

Gladstone Today



Going Dutch for mental health
PAGE 6



New rescue chopper for CQ
PAGE 31

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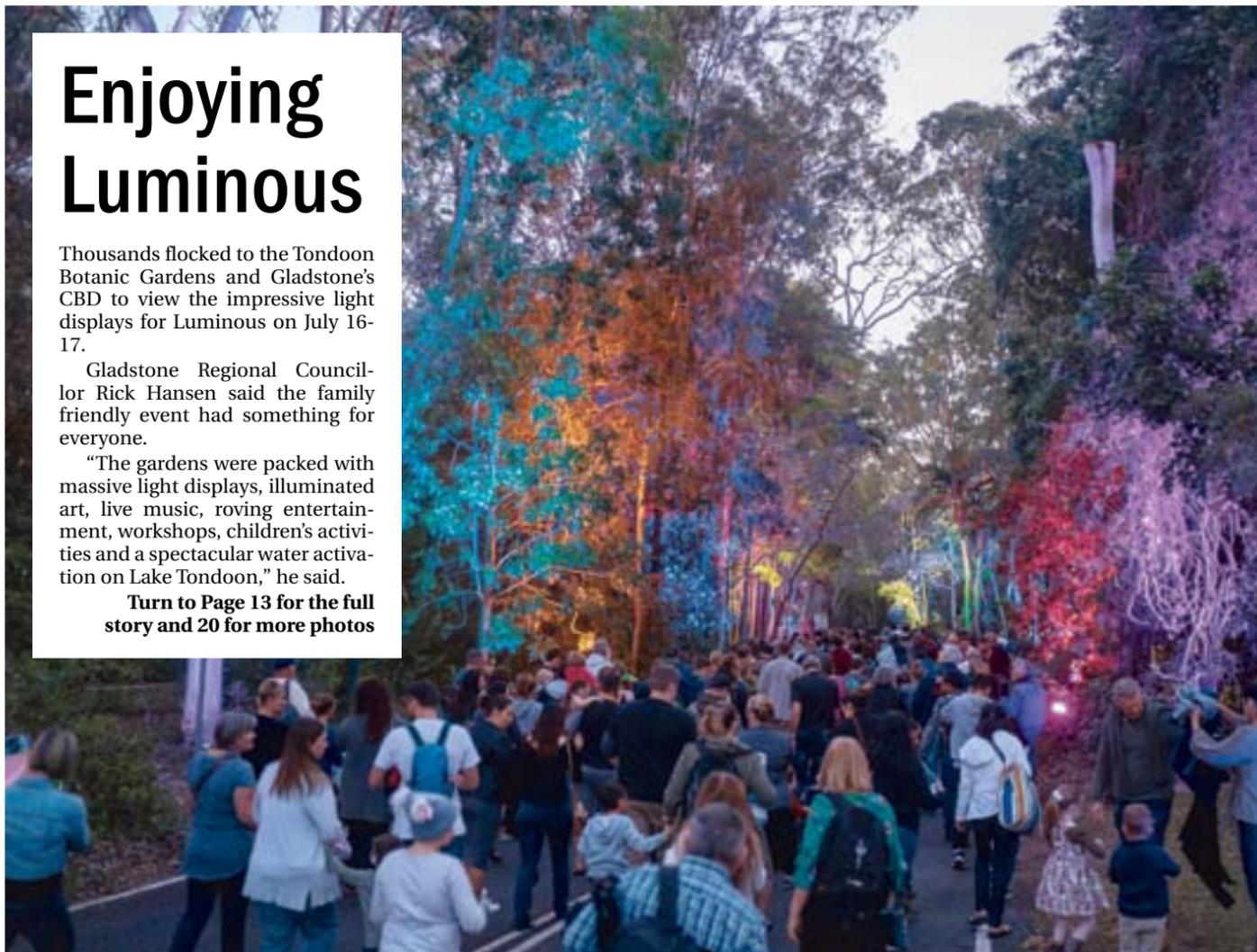
Enjoying Luminous

Thousands flocked to the Tondoon Botanic Gardens and Gladstone's CBD to view the impressive light displays for Luminous on July 16-17.

Gladstone Regional Councillor Rick Hansen said the family friendly event had something for everyone.

"The gardens were packed with massive light displays, illuminated art, live music, roving entertainment, workshops, children's activities and a spectacular water activation on Lake Tondoon," he said.

Turn to Page 13 for the full story and 20 for more photos



Thousands of people flocked to enjoy the bright lights and walking trail for Luminous - Heritage Trail.

CBAM not a threat to CQ industry

By Duncan Evans

The European Union's (EU) imposition of a carbon-border adjustment mechanism (CBAM) is unlikely to have a negative effect on Central Queensland's aluminium industry, according to Australian Aluminium Council Executive Director Marghanita Johnson.

Ms Johnson told Gladstone Today aluminium exports were presently geared towards Asian markets and the United States rather than Europe.

For the full story, turn to page 3

GPC calls for apprentices

Gladstone Ports Corporation (GPC) is on the hunt for the region's next generation of tradespeople.

The 2022 apprentice program offers a variety of disciplines, including electrical, diesel fitting, plumbing, mechanical and horticulture.

Chief Operating Officer Craig Walker said GPC was focused on building a strong workforce for the next 50 years.

Turn to Page 6 for the full story

Standing proud

By Liam Emerton

A racial attack on a much-loved and heavily respected member of the Gladstone community has left the city in a state of disbelief.

A spectator at Dennis Park on Sunday evening verbally attacked Gladstone Wallaby Rugby League Club player Ashley Dodd with horrendous racial slurs.

Following the racist remarks Mr Dodd and

his teammates made a stand, leaving the field in protest.

Mr Dodd's Facebook post about the incident received a considerable amount of empathy and support from friends, relatives and others.

Simply titled 'Say No to Racism', Mr Dodd condemned the actions and spoke about the pain of the words.

"I've never had such words yelled at me from a crowd," he wrote.

"I'm in disbelief and upset that it still happens at local venues.

"I don't mind getting out played and flogged by a footy team but racially abused is next level."

After looking back on the incident Mr Dodd spoke with Gladstone Today with a positive message, speaking about the community's re-

sponse and how they have banded together to support their fellow local.

He simply asked for everyone to "Stand behind us."

In support of Mr Dodd and the walk off by the Wallaby Club, Tannum Sands Seagulls released a statement the next day.

Read their statement as well as Mr Dodd's full message on Page 3



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INSIDE

LETTERS..... page 15
TV GUIDE.....pages 21-28
PROPERTYpages 33-36
GARDENING..... page 37
WEATHER page 39
SPORT.....pages 42-48

WEATHER

	TODAY Sunny 7° - 18°
	FRIDAY Partly Cloudy 11° - 23°
	MONDAY Sunny 11° - 22°
	SATURDAY Sunny 15° - 27°
	TUESDAY Sunny 11° - 22°
	SUNDAY Sunny 12° - 24°
	WEDNESDAY Sunny 11° - 22°

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Gladstone Today's newest journalist, Eilish Massie.

Welcome Eilish

By Eilish Massie

Hi there and thank you for supporting local journalism.

My name is Eilish Massie, I'm Gladstone's Today's newest journalist.

While I'm new to this gig, I'm no stranger to Gladstone.

I moved here at the end of 2019 for my first job in the industry at the Gladstone Observer after graduating from a Bachelor of Journalism at the Queensland University of Technology.

Covering local issues, council, politics and breaking news, I have learnt the ins and outs of the powerhouse that is our town.

Journalism is my passion and I love writing

about the issues that impact the town and I'm excited to bring that coverage to Gladstone Today.

Feel free to get in touch with story ideas or tips as I would love to hear from you.

I can be contacted on 3040 1381 or eilish.massie@todaygladstone.com.au

Here's to having a local paper again!

Discovering STEM with launch of program

By Eilish Massie

Gladstone's Aboriginal and Torres Strait Islander school students explored the world of STEM with the launch of a new program at CQ University on Thursday June 15.

20 year three and four Gladstone West State School students participated in various activities at the launch of the 2021 Buraligim Weiber STEM program.

The program, developed by CQ University's STEM Central team and funded by Australia Pacific LNG, will allow students to improve their engagement, literacy and school attendance.

Students will learn about the environment, food and sustainability, flora and fauna and

waterways all through the viewpoint of connection to Country.

CQ Uni STEM Central Lead Dr Linda Pfeiffer said the students would receive many hands-on experiences, including boat tours of Gladstone Harbour and Quoin Island, visits to the Botanic Gardens and Spinnaker Park and CQ Uni's Coastal Marine Ecosystems Research Centre (CMERC).

"The program has been prepared by a team of educators, academics and local community members and will be implemented by one of the school's teachers, Mirrin Rashleigh, in consultation with Traditional Custodians from the Gooreng Gooreng tribe," Ms Pfeiffer said.



Gladstone's Aboriginal and Torres Strait Islander primary school students explored the world of STEM with the launch of a new program at CQUniversity on Thursday June 15.

GladstoneToday

The editor's desk

It's 2021 and The Black Lives Matter movement has been at the forefront of the public eye for over a year.

And yet there are still toxic people in our society who judge and attack people because of the colour of their skin.

Some people still think it's ok, or maybe think they can get away with it, but there needs to be a stand.

On Sunday afternoon the Gladstone Wallaby Football Club made a stand. During a game that has brought so much joy, on Sunday it brought pain.

I applaud Ashely Dodd and his team, who rose and called out the racist remarks viciously hurled towards him.

Mr Dodd was a little reluctant to speak to any media outlet at first but decided that he would speak up to help try and make a change.

But now it's up to our city to help rid that backwards culture and as Mr Dodd said we have to stand by him and all of those who are racially abused.

- Liam Emerton



Please stand with us now

By Liam Emerton

It's a simple message from a highly-respected member of our community - 'stand with us.'

After a racially charged verbal incident directed at Gladstone Wallaby Rugby League Club star Ashley Dodd, his team walked away from the field in a show of solidarity.

Now Mr Dodd wants everyone to do the same.

Mr Dodd spoke to Gladstone Today and asked for the community to come together and rid the region of racism, there simply is no place for it.

"I've had a lot of people reach out to me from past and present players and some I didn't even know," said Mr Dodd.

"It was so supportive and I'm really proud of that.

"I've had guys from other codes too, who are really good friends of mine, that have had old memories brought up from their own past experiences.

"I want people to stand with me against racism, I don't like it, nobody likes it but in this day and age this should not be happening to anyone and not just me.

"I know how it feels when those words are directed at me, it's hurtful. I'm a grown man and it took me nearly to tears."

Mr Dodd's emotional pleas comes off the incident where a spectator at Dennis Park verbally assaulted Mr Dodd with racist remarks.

His team's opposition on the day, the Tannum Sands Seagulls stood by the Wallaby club and Mr Dodd.

The Seagulls posted a statement to their Facebook page swiftly after the incident, condemning the actions of the spectator.

"We as a club are appalled at the racial abuse incident that occurred last night at Dennis Park and stand behind the Wallabies as part of the Gladstone Rugby League community.

"Our position is clear, racism and verbal abuse are not acceptable, and we will act swift-



The Wallaby Rugby League Club together as one.

ly and clearly to remove this from our grounds and our culture as demonstrated last night.

"We would like to confirm that the perpetrator responsible for the verbal abuse was removed from the vicinity immediately and has been banned from returning to the "Dennis Park fields for any and all future events. This perpetrator was and is in no way affiliated with our club.

"Our club maintain a policy of zero tolerance towards this kind of behavior.

"This policy extends not just to our coaches, players and volunteers but also to the spectators.

"Tannum Seagulls would like to extend our apologies to the Gladstone Rugby League community as a whole, but more importantly to the player who was directly targeted by this terrible incident.

"This sort of behavior is ugly, unnecessary and utterly unacceptable. We will work diligently to ensure this is a standalone incident and does not occur again." A spokesperson wrote in the statement.

The Wallaby's club has a long and strong multicultural history and will be back on the field this weekend.



Ashley Dodd, pictured third from the left, was rocked by a disgusting verbal assault on Saturday afternoon. Pictures: SUPPLIED

CBAM not a threat to CQ's aluminium industry

By Duncan Evans

The European Union's (EU) imposition of a carbon-border adjustment mechanism (CBAM) is unlikely to have a negative effect on Central Queensland's aluminium industry, according to Australian Aluminium Council Executive Director Marghanita Johnson.

Ms Johnson told CQ Today that aluminium exports were presently geared towards Asian markets and the United States rather than Europe.

"Australia doesn't export very much aluminium at all to Europe," she said.

"In the last three years, it's been less than half a percent of our exports."

The CBAM puts a carbon price on imports from non-EU countries if those countries do not align with the EU's carbon pricing rules. The mechanism is designed to assist the EU meet its climate mitigation targets by encouraging producers in non-EU countries to "green" their production processes.

The following imports are marked for the CBAM:

- cement
- iron and steel
- aluminium

- fertilisers
- electricity

Boyer Smelters Limited, located near Gladstone, produced some 507 KT of aluminium in 2020, making it Australia's second largest aluminium smelter.

The company exports primarily to Asian markets, including Japan and South Korea. It also exports into the American market.

Queensland Alumina Limited (QAL), a producer of alumina, a key input into the aluminium production process, is also unlikely to be negatively affected in the short term.

"Only primary aluminium, only the smelt-

ing part, is included in this phase. It's not all the inputs. It's just the production of primary aluminium," Ms Johnson said.

However, though the near-term effect of the CBAM will likely be minimal, if the scheme were to be replicated across the world, Australia's aluminium producers could confront new challenges over the coming years.

"It would depend on the design of the scheme in the different jurisdictions," Ms Johnson said.

"What we need to look at is, how will this (the CBAM) affect the countries with whom we have the closest trading relationships?"

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PIE WORLD



GPC lists Act For Kids as community beneficiaries in FunD Run Port to Park

Fun run for green thumbs

Locals will be lacing up their running shoes for a good cause on August 15, with Act for Kids announced as the first-ever community beneficiary for Gladstone Ports Corporation's (GPC) Port to Park fun run.

The community beneficiary funding worth \$20,000, will go towards helping the Gladstone group with its local project, 'Safe Harbour Therapy Garden'.

The new project is being established at the Act for Kids' Gladstone's office located on Glenlyon Street where GPC's funding will contribute to creating the garden for a therapy space.

Chief Operating Officer, Craig Walker, said Act for Kids' program demonstrates a vital need and valuable program in the community.

"This funding will be put to good use to support our children in our region," Mr Walker said.

"We know, now more than ever, Act for Kids would really appreciate this funding after enduring one of their most challenging years' due to Covid-19," he said.

"The community beneficiary is quite special this year because it will be the first to kick-off the new-look fun run."

A recent report released by the Australian Institute of Health and Welfare revealed one in every 31 children receive child protection services.

Act for Kids Chief Executive Officer, Doctor Katrina Lines, said the organisation has experienced a 30 per cent increase in demand for its

services since the beginning of the pandemic.

"Act for Kids is deeply grateful to be GPC's Port to Park community beneficiary this year and for GPC's generous support for Central Queensland children who have experienced trauma," Dr Lines said.

"The Safe Harbour Therapy Garden will provide already vulnerable children with an inclusive, safe, play based, active and educational space to support their well-being. We know natural, outdoor environments combined with therapeutic support are fundamental to children and families overcoming adversity," she said.

"In the 2019-2020, Act for Kids provided much-needed support to more than 285 children and families in the Rockhampton region and since we opened in Gladstone in November 2019. We have assisted more than 230 local children and families."

Mr Walker said GPC'S Port to Park fun run will be an unforgettable event that will help raise valuable funds and awareness for a worthy cause.

Previous Community Beneficiaries of GPC's Fun run initiative, previously known as the Botanic to Bridge, have included the Gladstone Hospital Children's Ward through Give Me 5 for Kids, Roseberry House, the Gladstone PCYC and the Boyne Island Environmental Educational Centre.

The new event will showcase our port and waterfront parklands, while offering enhanced vantage points and spaces for families and friends to enjoy the morning.



Honouring veterans

By Eilish Massie

The Gladstone RSL Sub-branch will host a Vietnam Veterans' Day Service to commemorate the 55th anniversary of the Battle of Long Tan on August 18.

The Battle of Long Tan was fought in a rubber plantation in South Vietnam on August 18 1966, 18 Australians died as their small group defeated a much larger force.

The Vietnam War cost 580 Australian their lives and is our longest war (1962-73) and biggest conflict since World War II.

RSL president Ed Dahlheimer said on the veterans' return home they suffered the ultimate insult of being shunned by the public, rejected by a hostile government and had the indignity to have their military service derided by an unsympathetic moratorium protest. The protest was based on false information and some weak individuals targeted veterans to vent their frustration.

"It was a national shame perpetrated by these misguided individuals," he said.

"This must never happen again to Australian veterans.

"Vietnam veterans are becoming thin on the ground however, those who are still with us will attend...they are faithful and feel it important to remember those who died," he said.

Gladstone has a number of Vietnam veterans throughout the region, including those who have succumbed to the effects of their service during the war.

Mr Dahlheimer said the aim of the service was to provide support and the sense of belonging that all veterans deserve.

"It is important that all veterans, ex-service men and women, citizens and their families know they will be made most welcome at any Vietnam Veterans Day service," he said.

The service will be at Anzac Park from 10.30am on Wednesday August 18. Residents are welcome to attend alongside Gladstone's Vietnam veterans.

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Queensland Police have warned drivers it will be illegal to use a phone while driving from Monday 26 July.

Police warn drivers

By Eilish Massie

Gladstone police have warned motorists about mobile phone use whilst driving, with strict new rules set to take effect.

As of next Monday July 26, it will be illegal to hold a mobile phone in your hand or have it resting on any part of your body, such as your lap when driving. The rule applies even if you are stopped in traffic. The phone does not need to be turned on or in use for it to be an offence.

Gladstone Police issued a warning via social media after a number of fatal crashes in the region could have been 'avoided'.

"In the Gladstone area alone, we have had six fatal crashes where people have lost their lives," a QPS spokesman said.

"Every one of those people have family and

friends and the trauma caused is indescribable.

"Police go to countless traffic crashes that are avoidable and we see serious injuries destroying lives every day.

"This should not be confusing, basically at no time should you be touching a mobile phone whilst being the driver of a vehicle unless you are stopped on the side of the road."

What you need to know:

A mobile phone can only be used when safely stopped to do things like:

- Pay for goods and services, for example at a drive through
- Gain access to or from a road-related area, such as a car park
- Present a digital driver licence or other document to police when asked

- Get a card or money out of a phone wallet for the above purposes

How it affects you:

- Current restrictions for learners and P1 licence holders under the age of 25 will remain, however will incorporate the exemptions listed above.
- Open and P2 licence holders can continue to use a phone hands-free, for instance in a cradle attached to the vehicle. They can also use a phone hands-free when it's in a pocket of their clothing or in a pouch that they are wearing, provided they can't see the screen and only operate the phone by using their voice.

For more information, visit qld.gov.au/transport/safety/road-safety/mobile-phones

Search for missing man

Police are renewing their appeal for community assistance to help locate a 64-year-old man after several sightings of him around Gladstone. John Bremer was last seen at a house on Cross Street around June 12.

John had intermittent contact with his family since however, has not contacted them since June 29.

Police have received several reports of him still being in the Gladstone area.

John is described as Caucasian in appearance, of medium build with short dark hair. He also has a greying beard.

He was last seen wearing jeans, a navy shirt and no shoes.

Anyone with information on John's whereabouts is encouraged to contact police.



Have you seen John Bremer?

Man hospitalised after scaffold fall

A man in his 30s was taken to hospital after he fell from scaffolding in Yarwun on Tuesday morning.

Paramedics were called to a site on Hanson Road about 9.30am after reports of a

workplace incident.

A Queensland Ambulance Service spokeswoman said the man sustained chemical burns to his face, back, chest and arms and had significant leg injuries.

The QAS spokeswoman said he was taken to Gladstone Hospital in a stable condition.

Workplace Health and Safety were investigating.

Mountain rescue in dense bushland

By Eilish Massie

A mother and daughter were rescued from heavy bushland after they got lost on Mount Larcom on Saturday July 17.

The mother, 44, and daughter, 22, were rescued from the western side of the mountain after they became lost and disorientated

whilst climbing.

RACQ Capricorn Rescue was tasked to the area at 4.30pm after reports one of the women had suffered minor scratches to her legs.

The two women were located on a steep slope after an initial search and phone communication with the rescue crewman.

Rescue crews were winched 150 feet into the scrub to retrieve the women before both were taken to Mount Larcom Carpark, where they were met by Queensland Police who took them home.

Both women were reported to be in good health.

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Bare feet for clear mind

By Liam Emerton

A barefoot walk across the lawn is enough to make some people cringe, so imagine walking from Cairns to Sydney without any footwear.

That's exactly what one Dutch international is doing, all in the name of men's mental health.

Anton Nootenboom A.K.A The Barefoot Dutchman is walking the 2315km journey with a small pack and eventually reached Rockhampton on Tuesday night after leaving Cairns on 8 May.

His world-record journey is part of a bigger picture, raising money and funds and awareness for men's mental health by supporting Gotcha 4 Life and Tomorrow Man.

After completing the notoriously isolated Marlborough Stretch, The Barefoot Dutchman was making his way through the road works on the northern side of Parkhurst when CQ Today caught up with him.

"It is definitely a challenge, it's a challenge on top of a challenge because of Queensland roads and them all being made out of gravel," said Mr Nootenboom.

"It's been amazing, moments like this, every single day people are stopping over and coming to have a chat. It's what it is all about.

"I'm pretty much walking around with open arms for everyone to come and start the conversation mainly about men's mental health.

"Everyone is generally checking in, seeing if I'm alright, if I need anything, water, food or a place to stay. It's been amazing."

Speaking on his own mental health during the incredible feat of walking from Cairns, the Barefoot Dutchman said it's been an up-and-down battle.

"It's been a massive roller coaster," he said. "It's been pretty strong this whole time. I have a pretty clear goal, I just want to reach Sydney and raise as much money as possible.

"Having a purpose and having a goal really helps you keep a clear mind but going through the Marlborough Stretch where there's a lot of nothingness, your mind wanders off.

"One reason why I do this walk is that I want to share as much as I learned when I was going through my own mental health issues.

"While walking I get to implement on myself again, as in when my mind is kind of sliding off, I just use all the little tools that I have learned on the way to get back into check."

A key checkpoint for Mr Nootenboom was the Rockhampton region where he was able to sleep on a bed for the first time in a long period of time.

"It is a really massive relief," he said. "I kind of enjoyed the nothingness because it was really hectic from Day one organising it, to walking it and every day something happening.

"So the silence was kind of good but I can-



The Caves Progress and Agricultural society Inc's Brad Jepson and Don Kime with Anton Nootenboom.

not wait to start the second half of the match, which I feel like is about to happen.

"I feel that from here a lot of good things are going to happen and spreading the awareness and a bit more opportunities for my own luxury to sleep in a bed and not just sleeping in a tent."

The Dutchman comes from the small town of Goes, which sits close to the border of Belgium, and served in the Dutch Army for a decade.

He then moved to Sydney in 2015 and fell in love with his new home.

He has completed some incredible feats since taking on the Barefoot Dutchman persona including hiking up to the Mount Everest Base Camp without footwear and was lucky enough to chat to Australia's own Hugh Jackman while on his current travels.

On his way through, the Barefoot Dutchman will walk through Gladstone before making his way further south along the coastline.

You can follow Mr Nootenboom's journey on his website at www.thebarefootdutchman.com/ and his Instagram account at [thebarefoot_dutchman](https://www.instagram.com/thebarefoot_dutchman).

The Caves Progress and Agricultural society Inc helped raise funding for the Dutchman's cause and donated the money in person which Mr Nootenboom was grateful for.

And as for his most valuable tool, his feet, the Barefoot Dutchman mentioned that "they're pretty sore," before laughing and restarting his journey towards Parkhurst.



Anton Nootenboom AKA the Barefoot Dutchman on his way through to Parkhurst on Monday afternoon.

Hunt for apprentices

Gladstone Ports Corporation (GPC) is on the hunt for the region's next generation of tradespeople to jump onboard its prestigious Apprenticeship Program, with applications now open for the 2022 intake.

The highly sought-after program offers a variety of disciplines, including electrical, diesel fitting, plumbing, mechanical and horticulture to a diverse range of people.

Chief Operating Officer Craig Walker said GPC was focused on building a strong workforce for the next 50 years and a skilled workforce was vital to Queensland's Covid recovery.

"One in four jobs in the region rely on trade and we are committed to providing outstanding employment outcomes for our apprentices and trainees through our competitive working arrangements, which deliver benefits to our employees, our organisation and to the region for the future," Mr Walker said.

"At GPC we aim to support them to develop world-class skills and expand their horizons, both with us and within the region,"

"We have a rich history of apprentices representing Australia through the World Skills program".

Minister for Regional Development and Manufacturing and Minister for Water and Member for Gladstone, Glenn Butcher, said

a skilled workforce was vital to Queensland's pandemic recovery.

"Gladstone Ports Corporation's invaluable apprenticeships are helping build our regional workforce," Mr Butcher said.

"As a proud mechanical fitter and turner who did my apprenticeship with the Gladstone Power Station, I know how important it is to get a pathway to meaningful employment."

"Our apprentices and trainees will play a valuable role in this economic recovery and the Gladstone Port is a great place to get this on-the-job training," he said.

Each year GPC employs a number of new apprentices who demonstrate the ability to work safely in an industrial environment and have the motivation to learn and develop new skills and work constructively within a team. The apprentices and trainees will undertake a structured learning program, which includes a variety of training initiatives to enhance their skills and knowledge, improving their future and the future of the local community.

Applications close on 23 July at 4:30pm, and must be submitted online at <https://www.gpcl.com.au/vacancies>

For information about apprenticeships and traineeships at GPC, email or phone our Recruitment Team on 07 4976 1686.

Agnes Water's finest

By Eilish Massie

A new boutique promising the latest fashions from Australia and Europe opened in Agnes Water last week.

Resident Bernadette Heuschele opened 'By The Beach Boutique', her second store in the town, on July 15.

The new store offers stylish beach and resort wear, including hand-picked collections from around the world.

Shoppers can browse designer brands such as Sunflair, Olympia, Sunmarin, Carolina, So French So Chic, Orientique, Inika Organic, Rare Rabbit, Amorini and Caro the Label.

Ms Heuschele said she was excited to open another store in the township following the success of her homewares and gift store established in 2003.

"Agnes is such a special place and 'By The Beach Boutique' was bought to life through my enthusiasm and passion for bringing affordable, stylish, yet comfortable fashion to our coastal town," she said.

"The team and I pride ourselves in going over and above to provide exceptional cus-



Boutique owner Bernadette Heuschele thrilled to open her second store in Agnes Water.

tomers service and we are independent and locally owned.

"Life is too short to feel nothing less than amazing, so buy the dress," she said.

'By The Beach Boutique' is located at Shop 23, Endeavour Plaza, 2 Captain Cook Drive, Agnes Water QLD 4677. Call on 0487 206 411 or email: shop@bythebeachboutique.com.au



Community volunteers will help collect seagrass flowers from seagrass banks off Gladstone, Bundaberg and the Sunshine Coast for use in seagrass restoration.



The first collection for the year is set for next month.

Restoring lost seagrass

By Eilish Massie

CQ University has developed a new way to restore the 'substantial loss' of seagrass in Gladstone, Bundaberg and Sunshine Coast waters.

A citizen science project will use community volunteers to collect seagrass flowers off seagrass beds to germinate the seed and restore the vital food source for marine life.

CQ University Associate Professor Emma Jackson said substantial seagrass loss in Queensland waters had led to a recognition that seagrass restoration was urgently required to maintain important food sources for green turtles and dugong.

"Across Queensland there is developing public concern about the state of our ocean's

seagrass and its ability to recover from storms and flood events," Prof Jackson said.

"Our project provides a proactive method so local people, voluntary organisations and apprenticeship schemes can become citizen scientists to help restore seagrass."

Prof Jackson said the Coastal Marine Ecosystems Research Centre seagrass nursery in Gladstone had its first emerging seagrass flower, which indicated that flowering will soon occur out on the natural meadows.

"We are looking forward to our first flower collection for the year, off Gladstone, on August 21," she said.

Queensland Chief Scientist Professor Hugh Possingham said the CQ University project would run for three years and was due for

completion at the end of 2023.

"It was among 23 projects that were supported by more than \$630,000 in the most recent Queensland Citizen Science grant round to help increase Queenslanders' participation in citizen science," Prof Possingham said.

"Involving the community in science projects not only helps researchers by increasing the scope of data collected, but it also helps increase the community's understanding of science and build critical thinking skills – vital in today's world where we rely on evidence to make informed decisions."

Member for Gladstone Glenn Butcher said CQUniversity had received \$29,573 in Queensland Citizen Science Grants funding to

involve the local community in important seagrass research.

"The Queensland Citizen Science Grants are designed to support scientists, organisations and community groups to conduct citizen science projects that tackle important issues in Queensland," Mr Butcher said.

Prof Jackson urged residents to volunteer in the program.

"We're asking anyone, young or old, in the local area to join the collection. No experience or science background is necessary to become a citizen scientist," she said.

"The trips usually involve boat travel so numbers are limited."

If you are interested in volunteering, contact cmer-admin@cqu.edu.au.

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TOMATO & MOZZARELLA
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\$5.99 pack

<p style="font-weight: bold; color: white;">PORK LOIN CHOPS</p> <p style="font-size: 2em; color: red; font-weight: bold;">\$8.99 kg</p>	<p style="font-weight: bold; color: white;">LEAN MINCE</p> <p style="font-size: 2em; color: red; font-weight: bold;">\$11.99 kg</p>	<p style="font-weight: bold; color: white;">WHOLE M.S.A GRASSFED BRISKETS</p> <p style="font-size: 2em; color: red; font-weight: bold;">\$12.99 kg</p>
<p style="font-weight: bold; color: white;">CHICKEN DRUMSTICKS (2kg Packs)</p> <p style="font-size: 2em; color: red; font-weight: bold;">\$2.99 kg</p>	<p style="font-weight: bold; color: white;">THIN BBQ SAUSAGES</p> <p style="font-size: 2em; color: red; font-weight: bold;">\$4.99 kg</p>	<p style="font-weight: bold; color: white;">PORK SHOULDER ROAST</p> <p style="font-size: 2em; color: red; font-weight: bold;">\$6.99 kg</p>
<p style="font-weight: bold; color: white;">WHOLE M.S.A EYE FILLETS (sliced)</p> <p style="font-size: 1.5em; color: red; font-weight: bold;">\$24.99 /kg</p>	<p style="font-weight: bold; color: white;">CRYSTAL BAY LARGE COOKED TIGER PRAWNS</p> <p style="font-size: 1.5em; color: red; font-weight: bold;">3kg for \$50</p>	<p style="font-weight: bold; color: white;">PRIMO ECONOMY BACON (1KG PACKS)</p> <p style="font-size: 2em; color: red; font-weight: bold;">\$6.99 kg</p>
<p style="font-weight: bold; color: white;">SMOKEY, HONEY CHORIZO THICK SAUSAGES</p> <p style="font-size: 1.5em; color: red; font-weight: bold;">\$9.99kg</p>	<p style="font-weight: bold; color: white;">TOMATO & ONION BBQ SAUSAGES</p> <p style="font-size: 1.5em; color: red; font-weight: bold;">\$9.99kg</p>	<p style="font-weight: bold; color: white;">M.S.A GRAINFED SIRLOIN</p> <p style="font-size: 1.5em; color: red; font-weight: bold;">\$24.99 /kg</p>
<p style="font-weight: bold; color: white;">WHOLE GRAINFED T-BONES (sliced)</p> <p style="font-size: 1.5em; color: red; font-weight: bold;">\$19.99 /kg</p>	<p style="font-weight: bold; color: white;">WHOLE NOLANS M.S.A GRAIN FED RUMPS (sliced)</p> <p style="font-size: 2em; color: red; font-weight: bold;">\$12.99 kg</p>	<p style="font-weight: bold; color: white;">BRISKET BONES</p> <p style="font-size: 1.5em; color: red; font-weight: bold;">\$2.99kg</p>
<p style="font-weight: bold; color: white;">MARROW BONES</p> <p style="font-size: 1.5em; color: red; font-weight: bold;">\$2.99kg</p>	<p style="font-weight: bold; color: white;">CHICKEN NECKS</p> <p style="font-size: 1.5em; color: red; font-weight: bold;">\$2.99kg</p>	<p style="font-size: 8px; color: white;">12504710-SI/30-21</p>

Important inland rail

By Duncan Evans

The federal government's mammoth Inland Rail infrastructure project features prominently in state Labor member for Rockhampton Barry O'Rourke's Rocky 2030 whitepaper, signalling the perceived importance of the multi-billion dollar rail line to the long-term prospects of Central Queensland.

Designed to improve the nation's freight network, Inland Rail is presently configured to run from Melbourne to Brisbane.

Calls for an extension of the line from the Southeast corner of Queensland to Gladstone have gathered steam over the last few months from a range of representatives across parties, including Queensland Labor Senator Anthony Chisholm, Gladstone Mayor and Labor's candidate for the division of Flynn Matt Burnett and state LNP member for Callide and the LNP candidate for the division of Flynn Colin Boyce.

Just last week, Deputy Prime Minister Barnaby Joyce told CQ Today that he supports an extension to Gladstone. "My view is, once we get to Toowoomba, we start driving for the bulk commodities to go into Gladstone, because in the long term, it's not going to work taking (them) through the centre of Brisbane. And your container traffic will probably still be coming out of Brisbane," he said.

"So my first discussions, it's not about either/or, it's 'and', it's both."

At the launch of his whitepaper on Monday

morning, Mr O'Rourke said a line to Gladstone would unlock new opportunities across the broader region.

"If we actually see Inland Rail coming through to Gladstone, there is nothing stopping us tapping in on that for direct export," he said.

Section 3.3 of the whitepaper, titled Investing in Infrastructure, also discusses the potential benefits that Inland Rail could bring to the Rockhampton region.

"Having fast rail access to southern markets just an hour down the road would make the city even more appealing to businesses like manufacturers," the paper reads.

"Especially when coupled with existing transport links like the Port of Gladstone and Port Alma, as well as the prospect of an upgraded Rockhampton airport. The Inland Rail extension would also bring new opportunities in terms of maintenance work and freight imports."

Inland Rail is a multi-year project and the entire enterprise will be broken up into 13 separate 'sub-projects'. Each sub-project has its own timeline and there is no fixed date for the final completion of the entire project. The project is being orchestrated by the Australian Rail Track Corporation (ARTC), a government-owned corporation.



Agnes water voted a top tourism town

Agnes Water has reached the top 5 in a new poll showing the most booked spots in Queensland over the coming Christmas school holidays.

New data from Australia's Stayz website has found despite travel restrictions across the country, Australian families have instead turned to planning and booking their Christmas and Summer holidays months ahead of previous year booking trends.

Ranking fourth behind Rainbow Beach, Gold Coast and Redlands respectively, it appears the beach destination was quite popular with families to book their vacations for December this year.

"Whilst we've had the obvious cancellations due to lockdowns in Greater Sydney and shutting of borders in other parts of the country, demand for holiday homes remains high when looking ahead to future holiday periods," said Stayz travel expert, Simone Scoppa.

"What we are seeing is a change to how Aussies are booking with people securing their holiday homes more than six months in advance - twice as long as we'd traditionally experience for the Christmas and Summer holiday high season.

"They're also travelling much closer to home than ever before with all states picking hyper local destinations for their getaways, for the first time, we're seeing Australia's major cities rank amongst the top 10 destinations in some states, suggesting people are enjoying staycations, preferencing private homes over hotels or planning ahead to visit family and friends in other states that are based in metro areas."

Nationally, the Shoalhaven region in NSW is the most popular destination that Australians are booking now for summer.

Bookings to Shoalhaven are up 57 per cent compared to 2019 closely followed by Mornington Peninsula, the Sunshine Coast, Melbourne, Central Coast in NSW and the Hunter Valley.

All these destinations have seen significant growth with most bookings up 45 per cent compared to 2019 for the December and January holiday period.

"Beach getaways are still top of the list for where Aussie travellers are booking for December to kick off their summer holidays, we suspect planning and booking a quintessential Aussie beach Christmas is giving Aussies something to look forward to after what is proving another challenging year," added Scoppa.



An aerial photo of the Great Barrier Reef off the coast of Agnes Water.

Art grants up for grabs

By Jackie Dobson

Expressions of interest are currently being accepted for Gladstone Regional Council's Regional Arts Development Fund (RADF) Round Two 2020-21 funding.

RADF is a partnership between Gladstone Regional Council and Queensland Government to support local arts and culture in regional Queensland.

Gladstone Regional Councillor Glenn Churchill said individuals and local arts and culture groups are encouraged to apply for the funding.

"RADF promotes the role and value of the arts, culture and heritage as key drivers to support diversity and inclusivity," Cr Churchill said.

"It also helps to grow strong regions and provides training, education and employment opportunities for Queensland artists and local communities."

Short term projects may be eligible for funding in the following categories: Developing Regional Skills, Building Community and Cultural Capacity, Regional Partnerships, Cultural Tourism, Concept Development and Contemporary Collections / Stories.

"Three grant writing workshops will take place between 29-31 July, with individual sessions open by appointment," Cr Churchill said.

"Expressions of interest for RADF Round Two close at 4pm on Friday July 30, ahead of applications closing on Friday August 27 for projects commencing after October 6."

Gladstone Regional Council RADF Liaison Officer and Gladstone Regional Art Gallery and Museum Cultural Specialist Di Paddick said the strength of the program is the volunteer RADF committee.

"They do the assessments of the applications that come in and make recommendations for Council which are considered at our General Meetings," Ms Paddick said.



EOI window is now open for RADF Round Two funding submissions.

"This allows the community to see the type of applications and projects that are coming through.

"During the expression of interest process we pair up our applicants with a committee member to help them through the process.

"The committee and the community work together side by side during the workshops.

"We are hosting Flying Arts Alliance to present the workshops at Tannum Sands, Captain Creek and Gladstone so we can reach broadly our community.

"To find out more, please contact the team at Gladstone Regional Art Gallery & Museum if you have any questions surrounding RADF Round Two funding."

Guidelines and applications forms for Round Two 2020-21 funding are available online via www.gragm.qld.gov.au/radf or from Council's offices, venues and libraries.

For further information email gragm@gladstone.qld.gov.au or phone Gladstone Regional Art Gallery & Museum (GRAGM) on (07) 4976 6766.



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Finding your lost super

By Eilish Massie

Gladstone residents have been urged to check on their retirement savings after latest figures revealed more than \$26 million in lost and unclaimed superannuation was sitting in unused accounts. Latest Australian Taxation Office (ATO) figures revealed more than \$26.3 million in lost and unclaimed super was sitting in 6,000 unused accounts in Gladstone and the surrounding area. The substantial amount has resulted in Gladstone's postcode to be ranked fifth in Queensland's top 10 postcodes with the most lost and unclaimed super, QSuper has revealed.

QSuper's Chief of Member Experience Jason Murray said the start of a new financial year was the ideal time to do an annual super health check.

"It's easy to do a quick super check-up while you're using the ATO's online services through myGov," Mr Murray said.

"After you have accessed and reviewed your income statement, click the super tab on the ATO online home page to view your super fund details and employer contributions for the year.

"You'll be able to see all of your super, including any old super fund accounts you may have forgotten about as well as any money the ATO is holding for you."

Mr Murray said Gladstone residents could have thousands of dollars being held by the ATO, and potentially more money sitting with old super funds if they have changed jobs numerous times.

"The annual caps on before and after-tax contributions increased from July 1 which will give savers the option of adding even more to their super this year."

Mr Murray said it was especially important for women, who generally retire with less due to the gender pay gap and time out of the workforce, to review their super at least once a year and talk to their super fund or financial adviser about ways to boost their balance.

QSuper member data shows Gladstone women aged 60-64 are retiring with, on average, a balance of almost \$259,000 while men in the region are retiring with more than \$470,000.

QSuper's five-step super check at tax time:

1. Find your super

If you have ever changed your name, address, job or lived overseas, you may have unintentionally lost track of some of your super. Your lost or unclaimed super may be held by your super fund (as a lost member), or by the ATO. Having more than one super account could mean you're paying multiple fees and charges.

2. Review your investments

Reviewing how your super is invested can



make a big difference to your retirement. Your investment choices may change over time. What's right for you at age 25 may not be right for you as you get closer to retirement and want to take less risk. Do an annual review to consider the mix of each asset class that best suits your circumstances.

3. Check your insurance

Many people have automatic life insurance cover inside their super. If you have insurance, check the total benefits available to you and review your premiums. Your pre-

miums are paid from your super balance so make sure your cover is right for your current circumstances.

4. Claim a tax deduction

If you made any personal, after-tax contributions to your super last financial year you could claim a deduction and potentially boost your return this tax time. Before you claim, check how much space you have left in your annual limits. If you claim a tax deduction on an after tax contribution it will be treated by your fund as a before-tax contri-

bution and be subject to last year's \$25,000 concessional contribution cap.

5. Add to your super

Thanks to the magic of compound interest, making small, extra contributions throughout your working life can make all the difference over time. You can also make extra contributions from your pre-tax income by salary sacrificing or, if you're on a low income or not working, get your spouse to make after-tax contributions on your behalf.

Cassy Jones' legacy lives on with park upgrade

The legacy of Cassy Jones has grown even stronger following the recent completion of the Cassy Lives Skate Park upgrade.

Minor works including landscaping, seating, bins and signage have now been completed through the Queensland Government's Covid Works for Queensland program in association with Gladstone Regional Council.

Council undertook extensive community consultation prior to redesigning the skate park, firstly in October and November 2019 to understand the community's needs and priorities regarding the skate park and again in July and August 2020 with the community voting on their favourite design.

Gladstone Region Mayor Matt Burnett said design option two was the most popular choice.

"This option complemented the style of the existing facilities in the area and the retained steel half pipe," Mayor Burnett said.

"It also provides areas of flat open space with technical street features that can appeal to skaters of all skill levels."

Member for Gladstone Glenn Butcher welcomed the upgrades to the Cassy Lives Skate Park.



The legacy of Cassy Jones has grown even stronger following the recent completion of the Cassy Lives Skate Park upgrade.

"It's fantastic to see these upgrades completed and open for the kids and families of Gladstone to enjoy," Minister Butcher said.

"This investment is part of the Palaszczuk Government's Covid-19 Economic Recovery

Plan, which is creating jobs in the Gladstone Region now, when we need them the most."

"I thank Mayor Matt Burnett and the Council for delivering this project which helps the Gladstone Region be the best place

in Australia to live, work, and enjoy a great lifestyle."

Cassy Lives Skate Park is named after Cassy Jones, who sadly passed away from melanoma, aged 14, on 1 August 1990.

In her last few months, Cassy set out to increase awareness of skin cancer by starting a campaign with the Queensland Cancer Fund.

Cassy also developed and raised money for her research fund, Cassy's Wish, which supported melanoma research and the Charles Wanstall Lodge in Herston, Brisbane.

Gladstone City Council, now Gladstone Regional Council, supported Cassy by naming a local park near Briffney Creek in her honour, naming it the Cassy Lives Park.

In 1996, within the park, Council constructed a skate park, which is still fondly known as the Cassy Lives Skate Park.

Please visit <https://conversations.gladstone.qld.gov.au/cassy-lives-skate-park> for more information about Cassy Jones.

The \$325,000 Cassy Lives Skate Park upgrade works was fully funded by the Queensland Government's Covid Works for Queensland program.



Along with the Banana Shire, the Queensland Rotary Bowelscan Committee is hoping that a whole-of-town approach will turn that around with an important awareness campaign.

Cancer campaign

By Eilish Massie

New data has revealed Biloela is above the national average for excess bowel cancer deaths.

Figures from the Australian Cancer Atlas' latest report indicates Biloela is 20 per cent above the national average with more than 15,000 people diagnosed each year.

In order to raise awareness, Banana Shire Council and Queensland Rotary Bowelscan Committee have launched a campaign to help change the township's approach.

On Monday June 19, the #GetYourBumIntoGearBiloela Week was launched to grab the attention of the whole town including council, health professionals, businesses, sporting

groups and volunteer groups.

Following on from the highly successful #GetYourBumIntoGearQLD Tour last April, Rotary is hoping to raise awareness of bowel cancer, the symptoms, encouraging over 50s to use the free government test kits and to help prevent early onset under age 50 bowel cancers.

Queensland Rotary Bowelscan Committee Mal Padgett said Biloela residents were 'visibly shocked' when they heard the high bowel cancer statistic for their town.

"Many think bowel cancer is just an old person's disease but 10 per cent are under 50. That is around 1550 Australians annually or 30 young people a week are told, 'You have bowel cancer.'"

Banana Shire Council Mayor Nev Ferrier encouraged the community to go get tested.

"Help spread the message through your community or workplace anyway you can and we can get this number down."

Rotary are selling their test kits online for \$20 or you can buy one at your local pharmacies in Biloela who are participating, Biloela Discount Chemist and Biloela Medical Centre Pharmacy.

Until July 31, search for #BowelscanQLD to find and follow Rotary's campaign social media and also to purchase a kit online.

Future city views

By Eilish Massie

Students across the Gladstone and Banana region got a glimpse of what the city could look like in 30 years, at a recent launch of a program at CQ University on Wednesday.

CQU STEM Central hosted the first of a three-part city design challenge for year five to eight students from Redeemer Lutheran College, Biloela State High School, Toolooa State High School, Clinton State School and Gladstone West State School.

27 students got to explore what Gladstone could look like in three decades, and focused on an initiative that could change the industry town with sustainability, technology and community by 2050.

STEM Central Lead and CQ University lecturer Dr Linda Pfeiffer said the first stage of the Gladstone Future Cities Challenge, seeing students build the foundation of their ideas.

"The Future Cities Hackathon will allow students to explore innovations that are being lead around the world in future city design, identify opportunities around Gladstone for innovation, and work through a google inspired design sprint process to develop the foundation of their initiative to pilot in Gladstone."

After completing the Future Cities Hackathon, Dr Pfeiffer said students will move into the Future Cities Design Challenge to continue developing their ideas throughout the term.

The challenge will involve students joining a 60 minute virtual masterclass once a week delivered by a team from BOP Industries.

BOP Industries spokeswoman Maddie Panther said the masterclass will deliver relevant content to help students develop ideas and help with additional tasks later through the term.

"After students submit their ideas at the end of term three, they will be judged by a panel of experts from CQUniversity, BOP Industries and Australia Pacific LNG directly before the official awards which will celebrate the achievements of the top teams," she said.

The Gladstone Future Cities Challenge is a jointly coordinated event between CQUniversity and BOP Industries.



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New glowing caretaker

By Duncan Evans

A work of art designed and installed by artist Belynda Waugh adds a striking component to the innovative Wrapt in Mugul art exhibition currently on display around the Miriam Vale portion of Central Queensland.

The work of art, titled "Caretakers", presents a tall light sculpture made of clear polycarbonate with inbuilt solar lighting. The external layer is transparent in places, and shows images of the caretakers of Mugul, the Indigenous term for Mt Colosseum.

In the night, it glows like soft fire.

In a telephone call with CQ Today, Ms Waugh said it had taken her roughly a week to design and assemble the piece.

When asked whether she was happy with the final manifestation of her vision, she replied:

"Yes, kind of. I always see something that I could do a bit better, but that's just me. But from what I understand it looks good at night, it's close to the road and it just glows."

CQ Today invited Ms Waugh to submit a short piece outlining her vision for Caretakers, and she replied with the following short poem:

Be still and listen

Look closely and you will see

This place in another time

Sacred to both you and me.

Look back and see the old ones, our elders

Listen to their stories and lore.

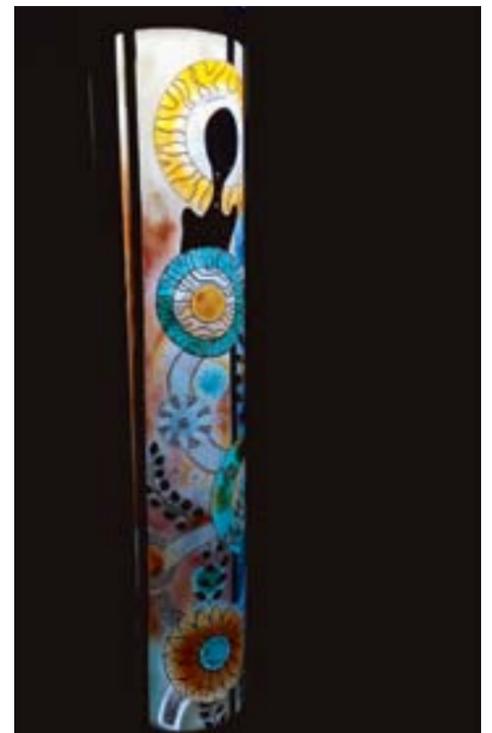
They have always been here on this mountain

Those that walked this land before

The exhibition is divided into two areas, with five works of installation art positioned along the Bruce Highway between the towns of Bororen and Miriam Vale, and ten pieces positioned at the base of Mt Colosseum.

The pieces along the highway will be open to visitors and commuters at all hours of the day, while the pieces by Mt Colosseum will be open between Wednesday and Sunday from 10am to 4pm.

More of Ms Waugh's work can be seen at: www.bindiwaugh.com

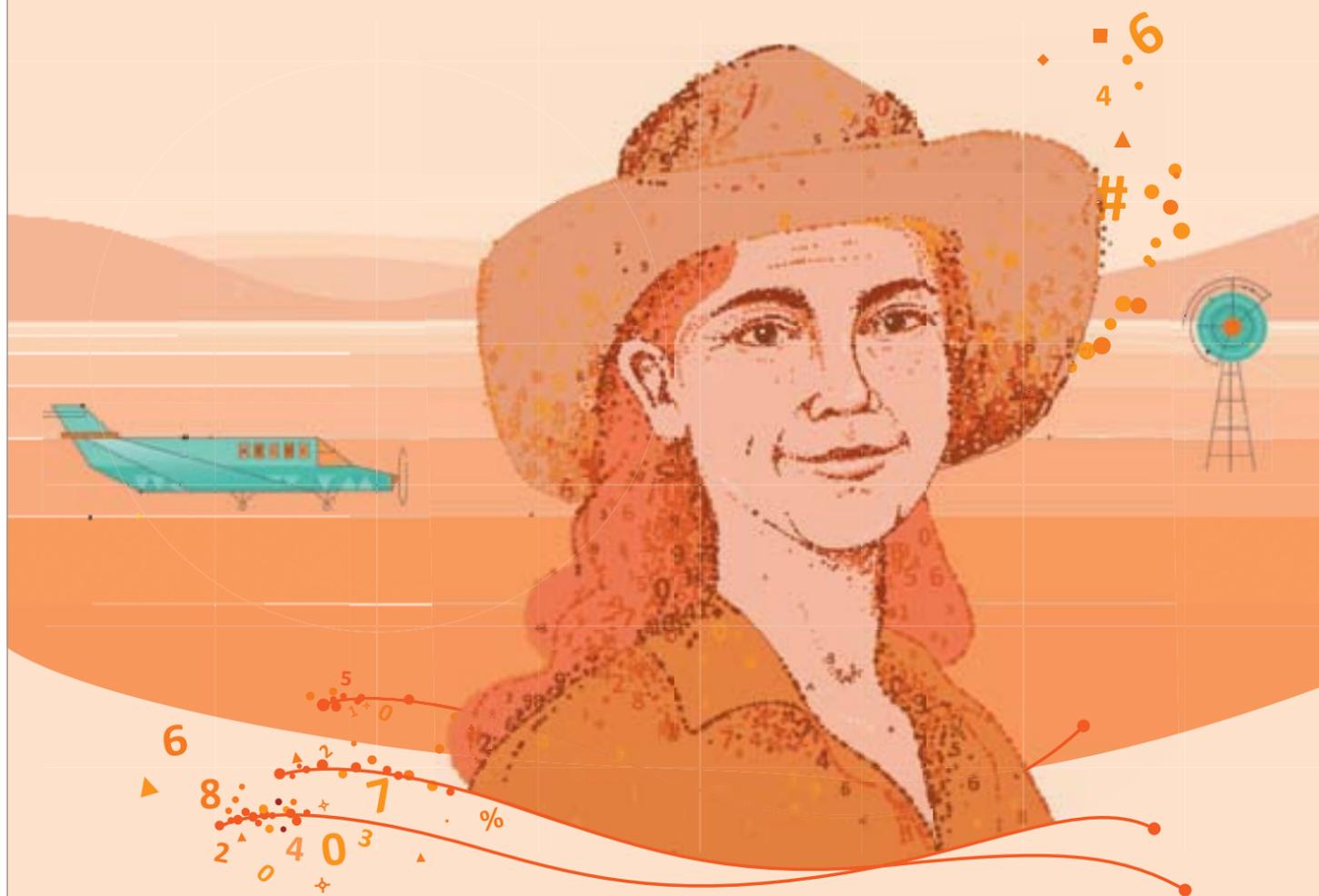


'The Caretakers' on display now in Miriam Vale. Picture: LEE MCIVOR



Census

The Census is coming this August.



Every stat tells a story.

Your Census answers don't just make statistics. Local birth rates help plan local playgroups that connect families. The number of people in remote areas tells doctors where life-saving help is needed most. When you complete your Census, you're helping build a better future for all of us.

Look out for instructions on what to do.



Scan or visit census.abs.gov.au

Authorised by the Australian Bureau of Statistics, Canberra.

12505477-SN30-21

Driving goodwill

The Boyne Island Low Vision Group has supported people with low vision and sight loss for the past 11 years. About 16 members regularly meet for morning tea and social support monthly, sponsored by the Boyne Island Lions Club.

Local transport was a problem for members living in Gladstone until Dave Byars, who has a guide dog named Harvey, spoke with Leeane Kendrick from Senior Citizens about hiring a bus to take people from Gladstone to Boyne Island.

Ms Kendrick proved to be most helpful and gave the group a reduction in the usual fee and the low vision group would provide the fuel and a driver.

"The latter was easy to come by as the husband of one of our members (Ian Jennings) agreed the next hurdle was paying for the fuel," a spokesperson said.

"Once again, Dave mentioned our plight this time to the manager of Bendigo Bank at Calliope who generously donated a cheque to cover the fuel for eight months to the end of the year.

"People would travel for free if they paid the small membership of senior citizens. Our April meeting was the first time the bus brought Gladstone members down to Boyne Island."

The group meets at Boyne Community Centre Castle Tower on the fourth Tuesday of each month.

Contact jcburkett@iinet.net.au for more information.



Front: Jess Warren, Jenny Jennings, Dave Byars & guide dog Harvey, Muriel Ritter. Back: Beatrice Breslin, Cecily Burkett.



The sky was alight with many different illuminating shapes.



Live music performances were also on offer at the family-friendly event.

Glowing Gladstone shines

By Jackie Dobson

Gladstone Regional Council's highly anticipated award winning Luminous – Heritage Trail was a massive hit on July 16-17. Thousands flocked to the Tondoon Botanic Gardens and several landmarks within Gladstone's CBD to view the impressive light displays.

Gladstone Regional Councillor Rick Hansen said the family friendly event had something for everyone.

"The gardens were packed with massive light displays, illuminated art, live music, roving entertainment, workshops, children's activities and a spectacular water activation on Lake Tondoon," he said.

In addition to the main Luminous festivities, a specially designed Heritage Trail was also activated along Goondoon Street to mark the occasion.

The Luminous - Heritage Trail lit up buildings including the Old Gladstone Post Office, Kullaroo House, Gladstone Entertainment Convention Centre and the Gladstone Library.

"The Heritage Trail allowed the community to take themselves or their family on a walk down Goondoon Street to see some special buildings that were lit up to celebrate Luminous," Cr Hansen said.

It was free to attend and was accompanied by a launch event, Luminous – Ignite the Heritage, in the Entertainment Precinct along Goondoon Street on Thursday July 15.

"The event featured market stalls, food vendors and live entertainment bringing an "Eat Street" style event to Gladstone's city centre," Cr Hanson said.

See more social pics on page 20



Gladstone Regional Council's highly anticipated Luminous – Heritage Trail was a hit with the community.



Art demonstrations were enjoyed by attendees.



Thousands of visitors gathered to enjoy the displays.

Symphony to return

Queensland Symphony Orchestra will return to Gladstone this August for the ninth consecutive year of the much-loved Symphony Under the Stars community event.

Following last year's success, Symphony Under the Stars will be performed on Friday August 27 at 7pm, at the GPC Marina Stage.

Supported by Australia Pacific LNG operated by ConocoPhillips, Gladstone Regional Council, Gladstone Entertainment Convention Centre, and Gladstone Ports Corporation, the event will take audiences on a fantastic trip around the world.

Conducted and hosted by Guy Noble, the concert will also feature QSO Section Principal Viola Imants as soloist, who will perform Bruch's Romance in F major, for Viola & Orchestra, op.85.

Queensland Symphony Orchestra Chief Executive Craig Whitehead said the musicians were excited to return to Gladstone, a place they loved visiting.

"Last year, Gladstone was the first location QSO was able to visit, and perform for, after the COVID-19 lockdown," he said.

"Almost 1,500 people joined the Orchestra over two nights and we all look forward to experiencing the same joy later this year."

As in previous years, a local highlight will be the inclusion of Gladstone students joining Queensland Symphony Orchestra on stage.

For the QSO's Prodigy Project seven talented high school students have been selected to join the Orchestra in a performance of the famous Galop from the William Tell Overture.

MP Glenn Butcher said the orchestra's consistent visits to the region were of vital importance.

"It provides an amazing opportunity for our community to see high quality performances, which capture both classical and modern compositions and engages audiences of diverse musical tastes."

"We are extremely fortunate to have the Queensland Symphony Orchestra's visit regional Queensland to provide this experience and in particular, play a vital role in educating and mentoring arising performers."

Gladstone Region Mayor Matt Burnett said



Justin Bullock, Phoebe Russell, and Tim Corkeron perform at the GPC Marina Stage

he had a lot of respect for conductor Guy Noble.

"Previous Symphony Under the Stars attendees will be familiar with Guy's achievements," Cr Burnett said.

"Guy has an extensive resume including stints with the Sydney, Melbourne, Adelaide, Western Australian, Tasmanian, Queensland and Canberra symphony orchestras, as well as the Auckland Philharmonia Orchestra and the Hong Kong Symphony and Malaysian Philharmonic orchestras.

"Guy has worked with a wide variety of international performers including Harry Connick Jr, Ben Folds, The Beach Boys, Glenn Frey, Randy Newman, Olivia Newton John and many others."

In the course of the next three years, the Or-

chestra aims to provide experiences for special schools and the Endeavour Foundation Gladstone Learning and Lifestyle program.

The nature of these experiences will be determined by research and pilot programs carried out in the Brisbane region in the latter part of 2021 and 2022.

Through the power of music, the Orchestra aims to provide hope, happiness and health in all communities.

Symphony Under the Stars with Queensland Symphony Orchestra is a free event on August 27 at GPC Marina Stage from 7pm.

PROGRAM

- ROSSINI William Tell Overture, Galop
- TCHAIKOVSKY March (Danses Caractéristiques)

istiques) and Danse russe trepak (Danses Caractéristiques) from The Nutcracker Suite No.1, Op.71a

- SCULTHORPE Small Town
- DVORÁK Slavonic Dances Op.72 No.7
- COPLAND Fanfare for the Common Man
- GRIEG In the Hall of the Mountain King from Peer Gynt Suite No.1, Op.46
- BRUCH Romance in F major for Viola & Orchestra, op.85
- HANDEL (arr. Hamilton Harty) Royal Fireworks Music, HWV 351
- HISAISHI My Neighbor Totoro
- BORODIN In the Steppes of Central Asia
- SHARPE Blades of Toledo
- SIBELIUS Finlandia, Op.26

Three legends making more memories

Three Australian music legends have come together to present 3 Legends in Concert live in Gladstone soon.

The line-up includes Australia's first King of Pop Normie Rowe, the Queen of the Mods Dinah Lee and Australia's King of Country Rock Jade Hurley.

The trio bring back the energy and excitement from the Wonder Years of the Sixties - the perfect reflection of an era.

The audience is guaranteed a sensational show of great music and wonderful memories, proudly presented by Bob McKinnon and Brian Fogarty.

Normie Rowe AM was Australia's first King of Pop with hits including "Shakin' All Over", "Ohh La La" and "It Ain't Necessarily So" and starred in a myriad of stage shows including "Annie", "Chess", "Evita" and as Jean Valjean in Les Miserables. He has done it all and now brings his showmanship to the port city with two of his counterparts.

Dinah Lee (Queen of the MODS) is a New Zealand born superstar with her International Number One Hits "Don't You Know Yockomo", "Reet Petite" and "Do the Blue Beat" and is acknowledged as New Zealand's greatest musical import to Australia.

Jade Hurley OAM dubbed by Johnny O'Keefe as "Australia's King of Country Rock" is Australia's very own "Piano Man" with the unique "record" that every record he has released has achieved GOLD, PLATINUM or DOUBLE Status in Australia and New Zealand.

See more details in our coming events section on page 19



Jade Hurley, Normie Rowe and Dinah Lee will help bring back many music memories.

The best buskers

By Eilish Massie

The city will come alive with music this weekend, as the Australian National Busking Competition gets underway.

Buskers from across the region will perform at various times and locations around the city on Saturday as part of the annual regional competition.

Established in 2012 in Cooma NSW, the ANBC has grown into a network of busking festivals, held in country towns and regional centres all over Australia.

Gladstone buskers will play at designated stations on the day and will perform up to four half-hour sets.

Judges will assess the performances, and the public will have an opportunity to vote on their favourite buskers by tipping with 'Busker Tokens', which can be purchased from volunteers for \$1 on the day.

Winners will be announced at the Regional Finals Concert and Awards Presentation at East Shores at 5pm and from there, winners will be invited to compete in the ANBC National Grand Final in Cooma, NSW.

Entry forms are available online for local musos with the ANBC's Entry Form or on the GAPDL website at gladstoneregion.info

The event begins this Saturday in the Gladstone CBD from 9am to 4pm.

A finals concert and awards Presentation will be held at 5.00pm on the Auckland House main stage, GPC East Shores.

OPINION

Letters: Editorial@todaygladstone.com.au
Text: 0456 749 126

A Better Alternative to the Mt Morgan Pipeline

Sir,

The proposed water pipeline to Mt Morgan is going to take years to come about.

Assuming that is finance becomes available it will still take a long time after that.

Deepening our existing dam would be the only reasonable and cheap solution to our water problem.

This would not be a total solution but would hopefully add considerably to our water supply.

Put this idea to a vote by the ratepayers the time for this action is now, before we get rain.

Keith Ross

A Critique of the Labor Party

Sir,

If labor are to win the next election they have to stop this obscene fetish for blaming Scomo for everything.

Their negativity is alarming. When Job-keeper was announced, they said it fell short on the money available, then two days later say we are heading for a trillion dollar deficit, make up your mind.

Labor have to get back to grassroots the workers. Arthur Calwell and Gough Whitlam were visionaries who could see our potential, only thing Gough said in 1976 we needed to get more middle to upper-class of people into Labor ranks.

What we got was a lot of drongos. Labor needs to stop complaining about everything and be good in opposition to put pressure on the government. They look lame to silly with their comments.

And our state Queensland has a deputy premier who has a PhD in Unionism, Dr Steven Miles that will be 30 minutes he won't get back, and the boss is over in Tokyo for a photo shoot to get the Olympics, we will get them as everyone else pulled out, no one wants its poison challis, but the infrastructure will be good for Brisbane forget the rest of the state.

Remember people Australia purchased 20 million doses of the Pfizer vax, but the unelected European Union said we don't have a problem and stopped the shipment, that's why we have a problem getting everyone vaccinated. But we will get there. Be safe, get the vax and we will move on.

Keith

Thoughts on ANCAP

Sir,

Many people are unaware that all vehicles have an ANCAP rating.

ANCAP is the car safety rating system used in Australia and New Zealand that analyses primary features that protect us from having a crash and secondary features that save us from a crash.

The safest rating is 5 stars and the lowest is 1 star.

What are the primary features that we should consider when considering purchasing a vehicle for our daily drives that will protect us from crashing?

ABS is a primary feature that allows steering control during braking to help avoid a collision. ABS works by activating brakes on and off many times per second during a heavy braking procedure, preventing brakes locking up and creating loss of control.

ESC, or Electronic Stability Control, is a feature that helps drivers avoid losing control from emergency swerving by detecting skidding and applying control to individual wheels to stabilise the car.

AEB, or Autonomous Emergency Braking, is a devise that detects when you are travelling too close to another vehicle and will apply the brakes to reduce the chances of a crash.

What are some of the secondary features that save us from a crash?

Features such as structural integrity will help to dissipate the forces of a crash through crumple zones that disperse the forces away from the occupants. This improves survival from high speed crashes.

Air bags are a secondary feature that protect us from impacting parts of the vehicle with cushioning.

5-star rated cars have a number of air bags including protection from the front, side, curtain and legs. The most important secondary feature is the seatbelt.

We need to ensure that we adjust the height adjuster so that the belt is not against our neck and ensure that the lap belt is across our hip bones and not on our stomach to prevent spinal injury in the event of a collision.

It is important that we consider safety features when purchasing a vehicle but it doesn't matter what vehicle we purchase when it comes down to the contact a vehicle has on our road surface.

Tyres are only the width of an average hand and it is so important that we ensure that our tyres are in good condition.

The newer the tyre the better the grip and the better the stopping ability because when tyres wear down their performance deteriorates. The legal tread depth on tyres is 1.5 mm and a wear indicator is a lug in the depth of the tread to warn you when you need to replace your tyre.

If you experience noises, vibrations in the steering or anything abnormal, please get it checked as a front tyre blow out can be extremely dangerous at high speeds.

Stay safe on our roads and look into ANCAP when purchasing a new vehicle.

Leyland Barnett



Lynch's Jokes of the Week

A duck walks into a bar.

He props himself up to the bar and asks the barman if he had any bread.

The barman replies, "No I don't have any bread."

The duck asks again, "Do you have any bread?"

"No," replied the barman.

For the third time the duck asked the barman if he had any bread.

By this time the barman had just about had enough and said to the duck, "Listen you keep asking me for bread and I will nail you bill to the bar."

The duck paused for a second and asked the barman, "Have you got any nails?" The barman replied, "No".

This then bought the duck to ask the question, "Do you have any bread?"

ON THIS DAY

July 22 is recognised as Hammock Day.

On this day in history:

1099: First Crusade: Godfrey of Bouillon is elected the first Defender of the Holy Sepulchre of The Kingdom of Jerusalem.

1456: Battle at Nandorfehervar (Belgrade): Hungarian army under Janos Hunyadi beats Sultan Murad II.

1515: First Congress of Vienna settles issues between Poland and Holy Roman Empire - rise of the Habsburgs' influence.

1942: Warsaw Ghetto Jews (300,000) are sent to Treblinka Extermination Camp.

1963: Sarawak achieves independence from British colonial rule.

2011: Norway is the victim of twin terror attacks, the first a bomb blast targeting government buildings in central Oslo, second a massacre at a youth camp on island of Utøya.

VOX POP

WE TAKE IT TO THE STREETS

What do you like the most about Gladstone?



Sonny Smith: The views.



Brenton Langford: The views.



Samantha Freeman: The sun!



Jason Barlett: The working industry.



David Smith: The festivals.



Kaelob Rowlands: The East Shores.

Current Affairs

Matt Canavan



Risk of the three Cs

There are three big challenges we face right now - or three "C's" - COVID, Climate Change and China. We will get on top of Covid eventually even though it could be with us forever thanks to the Chinese Communist Party.

The latest lockdowns seem a costly and futile attempt to eradicate the virus. Given the continuing spread of the Delta strain, even in countries with high vaccination rates, eradicating Covid is not realistic in the long term.

The virus Made in China will be defeated by the vaccines Made in America and the UK.

Vaccine supply has been slower than expected thanks to border controls and the clotting issues with AstraZeneca. But 4.5 million Pfizer doses are due to arrive in Australia this month and by the end of the year there should be sufficient supply for all Australians.

Climate change is a long term problem requiring global cooperation to fix. There is no point reducing our emissions, and putting Australians out of work, even if we can't trust other countries to reduce their emissions.

Which brings me to the other "C" of China. Last year, China announced that it plans to achieve net zero emissions by 2060.

In the same year they installed 38.4 gigawatts of new coal fired power - double Australia's capacity. Listen to what people do, not what they say.

China already accounts for one third of the world's emissions.



Senator Matt Canavan says China will take advantage of the west's naivety just as they have done over the past two decades.

If the rest of the world reduce their emissions, this will only help China to steal more industrial capacity and jobs, and probably increase global emissions in the process. There is no doubt that China will take advantage of the west's naivety just as they have done over the past two decades.

Twenty years ago, we let China join the World Trade Organisation. We hoped that greater trade would encourage China to open their economy and liberalise their politics. We were wrong.

Instead, the Chinese Communist Party has

taken an inch and run a mile. China still refuses to comply with their WTO obligations to publish the assistance they provide to industry. Some estimates say that 80 per cent of the profits of Chinese steel firms come from government subsidies. Last year, China produced almost 60 per cent of the world's steel.

There is no reason to think China would be any more compliant with an international climate agreement. China won't let health inspectors work out the origins of a virus but they do have two spy ships off the Central Queensland Coast listening in on the Australia-US-Japan

training exercises at Shoalwater Bay.

The imminent threat to our children's prosperity and freedom comes from an aggressive China not climate change. China now threatens the territorial integrity of its neighbours and it does so from a position of industrial strength.

In the face of China's aggression and blatant breaches of international law, what should Australia do? We should be restoring our industrial strength. There are only so many things a country can do at once. A massive effort to reach net zero carbon emissions would only threaten our ability to build back our ability to make things.

To increase our manufacturing we will need government action to prevent subsidised Chinese goods from flooding our markets and destroying any potential for Australian manufacturing to thrive.

President Xi Jinping gave a speech to commemorate 100 years of the Chinese Communist Party a few weeks ago. He did not mention climate change once. He did call for the reunification of China and Taiwan.

The risk of China invading Taiwan has much larger implications for our nation than climate change. As much as we would like to wish it otherwise, we will not have global action on climate change until we restore peaceful cooperation among nations. As the Roman general Vegetius said if you want peace, prepare for war.

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Finding your purpose

I have been considering the best way to deliver this article for a while and whether I should write it at all.

I feel like if I can help anyone else who has been experiencing similar to feel less alone, coax them back into their purpose and see their worth, it's a win, right?

Firstly I am feeling blessed beyond words.

I started a new job last month and I feel like it has had the most powerful positive ripple effect.

I am immensely grateful to the people who gave me a chance and gifted me with a very special opportunity.

Just over six months prior to this chance and welcome change, my sense of purpose had done a runner and because purpose apparently has a petty side, it took my confidence and self-worth with it.

This started around when I had committed to leaving a situation that would no longer support me which was liberating until it wasn't.

Instead I took a deep dive into a space where there was a lot of darkness, demons,

THIS WEEK WITH JORDIE



and hard truths that harboured their fair share of heartache.

Sidenote: I don't believe struggle is measured by time; it's measured by feeling, and pain and suffering isn't something that should be justified to others. Feelings aren't finances that need approval; they just really need the right attention, assistance and action.

My mental health endured countless knocks and the negative effects spread across my social, spiritual and physical wellbeing like wildfire.

As a result, my overthinking was kicked into high gear which caused an unbridled fear to wreak havoc on my basic everyday existence.

Suddenly I was second-guessing absolutely everything I did, everything I said and everything I stood for while fumbling around in the dark looking for the light at the end of the tunnel and giving my demons the attention they needed. I noticed I started to view the world around me differently too.

I grew deeply disheartened as the dark domino effect knocked me down and flattened all the goodness that I once saw around me.

I began to feel rejected by Rocky, where I have lived and a place I have loved for 24 years. I was sitting on the fence with my faith mulling over everything from my next move right through to some low acts from people I once thought so highly of.

Last month, I finally reached my light at the end of the tunnel and it was this opportunity that was my beautiful beacon of hope.

Everyone deserves to feel that sense of warmth and see that stunning light to guide them out of that cold dark lonely space.

I have learned a lot of valuable lessons over the past few months and I genuinely feel stronger within myself since I embraced cer-

tain vulnerabilities.

My purpose has returned and it kindly brought some confidence and self-worth back to me.

I will also never forget the people who saw something in me when I started to lose sight of myself.

If you are struggling, feeling lost and alone, please reach out to someone – anyone.

Life may not always be a walk in the park but you should never feel like you have to walk alone. I couldn't have gotten to where I am without my incredible support system.

We all deserve to live to our full potential and do what we love as happy, healthy human beings in mind, body, soul and life.

Help is always available if you need it. You are valuable and so very worthy of it. With the right support, you can rebuild your best life from the mind up.

- <https://www.blackdoginstitute.org.au/>
- <https://www.beyondblue.org.au/>
- <https://headspace.org.au/>
- <https://grow.org.au/>

Music and art festival

UNDER THE TREES WITH BILL CRANE



to deliver an outdoor festival experience for all ages.

This year, there is an added bonus with the UTT inaugural Art Gala event. This will be an evening of art appreciation, showcasing local talented creatives, accompanied by live music and entertainment. Art and festival dressings will also make the festival a unique and special event, helping to create lots of memories.

Pick up and enjoy a selection of fine food and stop by at the Wine Tasting Bar before strolling through the festival grounds on a tour of intrigue, while being entertained by the whimsical Meraki Circus Performers.

After enjoying the food, follow through to the art gallery and finish the evening at The Shrubbery stage with family and friends, as the musicians take you through their set. All in all a great weekend to look forward to.

Tickets are on sale now.

Under The Trees (UTT) is a laid back music and arts festival located 'under the trees' at the soccer fields on Jacaranda Drive, Boyne Island. It is proudly organised by the community, for the community, entirely run and built by volunteers and it's now back for 2021 after being cancelled last year.

There will be two stages, street theatre performances, multiple food stalls and two bars. Interstate and local acts will perform a mix of genres ranging from blues to rock and reggae

The Darter

BIRDS OF BOYNE & TANNUM BOB TRASK



The Australasian Darter is a large, slim water bird with a long snake-like neck and sharp pointed bill.

After a time in the water, it will perch and open its wings to dry them out before flying off!

Although its gait seems clumsy on land, it soars gracefully in flight.



The Australasian Darter can be seen in the Gladstone region.



Club Gladstone and 4CC proudly present

LEGENDS

in concert



normie **ROWE** dinah **LEE** jade **HURLEY**

Saturday 16 October, 2021 – 8pm

GLADSTONE ENTERTAINMENT CONVENTION CENTRE

56 Goondoon Street, Gladstone

BOOK NOW: 07 4972 2822 or www.gladstoneentertainment.com

12504644-BL30-21

Q&A

What is the best advice you've ever received?
Be Good If not Be Good At It" and "If you see a chance take it.

What is something you do in your spare time?
Anything near the water (Ocean) coastal boy, Golf and play Ukulele.

What is something most people don't know about you?
Was Queensland Cocktail making Champion in 1987 and 1988.

What do you do for work and what do you enjoy about it?
Radio Announcer, talking to listeners meeting new people and playing music.

What is your favourite spot in the Gladstone region?
Anywhere along the Coast, from Gladstone to Agnes 1770. Also love The Boyne Valley.

What would be your last meal if you could choose?
Roast Lamb.

What is something you think CQ needs?
A NRL Side.

What guests (dead or alive) would you invite to a dinner party?
Jimmy Buffet, (Huge Fan we are known as Parrot Heads)Tommy Raudonikis, Arthur Beetson, Sandra Bullock, Samuel L Jackson and Ryan Reynolds.

4CC radio announcer Barry Hamilton loves talking to listeners, meeting new people and playing music.

with 4CC radio announcer Barry Hamilton



THREE ... different coffees to try

For some, drinking coffee is a daily ritual, and others a means of survival. While your caffeine addiction might have you reaching for a cup regularly, if you find yourself getting bored of the same flavours, it might be time to switch your order up. Here's some quirky variations we recommend:

- 1 **Dirty chai on soy**
The spices mixed with espresso and steamed milk is delightful for those who don't like strong coffee. Dirty chai also has a range of health benefits including aiding heart and gut health, and easing diabetes.
- 2 **Iced oat milk latte**
An iced oat milk latte is a refreshing drink made of espresso, oat milk and ice. The slightly sweet and smooth milk alternative has seen a recent surge in popularity with consumers citing environmental and nutritional benefits.
- 3 **Bullet coffee**
A mix of coffee, MCT oil and butter, this keto coffee is an energising drink sure to kick start your day. The bullet coffee is suited to many diets including paleo, keto, and intermittent fasting. It's lack of carbs triggers weight loss through ketosis, and it is also said to boost cognitive function.

Keep ugliness away



Could you imagine what it would be like to leave your existing life to go in search of opportunities or something better?

Imagine leaving everything you know, everything you are familiar with, leaving loved ones and family homes to start a new life. It sounds scary and exciting all at the same time.

Now imagine when you get there that some people do not want you there. They tell you to go home, stop taking their jobs and how dare you have different values and beliefs to them.

Oh, and by the way, the language you speak is not the language that the people in this new place speak (even if it's English, it's not the same English).

When you arrive in this wonderful and exhilarating place, you can't find work, not because you're not skilled, but because businesses are not sure about you and some employers will not consider your application.

Your child is at school being bullied and the decision makers just say, "Your child needs to build resilience", or "We will bring your child and the bully into a meeting to sort it out." Your child is confused and has no idea what they have done wrong.

For the time being you cannot go back to your old life. Your nightmare keeps happening over and over on repeat.

This scenario is happening in our community and not just to internationals (for some this term might be migrant, immigrant or other nationalities), but also to Australians moving to the Gladstone region to start a new adventure.



There can be an ugly side to having a rich and vibrant multicultural society.

In the past few weeks alone, I have had three conversations with people who, in some way, have experienced the above scenario. People who have been here for six months to two years and are facing the daily difficulties of not fitting in and unable to find friends or employment.

Gladstone, we really do need to understand that new people to our region contribute to the

complex tapestry of our community, a tapestry that we can all be proud of.

New people bring experience, knowledge and a worldliness that any community will benefit from if all the gates are open and we let them in with respect and compassion.

There is an ugly side to having a rich and vibrant multicultural society. I would have thought that we would have learnt from our

previous mistakes and not allow this ugliness to keep seeping in.

BE KIND

Practice not judging others. You have not walked in their shoes and you do not know how their lives have been impacted.

Gladstone is a great place to live, but we need to continually improve and welcome everyone openly.

Entertainment

WHAT'S ON IN GLADSTONE

Plenty of events to enjoy

Here's your ultimate guide to the entertainment offerings in Gladstone and it's exciting time ahead with some big names heading this way.

Now's the perfect chance to support these performers and local venues after a devastating year of lockdowns.

In the Spotlight: IICA Technology Expo

IICA Technology Expos are a one-stop shop, featuring many companies showcasing their products or services related to the Instrumentation, Control and Automation Industry, over a drink in a friendly and relaxed environment. Visit gladstoneentertainment.com.

- When: Wednesday 28 July from 2pm
- Where: Gladstone Entertainment Convention Centre, 58 Goondoon Street
- Ticket Prices: Free entry

In the Spotlight: Queensland Ballet Tutus on Tour

Queensland Ballet dances across the state for a series of spectacular performances in Tutus on Tour. Bringing ballet to regional Queensland, Tutus on Tour includes performances from past and present repertoire, in celebration of Queensland Ballet's 60th Anniversary.

The 2021 season will grace the stage with signature dances from the company's respected repertoire, including excerpts from traditional ballets and works by contemporary Australian choreographers.

This production honours the creative artists in Queensland Ballet's rich history, including founding Artistic Director Charles Lisner OBE's Grande Pas Classique.

The spectacular program also includes François Klaus' Cloudland Pas de Deux, Don Quixote Pas de Deux and Greg Horsman's Never Stop Falling in Love.

Tutus on Tour will leave you inspired with fond memories of Queensland Ballet's stories and stir excitement for the future of this world-class company.

- When: Friday July 30 at 7.30pm
- Where: Gladstone Entertainment and Convention Centre
- Ticket Prices: Adult \$39, loyalty member \$32, concession \$35 and children (under 18) are \$15 each

In the Spotlight: 3 Legends in Concert.

Normie Rowe, Dinah Lee and Jade Hurley

NORMIE ROWE was Australia's first King of Pop with hits including "Shakin' All Over", "Ohh La La", and, "It Ain't Necessarily So" and starred in a myriad of stage shows including "Annie", "Chess", "Evita" and as Jean Valjean in "Les Miserable". He has done it all.

DINAH LEE (the Queen of the mods) is a New Zealand born singer with hits including "Don't You Know Yockomo", "Reet Petite" and "Do The Blue Beat" and is acknowledged as New Zealand's greatest musical import to Australia.

JADE HURLEY dubbed by Johnny O'Keefe as Australia's King of Country Rock is Australia's very own Piano Man with the unique record that every record he has released has achieved gold, platinum and double platinum status.

- When: Saturday 16 October from 8pm.
- Where: Gladstone Entertainment Convention Centre, Goondoon Street.
- Ticket Prices: Adult \$69.50, concession \$64.50 and students \$40.

In the Spotlight: The World of Musicals

The World of Musicals brings the very best of Musical theatre to life.

This incredible production with the wonderful revue of all your favourite musical theatre hits which include such classics as , The Lion King, Fiddler on the roof , Mamma Mia, We Will Rock You, The Mikado, The Pirates of Penzance, HMS Pinafore, The Phantom of the Opera, West Side Story, Cats, Evita, Wicked, The Rocky Horror Picture show, Jesus Christ Superstar, The Greatest Showman, Jersey Boys, Oklahoma, South Pacific , Miss Saigon, The

Boy from OZ, Hairspray, Les Miserables, The Blues Brothers.

The World of Musicals is colourful, inspiring and memorable musical classics, all performed by an International star-studded cast, presenting the audience with nightly entertainment at the highest level.

Whether a soloist – duet or the entire ensemble, the performers of this musical event will inspire in this Musical Whirlwind.

"ALL THE HITS IN ONE SHOW" that is the motto of this musical gala, full of highlights – the emotional and varied journey into the World of Musicals will delight the audience. The World of the Musicals is a show for the entire family, so get ready to be enthralled and sing along to all your favourite and much-loved musicals in one unforgettable evening.

For more information, visit www.theworldofmusicalsshow.com.

- When: Tuesday 5 October from 7.30pm
- Where: Gladstone Entertainment Convention Centre, Goondoon Street
- Ticket Prices: Adults \$79.90, concessions \$74.90

Alicia Bickett Psychic Medium Event

- Wednesday 28 July from 7pm
- Yaralla Sports Club, O'Connell St in Barney Point
- Visit eventbrite.com.au for tickets

Gladstone's Relay for Life

- Saturday 24 July, Chanel College
- 11 Paterson St West Gladstone
- Visit gladstone.qld.gov.au for more information

The Blink 182 and Green Day Experience,

- Friday 30 July from 8pm
- Harvey Road Tavern, Clinton

Crow Street Food and Music Festival

- Saturday 31 July from 6pm
- Crow Street Collective, 8 Crow St Gladstone

Benaraby Twilight Fair

- Friday 13 August from 4pm
- Benaraby State School, 17 O'Connor Road

Iron Jack Gladstone Cup

- Saturday 14 August from 11am and Saturday 14 August from 11am
- Ferguson Park, Gladstone Turf Club
- Visit eventbrite.com.au for tickets and more information

Calliope River Village Festival

- Saturday 21 August from 10am
- Old Bruce Highway, River Ranch
- Visit gladstone.qld.gov.au for more information

- Adult tickets cost \$25, \$10 for people aged 12 to 18, people under 12 are free

Gladstone Multicultural Festival Day

- Saturday 28 August from 10am to 8pm
- Tondoon Botanic Gardens
- Visit www.gmai.org.au for more information

Colour Me Capricorn Gladstone

- 98 Bryan Jordan Drive, Gladstone
- Visit events.gladstoneregion.info for more information

Belladiva - Morning Melodies

- Tuesday 24 August from 11am
- Gladstone Entertainment Convention Centre
- Visit gladstoneentertainment.com for tickets

The Ultimate Eagles Experience - 50th Anniversary

- Saturday, 4 September from 7.30pm,
- Gladstone Entertainment Convention Centre
- Adult tickets \$69, concessions cost \$63.

Queen: It's a Kinda Magic

- Friday 10 September from 8pm
- Gladstone Entertainment Convention Centre
- Adults \$74, children (under 13 years of age) cost \$38.50

Kevin Bloody Wilson

- 19 February from 7.30pm
- Harvey Road Tavern
- Visit oztix.com.au for tickets



Queensland Ballet will bring Tutus on Tour to Gladstone.

7.30pm
FRIDAY
30
JULY

Queensland
Ballet
ARTISTIC DIRECTOR LI CUNXIN AO

TUTUS ON TOUR

Queensland Ballet is supported by the Queensland Government through Arts Queensland

Queensland Government | Australia Council for the Arts | BLOCH | SUNCORP

BOOK NOW 4972 2822
WWW.GLADSTONEENTERTAINMENT.COM

12493726-0330-21

Lighting up the night sky

By Jackie Dobson

Gladstone was glowing over the weekend thanks to the Luminous - Heritage Trail event.

Thousands gathered to enjoy the festivities and embrace all things bright and illuminating with family and friends.

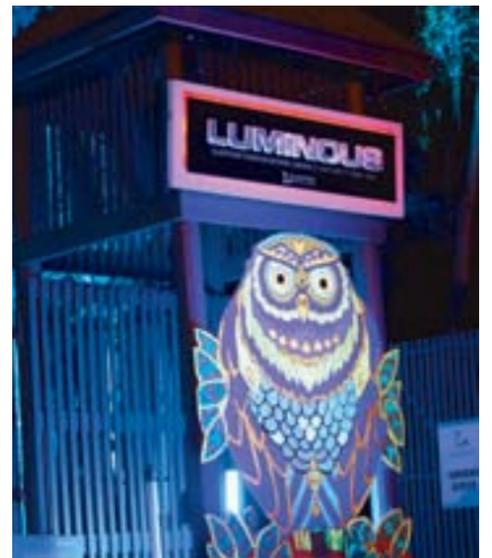
Here, enjoy a collection of pictures from the three day event.



Monique and Zaxom Mackenzie.



Sienna Falconer, Kate James, Finlae Harris and Phoebe Durkot at enjoyed Luminous at the Tondoon Botanic Gardens on the weekend.



Harper, Ava, Michelle and Wayne Peters.



Freya Betts.



Amarlee Johnston and Mia Thomas.

The Guide

TOP PICKS OF THE WEEK



FRIDAY CONTROL

ABC TV PLUS, 8.30pm

Photographer and music video director Anton Corbijn's debut feature pays a fitting tribute to Joy Division singer Ian Curtis, whose personal, professional and romantic troubles led him to commit suicide at the age of 23. Corbijn, who worked with the Manchester band, steers clear of the flashy music biopic trend, using black and white footage to detail how young Curtis (Sam Riley, right) dreamt of becoming a star like his idols David Bowie and Iggy Pop, but was instead struck down by depression, epilepsy and grief. Torn between his wife Debbie (Samantha Morton) and girlfriend Annik (Alexandra Maria Lara), while grappling with medication side-effects and the physical toll of performing, this elegiac film offers an inside perspective into Curtis' anguished spirit.



FRIDAY

OLYMPIC GAMES TOKYO 2020: OPENING CEREMONY

SEVEN, 9pm

There's no denying sport's ability to transcend barriers and entertain. Tonight's Opening Ceremony, from Tokyo's National Stadium, promises to be a triumph of optimism and spectacle. The primetime Olympic broadcasting team includes Hamish McLachlan and Abbey Gelmi (right), along with veteran commentator Bruce McAvaney.



FRIDAY

BIRDMAN

SBS WORLD MOVIES, 9.30pm

Washed-up actor Riggan (Michael Keaton, above) – famous for portraying comic book superhero "Birdman" – as he struggles to mount a Broadway play, is the subject of this black comedy. In the days leading up to opening night, he battles his ego as he tackles run-ins with his volatile leading man (Edward Norton), recently rehabbed daughter (Emma Stone), a grudge-carrying critic (Lindsay Duncan), amateur starlet (Naomi Watts), panicked producer (Zach Galifianakis) and ex-wife (Amy Ryan).



FRIDAY

SILVER LININGS PLAYBOOK

10 PEACH, 9.30pm

Pat Solitano (Bradley Cooper, below) is down on his luck to say the least. After spending time in a mental health facility, losing his wife and his house, he's living with his parents (Jacki Weaver and Robert De Niro) and trying to get his life back on track, all the while sharing his family's obsession with the Philadelphia Eagles football team. When he meets the equally messed up Tiffany (Oscar-winner Jennifer Lawrence), his clear plan to win back his wife gets complicated. To say this film is a mere romantic comedy is to do it a great disservice. It is sweet, yes, but also moving, heartbreaking and with bitingly funny scenes. The top-notch cast make this a must-see movie.

Bradley Cooper stars in David O. Russell's *Silver Linings Playbook*.

Friday, July 23

<p>ABC TV (2) 6.00 News Breakfast. 9.00 ABC News Mornings. 10.00 Q+A. (R) 11.05 George Clarke's Amazing Spaces. (R) 12.00 ABC News At Noon. 1.00 Foreign Correspondent. (R) 1.30 To Be Advised. 2.00 The Trouble With Maggie Cole. (Ma, R) 3.00 ABC News Afternoons. 4.00 Escape From The City. (R) 5.00 Anh's Brush With Fame. (PG, R) 5.30 Hard Quiz. (PG, R)</p>	<p>SBS (3) 6.00 WorldWatch. 9.30 Greek News. 10.30 German News. 11.00 Spanish News. 11.30 Turkish News. 12.00 Arabic News F24. 12.30 ABC America: World News Tonight. 1.00 PBS NewsHour. 2.00 Arabia With Levison Wood. (PGal, R) 3.00 NITV News: Nula. 3.30 The Cook Up With Adam Liaw. (PG) 4.00 Mediterranean With Simon Reeve. (PG, R) 5.05 Jeopardy! (PG) 5.30 Letters And Numbers. (R)</p>	<p>SEVEN (7) 6.00 Sunrise. 9.00 The Morning Show. (PG) 11.30 Seven Morning News. 12.00 MOVIE: The Client List. (2010, Mds, R) Jennifer Love Hewitt. 2.00 House Of Wellness. (PG) 3.00 The Chase. Hosted by Bradley Walsh. 4.00 Seven News At 4. 5.00 The Chase Australia. Contestants race to answer quiz questions.</p>	<p>NINE (8) 6.00 Today. 9.00 Today Extra. (PG) 11.30 Morning News. 12.00 Garden Gurus Moments. (R) 12.15 MOVIE: Wedding Daze. (2006, Mls, R) 2.00 Pointless. (PG) 3.00 Tipping Point. (PG) 4.00 Afternoon News. 4.30 Millionaire Hot Seat. (R) 5.30 WIN News.</p>	<p>TEN (5) 6.00 The Talk. (PGA) 7.00 Judge Judy. (PG, R) 7.30 The Bold And The Beautiful. (PG, R) 8.00 Studio 10. (PG) 12.00 Dr Phil. (PGal) 1.00 The Living Room. (PG, R) 2.00 Entertainment Tonight. 2.30 Farm To Fork. (PG, R) 3.00 Judge Judy. (PG) 3.30 My Market Kitchen. 4.00 Everyday Gourmet With Justine Schofield. 4.30 The Bold And The Beautiful. (PG) 5.00 10 News First.</p>
<p>6.00 The Drum. 7.00 ABC News. 7.30 Movin' To The Country. The team heads to the Top End. 8.00 Dream Gardens. Hosted by Michael McCoy. 8.30 Midsomer Murders. (Mv) Barnaby and Winter investigate the death of the founder of a club for recovering heart bypass patients. 10.05 Baptist. (Madlv, R) 11.00 ABC Late News. 11.15 The Vaccine. (R) 11.35 Shaun Micallef's MAD AS HELL. (R) 12.05 Starstruck. (Ml, R) 12.30 Rage. (MA15+adhlnsv)</p>	<p>6.00 Mastermind Australia. (R) Presented by Jennifer Byrne. 6.30 SBS World News. 7.30 Raiders of the Lost Treasures. Part 1 of 3. 10.50 SBS World News Late. 11.20 Patriot Brains. (Mals, R) Hosted by Bill Bailey. 12.10 8 Out Of 10 Cats Does Countdown. (Mals, R) 1.00 The Hot Zone. (Premiere, Ma) 3.40 8 Out Of 10 Cats Does Countdown. (Mls, R) 4.35 VICE Guide To Film. (Mlv, R) 5.00 France 24 Feature. 5.15 NHK World English News. 5.30 Deutsche Welle English News.</p>	<p>6.00 Seven Local News. 6.30 Seven News. 7.30 Better Homes And Gardens. 8.30 Olympic Games Tokyo 2020: Countdown To Opening Ceremony. Takes a look ahead in anticipation of the Opening Ceremony of the Tokyo Olympic Games. 9.00 Olympic Games Tokyo 2020: Opening Ceremony. Coverage of the Opening Ceremony of the Games of the XXXII Olympiad from Tokyo's Olympic Stadium. 12.30 Olympic Games Tokyo 2020: Post Wrap. 1.00 Travel Oz. (R) 2.00 Home Shopping. (R) 4.00 My Greek Odyssey. (PG, R) 5.00 NBC Today.</p>	<p>6.00 Nine News. 7.00 A Current Affair. 7.30 Rugby League. NRL. Round 19. North Queensland Cowboys v Melbourne Storm. 9.50 Golden Point. A wrap-up of the North Queensland Cowboys versus Melbourne Storm match, with NRL news and analysis. 10.35 MOVIE: Exit Wounds. (2001, Mlnv, R) A Detroit cop encounters corruption. Steven Seagal. Isaiah Washington. 12.35 Tipping Point. (PG, R) Hosted by Ben Shephard. 1.30 TV Shop: Home Shopping. (R) 4.00 Global Shop. (R) 4.30 TV Shop: Home Shopping. (R) 5.30 A Current Affair. (R)</p>	<p>6.30 The Project. The hosts and guest panellists take a look at the day's news, events and hot topics. 7.30 The Living Room. Miguel Maestre goes to the home of street food to learn the ancient art of noodle making. 8.30 To Be Advised. 10.30 The Graham Norton Show. (Ml, R) Guests include Bruce Springsteen. 11.30 The Project. (R) A look at the day's news. 12.30 The Late Show With Stephen Colbert. (PG) Late night talk show. 1.30 Home Shopping. (R) 2.30 Infomercials. (PG, R) 3.00 Home Shopping. (R)</p>
<p>ABC TV PLUS (22) 6am Children's Programs. 6.10pm Love Monster. 6.20 Bluey. 6.25 Peter Rabbit. 6.45 Andy's Safari Adventures. 7.00 Grace's Amazing Machines. 7.15 Odd Squad. 7.30 Spicks And Specks. 8.00 Hard Quiz. 8.30 MOVIE: Control. (2007, MA15+) 10.30 Doctor Who. 11.20 Art Works. 11.50 Brush With Fame. 12.20am QI. 12.50 Would I Lie To You? 1.20 30 Rock. 1.40 The Catherine Tate Show. 2.10 Chandon Pictures. 2.40 Small Tales And True. 3.05 Great News. 3.25 News Update. 3.30 Close. 5.05 Miffy's Adventures Big And Small. 5.15 The Furchester Hotel. 5.25 Hoot Hoot Go! 5.30 Wallykazam! 5.55 Late Programs.</p>	<p>SBS VICELAND (31) 6am WorldWatch. 11.35 Hindi News. Noon The X-Files. 1.40 Rex In Rome. 3.20 New Girl. 3.50 America: News. 4.15 PBS News. 5.15 Joy Of Painting. 5.45 Shortland Street. 6.15 Forged In Fire. 7.05 Jeopardy! 7.35 8 Out Of 10 Cats Does Countdown. 8.30 Dynamo: Magician Impossible. 9.20 City Porn. 10.05 Fear The Walking Dead. 11.50 Yokoyama Footy. 12.25am VICE News Tonight. 12.50 Over 18. 1.50 South Park. 2.40 NHK World English News. 3.00 Thai News. 3.30 Bangla News. 4.00 Punjabi News. 4.30 Sri Lankan Sinhalese News. 5.00 Korean News. 5.30 Indonesian News.</p>	<p>7TWO (72) 6am Home Shopping. 6.30 Room For Improvement. 7.00 Auction Squad. 8.00 Harry's Practice. 8.30 Million Dollar Minute. 9.30 NBC Today. Noon House Of Wellness. 1.00 Million Dollar Minute. 2.00 Better Homes And Gardens. 3.30 Crash Investigation Unit. 4.30 M*A*S*H. 5.30 Escape To The Country. 6.30 Bargain Hunt. 7.30 Mighty Cruise Ships. 8.30 Escape To The Country. 9.30 Selling Houses Australia. 10.30 Charlie Luxton's Homes By The Sea. 11.30 Home Rescue. Midnight Before And After. 12.30 The Fine Art Auction. 3.30 Business Builders. 4.00 Travel And Eat With Dan & Steph. 4.30 Late Programs.</p>	<p>9GEM (81) 6am TV Shop: Home Shopping. 7.00 Creflo Dollar Ministries. 7.30 TV Shop: Home Shopping. 10.30 Pointless. 11.30 My Favorite Martian. Noon World's Greatest Animal Encounters. 1.00 Days Of Our Lives. 1.55 The Young And The Restless. 2.50 Talking Honey: Princess Diana. 3.00 Antiques Roadshow. 3.30 MOVIE: The Fallen Idol. (1948) 5.30 Desert Vet. 6.30 Antiques Roadshow. 7.30 David Attenborough's Life Story. 8.40 MOVIE: The Boss. (2016, MA15+) 10.40 MOVIE: Baby Mama. (2008, M) 12.35am Antiques Roadshow. 1.00 TV Shop: Home Shopping.</p>	<p>10 PEACH (52) 6am Seinfeld. 7.00 Rules Of Engagement. 8.00 Becker. 9.00 Sabrina, The Teenage Witch. 10.00 The Big Bang Theory. 11.00 Frasier. Noon This Is Us. 1.00 The Conners. 1.30 Seinfeld. 3.00 Rules Of Engagement. 4.00 Becker. 5.00 Frasier. 6.00 Friends. 6.30 Neighbours. 7.00 Friends. 8.00 The Big Bang Theory. 9.30 MOVIE: Silver Linings Playbook. (2012, M) Midnight Home Shopping. 12.30 Infomercials. 1.00 Home Shopping. 1.30 Crazy Ex-Girlfriend. 2.30 Charmed. 3.30 This Is Us. 4.30 Home Shopping. 5.30 Infomercials.</p>
<p>NITV (34) 6am Morning Programs. 8.10 Aussie Bush Tales. 8.20 Waabiny Time. 8.45 Wapos Bay. 9.05 Kagagi. 9.30 Bushwhacked! 10.00 Fusion. 11.00 Outlier: The Story Of Katherine Johnson. Noon From The Heart Of Our Nation: The Sunset Concert. 2.00 On The Road. 3.00 Wapos Bay. 3.25 Bushwhacked! 3.55 Bino And Fino. 4.00 Musomag. 4.30 The Storyteller. 5.00 Fraggle Rock. 6.00 Pete & Pio's Kai Safari. 6.30 Emmet Otter's Jugband Christmas. 7.00 NITV News: Nula. 7.30 An Outback Christmas. 8.00 MOVIE: Almost Christmas. (2016, M) 9.55 Bedtime Stories. 10.05 MOVIE: The Fade. (2012) 11.30 Late Programs.</p>	<p>SBS WORLD MOVIES (32) 6am My Brilliant Career. Continued. (1979) 7.40 Moomins On The Riviera. (2014, PG) 9.05 Jappeloup. (2013, PG, French) 11.30 By The Grace Of God. (2018, M, French) 2pm The Finishers. (2013, PG, French) 3.40 Believe. (2013) 5.25 The Odyssey. (2016, PG, French) 7.40 The Catcher Was A Spy. (2018, M) 9.30 Birdman. (2014, MA15+) 11.30 Easy Sex, Sad Movies. (2014, M, Spanish) 1.10am Anomalisa. (2015, MA15+) 2.50 11 Minutes. (2015, M, Polish) 4.20 Alibi.com. (2017, M, French)</p>	<p>7MATE (73) 6am My Fishing Place. 6.30 The Fishing Show. 7.30 Creek To Coast. 8.00 Fishing Addiction. 9.00 Dipper's Destinations. 9.30 My Road To Adventure. 10.00 Motor Racing. Supercars Championship. WD-40 Townsville SuperSprint. Day 1. Highlights. 11.00 Motor Racing. Supercars Championship. WD-40 Townsville SuperSprint. Day 2. Highlights. 12.10pm Barter Kings. 1.40 Caught On Dashcam. 2.50 Pawn Stars Australia. 3.50 Pawn Stars. 4.20 MOVIE: McFarland, USA. (2015, PG) 7.00 Football. AFL. Round 19. Port Adelaide v Collingwood. 10.00 MOVIE: 28 Weeks Later. (2007, MA15+) 12.05am Late Programs.</p>	<p>9GO! (82) 6am Children's Programs. 11.00 Making A Model With Yolanda Hadid. Noon Parenthood. 1.00 Keeping Up With The Kardashians. 3.00 Malcolm. 3.30 The Nanny. 4.00 3rd Rock From The Sun. 4.30 That '70s Show. 5.00 Malcolm. 6.00 MOVIE: Smurfs: The Lost Village. (2017) 7.45 MOVIE: Madagascar. (2005, PG) 9.30 MOVIE: The Legend Of Tarzan. (2016, M) 11.40 Malcolm. 12.10am Love Island USA. 1.10 Keeping Up With The Kardashians. 3.00 Beyblade Burst Rise. 3.30 Nexo Knights. 4.00 Pokémon. 4.30 Pokémon The Series: Sun & Moon. 4.50 Rev & Roll. 5.10 Bakugan: Battle Planet. 5.30 Yu-Gi-Oh!</p>	<p>10 BOLD (53) 6am Home Shopping. 7.00 Infomercials. 8.00 Motor Racing. Formula 1. Race 10. British Grand Prix. Highlights. 9.00 Diagnosis Murder. 10.00 Star Trek: Voyager. Noon Walker, Texas Ranger. 1.00 NCIS. 2.00 NCIS: Los Angeles. 3.00 Diagnosis Murder. 5.00 JAG. 7.00 Bondi Rescue. 7.30 NCIS. 8.30 Law & Order: SVU. 11.30 CSI: Crime Scene Investigation. 12.30am Home Shopping. 2.00 Walker, Texas Ranger. 3.00 JAG. 4.00 Hawaii Five-0. 5.00 Star Trek: Voyager.</p>

<p>ABC TV (2) 6.00 Rage. (PG) 7.00 Weekend Breakfast. 10.00 Rage. (PG) 12.00 ABC News At Noon. 12.30 George Clarke's Amazing Spaces. (Final, R) 1.20 Restoration Australia. (R) 2.25 And We Danced. (PG, R) 3.25 Back In Time For Dinner. (PG, R) 4.25 Chopsticks Or Fork? (R) 4.40 Landline. 5.10 Scottish Vets Down Under. (PG, R) 5.40 Silvia's Italian Table. (PG, R)</p>	<p>SBS (3) 6.00 WorldWatch. 7.00 BBC News. 7.30 Italian News. 8.10 Filipino News. 8.40 French News. 9.30 Greek News. 10.30 German News. 11.00 Spanish News. 11.30 Turkish News. 12.00 Arabic News F24. 12.30 ABC America: World News Tonight. 1.00 PBS NewsHour. 2.00 The Seekers: Live In The UK. 4.00 Trail Towns. (Final, PG) 4.35 Planet Expedition. (PGal, R) 5.35 Hitler's Olympics.</p>	<p>SEVEN (7) 6.00 Weekend Sunrise. The latest news, sport and weather. 9.00 Olympic Games Tokyo 2020. Day 1: Morning session. 12.00 Olympic Games Tokyo 2020. Day 1: Day session. 3.00 Olympic Games Tokyo 2020. Day 1: Afternoon session.</p>	<p>NINE (8) 6.00 Animal Tales. (PG, R) 7.00 Weekend Today. 10.00 Today Extra: Saturday. (PG) 12.00 Hayley & Lauren's Adelady. 12.30 The Rebound. 1.00 Destination WA. (PG) 1.30 The Pet Rescuers. (PG, R) 2.00 Beauty And The Geek. (PG, R) 3.00 Netball. Super Netball. Round 12. Sunshine Coast Lightning v Adelaide Thunderbirds. 5.00 News: First At Five. 5.30 Getaway. (PG)</p>	<p>TEN (5) 6am Morning Programs. 7.30 The Offroad Adventure Show. (R) 8.30 RV Daily Foodie Trails. (R) 9.00 Places We Go. (PG, R) 9.30 St10. (PG) 12.00 The Living Room. (R) 1.00 All 4 Adventure. (PG, R) 2.00 Pooches At Play. 2.30 Jamie's Easy Meals For Every Day. (R) 3.00 What's Up Down Under. 3.30 Farm To Fork. (PG, R) 4.00 Taste Of Australia. (R) 4.30 Roads Less Travelled. (R) 5.00 News.</p>
<p>6.10 The Repair Shop. (R) Hosted by Bill Paterson. 7.00 ABC News. Takes a look at today's top stories. 7.30 The Durrells. (PG) A new family arrive on the island and Louisa is jealous of the amount of time Spiro is spending with them. 8.20 Belgravia. (PG) Anne and James are at loggerheads following the revelations at the Brockenhurst's soiree. 9.05 The Trouble With Maggie Cole. (M) Maggie wants to apologise to everyone she has upset and goes to see GP Carol, but she is swiftly rebuffed. 9.55 Endeavour. (Msv, R) Part 1 of 3. Opening on New Year's Eve 1969, the team has been reunited at Castle Gate CID. 11.30 Miniseries: Delicious. (Mal, R) Part 4 of 4. 12.15 Rage. (MA15+adhlsv)</p>	<p>6.30 SBS World News. 7.30 Hemingway. Part 1 of 3. 9.35 MOVIE: The Happy Prince. (2018, MA15+, Belgium) With his body ailing after being imprisoned, Oscar Wilde recalls his flamboyant past. Rupert Everett, Emily Watson. 11.30 8 Out Of 10 Cats Does Countdown. (Mals, R) 1.15 MOVIE: The Death Of Stalin. (2017, MA15+, R, France, Belgium) 3.10 8 Out Of 10 Cats Does Countdown. (Mals, R) 4.05 VICE Guide To Film. (MA15+v, R) 4.50 Destination Flavour: Japan Bitesize. (R) 5.00 France 24 Feature. 5.15 NHK World English News. 5.30 Deutsche Welle English News.</p>	<p>6.00 Seven News. 7.00 Olympic Games Tokyo 2020. Day 1: Primetime session. Featuring a variety of events from the Games of the XXXII Olympiad. 10.00 Olympic Games Tokyo 2020. Day 1: Late evening session. Featuring a variety of events from the Games of the XXXII Olympiad. 12.00 Olympic Games Tokyo 2020. Day 1: Overnight session. Featuring a variety of events from the Games of the XXXII Olympiad. 3.00 To Be Advised. 4.00 Get Arty. (R) A showcase of art projects, including rainy day ideas and how to create a stormy lightning make-up look. 5.00 My Greek Odyssey. (PG, R) Peter Maneas's exploration continues as he discover the sights, sounds and tastes of Chios.</p>	<p>6.00 Nine News Saturday. 7.00 A Current Affair. 7.30 David Attenborough's Life In Colour: Hiding In Colour. (PG) Part 3 of 4. 8.30 MOVIE: Bumblebee. (2018, Mv) After the fall of Cybertron, the Autobots Bumblebee befriends a teenage girl in California in the '80s. Hailee Steinfeld, John Cena, Pamela Adlon. 10.45 MOVIE: Aeon Flux. (2005, Mv, R) A spy suffers a crisis of conscience. Charlize Theron. 12.35 Cruises From Hell: Caught On Camera. (Mhl) 1.30 Destination WA. (PG, R) 2.00 TV Shop: Home Shopping. (R) 4.30 Global Shop. (R) 5.00 TV Shop: Home Shopping. (R) 5.30 Wesley Impact With Stu Cameron. (PG)</p>	<p>6.00 Jamie's Easy Meals For Every Day. Jamie Oliver reinvents family favourites. 6.30 Bondi Rescue. (PG, R) A man is reported to have fallen from cliffs. 7.00 The Dog House. (PG, R) Dogs are matched with companions. 8.00 To Be Advised. 9.00 Ambulance Australia. (Ma, R) After a motorbike rider falls travelling at high speed, his injuries are severe. 10.00 Ambulance. (Madl, R) An ambulance crew deals with a hit-and-run. 11.00 Blue Bloods. (Mv, R) Anthony ignores Erin's orders to drop a case. 12.00 Home Shopping. (R) 1.30 Infomercials. (PG, R) 2.30 Home Shopping. (R) 5.00 Hour Of Power.</p>
<p>ABC TV PLUS (22) 6am Children's Programs. 7.05pm Dino Dana. 7.15 Sir Mouse. 7.30 Spicks And Specks. 8.00 QI. 8.30 Live At The Apollo. (Final) 9.20 Black Mirror. 10.00 Sammy J. 10.05 Would I Lie To You? 10.35 Fleabag. 11.05 The Moaning Of Life. 11.50 Would I Lie To You? 12.20am Grand Designs NZ. 1.05 Escape From The City. 2.05 Please Like Me. 3.45 News Update. 4.05 Close. 5.05 Late Programs.</p>	<p>SBS VICELAND (31) 6am WorldWatch. Noon Letterkenny. 2.30 How To Start An Airline. 3.25 WorldWatch. 4.50 Seconds From Disaster. 7.35 Building The Ultimate. 8.30 The X-Files. 11.00 Dateline. Midnight Insight. 1.00 MOVIE: Sharknado. (2013, MA15+) 2.35 France 24. 3.00 Thai News. 3.30 Bangla News. 4.00 Punjabi News. 4.30 Sri Lankan Sinhalese News. 5.00 Korean News. 5.30 Indonesian News.</p>	<p>7TWO (72) 6am Morning Programs. 1pm House Of Wellness. 2.00 Olympic Games Tokyo 2020. Day 1: Morning session. 3.00 Olympic Games Tokyo 2020. Day 1: Day session. 5.00 Dr Harry's Animal Encounters. 6.00 Olympic Games Tokyo 2020. Day 1: Primetime session. 7.00 Olympic Games Tokyo 2020. Day 1: Afternoon session. 10.00 Olympic Games Tokyo 2020. Day 1: Primetime session. 10.30 Late Programs.</p>	<p>9GEM (81) 6am Newstyle Direct. 6.30 TV Shop. 10.00 My Favorite Martian. 10.30 Rainbow Country. 11.00 The Baron. Noon MOVIE: Birdman Of Alcatraz. (1962, PG) 3.00 Rugby League. Hospital Cup. University of Queensland v GPS. 5.00 Customs. 5.30 MOVIE: Indiscreet. (1958, PG) 7.30 MOVIE: The Firm. (1993, M) 10.40 MOVIE: Six Degrees Of Separation. (1993, M) 12.55am Late Programs.</p>	<p>10 PEACH (52) 6am Sabrina, The Teenage Witch. 7.00 Frasier. 8.00 Rules Of Engagement. 9.00 Becker. 10.00 Broke. 10.50 To Be Advised. 2pm Frasier. 2.30 The Conners. 3.30 Friends. 6.00 The Big Bang Theory. 9.45 2 Broke Girls. 10.35 Friends. 12.05am Home Shopping. 1.05 Infomercials. 1.35 The Big Bang Theory. 2.00 2 Broke Girls. 2.30 Crazy Ex-Girlfriend. 3.30 Funny Girls. 4.30 Home Shopping.</p>
<p>NITV (34) 6am Morning Programs. 12.25pm Football. QAFL. 1.55 Rugby Union. South Australia League. 3.25 Rugby Union. WA Premier Grade. 4.55 Indian Country Today. 5.25 News. 5.55 NITV News: Nula. 6.25 Going Places. 6.55 Yokayi Footy. 7.30 NITV News Update. 7.40 Through The Wormhole With Morgan Freeman. 8.30 Homeland Story. 10.00 MOVIE: Rare Exports: A Christmas Tale. (2010, M) 11.30 Late Programs.</p>	<p>SBS WORLD MOVIES (32) 6am Believe. (2013) 7.45 Jungle Book. (1942, PG) 9.45 When Marnie Was There. (2014, PG) 11.45 The Odyssey. (2016, PG, French) 2pm Jappeloup. (2013, PG, French) 4.25 Remi Nobody's Boy. (2018, PG, French) 6.25 Master Cheng (A Spice For Life) (2019) 8.30 From The Land Of The Moon. (2016, MA15+, French) 10.45 Kalinka. (2016, MA15+, French) 12.20am Late Programs.</p>	<p>7MATE (73) 6am Morning Programs. 8.00 American Restoration. 9.00 Olympic Games Tokyo 2020. Day 1: Morning session. Noon Olympic Games Tokyo 2020. Day 1: Day session. 2.00 Football. AFL. Round 19. Hawthorn v Brisbane Lions. 5.00 Olympic Games Tokyo 2020. Day 1: Afternoon session. 7.00 Football. AFL. Round 19. Gold Coast v Melbourne. 10.00 Olympic Games Tokyo 2020. Day 1: Late evening session. Midnight Late Programs.</p>	<p>9GO! (82) 6am Children's Programs. 1.30pm Soapbox Racing. Red Bull Series. Replay. 2.30 Monster Croc Wrangler. 3.30 MOVIE: Pokémon The Movie: Diancie And The Cocoon Of Destruction. (2014) 5.00 MOVIE: Material Girls. (2006, PG) 7.00 MOVIE: A Cinderella Story. (2004, PG) 9.00 MOVIE: Bridesmaids. (2011, MA15+) 11.30 Malcolm. Midnight Young. Dumb And Banged Up In The Sun. 1.00 Westside. 2.00 Late Programs.</p>	<p>10 BOLD (53) 6am Home Shopping. 6.30 Infomercials. 8.00 Home Shopping. 9.00 Star Trek: Voyager. 10.00 Diagnosis Murder. Noon JAG. 2.00 The Doctors. 3.00 Star Trek: Voyager. 4.00 Bondi Rescue. 4.30 iFish. 5.00 Reel Action. 5.30 Scorpion. 7.30 NCIS. 8.30 NCIS: New Orleans. 10.20 Hawaii Five-0. 12.15am Elementary. 2.10 48 Hours. 3.05 Blue Bloods. 4.00 The Doctors. 5.00 Home Shopping.</p>

HAVE YOUR SAY WITH OUR LETTERS TO THE EDITOR

GladstoneToday Email: editorial@todaygladstone.com.au or text 0456 749 126

Sunday, July 25

<p>ABC TV (2) 6am Morning Programs. 9.00 Insiders. 10.00 Offsiders. 10.30 World This Week. (R) 11.00 Compass. (PG, R) 11.30 Praise. (R) 12.00 ABC News At Noon. 12.30 Landline. 1.30 Movin' To The Country. (R) 2.00 Dream Gardens. (R) 2.30 Shakespeare And Hathaway. (Ma, R) 3.15 Scottish Vets Down Under. (PG, R) 4.00 The Sound. (R) 5.00 Art Works. (PG, R) 5.30 Antiques Roadshow. (PG)</p>	<p>SBS (3) 6.00 WorldWatch. 8.40 French News. 9.30 Greek News. 10.30 German News. 11.00 Spanish News. 11.30 Turkish News. 12.00 Arabic News F24. 12.30 ABC America: World News Tonight. 1.00 Motorcycle Racing. ProMX Championship. Round 5. 3.30 Power And Paranoia In The Third Reich. (PGa, R) 4.30 The Last B-24. (PGa, R) 5.30 Fall Of Japan In Colour. (PGaw, R)</p>	<p>SEVEN (7) 6.00 Weekend Sunrise. The latest news, sport and weather. 9.00 Olympic Games Tokyo 2020. Day 2: Morning session. 12.00 Olympic Games Tokyo 2020. Day 2: Day session. 3.00 Olympic Games Tokyo 2020. Day 2: Afternoon session.</p>	<p>NINE (8) 6.00 Animal Tales. (PG, R) 7.00 Weekend Today. 10.00 Sports Sunday. (PG) 11.00 NRL Sunday Footy Show. (PG) A discussion of all things NRL. 1.00 Netball. Super Netball. Round 12. Melbourne Vixens v Queensland Firebirds. 3.00 Rugby League. NRL. Round 19. Canterbury Bulldogs v Cronulla Sharks.</p>	<p>TEN (5) 6am Morning Programs. 7.30 Joel Osteen. 8.00 Pooches At Play. (R) 8.30 Destination Dessert. (R) 9.00 Australia By Design: Innovations. (PG, R) 9.30 St10. (PG) 12.00 Left Off The Map. (R) 12.30 GCBC. (R) 1.00 Three Veg And Meat. (R) 1.30 Freshly Picked. (R) 2.00 My Market Kitchen. (R) 2.30 Everyday Gourmet. (R) 3.00 To Be Advised. 4.30 Farm To Fork. (PG, R) 5.00 News.</p>
<p>6.30 Compass: In Her Corner. (R) 7.00 ABC News Sunday. 7.40 Grand Designs. (Final, PG) Hosted by Kevin McCloud. 8.30 Miniseries: Innocent. (Malv, R) Part 2 of 4. As Sally returns to work, the police question Anna Stamp as they try to uncover what it is she is hiding. 9.15 Miniseries: Agatha Christie's The ABC Murders. (Mav, R) Part 2 of 3. A third murder leads to sensational headlines and ridicule for Poirot and Crome. 10.15 Operation Buffalo. (Mal, R) Leo arrives back at Maralinga. 11.10 Line Of Duty. (Mav, R) 12.10 Endeavour. (Msv, R) 1.40 Bad Influencer. (PG, R) 2.30 Rage. (MA15+adhlsv) 4.10 Shakespeare And Hathaway. (Ma, R) 4.55 Insiders. (R)</p>	<p>6.30 SBS World News. 7.30 Inside Monaco: Playground Of The Rich. (PGa, R) Part 1 of 3. An exploration of Monaco, a tiny principality on the French Riviera. 10.50 Eritrea: The Secret State. (M, R) Evan Williams investigates Eritrea. 11.50 8 Out Of 10 Cats Does Countdown. (Mals, R) Hosted by Jimmy Carr. 12.45 Life And Birth. (PGa, R) Follows maternity staff and patients. 4.00 8 Out Of 10 Cats Does Countdown. (Malns, R) 4.55 Destination Flavour: Japan Bitesize. (R) 5.00 France 24 Feature. 5.15 NHK World English News. 5.30 Deutsche Welle English News.</p>	<p>6.00 Seven News. 7.00 Olympic Games Tokyo 2020. Day 2: Primetime session. Featuring a variety of events from the Games of the XXXII Olympiad. 10.00 Olympic Games Tokyo 2020. Day 2: Late evening session. Featuring a variety of events from the Games of the XXXII Olympiad. 12.00 Olympic Games Tokyo 2020. Day 2: Overnight session. 3.00 To Be Advised. 3.30 Million Dollar Minute. (R) Hosted by Grant Denyer. 4.00 My Greek Odyssey. (PG, R) Hosted by Peter Maneas. 5.00 Seven Early News. 5.30 Sunrise. News, sport and weather.</p>	<p>6.00 Nine News. 7.00 Beauty And The Geek. Hosted by Sophie Monk. 8.30 60 Minutes. Current affairs program, investigating, analysing and uncovering the issues affecting all Australians. 9.30 Nine News Late. Takes a look at the latest news and events from Australia and around the world. 10.00 Method Of A Serial Killer. (MA15+v) Takes a look at the case of Israel Keyes. 11.50 Killed By My Stalker. (Malv, R) 12.40 Dr Christian Jessen Will See You Now. (Ma, R) 1.30 TV Shop: Home Shopping. 4.00 Take Two. (R) 5.00 News Early Edition. 5.30 Today.</p>	<p>6.30 The Sunday Project. Panellists dissect, digest and reconstitute the daily news, events and hottest topics. 7.30 Australian Survivor. After last Tribal Council, the minority group in the Brawn Tribe realise they are in a dangerous position. 9.00 FBI. (Mv) OA comes into conflict with his girlfriend after the team presses her reluctant client to gather information from his friends who are under suspicion of being involved in a bombing that left three people dead. 12.00 The Sunday Project. (R) A look at the day's news. 1.00 Home Shopping. (R) 1.30 Infomercials. (PG, R) 3.00 Home Shopping. (R) 4.30 CBS This Morning.</p>
<p>ABC TV PLUS (22) 6am Children's Programs. 7.15pm Sir Mouse. 7.30 Spicks And Specks. 8.00 Compass. 8.30 Louis Theroux: Extreme Love. 9.30 Project Nim. 11.05 Cancer: A Story Of Hope. 12.05am And We Danced. 1.05 Black Mirror. 1.45 Live At The Apollo. 2.30 Please Like Me. 3.25 News Update. 3.30 Close. 5.05 Miffy's Adventures Big And Small. 5.15 The Furcheater Hotel. 5.25 Late Programs.</p>	<p>SBS VICELAND (31) 6am WorldWatch. Noon Chinese Dating With The Parents. 2.00 The Rise Of Trash TV. 2.50 WorldWatch. 3.15 Forged In Fire. 5.30 New Girl. 6.00 Abandoned Engineering. 6.50 Life After People. 7.40 The Buildings That Fought Hitler. 8.30 WWE Legends. 10.05 Dark Side Of The Ring. 10.55 The Investigation. 12.35am South Park. 1.35 The X-Files. 2.25 France 24. 3.00 Late Programs.</p>	<p>7TWO (72) 6am Morning Programs. 10.00 Dr Harry's Animal Encounters. 11.00 The Great Australian Doorstep. 11.30 Your 4x4. Noon Escape To The Country. 2.00 The Bowls Show. 3.00 Olympic Games Tokyo 2020. Day 2: Afternoon session. 6.00 Olympic Games Tokyo 2020. Day 2: Primetime session. 7.00 Border Security. 9.00 Harbour Cops. 9.30 Air Crash Investigation. 11.30 Late Programs.</p>	<p>9GEM (81) 6am Morning Programs. 7.30 In Touch. 8.00 Beyond Today. 8.30 The Incredible Journey. 9.00 TV Shop. 10.00 The AFL Sunday Footy Show. Noon Getaway. 12.30 Explore. 12.35 MOVIE: Train Of Events. (1949, PG) 2.30 MOVIE: How To Stuff A Wild Bikini. (1965) 4.30 MOVIE: Sayonara. (1957, PG) 7.30 Death In Paradise. 8.40 Grantchester. 9.40 Chicago P.D. 10.40 Late Programs.</p>	<p>10 PEACH (52) 6am Sabrina, The Teenage Witch. 7.00 Broke. 8.00 Neighbours. 10.30 To Be Advised. 1.30pm Jamie's Easy Meals For Every Day. 2.00 The Conners. 3.00 Friends. 6.00 The Big Bang Theory. 8.30 The Neighborhood. 9.30 2 Broke Girls. 11.30 Mom. Midnight Home Shopping. 12.30 Infomercials. 1.00 Home Shopping. 1.30 Funny Girls. 2.30 Charmed. 3.30 Sabrina. 4.30 Shopping.</p>
<p>NITV (34) 6am Morning Programs. 9.05 Kagagi. 9.30 Bushwhacked! 10.00 Football. WKFL Women's. 11.30 Gaelic Football. Ladies Association. Highlights. 11.45 Football. CAFL. 1.30pm Rugby League. NRL NT. 3.00 Ice Hockey. SA Premier League. 4.15 Football. NT Women's Premier League. 6.00 NITV News: Nula. 6.30 First Australians. 7.30 NITV News Update. 7.40 The Kimberley Cruise. 10.40 Late Programs.</p>	<p>SBS WORLD MOVIES (32) 6am The Odyssey. Continued. (2016, PG, French) 7.15 Master Cheng (A Spice For Life) (2019) 9.20 Remi Nobody's Boy. (2018, PG, French) 11.20 Believe. (2013) 1.05pm Jungle Book. (1942, PG) 3.05 Chalet Girl. (2011, PG) 5.00 When Marnie Was There. (2014, PG) 7.00 The Secret Of Kells. (2009) 8.30 A Promise. (2013, MA15+) 10.20 Anomalisa. (2015, MA15+) Midnight Late Programs.</p>	<p>7MATE (73) 6am Morning Programs. 8.00 Olympic Games Tokyo 2020. Day 2: Early morning session. 9.00 Olympic Games Tokyo 2020. Day 2: Morning session. Noon Olympic Games Tokyo 2020. Day 2: Day session. 3.00 Olympic Games Tokyo 2020. Day 2: Afternoon session. 7.00 Olympic Games Tokyo 2020. Day 2: Primetime session. 10.00 Olympic Games Tokyo 2020. Day 2: Late evening session. Midnight Late Programs.</p>	<p>9GO! (82) 6am Children's Programs. 1.30pm Malcolm. 2.00 Making A Model With Yolanda Hadid. 2.55 Hollywood Medium. 3.50 Say Yes To The Dress: Atlanta. 5.45 Beauty And The Geek. 7.00 MOVIE: Johnny English. (2003, PG) 8.45 MOVIE: Jurassic World. (2015, M) 11.10 All New Traffic Cops. 12.10am Young, Dumb And Banged Up In The Sun. 1.10 Westside. 2.10 Hollywood Medium. 3.00 Late Programs.</p>	<p>10 BOLD (53) 6am Home Shopping. 6.30 Infomercials. 7.30 Key Of David. 8.00 Bondi Rescue. 8.30 Reel Action. 9.00 Snap Happy. 9.30 Star Trek: Voyager. 11.30 Scorpion. 1.30pm Bondi Rescue. 2.00 The Doctors. 3.00 Star Trek: Voyager. 4.00 Pooches At Play. 4.30 What's Up Down Under. 5.00 iFish. 5.30 Bondi Rescue. 6.00 JAG. 7.00 Bondi Rescue. 7.30 NCIS. 9.25 NCIS: Los Angeles. 10.20 48 Hours. 11.20 Late Programs.</p>

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RESULTS – ROUND 18

TITANS	8	EELS	26
SEA EAGLES	32	DRAGONS	18
RAIDERS	34	SHARKS	18
COWBOYS	18	ROOSTERS	34
STORM	48	KNIGHTS	4
WARRIORS	16	PANTHERS	30
BRONCOS	24	TIGERS	42
RABBITOHS	32	BULLDOGS	24

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STORM	TITANS
RABBITOHS	SHARKS

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Steve Scott	98
Peter Hunt	97
Grant Perry	95
Gerard Watts	92
Remo Fanelli	91
Bev Smith	90
Don & Bronwyn Atfield	90
Natalie Cummings & Miles Goudie	88
Sam Moller	88
Shaun Pobar	86
Dean Lill	83
Jess Dinneen	82
Shannon Kime	72

GAME DRAW • ROUND 19

EELS V RAIDERS

ROOSTERS V KNIGHTS

COWBOYS V STORM

RABBITOHS V WARRIORS

SEA EAGLES V TIGERS

PANTHERS V BRONCOS

DRAGONS V TITANS

BULLDOGS V SHARKS

Your year ahead

You've been working hard for some time now, and this next year is no different. An upbeat cosmos creates a buzz around work and money, while your creativity dazzles all. If there's a project going, you'll be the obvious candidate. Even this year's challenges become blessings in disguise. The snag? You might attract more attention than you bargained for. As it is, you have a busy private life to contend with. Financially, invest in something solid - property, perhaps? Unexpected turns of events in relationships won't faze you either, as most will be to your advantage. Enjoy.



ARIES

(Mar 21 - Apr 20)

Find yourself an extra pair of hands, quick smart. You're probably needed in more than one place right now. Sure, it's great to feel wanted. But maybe you're being stretched in too many directions. The week reminds you why very few of us make it to sainthood. Finances suggest an exciting detour, as does a very close friend.

Best Day: Sunday 25th



TAURUS

(Apr 21 - May 20)

Taureans finally tackle the backlog of work and chores that have been piling up, but you're not propelled solely by the work ethic. A more likely motivation is your longing for luxury, which needs financing. You may, however, find yourself battling with someone in a position of power. Venus compensates by introducing an intriguing new friend.

Best Day: Monday 26th



GEMINI

(May 21 - Jun 21)

Love wins a generous time slot, though there may be some trickery in the heavens. This means that what started as a casual flirtation could become more than intended. And chances are, it'll be you who's doing the tempting. Indeed, prudence doesn't exactly spring to mind as your word of the week - "hedonistic" is closer to the mark. A beguiling time.

Best Day: Friday 30th



CANCER

(Jun 22 - Jul 22)

If money's been a constant battle, you'll love this week. The cosmos declares war on poverty-consciousness. Breathe a sigh of relief as well-deserved luxuries come well within reach. There is a catch, though. If something, or someone, instinctively feels too-good-to-be true, it probably is. Good judgement is the key.

Best Day: Sunday 25th



LEO

(Jul 23 - Aug 23)

Leos are the most vibrant and energetic of the zodiac signs. Ruled by the Sun, you radiate a warm, outgoing nature and rarely do anything by halves. You're a born leader; an initiator - someone who loves to act, to do, to bring about change. But this week too much relentless ambition could be your downfall - so slip into the shadows for a while.

Best Day: Wednesday 28th



LIBRA

(Sep 23 - Oct 23)

You may feel irritated with close friends or relatives this week. If they're leaning too heavily on you, you need to either hand them back some responsibility or recruit some outside support. You can't be all things to everyone. It's often said, "that time is the most valuable commodity." So spend wisely, Libra - on yourself.

Best Day: Saturday 31st



SAGITTARIUS

(Nov 23 - Dec 21)

Be very careful when dealing with your finances this week. Someone might be nursing a grudge and they're looking for some kind of pay-back. Still, there's no one quite like you to scoff in the face of adversity. Savvy Sagittarians can often turn misfortunes into a successful game. Better still, you may now find someone new to play with.

Best Day: Thursday 29th



CAPRICORN

(Dec 22 - Jan 20)

It's in your nature to save for a rainy day. Good news indeed at a time when the focus falls on money. Romance features just as strongly, so why not mix business with pleasure? This week suggests love that's attentive. Singles flirt; couples renew their passions. Friendships also grow, with established bonds becoming stronger.

Best Day: Friday 30th



AQUARIUS

(Jan 21 - Feb 18)

You can be so hard on yourself, Aquarius - often giving out more love than you receive. Those who attach "conditions" to their friendships are easy enough to find. Take the next step - love those who think you are remarkable. Wake up each day happy with who you are. It's not all that difficult. Great love begins with yourself.

Best Day: Saturday 31st



PISCES

(Feb 19 - Mar 20)

What the world needs now is love, sweet love, and Pisceans everywhere are first in the romantic queue. But where to find that perfect mate? Think foreign and exotic. This week you may choose to experiment. Perhaps you're drawn to an irresistible out-of-towner, or possibly someone older? Couples should use this time to rekindle tepid passions.

Best Day: Tuesday 27th



VIRGO

(Aug 24 - Sep 22)

You have an expert eye for quality and opportunity, although this week others may question your direction. Don't be dissuaded by their lack of vision. Sharp-witted Virgos can spot a winner that many would underestimate, be it personal or professional. So turn a silent ear to others' uninspired warnings, and listen to your own instincts.

Best Day: Monday 26th



SCORPIO

(Oct 24 - Nov 22)

This week brings you directly in touch with your need for action. You're ready to get things moving, perhaps even break new ground. On a psychological level, too, you're more in touch with your inner rage. It's how you channel this raw energy that makes all the difference. Release any pent-up emotions by taking positive, constructive action.

Best Day: Tuesday 27th

ARROW WORDS										
	Info	On holiday	Lure Stressed	Confused state	Moore, US actress	Male deer				
				Aware						
	Rachel Watson, English actress (pictured)				Antelope	Christmas				
	Worker insect			Stretching						
Land measure	Mark Manx road cyclist	Permit Produces an egg		Breathing gases	This moment	Receded	Bus station			
			Mature	Wearied by dullness	Certainly Slender					
Night before	Label			Difficulty Complete						
		Member of a Germanic people			Painting material	Morning moisture	Movie theatre			
Finish	Brave				Art, 1930s style					
		Small bay	Italian volcano Wilson, actor		Amend					
Bereaved wife	End section			Snake	Had food	Chewy substance	Drink with tongue			
				Molten rock		Hair product				
Lustre	Animal doctor			Orange fruit						
				Recess		Chart				



SAGITTARIUS

(Nov 23 - Dec 21)

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(Feb 19 - Mar 20)

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Best Day: Tuesday 27th

SOLUTION

P	A	S	A	N	E	H	S				
W	S	T	S	A	T	E	A	S			
L	G	V	A	V	L	A	M	O	D	I	M
N	W	N	V	A	O	D	A	D			
T	I	E	V	A	E	T	A	E	N	D	E
C	O	D	E	C	O	I	C	H	E	R	E
P	B	W	H	G	O	T	E	E	V	E	
E	L	E	U	R	O	T	A	B	A	V	
E	D	E	D	E	I	N	I	E	E	A	C
O	U	A	S	A	V	L	A				
G	N	I	K	I	N	A					
A	M	Z	S	I	S	W					
T	R	A	V	A	L	D					
S	D	D	B								

Monday, July 26

<p>ABC TV (2) 6.00 News Breakfast. 9.00 ABC News Mornings. 10.00 Landline. (R) 11.00 Grand Designs. (Final, PG, R) 12.00 ABC News At Noon. 1.00 The Durrells. (PG, R) 1.50 Chopsticks Or Fork? (R) 2.05 Harrow. (Madlsv, R) 3.00 ABC News Afternoons. 4.00 Escape From The City. (R) 4.55 Anh's Brush With Fame. (PG, R) 5.25 Hard Quiz. (PG, R)</p>	<p>SBS (3) 6.00 WorldWatch. 11.00 Spanish News. 11.30 Turkish News. 12.00 Arabic News F24. 12.30 ABC America: World News Tonight. 1.00 Al Jazeera News. 2.00 Arabia With Levison Wood. (Ma, R) 3.00 Great British Railway Journeys. (R) 3.35 The Cook Up With Adam Liaw. (PG, R) 4.10 The Secret Life Of Princess Margaret. (PGa, R) 5.05 Jeopardy! (PG) 5.30 Letters And Numbers. (R)</p>	<p>SEVEN (7) 6.00 Sunrise. 9.00 Olympic Games Tokyo 2020. Day 3: Morning session. 12.00 Olympic Games Tokyo 2020. Day 3: Day session. 3.00 Olympic Games Tokyo 2020. Day 3: Afternoon session. 5.30 The Chase Australia. Contestants race to answer quiz questions.</p>	<p>NINE (8) 6.00 Today. 9.00 Today Extra. (PG) 11.30 Morning News. 12.00 Getaway. (PG, R) 12.30 Beauty And The Geek. (R) 2.00 Pointless. (PG) 3.00 Tipping Point. (PG) 4.00 Afternoon News. 4.30 Millionaire Hot Seat. (R) 5.30 WIN News.</p>	<p>TEN (5) 6.00 The Talk. (PGa) 7.00 Judge Judy. (PG, R) 7.30 The Bold And The Beautiful. (PG, R) 8.00 Studio 10. (PG) 12.00 Dr Phil. (PGad) 1.00 To Be Advised. 2.30 Entertainment Tonight. 3.00 Judge Judy. (PG) 3.30 My Market Kitchen. 4.00 Everyday Gourmet With Justine Schofield. 4.30 The Bold And The Beautiful. (PG) 5.00 10 News First.</p>
<p>6.00 The Drum. 7.00 ABC News. 7.30 7.30. Presented by Leigh Sales. 8.00 Courtney Act's One Plus One. Part 5 of 5. 8.30 Four Corners. Investigative journalism program that leads national debate and confronting issues that matter. 9.15 Media Watch. (PG) Paul Barry takes a look at the latest issues affecting media consumers. 9.35 Great Barrier Reef: The Next Generation. (PG) An immersive journey into life on the reef. 10.30 ABC Late News. 11.00 Cancer: A Story Of Hope - A Catalyst Special. (PGm, R) 12.00 Baptiste. (Madlv, R) 1.00 Miniseries: Agatha Christie's The ABC Murders. (Mav, R) 2.00 Rage. (MA15+adhlsv) 4.30 The Drum. (R) 5.30 7.30. (R)</p>	<p>6.00 Mastermind Australia. (R) Presented by Jennifer Byrne. 6.30 SBS World News. 7.30 Jimmy Carter: Rock And Roll President. (PG) Takes a look at the role that music played in the life and work of former US President Jimmy Carter. 9.20 I Am Johnny Cash. (PGa, R) A tribute to Johnny Cash from the unique perspective of the his greatest songs. 10.50 SBS World News Late. 11.20 The Investigation. (Ma, R) Jens Moller gets assistance with the search. 12.15 Das Boot. (Mlsv, R) A U-boat battles a US warship. 3.35 8 Out Of 10 Cats Does Countdown. (Mls, R) 4.30 VICE Guide To Film. (Mln, R) 5.00 France 24 Feature. 5.15 NHK World English News. 5.30 Deutsche Welle English News.</p>	<p>6.00 Seven Local News. 6.30 Seven News. 7.00 Olympic Games Tokyo 2020. Day 3: Primetime session. Featuring a variety of events from the Games of the XXXII Olympiad. 10.00 Olympic Games Tokyo 2020. Day 3: Late evening session. Featuring a variety of events from the Games of the XXXII Olympiad. 12.00 Olympic Games Tokyo 2020. Day 3: Overnight session. Featuring a variety of events from the Games of the XXXII Olympiad. 3.00 Home Shopping. (R) 4.00 Million Dollar Minute. (R) Three contestants go head-to-head in a test of brain power. 5.00 Seven Early News. 5.30 Sunrise. News, sport and weather.</p>	<p>6.00 Nine News. 7.00 A Current Affair. 7.30 Beauty And The Geek. Hosted by Sophie Monk. 8.40 Botched. (Mamn) A woman whose face was damaged in a crash hopes surgery will ease her emotional pain. 9.40 100% Footy. (M) Features the latest rugby league news, with exclusive insights from an expert panel. 10.40 Nine News Late. A look at the latest news and events. 11.10 The Arrangement. (Mals) Terence remains focused on his new project. 12.05 Tipping Point. (PG, R) 1.00 A Current Affair. (R) 1.30 TV Shop: Home Shopping. (R) 2.30 Global Shop. (R) 3.00 TV Shop: Home Shopping. (R) 4.00 Take Two. (R) 5.00 News Early Edition. 5.30 Today.</p>	<p>6.30 The Project. A look at the day's news. 7.30 Australian Survivor. One lucky castaway who currently holds an immunity idol finds another. 9.00 Have You Been Paying Attention? (Mals) A fast-paced look at news, with Sam Pang and Ed Kavalee joined by other celebrity panelists to compete to see who can remember the most about events of the week. Hosted by Tom Gleisner. 10.00 Georgie Carroll: The Gloves Are Off. (Mal) A stand-up performance by Georgie Carroll who shares stories from her 20 years on the frontline of nursing. 11.30 The Project. (R) A look at the day's news. 12.30 Home Shopping. (R) 2.30 Infomercials. (PG, R) 3.00 Home Shopping. (R) 4.30 CBS This Morning.</p>
<p>ABC TV PLUS (22) 6am Children's Programs. 7.15pm Odd Squad. 7.30 Spicks And Specks. 8.00 QI. 8.30 David Attenborough's First Life. 9.25 Doctor Who. 10.20 Grand Designs NZ. 11.05 Adam Hills: The Last Leg. (Final) 11.45 QI. 12.15am Escape From The City. 1.15 30 Rock. 1.40 The Catherine Tate Show. 2.10 Chandon Pictures. 2.35 Small Tales And True. 3.00 Great News. 3.25 News Update. 3.30 Close. 5.05 Late Programs.</p>	<p>SBS VICELAND (31) 6am WorldWatch. Noon The X-Files. 2.30 Big Night Out. 2.55 Beerland. 3.25 New Girl. 3.55 WorldWatch. 5.15 Joy Of Painting. 5.45 Shortland Street. 6.15 Forged In Fire. 7.05 Jeopardy! 7.35 8 Out Of 10 Cats Does Countdown. 8.30 Hypothetical. 9.25 Taskmaster. 10.15 Black Lives Matter: A Global Reckoning. 11.05 Savages. 12.10am My F-ing Tourette's Family. 1.05 60 Days In. 2.45 France 24. 3.00 Late Programs.</p>	<p>7TWO (72) 6am Morning Programs. 8.00 Harry's Practice. 8.30 Million Dollar Minute. 9.30 Better Homes. 11.00 The Bowls Show. Noon House Of Wellness. 1.00 Million Dollar Minute. 2.00 Jabba's Movies. 2.30 Air Crash Investigation. 4.30 M*A*S*H. 5.30 Olympic Games Tokyo 2020. Day 3: Primetime session. 7.00 Bargain Hunt. 7.30 Doc Martin. 8.30 Judge John Deed. 10.30 Mafia's Greatest Hits. 11.30 Late Programs.</p>	<p>9GEM (81) 6am TV Shop. 7.00 Creflo. 7.30 TV Shop. 9.30 Newstyle Direct. 10.00 Danoz. 10.30 Pointless. 11.30 My Favorite Martian. Noon Death In Paradise. 1.10 Days Of Our Lives. 2.05 The Young And The Restless. 3.00 Antiques Roadshow. 3.30 MOVIE: The Face Of Fu Manchu. (1965, PG) 5.30 Desert Vet. 6.30 Antiques Roadshow. 7.30 Poirot. 8.40 Agatha Christie's Marple. 10.40 Law & Order: Criminal Intent. 11.35 Late Programs.</p>	<p>10 PEACH (52) 6am The Middle. 7.00 Friends. 9.00 Sabrina, The Teenage Witch. 10.00 The Neighborhood. 11.00 Broke. Noon This Is Us. 1.00 Charmed. 2.00 The Big Bang Theory. 3.00 Rules Of Engagement. 4.00 Becker. 5.00 Frasier. 6.00 Friends. 6.30 Neighbours. 7.00 Friends. 8.00 The Big Bang Theory. 9.30 Seinfeld. 11.00 Friends. Midnight Shopping. 12.30 Infomercials. 1.30 Sabrina. 2.00 Late Programs.</p>
<p>NITV (34) 6am Morning Programs. 1.30pm First Australians. 2.30 Clinton's Walk For Justice. 3.00 Jarjums. 4.30 The Storyteller. 5.00 Fraggles Rock. 6.00 The 77 Percent. 6.30 Pacific Island Food Revolution. 7.20 News. 7.30 Keep Calm And Decolonize. 7.40 Through The Wormhole With Morgan Freeman. 8.30 Karla Grant Presents. 9.00 Anote's Ark. 10.00 News. 10.10 Te Ao With Moana. 10.40 Late Programs.</p>	<p>SBS WORLD MOVIES (32) 6am Morning Programs. 7.00 When Marnie Was There. (2014, PG) 9.00 The Secret Of Kells. (2009) 10.30 Chalet Girl. (2011, PG) 12.25pm Tom Thumb. (2001, PG, French) 2.05 Master Cheng (A Spice For Life) (2019) 4.10 A Monster In Paris. (2011, French) 5.50 Walking On Sunshine. (2014, PG) 7.40 Dede. (2017, M, Georgian) 9.30 The Big Blue. (1988, M, French) 12.35am Late Programs.</p>	<p>7MATE (73) 6am Morning Programs. 7.20 Olympic Games Tokyo 2020. Day 3: Early morning session. 9.00 Olympic Games Tokyo 2020. Day 3: Morning session. Noon Olympic Games Tokyo 2020. Day 3: Day session. 3.00 Olympic Games Tokyo 2020. Day 3: Afternoon session. 7.00 Olympic Games Tokyo 2020. Day 3: Primetime session. 10.00 Olympic Games Tokyo 2020. Day 3: Late evening session. Midnight Late Programs.</p>	<p>9GO! (82) 6am Children's Programs. 11.00 Making A Model With Yolanda Hadid. Noon Parenthood. 1.00 Keeping Up With The Kardashians. 3.00 Malcolm. 4.00 The Incredible Hulk. 5.00 Malcolm. 6.00 The Nanny. 6.30 3rd Rock From The Sun. 7.00 That '70s Show. 7.30 RBT. 8.30 MOVIE: Anchorman: The Legend Of Ron Burgundy. (2004, M) 10.30 MOVIE: Ted. (2012, MA15+) 12.40am Late Programs.</p>	<p>10 BOLD (53) 6am Infomercials. 7.30 Home Shopping. 8.00 Star Trek: Voyager. 9.00 Diagnosis Murder. 10.00 JAG. 11.00 Star Trek: Voyager. Noon Walker, Texas Ranger. 1.00 NCIS. 2.00 NCIS: Los Angeles. 3.00 Diagnosis Murder. 5.00 JAG. 7.00 Bondi Rescue. 7.30 NCIS. 11.15 Blue Bloods. 12.10am Home Shopping. 1.10 Infomercials. 1.40 Home Shopping. 2.10 Elementary. 4.05 Hawaii Five-0. 5.00 Star Trek: Voyager.</p>



Do you have an event coming up?

We want to know!

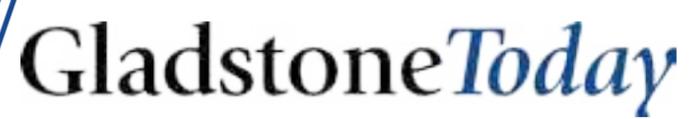
Send the details to editorial@todaygladstone.com.au and we'll publish it in our weekly Events Calendar.

Tuesday, July 27

<p>ABC TV (2) 6.00 News Breakfast. 9.00 ABC News Mornings. 10.00 Four Corners. (R) 11.00 Antiques Roadshow. (PG, R) 12.00 ABC News At Noon. 1.00 Belgravia. (PG, R) 1.45 Chopsticks Or Fork? (R) 2.05 Harrow. (Madlsv, R) 3.00 ABC News Afternoons. 4.00 Escape From The City. (R) 5.00 Anh's Brush With Fame. (PG, R) 5.30 Hard Quiz. (PG, R)</p>	<p>SBS (3) 6.00 WorldWatch. 10.30 German News. 11.00 Spanish News. 11.30 Turkish News. 12.00 Arabic News F24. 12.30 ABC America: World News Tonight. 1.00 PBS NewsHour. 2.00 The World's Most Extraordinary Homes. (R) 3.05 Great British Railway Journeys. (R) 3.40 The Cook Up With Adam Liaw. (PG) 4.10 The Secret Life Of Edward VIII. (PGa, R) 5.05 Jeopardy! (PG) 5.30 Letters And Numbers. (R)</p>	<p>SEVEN (7) 6.00 Sunrise. 9.00 Olympic Games Tokyo 2020. Day 4: Morning session. 12.00 Olympic Games Tokyo 2020. Day 4: Day session. 3.00 Olympic Games Tokyo 2020. Day 4: Afternoon session. 5.30 The Chase Australia. Contestants race to answer quiz questions.</p>	<p>NINE (8) 6.00 Today. 9.00 Today Extra. (PG) 11.30 Morning News. 12.00 Desperate Housewives. (Mas, R) 1.00 Beauty And The Geek. (R) 2.00 Pointless. (PG) 3.00 Tipping Point. (PG) 4.00 Afternoon News. 4.30 Millionaire Hot Seat. (R) 5.30 WIN News.</p>	<p>TEN (5) 6.00 The Talk. (PGa) 7.00 Judge Judy. (PG, R) 7.30 The Bold And The Beautiful. (PG, R) 8.00 Studio 10. (PG) 12.00 Dr Phil. (PGa) 1.00 To Be Advised. 2.30 Entertainment Tonight. 3.00 Judge Judy. (PG) 3.30 My Market Kitchen. 4.00 Everyday Gourmet With Justine Schofield. 4.30 The Bold And The Beautiful. (PG) 5.00 10 News First.</p>
<p>6.00 The Drum. 7.00 ABC News. Takes a look at today's top stories. 7.30 7.30. Presented by Leigh Sales. 8.00 Ms Represented With Annabel Crabb: In The Room. (PG) Part 3 of 4. 8.35 The Truth About Fasting: A Catalyst Special. Dietician Dr Joanna McMillan tracks five Australians who are intermittent fasting for six weeks. 9.35 And We Danced: Act 2 1980-1999. (PG, R) Part 2 of 3. 10.35 ABC Late News. 11.10 Q+A. (R) 12.10 Putin: A Russian Spy Story. (MA15+as, R) 1.00 Call The Midwife. (Ma, R) 2.00 Rage. (MA15+adhlsv) 4.30 The Drum. (R) 5.30 7.30. (R)</p>	<p>6.00 Mastermind Australia. (R) 6.30 SBS World News. 7.30 Who Do You Think You Are? Natalie Bassingthwaighte. (Final, PG) Natalie Bassingthwaighte explores her root. 8.30 Insight. Kumi Taguchi chats with retirees and explores how they have fared since stopping work. 9.30 Dateline. A look at women's rights in Poland. 10.00 The Feed. Presented by Marc Fennell and Alice Matthews. 10.30 SBS World News Late. 11.00 Cacciatore: The Hunter. (Malv) 12.00 Cardinal. (MA15+av, R) 3.20 Alex Polizzi: The Fixer. (PG, R) 4.30 VICE Guide To Film. (MA15+alsv, R) 5.00 France 24 Feature. 5.15 NHK World English News. 5.30 Deutsche Welle English News.</p>	<p>6.00 Seven Local News. 6.30 Seven News. 7.00 Olympic Games Tokyo 2020. Day 4: Primetime session. Featuring a variety of events from the Games of the XXXII Olympiad. 10.00 Olympic Games Tokyo 2020. Day 4: Late evening session. Featuring a variety of events from the Games of the XXXII Olympiad. 12.00 Olympic Games Tokyo 2020. Day 4: Overnight session. Featuring a variety of events from the Games of the XXXII Olympiad. 3.00 Home Shopping. (R) 4.00 Million Dollar Minute. (R) Hosted by Grant Denyer. 5.00 Seven Early News. 5.30 Sunrise. News, sport and weather.</p>	<p>6.00 Nine News. 7.00 A Current Affair. 7.30 Beauty And The Geek. Hosted by Sophie Monk. 8.40 The Weakest Link. Quiz show featuring eight contestants who answer general knowledge questions. Hosted by Magda Szubanski. 9.40 Kath & Kim. (PGIs, R) Kath is enjoying life as an empty-nester, until her married daughter Kim moves back in. 10.50 Nine News Late. A look at the latest news and events. 11.20 Emergence. (Mhv, R) 12.10 Tipping Point. (PG, R) 1.00 A Current Affair. (R) 1.30 TV Shop: Home Shopping. (R) 4.00 Take Two. (R) 5.00 News Early Edition. 5.30 Today.</p>	<p>6.30 The Project. A look at the day's news. 7.30 Australian Survivor. Both tribes begin to struggle with the harsh reality of the Aussie outback. 9.00 The Cheap Seats. (Mal) Presenters Melanie Bracewell and Tim McDonald take a look at the week that was. 10.00 The Montreal Comedy Festival. (MA15+, R) Stand-up performances from comedians. 11.00 The Project. (R) A look at the day's news. 12.00 The Late Show With Stephen Colbert. (PG) 1.00 Home Shopping. (R) 3.00 Infomercials. (PG, R) 3.30 Home Shopping. (R) 4.30 CBS This Morning.</p>
<p>ABC TV PLUS (22) 6am Children's Programs. 7.15pm Odd Squad. 7.30 Spicks And Specks. 8.30 Whose Line Is It Anyway? (Return) 9.15 Everything's Gonna Be Okay. (Premiere) 9.40 Doctor Who. 10.30 Superwog. (Final) 10.55 Starstruck. 11.20 Fleabag. 11.45 The Games. 12.15am Would I Lie To You? 12.45 30 Rock. 1.10 The Catherine Tate Show. 1.40 Chandon Pictures. 2.05 Small Tales And True. 2.30 Late Programs.</p>	<p>SBS VICELAND (31) 6am WorldWatch. Noon The X-Files. 2.30 Big Night Out. 2.55 Beerland. 3.25 New Girl. 3.55 WorldWatch. 5.15 Joy Of Painting. 5.45 Shortland Street. 6.15 Forged In Fire. 7.05 Jeopardy! 7.35 8 Out Of 10 Cats Does Countdown. 8.30 Roswell: The First Witness. (Premiere) 9.30 Limetown. (Premiere) 10.40 Counter Space. 11.40 Detective Chinatown. 12.30am News. 12.55 Late Programs.</p>	<p>7TWO (72) 6am Morning Programs. 8.30 Million Dollar Minute. 9.30 Better Homes. 11.00 The Master. Noon House Of Wellness. 1.00 Million Dollar Minute. 2.00 The Surgery Ship. 3.00 Surf Patrol. 3.30 Border Patrol. 4.00 Australia's Deadliest. 4.30 M*A*S*H. 5.30 Olympic Games Tokyo 2020. Day 4: Primetime session. 7.00 Bargain Hunt. 7.30 Pie In The Sky. 8.30 Lewis. 10.30 Deadly Dates. 11.30 Late Programs.</p>	<p>9GEM (81) 6am TV Shop. 7.00 Creflo. 7.30 TV Shop. 9.30 Newstyle Direct. 10.00 Danoz. 10.30 Pointless. 11.30 My Favorite Martian. Noon Poirot. 1.10 Days Of Our Lives. 2.05 The Young And The Restless. 3.00 Antiques Roadshow. 3.30 MOVIE: The Queen Of Spades. (1949, PG) 5.30 Desert Vet. 6.30 Antiques Roadshow. 7.30 New Tricks. 8.40 The Closer. 9.40 Rizzoli & Isles. 10.40 Law & Order. 11.40 Late Programs.</p>	<p>10 PEACH (52) 6am Seinfeld. 7.00 Rules Of Engagement. 8.00 Becker. 9.00 Sabrina, The Teenage Witch. 10.00 Friends. 11.00 Frasier. Noon This Is Us. 1.00 The Conners. 1.30 Seinfeld. 3.00 Rules Of Engagement. 4.00 Becker. 5.00 Frasier. 6.00 Friends. 6.30 Neighbours. 7.00 Friends. 8.00 The Big Bang Theory. 9.30 Mom. 11.35 Frasier. Midnight Shopping. 12.30 Infomercials. 1.30 Sabrina. 2.00 Late Programs.</p>
<p>NITV (34) 6am Morning Programs. 1.40pm Remaking The Pathway. 2.10 Red Earth Uncovered. 3.00 Wapos Bay. 3.25 Bushwhacked! 3.55 Bino And Fino. 4.00 Musomagic. 4.30 The Storyteller. 5.00 Fraggles Rock. 6.00 Pete & Pio's Kai Safari. 6.30 Pacific Island Food Revolution. 7.20 NITV News Update. 7.30 Insight. 8.30 Marion Jones: Press Pause. 9.30 Celtics/Lakers: Best Of Enemies. 11.20 Late Programs.</p>	<p>SBS WORLD MOVIES (32) 6am Chalet Girl. Continued. (2011, PG) 6.35 A Monster In Paris. (2011, French) 8.15 Walking On Sunshine. (2014, PG) 10.05 Kirikou And The Sorceress. (1998) 11.30 The Big Blue. (1988, M, French) 2.35pm The Secret Of Kells. (2009) 4.05 Tom Thumb. (2001, PG, French) 5.45 The Nightingale. (2013, Mandarin) 7.40 Look At Me. (2018, M, Arabic) 9.30 Sophie's Choice. (1982, MA15+) 12.15am Late Programs.</p>	<p>7MATE (73) 6am Morning Programs. 7.20 Olympic Games Tokyo 2020. Day 4: Early morning session. 9.00 Olympic Games Tokyo 2020. Day 4: Morning session. Noon Olympic Games Tokyo 2020. Day 4: Day session. 3.00 Olympic Games Tokyo 2020. Day 4: Afternoon session. 7.00 Olympic Games Tokyo 2020. Day 4: Primetime session. 10.00 Olympic Games Tokyo 2020. Day 4: Late evening session. Midnight Late Programs.</p>	<p>9GO! (82) 6am Children's Programs. 11.00 Making A Model With Yolanda Hadid. Noon Parenthood. 1.00 Keeping Up With The Kardashians. 3.00 Malcolm. 3.30 The Nanny. 4.00 3rd Rock From The Sun. 4.30 That '70s Show. 5.00 Malcolm. 6.00 The Nanny. 6.30 3rd Rock From The Sun. 7.00 That '70s Show. 7.30 MOVIE: Limitless. (2011, M) 9.35 MOVIE: In Time. (2011, M) 11.45 Late Programs.</p>	<p>10 BOLD (53) 6am Home Shopping. 7.00 Infomercials. 8.00 Diagnosis Murder. 9.00 JAG. 11.00 Star Trek: Voyager. Noon Walker, Texas Ranger. 1.00 NCIS. 2.00 NCIS: Los Angeles. 3.00 Diagnosis Murder. 5.00 JAG. 7.00 Bondi Rescue. 7.30 NCIS. 8.30 Blue Bloods. 10.25 NCIS: New Orleans. 12.15am Shopping. 12.45 Infomercials. 1.15 Shopping. 2.15 MOVIE: Wild Card. (2015, MA15+) 4.05 SEAL Team. 5.00 JAG.</p>

<p>ABC TV (2) 6.00 News Breakfast. 9.00 ABC News Mornings. 10.00 Search For Second Earth. (R) 11.00 The Repair Shop. (R) 12.00 ABC News At Noon. 12.30 National Press Club Address. 1.35 Media Watch. (PG, R) 2.05 Harrow. (Malv, R) 3.00 ABC News Afternoons. 4.00 Escape From The City. (PG, R) 5.00 Anh's Brush With Fame. (PG, R) 5.25 Hard Quiz. (PG, R)</p> <p>6.00 The Drum. 7.00 ABC News. 7.30-7.30. Presented by Leigh Sales. 8.00 Win The Week. Hosted by Alex Lee. 8.30 Shaun Micallef's MAD AS HELL. Host Shaun Micallef presents a round-up of important news stories of the week. 9.00 Starstruck. (Final, Mdl) Jessie's Christmas dinner is interrupted. 9.25 Would I Lie To You? (PG, R) Hosted by Rob Brydon. 10.00 Staged. (Ml, R) 10.20 ABC Late News. 10.55 Four Corners. (R) 11.40 Media Watch. (PG, R) 12.00 Joanna Lumley's Hidden Caribbean. (PG, R) 12.45 Miniseries: Innocent. (Malv, R) 1.30 Call The Midwife. (Final, PG, R) 2.35 Rage. (MA15+adhlnsv) 4.30 The Drum. (R) 5.25 7.30. (R)</p>	<p>SBS (3) 6.00 WorldWatch. 9.30 Greek News. 10.30 German News. 11.00 Spanish News. 11.30 Turkish News. 12.00 Arabic News F24. 12.30 ABC America: World News Tonight. 1.00 PBS NewsHour. 2.00 Dateline. (R) 2.30 Insight. (R) 3.30 The Egg. (PGav, R) 3.40 The Cook Up With Adam Liaw. (PG) 4.10 The Secret Life Of Napoleon Bonaparte. (R) 5.05 Jeopardy! (PG) 5.30 Letters And Numbers. (R)</p> <p>6.00 Mastermind Australia. (R) Presented by Jennifer Byrne. 6.30 SBS World News. 7.30 Charles And Diana: 1983. (PG) A look at the 1983 royal tour. 8.30 MOVIE: Amy. (2015, M) An insightful portrait into the life of one of Britain's music icons, the late Amy Winehouse, in her own words, as well as featuring unseen archival footage, interviews with friends and family, and unheard tracks. Amy Winehouse, Mitch Winehouse, Mark Ronson. 10.55 SBS World News Late. 11.25 Unknown Amazon: Incident, The. (M) Presented by Pedro Andrade. 12.15 McMafia. (Mav, R) 4.45 Destination Flavour: Japan Bitesize. (R) 5.00 France 24 Feature. 5.15 NHK World English News. 5.30 Deutsche Welle English News.</p>	<p>SEVEN (7) 6.00 Sunrise. 9.00 Olympic Games Tokyo 2020. Day 5: Morning session. 12.00 Olympic Games Tokyo 2020. Day 5: Day session. 3.00 Olympic Games Tokyo 2020. Day 5: Afternoon session. 5.30 The Chase Australia. Contestants race to answer quiz questions.</p> <p>6.00 Seven Local News. 6.30 Seven News. 7.00 Olympic Games Tokyo 2020. Day 5: Primetime session. Featuring a variety of events from the Games of the XXXII Olympiad. 10.00 Olympic Games Tokyo 2020. Day 5: Late evening session. Featuring a variety of events from the Games of the XXXII Olympiad. 12.00 Olympic Games Tokyo 2020. Day 5: Overnight session. Featuring a variety of events from the Games of the XXXII Olympiad. 3.00 Home Shopping. (R) 4.00 Million Dollar Minute. (R) Three contestants go head-to-head in a test of brain power. 5.00 Seven Early News. 5.30 Sunrise. News, sport and weather.</p>	<p>NINE (8) 6.00 Today. 9.00 Today Extra. (PG) 11.30 Morning News. 12.00 The Weakest Link. (R) 1.00 Beauty And The Geek. (R) 2.00 Pointless. (PG) 3.00 Tipping Point. (PG) 4.00 Afternoon News. 4.30 Millionaire Hot Seat. (R) 5.30 WIN News.</p> <p>6.00 Nine News. 7.00 A Current Affair. 7.30 Travel Guides. (PGI, R) Ordinary Aussies take on the job of travel critics. 8.30 MOVIE: Legally Blonde 2: Red, White And Blonde. (2003, PGI, R) A woman juggles her demanding career as a lawyer and the preparations for her wedding. Reese Witherspoon, Luke Wilson, Jennifer Coolidge. 10.30 Nine News Late. A look at the latest news and events. 11.00 The First 48: Ringside Seat. (Mav, R) Detectives investigate an execution. 11.50 Bluff City Law. (PGav, R) 12.40 Tipping Point. (PG, R) 1.30 TV Shop: Home Shopping. (R) 2.30 Global Shop. (R) 3.00 TV Shop: Home Shopping. (R) 5.00 News Early Edition. 5.30 Today.</p>	<p>TEN (5) 6.00 The Talk. (PGa) 7.00 Judge Judy. (PG, R) 7.30 The Bold And The Beautiful. (PG, R) 8.00 Studio 10. (PG) 12.00 Dr Phil. (PGal, R) 1.00 To Be Advised. 2.30 Entertainment Tonight. 3.00 Judge Judy. (PG) 3.30 My Market Kitchen. 4.00 Everyday Gourmet With Justine Schofield. 4.30 The Bold And The Beautiful. 5.00 10 News First.</p> <p>6.30 The Project. The hosts and guest panellists take a look at the day's news, events and hot topics. 7.30 The Bachelor Australia. Jimmy takes a lucky lady on a romantic single date, showing her around a secluded island in Sydney. 8.30 Bull. (Ma, R) An elite boarding school's counsellor asks Bull to help the parents of an athletic scholarship student bring a wrongful death suit against the school after the teen dies suddenly while training. 10.30 The Project. (R) The hosts and guest panellists take a look at the day's news, events and hot topics. 11.30 The Late Show With Stephen Colbert. (PG) Late night talk show. 12.30 Home Shopping. (R) 2.30 Infomercials. (PG, R) 3.00 Home Shopping. (R) 4.30 CBS This Morning.</p>
<p>ABC TV PLUS (22) 6am Children's Programs. 7.15pm Odd Squad. 7.30 Spicks And Specks. 8.00 Would I Lie To You? 8.30 Art Works. 9.00 And We Danced. 10.00 Doctor Who. 10.50 Old People's Home For 4 Year Olds. 11.50 Louis Theroux: Extreme Love. 12.50am 30 Rock. 1.15 The Catherine Tate Show. 1.45 Chandon Pictures. 2.10 Small Tales And True. 2.40 Great News. 3.00 Rosehaven. 4.40 Close. 5.05 Late Programs.</p>	<p>SBS VICELAND (31) 6am WorldWatch. Noon The X-Files. 2.30 Big Night Out. 2.55 Beerland. 3.25 New Girl. 3.50 WorldWatch. 5.15 Joy Of Painting. 5.45 Shortland Street. 6.15 Forged In Fire. 7.05 Jeopardy! 7.35 8 Out Of 10 Cats Does Countdown. 8.30 The Act. 9.25 Hunting Hitler: The Final Chapter. 11.25 The Story Of. 11.55 News. 12.20am Curse Of Oak Island. 2.00 The Therapist. 2.30 France 24. 3.00 Late Programs.</p>	<p>7TWO (72) 6am Morning Programs. 8.00 Harry's Practice. 8.30 Million Dollar Minute. 9.30 Better Homes. 11.00 The Master. Noon House Of Wellness. 1.00 Million Dollar Minute. 2.00 The Surgery Ship. 3.00 To Be Advised. 3.45 M*A*S*H. 5.30 Olympic Games Tokyo 2020. Day 5: Primetime session. 7.00 Bargain Hunt. 7.30 The Coroner. 8.30 A Touch Of Frost. 10.15 Murdoch Mysteries. 11.15 Late Programs.</p>	<p>9GEM (81) 6am TV Shop. 7.00 Creflo. 7.30 TV Shop. 10.30 Pointless. 11.30 My Favorite Martian. Noon New Tricks. 1.10 Days Of Our Lives. 2.05 The Young And The Restless. 3.00 Antiques Roadshow. 3.30 MOVIE: The Count Of Monte-Cristo. (1975, PG) 5.30 Desert Vet. 6.30 Antiques Roadshow. 7.30 Keeping Up Appearances. 8.50 Midsomer Murders. 10.50 Law & Order: Criminal Intent. 11.50 Late Programs.</p>	<p>10 PEACH (52) 6am Broke. 7.00 Rules Of Engagement. 8.00 Becker. 9.00 Sabrina, The Teenage Witch. 10.00 Friends. 11.00 Frasier. Noon This Is Us. 1.00 The Conners. 1.30 2 Broke Girls. 2.00 Mom. 3.00 Rules Of Engagement. 4.00 Becker. 5.00 Frasier. 6.00 Friends. 6.30 Neighbours. 7.00 Friends. 8.00 The Big Bang Theory. 9.20 2 Broke Girls. 11.35 Rules Of Engagement. Midnight Late Programs.</p>
<p>NITV (34) 6am Morning Programs. 2pm Intune 08: The Flood Concert. 3.00 Wapos Bay. 3.25 Bushwhacked! 3.55 Bino And Fino. 4.00 Musomagic. 4.30 The Storyteller. 5.00 Fraggie Rock. 6.00 Pete & Pio's Kai Safari. 6.30 Pacific Island Food Revolution. 7.20 News. 7.30 Wellington Paranormal. 8.00 Yokayi Footy. 8.35 Over The Black Dot. 9.30 NITV News Update. 9.40 Rugby League. NRL. WA Premiership. 11.30 Late Programs.</p>	<p>SBS WORLD MOVIES (32) 6am Morning Programs. 8.45 Our Little Sister. (2015, PG, Japanese) 11.05 A Monster In Paris. (2011, French) 12.45pm Look At Me. (2018, M, Arabic) 2.35 Walking On Sunshine. (2014, PG) 4.25 Kirikou And The Sorcerer. (1998) 5.50 A Month Of Sundays. (2015, PG) 7.50 Buoyancy. (2019, M, Thai) 9.30 The Young Master. (1980, M, Cantonese) 11.30 Late Programs.</p>	<p>7MATE (73) 6am Morning Programs. 7.30 Pawn Stars. 8.30 MegaTruckers. 9.00 Olympic Games Tokyo 2020. Day 5: Morning session. Noon Olympic Games Tokyo 2020. Day 5: Day session. 3.00 Olympic Games Tokyo 2020. Day 5: Afternoon session. 7.00 Olympic Games Tokyo 2020. Day 5: Primetime session. 10.00 Olympic Games Tokyo 2020. Day 5: Late evening session. Midnight Late Programs.</p>	<p>9GO! (82) 6am Children's Programs. 11.00 Making A Model With Yolanda Hadid. Noon Parenthood. 1.00 Keeping Up With The Kardashians. 3.00 Malcolm. 3.30 The Nanny. 4.00 3rd Rock From The Sun. 4.30 That '70s Show. 5.00 Malcolm. 6.00 The Nanny. 6.30 3rd Rock From The Sun. 7.00 That '70s Show. 7.30 Paranormal Caught On Camera. 8.30 MOVIE: The Mummy. (2017, M) 10.35 Late Programs.</p>	<p>10 BOLD (53) 6am Infomercials. 8.00 Diagnosis Murder. 9.00 JAG. 11.00 Star Trek: Voyager. Noon Walker, Texas Ranger. 1.00 NCIS. 2.00 CSI: Crime Scene Investigation. 3.00 Diagnosis Murder. 5.00 JAG. 7.00 Bondi Rescue. 7.30 NCIS. 8.30 NCIS: Los Angeles. 11.15 SEAL Team. 12.10am Home Shopping. 1.40 Infomercials. 2.10 Elementary. (Final) 3.10 Diagnosis Murder. 5.00 Walker, Texas Ranger.</p>

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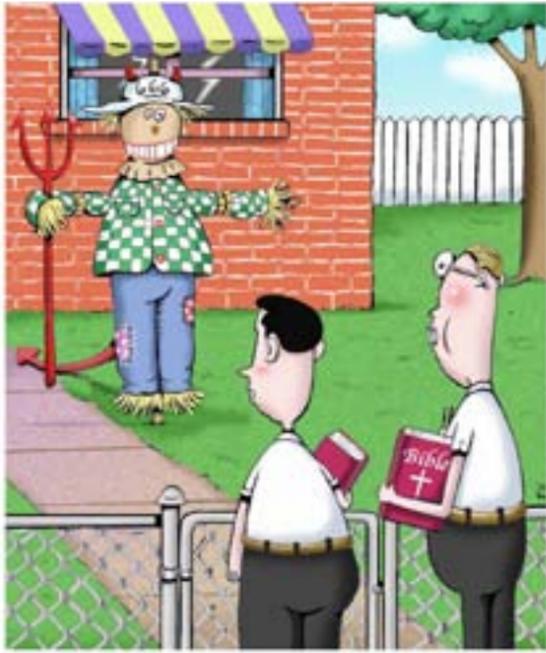


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<p>ABC TV (2) 6.00 News. 9.00 ABC News Mornings. 10.00 Courtney Act's One Plus One. (R) 10.30 Ms Represented With Annabel Crabb. (PG, R) 11.05 Grand Designs Revisited. (R) 12.00 ABC News At Noon. 1.00 Win The Week. (R) 1.30 Shaun Micallef's MAD AS HELL. (R) 2.05 Harrow. (Malv, R) 3.00 ABC News Afternoons. 4.00 Escape From The City. (R) 4.55 Brush With Fame. (PG, R) 5.25 Hard Quiz. (PG, R)</p> <p>6.00 The Drum. 6.55 Sammy J. (PG) Presented by Sammy J. 7.00 ABC News. Takes a look at today's top stories. 7.30-7.30. Presented by Leigh Sales. 8.00 Foreign Correspondent. International affairs program. 8.30 Q+A. Interactive public affairs program featuring a panel of experts and commentators answering questions. 9.35 Joanna Lumley's Hidden Caribbean. (PG, R) Part 2 of 2. 10.20 ABC Late News. 10.55 Putin: A Russian Spy Story: Enemies And Traitors. (PGa, R) 11.40 Midsomer Murders. (Mv, R) 1.15 Line Of Duty. (Mav, R) 2.15 Rage. (MA15+adhlnsv) 4.25 The Drum. (R) 5.20 Sammy J. (PG, R) 5.25 7.30. (R)</p>	<p>SBS (3) 6.00 WorldWatch. 11.00 Spanish News. 11.30 Turkish News. 12.00 Arabic News F24. 12.30 ABC America: World News Tonight. 1.00 PBS NewsHour. 2.00 The World's Most Extraordinary Homes. (R) 3.05 Great British Railway Journeys. (R) 3.40 The Cook Up With Adam Liaw. (PG) 4.10 The Secret Life Of Adolf Hitler. (PGavv, R) 5.05 Jeopardy! (PG) 5.30 Letters And Numbers. (R)</p> <p>6.00 Mastermind Australia. (R) 6.30 SBS World News. 7.30 Grace Kelly: The Missing Millions. Takes a look at Grace Kelly. 8.30 Who Do You Think You Are? UK: Daniel Radcliffe. (PGa, R) Actor Daniel Radcliffe delves into his family's roots and uncovers a World War I love story. 9.35 The Good Fight. (M) 10.30 SBS World News Late. 11.00 Border To Border. (M) 11.55 8 Out Of 10 Cats Does Countdown. (Malns, R) 12.55 Miniseries: Deep Water. (Madlv, R) 2.55 Cruising Down Under. (PGa, R) 3.55 8 Out Of 10 Cats Does Countdown. (Mls, R) 4.50 Destination Flavour: Japan Bitesize. (R) 5.00 France 24 Feature. 5.15 NHK World English News. 5.30 Deutsche Welle English News.</p>	<p>SEVEN (7) 6.00 Sunrise. 9.00 Olympic Games Tokyo 2020. Day 6: Morning session. 12.00 Olympic Games Tokyo 2020. Day 6: Day session. 3.00 Olympic Games Tokyo 2020. Day 6: Afternoon session. 5.30 The Chase Australia. Contestants race to answer quiz questions.</p> <p>6.00 Seven Local News. 6.30 Seven News. 7.00 Olympic Games Tokyo 2020. Day 6: Primetime session. Featuring a variety of events from the Games of the XXXII Olympiad. 10.00 Olympic Games Tokyo 2020. Day 6: Late evening session. Featuring a variety of events from the Games of the XXXII Olympiad. 12.00 Olympic Games Tokyo 2020. Day 6: Overnight session. Featuring a variety of events from the Games of the XXXII Olympiad. 3.00 Home Shopping. (R) 4.00 Million Dollar Minute. (R) Hosted by Grant Denyer. 5.00 Seven Early News. 5.30 Sunrise. News, sport and weather.</p>	<p>NINE (8) 6.00 Today. 9.00 Today Extra. (PG) 11.30 Morning News. 12.00 Desperate Housewives. (Mas, R) 1.00 Travel Guides. (PGI, R) 2.00 Pointless. (PG) 3.00 Tipping Point. (PG) 4.00 Afternoon News. 4.30 Millionaire Hot Seat. (R) 5.30 WIN News.</p> <p>6.00 Nine News. 7.00 A Current Affair. 7.30 Rugby League. NRL. Round 20. Sydney Roosters v Parramatta Eels. 9.45 Thursday Night Knock Off. Post-match NRL news and analysis of the Sydney Roosters versus Parramatta Eels clash. 10.30 Nine News Late. A look at the latest news and events. 11.00 Chicago Med. (Mam, R) Hank sees a patient from his past. 11.50 Miniseries: The Bad Seed. (Mdlv, R) 12.40 Tipping Point. (PG, R) 1.30 TV Shop: Home Shopping. (R) 2.30 Global Shop. (R) 3.00 TV Shop: Home Shopping. (R) 5.00 News Early Edition. 5.30 Today.</p>	<p>TEN (5) 6.00 The Talk. (PGa) 7.00 Judge Judy. (PG, R) 7.30 The Bold And The Beautiful. (R) 8.00 Studio 10. (PG) 12.00 Dr Phil. (PGa) 1.00 To Be Advised. 2.00 Entertainment Tonight. 2.30 Farm To Fork. (PG, R) 3.00 Judge Judy. (PG) 3.30 My Market Kitchen. 4.00 Everyday Gourmet With Justine Schofield. 4.30 The Bold And The Beautiful. 5.00 10 News First.</p> <p>6.30 The Project. A look at the day's news. 7.30 The Bachelor Australia. Jimmy has a little help from his friend, Billie the dog, when choosing a match for a special date. 8.40 Law & Order: SVU. (Ma, R) Benson investigates a female cop's accusations of sexual assault by a superior officer. 10.30 Blue Bloods. (Mav) Frank takes action to save Gormley's career. 11.30 The Project. (R) A look at the day's news. 12.30 The Late Show With Stephen Colbert. (PG) 1.30 Home Shopping. (R) 3.00 Infomercials. (PG, R) 3.30 Home Shopping. (R) 4.30 CBS This Morning.</p>
<p>ABC TV PLUS (22) 6am Children's Programs. 7.15pm Odd Squad. 7.30 Spicks And Specks. 8.30 Would I Lie To You? (Final) 9.00 Win The Week. 9.30 Shaun Micallef's MAD AS HELL. 10.00 Doctor Who. 10.50 That Pacific Sports Show. 11.25 You Can't Ask That. 11.55 David Attenborough's First Life. (Final) 12.50am Cancer: A Story Of Hope. 1.50 30 Rock. 2.10 The Catherine Tate Show. 2.40 Late Programs.</p>	<p>SBS VICELAND (31) 6am WorldWatch. Noon The X-Files. 2.30 Curse Of Oak Island. 3.00 New Girl. 3.50 WorldWatch. 5.15 Joy Of Painting. 5.45 Shortland Street. 6.15 Forged In Fire. 7.05 Jeopardy! 7.35 8 Out Of 10 Cats Does Countdown. 8.30 The Curse Of Oak Island. 10.10 Dave Gorman: Modern Life Is Goodish. 11.00 The Feed. 11.30 Over The Black Dot. 12.25am News. 12.50 MOVIE: Mean Machine. (2001, M) 2.40 Late Programs.</p>	<p>7TWO (72) 6am Morning Programs. 8.00 Harry's Practice. 8.30 Million Dollar Minute. 9.30 Better Homes. 11.00 The Master. Noon House Of Wellness. 1.00 Million Dollar Minute. 2.00 The Surgery Ship. 3.00 MOVIE: M*A*S*H: Goodbye, Farewell And Amen. (1983) 5.30 Olympic Games Tokyo 2020. Day 6: Primetime session. 7.00 Bargain Hunt. 7.30 Father Brown. 8.30 Inspector Morse. 10.50 Late Programs.</p>	<p>9GEM (81) 6am TV Shop. 7.00 Creflo. 7.30 TV Shop. 10.30 Pointless. 11.30 My Favorite Martian. Noon Keeping Up Appearances. 1.10 Days Of Our Lives. 2.05 The Young And The Restless. 3.00 Antiques Roadshow. 3.30 MOVIE: Lucky Jim. (1957) 5.30 Great Barrier Reef: A Living Treasure. 6.30 Antiques Roadshow. 7.30 The First 48. 8.30 Paramedics. 9.30 Kings Cross ER. 10.30 Law & Order. 11.30 Late Programs.</p>	<p>10 PEACH (52) 6am Frasier. 7.00 Rules Of Engagement. 8.00 Becker. 9.00 Sabrina, The Teenage Witch. 10.00 The Big Bang Theory. 11.00 Frasier. Noon This Is Us. 1.00 The Conners. 1.30 2 Broke Girls. 2.00 Mom. 3.00 Rules Of Engagement. 4.00 Becker. 5.00 Frasier. 6.00 Friends. 6.30 Neighbours. 7.00 Friends. 8.00 The Big Bang Theory. 9.30 Seinfeld. 11.00 The Neighborhood. Midnight Shopping. 12.30 Late Programs.</p>
<p>NITV (34) 6am Morning Programs. 1.50pm Stolen Glory: The Tale Of Porky Brooke. 2.30 Goin' Troppo In The Toppo. 3.00 Jarjums. 3.55 Bino And Fino. 4.00 Musomagic. 4.30 The Storyteller. 5.00 Fraggie Rock. 6.00 Pete & Pio's Kai Safari. 6.30 Pacific Island Food Revolution. (Final) 7.20 News. 7.30 Going Places With Ernie Dingo. 8.30 MOVIE: Do The Right Thing. (1989, MA15+) 10.30 Soul II Soul. 11.30 Late Programs.</p>	<p>SBS WORLD MOVIES (32) 6am Morning Programs. 6.25 A Month Of Sundays. (2015, PG) 8.25 Jour De Fête. (1949, French) 9.55 Watership Down. (1978, PG) 11.35 The Young Master. (1980, M, Cantonese) 1.35pm The Nightingale. (2013, Mandarin) 3.30 Little Nicolas. (2009, PG, French) 5.10 Our Little Sister. (2015, PG, Japanese) 7.30 American Pastoral. (2016, M) 9.30 Scarface. (1983, MA15+) 12.40am Late Programs.</p>	<p>7MATE (73) 6am Morning Programs. 8.00 Olympic Games Tokyo 2020. Day 6: Early morning session. 9.00 Olympic Games Tokyo 2020. Day 6: Morning session. Noon Olympic Games Tokyo 2020. Day 6: Day session. 3.00 Olympic Games Tokyo 2020. Day 6: Afternoon session. 7.00 Olympic Games Tokyo 2020. Day 6: Primetime session. 10.00 Olympic Games Tokyo 2020. Day 6: Late evening session. Midnight Late Programs.</p>	<p>9GO! (82) 6am Children's Programs. 11.00 Making A Model With Yolanda Hadid. Noon Parenthood. 1.00 Keeping Up With The Kardashians. 3.00 Malcolm. 3.30 The Nanny. 4.00 3rd Rock From The Sun. 4.30 That '70s Show. 5.00 Malcolm. 6.00 The Nanny. 6.30 3rd Rock From The Sun. 7.00 That '70s Show. 7.30 America's Top Dog. 8.30 MOVIE: King Arthur: Legend Of The Sword. (2017, M) 11.00 Police Ten 7. 11.30 Late Programs.</p>	<p>10 BOLD (53) 6am Home Shopping. 6.30 Infomercials. 8.00 Diagnosis Murder. 9.00 JAG. 11.00 Star Trek: Voyager. Noon Walker, Texas Ranger. 1.00 NCIS. 2.00 CSI: Crime Scene Investigation. 3.00 Diagnosis Murder. 5.00 JAG. 7.00 Bondi Rescue. 7.30 NCIS. 8.30 Hawaii Five-0. 10.30 SEAL Team. 11.30 FBI. 12.30am Infomercials. 1.00 Home Shopping. 2.00 Walker, Texas Ranger. 3.00 Hawaii Five-0. 5.00 Star Trek: Voyager.</p>

COMICS

Bottled Fruit



"We'll skip this one Anthony."

Bushy Tales



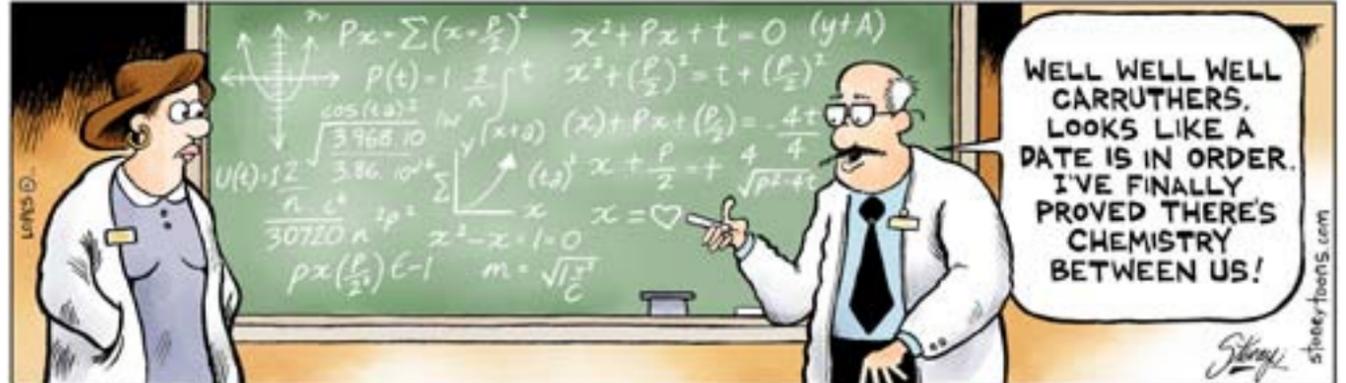
Swamp



Insert Brain Here



Insanity Streak



Doodley Squat



Ballard Street



WuMo



Against the Grain



Grin Bin



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New chopper for rescues

By Matthew Pearce

RACQ Capricorn Rescue felt the need for speed and its new AgustaWestland 139 helicopter certainly delivers.

The newest addition to the CapRescue fleet was unveiled at the RACQ Capricorn Rescue 25th Anniversary Ball on Friday 16 July, touching down at Rockhampton's Browne Park earlier in the day.

RACQ Capricorn Rescue executive director Mark Fewtrell said the new chopper was the culmination of a three-year project.

"This is a great day for us as the people of Central Queensland really do require their aeromedical services," he said.

"Our tasking is increasing every year, we've completed more than 100 tasks in the past 12 months and saved many lives."

Mr Fewtrell said the AgustaWestland 139 is far more advanced than the Bell 412 helicopter it would replace.

"The AW139 has a much larger range than the Bell, it can stay in the air for about three and a half hours without a refuel," he said.

"It's got a transit time that's about 20 to 25 per cent quicker than the Bell and travels about 50km an hour faster.

"Because of our tasking increase we're being required to go further and the capability of this helicopter allows us to bring a patient from Rockhampton straight through to one of the Brisbane hospitals."

Mr Fewtrell said the new aircraft's transit time to Emerald was under an hour compared to hour and 15 minutes in the Bell 412.

"Reducing the flight time by 15 minutes can mean the difference between life and death," he said.

"It's a more capable aircraft that's going to benefit all of Central Queensland including those in the boating community as well where we can get some of those offshore areas more easily.

"The cabin area is also much bigger and provides a lot more area for our medical team to work on the patients."

Mr Fewtrell said Queensland Health had greatly assisted with the cost of getting the helicopter to Central Queensland as well as the ongoing flying costs.

"RACQ CapRescue relies a lot on state government funding but there is a shortfall which is why we really appreciate the support of the community, including our sponsors, our volunteers and all those people who help



Patrick Norton, senior aircrew officer and check and trainer; Cameron Fewtrell, rescue crew officer; Jacob Moore, pilot and base manager and Heath Mastin, air crew officer, with RACQ Capricorn Rescue's AgustaWestland 139.

us out in any way."

Aircrew officer Patrick Norton said the new aircraft would be a great advantage when advantage conducting medical retrievals.

"It gives us further range, greater speed and more power to conduct our job," he said.

"The larger cabin area allows a doctor and paramedic greater access to a patient in flight and it's very versatile, allowing us to reconfigure for search and rescue missions."

Mr Norton said while the aircraft had been used primarily for training so far, once the crew is fully trained it would be available immediately to start tasking.

"Cabin crew have completed up to 12 hours of front and rear flight training in order to convert from the Bell 412 to the new AW139," he said.

"Two days of ground theory was conducted involving aircraft systems, winch and front left seat procedures. Each crewman underwent several hours of simulation training prior to the arrival of the aircraft."

Mr Norton said the AW139 was a 'great leap forward' in technology.

"Our previous aircraft was very reliable as well, however this aircraft offers many advantages including more flight safety."



RACQ Capricorn Rescue's new AgustaWestland 139 helicopter touched down at Browne Park on 16 July.

Can you catch a winning barramundi?

The 2021 Fitzroy River Barra Bash, Australia's richest Barramundi fishing tournament is now open for registrations, with the tournament kicking off from 27 to 31 October 2021.

Anglers from around the country will compete across 3 days for their share of the \$25,000 in guaranteed cash and prizes on offer. In addition to the Barramundi Tournament itself, this year's instalment sees the addition of the Family Fun Day and return of the Barra Bash Boat Raffle.

Frenchville Sports Club is proud to host this prestigious event for the fourth year and Club General Manager Damien Massingham said that the 2021 event was set to be bigger and better than ever.

"We are very privileged and thankful to have the support of the Queensland Government, the Rockhampton Regional Council and the Livingstone Shire Council for the event again this year," he said.

"Frenchville Sports Club hosts this event with the objective of benefiting our entire community through both increased economic and social benefits. Barra Bash continues to grow and bring a greater number of visitors to the region, while encouraging all age participation in healthy outdoor activities and maintaining a sustainable catch and release event. All these factors link to the Club's commitment to deliver over \$1 million back into our community each year" Mr Massingham said.

At the launch event local Rockhampton



Rockhampton mayor Tony Williams, Frenchville Sports Club Chairman Graeme Brady OAM and member for Rockhampton Barry O'Rourke standing together with the Barra Bash boat which will be raffled off.

community leaders including member for Rockhampton Barry O'Rourke, Rockhampton mayor Tony Williams, councillor Grant Mathers, Capricorn Enterprise's CEO Mary Carroll and others attended the launch

event on Thursday.

The Queensland Government is proud to support the Fitzroy River Barra Bash through Tourism and Events Queensland's Destination Events Program, and it is a feature on the



The group of community leaders at the launch event.



Frenchville Sports Club General Manager Damien Massingham at the Barra Bash launch.

It's Live! in Queensland events calendar.

If you are visiting for the event you're encouraged to make some time to explore the diverse tourism experiences on offer in this beautiful region.

A big scare in the air

ROADS IN THE SKY

SIR GRAHAM MCCAMLEY



This week CQ Today continues looking at cattleman Sir Graham McCamley's recollections from his book, Roads in the Sky.

In our 28th excerpt we look at a scare on a flight to the Northern Territory.

Graham's fleet of aircraft consisted of a Robinson R44 helicopter, a twin-engine Piper Comanche, a Cessna 206 and a Hughes Lightwing.

By now he had already owned eleven planes and seven choppers and had accumulated 17,000 hours in the air.

The Turbo Twin Piper Comanche was fitted with STOL capabilities, radar and oxygen and had already clocked more than 4000 hours as Graham's primary mode of long distance transport over three decades.

Graham had flown all but 300 of the 4000 hours.

There came a time in the early 1990s when Shirley felt that Graham was going too much flying.

She knew his hours were way over his legal limit with his regular trips to the Territory, where he would fly up and back with a very quick turnaround.

Jenny persuaded Graham to put on another pilot. There was a good AOP (airline pilot) who was an instructor at the aero club, and fully instrument rated, so Graham hired her.

One time, they set off for Mt Bundy, near Adelaide River.

The pilot was in charge of the plane, Shirley was in the back and when they were halfway across the Territory, Graham was feeling relaxed enough to doze off. They had GPS and the pilot was fully instrument-rated after all.

Then the pilot said sharply: "I've got a blackout! There's been a blackout!"

Graham looked up. He groaned as he registered what happened.

"I couldn't believe it. she was flying at 14,000 feet. We'd come from Mt Isa and were halfway there and she had probably been flying 2-2 1/2 hours without oxygen, at 14,000 feet.



Graham McCamley with his twin-engine Piper Comanche.

"I thought she was only going to fly at 12,000 feet.

"Everything was still operating normally - the auto pilot was still on, still locked in - but I looked over and she'd switched the main switch off, because she was half silly from hypoxia, not having oxygen."

The pilot turned the main switch back on at once and the plane continued on its journey, but it was a lesson well learned.

Fortunately the lack of oxygen, or hypoxia, had not affected Graham, and he'd been able

to assess the situation at once.

In the years to come there would be two more serious accidents involving aircraft. Both would change the McCamleys' live forever.

The last would draw together the threads of Graham's religious faith and turn his life around in a way he could never have envisioned.

We will read of these two crucial events in the coming weeks.

Sir Graham's book Roads in the Sky, is

available for a generous donation to The Lady McCamley Memorial Foundation from his office at 87 Bolsover Street, Rockhampton or Georges Menswear in William Street, Rockhampton.

The Lady McCamley Memorial Foundation is an ATO registered charity whose focus is on suicide prevention. Receipts are issued for all donations received.

The foundation is run by a diverse board of dedicated volunteers united in a desire to support rural Queensland families.

Boaters urged to learn how to use radios

Marine radios are crucial pieces of safety equipment on all boats, yet many boat owners have never used their radio. Surprisingly, many people are not actually even sure how to use their radio!

Needless to say, this is not something you want to learn during a real emergency.

Your boat will have one (or more) of three types of radios fitted:

- A MF/HF transceiver
- A VHF transceiver
- A 27 MHz transceiver

If you have a MF/HF transceiver you probably know how to use your radio as this type of radio is not normally used by recreational boating enthusiasts.

We are also not going to talk about using a 27 MHz radio, but we are going to politely suggest you may want to consider moving to or adding a VHF radio if you are still relying on a 27MHz transceiver. This is because 27MHz radios have many limitations, the range is limited to line of sight and you may not receive important information broadcasts. Also be aware that larger boats do not monitor for emergency transmissions on this band, nor do Gladstone Volunteer Marine Rescue any longer.

Because of the many advantages of VHF radios and the fact that they are the most common marine radio used by boating enthusiasts with small boats, we will concentrate on this type of transceiver.

VHF radios are used to do two critical things:



- receive navigational warnings and weather updates
- communicate with other boats or marine rescue groups

Receiving navigational warnings and weather updates is easy. It is just a matter of turning your radio on, selecting the correct frequency, making sure your radio is working and then listening for broadcasts.

The correct frequency in this area is Channel 82. Weather reports are broadcast at 0640 and 1640 each day and any navigational warnings are broadcast as and when needed.

The best way of making sure your radio is working is with a radio check. Yes, that does mean getting on your radio and transmitting.

Many people skip this because they are nervous about talking on their radio or they simply don't know how to. We get it, using a radio and broadcasting to the world can seem daunting at first; but it's a lot less daunting than having an emergency at sea and discovering your radio doesn't work!

Getting a radio check really is easy.



Your boat will need a marine radio fitted.

All you have to do to get your local Marine Rescue base to confirm your radio is working is follow a few simple steps:

- Select channel 82
 - Press the transmit button and say "VMR Gladstone, VMR Gladstone, VMR Gladstone, this is (say your boat name)."
- Someone will quickly answer and confirm that they have received your transmission.**

- Once they've stopped talking, simply ask them for a radio check.

They will answer you and tell you if they can hear you clearly, meanwhile you will be

able to also tell if you can hear them clearly.

- If everyone can hear clearly a simple, "thank you," will do and you can be on your way knowing that your radio is working just fine.

It really is that simple and only takes 30 seconds.

In the next edition we'll talk a bit about using your radio for routine communication and emergencies. In the meantime though, as always if you have any questions about using your radio or anything else related to your boat, you can always contact Volunteer Marine Rescue Gladstone at : james.harris@mrq.org.au or www.vmrgladstone.org.au

Gladstone Today

PROPERTY

realestate
view
.com.au



5.5 ACRES OF RELAXING COUNTRY ATMOSPHERE

 LJ Hooker

A PROPERTY of this calibre doesn't come to the market very often. Loaded with excellent features, this home is one not to be missed.

Starting from the outside you will notice a fully fenced yard as well as an internally fenced yard, for the horses or the kids to have plenty of room to play. Also boasting a 9 x 6m powered 3 bay shed with a lean-to extension and a closed in chicken coop at the back.

Boasting 4 sizable bedrooms all with air-conditioning, built-in wardrobes and ceiling fans. The master bedroom also features a walk-in cupboard and comfortably sized ensuite.

Having plenty of room for the whole family it also includes 2 very large living and dining

rooms in this easy flow open plan living.

With a lovely sized kitchen that includes a large breakfast bench and Smeg cooking appliances, you will feel right at home.

Including a massive outdoor entertainment area that overlooks the beautiful homes and country

This home has also been re-wired & all new LED lighting throughout the open plan living spaces.

Other features include

- 4x 20,000 Litre Water Tanks
- 6 Kw Solar
- Fenced in yard around the home
- Tucked away laundry
- Security Screened Throughout
- Massive outdoor entertainment area ●



HOME ESSENTIALS

Address: 18 Latimer Avenue, GRACEMERE **Description:** 4 bedrooms, 2 bathrooms, 3 garage **Price:** \$549,000

Inspect: By appointment **Contact:** Jackson Rees, 0434 274 467, LJ HOOKER, ROCKHAMPTON, 4922 2122



1/2 Gillespie Street Wandal



As you enter the front door you are greeted by a large living area equipped with kitchenette and bathroom. Walk through the doorway and watch the ceiling height expand as you enter into a large lounge room, a separate rumpus room and two large bedrooms. The master suite here also offers an ensuite. There is also a mezzanine level which overlooks the entire apartment which also holds the oversized kitchen, dining area and is complimented by rich polished timber floors.

For Sale
\$325,000

View
By Appointment
ljhooker.com.au/3ZWHVW

Contact
Trent Neven 0407 597 303

LJ Hooker Rockhampton 07 4922 2122



6 Elwing Street Kawana



If you are looking for your perfect family home in a quiet neighbourhood than look no further, this is the property for you. Having all the right features and plenty of space in the backyard it will certainly tick all your boxes. Features include:

- *3 good size bedrooms, all with built-in robes and air-conditioning
- *Modern kitchen & open plan living and dining area
- *Large bathroom with shower over the bathtub
- *Plenty of storage space under the house

For Sale
\$319,000

View
By Appointment
ljhooker.com.au/41QHVV

Contact
Jade Carr 0439 989 636

LJ Hooker Rockhampton 07 4922 2122



5 Bevis Street Wandal



This three bedroom, split level home is being introduced to the Wandal market for the first time. In beautiful condition, it has been lovingly cared for by its owners but it is time for this home to find a new family. With a large kitchen and new carpet throughout, this original home also has a new roof and front awning. The front and back verandahs are perfect to sit and enjoy the breeze and shady yard. Three good sized bedrooms and the bathroom are on the top level.

For Sale
\$299,000

View
By Appointment
ljhooker.com.au/40GHVV

Contact
Brit Wheeler 0407 228 860

LJ Hooker Rockhampton 07 4922 2122



148 Simpson Street Berserker



You will be pleasantly surprised at the potential this home has to offer, so with a little bit of love the new owners can make this home their own or add this to their investment portfolio to reap the rewards from a very tight rental market. Featuring:

- * 3 bedrooms with air conditioning
- * Spacious living room
- * Combined kitchen & dining areas
- * Neat bathroom with bathtub and shower
- * Rumpus room or storage area under the house

For Sale
\$309,000

View
By Appointment
ljhooker.com.au/3U8HVV

Contact
Brit Wheeler 0407 228 860

LJ Hooker Rockhampton 07 4922 2122



30 acres between Yeppoon & Rocky 4 | 2 | 3

- Large colourbond clad homestead
- Four spacious bedrooms plus office or nursery
- Huge open plan living areas
- Front verandah overlooking front yard
- 3 bay colourbond shed & room for a pool
- Good bore and fully fenced block
- Established lawns & gardens
- 14 kms to Yeppoon

12 Dobooola Road
Bondoola
\$1,200,000
Andrew Dowie
0429 391 379



OPEN
Saturday
12-12.30



ALL THE HARD WORK HAS BEEN DONE 4 | 2 | 2

- Positioned on a 913m2 block
- 3.65m side access
- Large air-conditioned master w/ WIR & ensuite
- The property has been given a total facelift
- Kitchen has new tiling & benchtops
- Heaps of storage space
- Plenty of room for a shed, boat & caravan
- Located close to clubs, shops, schools

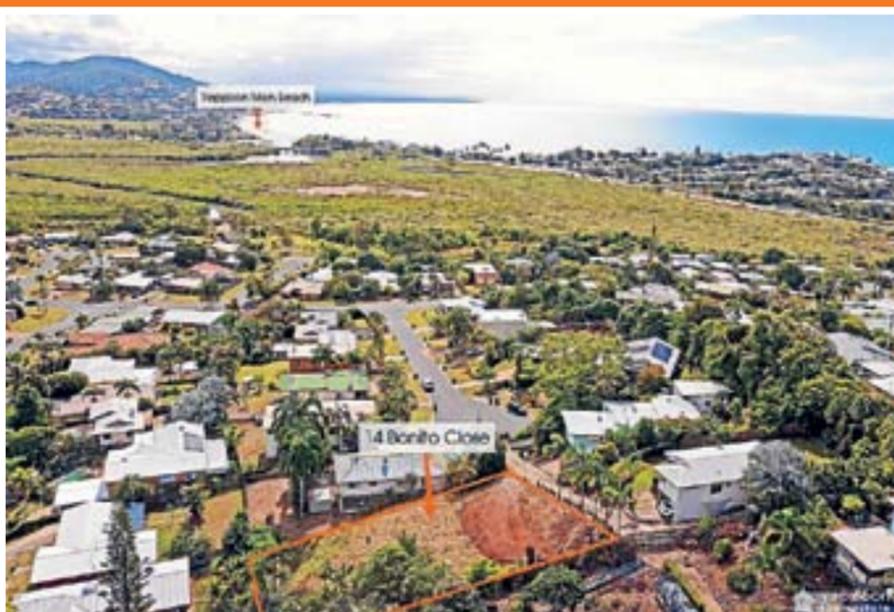
6 Caspian Court
Yeppoon
Offers over \$599,000 considered
Lisa Wilson
0418 247 020



Lammermoor spacious family home 4 | 2 | 2

- King size master with air-con, WIR & ensuite
- Open plan living, modern kitchen
- Perfect for entertaining and BBQ's
- Under cover rear patio overlooking garden
- 5min walk to Sacred Heart Primary School
- Short stroll to Lammermoor beach
- Currently rented until 27th Sept at \$490p/w
- Great investment opportunity

12 Lexington Drive
Lammermoor
Offers over \$475,000 considered
Esme & Claudia Coren
0423877414
0438336861



Opportunity knocking 1 | 1 | 1

- Last vacant allotment
- Established residential area
- Northerly seaviews of Yeppoon & Keppel Bay
- 878m2 block in Taranganba
- Cleared allotment & has been contoured to suit
- Boundaries of 26.4m, 32.9m, 20m and 35m
- Easement Access
- Call Troy today!

14 Bonito Close
Taranganba
\$130,000
Troy Davis
0400 933 347



ESCAPE TO YOUR OWN PIECE OF PARADISE



MARVEL at the rare find, in this stunning 1906-1909 Circa Queenslander which has been lovingly restored to enhance the beauty of this amazing home.

Centrally located in the heart of Yeppoon, this elegant property stands perfectly on the established 1,293m² allotment with circular driveway with private gardens.

The property boasts authentic Queenslander features such as the wide timber floor boards, timber encased,

leadlight windows, French doors, gable roof, high ceilings with ornate period features, tongue and groove walls/ceilings and so much more.

Take a step back in time and appreciate this exquisite masterpiece that has stood strong for over a century.

- 5 Bed, 3 bathroom stunning classic Queenslander with high clearance ceilings.
- Open living/dining area with classic timber

floors, timber encased windows and louvres.

- Modern kitchen with stone benchtop, step in pantry, breakfast bar, built-in gas stove.
- Studio area underneath offers with separate access, kitchenette and bathroom.
- Fully air-conditioned, roof upgraded 5 years ago with marine grade zincalume.
- Massive 9.7kw battery compatible solar power, workshop and storage areas under house, option to keep chair lift

- Elevated timber deck overlooking tropical inground pool and surrounding space.
- Covered ent area adjoins pool offering space for entertaining guests and family.
- Located only minutes to Yeppoon shopping and schools.

Enjoy as a family and/or look at options to generate income which has been done before when run as a registered Bed & Breakfast. Don't miss this one as they are rare to find. ●

HOME ESSENTIALS

Address: 19 Power Street, YEPPOON **Description:** 6 bedrooms, 3 bathrooms, 1 garage **Price:** \$750,000 **Inspect:** By appointment

Contact: Leisa Richardson, 0427 251 008, YEPPOON REAL ESTATE, 4938 3777

REAL ESTATE VISION GROUP



BLACKWATER 07 4982 6055 14 Mackenzie Street
EMERALD 07 4987 7055 Shop 2, 2-8 Mayfair Drive

4 BEDROOMS



\$285,000

6 Talbot Street, Blackwater
4 bed 2 bath 4 cars 1 shed



6 BEDROOMS

\$219,000

20 Quandong Street, Blackwater
6 bed 3 bath 3 car Triplex



\$285,000

10 Mangrove Street, Blackwater
3 bed 1 bath 3 car



\$220,000

6 Cork Street, Blackwater
3 bed 1 bath 1 shed



\$180,000

24 Doon Street, Blackwater
3 bed 1 bath 1 car



4 BEDROOMS

\$269,500

65 Stower Street, Blackwater
4 bed 2 bath 2 car

PRICED TO SELL



JUST listed is this large three bedroom highset house in Blackbutt Street, Blackwater positioned on a 809sq/m block.

Going upstairs, you enter by the shaded deck to the open lounge/dining area with air-conditioning and ceiling fan.

There is a tidy kitchen with ample storage. All three bedrooms have ceiling fans, two have air-conditioning units. The bathroom hosts a separate shower, step down bath with tiled flooring and modern vanity unit. The toilet is separate from the bathroom.

There is some storage in the hallway. Downstairs is built-in with lounge and another bedroom, an office and the laundry.

This property has a fully fenced yard



with a double garden shed, under cover entertainment area out the back.

Call now to arrange an inspection. ●

HOME ESSENTIALS

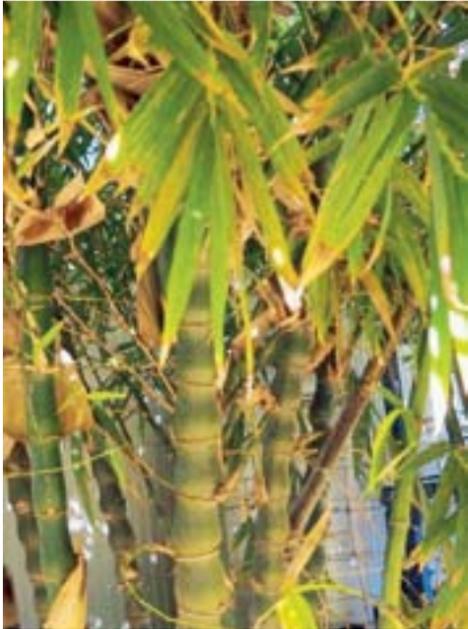
Address: 25 Blackbutt, BLACKWATER **Price:** \$145,000

Description: 3 bedrooms, 1 bathroom, 4 garage **Inspect:** By appointment

Contact: Dee 0428 770 557, REAL ESTATE VISION GROUP

Gardening

Neil Fisher



Bambusa ventricosa.



Bambusa multiplex Riviereorum.

Bamboo gains popularity

There are so many interesting gardens in Western Queensland, but to find gardens successfully growing tropical plants is more common than you think.

Four years ago I visited a very unique garden in the town of Blackall. This garden of Cindy and Ron Morgan contains an assortment of Bamboos of varying sizes that form a defining feature of their garden. By the book *Bamboo* is one of the world's most beautiful, fast growing and adaptable plants for a tropical garden but these plants should not grow in Outback Queensland. This week I had a chance to visit this garden again.

So on a freezing, 4 degree cold Wednesday morning I walked around this distinctive Bamboo garden with Cindy admiring the resilience of these plants. Cindy and Ron Morgan have successfully trailed Bamboos in Blackall for eight years now and have found these plants to be relatively easy care.

With the growing popularity of Balinese-style gardens, Bamboo plants may be the water-wise solution for a tropical garden backdrop plant. Technically Bamboo is a grass which grows more rapidly than any other plant on the planet.

One of the biggest concerns that gardeners have when you mention the word 'Bamboo' is that you will have a plant that will take over the whole neighbourhood. In fact many of the early bamboos were invasive and a pest to the environment, but over the couple of decades, a lot of research, careful selection and effort by dedicated specialist nurseries has resulted in a range of non-invasive bamboo varieties being made available to the gardening community.

NOTE

- Bamboo enthusiasts use the term Culm, but what is it? A stem which is usually hollow except at the nodes or joints.
- Bamboo enthusiasts use the term Internodes, but what is it? Is a part or space between two nodes, knots, or joints, as the portion of a plant stem. between two nodes.

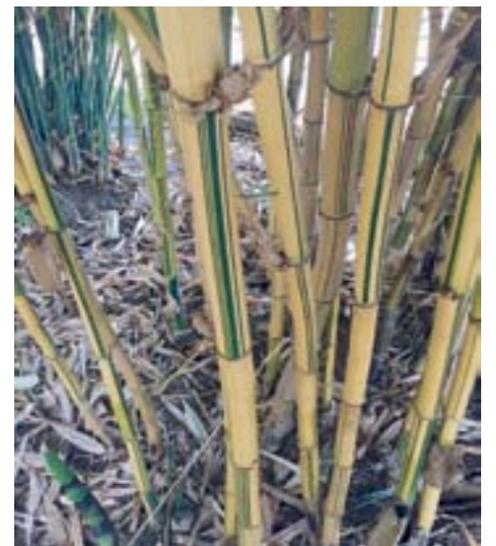
CINDY AND RON'S 6 OF THE BEST

Buddha's Belly or *Bambusa ventricosa* is very fast growing non-invasive small to medium Bamboo with a vigorous growth habit. The internodes swell out giving it the potbellied appearance that makes it so attractive. Grows well in poor soils, dry areas and is ideal for wind breaks or creek erosion. Buddha's Belly will form an excellent feature specimen, impenetrable hedging plant, or ornamental Bamboo in garden or container.

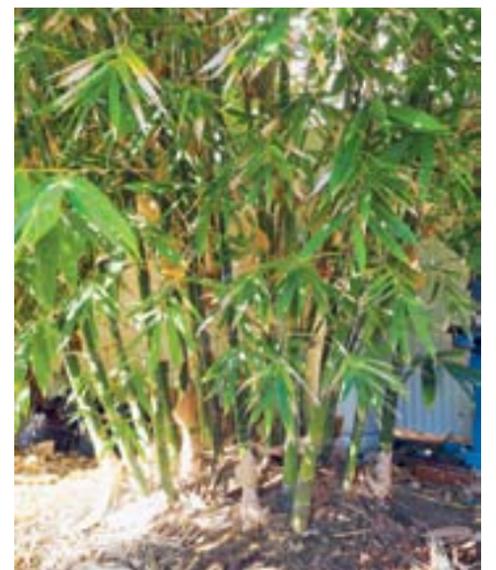
Chinese Goddess Bamboo or *Bambusa multiplex Riviereorum* is a small-sized clumper that is non-invasive and drought tolerant once it is established. This is a relatively low maintenance Bamboo, and is best cleaned up in early spring before it resumes active growth



Cindy Capoy Morgan beside a bamboo avenue into her Blackall garden.



Bambusa vulgaris cv. Vittata or Painted Bamboo.



Bambusa oldhamii.

for the season. The solid culms and tiny delicate leaves emerge yellow in spring, turning light green in color the rest of the year.

Malay Dwarf or *Bambusa heterostachya* variegated is a moderate size bamboo with a mildly arching form and a clean and green look. It has abundant leaves at the top of the plant which may become sparse around the lower areas as it ages, revealing motley yellow/green culms. A frost tolerant Bamboo that is suitable for hedging or for ornamental or container use.

Oldham's Bamboo or *Bambusa oldhamii*

is a large and fast growing clumping bamboo that features really straight culms and dense dark green foliage. The dense foliage of Oldham's Bamboo is particularly useful as a privacy screen, especially for second story windows where the foliage is at the densest. This super hardy upright bamboo has useable timber and shoots can be eaten but is best planted in large gardens.

Painted Bamboo or *Bambusa vulgaris cv. Vittata* is a tall growing frost tolerant that is regarded as one of the world's most cultivated ornamental Bamboos. The showy gold col-

ored culms with what looks like painted lime green stripes become a feature in most garden situations. The Painted Bamboo looks good as a potted plant, a hedge, or as an ornamental feature.

Timor Black Bamboo or *Bambusa lako* is a medium size clumping black Bamboo that grows well in rich moist soil. Culms start green and turn glossy black within months. When mature the culms are glossy black with dark green stripes. It is best suited to warm sheltered sites away from the cold and is frost and wind tolerant

Rural Matters

Increased cattle at CQLX

CQLX Gracemere agents had an increased yarding of 3,287 head on Wednesday 14 July, comprising of 1655 steers, 1158 heifers, 331 cows and 143 bulls.

The yarding was drawn from all areas across Central Queensland and the quality was generally very good. All processors were present, however not all operated.

Prices still increased for slaughter cattle and steers generally improved throughout the sale with heifers varying relative to the quality on offer.

HIGHLIGHTS OF THE DAY

Eileen Falzon, Ilbilbie Sold Charbray Steers for 640c/kg, weighing 177kg to return \$1138 per head.

P & M Breieffies, Sarina Sold EU Simmental Cross Weaner Steers topping at 626c/kg weighing 296kg returning \$1857 per head.

Malvern Developments, Yeppoon Sold Brangus Steers for 618c/kg, weighing 214kg to return \$1322 per head.

B & W Kerr, Calliope Sold Grey Brahman No.1 Steers for 600c/kg weighing 256kg to return \$1538 per head.

Woolleigh Grazing Co, Ravenshoe Sold Bradford Cross Steers for 558c/kg weighing 236kg to return \$1318 per head.

Bularra Nominees, Ubobo Sold Brahman Cross Steers for 586c/kg weighing 281kg to re-



turn \$1646 per head.

FJ & VG Cocks, Duaringa Sold Brahman Steers for 522c/kg weighing 228kg to return \$1190 per head.

Bauman Family, Dingo Sold Charbray Cross Cows for 322c/kg weighing 646kg to return \$2082 per head.

Eileen Falzon, Ilbilbie Sold Charbray Heif-

ers for 520c/kg, weighing 164kg to return \$853 per head. M & R Hunt, Ridglands Sold Droughtmaster Heifers for 502c/kg weighing 222kg returning \$1115 per head.

Check facts on reef

By AgForce Reef Taskforce chair Alex Stubbs

We've all heard of the boy who cried wolf, but what about the Minister who cried Reef?

For years now the State Government has told all who will listen that agricultural runoff is destroying the Great Barrier Reef - despite the fact that the science behind this call is outdated and false.

Over and over the Department of Environment and Science has attacked our farming community, spouting propaganda from green groups and a handful of cherry-picked scientists.

All the while AgForce and industry have been forced to defend themselves, while fighting a raft of new Reef regulations crippling livelihoods.

To her credit, Environment and Great Barrier Reef Minister Meaghan Scanlon navigated through some very sensible amendments to the expanded cropping regulations at the start of her term, but there is still a long way to go.

And now the 'wolf' has arrived.

The United Nations Educational, Scientific and Cultural Organisation (UNESCO) and World Heritage Committee (WHC) are heeding Government claims about threats to the Reef and considering an 'in danger' listing.

It's prompted Federal Environment Minister Sussan Ley to present UNESCO ambassadors with new, validated Reef facts - observations by expert, unbiased marine scientists, which indicate the Reef is in good health and recovering from previous weather conditions.

Five years of applied Reef science from the National Environmental Science Program Tropical Water Quality Hub (NESP-TWQ) also indicates the 2017 Reef Scientific Consensus Statement is outdated - rising ocean temperatures are the biggest threat to the Reef, not fertiliser, pesticide or sediment runoff from agriculture.

The game has changed.

As the old fable goes, when the shepherd



AgForce says claims agricultural runoff is destroying the Great Barrier Reef are false.

boy really did see a wolf coming for his flock, he called for help but nobody came. So will the same ring true in this instance?

AgForce has long since questioned whether the Reef is really in danger or if there are other motivations behind the Government's cries.

This new chapter in the story of The Min-

ister who Cried Reef gives us a moment to pause, check the quality of Reef science one more time, and again lobby for a national Office of Science Quality Assurance (OSQA) to check the validity of the science underpinning government policy.

Then and only then will we be able to believe the Government is telling us the truth next time the Minister cries Reef.

Here for

Gladstone

RioTinto

Boyne Smelters

QUEENSLAND ALUMINA LIMITED

Here for Gladstone represents the community contributions of Rio Tinto Yarwun, Boyne Smelters Limited and Queensland Alumina Limited. Growing Gladstone, together.



Here for Gladstone

WEATHER

FORECAST

Warnings

See www.bom.gov.au/australia/warnings

Gladstone:

Sunny. Light winds becoming east to northeasterly 15 to 20 km/h in the middle of the day then becoming light in the evening.

Friday. Mostly sunny.

Rockhampton:

Sunny. Light winds.

Friday. Mostly sunny.

Capricornia:

Sunny. Areas of morning frost inland. Light winds becoming northeasterly 15 to 20 km/h in the early afternoon then becoming light in the late evening.

Friday. Mostly sunny. Light winds becoming northerly 15 to 25 km/h during the morning.

Central Highlands and Coalfields:

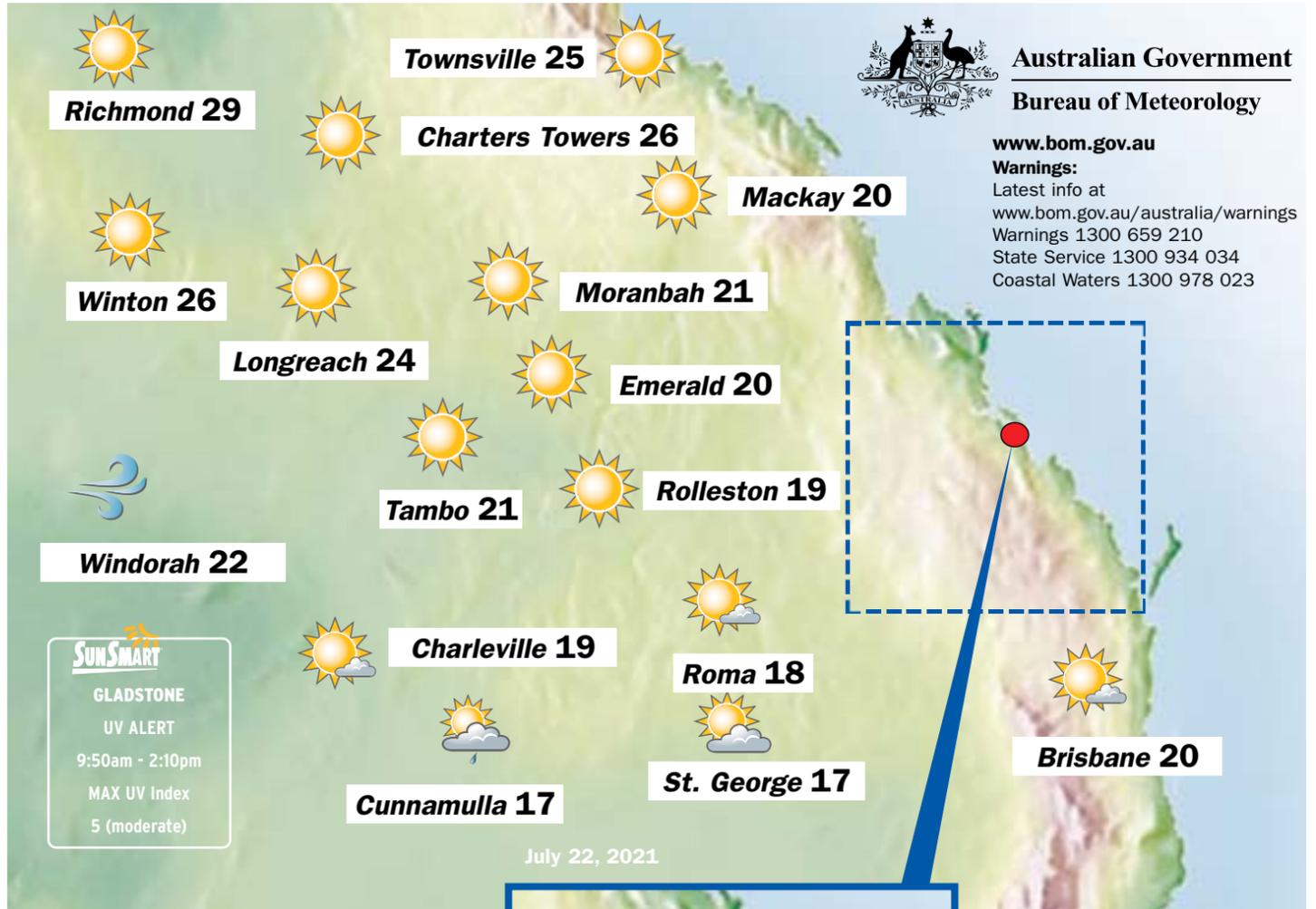
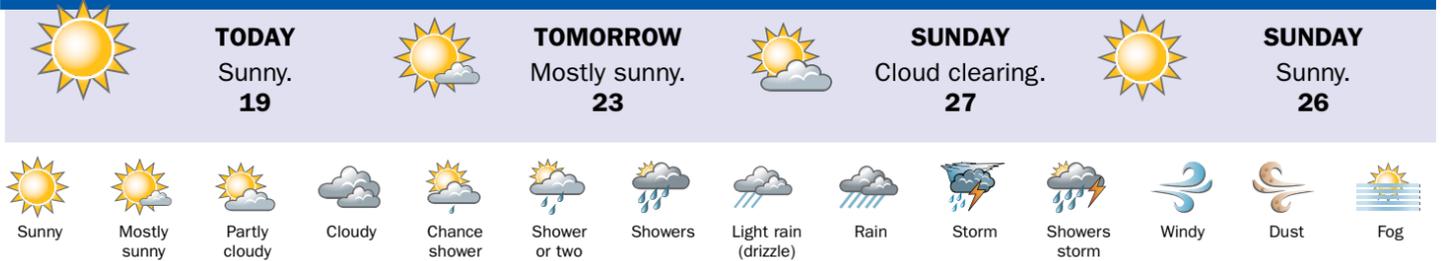
Sunny. Areas of frost in the morning, mainly in the south. Light winds becoming east to southeasterly 15 to 20 km/h in the morning then becoming light in the middle of the day.

Queensland:

A high over southeast Australia will extend a ridge over most of the state. A low in the Tasman Sea will linger near New Zealand. A slight to medium chance of showers in the southwest. A slight chance of showers about the eastern Peninsula coast. Mostly sunny elsewhere, with widespread morning frost in the southern and southeastern interior tending to patchy frost inland of Mackay. Temperatures near or below average.

Friday. A high in the Tasman Sea will extend a weakening ridge along the east coast. A trough and gusty westerly change will move across the southwest of the state in the morning and the interior in the afternoon, reaching the southern inland late in the day. A slight chance of showers about the far northeast coast. A slight to medium chance of showers in southern districts, increasing to a medium to high chance in the Darling Downs and Southeast Coast, with showers tending to patchy rain areas about the far southern Darling Downs in the afternoon. The chance of a storm about the southern inland in the afternoon and evening. Mostly sunny elsewhere. Temperatures near or above average, tending near or below average overnight in the southeast.

GLADSTONE FORECAST



Australian Government

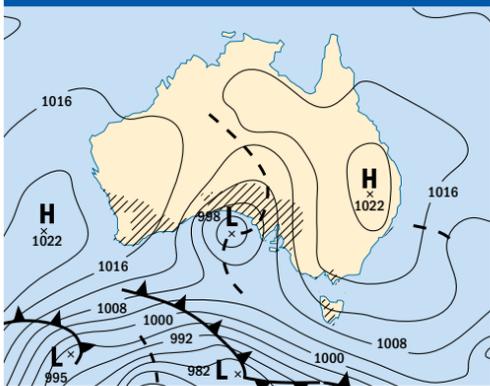
Bureau of Meteorology

www.bom.gov.au

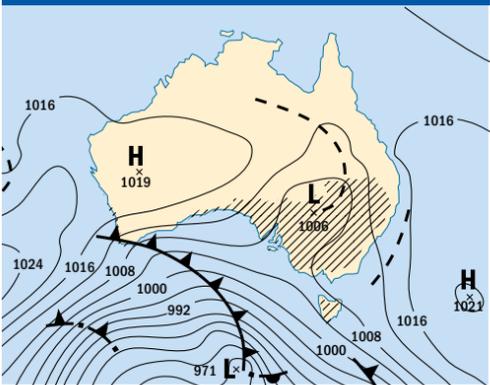
Warnings:

Latest info at www.bom.gov.au/australia/warnings
Warnings 1300 659 210
State Service 1300 934 034
Coastal Waters 1300 978 023

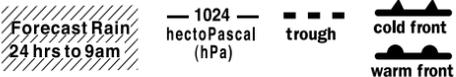
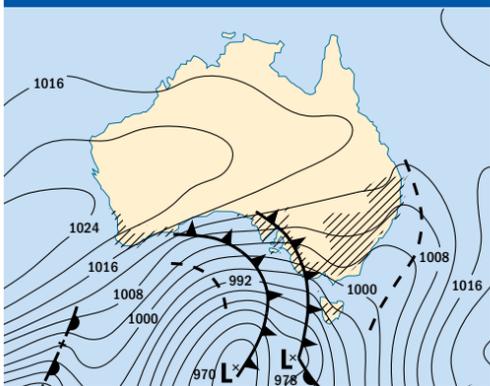
TODAY 10AM



TOMORROW 10AM



SUNDAY 10AM



COASTAL WATERS

St. Lawrence to Burnett Heads:

Winds: Southerly 15 to 20 knots turning east to southeasterly below 10 knots during the afternoon. Seas: 1 to 1.5 metres, decreasing below 1 metre in the middle of the day. Swell: Southerly below 1 metre increasing to 1.5 to 2.5 metres east of Sandy Cape during the morning. Weather: Mostly sunny.

Friday. Winds: Northeasterly below 10 knots tending northerly 15 to 20 knots during the afternoon. Seas: Around 1 metre, increasing to 1 to 1.5 metres south of Agnes Water during the evening. Swell: South to southeasterly 1 to 2 metres offshore southern waters, decreasing to 1 to 1.5 metres during the morning. Weather: Partly cloudy.

Bowen to St. Lawrence:

Winds: South to southeasterly 15 to 20 knots tending east to southeasterly around 10 knots during the afternoon. Seas: 1 to 1.5 metres, decreasing below 1 metre during the afternoon or evening. Swell: Easterly below 1 metre. Weather: Sunny.

Friday. Winds: Variable below 10 knots becoming northerly 10 to 15 knots during the morning. Seas: Below 1 metre. Swell: Easterly below 1 metre. Weather: Sunny.

Harvey Bay:

Winds: South to southwesterly 10 to 15 knots turning east to southeasterly around 10 knots in the middle of the day. Seas: Around 1 metre. Swell: Below 0.5 metres. Weather: Mostly sunny.

Friday. Winds: Variable about 10 knots becoming northerly 15 to 20 knots during the day. Seas: Around 1 metre. Swell: Below 0.5 metres. Weather: Partly cloudy.

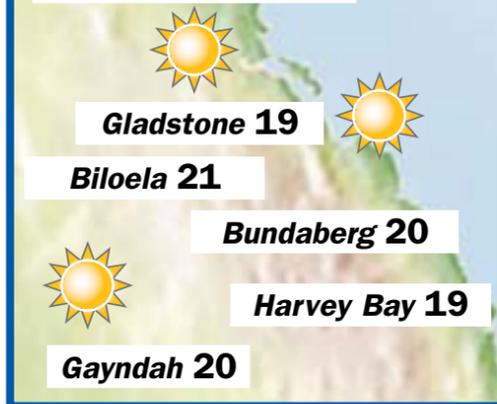
CAPITAL CITIES

City	Condition	Max
Adelaide	Shower or two.	13
Brisbane	Showers increasing.	22
Canberra	Showers.	9
Darwin	More humid and sunny.	31
Hobart	Partly cloudy.	13
Melbourne	Shower or two.	11
Perth	Showers.	18
Sydney	Shower or two.	17

SUNRISE SUNSET

Today:	
Sunrise 6:35 am	Sunset 5:14 pm
Moonrise 3:08 pm	Moonsset 4:33 am
Tomorrow:	
Sunrise 6:34 am	Sunset 5:15 pm
Moonrise 4:12 pm	Moonsset 5:38 am

Rockhampton 20



TIDES

Gladstone

Today:	Time	Height
Low	1:49 am	0.81 m
High	7:40 am	3.42 m
Low	1:40 pm	0.69 m
High	8:13 pm	4.40 m
Tomorrow:		
Low	2:41 am	0.63 m
High	8:33 am	3.48 m
Low	2:33 pm	0.61 m
High	9:00 pm	4.48 m
Saturday:		
Low	3:29 am	0.53 m
High	9:23 am	3.52 m
Low	3:22 pm	0.58 m
High	9:46 pm	4.49 m
Sunday:		
Low	4:13 am	0.52 m
High	10:09 am	3.54 m
Low	4:06 pm	0.62 m
High	10:30 pm	4.41 m
Monday:		
Low	4:55 am	0.58 m
High	10:53 am	3.51 m
Low	4:46 pm	0.74 m
High	11:12 pm	4.24 m
Clews Point		
Today:		
Low	1:07 am	0.51 m
High	7:00 am	2.45 m
Low	1:00 pm	0.32 m
High	7:28 pm	3.34 m
Tomorrow:		
Low	1:56 am	0.38 m
High	7:49 am	2.50 m
Low	1:48 pm	0.23 m
High	8:14 pm	3.42 m
Saturday:		
Low	2:41 am	0.30 m
High	8:34 am	2.53 m
Low	2:32 pm	0.20 m
High	8:58 pm	3.41 m
Sunday:		
Low	3:25 am	0.30 m
High	9:17 am	2.54 m
Low	3:15 pm	0.25 m
High	9:40 pm	3.33 m
Monday:		
Low	4:06 am	0.35 m
High	10:00 am	2.52 m
Low	3:58 pm	0.37 m
High	10:21 pm	3.19 m

THE WORLD

World conditions today

City	Weather	Max	Min
Athens	fine	32	25
Bangkok	storms	33	28
Beijing	storms	29	23
Berlin	cloudy	25	14
Christchurch	windy	10	6
Denpasar	rain	31	23
Dublin	sunny	25	16
Hong Kong	showers	32	27
Honolulu	showers	30	25
Jakarta	cloudy	31	25
Johannesburg	fine	7	0
Kuala Lumpur	fine	34	25
London	sunny	27	19
Los Angeles	fog	31	19
Madrid	sunny	37	22
Moscow	fine	26	16
New Delhi	rain	35	26
New York	sunny	29	20
Paris	sunny	29	18
Rome	fine	34	21
Seoul	fine	36	26
Singapore	fine	34	26
Suva	showers	29	22
Tel Aviv	fine	29	26
Tokyo	fine	33	24
Vancouver	sunny	22	15
Wellington	showers	15	11



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23rd July 2021

to

12th August 2021

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RELEVANT ACTIVITY 16**

(EXTRACTIVE & SCREENING ACTIVITIES)

Where: 232 Rossmoya Road,
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Milman Lot 7 Yaamba Road, Milman &
Lot 4 Yaamba Road, Milman 4702

On: Lot 123 SP208183 &
Lot 6 RP908759, Lot 7 SP108642 &
Lot 4 RP908760

Approval sought: Development Permit
for Material Change of Use

Application ref: D-395-2020

**You may obtain a copy of the
application and make a
submission to:**

Livingstone Shire Council
PO Box 2292
YEPPOON 4703

Email: enquiries@livingstone.qld.gov.au

Ph. 1300 790 919

www.livingstone.qld.gov.au

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12505236-AV30-21

Public Notices and Event

Proposed Development

Make a submission from

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to

17th August, 2021

CHILD CARE CENTRE

Where: 6 Millroy Drive, Barmaryee Q
4703

On: Lot 101 SP245868

Approval sought: Development Permit

Application ref: D-72-2021

**You may obtain a copy of the
application and make a
submission to:**

Livingstone Shire Council
PO Box 2292 Yeppoon Q 4703
enquiries@livingstone.qld.gov.au
1300 790 919
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Public Notices and Event

Proposed Development

Make a submission from

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to

12th August 2021

DWELLING HOUSE

Where: 9 Reynolds Street, Lakes Creek,
Rockhampton Qld

On: Lot 48 on RP603376

Approval sought: Development Permit
for Material Change of Use

Application ref: D/72-2021

**You may obtain a copy of the
application and make a
submission to:**

Rockhampton Regional Council
PO Box 1860
ROCKHAMPTON 4700
Email: enquiries@rrc.qld.gov.au
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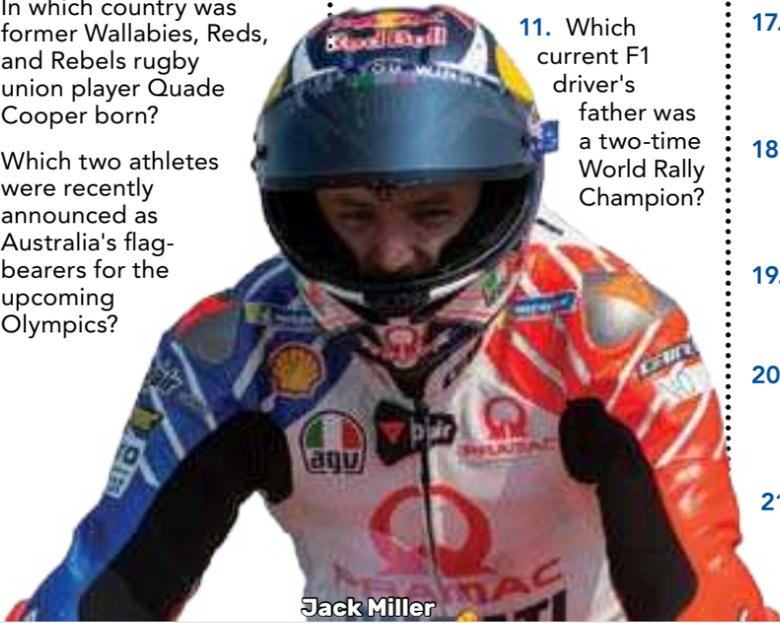
12454729-SG29-20

SPORTS QUIZ

1. What year did a 15-year-old Ash Barty win the Wimbledon girls' singles title?
2. Ireland's One Day International cricket team recently enjoyed their first win against which country?
3. All-Star pitcher and designated hitter Shohei Ohtani plays for which Major League Baseball team?
4. Jamie Kah recently became the first jockey to ride how many winners in a metropolitan Melbourne season?
5. In which country was former Wallabies, Reds, and Rebels rugby union player Quade Cooper born?
6. Which two athletes were recently announced as Australia's flag-bearers for the upcoming Olympics?
7. After a 1-1 draw after extra time, what penalty shoot-out score did Italy defeat England with in the Euro 2020 Final?
8. Which current Phoenix Suns player spent time in the NBL with the Brisbane Bullets and Cairns Taipans?
9. How many points did the Boomers defeat Team USA by in a recent basketball exhibition match?
10. 2021 Wimbledon men's wheelchair quad singles winner Dylan Alcott previously won the title in which year?
11. Which current F1 driver's father was a two-time World Rally Champion?
12. Who did Novak Djokovic defeat in the Wimbledon men's singles final?
13. In which year was the first edition of the Tour de France?
14. Australia lost a recent five-match T20 series against which team?
15. Artistic competitions formed part of the modern Olympic Games until which year?
16. Tom Cruise played a character named Cole Trickle in which 1990 movie about stock-car racing?
17. In which year did the Italian soccer team previously win the Euro championship?
18. Reigning premiers Richmond were what position on the ladder after 17 rounds of the AFL?
19. Which country is currently ranked number one in rugby union?
20. Australian Jack Miller rides for which manufacturer in the MotoGP championship?
21. What African nation did the USA basketball team lose to in a pre-Olympics exhibition game?



Dylan Alcott



Jack Miller

22. What Queensland city will host a Constellation Cup Netball match between Australia and New Zealand in October?
23. Which cricket team had their entire squad quarantined due to COVID-19 positive cases before their series against Pakistan?
24. What famous US motor racing event is held on Memorial Day each year?
25. Which NBA star takes over from Michael Jordan as the human star of *Space Jam: A New Legacy*?
26. Which former Wallabies star was recently denied Australian Citizenship despite playing 70 tests for the country?
27. Which US city will field a NHL team nicknamed 'the Kraken' in the 2021-22 season?
28. What is the minimum number of hurdles in a horse race that features them?
29. Which state's domestic rugby competition is known as The Knock On Effect Cup?
30. Which Geelong Cats star player recently signed a one-year deal to play on in the 2022 season?

2307

1. 2011 2. South Africa 3. Los Angeles Angels 4. 100 5. New Zealand 6. Cate Campbell and Patty Mills 7. 3-2 8. Torrey Craig 9. Eight (91-83) 10. 2019 11. Carlos Sainz Jr 12. Matteo Berrettini 13. 1903 14. West Indies 15. 1948 16. Days Of Thunder 17. 1968 18. 12th 19. South Africa 20. Ducati 21. Nigeria 22. Cairns 23. England 24. Indianapolis 500 25. LeBron James 26. Quade Cooper 27. Seattle 28. Eight 29. New South Wales 30. Joel Selwood

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Announcements

Deaths

HILL, Neville Raymond (Ray)

Late of Turkey Beach. Passed away peacefully at the Gladstone Hospital, Sunday 11th July, 2021, aged 75 years.

Much loved Husband of Vicki. Dearly loved Father and Father-in-law to Monique and Tony. Cherished Pop to Mitchell, Joshua and Cameron. Loving Brother, Brother-in-law, Uncle and friend to many.

A cremation service was held.

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Funeral Directors

Gladstone Valley Funerals & Cremation Services

Since the cessation of the printing of our daily local newspaper, I think we have all become very aware of the need for Gladstone to have its own newspaper. It has become evident that people wish to be informed of what is happening in our community and this includes, who has passed away.

When our paper ceased to publish, Gladstone Valley Funerals took immediate steps to place funeral and death notices on our web page, and have had a notice board placed in our grounds. Both of these have been used extensively by the public, however, we are now delighted that Gladstone Today will be published, and therefore our notices can be seen by all, once again.

In a bid to support Gladstone Today, and keep a local newspaper in our town, I am happy to announce that Gladstone Valley Funerals will offer our families a death notice, free of charge, in our new paper. Gladstone Valley Funerals – your local Funeral Home.

GLADSTONE VALLEY FUNERALS
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Gladstone, QLD 4680
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Funeral & death notices can be found by following the link: gladstonevalleyfunerals.com.au/funeral-notices

Fishing with Hooked Fishing Charters

Hooking a fantastic catch

There was plenty of action over the last couple of weekends on board with Hooked Fishing Charters.

From adults to kids all were eager to pull in the biggest catch they possibly could.

Hooked Fishing continued its great school holiday program called Fish N Fun which encourages kids to pick up a rod under the supervision of the Hooked Fishing crew.

In the deeper waters there was plenty of action too with big fishing being snapped up by the clients of Hooked Fishing.



The Causeway Lake was filled with plenty of fish for Hooked Fishing's Fish N Fun program.



What a catch during the Fish N Fun program!



The young anglers out in action.



Another solid fish caught at Causeway Lake in the school holidays.



15 year old Corey had the time of his life fishing with Travis. He was very happy with the Queen Fish he caught.



This happy client of Hooked Fishing pulled in a cobia while out with Travis on the charter.



Biloela Valley Strikers celebrate after winning an intense penalty shootout against Emerald.



The Terry Kennedy Cup winners: Central Skippers.

Super soccer spectacular

By Liam Emerton

The Terry Kennedy Cup was held on Sunday with the best young soccer players flocking to Ryan Park for a day full of action.

The under 10s carnival hosted teams from Rockhampton, Gladstone, Banana Shire and Livingstone Shire regions with close to 40 matches being played across the day.

Eventually the competition was won by Central Skippers which took out the competition with a 2-1 win over a very tough Biloela side.

More results and a full wrap will be included in Thursday's edition of CQ Today and Gladstone Today.



Talon AhChoo finds a sweet spot.



Alvie Howden watches the ball in preparation for a venomous volley.



Central's Jayden McGhie looks to cross despite a Biloela defender's pressure.



Isaac Schoeler makes a great tackle on a Clinton attacker.

Bragging rights up for grabs in a hot Derby day classic

By Liam Emerton

The AFL Capricornia competition will host its third and final Gladstone derby this weekend with the men's sides eager to get the better of their opposition.

The Gladstone Suns and Boyne Island Tannum Sands Saints have clashed twice this season, the teams split the games one win a piece.

Gladstone had the upper hand in the first match, before the Saints soared back level after a win in the middle of the season.

Now approaching the end of the comp BITS will need to find its feet ahead of a likely finals appearance.

After defeating third placed Glenmore Bulls are looking good against the Brothers Kangaroos, and the Saints will be ready for the Suns.

In the women's competition, the Gladstone Suns are hunting for retribution having lost both all-Gladstone matches this season. Neither Gladstone team will make finals so this match could potentially be their last chance for a big win.

The AFL Capricornia women's competition also produced a mighty surprise thanks to the Yeppoon Swans.

The Yeppoon squad battled the undefeated and ladder leader Glenmore Bulls at Swan Park on Saturday.

A surprising win for the Swans, dashing away with a 6.6 (42) - 2.1 (13) victory over the Bulls.

With that momentum in mind, the Yep-



The Gladstone Suns could win their second derby of 2021 this weekend.



BITS Saints will be eager to defeat their local rivals this weekend.

poon side's next challenge will be against the Rockhampton Panthers which sit just four points above them.

If the Swans maintain their winning form, which has seen them score two consecutive victories, they could find themselves up to second place in one week.

The Brothers Kangaroos are on 28 points, the same as the Panthers, and with finals approaching they will want to maintain a hold on second spot.

The Kangaroos will have to do plenty of

work if they are to maintain their position as they face the Bulls this weekend, who will more than likely be fired up after their shock defeat.

If the Brothers lose to Glenmore they will drop to at least third place, but that depends on the Yeppoon and Rockhampton battle. The two contests will be crucial for finals in just a couple of weeks.

In the men's competition, the Brothers Kangaroos managed to hold on against the BITS Saints.

Brothers won 9.8 (62) to 9.2 (56) and will now face local rivals, the Glenmore Bulls.

The Bulls will be eager to get back to business having suffered two consecutive losses for the first time this season.

The Rockhampton Panthers won the last match against the Gladstone Suns.

The Yeppoon Swans will look to lockdown another minor premiership this weekend against the Panthers. A win will make them uncatchable for the remainder of the regular season.

Brothers bolt to the top

By Liam Emerton

After the senior Gladstone Rugby League competition was marred in controversy this week due to a racial incident (see page 1 and 3 for the report), this week's focus will hopefully return to the field.

The Gladstone Brothers have taken hold of the competition once again following a great win against the Valley Diehards 30-8. Brothers' winger Lachlan Ghee topped the scoring with a double.

The side now sits two points clear of the Diehards, as it looks to gain more traction when it takes on the Tannum Sands Seagulls this weekend.

The Seagulls defeated the Wallabys 56-6 in the last game before the Gladstone side rightfully walked off the field due to an off-field racial incident.

Prior to that, Tannum Sands were brilliant with Jake Gehrman scoring a hat-trick from his halfback position.

Gehrman also nailed eight conversion attempts on his side's path to victory.

Their performance now sets up an intriguing battle between two of the best halves in the competition this weekend.

The team's last fixture finished with the Brothers winning 62-12 but Tannum Sands will be out for vengeance.

The Gladstone Wallabys will refocus its attention on the Valley Diehards in the upcoming round.

The Diehards were in supreme form before being knocked off by the Brothers and will look to keep the pressure on the league leaders with a win. The Wallabys and Diehards last played out a match which ended 40-4 in favour of the Valleys, something the side in blue and white will look to repeat.

In the Rockhampton Rugby League women's competition it was a tough week for our local teams.

Tannum Sands Seagulls were clipped going



The Gladstone Brothers were just too good for the Valley Diehards in last round.

down 42-0 to Rockhampton Brothers, while the Gladstone Wallabys were dismantled 76-4 by the Blackwater Crushettes.

The Seagulls' next match will come against the North Chargers in Gladstone, giving our local side a distinct advantage.

Last time out Tannum Sands managed a 22-4 win over the Chargers and will be hoping to repeat that feat this weekend.

The Wallabys will also play on home soil when it takes on the intimidating Emu Park Emus. The Emus were defeated 14-0 last round

in a shocker to Yeppoon and will be wanting to bounce back against the Wallabys.

In the other women's matches, Blackwater will travel to Salesyard Park to face the Fitzroy/Gracemere Sharks, while Yeppoon and Brothers clash at Webb Park.



Yasmin Belton looks for an opening.



Katrina Wallace lines up her shot for Gladstone.

Netball on the rise following new league's success

By Liam Emerton

The Central Premier League (CPL) Netball competition is a terrific concept turned success story.

After Netball Queensland pulled out of hosting Queensland Premier League competitions, which our senior Capricorn Claws team played in, a group of Central Queensland Netball Associations banded together to create the CPL.

Gladstone joined the league with three teams, two under 17s and one open's squad and other associations including Capricornia Coast, Rockhampton, Bundaberg, Blackwater, Emerald and Biloela all competed in the under 17s and open competitions.

The CPL was hosted across two carnivals, the first held in Bundaberg and the second and final carnival was hosted on Saturday and Sunday in Yeppoon.

Unfortunately after a tough battle on court, Gladstone's teams were unable to make the grand final. Capricorn Coast Net-

ball Association took out both the under 17s and open CPL trophies.

The under 17s side defeated Emerald 42-37 in a tight grand final before the open ladies took down Bundy 55-42 in their big dance.

Capricorn Coast Netball Association Administrator, Katrina Whitham, who helped maintain and organise the CPL competition, said overall it was a terrific league and a strong step in the right direction.

"Deb Eastlake who is a netball representative in Townsville for our region helped us get this competition going," she said.

"So between every association in that region, we started the Central Premier League.

"We had a competition for Open ladies, under 17s and a mixed comp. Sadly the mixed comp didn't take off this year but we will be pushing it next year.

"We did these ages because we find there's a gap between stage age, which stops at 15s, and there's nothing from the age group between 15s and 17s and now there's nothing for our open ladies either.

"But because the quarters are 15 minutes it can be hard to back up for our more mature ladies, especially in the hot sun. And that's why we made sure you only play two games per day.

"I've had great feedback so far. Overall the way we set it up this year was pretty good."

Moving forward with the competition, Whitham said it would be great to see it expand with more associations nominating teams.

"We did have Hervey Bay but they withdrew a week before the Bundaberg carnival and hopefully we can get some more associations on board," she said.

"Emerald did bring an under 17s team in but didn't have an open team, Rocky had open teams but didn't have an under 17s. Bilo had an under 17s but no opens.

"So hopefully we can get some more teams from the associations, that'd be great.

"Hopefully we can move it indoors for the ladies one year but that depends on finances."



Samarah Belton receives a pass.



On the track with Tony

By Rockhampton Jockey Club CEO Tony Fenlon

G'day this is Tony.

I have always been a believer in following horses when they head back south after they have raced at the Rocky Carnival.

I can't just put my finger on it but for some reason, over the years they always seem to improve and benefit from the trip north.

Veteran horsemen and trainers have long held the belief that travelling horses has many benefits.

The saying "beware of the travelling horse" comes to mind.

I suppose it is the same for humans, if you travel away, you usually reek the benefits of the experience.

Anyhow, having raised those points a few horses fit that category at Brisbane's Doomben races this coming Saturday, July 24.

First and foremost is the Rockhampton Cup winner Regal Stage.

Much has been written about this \$1.8 million yearling purchase trained by Sydney's Gai

Waterhouse and Adrian Bott.

What hasn't been written is that Regal Stage is a full brother to the retired multiple GR 1 winning racehorse Lankan Rupee.

That son of Redoute's Choice and the Stravinsky mare Estelle Collection was a star of his era about six years ago collecting over \$4.1 million in prize money.

Little wonder little brother Regal Stage cost \$1.8 million as a yearling.

Anyhow, I see where Regal Stage has been entered for a very suitable BM 85 (1600m) at Doomben on Saturday and handicapped on 59.5kg.

Regal Stage looked good in winning the Rocky Cup second-up and will be improved by the effort fitness wise.

He certainly has been a traveller as from his Randwick training base he has wandered all over the countryside collecting Cup races.

Firstly, the Snake Gully Cup at Gundagai and then the Mudgee Cup.

Later he lobbied in Brisbane before floating

it north to Rocky.

I reckon he will be very hard to beat at Doomben on Saturday.

Leading Brisbane trainer Tony Gollan brought his well-performed mare Really Discreet north to Rockhampton for the \$100K Newmarket Handicap (1300m) just over 10 days ago.

Really Discreet put in a game effort to finish a handy fourth in the feature Rockhampton Jockey Club sprint.

I see where Tony has Really Discreet set to race in a suitable Fillies and Mares Cl 6 (1350m) on Saturday's Doomben card. I think she is really well placed and I am being far from discreet in tipping Really Discreet to win the race.

Our local lass Better Reflection trained at Callaghan Park by John "Wiggo" Wigginton is also nominated for the same race as Really Discreet, which is unfortunate from my perspective.

By that I means, I will have to make a choice and I like both the mares.

The second-up run from Better Reflection at this Sunshine Coast on a soft track on July 11 was excellent.

Brad Stewart had her ideally placed close to the fence after leaving a very wide gate in the \$105K Provincial Sprint Final (1200m).

The effort of Better Reflection to finish just 1.7 lengths behind Derulo and end up fifth of 13 points to her being ready to win again. Better Reflection is in a pretty hot field again on Saturday but is certainly worth an each-way wager should she draw well.

So, there I have handed out two for quinella players or exotic backers – Really Discreet and Better Reflection.

The other horse who fits the north back to south mould on Saturday at Doomben is the Tom Bourke Sunshine Coast trained Rocky Carnival winner Better Than Groovy.

Better Than Groovy will be at big odds in the C & G Class 6 (1350m) but it's worth a tote ticket.

As is said you have got to be in it to win it. Good Luck.

Power ready to surge after shaking down the Thunder

By Liam Emerton

The Port City Power and Breakers will play their final home game of the 2021 season this weekend and will be hoping to pick up a win for the loud and proud crowd.

Having picked up their second win of the season and finishing a tough triple-header road trip the Power will be buzzing to be back in Kev Broome Stadium.

Power defeated the Logan Thunder 77-69 to push into sixth position on the Queensland State League (QSL) table.

It was the perfect response from Gladstone's basketball team who had suffered a disappointing loss to Toowoomba the day before and it was made even more special by Mitch Knight's 30 piece.

Knight knocked down 11 shots from 26 and pulled down a ridiculous 19 boards in a huge double-double performance.

His brother, Ben Knight, also snatched 14 points while Dylan Owen grabbed a double-double with 12 points and 10 rebounds.

The all-around team performance was impressive and could build to the side earn-

ing its third victory this weekend.

Power will take on the tough task of beating the Gold Coast Rollers in the final game at Kev Broome Stadium.

The Rollers sit third in the men's QSL competition having lost just three times this season.

The roaring home crowd will be fully behind our lads as they take to the court one last time for 2021.

The women's contest will be the opener to that match and after a disappointing road trip, the side will look to jump back into the winner's circle.

The best points scorers on the road were Savannah Au (39), Daila Walker (33) and Kadee Barrenger (30) who combined for 102 points in three hard-fought games.

Those three stars will need to produce a strong performance against the Rollers to sneak above the Toowoomba side which now sit above the Breakers on the QSL table.

The women's contest will tip things off starting at 6pm on Saturday before the men's match, which is scheduled for 8pm.



Mitch Knight will return to Gladstone with confidence under his belt after dropping 30 points on the Logan Thunder.

Skye's amazing 11

By Liam Emerton

Clinton FC's Central Queensland Premier League women's squad has become a demolition crew with a 21-1 victory over Bluebirds United Blue.

The team in green scored eight goals in the first half before ramping up the pressure and managing 13 goals in the second period.

From those 21 goals star striker and Clinton captain, Skye Alexander, scored a ludicrous 11 goals to help her shoot to the top of the scoring charts.

Alexander's amazing display overshadowed her teammate Georgia Muir's performance who scored a double hat-trick.

Liana Radisic and Ally Ware rounded off the scoring for Clinton, each notching up a brace.

This week will prove the ultimate test for Clinton, as the team prepares to play three games in five days due to catch-ups being re-scheduled.

The game against the Gracemere Redbacks should be the most achievable game of the three, before heading to Webber Park on Sunday to play the second-placed Bluebirds United White.

The third match is on Wednesday, facing the league leaders Central FC.

Central FC was incredibly brave in its Kappa Cup quarter-final against Townsville Brothers, ultimately going down 5-0.

The top side of the women's CQPL will return to the local competition this week to first battle Frenchville Roos, before heading into that aforementioned battle against Clinton.

In other women's matches, Bluebirds United Blue will take on its fellow Bluebirds United White's team in a club derby, and Capricorn Coast Eagles will take on Nerimbera in the battle of the birds.

In the men's CQPL Clinton had a rough night against the now table-topping Frenchville Roos, losing 6-1.



Central FC's ladies will be looking to rip back into the CQPL this weekend.

After slipping to third place, the Clinton men will be looking for a big comeback when it faces Bluebirds United this weekend.

Central FC men's team will return to action against strong opposition after a week off.

Central takes on the might of Frenchville with the Gladstone team hoping to repeat its last performance against the Roos.

The last meeting saw Central pick up a somewhat surprising 2-1 victory over the Roos. A similar result this weekend could see Central push hard for a top-three position.

The other men's match will feature Nerimbera Magpies clashing with Capricorn Coast Eagles, with both our Gladstone-based teams hoping for another Magpies miracle.



The Meteors men's CQHL team are now the league leaders.

Meteors on another planet

By Liam Emerton

The Meteors and Sparks collided in a terrific contest in round 13 of the Central Queensland Hockey League (CQHL).

The Meteors men ended up running away with the contest, securing a 9-0 win, which took them to the top of the men's table.

It comes as the Wanderers had a 3-3 draw against the Southern Suburbs, allowing the Meteors to capitalise and become the new league leaders.

But the side will be in for a tough challenge when it comes face to face with the Southern Suburbs.

The team's riding on a high after drawing with the Wanderers, posing an intense battle for the fresh table-toppers.

When the sides last clashed Southern Suburbs came out on top with a 6-5 win, while the match prior seeing a Meteor win of 4-0.

The match at Kalka Shades Hockey Complex will make a huge impact with only two games to go in the home and away series before finals begin.

In the other men's CQHL, the Sparks team is out for a rebound against a tough Park Avenue side.

Sparks is yet to score a win this season but have been progressively building towards a maiden victory.

In the women's CQHL, the Sparks scored a derby day 2-0 win over the Meteors which pushed the latter down to third place on the table.

The Sparks' big result also jumped the side up one spot into fourth position.

The final Gladstone-based side the Souths, was extremely unlucky not to walk away with a point against the competition's top team after losing 2-1 to the Wanderers.

Souths will have a chance to pick up its second win of the season facing Frenchville this week.

If the Gladstone side plays anything like it did against Wanderers, it will certainly be able to double its 2021 win tally.

A momentum-boosted Sparks side will clash with the league leading Wanderers this round in hopes of causing a minor upset.

In the last match of the CQHL, the Meteors will battle Southern Suburbs in a clash between second and third.

Meteors will have the chance to leapfrog its opponents with a win and take over second position.



The Meteors will be planning to stay on top of the table.

Three teams eyeing off a second chance

By Liam Emerton

There's set to be one huge A-Grade clash this weekend in the Rugby Capricornia competition's final stage of the round-robin series. All eyes will be on the mouthwatering match between the Gladstone Goats and the Colts Rugby Club.

Gladstone and Colts last played out a match in round nine of the regular season with the Goats getting the upper hand with a 13-0 victory at Marley Brown Oval.

There's a lot of implications for the finals series depending on the result of this week's Goats and Colts game.

The GRUFCs sit in second spot but are tied on a point differential with the Frenchville Pioneers who sit behind them by a total of 26 plus/minus points.

Sitting in fourth position on the A-Grade table is the Colts but the side from North Rockhampton is just two competition points behind the Goats and Pioneers.

That means a win for the Colts will ensure at least third position with a possibility of ending up in second.

The Goats will likely wrap up second position with a win against the Colts but could still fall into third if the Pioneers pull off a massive win against the Dawson Valley Drovers.

The race for second position is critical as it hands the team that finishes in the runners-up position two chances of making the grand final.

The team in second will play the Dawson Valley Drovers in the first qualifying final, with the winner of that match going on to the grand final.

The loser of the qualifying final will face the winner of the elimination final, which is fought out between the third and fourth-placed teams.

That means both the Colts and Gladstone will be eager to pick up a win this weekend to secure a guaranteed second chance.

The Pioneers will also be keen to score an upset victory over the Dawson Valley Drovers and potentially sneak into second position.

The Frenchville side is flying too, having defeated Gladstone in round two of the round-



The Gladstone Goats will be out to secure second place this weekend.

robin 24-14 and having seen the Colts, who they defeated two matches ago, drawing with the Drovers 24-24.

In reserve's grade, the finals series will be intriguing with the one spot set in stone.

Brothers have already secured its place in the qualifying final but with Bilo just four points behind the Crocs, both sides have the potential of finishing in second place.

The two top sides in reserve grade will play each other in the first round with the loser of that match to play third place in the second qualifying final.

That means, similarly to A-Grade, if Biloela finds a way to beat Brothers it will have a second chance and will face them once again in the qualifying final.

All matches are scheduled for Victoria Park this weekend.



The Colts are looking to rise above Gladstone Goats and Frenchville Pioneers.



A conversion attempt nailed by St. John's.



Dax Andrews runs the ball with intensity.

Challenge Cup a classic

By Liam Emerton

The Challenge Cup was held at St Brendan's College on Wednesday, Thursday and Friday with plenty of Gladstone schools entering the competition.

Eventually the path of two schools - St John the Baptist Catholic Primary School and Star of the Sea Catholic Primary School - matched them against each other for the Challenge Cup Rugby League Plate final.

After a back-and-forth contest it was St John's that took out the victory 20-18 and celebrated with pure elation.

Gladstone Today's camera was on hand to capture the special moment as St John's walked away with an impressive win.



Nate White attempts a conversion.



St John's go crashing over the line.



St John's passed the ball extremely well on Friday.



Grubbering through the line.



St John's break through the Star of the Sea defence.



Central collect the Kennedy Cup

By Liam Emerton

The Central Skippers were being cheered from the stands as they walked onto Ryan Park for the grand final of the Terry Kennedy Cup.

The excitement built for the under 10s squad who came up against an incredibly determined Biloela Valley Strikers team.

Central had beaten fellow Gladstone-based team Clinton FC to make the final, while Bilo knocked out Emerald in their semi-final in an intense penalty shootout.

With the stage set on Sunday afternoon, Central made the most of its chances and took out the coveted Terry Kennedy Cup with a brilliant 2-1 win.

Bilo kept its heads high as the side earned the runners-up medal, but it was the Central team who celebrated on the way back to Gladstone.

See page 43 for plenty of action shots

Central FC holding the Terry Kennedy Cup.

Capras cracking the code

By Liam Emerton

The Central Queensland Capras have the monkey off their back and can thank the great crowd at Marley Brown Oval for their tremendous support.

The crowd were celebrating early as Capras' winger Cooper Marshall crossed in the 14th minute to give his side the lead.

The Tigers' next try was then matched by captain Jack Madden who scored a simplistic try to once again put the Capras into the lead.

But after another Brisbane try, our Intrust Super Cup squad were down 16-12 at half time.

Then the home side stormed back in the

second half, despite losing Nathan Bassani due to a send off.

Fullback Blake Moore was crucial, scoring a try and setting up another to send the Capras back to Rockhampton with its first win.

Jack Pattie's solo try, in which he grubbered through the line and recovered it himself, showed the amazing effort of the team and sealed the score as 30-22.

The victory has pushed the Capras up the ladder and above the Mackay Cutters.

This weekend the CQ Capras will have another tough task in the form of the Redcliffe Dolphins.

The Capras pushed Redcliffe to the limit back in round three, leading the contest 16-4

at half time before losing 24-22 thanks to a 78th minute penalty goal.

With their second half display at Marley Brown Oval at the top of everyone's minds, there's hope the Capras will once again outperform their opponent and double their win tally.

The confidence off the back of that terrific display could potentially set the Capras for a monumental game against the ever-dangerous Redcliffe Dolphins.

A win against the Dolphins would rock the competition and possibly send the Capras up to 11th position, depending on other results.

The contest has been rescheduled to Rugby

Park in Rockhampton and it's set to be an absolute cracker.

In other Capras' news, captain Jack Madden signed a one-year contract extension.

The contract will keep the halfback at the club until the end of next season and is great news for 2022 Capras coach Lionel Harbin.

"I'm very pleased he's signed on for 2022. I think Jack has been playing really well," said coach Harbin via the Capras Facebook page.

"He brings a lot of experience to the squad at this level and I'm looking forward to having his leadership within the playing group."

For our under 21s, Hasting Deering Colts will have a week off and will not return until next weekend.

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