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Pandemic's affects hit

The Dock unveiled a new brand identity last week, a move business owner Jeremy Hastings says was driven by the onset of Covid-19.

The beloved restaurant reverted back to a dessert and espresso bar after Covid-19 made it difficult for the business to keep its kitchen and bar open.

Read the full story on page 3

Butcher's Olympics dream

Member for Gladstone Glenn Butcher has come out in support of the 2032 Olympics in Brisbane and believes it will create opportunities for locals.

Mr Butcher said local Gladstone businesses could have the chance to secure upgrades if athletes trained further abroad rather than in Brisbane.

Read Mr Butcher's comments on page 3



Faces of Relay: John Cunningham and Sierra Knopke and Patron of Relay Liz Cunningham.

Trek for the kids

By Eilish Massie

Gladstone man Greg Klease has been raising money for children's charity for 40 years and is showing no sign of slowing down his mission to make a difference.

Mr Klease will leave his Tannum Sands home in November and will embark on a fivefunds for children's charity, Variety.

Mr Klease will join as they drive old and new cars, 2-wheel and 4-wheel drives, through to Blackwater, Alpha, Carnarvon Gorge and RM Williams' original property Rockybar Station.

The funds raised will help kids who are sick, disadvantaged or living with disability get support from Variety Queensland when they need day trek from Gladstone to Hervey Bay in his it most through the granting of equipment, trusty Ford Ranger in an effort to raise vital services and scholarships, and through the delivery of programs and experiences.

From dressing up as a convict to pushing his friend in a cast-iron hospital bed down a busy highway, there is nothing Mr Klease hasn't done in the name of charity.

"We see lots of things with children and one thing we learn with Variety is you should never be afraid to cry," he said.

"And we all have, because of what we see.

"The dash makes you feel good as you are kids get a fair go in life," he said. doing what you can to help."

Variety Queensland CEO Steve Wakerly said the annual dash would provide a welcome economic boost to the country towns they visit.

"Our events are renowned for being fun with lots of activities, themed cars, great evening functions - backed by amazing scenery and the opportunity to visit small communities – all for the important cause of helping

See the full story on page 5



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The <mark>Regional Arts Developmen</mark>t Fund (RADF) is a partnership between the Queensland Governn Gladstone Regional Council to support local arts and culture in regional Queensland

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WEATHER







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Covid testing at Gladstone Hospital

Covid scare from flight

Bv Eilish Massie

Gladstone residents underwent a Covid-scare on Friday after Queensland Health announced a Covid-postive Qantas flight attendant visited the region on July 11 and 12.

The Brisbane woman was initially believed to have been infectious from July 11 and crewed six flights during the period.

She stayed at Mantra Gladstone and flew out July 12.

Passengers on the same flight as the woman, including Member for Gladstone Glenn Butcher, were required to quarantine.

As a response, Gladstone Regional Coun-

cil's disaster management group set up testing clinics around town on the weekend.

Chief Health Officer Dr Jeannette Young announced on Sunday the source of the woman's Covid-19 exposure had been traced to July 14, meaning flights to regional Queensland on July 12-13 were no longer of concern.

"Anyone who is required to quarantine from being on those flights, I thank you very, very much for your cooperation...you are now able to leave quarantine," she said.

A close contact of the flight attendant, who travelled to Queensland on July 14, tested positive in New South Wales.

Gladstone Today

The editor's desk

This week I had the pleasure of talking to Greg Klease, the Gladstone man who has spent the past 40 years volunteering for children's charity.

Mr Klease will undergo a five-day trek from Gladstone to Hervey Bay this November to raise money for children's charity, Variety.

I was amazed at what Mr Klease has done to help children when I sat down with him for the interview for Gladstone

Sometimes you leave interviews drained and exhausted, but my talk with Mr Klease left me feeling inspired about what I could do to help those less fortu-

An inspiring person in the Gladstone community, it was no surprise to me that he was even nominated as Calliope Shire's citizen of the year in 2005.

There was so much more I could have put into the story about Mr Klease's commitment to the cause but there wasn't enough page space to even begin to delve into just how much this man has done to help Queensland children.

His story, and many others, reminds me why I became a journalist in the first

As you may be aware, I recently started at Gladstone Today as its new reporter on the ground, where I've been covering local issues for a week now.

It was a great first week working with the team at Central Queensland Today, who welcomed me at their Rockhampton office last Monday.

The team are a lovely bunch of journalists who are passionate to bring quality news to the community.

In this week's paper, you'll read stories about the Covid-scare residents endured, the Dock's rebranding, the new Miriam Vale festival and our own Olympian Natalya Diehm competing this weekend and much more.

It feels great to finally write for a newspaper again, and to take time to delve into stories.

- Eilish Massie



Cash welcomed for bushfire workshops

By Eilish Massie

Gladstone Regional Council was awarded \$30,000 to host workshops to help landowners prepare for bushfire season.

Council was awarded the funds to spend on Property Fire Management Planning Workshops courtesy of the latest \$19 million round of Queensland Resilience and Risk Reduction Fund.

The funding accommodates for 82 projects across both QRRRF and Managing Disaster Risk approved for 67 organisations, including councils, state agencies, universities and not-for-profit organisations.

Minister for Emergency Management Senator Bridget McKenzie said projects were chosen to assist communities to deal with future natural disasters, with a significant proportion going to remote communities.

Investing in risk reduction and mitigation better prepares communities and reduces the loss and suffering by communities that feel the full brunt of these extreme weather events.

"The 82 projects include extensive road, floodway and levee upgrades, flood and river studies, and disaster management workshops across Queensland," Minister McKenzie said.

"The projects funded under Managing Disaster Risk are intended to provide continued support across the areas impacted by the 2019 monsoon trough.

"Key projects include upgrades to Gemo-



ka Drive and Pattel Drive in Richmond Shire Council, floodway and pavement improvements to Dalgonally Road in McKinlay Shire Council and upgrades to stormwater drainage in Burdekin Shire Council.

"Funding is also being made available to support the wellbeing of Queenslanders impacted by natural disasters, acknowledging the impact these events have on communities, not only in the immediate aftermath of the event, but in the medium and long term recovery phases as well."

Queensland Deputy Premier and Queensland Reconstruction Authority Minister Steven Miles said ORRRF projects would help make communities more resilient to future natural disasters.

"In Queensland, we are well versed in dealing with and responding to natural disasters and other severe weather events. This past year saw 50 of our 77 local government areas impacted by 11 natural disasters," Mr Miles said

Gladstone's own

By Eilish Massie

Gladstone's own Olympian Natalya Diehm will compete in the Tokyo Olympic 2021 games in the BMX Freestyle Saturday 31 July.

Ms Diehm first noticed the skate park when she was riding home from school as an eight-year-old.

Now, the three-time national champion is preparing for her debut Olympic Games in To-kvo 2021.

Ms Diehm was brought on to the Australian Team in 2019, after coming back from her fourth knee reconstruction, which forced her out of the 2018 season.

Proving herself as one to watch, Natalya won the 2019 Vans BMX Pro Cup which held events in USA, Australia, Germany and Mexico.

Ms Diehm said her emotions were all over the place when it was first announced she would be competing in the games.

"I can't believe this is actually real," she said.
"Through all the hard times, injuries and calling it quits after my fourth knee surgery my family have always stuck by me and supported

my decisions.

"The sacrifices my entire family has had to make for me just to get here is incredible and without them I would've be fulfilling my dream.

"This is something I want to do my absolute best at and not just for myself but for everyone who has played a part in my BMX journey."

It is also the first time BMX Freestyle will be included in the Olympic Games.

"Being one of the very first riders to be selected absolutely blows my mind," she said.

The Tokyo Olympics 2021 will continue until August 8. To follow the Australian Olympic Team during the Tokyo Olympic Games, go to https://www.olympics.com.au/



Gladstone's own olympian Natalya Diehm will compete in the Tokyo Olympic 2021 games in the BMX Freestyle Saturday 31 July.

The Dock rebrands to bounce back

By Eilish Massie

Beloved restaurant The Dock unveiled a new brand identity last week, a move business owner Jeremy Hastings says was driven by the onset of Covid-19.

The Dock reverted back to its original branding as Gelaspresso, a gelato, doughnut and espresso bar, after Covid-19 made it difficult for the business to keep its kitchen and bar open. Owner Jeremy Hastings said constant lockdowns and border closures have impacted the business significantly.

"We had two chefs leave post-covid for different career paths," Mr Hastings said.

"For The Dock, we take great pride in making things from scratch but you need chefs to do that

"We lined up chefs from Sydney but lockdown and border closure have impacted that process significantly."

Mr Hastings has owned the business since 2014 and said the it sustained trade early last year, but the current landscape had shifted his perspective.

"30 per cent of our trade relies on cruise ships, grey nomads travelling, to people visit-



Gelaspresso employee Samantha Sipple.

ing relatives in Gladstone or going to Heron Island," he said.

"We had this big disruption to our trade and we sort of sustained it when Covid started, but looking at the landscape we are in now with Melbourne, Sydney and Adelaide all in lockdown, I don't think that is going to change that challenge.

"We said as a business, what's the prudent

thing to do at this point and we decided we would move back to being Gellaspresso."

The kitchen will be put in hibernation and a lot of equipment will be demobilised in the coming months.

"If the market changes and Covid doesn't become much of a disruption, we certainly would re-look at that opportunity again," he

"I'd never say never but I'm working on the assumption Covid will continue to be a big disruption to hospitality for the next 18 months.

"We're just focusing on Gellaspresso until that time changes and see where we go from there."

Mr Hastings said the business will be revamped in the coming weeks, with new branding and signs.

"It's kind of like full circle," he said.

"We're going back to what we know best and just focusing on the Gellaspresso being a dessert bar.

"I'll be putting the (Dock) sign in storage, and look forward to the day we can hopefully hang it up again."

Keep an eye out on Gelaspresso's Facebook page for exclusive deals each week.



Gladstone's own olympian Natalya Diehm will compete in the Tokyo Olympic 2021 games in the BMX Freestyle Saturday 31 July.

Olympics win good for regions

By Eilish Massie

Member for Gladstone Glenn Butcher believes the 2032 Olympics in Brisbane would provide huge opportunities for regional Queensland.

Mr Butcher said local businesses could have the chance to secure upgrades if athletes trained further abroad in Brisbane.

"Opportunities are now abound for those local councils and communities to get together and try and secure one of these countries to do their pre-training before the olympics start in 2032," Mr Butcher said.

"It also gives the opportunity for infrastructure to be built in these regional centres. "On top of that with a massive spend that's going to be put on roads and certain infrastructure in Brisbane, it will certainly leave a legacy for years.

"I think this is absolutely fantastic for regional Queensland."

Gladstone Region Mayor Matt Burnett said it was in his priority to get upgrades to local sporting facilities.

"Obviously in the Gladstone region, we've got fantastic sporting facilities but if we could upgrade some of those to get some state and federal investment and make sure we can attract a team from any sport and any discipline to central Oueensland."











Multi-vehicle crash at Dixalea on Wednesday 21 July.

Severe multi-car crash in Dixalea

By Eilish Massie

A man in his 40s was flown to hospital after a multi-vehicle crash at Dixalea on Wednesday night 21 July.

Queensland Ambulance Service, Queensland Fire and Emergency Services and Queensland Police Service crews arrived first on scene to remove a man in his 40's from his vehicle, which had struck the side of another vehicle.

The man suffered suspected internal injuries and a serious arm injury, whilst the driver of the second vehicle was unhurt.

The man was assessed by the on-board Doctor and Critical Care Paramedic before being transferred to Rockhampton Base Hospital by RACQ Capricorn Helicopter Rescue Service.

He was in a stable condition throughout the flight.

Two people in hospital following cow and vehicle crash

A man was airlifted from Moura to Rockhampton Hospital on Friday 23 July following a vehicle and cow crash.

The crash was reported on the Dawson Highway and Theodore Moura Road around 6.45pm.

The man, who was in his 30s, was initially entrapped.

He was flown in a stable condition with leg injuries.

A female in her 30s was taken via ambulance to Moura Hospital in a stable condition.

Paramedics also treated six children at the scene who were uninjured and did not need require hospital treatment.

Two-vehicle crash in Gladstone

Four people were assessed by paramedics after a two-vehicle crash in Gladstone Central on Sunday night.

Emergency services were called to Goondoon and Tank Streets at 7.42pm.

Two people were taken to Gladstone Hospital in stable conditions.

South Gladstone man found

South Gladstone man John Bremer has been found safe and well.

The 64-year-old was last seen at a house on Cross Street around June 12.

Mr Bremer had intermittent contact with his family since, but lost contacted them on June 29.

Gladstone Police have thanked the community for their assistance.

If you have information for police, contact Policelink by providing information using the online suspicious activity form 24hrs per day at www.police.qld.gov.au/reporting.

Report crime information anonymously via Crime Stoppers. Call 1800 333 000 or report online at www.crimestoppersqld.com.au.



South Gladstone man John Bremer was located safe and well.

Two taken to hospital

By Eilish Massie

A man and woman were taken to hospital after a house fire in Biloela on Saturday 24 July. Emergency services were called to Orange

Street at 1.34am.

A Queensland Fire and Emergency Services spokeswoman said flames were visible from all

windows of the house when crews arrived.

The QFES spokeswoman said three crews worked together to extinguish the fire which claimed a 15m by 15m single structure with a timber roof.

She said crews worked hard to protect neighbouring properties and had contained the fire within the single-structure.

The fire was completely extinguished by 3.30am.

A Queensland Ambulance Service spokesman said four people were assessed by paramedics.

He said a man and woman were taken to Biloela Hospital after they sustained minor burns. The two other patients declined transport to hospital.

Burua house fire

By Eilish Massie

Queensland Fire and Emergency Services crews were called to a house fire in Burua on Monday 26 July.

Four crews were called to Jim Whyte Way about 8.30pm, after reports a house was on fire in the area.

The crews, fitted with breathing apparatus, entered the property and found a small

fire which took a couple of minutes to put out with an extinguisher.

A QFES spokeswoman said crews moved a few gas bottles away and monitored atmospheric safety. Oueensland Ambulance Service para-

medics stood by at the house fire, however, no one required treatment.

The property was left in the hands of the

und a small owners at 9.50pm.











Greg Klease is embarking on another fundraising drive for Variety The Children's Charity.

Mr Klease's trusty ford will help him through the trek.

A big heart for the kids

By Eilish Massie

He's a man with a big heart, a love of fourwheel driving and raising money for children's

Greg Klease is embarking on another fundraising drive for Variety The Children's Charity.

The Gladstone man has been raising money for children for the past 40 years and was first inspired to do so in the late 1980s when a little girl lost her life to leukaemia in Emerald.

"She really affected me a lot," Mr Klease said.

"She ended up dying from Leukemia and it still, after all these years, affects me.'

The former Reef City Ford owner has dressed up as a convict, a monk, rode a tandem bike, has pushed his friend in a cast-iron hospital bed down a busy highway as well gotten in trouble with the law all in the name of charity.

"We used to push my friend on an old cast iron hospital bed on wheels from Capella to Emerald for about 50km for money," he said.

"That's when it was only a skinny bitumen

"And we wouldn't let the cars pass until they gave us some money.

"One day we even stopped a bus, and they reported us to the police and the Emerald Police came out with a trailer to take our bed away. Luckily we knew Vince Lester, who was a Member of Parliament who convinced them to let us go," he said.

Mr Klease will drive with Jill Hopson, Shelley Holzheimer or Councillor Desley O'Grady in his trusty red Ford Ranger at this year's Variety Dash for Kids, the charity's newest roadtrip fundraising event.

He will join hundreds of people as the Dash

kicks off in Gladstone on November 8.

The Dash involves a lengthy five-day trip where participants will drive old and new cars, 2-wheel and 4-wheel drives, through to Blackwater, Alpha, Carnarvon Gorge and Hervey

Participants will also stay overnight at the original RM Williams' property at Rockybar

Variety Queensland CEO Steve Wakerly said the annual dash would provide a welcome economic boost to the country towns they visit.

"Our events are renowned for being fun, with lots of activities, themed cars, great evening functions, backed by amazing scenery and the opportunity to visit small communities - all for the important cause of helping kids get a fair go in life," he said.

The Dash requires participants to fundraise \$3500 or more per vehicle (minimum two people per car).

The funds raised will help kids who are sick, disadvantaged or living with disability get support from Variety Queensland with new equipment, services and scholarships, and programs and experiences.

Mr Klease, who will spend his birthday during the trek, said the real heroes were the children's parents.

We see lots of things with children and one thing we learn with Variety is you should never be afraid to cry," he said.

"The heroes are the parents who love these children dearly and are with them 24/7.

"The dash makes you feel good as you are doing what you can to help.

Registrations are now open for those interested in participating in the Dash.

To register your interest go to www.varietydashqld.com or phone 07 3907 9300.

New precinct for essential Gladstone services

By Eilish Massie

Gladstone Regional Council's Community Engagement and Neighbourhood centres will soon relocate from their existing buildings to new purpose-built facilities at the Philip Street Communities and Families Precinct.

Services at the Community Engagement Centre at 142 Goondoon Street have now paused to allow staff to complete the move, while the Neighbourhood Centre at 105 Toolooa Street will have a staggered close.

Gladstone Region Mayor Matt Burnett said both centres will re-open to the community from the Philip Street Communities and Families Precinct in mid-August.

"There will be a transition period for customers while the office is closed and referrals can still be provided over the phone," Councillor Burnett said.

"The precinct will be the first of its kind

in Queensland, with local government partnering with the community to deliver human and social services.

"Being in the same location will strengthen relationships amongst partners, allowing ease of referrals and providing people with easy access to services in the one location."

The precinct has been designed to strengthen Gladstone's social service sector, foster inclusion, connectedness and increase access to resources and services.

It also offers visitors the opportunity to enjoy the parklands and gardens that have been developed specifically to enhance the buildings on site.

For enquires or information, please contact Council's Engagement and Partnerships Team on (07) 4976 6300 or at cas@gladstone. qld.gov.au.

Please use the above contact details for room booking information.



Embracing science

By Eilish Massie

Discover the answers to questions you never knew existed as Dr Karl takes you on a roller-coaster ride through the badlands of science part of Gladstone's World Science Festival Queensland.

Presented by Queensland Museum Network, the World Science Festival Queensland has attracted more than 15,500 visitors to Gladstone since 2017.

Residents will get to experience sensational science shows, hands-on science activities, while treated with an appearance from Dr Karl Kruszelnicki on August 29 and 30.

The festival forms part of the museum's Future Makers partnership with Shell's QGC business aiming to provide evidence-based outcomes for STEM (science, technology, engineering and maths) engagement, education and careers.

Queensland Museum Network CEO Dr Jim Thompson said it was always exciting to take the festival to Gladstone and share knowledge for all things science.

"Visitors can look forward to a fun and exciting program this year, from talks with Queensland Museum palaeontologists and arachnologists, to learning about rocket science and how drones are used in search and rescue missions," Dr Thompson said.

"For the past five years, the festival in Gladstone has continued to grow thanks to the community's enthusiasm for all things science and we look forward to welcoming visitors, including those who have been before and new faces."

Minister for the Arts Leeanne Enoch said World Science Festival Queensland was shaping up to be a success across the state.

"There is plenty for the Gladstone region to explore during this year's festival with innovative ideas, thought-provoking fun and scientific surprises," Minister Enoch said.

"Following the success of the Festival in Brisbane in March and the regional festival in Chinchilla and Townsville, Queenslanders will be able to experience the wonders of science when World Science Festival travels to other areas of the state, including Gladstone, Toowoomba and Ipswich."

Ms Enoch said World Science Festival was the only festival of its kind held outside of New York, and was supported with a \$3 million investment from the Palaszczuk Government every year.

"The arts are key to delivering our plan for economic recovery, each year contributing \$8.5 billion to the state's economy and supporting more than 92,000 jobs for Queenslanders. That is why this Festival is so important for our communities."

Shell's QGC business Head of Digital Innovation Nikki Rankine said the festival was a unique opportunity to inspire local youth to become the STEM leaders of the future.

"The festival challenges the idea that science is locked away in a lab, it connects students to real life STEM professionals and experiences," Ms Rankine said.

"The student day is a fantastic opportunity for local students to meet real-world STEM professionals, ask questions and see what the future workforce looks like and what types of jobs will be available."

Bookings are essential for events with Dr Karl. The City of Science is free with some workshops requiring tickets.

To view the program and book tickets, visit www.worldsciencefestival.com.au/gladstone.

Sunday program:

The Kids Variety Hour with Dr Karl and Big Bang Education:

- Gladstone
- 4-5pm
- Ages: 7 13 years

Dr Karl Book Signing

- 5pm-5.30pm
- Free, bookings essential

Dr Karl's Greatest Moments in Science

- 6-7.30pm
- Ages: 13+ years

Dr Karl Book Signing

- 7-8pm Free
- Bookings essential

Gladstone Bird Walk Hosted by Professor Hugh Possingham, Queensland Chief Scientist

- 7.15am 8.45am
- Free, ticketed

City of Science

- 9.30am-3pm
- Free, non-ticketed

The Big Bang Show

- 10am, 11am, 1pm
- Free, non-ticketed

Flying Drones: Search and Rescue

- 10.15am, 11.30am 1.15pm
- Free, ticketed

BOP Industries Workshop

■ Free, ticketed

Queensland Museum Pop Up Curator Talk:

- Ancient Sea Monsters With Espen Knutsen 10.45am
- Spiders! With Robert Raven 12.45pm
- Extreme Environments With Gary Cranitch 1.45pm
- Free, non-ticketed

It's Rocket Science

- All day
- Free, non-ticketed



Dr Karl is coming to Gladstone when the World Science Festival Queensland visits.



A new \$9 million Active Gameday Projects fund will help develop or upgrade local playing

Funding boost for community sport recovery

Queensland and the Gladstone Region grassroots sport and active recreation clubs are set to benefit from a new \$9 million Active Gameday Projects fund to help them develop or upgrade playing fields as part of the Palaszczuk Government's Covid-19 Economic Recovery Plan

Member for Gladstone Glenn Butcher said the Active Gameday Projects fund would help the economic recovery of the sport and recreation industry by investing in smaller scale infrastructure that benefits local communities.

"Our sport clubs are at the heart of Gladstone's community. This is a great opportunity for the Gladstone clubs to apply for funding to back needed projects," Mr Butcher said.

"The Active Gameday Projects fund will help them get back on their feet, freshen up their facilities for existing members, and encourage new sign ups.

"We're able to get out on the field because of the hard work of Queenslanders in managing the health impacts of the pandemic.

"Funding of up to \$150,000 will be available for eligible organisations and projects who are able chip in 20 per cent of their project's cost."

The program is for fit-for-purpose works on playing spaces that meet grassroots level playing requirements and that encourage greater community participation.

Examples of projects that could receive funding include developing or upgrading playing surfaces and installing or upgrading irrigation and field lighting.

Minister for Sport Stirling Hinchliffe said the initiative hoped to get more Queenslanders involved in sport and physical activity.

"One of the best ways to get more Queenslanders involved in the game is by making sure our fields are in good playing condition," Mr Hinchliffe said.

"The pandemic has been tough on our

"The pandemic has been tough on our communities and now more than ever we need to support our clubs to do what they do best.

"We're also encouraging clubs to use local contractors and suppliers where possible so the funding benefits local jobs and communities."

Queensland Local Governments are also eligible for funding.

Active Gameday Projects is a new initiative of the Palaszczuk Government's Activate! Queensland strategy with the first funding round opening in September.

Clubs should review program information, criteria and eligibility.

More information will be outline on the Department of Tourism, Innovation and Sport's website: https://www.dtis.qld.gov.au/sport/funding-programs



Festival fun on the farm

By Eilish Massie

A Triple-I featured artist is bringing a new festival to Central Queensland, right on her parent's Miriam Vale cattle property.

Sunshine Coast artist, AYLA, launched Spring in the Vale in 2019, as a 'fun thing without too much thought'. It was only after the first festival, she realised she was onto something good.

This year, organisers are bringing back the festival better than ever.

"We had 300 patrons in 2019 and we are pretty confident we will sell double that this year," AYLA said.

The festival lineup features AYLA, herself, as well as Bearfoot, Big Blue Eyes, Ella Fence, Sailing in Space, Sue-Anne Stewart, Waxy Soup and Willa/Mai.

AYLA said she wanted to bring international and local artists together for the boutique fes-

"It's a great opportunity to showcase international talent as well as local talent who might not necessarily get that exposure," she said.

"We're very hopeful the festival will create a fun, family orientated weekend that gives people under 18 to see some quality acts who usually don't come to remote areas," she said.

As for performing on her parent's property, AYLA said while it felt 'weird' she was excited to perform on home soil.

Organisers are still looking for volunteers to help out at the festival. If you are interested, send an email to info@springinthevale.com.au

Spring in the Vale 2021, will be held on August 28 (with overnight camping on Friday and Saturday night).

The event is an all-ages BYO and camping festival at Kenmay family farm in Miriam Vale.

There will be workshops and exhibitions from other artists, and stalls from local busi-



Campers will set up here for Spring in the Vale at the Miriam Vale farm.

nesses, including a ukulele workshop, jewel-

For festival and camping tickets go to

lery and painting exhibitions and food stalls.

https://linktr.ee/springinthevale



AYLA is expecting this year's Spring in the Vale will be double the size of the 2019 event.



Big Blue Eyes

ABOUT THE ARTISTS:

AYLA: The Miriam Vale local will soon be releasing her debut album after touring Nationally with Kate Miller-Heidke and Kim

Churchill. She's also worked with producers and co-writers including Ball Park Music's Sam Cromack, Birds of Tokyo's Glenn Sarangapanny and Peking Duk's Reuben Styles,

Bearfoot: "Sweat-drenched, high-energy sharing performances and catchy melodies over deep grooves are their speciality." Bearfoot are no strangers to the festival stage, having performed Woodford, Caloundra, BIGSOUND and Big Pineapple Festivals.

Big Blue Eyes: "A diehard music fan from an early age, Ryan blends his heavy influence of Australian indie-rock staples with his knack for groove and hooks, to bring his own fresh and invigorating sound to the table." Big Blue Eyes will be releasing their debut album in July.

Ella Fence: "Award-winning songwriter and performer Ella Fence is a power-femme genrebending artist who has toured and performed in USA, Berlin, England (including Great Escape Festival, Alternative Escape), Canada (Canadian Music Week), and Norway, as well as nationally across Australia."

Sailing in Space: "Often infectious with an energy that is out of this world, a Sailing In Space show always challenges the concept of Pop Norms, leaving audiences both bemused and breathless and thrilled."

Sue-Anne Stewart: "A powerful fusion of roots and folk that reaches deep into your soul". Sue-Anne has performed shows in Australia, Europe, Canada and the U.S. She has also graced stages with the likes of Ash Grunwald, Mat McHugh (The Beautiful Girls), Bobby Alu and Sandi Thom.

WaxySoup: "WaxySoup are a local Agnes Water Blues rock soul musical trio. Great grooves and harmonies to pass the afternoon / evening

Willa\Mai: "Willa\Mai is the brand-new joint project of artists, Alvy Willa and Calan Mai. Fusing elements of storytelling folk with electronic production and synth pop.'

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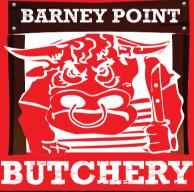
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BONES

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GAWB Chair Maxine Brushes and CEO Darren Barlow at the opening of the Offline Storage Facility.

Better water supply for region

By Eilish Massie

Gladstone Area Water Board unveiled a new facility which will deliver uninterrupted water supply to the region Friday 23 July.

Valued at \$29 million, the Offline Storage Facility supports the provision of safe and highly reliable water supply for the Gladstone region.

GAWB Chief Executive Officer Darren Barlow said the new facility would ensure the longevity of Awoonga Dam.

"The Offline Storage Facility is a significant investment towards advancing water reliability for our customers and the broader Gladstone region," Mr Barlow said.

"The facility allows us to safely undertake critical inspection and maintenance works without impacting our ability to provide continuous water supply.

"Together with the Standby Pump System, the 1,100 ML storage facility is maintained at nearly full capacity ready for use, which is approximately two weeks water supply to the region."

Mr Barlow said the opening of the new facility was a significant milestone in GAWB's long-term capital works program.

"Much of the mechanical equipment at Lake Awoonga is over 25 years old and will require longer periods of time offline for inspection and maintenance in the coming years,"



GAWB CEO Darren Barlow, Chair Maxine Brushes and Mayor Matt Burnett at the opening of the Offline Storage Facility.

Member for Gladstone Glenn Butcher said the successful delivery of the Offline Storage Facility showed the Palaszczuk Government could deliver Queensland reliable and costeffective water infrastructure.

"As the operator of Gladstone's sole water source, Awoonga Dam, GAWB provides an essential service that promotes the economic development and enhances the lifestyle of regional Queensland," Mr Butcher said

"This vital investment continues the ongoing development of an upgraded water net-

work that will improve security of water supply to the Gladstone region and reinforce its appeal as a location for major industry development."

The facility operates the same way a dam does, using the surrounding hills and dam wall to hold water; the difference being that this facility is designed to hold water, not collect water from a catchment.

GAWB will spend more than \$170 million dollars on critical infrastructure upgrades and capital projects at Awoonga Dam over the next four years.

More members welcome to group

On Tuesday morning, the Boyne Island Low Vision Group arranged its monthly morning tea.

There they welcomed representatives from Guide Dogs Queensland, Jeremy Hill and occupational therapist, Nordu Anderson.

Mr Hill had visited the group some months ago, but for Nordu it was her first visit.

The group were shown new products which were available for vision impaired sufferers to aid their day to day living whether it be a coffee mug that will stay in place, not fall or trip over, or placemats that don't slide.

The informative talks included the discussion of technology made easy on smart phones, portable magnifiers for enlargement of print and magnetic chess games.

Group members welcome locals who are vision impaired by contacting Cecily Burkett at jcburkett@iinet.net.au.

Transport can be organised wither locally or from Gladstone.



The Boyne Island Low Vision Group at their recent monthly meeting.



New jobs figures revealed

By Duncan Evans

Central Queensland's unemployment rate sits above the state-wide average and annual growth in employment from 2020 has been meagre, according to recently released figures from the Australian Bureau of Statistics (ABS) and the Queensland Government Statistician's Office (AGSO).

Data from the ABS Labour Force headline estimates pegs Queenslandwide unemployment at 5.1 per cent as of June 2021, with a participation rate of 66.7 per cent.

Altogether, the state recorded 2,661,300 people in employment.

Queensland Treasurer Cameron Dick heralded the figures in a press release from mid-July.

"Today's Labour Force jobs data highlights once again that Queensland is the place to work, to do business and to invest," Mr Dick said.

"We are now 101,600 jobs above our pre-COVID level of March 2020, almost four times that of New South Wales," he added.

"Incredibly, since the depths of the pandemic in May last year, we've gone on to create 300,000 jobs, around 30 per cent of all jobs nationwide."

The healthy numbers are the result of state-wide annual employment growth of 2.4 per cent.

By contrast, data released by the AGSO last Thursday shows that unemployment in Central Queensland sits at 6.1 per cent as of June 2021, with a participation rate of 70.3 per cent.

The number of employed persons in Central Queensland was 117,000, an increase of 200 people over the year, or just 0.1 per cent in annual employment growth.

In a series of statements released to CQ Today, Stephen Andrew, the State One Nation member for Mirani, draw a link between population decline and substandard economic growth.

"The Rocky LGA population fell over the years 2015 to 2018 (in each year) before returning to positive growth in 2019 and 2020," he said.

"Employment fell sharply from September 2016 to December 2017 and economic growth has been stagnant since 2016. In fact over the decade 2011 to 2020 the economy only grew just over 9 per cent compared with growth over the previous decade of over 38 per cent from 2001 to 2010."

"I think the point to make is that policy makers need to avoid the post period 2016 from happening again where population and economic growth fell over a few consecutive years," he said.



A fantastic run for a great price and all registrations go back to the local community! Standard registrations close at 10am on Thursday, 12 August 2021

Register now at gpcl.com.au/port-to-park

RACE PACK COLLECTION

To make sure you are race day ready, you will need to collect your race pack prior to the event.

Port to Park race packs include a disposable timing bib and a free race t-shirt (limited stocks). Participants must bring their e-ticket and valid ID to collect their race pack.

Race packs can be collected from the Race Office, located at the CQUniversity Marina Campus.

Random prizes to be won with race pack collection.

Race Office opening hours:

Friday, 13 August: 7:30am-6:30pm Saturday, 14 August: 8:00am-12:00pm

EVENT TIMES

6:00am 9KM race office opens 6:30am 3KM race office opens 7:00am 9KM Race Start 8:30am 3KM Race Start 9:45am Approx Prize Ceremony

5:30am Shuttle Bus commences

FREE SHUTTLE BUS

Shuttle buses will be running continuously from the following pick up/drop off points to Flinders Parade (East Shores 1B) between 5:30am - 12pm:

- Gladstone PCYC (At Side St)
- Gladstone Showgrounds (At Tank St)
- Goondoon Street (Queens Hotel Bus stop)

ROAD CLOSURES SUNDAY 15 AUGUST

To ensure the safety of participants and the community, the following roads will be closed on event day:

5:00am - 10:30am Flinders Parade

5:00am - 10:30am Goondoon St from Lord St to Roseberry St 5:00am - 10:30am Central Ln from Lord St to Roseberry St Roseberry St from Goondoon St to Central Ln 5:00am - 10:30am 5:00am - 10:30am Lord St from Goondoon St to Glenlyon St

5:00am - 10:30am Bryan Jordan Dr

Alf O'Rourke Dr from Bryan Jordan Dr to 5:00am - 10:30am

Spinnaker park

Access to the Matthew Flinders Bridge will remain closed to all marine and vehicular traffic from 5am to 10:30am or until the last of the runners have returned to the East Shores finish line.

These temporary road closures will also impact the East Shores 1A/1B car parks, Gladstone VMR boat ramp, Gladstone Yacht Club boat ramp and O'Connell Wharf.

To avoid delays, motorists are encouraged to plan their trips to avoid travelling between these times. Gladstone Ports Corporation thanks you for your patience and co-operation during this event.

For further information about the event, visit the Port to Park website at gpcl.com.au/port-to-park or if you require further information regarding the road closures, please contact Gladstone Festivals and Events on 0483 150 806.

EAST SHORES - 1ST BIRTHDAY CELEBRATION

East Shores 1B turns one on Sunday, 15 August and we'd love you to join the fun and festivities from 9.30am to midday.

There's something for everyone with free activities, music, birthday cake and roving entertainment.

Bring your family and friends and enjoy our magnificent parklands by the harbour.



REGISTER NOW AT

gpcl.com.au/port-to-park



































UGL's Cheryl Royal-Scott and Sandra Pugh walked a total of 130 laps in the entire seven hours.

130 laps for UGL team

Relay for life is a vital community event helping in the fight against cancer, while remembering loved ones who've lost their battle, recognising survivors of this deadly disease and their carers.

This year Covid-19 restrictions and requirements were in place, but this didn't deter the outcome of what everyone was there for - to raise funds to help find a cure.

Relay for life has been held at Chanel College since 2004 and to change things up, it was decided this year would not be an overnight event. The event started at 12pm Saturday and finished at 9pm.

Cheryl Royal-Scott offered to fly the banner for her employer UGL Limited, who was behind the team from the beginning and ensured the team had everything it needed.

Her challenge was to walk the entire event and colleague Sandra Pugh decided to join in her mission. Once they stepped out on the track, that's where they stayed for the first part of the event

Their manager Reg Pugh was behind them every step of the way cheering them on, he made sure they had water and food to keep them going and kept an eye on their progress alerting them when to gain pace.

They not only had the support from the Port Curtis Rotary Club, but also from all those on the track as they noticed their laps increasing.

By the end of the evening at 8.30pm, the UGL Team were proud to announce they walked a total of 130 laps in the entire seven hours, equating to 40.6 kilometres and raised \$4,157.00. The UGL team also came third out of 31 teams in the fundraising tally.

Speeches and presentation were held at the end before closure and it was announced that Gladstone 2021 Relay for life raised \$55,227.00 in total.



CIMIC

The company was proud to say they came into the top five teams who raised the most amount.



A special candelight ceremony was held during the fundraising event.

Relay for Life raises thousands in Gladstone event

By Sean Fox

On Saturday 24 July, Gladstone's Relay For Life participants were out in full force to support community members affected by cancer.

Around 100 supporters joined the Cancer Council Queensland team for the event, and together they have raised nearly \$60,000, just shy of their \$80,000 goal.

Gladstone Today was on the ground over the weekend when the event was held on Saturday 24 July at 11 Paterson St in the city's west.

Cancer Council Queensland's Commu-

nity Development Specialist Rebecca Field said they aimed to raise \$80,000 to help their community fight cancer and raise awareness of the cause.

"There's a great crowd here, and there is a plan in place to ensure it's a Covid-19 safe event." she said.

"It's the support of local businesses and residents which makes these events happen." Entertainment was offered for participants as they relayed the track from 12pm to

See a flurry of social photos from the 2021 Gladstone Relay for Life on page 24



The weather turned it on over the weekend for Gladstone's Relay for Life fundraising event.

Stopping bowel cancer

By Sean Fox

While it's been proven that a village can raise a child, it's yet to be confirmed if a community can beat a tragic health track record, but there's one that's trying its best to save lives.

The Banana Shire and Queensland Rotary Bowelscan Committee have adopted a collective approach with a campaign to turn the tables on the local cancer rates.

The 'Get Your Bum Into Gear' Biloela Week ran from Monday 19 July to Sunday 25 July and was held to grab residents' attention.

Following on from their highly successful campaign during last April, Rotary hoped to raise awareness of bowel cancer and its symptoms, and encouraged over 50s to use the free government test kits to prevent early onset bowel cancers.

It comes as the Australian Cancer Atlas' latest report indicates Biloela is 20 per cent above the national average for excess bowel cancer deaths.

Queensland Rotary Bowelscan Committee Spokesperson Mal Padgett said many people believed bowel cancer was an elderly person's disease.

"On our recent tour through Queensland, the people we met in Biloela were visibly shocked when they heard that high bowel cancer statistic for their town," he said.

"Everyone we met had no idea and all wanted to know how they can help.

Banana Shire Council Mayor Nev Ferrier said, "I encourage all of Biloela to get behind this, our community is well above the national average so we all need to get tested."

"Help spread the message through your community or workplace anyway you can and we can get this number down."

On their social media platforms, Rotary interviewed five young Queenslanders aged between 29 and 39, who shared their challenging stories and how their lives were turned upside



The Biloela community fights to retract its recent bowel cancer rate through a recent initiative.

down when they were diagnosed with early onset bowel cancer.

Around 15,500 people contract bowel cancer a year, the second highest cancer killer and the third most diagnosed cancer.

10 per cent of victims are aged under 50 which amounted to about 1550 Australians annually; or 30 young people a week are told, 'you have bowel cancer.'

If it's found early enough, it is 98 per cent curable, but unfortunately only 50 per cent are found early.

If found at stage four level, the five year survival rate drops to 16 per cent.

Only 42 per cent of the free federal government bowel cancer test kits are returned, with only one in three between 50 and 55 using them.

Rotary are selling test kits online for \$20, or you can buy one at your local pharmacies who've participated in the cause, Biloela Discount Chemist and Biloela Medical Centre Pharmacy.



At home test kits are available through the Rotary website or pharmacists.

Zero carbon industry offers opportunity for regions

By Matthew Pearce

Leading economist Ross Garnaut says zero carbon industries are a big opportunity for the bush.

Representatives from more than 30 councils from throughout Queensland attended the LAWMAC (Local Authority Waste Management Advisory Committee) meeting at Barcaldine on 22 and 23 July.

Guest speaker at the event, Mr Garnaut, a Professor of Economics at the University of Melbourne, spoke about the proposed Barcaldine Renewable Energy Industrial Zone, Australia's first renewable energy industrial development.

"I wanted to inform people of what we're doing here in Barcaldine which is building an industrial precinct based on the areas of renewable energy and biomass, in particular detailing one of the new technologies, which can convert municipal waste in valuable char (a avaluable form of carbon like charcoal) and bio oil," he said.

"I can also be used with agricultural waste or forestry waste as well as with waste biomass like prickly acacia."

Prof Garnout said LAWMAC representatives had been interested in seeing how the technologies employed at the Zone might be applied in their regions.

"We're still working through the regulatory processes and approvals, but if the Barcaldine Renewable Energy Industrial Zone goes ahead, that would mean 500 permanent jobs and would have quite a lasting effect on employment and income in the Barcaldine region.

"A number of different businesses in the hub will use each other's waste and bio oil burned there will generate electricity for when the sun's not shining," he said.

"Burning the oil will create carbon dioxide which will go into another plant turning hydrogen into ammonia and urea - all the wastes of one process become the raw material of the next process."

Prof Garnout said environmentally



Barcaldine Regional Council Mayor Sean Dillon, Professor Ross Garnaut AC, LAWMAC Chair Cr Neil Fisher (Rockhampton Regional Council), LAWMAC Vice Chair Cr Brett Moller (Cairns Regional Council) and Cr Russ Cook (Townsville Regional Council) at the LAWMAC meeting in Barcaldine.

friendly industries were a big opportunity for regional areas.

"Regional areas have the resources to make use of the new opportunities that are opening up in zero carbon industries - meaning the areas with the most opportunities in the new economy are actually in rural and provincial Australia.

"It's a big opportunity for the bush."

Prof Garnout said the intention of the Renewable Energy Industrial Zone was to establish a model to show how it could work in other areas.

"Barcaldine was chosen as the location because it has a few advantages," he said.

"There's a lot of sunshine and the base of a lot of the industries is low-cost renewable

energy which is these days very much lower cost than other electricity.

"Out of all the regions in the Central West, Barcaldine has the best connection to the electricity grid and it's quite an important transport crossroad, including sitting on the east-west highway from Rockhampton through to Longreach and Winton."

Prof Garnout said the best time for industries to take action on climate change was actually 'a few years ago'.

"We're already getting some damage from climate change but the next best thing is to move as soon as possible," she said.

"Since the election of President Biden in the United States, all the developed countries are very serious about this and if we don't join



Professor Ross Garnaut AC speaks at the LAWMAC meeting in Barcaldine.

them we're going to be cut out of a lot of trade and we'll miss out on some big opportunities.

"It's about using the resources that we're not using now to create sustainable jobs."

NEWS TodayGladstone.com.au

Canavan CFMEU brawl

By Duncan Evans

Combative Oueensland LNP Senator Matt Canavan and the vociferous CFMEU have brawled once more, this time over Senator Canavan's absence from a hearing connected to the Senate Select Committee on Job Secu-

Senator Canavan, the deputy chair of the committee, did not attend the committee's July 13 hearing, which took place at Parliament House in Canberra and saw a range of stakeholders offer testimonials and present evidence, including Dr Stephan Whelan from the University of Sydney, Hays Recruitment and Mackay Regional Council.

Central Oueensland miners Wayne Goulevitch and Chad Stokes submitted evidence on the allegedly pernicious effects of labour hire firms in Queensland's mining sector.

In a letter from July 14 addressed directly to Senator Canavan and released publicly on social media, the CFMEU expressed their keen displeasure at Senator Canavan's ab-

sence, which the union saw as a slight against Mr Goulevitch and Mr Stokes and their fellow workers in the coal industry.

You spend a lot of time talking about the Queensland coal mining industry and you have claimed to have 'fixed' the issue of ca-sualisation in coal mining," CFMEU District President Stephen Smyth writes.

"So it is disappointing you did not see fit to attend a Senate hearing looking specifically at the issue of labour hire in the Central Queensland coal industry, when you are Deputy Chair of the Committee.'

"I can understand you may be embarrassed about your support for new IR laws that lock in casual exploitation in the mining industry, however I believe that not fronting up to this important Senate inquiry was disrespectful to the coal workers you claim to support."

The industrial relations laws Mr Smyth refers to are the amendments to the Fair Work Act passed by the government in March. The legislation enshrines a new definition of a casual and embeds a casual conversion mechanism into law.

In response, Senator Canavan hit back with his own letter addressed to Mr Smyth dated

"Thank you for your correspondence regarding my attendance at yesterday's public hearings for the Senate Select Committee on Job Security," Senator Canavan writes.

"I did join the hearings by telephone; unfortunately, however I was not able to join at the precise time you appeared."

Senator Canavan said he was absent from the hearing in order to attend the campaign launch of LNP candidate for the division of Flynn Colin Boyce in Gladstone.

After offering up this explanation, Senator Canavan proceeded to take a jab at the CFMEU and their affiliation with the Labor party.

"And we both know that the most important thing is we keep the Labor party away from power. Just look at how Labor is putting 500 coal miners out of work by refusing to approve the Acland mine.'

"As the only Senator based in Central Queensland, I am more than happy to meet you and coal miners anytime you would like."

In a statement released to Gladstone Today on the matter, Senator Canavan said the CFMEU's hostility was the result of their own embarrassment.

"The CFMEU is just embarrassed that the previous Labor government did nothing on casualisation for six years. The LNP changed the law to provide workers the right to convert to permanent work," he said.

Senator Canavan's absence from the hearing has also been criticised by his political opposition, including Queensland Labor Senator and Shadow Minister for Queensland Resources Murray Watt.

"Matt Canavan is happy to dress up like a miner but he's never there when they need him," Senator Watt said in a statement released to Gladstone Today.

Highway art: artist turns boat sail into giant canvas

By Duncan Evans

Some 5km north of Miriam Vale along the Bruce Highway, commuters are confronted with the intriguing spectacle of a large-scale canvas erected and held between iron bark trees, its manifold colours a vibrant reflection

The canvas was cut from a boat's sail and painted by visionary British-born artist Jen

Her work is part of the innovative Wrapt in Mugul art exhibition, a three-month ephemeral art exhibition currently on display around Bororen and Miriam Vale.

In an artist's statement posted to her personal website, Ms Hollstein said the painting was inspired in part from her life as a diver.

"Recreating fragments of my diving memories in colourful and playful paintings has filled a large part of my artistic portfolio since putting down the fins," she writes.

"My work explores both realism and abstract expressionism and I'm always looking for ways to embed environmental messages within the art. 'Gone with the wind' is no exception. A coral reef set intentionally among the trees on the side of Queensland's Bruce Highway elicits consideration of the inextricable relationship between land and sea. Up close, life-size footprints throughout the corals force the viewer to reflect on their own everyday impact on the natural environment, while an overall vibrant aesthetic appeals to viewers to protect what they love.'

The canvas measures 6m by 3m and in a telephone call with Gladstone Today, Ms Hollstein said transforming an old sail into a work of art was a challenging but exciting

"It was really satisfying to paint on it," she

"A fully body workout. It was very expressive in the beginning, it was really fun.'

'Gone With the Wind' is something of a test case for Ms Hollstein. The painting will be exposed to the elements for three months and if it can withstand these pressures, it's omething that could be replicated in the

Altogether, Ms Hollstein spent roughly two days a week over three months working

"I wanted to keep painting," she said.

"It's definitely a dream to create such a large piece of installation art, which I've wanted to do for so long."



Jen Hollstein's 'Gone With the Wind'

Ballet's most spectacular

By Duncan Evans

Queensland Ballet will tour regional Queensland throughout July and August as part of its Tutus on Tour mission, offering locals a rare glimpse into this entrancing form of expression.

The prestigious company will grace the Gladstone Entertainment Convention Centre on July 30.

The tour is designed to honour creative artists in the company's rich history, including founding Artistic Director Charles Lisner OBE's Grande Pas Classique.

The program also includes François Klaus' Cloudland pas de deux and Don Quixote pas de deux, as well as Greg Horsman's Never Stop Falling in Love.

While in Rockhampton, the company will also deliver free in-school workshops for students, a teacher professional development session for dance educators and a suite of community classes for all ages and experience levels.

Presently led by Artistic Director Li Cunxin AO, the company was formed in 1960 and has escalated over the decades to become one of the country's signature spaces for cultural expression.

Throughout 60 years of dancing, its connection and attention to the regions has been a core part of its identity.

Lucy Green, a principal artist with the company, told Gladstone Today in a telephone call on Monday that travelling to the regions was something she and fellow dancers loved to do.

"I've done a couple of tours now with Queensland Ballet. I've been in the company for almost five years, so I've done a regional tour almost every year, except last year of course," she said.

"And they are one of the highlights of the year for us. The audiences that we get are always incredibly appreciative. And there is a real sense of, the community really gets behind you."

Ms Green fell in love with ballet at a young also has family connections to Brisbane.



Queensland Ballet Principal Artist Lucy Green.

age and determined at the age of 12 that it was something she wanted to pursue as a career.

Since then, she has spent thousands of hours in practice and training refining her craft and skill.

"From about the age of 12 to 18, I was probably dancing maybe six hours a day, including Saturdays," she said.

"So it was sort of semi full-time training for those years. And then becoming a professional, it only gets more really. So we now train from ten till 6, Monday to Friday, occasionally Saturdays, and then 11 till the end of the performance if we are performing. So yeah, it's a lot of hours of your life. It's really a lifestyle, not just a job or a passion. It's a whole lifestyle."

Raised in Sydney and Melbourne, Ms Green also has family connections to Brisbane.

Picture: DAVID KELLY

"My grandfather, who passed away a long time ago, he was a jazz musician in Brisbane, back in the 1960s and 1970s. And he's passed away now, but I like to think that I had a lot of really musical relatives, and that might have been where my love of dance and music came from," she said.

Some of Ms Green's repertoire highlights include Liam Scarlett's Dangerous Liaisons, Firebird and A Midsummer Night's Dream, Ethan Stiefel and Johan Kobborg's Giselle, Ben Stevenson's Swan Lake, William Forsyth's In the Middle Somewhat Elevated.

For the upcoming tour, Ms Green said she was most eager to perform the Cloudland pas de deux.

"It's a very emotional, sort of romantic pas de deux. It's about love and also about death. It's about losing the one that you love, but it's a very moving piece. And for me, I always love performing those roles that go deep into the human range of emotions and touch people on a different level," she said.

Pas de deux translates from French to mean a duet and Ms Green will perform the dance with Joel Woellner.

"For me, pas de deux is my absolute favourite thing to do in dance. I think when you have a really strong connection with your partner, it can be quite magnetic. And the emotions that it stirs can be quite strong."

For her own mind, Ms Green selected Lady of the Camellias by John Neumeier as the most memorable ballet performance she has witnessed in her life.

"It is a very dramatic story. It's got a lot of depth, a lot of layers, a lot of emotion. And again, the pas de deuxs in it are just divine," she said.

"They just did some brilliant choreography, and I feel like it's the kind of ballet that you live and breathe every moment with those dancers. You feel as you watch like you're being taken on a journey."

For young girls and boys in the regions falling in love with this entrancing form of art, Ms Green has some advice:

"It's about trying to immerse yourself as much as you can in the art form. And whether that's even watching as many videos as you can to learn from those stars around the world, coming to see live shows, like what we're about to put on. And probably also engaging with the education programs that Queensland Ballet brings to the regions. I think that's a really valuable thing for the young dancers to attend, because there'll be working with dancers from Queensland Ballet, or artistic coaches or the education team that we work with too, so there's that really strong connection to the professional company as well."

"I think that the more ballet you can watch and soak up, it will sort of give you a very deep education. And watching is such a valuable thing. I think learning from others by watching is huge.

Gladstone to get planting for National Tree Day

By Eilish Massie

Gladstone residents will have the chance to do their part for the environment, with Australia's largest annual tree planting event on this weekend.

Gladstone Regional Council, Conservation Volunteers Australia and Bill Robertson Toyota have partnered for the 21st National Tree Day event on Sunday.

The event encourages communities to help preserve the environment for future generations.

More than 26 million trees have been planted each year since National Tree Day was founded by Planet Ark and Olivia Newton-John in 1996.

Bill Robertson Toyota dealer principal James Robertson said National Tree Day was an important campaign which connected communities to do good for the environment.

"National Tree Day is an opportunity for all Australians to dig in and get their hands dirty to help preserve the environment for future generations to come," Mr Robertson

"Toyota Australia is committed to a greener tomorrow and we are proud to always see such a great turnout at live sites all around the country, year on year".

The Bill Robertson Toyota team will be offering a free BBQ for all attendees.

Creative Recycling Centre and Gladstone Wildlife Carers will also have fun activities for the kids.

A photo competition will also take place with entries closing at 5pm on Sunday 22 August ahead of a three-week voting period opening from Monday August 23.

There will be a category for over 18s and under 18s, who can win a \$330 photo shoot at Tondoon Botanic Gardens or a \$150 Austra-



The community's encouraged to join National Tree Day this weekend.

lian Geographic voucher, respectively.

All equipment is supplied however, residents are urged to wear closed-in shoes, sun safe gear and water bottles.

National Tree Day is held at Cashin Park at

The Oaks Road, Tannum Sands this Sunday from 9am-noon.

The event is a free, all ages event. Residents are reminded to be Covid-safe, and urged to register. RSVSP by 5pm, July 30 via the Council website conversations.glad-

stone.qld.gov.au/national-tree day-2021

National Tree Day is organised by Planet Ark in partnership with Toyota Australia and its Dealer Network which provides on-theground support at tree planting sites across Australia

OPINION

Letters: Editorial@todaygladstone.com.au Text: 0456 749 126

The View From a Long-Time Resident

I totally agree with Keith Ross regarding an alternative to the Mt. Morgan Pipeline.

I have lived in this central area for the last 70 years and every dry season in that time Mt. Morgan is faced with a water supply problem, so nothing has changed.

Councils and Governments always have played their political delay tactics until rain eventually came, then it is swept aside again until the next dry.

There is suitable machinery and brains lying idle around the area that could be immediately put into action to complete the necessary enlargement of the dam in short time, before the rain comes, if only those in power could give the necessary approval, dispensing the customary delay tactics of surveys, cost assessments, environment impact statements and whatever else the powers that be can think up to delay spending money on this very essential project.

A responsible council and government would put money aside every budget, towards building a treasure chest, towards the eventual construction of the pipeline. Is this too much for the ever-suffering population of Mt. Morgan to wish for?

Doug Nutley

A Call for Compassion

I am becoming increasingly concerned that our national government has lost any sort of compassion. Even worse, they seem so shameless about it. Responsibility, integrity and accountability are increasingly downplayed, even ignored.

This declining compassion sees increasingly punitive outcomes for those most vulnerable and those in genuine need.

Politics has now turned into a very shortterm game, characterised by point-scoring and blame-shifting, rather than developing evidence-based policy or solving problems or meeting challenges.

Scott Morrison's sole focus is on winning the next election. If events or policy issues break against his political strategy, his initial response is to do nothing - let the issue run; it might even solve itself. If in the end he must respond, he accepts as little responsibility as he can and does as little as possible to get by. For him, responsibility is to be ducked and blame to be shifted.

There is a long list of worrying examples of the absence of compassion, and the shameless political behaviour that it produces. Where is the compassion in failing to address the continuing disadvantage of our First Australians



Alan Bambrick is calling for compassion with the federal government's vaccine rollout.

especially in the light of the Uluru Statement from the Heart?

Where is the compassion in the vaccine rollout? Where is the compassion in the government ducking its constitutional responsibility for quarantine? Where was the compassion in the robo-debt scandal? Where is the compassion in increasing the JobSeeker payment by a miserly amount of less than \$4 a day, leaving the unemployed well short of the poverty line?

Where is the compassion in neglecting the need for childcare reform in a sector that is struggling, being the first to lose JobKeeper, king-hitting women and families?

Where is the compassion for the Biloela Tamils, their experience being symbolic of the thousands of lives that have been seriously disadvantaged by the refugee detention system? And, the absurd suggestion that people smugglers are just waiting on this case

to start up again?

Government should be "of the people, for the people". Compassion is fundamental. It should not be about how "clever" our leaders are in saying or doing whatever it takes to win rather how thorough and compassionate they have been in improving the lives and wellbeing of the people.

Alan Bambrick

ON THIS DAY

29 July is recognised as Rain Day. On this day in history:

1588: The Battle of Gravelines - Spanish Armada damaged and scattered by the English fleet

1609: Samuel de Champlain shoots and kills two Iroquois chiefs at Ticonderoga, New York setting the stage for French-Iroquois conflicts for the next 150 years.

1848: Irish Potato Famine: Tipperary Revolt - an unsuccessful nationalist revolt against British rule put down by

1905: US Secretary of War William Howard Taft makes secret agreement with Japanese Prime Minister Katsura agreeing to Japanese free rein in Korea in return for non-interference with the US in the Philippines.

1921: Adolf Hitler becomes leader of the National Socialist German Workers

1949: Moscow ends the blockade of West Berlin.

Lynchy's Jokes of the Week

1. A bloke walks into a bar with a mate who was from out of town.

He recognises another bloke sitting up at the other end of the bar; he raises his hand and yells, "G'day, Mush-

His mate from out of town asked the question, "Why do you call that bloke 'Mushroom'?'

And the bloke replies, "Basically he's a funguy."

2. Remember some time back I told you of a young lady who had pondered on the statements how a nose runs and feet smell which sounds like an oxy-

What about the feelings of the songbird? Do they get a tad cranky at humming birds for not knowing the

YOUR SAY

Queenslanders encouraged to have their say on fees and charges

The Public Trustee is inviting the public to participate in consultation for their independent fees and charges review. Mr Zhouand said that the independent review was an important step in ensuring fees and charges of the Public Trustee were fair, transparent and accessible for all Queenslanders.

"As part of an extensive review of our fees and charges, the public are being asked for their opinion," Mr Zhouand said.

"This consultation is critical in ensuring that the public have their opinions heard and implemented throughout this pivotal fees and charges review.

"The Public Trustee provides essential services to Queenslanders, many of whom are experiencing vulnerability. Protecting Queenslanders, especially those experiencing vulnerability, is our priority." The Public Trustee provides financial management services to more than 10,000 Queenslanders each year, including more

than 9,300 people under an administration appointment by the Queensland Civil and Administrative Tribunal.

The review is the most comprehensive in more than two decades and is an important step towards becoming a more customer-centric organisation.

"The review of the fees and charges is a major undertaking which is expected to have significant benefits to customers. including an easier to understand fee

"Hearing from our customers, their support networks and our stakeholders is vital to developing a fees and charges model which is fit for purpose and meets the needs of our customers", he said. The Public Trustee has partnered with PwC to lead the independent review.

The first round of consultation is open now until 13 August 2021. Further consultation on the fees and charges model will occur later in 2021.

For more information visit www.pt.qld.gov.

Current Affairs Matt Canavan



Cruel costs now clearer

In 1996, the Chicago Public School system introduced tough penalties for schools whose students achieved low reading scores. Schools with low scores would be placed on probation and threatened with being shut down.

Test scores did increase but unfortunately so did cheating by teachers. Putting so much pressure on one measure caused poor behaviour in other areas. A few years later some teachers were sacked.

Measuring things is important but if we focus too much on what we measure we can easily lose touch with other important things. We can see that in the coverage of the Coronavirus.

This week a young, 38 year old woman tragically died of Coronavirus. Her face and story were plastered all over the media.

Last week, two Australians, in their 40s, died after taking the AstraZeneca vaccine but there was little coverage of who they were.

This is not an argument not to take a vaccine but it is a lesson that none of the choices in front of us are perfect, all involve risk and all involve the two certainties in life: death and taxes.

We are told that lockdowns will reduce the number of cases, and that is probably true, but lockdowns kill too, just in ways we do not normally measure.

We do not report, alongside the Covid cases, the number of marriages that have broken down, the number of small businesses that



Senator Matt Canavan comments on the current state of the coronavirus lockdown and vaccine roll-out.

have gone to the wall and the number of people who have lost their jobs. These are all the silent victims of the government decisions to shut people in their homes.

Some have tried to measure the costs for these people from lockdown policies. A recent study in the United States, by economists and scientists from the University of Southern California and the Rand Corporation, found that lockdown policies may actually kill more than they save. As they found across 43 countries and all US states, "we find that following the implementation of SIP ("shelter in place" or lockdowns in our words) policies, excess mortality increases."

The protests that erupted last weekend showed the frustration some have from forced isolation. The protestors were wrong to head to the streets during a pandemic but we would be wrong to ignore the human appeal for help.

The costs of lockdowns will become starker as more people are vaccinated. While our vaccination program has been slower than planned, over 70 per cent of older Australians have had at least one vaccine and almost all people in aged care homes are vaccinated. While there remain significant risks from Coronavirus, they are much lower now than last year when no vaccines were available. The costs of forcing people to isolate are just as great, however.

I supported lockdowns last year but their cruel costs are now greater than their benefits.

These lockdowns cannot continue indefinitely in any case. We have to be honest that the vaccines will not stop Coronavirus. The evidence from other countries is that the vaccines can reduce hospitalisations and death but they do not stop the spread of Coronavirus. There have been over 260,000 new Coronavirus cases in the UK over the past week, and over 400 deaths, despite over half the people in the UK being fully vaccinated and nearly 70 per cent having at least one shot.

We need to prepare an exit strategy from Australia's lockdown from the rest of the world. That does require more vaccines but it is also requires us discarding the naive mindset that we can escape all risk.

The best way to do that would be to look at the wider array of risks we face. Just like the Chicago school system, there is more to education than just test scores, and there is more to life than just the Coronavirus.

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Q&A

What is the best advice you've ever received?

Measure Twice - Cut Once. In essence, to do your research, plan and prepare thoroughly to make an informed decision before taking action.

It served me well when we built our own house, and serves me well now on Council and the community leadership roles in all the important decisions we need to make.

What is something you do in your spare time?

Those that know me will know that I love to meet new people and help others out. Life is not only about work, it's play and having fun. Those who know me, are aware that I also try to help and support friends, community groups, advocate for progress and for those who are less fortunate with whatever they may need.

My decades long commitment to PCYC and it's current multi-million development is based on a strong personal philosophy that every person, young or old, deserves the right to reach their full potential in their journey of life.

What is something most people don't know about you?

I'm an old rock and roller who refuses to age gracefully after sharing stages and studios with Sherbet, Skyhooks, Dragon, The Bay City Rollers, and AC/DC.

Since then, I went on to the national drumline scene as a lead snare drummer. Now happily settled in Gladstone Region, I still perform locally, am active in the industry's development, and am very proud to be teaching and mentoring the next generation.

What do you do for work and what do you enjoy about it?

I feel quite humbled, honoured and proud that I have been elected by the people of the Gladstone Region to continue to represent their best interests. I've thoroughly enjoyed the many years of "service to the community" through my works as a Police Officer, Councillor/Mayor, and with many not-for-profit and charitable organisations; but most of all I've enjoyed meeting so many new people.

with Glenn Churchill



Proud advocate for the Gladstone region, Councillor Glenn Churchill.

What is your favourite spot in the CQ region?

From Raglan to Rosedale and the Reef to the Ranges, our entire region has so many wonderful spots to enjoy. I'm constantly amazed at the variety of things to see, do and experience... and I still have more to see. If I had to pick one though, I think the Gladstone Region is the best place in Australia to live, work, and fish! Every year I get together with a group of mates to head out on Iron Joy Charters to Swains Reef. Happy to do that anytime within the region. A cold beer after reeling in a big Red or Spanish mackerel is definitely my happy place.

What would be your last meal if you could choose?

I think we need a push to rename Surf 'n' Turf to Reef 'n' Beef. With the stunning variety of reef fish coming in from the east and the world's best cattle coming in from the west, we could lead that charge! I'd die a happy man eating a Gladstone Region Reef 'n' Beef.

What is something you think CQ needs?

I really believe that Central Queensland's biggest asset are Central Queenslanders themselves. We need to encourage more people and a greater diversity of people to 'Make the Move' to CQ. It's the great people of our Region who make things happen, so many ideas, innovation, resources and growth will make those things even greater.

What guests (dead or alive) would you invite to a dinner party?

This is very difficult because I've been very blessed to meet, know of, or be inspired by, so many genuine individuals. Would have to invite Elvis Presley, Robin Williams, Cathy Freeman, Winston Churchill, Dwayne "The Rock" Johnson, Princess Di, Priyanka Chopra, Albert Einstein, Phil Collins, Moses, John Lennon, Nelson Mandela, Wayne Bennett, the Gladstone Youth Council, my three mates/sons Andrew, Tim and Luke... and finally any of our local business owners who could sell me a bigger dining table!

THREE ... tips to grow veggies in winter

In the warm temperate to tropical regions of Australia, temperatures during the day may range from the low to high 20s even though nights may be chilly (below 10 in some parts). In these areas, soils absorb heat from the sun during the day and retain most of that warmth overnight. That's good news for those wanting to grow vegetables and herbs year-round.

Mid-winter is a great time for sowing vegetable and herb seeds and planting out seedlings. Seeds of the following may be sown now either direct into the soil or into seed trays for later transplanting: Beetroot, Silverbeet, Spinach, Carrots, Lettuce (all types).

Mid year is also a great time for planting tuberous and perennial crops such as: Jerusalem artichoke, Galangal, Ginger, Turmeric.

......

Before sowing seeds in winter, soil must be prepped so young plants can flourish. To prep your soil some good tips are: Apply even more nutrients such as blood and bone and fish emulsions and turning over soil allowing water to soak in efficiently and reducing air pockets.

The Milky Way captured

During July David Magro travelled to Central Queensland teaching night photography to beginners and enthusiasts.

On 12 July, they arrived in Gladstone for an intimate masterclass with enthusiasts in the reef city.

At this time of year, the Milky Way is visible above the eastern horizon straight after sunset for you to capture beautiful Milky Way land-scapes at a reasonable time of the night.

"We all witnessed meteors blazing across the sky, planes and satellites slowly moving across the sky and Saturn and Jupiter rise above the horizon each night also," Mr Magro said.

All photographs were captured between 20 to 30 minutes away from the Gladstone CBD where light pollution is less visible.

"It was an amazing experience visiting the diverse landscapes of northern and Central Queensland, and I am looking forward to returning again next year on the next tour," he

In the meantime (to help you plan your Milky Way Landscapes) use the app called "Planets" which will allow you to see when the Milky Way is above the horizon.

Here are some participants' comments from the night.

Diane Armstrong

With the camera and lens all set to go, and the long exposure image underway, we were a little distressed at the approaching headlights! It appears the timing was just right though with the foreground grass being lit to provide contrast to our amazing Australian night sky! Thank you David Magro for your guidance!

Matty Meddings

Firstly Dave, cheers heaps for the night, before the night I never thought i'd be able to capture such an image!

My biggest take away and favourite thing about the masterclass is how easy it is to understand. David really puts it into layman's terms, making someone as amateur (never shot astro/low light) as myself find it ever so easy to understand. I would absolutely recommend 100 percent.



Bluey Harris captured this shot on a well-lit night.

Deborah Ford

What a fantastic workshop! David is a born teacher and explains things thoroughly and caters for all levels of photography experience. He's very knowledgeable and made sure that everyone had the help they needed during the workshop. Additionally, he provides access to many learning videos and materials to help everyone to continue to learn both the art of shooting Astro photography and editing the images to a high standard!

Giselle Anderson

Standing near this lake, Milky Way blanketing above us - in the dark, didn't get scared of snakes or creepy crawlies, I was too determined to learn astro photography from an expert - David Magro.

Bluey Harris

The Milky Way Masterclass was fantastic. I enjoyed the workshop and have learnt a lot. I had no prior experience at all and am extremely happy to have learnt to capture the Milky Way. I cannot wait to go through the additional tools in order to learn even more.



Photography taken by Samantha Tussel during David Magro's recent Gladstone Milky Way Masterclass.



Diane Armstrong takes this photo of the Milky Way.



A beautiful shot taken during the masterclass.

Entertainment what's ON IN GLADSTONE

Guide to local events

Here's your ultimate guide to the entertainment offerings in Gladstone and it's exciting time ahead with some big names heading this

Now's the perfect chance to support these performers and local venues after a devastating year of lockdowns.

In the Spotlight: Queensland Ballet Tutus on

Queensland Ballet dances across the state for a series of spectacular performances in Tutus on Tour. Bringing ballet to regional Queensland, Tutus on Tour includes performances from past and present repertoire, in celebration of Queensland Ballet's 60th Anniversary.

The 2021 season will grace the stage with signature dances from the company's respected repertoire, including excerpts from traditional ballets and works by contemporary Australian choreographers.

This production honours the creative artists in Queensland Ballet's rich history, including founding Artistic Director Charles Lisner OBE's Grande Pas Classique.

The spectacular program also includes François Klaus' Cloudland Pas de Deux, Don Quixote Pas de Deux and Greg Horsman's Never Stop Falling in Love.

Tutus on Tour will leave you inspired with fond memories of Queensland Ballet's stories and stir excitement for the future of this worldclass company.

- When: Friday July 30 at 7.30pm
- Where: Gladstone Entertainment and Convention Centre
- Ticket Prices: Adult \$39, loyalty member \$32, concession \$35 and children (under 18) are

In the Spotlight: 3 Legends in Concert. Normie Rowe, Dinah Lee and Jade Hurley

NORMIE ROWE was Australia's first King of Pop with hits including "Shakin' All Over", "Ohh La La", and, "It Ain't Necessarily So" and starred in a myriad of stage shows including "Annie", "Chess", "Evita" and as Jean Valjean in "Les Miserable". He has done it all.

DINAH LEE (the Queen of the mods) is a New Zealand born singer with hits including "Don't You Know Yockomo", "Reet Petite" and "Do The Blue Beat" and is acknowledged as New Zealand's greatest musical import to Aus-

JADE HURLEY dubbed by Johnny O'Keefe as Australia's King of Country Rock is Australia's very own Piano Man with the unique record that every record he has released has achieved gold, platinum and double platinum

- When: Saturday 16 October from 8pm.
- Where: Gladstone Entertainment Convention Centre. Goondoon Street.
- Ticket Prices: Adult \$69.50, concession \$64.50 and students \$40.

In the Spotlight: The World of Musicals

The World of Musicals brings the very best of Musical theatre to life.

This incredible production with the wonerful revue of all your favourite musical theatre hits which include such classics as, The Lion King, Fiddler on the roof, Mamma Mia, We Will Rock You, The Mikado, The Pirates of Penzance, HMS Pinafore, The Phantom of the Opera, West Side Story, Cats, Evita, Wicked, The Rocky Horror Picture show, Jesus Christ Superstar, The Greatest Showman, Jersey Boys, Oklahoma, South Pacific , Miss Saigon, The Boy from OZ, Hairspray, Les Miserables, The

The World of Musicals is colourful, inspiring and memorable musical classics, all performed by an International star-studded cast, presenting the audience with nightly entertainment at the highest level.

Whether a soloist - duet or the entire ensemble, the performers of this musical event will inspire in this Musical Whirlwind.

"ALL THE HITS IN ONE SHOW" that is the motto of this musical gala, full of highlights



Tutus On Tour honours creative artists in Queensland Ballet's rich history.

the emotional and varied journey into the World of Musicals will delight the audience. The World of the Musicals is a show for the entire family, so get ready to be enthralled and sing along to all your favourite and muchloved musicals in one unforgettable evening.

For more information, theworldofmusicalsshow.com.

- When: Tuesday 5 October from 7.30pm
- Where: Gladstone Entertainment Convention Centre, Goondoon Street
- Ticket Prices: Adults \$79.90, concessions \$74.90

Gladstone's Relay for Life, Saturday 24 July, **Chanel College**

- 11 Paterson St West Gladstone
- Visit gladstone.qld.gov.au for more informa-

The Blink 182 and Green Day Experience

- Friday 30 July from 8pm
- Harvey Road Tavern, Clinton

Crow Street Food and Music Festival

- Saturday 31 July from 6pm
- Crow Street Collective, 8 Crow St Gladstone

Benaraby Twilight Fair

- Friday 13 August from 4pm
- Benaraby State School, 17 O'Connor Road

Iron Jack Gladstone Cup

- Saturday 14 August from 11am and Saturday 14 August from 11am
- Ferguson Park, Gladstone Turf Club
- Visit eventbrite.com.au for tickets and more information

Calliope River Village Festival

- Saturday 21 August from 10am
- Old Bruce Highway, River Ranch
- Visit gladstone.qld.gov.au for more information, Adult tickets cost \$25, \$10 for people aged 12 to 18, people under 12 are free

Gladstone Multicultural Festival Day

- Saturday 28 August from 10am to 8pm
- Tondoon Botanic Gardens
- Visit www.gmai.org.au for more information

Colour Me Capricorn Gladstone

- 98 Bryan Jordan Drive, Gladstone
- Visit events.gladstoneregion.info for more information

Belladiva - Morning Melodies

- Tuesday 24 August from 11am
- Gladstone Entertainment Convention Cen-



Legendary Australian performer, Normie Rowe is set to perform for his fans from across the Gladstone region.

- Visit gladstoneentertainment.com for tickets The Ultimate Eagles Experience - 50th Anniversary,
- Saturday, 4 September from 7.30pm, Gladstone Entertainment Convention Centre
- Adult tickets \$69, concessions cost \$63.
- Queen: It's a Kinda Magic, ■ Friday 10 September from 8pm
- Gladstone Entertainment Convention Cen-
- Adults \$74, children (under 13 years of age) cost \$38.50

Kevin Bloody Wilson,

- 19 February from 7.30pm
- Harvey Road Tavern
- Visit oztix.com.au for tickets.



Under The Trees will be held on 17 September.

Artwine a fine drop

I was asked to assist with choosing the appropriate premium wines for the forthcoming: Under The Trees (UTT) Twilight Art Gala Event on 17 September at Jacaranda Drive, Boyne Is-

I immediately suggested using wines from Artwine to the UTT committee. The cellar door complex for Artwine is situated at 72 Bird in Hand Road, Woodside, The Adelaide Hills. The high-gabled architecturally designed pavilion combines a spacious tasting room with an art

Judy and Glen Kelly built their idea for boutique winery 'Artwine' around their love of artworks in tandem with their bold new vineyard plantings in the Clare Valley and the Adelaide

Combining their two great loves: Art and wine, the Artwine label was established in 2008 after many years of planting the new-emerging alternative varietals. Resulting in today that Artwine has become synonymous as a leader in the production of exceptional alternative varietals.

Artwine was ahead of its time in many of the initial plantings, because they could see



this was the future of the Australian wine in-

These are the four wines selected and I thank Deb Light, the Cellar Door Manager of Artwine for the following tasting notes:

Grumpy Old Man Grenache: An elegant beautifully perfumed wine with lifted aromas of dark fruits, cherry flavours with hints of liquorice and black pepper. Drinking superably right now or if you have the patience will cellar carefully for 10 years. Grenache is a good match to food and will not overpower. Roast lamb, casseroles, and stews and perfect with

Temptress 2020 Rose: Montepulciano Rose made from our Clare Valley vineyard. The Temptress has aromas of rosewater, strawberries and berries. The wine is crisp and dry with just a hint of herbs and spice. Perfect with a chicken and salad lunch.

In The Groove 2019: Gruner Veltliner: This delicious dry wine has aromas of citrus notes, nectarine and pineapple with a classic trademark touch of white pepper. The slightly textural palate delivers full mouth fruit of citrus and stone fruit with hints of spice and celery.

Prego 2020 Pinot Grigio: is made to the Italian style, crisp fresh with delicious aromas and enticing palate of nashi pear and white peaches. Bursting with flavour yet crisp and dry. It is happy as an aperitif; matching to many types of cheese, delicious with salmon and salad.

The Artwine perspective is that we believe in surrounding yourself with pieces of art that you love and a glass of wine in hand!

Art is for wine lovers, Art should be at the heart of the table, with wine.

Wine and art are neither elite or mysterious. They are both there for our enjoyment and the happy moments in our lives.

Come and enjoy both starting at the UTT eve Wine Bar, on Friday 17 September.

Check out to check in

THIS WEEK **JORDIE**



There has been a significant amount of fear, unpredictability and anxiety hanging over our heads for far too long now. We weren't designed to be lugging all of these extra stresses and strains through life and yet here we are, doing just that.

Let's take a giant step back from it all this week; away from the worries, woes and the weight of the world that has a habit of making itself right at home on our shoulders.

There are many things happening in the world that we don't have direct control over but let's focus on what we do.

Let's check in with ourselves. Let's not neglect to recognise our bucket lists brimming with our life goals, they matter. Let's remember to show ourselves love, patience and care at this time; encourage others to do the same.

Let's acknowledge the resilience we have shown as individuals and a community through times of adversity. Let's listen to how we are feeling not just on a surface level but deep within; beyond the brave face.

How we feel and deal with our emotions today can determine how we feel and deal with our emotions tomorrow, it can determine how we heal.

There has never been a more crucial time for us to be aware of the content we consume online and the environment we create for ourselves offline.

If there is content online that brings us down and plants unnecessary fear within us through glorified misinformation, we are absorbing a warped way of viewing the world.

It's unhealthy and we deserve better for ourselves. Don't be afraid to disengage, unfollow and log off from whatever you deem fit.

Trusted sources that openly and actively present research to back up the information they provide, they are our friend. They never have to sensationalise because they handle stories with care and are highly aware of how their delivery can impact the community. In times like these, we have to be extra mindful of the information we choose to consume because some things can begin to consume us if we don't set healthy boundaries. I know because I have experienced this before as I suspect sadly many others may have too.

If we focus on getting ourselves into a good space in our own lives, we build a better armour for ourselves, and change how we view and interact with the community beyond.

If we can invest our time into working towards our goals, surrounding ourselves with good people, maintaining healthy hygiene routines, having some heavy conversations with those we trust to lighten our load and making time to do the things we love, we are going to feel much better much sooner.

Empowered individuals build up empowered communities. Pour energy into the positives and enjoy seeing good things start to



Let's take a giant step back from all your worries this week.







The Little Pied Cormorant is one of Australia's most common waterbirds.



THERE is much more than meets the eye at 2 Lapwing Court and you are sure to appreciate all the additional touches that give this home the edge.

The impressive entrance which features double lead glass doors is sure to impress and sets the standard on display throughout the home.

The stylish interior is just the beginning, set on a corner block on a quiet cul de sac, you will love the privacy and tranquillity on offer.

Just a stone's throw from the pineapple rail trail this property really is a superb lifestyle choice.

The fully tiled living area includes an open plan lounge which leads onto the modern kitchen, and dining area.

Enjoy your meals as you look out onto your private back yard and the bush beyond.

Enjoy alfresco living on your shaded timber deck, complete with built in seating and storage.

Watch the kids or grandies play in the cubby house or built in swing set as you sit back and enjoy the peaceful setting.

There is plenty of room for entertaining

your family and friends in this great outdoor space.

The four bedrooms all have built ins and



fans and the master includes an ensuite and walk in robe.

The remote double garage offers secure parking and storage options.

Located within walking distance of the

Bowls Club, Golf course and the pineapple rail trail, the recreational options are plentiful. A quick and hassle free commute to Rockhampton and a short drive to local schools, shops and beaches. You really

would be hard pushed to find a better buy at the moment.

Inspection is a must and you will need to act fast if you want to secure this gorgeous

HOME **ESSENTIALS**

Address: 2 Lapwing Court, YEPPOON Description: 4 bedrooms, 2 bathrooms, 2 garage Price: Offers over \$499,000 considered Inspect: Saturday, 11am-11.30am

Contact: Esme Coren, 0423 877 414 and Claudia Coren, 0438 336 861, YEPPOON REAL ESTATE, 4938 3777







Your Own Qld Piece of Paradise

- 6 bed, 3 bath 1906-1909 circa Qlder
- Open living/dining w/ classic timber floors
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- Workshop/storage area underneath
- Elevated timber deck & inground pool
- Covered entertaining area, option for BnB

Yeppoon \$750,000 Leisa Richardson 0427 251 008

19 Power Street









ALL THE HARD WORK HAS BEEN DONE

• Positioned on a 913m2 block

- 3.65m side access
- Large air-conditioned master w/ ensuite
- The property has been given a total facelift
- Kitchen has new tiling & benchtops
- Heaps of storage space
- Plenty of room for a shed, boat & caravan
- Located close to clubs, shops, schools

6 Caspian Court Yeppoon

Offers over \$599,000 considered

Lisa Wilson 0418 247 020









Fabulous sea view penthouse unit

- 210m2 sea view unit with 3 brms, 2 bath
 Ducted air-conditioning & high ceilings
 Tiled floors throughout living areas

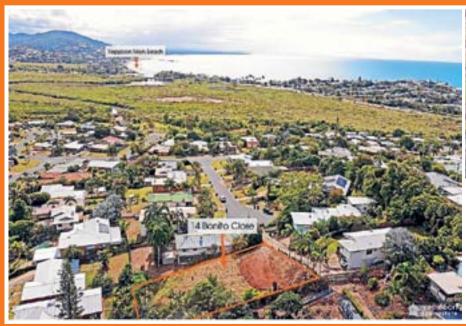
- Full length front veranda with stacker doors Kitchen with stunning timber bench top
- Garage includes a workbench & cupboard
- Communal lap pool, private courtyard Short stroll to Farnborough Beach

3/21 Strow Street Barlows Hill

Offers over \$649,000 considered

Andrew Dowie 0429 391 379











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- Call Troy today!

14 Bonito Close Taranganba \$130,000 Troy Davis 0400 933 347





LJ Hooker







5 Hardacre Street Wandal

This well located solid home in Wandal is right within walking distance to shops and the local schools. Suitable for investors or first home buyers this house features.

- *Front and rear lane access
- *Fully fenced yard & Covered parking
- *Garden shed
- *Back deck to relax on
- *High ceilings with fans and air con throughout
- *Two bedrooms with built in wardrobes



For Sale \$185,000

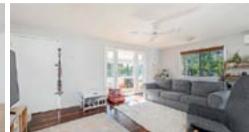
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Baden Todd 0467 942 799

LJ Hooker Rockhampton 07 4922 2122







344 Duthie Avenue Frenchville

Perched high to take in the breeze is where you will find 344 Duthie Avenue. From the moment you lay eyes on this home you will be able to appreciate what it has to offer. The recently repainted exterior is just the start with the home also offering a nice size open plan design which incorporates the lounge, dining, kitchen and front sunroom. It also opens to a cute little side deck. There are three good size bedrooms all offering built in cupboards and serviced by a quality central bathroom and separate toilet.





For Sale \$310,000

By Appointment ljhooker.com.au/41BHVW

Trent Neven 0407 597 303

LJ Hooker Rockhampton 07 4922 2122



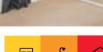




6 Elwing Street Kawana

If you are looking for your perfect family home in a quiet neighbourhood than look no further, this is the property for you. Having all the right features and plenty of space in the backyard it will certainly tick all your boxes. Features include:

- *3 good size bedrooms, all with built-in robes and airconditioning
- *Modern kitchen & open plan living and dining area
- *Large bathroom with shower over the bathtub
- *Plenty of storage space under the house



For Sale \$319,000

View

By Appointment ljhooker.com.au/41QHVW

Jade Carr 0439 989 636

LJ Hooker Rockhampton 07 4922 2122







97 Lakes Creek Road Berserker

This home offers a nice front veranda area where you can relax with your morning coffee. On entry you will find a spacious air conditioned lounge area with three great sized bedrooms leading off the lounge. There is a cosy kitchen and dining combination at the rear of the property with a nice sized bathroom also. Fully lockable and concreted under and positioned on a 1502sqm block that has good rear access leaves you plenty of scope for improvements.





For Sale \$199,000

View

By Appointment ljhooker.com.au/457HVW

Gavin Jenkins 0419 761 300

LJ Hooker Rockhampton 07 4922 2122

LIVE IN THE TREETOPS

AFFECTIONATELY known as the

"Treehouse", this stunning architecturally designed home is in the heart of Frenchville and surrounded by a lush, private bushland

The split level home offers 4 bedrooms, 2 bathrooms and a beautiful open plan design with soaring high ceilings.

If you like to entertain, the kitchen is made for you and the front patio is perfectly private for gatherings or to relax and enjoy

This is a once in a lifetime chance to secure your tree top escape, call today to arrange your inspection.







HOME ESSENTIALS

Address: 20 Frenchman's Lane, FRENCHVILLE Description: 4 bedrooms, 2 bathrooms, 2 garage Price: Offers over \$590,000 Inspect: By appointment Contact: Brit Wheeler, 0407 228 860, LJ HOOKER, ROCKHAMPTON, 4922 2122

REAL ESTATE VISION GROUP

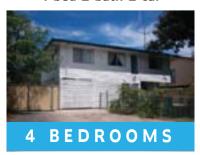
BLACKWATER 07 4982 6055 14 Mackenzie Street EMERALD 07 4987 7055 Shop 2, 2-8 Mayfair Drive



\$219,500 7 Stower Street, Blackwater 5 bed 2 bath 2 car



\$279,000 9 Birt Street, Blackwater 4 bed 2 bath 2 car



\$252,000 17 Quandong Street, Blackwater 25 Blackbutt Street, Blackwater 4 bed 1 bath 1 car



7 Pendula Lane, Blackwater 4 bed 2 bath 2 car



\$300,000 51 Taurus Street, Blackwater 5 bed 2 bath 2 car



\$145,000

3 bed 1 bath 4 car **Your Family Agency in the Central Highlands**



AFFORDABLE LIVING

THIS well maintained property is centrally positioned in town close to some amenities, walking distance to local primary school. A solid rental or great entry level home, it has 3 hedrooms, one bathroom with a senarate

Polished timber flooring throughout, screened windows, with louvers underneath for extra air flow.

A neat kitchen with ample storage and space for dining table and chairs. There is air-conditioning and fans throughout.

This home is situated on a 708m² allotment, has a single carport and garden

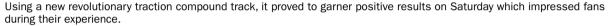
Call 4982 6055 now to arrange an inspection.

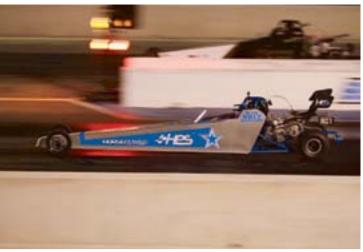


HOME ESSENTIALS

Address: 11 Bauhinia Street, BLACKWATER Price: \$119,000 Description: 3 bedrooms, 1 bathroom, 1 garage Inspect: By appointment Contact: Dee 0428 770 557, REAL ESTATE VISION GROUP, 4982 6055







An array of diverse vehicles could be seen tearing up the track.



All revved with excitement were plenty of drivers who competed in an array of vehicles, from junior drag bikes to the TSO Supercomp cars.

Revved up for dragway

By Sean Fox

Car and bike enthusiasts converged on Benaraby Dragway over the weekend for Round Four of the 2021 Central Queensland Drag Racing Association Inc. Championship Points series.

Using a new revolutionary traction compound track, it proved to garner positive results on Saturday which impressed fans during

All revved with excitement were plenty of drivers who competed in an array of vehicles, from junior drag bikes to the TS0 Supercomp

The event also attracted the Outlaw Bike Mayhem crew who provided super-powered long biking action while many car and bike racers hit their personal best records on the weekend.

In her street-driven car, Kym McLaughlin made a 10.5 second pass to finish off the evening for herself.

Meanwhile, junior drag bike racer Cody Baxter travelled from Toowoomba to snag a win against his competitor Lillian Hagan.

"Their bracket is generously sponsored by Five Star Motorcycle Movers, who will be on site with a great display for our upcoming All Bikes meet," president Mike Gawley said.

Competitor Chris Daniel wowed the crowd with an 8.15 second pass at a speed of over 160mph in his supercharged Ford Falcon XB

Fellow driver Todd Marshall brought his twin-turbo Ford Cortina and delivered a 8.25 second pass.

Matt Walker rode his Suzuki Hayabusa to the win with a 4.9 second pass, beating Nathan Neilson by a narrow margin in an exhilarating display of power and control among the wild bunch of machines.

Also Noel Smith ran a satisfactory score in his orange GT vehicle while Brett Kelly did so in his orange Ford Falcon.

Owner of the Harbour City Harley Davidson Mark Harris and his crew provided an impressive display of powerful motorbikes built in

They were challenged by wild card customs racers, Flame Racing and a flock of Harley Davidson racers which hailed from the Bunda-

The Super Twins bike bracket at Benaraby has grown to immense proportions with extremely competitive racers from all over



The event also attracted the Outlaw Bike Mayhem crew who provided super-powered long biking action while many car and bike racers hit their personal best records on the weekend.



Car and bike enthusiasts enjoyed the buzzing atmosphere at Beneraby Dragway over the weekend.

Heaps of action could also be seen by the Mod Bike bracket (sponsored by Harbour City Motorcycles) including Brandon and Dillan Lacey, Jake Herriman, Alicia Traywick, Marc Wesener, and Scottie Schofield among others racing Hondas, Kawasakis, Yamahas and Suzukis.

"The HealTech sponsored StreetFighter Bikes make up a large portion of our racer base, and are having the time of their life whilst putting on a great show for the spectators," he said.

"There were mad skids, big wheelies, close finishes, and miles of smiles from all competitors when the smoke cleared.

We enjoyed great food from local vendors, and the Fuelled Burnout Bar kept cold drinks going for the spectators and racers after the event was finished."

On another note, the annual All Bikes drag races will be held on Saturday, 7 August from the popular venue with an off-street meet to be hosted on the previous day.

There will be hundreds of bikes competing for great cash prizes and trophies.

Between 27 August and 29 August an off-

street competition will be followed by two complete National Summit rounds known as the Rocket Nationals.

"People are strongly encouraged to share this event and bring the whole family out to see competitors from all across Australia compete for national titles," he said.

You will see bikes, Supercharged Outlaws, Top Sportsman, junior dragsters, Mod Bikes, and numerous street cars.

"It will be a massive weekend of adrenaline entertainment for all to enjoy," he said.

For more information, follow the Central Queensland Drag Racing Association's Facebook page.

Round four results:

Junior Dragsters

- Top Qualifier: Ricki-Lee Dransfield
- Runner Up: Ty Dransfield
- Winner: Kilarney Back

Junior Drag Bikes

- **Top Qualifier:** Cody Baxter
- Runner-Up: Lillina Hagan
- Winner: Cody Baxter

Super Twins Bikes

- Top Qualifier: Mark Harris
- Runner Up: Jacque Wiggett
- Winner: Mark Harris

Street Eliminator Cars

- **Top Qualifier:** Kym McLaughlin
- Runner Up: Aaron McLean ■ Winner: Cassie Wellington
- **Streetfighter Bikes** ■ **Top Qualifier:** Dean Ballard
- Runner Up: Dean Smart
- Winner: Casey Rose
- **Mod Bikes**

■ Top Qualifier: Mitch Ward

- Runner Up: Marc Wesener
- Winner: Mitch Ward

Supercomp Cars

- **Top Qualifier:** Chris Daniel
- Runner Up: Chris Lewis
- Winner: Craig Scotney

Outlaw Bikes

- **Top Qualifier:** Nathan Neilson
- Runner Up: Nathan Neilson
- Winner: Matt Walker



The Gladstone Branch of Cancer Council QLD.



A lot of enthusiasm could be seen on the track.

Walking to cure cancer

By Sean Fox

Good vibes and sunny skies filled the atmosphere from the fields at 11 Paterson St, West Gladstone where this year's Relay for Life was

Teams of participants worked very hard from 12pm to 9pm on Saturday 24 July, completing laps to raise awareness for all types of cancer.

See our photo spread of the crowds and participants who fought for a cure over the weekend.



Peita Frogley, Tracey McLucas and Julie



Participants were in the fundraising spirit on Saturday at the venue in West Gladstone.



Renee Anstee and Lindsay Munce.



Cliff Pugh, Mercedes Haymer, Garry Haymer.



Trace Waterson, Peter Hutcheon and Sherrin Waterson.

The Guide

TOP PICKS OF THE WEEK



SUNDAY SILVER LININGS PLAYBOOK

10 BOLD, 11,20pm

Pat (Bradley Cooper, left) is down on his luck to say the least. After spending time in a mental health facility, he's living back with his parents (Jacki Weaver and Robert De Niro) and trying to get his life back on track. When he meets the equally messed up Tiffany (Oscar-winner Jennifer Lawrence), his clear plan to win back his wife gets complicated. To say this film is a mere romantic comedy is to do it a great disservice. It is sweet, yes, but also heartbreaking and with bitingly funny scenes.

THE CHEAP SEATS

TEN, 9pm

Comedians Melanie Bracewell and Tim McDonald, two of the cheekiest and cleverest panellists on Have You Been Paying Attention?, are breaking out on their own in this new comic current affairs offering. Produced by Working Dog, the team behind HYBPA? as well as The Panel, Frontline, Utopia and Thank God You're Here, The Cheap Seats boasts a very promising pedigree. Taking a look back on the week in news - from major stories, entertainment and sport to viral videos, notso-major but amusing stories and anything to do with cats - Bracewell and McDonald promise to leave you in stitches with their unique view of the world.



FRIDAY THE WRESTLER

ABC TV PLUS, 8.30pm

Requiem for a Dream helmer Darren Aronofsky teams up with Mickey Rourke (above) for this highly acclaimed story of a washed-up wrestling star unable let go of the only thing he was ever any good at. Rourke is near flawless in his Golden Globe-winning turn as Randy "The Ram" Robinson. With his glory days long behind him, The Ram is barely scraping out a living working small shows and performing in dangerous matches for the bloodthirsty extreme-wrestling crowd. Aronofsky presents an honest portrayal of an industry in which people will go to extreme lengths for a shot at fame and fortune, often with complete disregard for the damage they are doing to their bodies, lives and loved ones. A must-watch for any wrestling fan, past or present.



They say that it's what's on the inside that counts, and the surprisingly strong connections between the geeky guys and gorgeous gals on this *Lego Masters*-meets-*Love Island* reality series really have proven that. But let's be honest, all viewers really want to see is what potential lurks behind the geeks' *Star Wars* T-shirts

and overgrown beards. As

stretched the series'

such, Nine have cleverly

makeovers over three

Sunday night specials.

Tonight, the pairs take

on a public challenge,
providing the half-time
entertainment at the
footy, before host
Sophie Monk
reintroduces
the
remaining
fellas to
reveal their
jaw-dropping

physical

transformations.

Aira Charles is one of the beauties on Beauty And The Geek

Friday, July 30

ABCTV (2)

6.00 News Breakfast. **9.00** ABC News Mornings. **10.00** Q+A. (R) **11.05** George Clarke's Amazing Spaces. (R) **12.00** ABC News At Noon. **1.00** Foreign Correspondent. (R) **1.30** That Pacific Sports Show. (R) **2.00** The Trouble With Maggie Cole. (Ml, R) **3.00** ABC News Afternoons. **4.00** Escape From The City. (R) **5.00** Anh's Brush With Fame. (PG, R) **5.30** Hard Quiz. (PG, R)

6.00 The Drum.
7.00 ABC News.
7.30 Movin' To The Country. Craig
Quartermaine visits a winery.
8.00 Dream Gardens. Hosted
by Michael McCoy.
8.30 Midsomer Murders. (Mv) Barnaby
and Winter investigate when a killer strikes
during a murder mystery weekend.
10.00 Baptiste. (Mlnv, R) Julien
goes in pursuit of the money.
11.00 ABC Late News.
11.15 The Vaccine. (R)
11.35 Shaun Micallef's
MAD AS HELL. (R)
12.05 Starstruck. (Final, Mdl, R)
12.30 Rage. (MA15+adhlnsv)

ABC TV PLUS (22) 6am Children's Programs. 5.55pm Remy & Boo. 6.10 Love Monster. 6.20 Bluey. 6.25 Peter Rabbit. 6.45 Andy's Safari Adventures. 7.00 Grace's Amazing Machines. 7.15 Odd Squad. 7.30 Spicks And Specks. 8.00 Hard Quiz. 8.30 MOVIE: The Wrestler. (2008, MA15+) 10.15 Doctor Who. 11.05 Art Works. 11.35 Brush With Fame. 12.05am Ql. 12.35 Would I Lie To You? 1.05 30 Rock. 1.30 The Catherine Tate Show. 2.00 Chandon Pictures. 2.55 Great News. (Final) 3.15 News Update. 3.20 Close. 5.05 Miffy's Adventures Big And Small. 5.15 The Furchester Hotel. 5.25 Hoot Hoot Go! 5.30 Wallykazam! 5.55 Late Programs.

NITV (34) 6am Morning Programs. 7.20 My Animal Friends. 7.35 Molly Of Denali. 8.00 Raven's Quest. 8.10 Aussie Bush Tales. 8.20 Waabiny Time. 8.45 Wapos Bay. 9.05 Kagagi. 9.30 Bushwhacked! 10.00 Soul II Soul. 11.00 Fusion. Noon From The Heart Of Our Nation: The Sunset Concert. 2.00 On The Road. 3.00 Wapos Bay. 3.25 Bushwhacked! 3.55 Bino And Fino. 4.00 Musomagic. 4.30 The Storyteller. 5.00 Fraggle Rock. 6.00 Pete & Pio's Kai Safari. 6.30 Kriol Kitchen. 7.00 NITV News: Nula. 7.30 Kaitangata Twitch. 9.05 Bedtime Stories. 9.15 MOVIE: Betty Davis: They Say I'm Different. (2018, PG) 10.15 Dust And Bones. 11.15 Late Programs.

SBS (3)

6.00 WorldWatch. 10.30 German News.
11.00 Spanish News. 11.30 Turkish News.
12.00 Arabic News F24. 12.30 ABC America:
World News Tonight. 1.00 PBS NewsHour.
2.00 The World's Most Extraordinary Homes.
(PGI, R) 3.00 NITV News: Nula. 3.30 I Am
Black And Beautiful. (PGa, R) 3.40 The Cook
Up With Adam Liaw. (PG) 4.15 The Secret Life
Of Al Capone. (PGv, R) 5.05 Jeopardy! (PG)
5.30 Letters And Numbers. (R)

6.00 Mastermind Australia. (R)
6.30 SBS World News.
7.30 I Am Jackie O. (Mav, R) An examination of Jackie Kennedy Onassis.
9.00 Jane Goodall: My Life With Chimpanzees. (PGa, R) Documents the life and work of renowned British primatologist Jane Goodall.
10.35 SBS World News Late.
11.05 Patriot Brains. (Mls, R)

11.05 Patriot Brains. (Mls, R)
12.00 8 Out Of 10 Cats Does
Countdown. (Mls, R)
12.55 The Hot Zone. (Ma) 3.40 Alex Polizzi:
The Fixer. (PGI, R) 4.50 Destination Flavour

12.55 The Hot Zone. (Ma) **3.40** Alex Polizzi: The Fixer. (PGI, R) **4.50** Destination Flavour Down Under Bitesize. (R) **5.00** France 24 Feature. **5.15** NHK World English News. **5.30** Deutsche Welle English News.

SBS VICELAND (31) 6am WorldWatch.
10.30 Armenian News. 11.00 NHK Japanese News.
11.35 Hindi News. Noon The X-Files. 2.30 Big Night
Out. 2.55 Beerland. 3.25 New Girl. 3.50 America:
News. 4.15 PBS News. 5.15 Joy Of Painting. 5.45
Shortland Street. 6.15 Forged In Fire. 7.05 Jeopardy
7.35 8 Out Of 10 Cats Does Countdown. 8.30
Hoarders. (Return) 9.20 City Porn. 10.05 Fear The
Walking Dead. 11.45 Yokayi Footy. 12.20am VICE
News Tonight. 12.45 South Park. 2.45 NHK World
English News. 3.00 Thai News. 3.30 Bangla News.
4.00 Punjabi News. 4.30 Sri Lankan Sinhalese
News. 5.00 Korean News. 5.30 Indonesian News.

SBS WORLD MOVIES (32) 6am
Our Little Sister. (2015, PG, Japanese) 8.20 Asterix
And Obelix In Britain. (2012, PG, French) 10.25
Buoyancy. (2019, M, Thai) 12.05pm Fame. (2009,
PG) 2.20 A Month Of Sundays. (2015, PG) 4.20
Jour De Fête. (1949, French) 5.50 Watership Down.
(1978, PG) 7.30 Wildlife. (2018, M) 9.30 Born On
The Fourth Of July. (1989, MAIS+) 12.10am Tazzeka.
(2018, M, French) 1.55 Labyrinth Of Lies. (2014, M,
German) 4.10 Little Nicolas. (2009, PG, French)
5.50 Jour De Fête. (1949, French)

SEVEN (7)

6.00 Sunrise. News, sport and weather.
9.00 Olympic Games Tokyo 2020.
Day 7: Morning session.
12.00 Olympic Games
Tokyo 2020. Day 7: Day session.
3.00 Olympic Games Tokyo 2020.
Day 7: Afternoon session.

Day 7: Afternoon session.

5.30 The Chase Australia. Contestants race to answer quiz questions correctly to avoid being caught by The Chaser.

6.00 Seven Local News.
6.30 Seven News.
7.00 Olympic Games Tokyo 2020.
Day 7: Primetime session. Featuring a variety of events from the Games of the XXXII Olympiad.

10.00 Olympic Games Tokyo 2020. Day 7: Late evening session. Featuring a variety of events from the Games of the XXXII Olympiad. 12.00 Olympic Games Tokyo 2020.

Day 7: Overnight session.

3.00 Home Shopping. (R)

4.00 My Greek Odyssey. (PG, R)
Hosted by Peter Maneas.

5.00 Million Dollar Minute.

(R) Hosted by Grant Denyer.

Room For Improvement. **7.00** Auction Squad. **8.00** Harry's Practice. **8.30** Million Dollar Minute. **9.30** Better Homes And Gardens. **11.00** The Master. **Noon** House Of Wellness. **1.00** Million Dollar Minute. **2.00** The Surgery Ship. **3.00** Going Solo In Japan: The Wonders Of Kyushu. **3.30** Surf Patrol. **4.30** M*A*S*H. **5.30** Olympic Games Tokyo 2020.

7TWO (72) 6am Home Shopping. **6.30**

4.30 M'A'S'H. 5.30 Olympic Games Tokyo 2020.
Day 7: Primetime session. 7.00 Border Security:
International. 7.30 Olympic Games Tokyo 2020.
Day 7: Primetime session. 10.30 Selling Houses
Australia. 11.30 Charlie Luxton's Homes By The Sea.
12.30 am Home Rescue. 1.00 Late Programs.

7MATE (73) 6am American Restoration.
6.30 Pawn Stars Australia. 7.00 Pawn Stars.
7.30 MegaTruckers. 8.00 Olympic Games Tokyo
2020. Day 7: Early morning session. 9.00 Olympic
Games Tokyo 2020. Day 7: Morning session. Noon
Olympic Games Tokyo 2020. Day 7: Day session.
3.00 Olympic Games Tokyo 2020. Day 7: Afternoon
session. 7.30 To Be Advised. 10.30 Olympic Games
Tokyo 2020. Day 7: Late evening session. Midnight
Olympic Games Tokyo 2020. Day 7: Wrap. 1.00
MegaTruckers. 1.30 Outback Opal Hunters.
2.30 Gold Fever. 3.00 Ax Men. 5.00 American
Restoration.

NINE (8)

6.00 Today. **9.00** Today Extra. (PG) **11.30** Morning News. **12.00** Talking Honey: Princess Diana. (PG, R)

12.15 MOVIE: A Summer To Remember. (2018, PGa) 2.00 Pointless. (PG) 3.00 Tipping Point. (PG) 4.00 Afternoon News. 4.30 Millionaire Hot Seat. (R) 5.30 WIN News.

6.00 Nine News.
7.00 A Current Affair.
7.30 Rugby League. NRL.
Round 20. Brisbane Broncos v
North Queensland Cowboys.
9.50 Golden Point. A wrap-up
of the Brisbane Broncos versus
North Queensland Cowboys match,

with NRL news and analysis.

10.35 MOVIE: Southpaw.
(2015, MA15+lv, R) A boxer tries to get his life back on track. Jake Gyllenhaal.
1.00 Surfing Australia TV. (PG, R)
1.30 TV Shop: Home Shopping. (R)
4.00 Global Shop. (R)
4.30 TV Shop: Home Shopping. (R)
5.30 A Current Affair. (R)

9GEM (81) 6am TV Shop: Home
Shopping. 7.00 Creflo Dollar Ministries. 7.30 TV
Shop: Home Shopping. 10.30 Pointless. 11.30 My
Favorite Martian. Noon World's Greatest Animal
Encounters. 1.00 Days Of Our Lives. 1.55 The Young
And The Restless. 2.50 Antiques Roadshow. 3.20
MOVIE: The Third Man. (1949, PG) 5.30 Great
Barrier Reef: A Living Treasure. 6.30 Antiques
Roadshow. 7.30 David Attenborough's Life Story.
8.40 MOVIE: What Happens In Vegas. (2008,
M) 10.40 MOVIE: The Change-Up. (2011, MA15+)
12.50am Talking Honey: Princess Diana. 1.00 TV
Shop: Home Shopping.

9GO! (82) 6am Children's Programs.

11.00 Hollywood Medium. Noon Parenthood. 1.00
Keeping Up With The Kardashians. 3.00 Malcolm.
3.30 The Nanny. 4.00 3rd Rock From The Sun.
4.30 That '70s Show. 5.00 Malcolm. 6.00 MOVIE:
Wonder Park. (2019, PG) 7.45 MOVIE: Madagascar:
Escape 2 Africa. (2008, PG) 9.30 MOVIE: Hercules.
(2014, M) 11.30 Malcolm In The Middle. Midnight
Love Island USA. 1.00 Keeping Up With The
Kardashians. 3.00 Beyblade Burst Rise. 3.30 Lego
City Adventures. 4.00 Pokémon. 4.30 My Little
Pony: Pony Life. 4.50 Rev & Roll. 5.10 Bakugan:
Battle Planet. 5.30 Yu-Gi-Oh!

TEN (5)

6.00 The Talk. (PGa) 7.00 Judge Judy. (PG, R) 7.30 The Bold And The Beautiful. (PG, R) 8.00 Studio 10. (PG) 12.00 Dr Phil. (PGalv) 1.00 The Living Room. (PG, R) 2.00 Entertainment Tonight. 2.30 Farm To Fork. (PG, R) 3.00 Judge Judy. (PG) 3.30 My Market Kitchen.

4.00 Everyday Gourmet
With Justine Schofield.
4.30 The Bold And The Beautiful. (PG)
5.00 10 News First.

6.30 The Project. A look at the day's news. **7.30 The Living Room.** (R) The team meets The Pethers and

The team meets The Pethers and their 40-year-old caravan, Peachy, which is in desperate need of some TLC.

8.30 To Be Advised.

(Mls, R) Guests include Gal Gadot.

11.30 The Project. (R) A look
at the day's news.

12.30 The Late Show With Stephen
Colbert. (PG) Late night talk show.

1.30 Home Shopping. (R)

10.30 The Graham Norton Show.

2.30 Infomercials. (PG, R) 3.00 Home Shopping. (R) 5.30 Infomercials. (PG, R)

10 PEACH (52) 6am Seinfeld. 7.00 Rules Of Engagement. 8.00 Becker. 9.00 Sabrina, The Teenage Witch. 10.00 The Big Bang Theory. 11.00 Frasier. Noon This Is Us. 1.00 The Conners. 1.30 Seinfeld. 3.00 Rules Of Engagement. 4.00 Becker. 5.00 Frasier. 6.00 Friends. 8.00 The Big Bang Theory. 9.30 Friends. 11.30 The Big Bang Theory. Midnight Home Shopping. 12.30 Infomercials. 1.00 Home Shopping. 1.30 Crazy Ex-Girlfriend. 2.30 Charmed. 3.30 This Is Us. 4.30 Home Shopping. 5.30 Infomercials.

10 BOLD (53) 6am Home Shopping.
7.00 Infomercials. 8.00 Diagnosis Murder. 9.00
JAG. 11.00 Star Trek: Voyager. Noon Walker,
Texas Ranger. 1.00 NCIS. 2.00 CSI: Crime Scene
Investigation. 3.00 Diagnosis Murder. 5.00 JAG.
7.00 Bondi Rescue. 7.30 NCIS. 8.30 Law & Order:
SVU. 11.30 CSI: Crime Scene Investigation. 12.30am
Home Shopping. 1.00 Infomercials. 1.30 Home
Shopping. 2.00 Walker, Texas Ranger. 3.00 JAG.
4.00 Star Trek: Voyager.

Saturday, July 31

ABC TV (2)

6.00 Rage. (PG) **7.00** Weekend Breakfast. **10.00** Rage. (PG) **12.00** ABC News At Noon. **12.30** Grand Designs: House Of The Year. (R) **1.20** Restoration Australia. (R) **2.25** And We Danced. (PGn, R) **3.25** Back In Time For Dinner. (PG, R) **4.25** Chopsticks Or Fork? (R) **4.40** Landline. **5.10** Scottish Vets Down Under. (PG, R)

5.40 Silvia's Italian Table. (PG, R)

6.10 The Repair Shop. (R) Stephen and Will restore a music box. **7.00 ABC News.** Takes a look at today's top stories.

7.30 The Durrells. (PG) It is Gerry's 13th birthday and Louisa wants to have a party and make a fuss, even though he does not want to.

8.20 Belgravia. (PG) Caroline organises a secret outing which compromises both Anne and Lady Maria.

9.05 The Trouble With Maggie Cole. (PG) Peter is jittery about the press interest from Maggie's interview. Marcus finds romance blossoming.

9.55 Endeavour. (Mav, R) Part 2 of 3. As campaigning for the 1970 general election gets underway in Oxford, racial tensions escalate in the city.

11.25 Rage. (MA15+adhlnsv) Music video clips.

ABC TV PLUS (22) 6am Children's Programs. 7.15pm Sir Mouse. 7.30 Spicks And Specks. 8.00 Ql. 8.30 Live At The Apollo. 9.20 Black Mirror. (Final) 10.30 Sammy J. 10.35 Whose Line Is It Anyway? 11.20 Would I Lie To You? 11.50 Everything's Gonna Be Okay. 12.15am Fleabag. 12.40 The Moaning Of Life. 1.25 Would I Lie To You? 1.55 Grand Designs NZ. 2.40 Escape From The City. 3.40 News Update. 3.45 Late Programs.

NITV (34) 6am Morning Programs. 11.35 Marn Grook. 12.25pm Football. QAFL. 1.55 Rugby Union. South Australia League. 3.25 Rugby Union. WA Premier Grade. 4.55 Indian Country Today. 5.25 News. 5.55 NITV News: Nula. 6.25 Going Places. 6.55 Yokayi Footy. 7.30 NITV News Update. 7.40 Through The Wormhole With Morgan Freeman. 8.30 Olympic Pride, American Prejudice. 10.00 MOVIE: Waru. (2017, M) 11.30 Late Programs. **SBS** (3)

6.00 WorldWatch. 11.00 Spanish News. 11.30 Turkish News. 12.00 Arabic News F24. 12.30 ABC America: World News Tonight. 1.00 PBS NewsHour. 2.00 Destination Flavour China Bitesize. (R) 2.05 Motorcycle Racing. FIM Superbike World Championship. Round 5. Highlights. 3.05 Gymnastics. FIG Rhythmic World Cup Series. Highlights. 4.35 Planet Expedition. (PGa, R) 5.35 Swamp Ghost. (PG)

6.30 SBS World News. 7.30 Hemingway. (PG) Part 2 of 3. A continued look at the life of novelist Ernest Hemingway.

9.25 MOVIE: The Keeper. (2018, Malv, R, , Germany) A German POW and a young English woman strive to overcome prejudice, tragedy and hostility. David Kross, Freya Mavor, John Henshaw.

11.30 8 Out Of 10 Cats Does Countdown. (Mls, R) Hosted by Jimmy Carr.

12.25 MOVIE: Amélie. (2001, Mans, R, France) Audrey Tautou.

2.35 Mission Control. (PG, R)
4.25 VICE Guide To Film. (MA15+sv, R)
4.55 Destination Flavour

Down Under Bitesize. (R)
5.00 France 24 Feature.
5.15 NHK World English News.
5.30 Deutsche Welle English News.

SBS VICELAND (31) 6am WorldWatch. Noon MOVIE: Rollerball. (1975, M) 2.15 The Truth About Racism. 3.20 WorldWatch. 4.50 Seconds From Disaster. 7.35 Building The Ultimate. 8.30 The X-Files. 11.00 Dateline. 11.30 Insight. 12.30am MOVIE: Horses Of God. (2012, MA15+) 2.40 France 24. 3.00 Thai News. 3.30 Bangla News. 4.00 Punjabi News. 4.30 Sri Lankan Sinhalese News. 5.00 Korean News. 5.30 Indonesian News.

SBS WORLD MOVIES (32) 6am Jour De Fête. Continued. (1949, French) 7.20 Watership Down. (1978, PG) 9.00 Wildwitch. (2018, PG, Danish) 10.55 Nakom. (2016, M) 12.35pm Little Nicolas. (2009, PG, French) 2.15 Asterix And Obelix In Britain. (2012, PG, French) 4.20 Fame. (2009, PG) 6.35 Growing Up Smith. (2015) 8.30 Rust And Bone. (2012, MA15+, French) 10.45 Late Programs.

SEVEN (7)

6.00 Weekend Sunrise. The latest news, sport and weather.

9.00 Olympic Games Tokyo 2020.Day 8: Morning session.12.00 Olympic GamesTokyo 2020. Day 8: Day session.

Tokyo 2020. Day 8: Day session. **3.00 Olympic Games Tokyo 2020.** Day 8: Afternoon session.

6.00 Seven News. 7.00 Olympic Games Tokyo 2020.Day 8: Primetime session. Featuring

a variety of events from the Games of the XXXII Olympiad. **10.00 Olympic Games Tokyo 2020.**

Day 8: Late evening session.
Featuring a variety of events from the Games of the XXXII Olympiad.

12 00 Olympic Games Tokyo 202

12.00 Olympic Games Tokyo 2020.Day 8: Overnight session. Highlights from the Games of the XXXII Olympiad.

3.00 Home Shopping. (R)
4.00 Get Arty. (R) A showcase of art projects, including how to create a cute bilby out of household odds and ends and turning an old helmet into a 360 swivel camera arm for filming action shots.

5.00 My Greek Odyssey. (PG, R) Peter Maneas journeys to Serifos and experiences everything the island has to offer.

7TWO (72) 6am Home Shopping. **8.30** Travel Oz. **10.00** House Of Wellness. **11.00**The Secret Daughter. **5pm** Dr Harry's Animal Encounters. **6.00** Olympic Games Tokyo 2020. Day 8: Primetime session. **7.00** Olympic Games Tokyo 2020. Day 8: Primetime session. **10.00** Escape To The Country. **Midnight** Home Rescue. **12.30** The Story Of The Royals. **2.30** The Master. **3.30** Before And After. **4.30** Late Programs.

7MATE (73) 6am Pawn Stars, **7.00**Surfing. WSL Presents. **8.00** Olympic Games Tokyo 2020. Day 8: Early morning session. **9.00** Olympic Games Tokyo 2020. Day 8: Morning session. **Noon** Olympic Games Tokyo 2020. Day 8: Day session. **3.00** Olympic Games Tokyo 2020. Day 8: Afternoon session. **7.00** To Be Advised. **10.00** Olympic Games Tokyo 2020. Day 8: Late evening session. **Midnight** Late Programs.

NINE (8)

6.00 Weekend Today. 10.00 Today Extra: Saturday. (PG) 12.00 The Call. (R) 12.30 The Rebound. 1.00 The Weakest Link. (PGI, R) 2.00 Beauty And The Geek. (R) 3.00 Netball. Super Netball. Round 13. Giants v West Coast Fever. 5.00 News: First At Five. 5.30 Getaway. (PG)

TEN (5)

6am Morning Programs. 7.30 The Offroad

Adventure Show. (R) 8.30 RV Daily Foodie

Trails. (PG, R) 9.00 Places We Go. (R) 9.30

St10. (PG) **12.00** The Dog House. (PGa, R)

2.00 Pooches At Play. 2.30 Jamie's Easy

Meals For Every Day. (R) 3.00 What's Up

Down Under. 3.30 My Market Kitchen. (R)

4.00 Farm To Fork. (PG, R) **4.30** Taste Of

Australia. (R) 5.00 News

during a rescue.

6.00 Jamie's Easy Meals

reinvents family favourites. **6.30 Bondi Rescue.** (PGal, R)

Sam attempts a daring move

7.00 The Dog House. (PG, R) Dogs

are matched with companions.

(Ma, R) Follows dispatchers and

Ambulance's Sydney operations.

9.00 Ambulance. (Mad, R) The North West

across a hot May bank holiday weekend.

Ambulance Service answer over 18,000 calls

8.00 Ambulance Australia.

paramedics working for NSW

10.00 To Be Advised.

11.00 Blue Bloods. (Mv, R)

1.30 Infomercials. (PG, R)

2.30 Home Shopping. (R)

10 PEACH (52) 6am Sabrina, The Teenage Witch. **7.00** Frasier. **8.00** Rules Of

Engagement. 9.00 Becker. 10.00 Broke. 10.30 To

Be Advised. 3pm The Conners. 4.00 Friends. 6.00

The Big Bang Theory. **9.45** 2 Broke Girls. **10.45**

MOVIE: Butter. (2011, MA15+) **12.30am** Home

Shopping. **1.10** Infomercials. **2.00** 2 Broke Girls. **2.30** Crazy Ex-Girlfriend. **3.30** Funny Girls. **4.30**

5.00 Hour Of Power.

Home Shopping.

12.00 Home Shopping. (R)

For Every Day. Jamie Oliver

6.00 Nine News Saturday. 7.00 A Current Affair. 7.30 David Attenborough's Life In Colour: Chasing Colour. (PG) Part 4 of 4.

8.30 MOVIE: Gemini Man. (2019, Mav) An ageing assassin finds himself being chased by someone with the ability to predict his moves. Will Smith, Clive Owen, Mary Elizabeth Winstead.

10.50 MOVIE: Survivor. (2015, Mlv, R) A state department employee is framed. Milla Jovovich.

12.40 Australia's Top Ten
Of Everything. (Ma)
1.30 The Rebound. (R)
2.00 TV Shop: Home Shopping. (R)
4.30 Global Shop. (R)
5.00 TV Shop: Home Shopping. (R) 5.30
Wesley Impact With Stu Cameron. (PG)

PGEM (81) 6am Newstyle Direct. 6.30 TV Shop: Home Shopping. 10.00 The Avengers. 11.00 MOVIE: Carry On Spying. (1964) 12.45pm MOVIE: The Courtneys Of Curzon Street. (1947) 3.00 Rugby Union. Queensland Hospital Challenge Cup. Bond University v Brothers. 5.00 Explore. 5.10 MOVIE: Houseboat. (1958) 7.30 MOVIE: Runaway Jury. (2003, M) 10.05 MOVIE: Intersection. (2020,

9GO! (82) 6am Children's Programs.
9.00 MOVIE: Barbie Big City Big Dreams. (2020)
10.20 Children's Programs. 1.45pm Visions Of Greatness. 2.45 Monster Croc Wrangler. 3.45
MOVIE: Pokémon The Movie: Hoopa And The Clash
Of Ages. (2015) 5.20 MOVIE: The Adventures Of

Tintin. (2011, PG) **7.30 MOVIE**: The Matrix. (1999, M) **10.15 MOVIE**: Mad Max. (1979, MA15+) **12.10am**

10 BOLD (53) 6am Home Shopping. 6.30 Infomercials. 8.00 Home Shopping. 9.00 Star Trek: The Next Generation. 10.00 Diagnosis Murder. Noon JAG. 2.00 The Doctors. 3.00 Star Trek: Voyager. 4.00 Bondi Rescue. 4.30 Ifsits. 5.00 Reel Action. 5.30 Scorpion. 7.30 NCIS. 8.30 NCIS: New Orleans. 10.20 Blue Bloods. 11.20 CSI: Crime Scene Investigation. 1.10am 48 Hours. 3.05 ST: Next Gen. 4.00 The Doctors. 5.00 Shopping.

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Gladstone Today

12503221-AV28-21

Sunday, August 1

ABC TV (2)

6am Morning Programs. 9.00 Insiders. 10.00 Offsiders. 10.30 World This Week. (R) 11.00 Compass. (PG, R) 11.30 Praise. (R) 12.00 ABC News At Noon. 12.30 Landline. 1.30 Movin' To The Country. (R) 2.00 Dream Gardens. (R) 2.30 Shakespeare And Hathaway. (PG, R) 3.15 Scottish Vets Down Under. (PG, R) 4.00 The Sound. (PG, R) 5.00 Art Works. (PG, R) 5.30 Antiques Roadshow.

6.30 Compass: Too Much Stuff. (R) Takes a look at overconsumption. **7.00** ABC News Sunday. **7.40** Kevin's Grandest Designs.

(PG) Hosted by Kevin McCloud.

8.30 Miniseries: Innocent. (Mal, R)
Part 3 of 4. As Sally and Sam grow closer, the
police investigation turns to Gary Walker.

9.15 Miniseries: Agatha Christie's The ABC Murders. (Final, Malv, R) Part 3 of 3. In the wake of another murder, Poirot and Crome begin to narrow in on the killer. 10.15 Operation Buffalo. (Malv, R)

Carmen's friends are attacked.

11.15 Line Of Duty. (Final, Mav, R)

12.10 Endeavour. (Mav, R)

1.40 Rage. (MAI5+adhlnsv)

4.10 Shakespeare And Hathaway. (PG, R) 4.55 Insiders. (R)

ABC TV PLUS (22) 6am Children's Programs. 7.15pm Sir Mouse. 7.30 Spicks And Specks. 8.00 Compass. 8.30 Tall Poppy: A Skater's Story. 9.55 Louis Theroux: Dark States. 11.00 The Truth About Fasting: A Catalyst Special. 11.55 And We Danced. 12.55am Black Mirror. (Final) 2.05 Live At The Apollo. 2.50 News Update. 2.55 Close. 5.05 Miffy's Adventures Big And Small. 5.15 The Furchester Hotel. 5.25 Late Programs.

NITV (34) 6am Morning Programs. 11.15 Soccer. Indigenous Championship. Australian Indigenous Roos v Qld NPL 1 Peninsula Power FC. 1pm Rugby League. NRL NT. 2.30 Football. NT Women's Premier League. 4.30 Ice Hockey. SA Premier League. 5.45 African News. 6.00 NITV News: Nula. 6.30 First Australians. 7.30 NITV News Update. 7.40 The Ghan: Australia's Greatest Train Journey. 10.40 Late Programs.

SBS (3)

6.00 WorldWatch. **7.30** Italian News. **8.10** Filipino News. **8.40** French News. **9.30** Greek News. **10.30** German News. **11.00** Spanish News. **11.30** Turkish News. **12.00** Arabic News F24. **12.30** ABC America: World News Tonight. **1.00** Speedweek. **3.00** Gymnastics. FIG Artistic World Challenge Cup. Highlights. **5.00** Great British Railway Journeys. (R) **5.30** WWII Battles For Europe. (PGaw, R)

6.30 SBS World News.
7.30 MOVIE: The Beatles: Eight
Days A Week - The Touring
Years. (2016, Ml, R, ,) Takes a look
at The Beatles from 1962 to 1966.

Paul McCartney, Ringo Starr.

9.30 Lennon's Last Weekend.

(Mad, R) Takes a look at John Lennon's final interview along with archival footage and photographs.

10.40 8 Out Of 10 Cats Does Countdown. (Mals, R)
11.35 24 Hours In Emergency. (Mal, R)
12.30 Life And Birth. (Ma, R)
3.55 Stopping Male Suicide. (MAI5+a, R)
4.50 Destination Flavour Down Under Bitesize. (R) 5.00 France 24 Feature. 5.15 NHK World English News. 5.30 Deutsche Welle English News.

SBS VICELAND (31) 6am WorldWatch. Noon Chinese Dating With The Parents. 2.00 The Osbournes: The Price Of Reality. 2.50 Chris Rock: Bring The Pain. 3.40 New Girl. 4.05 WorldWatch. 4.30 Forged In Fire. 6.00 Abandoned Engineering. 6.50 Life After People. 7.40 The Buildings That Fought Hitler. (Final) 8.30 WWE Legends. 10.05 Dark Side Of The Ring. 10.55 The Investigation. 11.45 Late Programs.

SBS WORLD MOVIES (32) 6am

Morning Programs. 7.05 Growing Up Smith. (2015, PG) 9.00 Fame. (2009, PG) 11.15 Hacker. (2019, PG, Danish) 1pm Turning Tide. (2013, M, French) 2.55 Wildwitch. (2018, PG, Danish) 4.50 Swallows And Amazons. (2016, PG) 6.40 Song Of Granite. (2017, PG, Gaelic) 8.30 How To Talk To Girls At Parties. (2017, MA15+) 10.25 Brotherhood Of Blades 2. (2017, MA15+, Mandarin) 12.40am Late Programs.

SEVEN (7)

6.00 Weekend Sunrise. The latest news, sport and weather.
9.00 Olympic Games Tokyo 2020.
Day 9: Morning session.
12.00 Olympic Games
Tokyo 2020. Day 9: Day session.

Tokyo 2020. Day 9: Day session.

3.00 Olympic Games Tokyo 2020.
Day 9: Afternoon session.

6.00 Seven News. 7.00 Olympic Games Tokyo 2020.Day 9: Primetime session. Featuring a variety of events from the Games

of the XXXII Olympiad.

10.00 Olympic Games Tokyo 2020.
Day 9: Late evening session.
Featuring a variety of events from

the Games of the XXXII Olympiad.

12.00 Olympic Games Tokyo 2020.

Day 9: Overnight session. Highlights from

the Games of the XXXII Olympiad.

3.00 Home Shopping.

3.30 Million Dollar Minute.

(R) Hosted by Grant Denyer. **4.00 My Greek Odyssey.** (PG, R)
Peter explores the tiny island of Sifnos. **5.00 Seven Early News.**

5.30 Sunrise. News, sport and weather.

7TWO (72) 6am Morning Programs.
8.30 Shopping. 9.00 Before And After. 10.00
Dr Harry's Animal Encounters. 11.00 The Great
Australian Doorstep. 11.30 Your 4x4. Noon Escape
To The Country. 2.00 The Bowls Show. 3.00
Olympic Games Tokyo 2020. Day 9: Afternoon
session. 6.00 Olympic Games Tokyo 2020. Day 9:
Primetime session. 7.00 Border Security. 8.30 Cold
Case. 10.30 Without A Trace. 11.30 Late Programs.

7MATE (73) 6am Morning Programs. **9.00** Olympic Games Tokyo 2020. Day 9: Morning session. **Noon** Olympic Games Tokyo 2020. Day 9: Day session. **3.00** To Be Advised. **6.00** Olympic Games Tokyo 2020. Day 9: Afternoon session. **7.00** Olympic Games Tokyo 2020. Day 9: Primetime session. **10.00** Olympic Games Tokyo 2020. Day 9: Late evening session. **Midnight** Late Programs.

NINE (8)

5.30 Today.

Late Programs.

6.00 Weekend Today.
10.00 Sports Sunday. (PG)
A look at the week in sport.
11.00 NRL Sunday Footy Show.
(PG) A discussion of all things NRL.
1.00 Netball. Super Netball. Round 13.
Collingwood Magpies v NSW Swifts.
3.00 Rugby League. NRL. Round 20.
Cronulla Sharks v Manly Sea Eagles.

6.00 Nine News.
7.00 Beauty And The Geek.
Hosted by Sophie Monk.
8.30 60 Minutes. Current affairs program, investigating, analysing and uncovering

the issues affecting all Australians.

9.30 Nine News Late. Takes a look at the latest news and events from Australia and around the world.

10.00 The Disappearance Of Susan Cox Powell: If Something Happens To Me. (MAI5+av) Part 1 of 2. 11.45 Killed By My Stalker. (Malv, R) 12.40 Dr Christian Jessen Will See You Now. (Man, R) 1.30 TV Shop: Home Shopping. 4.00 Take Two. (R) 5.00 News Early Edition.

9GEM (81) 6am Morning Programs. 7.30 In Touch. 8.00 Beyond Today. 8.30 The Incredible Journey. 9.00 TV Shop. 10.00 The AFL Sunday Footy Show. Noon Hitchcock. 12.30 Getaway. 1.00 MOVIE: The Getting Of Wisdom. (1977, PG) 3.00 MOVIE: The Hound Of The Baskervilles. (1959, PG) 4.50 MOVIE: Khartoum. (1966) 7.30 Death In Paradise. 8.40 Coroner. (Premiere) 9.40 Chicago P.D. 10.40 Late Programs.

9GO! (82) 6am Children's Programs.
1.30pm Malcolm. 2.00 Making A Model With
Yolanda Hadid. 3.00 Hollywood Medium. 4.00
Say Yes To The Dress: Atlanta. 5.00 Children's
Programs. 5.15 MOVIE: Mr. Bean's Holiday. (2007,
PG) 7.00 MOVIE: Jurassic World: Fallen Kingdom.
(2018, M) 11.30 Police Ten 7. Midnight Late
Programs.

TEN (5)

6.00 Mass. 6.30 Hillsong. 7.00 Joseph Prince. 7.30 Joel Osteen. 8.00 Pooches At Play. (R) 8.30 Destination Dessert. (R) 9.00 Australia By Design: Interiors. (R) 9.30 St10. (PG) 12.00 Left Off The Map. (R) 12.30 GCBC. (R) 1.00 Three Veg And Meat. (R) 1.30 Freshly Picked. (R) 2.00 My Market Kitchen. (R) 2.30 Everyday Gourmet. (R) 3.00 To Be Advised. 4.30 Farm To Fork. (PG, R) 5.00 News.

6.30 The Sunday Project. Panellists dissect, digest and reconstitute the daily news, events and hottest topics.

daily news, events and hottest topics.

7.30 Australian Survivor. The castaways continue to face all manner of challenges in their quest for the title of Sole Survivor.

9.00 ERI (My) When a political reporter.

9.00 FBI. (Mv) When a political reporter is kidnapped and held without a ransom demand, the team must dig into her past in order to pin down her assailant's motive. Isobel's relationship comes under fire.

12.00 The Sunday Project.
(R) A look at the day's news.
1.00 Home Shopping. (R)
1.30 Infomercials. (PG, R)
3.00 Home Shopping. (R)
4.30 CBS This Morning.
Morning news and talk show.

10 PEACH (52) 6am Sabrina, The Teenage Witch. 7.00 Broke. 8.00 Neighbours. 10.00 To Be Advised. 12.25pm Jamie's Easy Meals For Every Day. 12.55 The Dog House. 2.00 The Conners. 3.00 Friends. 6.00 The Big Bang Theory. 8.30 The Neighborhood. 9.30 2 Broke Girls. 11.30 Mom. Midnight Home Shopping. 12.30 Infomercials. 1.00 Home Shopping. 1.30 Funny Girls. 2.30 Charmed. 3.30 Sabrina. 4.30 Shopping.

10 BOLD (53) 6am Morning Programs. 8.00 Bondi Rescue. 8.30 Reel Action. 9.00 Snap Happy. 9.30 Star Trek: Voyager. 11.30 Scorpion. 1.30pm Bondi Rescue. 2.00 The Doctors. 3.00 Star Trek: Voyager. 4.00 Pooches At Play. 4.30 What's Up Down Under. 5.00 Mighty Machines. 6.00 JAG. 7.00 Bondi Rescue. 7.30 NCIS. 9.25 NCIS: Los Angeles. 10.20 48 Hours. 11.20 MOVIE: Silver Linings Playbook. (2012) 1.50 Late Programs.

SUDOKU

No. 039

easy

To solve a Sudoku puzzle, every number from 1 to 9 must appear in: each of the nine vertical columns, each of the nine horizontal rows and each of the nine 3 x 3 boxes. Remember, no number can occur more than once in any row, column or box.

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 $\hbox{\it Puzzles and pagination} @ \hbox{\it Pagemasters\,|\, pagemasters.com}$

QUICK CROSSWORD

ACROSS

- Follow (7) 1
 - Tiny fish (7)
- Social exclusion (9) 9
- 10 Doesn't pass (5) 11
- Gradually (6) 12 Categorise (8)
- Put in (6) 14
- Devoted followers (4) 15
- 19 Gem (4)
- 20 Patch of water (6)
- 24 Leaping (8)
- 25 Self-absorption (6)
- 27 Prohibited (5)
- 28 Made clear (9)
- 29 Ingredient (7) 30 Ratify (7)

DOWN

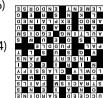
- Partner (6)
- Natural fibre used in clothing (6)
- Allowing (8)
- Platform (4)
- 5 Likeness (10) 6
- Deny (6) Hostile (8)
- Author of short pieces (8)
- Defendant (10) 13
- Small warship (8) 16
- 17 Worth a lot of money (8)
- 18 Lazy person (8)
- Blow (6) 21
- 22 Victor (6) Soil (6) 23

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Vaulted recess (4)



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DECODER

D

5 I 6

9-LETTER WORD

No colloquial or foreign words. No capitalised nouns,

apostrophes or plural

words ending in "s".

16 words: Very good

22 words: Excellent

Today's Aim:

11 words: Good

19

Using the nine letters in the grid, how many words of

be included and each letter may only be used once.

four letters or more can you list? The centre letter must

0

elope, leer, leper, lope, lore, peel, peep, peer, people, pere, pole, pope, pore, prep, trope, trope, prep, propel, role, roller, rope

8

No.039

WORDFIT

No. 039

No.039

3 LETTERS

APE **ARK ASH BET** BRA CAT COG **EBB** EKE **ERA EVE GEM** HUE MOO NAG NEE NIL NUN ONE PIE SPA

TEN THY WAG **WEB**

WEE **4 LETTERS CALM** CAME **GAZE HENS** INNS **LEST**

ABATE **ABHOR ADAPT ADOBE ADORE ADULT ANKLE** LOGO **APART OILS ASIAN AVAIL** ONCE OPEN **CAMPS** RIDE **CHALK ROOK COMBS** SPAT **DENSE STOP EASES** SHOVE

ETHOS

THAN

TONE

WISP

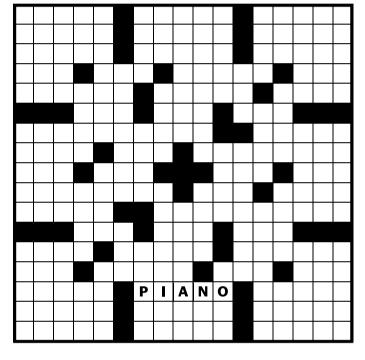


IMAGE 5 LETTERS KNEES LEDGE MANIA **METER MIRED** NOMAD PAPAL PATIO PEDAL PIANO **RABBI RACER RARER** ROMAN SHALL

GERMS

GROVE

HERON

SLEEP SNIPE SPASM STRAP SWAPS TYRES

OUTCOME RENEGED **8 LETTERS**

MATINEE

MISLAID

LOLLIPOP

PENALISE

PREMIERS

STOCKADE

6 LETTERS

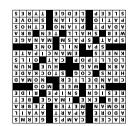
MANAGE **RESIGN**

ZEBRA

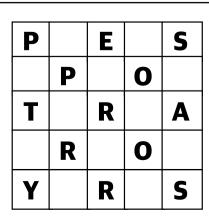
10 LETTERS CHANDELIER

7LETTERS INANEST **KNEECAP**

EMANCIPATE



5x5



No.039

Insert the missing letters to make 10 words – five reading across the grid and five reading down.

NOTE: more than one solution may be possible

S	N	В	¥	Y
d	0	0	В	1
A	Я	В	3	T
N	0	Я	В	A
S	M	3	0	d

QUICK QUIZ

SWIG



- What kind of animal is a Komodo dragon?
- Umber, carob and russet are all shades of what colour?

SLATE

- Is 'capitulate' a word meaning crush, beg or yield?
- In what year was Justin Trudeau elected prime minister of Canada?
- In what country was the frappé invented?
- My armchair and Widewalls are two paintings by which Australian artist?
- 7 I Don't Know How to Love Him is a song from which musical?
- 8 Charles Dickens' A Tale of Two Cities is about which two cities?
- Which stadium hosted the 2020 AFL grand final?
- 10 Paul Mescal and Daisy-Edgar Jones (pictured) starred in the TV adaptation of which popular novel?

10. Normal People Superstar 8. London and Paris 9. The Gabba 5. Greece 6. Brett Whiteley 7. Jesus Christ ANSWERS: 1. Lizard 2. Brown 3. Yield 4. 2015

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Ken O'Dowd MP Federal Member for Flynn

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TIGERS	STORM
BRONCOS	TITANS
RABBITOHS	SEA EAGLES



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RESULTS – ROUND 19

EELS	10	RAIDERS	12
ROOSTERS	28	KNIGHTS	8
COWBOYS	16	STORM	20
RABBITOHS	60	WARRIORS	22
SEA EAGLES	44	TIGERS	24
PANTHERS	18	BRONCOS	12
DRAGONS	10	TITANS	32
BULLDOGS	24	SHARKS	44

COMPETITION Gladstone Today



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TIGERS	STORM
BRONCOS	TITANS
RABBITOHS	SHARKS

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COWBOYS	TITANS
RABBITOHS	SEA EAGLES

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WARRIORS	s	TORM
COWBOYS	Т	ITANS
RABBITOHS	SI	HARKS

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LEADERBOARD

Ken O'Dowd MP	110
Steve Scott	104
Peter Hunt	104
Grant Perry	102
Gerard Watts	99
Remo Fanelli	98
Don & Bronwyn Atfield	97
Bev Smith	96
Natalie Cummings & Miles Goudie	95
Sam Moller	95
Shaun Pobar	93
Dean Lill	90
Jess Dinneen	89
Shannon Kime	79

GAME DRAW • ROUND 20

TIGERS V WARRIORS
BRONCOS V COWBOYS
DRAGONS V RABBITOHS
KNIGHTS V RAIDERS
STORM V PANTHERS
BULLDOGS V TITANS
SHARKS V SEA EAGLES

Your year ahead

Leo spirit and strength was tested last year. Just when you thought you could take no more, along came another emotional upheaval. This birthday year's message is simple: don't give up. Stay faithful to your own truth: you'll be surprised how far your resilience can carry you. Through adversity, you reclaim your power. But you may still doubt whether or not you're making the right choices. Trust that you are. This year is a unique time for romance and relationships. What can you hope for? Unconditional love not only the devotion that you offer. but also the special love that's returned.



(Mar 21 - Apr 20)

Good times flow through a week when you're free to chase your desires probably to the point of over-indulgence. You're set on experimenting with new styles. Indeed, a classy new look is sure to surprise everyone. Romance may also be a drawcard. Some are smitten with colleagues, others feel drawn to new romance. You feel loving, and loved.

Best Day: Monday 2nd

ARROW WORDS



(Apr 21 - May 20)

Stand by for a reshuffling of values, which could see love and friendship take on a new tone. You'll be surprised at who volunteers when you need help, and you'll be equally disquieted by who will let you down. This week brings a crash course in what you need from relationships. If a certain love is unsalvageable, start planning your exit.

Best Day: Sunday 1st



(May 21 - Jun 21)

Establishing a routine has been difficult, and selfdiscipline a bore. You may be fretful about finances. Not surprising, as you've recently been presented with a not-so-great report on how you've managed your funds. If necessary, rein in the plastic and nurture nest eggs. Professionally, stay open to new opportunities.

Best Day: Tuesday 3rd



CANCER (Jun 22 - Jul 22)

A relationship or friendship may be up for negotiation. Few partnerships continue as they first began. People can, and will, change - no matter how much you think you know them. So it seems that some important issues could need your attention right now. Perhaps someone's throwing problems your way, instead of trying to resolve

Best Day: Friday 6th

their own issues.



(Jul 23 - Aug 23)

This isn't a time for quiet contemplation. Instead. push for the things you want. You're riding in the slipstream of benevolent planetary forces and hopefully you'll use this week for what it is - a ticket to success. Expect some extra cash too. In relationships, make all your daring moves by week's end. After that, the magic could wane. **Best Day: Sunday 1st**



(Sep 23 - Oct 23)

If you don't know which way to turn, sit still and let events take their course. There's little point in taking action when you're unsure of the direction you should be heading. The best thing you can do is find some good company and a sympathetic ear. This week allows some down time - so catch up on some personal or professional stocktaking. **Best Day: Saturday 7th**

ANNO	VV VV C	NDJ											
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10%	7	5		_ Rowland, Destiny's Child singer (pictured)	→					Round, flat object		Instead (of)	
		1		Mineral deposit	→			Confuse	→	•		•	
Incite	Culinary nut	Curve ————————————————————————————————————	→				Get older	\	Had food		School of fish		Sudo flur
\	\			Flying saucer, e.g. (initials)	Wallet		Oxygen, nitrogen, etc. Eager	→	V		•		V
Employ		Mug	→	•	¥	Tomato sauce Slink	→ 🔻						
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Levy		Eye part	→					¥	Direction	→		V	
-			Drama	Post Jay _, US talk show host	→				Colour	→			
South American country		Entreaty	→	*			Newt		Seed		Japanese sash		Prid
-					Retain	→	¥		V	Without power	→		V
Japanese capital		Social insect	→			Throwing disc	→						
→					Pace	→				Anger	→		





SCORPIO

(Oct 24 - Nov 22)

There's every chance of this week suffering a truth famine - so a wise Scorpio might want to check whether they're being fed fact or fiction. Of course, there's always the chance you didn't hear the full story in the first place. Check your sources; and then check them again. Someone's out to deceive you.

Best Day: Wednesday 4th

SOLUTION



SAGITTARIUS

(Nov 23 - Dec 21)

Everyone seems to have lost their sense of humour right now, even you. Early to midweek, in particular, your psyche enters one of its rare meltdown phases. It's the great outdoors that calls - especially if you need to thrash things out in solitude. The world won't fall apart if you take some time out - but you might if vou don't.

Best Day: Thursday 5th



CAPRICORN

(Dec 22 - Jan 20)

Saturn keeps its steady hand on your shoulder to ensure a slowdown in spending. The same caution applies to your possessions - put everything under lock and key if you have to. Hold onto what you have, put nothing at risk and derailed finances should start to get back on track. Focus on earning money, Capricorn - not squandering it.

Best Day: Friday 6th



AQUARIUS

(Jan 21 - Feb 18)

You have a reputation for conquering your competition with words. Wry, quirky humour is the Aquarian style - and your words can be quite cutting. But if making light of others' characteristics, don't expect an appreciative audience. Sure, there are times when the world deserves ridicule, but not everyone will get the joke. Play nice. Best Day: Tuesday 3rd



PISCES

(Feb 19 - Mar 20)

Your usual indecision is replaced by assertiveness this week, and fencesitting is replaced by determination. Pisceans position themselves centre stage - leaving the rest of the cast in the shadows. After that, it shouldn't be too hard to achieve top billing. A money-spinning project could also catch your interest.

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Best Day: Saturday 7th

Monday, August 2

ABCTV (2)

6.00 News Breakfast. 9.00 ABC News Mornings. 10.00 Landline. (R) 11.00 Kevin's Grandest Designs. (PG, R) 12.00 ABC News At Noon. **1.00** The Durrells. (PG, R) **1.45** Chopsticks Or Fork? (R) 2.05 Harrow. (Malnv, R) 3.00 ABC News Afternoons. 4.00 Escape From The City. (R) 5.00 Anh's Brush With Fame. (PG, R) 5.30 Hard Quiz. (PG, R)

6.00 The Drum. 7.00 ABC News. Takes a look at today's top stories.

7.30 7.30. Presented by Leigh Sales. 8.00 Australian Story. (Return) Takes a look at the career of Luc Longley. 8.30 Four Corners. Investigative journalism program that leads national

debate and confronting issues that matter. 9.15 Media Watch. (PG) Paul Barry takes a look at the latest issues affecting media consumers.

9.35 Maggie Beer In Japan. (R) Maggie Beer heads to Japan 10.35 ABC Late News. 11.10 The Truth About Fasting: A Catalyst Special. (R) 12.10 Baptiste. (Mlnv, R) 1.05 Maggie Beer In Japan. (R) **2.10** Rage. (MA15+adhlnsv) **4.30** The Drum. (R) **5.30** 7.30. (R)

ABC TV PLUS (22) 6am Children's Programs. **7.15pm** Odd Squad. **7.30** Spicks And Specks. **8.00** Ql. **8.30** David Attenborough's Tasmania. 9.20 Devil's Advocate. 9.30 Doctor Who. **10.20** Grand Designs NZ. **11.05** Escape From The City. **Midnight** Ql. **12.30** 30 Rock. **12.50** The Catherine Tate Show. 1.20 The Good Place. 1.45 Gary And His Demons. **2.10** Close. **5.05** Miffy's Adventures Big And Small. **5.15** Late Programs.

NITV (34) 6am Morning Programs. 2pm First Australians. 3.00 Jarjums. 6.00 The 77 Percent. 6.30 On Country Kitchen. 7.00 Our Stories. **7.20** News. **7.30** Keep Calm And Decolonize. **7.40** Through The Wormhole With Morgan Freeman. **8.30** Karla Grant Presents. **9.00** Outlier: The Story Of Katherine Johnson. **10.00** News. **10.10** Te Ao With Moana. **10.40** Late

SBS(3)

6.00 WorldWatch. 10.30 German News. 11.00 Spanish News. 11.30 Turkish News. 12.00 Arabic News F24. 12.30 ABC America: World News Tonight. **1.00** Al Jazeera News. 2.00 The World's Most Extraordinary Homes. (R) 3.05 Great British Railway Journeys. (PG, R) **3.40** The Cook Up With Adam Liaw. (PG) 4.10 Walking Britain's Lost Railways. (R) 5.05 Jeopardy! **5.30** Letters And Numbers. (R)

6.00 Mastermind Australia. (R) Presented by Jennifer Byrne.

6.30 SBS World News. 7.30 MOVIE: Becoming Bond. (2017, MA15+s, R) In the '60s, a poor Australian car mechanic turned model is offered the role of James Bond. George Lazenby, James Walsh.

9.15 MOVIE: Marley. (2012, Mad) Charts the life of Jamaican singer-songwriter Bob Marley and his global influence. Bob Marley, Ziggy Marley, Jimmy Cliff.

11.25 SBS World News Late. 11.55 The Investigation. (Ma, R) 12.45 Das Boot. (Malsv, R) 4.05 VICE Guide To Film. (Malv, R) 4.55 Destination Flavour

5.00 France 24 Feature. 5.15 NHK World English News. **5.30** Deutsche Welle English News.

Down Under Bitesize. (R)

SBS VICELAND (31) 6am WorldWatch. Noon The X-Files. 2.30 Musk And Mars. 3.25 New Girl. 3.55 WorldWatch. 5.15 Joy Of Painting. 5.45 Shortland Street. 6.15 Forged in Fire. 7.05 Jeopardy! 7.35 8 Out Of 10 Cats Does Countdown, 8.30 Hypothetical. 9.20 Taskmaster. 10.10 VICE. 11.20 Savages. **12.15am** Big Night Out. **1.05** 60 Days In. **2.45** France 24. **3.00** Thai News. **3.30** Bangla News. 4.00 Punjabi News. 4.30 Late Programs.

SBS WORLD MOVIES (32) 6am Swallows And Amazons, Continued, (2016, PG) 6.50 Wildwitch. (2018, PG, Danish) 8.45 Dean Spanley. (2008, PG) **10.40** The Triplets Of Belleville. (2003, PG, French) **12.10pm** Song Of Granite. (2017, PG, Gaelic) **2.00** Growing Up Smith. (2015, PG) **3.55** Hacker. (2019, PG, Danish) **5.40** Boychoir. (2014, PG) **7.35** A Man In A Hurry. (2018, M, French) **9.30** Gainsbourg. (2010, M, French) **11.45** Late Programs.

SEVEN (7)

6.00 Sunrise. 9.00 Olympic Games Tokyo 2020.

12.00 Olympic Games Tokyo 2020.

3.00 Olympic Games Tokyo 2020. Day 10: Afternoon session.

5.30 The Chase Australia. Contestants race to answer quiz questions.

6.00 Seven Local News. 6.30 Seven News. 7.00 Olympic Games Tokyo 2020. Day 10: Primetime session. Featuring

a variety of events from the Games

of the XXXII Olympiad. 10.00 Olympic Games Tokyo 2020. Day 10: Late evening session. Featuring a variety of events from

the Games of the XXXII Olympiad. 12.00 Olympic Games Tokyo 2020. Day 10: Overnight session. Highlights from the Games of the XXXII Olympiad.

3.00 Home Shopping. **4.00** Million Dollar Minute. (R) Three contestants go head-to-head in a test of brain power.

5.00 Seven Early News. **5.30 Sunrise**. Takes a look at the latest news, sport and weather, with business and finance updates.

7TWO (72) 6am Morning Programs. **8.30** Million Dollar Minute. **9.30** Better Homes. 11.00 The Bowls Show. Noon House Of Wellness. 1.00 MOVIE: Sleeping With The Enemy. (1991, M) 3.00 The Zoo. 3.30 Australia's Deadliest. 4.30 M*A*S*H. 5.30 Olympic Games Tokyo 2020. Day 10: Primetime session. 7.00 Bargain Hunt. 7.30 Doc Martin. 8.30 Judge John Deed. 10.30 Mafia's Greatest Hits. 11.30 Late Programs.

7MATE (73) **7MATE (73) 6am** Morning Programs. **8.00** Storage Wars. **9.00** Olympic Games Tokyo 2020. Day 10: Morning session. **Noon** Olympic Games Tokyo 2020. Day 10: Day session. **3.00** Olympic Games Tokyo 2020. Day 10: Afternoon session. **7.00** Olympic Games Tokyo 2020. Day 10: Primetime session. **10.00** Olympic Games Tokyo 2020. Day 10: Late evening session. **Midnight** Late **NINE (8)**

6.00 Today. **9.00** Today Extra. (PG) 11.30 Morning News. **12.00** Getaway. (PG, R) 12.30 Beauty And The Geek. (R) 2.00 Pointless. (PG) 3.00 Tipping Point. (PG) 4.00 Afternoon News. 4.30 Millionaire Hot Seat. (R) **5.30** WIN News.

TEN (5)

Justine Schofield.

5.00 10 News First.

7.30 Australian Survivor.

Presented by Jonathan LaPaglia.

8.30 Have You Been Paying

6.00 The Talk. (PGa) 7.00 Judge Judy. (PG,

R) 7.30 The Bold And The Beautiful. (PG, R)

8.00 Studio 10. (PG) **12.00** Dr Phil. (PGa)

1.00 To Be Advised. 2.30 Entertainment

Tonight. **3.00** Judge Judy. (PG) **3.30** My

Market Kitchen. 4.00 Everyday Gourmet With

4.30 The Bold And The Beautiful. (PG)

6.30 The Project. A look at the day's news.

Attention? (Malns) A fast-paced look at

by other celebrity panelists to compete to

see who can remember the most about

9.30 Kitty Flanagan: Smashing.

(MA15+ls) A stand-up performance

by Kitty Flanagan tackling a host of

topics from sex to algorithms.

11.00 The Project. (R) A look at the day's news.

12.00 The Late Show With

Stephen Colbert. (PG)

1.00 Home Shopping. (R)

2.30 Infomercials. (PG, R) **3.00** Home Shopping. (R) **4.30** CBS This Morning.

news, with Sam Pang and Ed Kavalee joined

events of the week. Hosted by Tom Gleisner.

6.00 Nine News. 7.00 A Current Affair. 7.30 Beauty And The Geek. Hosted by Sophie Monk.

8.40 Botched. (Mamn) An Australian wants Terry's help. Paul tries to bring a nose back to life after a horrible necrosis incident.

9.40 100% Footy. (M) Features the latest rugby league news, with exclusive insights from an expert panel.

10.40 Nine News Late. A look at the latest news and events. 11.10 The Arrangement. (Malsv) Megan and Kyle must deal with a secret. **12.05 Tipping Point.** (PG, R) 1.00 A Current Affair. (R)

1.30 TV Shop: Home Shopping. (R) 2.30 Global Shop. (R) 3.00 TV Shop: Home Shopping. (R)

4.00 Take Two. (R) 5.00 News Early Edition. 5.30 Today.

9GEM (81) 6am Morning Programs. **10.00** Danoz. **10.30** Pointless. **11.30** My Favorite Martian. **Noon** Death In Paradise. **1.10** Days Of Our Lives. 2.05 The Young And The Restless. 3.00 Antiques Roadshow. **3.30** Talking Honey: Princess Diana. **3.35 MOVIE:** Carry On Cruising. (1962) **5.30** Great Barrier Reef: A Living Treasure. **6.30** Antiques Roadshow. **7.30** Poirot. **8.40** Agatha Christie's Marple. **10.40** Late Programs.

The Nanny. **6.30** 3rd Rock From The Sun. **7.00** That

'70s Show. **7.30** RBT. **8.30 MOVIE:** Anchorman 2:

The Legend Continues. (2013, M) **10.50 MOVIE**: Ted 2. (2015, MA15+) **1.10am** Keeping Up With The Kardashians. **3.00** Late Programs.

9GO! (82) 6am Children's Programs. **11.00** Hollywood Medium. **Noon** Parenthood. **1.00** Keeping Up With The Kardashians. **3.00** Malcolm. **9GO!** (82) 4.00 The Incredible Hulk. 5.00 Malcolm. 6.00

10 BOLD (53) 6am Infomercials. **7.30** Home Shopping. **8.00** Star Trek: Voyager. **9.00** Diagnosis Murder. **10.00** JAG. **11.00** Star Trek: The Next Generation. Noon Walker, Texas Ranger. 1.00 NCIS. 2.00 CSI: Crime Scene Investigation. 3.00 Diagnosis Murder. 5.00 JAG. 7.00 Bondi Rescue. **7.30** NCIS. **10.20** Motor Racing. Formula 1. Race 11. Hungarian Grand Prix. Highlights. **11.20** Late Programs.

10 PEACH (52) 6am The Middle. 7.00 Friends. 9.00 Sabrina, The Teenage Witch. 10.00 The Neighborhood. 11.00 Broke. Noon This

Is Us. 1.00 Five Bedrooms. 2.00 The Big Bang

Theory. **3.00** Rules Of Engagement. **4.00** Becker. **5.00** Frasier. **6.00** Friends. **6.30** Neighbours.

7.00 Friends. **8.00** The Big Bang Theory. **9.30** Seinfeld. **11.00** Friends. **Midnight** Shopping. **12.30**

Infomercials. **1.30** Sabrina. **2.00** Late Programs.



Do you have an event coming up? We want to know!

Send the details to editorial@todaygladstone.com.au and we'll publish it in our weekly Events Calendar.

Tuesday, August 3

ABC TV (2)

6.00 News Breakfast. 9.00 ABC News Mornings. **10.00** Four Corners. (R) **11.00** Antiques Roadshow. (R) **12.00** ABC News At Noon. 1.00 Belgravia. (PG, R) 2.00 Parliament Question Time. 3.15 ABC News Afternoons. 4.00 Escape From The City. (R) **4.55** Anh's Brush With Fame. (PG, R) **5.30 Hard Quiz.** (PG, R)

6.00 The Drum. 7.00 ABC News. **7.30 7.30**. Presented by Leigh Sales. **8.00** Ms Represented With **Annabel Crabb: The Numbers**

Game. (PG) Part 4 of 4. 8.35 The Wildlife Revolution - A Catalyst Special. Dr Ann Jones explores how technology can help protect Australia's wildlife in bold new ways

9.35 And We Danced: Act **3 - 2000-2020.** (R) Part 3 of 3. 10.35 ABC Late News. **11.10 Q+A.** (R) 12.10 Parliament Question Time. 1.15 Putin: A Russian Spy Story. (PGa, R) 2.00 Miniseries: Agatha Christie's The ABC Murders (Malv, R) **3.00** Rage. (MA15+adhlnsv) **4.30** The Drum. (R) **5.30** 7.30. (R)

ABC TV PLUS (22) 6am Children's Programs. **7.15pm** Odd Squad. **7.30** Spicks And Specks. **8.30** Whose Line Is It Anyway? **8.50** Everything's Gonna Be Okay. 9.20 Doctor Who. 10.10 Starstruck. (Final) 10.35 Fleabag. 11.00 The Games. 11.30 Would I Lie To You? (Final) Midnight 30 Rock, 12.25 The Catherine Tate Show, 12.55 Adam Hills: The Last Leg. 1.35 The Good Place. 1.55

NITV (34) 6am Morning Programs. 2pm Keep Calm And Decolonize. 2.10 Red Earth Uncovered. 3.00 Wapos Bay. 3.25 Bushwhacked! 3.55 Bino And Fino 4.00 Musomagic 4.30 Grace Beside Me. **5.00** Fraggle Rock. **6.00** Pete & Pio's Kai Safari. 6.30 Our Stories. 6.50 First School At Middle Beach. 7.20 NITV News Update. 7.30 Insight. 8.30 This Magic Moment. 10.20 MOVIE: The Payback. (2017, M) **11.35** Late Programs.

SBS(3)

6.00 WorldWatch. **11.00** Spanish News. **11.30** Turkish News. **12.00** Arabic News F24. **12.30** ABC America: World News Tonight. **1.00** PBS NewsHour. **2.00** Destination Flavour China Bitesize. (R) 2.15 World's Most Luxurious... (R) 3.05 Great British Railway Journeys. (PG, R) **3.40** The Cook Up With Adam Liaw. (PG) 4.10 Walking Britain's Lost Railways. (R) 5.05 Jeopardy! (PG) 5.30 Letters And Numbers. (R)

6.00 Mastermind Australia. (R) **6.30** SBS World News. 7.30 Who Do You Think You Are? Cameron Daddo. (PGa, R)

Cameron Daddo explores his roots. **8.30 Insight.** Kumi Taguchi takes a look at what happens when your livelihood depends on deception.

9.30 Dateline. Takes a look at Sumo wrestling.

10.00 The Feed. 10.30 SBS World News Late. 11.00 Cacciatore: The **Hunter.** (MA15+dlv)

12.00 Cardinal. (Mav, R) **3.20** Alex Polizzi: The Fixer. (R) **4.30** VICE Guide To Film. (Madlv, R) **5.00** France 24 Feature. **5.15** NHK World English News. **5.30** Deutsche Welle English News.

SBS VICELAND (31) 6am WorldWatch. **Noon** Secrets Of America's Shadow Government. **12.55** Seconds From Disaster. **3.40** Lee Lin Chin's Fashionista. 3.50 WorldWatch. 5.15 Joy Of Painting. 5.45 Shortland Street. 6.15 Forged In Fire. 7.05 Jeopardy! 7.35 8 Out Of 10 Cats Does Countdown. 8.30 Roswell: The First Witness. 9.30 Limetown. **10.40** Counter Space. **11.40** Detective Chinatown. 12.30am News. 12.55 Late Programs.

SBS WORLD MOVIES (32) 6am Song Of Granite. Continued. (2017, PG, Gaelic) 7.40 Hacker (2019 PG Danish) 9.25 Swallows And Amazons. (2016, PG) 11.15 Gainsbourg. (2010, M. French) 1.30pm Dean Spanley. (2008, PG) 3.25 The Tree Of Life. (2011, PG) 6.00 The Triplets Of Belleville. (2003, PG, French) **7.30** The Wave. (2015, M, Norwegian) 9.30 The Band's Visit. (2007, M, Arabic) **11.05** Late Programs.

SEVEN (7)

6.00 Sunrise. 9.00 Olympic Games Tokyo 2020. Day 11: Morning session. 12.00 Olympic Games

Tokyo 2020. Day 11: Day session. 3.00 Olympic Games Tokyo 2020.

Day 11: Afternoon session. **5.30** The Chase Australia. Contestants race to answer quiz questions

6.00 Seven Local News. 6.30 Seven News.

7.00 Olympic Games Tokyo 2020. Day 11: Primetime session. Featuring a variety of events from the Games of the XXXII Olympiad.

10.00 Olympic Games Tokyo 2020. Day 11: Late evening session. Featuring a variety of events from

the Games of the XXXII Olympiad.

12.00 Olympic Games Tokyo 2020. Day 11: Overnight session. Highlights from the Games of the XXXII Olympiad.

3.00 Home Shopping. 4.00 Million Dollar Minute. (R) Three contestants go head-to-head in a test of brain power.

5.00 Seven Early News. **5.30 Sunrise.** News, sport and weather.

7TWO (72) 6am Morning Programs **8.00** Harry's Practice. **8.30** Million Dollar Minute. 9.30 Better Homes. 11.00 The Master. Noon House Of Wellness, 1.00 Million Dollar Minute, 2.00 The Surgery Ship. 3.00 Surf Patrol. 3.30 Border Patrol. **4.30** M*A*S*H. **5.30** Olympic Games Tokyo 2020. Day 11: Primetime session. **7.00** Bargain Hunt. **7.30** Pie In The Sky. **8.30** Lewis. **10.30** Deadly Dates. 11.30 Late Programs

7MATE (73) 6am Morning Programs 8.00 Storage Wars. 9.00 Olympic Games Tokyo 2020. Day 11: Morning session. Noon Olympic Games Tokyo 2020. Day 11: Day session. **3.00** Olympic Games Tokyo 2020. Day 11: Afternoon session. **7.00** Olympic Games Tokyo 2020. Day 11: Primetime session. 10.00 Olympic Games Tokyo 2020. Day 11: Late evening session. **Midnight** Late

NINE (8)

6.00 Today. **9.00** Today Extra. (PG) 11.30 Morning News. 12.00 Desperate Housewives. (Mas, R) 1.00 Beauty And The Geek. (R) **2.00 Pointless.** (PG) 3.00 Tipping Point. (PG) 4.00 Afternoon News. **4.30** Millionaire Hot Seat. (R)

5.30 WIN News 6.00 Nine News. 7.00 A Current Affair. 7.30 Beauty And The Geek.

(Final) Hosted by Sophie Monk. **8.40 MOVIE: Bad Moms.** (2016, MA15+Ins, R) Three exhausted mothers decide it is time to liberate themselves from responsibility, with some fun and self-indulgence. Mila

Kunis, Kathryn Hahn, Kristen Bell. 10.40 Nine News Late. A look at the latest news and events. 11.10 Emergence. (Mhv, R) Jo makes a high-stakes deal. **12.05 Tipping Point**. (PG, R)

1.00 A Current Affair. (R) **1.30 TV Shop: Home Shopping.** (R) **4.00** Take Two. (R) **5.00** News Early Edition. **5.30** Today.

9GEM (81) 6am Morning Programs. 10.00 Danoz. 10.30 Pointless. 11.30 My Favorite Martian. **Noon** Poirot. **1.10** Days Of Our Lives. 2.05 The Young And The Restless, 3.00 Antiques Roadshow. **3.30** Talking Honey: Princess Diana. **3.35 MOVIE:** The Syndicate. (1968, PG) **5.30** Great Barrier Reef: A Living Treasure. **6.30** Antiques Roadshow. **7.30** New Tricks. **8.40** The Closer. **9.40** Rizzoli & Isles. 10.40 Late Programs.

9GO! (82) 6am Children's Programs. 11.00 Hollywood Medium. Noon Parenthood. 1.00 Keeping Up With The Kardashians. 3.00 Malcolm 3.30 The Nanny. 4.00 3rd Rock From The Sun. 4.30 That '70s Show. 5.00 Malcolm. 6.00 The Nanny. **6.30** 3rd Rock From The Sun. **7.00** That '70s Show. **7.30 MOVIE:** Sahara. (2005, M) **10.00** MOVIE: Once Upon A Time In Mexico. (2003, MA15+) **Midnight** Late Programs.

TEN (5)

6.00 The Talk. (PGa) **7.00** Judge Judy. (PG, R) 7.30 The Bold And The Beautiful. (PG, R) 8.00 Studio 10. (PG) **12.00** Dr Phil. (Mms) **1.00** To Be Advised. **2.00** Entertainment Tonight. **2.30** Farm To Fork. (PG, R) **3.00** Judge Judy. (PG) **3.30** My Market Kitchen. **4.00** Everyday Gourmet With Justine Schofield. 4.30 The Bold And The Beautiful. (PG) 5.00

6.30 The Project. A look at the day's news. **7.30 Australian Survivor.** The castaways continue to face all manner of challenges in their quest for the title of Sole Survivor.

9.00 The Cheap Seats. (Mal) From major news stories to entertainment and viral videos, presenters Melanie Bracewell and Tim McDonald take a look at the week that was.

10.00 Akmal: Transparent. (MA15+l, R) Stand-up comedy by Akmal Saleh. 11.30 The Project. (R) A look

at the day's news.

12.30 The Late Show With Stephen Colbert. (PG) 1.30 Home Shopping. (R) 3.00 Infomercials. (PG. R) **3.30** Home Shopping. (R) 4.30 CBS This Morning.

10 PEACH (52) 6am Seinfeld. **7.00** Rules Of Engagement. 8.00 Becker. 9.00 Sabrina, The Teenage Witch. 10.00 Friends. 11.00 Frasier. Noon This Is I Is 1.00 Five Redrooms 2.00 Seinfeld 3.00 Rules Of Engagement. 4.00 Becker. 5.00 Frasier. 6.00 Friends. 6.30 Neighbours. 7.00 Friends. 8.00 The Big Bang Theory. 9.30 Mom. 11.35 Frasier. Midnight Shopping. 12.30 Infomercials. 1.30 Sabrina. 2.00 Late Programs.

10 BOLD (53) 6am Home Shopping. **7.00** Infomercials. 8.00 Diagnosis Murder. 9.00 JAG. 11.00 Star Trek: The Next Generation. Noon Walker. Texas Ranger. 1.00 NCIS. 2.00 CSI: Crime Scene Investigation. 3.00 Diagnosis Murder. 5.00 JAG. 700 Bondi Rescue 730 NCIS 8 30 Blue Bloods 10.25 NCIS: New Orleans. 12.15am Shopping. 12.45 Infomercials. **1.15** Shopping. **2.15 MOVIE:** Be Kind Rewind. (2008, M) 4.15 Late Programs.

Thursday, 29 July, 2021 GLADSTONE TODAY 31

Wednesday, August 4

ABC TV (2)

6.00 News Breakfast. **9.00** ABC News Mornings. 10.00 The Recording Studio. (PG, R) **11.00** The Repair Shop. (R) **12.00** ABC News At Noon. 12.30 National Press Club Address. 1.35 Media Watch. (PG, R) 2.00 Parliament Question Time. 3.15 ABC News Afternoons. **4.00** Escape From The City. (R) **5.00** Anh's Brush With Fame. (PG, R) **5.30** Hard Quiz. (PG, R)

6.00 The Drum. 7.00 ABC News.

7.30 7.30. Presented by Leigh Sales. 8.00 Win The Week. Hosted by Alex Lee. 8.30 Shaun Micallef's MAD AS HELL. Host Shaun Micallef presents a round-up

of important news stories of the week 9.00 Rosehaven. (Return, PG) Daniel

and Emma are keeping busy.

9.30 Would I Lie To You? (PG, R) Hosted by Rob Brydon. 10.00 Staged. (MA15+I, R)

10.25 ABC Late News. 10.55 Four Corners. (R) 11.40 Media Watch. (PG, R) 12.00 Parliament Question Time. 1.00 Joanna Lumley's Hidden Caribbean. (Ml, R) 1.50 Miniseries: Innocent. (Mal, R) 2.35 Rage (MA15+adhlnsv) **4.30** The Drum. (R) **5.25**

ABC TV PLUS (22) 6am Children's Programs. **7.15pm** Odd Squad. **7.30** Spicks And Specks. **8.00** Would I Lie To You? **8.30** Art Works. 9.00 Whiteley. 10.30 Doctor Who. 11.20 Old People's Home For 4 Year Olds. 12.25am Back Roads. (Final) 12.55 Louis Theroux: Dark States. 1.55 30 Rock. 2.15 The Catherine Tate Show. 2.45 The Good Place. **3.05** Gary And His Demons. **3.30** News Update. **3.35** Close. **5.05** Late Programs.

NITV (34) 6am Morning Programs. 1.35pm MOVIE: The Payback. (2017, M) 2.50 Anthem Sessions Interstitials. **3.00** Jarjums. **4.30** Grace Beside Me. **5.00** Fraggle Rock. **6.00** Pete & Pio's Kai Safari. **6.30** On Country Kitchen. **7.00** Our Stories. **7.20** News. **7.30** Wellington Paranormal. **8.00** Yokayi Footy. **8.35** Over The Black Dot. **9.35** NITV News Update. **9.45** Rugby League. NRL. WA Premiership. **11.15** Late Programs.

SBS (3)

6.00 WorldWatch. 9.30 Greek News. 10.30 German News. **11.00** Spanish News. **11.30** Turkish News. 12.00 Arabic News F24. 12.30 ABC America: World News Tonight. 1.00 PBS NewsHour. **2.00** Destination Flavour China Bitesize. (R) 2.10 Dateline. (R) 2.40 Insight. (R) 3.40 The Cook Up With Adam Liaw. (PG) 4.10 Walking Britain's Lost Railways. (R) 5.05 Jeopardy! (PG) 5.30 Letters And Numbers. (R)

6.00 Mastermind Australia. (R) Presented by Jennifer Byrne.

6.30 SBS World News. 7.30 Jackie Chan: Building An Icon. (M) A look at the career of Jackie Chan.

8.30 Billy Graham. (PG) Explores the life and career of Billy Graham, one of the best-known and most influential religious leaders of the 20th century who rose to prominence with a fiery preaching style and effortless charm.

10.35 SBS World News Late. 11.05 Unknown Amazon: Secrets Of Survival. (M) Presented by Pedro Andrade.

11.50 Trapped. (Malv, R) 4.35 VICE Guide To Film. (MA15+alnv, R) 5.00 France 24 Feature. 5.15 NHK World English News. 5.30 Deutsche Welle

SBS VICELAND (31) 6am WorldWatch. **Noon** Secrets Of America's Shadow Government. **12.55** Seconds From Disaster. **3.40** Lee Lin Chin's Fashionista. 3.50 WorldWatch. 5.15 Joy Of Painting. **5.45** Shortland Street. **6.15** Forged In Fire. **7.05** Jeopardy! **7.35** 8 Out Of 10 Cats Does Countdown. **8.30** The Act. **9.35** I Am Steve McQueen. **11.15 MOVIE:** Sleepy Hollow. (1999, MA15+) **1.15am** Late Programs.

SBS WORLD MOVIES (32) 6am Dean Spanley. Continued. (2008, PG) **7.40** The Triplets Of Belleville. (2003, PG, French) **9.10** The Tree Of Life. (2011, PG) 11.45 A Man In A Hurry. (2018, M, French) **1.40pm** Boychoir. (2014, PG) **3.35** A Matter Of Life And Death. (1946, PG) **5.30** The Ash Lad. (2017, PG, Norwegian) **7.30** Girl. (2018, M, Flemish) 9.30 Behind The Candelabra. (2013, M) 11.45 Late Programs. **5.50am** The Tree Of Life. (2011, PG)

SEVEN (7)

6.00 Sunrise. 9.00 Olympic Games Tokyo 2020.

12.00 Olympic Games Tokyo 2020. Day 12: Day session. 3.00 Olympic Games Tokyo 2020. Day 12: Afternoon session.

5.30 The Chase Australia. Contestants race to answer quiz questions.

6.00 Seven Local News. 6.30 Seven News.

7.00 Olympic Games Tokyo 2020. Day 12: Primetime session. Featuring a variety of events from the Games of the XXXII Olympiad.

10.00 Olympic Games Tokyo 2020. Day 12: Late evening session. Featuring a variety of events from

the Games of the XXXII Olympiad. 12.00 Olympic Games Tokyo 2020. Day 12: Overnight session. Highlights from the Games of the XXXII Olympiad.

3.00 Home Shopping. **4.00** Million Dollar Minute. (R) Three contestants go head-to-head in a test of brain power.

5.00 Seven Early News. **5.30 Sunrise**. Takes a look at the latest news, sport and weather, with business and finance updates.

7TWO (72) 6am Morning Programs. **8.30** Million Dollar Minute. **9.30** Better Homes. 11.00 The Master. Noon House Of Wellness. 1.00 Million Dollar Minute. 2.00 The Surgery Ship. 3.00 Jabba's Movies. 3.30 Australia's Deadliest. 4.30 M*A*S*H. **5.30** Olympic Games Tokyo 2020. Day 12: Primetime session. **7.00** Bargain Hunt. **7.30** The Coroner. **8.30** A Touch Of Frost. **10.15** Murdoch Mysteries. 11.15 Late Programs.

7MATE (73) 6am Morning Programs. **7.20** Olympic Games Tokyo 2020. Day 12: Early morning session. **9.00** Olympic Games Tokyo 2020. Day 12: Morning session. Noon Olympic Games Tokyo 2020. Day 12: Day session. 3.00 Olympic Games Tokyo 2020. Day 12: Afternoon session. **7.00** Olympic Games Tokyo 2020. Day 12: Primetime session. **10.00** Olympic Games Tokyo 2020. Day 12: Late evening session. **Midnight** Late Programs.

NINE (8)

6.00 Today. 9.00 Today Extra. (PG) 11.30 Morning News. 12.00 Desperate Housewives. (Mas, R) 1.00 Beauty And The Geek. (R) 2.00 Pointless. (PG) **3.00 Tipping Point**. (PG) 4.00 Afternoon News. 4.30 Millionaire Hot Seat. (R) 5.30 WIN News.

TEN (5)

10 News First.

6.00 The Talk. (PGa) **7.00** Judge Judy. (PG, R)

7.30 The Bold And The Beautiful. (PG, R) 8.00

Studio 10. (PG) 12.00 Dr Phil. (Mad) 1.00

2.30 Farm To Fork. (PG, R) 3.00 Judge

6.30 The Project. The hosts and

7.30 The Bachelor Australia.

a group of bachelorettes.

guest panellists take a look at the

day's news, events and hot topics.

Bachelor Jimmy Nicholson continues

his search for true love from among

8.40 Bull. (Mm, R) Bull finds himself

a doctor who is accused of bribing

his way into university, just as Bull's

10.30 The Project. (R) A look at the day's news.

11.30 The Late Show With Stephen

12.30 Home Shopping. (R)

2.30 Infomercials. (PG, R) **3.00** Home Shopping. (R) **4.30** CBS This Morning.

ex-wife, Isabella, is due to give birth.

Colbert. (PG) Late night talk show.

10 PEACH (52) 6am Broke. **7.00** Rules Of Engagement. **8.00** Becker. **9.00** Sabrina, The

Teenage Witch. **10.00** Friends. **11.00** Frasier. **Noon**

This Is Us. **1.00** Five Bedrooms. **2.00** Mom. **3.00**

Rules Of Engagement. **4.00** Becker. **5.00** Frasier. **6.00** Friends. **6.30** Neighbours. **7.00** Friends.

8.00 The Big Bang Theory. **9.20** 2 Broke Girls. **11.35** Rules Of Engagement. **Midnight** Shopping. **12.30** Infomercials. **1.00** Shopping. **1.30** Late Programs.

having to deal with national attention

as part of a high-profile case involving

To Be Advised. 2.10 Entertainment Tonight.

Judy. (PG) **3.30** My Market Kitchen. **4.00**

Everyday Gourmet With Justine Schofield.

4.30 The Bold And The Beautiful. (PG) 5.00

6.00 Nine News. 7.00 A Current Affair. 7.30 Travel Guides. (PGls, R) Ordinary Australians become travel critics.

8.30 MOVIE: Instant Family. (2018) A couple must quickly learn the ropes of parenthood when they agree to foster three siblings. Mark Wahlberg, Rose Byrne, Octavia Spencer.

10.50 Nine News Late. A look at the latest news and events. 11.20 The First 48: Rocky Road/ Something She Said. (Mav, R) A man is shot over a gambling dispute. 12.10 Bluff City Law. (Ma, R)

1.00 A Current Affair. (R) 1.30 TV Shop: Home Shopping. (R) 2.30 Global Shop. (R) 3.00 TV Shop: Home Shopping. (R) 5.00 News Early Edition. 5.30 Today.

9GEM (81) 6am TV Shop. 7.00 Creflo Dollar Ministries. **7.30** TV Shop: Home Shopping. 10.30 Pointless. 11.30 My Favorite Martian. Noon New Tricks. 1.10 Days Of Our Lives. 2.05 The Young And The Restless. **3.00** Antiques Roadshow. **3.30** MOVIE: Folly To Be Wise. (1952) **5.30** Beauty And The Reef. **6.30** Antiques Roadshow. **7.30** Keeping Up Appearances. **8.50** Midsomer Murders. **10.50**

Law & Order: Criminal Intent. 11.50 Late Programs. **9GO!** (82) **6am** Children's Programs. **11.00** Hollywood Medium. **Noon** Parenthood. **1.00 9GO!** (82) Keeping Up With The Kardashians. 3.00 Malcolm. **3.30** The Nanny. **4.00** 3rd Rock From The Sun. **4.30** That '70s Show. **5.00** Malcolm. **6.00** The Nanny. 6.30 3rd Rock From The Sun. 7.00 That '70s

Show. **7.30 MOVIE:** Under Siege. (1992, M) **9.40 MOVIE:** The Expendables. (2010, MA15+) **11.40**

10 BOLD (53) 6am Infomercials. **8.00** Diagnosis Murder. **9.00** JAG. **11.00** Star Trek: The Next Generation. **Noon** Walker, Texas Ranger. **1.00** NCIS. **2.00** CSI: Crime Scene Investigation. **3.00** Diagnosis Murder. **5.00** JAG. **7.00** Bondi Rescue. 7.30 NCIS. 8.30 NCIS: Los Angeles. 11.15 SEAL Team. **12.10am** Shopping. **1.40** Infomercials. **2.10** Motor Racing. Formula 1. Race 11. Hungarian Grand Prix. Highlights. **3.10** 48 Hours. **4.05** Late Programs.

HAVE YOUR SAY WITH OUR LETTERS TO THE EDITOR

Gladstone Today

Email: editorial@todaygladstone.com.au or text 0456 749 126

Late Programs.

Thursday, August 5

6.00 News. **9.00** ABC News Mornings. **9.55** Aust Story. (R) **10.30** Ms Represented With Annabel Crabb. (PG, R) 11.10 Grand Designs Revisited. (R) 12.00 ABC News At Noon. 1.00 Win The Week. (R) 1.30 Shaun Micallef's MAD AS HELL. (R) 2.00 Parliament. 3.15 ABC News Afternoons. **4.00** Escape From The City. (R) **5.00** Anh's Brush With Fame. (PG, R) **5.30** Hard Quiz. (PG, R)

6.00 The Drum. 6.55 Sammy J. (PG) Presented by Sammy J.

7.00 ABC News. Takes a look at today's top stories **7.30 7.30.** Presented by Leigh Sales. 8.00 Foreign Correspondent.

International affairs program. **8.30 Q+A.** Interactive public affairs program featuring a panel of experts and

commentators answering questions. 9.35 Tall Poppy: A Skater's Story. (PG, R) Follows skater Poppy Starr Olsen. 11.05 ABC Late News.

11.35 Putin: A Russian Spy Story. (MI, R) 12.25 Parliament Question Time. **1.25** Line Of Duty. (Final, Mav, R) **2.25** Midsomer Murders. (Mv, R) 3.55 Would I Lie To You? (PG, R) **4.25** The Drum. (R) **5.20** Sammy J. (PG, R) **5.25** 7.30. (R)

ABC TV PLUS (22) 6am Children's Programs. **7.15pm** Odd Squad. **7.30** Spicks And Specks. **8.30** Penn & Teller: Fool Us. (Return) **9.10** Win The Week 9.40 Shaun Micallef's MAD AS HELL. 10.10 Doctor Who. 11.15 That Pacific Sports Show 11.45 You Can't Ask That 12.15am David Attenborough's Tasmania. **1.05** Devil's Advocate. 1.15 The Truth About Fasting: A Catalyst Special. 2.15 30 Rock. 2.35 Late Programs.

NITV (34) 6am Morning Programs. 1.05pm Sisters In League. 2.05 Marn Grook. 3.00 Wapos Bay 3.25 Bushwhacked! 3.55 Bino And Fino 4.00 Musomagic. 4.30 Grace Beside Me. 5.00 Fraggle Rock. **6.00** Pete & Pio's Kai Safari. **6.30** On Country Kitchen, 7.00 Our Stories, 7.20 NITV News Update. 7.30 Going Places With Ernie Dingo. 8.30 MOVIE: amson And Delilah. (2009, M) **10.15** The Work. 11.50 Late Programs.

SBS(3)

6.00 WorldWatch. 11.30 Turkish News. **12.00** Arabic News F24. **12.30** ABC America: World News Tonight. 1.00 PBS NewsHour. **2.00** Destination Flavour China Bitesize. (R) **2.15** World's Most Luxurious... (PG, R) **3.05** Great British Railway Journeys. (R) **3.40** The Cook Up With Adam Liaw. (PG) **4.10** Walking Britain's Lost Railways. (PG, R) **5.05** Jeopardy! (PG) 5.30 Letters And Numbers. (R)

6.00 Mastermind Australia. (R) Presented by Jennifer Byrne. 6.30 SBS World News

7.30 Citizen Jane Fonda. A portrait of Jane Fonda.

8.30 Who Do You Think You Are? UK: Kate Winslet. (PGa, R) Kate Winslet follows a rumour of Scandinavian ancestry on her late mum's side of the family.

9.40 The Good Fight. (M) 10.40 SBS World News Late. 11.10 Border To Border: Kenya **And Tanzania Pt 1.** (M)

12.05 Mr Mercedes. (MA15+asv, R) 3.00 Cruising Down Under. (PGs, R) 4.00 Drones: The Next Air Disaster? (Mlv, R) 5.00 France 24 Feature. 5.15 NHK World English News. 5.30 Deutsche Welle English News.

SBS VICELAND (31) 6am WorldWatch **Noon** Secrets Of America's Shadow Government. 12.50 Ear Buds: The Podcasting Documentary 2.40 VICE Investigates. 3.45 WorldWatch. 5.15 Jov Of Painting. **5.45** Shortland Street. **6.15** Forged In Fire. **7.05** Jeopardy! **7.35** 8 Out Of 10 Cats Does Countdown, 8.30 The Curse Of Oak Island, 10.10 Dave Gorman: Modern Life Is Goodish. 11.00 The Feed. 11.30 Late Programs.

SBS WORLD MOVIES (32) 6am The Tree Of Life. Continued. (2011, PG) 8.25 The Ash Lad. (2017, PG, Norwegian) **10.25** A Matter Of Life And Death. (1946, PG) **12.20pm** The Wave. (2015, M, Norwegian) **2.20** Mosley. (2019, PG) **4.10** Operation Arctic. (2014, PG, Norwegian) **5.50** Binti. (2019, PG, Dutch) **7.30** Film Stars Don't Die In Liverpool. (2017, M) 9.30 Jimi: All Is By My Side. (2013, M) **11.40** Late Programs.

SEVEN (7)

6.00 Sunrise. 9.00 Olympic Games Tokyo 2020. Day 13: Morning session. 12.00 Olympic Games

Tokyo 2020. Day 13: Day session. 3.00 Olympic Games Tokyo 2020.

Day 13: Afternoon session **5.30** The Chase Australia. Contestants race to answer quiz questions

6.00 Seven Local News. 6.30 Seven News.

7.00 Olympic Games Tokyo 2020. Day 13: Primetime session. Featuring a variety of events from the Games of the XXXII Olympiad.

10.00 Olympic Games Tokyo 2020. Day 13: Late evening session. Featuring a variety of events from the Games of the XXXII Olympiad

12.00 Olympic Games Tokyo 2020. Day 13: Overnight session. Highlights from the Games of the XXXII Olympiad.

3.00 Home Shopping. 4.00 Million Dollar Minute. (R) Three contestants go head-to-head

in a test of brain power. 5.00 Seven Early News. **5.30 Sunrise.** News, sport and weather.

7TWO (72) 6am Shopping, 6.30 Room For Improvement. **7.00** Auction Squad. **8.00** Harry's Practice. **8.30** Million Dollar Minute. **9.30** Better Homes 11.00 The Master Noon Miniseries Molly. 2.00 The Surgery Ship. 3.00 The Zoo. 3.30 Surf Patrol. 4.30 M*A*S*H. 5.30 Olympic Games Tokyo 2020. Day 13: Primetime session. **7.00** Bargain Hunt. **7.30** Father Brown. **8.30** Inspector Morse. 10.50 Late Programs.

7MATE (73) 6am Morning Programs. 7.20 Olympic Games Tokyo 2020. Day 13: Early morning session. **9.00** Olympic Games Tokyo 2020. Day 13: Morning session. **Noon** Olympic Games Tokyo 2020. Day 13: Day session. 3.00 Olympic Games Tokyo 2020. Day 13: Afternoon session. 7.00 Olympic Games Tokyo 2020, Day 13: Primetime session. **10.00** Olympic Games Tokyo 2020. Day 13: Late evening session. **Midnight** Late Programs.

NINE (8)

6.00 Today. **9.00** Today Extra. (PG) 11.30 Morning News. 12.00 Desperate Housewives. (Mas, R) 1.00 Travel Guides. (PGls, R) 2.00 Pointless. (PG) 3.00 Tipping Point. (PG) 4.00 Afternoon News. 4.30 Millionaire Hot Seat. (R)

6.00 Nine News.

5.30 WIN News

7.00 A Current Affair. 7.30 Rugby League. NRL. Round 21. Newcastle Knights v Brisbane Broncos. **9.45 Thursday Night Knock** Off. Post-match NRL news and

analysis of the Newcastle Knights versus Brisbane Broncos clash. 10.30 Nine News Late. A look at the latest news and events.

11.00 Chicago Med. (Mam, R) Connor treats a gunshot victim. 11.50 Miniseries: The Bad Seed. (Mdlv, R)

12.40 Tipping Point. (PG, R) 1.30 TV Shop: Home Shopping. (R) **2.30 Global Shop**. (R) 3.00 TV Shop: Home Shopping. (R)

5.00 News Early Edition. **5.30** Today.

9GEM (81) 6am Morning Programs 10.30 Pointless. 11.30 My Favorite Martian. Noon Keeping Up Appearances. 1.10 Days Of Our Lives. **2.05** The Young And The Restless. **3.00** Talking Honey: Princess Diana. **3.05** Antiques Roadshow. 3.35 MOVIE: Poison Pen. (1939, PG) 5.10 Grizzly Bear Cubs And Me. **6.30** Antiques Roadshow. **7.30** The First 48. 8.30 Paramedics. 9.30 Kings Cross ER. 10.30 Law & Order. 11.30 Late Programs.

9GO! (82) 6am Children's Programs. 11.00 Hollywood Medium. Noon Parenthood. 1.00 Keeping Up With The Kardashians. 2.30 Malcolm 3.30 The Nanny. 4.00 3rd Rock From The Sun. 4.30 That '70s Show. 5.00 Malcolm. 6.00 The Nanny. **6.30** 3rd Rock From The Sun. **7.00** That '70s Show. **7.30** Young Sheldon. **8.30** MOVIE: Blade Runner 2049. (2017, MA15+) **11.40** America's Top Dog. 12.40am Late Programs.

TEN (5)

6.00 The Talk. (PGa) **7.00** Judge Judy. (PG, R) 7.30 The Bold And The Beautiful. (PG, R) 8.00 Studio 10. (PG) 12.00 Dr Phil. (PGa) 1.00 To Be Advised. **2.10** Entertainment Tonight. **2.30** Farm To Fork. (PG, R) **3.00** Judge Judy. (PG) **3.30** My Market Kitchen. **4.00** Everyday Gourmet With Justine Schofield. 4.30 The Bold And The Beautiful. (PG) 5.00

6.30 The Project. A look at the day's news. 7.30 The Bachelor Australia.

Bachelor Jimmy Nicholson continues his search for true love from among

a group of bachelorettes.

8.40 Law & Order: SVU. (Ma, R) Rollins goes undercover to investigate a government worker who is believed to be dealing in green cards.

10.30 Blue Bloods. (Mv) A case becomes personal for Frank.

11.30 The Project. (R) A look

at the day's news.

12.30 The Late Show With Stephen Colbert. (PG) 1.30 Home Shopping. (R) 3.00 Infomercials. (PG. R) **3.30** Home Shopping. (R) 4.30 CBS This Morning.

10 PEACH (52) 6am Frasier, 7.00 Rules Of Engagement. **8.00** Becker. **9.00** Sabrina, The Teenage Witch. 10.00 The Big Bang Theory. 11.00 Frasier, Noon This Is Us. 1.00 Five Bedrooms, 2.00 Mom. 3.00 Rules Of Engagement. 4.00 Becker. **5.00** Frasier. **6.00** Friends. **6.30** Neighbours. **7.00** Friends. **8.00** The Big Bang Theory. **9.30** Seinfeld. **11.00** The Neighborhood. **Midnight** Shopping. 12.30 Infomercials. 1.30 Late Programs.

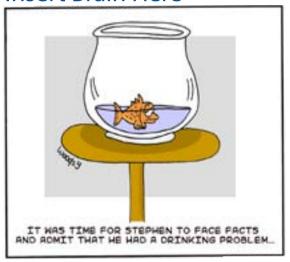
10 BOLD (53) 6am Home Shopping. **6.30** Infomercials. 8.00 Diagnosis Murder. 9.00 JAG. 11.00 Star Trek: The Next Generation. Noon Walker. Texas Ranger. 1.00 NCIS. 2.00 CSI: Crime Scene nvestigation. 3.00 Diagnosis Murder. 5.00 JAG. 7.00 Bondi Rescue. 7.30 NCIS. 8.30 Hawaii Five-0. 10.30 SEAL Team. 11.30 FBI. 12.30am Infomercials. **1.00** Home Shopping. **2.00** Walker, Texas Ranger. **3.00** Hawaii Five-0. **5.00** Star Trek: Voyager.

COMICS

Bottled Fruit



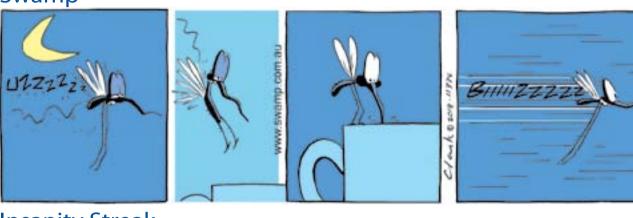
Insert Brain Here



Bushy Tales



Swamp



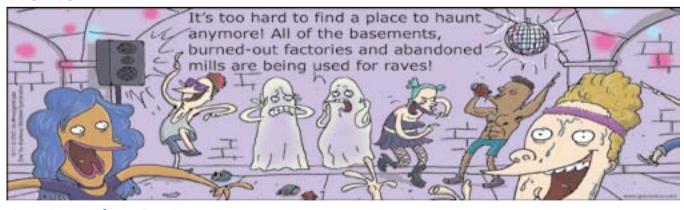
Insanity Streak



Doodley Squat



WuMo



Against the Grain



Ballard Street



Stewart has just enough hair to dry his socks.

Grin Bin



Matters of life and death

This week CQ Today continues looking at cattleman Sir Graham McCamley's recollections from his book, Roads in the Sky.

In our 29th excerpt we look at Graham's life-threatening helicopter crash in 2007.

Looking back, Graham saw that there were many incidents along his path through life that took on deeper meaning as time went by.

In 2007 he had a vivid dream. he clearly saw a tree with a dead branch rising out of a green canopy of box trees in the helicopter yards at Tartrus.

And then he actually felt the impact as the helicopter clipped the branch - heard the 'dreadful crashing noise' as the Robinson 44 plunged to the ground, taking him with it.

Then he forgot about the dream, put it aside, and went on with what had to be done.

Two months later, in October, Graham was pulled from the crashed helicopter just a few minutes before it burst into flames.

All that remained was burnt, mangled

The nearby trees remained intact - even the dead branch rising victoriously from the canopy of green, which the machine had struck.

opy of green, which the machine had struck.

Graham had been yarding a mob of cattle.

Everything was going as usual when he swept down low to create some dust to move the cattle in.

He described it as 'dead man's alley' - 'so low you have no forward speed or enough height, so when you hover low over trees if the engine stops or you have mechanical failure, nothing can save you - you can't do an 'auto'.

"I was watching the cattle off my right side and took my eye off my left side," he said.

He clipped the dead branch with the tail of the chopper; the tail rotor only lost three inches off one blade.

"It made a hell of a noise, then the helicopter hit the ground upside down.

"A soon as I hit, I prayed immediately that God could save me -but it seemed impossible. The helicopter was thrown back up by the blades and finally settled upright."

Tom Emmery, Jenny's partner, and four other employees were in the yard below.

Tom and Luke Lolle helped Graham undo his seatbelt, hauled him out and carried him over to the fence, about 30 metres away; they lay him flat on the ground in the yard with the cattle, easing a log under his head to relive the neck pain. From there, they watched the first fuel tank explode.

"We saw the helicopter blow up, burn to



nothing."

Tom rode his motorbike four kilometres to the Tartrus office to call the emergency services. Daughter Jenny was on the scene a few minutes later.

It was clear to her that Graham had suffered spinal and possibly internal injuries. As a trained nurse she knew what to do - and what not to do.

"She didn't let them move me or touch me. Thank God for Jenny and her nursing knowledge, because my neck was broken in the C2 vertebrae - X-rays later showed that had it moved less than a quarter of an inch, I would have been paralysed and blinded.

"Her training saved my life."

Marlborough's ambulance crew were the first on the scene. They put a brace on his neck and strapped him up securely.

They were followed by paramedics from the RACQ Capricorn Heli Rescue Service, who airlifted him to Rockhampton Base Hospital.

There, the medics went straight into action. Graham had bruising and bad pain his neck, chest and pelvis.

They took X-rays of every part of his body.
Dr James Torrens, a South African, was the

chief doctor in Emergency.

"He was a very kind and efficient doctor and told Shirley, Jenny and Jacqui that I had to

be moved to Brisbane.

"He hardly left me all day until they finally put me on the Royal Flying Doctor plane."

To be continued next week.

Sir Graham's book Roads in the Sky, is available for a generous donation to The Lady McCamley Memorial Foundation from his office at 87 Bolsover Street, Rockhampton or Georges Menswear in William Street, Rockhampton.

The Lady McCamley Memorial Foundation is an ATO registered charity whose focus is on suicide prevention. Receipts are issued for all donations received.

The foundation is run by a diverse board of dedicated volunteers united in a desire to support rural Queensland families.



The news report for the air crash.

Style with H

By Helena Sant

Facebook: Helena Sant Personal Stylist Instagram: @helenasant_stylist Ph: 0400 964 366



How to shop smarter

Money management... It can make some people cringe and others gleaming with excitement! I love budgeting and keeping close watch on my spending habits especially when clothes shopping. Although math's has never been my strong point and I couldn't do algebra to save myself, I enjoy setting financial goals and striving hard to achieve them. Knowing what is missing or needs to be replaced in your wardrobe is one of my top tips when hitting the shops. I recommend as per my last column to take the time to record and go through each section of your wardrobe to ensure you are only purchasing items that you need.

Businesses are now using multiple digital channels to communicate with consumers via social media platforms, influencers, SMS messages, EDM (electronic digital mail) along with other marketing strategies to ensure their businesses and products are at the forefront of customers minds. It can be difficult to escape the overload of marketing collateral when our phone is often not more than an arm's length away. There are a few ways to ensure you don't feel tempted to make mistake or spontaneous purchases during sale time!

Here are my top tips to smart shopping:

• Create a separate email account to house

EDMs and marketing spam and log out of this account to ensure you are not caught spending hours scrolling.

- Try to shop every six months before a change of season (Spring/Summer & Autumn/Winter)
- Conduct a wardrobe audit at least every six months preseason and record items you need
- Keep your receipts over 12 months and track your spending habits. It can be a confronting exercise, however it can also be the motivator you need to reduce mistake purchases.
- Don't settle for items that you are not 100% in love with or that don't fit correctly.
- Make sure the item can be paired with other pieces in your wardrobe to create different looks
- Invest in good quality products!

For some, clothes shopping can be a daunting task, but I am here to help you let go of that fear and judgement once and for all. Building your wardrobe should be inspiring and motivating, so if you are struggling, please reach out and we can create a wardrobe that will work hard for you!

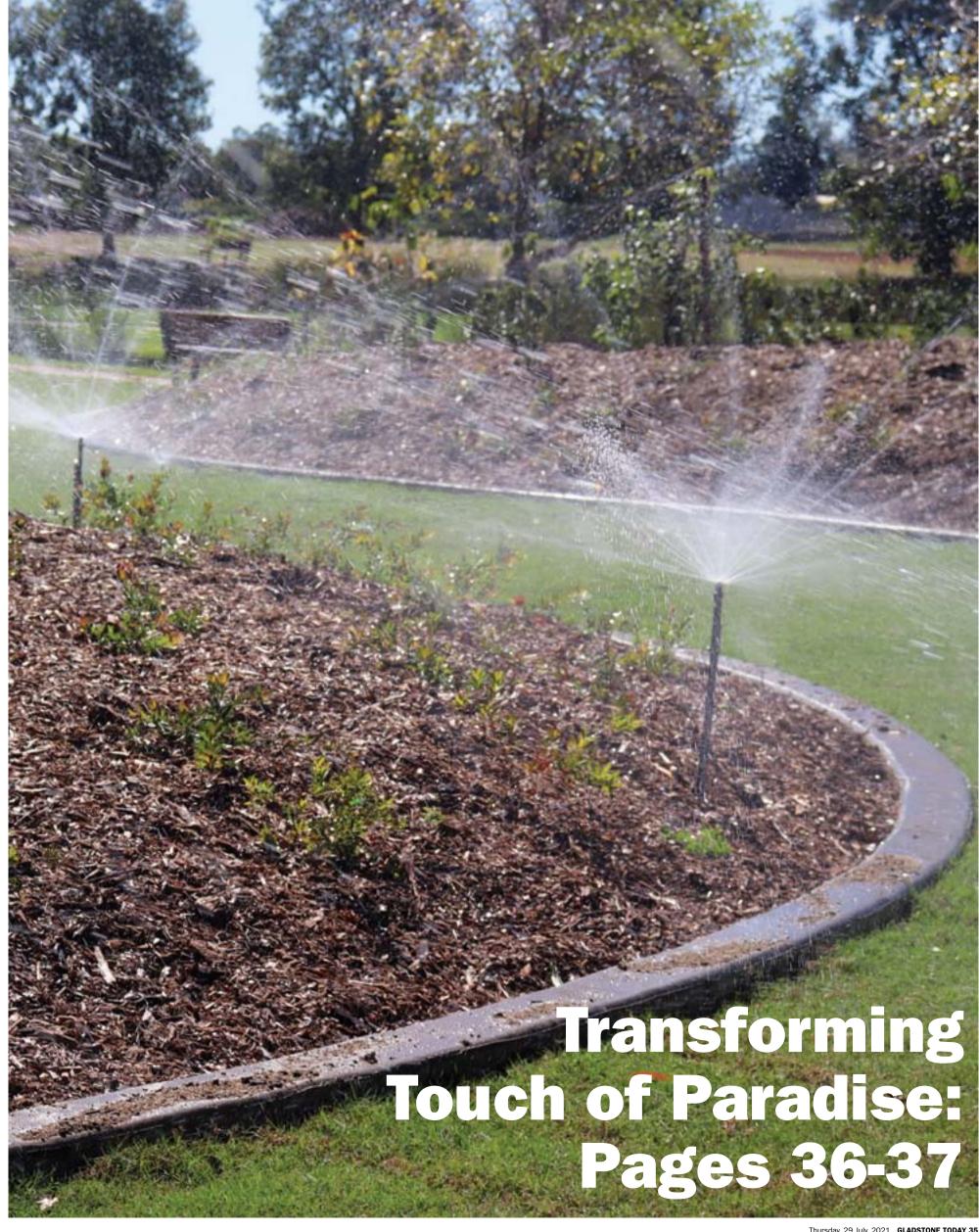


Helena Sant has tips this week to shop smarter.

Industry Today

Our local industries supporting our local communities





New look for our paradise

By Matthew Pearce

Think Water Rockhampton is just one of many local businesses working to ensure Touch of Paradise lives up to its name.

More than \$1 million is being spent on the Rockhampton Regional Council's project to transform the Touch of Paradise area of Cedric Archer Park in Gracemere.

A new irrigation system, landscaping and new shade structures are just some of the improvements residents will be able to enjoy.

Think Water owner and director Peter Hunt said the beautification of the surrounds at Touch of Paradise Lagoon was a continuation of the work started 23 years ago by Work for the Dole crews.

"Think Water started work installing the new irrigation system in March," he said.

"We're pretty pretty happy with what we've done, everything's coming up a treat, with the gardens looking absolutely magnificent.

"Last month's rain means the lagoons are back to half full again so the birdlife has started to come back as well.

"The beautification includes walking paths around the entire park and people are already starting to use them on a daily basis, all day, every day

"If we can give the turf another two months or so everything will look really good."

Divisional Councillor Ellen Smith said the project was making good on the council's commitment to transform Cedric Archer Park into one of the best in the region.

"From the water play area to the new benches and shade structures, not to mention the brilliant Pump Track, we have turned this area of Gracemere into a drawcard."

She said great work had already been done at Touch of Paradise including reshaping the lagoon, installing the new pathways, and building a new 43 metre pedestrian bridge.

"What we are doing now will take Touch of Paradise up to the next level."

Rockhampton Regional Council's Sports, Parks and Public Spaces councillor Cherie Rutherford, said council had worked on the detailed design for the Touch of Paradise upgrade for a long time.

"It was really exciting to get these works started in January of this year," she said.

"Since then we have really got stuck into the structural and irrigation works – repairing pathways, replacing seats, and getting that irrigation system in.

"The irrigation system is a key element of this project – there was only limited irrigation before so it was hard to keep some of the beautiful flora we have around here alive."

Mr Hunt said the project had opened up the area and 'finished off a few missing links' from the original design.

"It's one continuous walk now; if you did all the walks it'd be about 2km around three or four different sections of the pond, including the huge suspended swinging bridge that spans about 150m," he said.

"There are also four more smaller bridges that take you across the lagoons and out to is-



Think Water owner and director Peter Hunt is pleased with the progress at Touch of Paradise Lagoon. Check out the changes underway at the park on this page and next.





lands where I envisage people might want to get married and have ceremonies out there."

He said Think Water had about four people working on the project full time since March.

"Full credit to the Work for the Dole crew from all those years ago, their work was damn good and its lasted 23 years," he said.

"Very little of the work they did had to be redone, just added to.

"We redid all of the irrigation of course, but the paths, the chairs and tables that they built, as well as the fencing, is still petty much intact.

"This project involved finished off the missing links that were there, including adding some more lookouts over lagoon, as well as seating areas where you can just pull up and sit and admire the view."

Mr Hunt said it was important council worked with local businesses like Think Water.

"That's what we love to see, yes, the more they can support us, the more we can support the people in Rockhampton by hiring and spending money locally." Work is expected to be complete at Touch of Paradise in the near future, with Mr Hunt anticipating a 'Spring campaign' for opening.

Established in 2010, Think Water Rockhampton services residential, industrial, commercial and agricultural clients.

They pride themselves on delivering professional advice and premium quality pumping, irrigation and filtration products.

Think Water are the local specialists in solar-powered pumping solutions for boreholes, dams and water harvesting storage tanks.





















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Joel Minor and Connor Fulloon on top of the world working on a roof.

Nicholas Manoiloff, Joel Minor and Connor Fulloon are the team from from Refined Space Constructions.



Connor and Joel from Refined Space Constructions.



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Experience is Refined

Bv Matthew Pearce

While the end product is one thing, it's all about the journey for Rockhampton business Refined Space Constructions.

A 'chippy' by trade, Joel Minor started his career as a school-based apprentice, working at two Rockhampton businesses before leaving to start Refined in 2017.

"I worked for a father and son business specialising in high-end houses but things got a bit quiet so I left and started doing my own thing," he said.

Refined Space Constructions specialises in all residential jobs big and small, including bathoom, laundry and other home renovations, as well as decks, extensions and sheds.

After last year's major hail storm, the business is even trying its hand at roofs, taking advantage of the cooler winter weather to take on hail-damage projects.

As if he's not busy enough, Mr Minor also works on resin furniture in his spare time.

"These days, I work 50 per cent of the time in the office, while employing three staff - a third-year apprentice and two tradies."

Mr Minor said most of his jobs came from social media promotion and positive word of mouth thanks to the businesses' customer fo-

"People take in and consume content and they seem to know you by the time you get there," he said.

"What makes us different from other businesses is our focus on the customer experience side of things. It's not about the final result, it's about the journey the customer goes through along the way.

"People are always telling us that they can't get tradespeople or about the bad experiences they've had dealing with tradespeople in the past.

"If you've had a bad experience, you're not going to tell people about the architrave in the bathroom that was the end result, you're going to talk about how the builder was and what your experience was like throughout your renovation."

He said it is all a matter of communication.

"Refined Space Constructions takes you through a process that is like no other to ensure you don't end up as a statistic in the building industry with a bad experience and a sour taste in your mouth.

"It's a matter of letting the customer know what's going on - who's coming, when they're coming, what they're doing.

"Even something as simple as sending them a text message makes a big difference."



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A big region needs a fast response



RACQ CapRescue ball

25 years ago, John Bavea had a dream that a service was needed to keep the people of Central Queensland safe, in a region as diverse as it is vast. It was the beginning of RACQ CapRescue.

On Friday night this achievement was celebrated, and a fantastic night was had by all at the RACQ CapRescue 25th Anniversary Ball presented by QMAG.

Over 370 people gathered at the Rockhampton Leagues Club to celebrate the many milestones RACQ CapRescue have achieved across their 25 years of operations.

One of which was the arrival of the modern and more capable AgustaWestland 139 (AW139) helicopter to the Rescue300 fleet. Guests were treated to canapes and drinks while the new aircraft shone in the

background, thanks to pre-event sponsor DC Motors.

Then the festivities moved upstairs for dinner, drinks and inspirational speeches from special guests including the founding force of John Bavea and past patient Alison Hugo

Some lucky attendees were able to get their hands on the much sort after raffle balloons, which contained some amazing prizes from the wonderful community that support us.

DC Motors and High Point Access were the big winners of the night in the silent auction, scoring the opportunity to fly in the new AW139 helicopter.

All that was left was for The Short Fall to fill the dancefloor and they didn't disappoint!

A night such as this cannot happen without support, from our table sponsors Stanwell, Coxons Group Australia, Kitchen Design CQ and Hutchinson Builders.

Naming Rights Partner, QMAG; Pre-Dinner Event Partner, DC Motors Rockhampton; Gold Partner, Babcock Mission Critical Services; Silver Partner, Hastings Deering and Bronze Partners, Kestrel Coal Resources and Hillcrest Rockhampton Private Hospital. All of which contributed a sensational level of support of the event and RACQ CapRescue.

To view the photos from the event please scan QR code.

Right: Founder John Bavea







Rescue300 crew praise hikers



Avid hikers looking to make the most of the cooler winter weather and catch a great view, recently hit the Mount Larcom track. However, things didn't exactly go according to plan when the mother and daughter duo found themselves lost on the western side of the mountain.

Suffering minor scratches to their legs and disorientated after going off track, the two women phoned emergency services for assistance.

Target exceeded

This year, RACQ CapRescue asked the community to help them in reaching their target of \$150,000 during their 25th Anniversary Appeal. The result delighted

Whilst in phone communication with the pair, the Rescue300 crew performed a search of the area and soon located the hikers on a steep slope of heavy bushland. A Rescue Crew Officer was winched approximately 150 feet into the location to retrieve the duo.

RACQ CapRescue Rescue Crew Officer, Cameron Fewtrell commended the hikers for their emergency preparedness.

"While this isn't the outcome the two would've expected from their day, the situation could've been a lot worse.

"Equipped with some form of communication and hiking in pairs are actions we strongly encourage when exploring remote locations across Central Queensland."

Once all were on board, the Critical Care Paramedic assessed both ladies for any potential injuries. The Rescue300 crew were met at the Mt Larcom carpark by Queensland Police Service personnel who collected the ladies and ensured their safe transport home.

the organisation as Central Queensland got behind the service and helped them exceed their target by donating over \$178,000!

The 2021 Appeal had a dual purpose, to support them in raising \$150,000 and to help celebrate 25 years of saving lives in Central Queensland.

The generosity and support from the Central Queensland community and businesses



It's here!

A new helicopter for RACQ CapRescue has touched down.

More info | https://caprescue.org.au/news/category/community/

Be our hero. Donate today.

@ caprescue.org.au





is what has allowed them to continue performing life saving missions to those who need it, free of charge for the last 25 years.

Special mention to Middlemount Coal & The Outpost - Arms and Munitions for their involvement in this great result!

Right: RACQ CapRescue is available free of charge to Queensland residents 24 hours a day, 7 days a week and 365 days a year.





Hastings Deering CQ area manager Peter Martin with Hastings Deering staff.



Hastings Deering staff in Rockhampton.

Cat man's 40-year career

When Hastings Deering trainers tell newly inducted apprentices, they can have a long career with the company, it is not merely rhetoric, just ask CQ area manager Peter Martin.

Martin started with the company as a firstyear apprentice diesel fitter in Rockhampton in 1983 and as he moves towards his 56th birthday, has spent more than 38 years with Hastings Deering.

"I loved it right from the start: the journey giving me experiences I would never have thought of when I started that first day," Martin says. "I spent the best part of 10 years across two different stints working in PNG and the Solomon Islands.

"When I first went to PNG, our children were aged three, six and nine and spent a significant part of their early years learning and being educated on the PNG culture. They are all adults now but still remain in contact with some of the children they met during this time. They still reminisce about their early years growing up in PNG."

There have been many projects and operations Martin has overseen most recently being part of Qantas' 100th anniversary and restoring the 'airstairs' for the Longreach Museum covers off on nostalgia (which Hastings Deering originally constructed in the 1950s). However, Martin confesses his favourite machines to work on, are the 793B large mining truck and the D11N dozer.

"You think being a diesel fitter I would love the mechanics of the machinery the most," he says.

"But what I really love is the fact it is Caterpillar, that yellow and black that is renowned around the world. I also really love working for Hastings Deering and whilst I am still in good health, I hope to continue working until at least 65. It's a true family company: the people, the experiences I have obtained and what the Hastings family has taught me about life."

Martin spent nine years in the Rocky Field Service after completing his apprenticeship in 1986, moving onto Emerald as a mining support representative, then to a role of onsite project manager at the BMA Goonyella Riv-



Peter Martin's three children during an Oktedi Mine tour at PNG in 2005.

erside Mine, before moving to PNG as Tabubil Business Centre Manager in 2002 and then to Port Moresby as PNG Service Operations Manager in 2005.

A stint in Mackay as regional manager for the Equipment Management Group brought him back to Australia temporarily, before heading back to PNG in late 2015 as area manager for PNG and then to the Solomon Islands, in late 2018.

Today he's back in Rockhampton and when pressed for his fondest work memory, it was when working in the field.

"Back around early 1990, I did a complete final drive and steering clutch rebuild on a Cat D7G dozer in the middle of a cotton paddock



Hastings Deering CQ area manager Peter Martin on the Qantas airstairs with Kalair McArthur, a Qantas Museum director based in Rocky.

down at Arcadia Valley near Rolleston," he

"It still stands out for me to achieve the finished job to the customers satisfaction, on time and to cost expectations. That's what I expect from our team today: nothing has really changed. Right from that first day it was all about doing your best every day."

Here for Gladstone

RioTinto



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Here for Gladstone represents the community contributions of Rio Tinto Yarwun, Boyne Smelters Limited and Queensland Alumina Limited. Growing Gladstone, together.



Saab assists marine pilots

Swedish aerospace and defence company Saab is delivering its flagship Pilot Dispatch Management System PilotControl to Gladstone Ports Corporation's marine pilots.

Forward planning and accurate assignment of marine pilots to vessel traffic can be challenging.

Saab helps pilot groups around the globe to streamline their processes while incorporating varied and complex rules and rostering needs.

Saab helps clients eliminate duplicate data entry, improve stakeholder communications and provides integration options with third party IT systems.

The Pilot Dispatch team will gain streamlined access to all pertinent information, helping them to make timely and informed deci-

Head of Maritime Traffic Management at Saab, Tomas Hjelmberg said Saab able to achieve all this and more for GMPS through its unique PilotControl web dispatching dashboard and pilot-friendly smart phone application.

Gladstone Marine Pilots (GMPS) will also be backed 24/7 by Saab's dedicated support team to ensure continuity of port operations.

Mr Hjelmberg said the project further consolidates Saab's position as leading supplier of advanced pilot dispatch management systems.

"A larger user base benefits all our customers as it speeds up our development of new functionality. Saab is excited for this project as GMPS have elected to interface their PDMS direct with Maritime Safety Queensland's (MSQ) Port Community System called QSHIPS," he said

The GMPS Marine Pilot team facilitate more than 4600 pilotage jobs annually and with the new application they will be able to display up-to-date information.

GPC'S GMPS manager Capt. Lincoln Ted-



Saab is delivering its Pilot Dispatch Management System PilotControl to Gladstone Ports Corporation's marine pilots. Pictured is the Shin Kenryu at Gladstone.

man said the application would increase efficiency.

"We have a very professional and dedicated team of pilots whom safely guide ships into and out of our ports 24-7 and 365 days a

year," he said.

07 4936 1232

"It is vital our pilots have the necessary and the latest tools to conduct their work at the highest safety standard. We coordinate very closely with Maritime Safety Queensland to ensure shipping to our ports is provided safely, efficiently and at the highest standard possible.

The application will further improve our internationally accredited services."

Groeneveld CQ

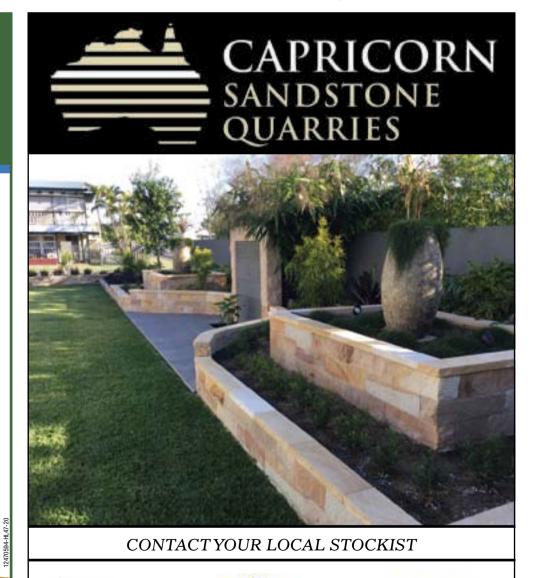
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Preparation for a dry clean washdown.



More washdown works on an industrial plant.



Preparation of a dry clean washdown.

Clean up is heavy duty

By Sean Fox

Five four-wheel drive work vehicles. Four quik spray units. Five industrial mowers. Three tractor slashers. A remote control tracked mower. A tip truck, a tilt tray, an extreme offroad caravan for isolated works, quad bikes, a four-wheel drive buggy and remote control tracked mower. Wetzler Pty. Ltd musters all of their resources to achieve their customers' goals.

Whether it be weed control works, weed and seed certifications, office and site cleaning, drone technology, or independent drug and alcohol services, this family-owned and operated team of professionals will help you problem solve with all of their might.

Their goal objectives are involved in weed control and site maintenance which incorporates aspects of pasture management to control declared and invasive weeds.

Based in Marmor, located south of Rockhampton, James and Tracy Wetzler along with sons Nathan and Dale are committed to ensuring your property issues are resolved.

"We are an independent third party contaminated weed and seed certifier, which means that we inspect vehicles and machinery to ensure that the machine is free from weed/seed contamination before it goes into a property or environmentally sensitive areas," Mr Wetzler said.

"We also do the necessary wash down of contaminated vehicles or machinery and equipment."

Employing 12 staff members (five permanent, and seven casual workers), a dedicated team awaits to serve you with absolute efficiency and honesty while the business is open seven days a week.

The team happily travel to locations as far as Townsville, Charters Towers, the Surat basin and Gladstone, plus other locations across Queensland to serve their customers at a high standard.

"We have industrial portable wash down mats, weed and asset surveys, mowing (industrial and private), cleaning and slashing



A Wetzler team member appears dirty during one of the washdowns.



A piece of machinery can be seen on a washmat.

services," he said.

Wetzler Pty. Ltd. (as it is now known) started out as James Wetzler Contract Labour Hire in January 2002.

The company has close working relationships with Biosecurity Queensland, the weed research station at Charters Towers, Attend Weed Symposiums Queensland, weed





Here workers can be seen underneath a piece of machinery during a washdown of the LNG gas pipeline.



This vehicle had surprisingly been certified clean. Go figure.

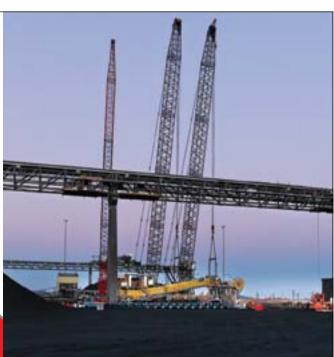
management works, coal mines, quarries, renewable energy projects, environmental organisations, national parks, and local governments.





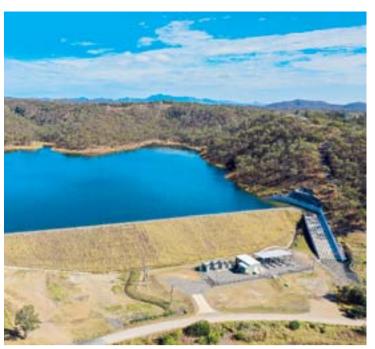
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GAWB will spend more than \$170 million dollars on critical infrastructure upgrades and capital projects at Awoonga Dam over the next four years.

Water storages topped up

Gladstone Area Water Board has unveiled its new Offline Storage Facility, ensuring uninterrupted water supply for the region.

Valued at \$29 million, the Offline Storage Facility supports the provision of safe and highly reliable water supply for the Gladstone region.

GAWB chief executive officer Darren Barlow said the new facility will ensure the longevity of Awoonga Dam.

"The Offline Storage Facility is a significant investment towards advancing water reliability for our customers and the broader Gladstone region," Mr Barlow said.

"The facility allows us to safely undertake critical inspection and maintenance works without impacting our ability to provide continuous water supply.

"Together with the Standby Pump System, the 1100 ML storage facility is maintained at nearly full capacity ready for use, which is approximately two weeks water supply to the region."

Mr Barlow said the opening of the new facility is a significant milestone in GAWB's longterm capital works program.

"Much of the mechanical equipment at Lake Awoonga is over 25 years old and will require longer periods of time offline for inspection and maintenance in the coming years," he said

Member for Gladstone Glenn Butcher said the successful delivery of the Offline Storage Facility shows the Palaszczuk Government can deliver Queensland reliable and cost-effective water infrastructure.

"As the operator of Gladstone's sole water source, Awoonga Dam, GAWB provides an essential service that promotes the economic development and enhances the lifestyle of regional Queensland," he said

"This vital investment continues the ongo-

ing development of an upgraded water network that will improve security of water supply to the Gladstone region and reinforce its appeal as a location for major industry development."

The facility operates the same way a dam does, using the surrounding hills and dam wall to hold water; the difference being that this facility is designed to hold water, not collect water from a catchment.

GAWB will spend more than \$170 million dollars on critical infrastructure upgrades and capital projects at Awoonga Dam over the next four years.



Shoalwater skipping locals

By Matthew Pearce

Local businesses have backed SMW Group CEO Jack Trenaman's push for a fair 'piece of the pie' at Shoalwater Bay.

Mr Trenaman spoke out in local media last week, calling on the federal, state and local governments to change their approach to the \$2.25 billion Shoalwater Bay Training Area upgrade project.

He said local businesses were missing out on government tenders thanks to a loosely applied "local preference clause and more loosely applied value for money clause".

British construction giant Laing O'Rourke was awarded the management contract for the project, opening a shopfront in Rockhampton just before the project began.

"We don't have an issue with the managing contractors just the inconsistent process they are following for local awards," Mr Trenaman said

ernment were taking the concerns of local businesses as criticism. "We just wish they would take these con-

He said the politicians at each level of gov-

cerns onboard as an opportunity to improve the current tender award process," he said. "Eighty percent local content clause was

"Eighty percent local content clause was supposed to mean local existing business content.

"When our Member for Capricornia was voted back in, her promise was 80 percent local content for this local defence project and we all agreed and supported this and she was voted back in, so we all just want this promise upheld transparently.

"Since Covid, the Honourable Prime Minister has spoken about sovereign risk and the need to reintroduce manufacturing capabilities back into Australia, especially when we couldn't even make a face masks in Australia when we needed them at the height of the pandemic."

He said Shoalwater Bay was a great opportunity to develop regional business skill sets similar to training apprentices and this approach would then keep taxpayers' money in the local Australian communities.

"This is where the real 'value for money' is, building local communities.

"On the state government level the government has introduced regional manufacturing hubs to reintroduce regional areas into manufacturing services to rebuild lost offshore business capabilities and decentralise the southeast corner's concentration of services," he said.

"We all agree with this and support it 100 percent and Shoalwater Bay is a great project to do this.

"At a local level we have the Advance Rockhampton body and committee which was formed to help build the local economy we all agree and support this totally, but why aren't we using the Shoalwater Bay defence project to build organic growth with the existing long term rate paying businesses?

"We all want the council to support their community business members better also to support business and future jobs at Shoalwater Bay."



Garry Vincent from OnHire Rentals and Artie Stokes from Stokes Mining want local businesses to be given a chance at Shoalwater Bay Training Area.

Mr Trenaman said local businesses were being left out in favour of larger businesses and prior relationships.

"No local business wants a free ride however the tender review process should be assisting in the local businesses on how to be awarded, not just getting local business to the table as a particular local content manager suggests," he said.

"So it's time for the community to view the report on 'total spend to date including the managing contractors costs versus total spend to date with local business'.

"This report is available but I have been refused on two occasions of viewing it by the managing contractor.

"Another worthwhile report we have being complied is the ratio of active local business to non-local business working onsite currently and business registration dates.

"At Shoalwater Bay we have non-Australian owned major contractors managing these contracts that don't have the same understanding of what the local Central Queensland regions are about

"All we're asking is for those three levels of government who have made these election promises to fulfil the promises as that's why they were all voted into office to deliver on their promises."

He said this issue wasn't a 'Jack' thing, rather a 'CQ thing and a business CQ thing'.

"Looking at the \$1.2 billion spent up there at Shoalwater Bay over the next 18 months to two years if we don't start accelerating more inclusions for local businesses and helping them grow their skillsets, it'll be too late.

"We must have consensus to get the local

content at 80 percent like they all said it should be."

Garry Vincent, who runs Rockhampton business OnHire Rentals Pty Ltd, said businesses had been advised to work together to meet the 80 percent local content objective.

"After attending extensive community forums around the Defence Project, we were advised as small business owners to partner with others similar to ourselves in order to obtain packages that suit our business models," he said.

"As a result, Stokes Mining and OnHire Rentals teamed with NARIMU, a local indigenous labour hire company based in Woorabinda supplying labour and resources to local government as well as mining and management of rural activities."

He said he businesses found the process inhibitive and 'designed to push local suppliers away'.

"For example, 104 legal pages to supply one Telehandler with only one day to complete it. We were not offered access to labour hire, even though we had a strong local indigenous content," he said.

Mr Vincent said the three businesses were concerned that the 80 percent Local Content Guarantee had not been met and local business had been left out as "more non-local companies open empty shop fronts to secure the position of preferred local suppliers".

"We believe there needs to be transparency in the whole process, with Defence showing the true percentage of content based on geographical head offices," he said.

"There needs to be an open forum with all stakeholders including our Local Federal



Member to discuss these issues before it is all over and the money goes overseas."

Mr Vincent said the Manned Camp at Shoalwater Bay had contributed to an 'effective FIFO operation'.

"Local business is active within the community at all levels including employment, training, sporting club sponsorships and actively promotes the region that they live in," he said.

"They actively grow the economy and should be given a preference over the southern companies.

"The managing entities have used their positions to employ their own labour and equipment hire companies to effectively push locals out."

A Department of Defence spokesperson said Laing O'Rourke, the managing contractor for the Shoalwater Bay Training Area Facilities Project, had committed to sourcing around 80 per cent of the value of subcontracts from the Central Queensland region.

"Subcontracting activities must be undertaken consistent with the principles of the Commonwealth Procurement Rules – notably achieving value for money, encouraging competition, and conducting efficient, effective, economical and ethical procurement," they said

"This is the case for all work packages, regardless of the size."

The spokesperson said a Local Industry Capability Plan was developed to maximise opportunities for local businesses as part of the Mmnaging contractor's contract with Defence.

"For the Shoalwater Bay Training Area Facilities Project in Central Queensland, around \$286 million from a total of \$346 million of work packages have been awarded to local companies in the Central Queensland Region – including Rockhampton, Livingstone Shire Council, Mackay, Moranbah, Emerald, and Gladstone areas," they said.

"Accommodation camps have been established to provide a supplementary accommodation option to support the Major Capital Facilities Project workers travelling from the Rockhampton and Livingstone areas.

"These camps have been established to mitigate workforce fatigue and journey management impacts, not to encourage utilisation of FIFO workers."



Route revealed: Race maps unveiled for Port to Park

The official race maps for Gladstone Ports Corporation's (GPC) new-look fun run, the Port to Park are no longer a mystery for more than a thousand eager participants who have already registered.

Less than 20 days remain until the starting line pistol fires, marking GPC's newlybranded fun run.

The new running courses, include a nine-kilometre Koongo Dash and a threekilometre Yallarm Family Fun Run - both start and finish at GPC's award-winning East Shores parklands.

For the runners who are keen for a challenge, The Koongo Dash is the best fit. The 9 kilometre course guides runners through East Shores, down to the Marina before and through to the turning point at Spinnaker Park before sprinting back through the Marina, up Goondoon Street, around the Grand Hotel and down to the finish line at

While the three kilometre Yallarm Family Fun Run similar and features beautiful waterfront views, participants will instead make U-turn- at the Marina before making their way to the finish line at East Shores where the festival of fun awaits them.

Chief Operating Officer, Craig Walker said the courses are designed to showcase GPC's picturesque waterfront parklands including East Shores, The Gladstone Marina and Spinnaker Park.

"We have received over 1100 registrations before we announced the race maps!" Mr Walker said.

"That just goes to show how eager the community is to get out for the Port to Park - they haven't had a fun run of this size since 2019, so I think this year's new-look event is



The map for the three-kilometre Yallarm Family Fun Run.

going to be one to remember," he said.

Mr Walker said the event coincides with the first anniversary of East Shores 1b since it opened as well as the 25th anniversary of Spinnaker Park.

"Not only are we proud to be celebrating the launch of our new fun run but we're also throwing a birthday party for our parklands including East Shores 1b's first anniversary," he said.

"The Port to Park is a real milestone event celebrating everything the community loves about our parklands and its original, industrial history," Mr Walker said.

"And what better way to celebrate these community milestones than to run through them with the entire community," he said.

"I'm sure we will see a lot of locals using the new course maps to warm up and prepare themselves for the big event."

"I can't wait to see the whole community there on race day!'



The official race map for the Port to Park nine kilometre Koongo Dash



SMW Group CEO Jack Trenaman has backed local league for over a decade.

Industry backs locals

By Liam Emerton

With our local industry sector strongly behind local sports and events, there was never any doubt that an NRL match would have the backing of the sector.

The St George Dragons will play host to South Sydney Rabbitohs this weekend at Browne Park and many of our local companies are backing the big match.

SMW Group CEO Jack Trenaman said it was great to see the incredible effort in backing these local events and local teams.

"Most people have to appreciate the effort that the Capras put in, Peter White and especially Rob Crow," he said.

"A huge thank you to all the sponsors who hung in through the tough times and kept ensuring their sponsorship was flowing through to the Capras, otherwise the Capras and the

local QRL community wouldn't have been financially secure enough to put on an NRL game.

"We need to show support to the Rockhampton Leagues Club for them underwriting the finances that the NRL requested before the

"And for all those sponsors who tip-in to make sure the funding is there every year.

"We sponsor the local referee's association and have done for the last 10 years and likewise for the Capras.

"Not only do we put some sponsorship towards the Capras and we have employees that come through the Capras' system.

"I've been doing that for a long time even before my SMW days.'

The NRL match will be held at Browne Park on Saturday at 3pm with the CQ Capras set to play directly after.





5-YES Halfway Progress Update

Queensland Alumina Limited (QAL) is the fourth largest alumina refinery in the world. We commenced production in March 1967 as Australia's first alumina refinery.

We produce around 3.7 million tonnes of the world's best smelter-grade alumina each year, used locally by Boyne Smelters Limited and shipped across the globe.

For over 53 years we have been producing alumina in Gladstone as one of the largest employers, generating billions of dollars of value for the Queensland economy.

In mid-2018 we committed to a **5-Year** Environment Strategy (5-YES) comprised of over **60** capital improvement projects and organisational culture change initiatives. The program was a commitment made by QAL to deliver year-on-year improved environmental performance. With the investment increased from its original estimate of \$270M to a now fully scoped **\$400M**, the complex portfolio has been prioritised to improve environmental performance at QAL, reduce the risk of QAL impacting the receiving environment.





Employees helping to create change by searching for environmentally sustainable alternatives. Our employeedriven team has so far eliminated styrofoam cups on site, implemented sustainable toilet paper and collected over 7,000 ear plugs for recycling through Terracycle. The team is reviewing local supplier options for all site consumables and purchasing only the most sustainable option where available, eg. 100% recycled office paper and currently trialling biodegradable bin bags.



Total project progress

Projects are categorised into air quality, noise reduction, and the management of land and water.

Some projects are to reduce the likelihood that a process incident could impact local environments. Other projects provide reductions to odour, dust and alkali emissions. This mix of projects will help us sustainably reduce our environmental risk while also providing better day to day outcomes for our community.



Non-condensable gases from our digestion process are a large contributor to our odour emissions. While these gases are harmless to our community and evironment, we recognise this odour is not pleasant and it is an ongoing priority for us to reduce them. We have 2 thermal oxidiser's which destroy some of these gases. These act like a giant.... like a giant Bunsen burner, burning off any odorous gases that are able to be sent to it.

We have completed 2 projects, one to supplement the thermal oxidiser with a bigger, more efficient unit and the other to send additional odorous gases to the new unit

22	Air Quality Aircrossokali out and odours	S15.3M spent of that includes: Other S2.4M Duet STM Accords \$4.0M
ంద్రం	Water Manage Talings dam salt wa management, storri groundwater	\$62M
**	Land Manager Contamination, into and future prairing	spent spent
4 0)	Noise	S0.2M spent

# of projects completed	if of projects currently in construction
10	6
5	6
7	7
1.	0

For more regular updates and project information, along with the full project implementation plan, please see our website:

http://www.qal.com.au/our-approach/environment.aspx

To contact us please: call 1800 181 110 or email feedback@qal.com.au

Gardening Neil Fisher







Frenchville State School representatives at the Frenchmans Creek NTD planting in 2019.



Rockhampton councillors and staff ready to plant trees in 2020.



Moores Creek, planted 2005, pictured 2007.

Planting for the future

The seeds were sown in Rockhampton, when the first community National Tree Day planting event was held in the grounds of the Sisters of Mercy's Range Village.

That day fifty people from across the Rock-hampton Region showed up to plant 300 un-derstory Native Plants within the park at the Range Village.

What you may not know is that the Rockhampton Region is one of only four communities within Australia that has participated in every Planet Ark's National Tree Day.

But prior to the establishment National Tree Day Rockhampton City had conducted many community tree plantings. In 1937 the Rockhampton Girl Guides and Rockhampton City Council planted Campbell Street, from the Showgrounds to North Street, with the Native Bauhinia.

In 1935, a referendum was held in Rockhampton to select a tree to become the floral emblem of our city. Botanic Gardens Curator H G Simmons, had made the suggestions for the floral emblems, with the Native Bauhinia or Lysiphyllum hookerii being the successful tree.

The residents of our town at that time were given the opportunity to select from six flowering trees.

If there is an highlight of National Tree Day in Rockhampton it would be the transformation of Col Austin Park along Moores Creek, particularly between Kerrigan Street and Stocklands. Before the plantings this particular section of the waterway was nothing more than gravel pit and a blot on Rockhampton's environment.

Now people would argue that all those trees growing between Moores Creek Road and Moores Creek have always been growing there. And not planted 2004 and 2007 as part of National Tree Day. Rockhampton Regional



Neil Fisher in 2004 with Lakes Creek State School representatives at the school's planting day at Moores Creek.

Council has continued the tree planting along Moores Creek right up to recent times. National Tree Day is a great day to be part of

WHERE TO PLANT FOR NATIONAL TREE DAY There are three planting sites for National Tree Day in the Rockhampton Regional Council

Those sites include:

- Frenchville Road, North Rockhampton,
- Yeppen Lagoon Rockhampton,

so come and join us this Sunday.

- Remembrance Park Gracemere.
- Livingstone Shire Council area. ■ Fisherman's Beach Boat Ramp, Emu Park
- NATIONAL TREE DAY PLANTING HINTS

1. When planting trees in open areas, it is al-

ways important to dig a hole at least twice the size and twice the width of the pot from which the plant has been removed. A soil mixture containing at least 50% vegetable matter, a moisture retention agent, and a well-drained sandy loam is best to go around the young plant. I would always recommend using a combination of a slowrelease fertiliser, such as Osmocote, in conjunction with an organic low-phosphorous granulated fertiliser such as Blood and Bone.

2. When planting young tree seedlings in exposed positions, placing a clear plastic tree tube, commercially known as Grow Tube, will help protect the young plant from wind and leaf-eating animals. It will also gather condensation on the inside to help increase the moisture around the base of the plant,

and are usually best supported by placing three or four tomato stakes around the inside circumference of the tree tube.

3. When planting large quantities of tree seedlings in exposed conditions where a regular supply of water is not available, it is well worth considering recycling your old two litre milk and softdrink containers, as these will allow the tree seedling to aquire sufficient water to sustain plant growth for a period of up to seven days. What is required is for a heated needle to be spiked through the lid of the container to allow the water to drip slowly through it, then place it, lid down, as close as possible to the seedling, and preferably slightly buried in the ground. In some circumstances, a small stake and ties may be required to support the container.

Rural Matters

On top of drought reform

By AgForce general president Georgie Somerset

For a not-for-profit peak industry body like Ag-Force to have its long-form Agricultural Business Cycle Policy adopted in large part by the State Government is no mean feat.

We've been working at this since 2015, embracing the knowledge that compared to other sectors of the economy the business environment for Australian agriculture is highly variable, with dry periods a recurring feature.

We've also lobbied government strongly and tirelessly on your behalf to make sure they've known all along how tough it's been for so many of you.

65 per cent of Queensland is still in drought – that's despite greater than usual rainfall across many parts of the State.

So we rightly applauded the Government when they announced in the June budget a new suite of drought programs.

Programs that will ensure Queensland producers currently in drought continued access to existing funding, while allowing all producers access to funding at all times – whether they're drought declared or not.

These programs put the power back in the hands of producers – the people who know their businesses and their land best – enabling farmers and graziers to undertake vital preparedness activities.

Activities for fodder storage, new water infrastructure, grain storage, more efficient



About 65 per cent of Queensland is still in drought

irrigation – whatever works best for each producer's enterprise.

New in-drought emergency programs targeted at 'carry-on activities' will also allow producers throughout the State to identify the measures that will best enable them to survive drought.

We haven't received everything we asked for and we're still waiting for these new regulations to be finalised by government, but because we've been on the inside, working with them, we trust they've listened to us on your behalf.

AgForce expects the new programs to begin rolling out in the last few months of the year.



AgForce general president Georgie Somerset

And, as always, we will continue to listen to feedback from our members so that we can communicate strongly to this State Government what it is you need to combat not only this current drought, but to withstand future droughts when they arise.

To access drought assistance programs, visit daf.qld.gov.au and search 'drought'.

Decreased yarding at Gracemere saleyards

CQLX Gracemere agents had a decreased yarding of 3038 head on Wednesday 21 July, comprising of 1415 steers, 1101 heifers, 358 cows, and 100 bulls.

Cattle were penned from across Central Queensland, North to Bowen and Collinsville.

There were several small lines of PTIC females penned along with some very good quality vealer and yearling cattle. The buyer panel was similar to last sale with additional restockers active throughout the day improving prices in many categories.

HIGHLIGHTS OF THE DAY

P Jacklin, Dingo Sold Brahman Cross Steers for 424c/kg weighing 519kg returning \$2,201 per head.

Bella Grazing, Banana Sold Brangus Weaner Steers for 550c/kg weighing 310kg returning \$1,705 per head.

R J Dunning, Morinish Sold 15 No.0 Limo Cross Steers to top at 460c/kg to avg 498kg to return \$2,184 per head.

J and Y Galea, Sarina Sold Brangus Cross Weaner Steers for 598c/kg weighing 258kg returning \$1,546 per head.

Deem Family, Dalma Sold Speckle Park Steers for 636c/kg weighing 246kg to return \$1,565 per head.

IL Farmer, Thangool Sold Brangus Cross Steers for 387c/kg weighing 593kg to return \$2,296 per head.

Evan Woodard, Duaringa Sold Brangus Steers for 618c/kg weighing 222kg to return \$1,375 per head.

Kenwill Holdings, Stanage Sold Brangus No.0 Steers for 494c/kg weighing 375kg to return \$1,857 per head.

Malvern Developments, Keppel Sands Sold Weaner Steers for 644c/kg weighing 203kg to return \$1,310 per head.

Corones Family, Bororen Sold Droughtmaster Cows for 331c/kg weighing 646kg to return \$2,140 per head.

Parker Cattle Co, Alton Downs Sold Brangus Cows topping at 333c/kg weighing 756kg to return \$2,519 per head.

Wales Grazing Co, Biloela Sold Brahman Cross Heifers for 428c/kg weighing 421kg to return \$1,806 per head.

K Ball Goovigen, Sold Droughtmaster Heifers for 518c/kg weighing 240kg to return \$1,240 per head.

Bauman and Acton, Dingo Sold Charbray Cross Heifers for 410c/kg weighing 497kg to return \$2,040 per head.

Myola Partnership, Marlborough Sold Brangus Heifers for 516c/kg weighing 211kg to return \$1,089 per head.





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pumps. Drives 20 - 65mm
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& bit set, Multigrwips,
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WET DIAMOND



& dry cutting of tile, masonry, & concrete. Supplied w/ wet & dry cutting guards. Water supply attachment for clean cuts up to 40mm deep. Blade dia.: 125mm

FORECAST

Warnings

See www.bom.gov.au/australia/warnings

Gladstone:

Mostly sunny. Light winds.

Friday. Mostly sunny.

Rockhampton:

The chance of fog in the early morning. Mostly sunny day. Light winds.

Friday. Sunny.

Capricornia:

The chance of fog in the early morning. Mostly sunny day. Light winds becoming west to southwesterly 15 to 20 km/h in the middle of the day then tending southeast to southwesterly in the late afternoon.

Friday. Sunny. Light winds becoming east to northeasterly 15 to 20 km/h during the day then becoming light during the evening.

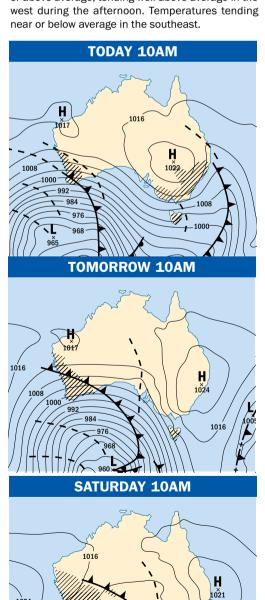
Central Highlands and Coalfields:

Mostly sunny. The chance of fog in the north in the early morning. Light winds becoming south to southwesterly 15 to 20 km/h in the morning then becoming light in the late afternoon.

Oueensland:

A weak trough in the southern interior will push off the east coast in the afternoon and evening. A high over southeast Australia will extend a ridge across the state in the wake of the trough. A slight to medium chance of showers about the far northeast coast. A slight to medium chance of showers in the southeast, with a slight chance of a storm about the border ranges in the early morning. Mostly sunny elsewhere, with the chance of morning fog in the Gulf Country District and eastern districts between Cairns and Biloela. Temperatures near or above average.

Friday. A high in the northern Tasman Sea will extend a strengthening ridge over most of the state. A slight to medium chance of showers about the far northeast coast. Mostly sunny elsewhere, with the risk of morning frost in the southern and south eastern interior. The chance of morning fog inland between Ingham and Moranbah. Temperatures near or above average, tending well above average in the



1024

hectoPascal

(hPa)

trough

Forecast Rain

24 hrs to 9am

GLADSTONE FORECAST









SATURDAY Mostly sunny. 24



SUNDAY Sunny. 25



















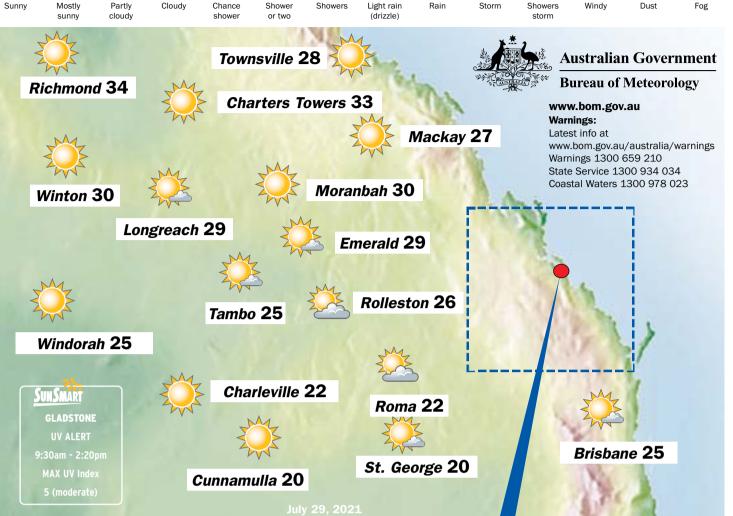












COASTAL WATERS

St. Lawrence to Burnett Heads:

Winds: Northerly 10 to 15 knots turning northwesterly during the morning. Winds turning west to southwesterly south of Yeppoon in the evening. Seas: Below 1 m. Swell: Northeasterly below 1 m. Weather: Sunny. Friday. Winds: Southerly 10 to 15 knots turning southeasterly 15 to 20 knots during the morning. Seas: Around 1 m. Swell: Northeasterly below 1 m inshore. increasing to around 1 m offshore. Weather: Mostly sunny.

Bowen to St. Lawrence:

Winds: Northeast to northwesterly about 10 knots. Seas: Below 0.5 m. Swell: Below 0.5 m. Weather:

Friday. Winds: Variable about 10 knots becoming south to southeasterly 10 to 15 knots during the morning. Seas: Below 1 m. Swell: Below 0.5 m. Weather: Mostly sunny.

Harvey Bay:

Winds: Northwesterly 10 to 15 knots turning west to southwesterly during the afternoon, then southerly in the late evening. Seas: Below 1 m. Swell: North to northeasterly below 1 m. Weather: Mostly sunny. Friday. Winds: Southerly 10 to 15 knots turning east to southeasterly during the morning. Seas: Below 1 m. Swell: North to northeasterly below 1 m. Weather: Mostly

Fraser Island Coast:

Winds: Northwesterly 15 to 20 knots shifting south to southwesterly in the late afternoon. Seas: 1 to 1.5 m, decreasing to 1 m during the afternoon. Swell: East to northeasterly below 1 m. Weather: Mostly sunny Friday. Winds: South to southeasterly 15 to 20 knots tending east to southeasterly 10 to 15 knots in the afternoon. Seas: 1 to 1.5 m. Swell: Southerly around 1 m. Weather: Mostly sunny.

CAPITAL CITIES				
City	Condition	Max		
Adelaide	Sunny.	16		
Brisbane	Mostly sunny.	25		
Canberra /	Mostly sunny.	13		
Darwin	Sunny.	33		
Hobart	Possible shower.	13		
Melbourne	Partly cloudy.	16		
Perth	Showers.	20		
Sydney	Sunny.	18		
SUNRISE SUNSET				

Today:

cold front

Sunrise 6:32 am Sunset 5:30 pm Moonrise 10:26 pm Moonset 10:03 am

Tomorrow:

Sunrise 6:31 am Sunset 5:31 pm Moonrise 11:17 pm Moonset 10:35 am

Rockhampton 29 Gladstone 28 Biloela 27 **Bundaberg 26** Harvey Bay 24 Gayndah 25

THE WORLD

World conditions today						
City	Weather	Max	Min			
Athens	fine	38	28			
Bangkok	storms	34	27			
Beijing	rain	26	24			
Berlin	cloudy	25	15			
Christchurch	fine	12	0			
Denpasar	cloudy	31	24			
Dublin	showers	16	11			
Hong Kong	rain	31	27			
Honolulu	showers	30	25			
Jakarta	sunny	33	25			
Johannesburg	sunny	18	1			
Kuala Lumpur	fine	33	24			
London	sunny	22	14			
Los Angeles	fog	31	19			
Madrid	sunny	35	21			
Moscow	fine	28	15			
New Delhi	rain	30	24			
New York	storms	27	20			
Paris	fine	23	15			
Rome	fine	37	22			
Seoul	fine	35	26			
Singapore	windy	34	26			
Suva	showers	28	21			
Tel Aviv	fine	31	26			
Tokyo	cloudy	34	25			
Vancouver	sunny	26	15			
Wellington	fine	14	8			

	TIDES				
Gladsto	ne .				
Today:					
H:	12:28am	3.7m			
L:	6:51am	1.1m			
H:	12:59pm	3.2m			
L:	6:35pm	1.4m			
Tomorrow					
H:	1:04am	3.5m			
L:	7:30am	1.3m			
H:	1:46pm	3.1m			
L:	7:25pm	1.7m			
Saturday:					
H:	1:48am	3.2m			
L:	8:19am	1.4m			
H:	2:47pm	3.1m			
L:	8:47pm	1.9m			
Sunday:					
H:	2:47am	3.0m			
L:	9:20am	1.5m			
H:	4:02pm	3.2m			
L:	10:24pm	1.9m			
Monday:					
H:	4:08am	2.8m			
L:	10:23am	1.4m			
H:	5:16pm	3.3m			
L:	11:42pm	1.7m			
Tuesday:					
H:	5:36am	2.8m			
L:	11:21am	1.4m			
H:	6:13pm	3.5m			
David Allera					
Port Aln	ıa				
Today:	10.05	4.7			
H:	12:35am	4.7m 1.3m			
L: H:	7:06am				
H: L:	1:00pm	4.1m			
	6:56pm •	1.8m			
Tomorrow H:	-	4 200			
	1:15am	4.3m			
L:	7:51am	1.6m			
H:	1:54pm	3.9m			
L:	7:50pm	2.1m			
Saturday:	2:01.00	2.00			
H:	2:01am	3.9m			
L:	8:49am	1.7m			

3:06pm

9:28pm

3:15am

10:00am

11:00pm

3.8m

2.3m

3.6m

1.8m 3.9m

2.3m

3.5m

H:

Sunday:

Monday:

H:



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Announcements

Deaths

EMSLIE Lorna Bell

Late of Flinders Parade, Gladstone.

Passed away peacefully at the Gladstone Hospital, Tuesday 20th July 2021, aged 89 years.

A cremation service was held.

In the care of



Ph: 07 4972 0800 "Gladstone's Local Funeral Home" Condolences: Gladstone Valley Funerals.com. au

WILLIS (nee PILCHER) **Audrey Gladys (Ma)**

Late of Calliope. Passed away peacefully at Edenvale Aged Care Facility, Saturday 24th July, 2021, aged 95 years.

Much loved Wife of Fard (dec'd). Dearly loved Mother of Loren, Christine, Cheryl, Lynda (dec'd), Judith and Brett. Grandmother to 21, Great Grandmother to 33, Great Great Grandmother to 6.

A private cremation has been held.

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Jemma Longmuir looks for a hand pass away.



A challenge on ball between BITS and Gladstone.



Kieranne Zunker prepares a big kick down field.

AFL ladies light it up

By Liam Emerton

The AFL Capricornia competition held its round 13 this weekend with the Gladstone-derby taking place.

In the second last match of the day our local ladies took to Boyne Island Oval to compete in 2021's third instalment of the all-Gladstone clash.

Gladstone Today was on the ground to capture all the action of Gladstone Suns' maiden victory of the season.



Abbey Downie readies her drop-punt



Rachael Shardlow looks to get rid of the ball despite on rushing defenders.

<u>SPORTS QUIZ</u>

- Which much-loved former
 F1 broadcaster passed away earlier this year?
- 2. Tennis champion Ash Barty hails from which city in Queensland?
- 3. Australian rider Ben
 O'Connor finished in what
 position overall in his debut
 Tour de France?
- 4. Which is the only team in world cricket to have won two T20 World Cup titles?

- 5. Approximately how many kilometres is the distance of a marathon?
- 6. Tobey Maguire portrayed which famous chess master in the 2014 movie *Pawn Sacrifice*?
- 7. The 2021 Memsie Stakes horse race will take place at which racecourse?
- 8. Which engine manufacturer supplies the Red Bull F1 team?
- 9. Who filled in as Australia's ODI captain for one match against the West Indies while Aaron Finch was injured?
 - 10. The
 2021–22 UEFA
 Champions
 League soccer
 final will
 be played
 in which
 country?
 - 11. Which country did the Wallabies recently defeat 33-30 despite playing most of the game with just 14 players?

- 12. Australian basketballer
 Sara Blicavs will make her
 Olympic debut following the
 withdrawal of which player?
- 13. Phil Gould was recently announced as General Manager of Football for which NRL team?
- 14. Which Australian city has announced that it will host the 2032 Summer Olympics?
- **15.** Which Australian tennis professional is out of the Tokyo Olympics after testing positive to COVID-19?
- 16. The Daniher brothers Terry, Neale, Anthony and Chris eventually all played for which VFL/AFL team?
- 17. Calgary Hitmen ice hockey player Luke Prokop is under contract with which
- **18.** Mitchell and Shaun Marsh are the sons of which former Australian cricketer?
- 19. Tevita Pangai Jr last played for which NRL team?
- 20. Equestrian rider Jamie Kermond was provisionally suspended on the eve of the Tokyo Olympics for returning a positive drug test to what?



- 21. What country does NBA star Giannis Antetokounmpo come from?
- 22. Who will coach
 Hawthorn from the 2023
 AFL season onwards?
- 23. Which Formula 1 driver was involved in a lap one crash with Max Verstappen during the British Grand Prix?
- 24. For which Australian
 Football League club did
 Alex Carey play before
 his cricket career?
- 25. What Major League
 Baseball team has been
 based in Florida during the
 2021 season due to travel
 restrictions?

- 26. What was the former city and nickname of the NBA team Oklahoma City Thunder?
- 27. What other language aside from English is an official language of the Olympic Games?
- 28. In what year did the first season of the Super Netball competition take place?
- 29. What regional Queensland city hosted Rounds 6 and 7 of the 2021 Supercars Championship?
- **30.** The trophy known as the Auld Mug is awarded to the winner of which race event?

Tobey Maguire

Fishing with Allstars Insalt's Joe McGuire





Mangrove a fearsome foe

G'day, and welcome to my Mangrove Jack fish-

If there's one fish that knows where home is, it's the Mangrove Jack. Monumental bust ups are a regular occurrence, especially if you are not on the ball. Hook a Jack in open territory you're a chance, but hook one close to home and you'll have to earn it. This is what makes the mangrove jack one of the most targeted estuary sportfish in Queensland.

My ALLSTARS INSALT online fishing competition has had a great response to the Mangrove Jack category with some beautiful sized fish weighed in to date, the largest for the year being 62 cm caught by Nick Hartshorn from a Bundaberg estuary. Bragging rights are up for grabs and members like Nick are ensuring great quality brag photos are uploaded to win cash prizes.

Mangrove Jacks are found in all Queensland waters and beyond, with young adults and juvenile in mangrove estuaries all the way to the upper reaches of freshwater streams. On the Queensland coast the fish to the South are bigger on average but aren't as abundant as the Northern waters where the average size is smaller. Larger adults at some stage in their life move to offshore waters where they breed and grow to over 100cm in length. Sexual maturity for a female is over 500mm and males over 450mm. This does beg the question as why the legal size is 350mm which is a fish that hasn't had the chance to reach sexual maturity and breed. They also share the same breeding cycles as the coral reef fin fish. Jacks have been proven to be very slow growing with studies on one particular fish of 85cm revealing a ripe old age of 26 years.

Mangrove Jacks are successfully bred in captivity and have been stocking impoundments in Queensland for years because they thrive in freshwater environments.

Speaking of which, the Gladstone Area Water Board has a new fish breeding facility under construction at Lake Awoonga. With it hopefully opening in September 2021 where they will be breeding Barramundi, Sea Mullet and Mangrove Jack. Once opened the general public will hopefully get an opportunity to tour the

I spoke with Tom Hayes from the hatchery who's responsible for producing the millions of hatchlings that are released into impoundments throughout Australia. I've personally supplied Tom with some of his brood stock Barramundi over the years and have consequently been lucky enough to witness feeding time for his Barra and Jacks. Put it this way... it's something you won't ever forget.

Observing these fish on a daily basis, Tom gave me the heads up on some of the unique characteristics of Mangrove Jack. Some of his observations worth noting are:

Their ability to instantly change colour from silver to red when they are cranky, stressed or

When they attack their prey it's very fast and by the time they have turned, the fish is completely swallowed.

They shed their teeth.

They are very intelligent, an example of this was when he had quite a large fish that was asserting its dominance over a few smaller fish. The smaller fish took a real dislike to this and ganged up on the larger fish and killed it in a pack mentality style.

Recreational fisherman target this species with a wide range of techniques including live baits, dead baits and a multitude of lures including top water surface hard bodies and plastics, vibes, prawn and crab imitations. By far the surface style is the most exciting given the visual aspect in clear water.

Larger fish can still be found in inshore river systems and our current ALLSTARS INSALT Mangrove Jack Leader Nick Hartshorn is testament to this with his 62cm whomper. Nick has proven himself to be a serious contender with quite a few species he's caught taking out cash



Joe McGuire with a mackerel.



Braith Young with his lucky Mangrove Jack catch.



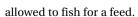
Nick Hartsthorn with a 58cm Mangrove Jack at Bundaberg.



Steve Binney with his 43cm Mangrove Jack at Hervey Bay.

Jack Bryan with a 51cm Sait at Bundaberg. nick named "dogs" for good reason. They carry a huge set of teeth and just like a distressed dog they will eagerly bite your fingers. The bite is hard and fast and they won't let go in a hurry. They have good vision and will make you pay for the pain you inflicted upon them, which if you're a spectator is great entertainment, but not so much fun for the victim.

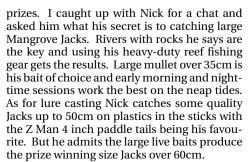
Mangrove Jack have superb eating qualities which is another reason they are one of the top target species in Queensland. Hopefully this article inspires you to get on the



ALLSTARS has months of competition still to occur and stories to share. I have decades of fishing tips and will interview many more successful commercial and recreational anglers to share their suggestions too.

As much as I like to write about fishing, I'd also like to hear from you. So please email me at info@allstarsinsalt.com.au to share your fishing trips, fishing tips, fishing stories and photos.

A day on the water is better than a day at



lucky enough to catch one remember they are

If you are targeting Mangrove Jacks and are water and give a Jack a crack. Lucky for us with all the covid 19 restrictions we are still



Jay-lee Hippolite knocked down a clutch threepoint buzzer-beater on Saturday night.

Breakers down to Rollers in overtime

By Liam Emerton

Gladstone's Queensland League basketball sides played their last home game of the season on the weekend, suffering two disappointing defeats.

The Port City Breakers side brought its best game to the match against the Gold Coast Rollers women's team but ultimately fell at the fi-

The ladies were winning by 10 points, 30-20, at halftime but a tremendous fightback from the Rollers in the third gave the travelling side a two-point lead heading into the fourth.

Down by three with just five seconds left, Port City's Jameson McMullen sent the ball to Jay-lee Hippolite who knocked down a threepoint buzzer-beater to level the scores at 64-64 and send the teams into overtime.

Sadly for Port, it could not get the job done in the extra time, with the Rollers taking control and winning 76-71.

Of course, Hippolite's buzzer-beater was a standout play, but the ever-consistent Savannah Au knocked down 23 points and controlled 13 boards for a sublime double-double.

Daila Walker's 16 points and 11 rebounds earned her a double-double performance as

Kadee Barrenger's 14 points were combined with an impressive six steals showing her terrific contribution to the match.

The men's match between Port City Power

and Gold Coast Rollers was less tight by the end of the match but the local team showed plenty of heart.

The tightly contested second and fourth quarters showed the squad's potential but slow starts in the first and third stanzas cost the team a decent run, eventually losing 94-70.

The Knights, Mitchell (20 points) and Ben (10 points), were the only two stars in double figures for scoring.

Gold Coast also managed a high percentage of 47.3 in field goals, which is considerably higher than Port's 40.54.

Both the Gladstone teams will now sit this round on the sidelines and will return to action next weekend.

On the track with Tony

By Rockhampton Jockey Club **CEO Tony Fenion**

G'day this is Tony.

By now the news is out on social media platforms that champion Rockhampton jockey and apprentice jockey from last season in Elyce "Elly" Smith has announced her retirement.

I have been closely associated with Elly's career through my friendship with her father

Elly has been around horses virtually before she could walk and was always going to make a highly skilled jockey should she have followed that role.

She did and Elly certainly made a name for herself.

Elly is now 23 and celebrates another birthday in the coming weeks.

From what I can ascertain Elly commenced her race riding career in March 2017 and in the ensuing four years rode over 200

It was great effort for such a short time in the saddle as some jockeys have been known not to ride that than many winners in a complete career.

Elly rode six winners one afternoon last year on an Emerald TAB card which was a record for a female apprentice jockey.

She rode 78 winners last season when full time race riding and bows out now with 33 winners for this season at which she has mainly only ridden at Saturday venues.

That's because Elly pursued a career as a school teacher- something she always

She is based at Emerald where she teaches. Elly last rode in late May at Mackay and

bowed out on a winner there as well that day on I love This Hippy.

A week later, Elly a keen sportswoman broke her elbow in a fall on a netball court.

She said that virtually ended her jockeying days.

She had wanted to ride at this year's recent Rockhampton Jockey Club Winter Carnival as well as riding until the end of this season - racing season that is and that takes place on Saturday, July 31.

Anyhow it wasn't meant to be which Elly a level minded young woman accepts.

Anyhow on behalf of all racing minded

members of the community, congratulations Elly on a stellar racing career-something you should and I am sure you are justifiably proud about.

Callaghan Park trainer Chris Attard has his promising Brazen Beau 3YO Bondi Beau entered for Brisbane's Eagle Farm races on Saturday.

Bondi Beau looked very impressive in winning his most recent start at Mackay's TAB races on July 16.

Ridden on that occasion by Nathan Day, he settled back in the field of the BM 55 1100m and then motored home in the straight to win by 2.5 lengths.

It was Bondi Beau's fourth win for the Attard stable from six starts since acquired from Victorian connections.

It is a big jump from winning a low-grade Benchmark race in Mackay to a Brisbane metropolitan event of a Saturday but it should be remembered Bondi Beau lumped 61kg in winning up there.

Attard has a big opinion of his horse and is quietly confident it will be in the money on Saturday in the big smoke.

Only three horses heading north to the first day of the Townsville Turf Club's Carnival on Saturday.

Jared Wehlow will be represented by Only Wanna Sing in the Open Handicap (1200m).

The Darryl Johnston stable will have Countess Rostovia and Aspen Lad carrying the stable colours at Cluden racecourse on Saturday as well.

The Townsville Carnival really hots up next week.

Friday, August 6 features the \$30K Talbot Heatley Lightning Open (1000m) as well as seven other TAB races.

Then on Saturday August 7 things really hot up at Townsville.

The \$150K Townsville Cup (2000m) as well as the \$100,000 Cleveland Bay Handicap (1300m) are the principal races on that massive day.

As well the \$68K Magic Millions Townsville Guineas (1609m) is on the card.

Close to \$500,000 in prizemoney a nuses will be distributed on the day.

A host of Rockhampton and CQ horses will be heading up there for the two feature

Rockhampton and Central Queensland



trained horses had a field day at the Mackay Cup race meeting last Saturday.

Callaghan Park trainers won five races on the eight race TAB card and as well Hail Manhattan under the caretaker Callaghan Park trainer Tasha Chambers won the \$150K Mackay Cup (2000m).

It started off with Jared Wehlow's recent acquisition He's Wow Class (Ryan Wiggins) leading all the way to win the \$25K BM 60

The runner-up Dawson Delight is also Callaghan Park trained by Clinton Taylor.

The second Mackay race the \$37K QTIS 2YO (1100m) was taken out by Graeme Green's Ahooshu (Chris Whiteley).

Clinton Taylor's Attackabeel finished

Taylor also supplied the minor placegetter in the third race the Class 2 (1100m) which was won by Rocky mentor Peter Fleming's

Gladstone trainer Ian Prizeman won the fourth Mackay evet with Syindal while Chris Attard's Side Hustle was third.

Ricky Vale's Namazu (Wiggins) took out the \$50K Magic Millions Whitsunday Guineas (1560m) while Nick Walsh's Princess Rules (Alisha Ross) won the Class 6 Plate (1100m). That was an all-Rocky finish with Clinto

Taylor's The Egyptian finishing second ahead of Peter Fleming's Boss Baby third. As I said Hail Manhattan trained by Peter

and Will Hulbert won the Cup but was actually in Rockhampton trainer Tasha Chambers care in the lead-up to the event.

Chris Attard trained Bering Sea placed fourth in the Mackay Cup.

While excluding Hail Manhattan from the list, the Rocky and CQ trained horse's prizemoney plunder at Mackay roughly amounted to \$150K.

Good day's work all round and demonstrating the huge reliance Mackay racing has khampton trained horses

We (Rockhampton Jockey Club) go racing again at Callaghan Park on Tuesday, August 3.

This Saturday, July 31 the races head out to Middlemount for that club's annual race day.

Until next week this is Tony,





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Gladstone Goats will take on Dawson Valley Drovers in a do-or-die clash.

Goats out to herd Drovers

By Liam Emerton

The Rugby Capricornia competition will enter the first round of its finals series as the local team looks towards the grand final.

The Gladstone Goats are just one win away from the big dance but face the ultimate test if they're to get there.

The GRUFCs will have to defeat the minor premiers Dawson Valley Drovers in their own backyard

The two teams, as well as the other two finals being played, will travel to The Stockyard.

The minor premiers have been a force at home having been untouchable, winning all six of their games at the ground this year.

The Goats will have their hands full having lost three times this season to the Valley, including a 48-0 loss three weeks ago on neutral territory.

Having dropped a win against Frenchville in the second round robin match, the Gladstone side came back strong and won a crucial match against Colts on the weekend.

The local team won 23-17 with a David Ga-

briel crossing the try line twice and Alex Clark adding another to the scoreboard.

David West knocked over a single conversion but made the most of two penalty shots at goal, nailing both.

The win saved the Goats from an elimination tie with the Frenchville Pioneers and in turn sent the Colts into that do-or-die final.

For the GRUFC, its match against the Drovers will come with a second chance.

If Gladstone is to lose that qualifying final, it will clash next week with the winner of the Colts and Frenchville elimination tie.

In the ladies competition, Grufettes made their finals intentions clear with two dominant victories.

The side defeated Colts 17-0 before dismantling the Rockhampton Brothers 50-0.

Tash Van der Breggen scored a hattrick and converted two of her tries to help the ladies push towards the final.

The team will be playing at home this weekend, but it's unclear at this stage which teams will be available for the competition.



Alex Clark scored a try against the Colts in the last round and will be hoping for a similar effort against the Drovers this weekend.

Capras set to wow capacity crowd at Browne Park

By Liam Emerton

With the announcement of the big game this Saturday, there's one team that will benefit enormously from the heightened crowd.

The Rockhampton League's Club Central Queensland Capras are set to play after the NRL match between St George Dragons and South Sydney Rabbitohs on Saturday.

The Capras had a tough outing early against the Redcliffe Dolphins but a very late left-side ambush by our local Intrust Super Cup side almost drew them back into the match.

Three tries down the left touchline at Rugby Park drew the team within six points, but after a dropped ball at the death the Capras ultimately fell 30-24.

Nixon Putt, Caleb Tull and Bailey Butler were standouts in the match and will need to play with the same intensity this weekend.

There's hope the majority of a sell out crowd for the match before will stay to watch the Capras take on the Tweed Seagulls.

The sides clashed back in round one in Tugun where the Seagulls earned a gruelling 28-18 win over the local side.

But this weekend's match at Browne Park will be a different kettle of fish with a potentially huge crowd backing the local boys home.



Central Queensland Capras' Caleb Tull was outstanding in Saturday's tight loss to the Redcliffe Dolphins.

Central Queensland Capras head coach Guy Williams said his players will be rising for the massive event.

"It's a big occasion for Rockhampton but

it will also be a big occasion for our players to play after the NRL match," he said.

"I'm hoping plenty of people stick around and stay for the Capras game.

"Tweed Heads are going really well at the moment, so it'll be another tough ask for us next weekend.

"We will take plenty out of the game [against Redcliffe] and one of those things is just our fundamental errors, things that you can fix up nice and easily. So there's plenty of things to work on from Saturday's performance."

CQ Capras CEO Peter White said he was really pleased to have the NRL match hosted at Browne Park, especially with two prominent Central Queensland figures coming back to Rockhampton.

"It's fantastic whenever CQ boys come home. Not just Ben Hunt but Hook (Anthony Griffin) as well," he said.

"It's a great occasion and I'm sure their family and of course the community loves seeing those guys come back and do their thing in front of their home crowd.

"Everyone is going to love the occasion and really soak it up."

Speaking on the Dragons, White said the team will be ready for the match especially against a top side like the Rabbits.

"Knowing Hook as I do, he's going to get them up for the challenge, the fact that it is in his home ground in front of his home crowd, he will have the boys up for sure.

"They'll be underdogs but they'll have a red hot crack at it for sure."



Wallabys' captain Matthew Baker had a solid game in five-eight.



Jackson Hoyland passes to an on-rushing teammate.



Tawera Wade with a great tackle around the legs of Matthew McKeown.

Valleys need big victory

By Liam Emerton

The local Gladstone Rugby League competition saw the two favourites succeed in a very different manner in the last round.

The Valley Diehards managed a 58-12 victory over the Gladstone Wallabys with Diehards dummy-half Tyler Massey crossing for a hattrick.

In the other match, Gladstone Brothers slipped away with a crucial 32-28 victory over Tannum Sands Seagulls.

It was a weekend for number nines as Brothers' rake Harley Bateup managed to score three tries in his side's victory.

This weekend Tannum Sands and the Gladstone Wallabys will look to bounce back from the tough losses.

The other match will see Brothers players try to repeat their effort from two weeks ago when they battle the Valley Diehards.

Brothers defeated Valleys 30-8 in a top-ofthe-table clash with the sides trading wins in its prior two matches.

With just two games left, the Diehards will need a win to bring themselves within a point of the top squad or face losing their hopes of a minor premiership.

In the Rockhampton Rugby League women's competition, the two Gladstone-based teams will face off coming round.

The Tannum Sands Seagalls will battle the Gladstone Wallabys and both will be fighting

The Seagalls have dropped fifth in recent weeks but victory against their regional rivals should push them into the top four.

The Wallabys are still winless but could create an opportunity for an upset if they can field Park Emus in what could be the game of the



Diehards' Tyler Massey had a terrific game, scoring three tries on Saturday afternoon.

their strongest side.

In another top match, the Blackwater Crushettes will battle the league-leading Emu

round. The Rockhampton Brothers will look to maintain its squeeze on the Emus, who are ahead of Rocky by three competition points, when the Brothers battle Fitzroy/Gracemere

Sharks this weekend.

And in the final match, the Norths Chargers and Yeppoon Seagulls will battle in Rockhampton on Sunday afternoon.

Frenchy clash with Clinton

By Liam Emerton

There's a huge match brewing in the Central Queensland Premier League (CQPL) this weekend with the teams in green clashing in

Gladstone's Clinton FC will battle archrivals Frenchville Roos and will seek revenge after succumbing to the league leaders two

In their last meeting, Frenchville outplayed Clinton, winning 6-1, rising to the top of the leaderboard.

Since that match, the Roos and FC both picked up wins against Central FC and Bluebirds United respectively.

In Frenchville's last match against Central, the deadlock broke in the 81st minute when Roos captain Jordan Miller put his side

Central reacted rapidly to going behind, finding an equaliser through Joel Frost just three minutes later.

But with time ticking away Cooper Lems became Frenchy's hero with a 90th minute winner to keep the Roos at the apex of the

Clinton travelled to Webber Park on Sunday 25 July and managed to pick up a huge three points despite naming just 12 players

Heading into the half-time break, tensions began to rise when Bluebirds' Blake Penfold and Clinton's Rvan Finlay were sent off within minutes of each other.

That left both sides with 10 men on the pitch for the second half, but Clinton teammates Scott Rouse and Anthony Cobb took advantage, scoring two goals to give their side a two-goal lead.

The Bluebirds managed to pull one goal back but Dan Jackson secured the win for Clinton with an 89th-minute strike.

Both teams' wins have sent each other on a collision course with just three competition points separating them on the league table.

Frenchville got the better of Clinton in recent matches, so it will be a huge test for the Gladstone team and could give it the perfect run into the upcoming finals series.

In other men's CQ Premier League matches. Central FC will play Nerimbera Magpies on Sunday 1 August at Brian Niven Park.

The Magpies have been impressive in recent weeks, securing a win against Frenchville and on the weekend picked up a handy 1-1 draw against Capricorn Coast FC, mean-



Simon McAnthony has been Frenchville's equal best goal scorer this season.

ing they have not lost a match since round

Central has also beaten the league leaders Frenchville this season but has fallen off in form in recent matches.

However, the Gladstone team are the last team to have defeated the Magpies, who are now gunning for Central's top-four spot.

The final match of the men's CQ Premier League round 18 will see Bluebirds United facing off against Capricorn Coast Eagles.

In the women's CQPL, Central FC will play two games on the weekend, facing off against Bluebirds United Blue on Saturday then taking on Nerimbera on Sundav.

The Magpies will face off against Gracemere Redbacks on Friday night giving them an extra day off before clashing with the current league leaders.

Bluebirds United White will be in action Friday 30 July, shaping up against Capricorn Coast while Frenchville hosts Clinton FC on Saturday 31 July.

Gladstone *Today*



Goats just one step away **PAGE 54**





BITS Saints and Gladstone Suns taking the knee prior to their match on Saturday.

Suns and Saints solidarity

By Liam Emerton

The Gladstone Suns have had a tough season so far in the women's AFL Capricornia competition but this week they're celebrating.

The two Gladstone region clubs came together in solidarity on Saturday, taking a knee prior to all of their matches as a protest against a recent racist incident in a local rugby league

The Suns picked up their first win of the year when they defeated local rivals Boyne Island Tannum Sands Saints 3.4 (22) - 2.3 (15) at Boyne Island Oval.

Brooke Fennell was able to slot home two goals, while Karlisle Oldaker managed to score a single six-pointer to help their side take out the maiden victory.

Gladstone still remain at the bottom of the ladder but a win over their rivals will do them



Karlisle Oldaker scored a goal in the Suns' maiden win over BITS on Saturday.

a world of good moving forward beyond this

The Gladstone women will want to score

back-to-back wins but face a tough task in doing so.

The Suns will match up against the Brothers Kangaroos which sit second on the table.

The BITS also face strong opposition this week when they host the Yeppoon Swans who have been on fire recently.

In the men's Gladstone-derby the BITS Saints continued their impressive run of form with a 16.18 (114) to 4.5 (29) win over the Gladstone Suns.

Ty Fitzgerald was unstoppable for the Saints having scored six goals, while teammates Harrison Tancredi (2), Nickolas Gehrmann (2), Tyler Walker (1), Steven Pugh (1) and Joey Kulla Kulla (1) all adding crucial goals to the tally.

This weekend the BITS face the ultimate test, the undefeated Yeppoon Swans.

That 2020 grand final rematch will be host-

ed at Boyne Island and will really put the side's impressive form to the test.

The Gladstone Suns' men will be back at home this weekend when they take on the Brothers at Clinton Park.

Those two sides have been on very opposite paths this season with the Brothers sitting high in second place while the Suns sit at the bottom of the table.

In the other men's match, the Glenmore Bulls with face off against the Rockhampton Panthers.

BITS will hold onto their fourth place position on the table if the Panthers lose or if the Gladstone team wins against the might of the

With the competitions winding down, building any momentum for the finals series will be a huge boost for our local sides.

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