50</b> News. <b>7.00</b> Over The Black Dot. <b>7.30</b> Wellington Paranormal. <b>8.00</b> Yokai Footy. <b>8.35</b> Marn Grook. <b>9.30</b> NITV News Update. <b>9.40</b> Rugby League. NRL. WA Premiership. <b>11.30</b> Late Programs.</p>	<p><b>SBS MOVIES (32)</b> <b>6am</b> Kundun. (1997, PG) <b>8.30</b> Big Fish. (2003, PG) <b>10.50</b> Storm Boy. (1976, PG) <b>12.30pm</b> Black Narcissus. (1947, PG) <b>2.25</b> Offside. (2006, PG, Farsi) <b>4.05</b> Last Chance Harvey. (2008, PG) <b>5.45</b> Stanley Ka Dabba. (2011, PG, Hindi) <b>7.30</b> The Mystery Of Henri Pick. (2019, French) <b>9.30</b> Strange Colours. (2017, MA15+) <b>11.05</b> Cold War. (2018, M, Polish) <b>12.40am</b> Run Lola Run. (1998, M, German) <b>2.10</b> Late Programs.</p>	<p><b>7MATE (73)</b> <b>6am</b> Morning Programs. <b>9.00</b> Swamp People. <b>10.00</b> A Football Life. <b>11.00</b> America's Game. <b>Noon</b> Doomsday Preppers. <b>2.00</b> Ice Road Truckers. <b>3.00</b> Pawn Stars. <b>3.30</b> Blokesworld. <b>4.00</b> Al McGlashan's Fish'n With Mates. <b>4.30</b> Mega Marine Machines. <b>5.30</b> Storage Wars. <b>6.00</b> American Pickers. <b>7.00</b> Pawn Stars. <b>7.30</b> The Simpsons. <b>9.00</b> American Dad! <b>10.00</b> Family Guy. <b>11.00</b> Late Programs.</p>	<p><b>9GO! (82)</b> <b>6am</b> Children's Programs. <b>11.00</b> <b>MOVIE: Pokémon The Movie: Hoopa And The Clash Of Ages.</b> (2015) <b>12.30pm</b> Children's Programs. <b>1.00</b> 3rd Rock. <b>1.30</b> Road Trick. <b>2.00</b> Xtreme. <b>3.00</b> Malcolm. <b>3.30</b> The Nanny. <b>4.00</b> 3rd Rock. <b>4.30</b> That '70s Show. <b>5.00</b> Malcolm. <b>6.00</b> The Nanny. <b>6.30</b> 3rd Rock. <b>7.00</b> That '70s Show. <b>7.30</b> Paranormal Caught On Camera. <b>8.30</b> <b>MOVIE: Inferno.</b> (2016, M) <b>11.00</b> Late Programs.</p>	<p><b>PEACH (53)</b> <b>6am</b> Broke. <b>7.00</b> Rules Of Engagement. <b>8.00</b> Becker. <b>9.00</b> Sabrina, The Teenage Witch. <b>10.00</b> Frasier. <b>11.00</b> Friends. <b>Noon</b> This Is Us. <b>1.00</b> The Conners. <b>1.30</b> The Middle. <b>3.00</b> Rules Of Engagement. <b>4.00</b> Becker. <b>5.00</b> Frasier. <b>6.00</b> Friends. <b>6.30</b> Neighbours. <b>7.00</b> Friends. <b>8.00</b> The Big Bang Theory. <b>9.20</b> 2 Broke Girls. <b>11.35</b> Rules Of Engagement. <b>Midnight</b> Shopping. <b>1.30</b> Sabrina. <b>2.00</b> Late Programs.</p>



## Do you have an event coming up?

# We want to know!

Send the details to [editorial@todaygladstone.com.au](mailto:editorial@todaygladstone.com.au) and we'll publish it in our weekly Events Calendar.

12503220-JW28-21

# Thursday, July 15

<p><b>ABC TV (2)</b>  <b>6am</b> Morning Programs. <b>10.00</b> Courtney Act's One Plus One. (R) <b>10.30</b> Ms Represented With Annabel Crabb. (PG, R) <b>11.00</b> Secrets Of The Museum. (R) <b>12.00</b> ABC News At Noon. <b>1.00</b> Win The Week. (R) <b>1.30</b> Shaun Micallef's MAD AS HELL. (R) <b>2.00</b> Mystery Road. (Mlv, R) <b>3.00</b> ABC News Afternoons. <b>4.00</b> Think Tank. (R) <b>5.00</b> Barrie Cassidy's One Plus One. (R) <b>5.25</b> Hard Quiz. (PG, R)</p>	<p><b>SBS (3)</b>  <b>6.00</b> WorldWatch. <b>7.00</b> Tour De France Update. <b>8.00</b> WorldWatch. <b>11.00</b> Tour De France Preview. (R) <b>12.00</b> Tour De France Morning Update. (R) <b>1.00</b> WorldWatch. <b>2.00</b> Secrets Of HM Prison: Wormwood Scrubs. (Ma, R) <b>2.55</b> Railway Journeys UK. (R) <b>3.30</b> The Cook Up. (PG) <b>4.00</b> Jeopardy! (PG) <b>4.30</b> Letters And Numbers. (R) <b>5.00</b> Tour De France Preview Show.</p>	<p><b>SEVEN (7)</b>  <b>6.00</b> Sunrise. <b>9.00</b> The Morning Show. (PG) <b>11.30</b> Seven Morning News. <b>12.00</b> <b>MOVIE: A Mother's Nightmare.</b> (2012, Mads, R) <b>2.00</b> Manhunt: Hollywood Murderer. (Mlv, R) <b>3.00</b> The Chase. <b>4.00</b> Seven News At 4. <b>5.00</b> The Chase Australia. (R)</p>	<p><b>NINE (8)</b>  <b>6.00</b> Today. <b>9.00</b> Today Extra. (PG) <b>11.30</b> Morning News. <b>12.00</b> The Ellen DeGeneres Show. (PG, R) <b>1.00</b> Talking Honey: Princess Diana. (PG, R) <b>1.15</b> <b>MOVIE: Undercover Blues.</b> (1993, PGIs, R) Dennis Quaid, Kathleen Turner, Stanley Tucci. <b>3.00</b> Tipping Point. (PG) <b>4.00</b> Afternoon News. <b>4.30</b> Millionaire Hot Seat. (R) <b>5.30</b> WIN News.</p>	<p><b>TEN (5)</b>  <b>6.00</b> The Talk. (PGa) <b>7.00</b> Judge Judy. (PG, R) <b>7.30</b> The Bold And The Beautiful. (PG, R) <b>8.00</b> Studio 10. (PG) <b>12.00</b> Dr Phil. (PGal, R) <b>1.00</b> Jamie &amp; The Nonnas. (R) <b>2.00</b> Entertainment Tonight. <b>2.30</b> Farm To Fork. (PG, R) <b>3.00</b> Judge Judy. (PG) <b>3.30</b> My Market Kitchen. <b>4.00</b> Everyday Gourmet With Justine Schofield. <b>4.30</b> The Bold And The Beautiful. (PG) <b>5.00</b> 10 News First.</p>
<p><b>6.00</b> The Drum. <b>6.55</b> Sammy J. (PG) Presented by Sammy J. <b>7.00</b> ABC News. Takes a look at today's top stories. <b>7.30</b> <b>7.30</b>. Presented by Leigh Sales. <b>8.00</b> Foreign Correspondent. International affairs program. <b>8.30</b> Q+A. Interactive public affairs program featuring a panel of experts and commentators answering questions. <b>9.35</b> Australia Debates. (MIs, R) Moderated by Nikki Britton. <b>10.20</b> ABC Late News. <b>10.55</b> Barrenjoey Road. (Mal, R) <b>11.55</b> <b>MOVIE: In My Blood It Runs.</b> (2019, Ma, R) <b>1.15</b> Line Of Duty. (Mav, R) <b>2.20</b> Rage. (MA15+adhlnsv) <b>4.25</b> The Drum. (R) <b>5.20</b> Sammy J. (PG, R) <b>5.25</b> 7.30. (R)</p>	<p><b>6.00</b> Mastermind Australia. (R) Presented by Jennifer Byrne. <b>6.30</b> SBS World News. <b>7.30</b> Great Asian Railway Journeys: Ho Chi Minh To Hoi An. (R) Hosted by Michael Portillo. <b>8.30</b> The Good Fight. (M) <b>9.30</b> Cycling. Tour de France. Stage 18. Pau to Luz Ardiden. 129.7km mountain stage. From France. <b>1.50</b> Italian Food Safari. (R) <b>2.20</b> Food Safari. (R) <b>2.50</b> Rick Stein's Long Weekends. (R) <b>4.00</b> Cruising With Jane McDonald. (PGas, R) <b>4.50</b> Destination Flavour Scandinavia Bitesize. (R) <b>5.00</b> France 24 Feature. <b>5.15</b> NHK World English News. <b>5.30</b> Deutsche Welle English News.</p>	<p><b>6.00</b> Seven Local News. <b>6.30</b> Seven News. <b>7.00</b> Home And Away. (PG) <b>8.30</b> Conjoined Twins. (PGa) Explores the world of conjoined twins, discovering how families cope with the extraordinary circumstance of being parents to the rarest of babies. <b>10.30</b> The Latest: Seven News. <b>11.00</b> Busted In Bangkok. (Malsv, R) Follows Thailand's tourist police. <b>12.00</b> Black-ish. (PG) The family gets into the holiday spirit. <b>1.30</b> Harry's Practice. (R) Information about pet care. <b>2.00</b> Home Shopping. (R) <b>4.00</b> NBC Today. News and current affairs. <b>5.00</b> Seven Early News. <b>5.30</b> Sunrise.</p>	<p><b>6.00</b> Nine News. <b>7.00</b> A Current Affair. <b>7.30</b> RBT. (PGdl, R) Follows the activities of police units. <b>8.30</b> Paramedics. (PGM, R) A flight paramedic races to help a student who is critically injured in a school sporting accident. <b>9.30</b> To Be Advised. <b>10.30</b> Nine News Late. A look at the latest news and events. <b>11.00</b> Chicago Med. (Mam, R) Will treats his pregnant patient. <b>11.50</b> To Be Advised. <b>12.40</b> Tipping Point. (PG, R) <b>1.30</b> TV Shop: Home Shopping. (R) <b>2.30</b> Global Shop. (R) <b>3.00</b> TV Shop: Home Shopping. (R) <b>5.00</b> News Early Edition. <b>5.30</b> Today.</p>	<p><b>6.30</b> The Project. A look at the day's news. <b>7.30</b> Diana's Decades. (PGadls) Part 2 of 3. Looks at how Princess Diana began the '80s as a shy bride and ended it as the most photographed woman in the world. <b>8.30</b> Law &amp; Order: SVU. (Masv, R) After a detective asks the SVU for help when he suspects his two daughters are being groomed by the influential and predatory owner of a modelling agency for teenage girls, Kat disobeys the captain's orders. <b>10.30</b> Blue Bloods. (Mav) Frank asks Erin to help with policy reform. <b>11.30</b> The Project. (R) A look at the day's news. <b>12.30</b> The Late Show With Stephen Colbert. (PG) Late night talk show. <b>1.30</b> Home Shopping. (R) <b>4.30</b> CBS This Morning.</p>
<p><b>ABC TV PLUS (22)</b> <b>6am</b> Children's Programs. <b>7.15pm</b> Odd Squad. <b>7.30</b> Spicks And Specks. <b>8.30</b> Would I Lie To You? <b>9.00</b> Win The Week. <b>9.30</b> Shaun Micallef's MAD AS HELL. <b>10.00</b> Doctor Who. <b>10.45</b> You Can't Ask That. <b>11.15</b> Australia's Ocean Odyssey. <b>12.15am</b> Intelligence. <b>12.40</b> 30 Rock. <b>1.00</b> Live At The Apollo. <b>1.45</b> Chandon Pictures. <b>2.15</b> Alan Partridge's Mid-Morning Matters. (Final) <b>2.45</b> Late Programs.</p>	<p><b>VICELAND (31)</b> <b>6am</b> WorldWatch. <b>Noon</b> Curse Of Oak Island. <b>1.00</b> Rex In Rome. <b>1.50</b> WorldWatch. <b>2.15</b> Tour De France Preview Show. <b>3.15</b> Tour De France Morning Update. <b>4.15</b> WorldWatch. <b>5.15</b> Joy Of Painting. <b>5.45</b> Shortland Street. <b>6.15</b> Forged In Fire. <b>7.05</b> Jeopardy! <b>7.35</b> 8 Out Of 10 Cats Does Countdown. <b>8.30</b> The Curse Of Oak Island. <b>10.10</b> Dave Gorman: Modern Life Is Goodish. <b>11.10</b> Late Programs.</p>	<p><b>7TWO (72)</b> <b>6am</b> Shopping. <b>6.30</b> Room For Improvement. <b>7.00</b> House Calls To The Rescue. <b>8.00</b> Harry's Practice. <b>8.30</b> Million Dollar Minute. <b>9.30</b> NBC Today. <b>Noon</b> House Of Wellness. <b>1.00</b> Million Dollar Minute. <b>2.00</b> Weekender. <b>2.30</b> Creek To Coast. <b>3.00</b> Sydney Weekender. <b>3.30</b> Surf Patrol. <b>4.30</b> M*A*S*H. <b>5.30</b> Escape To The Country. <b>6.30</b> Bargain Hunt. <b>7.30</b> Father Brown. <b>8.30</b> Inspector Morse. <b>10.50</b> Late Programs.</p>	<p><b>9GEM (81)</b> <b>6am</b> Morning Programs. <b>11.30</b> My Favorite Martian. <b>Noon</b> World's Greatest Cities. <b>1.10</b> Days Of Our Lives. <b>2.05</b> The Young And The Restless. <b>3.00</b> Talking Honey: Princess Diana. <b>3.05</b> Antiques Roadshow. <b>3.35</b> <b>MOVIE: Brighton Rock.</b> (1948, PG) <b>5.30</b> Bondi Vet: Coast To Coast. <b>6.30</b> Antiques Roadshow. <b>7.30</b> <b>MOVIE: True Grit.</b> (1969, PG) <b>10.10</b> <b>MOVIE: The Replacement Killers.</b> (1998, MA15+) <b>Midnight</b> Late Programs.</p>	<p><b>BOLD (52)</b> <b>6am</b> Home Shopping. <b>8.00</b> JAG. <b>9.00</b> Diagnosis Murder. <b>10.00</b> Star Trek: Voyager. <b>Noon</b> Walker, Texas Ranger. <b>1.00</b> NCIS. <b>2.00</b> Diagnosis Murder. <b>5.00</b> JAG. <b>7.00</b> Bondi Rescue. <b>7.30</b> NCIS. <b>8.30</b> Hawaii Five-0. <b>10.30</b> SEAL Team. <b>11.30</b> FBI. <b>12.30am</b> Home Shopping. <b>2.00</b> Walker, Texas Ranger. <b>3.00</b> Elementary. <b>4.00</b> JAG. <b>5.00</b> Star Trek: Voyager.</p>
<p><b>NITV (34)</b> <b>6am</b> Morning Programs. <b>11.30</b> Rugby League. NRL. WA Premiership. Replay. <b>1.20pm</b> Message From Mungo. <b>2.35</b> The Kamilaroi. <b>3.00</b> Wapos Bay. <b>3.25</b> Bushwhacked! <b>3.55</b> Bino And Fino. <b>4.00</b> Musomagic. <b>4.30</b> The Storyteller. <b>5.00</b> Fraggles. <b>6.00</b> Kriol Kitchen. <b>6.30</b> Pacific Island Food Revolution. <b>7.20</b> NITV News Update. <b>7.30</b> Going Places With Ernie Dingo. <b>8.30</b> <b>MOVIE: Inside Man.</b> (2006, MA15+) <b>10.45</b> Late Programs.</p>	<p><b>SBS MOVIES (32)</b> <b>6am</b> Black Narcissus. (1947, PG) <b>7.55</b> Stanley Ka Dabba. (2011, PG, Hindi) <b>9.40</b> Last Chance Harvey. (2008, PG) <b>11.20</b> Offside. (2006, PG, Farsi) <b>1pm</b> Kundun. (1997, PG) <b>3.30</b> The Red Shoes. (1948, PG) <b>5.55</b> Storm Boy. (1976, PG) <b>7.35</b> Mark Felt: The Man Who Brought Down The White House. (2017) <b>9.30</b> Two Days, One Night. (2014, M, French) <b>11.20</b> Late Programs.</p>	<p><b>7MATE (73)</b> <b>6am</b> Morning Programs. <b>7.30</b> Creek To Coast. <b>8.00</b> Storage Wars. <b>8.30</b> Pawn Stars. <b>9.00</b> Mega Marine Machines. <b>10.00</b> A Football Life. <b>11.00</b> America's Game. <b>Noon</b> Boy To Man. <b>1.00</b> Barter Kings. <b>2.00</b> Pawn Stars Australia. <b>3.00</b> Fishing Addiction. <b>4.00</b> Al McGlashan's Fish'n With Mates. <b>4.30</b> Mega Marine Machines. <b>5.30</b> Storage Wars. <b>6.00</b> American Pickers. <b>7.00</b> To Be Advised. <b>10.45</b> Late Programs.</p>	<p><b>9GO! (82)</b> <b>6am</b> Children's Programs. <b>11.00</b> <b>MOVIE: Pokémon: Volcanion And The Mechanical Marvel.</b> (2016) <b>1pm</b> Children's Programs. <b>1.30</b> Road Trick. <b>2.00</b> Xtreme. <b>3.00</b> Malcolm. <b>3.30</b> The Nanny. <b>4.00</b> 3rd Rock From The Sun. <b>4.30</b> That '70s Show. <b>5.00</b> Malcolm. <b>6.00</b> The Nanny. <b>6.30</b> 3rd Rock From The Sun. <b>7.00</b> That '70s Show. <b>7.30</b> America's Top Dog. <b>8.30</b> <b>MOVIE: Den Of Thieves.</b> (2018, MA15+) <b>11.15</b> Late Programs.</p>	<p><b>PEACH (53)</b> <b>6am</b> Frasier. <b>7.00</b> Rules Of Engagement. <b>8.00</b> Becker. <b>9.00</b> Sabrina, The Teenage Witch. <b>10.00</b> Frasier. <b>11.00</b> The Big Bang Theory. <b>Noon</b> This Is Us. <b>1.00</b> The Conners. <b>1.30</b> The Middle. <b>3.00</b> Rules Of Engagement. <b>4.00</b> Becker. <b>5.00</b> Frasier. <b>6.00</b> Friends. <b>6.30</b> Neighbours. <b>7.00</b> Friends. <b>8.00</b> The Big Bang Theory. <b>9.30</b> Seinfeld. <b>11.00</b> The Neighborhood. <b>Midnight</b> Shopping. <b>1.30</b> Late Programs.</p>



# Festival fishes in crowd

By Matthew Pearce

There's nothing fishy about it, Harbour City families had a great time at Sunday's much anticipated Gladstone Fish Market Seafood Festival.

The festival was held at the Gladstone Ports Corporation's Lord Street Parklands as part of the postponed Brisbane to Gladstone Village celebrations.

Speaking on the day, Village Ambassador Paige Van Lunteren said the seafood festival was a big success.

"It's such a great family day out with live entertainment, jumping castles and entertainment for the kids, and of course, fresh seafood," she said.

"It's great that we were still able to have this event even though it was postponed, it's good for stimulating the economy and for Gladstone locals to get out and about.

"The festival coinciding with the school holidays allows us to get as many families here as possible and gives the kids something to do."

Other Brisbane to Gladstone events on the weekend included the Ship & Sail Yachtsman's Long Lunch and the Australia Pacific LNG Line Crossing Party. Turn to Page 36.



Brisbane to Gladstone Village Ambassador Paige Van Lunteren (centre) had a great time at the Gladstone Fish Market Seafood Festival.



# Cattleman's story

This week Gladstone Today continues looking at cattleman Sir Graham McCamley's recollections from his book, *Roads in the Sky*. In our 26th excerpt we enter the new millennium, with life changing for the McCamley family.

At the start of the decade, things were generally looking good.

The Mackenzie came through in November and filled Lake Mary with crystal clear water.

Bullock prices were the best since 1994, averaging out at \$3.36/kg. Staffing of 20, with four casuals, was at an all time high.

Wimmera was sold in October 2000 for \$560,000. It was also the year that Tom Emery, Col McLaughlan and John Keleher took over farming at Royles, after Graham had stripped the wheat and the chickpeas.

And it was the year that a large overseas group made an offer for all the stations and cattle. But Graham said it was never an option to sell.

In 2001, Graham bought his first four-seater R44 helicopter (VH-HEJ), for which he paid out \$718,000.

He reduced his ferrying time between Tartrus and Richmond from five hours to three and a half.

Jim Becker commented that Graham was so mechanically and technologically up to speed with helicopters and aeroplanes, it meant nothing for him to have properties at Richmond. It was as if it were next door.

After working with the blokes at Richmond all day, Graham would take his helicopter a little further, landing in front of the local motel with his chopper blades only a few metres



## ROADS IN THE SKY

SIR GRAHAM MCCAMLEY

from the front door of his room.

Sadly, his brother Jeff never recovered from the cancer he was diagnosed with some years earlier and died on 5 January 2002.

They had been good friends, close brothers, and Jeff's absence would leave a gap in Graham's life, and the lives of those others he had touched.

The Brahman industry too would be poorer for his passing.

The dry cycle hit again that year, with six months without rain at Tartus. But Graham's preparations made a difference - as well as feeding weaner bulls and supplementing the stud cows, 3500 round bales and 900 tonnes of silage were sold to neighbouring properties.

That same year, 2002, Graham bought Kaiuroo at Dingo and Eurolie at Barcaldine, and started building ring tanks at Hopevale for irrigation development.

The next year only 1864 points fell at Tartus.

Richmond was also as dry as a bone and as hot as Hades.

"At Richmond, 28 October was the worst day I can ever remember anywhere, with 48 degrees C and 50 to 60km winds.

"I mustered from daylight to 9am and put

the cows in the yard, but they refused to draft as it was too hot and dusty. It took all day to draft only 500 head at Langdale."

A couple of years into the new millennium, when Tartrus was about to turn 50, Graham and Shirley decided it was time to retire. Graham, on his own, would never have made the move.

"That's when Shirley said that her 'fun years' were back. We were going to take it easy.

"North Curtis Island was well-developed now and Shirley and I would go down there and take some of Russ's or Jen's children with us."

Graham enjoyed seeing the grandchildren on the island.

"North Curtis Island was a great place for the little ones to fish, where they could catch whiting from the beach.

"One afternoon they went fishing and over a period of four hours caught 87 whiting, which I would clean and scale as they were caught.

"I had a measure stick and if they brought a whiting in that measured shorter than the stick mark, it would have to be put back in the sea."

Sir Graham's book *Roads in the Sky*, is available for a generous donation to The Lady McCamley Memorial Foundation from his office at 87 Bolsover Street, Rockhampton or Georges Menswear in William Street, Rockhampton.

The Lady McCamley Memorial Foundation is an ATO registered charity whose focus is on suicide prevention. Receipts are issued for all donations received.

The foundation is run by a diverse board of dedicated volunteers united in a desire to support rural Queensland families.

# Wines adapt for climate

## WINE WITH FOOD TIPS

### WineBill

Starting Wine Conversations



I was lucky enough to receive an invite from Mike Hayes and the Queensland Wine Industry Association (QIWA) to attend the Queensland and Australian International Emerging Variety Wine Challenge 2021 on Friday 23 July.

Receiving an invite that involves wine consultant Mike Hayes is always an eye opener in wine education.

Mike is a very proud Queensland and is spearheading our wine industry. He is a strong believer in climate change and therefore pushing the wine industry to adapt. Personally when the 2017 Australian Winemaker of the Year, lectures, I listen.

"Within the next couple of years, our goal is to confidently recommend varieties that are suited to particular climatic extremes in Queensland and are commercially viable and accepted by consumers," said Mike Hayes, director of Viticulture and Winery Operations at Sirromet Wines.

So slowly but surely the winemakers on the Granite Belt are planting new varieties such as Albarinho, Arinto, Petit Mensang, Chambourcin and Saperavi.

The first vintages were available for tasting and discussion, prepare for a whole new world of interesting wines available in future years.

Baume Fine Wines is owned and operated by Paul and Natalie Manthey. They started the business as a wholesale wine distribution operation but they now offer wines to the public as well. They have a very good range from Europe and Australia but it was their range from South Africa and kindly invited me to taste their latest releases.

When I hear South African wines mentioned, the first two grape varieties that enter my mind are Chenin Blanc and Pinotage. When I tasted the 2019 Alheit Vineyards Cartology Chenin Blanc it had that characteristic natural acid balanced with ripe pears, honey, lime leaf and floral characteristics expected from this white wine retailing at above \$70. The Rossouw, Gouws & Clarke Pinotage was fresh, juicy, and vibrant. A true new wave style of this quite different red wine.

At Diceys Gladstone Friday 9 July from 4pm to 6pm I'm very pleased to be presenting the world's first purple wine! Masstengo, the producers of Purple Reign have harnessed nature's rarest colour and most powerful visible wavelength to create a popular style of wine embellished with mystery and nobility. Sourced from the pristine Margaret River and Great Southern growing regions of Western Australia, this blend of Semillon and Sauvignon Blanc is enhanced with natural antioxidants. So drop in, have a sample and say g'day.



Wine Bill is hosting a tasting of Purple Reign at Diceys in Gladstone from 4pm to 6pm, Friday 9 July.

# Never to late to learn something new

## THIS WEEK WITH JORDIE



Delving into a new world of learning can be daunting but rewarding on so many levels.

Life is about gaining knowledge through experience in order to grow and we all have to start somewhere.

Once we start, learning is like a train in motion and it is not designed to stop. Life is about learning; to live is to learn.

There are many steps and phases to every learning process.

An array of emotions are felt and there are various revelations to be had along the way. It can be intimidating but liberating all in one. It is naturally a very big deal; welcoming new information impacts our perception and the way we interact with the world and people around us.

To fully embrace a learning experience, we must equip ourselves with patience, positivity and persistence. When we are passionate about something, the learning starts to flow naturally and the information starts to sit comfortably in our mind.

It's not just about acknowledging the correct way to do something. Successful learning is also about understanding why each step needs to be done and the value it holds in the grand scheme of things.

I have personally felt the fear tied to learning something new but I am so committed to persevering and inviting fresh knowledge in. This is the part where a gentle confidence and a stronger purpose can begin to blossom. The initial worry and doubt begins to fade and a sense of comfort takes its place as the knowledge begins to take up permanent residency in the mind.

Taking pride is crucial too, if we can't feel or take any kind of pride in the work we do, it is much less likely we will hold ourselves accountable when we slip up or make the best contribution we possibly can.

Learning can make us feel vulnerable and like a deer in headlights but I genuinely believe this keeps us humble. It moves us gen-



We are all worthy of reaching the new heights that come with taking in new knowledge.

tly into a space of growth and sculpts us into people who are ready for success in various forms.

It isn't always easy, there will be challenges along the way and some things will take longer to pick up than others. But don't give up.

We are all worthy of reaching the new

heights that come with taking in new knowledge.

We need to keep an open mind, a positive attitude, take however many notes we feel you need, sit with the information and be team players that support others through their own learning process. Enjoy watching the hard work and new skills pay off. We get out what we put in.

# Gladstone Today

## PROPERTY

realestate  
**view**  
.com.au



# WHAT A FIND!

 **LJ Hooker**

**THIS** three bedroom, split level home is being introduced to the Wandal market for the first time.

In beautiful condition, it has been lovingly cared for by it's owners but it is time for this home to find a new family.

With a large kitchen and new carpet throughout, this original home also has a new roof and front awning. The front and back verandahs are perfect to sit and enjoy

the breeze and shady yard.

Three good sized bedrooms and the bathroom are on the top level.

Heaps of space for cars and storage underneath makes this package very attractive to the family, investor or renovator.

Within walking distance to shops and schools, this is quite a find. Don't let this opportunity pass you by, call today to arrange your inspection. ●



## HOME ESSENTIALS

**Address:** 5 Bevis Street, WANDAL **Description:** 3 bedrooms, 1 bathroom, 2 garage **Price:** \$299,000 **Inspect:** By appointment  
**Contact:** Brit Wheeler, 0407 228 860, LJ HOOKER, ROCKHAMPTON, 4922 2122



### 393 Feez Street Norman Gardens



**For Sale**  
\$269,000

**View**  
By Appointment  
[ljhooker.com.au/3TQHVV](http://ljhooker.com.au/3TQHVV)

**Contact**  
Brit Wheeler 0407 228 860

LJ Hooker Rockhampton 07 4922 2122

Don't miss your chance to snap up a piece of this well known Norman Gardens area. This highset, three bedroom home has already had the renovations started and just needs someone to add the love and finish it. It's elevated position is great for breezes and being in close proximity to schooling and shops make it an ideal choice to add to your "must inspect" list. Going to Auction at 10am on 26 June unless sold beforehand.



### 176 Murray Street Allenstown



**For Sale**  
\$239,000

**View**  
By Appointment  
[ljhooker.com.au/43FHVV](http://ljhooker.com.au/43FHVV)

**Contact**  
Brit Wheeler 0407 228 860

LJ Hooker Rockhampton 07 4922 2122

This two bedroom home has been recently renovated throughout and is in a convenient location.  
\* Fully air conditioned throughout  
\* Two separate living areas  
\* Modern kitchen with plenty of storage space  
\* Front balcony perfect to sit down and relax after a busy day  
\*\*\* Currently tenanted on a Periodic Agreement \*\*\*  
This home will not last long so call today.



### 6 Elwing Street Kawana



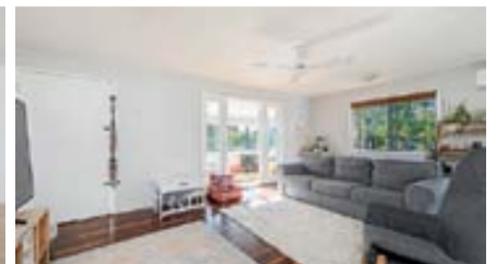
**For Sale**  
\$325,000

**View**  
By Appointment  
[ljhooker.com.au/41QHVV](http://ljhooker.com.au/41QHVV)

**Contact**  
Jade Carr 0439 989 636

LJ Hooker Rockhampton 07 4922 2122

If you are looking for your perfect family home in a quiet neighbourhood than look no further, this is the property for you. Having all the right features and plenty of space in the backyard it will certainly tick all your boxes. Features include:  
\*3 good size bedrooms, all with built-in robes and air-conditioning  
\*Modern kitchen & open plan living and dining area  
\*Large bathroom with shower over the bathtub  
\*Plenty of storage space under the house



### 344 Duthie Avenue Frenchville



**For Sale**  
\$310,000

**View**  
By Appointment  
[ljhooker.com.au/41BHVV](http://ljhooker.com.au/41BHVV)

**Contact**  
Trent Neven 0407 597 303

LJ Hooker Rockhampton 07 4922 2122

Perched high to take in the breeze is where you will find 344 Duthie Avenue. From the moment you lay eyes on this home you will be able to appreciate what it has to offer. The recently repainted exterior is just the start with the home also offering a nice size open plan design which incorporates the lounge, dining, kitchen and front sunroom. It also opens to a cute little side deck. There are three good size bedrooms all offering built in cupboards and serviced by a quality central bathroom and separate toilet.



**78 Painswick Street  
Berserker**



This very large home offers plenty of space for the growing family, first home buyer or even the home renovator. Located in peaceful surroundings this home offers plenty of room underneath the home as well as yard space with side access, that sits on a huge 809m<sup>2</sup> block. Offering spacious bedrooms & a huge dining and kitchen area, there is plenty of room for the whole family. Having an enclosed in front deck you will also have a lovely place to entertain.

**For Sale**  
\$245,000

**View**  
By Appointment  
[ljhooker.com.au/3SEHVW](http://ljhooker.com.au/3SEHVW)

**Contact**  
Jackson Rees 0434 274 467

LJ Hooker Rockhampton 07 4922 2122



**1 Main Street  
Park Avenue**



Looking to Downsize, Buy your First Home or Invest! Look no further! This home is close to Schools, Shops & Transport. Check out the list of features this property has to offer!

- 6m x 7m Shed
- Huge Entertaining Area
- 2 Bedrooms with Built-in Cupboards & a Sleepout
- 652m<sup>2</sup> Allotment
- Air conditioned Open Plan living
- Neat & Tidy Kitchen & Bathroom

**For Sale**  
\$228,500

**View**  
By Appointment  
[ljhooker.com.au/3KEHVW](http://ljhooker.com.au/3KEHVW)

**Contact**  
Jackson Rees 0434 274 467

LJ Hooker Rockhampton 07 4922 2122



**28-36 Bunya Road  
Rockyview**



This home is positioned on a 2.03ha block and is offered to the market for the second time in 41 years.

Upper Level Features:

- \* 3 bedrooms / 2 with built ins
- \* Main with WIR & renovated ensuite
- \* Renovated main bathroom

Lower Level Features:

- \* Large combined living, dining and renovated kitchen with granite bench tops
- \* Second living area with bar

**For Sale**  
\$949,000

**View**  
By Appointment  
[ljhooker.com.au/3QTHVW](http://ljhooker.com.au/3QTHVW)

**Contact**  
Gavin Jenkins 0419 761 300

LJ Hooker Rockhampton 07 4922 2122



**99 High Street  
Berserker**



Spend time with your family and friends in this beautiful family home; you will be amazed at what it has to offer.

- \*Four air-conditioned bedrooms, all with built in wardrobes
- \*Functional kitchen and dining
- \*Large lounge area
- \*Plenty of storage area under with second toilet
- \*Undercover BBQ area
- \*Newly replaced roof

**For Sale**  
\$269,000

**View**  
By Appointment  
[ljhooker.com.au/40PHVW](http://ljhooker.com.au/40PHVW)

**Contact**  
Gavin Jenkins 0419 761 300

LJ Hooker Rockhampton 07 4922 2122



### Fabulous sea view penthouse unit

3 | 2 | 2

- 210m2 sea view unit with 3 brms, 2 bath
- Ducted air-conditioning & high ceilings
- Tiled floors throughout living areas
- Full length front veranda with stacker doors
- Kitchen with stunning timber bench top
- Garage includes a workbench & cupboard
- Communal lap pool, private courtyard
- Short stroll to Farnborough Beach

3/21 Strow Street  
Barlows Hill  
Offers over \$649,000  
considered  
Andrew Dowie  
0429 391 379



### Your Own Qld Piece of Paradise

6 | 3 | 1

- 6 bed, 3 bath 1906-1909 circa Qlder
- Open living/dining w/ classic timber floors
- Modern kitchen w/ stone top & step-in pantry
- Kitchenette & bathroom in downstairs studio area
- Massive 9.7kw solar, high ceilings, full aircon
- Workshop/storage area underneath
- Elevated timber deck & inground pool
- Covered entertaining area, option for BnB

19 Power Street  
Yeppoon  
\$750,000  
Leisa Richardson  
0427 251 008

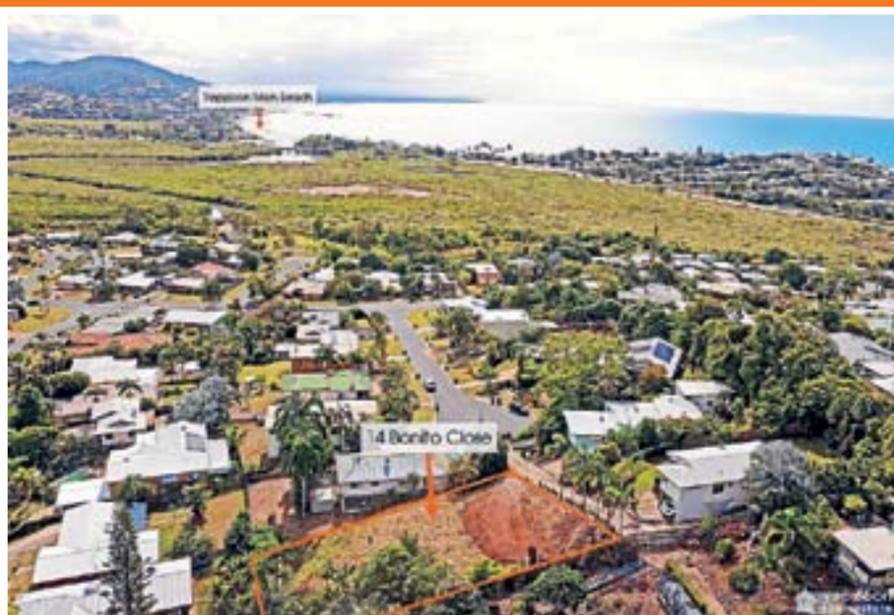


### Open Home Saturday 12:30-1:00pm

2 | 1 | 1

- Short walk to Lammermoor beach, pool & shops
- 2 bedrooms, both with built ins & balcony
- Open plan air conditioned living and dining area
- Sea breeze sunroom with enclosed balcony
- Low body corporate fees of only \$42 per week!
- Single car accommodation
- Lockable storage shed
- Top floor with ocean views!

3/4 Rose Street  
Lammermoor  
Offers over \$299,000  
considered  
Esme & Claudia Coren  
042381 1414  
0438336861



### Opportunity knocking

1 | 1 | 1

- Last vacant allotment
- Established residential area
- Northerly seaviews of Yeppoon & Keppel Bay
- 878m2 block in Taranganba
- Cleared allotment & has been contoured to suit
- Boundaries of 26.4m, 32.9m, 20m and 35m
- Easement Access
- Call Troy today!

14 Bonito Close  
Taranganba  
\$130,000  
Troy Davis  
0400 933 347



## HOME FOCUS



# LIFESTYLE AND ELEVATED PARKSIDE VIEWS

**LOCATED** only minutes' walk to shops, cafe's schools, beaches and a few minutes' drive to Yeppoon's CBD this exceptionally located property is well worth inspecting. If you are looking for a spacious, light and bright apartment do not miss inspecting this one.

**Featuring:**

- Two spacious bedrooms, master with walk-in robe and air-conditioner
- Master bedroom is ensuited, plus a family bathroom
- Big galley style kitchen has lots of storage and room to move
- Open plan living and dining area with air-conditioning

- Built-in study nook, generous patio with a park outlook
- Lockable garage with storage, second parking spot also
- Resort style swimming pool and barbecue areas
- Close to transport, schools, the Capricorn Tavern, Cedar Park shopping centre, Cooee Bay sports complex, local pool and more
- Within walking distance via the park to the beach

The property currently has a long term tenant who looks after the property like her own. This apartment would make a fantastic portfolio top up as well as a great place to live. Phone Lisa Wilson today to book your private inspection 0418 247 020. ●



## HOME ESSENTIALS

**Address:** Unit 15/39-43 Scenic Highway, COOEE BAY **Description:** 2 bedrooms, 2 bathrooms, 1 garage

**Price:** Offers over \$295,000 considered **Inspect:** By appointment **Contact:** Lisa Wilson, 0418 247 020, YEPPOON REAL ESTATE, 4938 3777

# CENTRALLY LOCATED



**THIS** property is perfect for a family or an investor.

The modern kitchen is a great space with plenty of cupboards, a pantry and bench tops all in matching tones.

The lounge is open planned with the kitchen and dining and spacious enough for entertaining.

The hall leads to the three great size bedrooms all with built-in robes, ceiling fans and air-conditioning.

Polished timber floors throughout provide an easy to maintain property. A practical tidy bathroom with shower over full-size bath and a separate laundry with external access complete the home.

There are window furnishings throughout the home to add privacy. With a land area of approximately 708m<sup>2</sup> the yard is of good size, fully fenced with two garden sheds



adjoined for extra storage.

There is a covered single carport to the side with concrete drive entrance.

This property is truly worth an inspection and consideration. Call now to book a time. ●

## HOME ESSENTIALS

**Address:** 36 Wattle Street, BLACKWATER **Price:** \$145,000

**Description:** 3 bedrooms, 3 bathrooms, 3 garage **Inspect:** By appointment

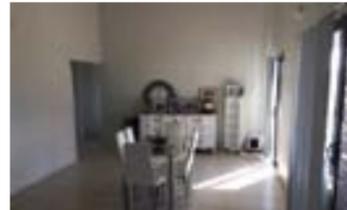
**Contact:** Dee 0428 770 557, REAL ESTATE VISION GROUP

## REAL ESTATE VISION GROUP



**BLACKWATER 07 4982 6055** 14 Mackenzie Street

**EMERALD 07 4987 7055** Shop 2, 2-8 Mayfair Drive



**5 BEDROOMS**

**\$275,000**

11 Cardinal Street, Blackwater  
5 bed 3 bath 2 car



**\$285,000**

103 Bauman Way, Blackwater  
3 bed 2 bath 1 car



**4 BEDROOMS**

**\$299,000**

37 Bauman Way, Blackwater  
4 bed 2 bath 2 car



**4 BEDROOMS**

**\$249,469**

13 Stower Street, Blackwater  
4 bed 1 bath 2 car



**4 BEDROOMS**

**\$259,500**

65 Stower Street, Blackwater  
4 bed 2 bath 2 car



**5 BEDROOMS**

**\$219,500**

7 Stower Street, Blackwater  
5 bed 2 bath 2 car

**Your Family Agency in the Central Highlands**

1250130016-0328-21



Wistari won the Courier Mail Cup at the 73rd Gladstone Port's Corporation's Brisbane to Gladstone Yacht Race.



The Ship and Sail Yachtsman's Long Lunch.

# Yacht race celebrated

By Jackie Dobson

Gladstone Regional Council's Brisbane to Gladstone Village gave yachties and Gladstone Region residents a chance to celebrate the Brisbane to Gladstone Yacht Race and all things nautical on July 3-4.

Gladstone Region Mayor Matt Burnett said the Gladstone-based yacht, Wistari, won the Courier Mail Cup at the 73rd Gladstone Port's Corporation's Brisbane to Gladstone Yacht Race, considered one of Australia's flagship ocean yacht races.

"The Brisbane to Gladstone yacht race is held annually starting on Good Friday. The race sets sail from Moreton Bay and finishes in Gladstone Harbour, covering a distance of approximately 308 nautical miles.

"Due to COVID 19 restrictions, the race went ahead but, unfortunately, Council was forced to reschedule the harbour side events that were set to be held over the 2021 Easter Long Weekend."

The rescheduled event saw event attendees enjoy crowd favourites including the Yachtsman's Long Lunch, Line Crossing Party and Seafood Festival at the Lord Street Parklands.

"It was fantastic to see the event rescheduled after many local events had been cancelled over the last 18 months. Everyone seemed to enjoy visiting the village, family entertainment and live music."



Gladstone Mayor Matt Burnett at the Australia Pacific LNG Line Crossing Party.



Member for Gladstone Glenn Butcher.



Fun at the Ship & Sail Yachtsman's Long Lunch.



Celebrations at the Line Crossing Party.



Attendees at the Long Lunch.

# Gardening

Neil Fisher



## Our beautiful Banksias

Central Queensland has many unusual and unique plants growing naturally.

Last Wednesday I decided to walk part of Pilbeam Drive to Mount Archer and could not help but notice one of Australia's most iconic flowering plants, the Banksia lining the entrance road.

Banksias are members of a genus that range from tall trees to low shrubs and even ground covers. Banksias are amongst the most spectacular flowering plants bearing large cylindrical cones of many brightly coloured flowers. Most Banksias need well drained soil and prefer to grow in sun or dappled shade.

The Banksias growing at the summit of Mount Archer are *Banksia integrifolia*. Or commonly called the Mountain or Coast Banksia is a small to medium sized tree that can grow up to 15m tall.

When in full bloom it is hard not to notice the aroma of the nectar rich yellow flowers. The foliage of this plant can also provide a feature being dark green with a silvery white reverse.

The *Banksia integrifolia* is not the only Banksia that can be found in Central Queensland. From the Byfield area is the Banksia robor or Swamp Banksia and at the moment showy Jade Green flowers will be forming on this plant.

As the flower ages there colour progresses through bottle green, yellow to finally bronzy brown. Banksia robor is an open shrub with huge leathery leaves growing to 2m high and can almost be the same across.

The most unusual or interesting Banksia I have ever found growing in this region is a *Banksia serrata* growing in a Mount Morgan garden. *Banksia serrata* should grow to around 5m high with large yellow flowers that are the same size as a 2lt Coke bottle. The flowers can be used in dried arrangements. *Banksia serrata* has attractive lime green foliage with saw tooth edges.

If you were to read any of the plant book on Banksias it would suggest that this plant should not be growing where it has been planted, yet this *Banksia serrata* is one of the healthiest I have seen.

In the last few years a groundcover variety *Banksia integrifolia* has become available to home gardeners. This ground covering Banksia has become popular with Capricorn Coast gardeners in the east to Gracemere gardeners in the west. The *Banksia integrifolia* prostrate or Creeping White Honeysuckle is a very hardy cascading groundcover for exposed positions with average to well drained soils. This plant will grow to around half a metre high and up to 2m across. Bird attracting large yellow brushes will appear throughout the year.

The hardest of all the Banksias that you can



Banksia Giant Candles at Mount Archer.



Banksia integrifolia.

grow in Rockhampton gardens would have to be the *Banksia oblongifolia*. This low shrub of around 1.5m high is a native of the Blackdown Tablelands. Numerous yellow candle-like flowers appear in autumn and the added bonus of furry bronze new growth throughout the year.

Of all the hybrid Banksias sold in nurseries the Banksia Giant Candles would have to be produce the best floral display. This hybrid Banksia is in full bloom in some of the gardens at the summit of Mount Archer.

*Banksia Giant Candles* is a fast growing large shrub 4 - 5m x 2m with fine light green leaves with very large 40 - 50cm x 10cm bright orange upright brushes in autumn. It likes a sunny, moist position and attracts honeyeaters. The flowers of the Banksia Giant Candles will also make excellent cut flower displays.

The Banksia family is accustomed to impoverished soils in nature and will not tolerate fertilisers high in phosphorus. Most Banksias need well drained soil and prefer to grow in sun or dappled shade.

A visit to Mount Archer is well worth the trip it has to be one of the most picturesque locations in the whole of Central Queensland. Then at the same time you can also admire the flowering Banksias.



Banksia robor.



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MULTI-PROCESS 4-IN-1 WELDER	FLOOR DRILL PRESS	BOX & ROLLER CABINET TOOLKIT	TELESCOPIC FORKLIFT JIB CRANE	CAR DOLLY SET
<ul style="list-style-type: none"> <li>- Mig duty cycle- 10% @ 200A</li> <li>- Tig duty cycle- 20% @ 200A</li> <li>- Stick duty cycle- 10% @ 200A</li> </ul> Includes: Powercraft 200m power source, mig torch, tig torch, twistlock electrode holder, gas hose, regulator /flowmeter, 3m lead, drive roller. <div style="text-align: right; border: 2px solid red; border-radius: 50%; padding: 5px; width: fit-content; margin: 10px auto;"> <b>K69074-1</b>  <b>\$1995</b> </div> 	Max drilling dia.: 32mm Motor power: 1500 watts Chuck capacity: 5-20mm Spindle travel: 120mm. Speed: 12 Table size: 420 x 480mm. Base size: 575 x 425mm. Column dia.: 92mm. Height: 1710mm. <div style="text-align: right; border: 2px solid red; border-radius: 50%; padding: 5px; width: fit-content; margin: 10px auto;"> <b>DPRED034</b>  <b>\$1099</b> </div> 	Top box - 7 drawers. Roller cabinet - 11 drawers. Includes: 45pc 1/4" & 3/8" dr metric/AF socket set. 43pc 1/2" dr socket set. Adj. wrenches. 12pc ring spanner set. 12pc open end spanner set. 24pc comb. spanner set. 9pc comb. spanner set. + More!! <div style="text-align: right; border: 2px solid red; border-radius: 50%; padding: 5px; width: fit-content; margin: 10px auto;"> <b>ATK322</b>  <b>\$2999</b> </div> 	 <div style="text-align: right; border: 2px solid red; border-radius: 50%; padding: 5px; width: fit-content; margin: 10px auto;"> <b>FMJ2.5</b>  <b>\$899</b> </div> <p style="text-align: center;"><b>WEL-BILT</b></p> 4 lifting positions. Slimline construction. Lifting hook included. Secured to forklift by chain. Safe working load limit: 2500kg. Weight: 100kgs. Fork pocket size: 185 x 65mm. Fork pocket centre: 275mm.	Clamp directly to pinch welds. Eliminate the need to adjust dolly width for different vehicle designs. 5" polypropylene castors. Capacity: 816 kg/ unit. Lowered height: 9" Raised height: 14" Can be used with or without tyres on vehicle. <div style="text-align: right; border: 2px solid red; border-radius: 50%; padding: 5px; width: fit-content; margin: 10px auto;"> <b>1572</b>  <b>\$349</b> </div> 

# Rural Matters

## Decreased yarding at CQLX sale

CQLX Gracemere agents had a decreased yarding of 2203 head on Wednesday 30 June, comprising 1032 steers, 825 heifers, 256 cows and 90 bulls.

Cattle came from the normal draw area, Bowen to the north and south to Eidsvold. Quality was again generally good with just a few pens of plain types on offer.

Although still short one major processor and two smaller operators, processor values continued to improve. There was improvement in most classes throughout the sale.

### HIGHLIGHTS OF THE DAY

F Cranston, Morinish Sold Droughtmaster Steers to 428c/kg weighing 477kg to return \$2042/hd

Hillcrest Pastoral, Middlemount Sold Brahman Cross Steers for 396c/kg weighing 550kg to return \$2181/hd

Beeblee Pastoral, Nebo Sold No.9 Brangus steers for 424c/kg weighing 498kg to return \$2112/hd

B Franks, Calliope Sold Simental Cross Heifers for 424c/kg weighing 394kg to return \$1672/hd

Ashlyn Hoare, Bluff Sold Charbray Heifers for 420c/kg weighing 431kg to return \$1813/hd

Olive Brahmans, Marlborough Sold Grey Brahman No.1 Heifers for 466c/kg weighing 241kg to return \$1127/unit

Cedar Creek, Gogango Sold Droughtmaster Cross Cows and Calves to return \$2600/unit

Tracey Watts, Lornville Bowen Sold Brahman Cows for 298c/kg weighing 672kg for a return of \$2,004/hd

Tracey Watts, Lornville Bowen Sold Brahman PTIC cows for \$2,450/hd



## Queensland grains looking up

### AGFORCE GRAINS

BRENDAN TAYLOR



The past 12 months have presented challenges many of us never thought we would face.

For grains farmers who have found themselves beneath an unseasonably wet start to winter, things have started looking up.

Many are saying it's the winter crop with the most potential they've had in years.

While prices, particularly for sorghum sent to China, are heading north.

Speaking of the north, I keep hearing how we have to better "harness its potential".

It's true that, despite a few trailblazers who have essentially 'gone it alone', dozens of cost-benefit analyses, and countless studies into the agronomic potential and management required to grow crops, we have barely scratched beneath the surface of what north Queensland has to offer the grains industry and broad scale farming.

But AgForce and the Grains Board are determined to move beyond the rhetoric and take real steps to establish a socially, environmentally, and economically beneficial path for landholders and regional communities, and, therefore, all of Queensland.

It's why we're heading up to Weipa, on to Georgetown via Laura, and then to the Burdekin, to the Four Ways, via Hughenden.

It isn't all about shaking hands and kicking tyres and soil (as fun as those activities might be!).

We want to speak to the people who call these places home so that we can learn, first-hand, what it is they believe is holding our businesses, our communities, and our State back.

Then, armed with their wisdom, we can hopefully convince others to help us take the necessary next steps to break through this seemingly insurmountable final frontier.

Before we embark on this important trip, however, there's the significant matter of letting our hair down and celebrating all things grain at AgForce's Grains Gala Dinner.

This night of nights, in Dalby on 23 July, brings together producers and industry stakeholders from throughout Queensland.

With a Middle Eastern inspired dinner, premium, locally grown produce, and three lucky door prizes that include overnight accommodation for two and free breakfast, you can't afford to miss out!

Find out more and book your tickets while they're still available at [agforce-grains-gala.eventbrite.com.au](http://agforce-grains-gala.eventbrite.com.au).

## Tasty produce for the school holidays

### Brisbane Market's Produce Report

Many of us are turning to the kitchen as restrictions cloud over school holidays and why not, as cooking is a fantastic way to entertain kids at home and pass on some essential life skills. The great news is that the Brisbane Produce Market is filled with lots of local fresh fruit and vegetables for you to choose from.

Keep the little hands busy by giving them a child-safe knife to cut some fruit up for a healthy fruit salad. Your options are well-supplied including topless pineapples from the Sunshine Coast, Queensland rockmelons, pawpaw, apples and new-season seedless watermelons from North Queensland.

If you're into savoury breakfasts, then make the most of avocados as they continue to enjoy a bumper season, they're also a healthy substitute for mayo. Remember to cut the avocado just before using it to avoid discolouring and drizzle olive oil or lemon juice on the remaining part.

Sweet-tasting local strawberries are slowly gaining momentum and raspberries are in good supply. Meanwhile, blueberries are a little pricier as they are scarce at the moment.

Take advantage of the great quality, vitamin-rich citrus fruits which are in plentiful supply this season. We have mandarins, South

Australian oranges, lemons, and grapefruit in abundance.

As mandarins are popular among kids, try them dipped in some salted chocolate, it's an easy, quick dessert that will require little supervision.

Joining the citrus family this week is the tangelo from Mundubbera, a hybrid of a mandarin and grapefruit. Tangelos are tangy but sweet and easy to peel with few seeds. Similar to oranges, tangelos are great additions in cakes, salads and marinades. You can also juice them with the help of your little one for a refreshing beverage.

Banana prices are easing, while passion fruit and limes are still short.

Now to vegetables, we have a wide selection of top-quality and well-priced veggies available to choose from this week. Broccoli, cauliflower, snow peas, onions and potatoes are going gangbusters. If your kids are still learning to like vegetables, get them involved in making broccoli and cauliflower nuggets. First blend the veggies in a food processor, transfer them to a bowl and add egg, breadcrumbs, cheese and seasonings. Spray a muffin pan with olive oil and let your kids portion into the pan, then simply bake until lightly brown, and enjoy!

Capsicums, sweet potatoes and pumpkins are also in abundance from Bundaberg. Capsicums can be stir-fried, stewed, stuffed, roasted, barbecued or eaten raw and pumpkins and sweet potatoes make delicious soups.

Zucchini's are also increasing in supply from Bundaberg and the humble carrot is widely available from the Granite Belt and Western Australia. Other great value buys this week include Brussels sprouts, butternut, celery, beetroot and leeks. Expect to pay more for Lebanese cucumbers, mushrooms, corn and eggplants due to short supply.

Also in good supply is cabbage from Redland Bay, add shredded cabbage to chunky-style vegetable soup or pan-fry with noodles and add bacon for a tasty dish.

This week's hero is the juicy pear, currently streaming in from Stanthorpe and Victoria. While biting into a crisp, juicy pear is an ultimate delight, they taste equally delicious poached for dessert, or in salads. Select firm, clean pears that are free from cuts. Pears should yield to gentle pressure around the stem and body when ripe. If you like a crunchy pear, then eat it straight away but if you enjoy a soft pear, then leave it for a day or two on the bench until the texture changes.



This week's fruit of the week is the humble pear.

Picture: BRISBANE MARKETS

# WEATHER

## FORECAST

### Warnings

See [www.bom.gov.au/australia/warnings](http://www.bom.gov.au/australia/warnings)

### Gladstone:

Partly cloudy. Slight (20%) chance of a shower. Winds southeasterly 15 to 20 km/h tending easterly in the middle of the day then becoming light in the evening.

Friday. Possible shower.

### Rockhampton:

Partly cloudy. Slight (20%) chance of a shower. Light winds becoming easterly 15 to 20 km/h in the middle of the day then becoming light in the late afternoon.

Friday. Possible shower.

### Capricornia:

Partly cloudy. Winds east to southeasterly 15 to 20 km/h tending east to northeasterly in the middle of the day then becoming light in the late afternoon.

Friday. Partly cloudy. Medium (50%) chance of showers in the south, slight (30%) chance elsewhere. Light winds becoming north to northwesterly 15 to 20 km/h during the day then becoming light during the afternoon.

### Central Highlands and Coalfields:

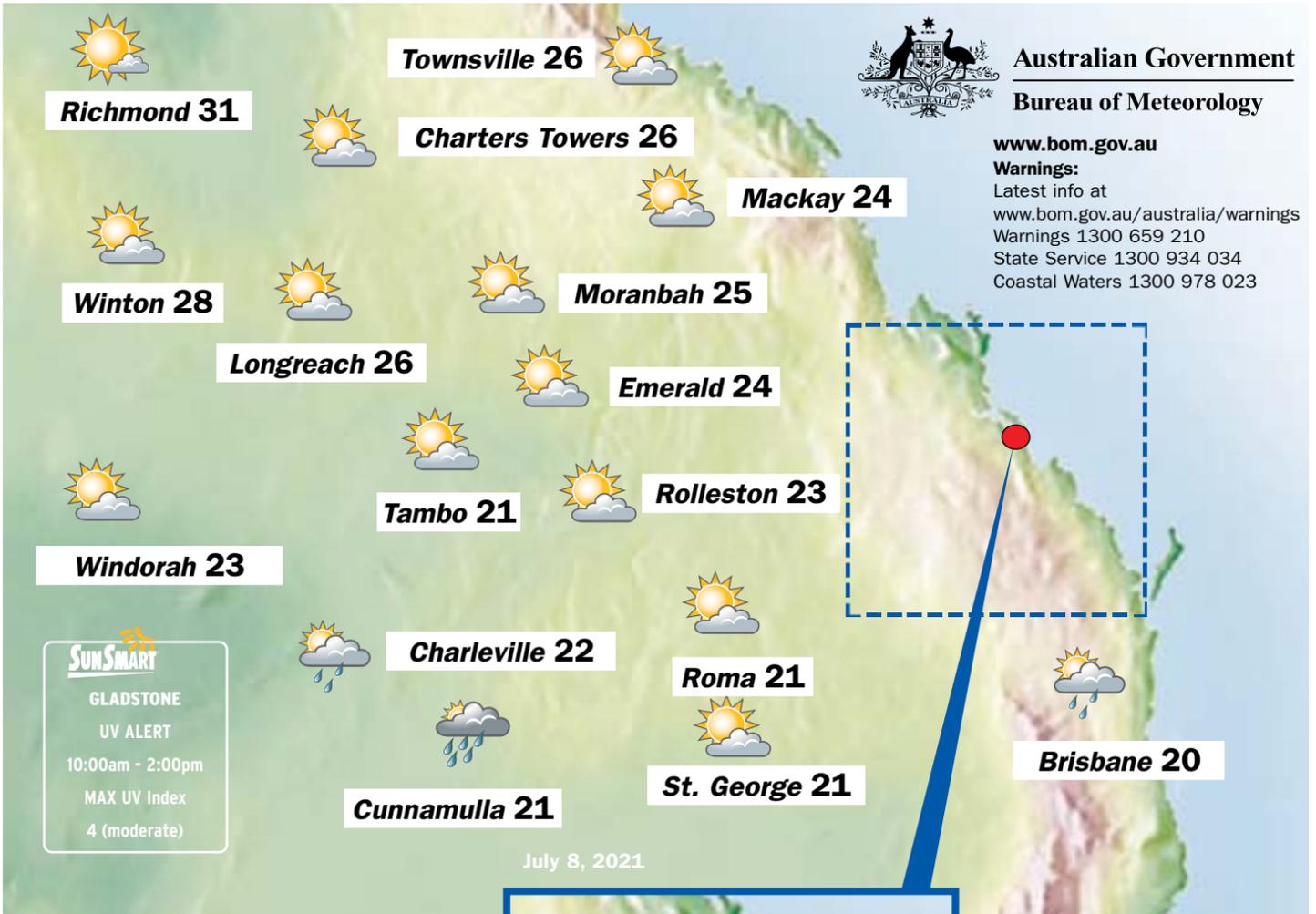
Partly cloudy. Slight (20%) chance of a shower about the Carnarvon Ranges at night. Winds easterly 15 to 20 km/h turning northeasterly 15 to 25 km/h in the late morning.

### Queensland:

A high moving into the Tasman Sea will maintain a ridge over the east of the state, while a trough and upper trough will move across the west. A slight to medium chance of showers about the east coast, increasing to a high to very high chance about the North Tropical Coast. A slight to medium chance of showers along and east of the trough in the Central West, increasing to a medium to high chance and tending to patchy rain in the evening about the southern interior. Mostly sunny elsewhere. Temperatures near or above average.

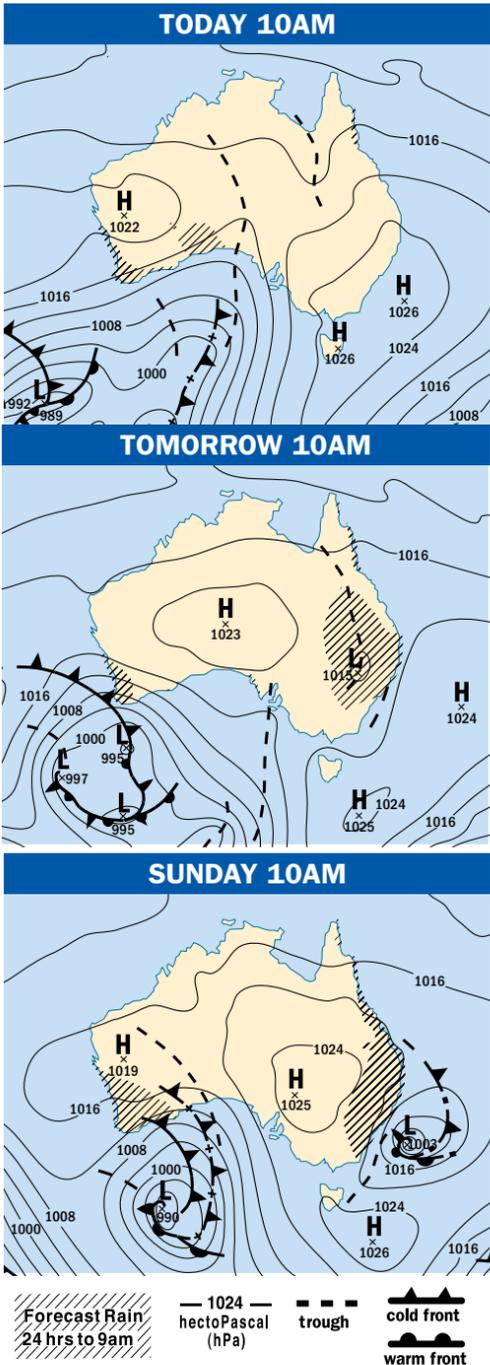
Friday. A trough and upper trough over the southern inland will move quickly eastward and clear the southeast coast late evening. A new ridge will build from the west in the wake of the trough. A slight to medium chance of showers in eastern and southern districts, increasing to a high chance about the North Tropical Coast. A high to very high chance of patchy rain tending to showers in southeastern districts, clearing from the west through the day. The chance of a storm about the southern inland near the New South Wales border. Mostly sunny in the west. Temperatures near or above average.

## GLADSTONE FORECAST



**Australian Government**  
**Bureau of Meteorology**

[www.bom.gov.au](http://www.bom.gov.au)  
**Warnings:**  
Latest info at  
[www.bom.gov.au/australia/warnings](http://www.bom.gov.au/australia/warnings)  
Warnings 1300 659 210  
State Service 1300 934 034  
Coastal Waters 1300 978 023



### COASTAL WATERS

#### St. Lawrence to Burnett Heads:

Winds: East to southeasterly 15 to 20 knots. Seas: 1 to 1.5 metres. Swell: Easterly below 1 metre inshore, increasing to 1 to 1.5 metres offshore. Weather: Partly cloudy.

Friday. Winds: Northeasterly 10 to 15 knots turning northwesterly during the afternoon. Seas: Around 1 metre, increasing to 1 to 1.5 metres offshore south of Agnes Water. Swell: Easterly below 1 metre inshore, increasing to 1 to 1.5 metres offshore.

#### Bowen to St. Lawrence:

Winds: Easterly 15 to 20 knots. Seas: 1 to 1.5 metres, decreasing to 1 metre during the afternoon. Swell: East to northeasterly around 1 metre offshore. Weather: Partly cloudy.

Friday. Winds: Easterly 10 to 15 knots tending northeasterly during the morning then becoming variable below 10 knots during the day. Seas: Below 1 metre. Swell: East to northeasterly around 1 metre offshore.

#### Harvey Bay:

Winds: Southeasterly 10 to 15 knots turning easterly in the late morning. Seas: Around 1 metre. Swell: Northeasterly below 1 metre. Weather: Partly cloudy.

Friday. Winds: Northeasterly 10 to 15 knots turning northwesterly below 10 knots during the afternoon. Seas: Around 1 metre. Swell: North to northeasterly below 1 metre.

#### Fraser Island Coast:

Winds: Southeasterly 15 to 20 knots turning easterly 15 to 20 knots during the day. Seas: Around 1 metre, increasing to 1 to 1.5 metres offshore. Swell: Easterly around 1 metre inshore, increasing to 1 to 1.5 metres offshore. Weather: Partly cloudy.

Friday. Winds: Northeasterly 15 to 20 knots turning northwesterly during the afternoon. Seas: 1 to 1.5 metres. Swell: Easterly around 1 metre.

### CAPITAL CITIES

City	Condition	Max
Adelaide	Partly cloudy.	15
Brisbane	Showers.	21
Canberra	Cloudy.	12
Darwin	Mostly sunny.	32
Hobart	Partly cloudy.	11
Melbourne	Partly cloudy.	14
Perth	Showers.	18
Sydney	Rain.	15

### SUNRISE SUNSET

Today:	Sunrise 6:39 am	Sunset 5:08 pm
	Moonrise 4:57 am	Moonset 3:28 pm
Tomorrow:	Sunrise 6:38 am	Sunset 5:08 pm
	Moonrise 5:51 am	Moonset 4:17 pm

### Rockhampton 24

Gladstone 22

Biloela 23

Bundaberg 22

Harvey Bay 22

Gayndah 22

### TIDES

#### Gladstone

Today:	Time	Height
Low	2:16 am	1.14 m
High	8:17 am	3.21 m
Low	1:58 pm	0.95 m
High	8:33 pm	4.08 m
Tomorrow:		
Low	2:53 am	1.05 m
High	8:54 am	3.22 m
Low	2:34 pm	0.90 m
High	9:08 pm	4.13 m
Saturday:		
Low	3:29 am	0.99 m
High	9:29 am	3.22 m
Low	3:10 pm	0.88 m
High	9:43 pm	4.15 m
Sunday:		
Low	4:05 am	0.95 m
High	10:02 am	3.23 m
Low	3:47 pm	0.88 m
High	10:18 pm	4.15 m
Monday:		
Low	4:43 am	0.93 m
High	10:37 am	3.24 m
Low	4:25 pm	0.91 m
High	10:55 pm	4.12 m

#### Clews Point

Today:	Time	Height
Low	1:34 am	0.85 m
High	7:27 am	2.23 m
Low	1:22 pm	0.59 m
High	7:46 pm	2.99 m
Tomorrow:		
Low	2:11 am	0.75 m
High	8:04 am	2.22 m
Low	1:56 pm	0.53 m
High	8:22 pm	3.04 m
Saturday:		
Low	2:45 am	0.66 m
High	8:40 am	2.22 m
Low	2:30 pm	0.48 m
High	8:58 pm	3.07 m
Sunday:		
Low	3:22 am	0.60 m
High	9:15 am	2.23 m
Low	3:05 pm	0.46 m
High	9:34 pm	3.08 m
Monday:		
Low	4:00 am	0.57 m
High	9:52 am	2.23 m
Low	3:42 pm	0.49 m
High	10:13 pm	3.07 m

### THE WORLD

World conditions today

City	Weather	Max	Min
Athens	fine	34	25
Bangkok	storms	36	28
Beijing	cloudy	33	23
Berlin	cloudy	25	16
Christchurch	showers	10	-3
Denpasar	rain	30	23
Dublin	drizzle	19	15
Hong Kong	showers	32	28
Honolulu	showers	30	23
Jakarta	fine	33	26
Johannesburg	fine	17	4
Kuala Lumpur	storms	34	25
London	cloudy	23	15
Los Angeles	fog	30	18
Madrid	sunny	29	15
Moscow	fine	27	14
New Delhi	storms	39	29
New York	storms	31	23
Paris	storms	22	14
Rome	cloudy	34	22
Seoul	cloudy	30	23
Singapore	storms	33	24
Suva	showers	28	20
Tel Aviv	fine	30	23
Tokyo	rain	29	23
Vancouver	sunny	23	16
Wellington	fine	11	6



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12503600-CG28-21

## General Notices

Public Notices and Event

### Notification of proposal to upgrade nbn™ Radio Network Base Station Facility

As part of the fixed radio (wireless) component of the Network, nbn is proposing to expand the existing radio network base station at the following location:

• 265 Fairy Bower Road, Gracemere QLD 4702

The proposed works on site will involve the upgrade of existing technology upon the facility including and not limited to the replacement of antennas and installation of associated ancillary equipment to enhance transmitting technology.

nbn regards the proposed installation as a Low Impact Facility under the Telecommunications (Low-Impact Facilities) Determination 2018. In these circumstances, it does not require planning approval from Council.

Further information on this specific proposal can be obtained by calling Ayda Insel on 1300 260 834.

Written submissions can be sent to PO Box 430, Toowong QLD 4066 or via email to submissions@bmmgroup.com.au

The closing date for submissions is 23 July 2021

For general info on the nbn, email info@nbn.com.au, or visit our website at www.nbnco.com.au.



12503369-CG28-21

### BANANA SHIRE COUNCIL September Ordinary Meeting Date Change

Banana Shire Council's Ordinary Monthly Meeting scheduled for 22 September has been changed and will now be held on **Wednesday, 29 September 2021.**

The meeting will commence at 9.00 am at the Council Chambers, 62 Valentine Plains Road, Biloela.

The meeting is open to the public.

Thomas Upton  
CHIEF EXECUTIVE OFFICER



12502983-CG28-21

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Adult Services

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Legal Notices

Creditors of the Estate of the Gavin William Vea Vea late of 9 Eden Street South Gladstone are required to send particulars of any claims they have against the Estate to the Executors, care of Chris Trevor & Associates, PO Box 1329 Gladstone, Qld 4680 within 42 days of the date of publication of this notice after which the Executors may distribute the estate having regards to the claims of which they are aware of at the time

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12503589-AV28-21

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12454729-SG29-20

**Deaths**

**GRIEVES, Maree**

Of Kerrigan Street, Frenchville  
Passed away peacefully  
Wednesday 23rd June 2021  
Aged 59 years.

Dearly loved Wife and Soul Mate to John.  
Cherished Sister and Sister-in-law to Ann,  
Robert and Sheryl, Glen and Lorette.  
Adored Aunt to her family.

A Service was held for Maree on Wednesday  
30th June 2021 at the East Chapel  
Rockhampton Crematorium.



FINLAYSON & McKENZIE (AFDA)  
56 William Street, Rockhampton  
Phone 4922 1269

125030408-HC28-21

**GRICE, Blair Richard "Gricey"**

Of Rockhampton Qld passed away on  
Sunday 27th June 2021  
Aged 49 years.

Adored Son to Val and George (Dec)  
Loving Husband of Angela (Dec).  
Cherished Father of Milla, Harper and Luca.  
A Loving Father figure to Maddison.  
Much loved Brother and Brother-in-law to  
Sharon and Denis, Anthony and Sandra,  
Mark and Anita. Much loved Uncle of  
Bastian, Sidney, Ava, Hamish and Ellie.  
Adored Son-in-law, Brother-in-law of the  
Burke Families.

Family and friends of GRICEY are warmly  
invited to attend a celebration of his life to  
be held at the Baptist Tabernacle,  
650 Norman Road, North Rockhampton on  
Thursday 15th July 2021 commencing  
at 10.30am.



FINLAYSON & McKENZIE (AFDA)  
56 William Street, Rockhampton  
Phone 4922 1269

125030300-NG28-21

**Funeral Services**

**SPILLMAN, George Joseph "Podge"**

Formerly of Edington Street, North Rockhampton  
Late of Benevolent Living  
Passed away peacefully on  
Thursday 1st July 2021  
Aged 99 years

Devoted and Dearly Loved Husband of Gloria (dec'd)  
Adored and Cherished Father and Father-in-law of  
Janette and Lyle Vycke and Gail Baker.

Cherished Darbo of Marcus, George, Adam, Charles,  
James, Great-grandfather and  
great-great-grandfather of their families.

A Service to celebrate the life of George was held in  
Rockhampton on Wednesday 7th July 2021.



12503447-JW28-21

**Funeral Services**

**WALL, Glenda Joyce**

Late of Eventide,  
Formerly of Luck Avenue Wandal.  
Passed away peacefully on Friday 2nd July 2021.  
Aged 82 years

Beloved Wife of Sidney Wall (dec'd) and life partner  
of 37 years to Adrian Van der Peet.

Loved Mother, Mother-in-law and Stepmother of  
Joyce, Peter (dec'd), Rodney, Catherine, Gerard,  
Patrick, Nick and Ben.

Grandmother and Great-grandmother of their  
families.

A Service was held for Gloria in Rockhampton on  
Wednesday 7th July 2021.



12503443-SG28-21

**Funeral Services**

**HITCHCOCK, Colin**

Of Kent Street Rockhampton  
passed away peacefully  
Surrounded by his loving family on  
Sunday 27th June 2021  
Aged 89 years.

Much loved Husband of Patricia.

Much loved Father and Father-in-law  
to Gavin and Alrun, Jason and Simone.  
Loved Grandad to Isabella, Alexander,  
Tiana, Shari, Louisa.

Loved Brother to Brian (dec), Ray (dec),  
Veronica (dec), and Brother-in-law to  
Aileen Hitchcock and all the Burke Families.  
Collin was privately Cremated on  
Monday 5th July 2021.



FINLAYSON & McKENZIE (AFDA)  
56 William Street, Rockhampton  
Phone 4922 1269

125033983-DL28-21

**Funeral Services**

**WAIN, Mary Catherine**

Of Robinson Street, Frenchville  
Passed away peacefully at  
Palliative Care Rockhampton Base Hospital  
on Monday 5th July 2021.  
Aged 86 Years.

Dearly Loved Wife of Leonard Alexander Wain (dec'd).

Cherished Mother and Mother-in-law to Frank  
and Dianne Sciacca, Kyle and Janet Smyth  
and Cheryl Swain.

Loving Grandma and Great Grandma to  
Ryan, Samantha and Benjamin Randall;  
Marc and Alex Woodward;  
Alana Sciacca and Jake Siltanen;  
Chris, Steffanie and Olivia Avis;  
Sarah Smyth and Brandon Taylor and Matthew Swain.

Loved Daughter of Quirinus and Catherine Bleys.

Loved Sister and Sister-in-law to  
Frank and Jean Bleys (both dec'd), Cecil and  
Beryl Bleys (both dec'd),  
Andrew and Joyce Smith, Laurence and  
Betty Schmidt (both dec'd).

Relatives, Family and Friends are respectfully invited to  
attend a Funeral Service for Mary to be held at  
the Memorial Gardens Chapel, Nerimbera

NEXT Monday 12th July 2021 commencing at 10am  
committal to follow at the cemetery.



HARTS FAMILY FUNERALS  
247 Ford Street, North Rockhampton 4701  
Phone All Hours: 07 4926 9885



125038614-WV28-21

**Funeral Services**

**MAGEE, Robert Ernest**

Late of North Rockhampton.  
Passed away peacefully on  
Friday 2nd July 2021.  
Aged 95 years.

Loved Husband of Stella Rebecca Magee (dec'd)  
Much Loved Father of Clem, Ross (dec'd),  
Michael (dec'd), Rose, Scott and Max.  
Cherished Grandfather and Great-grandfather of  
their families.

Relatives and friends are respectfully invited to attend  
a Graveside service to celebrate the life of Bob to  
be held in the North Rockhampton Cemetery next  
Thursday 15th July 2021 commencing at 2pm



12503468-AV28-21

**NEWMAN, Edith**

Late of Biloela  
Passed away peacefully on  
Thursday 1st July 2021  
Aged 77 Years

Dearly Loved Wife of Bill  
Loved Mother of Paul, Joseph (dec'd)  
Stephen, Judy and Alicia  
Adored Grandmother

Family and Friends are respectfully  
invited to attend Edith's Funeral Service  
in the West Chapel at Rockhampton Crematorium  
on Friday 9th July 2021,  
commencing at 11am



CALLIDE DAWSON  
FUNERALS  
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12503340-AV28-21

**Funeral Services**

**ZISCHKE, Gloria Amy (nee Prowd)**

Late of Rockhampton.  
Passed away peacefully on  
Wednesday 30th June 2021.  
Aged 91 years.

Dearly Loved Wife of Albert Zischke (dec'd)

Cherished Mother and Mother-in-law  
of Alan (dec'd) and Karen and Ray Peters.  
Cherished Grandmother of Rob and Paula,  
David and Cecilia and Tony Huggers. Mathew,  
Andrew and Kristy, Peter and Angela Zischke.

Great-grandmother to 13 children and  
Great-Great-Grandmother to 1 child.  
Loved Sister of Ron and Val, Gary and Sandra and  
Ken and Aunty of their respective families.

A service to celebrate the life of Gloria was held in  
Rockhampton on Monday 5th July 2021.



12503516-DL28-21

**Funeral Services**

**HOLDEN, William "Bill"**

The Holden Family  
wish to invite  
Family and friends  
to attend Bill's  
Internment At 10am,  
Friday 9th July at  
the R'ton Memorial  
Gardens, Citron  
Grove, Hartington St.

12501486-AV28-21

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**In Memoriam**

**JOHN (Jack) SHELTON (Dec.)**

26.04.2020.

The family are  
inviting relatives  
and friends to a  
Memorial gathering  
on FRIDAY, 9th July  
at the Frenchville  
Sports Club,  
Capricornia Room,  
at 10am.

If attending please  
ring Mary Buckle on  
0401 060 096  
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12497041-WV28-21

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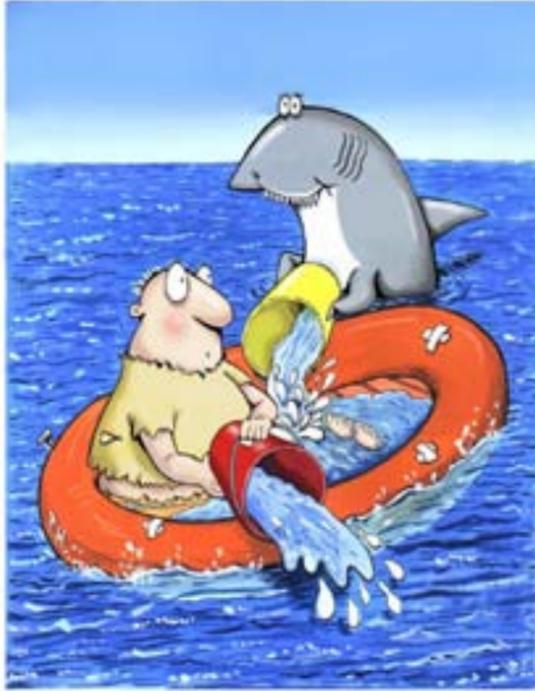
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# COMICS

## Bottled Fruit



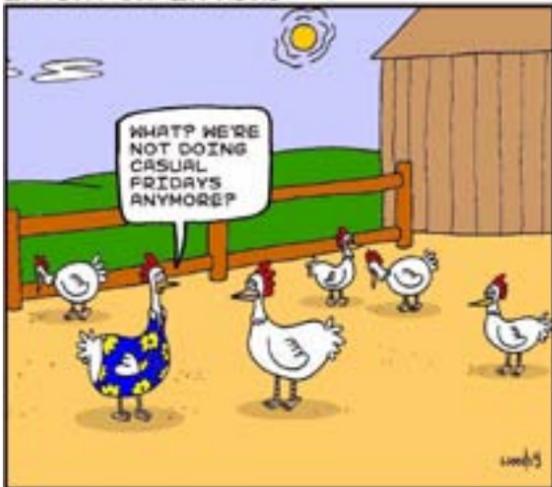
## Bushy Tales



## Swamp



## Insert Brain Here



## Insanity Streak



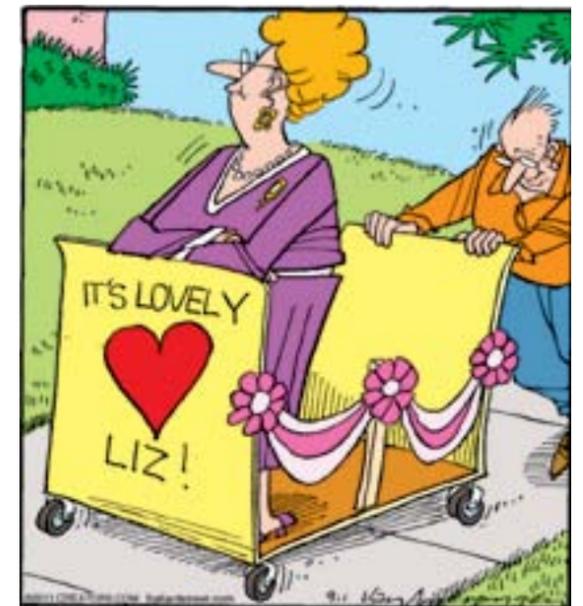
## Doodley Squat



## WuMo



## Ballard Street



Alex coddles Elizabeth something awful.

## Against the Grain



## Grin Bin



# Fishing

## Anglers hook the big ones

By Mark Bailey

I had an amazing 10 days away with close friends and family celebrating my 30th birthday in Town of 1770, such an amazing place to spend time.

We found something to do even when the weather wasn't good enough to go out for a fish.

A special thanks to Accom1770 for the beautiful holiday home, it was amazing like usual.

If you plan on coming up, I would highly recommend booking through these guys, they are always a big help, very welcoming and extremely well priced.

And to Oscar from Backpackers at the Town of 1770 for giving some mates somewhere to stay for the weekend of my birthday at an affordable price.

The pot luck dinner we were lucky enough to be invited to was amazing; it was an awesome place with amazing people and nothing but good vibes.

Cameron from 1770 On Your Boat Adventures gave plenty of local tips and knowledge. He was very helpful and great to talk to on where to go and what to look for, and with what we were wanting to do in places we hadn't been to before. If you are up this way and need any local advice, info or tips he is the man to talk to.

To Frandon from The Boys - Moreton Bay Fishing Specialists for all the freshly caught bait, it worked a treat like always. The fish were hungry and on the chew, if your in the Brisbane area we highly recommend the boys down there.

Would also like to thank all the locals that come up to us over the time we were up here and said hello, it made us feel very welcomed, it truly does mean a lot seeing and hearing the good feed back of such a beautiful little town.

We create this content to inspire people to do more and live life to the fullest, we truly believe you live the life you love and you will love the life you live.

I know we can't please everyone with what we do but we do try our best to bring positive vibes and show the world how beautiful this place can really be, we can't wait to be up here again.



Sairyn Fawke with his big catch.



Jack Williams had plenty of fun on the water.



An aerial view of their fishing spot.



Brenton Buttigieg kept his eye on the prize.



Charlie Weir and Sairyn Fawke.



Mark Bailey.



Grace Bailey reels in these two beauties.



Tyla Pass and Mark Bailey at dusk.



Liam Horne was the starting hooker in the CQ Capras last match and had a solid performance in the number nine jumper. 242912

# Capras clash with Cutters

By Liam Emerton

A week removed from a postponed match scheduled against the Redcliffe Dolphins, our Central Queensland Capras will shape up against the side that sits below them on the league table.

This week the Capras will travel to Mackay to face the Mackay Cutters in a battle of the two bottom teams.

The Cutters and Capras last battled in round

four where the Cutters secured their only win of the season so far, defeating CQ 28-20.

Since that loss, the Capras have earned a draw, which came in their last outing against Ipswich while Mackay is yet to pick up a single point.

A win for the Central Queensland side will push them two points clear of the trailing Mackay and possibly above the Jets - depending on their round 13 result.

A loss however would see our local Intrust

Super Cup side drop to the bottom of the table, allowing Mackay to leapfrog us in the process.

The team will be desperate to make sure that doesn't happen, needing an 80-minute performance to defeat Mackay on their home turf.

Earlier in the day, our under-21 Capras will be involved in the Hastings Deering Colts competition when it challenges Mackay.

The young guns had also had an extra week to recover having had their match against Brisbane Tigers rescheduled due to Covid.

Mackay will be a good test for our young Capras with the sides separated by one competition point - the Cutters the higher of the two on the table.

The two sides clashed in round two of the Colts competition with our local team thumping the Cutters 54-4 in dominant fashion.

The Central Queensland team will be hoping to repeat that performance this weekend in order to move above Mackay on the premiership table.

## Juniors get excited as Hetherington-Larson Cup returns

By Liam Emerton

The Jason Hetherington-Gary Larson (JHGL) Cup will kick off on Friday with the two-day tournament set to show off our best under-12 talent from the region.

The Rugby League cup competition will make its return, after not running last year due to the pandemic, and will see 35 teams enjoy the terrific carnival.

That number is just one team less than the record of 36 teams, however, there is a major difference this year.

That's because for the first time the JHGL Cup carnival will be non-competitive, meaning the third day, which predominantly held the finals, has been removed.

Despite the carnival being cut down to a double-day event, it will still give the region's best rugby league starlets plenty of time to shine.

JHGL organiser Amanda Ingham said everyone is looking forward to a terrific tournament especially with the lockdown in Brisbane almost stopping the carnival.

"They're all excited that the carnival is actually going ahead, especially with the scare we had on the weekend," she said.

"There's a lot of happy people out there that we're still running this year.



Emu Park finished as the 2019 winners in the last instalment of the JHGL Cup. 243160

"We've got 35 teams this year competing. This year is the first time it's non-competitive for this age group.

"It's going to be different and even more

challenging for them.

"Especially after the year we've had, it's just great to see the kids back out there playing sports again.

"We didn't know what to expect after Covid last year and now with it being non-competitive this year but it has surprised us and we are loving it."

Speaking on the non-competitive nature of the tournament this year Ingham said it was down to the new rules and regulations passed down by NRL.

"We're following in the new NRL player development framework which now from under-6's to 12's is non-competitive.

"It's about the kids out there playing with their mates and having fun.

"And they'll be playing with a lot of different teams from a lot of different areas too."

The Cup is clearly named in honour of two of the region's best representative NRL players in Jason Hetherington and Gary Larson who the kids can look up to in inspiration.

"The kids get a lot out of seeing these guys at the carnival," said Ingham.

"Hopefully they'll be able to attend this year.

"The kids get excited, they get signatures and pictures, it's really fun for them."

The tournament kicks off on Friday morning and will run until Saturday night with teams competing across nine games each if no teams pull out of the competition.



The Rockhampton Cup is on this weekend.

# On the track with Tony

By Rockhampton Jockey Club CEO Tony Fenlon

G'DAY THIS IS TONY.

Well, the two feature days of the Rockhampton Jockey Club's Winter Racing Carnival are upon us as I pen this column.

On Friday the club will distribute in excess of \$318,000 in prize money and trophies for the Real Group Rockhampton Newmarket TAB race meeting.

It promises to be a massive day of top-class racing brought about by approximately 150 horses being nominated to race.

These have come from throughout Queensland and the regions with particular emphasis on Toowoomba and the Sunshine Coast which have supplied numerous entries.

Naturally the bulk of horses nominated to race over both days – Friday and Saturday are from Rockhampton and Central Queensland stables.

A quality field of 15 sprinters will contest the \$100K Real Group Rockhampton Newmarket Handicap (1300m).

Being a loyalist and naturally a local at heart, I am going for the Graeme Green trained Master Jamie which I feel gets into the race well at the handicap weight of 58kg.

That weight is nothing for Master Jamie which is as tough as old boots.

I watched Master Jamie's run closely a fortnight ago at Callaghan Park in the Tatt's Sprint (1200m) and thought it was one hell of an effort.

Remember that day Master Jamie lumped 65kg and after having the audacity to shoot to the front in the straight, he faded as could only be expected over the closing stages.

Even so, Master Jamie was only beaten less than 2.3 lengths by the winner Last Chance.

It was a courageous effort by Jamie and he meets Last Chance and the second placegetter Finucane Miss much, much better at the weights in the Newmarket.

Better still Master Jamie has come up with the coveted rails draw for Rockhampton's premier sprint.

I'm an unabashed Master Jamie fan in a race that is naturally full of chances.

The Newmarket is the seventh race on the card at 4.12pm with the eighth event to gallop way at 4.50pm on the huge TAB program.

Gates will open early on Friday with the first race to be run at 12.27PM.

Saturday is Rockhampton Cup Day and can you believe we (RJC) will be distributing over \$420,000 on the day of quality racing.

Big bickies indeed and when you add the trophies and prize money purses for both Friday and Saturday's racing at Callaghan Park almost three-quarters of a million dollars will go out to the racing stakeholders.

That is an unreal amount of money for a provincial race club like Rockhampton to offer and every community-minded citizen should be justifiably proud of that fact.

The racing industry is one of the biggest in Australia and in Rockhampton it plays an integral role in both the economic and social fabric of the city and region.

Once again nominations for Saturday's Pavscorp Rockhampton Cup meeting were fabulous with something like 140 horses entered.

They are coming from here, there and almost the proverbial everywhere.

Even Sydney's glamour training duo Gai Waterhouse and Adrian Bott are likely to be represented with Regal Stride.

If Regal Stride makes the trip north from his temporary Brisbane lodgings, he should be very hard to hold out in the Cup.

There are many other visiting horses with strong winning chances in the Cup including Lindsay Gough's Right or Wrong.

This is appropriate because right or wrong it is going to be a great race the Pavscorp Rocky Cup (1600m) with a \$150K purse.

What a wonderful and generous sponsor of racing is Rockhampton's Pav Cheimardinov who conducts the construction business Pavscorp.

I believe Pav has ownership in as many as 14 horses in the Rockhampton region among three trainers - Ricky Vale, Tim Cook and Clinton Thompson.

Pavscorp prides itself with what you would call high-end building projects including restorations, renovations and examples of its work is on display throughout Rockhampton.

Pav employs as many as 12 quality local carpenters and uses local contractors and subbies for his contracts which place high emphasis on architect designs.

A former Canberra resident Pav is well and truly entrenched in Rockhampton as a local resident and is passionate about local racing and his horses.

Good luck to him and trust he has winners at the Carnival.

So, Friday and Saturday's racing will provide another shot in the arms - not COVID thank you – for the Rockhampton economy.

A fleet of jockeys, trainers, owners and sta-

ble hands will be staying over in the city for few days. Furthermore, the live broadcasts on television networks of Rockhampton's two days of racing are relayed throughout Australia and around the world.

I'm reliably told a former Rockyite and skateboard champion Matt Mumford who now resides in the USA will be watching on cable television the Pavscorp Rocky Cup on Saturday.

Matt is a part-owner of top Brisbane based visitor Right or Wrong.

The television coverage of Rockhampton racing over the Winter Carnival and throughout the year provides Rockhampton with immeasurable publicity.

I often feel that is overlooked as what other sport provides anything like it?

I believe there are opportunities aplenty for organisations to utilise this form of promotional tool on a wider range. Sometimes you just have to think outside the square to decipher the answer.

The Club would like to thank all of our valued sponsors for their contributions towards the 2021 Rockhampton Winter Racing Carnival.

Lastly, for this week General Admission tickets are available for purchase still, beat the queue and visit Rockhampton Tickets for quick access on the day.

The Club also will have tickets available at the gate for both days and we certainly welcome all to come trackside as we have plenty of undercover seating and many different food options to choose from for lunch.

Hope to see many of you over the next two days. Have a great weekend.

## Wallabys show fighting spirit in big loss to Brothers

By Liam Emerton

With the whole sixth round of Gladstone Rugby League competition postponed due to the wet weather, this week our ladies were able to shine.

In the Rockhampton Women's Rugby League competition, encompassing teams from Gladstone and Blackwater, the Gladstone Wallabys will have to hold their heads up high after being decimated due to playing with short numbers.

The Rockhampton Brothers walked away with a 76-0 victory over the Wallabys - which

played despite being short on players.

It's been a tough season for the Wallabys who are winless and at the base of the ladder, but their fighting spirit shows in each match they play.

The other Gladstone region team, the Tannum Sands Seagulls also had a tough outing this week, losing 10-0 to the Yeppoon Seagulls.

That loss has left the Seagulls in fourth position with the Blackwater Crushettes trailing behind them by just one point.

This week the Tannum Sands Seagulls will battle Emu Park in the match of the round.

Tannum and Emu Park had a draw last time out and those clubs will be looking to change the result in their favour this time around.

Emu Park are in great form having continued its dominant run by defeating the Fitzroy/Gracemere Sharks 54-8 on the weekend.

The Wallabys will look to bounce back when it hosts the aforementioned Fitzroy/Gracemere Sharks this weekend with both clubs needing a win to stick with the competition.

If the Wallabys can break their losing streak it could be huge for the club, bring-

ing them within one win of the Sharks on the table.

The Norths women's squad will hopefully be back into the mix having forfeited last week with the Chargers set to face the rampant Rocky Brothers this round.

The Yeppoon Seagulls will be in for a game when they take on the Blackwater Crushettes this week in a match that could steal the spotlight of round 11.

The Gladstone Rugby League senior competition will go on a week hiatus and return on the 17 July.

# Meteors ready to fire up

By Liam Emerton

After the disruptions of state championships and other representative duties, the Gladstone-based Meteors Hockey Club will be back in the CQHL this weekend.

After both the men's and women's squads missed the last few weeks of action the sides will play several games on both Saturday and Sunday.

The women's squad, which have suffered from illnesses and representative duties, will be looking to bounce back this weekend.

They are scheduled to play the table-topping Wanderers in a battle of Gladstone versus Rockhampton.

The two clubs have been rivals throughout this season, eyeing off the top spot of the table.

The sides have even traded blows with each side winning a game each this season.

Meteors managed to get the best of the Rocky club in round two but the Wanderers hit back scoring a tight 2-1 win in round seven.

Now into round 12, the clubs meet for the third and final time in the regular season, which could be massive for both teams.

Meteors women's coach Jordyn Wilson said it's been a wild season so far but the ladies will be looking to lock in for the remaining few games.

"It's been a disruptive last month or so, with just a heap of rep stuff on and all different carnivals with schoolboys and schoolgirls titles to the under 18.s state championships," he said.

"So that's all mucked us around a little bit, we've had players playing and coaching at those carnivals, so it's been a bit stop-start.



The Meteors will be back in action this weekend after a few weeks off. 243250

"We've had to reschedule a few games and now we've got them coming up in the next couple of weeks.

"I've been coaching the team for a year-and-a-half and the ladies are picking up the tactical stuff which is pretty new to them.

"We've got a handful of games left before the finals and we're in a pretty good spot."

The men's squad, which Wilson plays in, will also face a tough double header coming up against Park Avenue and Southern Suburbs

on Saturday and Sunday.

The last time the Meteors clashed with Park Avenue the teams had a cracking 5-4 contest where the Gladstone squad came from behind to take all four points.

Mitchell Ryan was incredible during that match knocking in four goals to help drag the side back from a major deficit.

The Gladstone-based Sparks are scheduled for action this week as well with the men's squad taking on the table-topping Wanderers.

Meteors will be hoping that their fellow Gladstone team will be able to cause a major upset this week but the Wanderers are incredibly well-drilled and will be a tough task for the Sparks.

In the women's competition, the Sparks will battle Frenchville in hope of knocking off the Rovers this time round.

The finals ladies' contest will see Souths take on Southern Suburbs in a match scheduled at Kalka Shades.

## Gladdy talent ready for Cup

By Liam Emerton

The Junior State Cup provides a platform for Queensland's best young Touch Football players to showcase their talent.

This year Gladstone will send eight teams to the massive competition, from under-10 to under-16, ready to make their city proud.

It all kicks off with our under-10 girls and boys sides, who will be eager to participate in their first Junior State Cup.

Gladstone will have three teams in that age bracket with one girl's team and two boy's squads all competing in Division B in their respective competitions.

A great sign of giving back to the community, former Brisbane Bronco and Queensland representative Chelsea Baker will be coaching one of the under-10's sides as well.

In the under-12's division, Gladstone will have one team represent the city with the under-12 girls taking on Division B's Pool A.

The under-14's will have the largest draw this year with the girls' competition boasting 24 teams and the boys hosting 21.

Gladstone will have a team participate in both those competitions with the girls drawing Pool D and the boys squad settling into Pool B.

The last team in action for Gladstone will be our under-16's girls' team which will battle against 22 other squads.

Gladstone's under-14's girls' coach Mick Cavanagh said it's going to be an amazing experi-

ence for every player from the association.

"The girls are really keen especially because a lot of them were meant to go away for a netball carnival and that was cancelled," he said.

"They're all looking forward to getting out there and just having some fun.

"It's been pretty good with the two local carnivals. Obviously, with Rocky, it was our first hit-out together and that was a little rough, a few combinations didn't work out.

"The one here in Gladstone, the girls improved quite a bit so hopefully in this next step, we will go one better and pull everything together that we've been playing really hard for.

"I'm not going to say that we're going to win the whole carnival but I'd like to see us get a couple of wins under our belt."

Cavanagh said the pool of six that his team will face is a tough group but believes his team is good enough to have some great games.

"We've got a bit of a tough pool. We've got a Gold Coast team, a Rocky team, which are always strong, an Ipswich team, which from past experience are usually good as well," he said.

"We can do it if we play to the best of our ability. We've been playing in the local comp for the full year to get used to playing together.

"They've got the ability and hopefully they can put it all together on the days.

"I'm looking forward to seeing Olivia Geiger, Hannah Zarn and Lara Cavanagh go. They've been playing really well the last three carnivals."



The BITS Saints will be looking to rain on the parade of the Glenmore Bulls this weekend. 242873

## BITS brace for the Bulls

By Liam Emerton

With all eyes on the Yeppoon Swans' potential 100th consecutive victory this weekend, the Boyne Island Tannum Saints' movement up the table has been overlooked.

The Saints stuttered early on in the season but have regained their 2020 form and could be a very tricky opponent for any side in the competition.

With just five matches remaining in the regular season and the Saints sitting fourth, the side will unlikely move any higher but will be desperate to hold on to their current position.

The BITS will be looking to earn a finals place in fourth position where it currently sits just one win clear of the Rockhampton Panthers - the side it beat convincingly last round.

This weekend the Saints will battle the Glenmore Bulls and will need to outperform their opponents to maintain their position and keep their dream of a third place finish alive.

The Yeppoon Swans will look to create history by knocking over their 100th consecutive opponent when it matches up with our Gladstone Suns.

The Suns sit at the bottom of the table having picked up only a single victory this season while the Swans sit at the pinnacle having won 10 straight on their road to 100 consecutive victories.

It would be the upset of the century if the

Suns come out on top of the contest but the Yeppoon side will be hungry not to fail at the final hurdle.

In the rest of the competition the Glenmore Bulls and Brothers Kangaroos currently sit tied on 28 points entering the final third of the season.

The Bulls hold the advantage with a superior goal percentage but with both teams facing tough opposition this week that could potentially change.

The Bulls, who have been the favourites to wrap up second place, have dominated most oppositions this season, beating every team in the competition except for the undefeated Swans.

The Bulls charged through the competition early creating a decent lead in second place however after a defeat to the Brothers, the side found themselves level.

The Kangaroos will come up against the Panthers this week with the Rockhampton squad looking to get back on the winning track.

The Panthers took a tough loss to the Boyne Island Tannum Sands Saints last round in horrible conditions, dropping down to second last on the table.

Eager to improve that position the Panthers will have to defeat the Bulls and hope that the BITS lose in their round 11 contest.

With just five rounds left, Rockhampton will be desperate to keep their finals hopes alive which could pose a threat to the third-placed team.



Gladstone under-14s Zeeta Geiger in action at the CQ Bulls Touch tournament. 243238

# Eagles to take on Clinton

By Liam Emerton

The Men's Central Queensland Premier League was completely washed out on the weekend but with predicted sunshine there's hope that the competition will be back underway in a hurry.

That will take the comp into round 15 where all six sides in the league will have a match.

All three matches are highly intriguing with the match of the round looking like Clinton FC's battle with Capricorn Coast Eagles.

The Coast will have to come up against Clinton with its last match finishing in a 1-1 draw against the Nerimbera Magpies.

That contest was almost a month ago and it will be interesting to see how Clinton responds in their first match since that break.

In the second big match of the round, Gladstone's Central FC will challenge Bluebirds United at Webber Park.

Having beaten Frenchville, and drawn to Cap Coast in their last two matches, it will be interesting to see if Central can continue their momentum despite after also not playing for about a month.

Their opponent, Bluebirds, have had an extra week on top of Central's mid-season break and have not played since 12 June where they drew 1-1 with Cap Coast.

A win for the Gladstone-region side could push them above the loser of the Eagles and Clinton clash and potentially level with Frenchville - depending on the current league leaders' match.

For Central, it is a huge match and could be an avenue to avenging their humiliating 7-2 defeat to Bluebirds earlier this year.



Cooper West will be looking to make an impact this weekend. 243183

In the final match of the round the current leaders Frenchville will battle the Nerimbera Magpies.

The Maggies were solid before the wet-weather break but need to turn draws into wins if they want to be in the finals series.

In the women's Central Queensland Premier League only the Capricorn Coast Eagles and Bluebirds United Blue squads faced with the Eagles dominating with a 6-0 win.

Bia Neves McAlister and Annie Grice both scored braces in the match with Corinna Ryan and Ivannah Stanley each adding a single goal to the final score.

This week the battle of two heavyweights takes place with the sensational Central FC facing off against the ever-strong Bluebirds United White in a top-of-the-table match.

The match will come just one week out from Central's historic Kappa Cup contest in Townsville and will be a massive test of strength for the Gladstone ladies.

United White has only lost games to Central this season, in rounds one and eight, the latter being a 3-1 victory at Brian Niven Park.

With just four competition points between the two sides, Bluebirds White will be keen to make that just a single point gap come the end of round 15.

In another mouth-watering fixture, Clinton will host the Capricorn Coast Eagles which are coming off that impressive 6-0 victory.

Clinton is currently third but with first and second battling this week the side will close the gap at least by two points with a win against the Eagles.

Frenchville, riding off the back of their 0-0 draw with Cap Coast two weeks ago, will face Nerimbera this week in the hopes of propelling themselves higher up the ladder.

In the final match, Bluebirds United Blue will host the Gracemere Redbacks with both sides eager to get back on track with a win.



The Port City Power will return home this weekend after having their game against Toowoomba postponed. 243065

## Thunder to pose the next big threat to a Power-surge

By Liam Emerton

After a false start on Saturday, the Port City Power will finally be back in action at Kev Browne Stadium this weekend.

The Gladstone-based men's and women's basketball teams had an impromptu competition break on the weekend due to Brisbane's Covid situation with their scheduled game against Toowoomba being postponed.

It was a well-deserved break for both our sides having dealt with a double header the week before which saw our women's team open their account for the season by defeating USC Rip City.

Our men had a much tougher time on the court than the ladies, suffering a substantial 113-47 loss to the Brisbane Capitals before suffering a second defeat at the hands of USC Rip City.

This weekend the sides match up against the Logan Thunder, a team that sits below both our men and women squads.

Logan is yet to win a game in the Queensland men's State League but the women's squad is coming off a single-point victory - their first of the season.

The Thunder squads only sit above Toowoomba on both ladders with that club also unable to score a 2021 victory.

In the men's competition, Logan should not be underestimated having put up a tough fight to the Brisbane Capitals several weeks ago, where they went down by eight points and, more recently, suffered a nine-point loss to the USC squad.

In that match against Rip City, Logan became one of only two sides to play on the weekend which could be a great thing for our

squad which comes into the game this Saturday fresh.

Tyrone Fui will be the dangerman that Port City will have to contain after he scored a game-high 27 points in Logan's 100-91 point loss on Sunday.

The combination that the men's Power squad needs to fall back on is what worked well against the Seahawks a few weeks back.

That trio was Mitch Knight, who scored 21 points, Danny Green, who finished with 14 points and six assists, and Dylan Owen, who ended that match with nine points and five assists.

If you add Aron Pantano into that mix, who scored a solid 17 in the Power's last outing, the strong combination of scorers can help lead Port City to its second win of the season.

In the women's competition, our Power will

need to be wary of a team coming fresh off the back of a momentum-building victory.

In particular, Thunder's Maya Entrop caught fire and scored 20 points while her teammate Mackenzie Auton sits high on the scoring charts - meaning they are Logan's best attacking option.

In the win against USC Rip City, Port City had four players score double figures with Savannah Au, Daila Walker, Kadee Barranger and Jay-lee Hippolite all contributing with solid totals.

If our ladies can produce a similar team performance again, it will only bode well for the team from Gladstone.

A win for both our men and women will help the sides close the gap between themselves and the Southern District Spartans, which will be important with minimal games left to catch the fifth placed team.



# Goats grind down Crocs

By Liam Emerton

The Gladstone Goats will enter the first round of the A Grade Rugby Capricornia round-robin series with high hopes.

The whole competition split this week between A Grade - the top four teams - and reserve grade, the bottom three teams.

The Goats will have a chance to defeat the table-topping Dawson Valley Drovers this week when those two battle on neutral ground at Tom Nutley Field.

The GRUFCs and Drovers last battled in round eight with our local team picking up a massive 17-7 win, handing Dawson Valley only their second loss of the season.

Since that match Gladstone has won four of its last five, defeating the Colts, Brothers, Biloela and the Crocs.

The Valley however is undefeated since that loss against the Goats, defeating all five of the squads it has battled.

Gladstone has proved it has what it takes to grind out a tough win and there was no better example of that than the weekend's clash with the Cap Coast Crocs.

Trailing for a majority of the game the GRUFCs fought back hard and eventually won 13-10 thanks to a last-second penalty goal by fly-half and president Aubre Harmse.

During that match, Gladstone flanker Dylan Stimpson had a scare as he was carted off the field by an ambulance as a precaution.

The Goats formed a huddle around Stimpson before he was lifted on a medical backboard as the Gladstone squad humorously sang out their best Na Na Hey Hey by Bananarama cover, clearly in high spirits.

Thankfully for the Goats, Stimpson was given the all-clear at the hospital shortly after the game was finished.

Grinding a tough win like that in horrible weather conditions can only be a good sign of where the Goats currently stand in the competition.

This weekend the side is a massive shot to knock off the Dawson Valley squad which could pose a threat to the table-toppers position.

With eight competition points separating the top two sides and just three games before the finals, a win is crucial for Gladstone.

A loss for Gladstone would give the Drovers the outright top spot in the A Grade comp with no side able to catch them.

The Goats will also need to keep a keen eye on the third-placed team, the Colts Rug-



Gladstone Goats Fly-half and president Aubre Harmse surrounded by his teammates after kicking the match-winning goal. 243111

Pictures: LIAM EMERTON

by Club which is just five competition points away from the GRUFCs.

Colts play Frenchville Pioneers directly after the Goats and Drovers battle, with the Gladstone side keen to have a look at their next two opponents.

For the rest of the Rugby Capricornia competition, the Rockhampton Brothers, Cap Coast Crocs and Biloela Cockatoos will all battle in a best of three series.

With a win over the Crocs this week the Brothers would wrap up the top spot in that reserve grade competition but a loss could see the Crocs gain massive momentum heading into the finals.

The Gladstone Goats' women's side took first place in the women's Rugby Capricornia 7's competition this week finishing ahead of Biloela which came in second.



The Goats wave and sing off their flanker Dylan Stimpson who was eventually given the all clear at the hospital. 243111

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