

GladstoneToday



Union members protest
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Tornado tears through skies
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Opening date of hospital confirmed

Eighteen months after Queensland Health flagged its purchase of the Mater Hospital, an opening date has finally been confirmed.

While it was originally anticipated to open this year, CQ Health chief executive Steve Williamson said the operating facilities required major upgrades after it was left gutted.

Full story on Page 4

Peak idea to tackle graffiti on mount

The defacing of a Gladstone region landmark has led to a clever proposal from a concerned climber.

After Anissa Tessmer climbed Mount Larcom last Thursday, she was shocked to find the famous mountain's summit had been graffitied.

Full story on Page 7



The Crazy Stewarts at the Bullets Bash.

Brilliant Bullets Bash

Boyne Tannum Bullets Swim Club hosted their Family Fun Car Rally on Sunday, 17 October.

The fundraiser, also called

the 'Bullets Bash' was labeled a success by committee member Michelle Steinhardt.

See more on pages 32 and 33

Picture: MIKE RICHARDS

Respect elders

By Eilish Massie

A former registered nurse has spoken about the heartbreaking aftermath of funding cuts on the aged-care sector in Gladstone.

Aged care worker Lexie Vowles spoke of the decline she's seen since the federal government cut funds to the sector.

After working in the industry for the past 18 years, Ms Vowles said she saw a direct impact on quality of care when funding was cut,

although she had seen a decline in aged care when people started to live longer.

Ms Vowles said it was "heartbreaking" to see elderly people have to move from the town they grew up in due to the lack of resources available in the region.

"It's just not good enough for our loved ones who have grown up and spent their lifetimes in that one town," she said.

Labor candidate for Flynn Matt Burnett and federal shadow minister for health and ageing

Mark Butler joined Ms Vowles on Thursday to make a pledge for aged care policy.

Mr Burnett said aged care was a "big issue" in the Flynn electorate, and he had seen first-hand people in the community having to move to another town as they couldn't find a suitable aged care home in the region.

"It's not good enough," Mr Burnett said.

"Right across Flynn, we are seeing GP numbers not stacking up across the state.

"We're seeing people forced to leave their homes, the places they've spent their lives in to find a suitable aged care accommodation."

Mr Butler said Prime Minister Scott Morrison cut \$2.5 billion from Medicare and aged care resulting in 100 regional Queensland beds being lost in 12 months.

He said the Gladstone area had the second lowest availability of a GP per person in Queensland.

Full story on Page 3

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WEATHER




TODAY
Storm
Min 19°C Max 28°C
Shower or two
Chance of any rain: 60%




FRIDAY
Showers
Min 21°C
Max 29°C
Shower or two
Chance of any rain: 70%




SUNDAY
Light Showers
Min 22°C
Max 31°C
Chance of any rain: 40%



SATURDAY
Light Showers
Min 21°C
Max 29°C
Chance of any rain: 40%



MONDAY
Showers
Min 21°C
Max 30°C
Chance of any rain: 60%



TUESDAY
Showers
Min 21°C Max 28°C
Shower or two

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Gladstone on show

By Eilish Massie

The Gladstone region has featured on one of the most watched real estate shows in America.

House Hunters International recently aired an episode which focused on long-time, long-distance couple Cassie Wardlow and Karl Muller, looking to settle down in Karl's home-town of Gladstone.

According to the episode's synopsis, the couple agreed on buying over renting, but giving up California had Cassie wanting to settle down near Boyne Island and Tannum Sands while Karl's budget was pushing them more inland. Locations Estate Agent principal Alicia Williams made an appearance on the show as the couple's real estate agent.

"How that came about a lady in our office, Cassie, she's from California and obviously loves that particular show," she said.

"She had nominated her and her fiance to go on the show, and picked us to be the agent as we worked together.

"We had so much fun, it was a good time."

Ms Williams said the episode was filmed earlier this year, and she had spent an entire weekend taking the couple to key locations across the region.

"We were giving each other a bit of banter," she said.

"You tell a bit of a story, I think I said to Karl 'I would love you to spend more money' at one point.

"It sounds absolutely terrible coming for a real estate agent but knowing Cassie and Karl, it was just banter to make it less awkward."

Ms Williams said it was good to put Gladstone on the map for something other than industry.



Pictures: SUPPLIED

"It was great to showcase Gladstone from a fun-perspective and a property perspective," she said.

"It's great publicity for Gladstone, and for our agency."

"The episode recently aired in the US however for those wanting to watch it, an Australian air date is yet to be released.

"We were notified last week it had aired in America, which was really exciting," she said.

"It is all thanks to Cassie, we've all been itching to see it for a long time."

It is not the first time the Gladstone region has been showcased on the show, with Agnes Water appearing on an episode of *House Hunters* in 2017.

Proud day as Harvey graduates

On Friday 15 October, Dave Byars along with guide dog Harvey travelled with their Boyne Island friend, Bridget Wessling, to attend the annual Guide Dogs Queensland Graduation Ceremony.

Held at the Eaton Hills Hotel Grand Ballroom, the team were honoured with certificate and badge by Queensland Governor, Andrew De Jersey.

Fourteen other teams were also recognised from across the state.

"It was both an emotional, but proud event. A chance to appreciate the work that lead to me being partnered with Harvey," Mr Byars said.

Guide Dogs Queensland's administration staff, dog trainers, puppy raisers, and kennel staff were on hand to share the celebration.



Mr Byars with his canine pal, Harvey.

GladstoneToday

The editor's desk

I really feel for those who are struggling to find a rental home at the moment.

This week, my partner and I were told we needed to find a new place to live despite signing a renewed lease for an additional six months.

It's not an ideal situation to be in. Throughout the week, I've had to house hunt in my spare time and the results were... disappointing.

Old, worn down houses are now going for \$350 a week. Average houses going for \$450+ and combine that with a lack of rentals available at the moment.

I managed to track down two potential listings but I'm afraid they'll be snapped up by the time we even get to inspect them.

Of course, the rest of the state is in the same predicament. I'm trying to remain positive, with the mantra 'good things come to those who wait'.

But with our lease almost coming to an end, it's not a great time to be stressed heading into the Christmas period.



– Eilish Massie

'It is just heartbreaking'

By Eilish Massie

Former registered nurse Lexie Vowles has never seen the aged care sector in Gladstone this bad.

The experienced aged care worker spoke of the decline she's seen since the federal government cut funds to the sector.

After working in the industry for the past 18 years, Ms Vowles said she saw a direct impact on quality of care when funding was cut, although she had seen a decline in aged care when people started to live longer.

Ms Vowles said it was "heartbreaking" to see elderly people have to move from the town they grew up in due to the lack of resources available in the region.

She said in most aged care homes in Gladstone, there were no registered nurses or beds available, and people often had to seek aged care facilities away from their hometowns due to lack of availability.

"It's just not good enough for our loved ones who have grown up and spent their lifetimes in that one town," she said.

Ms Vowles also said aged care was very expensive and took up a lot of people's pensions.

"They have to sell their home, it's just heartbreaking," she said.

Labor candidate for Flynn Matt Burnett and federal shadow minister for health and ageing Mark Butler joined Ms Vowles on Thursday to make a pledge for aged care policy.

Mr Burnett said aged care was a 'big issue' in the Flynn electorate, and he had seen firsthand people in the community having to move to another town as they couldn't find a suitable aged care home in the region.

"It's not good enough," Mr Burnett said. "Right across Flynn, we are seeing GP numbers not stacking up across the state."

"We're seeing people forced to leave their homes, the places they've spent their lives in to find a suitable aged care accommodation."

Federal shadow minister for health and ageing Mark Butler said Prime Minister Scott Morrison cut \$2.5 billion from Medicare and aged care resulting in 100 regional Queensland beds being lost in 12 months.

He said the Gladstone area had the second lowest availability of a GP per person in Queensland.

"Aged care residents sitting for hours and hours in their own filth, sitting with maggots crawling in their open wounds, because the federal government had not delivered the funding to this sector to ensure there were enough nurses, enough personal carers and other staff," he said.

The Royal Commission report handed down in February recommended that a registered nurse be available in all aged care facilities at all times from July 2024, that a basic daily fee for all residents be only \$10, and that fees are no more than 85 per cent of the basic age pension.

"What was extraordinary about the federal government's response to the Royal Commission report earlier this year was that they could not take up some of the most basic recommendations the Royal Commission



Labor candidate for Flynn Matt Burnett and Federal shadow minister for health and ageing Mark Butler

had for nurses," Mr Butler said. "There was a recommendation from the Royal Commission to put nurses back into nursing homes, to make sure every Australian family was confident a registered nurse was on duty 24/7 in every nursing home across Australia."

"The federal government refused that recommendation about staffing levels."

"We know the quality of aged care depends on the number and skill levels of registered nurses you have in every facility."

Mr Butler also called out Federal Member for Flynn Ken O'Dowd for the promise he made in 2019 to bring 84 aged care beds in the region.

"Ken O'Dowd promised there'd be new aged care beds in this community four years ago and still, all we have is the media release," Mr Butler said.

"Ken O'Dowd has done nothing but issue media releases about this thing."

When Mr Butler was asked how much a Labor government would invest into the aged care industry, he could not provide a figure.

"We're not going to put a particular dollar figure on it but the Australian people will see our policy very clearly well before the next election," he said.

Mr O'Dowd said any delays to aged care was a result of local council bureaucracy.

"The federal Coalition government has approved funding for 84 aged care beds and 100 retirement villas, at a cost of \$40m during previous Aged Care Approvals Rounds," Mr O'Dowd said.

"The coalition government has also provided \$3700 cash bonuses to aged care nurses,



Former registered nurse Lexie Vowles

to reward and incentivise them to continue to work within the aged care sector."

However Mr Burnett said the Tannum Sands aged care facility, planned for Old Tannum Road, was approved by Gladstone Regional Council.

"The Tannum Sands site on Old Tannum Sands Road, Gladstone Regional Council has been working with the proponents of that," he said.

"It is not just an aged care facility, it is a facility that will have retirement villages in it and everything in it."

"What we want to see is more of that in the region, we want to see those retirement options."

Mr Burnett said Council was working on an Memorandum of Understanding with Gladstone Central Committee On The Ageing to deliver more retirement options for the community.

"But the fact is there are zero aged care beds that have been added to our community since they were announced many years ago," he said.

"New Auckland Place, Bindaree and Eden Vale are doing amazing work but they need more beds for people who have been forced to move to south east Queensland, Hervey Bay and Bundaberg."

"Sending our community to other parts of Queensland is just not good enough."



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Opening date finally set

By Eilish Massie

Eighteen months after Queensland Health flagged its purchase of the Mater Hospital, an opening date has finally been confirmed.

CQ Health chief executive Steve Williamson said the 20-year-old facility was still undergoing major works but was hopeful it would open by mid next year.

While it was originally anticipated to open this year, Mr Williamson said the operating facilities required major upgrades after it was left gutted.

“When you take on a 20-year-old building, there will be issues,” Mr Williamson said.

“It was absolutely clear there were a number of key areas that needed to be addressed, one of which was the operating theatres, so

we’re addressing that and moving forward.

“We will ensure it is open next year but of course we have to ensure the operating theatres are fit for purpose and are appropriate and can be used for a surgical staff and patients that is what we must do.”

Queensland Health began renovations on the Rosella St facility after Mercy Health closed the Mater Hospital in October 2020.

Member for Gladstone Glenn Butcher announced the purchase in April last year, when he claimed it would ensure the community’s health services were retained and improved.

Queensland Health purchased the facility, now known as the Gladstone Hospital West Wing, for \$16.9m which included the purchase price and some capital improvement works.

The facility will be operated by Central Queensland Hospital and Health Service.

Mr Williamson said as soon as it was finished, residents would have access to great new theatres which would be used to do a broad range of surgical services.

He also said the new facility would attract private surgeons and services to the area.

“We see our footprint there being a better, bigger hospital. It’s about community,” Mr Williamson said.

“We will be able to work with some private surgeons and specialists, and have private oncology services.

“But of course from a public hospital perspective, our priority is and has to be delivering health services to the public community.

“(The new facility) gives us more theatre capacity as well, not just from a public perspective but to be able to have further consultations with some private specialists who might be interested in doing more services in this region.”

Parts of the hospital, such as the oncology unit reopened in November last year so patients did not have to travel to Rockhampton or Bundaberg for cancer treatment.

Gladstone Hospital’s Emergency Department also reopened last year, with the old emergency department now being used as an outpatient centre.

“Going forward there is more investment to be delivered to Gladstone, we will have further services being delivered in Gladstone so people don’t have to travel.”

Hospital emergency department unveils colourful look

By Eilish Massie

Gladstone Hospital’s Emergency Department unveiled a new look on Friday, designed to improve the health journey of Aboriginal and Torres Strait Islander consumers.

A series of artworks, created by local Aboriginal and Torres Strait Islander artists and Gladstone region high school students, were installed inside the waiting and treatment areas of the emergency department.

The main mural outside of the department was unveiled by artists and CQ Health staff Friday morning.

The centre of the mural represents health in Queensland and people coming together. The pathways represent the different people of different countries and profession. The surrounds represent the importance of people and connection to one another.

The project was a labour of love for a dedicated team of CQ Health staff who formed the Transforming Emergency Departments Towards Cultural Safety (TECS) Gladstone working group.

Photographs of local recognisable areas and indigenous artwork was placed throughout the ward, and are designed to make consumers feel welcome and supported when visiting the facility.

Making Tracks artwork was also installed at the emergency’s department’s front entrance.

The design and placement of the art was carefully planned, in consultation with Community Elders, Traditional Owner Groups Byellee, Gooreng Gooreng, Gurang and Taribelang Bunda peoples, consumers, key services providers and CQHHS business units.

The aim was to create a culturally safe, welcoming environment in the emergency department, provide visual and tactile resources to calm consumers who are in mental health crises and assist with navigation to and through the emergency department.

Chief Executive Steve Williamson said the



unveiling was a proud moment for the Gladstone community and Gladstone Hospital staff.

“The success of this project can be summed up in one word – community,” Mr Williamson said.

“We are grateful to local Elders, Traditional Owner Groups, artists and school

students, and importantly, consumers with lived experience of mental health challenges, who provided invaluable input into the final artworks and photographs of significant importance to our Gladstone and surrounding area consumers.

“This project is just one step in CQ

Health’s ongoing commitment to Close the Gap in life expectancy and provide equitable health outcomes for Aboriginal and Torres Strait Islander peoples.”

The unveiling coincided with Mental Health Week (9 -17 October). The project cost \$35,000.

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Snag and jab at same time

By Eilish Massie

More than 200 people received their snag and jab at Gladstone’s Bunnings Warehouse on the weekend.

Official Queensland Government statistics have revealed 108 Gladstone residents were administered the Pfizer vaccine on Saturday which was followed by another 118 people on Sunday, making the total of 226.

Member for Gladstone Glenn Butcher visited the site on Saturday, and said the pop-up clinic had proved popular with residents.

“I want to make sure we get as many people as we possibly can to get the vaccine,” he said.

So far, Gladstone Hospital has administered 8453 vaccines, the Old TAFE site on Derby Street has administered 11,060 and Tannum Sands State High School has administered 126.

The weekend’s efforts brought Gladstone’s total up to 19,865 vaccines administered.

More than 2,329,788 Covid vaccines have been administered across the state.



Member for Gladstone Glenn Butcher with CQHHS nurses

Plants ‘won’t affect lake’

By Eilish Massie

Labor Candidate for Flynn Matt Burnett has assured Lake Awoonga would not be used as a fresh-water supply if two hydrogen plants are built in the region.

Speaking at a media conference on Thursday, Mr Burnett said the two hydrogen plants, Yarwun’s Hydrogen Utility H2-Hub™ and Aldoga’s Central Queensland Hydrogen Project, would extract water from either Rookwood Weir, or use pipelines from the Fitzroy Basin if they are built in the coming years.

Last week, *Gladstone Today* was contacted by a concerned reader regarding which water supply the hydrogen plants would use.

The reader, who wanted to remain anonymous, was particularly concerned about the significant amount of water the hydrogen plants would use to make energy.

“Some people have been talking about the hydrogen and it sounds alright and everything

“But other people have been saying what effect it would have on the Gladstone water



Labor candidate for Flynn Matt Burnett

supply,” he said. “When you are talking about exporting hydrogen, it would be a lot of water...you are talking about a massive amount of high quality water to make that Hydrogen.”

In June this year, state-owned electricity generator Stanwell secured a 236-hectare site at Aldoga, 20km west of Gladstone, for the proposed Central Queensland Hydrogen Project.

When it commences production in 2026, the project is expected to generate \$4.2 billion hydrogen exports and \$10 billion for the Queensland economy over a 30-year period.

When construction begins in 2024, the proposed renewable hydrogen project would be the largest in Queensland.

As for the Hydrogen Utility’s (H2U) H2-Hub™ project at Yarwun, the project is planned to be built in stages over the next 10 years to produce up to 3 Gigawatts in an electrolysis plant, and up to 5000 tonnes of ammonia production capacity when fully operation in 2025.

Located on a 171 hectares site in the Yarwun State Development Area (SDA), it was secured by H2U under a Sale of Land Agreement with the Queensland Minister for Economic Development (MEDQ) in 2020.

When off the ground, both hydrogen projects are expected to create more than 8,000 jobs in the region collectively.

Mr Burnett said the projects still had to go through an Environmental Impact Statement (EIS) process.

“There is opportunity for water to come from Rookwood Weir which is under construction right now, a Fitzroy pipeline which has been gazetted for many years, and would be built around Gladstone and Stanwell area to provide additional water to the hydrogen industry not just in Gladstone but right across Queensland,” he said.

Concerns were also raised if Gladstone would go through another boom and bust property market cycle like the region experienced between 2010 and 2014.

Mr Burnett said under a Labor government, the region would have access to a \$10 billion social and affordable housing plan.

“When you partner that up with Annastacia Palaszczuk’s social housing plan, you have a Labor Government both state and a future Labor Government federally that will work towards social housing and affordable housing not just in Gladstone but right across Flynn, the state and the country.”

Navigating care services

Nhulundu Health Service has been delivering quality aged care services to clients in the Gladstone Region for over 20 years.

In conjunction with Seniors Month, they are hosting a ‘How to Access Aged Care’ Information Forum. Open to seniors and families of seniors, the forum will step through how to access the various aged care services that allow seniors to remain living independently in their own homes.

Tanya Taylor, Manager Aged Care and Disability, said the forum was of significant importance to the community.

“Unfortunately many people don’t know what assistance is available, or how to even source that information. This forum is an excellent opportunity for people to receive up-to-date information and have their questions answered,” she said.

The forum will include speakers addressing a range of issues relevant to seniors. A representative from the Department of Health will outline the process for accessing Aged Care and explain the application and assessment process.

Local Legal Practitioner, Kylie Devney, will explain the importance of preparing Health Directives, Wills and appointing a Power of Attorney.

The forum will be held on Wednesday, 27th October at the new Philip Street Communities and Families Precinct, 1 Pengelly Street, West Gladstone. Session times are 10am-12pm and 5pm-7pm. Refreshments will be available. Seating is limited to 80 people per session. Phone 1800 4680 00 for more information or go to aged-care-forum.eventbrite.com.au



Pictures: GLADSTONE & DISTRICT WILDLIFE CARERS ASSOCIATION

Incredible rescue of echidnas

Gladstone & District Wildlife Carers Association, with the medical assistance of Gladstone Veterinary Clinic, recently managed to save the lives of an echidna and her puggle.

After a dog attack last Saturday, the GDWCA engineered an echidna burrow for the inseparable pair to continue their recovery.

“Thank you to the Legendary Echidna guru Peggy R and the awesome team at the Australian Wildlife Hospital for your advice in this tricky situation,” a GDWCA spokesman said.

“We have her in a very safe spot with lots of foraging opportunities and we will monitor her and bub to see how things go.”



Here for

Gladstone

Here for Gladstone represents the community contributions of Rio Tinto Yarwun, Boyne Smelters Limited and Queensland Alumina Limited. Growing Gladstone, together.

Here for Gladstone

Workers take to streets

By Eilish Massie

Union members protested against the casualisation of jobs outside Ken O'Dowd's office on Goondoon Street on Thursday.

Assistant general secretary of Queensland's Council of Unions Jacqueline King said the event intended to highlight Central Queensland's insecure work 'crisis'.

"More than one in two workers are in insecure jobs and two in every five Central Queensland workers are in casual work, which means no access to annual or sick leave," Ms King said.

Ms King said the mining industry in 1996 was characterised by full time work, however, today's workforce was a different story.

"Now more than half of the workers in the mining industry are insecure, casual, labour hire workers," she said.

"Most of those workers are earning 30 to 40 per cent less than a permanent worker at the same site would.

"At the same time, the mining industry made \$35 billion last year, so you have to ask yourself why they are trying to drive down wages."

Ms King said Central Queensland's casualisation of work was much worse than the state's average.

"The casualisation rate in Central Queensland is 40 per cent, compared to 25 per cent for the rest of Queensland, which is why we almost say it is a crisis figure," she said.



Union members protested against the casualisation of jobs outside Ken O'Dowd's office on Goondoon Street on Thursday.

"It's a tale of two cities, you have half the workforce who have full-time, secure jobs and the other half who are living week to week and can't take an annual holiday.

"We've heard lots of stories of people being forced out of their homes, living in caravan accommodation, shared accommodation, in some cases they are homeless - these employment practices are what we want to call out."

In March this year, union workers had protested outside Ken O'Dowd's office against the Industrial Relations Omnibus Bill which pro-

testers claimed hindered many people's ability to find full-time work.

While some laws were changed, Ms King said it ultimately made casualisation worse.

"We managed to stop a lot of the changes the Morrison-government wanted to do, but they did get some changes through with the One Nation support and that was to introduce further casualisation," she said.

"So any employer now under the Fair Work Act can deem that a job is casual regardless of whether the person is working permanent ros-

ters, full-time, or part-time. They can claim the job is casual."

State organiser of the Australian Manufacturing Workers Unions' Gladstone branch Phil Golby said he wanted to guarantee industry personnel in Gladstone had permanent work.

"There is a new generation of people who need secure jobs, this whole community needs them," he said.

"Without them, we are going to have the same problem as we had after the construction of the gas plants.

"They made it so everyone bought real estate, we need to make sure there are secure jobs here so people can buy homes.

"We also need to make sure there is proper training in place for our apprentices when projects move forward," he said.

"The jobs those apprentices get need to be permanent, they can't just be make-believe."

Member for Flynn Ken O'Dowd MP said casual work opportunities offered more flexibility to staff that could not or did not wish to work full time hours.

"The free market allows a company and employee to agree on suitable hours for both parties," he said.

"Any discussions regarding work conditions should be levelled at the fair work commission, as this is very much within their jurisdiction."

IN BRIEF



Do you know these people? Tannum police need your help.

Do you know these people?

Tannum Police are seeking assistance to help identify a male and female who may be able to assist Police with their inquiries into an assault offence at Tannum Sands Hotel on September 21, 2021 at approximately 11:15pm.

If you have any information, please contact Policelink on 131 444 or Crime Stoppers on 1800 333 000 and quote reference number QP2101778326.

Agnes Crash

A man in his 40s was taken to hospital after a motorbike crash in Agnes Water last Wednesday night.

Emergency services were called to Bousgas Drive at 6.53pm.

The man was taken to Bundaberg Hospital in a stable condition with a shoulder injury.

Bruce Hwy crash

The RACQ Capricorn Rescue crew were tasked to a truck rollover on the Bruce Highway south of Miriam Vale on Tuesday.

The driver of the truck, a man in his forties from Brisbane was travelling north through Colosseum when he lost control of his loaded car transporter, causing him serious injury.

He was stabilised on scene by emergency services Queensland Ambulance Service (QAS) before being airlifted to Rockhampton with multiple lacerations and suspected spinal injuries.

The sole passenger of a second vehicle, a lady, was uninjured during the accident despite the truck colliding with her car.

The cause of the accident is unknown.



Carinity Education Gladstone cook Ryan King supervises hospitality student Morgan preparing a meal in the school's new commercial kitchen.



Sirayah Benjamin shows Carinity Education Gladstone hospitality student, Jay-dee how to prepare milkshakes in the school's new commercial kitchen.

New facilities serving up opportunities

More teenagers will be able to pursue their dream of a career in hospitality following the opening of a new training kitchen at a Gladstone school. A state-of-the-art commercial kitchen for hospitality training at Carinity Education Gladstone is part of a \$3.2 million upgrade of buildings on the school campus.

Carinity Education Gladstone Principal, Jane Greenland, says the kitchen is a vital ingredient in students' vocational learning, providing new opportunities for young people to excel in the fields of hospitality and food preparation.

"The multi-use kitchen facility is being utilised by students undertaking training at school to achieve certificate qualifications in hospitality. Fresh and healthy meals and beverages for students and staff are prepared in the kitchen, which can also be used for catering for school and community functions," Jane said.

Previously, Carinity Education Gladstone students undertaking certificate courses in hospitality had to travel the three-hour round trip to Rockhampton to complete their assessment. Hospitality students have

been guided by cook Ryan King, who has worked in hospitality throughout Europe, south-east Asia and Australia. He said the school kitchen, featuring a walk-in fridge/freezer, stainless steel benches, modern equipment and ovens that are common in most commercial kitchens, gives students "a real head-start with their future career". "Having a working commercial kitchen enables students to experience working in the industry, giving them the confidence, knowledge and skills needed to pursue a career in hospitality," Ryan said.

"The students can gain skills using modern cooking equipment commonly used in workplaces such as cafes, hotels, resorts and fast-food outlets. It's an awesome opportunity to get hands-on experience using industry-standard equipment and makes cooking for school a lot more enjoyable." All four of Carinity Education special assistance schools - in Gladstone, Rockhampton, Hervey Bay and Brisbane - have commercial kitchens. Jane said vocational training opens up career pathways for students who may struggle with regular schoolwork in the

classroom or have previously faced barriers to education.

"Not all students are academically inclined and instead are very good at practical, hands-on work. Undertaking VET training on campus at our school provides students with more career options for life after school," Jane said.

As part of the upgrade to Carinity Education Gladstone facilities, the school's existing administration building has also been refurbished. "We needed this refurbishment and improvement. As a special assistance school, we are growing rapidly with more than 114 students enrolled, up from just 24 when we started in 2017," Jane said. State Minister for Education, Grace Grace, said the Queensland Government invested \$1.1 million into the refurbishment project. "It looks great and is a popular addition to the school's infrastructure. Over the last five years we have provided more than \$4.1 million in capital and operational funds for Carinity Education's two school sites in Rockhampton and Gladstone," she said.

A woman with blonde hair, wearing a patterned tank top, dark shorts, and brown sneakers with red socks, stands confidently on a large, light-colored rock. She has her hands on her hips and is smiling. Behind her, a large, dark, horizontal cannon barrel extends across the frame. The background is a clear, bright blue sky.

Graffiti a peak frustration

"It's all well and good to tell everyone off but I have come up with a solutions, it's just a matter of installing it."

12518285-CG43-21



Here for Business Business Ignite program was launched at Junction Cafe on Thursday, October 14

Giving locals a hand

By Eilish Massie

A new program designed to help small Gladstone businesses has been touted as ‘not a hand out but a hand up’.

Here for Gladstone’s ‘Here for Business’ program launched its Business Ignite initiative at the Junction Cafe on Thursday, 14 October.

Here for Gladstone is the joint community contribution of Rio Tinto Yarwun, Boyne Smelters Limited and Queensland Alumina Limited to the Gladstone community.

Through Here for Gladstone, the three industry heavyweights (Rio Tinto Yarwun, Queensland Alumina Limited and Boyne Smelters Limited) have joined forces to improve the livelihoods and welfare of the region.

In 2017, the group started its Here for Business program with delivery partner, UHY Haines Norton to help small businesses flourish within the community.

UHY Haines Norton Gladstone director

Tina Zawila said the Here for Business program has helped more than 23 businesses through a 12-month mentoring program, and has invested more than \$670,000 in micro loans and mentoring.

“We recognised that a lot of small businesses failed in their first couple of years, and we wanted to know why that is, and how we could stop that,” Ms Zawila said.

“It basically came down to two major factors - they were either under advised or under capitalized, sometimes both.”

“With that information in hand, we designed a program called Here For Business, which helps start-up businesses and existing businesses looking to grow their goods and services.”

The Here for Business program has helped more than 74 businesses continue their success.

Here for Business’ latest initiative Business Ignite is a one-day program which teaches

small business owners to have a business plan and mindset.

“We wanted to reach small business owners without the heavy investment,” she said.

“It’s really about supporting people at the grassroots to let them grow, not a hand out but a hand up.”

Ms Zawila said the Business Ignite program was an intensive small business course done over one day, where business owners learn ideas and strategies which immediately improved their business.

“The business owner only has to give up one day, Rio Tinto flips the bill, and basically give them an understanding of a business mindset,” she said.

“Small businesses are the backbone of any economy, at the end of the day it’s the mum and dad businesses that make a community liveable.

“I’m really excited to expand the Here for Business offering to more business owners.”

Unique jewellery on show

Jewellery lovers will have the chance to peruse and purchase unique Jewellery without the expensive price tag, as Gecko Valley Winery plays host to the launch of their “Bespoke” designer jewellery collection on October 29.

Featuring works by Gemmologist and design jeweller Miranda Manifold, the annual event is an opportunity for customers to view and purchase unique pieces unavailable elsewhere, and even speak to the designer about her works.

Gecko Valley Winery owner Coleen McCray said more than 100 pieces of unique rings, pendants, necklaces, pearls, earrings and bracelets will be available to purchase.

“Miranda doesn’t make two of anything, everything is unique,” Ms McCray said.

Ms McCray said the night will involve raffles, music, food and drinks - all while enjoying the new collection.

Local artist Brittany-Elise Johansen will perform on the night.

“People can sit under the stars and enjoy Brittany’s beautiful music,” she said.

The menu will include grazing platters, cheese plates, southern fried chicken pieces and chips ,and tempura fish and chips.

While the pieces on offer at the launch are unique and never to be repeated, those attending the event shouldn’t feel obligated or pressured to part with their hard earned.

The caveat being, that with each piece unique, there is no guarantee of it still being available.

The event officially starts at 6:00pm, with an early preview from 5:30pm, with those opting to come early having the opportunity to enjoy sunset over the valley.

Those interested must purchase tickets soon, as tickets are running out.

People can register their interest at https://www.geckovalley.com.au/store/c23/Our_Events.html

But for those who miss out, the collection will also be available at Gladstone Stockland throughout December, just in time for Christmas.

Queensland’s plan out of pandemic set to unite families

Premier Anastacia Palaszczuk has released Queensland’s COVID Vaccination Plan to unite families, protect Queenslanders and chart a course through the next stages of the pandemic.

Key features include greater freedoms for those who are fully vaccinated including being able to cross the border from interstate hotspots in time for Christmas.

This will be achieved in cautious and measured stages once 70 and 80 per cent of eligible Queenslanders are double-dosed.

The Premier said how quickly these milestones are achieved depends on how quickly Queenslanders come forward to be vaccinated.

“It’s simple,” the Premier said.

“The more of us who are vaccinated, the sooner we are safely reunited with friends and family interstate and overseas.”

As has been the case during the pandemic the steps are measured and cautious.

Key milestones are:

- At 70 percent of Queensland’s eligible population fully vaccinated (expected on 19 November)
- Anyone who has been in a declared domestic hotspot in the previous 14 days can travel into Queensland provided:
 - They are fully vaccinated
 - Arrive by air
 - Have a negative COVID test in the



Premier Anastacia Palaszczuk

previous 72 hours

- Undertake home quarantine for 14 days
- Direct international arrivals into Queensland will have to complete 14 days quarantine in Government-nominated facility.
- International arrivals who arrive via an-

other state or territory will have to quarantine in a Government-nominated facility until 14 days have passed since they arrived into Australia.

- At 80 percent of Queensland’s eligible population fully vaccinated (expected on 17 December)
 - Travellers from an interstate hotspot can arrive by road or air
 - They must be fully vaccinated
 - They must have a negative COVID test in the previous 72 hours
 - No quarantine required
- Direct international arrivals can undertake 14 days (subject to review by AHPPC) home quarantine and subject to conditions set by Queensland Health provided they are:
 - Fully vaccinated
 - Have a negative COVID test in previous 72 hours
 - Those who don’t meet these criteria will need to enter within Queensland’s international arrivals cap and quarantine in a Government-nominated facility, just like now.
- Those arriving via other states and territories won’t need to quarantine if they are:
 - Fully vaccinated
 - Have undertaken at least 14 days (subject to AHPPC review) of quarantine under the direction of another state or territory at

home or in a government-nominated facility.

- Those who don’t meet the criteria to arrive via another state or territory will need to apply for a border pass and undertake up to 14 days (subject to review by AHPPC) quarantine in a government-nominated facility.
- It is important for businesses to know, at 80 per cent vaccination coverage, there will not be government financial assistance available in the event of increased restrictions or lockdowns.
- At 90 percent of Queenslanders fully vaccinated
 - No entry restrictions or quarantine for vaccinated arrivals from interstate or overseas
 - Unvaccinated travellers will need to apply for a border pass, or enter within the international arrivals cap, and undertake up to 14 days (subject to review by AHPPC) quarantine

As of now:

- 72.26 per cent of Queenslanders have had one dose
- 56.58 per cent are fully vaccinated
- People who are fully vaccinated are 86 per cent less likely to catch COVID and pass it on.

If you are fully vaccinated your chance of dying from COVID-19 falls by 90 per cent.



Heather Cuzens shared this photo of a tornado at Bracewell on Facebook.

Weather forecaster **MIKE GRIFFIN** shares his thoughts following recent wild weather including a tornado near Mt Larcom.

Storms have twist in tale

This October has seen one of the most prolific 'Spring Storm' events in a decade, besides the afternoon daily 'high-based storms' with spectacular lightning at night.

Isolated severe storms across eastern Queensland developed tornadoes and hail, starting last week and continuing throughout this week and producing strong winds causing trees and powerlines to fall with gusts to 80-90kph.

One roof in Rocky was also ripped off last Thursday in Denham Street west.

Last Monday's tornado at Bracewell near Mt Larcom had a sister in Pittsworth the same day.

In Central Queensland mainly small hail was recorded at Biloela, Rocky, Baralaba, Tannum Sands, Emu Park and near Calliope the size of marbles south of Gladstone Airport. Golf ball hail damaged a car at Marlborough.

A report of cricket ball hail east of Marlborough at Cuti Udi; plus an unconfirmed report of 'bowls size' hail between Yarlboro and Bloomsbury south of Proserpine.

Could be a size record for CQ. The unusual Upper Cold Air which has been hovering over eastern Queensland has been triggering these storms.

Most falls of 10-20 mm; with a standout 64mm Hedlow with three separate cells passing over.

Greg Klease, a retired car dealer, remembers hail as large as cricket balls in 1976 and Gladstone 1991/2.

Both occasions in late November. This phenomena should clear by the weekend. In Armidale NSW over a thousand homes were damaged by a tornado.

If you're on the lookout for hail, the first



'Bowls-size' hail was reported between Yarlboro and Bloomsbury south of Proserpine.

sign is usually a strong green tinge at the bottom of the cloud.

Watch out for November!

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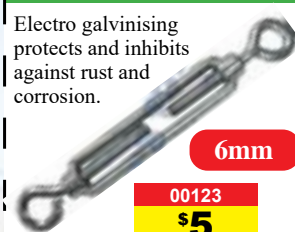
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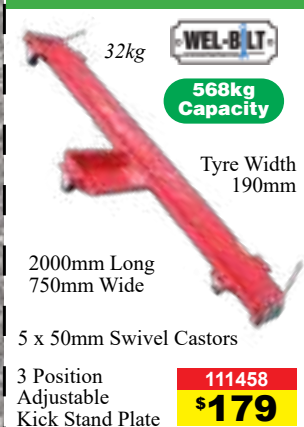


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Games plan backed

By Matthew Pearce

Member for Flynn Ken O'Dowd has backed MP Michelle Landry's call to form a Central Queensland Olympics Taskforce.

The Member for Capricornia, Ms Landry is forming a taskforce to ensure Central Queensland gets a piece of the Olympics action in 2032.

Along with Grant Cassidy, the chair of Regional Development Australia Central and Western Queensland, the Member for Capricornia will host a meeting at noon, 3 November at the Rocky Sports Club and is inviting sporting organisations and community groups to attend.

Mr O'Dowd said people in the Gladstone region prided themselves on the achievements of the younger generation.

"An Olympic taskforce is an insightful, intuitive prospect and I will be encouraging the community to engage with the taskforce," he said.

"Facilitating an Olympic event in our region would allow our upcoming young athletes an experience that may only come along once in a lifetime.

"We are excited about our future here in Central Queensland and the potential for more infrastructure and economic growth that will increase jobs and bring more families to our region."

Ms Landry invited to Gladstone community to attend the Central Queensland Olympics Taskforce meeting, saying it wasn't just limited to people from Rockhampton.

Anyone is welcome to attend, from members of the public to sporting organisations and Olympic and Commonwealth Games champions.



Federal Member for Flynn Ken O'Dowd wants Gladstone to get in on the 2032 Olympics action.

"I would love to see some of the Olympics events here in Central Queensland but if we can't have that I think it'd be great to have some of the training done here for some of the

Olympic teams," she said.

You can register your attendance at November's meeting via TryBooking here: <https://www.trybooking.com/BUGYT>



Festival of Summer Sounds concert to be a hit.

Get ready for the Festival of Summer

Tickets will soon be on sale for one of the most anticipated events for young people in the Gladstone Region – Festival of Summer!

Gladstone Regional Council will hold the third annual Festival of Summer in January 2022, with a week of festivities planned for young people aged 11 to 17 years.

It all kicks off on Sunday, 9 January 2022 with the all-ages Opening Festival taking place at Gladstone Aquatic Centre from 1pm-4pm. This is a free event with no bookings required.

Following the Opening Festival, the Days of Summer activities will take place from 10-14 January.

These activities include:

- Agnes Water/1770 Beach Day (10 January)
- Clay Earrings Workshop (10 January)
- Pressed Flower Frame Workshop (10 January)
- Survival Skills (10 January) Fast Karts (11 January)
- Gel Blasters (11 January) Watercolour Painting (11 January)
- Self Care Meditation and Yoga (11 January)
- 2 Day Department, Etiquette and Modelling Bootcamp (11-12 January)
- Black and White Film Photography Workshop (12 January)
- Agnes Water/1770 Beach Day (12 January)
- Brisbane Heat's Summer Holiday Bash (13 January)
- Laser Skirmish (13 January)
- Fashion Design Workshop (13 January)
- 2 Day Circus Workshop (13-14 January).

The sun will set on Festival of Summer on Friday 14 January with the Festival of Summer Sounds concert for 13 to 17-year-olds taking place at Gladstone Entertainment Convention Centre.

Gladstone Region Mayor Matt Burnett is encouraging parents to purchase tickets early to avoid seeing their children miss out on one of their favourite Days of Summer activities.

"There's absolutely no doubt that Festival of Summer activities are some of the most sought-after tickets in town with many of the events selling out within hours of going on sale," Councillor Burnett said.

"The usual favourites are back again in 2022 along with some new events that I'm sure will satisfy those chasing an adventure or adrenaline, or those who would like to put their creative skills to the test.

"Thandi Phoenix will headline the Festival of Summer Sounds concert, with Ivey, Will Hearn and Trusk in support.

"Over 18s won't miss out either with the Festival of Summer Sounds 18+ concert to also take place, with further details set to be released later this year."

Visit <https://gladstoneentertainment.com/FOS> for more information on Festival of Summer activities and to purchase tickets.

Tickets go on sale from 9am on Thursday, 28 October 2021.



Biloela to explode with colour.

Biloela set to explode into sea of colour

For the first time ever, Colour Me Capricorn Biloela, presented by CS Energy will explode with colour this Sunday 24 October.

Run, walk, dance or stroll your way along the course creating clouds of colour at the Rainbow Street Complex. Get ready for a fun, active and vibrant event that is sure to suit everyone.

Adult, youth, team and family tickets available. Grab your friends, gather your

family and get ready to create some colour.

Registrations are still open to families and individuals who are looking to have some fun, be active, and raise money for a vital local organisation! Head to www.trybooking.com/BPKYI to register or check out our Facebook page for more information.

Participants will have two distance options where they can walk or run:

- 2.5km – Colour Me

- 5km – Colour Me More!

Tickets are only \$25 for adults (13 years and over) and \$15 for youth (3 – 12 years). Families can register for \$70 (two adults and two youth) or teams for \$80 (four adult tickets).

For more information, head to our Facebook page. Proudly supported by CS Energy, Callide Valley Toyota, Jemena, and Blackwoods.



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Australiana influences art

By Matthew Pearce

A love of outback Australia dating back to her childhood was a major influence for local artist Kairen Kerr, who took out top prize at The 46th Rio Tinto & QAL Martin Hanson Memorial Art Awards.

Thirteen awards were announced at the Gladstone Regional Art Gallery and Museum on Saturday night across four sections – Easel Paintings, Works on Paper, Three Dimensional & Fibre Works and Digital Works – with a further six awards in the overall category.

Section winners included Home, in a New Rhythm by Kym Barrett (Easel Paintings), Just for Show by Roslyn Head (Works on Paper), You can't always see the Blues by Jude Kennedy (Three Dimensional & Fibre Works) and Quixotic Response by Kristel Kelly (Digital Works).

There were 182 entries in the awards. Easel Paintings was the most popular section with 87 pieces submitted.

Kairen Kerr, who has been painting since she was 17, said it was 'a real boost' to take home the winning prize for her artwork Tentboxers.

"I'm really looking forward to getting back in there and painting some more," she said

"I grew up touring Australia with my mum and dad in a caravan and we saw a lot of the old outback Australia.

"It always intrigued me, the tentboxing, the caravan parks, carnivals, the old Australian way of life.

"I tend to paint Australiana - people sitting in kitchens with the streamers blowing and the ducks on the wall."

Kairen has won prizes at the Martin Hanson Awards before, but this is the first time she's taken out the top prize.

"I love seeing all the other paintings and sculptures, its so diverse. Just meeting up with other artists are really inspiring," she said.

"There's some amazing entries and to be judged amongst them is a privilege and an honour."

Speaking at the Martin Hanson Awards official opening and awards presentation on Saturday night, judge Tracy Cooper-Lavery said she kept coming back to the work again and again.

"This work focuses on a scene from a history of tent boxing troops like those of Jimmy Sharman. For years young indigenous boxers fought in 'a round or two for a pound' or too in touring tent boxing circuses," she said.

"Legendary talents were born in these tents such as Lionel Rose and Tony Mundine and more recently the tradition has continued through the tent boxing troop of Fred Brophy."



Martin Hanson Awards winner Kairen Kerr with judge Tracy Cooper-Lavery. Pictures: MGR PHOTOGRAPHY



Christine Holden won the Pamela Whitlock Memorial Acquisitive Award for Pods.



Kairen Kerr's winning entry, Tentboxers.



Kristel Kelly with her artwork Quixotic Response.

WINNERS: OVERALL

The 46th Rio Tinto & QAL Martin Hanson Memorial Art Award, \$15,000 - Kairen Kerr, Tentboxers

- The Pamela Whitlock Memorial Acquisitive Award, sponsored by Gladstone Regional Art Gallery & Museum, \$5,000 - Christine Holden, Pods
- The Pieter Groen-int-woud Memorial Young Emerging Artist Award, sponsored by Multitrade Building Hire, \$1500 - Katie Houvelroud, Passed Out
- The Local Murri Artist Award, sponsored by Elizabeth & Leo Zussino, \$1500 - Trinity Johnson, In between the pages
- The Local Artist Award, sponsored by Gail Sellers, \$1000 - Diana Carey, Grab It
- The Installers Choice Award, sponsored by Laureen Tkacik, \$500 - Marina Andrews, Max Joyriding

SECTION 1: EASEL PAINTINGS

- First Prize, sponsored by QER Pty Ltd, \$2000 - Kym Barrett, Home, in a New Rhythm
- Second Prize, sponsored by Gladstone Area Water Board, \$1000 - Beryl Wood, Almost There!
- Third Prize, sponsored by Gladstone Cinemas, \$500 - Clinton Barker, Boomerang Moon
- Highly commended - Gladstone Community Linking Agency, Dolphin in Paradise

SECTION 2: WORKS ON PAPER

- First Prize, sponsored by APLNG ConocoPhillips, \$2000 - Roslyn Head, Just for Show
- Second Prize, sponsored by Reef City Motors, \$1000 - Ruth Cho, Why the Yellow Face?
- Third Prize, sponsored by Natalia Muszkat, \$500 - Geoffrey Head, Entangled

SECTION 3: THREE DIMENSIONAL & FIBRE WORKS

- First Prize: sponsored by Gladstone Ports Corporation, \$2000 - Jude Kennedy, You can't always see the Blues
- Second Prize: sponsored by 4CC, \$1000 - Megan Puls, Wavebreak
- Third Prize, sponsored by Gladstone Picture Framing and Art Materials, \$500 - Rod Butler, Faithful in Adversity

SECTION 4: DIGITAL WORKS

- First Prize, sponsored by Gladstone Engineering Alliance, \$2000 - Kristel Kelly, Quixotic Response
- Second Prize, sponsored by CQUniversity, \$1000 - Anna Glynn, Cloudbird
- Third Prize, sponsored by GAPDL, \$500 - James Walden, Foreign Correspondent

THE QAL PEOPLE'S CHOICE AWARDS:

All entries in their registered section are eligible, as voted by the visiting general public, collected at the QAL iPad voting kiosks only.

Voting is available until 4.30pm, Thursday, 25 November 2021.

QAL People's Choice Award winners announced 11am Wednesday, 1 December 2021.



Martin Hanson Award winner Kairen Kerr with QAL's Pine Pienaar and judge Tracy Cooper-Lavery.



Cr Natalia Muszkat and Christine Holden.



Cr Natalia Muszkat with Geoffrey Head.



Leo and Elizabeth Zussino and judge Tracy Cooper-Lavery.



Jed and Caitlyn perform at the Martin Hanson Memorial Art Awards.



Katie Houvelroud won the Pieter Groen-int-woud Memorial Young Emerging Artist Award.



Beryl Wood with Grace Duckham from Gladstone Area Water Board.



The crowd at the Martin Hanson Memorial Art Awards.



Premier Anastacia Palaszczuk encourages Central Queenslanders to get vaccinated. Picture: KHRYSTI BALANAY

Roll up your sleeves

By Matthew Pearce

Annastacia Palaszczuk wants Central Queensland residents to catch up with people in the south-east corner when it comes to vaccination rates.

Speaking at the vaccination hub at the Department of Agriculture and Fisheries in Parkhurst on Tuesday, 19 October, Premier Palaszczuk said people had until the end of October to get their first jab if they wanted to be fully vaccinated when borders reopen to vaccinated people from interstate on December 17.

“People will be travelling, they will have to be fully vaccinated to come here, but I can’t tell you when the next Delta outbreak will happen and the last thing we want to see is the next outbreak

happening here on our doorstep,” she said.

The premier said Queensland had reached 72.47 per cent first doses and 56.9 per cent second doses. In comparison, Central Queensland has reached 62.9 single dose and 47.9 per cent fully vaccinated.

“This region is one of the lowest regions in the state, that’s a big problem,” she said.

“What this means is the virus will come and search out those who are unvaccinated.

“When you are at 80 per cent double vaccinated it gives a lot more certainty to your community and you will be able to feel very safe.”

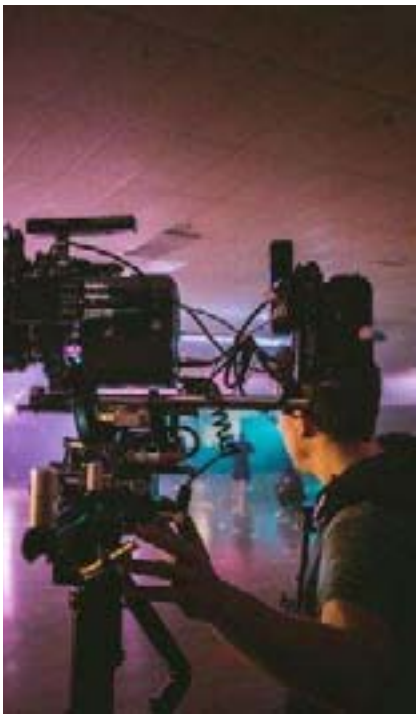
She said more vaccination hubs would be open at schools in Gracemere and Blackwater on Saturday to help with the vaccination effort.

“Central Queensland’s figures are not good enough, my job is to keep you safe but now its over to you, there’s plenty of vaccine there so there is no reason you cannot go and get that vaccine, so please go and do so.”

Treasurer Cameron Dick said Central Queensland had done a wonderful job keeping the economy going during the Covid-19 pandemic.

“When it comes to the economy, whether it’s agriculture, mining or tourism, the economy has performed so well and we just can’t afford to let all that good work go to waste.”

Vaccination clinics at Bunnings Warehouse on the weekend were a great success, with multiple reports coming in that supply of vaccines exceeded demand.



Festival looking for your films

Filmmakers have just over two weeks left to get their feature, short and documentary entries in for the upcoming 2022 Capricorn Film Festival.

After the continued success and growth of submissions over the past few years, the seventh edition of Central Queensland’s premiere film festival has already received a record number of submissions and Festival Director Luke Graham and team countdown the final few weeks for submissions of its highly successful destination event.

“Every year the quality of International, national and Central Queensland filmmakers raise the bar. Their production and storytelling skills are going to give our judges real challenges in having to select winners. We also have some very talented people finding their way into the industry and creating some truly exciting films,” said Luke Graham (Festival Founder and Director).

Short films from Bundaberg to Yeppoon will compete win two categories, CAPS Open and CAPS Junior. The short film competition also includes CAPS Short and CAPS EXperimental, which is open to filmmakers from the rest of Australia and internationally.

Entries are also open for Australian and international feature films and documentaries with the total prize pool at \$4000.

CAPS Junior is open to Central Queensland residents under the age of 18, including schools and student-made short films with the winner receiving cash, trophy and mentorship through a professional production.

The category Central Queensland residents over 18 years of age is CAPS Open, with the winner receiving cash, trophy and mentorship through a professional production.

CAPS World is for filmmakers outside of Central Queensland with the winner receiving cash and a trophy.

CAPS EXperimental is in its second year and is suitable for short videos which are more artistic in nature, embracing visuals and audio expression over story structure.

CAPS Feature and CAPS Doco are for long form film submissions including feature films and documentaries, with the winner receiving cash and a trophy.

Entries are open till November 2 with official selections notified by November 16, just eight weeks before the destination festival event.

Submissions accepted via online only through www.capricornfilmfestival.com

CS Energy invites Biloela to info session

CS Energy is hosting a community walk in session this week for the Biloela community about the PFAS testing near Callide Power Station.

The sessions are designed so that interested community members can drop in at a time that suits them to ask questions and understand the testing to date and upcoming plans for sampling, modelling and investigation.

CS Energy will be joined by Epic Environmental, Queensland Health, the Department of Agriculture and Fisheries, the Department of Environment and Science, and Banana Shire Council.

The session is being held at Hotel Settlers Today from 7am to 10am. There is no presentation, community members are invited to simply drop in at a time that suits them.

More information about CS Energy’s PFAS monitoring can be found at csenergy.com.au/environment

PFAS (per-and poly-fluoroalkyl substances) are a group of manufactured chemicals present in firefighting foams that were historically used at various Australian sites including civil airports, defence bases, ports and large industrial sites.

Work ready program for migrant women

Integreat Queensland and the Gladstone Engineering Alliance have joined forces to assist migrant women find work in the region.

Integreat Queensland General Manager Julie Pettett said the Get Work Ready program would assist migrant women in getting past employment barriers.

“Migrant women even with qualifications from their country face barriers to employment,” Ms Pettett said.

“Some of the reasons for the barriers faced by migrant women include confidence in the ability to apply and interview for a job due to English being their second language including understanding the Australian work context in terms of HR, work practices, and forms of communication.”

Integreat Queensland is a not-for-profit organisation which offers community-based programs to open opportunities for everyone from everywhere to get involved, feel welcome, learn new things, and contribute to a strong, thriving local community.

Ms Pettett said the Get Ready Work pro-

gram, funded by Federal Government - Department of Prime Minister and Cabinet, offered real meaningful life experiences for the migrant women.

“During the 12-week training program they participate in English intermediate classes, training sessions with professionals exploring their career choices and interests, writing resumes, sitting an interview, and communicating in a work context.

“Once the training program has been completed, they then participate in a 12-week work placement matched to their skills facilitated by the Gladstone Engineering Alliance.

“Integreat Queensland and the Gladstone Engineering Alliance are working together to ensure the participants have a meaningful work experience to find suitable and rewarding jobs and increase diversity in the workplace.”

For those that would like to register for the first of three programs on offer please register by emailing bernadette@integreatqld.org.au or 07 4903 1931



Egyptian migrant Rania Elgendy who now lives in Gladstone is excited to begin the Get Work Ready program.

OPINION

Letters: Editorial@TodayGladstone.com.au
Text: 0456 749 126

Leading the way forward

If all the announcements over the last six months follow through to bricks and mortar, then Gladstone will become a significant growth centre for the next 10 to 20 years.

These announcements are a major coup for Central Queensland as it is mostly perceived as a coal producing area. It is now becoming a leader in the field of Hydrogen research, development and production, the new green energy.

To the rest of Australia, Gladstone has at times been recognised as an industrial city with a commercial port and a boom-and-bust history, but to those who know this area that is not what defines this unique and diverse region. Gladstone can lay claim to being home to several of the nation's biggest international resource companies, with Rio Tinto, Shell, Santos, ConocoPhillips, Origin, Orica, and Southern Oil having manufacturing businesses based around the port.

This paper is not sure who have the foresight to set aside the large tract of land called the State Development Area in 1993 but their vision should be commended.

The State Development area is home to the above listed companies and covers over 27,000 hectares of land. With the assumption that the same vision and forward thinking from 1993 will be replicated by our current politicians it would be safe to say that the nation building inland rail will have its tracks laid into the Gladstone Port. This would also enhance the

Today's View

growth of the port city with Gladstone's Port becoming a larger freight hub not only for the east coast of Australia but with an expectation of growth in exports as well.

Employment drives the economic growth of a community, attracting workers and their families to the region has roll on effects for all business. New business opens, others expand, retail choice doubles, entertainment, and food outlets along with them. Gladstone already has a skilled workforce and no doubt that is one of the contributing reasons to the selection of the city for future hydrogen industry.

With the lessons learned after the dramatic economic and infrastructure change from the LNG development on Curtis Island, there should be a better management of change from all levels of government.

The State and Federal Governments representatives all enjoy the media presence and profile when making the announcements with private industry, hopefully they haven't forgotten that for the community and the residents

there should be little if any disadvantaged Government's role is to provide all the associated services especially healthcare and education that come with growth. Historically their stance was, that their modelling and data showed that there was no need for any extra service.

The concern was more about the royalties made than the residents affected.

This should not be allowed to happen again, and the communities will be better prepared.

To the people and business driving the investment into Hydrogen it is hoped your vision will be applauded and thanked in years to come.

The future Central Queensland could end up with a new capital city, where Rockhampton has historically been the capital that could change. At times Gladstone residents have cheekily called Rockhampton it's northern suburb and the next step for their community newspaper will also be two editions per week.

Some years ago, when there were opportunities for growth from the Bowen Basin, Rockhampton's leaders misread the opportunity that lay before them, is this now a case of history repeating or is this city on the cusp of announcing their own future.

It is hoped that all Central Queensland becomes stronger, and this region can attract more investment, infrastructure and people away from the southeast corner.



Premier Annastacia Palaszczuk was in Gladstone last week to announce a \$1 billion hydrogen development facility, destined for the Gladstone State Development Area at Aldoga.

VOX POP

WE TAKE IT TO THE STREETS

How do you feel about the hydrogen plants coming to Gladstone?



I just don't want the rents to increase.
- Taren, 36



I actually didn't know about it. I haven't seen any advertising. It would be interesting. I'm not sure what to think about that.
- Mawn, 24



As long as it doesn't affect the pollution in Gladstone.
- Jade, 35

LYNCHY'S JOKE OF THE WEEK

I can across a Dave Allen CD the other day.

I believe it was one I had purchased for my dear old dad who has since passed.

He loved the humor of Dave Allen.

One of the stories he told was one where the local priest addressed the congregation on the evil of drink.

There he was standing on the pulpit and this particular day he conducted a practical experiment in front of everyone.

In front of him he had a glass of water and a glass of whiskey.

He held up a worm and announced he would dunk the worm in the glass of water of which he did.

He raised the worm out of the glass and shouted, "The worm is still alive!"

He then dunked the worm in the glass of whiskey.

He raised the worm out of the glass and



shouted out louder, "The worm is dead!"

Now said the priest, "This is a very straightforward experiment and it should tell you something very important."

A little older gentleman sitting in the front row put his hand up and replied with a very strong voice, "Yes, Father, if you drink whiskey you wont get worms."

ON THIS DAY

THURSDAY, 21 OCTOBER IS REPTILE AWARENESS DAY



ON THIS DAY IN HISTORY:

- 1805:** Battle of Trafalgar: British Admiral Horatio Nelson defeats combined French and Spanish fleet. Nelson shot and killed during battle.
- 1854:** Florence Nightingale with a staff of 38 nurses is sent to the Crimean War.
- 1944:** World War II: US troops capture Aachen, 1st large German city to fall.
- 1948:** UN rejects Russian proposal to destroy atomic weapons.
- 1950:** Chinese forces occupy Tibet.
- 1993:** Failed military coup in Burundi, led by ex-President Jean-Baptiste Bagaza, includes assassination President Ndayaye; 525,000 Hutus flee.

OPINION

Matt Canavan



Net zero will weaken us

I don't come to Canberra to make friends, I come here to fight for our jobs and our livelihoods.

There are lots of Canberra people that want to shut down our cattle, coal, cotton and other industries. Thousands of jobs would be lost if they got their way. Others want to take away our cars or guns.

So when these people are angry with me or the Nationals party, we know that we are doing our job for you.

And, boy have Canberra people been angry with the Nationals party this week. We have had the hide to not just rubber stamp a plan to cut carbon emissions to zero (in "net" terms). This plan would cost thousands of Central Queensland and push up the cost of almost everything.

Net zero is a bad idea for Australia, it will make us weaker as a nation, and I will not support it because I support the jobs in Central Queensland industries.

The world cannot get enough of our coal, cattle and other commodities right now. Prices are at record levels. When you see a coal train pass you on the Capricorn Highway, just remember that it has about \$5 million in wealth for our nation. Each train helps pay for around 40 worker's wages in the coal industry. The coal helps put food on the table for families right around Central Queensland.

Our cattle prices have never been this high but the climate zealots want to cull our herd to reduce the emissions that come from the farting and burping of cattle.

There is no need to reduce our production of these products when they are in record demand.

Europe has tried to reach net zero and it has been an absolute disaster. Factories have had to close, lines at petrol stations have formed and, in the ultimate irony, food has run short



Senator Matt Canavan says the world cannot get enough of our coal, cattle and other commodities right now.

because of a lack of carbon dioxide! Carbon dioxide is made from natural gas and is essential to refrigerate and transport food.

Because Europe has refused to develop their own gas resources, they are now reliant on an authoritarian Russian regime for their energy needs. Europe can only keep its lights on when Putin agrees.

Signing up to net zero would be the worst deal in history for Australia. People would lose their jobs, we would lose our energy indepen-

dence and the rest of the world will just keep ignoring their commitments, while we are left to import stuff that we used to make from them. All of this just as the security position in our region goes rapidly goes south.

Last week, China demonstrated the world's first nuclear-capable, hypersonic missile. This missile can hit anywhere in the world from low orbit, and, unlike intercontinental ballistic missiles, they are manoeuvrable allowing them to avoid existing missile defence

systems. According to the Financial Times, the missile test "caught US intelligence by surprise."

China now has space nukes but they can't match us on plans to reach net zero.

Australia has to wake up to this folly of handicapping our country and letting other countries off scot-free. I will keep up the fight for sanity to be restored because I don't come to Canberra for a holiday, I come here to work for you.



Mining equipment on the Carmichael Project is assembled and serviced by contractors based in regional Queensland.



Bowen Rail Company locomotives came through the Port of Townsville and are undergoing testing and commissioning on-site in central Queensland.

Carmichael mine and rail project delivers opportunities

By Jackie Dobson

Regional Queensland contractors and businesses have benefited to the tune of more than \$1 billion, resulting from construction of Bravus Mining & Resources' Carmichael mine and Rail Project.

Bravus Mining & Resources CEO David Boshoff said he is over the moon they have been able to deliver the Carmichael mine and rail project with a majority regional Queensland contracting team and workforce.

"As well as our employment commitments, we signed up to provide fair and reasonable

opportunities for regional Queensland contractors and businesses," Mr Boshoff said.

"Our earthworks and civil works contractors are from Rockhampton and Townsville; fuel supply from Townsville; telecommunications and CHPP construction from Mackay; rail track laying and rail camp construction from Rockhampton, and quarry contracts from Toowoomba.

"At a time when so many people and businesses have been doing it tough throughout Covid-19, we are proud to have been able to put 2600-people people in work and keep contractors going throughout the pandemic.

"It's also important to remember that the \$1 billion figure is direct spending by Bravus and doesn't include the hundreds of millions of dollars our direct contractors and their sub-contractors have spent in regional Queensland."

Mr Boshoff said Bravis is on track to export first coal in 2021.

"As Bravus moves into the next phase of the project, recruitment is underway for more than 280 full-time employees to take on operational roles," he said.

"We recently signed an agreement with

MacKellar Group to undertake our mining services and we are actively recruiting haul truck drivers, maintenance workers and other trades.

"Onsite jobs will continue to operate as FIFO roles from our primary recruitment hubs of Rockhampton and Townsville. We will also be drawing from other central and north Queensland regions including Clermont, Moranbah, Emerald and Charters Towers."

Job seekers should visit www.carmichael-jobs.com.au for a list of opportunities.

CONNECT

A Gladstone Regional Council publication



Gladstone Region Mayor Matt Burnett presents Liz Cunningham with the 2021 Citizen of the Year Award.

Nominate a mate who makes Australia great

We all know that one person in the community who goes above and beyond – who volunteers to support the local sporting club or who spends hours volunteering to deliver services and events to our community.

Now is your chance to recognise their contributions and nominate them for a Gladstone Regional Council Australia Day Award in 2022.

Nominations for the annual awards have opened and will close Sunday, 7 November 2021.

Categories for the 2022 Awards include:

- Citizen of the Year
- Young Citizen of the Year
- Sports Official of the Year
- Senior Sports person of the Year
- Young Sports person of the Year
- Arts and Culture Award

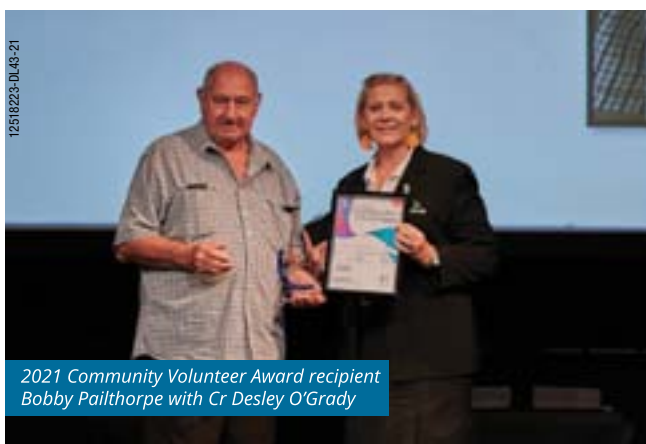
- Community Volunteer Award
- Community Event or Initiative Award.

Community champion and former Gladstone MP Liz Cunningham was awarded Citizen of the Year at the 2021 awards, recognising her commitment to the community that has spread across a wide variety of groups over many years.

Gladstone Region Mayor Matt Burnett said reviewing the Australia Day Award nominations always fills Council with a sense of pride when reading about the efforts of individuals and groups within our community.

"If you know someone who deserves recognition for going above and beyond, nominate them for an award," he said.

Visit www.gladstone.qld.gov.au/australia-day-awards to nominate an individual or group.



2021 Community Volunteer Award recipient Bobby Pailthorpe with Cr Desley O'Grady



Cr Natalia Muszkat with 2021 Arts and Culture Award recipient Robyn Addison



Footpath works at the corner of Toolooa and Short Streets

Forward thinking for footpath works

Council's road crews and contractors are currently busy along a stretch of Toolooa Street, Gladstone, from the intersection of Short/Young St to Walsh St.

Work being conducted includes footpath widening, kerb construction and service relocation to revitalise a 450m section of deteriorating road, kerb and footpath.

This work will be carried out in stages until mid-December with businesses in the area remaining open.

While road and footpath work occur, Council will place conduits underneath the road at regular intervals to support future services, in addition to stormwater pipes and conduit for future water services.

These works are part of a \$1.5m Toolooa St Pavement and Footpath Renewal project, proudly funded by the Queensland Government through the Transport Infrastructure Development Scheme and Gladstone Regional Council.



Motorists should consider taking an alternate route



COMMUNITY FUN DAY

Celebrate the opening of the Philip Street Communities and Families Precinct.

Fun activities for all ages and abilities, including:

- live entertainment
- face painting
- cultural performances
- facility tours
- lawn games
- free sausage sizzle
- soft drink
- picnic packs and more

1pm–4pm, Saturday 13 November

Philip Street Communities and Families Precinct, 1 Pengelly Street, Gladstone

FREE EVENT

www.gladstone.qld.gov.au @PhilipStreetPrecinct

[f](#) [i](#) [t](#) [i](#) 4970 0700 | www.gladstone.qld.gov.au

GLADSTONE ENTERTAINMENT CONVENTION CENTRE

GLADSTONE TANDON BOTANIC GARDENS

GLADSTONE REGIONAL art gallery museum

GLADSTONE REGIONAL LIBRARIES

GLADSTONE REGIONAL COUNCIL

Q&A

What is the best advice you've ever received?
Believe in yourself.

What is something you do in your spare time?

I enjoy reading books with a good cup of coffee.

What is something most people don't know about you?

I am a big fan of musicals. In 2019, I was part of the ensemble for Rockhampton Musical Union's *The Phantom of the Opera*.

What's your favourite spot in the region?

As a kid my family and I would go to the Blackdown Tablelands. It's so beautiful there.

What would be your last meal if you could choose?

Roast lamb, baked potatoes, vegetables and gravy.

Which celebrity guests (dead or alive) would you invite to a dinner party?

I think it would be fascinating to talk with Anne Boleyn, Sir Arthur Conan Doyle, and Emma Watson.

Who is your favourite movie star and musician?

My favourite actor is Benedict Cumberbatch. I enjoyed his portrayal of Sherlock Holmes in the BBC series *Sherlock*.

My favourite musician is a band called London Grammar. They are planning on coming to Australia next year and fingers crossed I'm able to go see them.

What is one of your greatest achievements?

Receiving my Bachelor degree last year.

If you had to choose three items to take with you on a trip to a deserted island, which would they be?

A good book, camera, and mangoes!

with our new reporter Khrysti Balanay



THREE ...
ways to live life
to the fullest

With more and more people realising that they struggle with mental health, it is high time that we as individuals do our part to encourage positive thinking and behaviour - it might just save a life.

1 Just do you (first)
Other people do make our lives more vibrant, but at the end of the day, your own happiness and wellbeing are what matters most. After all, we're responsible for the work that keep the lights on, the flame burning, and spirits high.

2 Find something to enjoy, and enjoy it
Many of us have that one hobby that keeps us trucking along by stimulating our creativity, providing that crucial hit of dopamine, or connecting us with likeminded individuals. To those feeling listless, a new hobby might be just the thing to pull them out of a slump.

3 Take note of the 'little things'
We don't have to go one total hippie in order to appreciate the warmth of the sun, the sweet scent of our favourite food, or a good moment. By fostering an appreciation for the smaller things in life – those subtle aspects that make a nice thing even nicer – we encourage ourselves to keep our eyes, ears and minds open.



CATALOGUES GETTING WET?

Many businesses rely on their catalogues being read.

Catalogues in newspapers are 40% more effective in generating store traffic than they are when left in a letter box

1 in 5 letter boxes have a no junk mail sign

Does your mail get wet sometimes?

For more information
Contact the Gladstone Today team
on 4863 5050 or
advertising@todaygladstone.com.au

“Our audience is more engaged because they pay to read what is inside their paper”

GladstoneToday

Entertainment

WHAT'S ON IN GLADSTONE

Gigs, events in the region

By Sean Fox

Here's our list of most exciting events coming to your region.

Are you ready to check these entertainment offerings out with your family and friends?

- Garden Tours. Free, weekly tours of the Tondoon Botanic Gardens at 672 Glenlyon Rd in Gladstone. Cost is free, no bookings are required. Phone (07) 4971 4444 for more information.

Other Events

- UK Bee Gees. Saturday, 23 October from 8pm. Rocky Glen Hotel, 7 Dawson Highway in West Gladstone. Visit humanitixx.com for tickets. They will also be playing at the Tannum Sands Hotel located at 34 Pacific Avenue on Friday, 22 October from 8.30pm.
- Cox Plate Day 2021. Saturday, 23 October from 11am. Ferguson Park, Gladstone Turf Club. Visit eventbrite.com.au for more information and ticketing details.
- Lake Awoonga Adventure Race Day 2021. Saturday, 23 October from 6am. Located at 865 Awoonga Dam Road in Benaraby. Visit laar.com.au/ for more information.
- Chad Morgan: The Sheik of Scrubby Creek. The last of Australian country music's pioneers is still touring Australia, heading to the Bororen Community Hall from 2pm. Tickets cost \$25 per person. A cost of \$5 is optional for afternoon tea. Bar and raffle. Phone 0427 185 568 for more information.
- Calliope Rotary Markets. Sunday, 24 October



Iconic Australian country music legend, Chad Morgan will appear for one night only at the Bororen Community Hall this weekend. More details in this week's Coming Events edition.

from 8am. Chapman Park, 3 Taragoola Rd, Calliope. Stall fees start at \$10. Set up commences at 7am. Calliope Rodeo Grounds, with a cup of tea and biscuits for morning tea. Phone 0414 874 721 for more info.

- Discovery Coast Markets. Sunday, 24 October from 8am. Seventeen Seventy SES Grounds, Captain Cook Drive, Town of 1770. Cost to book a site is \$10. Phone 0488 087 622 for more information.
- Benaraby Twilight Fair. Friday, 29 October from 4pm. Benaraby State School, 17 O'Connor Road in Benaraby. Live music by the Elysian Duo. For stall bookings, contact benarabyfair@hotmail.com.

- Twilight Markets at ARTmatters. Saturday, 30 October from 4pm to 8pm. Creative Gladstone, located at 3 Pitt St. Live music, licensed bar, food vans, raffles, and a lucky door prize. Gift shop and gallery are open. A variety of stalls for your Christmas shopping. Entry by gold coin donation.
- Crow Street Food and Music Festival. Saturday, 30 October from 5pm. Crow Street Collective, 8 Crow St Gladstone.
- PopCon Gladstone. Saturday, 30 October from 11am. Gladstone Entertainment and Convention Centre. Just like Superman, PopCon 2021 is set to fly across the region this year with pop culture enthusiasts treated to a range of fun activities. From anime and sci-fi, to fantasy and gaming – there's something to suit everyone! Check out the displays, treat yourself at the market stalls, showoff your skills in the cosplay contest and make some new friends.
- Various competitions will be running throughout the event including: Junior LEGO Legends, Senior LEGO Legends, Lucky Door Prize and cosplay competitions. The cosplay competitions will include cosplay parade, prop competition, kids parade and Cosplay Championship.
- Gladstone MS Swimathon. Sunday, 31 October from 6am. Western Suburbs Gladstone Swimming Club, Glenlyon Road. Visit www.msswimathon.com.au/ for more information.
- Cult Film Night: 1986's Little Shop of Horrors. Saturday, 30 October from 7pm. Gladstone

Entertainment Convention Centre. Tickets cost \$15 for general admission, \$13 for concession. Visit gladstoneentertainment.com for tickets.

- Bloom Sings: Morning Melodies. Tuesday, 9 November from 10am. Gladstone Entertainment Convention Centre, 58 Goondoon Street. In this brand new show, Melbourne singer songwriter Bloom will have you experience the incredible hits that span several decades from the Grammy Award winning artists Stevie Nicks, Carole King and Linda Ronstadt. Tickets cost \$16 for adults, loyalty members \$13, groups of more than six will charge each person \$12 entry.
- Cosentino: Deception. Tuesday, 16 November from 7.30pm. Gladstone Entertainment Convention Centre, 58 Goondoon St. Tickets cost \$85 for admit one. A family pass will cost \$282.80 for two adults and two children. Join Cosentino as he performs death-defying escapes that will thrill your senses, mind-boggling stage illusions and cutting-edge street magic that will twist your view of reality.
- Dance Kix Concert: Covers and Remixes. Gladstone Entertainment Convention Centre, 58 Goondoon St. Adult tickets cost \$22, children and students cost \$11.50. Visit gladstoneentertainment.com/ for more information.
- Kevin Bloody Wilson, 19 February from 7.30pm, Harvey Road Tavern, Visit oztix.com.au for tickets.



Bob Trask captured this shot of the 'light morph' Eastern Reef Egret.

Egret a sight to behold

In the next two weeks we will look at the Eastern Reef Egret (also called the Pacific Reef Heron or Eastern Reef Heron).

They occur along the coastline and islands of most of Australia, but mainly on Queensland coast and Great Barrier Reef.

Their preferred diet is fish, crustaceans and insects. This shot was taken at Heron Island and shows one of the bird's two colour forms, the 'light morph'.

**BIRDS OF
BOYNE &
TANNUM**

BOB TRASK



CQ Wedding Expo

Rockhampton

Sunday, 7th November 2021

Music by A2Z
Live Entertainment
Fashion Showcase by Victoria Loft
Hair & Make up by
My Place Hair & Beauty
8:30am til 1:30pm
Robert Schwarten Pavilion

**\$5 Entry per person
Children 14 & under is free**

Photo by Chapters by Jordie

Style with H

By Helena Sant

Facebook: Helena Sant Personal Stylist

Instagram: @helenasant_stylist

Ph: 0400 964 366



Getting style inspiration

It can be a little overwhelming for those of you that don't know where to start on your style journey, so I thought I would give you five sources that I use to help search for style inspiration. Once you gather images, quotes and any other useful resources that resonate with you, you can take it one step further to design and create your very own mood board. Keep in mind there are apps such as Pinterest that you can use to create mood boards virtually or you can stick images on to a piece of cardboard and have a fun day using your inner arts and craft skills.

- Search Engine - such as Google, Yahoo or Bing. Keep it super simple when typing in the search bar and use words like "Spring Style" or type in the style that you're looking for. You can either stay in the web tab and click on the links that come up or you can select images which brings up hundreds of photos that relate to the words you've searched for.
- Pinterest - Similar to the search engine, type key words into Pinterest that you're looking for and save photos that capture your attention or love. You can then organise your images into different folders according to style, season or however you like.
- Instagram - Which is probably my favourite tool to use, and I find it simple to find inspiration through searching for hashtags or scrolling through reels. Scroll through accounts you're following and save posts that you can go back to later. Follow accounts that inspire you and reduce the accounts that don't align with your goals.
- Magazines - I still love flicking through magazines, even old ones, to see how far fashion trends have evolved. Cut out images or anything that you see that gives you joy and begin creating a mood board.
- People - Take note of what people are wearing, write it down and don't be afraid to compliment someone's outfit you love!

I hope you can gather some inspirational images to help elevate your style and don't forget to have fun creating a mood board.



Instagram shoots can help people be style inspired especially with summer just around the corner.

OPINION

Murray Watt,
Labor Senator for Queensland

Nationals net zero stance holding whole country back

Here we go again. After eight long years of LNP Government in Canberra, we have another fight between the Liberals and Nationals on climate change.

This time it's Nationals MPs like Michelle Landry, Ken O'Dowd and Matt Canavan who want Central Queenslanders to pay the bill - in jobs lost, higher power prices and a big, new mortgage tax.

The Nationals talk a lot about jobs in our traditional industries, like mining and agriculture. But the National Farmers Federation, Meat and Livestock Australia, Rio Tinto, BHP, Santos, Origin and more say that cutting our emissions will create more jobs, not less, in those industries.

Those companies want to make more money and create more jobs, not less. Why do the Nationals want to stop Central Queensland getting its fair share of those jobs?

Most of Central Queensland's coal is exported to make steel, in countries like Japan, South Korea and, until recently, China. That will continue, as will our gas exports, for years to come, whatever Australia does on emissions. Likewise, we'll keep growing crops and running cattle, to feed ourselves and the world.

What net zero emissions offers Central Queensland is the chance to build on our tra-



Murray Watt shares his opinion this week.

ditional industries and create even more secure, long-term jobs.

Right around the region, small and large businesses are using new energy sources to cut their power bills. Especially in manufacturing.

After years of manufacturing decline, imagine the jobs we can create locally, by adding new energy sources to our current mix, cutting power prices power prices in the process.

Good, blue collar jobs - processing miner-

als, making aluminium, wind turbines and trains here, rather than importing them. Value adding to our minerals and crops, right here in Central Queensland.

Other countries are already grabbing these opportunities. By refusing to sign up to net zero emissions, the Nationals are letting those countries get the jump on us.

How often have we seen other countries take good Aussie ideas overseas and make mil-

lions from them? We shouldn't let the Nationals send manufacturing jobs offshore when they should be in towns like Rocky, Gladstone, Emerald, Moranbah and Biloela.

But it's not just the job losses that Central Queensland would see under the Nationals' plan. Every homeowner would pay more too.

Two weeks ago, Nationals Senator Matt Canavan admitted who would pay for his party's plan - you. He told Sky News that: "If we are forced to pay a little more on our mortgages, we should do that."

His astonishing remarks come in response to recent warnings from his own Government's Treasurer, Josh Frydenberg, that Australians risk paying higher interest on their home loans, if we continue to oppose net zero emissions by 2050.

So we have a Nationals Senator saying you should pay more, while he sends jobs offshore! How out of touch is that?

The climate wars have gone on too long. It's time our Nationals MPs stopped trying to make Central Queenslanders pay more, so they can keep playing their political games.

Central Queensland deserves more jobs in more industries, not the Nationals' plan of jobs lost, higher power prices and a big, new mortgage tax.

Apple and cinnamon loaf

By Tania Phillips

Kanzi apples have a delicious sweet and tangy taste, with their knock-out flavour coming from the variety's parents - the sweet Royal Gala and the tangy Braeburn.

Kanzi apples were first introduced to Australia 10 years ago and have quickly become one of Australia's favourite apples. In fact, growers have planted an extra 64,000 trees this year alone to help keep up with the demand.

Want to try Kanzi apples - try this delicious Kanzi apple bread in all its glory with chunks of fresh apple, walnuts and pecans throughout and a cinnamon icing drizzle to finish.

KANZI APPLE AND CINNAMON

Prep time: 15-20 mins
Cook time: 50-55 mins

- Ingredients**
- 125g unsalted butter
 - 1 cup caster sugar
 - 2 eggs
 - 1 tsp vanilla essence
 - cup milk
 - 1 ¾ cup all purpose flour
 - 1 ½baking powder
 - ½ tsp baking soda
 - 1 ½ tsp cinnamon powder
 - ½ tsp ground clove
 - ½ cup roughly chopped walnuts or pecans
 - 3 medium size Kanzi® apples peeled and diced
 - 1 tbsp granulated sugar
 - Extra walnuts and pecans for the top

Cinnamon Icing:

- ½ cup icing sugar
- ¼ tsp cinnamon powder 4-5 tsp milk

Method

1. Preheat oven to 180°. Grease and line a standard loaf tin. For easy lift out, ensure the baking paper is higher than the tins edge.
2. Cream together the butter and caster sugar in a standard mixer until light and fluffy. Add the vanilla essence and one egg at a time, beating in-between until well combined. Scrape down the sides and base of the bowl as needed.
3. Add the milk and beat further until combined.
4. In a large mixing bowl, stir to combine the dry ingredients; flour, baking powder, baking soda, cinnamon and ground clove.
5. Add the dry ingredients to the wet mix. Ensure the mixing speed is slow to allow it to just come together. Be careful not to over mix.
6. Gently fold in the chopped nuts followed by ¾ of the diced Kanzi apples.
7. Pour the batter out into the prepared tin and level out with a spatula.
8. Add the remaining diced Kanzi apples and lightly push a few extra nuts into the top. Finish by sprinkling with granulated sugar.
9. Bake in the oven for 50 - 55 minutes or until a skewer comes out clean.
- 10.Place on a cooling rack for 15 minutes before removing from the tin.
- 11.To make the cinnamon icing; combine the sifted icing sugar and ground cinnamon in a small bowl. Gradually mix in the milk with a spatula until you achieve a drizzle consistency that is not too runny. If it is, add a little more icing sugar.
- 12.Once cooled, place the cake on a serving plate or a sheet of baking paper. Drizzle the cinnamon icing over the top using a spoon, moving back and forth quickly over the cake to create the desired drizzle effect.



Apple loaf with lots of crunch.

Savoury snack: Sticky onion and cheese pull-apart

By Tania Phillips

This Sticky Onion and Cheese pizza pull-apart is perfect for an afternoon in watching sport or a movie on television or just to use up the onions in the cupboard or the garlic bread in the freezer. Quick and easy to make, this will have the kids coming back for more (and goes perfectly with the rocket and spinach we're all growing in our gardens!).

STICKY ONION AND CHEESE PIZZA PULL APART

Makes 2 Serves
6 Prep 10 mins Cook 15 mins

- Ingredients**
- 1 brown onion
 - 1 red onion, peeled
 - 2 tbs olive oil
 - 1 tbs brown sugar
 - 2/3 cup pizza sauce or tomato paste
 - 2x 270g packet garlic bread slices
 - 125g sliced pepperoni
 - ½ cup pitted kalamata olives
 - 2 cups grated pizza cheese
 - Dressed rocket or baby spinach, to serve, optional

Method

1. Preheat oven 200° fan forced.
2. Peel, halve and thinly slice the onions. Place onto a microwave-safe plate. Cover with damp paper towel. Microwave on High/100% for 3 minutes.
3. Heat oil in a medium frying pan over medium heat. Drain the onions then add to the pan, sprinkle over the sugar. Cook, stirring for 10 minutes until light golden and sticky. Stir in the pizza sauce.
4. Lightly grease two baking trays. Arrange one pack of garlic bread, buttered side up on each tray.
5. Spread onion mixture evenly over top of each bread slice. Top pizzas with pepperoni, olives, then cheese.
6. Bake for 15 minutes, swapping the trays over after 10 minutes or until cheese is melted and bread is crisp. Serve topped with rocket or baby spinach if you like.



Sticky Onion and Cheese Pull-apart.

Tip Make ahead

You can make the pizzas to the end step 3 up to 8 hours ahead. Cover and place on the fridge. Remove

from the fridge 10 minutes before cooking to allow the trays to come back to room temperature.
Variations; Replace the pepperoni with shaved ham

and olives with chopped fresh pineapple; replace the pepperoni with 600g sliced fresh mushrooms sauté in olive oil until soft and increase olives to 1 cup.

Your year ahead
Scorpios step into a year that's loaded with equal measures of certitude and confusion. Saturn throws obstacles your way but at the same time, Jupiter ups your popularity and creativity. You're presented with an array of dazzling choices that encompass new career possibilities, education, travel or publishing. And with your next year encouraging both work and play, why not mix a little business with pleasure? Should an important project need bankrolling, relatives look to become the most helpful. It's also the ideal year for long-term investment, tying in real estate deals or sprucing up the home.



ARIES
(Mar 21 - Apr 20)

Normally, you have no problem letting others know when they have overstepped the mark but right now, someone's marching into your territory, and somehow - you've let this happen. Don't panic, and don't lose your temper. Calmly address the matter and reclaim your own dominion. Wannabe opponents will soon back off.
Best Day: Saturday 30th



TAURUS
(Apr 21 - May 20)

Your best efforts may not be appreciated this week, mostly because others are so wrapped up in themselves that they can't see a good thing - even when it's waved in their faces. Never mind, just worry about yourself for now. Deal with your limitations and expand on strengths. This week is about putting in extra effort to reap future rewards.
Best Day: Sunday 24th



GEMINI
(May 21 - Jun 21)

It's strange how things can improve once you decide to surrender your worries to the universe. This next week should bring progress on a matter that's been causing you worry or discomfort. Ironically, this comes at a time when the issue in question hardly seems to matter anymore. Or so you thought.
Best Day: Saturday 30th



CANCER
(Jun 22 - Jul 22)

Life's harsher lessons can now turn to your advantage. Although you still feel the pressure of responsibility, don't lose your sense of fun. Work and play can overlap. The cosmos also heightens financial instinct, inspiring you to find imaginative ways to improve income. And there's truth in that old cliché: "It's not what you know, but who you know."
Best Day: Wednesday 27th



LEO
(Jul 23 - Aug 23)

If there's to be any conflict, look to relationships. Mostly because the planets are meddling where they shouldn't. Even so, take this chance to express unresolved anger - but in a constructive way. As peace returns towards late week, you again head in a positive direction. But if still feeling unsure, sympathetic friends lend a comforting shoulder.
Best Day: Monday 25th



LIBRA
(Sep 23 - Oct 23)

Someone simply doesn't understand your thoughts or actions this week and they may even go out of their way to hold you back. Best advice: never allow others to smother your dreams. You knew what you wanted long before they arrived on the scene. If this individual truly loves and respects you, they will support you through thick and thin.
Best Day: Tuesday 26th



SAGITTARIUS
(Nov 23 - Dec 21)

Sagittarians have little cause for complaint - having learned a considerable amount from recent chaos. You become increasingly ambitious, and this kind of confidence can't help but bring success. That said, if you take the time for some mischievous play - you just may have some fun too, and break a few rules along the way.
Best Day: Friday 29th



CAPRICORN
(Dec 22 - Jan 20)

Get out there and get doing, Capricorn! This week, do whatever it is that makes you come alive. Take action on your best projects, and trash whatever's outmoded. If you still feel some self-doubt, don't. Trust that everything is unfolding in your best interests. So go ahead - follow your heart, and let your light shine.
Best Day: Friday 29th



AQUARIUS
(Jan 21 - Feb 18)

Work keeps you busy though there may be temptations on offer. You could be presented with a get-rich-quick scheme that seems too good to be true. You're right - it is. If stepping into a new relationship, set up a no-touch zone until you're sure your prospective lover isn't already committed. Life's messy enough as it is.
Best Day: Thursday 28th



PISCES
(Feb 19 - Mar 20)

This week you could learn a great deal from someone "in the know". Be open to the possibility of a partnership that may work to your advantage. Just make sure you're dealing with above board, ethical people. There are a lot of fraudsters out there. Use your innate ability to get to the truth and don't be rushed into financial decisions.
Best Day: Tuesday 26th



VIRGO
(Aug 24 - Sep 22)

Mars rules your financial sector this week, pretty well assuring more money. Even long-shot offers hold better promise than they normally might. Spending may also become obsessive - it's a must-have week. Either your image or home are in for an overhaul. Don't worry. We all occasionally suffer a bout of financial insanity, so enjoy.
Best Day: Friday 29th



SCORPIO
(Oct 24 - Nov 22)

Looks like a financial leap is on the horizon. Best avenues of investment are land or property; jobs that enable you to cut down your commuting hours - or perhaps working from home. Friends or family could also take more of an interest in your wellbeing. Some may give support without you even being aware of it. Go where life takes you.
Best Day: Monday 25th

ARROW WORDS											
	Repeated sound	Natter	Earth Chopped		Go by boat		Type		Toy building bricks		
					Over						
	Klum, model (pictured)						Leave out		Horse's gait		
	Piercing tool				Lottery						
Strong emotion	Initiate	Writing tool Meat paste			Not in bounds	Short sleep	En private bathroom		Draws closer		
			Anger	Rational or sane	Sounding together Chair						
Tear		Zero			Legal document Ermine						
			Plot			Long-eared mammal	Crafty		Out of the sea		
Excavate		Sweet substance					Celebrity				
			Seasoning	Jot All right			Reduced				
Canoe		Fizzy water			Alien spacecraft	Donkey	Paste		Lair		
					Low brass instrument		Divine being				
Supreme being		Science room			Crack						
					Plenty		Blokes				

SOLUTION											
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The Guide



Room with a view: *The Living Room's* tight-knit hosts, from left, Barry Du Bois, Miguel Maestre, Dr Chris Brown and Amanda Keller.

PICK OF THE WEEK

THE LIVING ROOM
10, Friday, 7.30pm

Prepare for an entertainment and lifestyle hole in your Friday night viewing schedule: presenters Amanda, Chris, Miguel and Barry cosy up on their couches for their final episode of the year this week. The lovable crew are wrapping up their 10th season – don't be surprised if emotions run high and there's something extra special up the hosts' sleeves. To mark the milestone, Barry and Amanda revisit one of *The Living Room's* favourite renovations, Miguel makes strawberry icy poles with his adorable kids Claudia and Morgan, Dr Chris is wowed by a dugong in Moreton Bay, and friend of the show Olympia Valance checks in from Flemington Racecourse ahead of the Melbourne Cup Carnival.



SOUTH AFRICA WITH GREGG WALLACE
SBS Food, Saturday, 7pm

Who's Gregg Wallace, you ask? Well, if you are a *MasterChef* junkie far and wide, you'll know him as a judge on its British version. Here, the foodie (pictured) sets out on a safari around Africa, experiencing its unique landscape, getting up close with its animals and, of course, its food and wine. Across six episodes, Wallace's fervent delight in gallivanting across the country is palpable. If he isn't grinning like a cat that got the cream, he's swooning over food or wildlife. Wallace starts his journey on a safari through the Amakhala Game Reserve, in the Eastern Cape, finishing the day with a campfire.



AUSTRALIA UNCOVERED: THE CHILDREN IN THE PICTURES
SBS, Sunday, 8.30pm

Disclaimer: This is not comfortable viewing. Yet it is crucial viewing that sheds light on the dark reality of online child sexual abuse and the incredible work of Task Force Argos, an Australian police investigative team charged with rescuing children from this abhorrent industry. With interviews from top detectives such as Jon Rouse (pictured), *The Children in the Pictures* follows investigations to infiltrate global criminal networks. While they deal with daily observations of the very worst in human nature, it is hope that keeps them going and, in so doing, they represent the very best of humanity.



JUST BETWEEN US
ABC TV, Tuesday, 9.25pm

Good stories told by good storytellers don't need anything flashy: the tale and the telling is enough to captivate any audience. In this new series, storytellers – some you'll recognise, others perhaps not – talk straight to camera to reveal intimate secrets and sometimes shocking truths that make up the fabric of their lives. In the first of two parts, 'There's Something I Want To Tell You', we hear from Tamara who kept her famous mother secret; we learn how presenters Tracey Holmes and Stan Grant (both pictured) flipped their story; how a BDSM madame keeps secrets; and why Yumi Stynes wants to scream.

Friday, October 22

ABC TV (2) 6.00 News Breakfast. 9.00 ABC News Mornings. 10.00 Q+A. (R) 11.05 Australia Remastered. (R) 12.00 ABC News At Noon. 1.00 Foreign Correspondent. (R) 1.30 Sherlock. (Madv, R) 3.00 ABC News Afternoons. 4.10 Escape From The City. (R) 5.10 Grand Designs Australia. (PG, R)	SBS (3) 6.00 WorldWatch. 11.00 Spanish News. 11.30 Turkish News. 12.00 Arabic News F24. 12.30 ABC America: World News Tonight. 1.00 PBS NewsHour. 2.00 Destination Flavour China Bitesize. (R) 2.05 The Story Of The Songs. (PGs, R) 3.00 NITV News: Nula. 3.30 Destination Flavour: Japan Bitesize. (R) 3.40 The Cook Up With Adam Liaw. (PG, R) 4.10 Secrets Of The Railways. (PGa, R) 5.05 Jeopardy! (PG) 5.30 Letters And Numbers. (R)	SEVEN (7) 6.00 Sunrise. 9.00 The Morning Show. (PG) 11.30 Seven Morning News. 12.00 MOVIE: Dark Angel. (2019, Mas, R) Annalise Basso. 2.00 House Of Wellness. (PG) 3.00 The Chase. (R) 4.00 Seven News At 4. 5.00 The Chase Australia. Hosted by Andrew O'Keefe.	NINE (8, 9) 6.00 Today. 9.00 Today Extra. (PG) 11.30 Morning News. 12.00 MOVIE: The Wrong Patient. (2018, Mav) Sunny Mabrey, Lindsay Maxwell, Peter Benson. 1.45 Talking Honey: Princess Diana. (PG, R) 2.00 Pointless. (PG) 3.00 Tipping Point. (PG) 4.00 Afternoon News. 4.30 Millionaire Hot Seat. (R) 5.30 WIN News.	TEN (5, 1) 6.00 The Talk. (PGa) 7.00 Judge Judy. (PG, R) 7.30 The Bold And The Beautiful. (PG, R) 8.00 Studio 10. (PG) 12.00 Dr Phil. (PGadl) 2.00 The Living Room. (PG, R) 3.00 Judge Judy. (PG) 3.30 My Market Kitchen. (R) 4.00 Everyday Gourmet With Justine Schofield. 4.30 The Bold And The Beautiful. (PG) 5.00 10 News First.
6.00 The Drum. 7.00 ABC News. 7.30 Gardening Australia. Advice for the home gardener. 8.30 Annika. (Ma) When a body is found on a boat in the Clyde, the case takes the team to the Isle of Bute. 9.20 Miniseries: The Accident. (Malsv, R) Part 1 of 4. 10.10 Talking Heads. 10.45 ABC Late News. 11.00 The Vaccine. (R) 11.20 Gruen. (R) 11.55 Frayed. (MA15+, R) 12.40 Rage. (MA15+adhlnsv)	6.00 Mastermind Australia. (R) Presented by Marc Fennell. 6.30 SBS World News. 7.35 Legends Of The Pharaohs: The Tyrant King. (PG) A look at the Great Pyramid of Giza. 8.30 Hunting Hitler's U-Boats. Follows treasure hunter Roger Miklos as he searches for a World War II U-Boat lost in the Atlantic. 10.30 SBS World News Late. 11.00 8 Out Of 10 Cats Does Countdown. (Mals, R) 11.55 The Eagle. (MA15+av) 4.10 Huang's World. (Maln, R) 5.00 France 24 Feature. 5.15 NHK World English News. 5.30 Deutsche Welle English News.	6.00 Seven Local News. 6.30 Seven News. 7.00 Better Homes And Gardens. Hosted by Johanna Griggs. 8.30 MOVIE: Interstellar. (2014, Mal, R) With life on Earth threatened by a series of environmental disasters, a team of explorers and astronauts travels through a wormhole and across the galaxy to discover whether humankind has a future among the stars. Matthew McConaughey, Anne Hathaway, Jessica Chastain. 12.00 Marvel's Agents Of S.H.I.E.L.D. (Mv, R) Deke rescues Coulson and May. 2.00 Home Shopping. (R) 4.00 Million Dollar Minute. (R) 5.00 NBC Today.	6.00 Nine News. 7.00 A Current Affair. 7.30 Taronga: Who's Who In The Zoo: Naomi's Baby. (PG) Zoo staff help a chimpanzee. 8.30 MOVIE: Dolittle. (2020, PGav) An eccentric physician that can talk to animals searches for a mythical island that is home to a healing tree. Robert Downey Jr, Antonio Banderas, Michael Sheen. 10.30 MOVIE: Victoria & Abdul. (2017, PGal, R) An Indian clerk befriends Queen Victoria. Judi Dench. 12.35 Tipping Point. (PG, R) 1.30 TV Shop: Home Shopping. (R) 4.00 Global Shop. (R) 4.30 TV Shop: Home Shopping. (R) 5.30 A Current Affair. (R)	6.30 The Project. A look at the day's news and events. 7.30 The Living Room. (Final) Lifestyle program. 8.30 The Graham Norton Show. (Ml) Graham Norton chats with actors Jodie Comer, Andie MacDowell, Billy Porter and Daisy Haggard. 9.30 To Be Advised. 10.30 2018 Montreal Comedy Festival. (Mls, R) 11.30 The Project. (R) 12.30 The Late Show With Stephen Colbert. (PG) 1.30 Home Shopping. (R) 2.30 Infomercials. (PG, R) 3.00 Home Shopping. (R) 5.30 Infomercials. (PG, R)
ABC TV PLUS (22) 6am Children's Programs. 5.50pm Peppa Pig. 5.55 Octonauts. 6.10 Hey Duggee. 6.20 Bluey. 6.25 Shaun The Sheep. 6.40 Andy's Safari Adventures. 7.00 Dino Dana. 7.15 Odd Squad. 7.30 Spicks And Specks. 8.00 Hard Quiz. 8.30 MOVIE: The Girl On The Train. (2016, MA15+) 10.20 Doctor Who. 11.15 Art Works. 11.45 Brush With Fame. 12.15am Live At The Apollo. 1.00 QI. 1.30 Sick Of It. 1.55 30 Rock. 2.35 Reno 911! 3.00 Squinters. 3.20 ABC News Update. 3.25 Close. 5.00 Rainbow Chicks. 5.05 Five Minutes More. 5.10 Sarah & Duck. 5.20 The Hive. 5.30 Digby Dragon. 5.40 Late Programs.	SBS VICELAND (31) 6am WorldWatch. Noon Rockwiz. 1.00 Abortion Access In The Maritimes. 1.30 The Chemical Valley. 1.55 How To Rob A Bank. 2.40 Chefs' Line. 3.40 WorldWatch. 5.05 Takeshi's Castle Indonesia. 5.35 Shortland Street. 6.05 Rockwiz. 7.05 Jeopardy! 7.35 8 Out Of 10 Cats Does Countdown. 8.30 Hoarders. (Final) 9.20 Monica And Sex. 10.15 Hunters. 11.05 Project Blue Book. 11.55 Rockwiz. 12.45am The X-Files. 2.25 NHK World English News. 3.00 Thai News. 3.30 Bangla News. 4.00 Punjabi News. 4.30 Sri Lankan Sinhalese News. 5.00 Korean News. 5.30 Indonesian News.	7TWO (72) 6am Home Shopping. 6.30 Under The Hammer. 7.00 My Greek Odyssey. 8.00 Harry's Practice. 8.30 Million Dollar Minute. 9.30 NBC Today. Noon House Of Wellness. 1.00 Million Dollar Minute. 2.00 Better Homes And Gardens. 3.30 Medical Emergency. 4.30 M*A*S*H. 5.30 Escape To The Country. 6.30 Bargain Hunt. 7.30 Border Security: International. 8.30 Martin Clunes: Islands Of America. 9.30 Billy Connolly's Tracks Across America. 10.30 Mighty Cruise Ships. 11.40 Super Garden. 12.20am M*A*S*H. 1.30 The Fine Art Auction. 4.30 Escape To The Country. 5.30 Home Shopping.	9GEM (81, 92) 6am TV Shop: Home Shopping. 7.00 Creflo Dollar Ministries. 7.30 TV Shop: Home Shopping. 10.30 Pointless. 11.30 My Favorite Martian. Noon Death In Paradise. 1.10 Days Of Our Lives. 2.05 The Young And The Restless. 3.00 Explore. 3.05 MOVIE: Bonnie Prince Charlie. (1948) 5.30 The Secret Life Of The Zoo. 6.30 Antiques Roadshow. 7.30 Saved & Remade. (Premiere) 8.30 MOVIE: Diamonds Are Forever. (1971, M) 11.00 Heartbeat. Midnight Antiques Roadshow. 12.30 My Favorite Martian. 1.00 TV Shop: Home Shopping.	10 PEACH (52, 11) 6am The Late Show With Stephen Colbert. 7.00 Seinfeld. 8.00 Becker. 9.00 The Middle. 10.00 Frasier. 11.00 The Big Bang Theory. Noon A Million Little Things. 1.00 2 Broke Girls. 1.30 Seinfeld. 2.30 The Unicorn. 3.00 The King Of Queens. 4.00 Becker. 5.00 Frasier. 6.00 Friends. 8.00 The Big Bang Theory. 9.30 MOVIE: License To Wed. (2007, M) 11.20 The Big Bang Theory. 12.10am Home Shopping. 12.40 Infomercials. 1.10 Home Shopping. 1.40 The Late Show With Stephen Colbert. 2.40 The Late Late Show With James Corden. 3.35 A Million Little Things. 4.30 Home Shopping. 5.30 Infomercials.
NITV (34) 6am Morning Programs. 8.40 Kagagi. 9.05 Bushwhacked! 9.30 The Magic Canoe. 10.00 Going Places. 11.00 Buwarrala Aryah. Noon MOVIE: Strangerland. (2015, MA15+) 2.00 Intune 08: Neil Murray And Shaz Lane. 3.00 Wapos Bay. 3.25 The Magic Canoe. 3.50 Bino And Fino. 4.00 Project Planet. 4.30 Grace Beside Me. 5.00 Shortland Street. 5.30 Chefs' Line. 6.00 Pete & Pio's Kai Safari. 6.30 Off The Grid With Pio. 7.00 NITV News: Nula. 7.30 MOVIE: The Silver Brumby. (1993, PG) 9.10 Bedtime Stories. 9.20 Ghosts Of Our Forests. 10.30 My Life As I Live It. 11.30 Late Programs.	SBS WORLD MOVIES (32) 6am Stanley Ka Dabba. Continued. (2011, PG, Hindi) 7.25 The Well-Digger's Daughter. (2011, PG, French) 9.25 Legend Of The Guardians. (2010, PG) 11.10 Return Of The Hero. (2018, M, French) 12.50pm White Tuft, The Little Beaver. (2008) 2.15 Beauty And The Beast. (2014, PG, French) 4.20 The White Balloon. (1995, Farsi) 5.55 Growing Up Smith. (2015, PG) 7.50 I Am Not A Witch. (2017, M) 9.30 It Comes At Night. (2017) 11.10 Yuli: The Carlos Acosta Story. (2018, MA15+, Spanish) 1.20am League Of Gods. (2016, M, Mandarin) 3.20 Chhapaak. (2020, M, Hindi) 5.35 White Tuft, The Little Beaver. (2008)	7MATE (73) 6am ITM Fishing Show: Best Of The Best. 6.30 Mark Berg's Fishing Addiction. 7.30 Creek To Coast. 8.00 American Pickers. 9.00 Down East Dickering. 10.00 America's Game: The Super Bowl Champions. 11.00 A Football Life. Noon Weird, True And Freaky. 1.05 So You Think You'd Survive? 2.05 Pawn Stars. 2.35 Storage Wars: Texas. 3.05 Timbersports. 3.35 Down East Dickering. 4.35 MOVIE: Police Academy 4: Citizens On Patrol. (1987, PG) 6.20 MOVIE: Wild Hogs. (2007, PG) 8.30 MOVIE: Die Hard 4.0. (2007, M) 11.10 Hardcore Pawn. 12.10am Collectables Guru. 1.10 Weird, True And Freaky. 2.30 Late Programs.	9GO! (82, 93) 6am Children's Programs. Noon Supergirl. 1.00 Vanderpump Rules. 3.00 Malcolm. 3.30 The Nanny. 4.00 3rd Rock From The Sun. 4.30 That '70s Show. 5.00 Malcolm. 5.30 Clarence. 5.40 MOVIE: Monsters Vs Aliens. (2009, PG) 7.30 MOVIE: Mr & Mrs Smith. (2005, M) 10.00 MOVIE: Jumper. (2008, M) 11.45 Urbex: Enter At Your Own Risk. 12.45am The Horn. 1.45 Vanderpump Rules. 3.30 Kaijudo: Rise Of The Duel Masters. 4.00 Pokémon The Series: Sun & Moon – Ultra Adventures. 4.30 Beyblade Burst Turbo. 4.50 Bakugan: Armored Alliance. 5.10 Yu-Gi-Oh! Arc-V. 5.30 Yu-Gi-Oh!	10 BOLD (53, 12) 6am Home Shopping. 7.00 Infomercials. 8.00 Demolition Down Under. 9.00 Diagnosis Murder. 10.00 JAG. Noon MacGyver. 1.00 Star Trek: Discovery. 2.00 NCIS. 3.00 Diagnosis Murder. 5.00 JAG. 7.00 Bondi Rescue. 7.30 NCIS. 8.30 Law & Order: SVU. 10.30 Matildas: Countdown To India 2022. 11.00 CSI: Crime Scene Investigation. Midnight Home Shopping. 1.00 Infomercials. 1.30 Home Shopping. 2.00 Elementary. 3.00 JAG. 4.00 NCIS. 5.00 Diagnosis Murder.

<p>ABC TV (2) 6.00 Rage. (PG) 7.00 Weekend Breakfast. 10.00 Rage. (PG) 12.00 ABC News At Noon. 12.30 Annika. (Ma, R) 1.30 Midsomer Murders. (Msv, R) 3.00 Restoration Australia. (R) 4.00 Dream Gardens. (R) 4.25 Landline. 4.55 Rick Stein's Road To Mexico. (Final, R)</p>	<p>SBS (3) 6.00 WorldWatch. 12.30 ABC America: World News Tonight. 1.00 PBS NewsHour. 2.00 Destination Flavour China Bitesize. (R) 2.05 Motorcycle Racing. FIM Superbike World Championship. Round 12. Highlights. 3.00 Athletics. Marathon de Paris. Highlights. 4.00 Escalation Sensation. (R) 4.30 Five Billion Pound Super Sewer. (R) 5.40 The Buildings That Fought Hitler. (PG, R)</p>	<p>SEVEN (7) 6.00 NBC Today. 7.00 Weekend Sunrise. 10.00 The Morning Show: Weekend. (PG) Highlights from the past week. 11.00 Horse Racing. Cox Plate Day and City Tattersalls Club Cup Day. 5.00 Seven News At 5. 5.30 Creek To Coast. A look at the latest in outdoor activities.</p>	<p>NINE (8, 9) 6.00 Animal Tales. (PG) 7.00 Weekend Today. 10.00 Today Extra: Saturday. (PG) 12.00 Rivals. (Final) 12.30 Destination WA. (PG) 1.00 Good Food Kitchen. 1.30 My Way. 2.00 Taronga: Who's Who In The Zoo. (PG, R) 3.00 The Block. (PGI, R) 4.30 The Garden Gurus. 5.00 News: First At Five. 5.30 Getaway. (PG)</p>	<p>TEN (5, 1) 6am Morning Programs. 7.30 Escape Fishing. (R) 8.00 All 4 Adventure. (PGI, R) 9.00 Taste Of Australia. (R) 9.30 St10. (PG) 12.00 The Living Room. (R) 1.00 To Be Advised. 2.10 My Market Kitchen. (R) 2.30 Australia By Design: Innovations. (PG, R) 3.00 What's Up Down Under. 3.30 Everyday Gourmet. (R) 4.00 Farm To Fork. (PG, R) 4.30 Taste Of Australia. (R) 5.00 News.</p>
<p>6.00 Monty Don's French Gardens: Gardens Of Power And Passion. (R) Part 1 of 3. 7.00 ABC News. Takes a look at today's top stories. 7.30 Grantchester. (PG) Will and Georgie face a conundrum when an American airman dies in the police station. 8.20 Shetland. (Ma, R) Sure that Zezi is being held on Shetland, Perez and the team ramp up the pressure on their remaining leads. 9.15 Fires. (MI, R) Tash and Mott escort locals from a rural area to a community hall for refuge from the fires. 10.10 Call The Midwife. (Ma, R) Nonnatus House welcomes a new midwife. 11.10 Father Brown. (Mv, R) Father Brown investigates a train robbery. 11.55 Rage. (MA15+adhlInsv) The Wiggles guest program music videos.</p>	<p>6.30 SBS World News. 7.35 Celebrity Letters And Numbers. (M) Celebrity guests include Nikki Britton, Oliver Twist and Merrick Watts. 8.35 Dambusters With Dan Snow. (PG) Part 2 of 3. Historian Dan Snow counts down the critical final days to the raid itself. 9.30 8 Out Of 10 Cats Does Countdown. (Mals, R) Game show, featuring contestants tackling a words and numbers quiz. Hosted by Jimmy Carr. 11.15 MOVIE: True Grit. (2010, Mv, R) A teenager hires a US Marshal. Jeff Bridges. 1.15 MOVIE: Predestination. (2014, MA15+sv, R, Australia) 3.00 Monty Python: Almost The Truth. (Malns, R) 4.10 Huang's World. (Mls, R) 5.00 France 24 Feature. 5.15 NHK World English News. 5.30 Deutsche Welle English News.</p>	<p>6.00 Seven News. 7.00 MOVIE: Harry Potter And The Goblet Of Fire. (2005, PGahv, R) Harry's life is in danger when he is tricked into competing in the Triwizard Tournament. Daniel Radcliffe, Emma Watson, Rupert Grint. 10.00 MOVIE: The Wolverine. (2013, Mlv, R) After Wolverine is summoned to Japan by an old acquaintance, he is soon embroiled in a conflict. Hugh Jackman, Will Yun Lee, Brian Tee. 12.30 MOVIE: Kid Cop. (1996, PGv, R) A boy wants to become a policeman. Alexandra Paul, Edward Albert. 2.30 Home Shopping. (R) 4.00 Get Clever. (R) Takes a look at the wonders of science. 5.00 House Of Wellness. (PG, R) A look at locations that highlight living well.</p>	<p>6.00 Nine News Saturday. 7.00 A Current Affair. 7.30 MOVIE: Mamma Mia! (2008, PGIs, R) A young woman invites three of her mother's former boyfriends to her upcoming wedding on a Greek island. Amanda Seyfried, Meryl Streep. 9.40 MOVIE: Pitch Perfect 2. (2015, Ms, R) An a cappella group struggles to rebuild its reputation after a disastrous performance. Anna Kendrick, Hailee Steinfeld. 11.55 Pearson. (Malv) Keri goes on a trip with Stephanie. 12.45 Australia's Top Ten Of Everything. (M) 1.35 A Current Affair. (R) 2.00 TV Shop: Home Shopping. (R) 4.30 Global Shop. (R) 5.00 TV Shop: Home Shopping. (R) 5.30 Wesley Impact With Stu Cameron. (PG)</p>	<p>6.00 Soccer. Women's International Friendly. Australia v Brazil. Game 1. From CommBank Stadium, Sydney. 9.00 Making It Australia. The final five makers are faced with a mega craft challenge: a shed hack. The 11-hour build is all about revamping the traditional garden shed to turn it into something beyond a storage facility. 10.00 Ambulance. (PGal, R) Paramedics are dispatched to an 80-year-old patient who has fallen outside in the snow. However, once they manage to settle the patient inside at home, the crew grow concerned about the condition of his wife. 12.00 To Be Advised. 2.00 Infomercials. (PG, R) 3.00 Home Shopping. (R) 5.00 Hour Of Power. Religious program.</p>
<p>ABC TV PLUS (22) 6am Children's Programs. 7.15pm Sir Mouse. 7.30 Spicks And Specks. 8.20 Live At The Apollo. 9.05 The Stand Up Sketch Show. 9.30 Sammy Jay. 9.35 Penn & Teller: Fool Us. 10.15 Ghosts. 10.45 This Time With Alan Partridge. 11.15 Would I Lie To You? 11.45 Unprotected Sets. 12.10am Escape From The City. 1.10 Review With Myles Barlow. 1.35 Gut Feeling. 2.00 Late Programs.</p>	<p>SBS VICELAND (31) 6am WorldWatch. Noon Letterkenny. 1.35 VICE Investigates. 2.40 Tattoo Age. 3.10 What's The Catch With Matthew Evans. 4.10 WorldWatch. 5.35 Celebrity Mastermind. 6.40 The Bee Whisperer. 7.40 Brooklyn Nine-Nine. 8.30 Sydney's Super Tunnel. 9.30 The X-Files. Midnight Dateline. 12.30 Insight. 1.30 Stacey Dooley: Second Chance Sex Offenders. 2.35 France 24. 3.00 Late Programs.</p>	<p>7TWO (72) 6am Home Shopping. 8.00 Three Wide No Cover. 9.00 Winners. 10.00 Travel Oz. 11.00 Our Town. 11.30 Weekender. Noon Creek To Coast. 12.30 Sydney Weekender. 1.00 House Of Wellness. 2.00 RSPCA Animal Rescue. 2.30 Mighty Cruise Ships. 3.30 MOVIE: Jailhouse Rock. (1957, PG) 5.30 Martin Clunes: Islands Of America. 6.30 Crufts Dog Show. 7.30 The Yorkshire Vet. 8.30 Escape To The Country. 11.30 Late Programs.</p>	<p>9GEM (81, 92) 6am Newstyle Direct. 6.30 TV Shop: Home Shopping. 10.00 My Favorite Martian. 10.30 Edgar Wallace Mysteries. 11.45 MOVIE: The Railway Children. (1970) 2pm MOVIE: Irma La Douce. (1963, PG) 5.00 MOVIE: How To Murder Your Wife. (1965, PG) 7.30 MOVIE: Live And Let Die. (1973, PG) 10.00 MOVIE: In The Heat Of The Night. (1967, M) 12.15am My Favorite Martian. 12.45 Explore. 1.00 TV Shop: Home Shopping.</p>	<p>10 PEACH (52, 11) 6am The Late Show With Stephen Colbert. 7.00 The King Of Queens. 8.00 Becker. 9.00 The Middle. 9.30 To Be Advised. 2pm The Neighborhood. 3.00 Friends. 6.00 The Big Bang Theory. 9.45 2 Broke Girls. 10.15 Nancy Drew. 12.10am Home Shopping. 1.10 Infomercials. 1.40 2 Broke Girls. 2.35 A Million Little Things. 3.30 Friends. 4.30 Home Shopping.</p>
<p>NITV (34) 6am Morning Programs. 10.00 MOVIE: The Silver Brumby. (1993, PG) 11.40 My Life As I Live It. 12.40pm Bamay. 1.00 Rugby League. Queensland Murri Carnival. 2.00 Cricket. 5.00 Indian Country Today. 5.30 APTN National News. 6.00 NITV News: Nula. 6.30 Going Places. 7.30 NITV News Update. 7.40 Through The Wormhole With Morgan Freeman. 8.30 MOVIE: Cooties. (2015) 10.05 Good Grief. 10.40 Late Programs.</p>	<p>SBS WORLD MOVIES (32) 6am White Tuft, The Little Beaver. Continued. (2008) 7.00 The White Balloon. (1995, Farsi) 8.35 Growing Up Smith. (2015, PG) 10.30 Frantz. (2016, PG, French) 12.35pm League Of Gods. (2016, M, Mandarin) 2.35 The Well-Digger's Daughter. (2011, PG, French) 4.35 Legend Of The Guardians. (2010, PG) 6.20 Lion. (2016, PG) 8.30 Once Upon A Time In America. (1984, MA15+) 12.35am Late Programs.</p>	<p>7MATE (73) 6am Morning Programs. 11.30 Life Off Road. Noon Garage 41. 12.30 Timbersports. 1.00 Blokesworld. 1.30 Dipper's Backyard BBQ Wars. 2.00 The Food Dude. 2.30 Cricket. Women's Big Bash League. Game 12. Sydney Thunder v Sydney Sixers. 6.00 Cricket. Women's Big Bash League. Game 13. Perth Scorchers v Melbourne Renegades. 9.00 MOVIE: Big Trouble In Little China. (1986, M) 11.05 Late Programs.</p>	<p>9GO! (82, 93) 6am Children's Programs. 1.30pm Malcolm. 2.30 Liquid Science. 3.30 MOVIE: Norm Of The North. (2015, PG) 5.15 MOVIE: Nacho Libre. (2006, PG) 7.00 MOVIE: Jurassic Park III. (2001, PG) 8.45 MOVIE: John Wick. (2014, MA15+) 10.45 MOVIE: The Big Hit. (1998, MA15+) 12.35am Young, Dumb And Banged Up In The Sun. 1.35 Mexican Dynasties. 2.30 Social Fabric. 3.00 Late Programs.</p>	<p>10 BOLD (53, 12) 6am Home Shopping. 6.30 Infomercials. 8.00 Home Shopping. 9.00 The Doctors. 10.00 Diagnosis Murder. Noon JAG. 2.00 Matildas: Countdown To India 2022. 2.30 One Strange Rock. 3.30 Pat Callinan's 4x4 Adventures. 4.30 iFish. 5.00 Reel Action. 5.30 Scorpion. 7.30 NCIS. 8.30 NCIS: New Orleans. 10.20 MacGyver. 11.20 CSI. 1.10am 48 Hours. 2.10 NCIS: LA. 4.00 The Doctors. 5.00 Shopping.</p>

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<p>ABC TV (2) 6.00 Rage. (PG) 7.00 Weekend Breakfast. 9.00 Insiders. 10.00 Offsiders. 10.30 World This Week. (R) 11.00 Compass. (R) 11.30 Praise. (R) 12.00 ABC News At Noon. 12.30 Landline. 1.30 Gardening Aust. (R) 2.30 Rick Stein's Road To Mexico. (Final, R) 3.30 Todd Sampson's Life On The Line. (Final, PG, R) 4.00 Secrets Of The Museum. (R) 5.00 Art Works. (PG, R) 5.30 Antiques Roadshow.</p>	<p>SBS (3) 6.00 WorldWatch. 7.00 Small Business Secrets. (PG) 7.30 WorldWatch. 12.30 France 24 English News Second Edition. 1.00 Speedweek. 3.00 Gymnastics. FIG Rhythmic Gymnastics World Challenge Cup. 4.30 Destination Flavour: Japan Bitesize. (R) 4.40 Going Places With Ernie Dingo. (R) 5.10 Small Business Secrets. (PG, R) 5.40 The Buildings That Fought Hitler. (PG, R)</p>	<p>SEVEN (7) 6.00 NBC Today. 7.00 Weekend Sunrise. 10.00 The Morning Show: Weekend. (PG) 12.00 Border Security: America's Front Line. (PG, R) 12.30 Cricket. Women's Big Bash League. Game 15. Sydney Sixers v Melbourne Renegades. From University of Tasmania Stadium. 4.00 Better Homes And Gardens. (R) 5.00 Seven News At 5. 5.30 Weekender.</p>	<p>NINE (8, 9) 6.00 Animal Tales. (PG) 7.00 Weekend Today. 10.00 Sports Sunday. (PG) 11.00 The Xtreme CollXtion. (PG, R) 11.30 Fishing Australia. 12.00 Ultimate Rush. (PGI, R) 12.30 World's Greatest Islands. (PG, R) 1.30 The Block. (PGI, R) 5.00 News: First At Five. 5.30 My Way.</p>	<p>TEN (5, 1) 6am Morning Programs. 8.30 Waltzing Jimeoin. (PGIs, R) 9.00 Destination Dessert. 9.30 St10. (PG) 12.00 Left Off The Map. (R) 12.30 Taste Of Australia. (R) 1.00 Three Veg And Meat. (R) 1.30 Healthy Homes Aust. 2.00 The People's Cup: Lexus Melbourne Cup Tour. 2.30 My Market Kitchen. (R) 3.00 GCBC. (R) 3.30 To Be Advised. 4.30 Farm To Fork. (PG, R) 5.00 News.</p>
<p>6.30 Back Roads: Fish Creek, Victoria. (R) Heather Ewart visits Fish Creek. 7.00 ABC News Sunday. 7.40 Restoration Australia: Seacroft. Hosted by Anthony Burke. 8.40 Fires. (Mal) Resources are stretched to breaking point when the fire fronts join up creating a megafire. 9.30 We Hunt Together. (Malv) Freddy's dark history surfaces as she and Baba don Halloween masks to gain entry to her old school. 10.15 Stateless. (Mal, R) Four strangers' lives collide. 11.15 Talking Heads. (R) 11.50 Sherlock. (Madv, R) 1.25 My Mother's Lost Children. (MI, R) 2.20 Rage. (MA15+adhlInsv) 4.00 Keeping Australia Safe. (Ma, R) 5.00 Insiders. (R)</p>	<p>6.30 SBS World News. 7.35 Inside Central Station: 3801 Launch. (M) Narrated by Shane Jacobson. 8.30 Australia Uncovered: The Children In The Pictures. Takes a look at Task Force Argos. 10.00 Scotland: Rome's Final Frontier. (R) 11.10 Turban Legend: Untold Australia. (MI, R) 12.10 24 Hours In Emergency. (Ma, R) 1.10 Surviving The Virus: My Brother And Me. (Mal, R) 2.20 Alex Polizzi: The Fixer. (R) 3.30 Cocaine: Living With The Cartels. (MA15+ad, R) 4.30 VICE Guide To Film. (MA15+dv, R) 4.55 Destination Flavour Scandinavia Bitesize. (R) 5.00 France 24 Feature. 5.15 NHK World English News. 5.30 Deutsche Welle English News.</p>	<p>6.00 Seven News. 7.00 7NEWS Spotlight. A look at a case involving a police officer. 8.00 Border Security: Australia's Front Line. (PG) A man from Amsterdam raises suspicions. 8.30 Grace. (Premiere, Mav) A detective finds himself drawn into two investigations that test his instincts and abilities to breaking point. 10.30 Criminal Confessions: Two Fires, One Victim. (MA15+av) 11.30 The Blacklist. (MA15+) 12.30 Orange Is The New Brown. (Masv, R) 1.00 Gold Coast Medical. (PGa, R) 2.00 Home Shopping. (R) 3.30 Million Dollar Minute. (R) 4.00 NBC Today. (R) 5.00 Seven Early News. 5.30 Sunrise.</p>	<p>6.00 Nine News. 7.00 The Block. (PGI) Hosted by Scott Cam. 8.30 60 Minutes. Current affairs program, investigating, analysing and uncovering the issues affecting all Australians. 9.30 Nine News Late. Takes a look at the latest news and events from Australia and around the world. 10.00 The First 48: Lester Street. (Mav) A look at the Lester Street massacre. 11.00 Cold Case: New Leads Wanted: Tuitania Barclay. (PGav, R) A look at the case of Tuitania Barclay. 11.50 Chicago Med. (Mam, R) 12.40 The Garden Gurus. (R) 1.05 The Xtreme CollXtion. (PG, R) 1.30 TV Shop: Home Shopping. (R) 4.00 Take Two. (R) 5.00 News Early Edition. 5.30 Today.</p>	<p>6.30 The Sunday Project. A look at the day's news. 7.30 Celebrity MasterChef Australia. The celebrities continue to flex their culinary skills as they try to impress the judges and claim the title. 9.10 CSI: Vegas. (MA15+m) A video game developer's body is found floating in a fountain before a huge gaming tournament. 10.10 FBI. (Mav) The FBI hunts for a serial killer. 11.10 The Sunday Project. (R) A look at the day's news. 12.00 Home Shopping. (R) 1.30 Infomercials. (PG, R) 3.00 Home Shopping. (R) 4.30 CBS Mornings.</p>
<p>ABC TV PLUS (22) 6am Children's Programs. 7.15pm Sir Mouse. 7.30 Spicks And Specks. 8.00 Compass. 8.30 Louis Theroux: Law And Disorder In Philadelphia. 9.30 Lucy The Human Chimp. 10.40 Big Deal. 11.40 George Clarke's Amazing Spaces. 12.25am Bridget Christie: Stand Up For Her. 1.20 Unprotected Sets. 1.45 In The Long Run. 2.10 Review With Myles Barlow. 2.35 News Update. 2.40 Close. 5.00 Late Programs.</p>	<p>SBS VICELAND (31) 6am WorldWatch. 11.30 SBS Courtside. Noon Basketball. NBA. Portland Trailblazers v Phoenix Suns. 2.30 WorldWatch. 3.00 Rivals. 3.55 WorldWatch. 4.25 The Point. 4.55 What's The Catch With Matthew Evans. 5.55 Underground Worlds. 6.45 Country Music. 7.45 The UnXplained. 8.30 The Tesla Files. 9.20 Criminal Planet. 10.10 Dark Side Of The Ring Confidential. 11.20 Late Programs.</p>	<p>7TWO (72) 6am Morning Programs. 10.00 House Of Wellness. 11.00 The Great Australian Doorstep. 11.30 Caravan & Camping WA. Noon The Yorkshire Vet. 1.00 My Road To Adventure. 1.30 DVine Living. 2.00 Escape To The Country. 4.00 MOVIE: Kelly's Heroes. (1970, PG) 7.00 Border Security. 8.30 Chris Tarrant's Extreme Railways. 9.30 Mighty Trains. 10.30 QE2: The World's Greatest Cruise Ship. 11.30 Late Programs.</p>	<p>9GEM (81, 92) 6am Morning Programs. 7.30 In Touch. 8.00 Beyond Today. 8.30 The Incredible Journey. 9.00 TV Shop. 10.00 My Favorite Martian. 10.30 Edgar Wallace Mysteries. 11.45 Getaway. 12.15pm MOVIE: Run For The Sun. (1956, PG) 2.20 MOVIE: On The Beach. (1959, PG) 5.05 MOVIE: From Here To Eternity. (1953, PG) 7.30 Agatha Raisin. 8.30 MOVIE: The Man With The Golden Gun. (1974, PG) 11.05 Late Programs.</p>	<p>10 PEACH (52, 11) 6am This Is Us. 7.00 The Neighborhood. 8.00 The Middle. 9.00 Neighbours. 11.00 To Be Advised. 2.30pm Friends. 6.00 The Big Bang Theory. 8.30 The Neighborhood. 9.30 2 Broke Girls. 11.30 Mom. Midnight Home Shopping. 12.30 Infomercials. 1.00 Home Shopping. 1.30 MOVIE: License To Wed. (2007, M) 3.30 Friends. 4.30 Home Shopping.</p>
<p>NITV (34) 6am Morning Programs. 10.00 WKFL Women. 11.15 Football. WKFL. From Western Australia. 12.45pm Motor Racing. Dakar Rally. Stage 4. Highlights. 1.15 Soccer. Serie A. Highlights. 3.00 Rugby Union. NT Monsoon Rugby Union. 4.30 Softball. SA Premier League. 6.00 NITV News: Nula. 6.30 Artefact. 7.30 NITV News Update. 7.40 First Australians. 8.40 Another Country. 10.05 The Fifth Region. 11.00 Late Programs.</p>	<p>SBS WORLD MOVIES (32) 6am Legend Of The Guardians. Continued. (2010, PG) 6.45 Lion. (2016, PG) 8.55 Finding Altamira. (2016, PG) 10.35 A Matter Of Life And Death. (1946, PG) 12.30pm The Idealist. (2015, M, Danish) 2.35 Growing Up Smith. (2015, PG) 4.30 Max Richter's Sleep. (2019, PG) 6.25 Frantz. (2016, PG, French) 8.30 Mammoth. (2009, M) 10.50 League Of Gods. (2016, M, Mandarin) 12.50am Late Programs.</p>	<p>7MATE (73) 6am Morning Programs. 11.30 Step Outside. Noon The Fishing Show By AFN. 1.00 Hook, Line And Sink. 2.00 On The Fly. 2.30 Merv Hughes Fishing. 3.00 Fishing Addiction. 4.00 Cricket. Women's Big Bash League. Game 16. Perth Scorchers v Sydney Thunder. 7.30 MOVIE: Batman V Superman: Dawn Of Justice. (2016, M) 10.30 MOVIE: Superman II. (1980, PG) 1.10am Late Programs.</p>	<p>9GO! (82, 93) 6am Children's Programs. 1.30pm Rivals. 2.00 Karl Meltzer: Made To Be Broken. 3.00 Road Trick. 4.00 Race Across The World. 5.20 Children's Programs. 5.30 MOVIE: Megamind. (2010, PG) 7.30 MOVIE: Pacific Rim: Uprising. (2018, M) 9.45 MOVIE: Atomic Blonde. (2017, MA15+) Midnight Race Across The World. 1.15 Karl Meltzer: Made To Be Broken. 2.15 Rivals. 2.45 Late Programs.</p>	<p>10 BOLD (53, 12) 6am Morning Programs. 10.00 Roads Less Travelled. 10.30 The Doctors. 11.30 Scorpion. 1.30pm Bondi Rescue. 2.00 The Offroad Adventure Show. 3.00 All 4 Adventure. 4.00 RV Daily Foodie Trails. 4.30 What's Up Down Under. 5.00 I Fish. 5.30 Bondi Rescue. 6.00 JAG. 7.00 Bondi Rescue. 7.30 NCIS. 8.30 Star Trek: Discovery. 9.30 Motorcycle Racing. MotoGP. Race 16. Emilia-Romagna Grand Prix. 11.15 Late Programs.</p>

Monday, October 25

<p>ABC TV (2) 6.00 News Breakfast. 9.00 ABC News Mornings. 10.00 Landline. (R) 11.00 Restoration Australia. (R) 12.00 ABC News At Noon. 1.00 Shetland. (Ma, R) 2.00 Parliament Question Time. 3.15 ABC News Afternoons. 4.05 Escape From The City. (R) 5.05 Grand Designs Australia. (R)</p>	<p>SBS (3) 6.00 WorldWatch. 11.00 Spanish News. 11.30 Turkish News. 12.00 Arabic News F24. 12.30 ABC America: World News Tonight. 1.00 Al Jazeera News. 2.00 Inside Central Station. (M, R) 3.00 Where Are You Really From? (PG, R) 3.30 Destination Flavour: Japan Bitesize. (R) 3.35 The Cook Up With Adam Liaw. (PG, R) 4.05 The Supervet. (PG) 5.05 Jeopardy! (PG) 5.30 Letters And Numbers. (R)</p>	<p>SEVEN (7) 6.00 Sunrise. 9.00 The Morning Show. (PG) 11.30 Seven Morning News. 12.00 MOVIE: One Small Indiscretion. (2017, Masv, R) 2.00 To Be Advised. 3.00 The Chase. 4.00 Seven News At 4. 5.00 The Chase Australia.</p>	<p>NINE (8, 9) 6.00 Today. 9.00 Today Extra. (PG) 11.30 Morning News. 12.00 The Block. (PGL, R) 1.30 Getaway. (PG, R) 2.00 Pointless. (PG) 3.00 Tipping Point. (PG) 4.00 Afternoon News. 4.30 Millionaire Hot Seat. 5.30 WIN News.</p>	<p>TEN (5, 1) 6.00 The Talk. (PGa) 7.00 Judge Judy. (PG, R) 7.30 The Bold And The Beautiful. (PG, R) 8.00 Studio 10. (PG) 12.00 Dr Phil. (PGadl) 1.00 To Be Advised. 2.40 Entertainment Tonight. 3.00 Judge Judy. (PG) 3.30 My Market Kitchen. (R) 4.00 Everyday Gourmet With Justine Schofield. (R) 4.30 The Bold And The Beautiful. 5.00 10 News First.</p>
<p>6.00 The Drum. 7.00 ABC News. 7.30 7.30. Presented by Leigh Sales. 8.00 Australian Story. Austral-ians tell personal stories. 8.30 Four Corners. Investigative journalism program that leads national debate and confronting issues that matter. 9.15 Media Watch. (PG) Paul Barry takes a look at the latest issues affecting media consumers. 9.35 The Detectives. (Mal) Part 1 of 4. 10.35 ABC Late News. 10.50 The Business. (R) 11.05 Big Deal. (Ml, R) 12.05 We Hunt Together. (Malv, R) 12.50 Miniseries: The Accident. (Malsv, R) 1.35 The Prince And The Paedophile. (Mas, R) 2.20 Rage. (MA15+adhlnsv) 4.25 The Drum. (R) 5.25 7.30. (R)</p>	<p>6.00 Mastermind Australia. (R) Presented by Marc Fennell. 6.30 SBS World News. 7.35 Britain's Most Historic Towns: Medieval Lincoln. (PG, R) Professor Alice Roberts tells the story of Lincoln. 8.30 Saved By A Stranger. (M) Part 3 of 4. A Falklands naval veteran tracks down survivors from his squadron. 9.30 24 Hours In Emergency: With Or Without You. (M) A 70-year-old is rushed into emergency with left sided weakness and problems with her speech. 10.30 SBS World News Late. 11.00 Bosch. (MA15+v) 11.50 An Ordinary Woman. (Mals) 1.50 Deep State. (Mlsv, R) 3.45 Huang's World. (Mls, R) 4.35 VICE Guide To Film. (MA15+a, R) 5.00 France 24 Feature. 5.15 NHK World English News. 5.30 Deutsche Welle English News.</p>	<p>6.00 Seven Local News. 6.30 Seven News. 7.00 Home And Away. (PGs) 7.30 SAS Australia: Hell Week. (Mal) Follows everyday Australians as they go to hell and back in the hope of passing SAS selection. 9.00 MOVIE: Cold Pursuit. (2019, MA15+av) An unassuming snowplough driver seeks revenge on a criminal kingpin for his son's murder. Liam Neeson, Laura Dern, Micheál Richardson. 11.30 The Goldbergs. (PG) Beverly tries to find a new purpose in her life. 12.00 God Friended Me. (PG, R) 1.00 The Real Seachange. (PG, R) 1.30 Harry's Practice. (R) 2.00 Home Shopping. (R) 4.00 NBC Today. 5.00 Seven Early News. 5.30 Sunrise.</p>	<p>6.00 Nine News. 7.00 A Current Affair. 7.30 The Block. (PGL) Hosted by Scott Cam. 8.45 Love Island Australia. (Mls) The adventurous singles continue their quest to find a romantic match in northern NSW. 9.45 Kath & Kim. (PGLs, R) Kath discovers she has insufficient funds for the deposit on her pumpkin-style wedding coach. 10.55 Nine News Late. A look at the latest news and events. 11.25 New Amsterdam. (Mam, R) A resident learns a secret about Bloom. 12.10 Tipping Point. (PG, R) 1.05 A Current Affair. (R) 1.30 TV Shop: Home Shopping. (R) 2.30 Global Shop. (R) 3.00 TV Shop: Home Shopping. (R) 4.00 Take Two. (R) 5.00 News Early Edition. 5.30 Today.</p>	<p>6.30 The Project. A look at the day's news and events. 7.30 Celebrity MasterChef Australia. Celebrities flex their culinary skills. 8.40 Have You Been Paying Attention? (Malns) Celebrity panelists compete to see who can remember the most about events of the week. 9.40 Just For Laughs Uncut. (MA15+ls) Hosted by Nikki Osborne. 10.10 Just For Laughs. (Mls, R) Hosted by Tommy Little. 10.40 To Be Advised. 11.40 The Project. (R) 12.40 The Late Show With Stephen Colbert. (PG) 1.30 Home Shopping. (R) 2.30 Infomercials. (PG, R) 3.00 Home Shopping. (R) 4.30 CBS Mornings.</p>
<p>ABC TV PLUS (22) 6am Children's Programs. 7.15pm Odd Squad. 7.30 Spicks And Specks. 8.00 Ql. (Final) 8.30 David Attenborough's Rise Of Animals. 9.35 George Clarke's Amazing Spaces. 10.25 Doctor Who. 11.25 Adam Hills: The Last Leg. 12.05am Escape From The City. 1.00 Red Dwarf. 1.30 Parks And Recreation. 1.55 30 Rock. (Final) 2.15 Reno 911! 2.40 Squinters. 3.00 Growing Up Gracefully. 3.30 Close. 5.00 Late Programs.</p>	<p>SBS VICELAND (31) 6am WorldWatch. 11.00 SBS Courtside. 11.30 Basketball. NBA. Los Angeles Lakers v Memphis Grizzlies. 2pm Danny's House. 3.00 Chefs' Line. 3.30 Julian. 3.45 WorldWatch. 5.05 Takeshi's Castle Indonesia. 5.35 Shortland Street. 6.05 Rockwiz. 7.05 Jeopardy! 7.35 8 Out Of 10 Cats Does Countdown. 8.30 Taskmaster. 9.20 Hypothetical. 10.10 Miniseries: New Gold Mountain. 12.20am Late Programs.</p>	<p>7TWO (72) 6am Morning Programs. 8.00 Harry's Practice. 8.30 Million Dollar Minute. 9.30 NBC Today. 10.30 My Road To Adventure. 11.00 Mighty Trains. Noon House Of Wellness. 1.00 Million Dollar Minute. 2.00 The Bay. 3.00 Sydney Weekender. 3.30 Medical Emergency. 4.30 M*A*S*H. 5.30 Escape To The Country. 6.30 Bargain Hunt. 7.30 Doc Martin. 8.30 The Inspector Lynley Mysteries. 10.30 Cold Case. 11.30 Late Programs.</p>	<p>9GEM (81, 92) 6am Morning Programs. 9.30 Newstyle Direct. 10.00 Danoz. 10.30 Pointless. 11.30 My Favorite Martian. Noon Agatha Raisin. 1.00 Days Of Our Lives. 1.55 The Young And The Restless. 2.50 Garden Gurus Moments. 3.05 Antiques Roadshow. 3.35 MOVIE: The Lady Killers. (1955, PG) 5.30 The Secret Life Of The Zoo. 6.30 Antiques Roadshow. 7.30 Poirot. 8.40 MOVIE: The Spy Who Loved Me. (1977, M) 11.15 Late Programs.</p>	<p>10 PEACH (52, 11) 6am The Big Bang Theory. 7.00 Friends. 9.00 The Middle. 10.30 The Unicorn. 11.00 The Neighborhood. Noon A Million Little Things. 1.00 Nancy Drew. 3.00 The King Of Queens. 4.00 Becker. 5.00 Frasier. 6.00 Friends. 6.30 Neighbours. 7.00 Friends. 8.00 The Big Bang Theory. 9.30 Seinfeld. 11.00 The Unicorn. 11.30 Friends. Midnight Shopping. 12.30 Infomercials. 1.30 Stephen Colbert. 2.30 Late Programs.</p>
<p>NITV (34) 6am Morning Programs. 1.30pm Artefact. 2.30 First School At Middle Beach. 3.00 Jarjums. 3.25 The Magic Canoe. 3.50 Jarjums. 5.00 Shortland Street. 5.30 Music Voyager. 6.00 The 77 Percent. 6.30 Off The Grid With Pio. 7.00 Our Stories. 7.15 Card Stories. 7.20 News. 7.30 Road Open. 7.40 Through The Wormhole. 8.30 Living Black. 9.00 Cold Justice. 10.00 News. 10.10 Te Ao With Moana. 10.40 Late Programs.</p>	<p>SBS WORLD MOVIES (32) 6am Frantz. Continued. (2016, PG, French) 7.35 Remi Nobody's Boy. (2018, PG, French) 9.35 Max Richter's Sleep. (2019, PG) 11.30 The Wave. (2015, M, Norwegian) 1.30pm Lion. (2016, PG) 3.40 Finding Altamira. (2016, PG) 5.20 Hawaa Hawaa!. (2014, PG, Hindi) 7.35 Dark Whispers Volume 1. (2019, M) 9.30 The Host. (2006, M, Korean) 11.40 Late Programs.</p>	<p>7MATE (73) 6am Morning Programs. 9.30 Armchair Experts: NFL Edition. 10.00 Sound FX: Best Of. 11.30 A Football Life. 12.30pm Caught On Dashcam. 1.30 Weird, True And Freaky. 2.30 Big Easy Motors. 3.30 Highway Thru Hell. 4.30 7th Gear. 5.30 Storage Wars: TX. 6.00 American Pickers. 7.00 Pawn Stars. 7.30 American Pickers. 8.30 MOVIE: RED. (2010, M) 10.50 Late Programs.</p>	<p>9GO! (82, 93) 6am Children's Programs. Noon Supergirl. 1.00 Vanderpump Rules. 3.00 Malcolm. 4.00 Children's Programs. 5.00 Malcolm. 6.00 The Nanny. 6.30 3rd Rock From The Sun. 7.00 That '70s Show. 7.30 RBT. 8.30 MOVIE: Jupiter Ascending. (2015, M) 11.00 World's Worst Flights. Midnight State Of Affairs. 1.00 Vanderpump Rules. 3.00 Teen Titans Go! 3.30 Late Programs.</p>	<p>10 BOLD (53, 12) 6am Infomercials. 7.30 Home Shopping. 8.00 Soccer. Women's International Friendly. Australia v Brazil. Game 1. Replay. 11.00 JAG. Noon SEAL Team. 1.00 NCIS. 3.00 Diagnosis Murder. 5.00 JAG. 7.00 Bondi Rescue. 7.30 NCIS. 10.20 Motor Racing. Formula 1. Race 17. United States Grand Prix. Highlights. 11.20 Star Trek: Discovery. 12.20am Infomercials. 12.50 Shopping. 2.20 Late Programs.</p>



Do you have an event coming up?

We want to know!

Send the details to editorial@todaygladstone.com.au and we'll publish it in our weekly Events Calendar.

12503220-JW28-21

Tuesday, October 26

<p>ABC TV (2) 6.00 News Breakfast. 9.00 ABC News Mornings. 10.00 Four Corners. (R) 11.00 Antiques Roadshow. (R) 12.00 ABC News At Noon. 1.00 Grantchester. (PG, R) 2.00 Parliament Question Time. 3.15 ABC News Afternoons. 4.05 Escape From The City. (R) 5.05 Grand Designs Australia. (R)</p>	<p>SBS (3) 6.00 WorldWatch. 12.30 ABC America: World News Tonight. 1.00 PBS NewsHour. 2.00 Destination Flavour China Bitesize. (R) 2.05 The Story Of The Songs. (PGad, R) 3.00 Where Are You Really From? (PG, R) 3.30 Destination Flavour: Japan Bitesize. (R) 3.40 The Cook Up With Adam Liaw. (PG, R) 4.10 Secrets Of The Railways. (PG, R) 5.05 Jeopardy! (PG) 5.30 Letters And Numbers. (R)</p>	<p>SEVEN (7) 6.00 Sunrise. 9.00 The Morning Show. (PG) 11.30 Seven Morning News. 12.00 MOVIE: A Father's Choice. (2000, Mv, R) 2.00 Code Blue: Murder: The Murder Of Katherine Smith. (Malv, R) 3.00 The Chase. 4.00 Seven News At 4. 5.00 The Chase Australia.</p>	<p>NINE (8, 9) 6.00 Today. 9.00 Today Extra. (PG) 11.30 Morning News. 12.00 The Block. (PGL, R) 1.15 Explore. (R) 1.30 Good Food Kitchen. (R) 2.00 Pointless. (PG) 3.00 Tipping Point. (PG) 4.00 Afternoon News. 4.30 Millionaire Hot Seat. 5.30 WIN News.</p>	<p>TEN (5, 1) 6.00 The Talk. (PGa) 7.00 Judge Judy. (PG, R) 7.30 The Bold And The Beautiful. (R) 8.00 Studio 10. (PG) 12.00 Dr Phil. (PGal) 1.00 To Be Advised. 2.00 Entertainment Tonight. 2.30 Farm To Fork. (PG, R) 3.00 Judge Judy. (PG) 3.30 My Market Kitchen. (R) 4.00 Everyday Gourmet With Justine Schofield. (R) 4.30 The Bold And The Beautiful. 5.00 10 News First.</p>
<p>6.00 The Drum. 7.00 ABC News. 7.30 7.30. Presented by Leigh Sales. 8.05 The Greek Islands With Julia Bradbury: The Sporades. Julia Bradbury visits the Sporades. 8.30 Big Deal. (Ml) Part 2 of 2. Christiaan Van Vuuren talks to everyday Aussies who are fighting against the political system. 9.25 Just Between Us: There's Something I Want To Tell You. (Malns) Part 1 of 2. 10.35 ABC Late News. 10.50 The Business. (R) 11.05 Q+A. (R) 12.10 Revelation. (MA15+a, R) 1.40 Midsomer Murders. (Msv, R) 3.10 Rage. (MA15+adhlnsv) 4.25 The Drum. (R) 5.25 7.30. (R)</p>	<p>6.00 Mastermind Australia. (R) 6.30 SBS World News. 7.30 Great Canadian Railway Journeys: Kamloops To Calgary. (R) Hosted by Michael Portillo. 8.30 Insight. Takes a look at how being the lone survivor of a tragedy shapes a person's life. 9.30 Dateline. A report on schools in Florida. 10.00 The Feed. 10.30 SBS World News Late. 11.00 The Point. (R) 11.30 Before We Die. (Madlv) 12.35 The A Word. (Return, Ma) 4.00 Ainsley's Australian Market Menu. (R) 4.55 Destination Flavour Scandinavia Bitesize. (R) 5.00 France 24 Feature. 5.15 NHK World English News. 5.30 Deutsche Welle English News.</p>	<p>6.00 Seven Local News. 6.30 Seven News. 7.00 Home And Away. (PGas) 7.30 SAS Australia: Hell Week. (Mal) Australians try to pass SAS selection. 9.00 Unbelievable Moments Caught On Camera. (Ma) Footage of headline-grabbing moments captured on camera by members of the public. 10.00 S.W.A.T. (Mav) The team must protect a hotel full of civilians. 11.00 The Latest: Seven News. 11.30 The Goldbergs. (PG) 12.00 God Friended Me. (PG, R) 2.00 Home Shopping. (R) 4.00 NBC Today. 5.00 Seven Early News. 5.30 Sunrise.</p>	<p>6.00 Nine News. 7.00 A Current Affair. 7.30 The Block. (PGL) Hosted by Scott Cam. 8.40 Love Island Australia. (Mls) The adventurous singles continue their quest to find a romantic match in northern NSW. 9.40 Travel Guides. (PGL, R) Ordinary Australians become travel critics when they go on holiday to Vietnam. 10.40 Nine News Late. A look at the latest news and events. 11.10 Damian Lewis: Spy Wars: Trojan Horse. (Premiere, Mv) 12.05 Tipping Point. (PG, R) 1.00 A Current Affair. (R) 1.30 TV Shop: Home Shopping. (R) 4.00 Take Two. (R) 5.00 News Early Edition. 5.30 Today.</p>	<p>6.30 The Project. A look at the day's news and events. 7.30 The Dog House Australia. (PGa) Narrated by Dr Chris Brown. 8.30 The Cheap Seats. (Mal) Presenters Melanie Bracewell and Tim McDonald take a look at the week that was. 9.25 NCIS: Los Angeles. Sam and Kilbride clash over a case involving an arms dealer responsible for the slaughter of ATF agents. 11.25 The Project. (R) A look at the day's news and events. 12.25 The Late Show With Stephen Colbert. (PG) 1.30 Home Shopping. (R) 3.00 Infomercials. (PG, R) 3.30 Home Shopping. (R) 4.30 CBS Mornings.</p>
<p>ABC TV PLUS (22) 6am Children's Programs. 7.15pm Odd Squad. 7.30 Spicks And Specks. 8.30 Adam Hills: The Last Leg. 9.10 Ghosts. 9.40 This Time With Alan Partridge. 10.10 Frayed. 11.00 Doctor Who. 11.45 In The Long Run. 12.10am Sick Of It. 12.35 Please Like Me. 1.00 The Stand Up Sketch Show. 1.25 Parks And Recreation. 1.45 Reno 911! 2.10 Squinters. 2.30 Growing Up Gracefully. 3.00 Close. 5.00 Late Programs.</p>	<p>SBS VICELAND (31) 6am WorldWatch. Noon Basketball. NBA. Portland Trailblazers v Phoenix Suns. Replay. 2.00 Mimi. 2.20 Butter Lamp. 2.40 Chefs' Line. 3.40 WorldWatch. 5.05 Takeshi's Castle Indonesia. 5.35 Shortland Street. 6.05 Rockwiz. 7.05 Jeopardy! 7.35 8 Out Of 10 Cats Does Countdown. 8.30 Alone. 9.45 Stacey Dooley Sleeps Over. 10.35 The Devil You Know. 11.25 Detective Chinatown. 12.10am Late Programs.</p>	<p>7TWO (72) 6am Home Shopping. 6.30 Under The Hammer. 7.00 My Greek Odyssey. 8.00 Harry's Practice. 8.30 Million Dollar Minute. 9.30 NBC Today. Noon House Of Wellness. 1.00 Million Dollar Minute. 2.00 The Bay. 3.00 Creek To Coast. 3.30 Medical Emergency. 4.30 M*A*S*H. 5.30 Escape To The Country. 6.30 Bargain Hunt. 7.30 Pie In The Sky. 8.30 Lewis. 10.30 Without A Trace. 11.30 Late Programs.</p>	<p>9GEM (81, 92) 6am TV Shop. 7.00 Creflo. 7.30 TV Shop. 9.30 Newstyle Direct. 10.00 Danoz. 10.30 Pointless. 11.30 My Favorite Martian. Noon Poirot. 1.10 Days Of Our Lives. 2.05 The Young And The Restless. 3.00 Garden Gurus Moments. 3.05 Antiques Roadshow. 3.35 MOVIE: Now And Forever. (1956, PG) 5.30 The Secret Life Of The Zoo. 6.30 Antiques Roadshow. 7.30 New Tricks. 8.40 MOVIE: Moonraker. (1979, PG) 11.15 Late Programs.</p>	<p>10 PEACH (52, 11) 6am The Late Show With Stephen Colbert. 7.00 Seinfeld. 8.00 Becker. 9.00 The Middle. 10.00 Frasier. 11.00 The King Of Queens. Noon A Million Little Things. 1.00 The Big Bang Theory. 1.30 Seinfeld. 3.00 The King Of Queens. 4.00 Becker. 5.00 Frasier. 6.00 Friends. 6.30 Neighbours. 7.00 Friends. 8.00 The Big Bang Theory. 9.30 Morn. 11.35 Frasier. Midnight Shopping. 12.30 Infomercials. 1.30 Late Programs.</p>
<p>NITV (34) 6am Morning Programs. 12.30pm Wawu Divine Hope. 1.00 Nuuca. 1.10 My Survival As An Aboriginal. 2.10 Merchants Of The Wild. 3.00 Wapos Bay. 3.25 The Magic Canoe. 3.50 Bino And Fino. 4.00 Project Planet. 4.30 Grace Beside Me. 5.00 Shortland Street. 5.30 Music Voyager. 6.00 Pete & Pio's Kai Safari. 6.30 Family Rules. 7.30 The Point. 8.00 Living Black. 8.30 Benji. 9.55 Paradise Soldiers. 10.50 Late Programs.</p>	<p>SBS WORLD MOVIES (32) 6am Max Richter's Sleep. Continued. (2019, PG) 7.25 A Matter Of Life And Death. (1946, PG) 9.20 Hawaa Hawaa!. (2014, PG, Hindi) 11.35 Tracks. (2013, M) 1.40pm Remi Nobody's Boy. (2018, PG, French) 3.40 Princess Caraboo. (1994, PG) 5.30 Viceroy's House. (2017, PG) 7.30 99 Homes. (2014, M) 9.35 The Fog. (1980, M) 11.15 A Prophet. (2009, MA15+, French) 2.05am Late Programs.</p>	<p>7MATE (73) 6am Morning Programs. 10.00 America's Game. 11.00 A Football Life. Noon Caught On Dashcam. 1.00 Weird, True And Freaky. 2.00 American Pickers. 3.00 Big Easy Motors. 3.30 Fish'n With Mates. 4.00 The Mike & Cole Show. 4.30 Highway Thru Hell. 5.30 Storage Wars: TX. 6.00 American Pickers. 7.00 Pawn Stars. 7.30 Highway Patrol. 8.30 Aussie Salvage Squad. 10.30 Outback Truckers. 11.30 Late Programs.</p>	<p>9GO! (82, 93) 6am Children's Programs. Noon Supergirl. 1.00 Vanderpump Rules. 3.00 Malcolm. 3.30 The Nanny. 4.00 3rd Rock From The Sun. 4.30 That '70s Show. 5.00 Malcolm. 6.00 The Nanny. 6.30 3rd Rock From The Sun. 7.00 That '70s Show. 7.30 MOVIE: The Adjustment Bureau. (2011, M) 9.30 MOVIE: Snowpiercer. (2013, MA15+) Midnight State Of Affairs. 1.00 Vanderpump Rules. 3.00 Teen Titans Go! 3.30 Late Programs.</p>	<p>10 BOLD (53, 12) 6am Home Shopping. 7.00 Infomercials. 8.00 Bondi Rescue. 8.30 Waltzing Jimeoin. 9.00 Diagnosis Murder. 10.00 JAG. Noon NCIS: Los Angeles. 1.00 NCIS. 3.00 Diagnosis Murder. 5.00 JAG. 6.00 Bondi Rescue. 6.30 Soccer. Women's International Friendly. Australia v Brazil. Game 2. 9.30 NCIS. 10.30 NCIS: New Orleans. 12.30am Infomercials. 1.00 Shopping. 2.00 Late Programs.</p>

ABC TV (2) 6.00 News Breakfast. 9.00 ABC News Mornings. 10.00 Don't Stop The Music. (R) 11.00 Monty Don's French Gardens. (R) 12.00 ABC News At Noon. 12.30 National Press Club Address. 1.35 Media Watch. (PG, R) 2.00 Parliament Question Time. 3.15 ABC News Afternoons. 4.05 Escape From The City. (R) 5.05 Grand Designs Australia. (R)	SBS (3) 6.00 WorldWatch. 9.30 Greek News. 10.30 German News. 11.00 Spanish News. 11.30 Turkish News. 12.00 Arabic News F24. 12.30 ABC America: World News Tonight. 1.00 PBS NewsHour. 2.00 Dateline. (R) 2.30 Insight. (R) 3.30 Destination Flavour: Japan Bitesize. (R) 3.40 The Cook Up With Adam Liaw. (PG, R) 4.10 Secrets Of The Railways. (R) 5.05 Jeopardy! (PG) 5.30 Letters And Numbers. (R)	SEVEN (7) 6.00 Sunrise. 9.00 The Morning Show. (PG) 11.30 Seven Morning News. 12.00 MOVIE: Her Last Will. (2016, Madv) 2.00 Code Blue: Murder: The Murder Of John Williams. (Malv, R) 3.00 The Chase. (R) 4.00 Seven News At 4. 5.00 The Chase Australia.	NINE (8, 9) 6.00 Today. 9.00 Today Extra. (PG) 11.30 Morning News. 12.00 The Block. (PGI, R) 1.00 Desperate Housewives. (Mas, R) 2.00 Pointless. (PG) 3.00 Tipping Point. (PG) 4.00 Afternoon News. 4.30 Millionaire Hot Seat. 5.30 WIN News.	TEN (5, 1) 6.00 The Talk. (PGa) 7.00 Judge Judy. (PG, R) 7.30 The Bold And The Beautiful. (R) 8.00 Studio 10. (PG) 12.00 Dr Phil. 1.00 To Be Advised. 2.10 Entertainment Tonight. 2.30 Farm To Fork. (PG, R) 3.00 Judge Judy. (PG) 3.30 My Market Kitchen. (R) 4.00 Everyday Gourmet With Justine Schofield. (R) 4.30 The Bold And The Beautiful. 5.00 10 News First.
6.00 The Drum. 7.00 ABC News. 7.30 7.30 . Presented by Leigh Sales. 8.00 Hard Quiz. (PG) Hosted by Tom Gleeson. 8.30 Gruen. Wil Anderson and a team of experts analyse the advertising industry and consumerism. 9.05 Frayed. (Mal) Fairbank discovers a new lead. 9.55 Back. (MA15+I, R) Stephen goes on a health kick. 10.20 To Be Advised. 11.00 ABC Late News. 11.15 The Business. (R) 11.30 Four Corners. (R) 12.20 Media Watch. (PG, R) 12.35 Father Brown. (Mv, R) 1.20 Without Limits. (PG, R) 2.20 To Be Advised. 3.00 Rage. (MA15+adhlsv) 4.25 The Drum. (R) 5.25 7.30 . (R)	6.00 Mastermind Australia. (R) Presented by Marc Fennell. 6.30 SBS World News. 7.30 Australia's Health Revolution. (M) Part 3 of 3. 8.35 24 Hours In Emergency: Turn Back Time. (M) A 39-year-old is rushed to St George's with a head injury after crashing his car and flipping it on its roof. 9.30 Railways Of The Western Front. (PGav, R) Chris Tarrant travels across Europe exploring the role railways played in the Great War. 10.45 SBS World News Late. 11.15 Atlantic Crossing. (MA15+s) Olav asks Mårtha to influence Roosevelt. 12.15 The Killing. (Mv, R) 4.35 VICE Guide To Film. (MA15+lv, R) 5.00 France 24 Feature. 5.15 NHK World English News. 5.30 Deutsche Welle English News.	6.00 Seven Local News. 6.30 Seven News. 7.00 Home And Away. (PGa) 7.30 Highway Patrol. (PG, R) Two motorcycle riders are caught speeding. 8.30 America's Got Talent. A variety of acts perform in front of a panel of celebrity judges, including Simon Cowell, Heidi Klum, Howie Mandel and Sofia Vergara, hoping to prove they have what it takes to become a star. Hosted by Terry Crews. 10.30 The Latest: Seven News. 11.00 Chicago Fire. (M) A fire breaks out at a pet food factory. 12.00 The Windsors. (Mdls, R) 12.30 MOVIE: Obvious Child. (2014, MA15+I, R) Jenny Slate. 2.30 Home Shopping. (R) 4.00 NBC Today. 5.00 Seven Early News. 5.30 Sunrise.	6.00 Nine News. 7.00 A Current Affair. 7.30 The Block. (PGI) Hosted by Scott Cam. 8.40 Love Island Australia. (Mls) The adventurous singles continue their quest to find a romantic match in northern NSW. 9.40 Botched: Most Memorable Celebrity Patients. (Mamn) A countdown of the most memorable celebrity patients treated by Dr Terry Dubrow and Dr Paul Nassif. 10.40 Nine News Late. A look at the latest news and events. 11.10 Pearson. (Malv) 12.00 Tipping Point. (PG, R) 1.00 A Current Affair. (R) 1.30 TV Shop: Home Shopping. (R) 2.30 Global Shop. (R) 3.00 TV Shop: Home Shopping. (R) 5.00 News Early Edition. 5.30 Today.	6.30 The Project. The hosts and guest panellists take a look at the day's news, events and hot topics. 7.30 The Bachelorette Australia. Brooke Blurton continues her journey to find true love among a group of eligible male and female suitors. 8.30 Bull. Bull contends with a biased jury pool when TAC represents a man who was charged with his high school girlfriend's murder after he gained notoriety in a true crime series that identified him as a suspect. 11.30 The Project. (R) A look at the day's news and events. 12.30 The Late Show With Stephen Colbert. (PG) Late night talk show. 1.30 Home Shopping. (R) 2.30 Infomercials. (PG, R) 3.00 Home Shopping. (R) 4.30 CBS Mornings. Morning news and talk show.
ABC TV PLUS (22) 6am Children's Programs. 7.15pm Odd Squad. 7.30 Spicks And Specks. 8.00 Would I Lie To You? 8.30 Art Works. 9.00 Australia's Lost Impressionist. 10.00 Doctor Who. 10.50 Restoration Australia. 11.45 Louis Theroux: Law And Disorder In Philadelphia. 12.45am Parks And Recreation. 1.10 Reno 911! 1.30 Squinters. (Final) 1.55 Growing Up Gracefully. 2.25 Close. 5.00 Rainbow Chicks. 5.05 Late Programs.	SBS VICELAND (31) 6am WorldWatch. Noon Basketball. NBA. Los Angeles Lakers v Memphis Grizzlies. Replay. 2.00 Counter Space. 2.30 Lee Lin Chin's Fashionista. 2.40 Chefs' Line. 3.40 WorldWatch. 5.05 Takeshi's Castle Indonesia. 5.35 Shortland Street. 6.05 Rockwiz. 7.05 Jeopardy! 7.35 8 Out Of 10 Cats Does Countdown. 8.30 MOVIE: The Big Squeeze. (2021, M) 10.15 Late Programs.	7TWO (72) 6am Home Shopping. 6.30 Under The Hammer. 7.00 My Greek Odyssey. 8.00 Harry's Practice. 8.30 Million Dollar Minute. 9.30 NBC Today. Noon House Of Wellness. 1.00 Million Dollar Minute. 2.00 The Bay. 3.00 DVine Living. 3.30 Medical Emergency. 4.30 M*A*S*H. 5.30 Escape To The Country. 6.30 Bargain Hunt. 7.30 The Vicar Of Dibley. 8.50 A Touch Of Frost. 11.00 Bones. 2am Late Programs.	9GEM (81, 92) 6am TV Shop. 7.00 Creflo. 7.30 TV Shop. 10.30 Pointless. 11.30 My Favorite Martian. Noon New Tricks. 1.10 Days Of Our Lives. 2.05 The Young And The Restless. 3.00 Explore. 3.05 Antiques Roadshow. 3.35 MOVIE: Raising The Wind. (1961) 5.30 The Secret Life Of The Zoo. 6.30 Antiques Roadshow. 7.30 As Time Goes By. 8.40 MOVIE: For Your Eyes Only. (1981, M) 11.20 Late Programs.	10 PEACH (52, 11) 6am The Late Show With Stephen Colbert. 7.00 The King Of Queens. 8.00 Becker. 9.00 The Middle. 10.00 Frasier. 11.00 Friends. Noon A Million Little Things. 1.00 2 Broke Girls. 2.00 Mom. 3.00 The King Of Queens. 4.00 Becker. 5.00 Frasier. 6.00 Friends. 6.30 Neighbours. 7.00 Friends. 8.00 The Big Bang Theory. 9.20 2 Broke Girls. 11.35 King Of Queens. Midnight Shopping. 12.30 Late Programs.
NITV (34) 6am Morning Programs. 2pm Family Rules. 3.00 Jarjums. 3.25 The Magic Canoe. 3.50 Bino And Fino. 4.00 Project Planet. 4.30 Grace Beside Me. 5.00 Shortland Street. 5.30 Music Voyager. 6.00 Pete & Pio's Kai Safari. 6.30 Off The Grid With Pio. 7.00 Our Stories. 7.15 Card Stories. 7.20 News. 7.30 The Casketeers. 8.00 Wellington Paranormal. 8.30 Red Earth Un				

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ABC TV (2) 6.00 News. 9.00 ABC News Mornings. 10.00 Australian Story. (R) 10.30 The Greek Islands With Julia Bradbury. (R) 11.00 The Crown And Us: The Story Of The Royals In Australia. (PG, R) 12.00 ABC News At Noon. 1.00 Hard Quiz. (PG, R) 1.30 How Deadly World. (PG, R) 2.00 Parliament Question Time. 3.15 ABC News Afternoons. 4.10 Escape From The City. (R) 5.10 Grand Designs Australia. (R) 6.00 The Drum. 6.55 Sammy J. (PG) 7.00 ABC News. 7.30 7.30. 8.00 Foreign Correspondent. (R) Reporter Sam Hawley visits Saudi Arabia. 8.35 Q+A. Interactive public affairs program. 9.35 Secrets Of The Museum: Painting - The Great Renun- ciation Of The Buddha. (Final) Children's art goes on show. 10.25 You Can't Ask That. (MIs, R) 10.45 ABC Late News. 11.00 The Business. (R) 11.15 Big Weather (And How To Survive It) (PG, R) 12.15 The Detectives. (Mal, R) 1.15 Call The Midwife. (Ma, R) 2.15 Rage. (MA15+adHInsv) 4.25 The Drum. (R) 5.20 Sammy J. (PG, R) 5.25 7.30. (R)	SBS (3) 6.00 WorldWatch. 9.30 Greek News. 10.30 German News. 11.00 Spanish News. 11.30 Turkish News. 12.00 Arabic News F24. 12.30 ABC America: World News Tonight. 1.00 PBS NewsHour. 2.00 Destination Flavour China Bitesize. (R) 2.15 The Eviction. (PGal, R) 3.40 The Cook Up With Adam Liaw. (PG, R) 4.10 Secrets Of The Railways. (PG, R) 5.05 Jeopardy! (PG) 5.30 Letters And Numbers. (R) 6.00 Mastermind Australia. (R) Presented by Marc Fennell. 6.30 SBS World News. 7.30 Coastal Devon & Cornwall With Michael Portillo. (PG) Michael Portillo continues his journey. 8.30 Red Election. (Premiere) An MI5 agent and her boss meet an ex-KGB agent who warns them of an impending attack on the UK. 10.30 SBS World News Late. 11.00 Gomorrah. (MA15+a, R) 11.55 Mr Mercedes. (MA15+alsv) 1.55 The Name Of The Rose. (Mav, R) 4.00 Ainsley's Australian Market Menu. (R) 5.00 France 24 Feature. 5.15 NHK World English News. 5.30 Deutsche Welle English News.	SEVEN (7) 6.00 Sunrise. 9.00 The Morning Show. (PG) 11.30 Seven Morning News. 12.00 MOVIE: Dying To Be Loved. (2016, Mav, R) Lindsay Hartley, Paloma Kwiatkowski, Dan Payne. 2.00 Kochie's Business Builders. 2.30 Border Security: International. (PG, R) 3.00 The Chase. (R) 4.00 Seven News At 4. 5.00 The Chase Australia. 6.00 Seven Local News. 6.30 Seven News. 7.00 Home And Away. (PGav) 8.30 America's Got Talent. A variety of acts perform in front of a panel of celebrity judges, including Simon Cowell, Heidi Klum, Howie Mandel and Sofia Vergara, hoping to prove they have what it takes to become a star. Hosted by Terry Crews. 10.30 The Latest: Seven News. 11.00 Chicago Fire. (M) Ritter, Gallo and Violet help plan an event. 12.00 Black-ish. (PGa) Dre tries to educate Bow's white cousin about how to be an ally. 1.00 The Jonathan Ross Show. (MIs, R) 2.00 Home Shopping. (R) 4.00 NBC Today. 5.00 Seven Early News. 5.30 Sunrise.	NINE (8, 9) 6.00 Today. 9.00 Today Extra. (PG) 11.30 Morning News. 12.00 The Block. (PGI, R) 1.00 Desperate Housewives. (Mas, R) 2.00 Pointless. (PG) 3.00 Tipping Point. (PG) 4.00 Afternoon News. 4.30 Millionaire Hot Seat. (R) 5.30 WIN News. 6.00 Nine News. 7.00 A Current Affair. 7.30 Paramedics. (M, R) A paramedic responds to a call for help. 8.30 Love Island Australia. (MIs) The adventurous singles continue their quest to find a romantic match in northern NSW. 9.30 Love Island Australia Afterparty. (MA15+als) Presented by Abbie Chatfield. 10.00 Nine News Late. A look at the latest news and events. 10.30 Reported Missing: Archie. (Ma, R) 11.45 The Fix. (Mv, R) 12.35 Tipping Point. (PG, R) 1.30 TV Shop: Home Shopping. (R) 2.30 Global Shop. (R) 3.00 TV Shop: Home Shopping. (R) 5.00 News Early Edition. 5.30 Today.	TEN (5, 8, 1) 6.00 The Talk. (PGa) 7.00 Judge Judy. (PG, R) 7.30 The Bold And The Beautiful. (R) 8.00 Studio 10. (PG) 12.00 Dr Phil. (Mas) 1.00 To Be Advised. 2.00 Entertainment Tonight. 2.30 Farm To Fork. (PG, R) 3.00 Judge Judy. (PG) 3.30 My Market Kitchen. (R) 4.00 Everyday Gourmet With Justine Schofield. (R) 4.30 The Bold And The Beautiful. 5.00 10 News First. 6.30 The Project. A look at the day's news and events. 7.30 The Bachelorette Australia. Brooke Blurton continues her journey to find true love among a group of eligible male and female suitors. 9.10 Gogglebox. TV fanatics open up their living rooms to reveal their reactions to popular and topical TV shows. 10.10 To Be Advised. 11.10 The Project. (R) A look at the day's news and events. 12.10 The Late Show With Stephen Colbert. (PG) Late night talk show. 1.00 Home Shopping. (R) 3.00 Infomercials. (PG) 3.30 Home Shopping. (R) 4.30 CBS Mornings.
ABC TV PLUS (22) 6am Children's Programs. 7.15pm Odd Squad. 7.30 Spicks And Specks. 8.30 Penn & Teller: Fool Us. 9.10 Hard Quiz. 9.40 Gruen. 10.15 Doctor Who. 11.00 You Can't Ask That. 11.35 Rise Of The Animals. 12.35am Lucy The Human Chimp. 1.45 Parks And Recreation. 2.05 Reno 911! 2.25 Growing Up Gracefully. 2.55 News Update. 3.00 Close. 5.00 Rainbow Chicks. 5.05 Late Programs.	SBS VICELAND (31) 6am WorldWatch. Noon Figure Skating. 2019 ISU Grand Prix. Replay. 1.30 Canada's Waterless Communities: Neskantaga. 2.00 RockWiz. 2.50 Chefs' Line. 3.50 WorldWatch. 5.15 Takeshi's Castle Indonesia. 5.45 Shortland Street. 6.10 RockWiz. 7.10 Jeopardy! 7.40 8 Out Of 10 Cats Does Countdown. 8.30 The Curse Of Oak Island. 9.15 The Curse Of Oak Island Specials. 10.00 Late Programs.	7TWO (72) 6am Home Shopping. 6.30 Under The Hammer. 7.00 My Greek Odyssey. 8.00 Harry's Practice. 8.30 Million Dollar Minute. 9.30 NBC Today. Noon House Of Wellness. 1.00 Million Dollar Minute. 2.00 The Bay. 3.00 Weekender. 3.30 Medical Emergency. 4.30 M*A*S*H. 5.30 Escape To The Country. 6.30 Bargain Hunt. 7.30 Father Brown. 8.30 Inspector Morse. 10.50 Murdoch Mysteries. 11.50 Late Programs.	9GEM (81, 92) 6am TV Shop. 7.00 Creflo. 7.30 TV Shop. 10.30 Pointless. 11.30 My Favorite Martian. Noon As Time Goes By. 1.10 Days Of Our Lives. 2.05 The Young And The Restless. 3.00 Explore. 3.10 Antiques Roadshow. 3.40 MOVIE: Some Will, Some Won't. (1970, PG) 5.30 The Secret Life Of The Zoo. 6.30 Antiques Roadshow. 7.30 Death In Paradise. 8.40 MOVIE: Octopussy. (1983, PG) 11.20 Late Programs.	10 PEACH (52, 11) 6am The Late Show With Stephen Colbert. 7.00 Frasier. 8.00 Becker. 9.00 The Middle. 10.00 Frasier. 11.00 The Big Bang Theory. Noon A Million Little Things. 1.00 2 Broke Girls. 2.00 Mom. 3.00 The King Of Queens. 4.00 Becker. 5.00 Frasier. 6.00 Friends. 6.30 Neighbours. 7.00 Friends. 8.00 The Big Bang Theory. 9.30 The Unicorn. 10.00 Seinfeld. 11.00 Late Programs.
NITV (34) 6am Morning Programs. 1.30pm Yothu Yindi Tribute Concert. 3.00 Wapos Bay. 3.25 The Magic Canoe. 3.50 Bino And Fino. 4.00 Project Planet. 4.30 Gabc Beside Me. 5.00 Shortland Street. 5.30 Music Voyager. 6.00 Pete & Pio's Kai Safari. 6.30 Off The Grid With Pio. 7.00 Our Stories. 7.15 Card Stories. 7.20 News. 7.30 Going Places With Ernie Dingo. <				

COMICS

Bottled Fruit



"Would you like flies with that?"

Insert Brain Here



Doodley Squat



WuMo



Against the Grain



Bushy Tales



Swamp



Insanity Streak



Ballard Street



Grin Bin



Reunion of former officers

By Sean Fox

Members of the Queensland Retired Police Association's Capricornia branch will meet for their annual dinner on Monday, 15 November at the Frenchville Sports Club in North Rockhampton from 6.30pm.

Branch President, Barry Self and Treasurer, Dennis Smith (who has been retired for about 15 years) are busily preparing for the special event where former workers from within the police force, fire brigades, Queensland Transport along with ex-civilian members meet for their social occasion to reflect on their time on the beat.

A member since being inducted into the force on 3 July 1969 along with famous NRL coach Wayne Bennett, Mr Smith started his career from the Petrie Terrace Training Depot which still stands today in Brisbane before he served within the Fortitude Valley Police Station.

"I have a lot of memories from those days, now things have changed so much and the depot is surrounded by skyscrapers," he said.

"In those times, the training process took three months, and now it takes up to 12 months."



Queensland Retired Police Association's Capricornia Branch President, Barry Self (left) with Treasurer Dennis Smith.

During that era, the cadets were trained and mentored by fellow workers who had banked up more experience for what is known as on-the-job-training.

Meanwhile, the committee welcomes any supporters to become an associate member of the group which is sponsored by QBANK, formerly known as the Queensland Police Credit Union.

"Our dinner is open to anyone who wants to support us, we aim to invite as many retirees as possible," he said.

Meanwhile, President Barry Self (who has been involved within the group for about 28 years) said the Rockhampton Branch No.3 was formed in March 1982, and was followed by a brief break due to low membership members; starting with about seven or eight.

Now, they've built up their clan to 37 members - always on the lookout for more retirees to join.

"Any retired worker with good repute is welcome to join us," Mr Self said.

They meet on the first Wednesday of every month with the exception of January when the group is in recess.

Some of their activities include; taking part in the marches during the annual Anzac Day ceremony and National Police Remembrance Day. The members also organise and host barbecues and visits to the Cockscomb Veterans Retreat; and following their monthly meetings, they enjoy a fellowship luncheon.

"Recently, Dennis suggested that we get some headgear with our recent purchase of caps," Mr Self said.

"Overall, we have a good attendance at our meetings with a wonderful group of people.

Representatives from the Gladstone, Bundaberg and Mackay branches are expected to be in attendance along with those from QBANK, our state executive from Brisbane and our supporters."

"It's a good way of keeping in touch with your former work mates," he said.

Effort not going to waste

A local recycling operator based in Gladstone and Bundaberg has been nominated for a Queensland award for their commitment to improving the safety of its most valuable asset, their workforce.

CQ Recycling is a registered refund point in the Containers for Change scheme, and has been accepting eligible containers in exchange for a 10-cent refund since 2018.

CQ Recycling has been named as a finalist in the annual Change Maker Awards in the category of Safety for small to medium businesses.

The awards ceremony was hosted by Channel 7 personality Shane Webcke at Brisbane's Pullman Hotel on October 15.

The Containers for Change scheme operates more than 320 refund points across Queensland, with CQ Recycling named as one of just four finalists in the small to medium business safety category at the awards.

CQ Recycling operator Kevin Vickers has an employment history in underground mining and working on gas field projects.

He said those experiences had underlined how important safety in the workplace was in any industry.

"People in the workplace are like family so we want to make sure that everyone goes home safely each day," said Mr Vickers.

"We want to provide a happy place to work - and if people are safe at work, they are happy.

"It is one of the keys to running a sustainable business."

The Containers for Change scheme has exchanged 4.5 billion beverage containers for refund across Queensland since it was established in late 2018.

Safety is at the top of the priority list for the scheme said Ken Noye, the chief executive of Container Exchange, the not-for-profit organisation that administers the scheme.

"The Containers for Change scheme has a huge focus on workplace health and safety, so just to be nominated in this category is a significant achievement for CQ Recycling," said Mr Noye.

A live stream of the awards can be viewed on the Containers for Change Youtube channel or at www.containerexchange.com.au/change-makers.

For more information on Containers for Change, visit www.containersforchange.com.au/qld



Biloela recycling's safety steps gain state recognition

Biloela Recycling was recognised for their commitment to safe work practices in the Containers for Change scheme awards ceremony last Friday 15 October.

The Containers for Change scheme exchanges a 10-cent refund for every eligible beverage container returned to a registered point across Queensland.

More than \$450 million has been refunded to Queenslanders at more than 320 refund points across the state since the container refund scheme began in late 2018.

It is Biloela Recycling's efforts to continually improve site safety and exercise best practice that put them on a short list with four other businesses for the award in the category of safety for small to medium businesses.

Initiatives have included a new traffic management plan, the creation of one-way traffic flow and customer-only zones, as well as completing daily and weekly safety checks on equipment.

Newly-engineered counting tables and counting pods have reduced 90% of manual handling for employees, resulting in a quicker and more effective counting method.

"As a site we have implemented the Think



Safe Work Safe guide into our training structure to ensure employees have a clear understanding of safety practices," said Managing Director of Biloela Recycling, Rob Stapleton.

"We are very proud of how far we have grown as a business in regard to safety and will never underestimate its importance - we have showed this by having a 100% compliance in our 2020 safety audit."

The third annual Change Maker Awards will be held at a ceremony at Brisbane's Pullman Hotel and will be compered by Channel 7 personality Shane Webcke.

The awards offer the opportunity to shine a



light on the incredible individuals and organisations creating real change through the Containers for Change scheme.

Fourteen Change Maker Awards will be presented across nine different categories for both small to medium and large businesses that operate in the scheme across the State.

New awards this year includes the Char-

ity or Community Group of the Year and the Young Change Maker of the Year.

The Chairman's Award will also be presented on the night to an individual for their inspiring efforts within the scheme, while the prestigious Change Maker of the Year is the final award of the night.



Celebrating a rich culture

By Ann Hobson, President Theodore Chamber

The recent 2021 Theodore River Festival was the first of the Chamber of Commerce's series of three events in the decade of Theodore's Centenary commemorations for 2020 to 2030.

The focus of the festivities throughout the afternoon was to acknowledge the 600 centuries of occupation of the land by the First Nations people, and to join with the members of the Wulli Wulli and neighbouring nations in showing respect to their culture, their heritage, and the contribution they continue to make in our community.

A gunyah, artefacts, newspaper clippings, and photographs were on display in the nearby relocated Railway Building at the Museum. These were set up by First Nations Elders who were on hand to guide visitors and connect with family members who had come from as far away as Brisbane, Dalby, and Rockhampton. Fine indigenous art works by Nathan Bradden were also shown at the Art Show in the RSL Hall from 7 to 9 October, along with pieces exhibited by owners of the works of other local artists: potters, painters, patch workers, seamstresses, craft workers, and a large section of recent works by Taroom artists. A noteworthy photographic display of the works of Helene Richter was lent by her daughter, Yvonne Dumas, who also entered an arrangement featuring dried plant material collected on recent journeys around Australia. Saturday morning began with fishers setting out at 6am, and the Community Link Fun Run at 7. The acknowledgement of First Nations History began with a welcome to country by respected Wulli Wulli Elder, Noel Pope, whose story of the sometimes painful and misunderstood process of applying for Native Title a decade ago was presented in his usual gracious and statesmanlike manner, expressing his hope that we'd be able to "cut the 'damper' in half".

This was followed by a smoking ceremony and a spell - binding suite of traditional dances courtesy of NBN Co evoking the behaviour of native animals and drawn together by Wayne Martin with clap sticks and didgeridoo. With each performance, Wayne gave an introduction and thanked a group, a relative or a friend for that dance. It was a poignant demonstration of what it means to 'Show Respect' - respect to the creatures, the land, and the creative genius of fellow humans. Sure beats the current copyright permission process! Next, courtesy of Westside Corporation, Black Comedy performer, Bushtucker Bunji was introduced to the crowd, having donned his cream wig after participating in the dancing.

He was in great demand by the youth in the audience with whom he quickly connect-



Families and friends enjoy an outing by the Dawson River

ed around some strange thing called 'Tiktok'. (Which seemed to be neither a clock, nor a bomb.)

Guests were able to browse the 'stations' where indigenous art, medicinal plants, and artefacts were displayed; the library lounge where forty-six titles by First Nations writers, and two Miles Franklin Award winners, could be checked out courtesy of Banana Shire Library; Elders joined in a 'yarning circle' where stories of family, of war service, and of life after Vietnam were shared.

The Reptile Rescuers took time out between catching and relocating snakes in town to show pythons and a dragon to inquisitive and sometimes dubious Festival goers. Meanwhile, the Rock Climbing Wall, courtesy of Cr Terri Boyce, MLA Colin Boyce, and Calide Toyota provided a challenge to our youth while younger ones made boats with the

Early Childhood Centre, had faces painted, bounced on a jumping castle, or scrambled around the Obstacle Course courtesy of Theodore State School.

Stalls included Jarlin's Indigenous art, fishing equipment, clothing, and two food vans.

Parents and grandparents relaxed with friends on the river bank enjoying the fresh breeze off the water of the Dawson when the Capricante Singers provided a delightful musical performance including "Wellerman", "No where to go but up" from Mary Poppins, and the "Skye Boat Song".

The crowd was boosted as evening brought fishermen up from the Hooked on Theodore family fishing competition sponsored by local mine hire company, Yanta, and others arrived to enjoy music from Adrian Brown, buy a drink, and to sample the famous Eat Street delicacies from many nations provided by Theo-

dore Community Link. The Hotel Theodore's \$100 voucher, was won by Dean Anderson to complete the River Festival for 2021.

Next day the fishing competition continued until noon when crew and friends came to enjoy barbecue lunch provided by workers from the Tennis Club while officials calculated the winners of the various class of catch. It's thought that the muddy water may have deterred the Yellow belly entirely, and only one saratoga was caught, while one family reported having hauled in a total of five different forms of aquatic animal, including eel, catfish and turtle. The "Lucky Angler Prize", an Engel car fridge donated by Acres Theodore, went to Melissa Olsson. The Theodore Chamber wished to thank all of their sponsors, donors, members, volunteers, entertainers, visitors and participants who contributed, with a special thanks to the First Nations people who shared so much of their heritage with us all.

Trip up the Fitzroy in flood



A TRIP FROM GLADSTONE
(February 2, 1918, The Morning Bulletin)
 There arrived here yesterday afternoon: from Gladstone Mr T. Dore's motor launch Elsie May, which covered the ninety miles between the two towns in ten hours, exclusive of stop-pages for meals and on account of rain.
 The Elsie May which is 25 ft. in length and fitted with a 10-12 horse-power engine, left Gladstone at half-past five o'clock on Thursday afternoon last.

She was under the direction of the owner, who was accompanied by Mr G. F. Molony, also by Messrs S. Bassett (Roma), J. Kelso (Rockhampton Telegraph Office), and Caffyn (Railway Department), and Dr Stuart's son, who were weather bound at Gladstone.

The water through The Narrows and across Keppel Bay was like a lake. Just after midnight the Elsie May anchored at Mackenzie Island and remained there until half-past seven o'clock in the morning, the party being glad to escape the myriads of mosquitoes there.

Round Rocky Point the water rushed from 1 ft. 6 in. to 2 ft. higher than the stream ahead.

A storm caught the party, which ran into a sheltered cove along the mangroves.

From the bay where the Fitzroy River discharges right up to Rockhampton was a sea of water as far as the eye could discern on each side of the torrent.

Nobody, said, Mr Molony, could have any conception of the great body of water unless he saw it.



The boat on the right at back is the 'Elsie May' tied up to a building in William Street, Rockhampton in the 1918 floods. This photo is from Audrey Anderson. (The Dore family is Audrey's family.)

Nothing like it has ever been seen by Mr. Dore, and he has come up to Rockhampton in several previous big floods in the Fitzroy.

Some large trees were passed on the way up: but the most pitiable sight of all was a large number of cattle and horses, principally the former, either shoulder-high in water at various places on each side of the river, in the mangroves, in trees, and going down the stream.

The number seen going down was at least 130. Twenty head were noticed in the water below Lake's Creek and about a similar number shoulder-high in the water further down.

There were plenty of wild fowl and snakes. A kangaroo was seen in the shallow water, but the grass almost obscured it from view. Twenty miles from Rockhampton a number of muscovy ducks were seen swimming about.

The houses on each side of the stream were deserted. The current was strongest near the Fitzroy Bridge, where it was estimated that the water was running at the rate of ten knots per hour.

The party landed at the foot of Denham Street. The Elsie May will leave on the return trip this afternoon, and it is expected that she will reach Gladstone tonight

WEDNESDAY 27 OCTOBER

Maxine Brushe Community Hall
Philip Street Communities
and Families Precinct
1 Pengelly St, West Gladstone

Topics include:

- Home Care Packages
- Commonwealth Home Support Programme
- Application and assessment process
- Health Directives
- Wills & Powers of Attorney
- Aged Care services available at Nhulundu Health Service

DAY SESSION	10 am - 12 pm
EVENING SESSION	5 pm - 7 pm

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How to Access AGED CARE Information Forum



Band 'The Bucket list' at the finish at Bray Park.



Sadie Lane-McLean.

Revved up for family fun

By Khrysti Balanay

Boyne Tannum Bullets Swim Club hosted their Family Fun Car Rally on Sunday, 17 October.

The fundraiser, also called the 'Bullets Bash' was labeled a success by committee member Michelle Steinhardt.

"The smiles on the kids' faces was enough for me. Plus the money that has gone towards the club," she said.

The purpose of the Bullets Bash was to raise funds to help families within the club to cover swimming lesson expenses.

Nearly 200 community members within the Gladstone region turned up to the event.

"There was a mixture of Bullets club members and the local community. We were shocked at the turn out but it was absolutely awesome," Ms Steinhardt said.

The fundraiser started in Gladstone before finishing at Bray Park in Boyne Island.

The Bullets Swim Club hosted an amazing race themed event where 58 cars showed up.

Ms Steinhardt said the occupants of the cars had to 'scavenge' around the local area for clues which would lead them to the next location.

"The clues took participants around Gladstone and out as far as the Calliope Historical Village, before finishing at Bray Park."

The fundraiser was organised by the swim club but could not have happened without the support of the local Lions Club, Men's Shed, and Rotarians.

There was also a range of sponsors who contributed towards the event.

The Bullets Bash was such a success that the Boyne Tannum Swim Club is looking at making it an annual event with promises that next year will be bigger and better.



The Crazy Stewarts at the Bullets Bash.

Pictures: MIKE RICHARDS



Teena and Gloria helped selling tickets for food and drinks.



Natalie Simmons and Deanne Cameron.



Kyla, Tom and Jack.



Holly with Buddy the French Bulldog.



Toni Hansen and Ann Mara from Boyne Island Rotary.

Pictures: MIKE RICHARDS



Annie, Sally, Courtney and Lucila.



Lataerine, Glenn Max, Charlie and Declan.



Car 1 with Belinda, Adam and Julianne Carter.



Jayce Pengelly, 5.



Trophies.



Friendships should make us feel good.

Friendships should enrich your world

Friendship can be defined in many ways within our technologically driven world.

Some bonds may begin at a simple friend request, others naturally blossom through physically meeting.

There is no right or wrong way to make friends and many stories that have resulted in the best kinds of friendships unfold unpredictably.

Connecting with others doesn't always happen straight off the bat, some friendships take more time than others to form and if anything, it makes them even more rewarding.

Sadly there will occasionally be the people who float through our lives as lessons and it will be difficult to accept because we have set aside a special place for them to make themselves at home in our lives.

No one likes to mourn the death of a good friendship or feel as though a precious bond is deteriorating but these situations are like deli-



cate flowers in a garden.

We can only water them so much before they can't take any more and begin to wither.

The beauty of the friendship will break down just like the garden.

What will be, will be and we must remember that.

If we are meant to have someone in our lives, they will always find their way back to us, but we can't continue to drive up the middle of the road when friendship is a two-way street.

Connecting with others should be simple

and natural, it shouldn't be about fighting an uphill battle to understand each other or competing to be better than one another.

If each other's best interests aren't truly at heart or thriving off one another's misfortunes is a constant practice, it's a toxic situation where both parties will end up wearing each other down.

Friendships shouldn't reach the point where they become exhausting or there is no reward.

It doesn't matter how a friendship forms and even first impressions become insignificant when a beautiful bond begins to blossom.

If we find people we really want in our lives, we need to show them their true value because actions do indeed speak louder than words and if we mean the same to them, we should receive the same treatment.

Always remember that friendships should make us and never break us.

Tasting the difference



I recently co-ordinated a wine class/event of 16 student attendees. The theme was simple, bring a wine that is different to the norm, that the rest of us shall try. Each person brought two of their choice.

We did blind tastings of the first eight choices and the other eight choices (16 bottles) went into safe keepings for our next class.

As the name suggests it's more about education than just drinking, spittoons were strategically placed.

We tasted and discussed the wines, it constantly amazes me how each person has a slightly or even quite varied view on each wine. It really was wonderful to watch the attendees escape their normal world whilst tasting possibly for the first time a wine that is not the norm.

I thank Bee a Californian for presenting an excellent Californian Zinfandel. She had every right to call it Ama-Zin. It really did meet the entry requirement for this particular event. Five of the group had never heard of Zinfandel, never mind tasted it!

Winemakers in the US and in California pioneered the style today known as Zinfandel. Or Zin as they fondly call it. Although the immediate association with this varietal is via the Napa Valley and Sonoma in California.

Wine historians have managed to uncover something of a contentious history. Which has been discussed, mooted and debated by wine researchers and wine makers around the globe.

Globally respected wine writer Jancis Robinson wrote, "By the middle of the 19th century a vine variously called Zinfandel and Zinfandal had established itself in northern California and was prized for its productivity."

On her perceived history of the grape, Jancis Robinson continued that, "The next significant chapter in the unravelling of Zinfandel, came in the early 1990s when, DNA profiling had been applied to analysing the genetic relationship between different vine varieties. It was established beyond doubt that Zinfandel was, intriguingly but inexplicably identical to a then-obscure grape variety called Primitivo, grown on the heel of Italy."

Robinson also added that the same research concluded that Zinfandel/Primitivo had to be a parent species of the Croatian Plavac Mali variety. Plavac mali is the most planted red grape variety in Croatia.

We all enjoyed the Zin and as happens quite regularly at these events, an attendee will feed my interest in wine with their gathered knowledge. Frank, provided us with his deep knowledge of Zin in Australia. And when asked about his faviourites, the two he quickly recommended were the Dessert Zinfandel from Cargo Road Wines and the Old Vine Zinfandel from Peel Estate.

Just from Frank's comments, I'm already planning a tasting event of just Zinfandels produced in Australia. To compare and contrast what each winemaker has produced with this most interesting grape varietal.

I wear several hats, from hosting wine events to creating wine and food masterclasses. If you or anybody you know is considering either, please contact me at winebillevents@icloud.com



Wine Bill recently co-ordinated a wine class for 16 student attendees.

OPINION

Letters: Editorial@TodayGladstone.com.au
Text: 0456 749 126

Put money where mouth is

Mining magnate and billionaire Andrew "Twiggy" Forrest has recently announced that he will be investing billions of his own money in "green hydrogen" plants in Australia.

His new company Fortescue Future Industries has proposed to build a \$1 billion electrolyser factory in Gladstone, Central Queensland.

The Queensland State Government has already announced financial support for the project and no doubt the Federal Government will be asked to tip some more of our hard earned into making the project a reality.

Mr Forrest is estimated to be worth over \$27 billion and last year alone received a dividend cheque of \$2.4 billion as a result of his shareholding in Fortescue Metals.

He has been very vocal recently about our Federal Government committing to Net Zero 2050 targets.

It's not without some irony that a billionaire who has made all of his money from

digging up red dirt and selling it to China to make high carbon emission steel is now promoting his investments in renewable energy sources to save the planet.

The question is if Mr Forrest believes that green hydrogen is the way forward – why doesn't he just invest his own money without taxpayer assistance?

The reality is without Net Zero 2050 targets and without billions of dollars in State and Federal Government subsidies and investments, the projects proposed by Mr Forrest are unviable.

While we all want to see more done to combat climate change – it is important that we don't tie ourselves to highly expensive renewable projects simply because they are so called "renewable".

It is estimated that without billions of dollars worldwide being invested into the scaling up of electrolyzers and the reduction in costs, green hydrogen will remain unviable for the foreseeable future.

The "green hydrogen push" is designed to

replace our demand for coal fired power.

But at the same time China is operating 60 coal fired power stations to everyone we operate in Australia and is building another 43 new plants and 18 new blast furnaces as we speak.

While every developed nation in the world is reducing their emissions, China is increasing theirs until at least 2030 with an aspirational goal to be carbon neutral by 2060.

Australia is now not only proposing to sign up to higher cost and lower reliability power sources but is also directly attacking one of our main export markets – coal that will impact our ability to pay for new technologies.

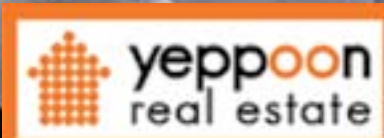
While some form of government investment and support is always needed to allow our industries to grow – we need to invest our money in projects which are sustainable and give us the best rate of return as a nation – not just to billionaires.

Tom Marland,
Bundaberg

GladstoneToday

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Contact: Lisa Wilson, 0418 247 020, YEPPOON REAL ESTATE, 4938 3777



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7 | 2 | 2

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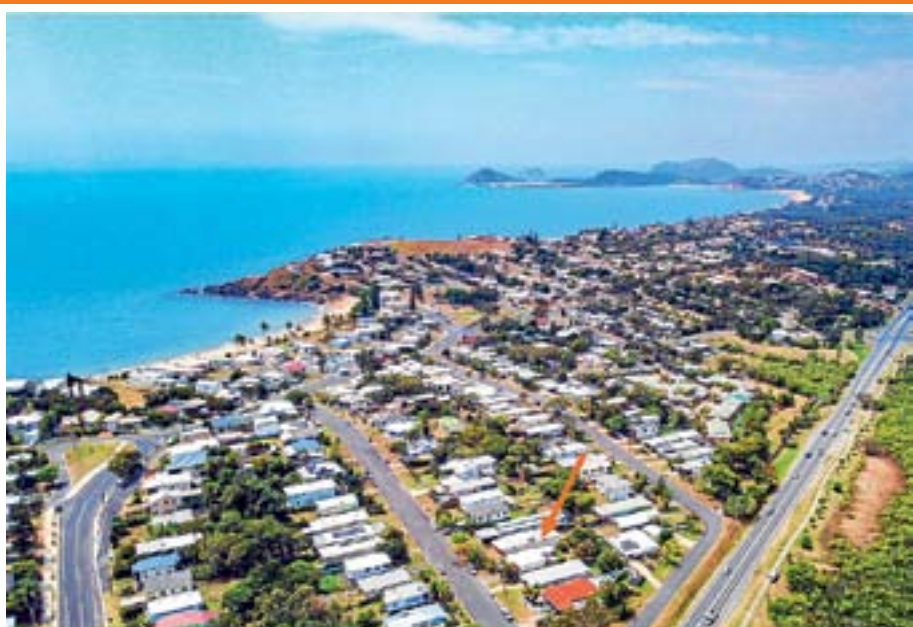


Near new home with room for shed

4 | 2 | 2

- Built in 2019/2020 w/ builders warranty
- Captures the beautiful coastal breezes
- Open plan living area w/ built in study nook
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Zilzie
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Leisa Richardson
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3 | 1 | 2

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Andrew Dowie
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Address: 26 Long Street, BLACKWATER **Price:** \$175,000
Description: 3 bedrooms, 1 bathroom, 1 garage, shed **Inspect:** By appointment
Contact: Dee 0428 770 557, REAL ESTATE VISION GROUP

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3 BEDROOMS

\$275,000
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Vacant Land



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\$340,000
60 Main Street, Bluff
3 bed 1 bath 1.67 Hectares



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The women's team celebrating their 50th anniversary.

Picture: ANGELA THOMSON



The men's team celebrating their 50th anniversary.

Picture: ANGELA THOMSON

Clinton marks 50 years

By Sean Fox

Over 255 people travelled from across the state to attend the Clinton Football Club's 50th anniversary over the weekend.

Hailed an "excellent night", past players travelled from as far as Cairns, Brisbane and the Gold Coast to be in attendance on Saturday night along with 19 of the 23 surviving life members.

Clinton Football Club's junior president, Jon Gifford said the event was a great opportunity for old friends to catch up with each other which meant a lot to them all, including his sons who are involved in the sport.

"We are a family-oriented club with a lot of generational players who've been with us over the years, so it's a big deal for us to stretch back to 1971 when we formed," he said.

"My three sons have all played for the club... we have 340 registered juniors making us the biggest club in Central Queensland for junior football."

On the night, it was a huge coup for past players when the teams of the decade and of the past 50 years were named for their honour board.

"A lot of great players have performed for the club over the past 50 years so it was a tough decision to name these titles," he said.

After their celebrations on Saturday night, members converged once again on Sunday for a family fun day under the sun.



Steve Ralph, Gavin Warry and Gary Larsen.

Family fun day pictures: ANTHONY SMITH



Ron Jackson, George Warry and Jeff Jackson.



Louise Stoneley and Jodie Stoneley.



Jon Gifford, Amanda Laner and Wayne Stewart.



Anthony Holmwood and Ross Booth.



Paul Turner, Kim Turner and Toni Jackson.



Dan Jackson, Corey Larsen, Caleb Holmwood and Lachlan Dodd.



Fay Jackson and Noeleen Warry.



Ally Ware and Ron Jackson.



Michelle Jones and Nixon Jones.



Addo Romyn and Roger Bailey.

Gardening

Neil Fisher



Rains bring gardens to life

The storms of the last few days have had a real impact on many gardens across the Central Queensland.

Within a matter of days after the first storm dozens of plants bust into flower creating a kaleidoscope of colour in what was no more than a dried arrangement a few days earlier. Most noticeable would be the colourful flowering bulbs called Hippeastrums.

Over the years gardeners have found Hippeastrums are not difficult to grow and produce lovely cut flowers. Hippeastrums are not the most water-wise plant grown locally in fact they have quite demanding water and nutrient requirements while during this time of year. It always recommended during the spring growth time they receive ample water and nutrients but remember you must keep the plants dry in winter while plant is in its winter dormancy.

Most of us would clearly remember the mass floral displays of Hippeastrums that our grandparents use to have. I remember many years ago visiting a garden in Bororen that had dozens of different flower shades of Hippeastrums. Ever garden in this Bororen property was full of Hippeastrums.

Hippeastrums have been grown in Gladstone gardens for over the last 100 years and I still believe that tucked away in many rural gardens are still some of the best flowering varieties grown. These plants could have been handed down over many generations.

Hippeastrums are found from Argentina north to Mexico and the Caribbean. Hippeastrum are also called amaryllis lilies in some parts of the country, and it is important not to confuse Hippeastrums with the genus with the name Amaryllis. There are about 70-75 species and more than 600 hybrids in the Hippeastrum family. Hippeastrum will require a frost free environment, but for those gardeners in frosty parts of Central Queensland, they can be grown as a potted greenhouse plant, and they

can also make an excellent house plant.

Hippeastrum flowers are made up of six petals, comprising two layers of three petals. While the typical colour range of the Hippeastrums encompasses most shades of reds, pinks, and white, the modern hybrids occur in an array of colour patterns.

The new hybrids can even include double-flowering varieties or unusual colours like pale translucent yellows. What you may not realise is that birds, bees and butterflies are all attracted to the Hippeastrum flower.

When Hippeastrums are in full growth, they should be watered frequently and fed a balanced fertiliser once a month.

When talking to an enthusiast earlier this year I was told that she found that during the warmer months regular drenching with the liquid fertiliser Aquasol make a big difference.

She also used a high potash plant food during late July or early August to boost plant growth after the winter dormancy. Hippeastrums enjoy full sunlight during the growing season.

However she told me another handy hint was when Hippeastrums are coming into flower, a little partial shade helps to bring out their brilliant colour. Hippeastrums will do best in a bright but not overly sunny position with moist, well-drained, humus-rich soil.

Hippeastrum will have a tropical appearance during the warmer months, however the bulbs will become fully dormant over the winter months.

Over the recent water wasteful years many Hippeastrum varieties have been lost in home gardens due to over watering. It is important to know that all parts of plant are poisonous if ingested.

One other very interesting feature of growing Hippeastrums I have been told is that they are resistant to Deer that are a problem in some parts of Central Queensland.



Hippeastrums have been grown in Gladstone gardens for over the last 100 years. Pictured is Hippeastrum Tripple White.



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Rural Matters

Give agriculture its due

By AgForce General President
Georgie Somerset

The rhetoric on climate in the lead up to COP26 is heating up – and between now and 31 October it's only going to get hotter.

That's why AgForce is continuing to work with the National Farmers' Federation and other industry organisations to lobby Government to ensure agriculture receives due recognition for what it has already done on climate – and, importantly, to secure equal partner status in any discussions around what we as a nation do moving forward.

We need guarantees that farmers' property rights won't be further eroded to absolve other sectors of their emission-reduction responsibilities – and we need appropriate payment for landowners who currently continue to do all of the heavy lifting for the rest of the country.

That's where AgForce's AgCarE program comes in.

It's our response to our membership's frustration at not being able to access currently available carbon markets – like the Federal Government's Emissions Reduction Fund – because the cost and complexity of doing so is prohibitive for most family farming operations in Queensland.

AgCarE on the other hand has been deliberately developed as a mid-tier system that acknowledges and rates property performance for building natural capital – it's suitable for properties at all levels, regardless of commodity.

The program provides low cost, medium risk options for carbon abatement, drought mitigation, improved biodiversity, and sustainable long-term landscape management and business resilience.

AgCarE also focuses on the water cycle at property level – supporting sustainable production, biodiversity, and helping play a role towards reducing global warming.

A major benefit of AgCarE is that industry would retain control of its ecosystem services, not be dictated to by big business or government, who could potentially force upon it yet more regulation, unworkable environmental schemes, and unwanted stewardship agreements.

AgForce has been developing AgCarE since 2019, and we're now at the important stage of carrying out on-property testing with landholders to make sure the science behind it is verifiable, repeatable, and accurate – the three tenets of any scientific research worth its salt.

With support from the Queensland Government's Land Restoration Fund the first round



AgForce is continuing to work with the National Farmers' Federation and other industry organisations to lobby Government to ensure agriculture receives due recognition for what it has already done on climate.

of testing was held across 12 local government areas on 37 properties covering more than 580,000 hectares, and the Department of Agriculture and Fisheries has now sought to support a second round.

With AgCarE due to hit the marketplace next year, AgForce is well on the way to equipping all landowners in Queensland with the tools they need to establish an increased range of income streams, as well as improved risk profiling by banks, while providing them with long overdue recognition of the fantastic work

they've been doing for years to enhance and protect our precious environment.

History has shown that cutting farmers out of the conversation on climate leads to poor uptake of the very systems designed for them – largely because removing consultation and collaboration results in programs that are either inappropriate or plainly don't work.

That's why we're asking governments to consider implementing AgCarE as soon as it's available.

Our farmers – as responsible custodians of

the land and our nation's true environmentalists – will never shy away from playing their part when it comes to helping reduce our country's carbon emissions.

But there comes a point (and we're well past it by the way) when you look around at what everyone else ISN'T doing and start to feel like you're simply being taken advantage of.

Find out more about AgForce's AgCarE program at agcare.org.au and join us in the conversation on COP26 in Glasgow by using #standwithregqld.

Increased yarding at Gracemere cattle sale

CQLX Gracemere agents saw an increased yarding of 3340 head this week after. Cattle were drawn from the norther to Charters Towers, South to Monto, and the usual local areas. There was a very mixed offering penned with a noticeable drop in the condition in part of the yarding. The usual feeders and processors attended although short one processor and restockers again competed well for the stock on offer. Cows and heavy bulls were the major improvers with other variations attributed to the quality on offer.

HIGHLIGHTS OF THE DAY

- Price Cattle Co, Rossmoya Sold a run of Crossbred Weaner Steers to 664c/kg weighing 215kg to return \$1,428/hd;
- RM Ogden, Alton Downs Sold Brahman Steers for 407c/kg weighing 560kg to return \$2,283/hd;
- C & J Lovell, Garnant Sold Romagnola Cross Steers for 482c/kg weighing 472kg to return \$2,278/hd;

- Pominda Holdings, Dalma Sold Droughtmaster Cross Steers for 588c/kg weighing 312kg to return \$1,835/hd;
- LN & JP Zischke, Biloela Sold Senepol Cross Steers for 578c/kg weighing 327kg to return \$1,890/hd;
- KJ & ME Murray, Raglan Sold Droughtmaster Cross Steers for 660c/kg weighing 208kg to return \$1,374/hd;
- GS and LM Blamires, Calliope Sold Brahman Cross Bullocks for 380c/kg weighing 800kg to return \$3,041/hd;
- Calliweera Cattle Company, Morinish Sold Charbray Cross Weaner Steers for 648c/kg weighing 180kg to return \$1,164/hd;
- M Morrice, Port Curtis Sold Charbray Cross Cows to 352c/kg weighing 626kg to return \$2,205/hd;
- S Desbois, Mt Ossa Sold Charbray Cross Cows for 356c/kg weighing 527kg to return \$1,880/hd;

- Calliweera Cattle Company, Morinish Sold Charbray Cross Cows for 369c/kg weighing 488kg to return \$1,804/hd;
- KJ & ME Murray, Raglan Sold Droughtmaster Cross Heifers for 550c/kg weighing 230kg to return \$1,265/hd;
- Am & EH McCartney, Marlborough Sold Brahman Cross Weaner Heifers for 514c/kg weighing 266kg to return of \$1,367/hd;
- S & B Chapman, Marlborough Sold Droughtmaster Cross Weaner Heifers for 558c/kg weighing 178kg returning \$996/hd;
- Pominda Holdings, Dalma Sold Santa Gertrudis Cross Weaner Heifers for 600c/kg weighing 190kg to return \$1,140/hd;
- Kemmis Investments, Nebo Sold Droughtmaster Heifers for 544c/kg weighing 325kg to return \$1,772/hd;
- Cedar Creek Grazing, Gogango Sold Droughtmaster Cross Cows and Calves for \$3,400 per unit.



Brahman bulls.

WEATHER

FORECAST

Warnings

See www.bom.gov.au/australia/warnings

Gladstone:

Partly cloudy. Medium (60%) chance of showers, most likely in the morning and afternoon. The chance of a thunderstorm in the late morning and afternoon. Light winds becoming northerly 15 to 20 km/h in the middle of the day then tending northeasterly in the evening.

Friday. Shower or two.

Rockhampton:

Partly cloudy. Medium (60%) chance of showers in the late morning and afternoon. The chance of a thunderstorm in the afternoon and evening. Light winds becoming northeasterly 15 to 20 km/h in the early afternoon then becoming light in the evening.

Friday. Shower or two.

Capricornia:

Partly cloudy. Medium (50%) chance of showers in the late morning and afternoon. The chance of a storm from the late morning. Light winds becoming northerly 15 to 25 km/h in the morning then tending northeasterly in the evening.

Friday. Partly cloudy. Medium (60%) chance of showers, most likely in the morning and afternoon. The chance of a storm in the afternoon and evening. Winds north to northeasterly 20 to 30 km/h.

Central Highlands and Coalfields:

Partly cloudy. Slight (30%) chance of a shower in the east. The chance of a storm in the late afternoon and evening. Winds north to northeasterly 15 to 20 km/h tending north to northwesterly in the morning then tending north to northeasterly in the evening.

Queensland:

A weak ridge will extend over much of the state. A trough is forecast to enter the southwest of the state and move slowly eastwards. A slight to medium chance of showers and storms across much of the state, increasing to a medium to high chance in the southeast. Temperatures near or above average, increasing to well above in the north and west.

GLADSTONE FORECAST



TODAY

Shower or two.
Possible storm. **28**



TOMORROW

Shower or two. **29**



SATURDAY

Possible shower. **29**



SUNDAY

Possible shower. **31**



Sunny



Mostly sunny



Partly cloudy



Cloudy



Chance shower



Shower or two



Showers



Light rain (drizzle)



Rain



Storm



Showers storm



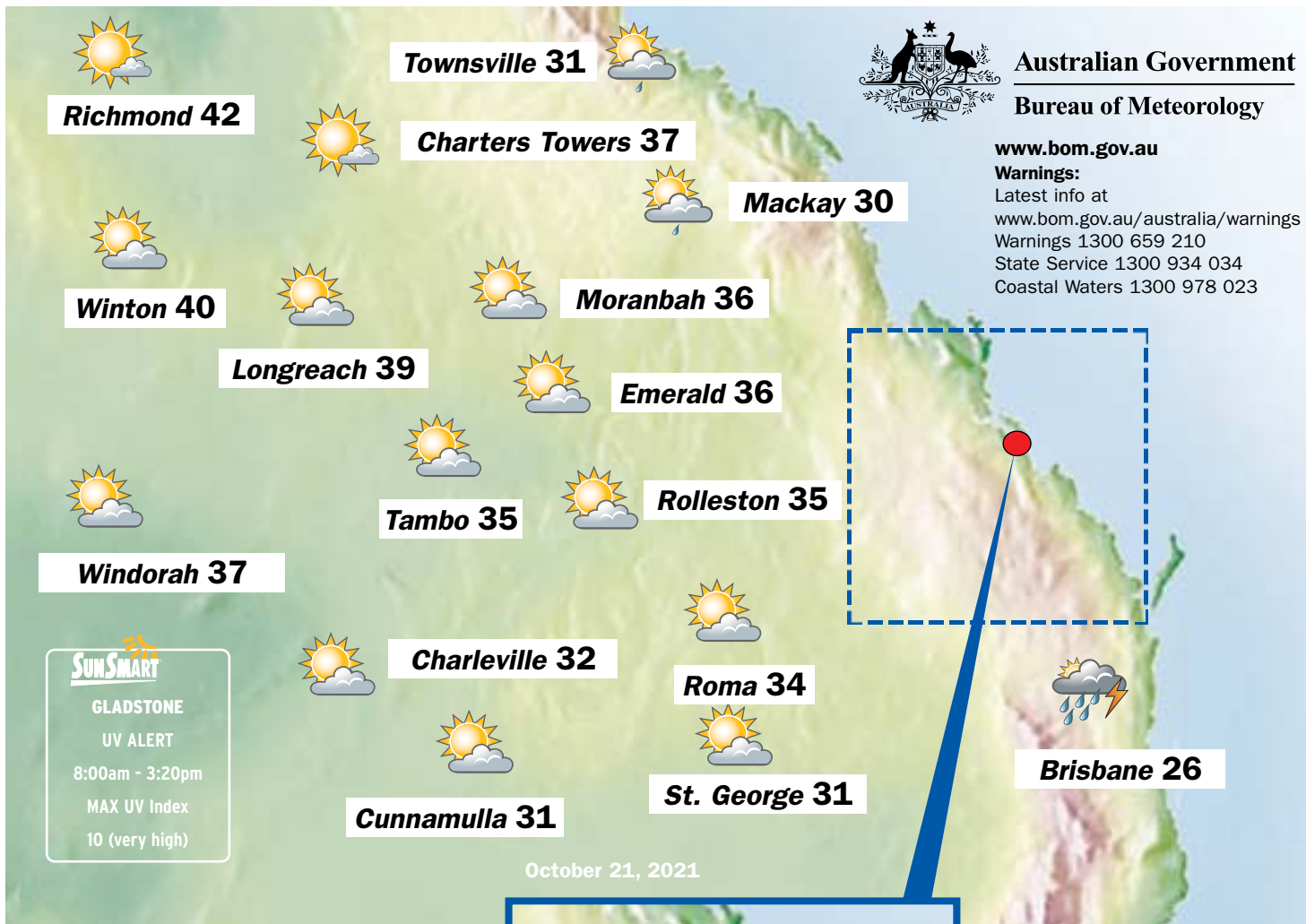
Windy



Dust



Fog



Australian Government

Bureau of Meteorology

www.bom.gov.au

Warnings:

Latest info at

www.bom.gov.au/australia/warnings

Warnings 1300 659 210

State Service 1300 934 034

Coastal Waters 1300 978 023



GLADSTONE

UV ALERT

8:00am - 3:20pm

MAX UV Index

10 (very high)

COASTAL WATERS

St. Lawrence to Burnett Heads:

Winds: North to northeasterly 10 to 15 knots. Seas: Below 1 metre. Swell: Easterly below 1 metre. Weather: Mostly sunny. The chance of a storm from the late morning.

Friday. Winds: Northeasterly 10 to 15 knots turning northerly during the morning, reaching up to 20 knots inshore with afternoon sea breezes. Seas: Around 1 metre. Swell: Easterly below 1 metre. Weather: Mostly sunny.

Bowen to St. Lawrence:

Winds: Northerly 10 to 15 knots, increasing to 15 to 20 knots inshore in the afternoon. Seas: Below 1 metre. Swell: Below 0.5 metres. Weather: Mostly sunny morning. The chance of a storm in the afternoon and evening.

Friday. Winds: Northerly 15 to 20 knots. Seas: Below 1 metre. Swell: Below 0.5 metres. Weather: Mostly sunny.

Hervey Bay:

Winds: Northerly 10 to 15 knots turning northeasterly in the evening. Seas: Below 1 metre. Swell: Below 0.5 metres. Weather: Partly cloudy. 60% chance of showers. The chance of a storm.

Friday. Winds: North to northeasterly 10 to 15 knots. Seas: Below 1 metre. Swell: Below 0.5 metres. Weather: Partly cloudy. 60% chance of showers. The chance of a storm in the afternoon and evening.

Fraser Island Coast:

Winds: Northeasterly 10 to 15 knots. Seas: Below 1 metre. Swell: Easterly below 1 metre. Weather: Partly cloudy. 70% chance of showers. The chance of a storm.

Friday. Winds: Northeasterly 10 to 15 knots. Seas: Below 1 metre. Swell: South to southeasterly below 1 metre. Weather: Partly cloudy. 60% chance of showers.

CAPITAL CITIES

City	Condition	Max
Adelaide	Mostly sunny.	23
Brisbane	Showers. Possible storm.	26
Canberra	Shower or two.	21
Darwin	Partly cloudy.	35
Hobart	Partly cloudy.	23
Melbourne	Partly cloudy.	23
Perth	Shower or two.	20
Sydney	A few showers.	22

SUNRISE SUNSET

Today:

Sunrise 5:17 am Sunset 6:03 pm

Moonrise 6:35 pm Moonset 5:36 am

Tomorrow:

Sunrise 5:16 am Sunset 6:03 pm

Moonrise 7:28 pm Moonset 6:09 am

Rockhampton 31



Gladstone 28



Biloela 33

Bundaberg 28



Hervey Bay 27

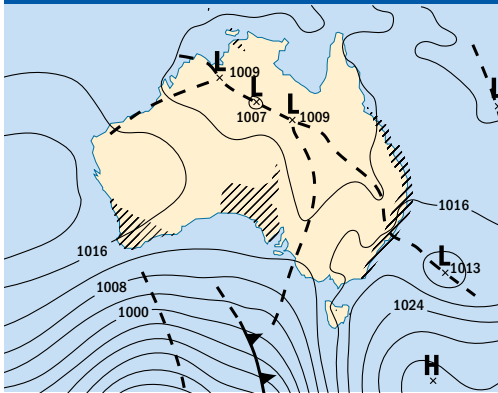
Gayndah 31

THE WORLD

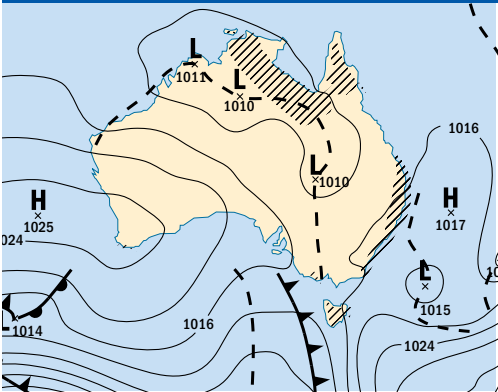
World conditions today

City	Weather	Max	Min
Athens	fine	22	11
Auckland	rain	19	13
Bangkok	storms	32	25
Beijing	fine	17	3
Berlin	showers	16	13
Christchurch	fine	14	4
Denpasar	cloudy	32	25
Dublin	sunny	11	7
Hong Kong	rain	27	20
Honolulu	showers	28	23
Jakarta	cloudy	31	25
Johannesburg	fine	23	14
Kuala Lumpur	storms	34	24
London	sunny	12	9
Los Angeles	fog	24	12
Madrid	sunny	21	13
Moscow	rain	4	1
New Delhi	fine	32	18
New York	sunny	23	13
Noumea	storms	26	22
Paris	showers	16	9
Auckland	rain	19	13
Port Vila	rain	30	22
Seoul	fine	14	5
Singapore	storms	34	24
Suva	showers	30	24
Tel Aviv	fine	26	20
Tokyo	fine	19	12
Vancouver	showers	16	9
Wellington	fine	16	6

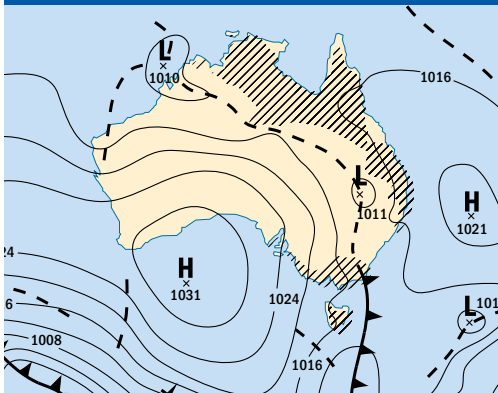
TODAY 10AM



TOMORROW 10AM



SATURDAY 10AM



Forecast Rain
24 hrs to 9am

1024
hectoPascal
(hPa)

trough

cold front
warm front



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12455964-SN31-20

General Notices

Public Notices and Event

Queensland Alumina Limited (QAL) would like to advise that McConnell Dowell Contracting will be conducting pipeline works across the South Trees inlet.

This will mean operating vessels in the waterway.

The pipework will be carried out as part of QAL's ongoing 5 Year Environmental strategy. 9.5km of pipeline is being upgraded. This important work will ensure our pipelines are safe well into the future.

It is expected that works will be ongoing from July – December 2021. The exact time and date will be dependent on favourable conditions.

We do not expect this to impact the surrounding community in anyway however if you have any questions or concerns about these activities we ask that you contact QAL on 1800 181 110.

12506155-JW31-21

Public Notices and Event



REMOVAL OF ABANDONED VEHICLE

Notice is given under Section 100(5) *Transport Operations (Road Use Management) Act 1995* for the following vehicle. If the vehicle listed in the schedule is not claimed by the owner in accordance with the provisions of Section 100(10) of the Act and all costs associated with such removal and storage paid within one (1) month, Council may auction such vehicle. Enquiries to Gladstone Regional Council on (07) 4970 0700.

SCHEDULE

1. Silver Subaru Liberty Sedan removed from Col Brown Avenue, Clinton (CSR 662803)

12518873-DL43-21

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12518823-NG41-21

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Announcements

Deaths

LARSEN, Merle Louise

Passed away peacefully at Edenvale Nursing Home, Friday 15th October 2021, aged 84 years.

Loving Wife of the late Alex Larsen. Loved sister of Valerie and Raymond (dec'd).

Well loved long term resident of South End.

In the care of



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"Gladstone's Local Funeral Home"

Condolences:

GladstoneValleyFunerals.com.au

12518826-BL43-21

Funeral Services

OLSEN, Rodney 'Rod'

Late of Gladstone formerly of Calliope and Gayndah Passed away peacefully on Sunday 17th October 2021, aged 76 years.

Loved Son, Brother, Uncle, Stepfather and Cousin.

Family and Friends are respectfully invited to attend Rod's Funeral Service at the Boyne Tannum Memorial Parklands Crematorium Chapel, Pioneer Drive Boyne Island, on Thursday 28th October 2021, at 1.00 pm.

Boyne Tannum
Funerals & Cremations
Ph: 4973 2002

Send condolence messages from
www.boynetannumfunerals.com.au

12518980-DL43-21

Funeral Directors

Gladstone Valley Funerals & Cremation Services

Although a Funeral Director can arrange many aspects of a funeral on your behalf, there are still some decisions that need to be made, as to the type of service you would like for yourself (in the case of Pre-Arrangement), or your loved one.

The type of service should always be relevant to, and reflect the life of the deceased. It can be as traditional as, as personal as, or as different as you wish.

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Fishing with Allstars Insalt's Joe McGuire



Dad Robbie Warren worming with children Grace and Zak on the ocean beach at Facing Island off Gladstone.



Steve Binney's 38cm Whiting.

Fishing for whiting is fun

Whiting fishing is a family exercise activity

If there's ever a fish the whole family can get involved in catching it's the mighty sand whiting. They don't often grace the front covers of magazines or take up too much of the lime-light because of their size, but they are great fun to catch and have got to be one of the best eating fish around.

From a fishing perspective - what they lack in size they make up in numbers as they travel around in large schools. They might be a smaller target species, but they really put up a great fight for their size. Even catching the bait for these fish can be an enjoyable family activity. Most children love being outdoors on the beach and up a creek catching beach worms and yabbies as these are the number one choice baits for whiting. How to catch videos are all over YouTube. Whiting can also be caught on prawn and cuts of squid.

Beach worms can be found on exposed ocean beaches towards the low tide areas where the surf rolls in.

Towing a fish frame tied to a rope or a stocking up and down a selected area in the shallow water gets the fish scent flowing and the worms pop their heads up as the whitewash from the waves recedes. Once you've identified your target worm, it's then a matter of getting down on your hands and knees with a small piece of fish flesh in one hand, gently and slowly placed in front of the worm to eat.

From here it's a matter of gradually slipping your fingers around the worm's body while the waves crash around you without spooking the worm.

Too much pressure and the worm is back under the sand and returned to hiding very quickly. Once the worm arches to rip the flesh off the bait pinch hard and pull upwards. Easier said than done, and worming pliers can be purchased to make the job easier. You must be patient and willing to get wet. Treat it like a day at the beach and everyone gets a swim and hopefully a worm or three.

Yabby beds can be found in estuary systems where there is a mixture of sand and mud. Look for sandy creek systems you can walk in without sinking up to your armpits in mud and go for a wander with the kids in tow. Just remember the bug spray to keep the sandflies and mozzies at bay. Yabby beds are easily identified by the thousands of tiny holes around 10mm in the sand. You'll find these yabby beds below the high tide mark on the flats and gen-



Zak Warren with a whiting at Facing Island off Gladstone.

erally away from the mass of larger mangroves

To catch yabbies all you need is a yabby pump and a bucket to store them in. But if you want to save yourself time sifting through the area of sand and mud you've sucked out then you might want a sieve.

With a sieve you can offload your yabby pump content into it, add some clear water from nearby to flush out the yabbies. However, if you've got kids with you then the sifting through the area of sandy mud you've sucked out and usually splattered all over them is the fun part.

In addition to listening to them giggle as they try to pick up the wriggling yabbies and place them in the bucket. The kids will soon learn to pick the yabbies up by the head just behind the nippers because they will grab hold

of stray fingers. I can still remember as a kid the first time a large male yabby drew blood with his oversized claw. And I can remember the strenuous workout as a young father of four kids keeping up with their overzealous screams wanting more yabbies pumped - it's a fantastic aerobic workout in the outdoors!

I recommend you only keep the larger yabbies and leave the smaller ones on the yabby beds to live and grow for another day. The yabbies will stay alive in half a bucket of water for a few hours if the water doesn't get too hot in the sun.

Whiting fishing is relatively inexpensive, because any 1000 - 3000 sized spin reel with light mono-filament on a lightweight rod with a soft taper around 7ft 2-6kg will do the job.

If you still have any old school Alvey reels,

then they work just as well.

Any line class up to 10lb is all that's required. Tackle required is a packet of long shank size 1-2 whiting hooks, some light sinkers, and a packet of swivels. I would advise purchasing a fish bag to carry over your shoulder. Not only can you store your fish but there is provision to carry your bait and tackle.

Where to find whiting? If you are on the surf beach, look for gutters, backwaters around rocks and sandbars.

If you have pumped yabbies in an estuary system, the whiting will eventually want to be around the same holes you pumped from so if you start on the first of the flood tide you can work your way up with the fish. Whiting push up in shallow water less than 1 ft deep. Whether you're on a beach, on the flats, or up an estuary, if the water is reasonably clear they can be easily spotted, and sight cast to. All you need is a set of polarized sunglasses and the sun behind you, just look for the reflective flash of sunlight off their bodies. The more flash the greater the school size. Whiting has good vision so try not to get too close or they will scare.

So, after reading this whiting fishing column I hope I've encouraged you to purchase some whiting fishing gear for your family and either head to your local waterway or get yourself organised ready for your next family holiday to catch your own fish and chips.

Just like Mangrove Jack, whiting grow larger towards the southern parts of Queensland with fish over 40cm often caught. The ALLSTARS INSALT Whiting winners have all come from the Southeast corner this year which is no surprise.

Attention keen skilled barramundi anglers - don't forget the Rocky Barra Bash fishing competition is on 27 to 31 October, just before the Queensland east coast saltwater barramundi season closure commences from 1 November.

ALLSTARS has months of competition still to occur and stories to share.

I have decades of fishing tips and will interview many successful commercial and recreational anglers to share their suggestions too.

As much as I like to write about fishing, I'd also like to hear from you. So please email me at info@allstarsinsalt.com.au to share your fishing trips, fishing tips, fishing stories and photos.

A day on the water is better than a day at work.



Jockey Nathan Evans and Bluindi enjoying the post-match winning feeling.

Huge crowd at race day

By Liam Emerton

The annual St Peter's Caulfield Cup race day brought in a massive crowd to Callaghan Park on Saturday afternoon.

Six races highlighted Rockhampton's biggest race day of the year with a combined \$92,000 on the line.

In the opening race of the day, Ollie's Stand, ridden by Chris Whiteley, jumped from barrier three and led from the outset - eventually taking out the 1600m race by 3.3 lengths.

Behind the four-year-old mare was Trust In Aloha and outsider Quidni which finished second and third respectively.

In race two, the Milne Bros Open Handicap 1050m, it looked like a repeat of race one as the on-odds favourite Tim Cook-jockeyed Sirfina raced away to a gapping lead.

Sprinting into the final stretch Sirfina looked all but certain to take out the second race but a sizzling run home by Shane Sigvart-trained and Adam Sewell-jockeyed Chezblack burned past Sirfina to take out the victory by half-a-length.

Sirfina still ran second while Jay Jay secured the third spot in a four-horse race.

The Happy 50th Birthday Leesa Olive Maiden Plate 1100m was up next, featuring nine competitors in action.

Favourite So Silent was out in front with 400 metres to go but after being neck-and-neck with Il Calzino for a long stretch both of those horses dropped off and the Nathan-Evans-ridden Bluindi shot up through the middle of the pack to take out the race with the longest winning margin (3.8 lengths) of the day.

The fourth race of the afternoon was the Oshen Apartments Yeppoon Qtis Three-Year-Old Handicap 1200m and it was set to be one of the tightest of the afternoon.

The top three odds-on favourites were all separated by just 40 cents on their starting price but it was \$17 outside Address Unknown



Alex Patis-ridden Agustawynd burns around the outside of the pack to take home the fourth race of the afternoon.



Nuremburg Castle and jockey Adam Sewell take the advantage from Mymill on the stretch.

which led the pack around the bend at Callaghan Park.

On the straight the middle tightened as Jungle Beat and Address Unknown battled for position, however steaming around the outside was the Alex Patis-ridden Agustawynd, which was more like a gale-force hurricane as it galloped away to take out the \$8,300 prize by 2.8 lengths..

Carly-Mae Pye Memorial Class 3 Handicap 1200m was the fifth race of the day and produced one of the bravest rides of the day.

Coming from dead-last, Peter Fleming-owned and \$15 outsider Nuremburg Castle won the tightest race of the day by just 0.4 of a length as roughies Mymill (\$31) and Heygeronimo (\$21) ran in second and third.

And finally in the last race of the day, The Rocks, Bar And Restaurant Yeppoon Open Handicap 1400m, red-hot favourite Only Wana Sing, ridden by Ashley Butler, held out all others to take out the final prize of the arvo.

Indernile fought hard in the straight to pounce on second place while Poetic Heart came in on second place.



Nathan Evans-jockeyed Bluindi leads the pack in the Happy 50th Birthday Leesa Olive Maiden Plate 1100m.

Bulls and Falcons fire in thrilling opening day's play

By Liam Emerton

The first round of the Capricorn Challenge got underway this weekend with Gracemere Bulls making their intentions very clear.

The 2020 Capricorn Challenge champions are eyeing off the 2021 title after a phenomenal start to the season, beating the Capricorn Coast Parkana by 67 runs.

The Bulls won the toss and elected to bat, which proved to be the right choice.

Openers Todd Harmsworth and Luke Johnstone made a quick-fire 58 runs before Harmsworth was knocked over on 39 runs by Ryan Walsh.

That brought Trent Acutt to the crease who enjoyed the best batting display of the opening round.

Acutt made an unbeaten 88 runs from 106 balls, staying out in the heat for over two hours.

Acutt knocked nine fours and one six, helping to take his Bulls to a strong total of 228 runs.

The Parkana's innings didn't start quite so well, losing wickets on 23, 24 and 29 before a solid partnership between Luke Nixon (31) and Ryan Brooks (17) gave the Yeppoon-based side some hope.

But the pressure of losing overs and several short partnerships later saw the Bulls bowl Cap Coast out for 161 runs.

That dominant win by the Bulls had helped them make a statement ahead of a long season.

In the second game of the weekend, the T20 grand final teams faced off, this time in the 40-over format.

Frenchville Falcons opened the batting in the match against Rockhampton Brothers, scoring 197 runs while only losing 5 wickets.

Lachlan Hartley was the main man for the Falcons, scoring 59 runs off 72 balls.

Although it wasn't all perfect for Frenchy who saw Jack Harris run out for a diamond duck (0 runs from 0 balls) in an incredible scene at Rockhampton Cricket Ground.

Brothers' chase started in the worst possible way, seeing their first four opening batsmen dismissed for under 10 runs.

Riley Connor (37) and Tim Reid (26) tried to manage a comeback for his side but Connor was eventually trapped in front and dismissed for LBW before Reid was caught out.

The remaining four batsmen were knocked over for a combined five runs as Brothers conceded 95 run loss.

The revenge would have been sweet for Frenchy who just last weekend took that tight loss in the 20-over grand final.

Callum McMahon was the Falcons' best with the ball, securing three scalps for nine runs from six overs.

That result for Frenchville has rocketed them to the top of the table with Gracemere Bulls closely following behind.

This weekend will be a week off for the local clubs as our representative sides take the pitch for the North Queensland championships.

Central Queensland will have an opens and under-21s side leading the charge with the full report featuring in Saturday's edition of CQ Today.



Gracemere's Trent Acutt made the perfect start to the Capricorn Challenge with an incredible 88* in the opening round.

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Tips to building pathways

In this weekend's edition of Let's Talk Sport, 4RO's **AARON STEVENS** and Gladstone Today's **LIAM EMERTON** talk representative sport, pathways, and of course horse racing!

CRICKET
We've got representative cricket underway on the weekend, how good is that to see?

Aaron: What an honor. It doesn't matter whether we're talking about under 6's playing for Central Queensland, playing State of Origin, or playing for Australia.

It's just a huge honor to be put on a jersey or a shirt of your local region and to be able to run out there and show off your true colours and be proud of where you live.

It's a great opportunity for Capricornia and Central Queensland to say c'mon Mackay, because we love that rivalry with Mackay no matter what sport it's in.

Liam: I was just about to chat about Mackay, they're obviously a pretty strong team but it is a massive rivalry.

They kind of think they're in Central Queensland but I think WE are Central Queensland. Rocky and Gladstone are the centre of Central Queensland.

It's going to be a good couple of games. We've got some players in really good form from the T20s.

I think the boys will be out there to prove themselves in forty-over cricket and hopefully we can get one over our rivals.

Aaron: It's quite incredible that rivalry stretches across so many sports. Basketball is a big one, rugby league when the Capras go up to play the Cutters or they come down here.

There's just a different taste in the water. Those local derbies that they have down in Sydney that are famous, this is the closest thing we have.

We've gotta go 400 kilometres down the road to face our closest rival and it is always passionate when Mackay and the Whitsundays, and Central Queensland do battle.

C'mon Central Queensland, two really good sides who have had some practice in the T20s and now it's time to get down to business.

WOMEN'S SOCCER
There was a huge two-day carnival for women's soccer down at Boyne Tannum this week. Isn't it great to see the ladies' game evolving?

Aaron: I feel a bit sorry for soccer because soccer, for a long, long time, provided the pathway for women all the way through from juniors to senior women.

And now you've got the likes of cricket, rugby league, Aussie rules and rugby union starting to step on their toes a bit...haha.

They've cut up the pie and I think soccer realises that they need to turn on events like this, the first one of its type, to encourage women to continue playing the game.

You remember when we were kids, I'm a little bit a head of you, but you played a winter code and you played cricket in the summer.

So when you didn't play those you played something for your school, women mainly played netball and men played soccer, union, league or AFL.

And that just doesn't happen any more. One reason is the price, because parents have to shell out for four or five different sports for



The Girls United soccer carnival brought out some concerns from Aaron and Liam about pathways in local sport this week. 254837 Picture: RAFAEL PHOTOGRAPHY/FOOTBALL QUEENSLAND

their kids and it is a lot of money to pay. And the kids don't really get let off either. We spoke recently about how the rugby league season finishes and you're back into training for the next season.

The pie is cut up more than it ever was and like I said I feel a bit sorry for soccer because they provided that pathway for women for 30,40, 50 years and now there's other challenges too.

They need these competitions and introduce them to girls at a young age to help keep them all the way through.

Liam: Well that's it, and is it also with soccer that the pathway just stops once you reach seniors.

With other sports, like women's rugby league you've got the Capras.

Soccer needs to make that next step. We've had a couple of games for CQ but we need an NPL-like competition up north to help develop our players up here.

Maybe that would get more people involved having that high level there.

Where's the opportunity for our ladies to go into the A League? They have to move down south.

Maybe we need to look into that. It has to be a collaborative effort. Once a month we could go out to Mackay, to Townsville.

Like what the men in cricket are doing right now, that's what we need to start doing across the board.

We have some very talented ladies. Both Gladstone teams, Clinton and Central are both phenomenal to watch.

We had 70 goals for two different players,

that tells you the quality we have here. There's plenty of quality and we could have a team in that area but it's about the practicality of it and you need support behind it.

Aaron: My wife played soccer for 20 years. She's a Bluebirds girl, and won the grand final in 2001.

And I know from experience how popular the girls' game is here in CQ in particular.

Let's boost our pathways for our girls and make sure that there is the opportunity all the way through to the women's A League.

Once again, going back to it, soccer was the sport that women could play.

Now that pie has been cut up once again hasn't it.

Liam: Certainly, and I'm in the same conversation about this topic with netballers at the moment because we've seen Netball Queensland essentially pulled out of the regional areas.

There's no pathways right now. It's very hard for a player in any sport around Central Queensland to move on to the bigger competitions unless they move down south.

And that's so true for any sport and that's why the Redcliffe expansion is so important for our footballers.

But what about our soccer players, netballers, all these players need to play a higher level if they can get there.

It would be interesting to see if we can build pathways for all sports and not just soccer.

HORSE RACING
Back on track, quite literally, Callaghan Park was pumping on Saturday afternoon, it was packed to the rafters, what a spectacle! What a show!



Liam had his eye out for a winner at Callaghan Park.



Central Queensland will be back in action at Rockhampton this weekend.

Aaron: Did you have a win though?
Liam: I can guarantee you. I looked at one of the horses. It was race three and I told my mates down south in Penrith, this horse Blueindi, it looks ready to go.

And it won. So I am very proud of myself for being able to tip one.

The next two tips were absolute rubbish but that's alright I tipped the first one when I was there.

But what an amazing day. I was down there from race two to race five, there was an electric atmosphere

Aaron: On Saturday during the Sideline View I spoke with Ian Mill the CEO of the RJC, it was his first major event since coming into the role.

He said he has all the right people. The RJC have got this and they are prepared for a event like that.

And few places do it better. They just do a great job.

We're coming into the biggest racing time of the year as we prepared for the Spring carnival with the Melbourne Cup on the way.

You just know that if you're heading out to Callaghan Park you're going to have a damn good time and just hopefully you can tip a horse on the track.

Sounds like we're calling Liam for our tips from now on.

Liam: No definitely not, please don't call me for tips, I will lose you money.

But thanks again Aaron, it is always a pleasure talking to you and I look forward to chatting again on Saturday afternoon with the Sideline View.

Aaron: Thanks mate.



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Keppel knocks over Curtis

The Keppel zone men's and Ladies' pennant team, finishing with a total of 15.5 wins, has won back-to-back Zone pennant titles from the Curtis zone.

On Sunday at the Boyne Island Golf Club, scores started to come in and the Curtis zone came within one point of winning the event which made it an exciting finish to one of Golf Central Queensland most popular events.

Keppel wins in division one were: Tim McMasters 1 up over Scott Gibbs, Rowan Coombes 2 and 1 over Matt Crosley, Trevor Tougher squared with Russell Hartley.

The Curtis zone winners were: Dylan parish 3 and 2 over Richie Pershouse, Adam Mollis 3 and 2 over Greg Black.

The Curtis division two proved too strong for Keppel winning 5 points to 2.

Winners for Curtis were: Chuck Miles 3 and 2 over Jeff Ingles, Brendan Bechmann 1 up over Steve Wallace, Hayden Armstrong 3 and 2 over Jim Wilson, Brett Baartz 7 and 5 over Jay Richens with Blaise Ramsay squaring his match with Russell Coombes as did Terry Arstall with Andrew Winter.

In division three, Keppel recorded 4.5 points against Curtis' 2.5 points.

With Les Berryman winning 3 and 2 over Jason Winnerr, Tim Williams 9 and 8 over George Nukumuku, Tom Knukle 4 and 3 over Nic Simeon, Dave Batts 6 and 4 over Brian Mappelson,

Allan Hunt squared his match with Scott Baartz, for Curtis Shane Kitching 6 and 5 over Harry Buchholz, Shaun Tossell 7 and 6 over Gus Horsemann.

This was the first time that a ladies division took part in this competition with them all expressing their joy of being able to be part of the Keppel and Curtis teams, Keppel ladies scored 4.5 points wins over Curtis 2.5 points.

With Caitlyn Cox scoring a 5 and 4 win over



The Keppel Zone golf squad with the Gurney Clamp shield.

Tracey Green as did Keri Wilson against Shirley Clark, Nadine Battilana 3 and 2 over Denis Busteed, Alicia Perkins 1 up over Julie Spencer with Michelle Mc Namara squaring her match against Kaye Cooper.

Curtis wins went to Brenda Phillips 1 up over Jan Farquhar and Liz Price 5 and 4 over Leonie Green.

KEPPEL PENNANTS 2021-2022

The Keppel zone pennants 2021 – 2022 season will get under on Sunday 31. October when 2021 pennant champions Rockhampton will come up against runners up Yeppoon with the latter confident of scoring a first-round win thanks to a home course advantage.

As will Emu Park when they come up against North Rockhampton on their challenging home course.

NORTH ROCKHAMPTON GOLF

Single Stroke

- Sponsor: Kev Young and Bevan Bolck
- Men's Winner: David Vavryn 66
- Runner Up: John Conway (OCB) 66
- Third: Brad Marshall 67
- Fourth: Des Jackson (OCB) 67
- Fifth: Kyle Smyth (OCB) 67
- Ladies' Winner: Sarah Lacey 68
- Ladies' Runner Up: Janet Gull 69



Trevor Tougher (Keppel Captain) and Dylan Parish (Curtis Captain) with the Gurney Clamp Shield.



The Curtis Zone golf team.

Run Down

Ryan Mills 68, Deb Carige 69, Ross Smart 69, Carmel Stewart 70, Seb Kilpatrick-Brazier 69, Alan Sharp 70, Ian Learmont 69, Ray Odd 70, Robert Bettridge 69, Bevan Bolck 71, Lakepa Buadromo 69, Paul Conway 71, Pin Shots

- Men Division 1: Kyle Smyth
- Men Division 2: Keith Pidgeon
- Ladies: Gayle Jackson
- All In: Wally Flynn

Notices

Saturday 2 October – Monthly Medal Blue Markers sponsored by Kawana Panel and Paint

CQ to take on arch-rivals

By Liam Emerton

There is plenty of cricket action this week in and around the Central Queensland region.

That includes the third round of the Gladstone seniors T20 competition with four games looking to go ahead this weekend.

After winning their opening two games of the season the Calliope Roosters will take on BITS Saints.

The Roosters have been red hot so far and that's in part to Mitchell Jones who put together an incredible knock of 104 not out on Sunday.

Jones' century alone would have been enough to defeat Yarella White but combined with his teammates the Calliope side made 147, which was too much for Yarella to handle.

The Saints have split their wins this season, scoring a victory in the first round before falling to Calliope Blue in round two.

The Saints and Roosters will face off in

Calliope this weekend with the home side looking to continue their undefeated streak.

Fresh off an in-house derby victory, BITS Coltz will be ready to gallop towards the top of the table.

But they face stiff opposition this weekend when they match up against Yaralla Red.

Speaking of tough competition, The Glen will play their third match of the season when they take on Yaralla White.

Yaralla White is yet to taste victory this season and will have to be on their A-game when they take on a side hungry for another win.

In representative cricket, Gladstone's best will partner with the rest of Central Queensland this weekend to challenge Mackay-Whitsundays in Rockhampton.

Our Gladstone stars, David Heymer and Harrison Rideout will have their first taste of red-ball cricket when they represent Central Queensland.



The CQ Seamers will be back in action this weekend.

Heymer will be deployed as our wicket-keeper as well as one of our most experienced batsmen for the Seamers while Rideout will bring his energy and enthusiasm to our bowling unit.

The full selected CQ team is below:

- David Heymer (wk) - Gladstone
- Todd Harmsworth (vc) - Rockhampton
- Matt Hicks - Central Highlands
- Joe McGahan (c) - Rockhampton
- Brent Hartley - Rockhampton
- Cameron Keene - Central Highlands
- Luke Johnstone - Rockhampton
- Callum McMahon - Rockhampton
- Travis Applewaite - Rockhampton
- Will Barwick - Rockhampton
- Harrison Rideout - Gladstone
- Logan Whitfield - Rockhampton

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The participants from the first-ever Girls United social soccer carnival. 254777

Picture: RAFAEL PHOTOGRAPHY/FOOTBALL QUEENSLAND

Soccer sees Girls United

By Liam Emerton

Women's soccer is forever growing in Central Queensland and on the weekend the Gladstone region welcomed a new carnival to expand the game's reach.

The Boyne Island Tannum Sands (BITS) Sharks were the host of the first-ever 'Girls United', a two-day social carnival made for just ladies backed by Football Queensland and the Gladstone Regional Council.

Teams from Tannum, Gladstone, Rockhampton, Biloela/Callide and Hervey Bay descended on Boyne Island for two action-packed days of soccer.

The idea behind Girls United is to attract new players into the women's soccer scene while also maintaining the interest of those who played this year but are currently in the off-season.

BITS Sharks management president Jeff

Wells said it was a terrific weekend and he's already looking forward to the next one.

"It was fantastic to see all the ladies down there," he said.

"Even though it was advertised a bit late in the season we had a great turnout.

"It was the inaugural event and we're hoping to make it bigger and better each year.

"Football Queensland has given us the assurances that we will host it here again next year.

"We're hoping that, because it's on the yearly calendar now, we can stream it into some local promotion now.

"Perhaps get some local businesses involved like motels, restaurants because it is overnight.

"Hopefully that would attract more people to come to our region and make it bigger and better."

That 'bigger and better' is a bit of an understatement with Wells and the team hoping to double or even triple the attendance for the 2022 event.

Coming off the back of the first-ever CQ Premier League women's competition, the pathways for our ladies have never been stronger.

Our talent pool in the women's game is very strong and will continue to grow with annual events like Girls United and the Frenchville 6-a-side competition.

Wells said the club is going through the process of making the carnival run as smooth as possible.

"It really is more of a celebration of women's football which is growing every year," he said.

"Leading into the women's World Cup in 2023 hosted here in Australia.

"We've had some really positive feedback

from the people who were there.

"We're sitting down and doing a review of the process with Football Queensland and Football Queensland Central."

Wells was also extremely thankful for those who participated and volunteered at the first-ever Girls United carnival and for making it a wonderful first outing.

"From a personal perspective I'd really just like to thank all those who traveled and came to the region," he said.

"They all had big smiles, they brought their marquees, they flew their colours for their club.

"It was really great to see. This thing doesn't just come together. There were lots of volunteer hours and everything that went into it.

"A big thanks to Robyn and Monica who ran the canteen all day, on both days.

"And all the support that goes around that was fantastic."

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