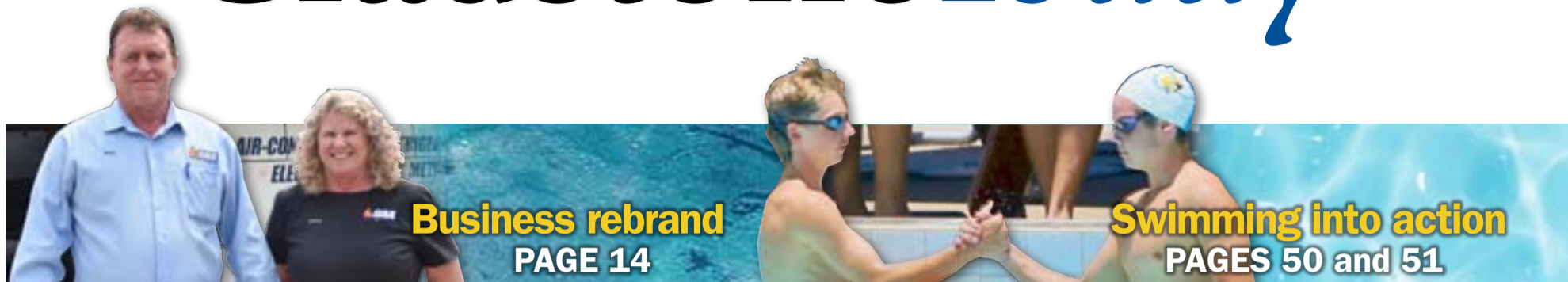


# GladstoneToday



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## Pat smells a RAT with 'free' offer

Gladstone chemist shelves are reportedly bare of sought after rapid antigen tests.

More than six million Australians who have a concession card will be eligible for 10 free rapid tests at pharmacies throughout a three-month period. But concession card holder Pat Timm says 'nobody that she knew of' had been able to access RAT tests locally.

Turn to page 2 for the full story

## Festival is cancelled

The 2022 Agnes Blues, Roots & Rock Festival has been cancelled. Organisers made the call last Friday after much deliberation.

"This was not an easy decision to make, there is plenty of disappointment and frustration from the team who work tirelessly behind the scenes, however the health and safety of patrons, performers, stallholders, volunteers and the community must always take precedence," the team said.

Full story page 12

## Aussie Day action!

The Turkey Beach Progress Association held an Australia Day Breakfast on 26 January, with Aussie attractions including a barbecue breakfast, costume judging, thong

throwing, cow pat throwing, colouring competitions and a cricket match.

Turn to pages 10 and 11 for more photos



Tyler Heap competes in the thong throwing at the Turkey Beach Progress Association Australia Day Breakfast.

Picture: MIKE RICHARDS

# Staff burnout risk

By Eilish Massie

Staff is at risk of burnout at Gladstone Hospital as Covid cases continue to surge across Australia.

With ever-increasing demand, a Gladstone Hospital nurse said staff were becoming burnt out as they've been on the front lines of the Covid-19 response.

The nurse, who wanted to remain anonymous, said while staff were doing their best to combat the pressure across the public and private health systems, they were feeling stretched to the limit.

"The team here is amazing, we are working and taking care of each other so well but burnout is on the rise," she said.

A Central Queensland Hospital and Health

Service spokesman confirmed the hospital's workforce was being affected by staff becoming infected with Covid-19.

"CQ Health staff have been putting in an extraordinary effort to ensure our patients are safe and well cared for. It is an unprecedented time for us all and extremely busy," the spokesman said.

"Our workforce is being affected by staff

becoming infected with Covid-19, as any other workforce is.

"We are reviewing how this is impacting on services daily and redeploying to assist critical workforce issues where and when needed."

The nurse, 23, confirmed CQHHS did not make staff come in on their sick days.

Full story page 4

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## The editor's desk

I think the Wiggles winning Triple J's Hottest 100 on the weekend was the ultimate testament of my generation's love for their childhood.

I certainly thought Stay by Kid Lari and Justin Bieber would take it out, but was stoked when the Wiggle's Like A Version cover of Tame Impala's hit 'Elephant' was number one.

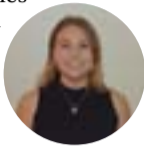
They actually made triple j's Hottest 100 history by winning. It was the first time an artist or group topped the countdown with a cover of a song.

This means The Wiggles were the first artist in 28 years to make their debut at the top spot of the list.

How's that aye? I still remember having my eyes glued to the TV as a kid when the original Wiggles sang Fruit Salad. Life was a bit more simple then.

My favourite Wiggle will always be Greg.

- Eilish Massie



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Concession card holder Pat Timm can't find RAT tests anywhere.

# Pat smells a RAT

By Matthew Pearce and AAP

Monday, 24 January, marked the beginning of the rollout of free rapid antigen (RAT) tests to concession card holders across the country - but Gladstone chemist shelves are reportedly bare of the sought after items.

More than six million Australians who have a concession card will be eligible for 10 free rapid tests at pharmacies throughout a three-month period, with a limit of five in one month.

Concession card holder Pat Timm, who has lived in Gladstone for 47 years, said 'nobody that she knew of' had been able to access RAT tests locally.

"Anyone that I've spoken to hasn't been able to get any tests at all for the last couple of weeks," she said.

"My local chemist doesn't have any and nor does the nearest one to them. I was told there was none available in town and they didn't know when they were coming so I've stopped looking."

A staff member from Chemist warehouse in Clinton confirmed the store had no RAT tests in stock. He said more were on the way but it was uncertain when they would arrive.

Ms Timm said she had seen Treasurer Josh Frydenberg speaking on the news about how RAT tests were now free for concession card holders.

"Even though they're free, if you can't get them there's no point. It only works when you can get them in your hand and use them when you need to."

"It's absolutely useless them being free when you can't buy them anywhere or obtain them anywhere."

She said if people suspected they had Covid and couldn't access a test, their best option would be "just go home and stay there and avoid other people".

ALP candidate for Gladstone Matt Burnett said concession card holders 'absolutely' needed access to free rapid antigen tests.

"But so does everyone. The fact is, no-one can get access to any," he said.

"The LNP have dropped the ball on this, right from the start. RAT tests should be free and readily available for everyone."

"It's the same story I've heard from locals right across Central Queensland, from Emerald to Biloela to Gracemere, it's just not good enough."

Labour leader Anthony Albanese said the government ordered rapid tests too late, and then sought to shift the blame.

"They got their ads ready before they ordered the tests. Something that characterises



Chemist Warehouse in Clinton's shelves are bare of RAT tests.

this government is it sits back, waits for something to become a crisis then it blames others for the problem," he told the ABC.

Pharmacy Guild of Australia president Trent Twomey said supply shortages of RAT tests meant the rollout had been significantly impacted.

"There are 6000 community pharmacies in Australia and 804 pharmacies went live this morning," he said on Monday.

"The majority will simply not be going live."

Mr Twomey said 13 million tests were due to arrive in the next week and 22 million in the first three weeks of February just for pharmacies.

Health Minister Greg Hunt said the hoarding of rapid tests had contributed to the widespread supply issues across the country, but

indicated there would be enough stock for pharmacists.

However, he warned retailers who were price gouging tests would be targeted by the consumer watchdog.

"There were clear cases where there had been some hoarding, unfortunately it does include people that were scooping up to resell at inflated prices," he said.

Ms Timm said the Federal Government needed to 'get their act together'.

"You bring in the rapid antigen tests to replace the clinical test and when you don't have enough tests available for the people. Scott Morrison, get your act together."

Tuesday, 25 January, marked two years since the first case of Covid-19 was detected in Australia.

# Owners on rates notice

By Eilish Massie

Gladstone Regional Council has given 70 property owners three months to stump up the cash on overdue rates or risk having their homes sold.

In a general meeting on 18 January, councillors were informed of a total loss in revenue amounting \$1,018,560.83 was owed in overdue rates and charges as at 5 January 2022.

Although the council's threat to sell these

properties may seem harsh, Section 140(2) of the Local Government Regulation 2012 enables Council to resolve to sell land for recovery of overdue rates or charges where rates or charges have been overdue in excess of three years, or where default judgment has been obtained for vacant or commercial properties.

"If the overdue rates or charges are not paid within three months of the notice, Council may within six months of giving notices of intention to sell, start the procedures for sell-

ing the land by auction under section 142," the notice read.

"Section 141 requires that overdue rates and charges must be paid in full in order for sale procedures to be stopped."

The properties with overdue rates are a mixture of land use types, including commercial, residential and vacant land.

Councillor Chris Trevor moved the motion, and said it was the owner's responsibility to pay their rates.

"As we all know it is our duty in life to pay our rates, it's unfair on other ratepayers who do pay to see others not paying their rates," he said.

"I have a very strong opinion on this."

In a council report, it was revealed this year's number of properties decreased by 148 properties in comparison to the 2020/21 financial year.

It is anticipated that sale of land proceedings with respect to this resolution will be completed by 30 June 2022.

## Gladstone florist honoured with national wedding gong

At a virtual awards ceremony in January a local floral designer won the Australian Wedding Awards' 2021 Wedding Florist category, a huge coup for the team who work solely with permanent botanicals.

"We are in shock," Ginger Says Owner Michelle Wilson said of taking out Australia's largest regional wedding awards program.

"We were excited to be nominated, and hoped to make it into the Top 10, so to win is absolutely amazing.

"Our aim is for our floral creations to look as realistic as possible, so this award tells me we are doing our job right, and breaking the stigma around artificial flowers." With 80 bookings already for permanent botanical weddings in 2022, Michelle said the demand for artificial wedding flowers was only increasing.

"Permanent botanicals have lots of advantages over traditional live floral arrangements," she said.

"The beautiful couple has control over exactly how the flowers are going to look, nothing is out of season and any colour option is possible."

"The biggest advantage though at the moment is the convenience, with the flowers lasting and being able to be stored if a wedding has to be postponed; nothing is lost." Michelle said her team's attention to detail and styling had been a major strength they have focused on for the past five years.

"We've invested a lot of time in training and perfecting our techniques, learning what works when using permanent botanicals, which are very different to live flowers," she said. "Our number one priority is for every bride to adore their flowers, so we spend a lot of time going back and forth working on tones, and making sure it's cohesive to nail their vision."

Ginger Says received automatic entry into the 2021 Australian Wedding Awards after taking out the Capricorn & Central Queensland 2021 Brides Choice Awards.

While those awards were decided by popular vote, the Australian Wedding Awards were determined by a judging panel after a rigorous review process.

Michelle said she would like to thank the Australian Wedding Awards Team for the recognition.

"We are very grateful and humbled by our win; thank you also to my team, Emma and Lanie, this award would not be possible without all your hard work," she said. "I would also like to thank all the brides who have trusted us with their wedding vision over the years.

"It has been an honour to play a part in making their weddings as special as possible."

For more information on Ginger Says visit [www.gingersays.com.au](http://www.gingersays.com.au), and follow them on Facebook and Instagram for wedding flower inspiration.



Ginger Says Owner Michelle Wilson recently won Australia's largest regional wedding awards program. Pictures: LOVELENSCAPES PHOTOGRAPHY



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# Hospital staff feel at risk

By Eilish Massie

Staff burnout is on the rise at Gladstone Hospital as Covid cases continue to surge across Australia.

With ever-increasing demand, a Gladstone Hospital nurse said staff were becoming burnt out as they continue to navigate through the Covid-19 response.

Since 23 December 2021 until now, the Gladstone Region has recorded 1255 confirmed Covid cases.

As of Tuesday, 61 new cases were recorded in Gladstone, 128 in Rockhampton, 44 in Livingstone, three in Central Highlands, one in Woorabinda and 10 in Banana, with 14 Covid patients in Rockhampton Hospital in a stable condition.

The nurse, who wanted to remain anonymous, said while staff were doing their best to combat the pressure across the public and private health systems, they were feeling stretched to the limit.

“It’s happening here,” she said.  
“The team here is amazing, we are working and taking care of each other so well but burnout is on the rise.”

A Central Queensland Hospital and Health Service spokesman confirmed the hospital’s workforce was being affected by staff becoming infected with Covid-19.

“CQ Health staff have been putting in an extraordinary effort to ensure our patients are safe and well cared for. It is an unprecedented time for us all and extremely busy,” the spokesman said.

The spokesman confirmed CQHHS had reduced non-critical services to allow for deployment of staff in more critical areas; however more staff would be available in Gladstone soon.

“We have undertaken a significant recruitment campaign to bring on more staff,” he said.

The CQHHS spokesman said staff who were Covid positive were required to isolate at home as per the Chief Health Officer directions.

“Our workforce is being affected by staff becoming infected with Covid-19, as any other workforce is,” he said.

“We are reviewing how this is impacting on services daily and redeploying to assist critical workforce issues where and when needed.

“In high impact areas such as fever clinics we have made improvements to staff’s work hours and their conditions to reduce exposure to heat, keep them cool and keep them hydrated.”

The nurse, 23, confirmed CQHHS did not make staff come in on their sick days.

“Obviously if we are symptomatic, we are required to go home and not come to work until we know we are Covid negative,” she said.

“With that in mind, and us becoming run down, a few of us are required to take a day or so off.”

The nurse said the team at Gladstone Hospital were doing everything they could to help staff.

“Everyone might have different experiences but realistically in this climate our team and leaders are doing an amazing job,” she said.

“Super understanding and supportive but it might be due to the small hospital things.”

CQHHS said they appreciated the amazing effort of their staff right across CQ Health. “Members of the public can play their part in minimising the spread of Covid-19 by keeping their vaccination up to date including a booster when it’s due, maintaining social distancing and staying home where possible and keeping good hand hygiene,” he said.



Gladstone Hospital.



## Healthy habitat: Fish tracked in new GPC initiative

Black jewfish in Gladstone’s waterways are being tagged and tracked, to help gather information for important marine research.

Gladstone Ports Corporation’s (GPC) team are assisting with the deployment, download and retrieval of data from two receivers, as part of the project.

It’s all part of a collaboration between James Cook University (JCU), the Queensland Department of Agriculture and Fisheries (DAF), the Australian Institute of Marine science (AIMS), and CQUniversity (CQU).

GPC’s data will provide researchers with important information about the species, including a timeline of movements, residency, aggregation behaviour and habitat use.

The tagged fish are detected by acoustic receivers deployed in waters along the Queensland coast including in Gladstone - a key region for the project.

Fisheries Queensland Executive Director Dallas Dsilva said the research being done in GPC’s project would complement work already underway to help protect the sustainability of black jewfish.

“We know black jewfish are vulnerable to overfishing and stock collapses have been previously documented in Australia and overseas,” Mr Dsilva said.

“That is why in May 2019 the Queensland Government introduced a total allowable catch limit for black jewfish, and, in 2020, Queensland Government scientists commenced a three-year priority research project to better understand stocks and manage the species.

“Data from these projects will provide crucial information to guide future management actions to help protect the sustainability of black jewfish, and support the Sustainable Fisheries Strategy’s aim to ensure healthy fish stocks to support thousands of Queensland jobs.”

Chief Operating Officer Craig Walker said GPC is proud to be part of the project with its environmental team deploying two acoustic receivers in the port.

“Our environment team will then download the data which will assist DAF with any management strategies for black jewfish

outlined under Queensland’s Sustainable Fisheries Strategy,” Mr Walker said.

“Economic, environmental and social sustainability underpin everything we do at our port,” he said.

“This project by JCU, DAF, AIMS and CQU is another opportunity for GPC to rise to the occasion and contribute to important research from the data our team collects,”

“It’s also a win-win for us to continue to care for Gladstone’s Big 6.”

Member for Gladstone and Minister for Regional Development and Manufacturing, Minister for Water, Glenn Butcher, said local waterways have long been the home to critical marine information and this project is no different.

“We know that Gladstone is home to a range of Queensland’s beautiful flora and fauna, so it is vital that GPC and the State Government do what we can to assist in the research, tracking and preservation of our natural wonders.”

“I applaud GPC, JCU, DAF, AIMS and CQU for their efforts in this project,” Mr Butcher

said. The receivers will form part of a larger coastal array of more than 150 receivers in coastal waters. The tags come with long life expectancy and will provide a long term method to monitor the species.

JCU Researcher Adam Barnett said Port areas were key habitats for jewfish and the research would give important insight into jewfish movements.

“The assistance of GPC in maintaining receivers provides infrastructure in determining both local habitat use patterns and larger scale migrations along the Queensland Coast,” Mr Barnett said.

“It will help us determine connectivity between other jewfish hotspots such as Yepoon and Mackay,” Dr Barnett said.

CQU Research Fellow Dr Nicole Flint said the Gladstone Harbour provided important habitats for many economically and ecologically important fish species.

“The data obtained from these receivers will improve knowledge of black jewfish movements and activity in and around the harbour.”

# EOI 'next step' for project

Gladstone Area Water Board (GAWB) has released the Fitzroy to Gladstone Pipeline construction Expression of Interest via QTenders.

The release of the EOI is the next step in pre-construction activities for the project, which are being delivered by GAWB as the pre-construction Delivery Management Proponent appointed by the Department of Regional Development, Manufacturing and Water in August 2021.

Minister for Regional Development and Manufacturing, Minister for Water and Member for Gladstone, Glenn Butcher, said local businesses will be given every opportunity to be awarded work, during the project.

"This pipeline is about securing Gladstone's future and that encapsulates boosting business and getting people into work, during the construction phase."

GAWB Chief Executive Officer Darren Barlow said the project is vital to secure Gladstone's long-term water security and will require an experienced construction delivery team to ensure the project's success.

"The Fitzroy to Gladstone Pipeline project is an important piece of the puzzle in securing Gladstone's economic and industrial future and has the potential to provide water for the emerging hydrogen industry in the region," Mr Barlow said. "Should the Queensland Government decide to proceed to construction, a decision that is during early 2022, the project will need the right people on the job, working collaboratively to deliver the project to schedule, to budget and in a way that benefits the local community."

"We're committed to engaging with the market to source the best parties through a competitive EOI process and early contractor involvement, so we're ready to hit the ground running once approval is given by the government."

GAWB's pre-construction contracting strat-



GAWB Chair Maxine Brushes and CEO Darren Barlow

egy includes partnering with local suppliers and obtaining local services where practicable to deliver tangible benefits to the Gladstone region such as jobs, supply contracts and local capability raising. Local suppliers were invited

to an information forum, about the project, on Wednesday 19 January.

Anyone who missed out and is interested in finding out more about the Fitzroy to Gladstone Pipeline project is encouraged to submit

enquiries to the project team via [fgpenquiries@gawb.qld.gov.au](mailto:fgpenquiries@gawb.qld.gov.au)

A decision will be made by the Queensland Government on whether to proceed to construction of the pipeline during 2022.

## Jump in native hawkmoths

Visitors and staff at Heron Island may notice an increase in numbers of the Australian native hawkmoths and hawkmoth caterpillars on the island over the next few weeks.

Rangers from the Queensland Parks and Wildlife Service (QPWS) are tracking a natural phenomenon in Capricornia Cays National Park, during which hawkmoth numbers increase for a short period of time.

Following recent steady rain in the area, the hawkmoth larvae drop from the Pisonia trees which grow in the park.

This, combined with the annual seabird nesting season which increases the amount of A lizard on a tree branch

Visitors and staff may also notice a dropping of leaves from the Pisonia forests; however, this is also part of a natural process, and the trees will regenerate.

Native hawkmoths are protected and play an important role in cycling nutrients within the national park by increasing turnover rates of the high-nutrient environment.

QPWS tracks the occurrence of these outbreaks under the QPWS Island Watch and Health Check systems.

See all current QPWS Park Alerts here: [parks.des.qld.gov.au/park-alerts](https://parks.des.qld.gov.au/park-alerts)



## Views sought on rural news

A NEW online survey is seeking views on how Australians' living in regional, rural or remote areas access news as part of a Federal parliamentary inquiry into Australia's regional newspapers.

The House of Representatives Standing Committee on Communications and the Arts Chair Dr Anne Webster MP said: "Over the past ten years news outlets in rural, regional and remote communities have closed their doors which has resulted in a substantial reduction of articles covering local issues".

"It is important that we listen to our communities about what's important to them."

"This survey provides an opportunity for these communities to express their views on whether the loss of their regional voice has directly affected them."

"I encourage anyone who lives in Australia's regional, rural or remote areas to participate in the online survey."

The survey is open until February 11 and takes less than 10 minutes to complete.



## Paint the Port 2022

### REGISTRATIONS ARE NOW OPEN

Gladstone Ports Corporation is calling for artwork entries to the annual Paint the Port art competition and exhibition.

To register, visit [gpcl.com.au/paint-the-port](https://gpcl.com.au/paint-the-port).

Online registrations close 4pm, Friday 11 March 2022.  
Artwork due Friday 18 March and Saturday 19 March 2022.

### EXHIBITION

30 March to 22 April 2022

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Timothy Fowler recieved the Sports Official Award. Picture: PETER DAVIS PHOTOGRAPHY



Chelsea Elvery recieved the Arts and Culture Award. Picture: PETER DAVIS PHOTOGRAPHY



Amber Rodgers.



Paul Eyre.

# Meet our award winners

Gladstone Regional Council has announced winners from the 2022 Australia Day Awards, held during the evening of Tuesday 25 January at the Gladstone Entertainment Convention Centre.

Seven categories were awarded at the ceremony including Citizen of the Year, Young Citizen of the Year, Arts and Culture Award, Young Sportsperson Award, Sports Official Award, Community Event or Initiative Award and the Community Volunteer Award.

Amber Rodgers took out the Citizen of the Year award for her dedicated in promoting tourism, particularly in Agnes Water and 1770.

Aaron Yea took out the Young Citizen of the Year award, Chelsea Elvery won the Arts and Culture Award, Samarah Littlemore won Young Sportsperson award, Timothy Fowler won Sports Official Award, Paul Eyre-Thompson (Thommo) won Community Volunteer Award and the 2021 Agnes Blues, Roots and Rock Festival took out the Community Event or Initiative award.

Gladstone Region Mayor Matt Burnett congratulated all Award winners and nominees.

“My sincere thanks go to all winners and nominees in each category for everything they have contributed towards the Gladstone Region,” Councillor Burnett said.

“These Awards recognise and reward members of the local community who have a consistent record of excellence, have made outstanding achievements in their field, and/or have contributed significantly to the growth and development of sport, community events, arts and cultural life in the region.

“I know all winners and nominees have a lot of pride in our community and consistently strive to make the Gladstone Region a better place.

“I also want to thank those who took the time to nominate a person or event for 2022 Australia Day Awards so as a Council we can shine more light on some of the fantastic work being undertaken in our community.”

## Meet the winners:

### Citizen of the Year – Amber Rodgers

Amber has been president of the volunteer organisation Discovery Coast Tourism & Commerce (DCTC) since 2016. She is knowledgeable, capable, caring and hard working. She goes above and beyond what anyone would expect a volunteer president to do, putting in many hours a week. Amber is also a driving force behind the 1770 Festival and the Agnes Blues, Roots & Rock Festival.

- Nominees included: Laurence Lynch, Lottie Peno, Evan Thomas, Alana ‘Tink’ McMullen and Judith Crabtree.

### Young Citizen of the Year – Aaron Yea

Aaron is currently Gladstone Regional Council’s Saiki Sister City Committee representative, and a proud member of the Gladstone Region Youth Council. Aaron relocated to the



Young Citizen of the Year Aaron Yea cuts the cake with Gladstone Regional Mayor Matt Burnett. Picture: PETER DAVIS PHOTOGRAPHY

Gladstone Region when he was 12 and now calls Tannum Sands home. Aaron’s motivation to pursue a position on the Gladstone Region Youth Council comes from his desire to give back to the community through volunteering. Aaron also has a strong interest in the history behind local politics and understanding local government.

- Nominees included: Ebony Smith.

### Arts and Culture Award – Chelsea Elvery

Chelsea’s contribution to the Gladstone Eisteddfod Association, local musical education and other performance groups demonstrates why she won the Gladstone Eisteddfod Pauline Newman Spirit Award in 2020. Her roles have ranged from coordinating programming and ensuring the smooth running of the Eisteddfod’s Vocal competition to helping music students through workshops, group vocal lessons and performance preparation. To top it off, Chelsea also volunteers in the musical community as a pit pianist and band keyboardist, collaborating with others to create a quality outcome.

- Nominees included: Emily Newman, Tracey Lee Smith, Bettina Van Haeften and Anne Hooper.

### Young Sportsperson Award – Samarah Littlemore

Samarah has been a gymnast since she was four years old, and at seven, decided to become an acrobatic gymnast where she has enjoyed much success. She began coaching at the legal age of 14 and has been volunteering throughout her gymnastics ‘life’ at local competitions, sausage sizzles and other fundraisers. Samarah has also volunteered her time to create dance routines for other team members who’ve been competing or for end of year

displays. In 2021, she was named Queensland State Captain for the National Gymnastics titles after seven years of being selected as a team member.

Samarah has received a long-term service award for competing for the Qld acrobatic team over five consecutive years. She believes the sport has helped her to develop a strong mindset and enjoy academic success at school.

- Nominees included: Jack Conway, Marc Lumagbas Smith and Josie Peters.

### Sports Official Award – Timothy Fowler

Tim is the driving force behind the Gladstone Harbour City BMX Club and is regarded as a leader in the Queensland BMX community. He devotes many hours to his roles at the local club including secretary, race director and training coordinator and at a higher level with the Aus cycling governing body. Tim is a Level 2 official who is called on to run major BMX events in Central Queensland, as well as support State competitions. His work also extends to securing major events and funding for the Gladstone club, in turn, boosting the local economy.

### Community Event or Initiative Award – Agnes Blues, Roots & Rock Festival

This annual music festival was established to overcome a quiet period in the summer calendar for the Agnes Water and 1770 area. Now, after the busy holiday period of December and January, local and visiting music fans look forward to sustaining the business and tourism outlets during this festival weekend. Originally a Gladstone Regional Council event, Discovery Coast Tourism & Commerce Inc. runs the festival with valuable support from local groups such as the Lions Club, Discovery



Samarah Littlemore.

Coast Environment Group and the State Emergency Service (SES). More than 120 volunteers are committed to giving their time to the festival to ensure its ongoing success.

- Nominees included: Rally in the Valley, Boyne Burnett Inland Rail Trail, Rainbow in the Gardens by Rainbow on the Reef and NAIDOC Week – Heal Country 2021 display at Tannum Sands State School.

### Community Volunteer Award – Paul Eyre-Thompson

Thommo is well known for his dedication to provide more than 220+ hours of service in Volunteer in Policing (VIP) in the past 15 years. He is a strong advocate of the ‘Lock it or Lose it’ program at Boyne Island and Tannum Sands shopping centres averaging more than 200 vehicle security checks. In a bid to keep his community safe, Thommo performs these checks at Beach Arts Music (BAM), Tannum

Sands Esplanade and the Boyne-Tannum HookUp, checking more than 400+ vehicles daily. As a member of VIP, he assists with displays for Domestic Violence Month and crime prevention, as well as educating students. When not at the police station, Thommo visits the Bindaree Aged Care Facility twice a week to help sort items for the facility’s garage sales. When not volunteering to enforce community safety, Thommo has coached cricket, hockey and still performs duty as an umpire.

- Nominees included: John Roeser, Robin Jones, John Nicholson, Sally Brierley, Donna Streeting, Bob Pailthorpe, Brenda Smith, Diane McDonald and Karen Wardlow.

Visit [www.gladstone.qld.gov.au/australia-day-awards](http://www.gladstone.qld.gov.au/australia-day-awards) for more information on nominees.

## Gladstone Regional Council to welcome 115 citizens

Gladstone Regional Council will kick start its Australia Day celebrations with a citizenship ceremony to welcome 115 new Aussies on 26 January.

Gladstone Region Mayor Matt Burnett said our new citizens are from 21 countries, including the Philippines, South Africa, Pakistan, Italy, Germany, Spain, Vietnam and Zimbabwe and will join thousands of other Australians who are celebrating their citizen-

ship on our national day.

“Australian citizenship ceremonies are an important part of our nation’s celebrations, with more people becoming citizens on Australia Day than any other day of the year,” Councillor Burnett said.

“Australia Day gives all citizens, whether by birth or choice, the opportunity to openly reflect on what it means to be an Aussie and to celebrate our great nation — our rich in-

digenous and migrant history and our promising future.”

Events to celebrate Australia Day will include Gladstone Regional Council’s Australia Day Family Fun Day, held at the Millennium Esplanade parklands at Tannum Sands from 2-6pm. Other events held across the region and supported through Council’s Community Investment Program include the Builyan Many Peaks Community Development As-

sociation’s Australia Day Brekkie, Boyne Valley Community Discovery Centre’s Australia Day Backyard and the Turkey Beach Progress Association’s Australia Day Breakfast. South End Progress Association, unfortunately, had to cancel its Australia Day celebrations.

Visit [www.gladstone.qld.gov.au/events-1](http://www.gladstone.qld.gov.au/events-1) for more information on events, including Australia Day activities across the Gladstone Region.

# Recycling facility to open

By Brittney Manning

A new recycling facility will open its doors in Boyne Island to provide locals with a convenient collection point to exchange their eligible containers for cash.

CQ Recycling & Recovery Boyne Island will open on Monday, 31 January and will trade seven days a week as the third facility of its kind in the Gladstone region.

The business has operated in Gladstone and Calliope since the Queensland Government introduced its Containers for Change scheme in 2018.

CQ Recycling & Recovery co-owner and operator Kevin Vickers said customer demand in the area and support in existing facilities has demonstrated community willingness to recycle.

“We have been running a mobile [in Calliope] for three years as well [and] from customer demand, we went to a full-time facility and operate six days a week,” Mr Vickers said.

“We have been accepted very well by the community and we have a very steady base of customers at this stage.”

The new facility is located at 16 Dennis Street in Boyne Island.

The Containers for Change scheme has collected more than 4,285,870,084 containers through its refund points since 2018.

An additional 1,021,932,468 containers have also been recycled through kerbside recycling programs.

Containers can be verified for recycling eligibility by checking the label contacts a 10 cent refund icon in the relevant state or territory, or by using the Containers for Change app to scan the container barcode.

The recycling facilities request that the lids are removed and there is no contamination inside the containers.

Sorting the containers prior to drop-off is not a requirement but will improve loading



Recyclers in Boyne Island and Tannum will enjoy the convenience of the new facility. Picture: CQ RECYCLING & RECOVERY

times and there is no limit to the number of containers that can be recycled.

Mr Vickers said the scheme has led to many positive outcomes for the community, even through the pandemic.

“[The scheme] is really beneficial for the environment [and] it supplies employment for many people.

“We have been supporting many people who have been hard hit.

“Obviously when people lose their jobs and use their income, then they need a traditional income and collecting cans is a very good source of income,” Mr Vickers said.

The Containers for Change scheme paused its Get Recycling Rich promotion on 14 January, which offers recyclers a chance to win a share of \$250,000.

People are urged to keep a hold of their recycling receipts as the promotion is expected to return soon.

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Check your child's eligibility online.

Picture: QUEENSLAND SPORT AND RECREATION



Clubs can register as providers online.  
Picture: BRITTNEY MANNING

# Get kicking with vouchers

By Brittney Manning

Applications for Round 6 of the state government's FairPlay vouchers are now open in an effort to empower young Queenslanders to get moving.

The FairPlay program offers eligible applicants a \$150 voucher to be used towards sport and active recreation membership, registration and participation fees when joining up a club.

To apply, your child must be a Queensland resident aged from five to 17 years at the time of application.

The child or their guardian must also hold a valid Services Australia Health Care Card or Pensioner Concession Card with the child's name on it.

Gladstone clubs have registered as activity providers offering sports including golf, judo,

horse performance, boxing, roller derby, sailing, Navy cadets, and more.

The government encourages a minimum of 30 minutes of exercise every day to improve and maintain health.

This quota can be achieved and exceeded by participating in sports, which also offer benefits such as helping to develop a child's intellectual and social skills.

Applications for Round 6 will close on 23 March 2022 and vouchers are to be redeemed prior to expiration on 11 May 2022.

Visit the Queensland Government FairPlay vouchers website to apply for a voucher and view a full list of providers.

Clubs interested in becoming an activity provider for FairPlay vouchers can also visit the website to check their eligibility.

# Volunteers need your vote for community sponsorship

By Brittney Manning

Today is the last chance for the community to cast their vote in the RACQ Community Sponsorship Program.

The Westowe Rural Fire Brigade has been successfully selected as one of the top 12 events, programs and activities that are meaningful to the Queensland community.

The local brigade has now called on the community to return a show of support that has been displayed by its volunteers since the unit was established in 1954.

Westowe Rural Fire Brigade Third Officer Kerrie Darrach said the grant will also provide funds to fit out a spacious new facility with training equipment to equip volunteers from Westowe and other brigades with the skills and knowledge to protect the community.

"We don't have a training room with our old brigade because we don't have the area or room," Ms Darrach said.

"We're only small but our new building is quite large.

"At the moment we have the shell with nothing in it."

If successful, the brigade will also use the funds to create a laundry facility to decontaminate personal protection equipment worn by volunteers while completing hazard reduction burns and attending emergencies.

Ms Darrach said, "We go out to a big fire and you could be out for more than 12 to 18 hours.

"It takes you days to get the smell of smoke out of your skin and hair.

"We don't know what we're walking into when we are out in a paddock... because we don't know who's dumped anything out there.

"We just want to be able to have a washing machine and a dryer, to have that option that we can wash our uniforms there instead of taking contaminated uniforms home."

The Westowe brigade is lead by First Officer Danny Devers.



Volunteers at the Westowe Rural Fire Brigade operate in Westowe, Targinnie and Yarwun.

The RACQ Community Sponsorships program gives one of 12 shortlisted community groups the opportunity to receive the People's Choice grant at a value of \$4,000.

shortlisted initiatives will also receive \$4,000 as selected by RACQ's panel, and the remaining seven will look forward to a \$1,000 grant.

The Westowe Rural Fire Brigade undertakes duties in Westowe, Targinnie and Yarwun, as well as attending emergencies in

surrounding the Gladstone region.

Ms Darrach described her time spent with the brigade as a hobby she has enjoyed for 10 years while working two jobs.

The brigade is supported by 36 supportive volunteers, some of whom work full-time and part-time jobs, and is seeking to strengthen its service.

"[We are] always looking for volunteers and they don't have to be people who live

in Yarwun itself.

"This is set up so it'll be there long after [our members are] gone and it'll be there for the next set of members," Ms Darrach said.

To vote in the RACQ sponsorships program, head to the website: [www.racq.com.au/communitysponsorships](http://www.racq.com.au/communitysponsorships)

Voting will close on Thursday 27 January, with the grant recipient to be announced in the middle of February.



Share the Dignity volunteers Sarah Rookes (left) and Tracie Magner with Gladstone Neighbourhood Centre coordinator Rebecca Griffin and Mayor Matt Burnett.

## Gladstone Regional Council teams with charity to tackle period poverty

Gladstone Regional Council has increased its ability to help people living in period poverty with the installation of a Dignity Vending Machine at the Philip Street Communities and Families Precinct.

The machine, installed by charity Share the Dignity, dispenses free period packs containing six tampons and two pads to women and girls who need them.

Share the Dignity founder and managing director, Rochelle Courtenay, dreamed of finding a way for women and girls who are doing it tough to access free period products without the anxiety and shame of having to ask someone else for help.

"I was shocked to discover that people were using rolled up toilet paper and hand towels to manage their periods," she said.

"We could not believe that people were having to choose between feeding their family or buying period products."

Gladstone's vending machine is located inside the female public amenities building at the Philip Street Communities and Families Precinct and is open to the public from 8am-10pm, seven days a week, to dispense free period packs at the push of a button.

The installation was coordinated by Gladstone Neighbourhood Centre and Council, in collaboration with Share the Dignity.

Prior to the vending machine installation, there was a very generous response from Council

employees to Share the Dignity's annual *It's in The Bag* campaign that aimed to secure health and hygiene products for women and girls.

Some 800 items were donated, filling 45 assorted bags purchased by Gladstone Neighbourhood Centre (GNC). These were presented to Share the Dignity just prior to Christmas by Mayor Matt Burnett and GNC coordinator Rebecca Griffin.

The donations will be given to schools and charities across the Gladstone Region including St. Vinnies, foster homes, Roseberry House, Anglicare, Women's Health and the Department of Child Safety.

Please visit [www.sharethedignity.org.au](http://www.sharethedignity.org.au) to learn more about Share the Dignity, or [www.gladstone.qld.gov.au/philip-street-precinct](http://www.gladstone.qld.gov.au/philip-street-precinct) to learn more about the Philip Street Communities and Families Precinct.



Dignity Vending Machine at the Philip Street Communities and Families Precinct.

## Young artists show their true colours

Creative brushstrokes coupled with a dose of Aussie pride has produced some wonderful artwork in the 2022 Celebrate Australia Primary School Art Competition.

Primary school students from Prep to Year 6 were encouraged to think about aspects of the Australian lifestyle important to them and to use this as inspiration for their artwork.



Maci Pender's *Bees and Bottlebrush*

Flora, fauna and food were themes across many of the entries with various artistic mediums on display as well. Many students used a mix of paint, pencil, crayon and felt pen to turn their vision into reality.

Awards were handed out on Australia Day with Aspen Thetford winning first prize in Section One (Prep to Year 2) for his artwork *My Favourite Aussie Foods*, while Maci Pender won first prize in Section Two (Year 3 to Year 6) for her artwork *Bees and Bottlebrush*.

Tom Crawshaw continued the food theme and took out second place in Section Two with *A Beautiful Dish* and Sophia Lorroway won second prize for *Sunset Kookaburras* in Section One.

Archer Goodluck (Section One) and Alexandra Lorroway (Section Two) claimed third prize.

Highly Commended awards went to Zion Cubacub, Makita Forbes, Darcy Costello and Alexis Yeoman (Section One), with Maxim Morrissey, Liam Tangey, Jana Gamba and Jaxon Dale (Section Two) also receiving a Highly Commended award.



Aspen Thetford's *My Favourite Aussie Foods*



*Swimming in Doubt*, Emma Thorp, 2018. Image courtesy of the artist.

## early An exhibition by Emma Thorp

Gladstone Regional Art Gallery & Museum  
29 January to 9 April

The chronological, narrative journey of an artist mother's experiences with premature birth, Autism and ADHD.



View the exhibition catalogue



12533254-JC04-22



Nathan Cuppit in the dung throwing comp at the Turkey Beach Progress Association held an Australia Day Breakfast.

Picture: MIKE RICHARDS



Tayla Hay, 9, won the hat for best dressed.

# Aus Day at Turkey Beach

The Turkey Beach Progress Association held an Australia Day Breakfast on 26 January and photographer **MIKE RICHARDS** was there to capture all the action. Attractions included a barbecue breakfast, costume judging, thong throwing, cow pat throwing, colouring competitions and a cricket match.



The Heap family celebrate Australia Day.



Greg and Pippi Potter, 8, with Rocky, and Cherie Stride.



Charlie Cuppit, 8.



Andrew Smith and Trevor Bollinger.



Jessica Heap.



Sally Heap.



Rod and Dorathy Bettiens.



Lleyton Totorica.



Judi Clark and Donna Wheeler.



Ilison and Chris Totorica.

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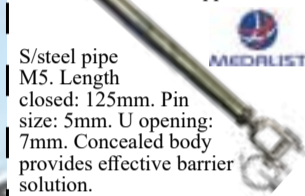


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# New record for fuel cost

By Khrysti Balanay

RACQ has revealed fuel price records had been broken in parts of the State as the cost of unleaded petrol (ULP) reached new highs.

The daily average price of ULP had surpassed records set in November 2021 in parts of the far north, north and central Queensland.

RACQ spokesperson Kate Leonard-Jones said prices would likely continue to climb in the coming days.

“There are a number of international factors that have sparked the recent increase in petrol prices across regional Queensland, including a rise in global oil prices and supply and demand issues,” Ms Leonard-Jones said.

“Daily average ULP prices in major regional centres have been creeping up slowly, rising between one and three cents per litre (cpl) over the past seven days, and we haven’t seen the end of it yet.

“These records are likely to be broken again as prices continue to rise.”

Three months ago, CQ Today examined the results found on the RACQ website and compared fuel prices within the region.

The data was initially collected on Monday, 25 October 2021 and has been compared with figures from Tuesday, 25 January 2022.

The price difference in Rockhampton starts with 162.9 at Lakes Creek Servo to 171.9 at Smithys Driveway Service Glenmore Road.

The figures of October show the unleaded fuel prices at 157.7 at Puma Rockhampton Depot, increasing to 172.9 at Smithys Driveway Service on Glenmore Road.

Gladstone has recorded lower fuel prices than Rockhampton, starting at 157.9 at Metro Petroleum and rising to 165.9 at BP Gladstone Airport.

The results in October show the cheapest fuel was located at Puma Gladstone Depot at 155.7 and reached 169.9 at BP Gladstone Airport.

In January, Caltex Woolworths Emerald recorded their unleaded fuel price at 159.9, with Caltex Emerald coming in at 175.9



The price of fuel has broken records set in November last year.

In October, the price of unleaded started at 159.7 at Puma Emerald Depot and rose to 169.9 at Caltex Emerald.

Ms Leonard-Jones said motorists should

shop around for the cheapest fuel.

“There is still up to 10cpl difference between the cheapest sites to the most expensive,” she said.

“No matter where you live in Queensland, make sure you use apps like RACQ’s Fair Fuel Finder to track down the service stations near you with the best deals.”

## Popular festival cancelled: It’s ‘safety first’ for blues fest

By Eilish Massie

The 2022 Agnes Blues, Roots & Rock Festival has been cancelled due to Covid-19.

Organisers made the call last week after much deliberation.

It was announced that the 2022 event has been cancelled due to the current Covid-19 situation.

“This was not an easy decision to make, there is plenty of disappointment and frustration from the team who work tirelessly behind the scenes, however the health and safety of patrons, performers, stallholders, volunteers and the community must always take precedence,” the team said.

This will be the first time the festival is to be cancelled since the Covid pandemic began, as the festival was held in 2020 and 2021.

The 2023 dates have been confirmed for February 17 to 19 and organisers hope the event will be a ‘big one’.

All tickets for the 2022 festival have been automatically transferred to the 2023 event.

“Regular festival goers will recall this event was postponed by one month in 2015, when Cyclone Marcia was skirting off the coast,” the team said.

“Some of the core festival organising team were part of that reschedule, so there’s plenty of experience in critical decision making and how best to cater for the loyal patrons of this festival.

“Everyone was looking forward to this year’s festival, especially after such a turbulent year. The Agnes Water & Town of 1770 community and businesses thank you for your ongoing support, and we really look forward to seeing you in 2023.”

Anyone who would like a refund should email tickets@dtc.com.au prior to August 31, 2022.

Refunds will be offered and processed up until 31 August 2022.



Agnes Blues and Roots Festival organisers made the call to cancel this year’s event

# Q&A

with Boyne Smelters Ltd (BSL) General Manager Lesley Bryce

**What is the best advice you've ever received?**  
Be the best version of yourself.

**What is something you do in your spare time?**  
I love fishing.

**What is something most people don't know about you?**  
I am a snowboarder.

**What's your favourite spot in the Gladstone region?**  
My favourite spot would be Tannum Sands beach – or anywhere to walk my dogs, Cooper and Daisy.

**What would be your last meal if you could choose?**  
Haggis in a creamy whisky sauce.

**Which celebrity guests (dead or alive) would you invite to a dinner party?**  
Barack Obama, Richard Branson & Robin Williams.

**Who is your favourite movie star and what do you admire about him or her?**  
Morgan Freeman, he was excellent in the Shawshank Redemption and can act in many different movie types from Driving Miss Daisy to Unforgiven.

**What is one of your greatest achievements?**  
I was both proud and humbled to be recognised in Women in Mining's 2020 WIM100 as 1 of 100 global inspirational leaders in mining.

**If you had to choose three items to take with you on a trip to a deserted island, which would they be?**  
A fishing net to get some food, box of matches to start a fire to cook the fish I catch and a giant bottle of sunscreen as my Scottish skin burns quickly!



## THREE ... about the Mesozoic Era

**1 The Triassic Period**  
This is the first period of the Mesozoic Era, which ran 248 to 200 million years ago. The Earth had one huge continent known as Pangaea, which began to break up in the mid-Triassic. The most celebrated event was the evolution of the dinosaurs. The dinosaurs shared the space with the archosaurs, which means ruling reptiles.

**2 The Jurassic Period**  
This period spanned 65 million years and started around 205 million years ago to 135 million years ago. During the middle of the Jurassic period, the continent split, leaving a northern part called Laurasia (mainly North America and Europe) and a southern part called Gondwana (mainly South America, Africa, and Australia).

**3 The Cretaceous Period**  
The last period of the Mesozoic Era began 145 million years ago and finished 66 million years ago. Although dinosaurs were the dominant animals of the period, many modern animals, including the placental mammals, made their debut during the Cretaceous. A mass extinction event, possibly a huge meteorite, marked the end of the period.



## A pathway to a cleaner future Up to 10% blended renewable gas in Gladstone

Did you know that the proposed Hydrogen Park Gladstone (HyP Gladstone) will contribute to a cleaner energy future in Gladstone?

HyP Gladstone will use water and renewable electricity to produce hydrogen, which will then be blended with natural gas. The up to 10% renewable gas blend will be distributed to all homes and businesses using the existing natural gas distribution network in Gladstone.

Once operational (planned for later this year), homes and businesses connected to AGN's gas network in Gladstone would receive Australia's lowest carbon gas, saving approximately 57 tonnes of carbon dioxide emissions per year.

HyP Gladstone is a small demonstration facility, and there are no plans to expand the amount of hydrogen able to be produced at this site.

**If you have any further questions or would like to be kept informed about receiving renewable blended gas, get in touch:**



Go online and visit  
[blendedgas.agn.com.au](https://blendedgas.agn.com.au)



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*The project is proudly supported by the Queensland Government, with grant funding of up to \$1.78 million from the Hydrogen Industry Development Fund.*





GRA operations manager Rick Bean and finance and admin manager Julianne Grice.

# New image for old business

By Eilish Massie

After 34 years servicing the region, one Gladstone business has shifted its sights onto something bigger.

Gladstone Refrigeration & Air-Conditioning (GRA) has undergone a major rebrand in a move to expand the business in the near future.

Owner and Director, Mark Meyer, established the business with the goal of providing premium-quality services to residential,

commercial and industrial property owners throughout Central and Western Queensland.

More than three decades later, he now leads a team of highly skilled technicians, who have more than 100 years' combined experience in a number of fields.

One of them is operations manager Rick Bean, who joined the team last December.

After moving to Gladstone from Victoria in 2019, Mr Bean said the team was focused on improving the business.

"The new brand is more or less incor-

porating not only Gladstone but Central Queensland and Queensland in general," Mr Bean said.

Mr Bean said in a very competitive market, GRA were committed to making its customer service and local identity its main priority.

"Mark is very passionate about his business, he has put his blood, sweat and tears to bring it up to where it is today," he said.

"It's a very competitive market, we're not the only ones in town...the bottom line is we have to do things better, and offer that solution."

Mr Bean said he was excited to see the business grow by next year.

"GRA are going through a very exciting time and are really changing their stamp in the area," he said.

"If I could bring something here and some of my experience, it would be to help guide the service.

"One thing for certain is that our customer service is our number one priority and that's what we are working towards."

# More bloody legends needed to save lives

Ergon Energy and Energex' "bloody legends" made a massive difference to the lives of Queenslanders in 2021 by giving 865 plasma donations and 457 whole blood donations to save an estimated 4086 lives.

Executive General Manager Customer Michael Dart said Australian Red Cross Lifeblood is an essential service for our communities, just like Ergon Energy Network and Energex.

"Every storm season Ergon Energy and Energex crews roll up their sleeves to help impacted communities and customers, but there's also dozens of bloody legends in all parts of the businesses who help save lives all year around with plasma and whole blood donations," Michael said.

"At the moment, only half of appointments made to donate are being followed through, with a lot of regular donors isolating or unwell due to COVID."

"Red Cross Lifeblood needs 31,000 blood donations every week and a new blood donor every 5 minutes to keep up with demand so it's important that anyone who is willing and able consider making a booking to donate – even if it's for the first time."

Red Cross Lifeblood Group Account Manager Liam Richardson said Ergon Energy and Energex had been incredibly generous and asked other businesses to encourage their people to follow suit.

"It's great to see businesses with large workforces Like Ergon and Energex really get behind the message that we need more donors," Liam said.

"I really encourage anyone who's inter-



Here's another Ergon Energy crew whose blood is worth bottling. Rhett Allen, Clayton Stewart, Jack Jordan and Alex Moscott (pictured L-R) are based at Pinnacle, west of Mackay. Their collective donation has the potential to save a dozen lives.

ested in learning more about donating blood or plasma to go to the Red Cross Lifeblood website and, if they're willing and able, book a time. They'll be making a real difference

to someone's life."

Find out how to donate as a group here: [lifeblood.com.au/blood/eligibility#donate-as-a-group](http://lifeblood.com.au/blood/eligibility#donate-as-a-group)

# GRC land open for tenders

Land within the Gladstone Regional Council Local Government Area is now available for tenders to respond.

The Gladstone Area Water Board (GAWB) has invited tenders for the agistment of land for the purpose of grazing livestock.

Eight parcels of GAWB land are available around the Lake Awoonga Catchment within the Gladstone Regional Council Local Government Area.

Respondents can submit for one or more separable portions and the GAWB may elect to award one or more separable portions to one or more respondents.

Each parcel of land will be established for a period of two years.

Details regarding each parcel of land has been listed in Schedule 5 of the Request for Tender.

Further information can be sought by contacting the Gladstone Area Water Board or by lodging an enquiry on the QTenders Forum.

Invitation for tenders will close on 5pm 28 January 2022.

# OPINION

Letters: [Editorial@TodayGladstone.com.au](mailto:Editorial@TodayGladstone.com.au)

Text: 0456 749 126

# The power of friendships

## Today's View

It is one of the many valuable things that can be built, and it doesn't rely on your social standing. It doesn't matter how much or how little money you have or how successful in life you are. True friendship is about people accepting you for who you are, not who you could or should be. You will find good friends over the back fence, on the sporting field, through work, or social environment. Your best friend can easily be found inside of a marriage or partnership, this friendship is one that has developed through the course of time together, it is tested by the ups and downs and through the challenges faced in everyday life.

We should all have friends that we can rely on. Their friendship is shown through their advice, someone to talk things over with or just being a physical presence to help lift that sheet of Gyproc, move that lounge, or load that heavy object into the trailer or ute. For some it is the ease of conversation based around their shared interests, solving shared problems, or just enjoying each other's company over a cup of tea or other refreshments. It can be a friendly neighbour, who always says hello and asks, "how everything is going", or who in passing notices that you are struggling with a task and offers to come over and help. This association can easily grow into a friendship, one that will last through home or job relocations and time. Friendships tend to shape and strengthen people's character, helping to keep us grounded in life and understanding what is important to us.

Some of your friends come from childhood, time spent in the same learning environments, moving on through years, new classes, and



We would love to hear from you. Send us an email regarding a friend who is always there for you.

teachers, an ever changing circle of acquaintances who move in and out of their sphere of influence.

These are the people that CQ Today would like to highlight in the pages of our newspaper. With your help and guidance, we would like to highlight the benefits of having Good Friendships, telling your story on how important and valuable your friendships have been to you. As individuals we see ourselves as humble, not seeking to show ourselves to others or wanting to be placed on a pedestal. But with your

encouragement please allow our readers to see a world where Covid, politics, criticism or hate don't dominate the headlines each day. If by telling the story of your friendship our readers can see and recognise the considerable good that is built in our communities. This is what we at CQ Today would like to showcase and encourage.

Australians have always believed in mateship and a fair go, we are noted for our humour which has been described as a little off center, we offer up self-deprecating humour

to underscore how un-unique we see ourselves, but our story of life and friendship is valuable.

If you would like to help recognise the benefits that someone has brought to your life through help or friendship, we would like to talk to you. Please contact our team of Journalists by phone or email. Their contact details are shown on the bottom left of page two of our newspaper, Matthew, Liam, Khrysti, Trish, Eilish or Brittney are looking forward to your contact.

## ON THIS DAY

### NATIONAL CHOCOLATE CAKE DAY IS CELEBRATED ON 27 JANUARY

#### Important Events

**1820:** Russian Antarctic Expedition led by Fabian Gottlieb von Bellingshausen and Mikhail Lazarev discover the continent of Antarctica

**1825:** US Congress approves Indian Territory (present-day Oklahoma), clearing the way for the forced relocation of the Eastern Indian tribes via the "Trail of Tears"

**1888:** The National Geographic Society is founded in Washington, D.C. for "the increase and diffusion of geographic knowledge"

**1924:** Lenin placed in Mausoleum in Red Square, Moscow

**1944:** Siege of Leningrad lifted by the Soviets after 880 days and more than 2 million Russians killed

**1945:** Soviet troops liberate Auschwitz and Birkenau Concentration Camps in Poland

**1973:** US & North Vietnam's William Rogers & Nguyen Duy Trinh sign cease-fire, ending longest US war and military draft

## VOX POP

### WE TAKE IT TO THE STREETS

#### HOW DID YOU SPEND THE AUSTRALIA DAY HOLIDAY?



Had a few drinks and cooked snags on the BBQ. **- Georgia**



Stayed at home and watched the cricket. **- Marie and Albert**



Spent the day at Red Rock trail in Agnes Waters. **- Jason**



#### LYNCHY'S JOKE OF THE WEEK

Four friends in Rocky were to take their chemistry exam on Monday morning.

The weekend before their exam they decided to visit mates down in Gladstone and have a big party.

They had an absolute ball and slept all Sunday and didn't make it back until early Monday morning.

Rather than taking the test Monday morning they waited until the afternoon to advise the Professor why they missed the exam.

They said that they had visited mates in Gladstone and on the way back they had a flat tyre.

That's why they had missed the initial exam.

The Professor agreed for them to take the exam the next day where the four mates were so relieved of his decision and studied hard that Monday night.

The next day the Professor placed them in separate rooms and gave them a test booklet.

They quickly answered the first problem which was worth five marks out of 100. This is easy, they thought.

With each of them in a different room they were pretty confident how it was all going. They then turned to the second page where it was written, For the remaining 95 marks, Which tyre????

# OPINION

Matt Canavan



## Give all Australians a say

Most mornings (when I remember to) I put up the Australian flag out the front of our house. I feel enormous gratitude for living in this great country and raising the flag is a small ritual to remember how lucky I am.

Just before Christmas I shared a picture of the flag on Facebook, saying how lucky we are. Plenty of people liked the post and shared that sentiment. A significant number, however, felt they could not be proud of Australia given the increasingly draconian and bureaucratic Covid restrictions on their lives.

That saddened me because not all are getting a fair go in Australia right now. We are not a perfect country but one of our aspirations should be to give all Australians a fair go.

This is not just about the vaccine mandates. This week we learnt that Queensland Hospitals have been ripping newborn babies from their mothers because the Mum might be a close contact. Aleasha Pique described how it was “the longest day of my life” when the hospital took her new baby off her. She was told it could be days until she was reunited as they waited for a PCR test.

My office has been contacted by a teacher from Emerald who is facing the loss of her job because of bureaucracy gone mad. She has a medical exemption from the vaccine, an exemption that has been recognised by the Department of Education. However, under the unfair rules she has to get a PCR test every day to go to work! That is not something she can do in Emerald. Now she is being asked to seek an “exemption from the exemption” and has been told that could take months to process.

Meanwhile she is facing weeks without an income.

Another constituent can not attend an Australian citizenship ceremony because she is unvaccinated. There are meant to be online ceremonies available in these circumstances but she is currently being buck-passed between Canberra and the council over who is responsible.

So much of my job is now taken up with trying to get common sense outcomes from the army of Covid overlords that now rule our lives. As US commentator, Bari Weiss, said this week we now have a pandemic of bureaucracy. To get our country back we need



to overthrow these pen-pushers and restore common sense.

You can not deliver common sense outcomes when you are trying to deliver them through the clauses and subclauses of public health orders. These new “laws”, which have gone through no Parliament, are not written by scientists, they are written by lawyers. Hence, the spiderweb of red tape that average Australians find themselves in through no fault of their own.

And the Queensland State Government

behind these laws is reluctant to admit any fault. Just before Christmas the State Government enforced vaccine mandates and have forced thousands of Queenslanders out of work, exacerbating shortages in our hospitals and transport systems. We were promised that this would help us tackle the virus when we opened the border.

The data is in, the vaccine mandates have failed. Before the mandates, Queensland had recorded just 2200 coronavirus cases. In the past month, while we have had to show a green

tick to go out and about, we have recorded 342,586 coronavirus cases. Vaccine mandates have not worked.

The vaccines have worked. While every death is tragic, just 0.04 per cent of coronavirus cases now end in death. That is down from over 3 per cent in 2020, and it is about half the fatality rate of the flu.

Now that vaccines are available we should dismantle the bureaucratic Covid state. That will be the best way to return to the land of the fair go by Australia Day 2023.

## Time to flip the script and talk up those expectations

“If you want to change your life, begin by changing your words. Start speaking the words of your dreams, of who you want to become, not the words of fear and failure” – Robert Kiyosaki.

Our inner-dialogue can make or break us. On the days we feel the mind-numbing effects of negative thinking, we owe it to ourselves to try and flip the script.

Achieving our goals and living the life we truly want could be one simple positive thought away. The words we repeat to ourselves in our minds begin to shine through in our actions, our view of the world and how we interact with it.

If we continue to tell ourselves we can't do something, we are likely to quit before we even try which will never give us the chance to achieve it. If our self-talk is negative, we're telling our body and being that we are never going to experience positive outcomes. If we change up the dialogue in our minds to carry a soft, kind and positive tone, it sets a much healthier scene that will support greater success, genuine happiness, a stronger sense of self-love and immeasurable peace.

“Our mind is a garden, our thoughts are the seeds, you can grow flowers or you can grow weeds” – Ritu Ghatourey.

For most of this year, my weed-riddled thoughts got very good at holding me back,



putting me down and they eventually confiscated my confidence. I found myself deeply unhappy, tangled in one big cognitive cobweb and I didn't know how to get out.

Then a glimmer of hope shone my way and this beautiful beam of positivity began to chip away at all the negativity I had grown accustomed to. I had talked myself into an unhealthy mindset and I am beyond grateful to those who could help me to break free from it. They encouraged me to talk my way into a healthier mindset instead.

Each and every one of us deserves to live with a kind subconscious and an ever-present awareness that we are good enough. The hard work we put in today contributes to a better tomorrow, for ourselves and for others.

Self-talk doesn't just affect us as individuals; it stretches much further. It influences our presence in society, it drives constructive or destructive action, it inspires us to make



On the days we feel the effects of negative thinking, we owe it to ourselves to try and flip the script.

a difference or remain indifferent, and it can build a bridge or burn it.

Talking down to ourselves is never going to lift us up. We have to be brave and decide how our self-talk will serve ourselves as well as the people around us. How we speak to ourselves can impact our perspective and

how we engage with the world beyond.

We are the scriptwriters. Only we can decide on the words we live by. Self-talk is powerful. It can change our habits, our circumstances, our relationships with ourselves and others, and ultimately, it can change our lives for the better.

# Gladstone*Today* COMMUNITY EVENTS BILLBOARD

## JANUARY

### Thursday 27 January

#### LinkedIn Local Gladstone

LinkedIn Local Gladstone is a business meetup concept with a difference. It allows you to connect and engage with your local business networks in Gladstone and you don't have to be on LinkedIn to attend. So come along to this free 'no-pitch' event and network over some nibbles and drinks in a great atmosphere and just chat and enjoy and make some new business friends and connections.

Time: 5pm to 7pm

Location: Auckland House, East Shores, Gladstone.

For more information see their Facebook page.

## FEBRUARY

### Tuesday 1 February

#### General Meeting of Council

This meeting will also be live-streamed on Council's Facebook and a recording of the meeting will be posted on social media.

Time: 9am

Location: Council Chambers - Civic Centre, 101 Goondoon Street, Gladstone.

For more information contact Council on 07 4970 0700.

### Wednesday 2 February

#### Gladstone Playgroup - Nurture and Nutrition

Combining a supportive playground facilitated by Circle of Security trained caregivers to increase parenting, confidence, develop social skills and family support networks whilst creating nutritional morning teas to be shared together in the session.

Time: 9.30am to 11.30am

Location: Nutchee Building, Phillip Street Precinct, 1 Pengelly Street, Gladstone.

For more information contact Crystal on 0497 704 113.

#### Yoga for Pre-Teens (9-12)

On the mat our brain and body are finding ways to relax more, regulate and cope well with the experiences and obstacles of life. This ability then transfers into building positive wellbeing and resilience.

Time: 3.30pm to 4.30pm

Location Thrive Local, Shop 2, 65 Tank Street, West Gladstone.

For more information and to purchase tickets visit <https://www.eventbrite.com.au/>

#### Yoga for Teens (13+)

On the mat our brain and body are finding ways to relax more, regulate and cope well with the experiences and obstacles of life. This ability then transfers into building positive wellbeing and resilience.

Time: 4.30pm to 5.30pm

Location Thrive Local, Shop 2, 65 Tank Street, West Gladstone.

For more information and to purchase tickets visit <https://www.eventbrite.com.au/>

### Friday 4 February

#### Celtic Illusion

Immerse yourself in one of the most unique productions touring the world. A breathtaking array of experiences, fusing Irish Dance, Magic and influential flavours of Fosse Michael Jackson, with a Broadway style.

Time: 7.30pm to 10.30pm

Location: Gladstone Entertainment Convention Centre 56 Goondoon Street, Gladstone.

For more information and tickets see <https://gladstoneentertainment.com/>

### Saturday 5 February

#### Rockaria - The Elo Experience

Delivering a captivating live concert recreating the unforgettable sound of Jeff Lynne's The Electric Light Orchestra. This is a tribute concert not to be missed.

Time: 8pm to 10.30pm

Location: Gladstone Entertainment Convention Centre, 56 Goondoon Street, Gladstone.

For more information and tickets see <https://gladstoneentertainment.com/>

### Tuesday 8 February

#### Microgreens Workshop

Learn how to feed yourself from a sustainable window sill garden. This workshop will take you through the process of how to grow and maintain microgreens in your kitchen.

Time: 5.30pm to 7.30pm

Location: Tondoon Botanic Gardens, 672 Glenlyon Road, Gladstone.

For more information or to book a place call 4971 4444 or email [tondoon@gladstone.qld.gov.au](mailto:tondoon@gladstone.qld.gov.au).



### Wednesday 9 February

#### Yoga for Pre-Teens (9-12)

On the mat our brain and body are finding ways to relax more, regulate and cope well with the experiences and obstacles of life. This ability then transfers into building positive wellbeing and resilience.

Time: 3.30pm to 4.30pm

Location Thrive Local, Shop 2, 65 Tank Street, West Gladstone.

For more information and to purchase tickets visit <https://www.eventbrite.com.au/>

#### Yoga for Teens (13+)

On the mat our brain and body are finding ways to relax more, regulate and cope well with the experiences and obstacles of life. This ability then transfers into building positive wellbeing and resilience.

Time: 4.30pm to 5.30pm

Location Thrive Local, Shop 2, 65 Tank Street, West Gladstone.

For more information and to purchase tickets visit <https://www.eventbrite.com.au/>

### Sunday 13 February

#### Market Day

Historical Village Market is coming up again for the first market of 2022 and it'll be big. Bring your friends and family along for a wander around the huge variety of stalls.

Time: 8am to 12pm

Location: Calliope River Historical Village

Always looking for new stallholders so please book online at [www.calliopehistoricalvillage.com](http://www.calliopehistoricalvillage.com)

### Tuesday 15 February

#### General Meeting of Council

This meeting will also be live-streamed on Council's Facebook and a recording of the meeting will be posted on social media.

Time: 9am

Location: Council Chambers - Civic Centre, 101 Goondoon Street, Gladstone.

For more information contact Council on 07 4970 0700.

### Wednesday 16 February

#### Yoga for Pre-Teens (9-12)

On the mat our brain and body are finding ways to relax more, regulate and cope well with the experiences and obstacles of life. This ability then transfers into building positive wellbeing and resilience.

Time: 3.30pm to 4.30pm

Location Thrive Local, Shop 2, 65 Tank Street, West Gladstone.

For more information and to purchase tickets visit <https://www.eventbrite.com.au/>

#### Yoga for Teens (13+)

On the mat our brain and body are finding ways to relax more, regulate and cope well with the experiences and obstacles of life. This ability then transfers into building positive wellbeing and resilience.

Time: 4.30pm to 5.30pm

Location Thrive Local, Shop 2, 65 Tank Street, West Gladstone.

For more information and to purchase tickets visit <https://www.eventbrite.com.au/>

### Saturday 19 February

#### Kevin Bloody Wilson

The Kevin Bloody Wilson Show is not just a concert performance, for most, it's a full on event and an opportunity to tick from your bucket-list a chance to see Australia's most unique International comedy legend. Kevin has become a national institution – a must see for any

person wanting to see absolute original Australian comedy.

Time: 7.30pm

Location: Harvey Road Tavern, Gladstone.

For more information and tickets see <https://liveatyourlocal.com.au/>

### Sunday 20 February

#### Rotary Charity Markets

Come along and see the beautiful Tondoon Botanic Gardens come alive with food, craft, fruit and vegetables and much more.

Time: 7am to 12pm

Location: Tondoon Botanic Gardens, 672 Glenlyon Road, Gladstone.

For more information, see the Gladstone Regional Council website.

### Tuesday 22 February

#### The Andrews Sisters Tribute Show

Together the khaki-clad trio have a new stylish show and are bringing back the gorgeous three-party harmony and the toe-tapping tunes of the Andrews Sisters!

Time: 11am (morning tea from 10am)

Location: Gladstone Entertainment Convention Centre, 56 Goondoon Street, Gladstone.

For more information visit the Gladstone Entertainment Convention Centre website.

#### Mastering Compost Workshop

Turn your garden waste into garden gold. Tondoon's Mastering Compost Workshop will give you all the information you need to make compost at home.

Time: 5.30pm to 7.30pm

Location: Tondoon Botanic Gardens, 672 Glenlyon Road, Gladstone.

For more information or to book call 4971 4444 or email [tondoon@gladstone.qld.gov.au](mailto:tondoon@gladstone.qld.gov.au).

Wednesday 23 February

#### Yoga for Pre-Teens (9-12)

On the mat our brain and body are finding ways to relax more, regulate and cope well with the experiences and obstacles of life. This ability then transfers into building positive wellbeing and resilience.

Time: 3.30pm to 4.30pm

Location Thrive Local, Shop 2, 65 Tank Street, West Gladstone.

For more information and to purchase tickets visit <https://www.eventbrite.com.au/>

#### Yoga for Teens (13+)

On the mat our brain and body are finding ways to relax more, regulate and cope well with the experiences and obstacles of life. This ability then transfers into building positive wellbeing and resilience.

Time: 4.30pm to 5.30pm

Location Thrive Local, Shop 2, 65 Tank Street, West Gladstone.

For more information and to purchase tickets visit <https://www.eventbrite.com.au/>

### Sunday 27 February

#### Calliope Rotary Markets

Markets for everyone with entertainment and food.

Time: 8am to 12pm

Location: Chapman Park, 3 Taragoola Road, Calliope.

For more information call Susan on 0414 874 721.

## MARCH

### Tuesday 1 March

#### General Meeting of Council

This meeting will also be live-streamed on Council's

Facebook and a recording of the meeting will be posted on social media.

Time: 9am

Location: Council Chambers - Civic Centre, 101 Goondoon Street, Gladstone.

For more information contact Council on 07 4970 0700.

### Wednesday 2 March

#### Yoga for Pre-Teens (9-12)

On the mat our brain and body are finding ways to relax more, regulate and cope well with the experiences and obstacles of life. This ability then transfers into building positive wellbeing and resilience.

Time: 3.30pm to 4.30pm

Location Thrive Local, Shop 2, 65 Tank Street, West Gladstone.

For more information and to purchase tickets visit <https://www.eventbrite.com.au/>

#### Yoga for Teens (13+)

On the mat our brain and body are finding ways to relax more, regulate and cope well with the experiences and obstacles of life. This ability then transfers into building positive wellbeing and resilience.

Time: 4.30pm to 5.30pm

Location Thrive Local, Shop 2, 65 Tank Street, West Gladstone.

For more information and to purchase tickets visit <https://www.eventbrite.com.au/>

### Friday 4 March

#### Drag Queen Bingo

Hold on to your balls! Miss Lady Saint Diva is back with her girls.

Time: 5.30pm to 9.30pm

Location: Club Gladstone at The Bowlo, 6A Ferris Street, Gladstone City.

For more information and tickets visit <https://www.eventbrite.com.au/>

### Saturday 5 March

#### Beach Arts Music (BAM) Markets

Live entertainment, great food and a huge variety of market stalls. Bring a blanket and some chairs and make an afternoon of it.

Time: 2pm to 7pm

Location: Millennium Esplanade, Tannum Sands.

For more information visit <https://btabc.com.au/bam/>

#### Parks Week 2022

Join Gladstone Regional Council in celebrating Parks Week 2022. This year's focus is on how spending time in our parks and open spaces positively influence our wellbeing. Tondoon Botanic Gardens and various parks around our region will host an array of exciting activities.

Note this event is on until Sunday, 13 March.

Time: 8am to 5pm

Location: Tondoon Botanic Gardens, 672 Glenlyon Road, Gladstone.

For more information visit <http://www.parks-week.org/>

### Sunday 6 March

#### Clean Up Australia Day

We are all part of the problem but you can be involved as part of the solution.

Get involved: Business Clean Up (Tuesday, 1 March), School Clean up (Friday, 4 March), and Step Up to Clean up as a Community (Sunday, 6 March).

Time: 6am to 5pm

Location: Various

To register online visit <https://www.cleanupaustraliaday.org.au/>

## KNOW OF AN EVENT HAPPENING IN OUR REGION?\*

To add it to our Community Events  
Billboard, contact  
[editorial@todaygladstone.com.au](mailto:editorial@todaygladstone.com.au)

\*Event information correct at time of print.  
Event details are subject to change at the  
discretion of the event organisation. While we  
endeavour to include as many events as we  
can, Gladstone Today cannot guarantee the  
inclusion of every event.

# Keeping up with the wine trends

WINE WITH FOOD TIPS

WineBill

Starting Wine Conversations



The first thing to acknowledge is that the concept of a trend or the idea of change, has been around for a long time in the world of wine.

I used to associate the word trend with fashion, which appeared to develop a new look for each new season. In the world of social media, if something trends it is the topic of many posts. The world of wine is full of developments and changes that have caused trends to start.

A noticeable trend in society has been the need to know more about and then purchase small-batch food and drink produce. Alongside a growing interest in everything environmentally friendly and sustainable. Farmers markets could be a major trend this year. Offering independent bakeries, coffee roasters and butchers. And of course organic fresh food and vegetables from local farms.

So, its not surprising that interest in Organic Wines has shown growth. Winemaking can be divided into two categories; conventional and organic. Conventional may use synthetic chemicals. Organic wines are produced without the use of any synthetic chemicals whatsoever. Herbicides and pesticides are not used. They are replaced by a self-regulating, natural ecosystem that eliminates the need for artificial agents.

A special mention must go to South Australian, Angove Family Winemakers since 1886. Proudly independent and now a fifth generation family business dedicated to producing super premium and single vineyard wines from the McLaren Vale and some of South Australia's wine growing regions.

They are dedicated to responsible Certified Organic farming, which is the basis for their excellence in winemaking. They have set a benchmark for best-practice in produc-



Angove Organic Rose is perfect with the spicy Asian cuisine.

ing organic wines in Australia. Their commitment to sustainable and biodiverse farming, has resulted in healthy, resilient vines with an incredible purity of fruit.

All of Angove Organic Wine is produced in line with Australian Certified Organic Standards. The Certified logo is displayed on every bottle. Which confirms their wines are free from synthetic chemicals, such as herbicides, fungicides and pesticides.

Educated consumers are happy to pay a fair price for the guarantee that the farmers producing organic produce are part of the trend to increase ecologically sustainable practices and therefore look after the environment for current and future generations.

At a recent wine event, I was presented with a glass of chilled Angove Organic Rose. It was perfect with the spicy Asian cuisine, served. It was difficult to believe this delicate pink drop was produced by shiraz grapes (organic, of course!) a variety known the world over for producing big heavy reds. The hostess with a cheeky smile, told me a 'splash' of Sauvignon Blanc was added to lift the palate, and that was certainly achieved.

## Eagle feasts on marine life

BIRDS OF BOYNE & TANNUM

BOB TRASK



Almost as large as the Wedge-tailed Eagle, the White-bellied Sea-Eagle is a spectacular bird with its contrasting white and dark grey plumage! They seemingly soar effortlessly, even against very strong winds.

Their food is primarily marine life such as fish, turtles and sea snakes but in the local area, they regularly take fruit bats (flying foxes) for a meal too.

Adult birds mate for life and will use the same nest for many years. Locally, breeding takes place during winter with the young fledging in spring.

In this image, an adult is about to land on a tree branch not far from its nest.



The White-bellied Sea-Eagle is a spectacular sight.

# What are you going to sell: Part 3: Is your product viable?

By James Harris

**If you have been following along with the last two editions, at this point you will know:**

- The product you are going to sell.
- Who you are going to use as a supplier.
- How much the unit cost is (including shipping) to purchase each unit.
- How many competitors do you have and their average sale price.

Now you need to determine if your product is actually financially viable from a business standpoint. The unfortunate reality is that not every great idea makes for a good business.

If you have discovered that competitors are selling the same product for less than you can buy it, obviously you need to find a different product. You simply go back to the start and work through each step covered so far over again.

If you have learned that you can buy a product for less than your competitors are selling it, the product has potential. However, it still might not be financially viable. The next step is to decide how much you will sell your product for, taking into account your competitors selling price. If the product your competitors are selling is identical, you may need to engage in price-based competition because there may be no other way to differentiate the product. This means pricing as low as you can, at least until you can build up stronger reviews than competitors.

Now you have decided on a sale price, you are going to subtract your total purchase price per unit (make sure you have included shipping costs payable by you when you are purchasing units as discussed previously) from



your intended sale price. This gives you your profit margin per unit.

**PROFIT PER UNIT = SALE PRICE – (PURCHASE COST + SHIPPING TO YOU)**

Next, you need to figure out how much you want to make each week for your business to be worthwhile from your own personal perspective. There is no right answer to this question. As a lean startup, if you have no other source of income, you might want to consider how much it costs to pay your bills and put food on the table each week. If you still have

a day job, you can obviously work on a much lower income target.

You are now going to divide your income target by the profit per unit that you calculated above. This will tell you roughly how many units you need to sell each week to make the minimum amount you want to earn. You also need to consider your personal tax situation at this point, because this profit may be taxable at the end of the financial year.

**NUMBER OF SALES NEEDED = DESIRED INCOME / PROFIT PER UNIT**

Once you know the number of sales you need each week to make the income you want, you will need to estimate if this seems reasonable. This will require some informed guess work.

For example, if you are going to sell a product that only a small subgroup of the population will buy and you know that they will buy it infrequently, you may have a problem. You might need to find a way to increase your potential customer base, increase your profit margin, or worst case, start over with a new product.

A great case study is the bedding industry. Many people struggle to understand why mattresses can be so expensive. The markup on mattresses can be 900%. However, mattress retailers also know that on average a customer will only buy a mattress once every 8 years, so they need a very high profit on each sale because the sales are so infrequent.

If you have a question about starting a business or running your existing business, we'd love to hear from you because we'll select new questions to answer here every two weeks. You can submit your question to james@qsb-counseling.com using the subject 'CQToday'.

# GladstoneToday

## PROPERTY

realestate  
**view**  
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# PRIME POTENTIAL AND BUSINESS OPPORTUNITY



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The spacious fully equipped kitchen includes a laundry with direct external access to the 7 car parks at the rear of the building. The property boasts 1 full bathroom, 2 separate toilets and an extra shower in one of the treatment rooms, perfect for spray tanning or post treatment.

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Zoned as medium density residential with full business usage (see council approval document), this delightful property is the ideal base for a beauty salon, wellness clinic, allied health or medical centre or even an Airbnb, subject to council approval.



There is also the option to live and work from here or convert the property to exclusive residential use. The possibilities are limitless with this gorgeous property, easily accessible and within walking distance to all CBD amenities you do not want to miss out on this opportunity.

It's time to take the plunge and bring your vision to life. ●



## HOME ESSENTIALS

**Address:** 71 John Street, YEPPOON **Description:** 4 bedrooms, 2 bathrooms, 7 car parks **Price:** Offers over \$550,000 considered **Inspect:** By appointment

**Contact:** Esme and Claudia Coren, 0438 336 861, YEPPOON REAL ESTATE, 4938 3777



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3 | 2 | 8

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Bungundarra  
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Andrew Dowie  
0429 391 379



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4 | 2 | 2

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- Private off street access, room for shed
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- Family neighbourhood, 15min walk to beach

12a Macdonald Street  
Barlows Hill  
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Leisa Richardson  
0427 251 008



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2 | 2 | 1

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- Lockable garage w/ storage & 2nd parking spot
- Within walking distance via park to beach
- Resort style swimming pool & BBQ areas

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complements the rooms design. Two air-conditioned bedrooms that fall off the lounge space. Bathroom comes off the dining, modern look with stained glass feature to add colour to the room. Two access points to under house lockable storage aside the highset two bay carport, perfect for a boat or caravan for travellers. Downstairs bathroom with open concreted space that is shared with the laundry. Call your local Agent Dee. ●

## HOME ESSENTIALS

**Address:** 2 Main Street, BLUFF **Price:** \$119,500  
**Description:** 2 bedrooms, 2 bathrooms, 2 garage **Inspect:** By appointment  
**Contact:** Dee 0428 770 557, REAL ESTATE VISION GROUP

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**\$140,000**

12 Acacia Street, Blackwater  
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3 BEDROOMS

**\$150,000**

10 Mangrove Street, Blackwater  
3 bed 1 bath 1 car



3 BEDROOMS

**\$150,000**

7 Kurrajong Street, Blackwater  
3 bed 1 bath 2 car



3 BEDROOMS

**\$175,000**

26 Long Street, Blackwater  
3 bed 1 bath 1 car 1 shed



3 BEDROOMS

**\$170,000**

24 Doon Street, Blackwater  
3 bed 1 bath 1 car



3 BEDROOMS

**\$Offers Invited**

15 Evans Street, Blackwater  
3 bed 1 bath 1 car

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# AUSTRALIA DAY QUIZ



0-10 Flaming Galah | 11-20 Eager Emu | 21-30 Perceptive Platypus | 31-40 Clever Kookaburra | 41-50 True Blue Cockatoo

1. What date is Australian National Flag Day: January 26, April 11 or September 3?
2. Which AFL team did Charles Brownlow play for?
3. Which South Australian town is sometimes referred to as the 'opal capital of the world'?
4. Helen Porter Mitchell was the birth name of which Australian singer?
5. In which year was the Australian Open first held?
6. Claire G. Coleman wrote which 2017 sci-fi novel?
7. The Kerrigan family feature in which iconic Australian film?
8. What did the Europeans call Australia at the time of the First Fleet's arrival?
9. *Blue Neighbourhood* and *Bloom* are albums by which Australian artist?
10. A sausage in bread bought at a polling site on election day is colloquially known as what?
11. What song received 28 per cent of the vote in the 1977 plebiscite to choose Australia's national song?



12. How many Australians have been to outer space?
13. Who plays the title character in the 2006 mockumentary *Kenny*?
14. Scott Morrison is which number prime minister?
15. *Boy Swallows Universe* and *All Our Shimmering Skies* are novels by which Australian author?
16. Which simple food product is baked in a campfire and associated with colonial stockmen?
17. Eric Bana (pictured, yellow circle) starred as Aaron Falk in which 2020 mystery drama?
18. In which town is the Big Merino?
19. How many teams are playing in the A-League Women?
20. Who was the first woman to serve in the federal cabinet?



21. Who was the first Aboriginal Australian to publish a book of verse?
22. In which year did the VFL change its name to AFL: 1975, 1980 or 1985?
23. What is the floral emblem of New South Wales?
24. What is the debut album of Tones and I (pictured, orange circle), released in 2021?
25. Willem Janszoon was the first documented European to do what?
26. Which German-born Australian was known for watercolour paintings of monumental gum trees?
27. True or false: the first known reference to fairy bread was in the *Hobart Mercury* in 1929?
28. The Mullagh Medal is awarded to the best player at which Test match?



29. The Emu War took place in which state: Western Australia, Queensland or New South Wales?
30. Which animal appears on the Australian five-cent coin?
31. In 2020, who became the first Indigenous artist to win the Archibald Prize?
32. And who features in their winning portrait?
33. Which character does Nicole Kidman play in *Big Little Lies*?
34. *Queer Eye* filmed an episode in which Australian regional town?
35. In what year did *Advance Australia Fair* become the national anthem?
36. And which line was recently changed to better reflect our Indigenous history?
37. Which non-Victorian AFL club has won the Grand Final most recently?
38. What Australian landmark was designed by the Danish architect Jørn Utzon?
39. Who has the most ARIA Awards ever?



40. What is the most common pub name in Australia?
41. Founded in 1851, what is the oldest university in Australia?
42. The Nullarbor Plain is located in which Australian states?
43. Edmund Barton (pictured, green circle) was a member of which political party?
44. Who is the national cricket captain?
45. The Daintree Rainforest National Park is located in which Australian state?
46. Who raised the Union Jack at Sydney Cove in January 1788?
47. Which two Australian animals are monotremes?
48. Which Australian river's name means 'clear water'?
49. Miranda Tapsell (pictured, blue circle) starred in and co-wrote which 2019 romantic comedy?
50. How many Australian states or territories do not recognise daylight saving?

Nicole Kidman

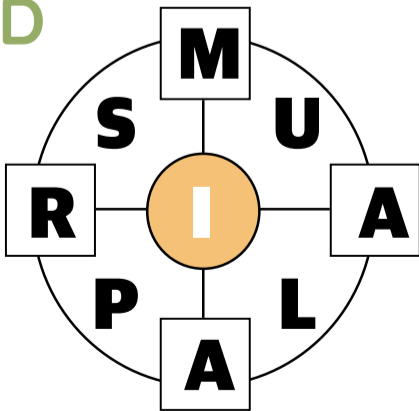
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ANSWERS: 1. September 3. 2. Geelong Cats 3. South Australia 4. Dame Nellie Melba 5. 1905 6. Terra Nullius 7. The Castle 8. New Holland 9. Troye Sivan 10. Democracy sausage 11. Waltzing Matilda 12. Three 13. Shane Jacobson 14. 30 15. Trent Dalton 16. Dampier 17. The Dry 18. Goulburn, NSW 19. 10 20. Enid Lyons 21. Coderroo Noonuccal 22. 1980 23. Waratah 24. Welcome to the Madhouse 25. Land on Australia 26. Hans Heyesen 27. True 28. Boxing Day Test 29. Western Australia 30. Echidna 31. Vincent Namatjira 32. Adam Goodes and himself 33. Celeste Wright 34. Vass 35. 1973 36. 'For we are young and free' (to 'For we are one and free') 37. West Coast Eagles (2018) 38. Sydney Opera House 39. The Wiggles 40. Royal Hotel 41. University of Sydney 42. South Australia and Western Australia 43. Protectionist Party 44. Aaron Finch 45. Queensland 46. Captain Arthur Phillip 47. Echidnas and platypuses 48. River Derwent 49. Top End Wedding 50. Three

## 9-LETTER WORD

Using the nine letters in the grid, how many words of four letters or more can you list?

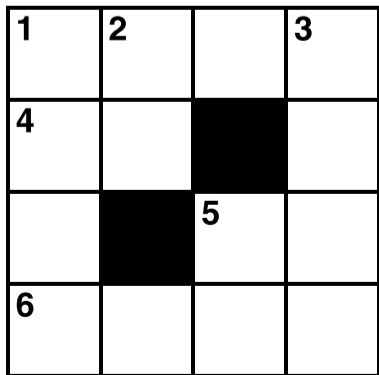
The centre letter must be included, and each letter may only be used once. No colloquial or foreign words. No capitalised nouns, apostrophes or plural words ending in "s".



19 words: Good 28 words: Very good 38 words: Excellent

ANSWERS: aims, airs, alias, aril, impalas, imparis, lair, lapis, liar, limp, limps, lira, lisp, mail, mails, maria, MARSUPIAL, pail, pair, pilau, prim, prima, primal, prism, purism, rail, rails, rial, rims, rips, sail, salami, samurai, sari, slim, slis

## 4x4 CROSSWORD



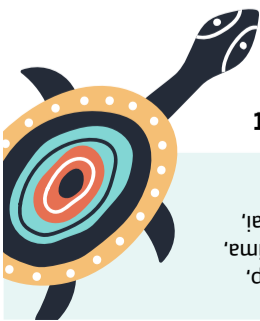
### ACROSS

1. Aussie greeting (1'3)
4. Ocean west of Australia (abbr) (2)
5. Either (2)
6. Broome or Yamba, for example (4)

### DOWN

1. Our home is — by sea (4)
2. A party or celebration (coll) (2)
3. Have a chat (4)
5. Cry of pain (coll) (2)

ACROSS: 1. G'day 4. to 5. Or 6. Town  
DOWN: 1. Gift 2. Do 3. Yarn 5. Ow



# Gardening

Neil Fisher



## Looking forward to Feb

February is always one of the most beautiful times of the year in the garden, as it combines the floral displays of summer-flowering plants that are nearing the end of their season, and the beginning of the flowers of the cooler seasons.

A short drive around any town in Central Queensland is all that is needed to see the kaleidoscope of colours currently appearing in our gardens.

The recent mix on rain and high humidity should be a recipe for a fantastic February and don't be surprised if we see some of the best floral displays for many years!

Some of the most spectacular blooming shrubs are about to add every colour imaginable to the garden.

The first plant that comes to mind is the Allamanda whether being the showy, yellow-flowering edging Allamanda hybrid plant known as Sunnee, to the hardy creeper called Golden Trumpet vine or Allamanda schottii. In recent years a number of different coloured Allamanda hybrids have appeared in nurseries. Most of these plants are best described as rambling shrubs, and they all seem to be able to be grown from the coast to the western areas without problems.

The hybrid varieties include Cherry Ripe with a rich pink to red flower, Jamaican Sunset, which has a unique colour, crossed between mauve, yellow and pink and Siam Snow with distinctive white flowers.

If you were to take an evening walk the sweetly perfumed Brunfelsia latifolia is very noticeable at the moment. This hardy and popular highly scented old-fashioned shrub is also known as Franciscea or Yesterday Today and Tomorrow this shrub is easily spotted in gardens by the distinctive purple flowers fading through mauve to white over successive days. Brunfelsia latifolia looks striking when covered with flowers from purple flowers fading through mauve to white and the lush green foliage looks great at any other time of the year.

Making a spectacular display with colour displays of pink, white, orange and even red is the Bangkok Rose or Mussaenda.

This evergreen shrub is a relatively hardy fast growing plant to 2m in height, with a naturally rambling habit, producing many stems. The Mussaenda's beautiful colours are not from the flowers, but from the bracts which surround the flowers. These flowers are small and usually white, orange or yellow. This is the same way colour is produced in other tropical plants such as Bouganvilleas and Heliconias.

Also noticeable at the moment is the New Guinea Bottlebrush or Combretum constrictum. This shrub is actually a native of Af-



Ixora Pink Malay is one of the beautiful flowers on display in February.



Ixora Pink Malay.



Allamanda Sunnee.



Mussaenda Calcutta Sunset in flower.



Brunfelsia latifolia.



Brachychiton acerifolius.



Buckinghamia celsissima at Reg Tanner Park.

rica and produces masses of orange pom-pom flowers.

The Ixora is another plant species that truly suit the season. Ixoras are native to the Pacific Islands and South East Asia, with many new hybrids also being developed.

Some of the best flowering varieties at the moment are the beautiful pink flowering hybrid called Pink Malay and the hardy scarlet flowering Flame of the Woods or Ixora williamsii. Both of these Ixoras can be grown throughout Central Queensland with little fuss.

The trees of February are just as spectacular and are also starting to display their floral

features. Trees such as the Ivory Curl flower, or Buckinghamia celsissima.

While not used to its full advantage in Gladstone, cities like Brisbane have entire streetscapes of this tree, which would be outstanding over the next couple of months. Being of the Grevillea family, it is important that it is planted in well-drained positions.

One more member of the Grevillea family that creates a lot of interest during February is the Wheel of Fire or Stenocarpus sinuatus. This bushy pyramid shaped tree produces spectacular clusters of red flowers during the warmer months of the year. The flowers are unique in

pattern as they look like they have been arranged like the spokes of a wheel.

Another extremely spectacular flowering tree is that of the Illawarra Flame Tree, or Brachychiton acerifolius, are now in full bloom.

Being a semi-deciduous tree, they almost give the appearance that its entire canopy is engulfed in flames. This is a hardy tree, which you would expect to grow no more than ten metres in a local garden.

These are just a sample of the beautiful blooming away of plants that can be seen growing in the Gladstone region.

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# Bandits ready to cash in

By Michael Guerin, AgForce CEO

It's more than 150 years since bushman Henry 'Harry' Readford (who was in part the inspiration for the 'Captain Starlight' character in the novel Robbery Under Arms) pulled off what was then one of the biggest cattle thefts in the world – driving 1000 head of stolen cattle from Bowen Downs Station in western Queensland to South Australia for profit.

'Harry' has since become a notorious hero of sorts, with his campsite at Nogo Station outside Longreach still popular with tourists to the region.

It's Henry Readford's other legacy, however, we could do without – that of illegal livestock movements.

But with our State's wide-open spaces and current high prices per head across a range of animals, the incentives and environment for this continuing unlawful trade are, unfortunately, tempting.

Recent reports of a rise in goat theft have coincided with revelations that stolen goats have been sold to some kangaroo chiller box facilities, prompting AgForce to announce its support for tighter regulations on wild game harvesting made by Safe Food Production Queensland – placing greater accountability on wild animal harvesters and processors.

Less than 12 months ago two men were convicted of stealing 944 head of cattle from remote north-west Queensland in crimes that took place over more than two years – a timely reminder that this most frequent form of livestock theft hasn't shown any sign of stopping.

The cattle in this instance were not recovered and the impact on the producers both in terms of the dollar value and the emotional toll will be significant and long lasting.

It's why AgForce is imploring producers to exercise vigilance of all their livestock and to immediately report suspicious activity to police to investigate.

A night cruising remote parts of Queensland with a truck and a loading ramp can bring callous bandits as much as \$20,000 – a hefty pay-out.

And you can guarantee that if as a producer you don't take the necessary steps to secure your hard grown and hard earned – they will.

Henry 'Harry' Readford the notorious hero, who inspired the character Captain Starlight stole a herd of cattle for profit.



## Mixed quality at CQLX sale

By CQLX Market Report

Combined agents yarded 3386 head today, comprising of 1645 steers, 1145 heifers, 270 cows, 275 cows and calves and 52 bulls.

Cattle were drawn from Clermont and Bowen through to Taroom and Theodore and all local areas.

Quality was mixed as was condition. All processors were present although not all operated and slaughter cows eased only slightly – much of that was due to the change in quality offered.

Restocker cows and heavy feeder steers saw good competition.

There were quality-related variations throughout the sale indicating a slight easing. However, weaner heifers saw increases on last week's rates.

### HIGHLIGHTS OF THE DAY

Vella Family, Marlborough Sold a run of Brangus Feeder Steers for 576c/kg weighing 415kg to return \$2,396/hd

T & B Bath, Smokey Creek Sold Brahman Cross Steers for 570c/kg weighing 415kg to return \$2,369/hd

D & L Clanfield, Wowan Sold Droughtmaster Santa Cross steers for 724c/kg weighing 307kg to return \$2,229/hd

Noel Taylor, Nagoorin Sold Brangus Steers for 844c/kg weighing 256kg to return \$2,166/hd

B Hall and EVanden Heaver, Kuttatubul Sold Brahman Cross Steers for 932c/kg weighing 178kg to return \$1,666/hd

The Clein Family Trust, Nebo Sold No.1

Brahman Cross Steers for 616c/kg weighing 337kg to return \$2,079/hd

Mt Stuart Trust, Capella Sold No.1 Brahman Steers for 560c/kg weighing 436kg to return \$2,442/hd

M & J Thomasson, Milman Sold Brangus Cross Weaner Steers for 700c/kg weighing 265kg to return \$1,859/hd

G & L Thompson, Ridgeland Sold Charbray Weaner Steers for 848c/kg weighing 232kg to return \$1,973/hd

R Goudie, Baralaba Sold Brangus Cross Steers for 582c/kg weighing 391kg to return \$2,280/hd

WS & KA Harrison, Theodore Sold Brahman Cows for 382c weighing 538kg to return \$2,057/hd

D & R Kime, Wattle Bank Sold Brangus Heifers for 602c/kg weighing 360kg to return \$2,167/hd

Noel Taylor, Nagoorin Sold Brangus Heifers for 704c/kg weighing 262kg to return \$1,848/hd

Ellrott, Nankin Sold No.1 Droughtmaster Heifers for 662c/kg weighing 266kg to return \$1,766/hd

R Goudie, Baralaba Sold Brangus Heifers for 610c/kg weighing 344kg to return \$2,099/hd

Sanoma Grazing, Collinsville Sold a run of 312 Brangus/Senepol/Brahman Cross Heifers topping at 830c/kg averaging 759c/kg weighing 198kg to return a \$1,504 average

Bayfield Cattle Co, Biloela Sold Charbray/Droughtmaster Cross Cows and Calves for \$4,150/unit



# TV

*Today*

MOVIE  
GUIDE  
INSIDE

**Against all odds**  
**Zac Efron fights**  
**to stay alive in the**  
**desert in *Gold***

# Pitch perfect

Cricket great **Shane Warne**  
tells his life story in the  
new documentary **Shane**

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# The name of the game

A new documentary allows Australian cricket great Shane Warne and those closest to him to tell his own story, his own way, writes **Kathryn Roberts**

**Y**ou know you've made it when you are known by just one name. Even more so if you are universally and affectionately referred to by a nickname.

Say the name "Warney" and everyone knows you are talking about former Australian cricketer Shane Warne.

And, everyone knows "Warney" – all-time cricket great, loveable larrikin, Aussie legend, ladies man, beer-skoller, balcony dancer.

So it is somewhat telling that the new documentary about Australia's greatest-ever Test wicket-taker is simply called "Shane".

The documentary, streaming on Amazon Prime Video, takes a more personal look back at Warne's sporting career and life in the limelight through interviews with the man himself and those closest to him, as well as some cricket greats.

"It's the first time my children have spoken, my parents," Warne told fellow Fox Cricket commentator Mark Howard during the fourth Ashes Test at the SCG.

"A lot of the things were quite difficult to talk about. From a long time ago, but still quite difficult to talk about.

"But you know, for most of my life, there's been some wonderful things happen.

"As an Australian cricket team we became the best side in the world for over 15 years, we beat every team, home and away, and I played with some of the greatest cricketers who have ever played the game, so I was very, very lucky to do that.

"And along the journey I did a few pretty good things myself too."

This is not the first time Warne's life has been documented. His trials and tribulations have been a constant focus of newspapers, magazines, books, TV shows and even a stage musical since he bowled "the ball of the century" to England's Mike Gatting almost 30 years ago.

"I know, look, I've been very very lucky in my life – I'm very grateful for the life I've had. I've had over 13 books, I think, written about my life, a stage musical and now a documentary," Warne said.

"I think when you grow up, you think fame could be pretty cool. When I was 21 or 22 years of age, I had my first, I suppose, exposure to it.

"And there's no school you can go to to learn about it. You've just got to sort of try to do the best you can to deal with it. Being followed by half a dozen photographers a day, everywhere you go.

"The Gatting ball changed my life. That was the real turning point from that side of things where I suppose the media side of people and that side wanted to know everywhere I spent my time.



**Memorable milestones:** Clockwise from left, Warne raises the ball for his 600th Test wicket in 2005; in a school photo; playing backyard cricket as a teenager; and with his former wife Simone.



Warne's good friends singer Ed Sheeran and Coldplay frontman Chris Martin also feature.

"They're not just in there to fill a head space – they're my friends," Warne said.

"Chris Martin's one of my top four, five mates. I met him in 2000, I've known him for 21 years. He knows my family, he knows my children.

"We've got a really good relationship. People sometimes forget, whether you're a sports star or a musician, you're human. You have feelings and you're just like everyone else. We're sort of a sounding board for each other which is pretty cool."

The team in charge of the documentary says it "approached the storytelling through a series of interviews with Warne's insiders".

"We assembled them as though they are at a pub round-table chat, each trying to better the other with their story of a Shane moment. The documentary's chorus rises and falls with the great times and the bad."

So what does the man who has seen his life documented every step of the way hope viewers get out of the latest offering?

"I hope it inspires you, I hope you enjoy it," Warne said on Fox Cricket.

"I hope it makes you understand me a little more and shows the love I have for my children, my family and how loyal I am."

■ *Shane*, streaming, Amazon Prime Video

"I sort of resented it a lot but over time I understand how it works, I understand there's a job to do."

The film highlights Warne's relationship with his family, particularly his children.

"There's lots of happy memories, lots of sad memories," says daughter Brooke in the trailer.

"We only ever saw him as Dad."

The documentary delves into the well-known betting and drugs scandals and also what Warne describes as his "lowest point" – the 2005 separation and subsequent divorce from wife Simone, due to his extra-marital affairs.

The 2005 Ashes in England saw Warne produce one of the best individual performances in a

Test series, taking an astounding 40 wickets.

But it wasn't enough, as Australia lost the Ashes, and Warne lost his family, with his wife and children returning to Australia just before the series began.

"I would play cricket and go back to the hotel room and raid the mini bar – just sit in my room by myself and just drink," Warne says in the documentary.

"In my hotel room crying, on the floor... just berating myself for some of the things I did."

Warne talks about how he missed his children and just tried to put all his focus into cricket.

"I think that was the lowest because it had nothing to do with

anything else. The impact it had on my children, I couldn't get to see my children and they couldn't get to see me and it was my fault," Warne said.

But *Shane* is not all raking over the coals of the scandals in Warne's life. It also looks at his extraordinary feats on the cricket field and the huge admiration he receives off it. "He's larger than life. He's Shane Warne," says England great Sir Ian Botham.

Warne's fellow Victorian bowling legend Merv Hughes laughs: "I've got my hand up. I want to be Shane Warne."

*Shane* boasts interviews with the likes of cricket greats Botham, Sachin Tendulkar, Allan Border, Mark Taylor and Ian Chappell.

# Movie Guide

**Maids of honour:** The cast of *Bridesmaids*, from left: Melissa McCarthy, Wendi McLendon-Covey, Ellie Kemper, Kristen Wiig, Maya Rudolph and Rose Byrne.

## WEDDING BELLES

### PICK OF THE WEEK

**Monday**  
**BRIDESMAIDS**  
**Nine, 9.30pm, MA15+ (2011)**

Bromance king Judd Apatow, best known for producing male-centric gross-out comedies such as *Knocked Up* and *Superbad*, tries his hand at a female-driven flick with this rib-tickler starring and co-written by Kristen Wiig. The film follows the down-and-out

Annie (Wiig) as she prepares for the wedding of her best friend Lillian (Maya Rudolph), while developing insecurities about Lillian's new friend, the picture-perfect Helen (Rose Byrne). The comedy, as you'd expect from an Apatow production, is never too far from the bedroom or the bathroom, but it's also up to the roaring standards of his other films, and its breakout success propelled the careers of Wiig, Rudolph and their supporting cast members into the stratosphere. ★★★★★



**JOJO RABBIT**  
**7Flix, Friday, 8.30pm, M (2019)**

In a quirky satire based on Christine Leunens's 2008 bestseller *Caging Skies*, Roman Griffin Davis plays Jojo, a lonely young boy growing up 1940s Germany who finds out his mother (Scarlett Johansson, pictured with Griffin Davis) is hiding a Jewish teen (Thomasin McKenzie) in their attic. After befriendng the girl, Jojo starts to question his beliefs while dealing with the objections of his imaginary friend, a fantasy version of Adolf Hitler played by director Taika Waititi. ★★★★★



**TRACKS**  
**NITV, Friday, 7.45pm, M (2013)**

Aussie Mia Wasikowska (pictured) shines in her starring role in this adventure flick based on the true story of Robyn Davidson. In 1977, Davidson set off on a mammoth nine-month journey across the West Australian desert, bound for the Indian Ocean, with only her trusty dog Diggity and a band of four camels. The socially awkward young woman craves alone time, but is forced to bring along *National Geographic* photographer Rick Smolan (Adam Driver) to capture her journey and fund her trip. ★★★★★



**BIG HERO 6**  
**7Flix, Saturday, 6.30pm, PG (2014)**

This Disney-animated entry fits right in with the comic book adaptation craze of the last decade. Set in the fictional futuristic city of San Fransokyo, *Big Hero 6* follows the story of young genius Hiro Hamada (voice of Ryan Potter), who spends his days building robots to compete in underground fights. Hiro and his inflatable guardian-bot Baymax stumble across a warehouse containing rip-offs of Hiro's robots and they're not friendly. Fun for kids both big and small. ★★★★★



**FAST & FURIOUS 6**  
**Seven/Prime7, Saturday, 7.30pm, M (2013)**

When a film franchise makes it past No.3 and still manages to draw in the crowds, you know it is doing something right. In Paul Walker's final full appearance as Brian O'Conner, the gang of street-racing carjackers come out of retirement to help an international counter-terrorism manhunt. But when one of their crew (Michelle Rodriguez) – long-thought dead – is snapped among the suspects, Vin Diesel's (pictured, left, with Walker) scowl gets a serious workout as loyalties are questioned. ★★★★★



**THE MAZE RUNNER**  
**7mate, Sunday, 7pm, PG (2014)**

A little bit *Hunger Games*, a little bit George Orwell's *1984*, *The Maze Runner* is an exploration of what happens when scared people are dropped into a controlled environment. Thomas (Dylan O'Brien, pictured) wakes up in a walled world with no memory of how he got there. The Glade – as the colony of young boys tell him it's called – houses an ever-changing and dangerous maze. The boys lay out the law and warn him there is no escape. But where's the fun in that, hey? ★★★★★



**KONG: SKULL ISLAND**  
**7mate, Tuesday, 8.30pm, M (2017)**

A prequel to 2014's *Godzilla*, this was a fresh attempt at rebooting King Kong with an origin story. It sees a military group led by US Army Colonel Samuel L. Jackson joined by a photojournalist (Brie Larson), an ex-SAS officer turned tracker (Tom Hiddleston, pictured) and a shady government type (John Goodman), heading to a mysterious island. Some viewers may prefer Peter Jackson's 2005 effort, but parts of this were filmed on the Gold Coast, so it offers local interest, at least. ★★★★★

# The Guide



**DEATH IN PARADISE**  
ABC TV, Saturday, 7.30pm

The clever thing about this show is the way the creators can cycle through lead actors relatively routinely after their character's stint on the remote Caribbean island of Saint Marie is done. The regular refresh brings potential for new fans as the show is revamped. Now in its 10th season (and fourth detective inspector), the team – now led by DI Neville (Ralf Little, pictured) – work to solve the disproportionate amount of murder and mayhem that seems to plague this idyllic island. Tonight, the team is baffled when an archaeologist is poisoned during a dig and no evidence is uncovered to prove how it was done.



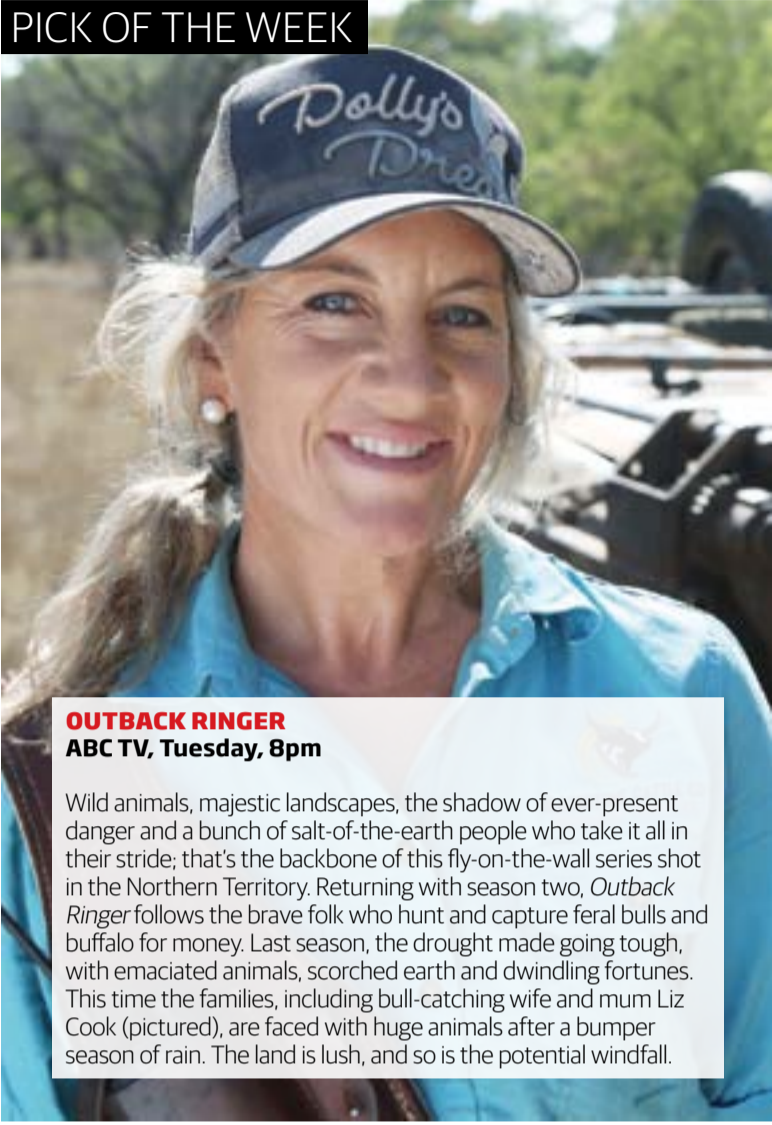
**VERA**  
ABC TV, Sunday, 8.40pm

Traditionally wearing her trusty bucket hat and weathered trench coat, DCI Vera Stanhope (played with wisecracking aplomb by the award-winning Brenda Blethyn, pictured) is an entertainingly original and multifaceted character. Based on the books by crime writer Ann Cleeves, Vera returns for its 11th season with arguably its best crime-ridden yarn yet. In the first of the four-episode run, it's a case of quality of quantity in this British murder-mystery. Tonight, in "Witness", Vera untangles the mystery of a murdered local builder, who was found beaten to death the day before he was due to testify in court on a case involving a local sportsman accused of assault.



**MARRIED AT FIRST SIGHT**  
Nine, Monday, 7.30pm

Here we go again with the ninth season of this addictive charade involving pretend marriages, fame-hungry and/or plastic surgery-obsessed contestants and a highly optimistic chance at love. In past seasons, there have been a whirlwind of fights, affairs, outbursts and jaw-dropping behaviour overshadowing any tales of everlasting love, and that's what makes *Married At First Sight* such a foamy and foolish cocktail; it's frankly hard to resist. Guided by relationship "experts" John Aiken, Mel Schilling and Alessandra Rampolla (pictured), the brides and grooms include DJ Jack Millar, Melbourne florist Jessica Seracino and personal trainer Andrew Davis.



**OUTBACK RINGER**  
ABC TV, Tuesday, 8pm

Wild animals, majestic landscapes, the shadow of ever-present danger and a bunch of salt-of-the-earth people who take it all in their stride; that's the backbone of this fly-on-the-wall series shot in the Northern Territory. Returning with season two, *Outback Ringer* follows the brave folk who hunt and capture feral bulls and buffalo for money. Last season, the drought made going tough, with emaciated animals, scorched earth and dwindling fortunes. This time the families, including bull-catching wife and mum Liz Cook (pictured), are faced with huge animals after a bumper season of rain. The land is lush, and so is the potential windfall.

## Friday, January 28

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| <p><b>ABC TV (2)</b></p> <p><b>6.00</b> News Breakfast. <b>9.00</b> ABC News Mornings. <b>10.00</b> Our Dementia Choir. (Final, PG, R) <b>11.10</b> George Clarke's Amazing Spaces. (R) <b>12.00</b> ABC News At Noon. <b>1.00</b> Kurt Fearnley's One Plus One. (R) <b>1.30</b> Van Der Valk. (Final, Mlv, R) <b>3.00</b> ABC News Afternoons. <b>4.00</b> Think Tank. (R) <b>5.00</b> Restoration Australia. (R) <b>5.55</b> <b>You Can't Ask That.</b> (PGals, R) An insight into people's lives.</p> <p><b>6.30</b> <b>Summer Drum.</b> (Final) Analysis of the day's news. <b>7.00</b> <b>ABC News.</b> Takes a look at today's top stories. <b>7.30</b> <b>Monty Don's American Gardens.</b> Part 1 of 3. <b>8.30</b> <b>Midsomer Murders.</b> (Mv, R) Things take a troubling turn when the circus comes to town, bringing with it a chain of clown sightings. <b>10.05</b> <b>Mum.</b> (MI, R) Kelly and Jason prepare to go on holiday. <b>10.35</b> <b>ABC Late News.</b> Detailed coverage of the day's events. <b>11.00</b> <b>QI.</b> (MI, R) Hosted by Sandi Toksvig. <b>11.35</b> <b>Killing Eve.</b> (MA15+av, R) <b>12.15</b> <b>Age.</b> (MA15+adhlmsv)</p> | <p><b>SBS (3)</b></p> <p><b>6.00</b> WorldWatch. <b>7.30</b> Italian News. <b>8.10</b> Filipino News. <b>8.40</b> French News. <b>9.30</b> Greek News. <b>10.30</b> German News. <b>11.00</b> Spanish News. <b>11.30</b> Turkish News. <b>12.00</b> Arabic News F24. <b>12.30</b> ABC America: World News Tonight. <b>1.00</b> PBS NewsHour. (R) <b>2.00</b> Where Are You Really From? (PG, R) <b>3.00</b> NITV News: Nula. <b>3.30</b> Going Places With Ernie Dingo. (R) <b>4.00</b> Great Canadian Railroad Journeys. (R) <b>5.05</b> Jeopardy! (PG) <b>5.30</b> Letters And Numbers. (R)</p> <p><b>6.00</b> Mastermind Australia. (R) <b>6.30</b> SBS World News. <b>7.35</b> Good With Wood. (PG) <b>8.30</b> Walking Britain's Roman Roads: Fosse Way. (PGasv, R) Dan Jones travels along Fosse Way. <b>9.20</b> Ancient Superstructures: Petra The Desert Rose. (PG, R) Part 4 of 4. <b>10.15</b> SBS World News Late. <b>10.45</b> 8 Out Of 10 Cats Does Countdown. (Mls, R) <b>11.35</b> Agatha Christie's Criminal Games. (Masv, R) <b>1.20</b> The Killing. (Man, R) <b>4.25</b> VICE Guide To Film. (MA15+lv, R) <b>4.50</b> Destination Flavour Down Under Bitesize. (R) <b>5.00</b> France 24 Feature. <b>5.15</b> NHK World English News. <b>5.30</b> Deutsche Welle English News.</p> | <p><b>SEVEN (6)</b></p> <p><b>6am</b> Morning Programs. <b>9.30</b> Cricket. The Women's Ashes. Test Match. Australia v England. Day 2. Morning session. <b>11.30</b> The Women's Ashes Lunch Break. <b>12.10</b> Cricket. The Women's Ashes. Test Match. Australia v England. Day 2. Afternoon session. <b>2.10</b> The Women's Ashes Tea Break. <b>2.30</b> Cricket. The Women's Ashes. Test Match. Australia v England. Day 2. Late-afternoon session. <b>4.30</b> Seven News At 4.30. <b>5.00</b> The Chase Aust. (R)</p> <p><b>6.00</b> Seven News. <b>7.00</b> Cricket. Big Bash League. Final. <b>11.00</b> <b>MOVIE: Goodfellas.</b> (1990, MA15+vld, R) Based on a true story. A young New York City street hustler ascends the ranks of the Mafia after being mentored by gangsters, only to have all he has accomplished threatened by drugs and greed. Ray Liotta, Robert De Niro, Joe Pesci. <b>2.00</b> Home Shopping. (R) <b>4.00</b> Million Dollar Minute. (R) Three contestants go head-to-head in a test of brain power and bravery as they compete for the chance to win the grand prize of \$1 million. Hosted by Simon Reeve. <b>5.00</b> <b>NBC Today.</b> News and current affairs.</p> | <p><b>NINE (8)</b></p> <p><b>6.00</b> <b>Today.</b> The latest in news and current affairs. <b>9.00</b> <b>Today Extra.</b> (PG) A mix of topical issues. <b>10.30</b> <b>Australian Open Tennis Pre-Show.</b> Hosted by Tony Jones. <b>11.30</b> <b>Tennis.</b> Australian Open. Day 12. Mixed doubles final and men's singles semi-final. <b>5.30</b> <b>Afternoon News.</b></p> <p><b>6.00</b> <b>Nine News.</b> <b>6.30</b> <b>Australian Open Tennis Pre-Show.</b> Hosted by Tony Jones. <b>7.00</b> <b>Tennis.</b> Australian Open. Night 12. Men's singles semi-final. <b>10.30</b> <b>New Amsterdam.</b> (Mam, R) Helen goes to great lengths to prove a point. <b>11.30</b> <b>Reverie.</b> (Mav, R) <b>12.30</b> <b>Customs.</b> (PG, R) <b>1.00</b> <b>Bondi Lifeguard World Adventures.</b> (PGI) <b>1.30</b> <b>TV Shop: Home Shopping.</b> (R) <b>4.00</b> <b>Take Two.</b> (R) <b>4.30</b> <b>Global Shop.</b> (R) <b>5.00</b> <b>TV Shop: Home Shopping.</b> (R) <b>5.30</b> <b>Skippy The Bush Kangaroo.</b> (R)</p> | <p><b>TEN (5)</b></p> <p><b>6.00</b> The Talk. (PGa) <b>7.00</b> Judge Judy. (PG, R) <b>7.30</b> The Bold And The Beautiful. (PG, R) <b>8.00</b> Studio 10. (PG) <b>12.00</b> Dr Phil. (PG, R) <b>1.00</b> I'm A Celebrity... Get Me Out Of Here! (R) <b>2.30</b> <b>Entertainment Tonight.</b> <b>3.00</b> Judge Judy. (PG, R) <b>3.30</b> <b>Left Off The Map.</b> <b>4.00</b> <b>Farm To Fork.</b> (PG) <b>4.30</b> <b>The Bold And The Beautiful.</b> (PG) <b>5.00</b> <b>10 News First.</b></p> <p><b>6.30</b> <b>The Project.</b> A look at the day's news and events. <b>7.30</b> <b>The Graham Norton Show.</b> Graham Norton chats with actor and director Sir Kenneth Branagh about his movie <i>Belfast</i>. <b>9.35</b> <b>Just For Laughs.</b> (MA15+ls, R) Stand-up comedy performances from Becky Lucas, Peter Helliar and Al Del Bene. <b>10.05</b> <b>The Montreal Comedy Festival.</b> (MA15+ls, R) Stand-up performances from comedians. <b>11.05</b> <b>Steph Tisdell: Identity Steft.</b> (MA15+I, R) A performance by Steph Tisdell. <b>12.15</b> <b>Soccer.</b> AFC Women's Asian Cup. Group Stage. Australia v Thailand. <b>2.30</b> <b>Home Shopping.</b> (R)</p> |
| <p><b>ABC TV PLUS (22)</b> <b>6am</b> Children's Programs. <b>5.10pm</b> The Wonder Gang. <b>5.20</b> Kangaroo Beach. <b>5.35</b> Luo Bao Bei. <b>5.50</b> Peppa Pig. <b>5.55</b> Hey Duggee. <b>6.05</b> Octonauts. <b>6.20</b> Bluey. <b>6.25</b> Peter Rabbit. <b>6.40</b> Andy's Aquatic Adventures. <b>7.00</b> Dino Dana. <b>7.15</b> Odd Squad. <b>7.30</b> Spicks And Specks. <b>8.00</b> Hard Quiz. <b>8.30</b> <b>MOVIE: Dead Europe.</b> (2012, MA15+) <b>9.50</b> Doctor Who. <b>10.55</b> Brassic. <b>11.40</b> QI. <b>12.10am</b> Community. <b>12.35</b> Parks And Recreation. <b>12.55</b> To Be Advised. <b>1.40</b> ABC News Update. <b>1.45</b> Close. <b>5.05</b> Little Princess. <b>5.15</b> Hoot Hoot Go! <b>5.20</b> Pingu In The City. <b>5.30</b> Wallykazam! <b>5.55</b> Late Programs.</p>  | <p><b>SBS VICELAND (31)</b> <b>6am</b> WorldWatch. <b>11.35</b> Hindi News. <b>Noon</b> Leah Remini: Scientology And The Aftermath. <b>2.20</b> Frozen Faith. <b>2.55</b> Jungletown. <b>3.45</b> America: News. <b>4.15</b> PBS News. <b>5.15</b> Joy Of Painting. <b>5.45</b> Shortland Street. <b>6.15</b> Alone. <b>7.05</b> Jeopardy! <b>7.35</b> 8 Out Of 10 Cats Does Countdown. <b>8.30</b> Hoarders. <b>9.20</b> Sex And Music. <b>10.25</b> Sexplora. <b>11.25</b> Narcos. <b>12.15am</b> <b>MOVIE: Under The Silver Lake.</b> (2018, MA15+) <b>2.45</b> NHK World English News. <b>3.00</b> Thai News. <b>3.30</b> Bangla News. <b>4.00</b> Punjabi News. <b>4.30</b> Sri Lankan Sinhalese News. <b>5.00</b> Korean News. <b>5.30</b> Indonesian News.</p>  | <p><b>7MATE (60)</b> <b>6am</b> ITM Fishing Show: Best Of The Best. <b>6.30</b> Big Angry Fish. <b>7.30</b> Creek To Coast. <b>8.00</b> Storage Wars: Texas. <b>8.30</b> Pawn Stars. <b>9.00</b> American Pickers. <b>10.00</b> A Football Life. <b>11.00</b> America's Game: The Super Bowl Champions. <b>Noon</b> Billy The Exterminator. <b>12.30</b> Pawnography. <b>1.30</b> Picked Off. <b>2.30</b> Shipping Wars. <b>3.00</b> Bull Riding. PBR Australia. Monster Energy Tour. Townsville Grand Final Night. Replay. <b>4.00</b> Timbersports. <b>4.30</b> Heavy Rescue: 401. <b>5.30</b> American Pickers. <b>6.30</b> Big Bash League Final Pre-Game Show. <b>7.00</b> Pawn Stars. <b>8.30</b> <b>MOVIE: War For The Planet Of The Apes.</b> (2017, M) <b>11.20</b> Late Programs.</p>   | <p><b>9GEM (81)</b> <b>6am</b> TV Shop: Home Shopping. <b>7.00</b> Creflo Dollar Ministries. <b>7.30</b> TV Shop: Home Shopping. <b>10.30</b> Australia's Top Ten Of Everything. <b>11.30</b> My Favorite Martian. <b>Noon</b> Seaway. <b>1.00</b> World's Greatest Islands. <b>2.00</b> The Young And The Restless. <b>3.00</b> Antiques Roadshow. <b>3.30</b> <b>MOVIE: I Believe In You.</b> (1952, PG) <b>5.30</b> Keeping Up Appearances. <b>6.00</b> Australian Open Tennis Pre-Show. <b>6.30</b> Antiques Roadshow. <b>7.30</b> A Fire Inside. <b>9.30</b> <b>MOVIE: Blown Away.</b> (1994, M) <b>11.55</b> The Equalizer. <b>1am</b> TV Shop: Home Shopping.</p>  | <p><b>10 BOLD (51)</b> <b>6am</b> Home Shopping. <b>8.00</b> Pat Callinan's 4x4 Adventures. <b>9.00</b> iFish Summer Series. <b>9.30</b> Jake And The Fatman. <b>10.30</b> Diagnosis Murder. <b>11.30</b> JAG. <b>1.30pm</b> Star Trek: The Next Generation. <b>2.30</b> Jake And The Fatman. <b>4.30</b> Diagnosis Murder. <b>5.30</b> JAG. <b>7.30</b> NCIS. <b>8.30</b> Law &amp; Order: SVU. <b>10.30</b> CSI: Crime Scene Investigation. <b>12.30am</b> Home Shopping. <b>2.00</b> SEAL Team. <b>3.00</b> NCIS: New Orleans. <b>5.00</b> Diagnosis Murder.</p>  |
| <p><b>NITV (34)</b> <b>6am</b> Morning Programs. <b>8.45</b> Waabiny Time. <b>9.10</b> Bushwhacked! <b>9.35</b> The Magic Canoe. <b>10.00</b> Great Blue Wild. <b>11.00</b> Going Places. <b>Noon</b> Stand Up And Be Counted: A NAIDOC Concert Special. <b>1.50</b> Road Open. <b>2.00</b> Shortland Street. <b>2.30</b> Chefs' Line. <b>3.00</b> Wapos Bay. <b>3.25</b> The Magic Canoe. <b>3.50</b> Wolf Joe. <b>4.00</b> Aussie Bush Tales. <b>4.10</b> Project Planet. <b>4.35</b> Mustangs FC. <b>5.00</b> Our Stories. <b>5.30</b> NITV News: Nula. <b>6.00</b> Bamay. <b>6.30</b> News. <b>6.35</b> Lost Treasures Of The Maya. <b>7.30</b> Little J And Big Cuz. <b>7.45</b> <b>MOVIE: Tracks.</b> (2013, M) <b>9.45</b> Bedtime Stories. <b>9.55</b> I Live, I Breathe, I Surf. <b>10.50</b> Late Programs.</p>   | <p><b>SBS WORLD MOVIES (32)</b> <b>6am</b> The Boy And The Beast. Continued. (2015, PG) <b>7.15</b> Bugsy Malone. (1976, PG) <b>8.55</b> Asterix: The Mansions Of The Gods. (2014, PG, French) <b>10.30</b> Equity. (2016, M) <b>12.25pm</b> Black Narcissus. (1947, PG) <b>2.20</b> Ottolenghi And The Cakes Of Versailles. (2020, PG) <b>3.45</b> The Thief Lord. (2006, PG) <b>5.35</b> Mary And The Witch's Flower. (2017, PG) <b>7.30</b> The Breaker Upperers. (2018, M) <b>9.00</b> Once Were Warriors. (1994, MA15+) <b>10.55</b> Slack Bay. (2016, M, French) <b>1.10am</b> Reprise. (2006, MA15+, Norwegian) <b>3.10</b> The Untamed. (2016, MA15+, Spanish) <b>5.00</b> Mary And The Witch's Flower. (2017, PG)</p>   | <p><b>7TWO (62)</b> <b>6am</b> Home Shopping. <b>6.30</b> Travel Oz. <b>8.00</b> Harry's Practice. <b>8.30</b> Million Dollar Minute. <b>9.30</b> NBC Today. <b>Noon</b> Bargain Hunt. <b>1.00</b> Million Dollar Minute. <b>2.00</b> Last Chance Learners. <b>2.30</b> Sons And Daughters. <b>4.30</b> RSPCA Animal Rescue. <b>5.00</b> Escape To The Country. <b>6.00</b> Bargain Hunt. <b>7.00</b> Better Homes And Gardens Summer. <b>8.30</b> The Amazing Homemakers. <b>10.30</b> Australia's Big Backyards. <b>12.30am</b> Better Homes And Gardens. <b>2.00</b> The Fine Art Auction. <b>5.00</b> RSPCA Animal Rescue. <b>5.30</b> Home Shopping.</p>   | <p><b>9GO! (82)</b> <b>6am</b> Children's Programs. <b>Noon</b> The Incredible Hulk. <b>1.00</b> SeaQuest DSV. <b>2.00</b> The A-Team. <b>3.00</b> The Nanny. <b>3.30</b> 3rd Rock From The Sun. <b>4.00</b> That '70s Show. <b>4.30</b> Raymond. <b>5.30</b> The Nanny. <b>6.00</b> <b>MOVIE: Antz.</b> (1998, PG) <b>7.30</b> <b>MOVIE: Madagascar 3: Europe's Most Wanted.</b> (2012, PG) <b>9.15</b> <b>MOVIE: Bad Neighbours.</b> (2014, MA15+) <b>11.15</b> Malcolm In The Middle. <b>12.15am</b> The Carrie Diaries. <b>1.15</b> Summer House. <b>2.10</b> Love Island USA. <b>3.00</b> Bakugan: Battle Planet. <b>3.30</b> Ninjago: Masters Of Spinjitzu. <b>4.00</b> TV Shop: Home Shopping. <b>5.00</b> Care Bears: Unlock The Magic. <b>5.30</b> Gumball.</p>  | <p><b>10 PEACH (52)</b> <b>6am</b> The Late Show With Stephen Colbert. <b>7.00</b> NBL Slam. <b>7.30</b> Seinfeld. <b>8.00</b> Becker. <b>9.00</b> The Middle. <b>10.00</b> Frasier. <b>11.00</b> The King Of Queens. <b>Noon</b> Becker. <b>1.00</b> The Big Bang Theory. <b>1.30</b> Seinfeld. <b>3.00</b> The King Of Queens. <b>4.00</b> Becker. <b>5.00</b> Frasier. <b>6.00</b> Friends. <b>8.00</b> The Big Bang Theory. <b>9.30</b> Mom. <b>10.30</b> Nancy Drew. <b>11.30</b> Friends. <b>Midnight</b> Home Shopping. <b>1.30</b> The Late Show With Stephen Colbert. <b>2.30</b> The Late Late Show With James Corden. <b>3.30</b> Becker. <b>4.30</b> Home Shopping. <b>5.30</b> Joseph Prince.</p>   |

CONSUMER ADVICE (P) Pre-school (C) Children (PG) Parental Guidance Recommended (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence (R) Repeat (a) Adult themes (d) Drug references (h) Horror (s) Sex references (l) Language (m) Medical procedures (n) Nudity (v) Violence.

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| <p><b>ABC TV (2)</b><br/><b>6.00</b> Rage. (PG) <b>7.00</b> Weekend Breakfast. <b>10.00</b> Rage. (PG)<br/><b>12.00 ABC News At Noon.</b><br/><b>12.30 Australia Day Live 2022.</b> (R)<br/><b>2.30 Australia Remastered.</b> (R)<br/><b>3.30 George Clarke's Amazing Spaces.</b> (R)<br/><b>4.30 Basketball.</b> WNBL. Perth Lynx v Bendigo Spirit.</p>   | <p><b>SBS (3)</b><br/><b>6.00</b> WorldWatch. <b>7.30</b> Italian News. <b>8.10</b> Filipino News. <b>8.40</b> French News. <b>9.30</b> Greek News. <b>10.30</b> German News. <b>11.00</b> Spanish News. <b>11.30</b> Turkish News. <b>12.00</b> Arabic News F24. <b>12.30</b> ABC America: World News Tonight. <b>1.00</b> PBS NewsHour. (R) <b>2.00</b> Figure Skating. ISU European Championships. Highlights. <b>3.30</b> The Seekers: Live In The UK. (R) <b>5.35</b> Tony Robinson's Forgotten War Stories. (PG)</p>  | <p><b>SEVEN (6)</b><br/><b>6am</b> Morning Programs. <b>11.30</b> The Women's Ashes Lunch Break. <b>12.10</b> Cricket. The Women's Ashes. Test Match. Australia v England. Day 3. Afternoon session. <b>2.10</b> The Women's Ashes Tea Break. <b>2.30</b> Cricket. The Women's Ashes. Test Match. Australia v England. Day 3. Late-afternoon session. <b>4.30</b> Border Security: Int. (PG, R) <b>5.00</b> News. <b>5.30</b> Border Security. (PG, R)</p>   | <p><b>NINE (8)</b><br/><b>6.00</b> Easy Eats. (R) <b>7.00</b> Weekend Today. <b>10.00</b> Today Extra Summer. (PG) <b>12.00</b> Cybershack. (PG) <b>12.30</b> Destination WA. (PG) <b>1.00</b> Bondi Lifeguard World Adventures. (PG, R) <b>1.30 MOVIE:</b> The Indian In The Cupboard. (1995, PGI, R) Hal Scardino. <b>3.30</b> Tennis. Australian Open. Day 13. <b>4.30</b> Driving Test. (PG, R) <b>5.00</b> News: First At Five. <b>5.30</b> Country House Hunters Australia. (R)</p>  | <p><b>TEN (5)</b><br/><b>6am</b> Morning Programs. <b>8.30</b> Pooches At Play. (R) <b>9.00</b> Freshly Picked. (R) <b>9.30</b> St10. (PG) <b>12.00</b> All 4 Adventure. (PGI, R) <b>1.00</b> What's Up Down Under. (R) <b>1.30</b> Everyday Gourmet. (R) <b>2.00</b> My Market Kitchen. (R) <b>2.30</b> Destination Dessert. (R) <b>3.00</b> Three Blue Ducks. (PGI, R) <b>3.30</b> Farm To Fork. (PG, R) <b>4.00</b> Roads Less Travelled. (R) <b>4.30</b> Taste Of Australia. (R) <b>5.00</b> News.</p>  |
| <p><b>6.30 Landline Summer.</b> (R) The best stories from 2021.<br/><b>7.00 ABC News.</b> Takes a look at today's top stories.<br/><b>7.30 Death In Paradise.</b> (Mv) An archaeologist is poisoned during a dig.<br/><b>8.30 All Creatures Great And Small.</b> (PG) As James settles into life in the Dales, Siegfried's younger brother Tristan arrives, bringing his own unique brand of chaos. James treats a wealthy widow's Pekingese.<br/><b>9.15 Call The Midwife.</b> (Ma, R) Mother Mildred decides Sister Frances must attend her first solo birth before Nurse Crane returns.<br/><b>10.15 Father Brown.</b> (PG, R) Hercule Flambeau visits Kempleford.<br/><b>11.00 Finding Alice.</b> (Mls, R) Alice decides to have a baby.<br/><b>11.50 Rage.</b> (MA15+adhlnsv)</p> | <p><b>6.30 SBS World News.</b><br/><b>7.35 Great Escapes With Morgan Freeman: Conquering The Wall.</b> (M) Explores real-life prison breaks.<br/><b>8.30 The World's Greatest Hotels: The Peninsula.</b> (PG) Takes a look at The Peninsula Hong Kong, one of the city's most historic hotels.<br/><b>9.25 World's Most Beautiful Railway.</b> (R) A look at Scotland's railway network.<br/><b>10.20 8 Out Of 10 Cats Does Countdown.</b> (M, R)<br/><b>11.15 Dublin Murders.</b> (MA15+a, R)<br/><b>12.20 MOVIE: American Animals.</b> (2018, MA15+I, R)<br/><b>2.30 MOVIE:</b> Twelve Monkeys. (1995, Malv, R) Bruce Willis, Madeline Stowe, Brad Pitt. <b>4.55</b> Destination Flavour Down Under Bitesize. (R) <b>5.00</b> France 24 Feature. <b>5.15</b> NHK World English News. <b>5.30</b> Deutsche Welle English News.</p> | <p><b>6.00 Seven News.</b><br/><b>7.00 Border Security: Australia's Front Line.</b> (PG, R) A passenger has declared only tobacco but it is clear straight away he is not telling the whole truth.<br/><b>7.30 MOVIE: Fast &amp; Furious 6.</b> (2013, Mlv, R) In the wake of their last heist, a crew of criminals reunites to take down a former soldier and his gang. Paul Walker, Vin Diesel, Dwayne Johnson.<br/><b>10.10 MOVIE: Non-Stop.</b> (2014, Mlv, R) During a transatlantic flight, a US Air Marshal receives a cryptic message threatening to kill the passengers. Liam Neeson, Julianne Moore.<br/><b>12.20 MOVIE: Ice.</b> (1998, Mv, R) A sudden ice age strikes the globe. Grant Show.<br/><b>2.00 Home Shopping.</b> (R)<br/><b>4.00 Get Clever.</b> (R)<br/><b>5.00 My Greek Odyssey: Rhodes.</b> (PG, R)</p> | <p><b>6.00 Nine News Saturday.</b><br/><b>6.30 Australian Open Tennis Pre-Show.</b> Reviews, previews, interviews, highlights and opinions from the Australian Open at Melbourne Park.<br/><b>7.00 Tennis.</b> Australian Open. Night 13. Women's Singles Final. Men's Doubles Final.<br/><b>11.30 New Amsterdam.</b> (Mam, R) Vijay lets his superstitions take over.<br/><b>12.30 Manifest.</b> (Madv, R) Zeke comes to Saanvi's aid.<br/><b>1.30 Bondi Lifeguard World Adventures: Coast To Coast Race NZ Pt 1.</b> (PG) The guys compete in an adventure race.<br/><b>2.00 TV Shop: Home Shopping.</b> (R)<br/><b>4.30 Global Shop.</b> (R) Home shopping.<br/><b>5.00 TV Shop: Home Shopping.</b> (R)<br/><b>5.30 Wesley Impact With Stu Cameron.</b> (PG, R)</p> | <p><b>6.00 Bondi Rescue.</b> (PGal, R) Follows the work of elite lifesavers on Bondi Beach. The tower is on high alert when a swimmer's quick dip results in a possible spinal injury. The lifeguards farewell a much-loved member of the squad.<br/><b>6.30 Soccer.</b> A-League Men. Round 12. Brisbane Roar v Western Sydney Wanderers. From Moreton Daily Stadium, Brisbane.<br/><b>9.30 Ambulance.</b> (Malv, R) Follows Doctor Ian and paramedic Nikki, the only doctor led team caring for the north west of Manchester, as they are dispatched to an urgent call in progress for a 13-year-old patient who has been stabbed.<br/><b>11.30 FBI: Most Wanted.</b> (Mv, R) A prized Kentucky racehorse is stolen and its groomer is taken hostage.<br/><b>12.30 Home Shopping.</b> (R)<br/><b>5.00 Hour Of Power.</b> Religious program.</p> |
| <p><b>ABC TV PLUS (22)</b> <b>6am</b> Children's Programs. <b>7.05pm</b> The Deep. <b>7.30</b> Spicks And Specks. <b>8.00</b> QI. <b>8.30</b> Live At The Apollo. <b>9.15</b> Whose Line Is It Anyway? <b>10.00</b> Gavin &amp; Stacey. <b>10.30</b> Insert Name Here. <b>11.05</b> Schitt's Creek. <b>11.25</b> The Trip To Greece. <b>11.55</b> Archer. <b>12.15am</b> Dead Pixels. <b>12.40</b> The Young Offenders. <b>1.10</b> David Attenborough: Kingdom Of Plants. (Final) <b>2.05</b> ABC News Update. <b>2.10</b> Close. <b>5.05</b> Late Programs.</p>  | <p><b>SBS VICELAND (31)</b> <b>6am</b> WorldWatch. <b>11.30</b> SBS Courtside. <b>Noon</b> Basketball. NBA. San Antonio Spurs v Chicago Bulls. <b>2.30</b> Last Chance High. <b>3.00</b> The Pizza Show. <b>3.25</b> WorldWatch. <b>4.50</b> It's Suppertime! <b>5.50</b> Delivering The World: Inside DHL. <b>6.40</b> The Story Of The Songs. <b>7.35</b> Brooklyn Nine-Nine. <b>8.30</b> Why Women Kill. <b>10.20</b> The X-Files. <b>12.50am</b> 9/11: Escape From The Towers. <b>2.25</b> France 24. <b>3.00</b> Late Programs.</p>  | <p><b>7MATE (60)</b> <b>6am</b> Morning Programs. <b>10.00</b> On Tour With Allan Border. <b>10.30</b> Motor Racing. Night Thunder. Sprintcar Muster. <b>11.30</b> Life Off Road. <b>Noon</b> To Be Advised. <b>12.30</b> Football. AFL Women's. Round 4. Adelaide v Melbourne. <b>2.30 MOVIE:</b> Ben-Hur. (1959, PG) <b>7.00 MOVIE:</b> We Are Marshall. (2006, PG) <b>9.45 MOVIE:</b> The Replacements. (2000, M) <b>12.20am</b> Late Programs.</p>   | <p><b>9GEM (81)</b> <b>6am</b> Morning Programs. <b>10.00</b> Garden Gurus Moments. <b>10.05</b> My Favorite Martian. <b>10.35</b> Edgar Wallace Mysteries. <b>11.55 MOVIE:</b> Time, Gentlemen, Please! (1952) <b>1.40pm MOVIE:</b> Gun Belt. (1953, PG) <b>3.15 MOVIE:</b> Red River. (1948) <b>6.00</b> Australian Open Tennis Pre-Show. <b>6.30</b> Keeping Up Appearances. <b>7.00 MOVIE:</b> My Fair Lady. (1964) <b>10.30 MOVIE:</b> The French Lieutenant's Woman. (1981, M) <b>1am</b> Late Programs.</p>   | <p><b>10 BOLD (51)</b> <b>6am</b> Home Shopping. <b>9.00</b> The Doctors. <b>10.00</b> Bondi Rescue. <b>10.30</b> Australia By Design: Architecture. <b>11.00</b> Jake And The Fatman. <b>1pm</b> JAG. <b>2.00</b> All 4 Adventure. <b>3.00</b> Diagnosis Murder. <b>4.00</b> Bondi Rescue. <b>4.30</b> iFish Summer Series. <b>5.00</b> Waltzing Jimeoin. <b>5.30</b> Scorpion. <b>7.30</b> NCIS. <b>8.30</b> Law &amp; Order: SVU. <b>10.20</b> NCIS: New Orleans. <b>1.10am</b> 48 Hours. <b>2.10</b> SEAL Team. <b>3.05</b> NCIS: Los Angeles. <b>5.00</b> Shopping.</p>  |
| <p><b>NITV (34)</b> <b>6am</b> Morning Programs. <b>11.15</b> A Time To Swim. <b>12.15pm</b> Lost Treasures Of The Maya. <b>1.10</b> Bamay. <b>1.40</b> Rugby Union. Ella 7s. <b>2.00</b> Ice Hockey. National Hockey Super League. <b>4.00</b> Soccer. Scottish Women's Premier League. <b>6.00</b> Away From Country. <b>6.50</b> News. <b>7.00</b> Chuck And The First People's Kitchen. <b>7.30 MOVIE:</b> Marley. (2012, M) <b>10.00 MOVIE:</b> Black Sheep. (2006, MA15+) <b>11.30</b> Late Programs.</p>  | <p><b>SBS WORLD MOVIES (32)</b> <b>6am</b> Morning Programs. <b>8.25</b> Abe. (2019, PG) <b>10.00</b> Kirikou And The Sorceress. (1998) <b>11.25</b> The Breaker Upperers. (2018, M) <b>12.55pm</b> The Painter And The Thief. (2020, M) <b>2.55</b> Buggy Malone. (1976, PG) <b>4.35</b> Asterix: The Mansions Of The Gods. (2014, PG, French) <b>6.10</b> Our Little Sister. (2015, PG, Japanese) <b>8.30</b> Septembers Of Shiraz. (2015, M) <b>10.35</b> Room In Rome. (2010, MA15+) <b>12.35am</b> Late Programs.</p>  | <p><b>7TWO (62)</b> <b>6am</b> Home Shopping. <b>8.30</b> Travel Oz. <b>10.00</b> Weekender. <b>10.30</b> Creek To Coast. <b>11.00</b> RSPCA Animal Rescue. <b>11.30</b> Horse Racing. Royal Randwick Race Day, Summer Festival at The Valley and Sunshine Coast Cup Day. <b>5pm</b> Border Security: International. <b>5.30</b> Ed And Karen's Recipes For Success. <b>6.30</b> The Hotel Inspector. <b>7.30</b> The Yorkshire Vet. <b>8.30</b> Escape To The Country. <b>10.30</b> The Mentalist. <b>11.30</b> Late Programs.</p>  | <p><b>9GO! (82)</b> <b>6am</b> Children's Programs. <b>2pm</b> Malcolm. <b>3.00 MOVIE:</b> Bedazzled. (2000, PG) <b>5.00 MOVIE:</b> Major Payne. (1995, PG) <b>7.00 MOVIE:</b> School Of Rock. (2003, PG) <b>9.15 MOVIE:</b> Step Up. (2006, PG) <b>11.25 MOVIE:</b> Step Up 2: The Streets. (2008, PG) <b>1.20am</b> Summer House. <b>2.10</b> Below Deck Mediterranean. <b>3.00</b> Power Rangers Dino Fury. <b>3.30</b> Thunderbirds. <b>4.30</b> Teen Titans Go! <b>4.50</b> Ninjago: Masters Of Spinjitzu. <b>5.30</b> Gumball.</p>   | <p><b>10 PEACH (52)</b> <b>6am</b> The Late Show With Stephen Colbert. <b>7.00</b> The King Of Queens. <b>8.00</b> Frasier. <b>9.00</b> I'm A Celebrity... Get Me Out Of Here! <b>3pm</b> Friends. <b>6.00</b> The Big Bang Theory. <b>10.15</b> Friends. <b>12.10am</b> Home Shopping. <b>1.40</b> Mom. <b>2.05</b> The Big Bang Theory. <b>2.35</b> Crazy Ex-Girlfriend. <b>3.30</b> Nancy Drew. <b>4.30</b> Home Shopping.</p>   |

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GladstoneToday

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Sunday, January 30

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| <p><b>ABC TV (2)</b><br/><b>6am</b> Morning Programs. <b>10.30</b> World This Week. (R) <b>11.00</b> Compass. (PG, R) <b>11.30</b> Praise. <b>12.00</b> News. <b>12.30</b> Landline Summer. (R) <b>1.00</b> Finding Alice. (Mls, R) <b>1.45</b> Mum. (MI, R) <b>2.15</b> Doc Martin. (PG, R) <b>3.05</b> Aussie Inventions That Changed The World. (PG, R) <b>4.00</b> Monty Don's American Gardens. (R) <b>5.00</b> Dream Gardens. (PG, R) <b>5.30</b> Nigella's Cook, Eat, Repeat. (Final, R)</p>   | <p><b>SBS (3)</b><br/><b>6.00</b> WorldWatch. <b>9.30</b> Greek News. <b>10.30</b> German News. <b>11.00</b> Spanish News. <b>11.30</b> Turkish News. <b>12.00</b> Arabic News F24. <b>12.30</b> ABC America: World News Tonight. <b>1.00</b> Speedweek. <b>3.00</b> Figure Skating. ISU European Championships. Highlights. <b>4.35</b> The Cook Up With Adam Liaw Bitesize. <b>4.40</b> Private Lives Of... (PGv, R) <b>5.35</b> Tony Robinson's Forgotten War Stories. (PG)</p>   | <p><b>SEVEN (6)</b><br/><b>6am</b> Morning Programs. <b>12.10</b> Cricket. The Women's Ashes. Test Match. Australia v England. Day 4. Afternoon session. <b>2.10</b> The Women's Ashes Tea Break. <b>2.30</b> Cricket. The Women's Ashes. Test Match. Australia v England. Day 4. Late afternoon session. <b>4.30</b> Border Security: America's Front Line. (PG) <b>5.00</b> Seven News Adelaide. <b>5.30</b> Border Security. (PG, R)</p>   | <p><b>NINE (8)</b><br/><b>6.00</b> Easy Eats. (R) <b>7.00</b> Weekend Today. <b>10.00</b> Drive TV. <b>10.30</b> The Xtreme CollXtion. (PG, R) <b>11.00</b> Women's Footy. (Return, PG) <b>12.00</b> Karl Meltzer: Made To Be Broken. (PG, R) <b>1.00</b> Ultimate Rush. (PGI, R) <b>1.30</b> Australian Open Tennis Pre-Show. <b>2.30</b> Tennis. Australian Open. Day 14. Women's doubles final. <b>4.30</b> RBT. (PGdI) <b>5.00</b> News: First At Five. <b>5.30</b> Hello SA. (Premiere, PG)</p>   | <p><b>TEN (5)</b><br/><b>6am</b> Morning Programs. <b>7.30</b> Joel Osteen. <b>8.00</b> GCBC. (R) <b>8.30</b> Freshly Picked. (R) <b>9.00</b> Everyday Gourmet. (R) <b>9.30</b> St10. (PG) <b>12.00</b> I'm A Celebrity... Get Me Out Of Here! (R) <b>1.30</b> My Market Kitchen. (R) <b>2.00</b> Healthy Homes Aust. <b>2.30</b> Australia By Design: Architecture. (PG) <b>3.00</b> Taste Of Australia. (R) <b>3.30</b> Roads Less Travelled. (R) <b>4.00</b> All 4 Adventure. (Final) <b>5.00</b> News.</p>   |
| <p><b>6.05 Australia Remastered: Forces Of Nature: Cyclone.</b> Part 1 of 4.<br/><b>7.00 ABC News Sunday.</b><br/><b>7.40 Muster Dogs.</b> Part 2 of 4. The training for the four-month assessment is well underway.<br/><b>8.40 Vera.</b> (Return, Mv) Vera investigates when a family man is murdered the day before he was due to testify in court.<br/><b>10.10 Doc Martin.</b> (Ma, R) The locals attend a gig race and festival.<br/><b>11.00 Harrow.</b> (Malnv, R) A death at a nursing home is investigated.<br/><b>11.50 The Bikes Of Wrath.</b> (MI, R)<br/><b>1.15 Growing Up Gracefully: Looking Your Best.</b> (Mlns, R)<br/><b>1.45 Rage.</b> (MA15+adhlnsv)<br/><b>3.55 Keeping Australia Safe.</b> (Ma, R)<br/><b>4.55 Insiders.</b> (R)</p> | <p><b>6.30 SBS World News.</b><br/><b>7.30 Great Wall Of China: The Making Of China.</b> (PG) Explores the Great Wall of China.<br/><b>8.50 Auschwitz: One Day.</b> (MA15+) The story of a typical day in 1944 at Auschwitz from the viewpoint of victims.<br/><b>9.50 The World's Biggest Murder Trial: Nuremberg.</b> (Mavv, R) Takes a look at the Nuremberg Trials.<br/><b>11.05 The Great Plague: Aftermath.</b> (Ma, R)<br/><b>12.00 I Am Jackie O.</b> (Mav, R)<br/><b>1.30 Life And Birth.</b> (PGa, R)<br/><b>3.50</b> Billy Connolly's Big Send Off. (Mal, R) <b>4.45</b> Destination Flavour Down Under Bitesize. (R) <b>5.00</b> France 24 Feature. <b>5.15</b> NHK World English News. <b>5.30</b> Deutsche Welle English News.</p> | <p><b>6.00 Seven News.</b><br/><b>7.00 Border Security: Australia's Front Line.</b> (PG)<br/><b>7.30 Crime Investigation Australia: Kerry Whelan - Wife For Ransom.</b> (Mav) Examines the case of Kerry Whelan.<br/><b>8.50 MOVIE: The Greatest Showman.</b> (2017, PGa, R) After meeting a wealthy playwright, entrepreneur PT Barnum sets out to create a wax museum and circus. Hugh Jackman, Michelle Williams.<br/><b>11.00 Criminal Confessions: Chris Watts - Confession Untold.</b> (MA15+av, R)<br/><b>12.30 MOVIE: The Other Side Of The Door.</b> (2016, MA15+h, R)<br/><b>2.30</b> Home Shopping. (R) <b>3.30</b> Million Dollar Minute. (R) <b>4.00</b> NBC Today. <b>5.00</b> Seven Early News. <b>5.30</b> Sunrise.</p> | <p><b>6.00 Nine News.</b><br/><b>6.30 Australian Open Tennis Pre-Show.</b> Reviews, previews, interviews, highlights and opinions from the Australian Open at Melbourne Park.<br/><b>7.00 Tennis.</b> Australian Open. Night 14. Men's singles final.<br/><b>11.30 New Amsterdam.</b> (Mam, R) Floyd takes his last rounds at the hospital.<br/><b>12.30 Manifest.</b> (Madv, R) Ben works alongside a new ally.<br/><b>1.30 TV Shop: Home Shopping.</b> (R)<br/><b>4.00 Believer's Voice Of Victory.</b> (PGa) Religious program.<br/><b>4.30 Take Two.</b> (R) Home shopping.<br/><b>5.00 News Early Edition.</b><br/><b>5.30 Today.</b></p> | <p><b>6.30 The Sunday Project.</b> Panellists dissect, digest and reconstitute the daily news, events and hottest topics.<br/><b>7.30 I'm A Celebrity... Get Me Out Of Here!</b> (Final) The Aussie celebrities discover which of them will claim the title of King or Queen Of The Jungle and the \$100,000 prize for their nominated charity. Hosted by Julia Morris and Dr Chris Brown.<br/><b>9.00 FBI.</b><br/><b>11.00 The Sunday Project.</b> (R) Panellists dissect, digest and reconstitute the daily news, events and hottest topics.<br/><b>12.00 Home Shopping.</b> (R)<br/><b>4.30 CBS Mornings.</b> Morning news and talk show, covering breaking news, politics, health, money, lifestyle and pop culture with Gayle King, Tony Dokoupil and Nate Burleson.</p> |
| <p><b>ABC TV PLUS (22)</b> <b>6am</b> Children's Programs. <b>7.05pm</b> The Deep. <b>7.30</b> Compass. <b>8.00</b> You Can't Ask That. <b>8.30</b> The School That Tried To End Racism. <b>9.20</b> The Hunt For Gaddafi's Billions. (Final) <b>10.10</b> Kylie Minogue Golden: Live In Concert. <b>12.10am</b> George Clarke's Amazing Spaces. <b>12.55 MOVIE:</b> Dead Europe. (2012, MA15+) <b>2.15</b> ABC News Update. <b>2.20</b> Close. <b>5.05</b> Little Princess. <b>5.15</b> Late Programs.</p>   | <p><b>SBS VICELAND (31)</b> <b>6am</b> WorldWatch. <b>Noon</b> Basketball. NBA. San Antonio Spurs v Chicago Bulls. Replay. <b>2.00</b> Black Market: Dispatches. <b>3.00</b> Tattoo Age. <b>3.30</b> WorldWatch. <b>4.00</b> Insight. <b>5.00</b> Look Me In The Eye. <b>5.55</b> Speed With Guy Martin. <b>6.50</b> Deadly Destruction. <b>7.45</b> When Big Things Go Wrong. <b>8.35</b> Patriot Brains. <b>9.30 MOVIE:</b> Vice Versa: Chyna. (2021, MA15+) <b>11.10</b> Late Programs.</p>   | <p><b>7MATE (60)</b> <b>6am</b> Morning Programs. <b>11.30</b> Step Outside. <b>Noon</b> Million Dollar Catch. <b>12.30</b> Football. AFL Women's. Round 4. Carlton v North Melbourne. <b>2.30</b> Football. AFL Women's. Round 4. Collingwood v Fremantle. <b>4.30</b> Ultimate Fishing. <b>5.30</b> Shipping Wars. <b>6.00</b> American Pickers. <b>7.00 MOVIE:</b> The Maze Runner. (2014, PG) <b>9.15 MOVIE:</b> Maze Runner: The Scorch Trials. (2015, M) <b>11.45</b> Late Programs.</p>  | <p><b>9GEM (81)</b> <b>6am</b> Morning Programs. <b>8.30</b> The Incredible Journey. <b>9.00</b> TV Shop. <b>10.00</b> My Favorite Martian. <b>10.30</b> Edgar Wallace Mysteries. <b>11.50 MOVIE:</b> Young Wives' Tale. (1951) <b>1.25pm MOVIE:</b> The Brigand Of Kandahar. (1965, PG) <b>3.05</b> Keeping Up Appearances. <b>3.35 MOVIE:</b> The Vikings. (1958, PG) <b>6.00</b> Australian Open Tennis Pre-Show. <b>6.30</b> Keeping Up Appearances. <b>7.00</b> To Be Advised. <b>Midnight</b> Late Programs.</p>   | <p><b>10 BOLD (51)</b> <b>6am</b> Morning Programs. <b>11.30</b> Australia By Design: Interiors. <b>Noon</b> Australia By Design: Architecture. <b>12.30</b> Scorpion. <b>2.30</b> Snap Happy. <b>3.00</b> Soccer. A-League Women. Round 9. Newcastle Jets v Canberra United. <b>5.30</b> Bondi Rescue. <b>6.00</b> Soccer. AFC Women's Asian Cup. Knockout stage. Second quarter-final. <b>9.00</b> NCIS. <b>10.00</b> NCIS: Los Angeles. (Final) <b>11.00</b> Late Programs.</p>   |
| <p><b>NITV (34)</b> <b>6am</b> Morning Programs. <b>11.15</b> Football. WKFL. From Western Australia. <b>12.45pm</b> Motor Racing. W Series. Highlights. <b>1.15</b> Soccer. Serie A Femminile. <b>3.00</b> Rugby Union. Monsoon Rugby Union. <b>4.30</b> Softball. SA Premier League. <b>6.00</b> Going Native. <b>6.25</b> Brass Against The Odds. <b>6.35</b> News. <b>6.45</b> Unknown Amazon. <b>7.35</b> Coast New Zealand. <b>8.30</b> To The Ends Of The Earth. <b>10.00 MOVIE:</b> Vai. (2019, PG) <b>11.35</b> Late Programs.</p>   | <p><b>SBS WORLD MOVIES (32)</b> <b>6am</b> Morning Programs. <b>8.35</b> Black Narcissus. (1947, PG) <b>10.30</b> Slack Bay. (2016, M, French) <b>12.45pm</b> Howard Lovecraft. (2016, PG) <b>2.20</b> Long Way North. (2015, PG) <b>3.50</b> Esio Trot. (2015, PG) <b>5.30</b> Kirikou And The Sorceress. (1998) <b>6.55</b> Abe. (2019, PG) <b>8.30</b> Police Story. (1985, M, Cantonese) <b>10.25</b> Police Story II. (1988, M, Cantonese) <b>12.40am</b> Late Programs.</p>  | <p><b>7TWO (62)</b> <b>6am</b> Morning Programs. <b>8.30</b> Shopping. <b>9.00</b> NBC Today. <b>10.00</b> Ed And Karen's Recipes For Success. <b>11.00</b> The Great Australian Doorstep. <b>11.30</b> Animal Rescue. <b>12.10pm</b> Escape To The Country. <b>2.10</b> Martin Clunes: Islands Of America. <b>4.20 MOVIE:</b> Superman II. (1980, PG) <b>7.00</b> Border Security. <b>8.30</b> Railroad Australia. (Premiere) <b>9.30</b> Mighty Trains. <b>10.30</b> Heathrow. <b>11.00</b> Late Programs.</p>  | <p><b>9GO! (82)</b> <b>6am</b> Children's Programs. <b>1.50pm</b> Malcolm. <b>2.20 MOVIE:</b> Pokémon The Movie: Diancie And The Cocoon Of Destruction. (2014) <b>3.50 MOVIE:</b> Captain Underpants. (2017) <b>5.30 MOVIE:</b> 100% Wolf. (2020, PG) <b>7.30 MOVIE:</b> Hercules. (2014, M) <b>9.30 MOVIE:</b> Immortals. (2011, MA15+) <b>11.40</b> Malcolm. <b>12.10am</b> The Carrie Diaries. <b>1.10</b> Summer House. <b>2.10</b> Below Deck Mediterranean. <b>3.00</b> Late Programs.</p>   | <p><b>10 PEACH (52)</b> <b>6am</b> Brides Of Beverly Hills. <b>7.00</b> The Big Bang Theory. <b>8.30</b> Neighbours. <b>10.30</b> I'm A Celebrity... Get Me Out Of Here! <b>Noon</b> Carol's Second Act. <b>12.30</b> Basketball. NBL. Round 9. Adelaide 36ers v Melbourne United. <b>2.30</b> Basketball. NBL. Round 9. Sydney Kings v Perth Wildcats. <b>4.30</b> Carol's Second Act. <b>5.00</b> Friends. <b>6.00</b> The Big Bang Theory. <b>8.30</b> Friends. <b>11.00</b> Late Programs.</p>   |

Thursday, 27 January, 2022 GLADSTONE TODAY 29

Monday, January 31

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| <b>ABC TV (2)</b><br><b>6.00</b> News Breakfast. <b>9.00</b> ABC News Mornings. <b>10.00</b> Waltzing The Dragon With Benjamin Law. (PG, R) <b>11.05</b> Australia Remastered: Forces Of Nature. (R) <b>12.00</b> ABC News At Noon. <b>1.00</b> The Cook And The Chef. (R) <b>1.25</b> Vera. (Mv, R)<br><b>3.00</b> ABC News Afternoons.<br><b>4.00</b> Think Tank. (PG, R)<br><b>5.00</b> Restoration Australia. (R)  | <b>SBS (3)</b><br><b>6.00</b> WorldWatch. <b>9.30</b> Greek News. <b>10.30</b> German News. <b>11.00</b> Spanish News. <b>11.30</b> Turkish News. <b>12.00</b> Arabic News F24. <b>12.30</b> ABC America: World News Tonight. <b>1.00</b> Al Jazeera News. <b>2.00</b> America In Colour. (Mav, R) <b>2.55</b> The Italians. (R) <b>3.10</b> Prince Albert's Secret Papers. (R) <b>4.05</b> Michael Mosley: Queen Victoria's Slum. (PG, R) <b>5.05</b> Jeopardy! (PG) <b>5.30</b> Letters And Numbers. (R)  | <b>SEVEN (6)</b><br><b>6.00</b> Sunrise. <b>9.00</b> The Morning Show. (PG) <b>11.30</b> Seven Morning News. <b>12.00</b> <b>MOVIE: Dead At 17.</b> (2008, R) <b>2.00</b> Motorbike Cops. (PG, R) <b>2.30</b> Border Security: International. (PG, R) <b>3.00</b> The Chase. <b>4.00</b> Seven News At 4. <b>5.00</b> The Chase Australia.   | <b>NINE (8)</b><br><b>9.00</b> Today. <b>9.00</b> Today Extra. (PG) <b>11.30</b> Morning News. <b>12.00</b> <b>MOVIE: All For Love.</b> (2016, G) <b>1.45</b> Explore: Wellington. (R) <b>2.00</b> Pointless. (PG) <b>2.00</b> Tipping Point. (PG) <b>4.00</b> Millionaire Hot Seat. <b>5.00</b> Afternoon News.  | <b>TEN (5)</b><br><b>6.00</b> The Talk. (PGa) <b>7.00</b> Judge Judy. (PG, R) <b>7.30</b> The Bold And The Beautiful. (PG, R) <b>8.00</b> Studio 10. (PG) <b>12.00</b> Dr Phil. (PGa) <b>1.00</b> To Be Advised. <b>2.30</b> Entertainment Tonight. <b>3.00</b> Judge Judy. (PG, R) <b>3.30</b> Left Off The Map. <b>4.00</b> Farm To Fork. (PG) <b>4.30</b> The Bold And The Beautiful. (PG) <b>5.00</b> 10 News First.   |
| <b>6.00</b> The Drum. <b>7.00</b> ABC News. <b>7.30</b> <b>7.30</b> . <b>8.00</b> Back Roads: Eyre Peninsula, South Australia. (PG) Guest presenter is Paul West. <b>8.30</b> The China Century: Cold War Two. (Mav) Part 5 of 5. <b>9.30</b> The Rise Of The Murdoch Dynasty: The Comeback. (Ms, R) Part 3 of 3. <b>10.20</b> Strong Women. (Ma, R) <b>10.50</b> ABC Late News. <b>11.05</b> The Business. (R) <b>11.25</b> Old People's Home For 4 Year Olds. (R) <b>12.30</b> Killing Eve. (MA15+v, R) <b>1.10</b> Who Killed Belinda Peisley? (Mal, R) <b>2.15</b> Call The Midwife. (Ma, R) <b>3.10</b> Rage. (MA15+adhlinsv) <b>4.25</b> The Drum. (R) <b>5.25</b> 7.30. (R) | <b>6.00</b> Mastermind Australia. (R) <b>6.30</b> SBS World News. <b>7.35</b> Heritage Rescue: Castle Howard. (Premiere, PG) Presented by Nick Knowles. <b>8.30</b> Secret Scotland: Borders. (R) Part 4 of 5. Susan Calman visits the Scottish Borders and the famed Gretna Green, the UK's wedding capital. <b>9.20</b> Historic House Rescue: Welsh Farmhouse Pt 2. (R) Part 2 of 3. Using the latest scientific research, the team uncovers the age of Llwyn Celyn. <b>10.15</b> SBS World News Late. <b>10.45</b> Paris Police 1900. (Premiere, MA15+asv) <b>11.50</b> Wisting. (Mav, R) <b>12.45</b> Unit One. (Masv, R) <b>4.05</b> VICE Guide To Film. (MA15+v, R) <b>4.50</b> Destination Flavour Down Under Bitesize. (R) <b>5.00</b> France 24 Feature. <b>5.15</b> NHK World English News. <b>5.30</b> Deutsche Welle English News. | <b>6.00</b> Seven News. <b>7.00</b> Home And Away. <b>7.30</b> The Voice Generations. (PG) Part 1 of 3. Talented Australians of all ages team up to impress the coaches. <b>9.00</b> <b>9-1-1.</b> (Ma) Bobby and the 118 race to the rescue when an abandoned oil well erupts and causes a massive sinkhole in downtown Los Angeles. Athena investigates a 30-year-old cold case involving a casino robbery. <b>11.00</b> Fantasy Island. (Ma) Mr Jones faces his past. <b>12.00</b> <b>MOVIE: Table 19.</b> (2017, Mdl, R) Six strangers attend a wedding. Anna Kendrick. <b>1.40</b> Hooked On The Look. (MA15+a, R) <b>2.00</b> Home Shopping. (R) <b>4.00</b> NBC Today. <b>5.00</b> Seven Early News. <b>5.30</b> Sunrise. | <b>6.00</b> Nine News. <b>7.00</b> A Current Affair. <b>7.30</b> Married At First Sight. (Return, Mls) The experiment begins with the hens' and buck's nights and the first two of the couples walking down the aisle. <b>9.30</b> <b>MOVIE: Bridesmaids.</b> (2011, MA15+ls, R) Two best friends have a falling out after one of them asks another person to be her maid of honour. Kristen Wiig, Maya Rudolph, Rose Byrne. <b>11.50</b> New Amsterdam. (Mam, R) <b>12.50</b> Customs. (PG, R) <b>1.20</b> Explore: Wellington. (R) <b>1.30</b> TV Shop: Home Shopping. (R) <b>2.30</b> Global Shop. (R) <b>3.00</b> TV Shop: Home Shopping. (R) <b>4.00</b> Believer's Voice Of Victory. (PGa) <b>4.30</b> A Current Affair. (R) <b>5.00</b> News Early Edition. <b>5.30</b> Today. | <b>6.30</b> The Project. The hosts and guest panellists take a look at the day's news, events and hot topics. <b>7.30</b> Australian Survivor. (Return) A group of 24 Australian castaways find themselves stranded in Charters Towers, Queensland. <b>9.00</b> FBI: Most Wanted. (Mv) All hell breaks loose when Barnes and Jess are caught in a shooting while Christmas shopping with their families at a mall where the exits have been rigged with explosives so no one can escape. <b>11.00</b> The Project. (R) The hosts and guest panellists take a look at the day's news, events and hot topics. <b>12.00</b> The Late Show With Stephen Colbert. (PG) Late night talk show. <b>1.00</b> Home Shopping. (R) <b>4.30</b> CBS Mornings. Morning news and talk show. |
| <b>ABC TV PLUS (22)</b> <b>6am</b> Children's Programs. <b>7.15pm</b> Odd Squad. <b>7.30</b> David Attenborough's Conquest Of The Skies. <b>8.25</b> George Clarke's Amazing Spaces. <b>9.10</b> To Be Advised. <b>10.00</b> Doctor Who. <b>11.05</b> Would I Lie To You? <b>11.35</b> QI. <b>12.05am</b> Escape From The City. <b>1.05</b> Community. <b>1.30</b> Parks And Recreation. <b>1.50</b> ABC News Update. <b>1.55</b> Close. <b>5.05</b> Little Princess. <b>5.15</b> Hoot Hoot Go! <b>5.20</b> Pingu In The City. <b>5.30</b> Late Programs.  | <b>SBS VICELAND (31)</b> <b>6am</b> WorldWatch. <b>10.00</b> SBS Courtside. <b>10.30</b> Basketball. NBA. Milwaukee Bucks v Denver Nuggets. <b>1pm</b> WorldWatch. <b>1.30</b> Nirvana. <b>2.00</b> The Third Industrial Revolution. <b>3.55</b> WorldWatch. <b>5.15</b> Joy Of Painting. <b>5.45</b> Shortland Street. <b>6.15</b> Alone. <b>7.05</b> Jeopardy! <b>7.35</b> 8 Out Of 10 Cats Does Countdown. <b>8.30</b> Taskmaster. <b>9.25</b> Hypothetical. (Final) <b>10.15</b> Late Programs.   | <b>7MATE (60)</b> <b>6am</b> Morning Programs. <b>9.30</b> Sound FX: Best Of. <b>10.00</b> NFL. NFL. AFC Championship Game. <b>1pm</b> Armchair Experts: NFL Edition. <b>1.30</b> Sound FX: Best Of. <b>2.00</b> Shipping Wars. <b>2.30</b> Pawnography. <b>3.30</b> Highway Thru Hell. <b>4.30</b> Heavy Rescue: 401. <b>5.30</b> Storage Wars: TX. <b>6.00</b> American Pickers. <b>7.00</b> Pawn Stars. <b>7.30</b> American Pickers. <b>8.30</b> <b>MOVIE: Crimson Tide.</b> (1995, M) <b>11.00</b> Late Programs.   | <b>9GEM (81)</b> <b>6am</b> TV Shop. <b>7.00</b> Creflo. <b>7.30</b> TV Shop. <b>9.30</b> Newstyle Direct. <b>10.00</b> Danoz. <b>10.30</b> Australia's Top Ten Of Everything. <b>11.30</b> My Favorite Martian. <b>Noon</b> Seaway. <b>1.00</b> The Young And The Restless. <b>1.55</b> Keeping Up Appearances. <b>3.05</b> Antiques Roadshow. <b>3.35</b> <b>MOVIE: Carlton-Browne Of The F.O.</b> (1959) <b>5.30</b> Murder, She Wrote. <b>6.30</b> Antiques Roadshow. <b>7.30</b> Poirot. <b>8.40</b> Silent Witness. <b>10.50</b> Late Programs.   | <b>10 BOLD (51)</b> <b>6am</b> Home Shopping. <b>8.00</b> Soccer: A-League Men. Round 12. Brisbane Roar v Western Sydney Wanderers. Replay. <b>10.30</b> Cheers. <b>11.00</b> JAG. <b>Noon</b> NCIS. <b>1.00</b> Law & Order: SVU. <b>2.00</b> Walker, Texas Ranger. <b>3.00</b> Cheers. <b>3.30</b> Jake And The Fatman. <b>4.30</b> Diagnosis Murder. <b>5.30</b> JAG. <b>7.30</b> NCIS. <b>10.20</b> A-League Highlights Show. <b>11.20</b> Blue Bloods. <b>12.15am</b> Shopping. <b>2.15</b> 48 Hours. <b>3.15</b> Hawaii Five-O. <b>4.10</b> Late Programs.   |
| <b>NITV (34)</b> <b>6am</b> Morning Programs. <b>1.55pm</b> Keep Calm And Decolonize. <b>2.00</b> Shortland Street. <b>2.30</b> Chefs' Line. <b>3.00</b> Jarjums. <b>3.25</b> The Magic Canoe. <b>3.50</b> Jarjums. <b>5.00</b> Our Stories. <b>5.30</b> APTN National News. <b>6.00</b> Bamay. <b>6.30</b> Emptying The Tank. <b>6.40</b> News. <b>6.50</b> Unknown Amazon. <b>7.40</b> Through The Wormhole. <b>8.30</b> Karla Grant Presents. <b>9.00</b> First School At Middle Beach. <b>9.30</b> Miniseries: Hungry Ghosts. <b>10.30</b> Late Programs.  | <b>SBS WORLD MOVIES (32)</b> <b>6am</b> Long Way North. Continued. (2015, PG) <b>6.10</b> Abe. (2019, PG) <b>7.45</b> Esio Trot. (2015, PG) <b>9.25</b> Howard Lovcraft. (2016, PG) <b>11.00</b> Police Story. (1985, M, Cantonese) <b>12.55pm</b> The Big Boss. (1971, M, Cantonese) <b>2.50</b> Our Little Sister. (2015, PG, Japanese) <b>5.10</b> Bala. (2019, PG, Hindi) <b>7.35</b> The Meddler. (2015, M) <b>9.30</b> Song Lang. (2018, M, Vietnamese) <b>11.25</b> Late Programs.   | <b>7TWO (62)</b> <b>6am</b> Home Shopping. <b>6.30</b> Travel Oz. <b>8.00</b> Harry's Practice. <b>8.30</b> Million Dollar Minute. <b>9.30</b> NBC Today. <b>10.30</b> Better Homes And Gardens Summer. <b>Noon</b> Mighty Trains. <b>1.00</b> Million Dollar Minute. <b>2.00</b> Weekender. <b>2.30</b> Sons And Daughters. <b>4.30</b> Martin Clunes: Islands Of America. <b>5.30</b> Escape To The Country. <b>6.30</b> Bargain Hunt. <b>7.30</b> Doc Martin. <b>8.30</b> The Inspector Lynley Mysteries. <b>10.30</b> Cold Case. <b>11.30</b> Late Programs.   | <b>9GO! (82)</b> <b>6am</b> Children's Programs. <b>Noon</b> The Incredible Hulk. <b>1.00</b> SeaQuest DSV. <b>2.00</b> The A-Team. <b>3.00</b> The Nanny. <b>3.30</b> Raymond. <b>5.30</b> The Nanny. <b>6.00</b> 3rd Rock From The Sun. <b>6.30</b> That '70s Show. <b>7.00</b> Young Sheldon. <b>7.30</b> RBT. <b>8.00</b> Gold Coast Cops. <b>8.30</b> <b>MOVIE: Riddick.</b> (2013, MA15+) <b>11.00</b> Resident Alien. <b>Midnight</b> The Carrie Diaries. <b>1.00</b> Love Island USA. <b>1.50</b> Social Fabric. <b>2.50</b> Late Programs.   | <b>10 PEACH (52)</b> <b>6am</b> Basketball. NBL. Round 9. Adelaide 36ers v Melbourne United. Replay. <b>8.00</b> Friends. <b>10.00</b> The Middle. <b>11.30</b> Seinfeld. <b>Noon</b> Carol's Second Act. <b>1.00</b> Nancy Drew. <b>2.00</b> The Big Bang Theory. <b>3.00</b> The King Of Queens. <b>4.00</b> Becker. <b>5.00</b> Frasier. <b>6.00</b> Friends. <b>6.30</b> Neighbours. <b>7.00</b> Friends. <b>8.00</b> The Big Bang Theory. <b>9.30</b> Seinfeld. <b>11.00</b> Mom. <b>Midnight</b> Shopping. <b>1.30</b> Late Programs.  |



# Do you have an event coming up?

# We want to know!

Send the details to [editorial@todaygladstone.com.au](mailto:editorial@todaygladstone.com.au) and we'll publish it in our weekly Events Calendar.

12503220-JW28-21

Tuesday, February 1

|  |   |   |  |  |
|--|---|---|--|--|
| <b>ABC TV (2)</b><br><b>6.00</b> News Breakfast. <b>9.00</b> ABC News Mornings. <b>10.00</b> Waltzing The Dragon With Benjamin Law. (PG, R) <b>11.00</b> Muster Dogs. (R) <b>12.00</b> ABC News At Noon. <b>1.00</b> All Creatures Great And Small. (PG, R) <b>1.55</b> Death In Paradise. (Mv, R) <b>3.00</b> ABC News Afternoons.<br><b>4.00</b> Think Tank. (PG, R)<br><b>5.00</b> Restoration Australia. (PG, R)   | <b>SBS (3)</b><br><b>6.00</b> WorldWatch. <b>9.30</b> Greek News. <b>10.30</b> German News. <b>11.00</b> Spanish News. <b>11.30</b> Turkish News. <b>12.00</b> Arabic News F24. <b>12.30</b> ABC America: World News Tonight. <b>1.00</b> PBS NewsHour. (R) <b>2.00</b> America In Colour. (Mav, R) <b>2.55</b> The Italians. (R) <b>3.10</b> Secrets Of China's Forbidden City. (PG, R) <b>4.05</b> Michael Mosley: Queen Victoria's Slum. (PG, R) <b>5.05</b> Jeopardy! (PG) <b>5.30</b> Letters And Numbers. (R)   | <b>SEVEN (6)</b><br><b>6.00</b> Sunrise. <b>9.00</b> The Morning Show. (PG) <b>11.30</b> Seven Morning News. <b>12.00</b> To Be Advised. <b>1.30</b> RSPCA Animal Rescue. (R) <b>2.00</b> Motorbike Cops. (PG, R) <b>2.30</b> Border Security: International. (PG, R) <b>3.00</b> The Chase. <b>4.00</b> Seven News At 4. <b>5.00</b> The Chase Australia.  | <b>NINE (8)</b><br><b>6.00</b> Today. <b>9.00</b> Today Extra. (PG) <b>11.30</b> Morning News. <b>12.00</b> Married At First Sight. (Mls, R) <b>2.00</b> Pointless. (PG) <b>3.00</b> Tipping Point. (PG) <b>4.00</b> Millionaire Hot Seat. Hosted by Eddie McGuire. <b>5.00</b> Afternoon News.  | <b>TEN (5)</b><br><b>6.00</b> The Talk. (PGa) <b>7.00</b> Judge Judy. (PG, R) <b>7.30</b> The Bold And The Beautiful. (PG, R) <b>8.00</b> Studio 10. (PG) <b>12.00</b> Dr Phil. (PGa) <b>1.00</b> To Be Advised. <b>2.30</b> Entertainment Tonight. <b>3.00</b> Judge Judy. (PG, R) <b>3.30</b> Left Off The Map. <b>4.00</b> Farm To Fork. (PG) <b>4.30</b> The Bold And The Beautiful. (PG) <b>5.00</b> 10 News First.   |
| <b>6.00</b> The Drum. <b>7.00</b> ABC News. <b>7.30</b> <b>7.30</b> . <b>8.00</b> Outback Ringer. (Return, PG) Follows families catching bulls and buffalo. <b>8.30</b> The Secret Lives Of Our Urban Birds: A Catalyst Special. Ann Jones explores the lives of birds. <b>9.30</b> Griff's Great Australian Rail Trip: Uluru to Adelaide Find What Makes Australia Extraordinary. (Final, R) Griff concludes his journey on the <i>Ghan</i> . <b>10.15</b> You Can't Ask That. (Ml, R) <b>10.50</b> ABC Late News. <b>11.05</b> The Business. (R) <b>11.20</b> Miriam & Alan: Lost In Scotland. (Mls, R) <b>12.10</b> Killing Eve. (MA15+v, R) <b>12.55</b> Growing Up Gracefully. (Mls, R) <b>2.20</b> Rage. (MA15+adhlinsv) <b>4.25</b> The Drum. (R) <b>5.25</b> 7.30. (R) | <b>6.00</b> Mastermind Australia. (R) Presented by Marc Fennell. <b>6.30</b> SBS World News. <b>7.30</b> Great Continental Railway Journeys: Linz To Bratislava. (PGa, R) Hosted by Michael Portillo. <b>8.40</b> Magic In The Mountains. (PG) Takes a look at how Squaw Valley, a little-known ski area in California, won the bid for the 1960 Winter Olympics. <b>10.05</b> SBS World News Late. <b>10.35</b> Living Black: Dr Michael Mosley - Health Revolution. (R) <b>11.10</b> Shadow Lines. (Malv) <b>12.00</b> The Looming Tower. (MA15+s, R) <b>2.45</b> Box 21. (MA15+asv, R) <b>4.30</b> VICE Guide To Film. (Mdlv, R) <b>5.00</b> France 24 Feature. <b>5.15</b> NHK World English News. <b>5.30</b> Deutsche Welle English News. | <b>6.00</b> Seven News. <b>7.00</b> Home And Away. <b>7.30</b> The Voice Generations. (PG) Part 2 of 3. Talented Australians of all ages continue their efforts to impress the coaches. <b>9.00</b> Adele: One Night Only. (PG, R) Featuring performances from Adele, including her first new material in six years, as well as chart-topping hits. <b>11.00</b> Gordon, Gino & Fred: American Road Trip: Summer Of Love (San Francisco And Napa Valley) (Mdl) The guys head to San Francisco. <b>12.00</b> Absentia. (MA15+av, R) <b>2.00</b> Home Shopping. (R) <b>4.00</b> NBC Today. <b>5.00</b> Seven Early News. <b>5.30</b> Sunrise. | <b>6.00</b> Nine News. <b>7.00</b> A Current Affair. <b>7.30</b> Married At First Sight. (Mls) The next couples walk down the aisle. <b>9.10</b> The Weakest Link. (PG) Quiz show featuring celebrities answering general knowledge questions. <b>10.10</b> Nine News Late. A look at the latest news and events. <b>10.40</b> Botched. (MA15+amn, R) With Paul Nassif and Terry Dubrow. <b>11.40</b> The Village. (Mas) <b>12.30</b> Tipping Point. (PG, R) <b>1.30</b> TV Shop: Home Shopping. (R) <b>4.00</b> Believer's Voice Of Victory. (PGa) <b>4.30</b> A Current Affair. (R) <b>5.00</b> News Early Edition. <b>5.30</b> Today. | <b>6.30</b> The Project. A look at the day's news and events. <b>7.30</b> Australian Survivor. A group of 24 Australian castaways find themselves stranded in Charters Towers, Queensland. <b>9.00</b> NCIS. (Ma) When a financial advisor is found shot at a naval station, the team investigates the case by interviewing the victim's three-dimensional hologram of herself, which she created before her death. <b>10.00</b> NCIS: Los Angeles. When a civilian scientist working with the marines is killed, the NCIS team must find the culprit. <b>11.00</b> The Project. (R) A look at the day's news and events. <b>12.00</b> The Late Show With Stephen Colbert. (PG) Late night talk show. <b>1.00</b> Home Shopping. (R) <b>4.30</b> CBS Mornings. |
| <b>ABC TV PLUS (22)</b> <b>6am</b> Children's Programs. <b>7.15pm</b> Odd Squad. <b>7.30</b> Spicks And Specks. <b>8.00</b> Would I Lie To You? <b>8.30</b> To Be Advised. <b>9.15</b> Gavin & Stacey. <b>9.45</b> Brassic. <b>10.35</b> Schitt's Creek. <b>10.55</b> Doctor Who. <b>11.50</b> The Trip To Greece. (Final) <b>12.20am</b> Whose Line Is It Anyway? <b>1.05</b> Community. <b>1.30</b> Parks And Recreation. <b>1.50</b> ABC News Update. <b>1.55</b> Close. <b>5.05</b> Little Princess. <b>5.15</b> Late Programs.  | <b>SBS VICELAND (31)</b> <b>6am</b> WorldWatch. <b>Noon</b> Basketball. NBA. Milwaukee Bucks v Denver Nuggets. Replay. <b>2.00</b> Funny How? <b>2.30</b> Woman With Gloria Steinem. <b>3.30</b> Bamay. <b>3.50</b> WorldWatch. <b>5.15</b> Joy Of Painting. <b>5.45</b> Shortland Street. <b>6.15</b> Alone. <b>7.05</b> Jeopardy! <b>7.35</b> 8 Out Of 10 Cats Does Countdown. <b>8.30</b> China's New Silk Road: Yiwu To Madrid. <b>9.35</b> China's LGBTQAI+ Surrogacy Families. <b>10.00</b> Late Programs.  | <b>7MATE (60)</b> <b>6am</b> Morning Programs. <b>10.00</b> A Football Life. <b>11.00</b> America's Game. <b>Noon</b> Billy The Exterminator. <b>12.30</b> Lost In Transmission. <b>1.30</b> Detroit Steel. <b>2.30</b> Shipping Wars. <b>3.00</b> Highway Thru Hell. <b>4.00</b> Al McGlashan's Fish'n With Mates. <b>4.30</b> American Pickers. <b>5.30</b> Storage Wars: TX. <b>6.00</b> American Pickers. <b>7.00</b> Pawn Stars. <b>7.30</b> Highway Patrol. <b>8.30</b> <b>MOVIE: Kong: Skull Island.</b> (2017, M) <b>10.55</b> Late Programs.   | <b>9GEM (81)</b> <b>6am</b> TV Shop. <b>7.00</b> Creflo. <b>7.30</b> TV Shop. <b>9.30</b> Newstyle Direct. <b>10.00</b> Danoz. <b>10.30</b> Pointless. <b>11.30</b> My Favorite Martian. <b>Noon</b> Seaway. <b>1.00</b> The Young And The Restless. <b>2.00</b> Poirot. <b>3.10</b> Antiques Roadshow. <b>3.40</b> <b>MOVIE: Mister Ten Per Cent.</b> (1967) <b>5.30</b> Murder, She Wrote. <b>6.30</b> Antiques Roadshow. <b>7.30</b> New Tricks. <b>8.40</b> The Closer. <b>9.40</b> Rizzoli & Isles. <b>10.40</b> Law & Order: Criminal Intent. <b>11.40</b> Late Programs.  | <b>10 BOLD (51)</b> <b>6am</b> Home Shopping. <b>8.00</b> A-League Highlights Show. <b>9.00</b> To Be Advised. <b>10.30</b> Cheers. <b>11.00</b> JAG. <b>Noon</b> NCIS. <b>1.00</b> Law & Order: SVU. <b>2.00</b> Walker, Texas Ranger. <b>3.00</b> Cheers. <b>3.30</b> Jake And The Fatman. <b>4.30</b> Diagnosis Murder. <b>5.30</b> JAG. <b>7.30</b> NCIS. <b>8.30</b> Blue Bloods. <b>10.25</b> Bull. <b>11.20</b> Hawaii Five-O. <b>12.15am</b> Home Shopping. <b>2.15</b> <b>MOVIE: Parkland.</b> (2013, M) <b>4.10</b> Walker, Texas Ranger. <b>5.05</b> JAG.   |
| <b>NITV (34)</b> <b>6am</b> Morning Programs. <b>2pm</b> Shortland Street. <b>2.30</b> Chefs' Line. <b>3.00</b> Jarjums. <b>3.25</b> The Magic Canoe. <b>3.50</b> Jarjums. <b>4.35</b> Mustangs FC. <b>5.00</b> Our Stories. <b>5.30</b> Indian Country Today. <b>6.00</b> Bamay. <b>6.25</b> Keep Calm And Decolonize. <b>6.30</b> News. <b>6.40</b> Unknown Amazon. <b>7.30</b> Cold Justice. <b>8.00</b> Rise Up. <b>8.50</b> The Beach. <b>9.20</b> NITV News Update. <b>9.30</b> Miniseries: Hungry Ghosts. <b>11.25</b> Late Programs.   | <b>SBS WORLD MOVIES (32)</b> <b>6am</b> Morning Programs. <b>7.05</b> Bala. (2019, PG, Hindi) <b>9.30</b> The Red Balloon. (1956, French) <b>10.10</b> Police Story II. (1988, M, Cantonese) <b>12.25pm</b> Fist Of Fury. (1972, M, Cantonese) <b>2.30</b> Robinson Crusoe. (2016, PG) <b>4.10</b> Parade. (1974, French) <b>5.50</b> Song For Marion. (2012, PG) <b>7.30</b> The Grandmaster. (2013, M, Mandarin) <b>9.30</b> Reign Of Assassins. (2010, MA15+, Mandarin) <b>11.45</b> Late Programs.  | <b>7TWO (62)</b> <b>6am</b> Home Shopping. <b>6.30</b> Travel Oz. <b>8.00</b> Harry's Practice. <b>8.30</b> Million Dollar Minute. <b>9.30</b> NBC Today. <b>Noon</b> Bargain Hunt. <b>1.00</b> Million Dollar Minute. <b>2.00</b> Creek To Coast. <b>2.30</b> Sons And Daughters. <b>4.30</b> Martin Clunes: Islands Of America. <b>5.30</b> Escape To The Country. <b>6.30</b> Bargain Hunt. <b>7.30</b> Pie In The Sky. <b>8.30</b> Foyle's War. <b>10.45</b> Without A Trace. <b>12.45am</b> To Be Advised. <b>2.00</b> Late Programs.  | <b>9GO! (82)</b> <b>6am</b> Children's Programs. <b>Noon</b> The Incredible Hulk. <b>1.00</b> SeaQuest DSV. <b>2.00</b> The A-Team. <b>3.00</b> The Nanny. <b>3.30</b> 3rd Rock From The Sun. <b>4.00</b> That '70s Show. <b>4.30</b> Raymond. <b>5.30</b> The Nanny. <b>6.00</b> 3rd Rock From The Sun. <b>6.30</b> That '70s Show. <b>7.00</b> Young Sheldon. <b>7.30</b> RBT. <b>8.00</b> Gold Coast Cops. <b>8.30</b> <b>MOVIE: Under Siege 2.</b> (1995, MA15+) <b>10.30</b> Resident Alien. <b>11.30</b> Late Programs.  | <b>10 PEACH (52)</b> <b>6am</b> The Late Show With Stephen Colbert. <b>7.00</b> The King Of Queens. <b>8.00</b> Seinfeld. <b>9.00</b> Becker. <b>10.00</b> The Middle. <b>11.00</b> Frasier. <b>Noon</b> This Is Us. <b>1.00</b> The Big Bang Theory. <b>1.30</b> Friends. <b>2.00</b> Seinfeld. <b>3.00</b> The King Of Queens. <b>4.00</b> Becker. <b>5.00</b> Frasier. <b>6.00</b> Friends. <b>6.30</b> Neighbours. <b>7.00</b> Friends. <b>8.00</b> The Big Bang Theory. <b>9.30</b> Mom. <b>Midnight</b> Shopping. <b>1.30</b> Stephen Colbert. <b>2.30</b> Late Programs.  |

Wednesday, February 2

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| <p><b>ABC TV (2)</b><br/><b>6.00</b> News Breakfast. <b>9.00</b> ABC News Mornings. <b>10.00</b> Griff's Great Australian Rail Trip. (Final, R) <b>11.05</b> Great Barrier Reef: The Next Generation. (PG, R) <b>12.00</b> ABC News At Noon. <b>12.30</b> National Press Club Address. <b>1.55</b> <b>Just Between Us.</b> (Malns, R) <b>3.00</b> <b>ABC News Afternoons.</b> <b>4.00</b> Think Tank. (PG, R) <b>5.00</b> <b>Restoration Australia.</b> (Final, PG, R)</p>   | <p><b>SBS (3)</b><br/><b>6.00</b> WorldWatch. <b>9.30</b> Greek News. <b>10.30</b> German News. <b>11.00</b> Spanish News. <b>11.30</b> Turkish News. <b>12.00</b> Arabic News F24. <b>12.30</b> ABC America: World News Tonight. <b>1.00</b> PBS NewsHour. (R) <b>2.00</b> America In Colour. (PGav, R) <b>2.55</b> The Italians. (R) <b>3.10</b> Walking Britain's Lost Railways. (PG, R) <b>4.00</b> Michael Mosley: Queen Victoria's Slum. (PG, R) <b>5.05</b> Jeopardy! (PG) <b>5.30</b> Letters And Numbers. (R)</p>  | <p><b>SEVEN (6)</b><br/><b>6.00</b> Sunrise. <b>9.00</b> The Morning Show. (PG) <b>11.30</b> Seven Morning News. <b>12.00</b> To Be Advised. <b>1.30</b> RSPCA Animal Rescue. (R) <b>2.00</b> Motorbike Cops. (PG, R) <b>2.30</b> Border Security: International. (PG, R) <b>3.00</b> The Chase. (R) <b>4.00</b> Seven News At 4. <b>5.00</b> The Chase Australia.</p>  | <p><b>NINE (8)</b><br/><b>6.00</b> Today. <b>9.00</b> Today Extra. (PG) <b>11.30</b> Morning News. <b>12.00</b> Married At First Sight. (Mls, R) <b>1.40</b> Talking Honey: Princess Diana. (PG, R) <b>2.00</b> Pointless. (PG) <b>3.00</b> Tipping Point. (PG) <b>4.00</b> Millionaire Hot Seat. <b>5.00</b> Afternoon News.</p>  | <p><b>TEN (5)</b><br/><b>6.00</b> The Talk. (PGa) <b>7.00</b> Judge Judy. (PG, R) <b>7.30</b> The Bold And The Beautiful. (PG, R) <b>8.00</b> Studio 10. (PG) <b>12.00</b> Dr Phil. (PGal) <b>1.00</b> To Be Advised. <b>2.30</b> Entertainment Tonight. <b>3.00</b> Judge Judy. (PG, R) <b>3.30</b> Left Off The Map. <b>4.00</b> Farm To Fork. (PG) <b>4.30</b> The Bold And The Beautiful. (PG) <b>5.00</b> 10 News First.</p>   |
| <p><b>6.00</b> The Drum. <b>7.00</b> ABC News. <b>7.30</b> <b>7.30.</b> <b>8.00</b> Hard Quiz. (Return, PG) Presented by Tom Gleeson. <b>8.30</b> Shaun Micallef's MAD AS HELL. (Return, M) Hosted by Shaun Micallef. <b>9.00</b> Fisk. (Final, MI, R) Gruber &amp; Gruber is nominated for an award. <b>9.30</b> QI. (Return, Mls) Hosted by Sandi Toksvig. <b>10.00</b> Adam Hills: The Last Leg. (R) <b>10.45</b> ABC Late News. <b>11.00</b> The Business. (R) <b>11.15</b> The China Century. (Mav, R) <b>12.15</b> Killing Eve. (MA15+av, R) <b>1.00</b> Father Brown. (PG, R) <b>1.45</b> Growing Up Gracefully. (Mal, R) <b>2.40</b> Adam Hills: The Last Leg. (R) <b>3.20</b> Rage. (MA15+adhlsv) <b>4.25</b> The Drum. (R) <b>5.25</b> 7.30. (R)</p> | <p><b>6.00</b> Mastermind Australia. (R) Presented by Marc Fennell. <b>6.30</b> SBS World News. <b>7.35</b> The Royal House Of Windsor: Fire, Feud And Fury. (PGa, R) Explores the House of Windsor. <b>9.25</b> Hidden Assets. (Premiere, MA15+) A detective in the Irish Criminal Assets Bureau and her team uncover a criminal conspiracy. <b>10.25</b> SBS World News Late. <b>11.00</b> In Therapy. (Mls) Leonora criticises Damien. <b>11.50</b> Witch Hunt. (Madl, R) <b>1.35</b> Cacciatore: The Hunter. (MA15+dlv, R) <b>3.45</b> Miniseries: The Hunting. (Malns, R) <b>4.45</b> Destination Flavour Down Under Bitesize. (R) <b>5.00</b> France 24 Feature. <b>5.15</b> NHK World English News. <b>5.30</b> Deutsche Welle English News.</p> | <p><b>6.00</b> Seven News. <b>7.00</b> Home And Away. <b>7.30</b> The Voice Generations. (PG) Part 3 of 3. The four finalists perform for coaches Keith Urban, Rita Ora, Guy Sebastian and Jessica Mauboy. <b>8.35</b> <b>MOVIE:</b> Eddie The Eagle. (2016, PGals, R) An Olympic underdog wins the hearts of sports fans, despite being reviled by the sporting establishment. Taron Egerton, Hugh Jackman, Keith Allen. <b>10.55</b> Olympic Winter Games Beijing 2022. Day -2. <b>12.00</b> Mean Mums. (PGa, R) <b>1.00</b> Scandal. (Mav, R) <b>2.00</b> Home Shopping. (R) <b>4.00</b> NBC Today. <b>5.00</b> Seven Early News. <b>5.30</b> Sunrise.</p> | <p><b>6.00</b> Nine News. <b>7.00</b> A Current Affair. <b>7.30</b> Married At First Sight. (Mls) The next couples walk down the aisle. <b>9.10</b> Rise And Fall Of Janet Jackson. (Maln) Takes a look at Janet Jackson and how her career was never the same after the Super Bowl controversy. <b>10.40</b> Nine News Late. A look at the latest news and events. <b>11.10</b> Framed By The Killer: The Sex Cult Frame. (MA15+lsv) Part 1 of 3. <b>12.05</b> Grand Hotel. (Mlsv, R) <b>1.00</b> Country House Hunters Australia. (R) <b>1.30</b> TV Shop: Home Shopping. (R) <b>2.30</b> Global Shop. (R) <b>3.00</b> TV Shop: Home Shopping. (R) <b>4.00</b> Believer's Voice Of Victory. (PGa) <b>4.30</b> A Current Affair. (R) <b>5.00</b> News Early Edition. <b>5.30</b> Today.</p> | <p><b>6.30</b> The Project. The hosts and guest panellists take a look at the day's news, events and hot topics. <b>7.30</b> Australian Survivor. A group of 24 Australian castaways find themselves stranded in Charters Towers, Queensland. <b>9.00</b> Bull. (Ma, R) Bull and the TAC team defend a woman who is on trial for her husband's murder, but is unable to provide a defence for her actions as she was blackout drunk at the time and has no memory of the event. <b>11.00</b> The Project. (R) The hosts and guest panellists take a look at the day's news, events and hot topics. <b>12.00</b> The Late Show With Stephen Colbert. (PG) Late night talk show. <b>1.00</b> Home Shopping. (R) <b>4.30</b> CBS Mornings. Morning news and talk show.</p> |
| <p><b>ABC TV PLUS (22)</b> <b>6am</b> Children's Programs. <b>7.15pm</b> Odd Squad. <b>7.30</b> Anh's Brush With Fame. <b>8.00</b> Making Child Prodigies. <b>8.30</b> <b>MOVIE:</b> Uncle Vanya. (2020, M) <b>11.00</b> Tate Britain's Great British Walks. <b>11.50</b> Doctor Who. <b>12.40am</b> The School That Tried To End Racism. <b>1.30</b> Community. <b>1.50</b> Parks And Recreation. <b>2.15</b> ABC News Update. <b>2.20</b> Close. <b>5.05</b> Little Princess. <b>5.15</b> Late Programs.</p>   | <p><b>SBS VICELAND (31)</b> <b>6am</b> WorldWatch. <b>Noon</b> <b>MOVIE:</b> Drunken Master. (1978, M) <b>2.00</b> The Last Shot. <b>2.50</b> Lee Lin Chin's Fashionista. <b>3.00</b> Rise. <b>3.50</b> WorldWatch. <b>5.15</b> Joy Of Painting. <b>5.45</b> Shortland Street. <b>6.15</b> Alone. <b>7.05</b> Jeopardy! <b>7.35</b> 8 Out Of 10 Cats Does Countdown. <b>8.30</b> Letterkenny. <b>9.00</b> Back To Life. <b>9.35</b> <b>MOVIE:</b> Get The Gringo. (2012, MA15+) <b>11.25</b> <b>MOVIE:</b> Train To Busan. (2016, MA15+) <b>1.35am</b> Late Programs.</p>   | <p><b>7MATE (60)</b> <b>6am</b> Morning Programs. <b>12.30pm</b> Lost In Transmission. <b>1.30</b> Detroit Steel. <b>2.30</b> The Grade Cricketer. <b>3.00</b> Highway Thru Hell. <b>4.00</b> Al McGlashan's Fish'n With Mates. <b>4.30</b> American Pickers. <b>5.30</b> Storage Wars: TX. <b>6.00</b> American Pickers. <b>7.00</b> Pawn Stars. <b>8.30</b> Storage Wars. <b>9.00</b> Extreme Unboxing. <b>9.30</b> Desert Collectors. <b>10.25</b> Olympic Winter Games Beijing 2022. Day -2. <b>10.55</b> Late Programs.</p>  | <p><b>9GEM (81)</b> <b>6am</b> TV Shop. <b>7.00</b> Creflo. <b>7.30</b> TV Shop. <b>10.30</b> Pointless. <b>11.30</b> My Favorite Martian. <b>Noon</b> Seaway. <b>1.00</b> The Young And The Restless. <b>1.55</b> Explore. <b>2.05</b> Australia's Top Ten Of Everything. <b>3.05</b> Antiques Roadshow. <b>3.35</b> <b>MOVIE:</b> Up Jumped A Swagman. (1965) <b>5.30</b> Murder, She Wrote. <b>6.30</b> Antiques Roadshow. <b>7.30</b> As Time Goes By. <b>8.50</b> Midsomer Murders. <b>10.50</b> Late Programs.</p>   | <p><b>10 BOLD (51)</b> <b>6am</b> Home Shopping. <b>8.00</b> Roads Less Travelled. <b>8.30</b> iFish Summer Series. <b>9.00</b> To Be Advised. <b>10.30</b> Cheers. <b>11.00</b> JAG. <b>Noon</b> NCIS. <b>1.00</b> Law &amp; Order: SVU. <b>2.00</b> Walker, Texas Ranger. <b>3.00</b> Cheers. <b>3.30</b> Jake And The Fatman. <b>4.30</b> Diagnosis Murder. <b>5.30</b> JAG. <b>7.30</b> NCIS. <b>8.30</b> NCIS: Los Angeles. <b>10.20</b> FBI: Most Wanted. <b>11.15</b> Blue Bloods. <b>12.10am</b> Shopping. <b>2.10</b> Late Programs.</p>   |
| <p><b>NITV (34)</b> <b>6am</b> Morning Programs. <b>2pm</b> Shortland Street. <b>2.30</b> Chefs' Line. <b>3.00</b> Bushwhacked! <b>3.25</b> The Magic Canoe. <b>3.50</b> Wolf Joe. <b>4.00</b> Aussie Bush Tales. <b>4.10</b> Grace Beside Me. <b>4.35</b> Mustangs FC. <b>5.00</b> Our Stories. <b>5.30</b> Te Ao With Moana. <b>6.00</b> Bamay. <b>6.30</b> News. <b>6.40</b> Unknown Amazon. <b>7.30</b> Country Music. <b>8.30</b> Going Native. <b>9.00</b> Hunting Aotearoa. <b>9.30</b> To The Ends Of The Earth. <b>11.00</b> Late Programs.</p>   | <p><b>SBS WORLD MOVIES (32)</b> <b>6am</b> Parade. Continued. (1974, French) <b>7.20</b> Robinson Crusoe. (2016, PG) <b>9.00</b> Song For Marion. (2012, PG) <b>10.40</b> Song Lang. (2018, M, Vietnamese) <b>12.35pm</b> The Way Of The Dragon. (1972, M, Cantonese) <b>2.30</b> Bala. (2019, PG, Hindi) <b>4.55</b> The Red Balloon. (1956, French) <b>5.40</b> Belle. (2013, PG) <b>7.30</b> Mulholland Falls. (1996, M, ) <b>9.30</b> Burning. (2018, M, Korean) <b>12.15am</b> Late Programs.</p>  | <p><b>7TWO (62)</b> <b>6am</b> Home Shopping. <b>6.30</b> Travel Oz. <b>8.00</b> Harry's Practice. <b>8.30</b> Million Dollar Minute. <b>9.30</b> NBC Today. <b>Noon</b> Bargain Hunt. <b>1.00</b> Million Dollar Minute. <b>1.30</b> To Be Advised. <b>2.30</b> Sons And Daughters. <b>4.30</b> Martin Clunes: Islands Of America. <b>5.30</b> Escape To The Country. <b>6.30</b> Bargain Hunt. <b>7.30</b> The Coroner. <b>8.30</b> Miss Scarlet And The Duke. <b>9.30</b> Frankie Drake Mysteries. <b>10.30</b> Miranda. <b>11.10</b> Late Programs.</p>   | <p><b>9GO! (82)</b> <b>6am</b> Children's Programs. <b>Noon</b> The Incredible Hulk. <b>1.00</b> SeaQuest DSV. <b>2.00</b> The A-Team. <b>3.00</b> The Nanny. <b>3.30</b> 3rd Rock From The Sun. <b>4.00</b> That '70s Show. <b>4.30</b> Raymond. <b>5.30</b> The Nanny. <b>6.00</b> 3rd Rock From The Sun. <b>6.30</b> That '70s Show. <b>7.00</b> Young Sheldon. <b>7.30</b> RBT. <b>8.00</b> Gold Coast Cops. <b>8.30</b> <b>MOVIE:</b> Mad Max: Fury Road. (2015, MA15+) <b>11.00</b> Resident Alien. <b>Midnight</b> Late Programs.</p>   | <p><b>10 PEACH (52)</b> <b>6am</b> The Late Show With Stephen Colbert. <b>7.00</b> Frasier. <b>8.00</b> The King Of Queens. <b>9.00</b> Becker. <b>10.00</b> The Middle. <b>11.00</b> Frasier. <b>Noon</b> This Is Us. <b>1.00</b> The Big Bang Theory. <b>1.30</b> Friends. <b>2.30</b> NBL Slam. <b>3.00</b> The King Of Queens. <b>4.00</b> Becker. <b>5.00</b> Frasier. <b>6.00</b> Friends. <b>6.30</b> Neighbours. <b>7.00</b> Friends. <b>8.00</b> The Big Bang Theory. <b>10.10</b> Mom. <b>11.35</b> King Of Queens. <b>Midnight</b> Shopping. <b>1.30</b> Late Programs.</p>  |

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|---|--|--|--|---|
| <p><b>ABC TV (2)</b><br/><b>6.00</b> News. <b>9.00</b> News. <b>10.00</b> Back Roads. (PG, R) <b>10.30</b> Nigella's Cook, Eat, Repeat. (R) <b>11.00</b> Wild Australia: After The Fires. (PG, R) <b>12.00</b> ABC News At Noon. <b>1.00</b> Hard Quiz. (PG, R) <b>1.30</b> Shaun Micallef's MAD AS HELL. (M, R) <b>2.00</b> Just Between Us. (Final, MI, R) <b>3.00</b> ABC News Afternoons. <b>4.00</b> Think Tank. (PG, R) <b>5.00</b> Stan Grant's One Plus One. (I, R) <b>5.25</b> Hard Quiz. (PG, R)</p>  | <p><b>SBS (3)</b><br/><b>6.00</b> WorldWatch. <b>9.30</b> Greek News. <b>10.30</b> German News. <b>11.00</b> Spanish News. <b>11.30</b> Turkish News. <b>12.00</b> Arabic News F24. <b>12.30</b> ABC America: World News Tonight. <b>1.00</b> PBS NewsHour. (R) <b>2.00</b> America In Colour. (Mav, R) <b>2.55</b> The Italians. (R) <b>3.10</b> Walking Britain's Lost Railways. (R) <b>4.05</b> Michael Mosley: Queen Victoria's Slum. (PG, R) <b>5.05</b> Jeopardy! (PG) <b>5.30</b> Letters And Numbers. (R)</p>  | <p><b>SEVEN (6)</b><br/><b>6.00</b> Sunrise. <b>9.00</b> The Morning Show. (PG) <b>11.30</b> Olympic Winter Games Beijing 2022. Day -1: Day session. <b>1.00</b> To Be Advised. <b>1.30</b> RSPCA Animal Rescue. (R) <b>2.00</b> Motorbike Cops. (PG, R) <b>2.30</b> Border Security: International. (PGad, R) <b>3.00</b> The Chase. (R) <b>4.00</b> Seven News At 4. <b>5.00</b> The Chase Australia.</p>  | <p><b>NINE (8)</b><br/><b>6.00</b> Today. <b>9.00</b> Today Extra. (PG) <b>11.30</b> Morning News. <b>12.00</b> Married At First Sight. (Mls, R) <b>1.45</b> Talking Honey: Princess Diana. (PG, R) <b>2.00</b> Pointless. (PG) <b>3.00</b> Tipping Point. (PG) <b>4.00</b> Millionaire Hot Seat. <b>5.00</b> Afternoon News.</p>  | <p><b>TEN (5)</b><br/><b>6.00</b> The Talk. (PGa) <b>7.00</b> Judge Judy. (PG, R) <b>7.30</b> The Bold And The Beautiful. (PG, R) <b>8.00</b> Studio 10. (PG) <b>12.00</b> Dr Phil. (PGa) <b>1.00</b> To Be Advised. <b>2.30</b> Entertainment Tonight. <b>3.00</b> Judge Judy. (PG, R) <b>3.30</b> Left Off The Map. <b>4.00</b> Farm To Fork. (PG) <b>4.30</b> The Bold And The Beautiful. <b>5.00</b> 10 News First.</p>   |
| <p><b>6.00</b> The Drum. <b>7.00</b> ABC News. <b>7.30</b> <b>7.30.</b> <b>8.00</b> Kurt Fearnley's One Plus One. (Final) Kurt speaks with Madison de Rozario. <b>8.30</b> Miriam &amp; Alan: Lost In Scotland: Lost In Scotland. (Final, MI) Part 3 of 3. <b>9.20</b> Climate Change: The Facts. (R) Presented by Sir David Attenborough. <b>10.35</b> ABC Late News. <b>10.50</b> The Business. (R) <b>11.05</b> The Secret Lives Of Our Urban Birds: A Catalyst Special. (R) <b>12.05</b> Aussie Inventions That Changed The World. (PG, R) <b>12.55</b> Killing Eve. (MA15+v, R) <b>1.40</b> The Rise Of The Murdoch Dynasty. (Ms, R) <b>2.30</b> Rage. (MA15+adhlsv) <b>4.25</b> The Drum. (R) <b>5.25</b> 7.30. (R)</p> | <p><b>6.00</b> Mastermind Australia. (R) <b>6.30</b> SBS World News. <b>7.35</b> Scenic Coastal Walks With Kate Humble: Exmoor. (Premiere) Kate Humble goes on a walk in Exmoor. <b>8.30</b> Miniseries: The Long Call. (M) Part 1 of 4. <b>9.25</b> Incredible Journeys With Simon Reeve. (M, R) Part 3 of 4. <b>10.35</b> SBS World News Late. <b>11.05</b> La Fortuna. (Mdl) <b>12.05</b> Gomorrah. (Madl) <b>1.10</b> Partisan. (Premiere, Mal) <b>2.00</b> The Hot Zone. (Ma, R) <b>4.40</b> Destination Flavour Scandinavia Bitesize. (R) <b>4.50</b> Destination Flavour: Singapore Bitesize. (R) <b>5.00</b> France 24 Feature. <b>5.15</b> NHK World English News. <b>5.30</b> Deutsche Welle English News.</p> | <p><b>6.00</b> Seven News. <b>7.00</b> Home And Away. (PGas) <b>8.30</b> Olympic Winter Games Beijing 2022. Day -1: Night session. Featuring a variety of events from the XXIV Olympic Winter Games. <b>11.00</b> Olympic Winter Games Beijing 2022. Day -1: Late session. Featuring a variety of events from the XXIV Olympic Winter Games. <b>12.00</b> Scandal. (Mav, R) The harrowing events that transpired in Rowan's basement are revealed. <b>2.00</b> Home Shopping. (R) <b>4.00</b> Million Dollar Minute. (R) Three contestants go head-to-head in a test of brain power for the chance to win \$1 million. <b>5.00</b> Seven Early News. <b>5.30</b> Sunrise. News, sport and weather.</p> | <p><b>6.00</b> Nine News. <b>7.00</b> A Current Affair. <b>7.30</b> Married At First Sight. (Mlns) Drama hits the experiment. <b>9.00</b> Australia Behind Bars. (Premiere, MA15+adl) Melissa Doyle takes a look beyond the high walls and barbed wires of three of maximum security prisons. <b>10.10</b> Nine News Late. A look at the latest news and events. <b>10.40</b> Prison. (Return) <b>11.40</b> Manifest. (Madv, R) <b>12.30</b> Tipping Point. (PG, R) <b>1.30</b> TV Shop: Home Shopping. (R) <b>2.30</b> Global Shop. (R) <b>3.00</b> TV Shop: Home Shopping. (R) <b>4.00</b> Believer's Voice Of Victory. (PGa) <b>4.30</b> A Current Affair. (R) <b>5.00</b> News Early Edition. <b>5.30</b> Today.</p> | <p><b>6.30</b> The Project. The hosts and guest panellists take a look at the day's news, events and hot topics. <b>7.30</b> To Be Advised. <b>8.30</b> Law &amp; Order: SVU. (Mav) The detectives are called in to help investigate a wave of hate crimes on Christmas Eve, from threats to the local Jewish community to an attack on a mosque. Rollins catches up with an old flame. <b>10.30</b> Blue Bloods. Danny and Baez's investigation into an assault on an NYPD detective reveals the officer may be corrupt. <b>11.30</b> The Project. (R) A look at the day's news and events. <b>12.30</b> The Late Show With Stephen Colbert. (PG) Late night talk show. <b>1.30</b> Home Shopping. (R) <b>4.30</b> CBS Mornings.</p> |
| <p><b>ABC TV PLUS (22)</b> <b>6am</b> Children's Programs. <b>7.15pm</b> Odd Squad. <b>7.30</b> Spicks And Specks. <b>8.30</b> QI. <b>9.00</b> Hard Quiz. <b>9.30</b> Shaun Micallef's MAD AS HELL. <b>10.05</b> Doctor Who. <b>10.55</b> Insert Name Here. <b>11.25</b> Live At The Apollo. <b>12.10am</b> Would I Lie To You? <b>12.40</b> Community. <b>1.05</b> Parks And Recreation. <b>1.25</b> ABC News Update. <b>1.30</b> Close. <b>5.05</b> Little Princess. <b>5.15</b> Hoot Hoot Go! <b>5.20</b> Pingü In The City. <b>5.30</b> Late Programs.</p>  | <p><b>SBS VICELAND (31)</b> <b>6am</b> WorldWatch. <b>Noon</b> <b>MOVIE:</b> God Help The Girl. (2014, M) <b>2.05</b> Most Expensive. <b>2.35</b> A Day In Slab City. <b>3.00</b> Gaycation. <b>3.50</b> WorldWatch. <b>5.15</b> Joy Of Painting. <b>5.45</b> Shortland Street. <b>6.15</b> Alone. <b>7.05</b> Jeopardy! <b>7.35</b> 8 Out Of 10 Cats Does Countdown. <b>8.30</b> The Curse Of Oak Island. <b>10.10</b> Chasing Famous. <b>11.00</b> Vikings. <b>11.55</b> News. <b>12.50am</b> The Trixie &amp; Katya Show. <b>1.20</b> VICE. <b>2.25</b> Late Programs.</p>  | <p><b>7MATE (60)</b> <b>6am</b> Morning Programs. <b>1.30pm</b> Detroit Steel. <b>2.30</b> Shipping Wars. <b>3.00</b> Highway Thru Hell. <b>4.00</b> Al McGlashan's Fish'n With Mates. <b>4.30</b> Pawn Stars. <b>5.30</b> Storage Wars: TX. <b>6.00</b> American Pickers. <b>7.00</b> Pawn Stars. <b>8.00</b> Olympic Winter Games Beijing 2022. Day -1: Night session. <b>8.30</b> <b>MOVIE:</b> Commando. (1985, MA15+) <b>10.15</b> <b>MOVIE:</b> Hot Shots! (1991, M) <b>12.05am</b> Late Programs.</p>   | <p><b>9GEM (81)</b> <b>6am</b> TV Shop: Home Shopping. <b>7.00</b> Creflo Dollar Ministries. <b>7.30</b> TV Shop: Home Shopping. <b>10.30</b> Pointless. <b>11.30</b> My Favorite Martian. <b>Noon</b> Seaway. <b>1.00</b> The Young And The Restless. <b>1.55</b> Explore. <b>2.00</b> As Time Goes By. <b>3.10</b> Antiques Roadshow. <b>3.40</b> <b>MOVIE:</b> Carry On Teacher. (1959) <b>5.30</b> Murder, She Wrote. <b>6.30</b> Antiques Roadshow. <b>7.30</b> Death In Paradise. <b>8.40</b> To Be Advised. <b>1am</b> TV Shop. <b>4.30</b> Late Programs.</p>  | <p><b>10 BOLD (51)</b> <b>6am</b> Home Shopping. <b>8.00</b> What's Up Down Under. <b>8.30</b> NBL Slam. <b>9.00</b> To Be Advised. <b>10.30</b> Cheers. <b>11.00</b> JAG. <b>Noon</b> NCIS. <b>1.00</b> Law &amp; Order: SVU. <b>2.00</b> Walker, Texas Ranger. <b>3.00</b> Cheers. <b>3.30</b> Jake And The Fatman. <b>4.30</b> Diagnosis Murder. <b>5.30</b> Bondi Rescue. <b>6.00</b> Soccer. AFC Women's Asian Cup. Knockout stage. Second semi-final. <b>9.00</b> NCIS. <b>10.00</b> Hawaii Five-0. <b>11.00</b> Late Programs.</p>   |
| <p><b>NITV (34)</b> <b>6am</b> Morning Programs. <b>1.30pm</b> Going Native. <b>2.00</b> Shortland Street. <b>2.30</b> Chefs' Line. <b>3.00</b> Jarjums. <b>3.25</b> The Magic Canoe. <b>3.50</b> Jarjums. <b>4.35</b> Mustangs FC. <b>5.00</b> Our Stories. <b>5.30</b> The 77 Percent. <b>6.00</b> Bamay. <b>6.30</b> News. <b>6.40</b> Unknown Amazon. <b>7.30</b> Going Places With Ernie Dingo. <b>8.30</b> Miniseries: New Gold Mountain. <b>9.30</b> <b>MOVIE:</b> Rock The Kasbah. (2015) <b>11.25</b> Late Programs.</p>   | <p><b>SBS WORLD MOVIES (32)</b> <b>6am</b> Morning Programs. <b>6.45</b> Belle. (2013, PG) <b>8.40</b> Parade. (1974, French) <b>10.20</b> The Grandmaster. (2013, M, Mandarin) <b>12.20pm</b> Game Of Death. (1978, M, Cantonese) <b>2.15</b> Song For Marion. (2012, PG) <b>4.00</b> The Little Witch. (2018, PG) <b>5.50</b> Walking On Sunshine. (2014, PG) <b>7.40</b> Café Society. (2016, M) <b>9.30</b> The Bravest. (2019, Mandarin) <b>11.40</b> Late Programs.</p>  | <p><b>7TWO (62)</b> <b>6am</b> Home Shopping. <b>6.30</b> Travel Oz. <b>8.00</b> Harry's Practice. <b>8.30</b> Million Dollar Minute. <b>9.30</b> NBC Today. <b>Noon</b> Bargain Hunt. <b>1.00</b> Million Dollar Minute. <b>1.30</b> Cricket. The Women's Ashes. One-Day International. Australia v England. Game 1. <b>8.30</b> Inspector George Gently. <b>10.30</b> Murdoch Mysteries. <b>12.30am</b> The Fine Art Auction. <b>3.30</b> Last Chance Learners. <b>4.00</b> Harry's Practice. <b>4.30</b> Million Dollar Minute. <b>5.30</b> James Robison.</p>  | <p><b>9GO! (82)</b> <b>6am</b> Children's Programs. <b>Noon</b> Ironman. Kellogg's Nutri-Grain IronMan and IronWoman Series. <b>2.00</b> The A-Team. <b>3.00</b> The Nanny. <b>3.30</b> 3rd Rock From The Sun. <b>4.00</b> That '70s Show. <b>4.30</b> Raymond. <b>5.30</b> The Nanny. <b>6.00</b> 3rd Rock From The Sun. <b>6.30</b> That '70s Show. <b>7.00</b> Young Sheldon. <b>7.30</b> <b>MOVIE:</b> Blades Of Glory. (2007, M) <b>9.30</b> <b>MOVIE:</b> Semi-Pro. (2008, M) <b>11.25</b> Young Sheldon. <b>11.50</b> Late Programs.</p>  | <p><b>10 PEACH (52)</b> <b>6am</b> The Late Show With Stephen Colbert. <b>7.00</b> Frasier. <b>8.00</b> The King Of Queens. <b>9.00</b> Becker. <b>10.00</b> The Middle. <b>11.00</b> Frasier. <b>Noon</b> This Is Us. <b>1.00</b> The Big Bang Theory. <b>1.30</b> Friends. <b>2.00</b> Carol's Second Act. <b>3.00</b> The King Of Queens. <b>4.00</b> Becker. <b>5.00</b> Frasier. <b>6.00</b> Friends. <b>6.30</b> Neighbours. <b>7.00</b> Friends. <b>8.00</b> The Big Bang Theory. <b>9.30</b> Seinfeld. <b>11.00</b> Late Programs.</p>  |

# On Demand

## AGAINST ALL ODDS

**GOLD**  
Streaming, Stan

**Stan.**

It's an unlikely premise – two drifters travelling through the desert stumble across the biggest gold nugget ever found – but what follows is an incredibly bold, tantalising and visceral thriller that toys with the nature of greed and the lengths people will go to in order to survive.

Hollywood heartthrob Zac Efron – who filmed *Gold* in South Australia during his heavily publicised 2020 stay Down Under – plays one of the two unnamed men, alongside director and co-writer Anthony Hayes (*Animal Kingdom*).

Efron, who is barely recognisable for most of the film – covered in dust, sweat and sunburn – volunteers to stay behind and protect the enormous gold nugget while Hayes' more experienced survivalist goes to source an excavator.

Initially, he's able to stay in contact with his compatriot over two-way radios, but as the time between each communication grows from hours to days, the stranded man begins to run out of supplies and has a growing suspicion he has been left for dead. As he battles the elements and his own psyche, the appearance of a desert-dwelling stranger (Susie Porter) changes the course of his plans.

It's a superb survival piece that rations dialogue, colour and humanity to excellent effect, while Efron delivers a career-redefining and surprisingly intense performance.



**Holding on:**  
Zac Efron fights  
to survive in the  
desert in *Gold*.



**AS WE SEE IT**  
Streaming, Amazon  
Prime Video



An uplifting coming-of-age dramedy, *As We See It* follows Jack (Rick Glassman), Violet (Sue Ann Pien) and Harrison (Albert Rutecki), roommates who are all living on the autism spectrum. With the help of their families, aide Mandy (Sosie Bacon), and each other, the trio are determined to succeed in life.



**THE GILDED AGE**  
Streaming, Paramount+ *Paramount+*

*Downton Abbey* creator Julian Fellowes heads across the pond for this epic new series following the clash between old and new money in 1880s New York City. The drama begins when young Marian Brook (Luisa Jacobson) moves to New York after the death of her father to live with her aunts (Cynthia Nixon and Christine Baranski, both pictured).



**THE MADAME  
BLANC MYSTERIES**  
Streaming, Acorn TV



In this camp, kooky and witty murder mystery, antiques dealer Jean (Sally Lindsay, pictured) lives a charmed life running a business in Cheshire with her husband Rory. That is, until he tragically dies. Shocked to find all she owns is their cottage in French antiques hub Sainte Victoire, Jean begins an investigation.



**OZARK**  
Streaming, Netflix



The fourth season of this award-winning criminal drama has been a long time coming for fans. In part one of the final season, freedom from the cartel is finally within reach for husband-and-wife money launderers Marty and Wendy (Jason Bateman and Laura Linney, both pictured), but fraying familial bonds may prove to be the Byrdes' undoing.



**THE GREAT AUSTRALIAN BAKE OFF**  
Streaming, Foxtel On Demand

**FOXTEL**

Twelve of Australia's best home bakers are ready to face all manner of culinary challenges under the watchful eyes of culinary icon Maggie Beer and chef Matt Moran (both pictured with 19-year-old Blessing, the shed's youngest baker). First up, in cake week, the bakers tackle a classic signature sponge and a Japanese cotton cheesecake.

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# Industry Today

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**Cement site transformed:  
Pages 34 and 35**



Lily Place will be a prestige industrial estate.



Knight Frank Rockhampton principal Neal Crow, JRT executive manager Brad Neven, JRT group managing director Jason Thomasson and Rockhampton Regional Mayor Tony Williams at Lily Place.

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# Big plans for Lily Place

By Matthew Pearce

The former Central Queensland Cement site on Yaamba Road has been completely transformed, with the iconic location set to become a prestige industrial estate, Lily Place.

Knight Frank Rockhampton principal Neal Crow said he was proud to have been involved with the Lily Place development from the beginning, when Jason Thomasson from JRT acquired the site from Sibelco three years ago.

“The important thing about Lily Place is that it’s a heavy impact zoned estate, which allows for the big industries to come to town.

“We have 12 lots here but there are only three on the market at the moment - the rest have been taken up before being developed.

“As of last week the titles have been issued and now we’ll see the development coming forward.”

Mr Crow said the position close to the planned Rockhampton Ring Road meant that the estate was in high demand.

“It’s a very strategic position for any company to expand, particularly with the development that’s been going on in Central Queensland - the industrial sector has really exploded,” he said.

“It was Jason who had the vision for the site and the staff of Knight Frank worked through that that vision with him. Since then we’ve quietly gone about our business and found buyers and it’s amazing to see how far we’ve come today.”

The 12 sites at Lily Place range size from m10,000 square metres to 24,000 square metres.

JRT executive manager Brad Neven said the JRT group had kept one of the lots at Lily Place as a base, with a variety of different businesses filling the other sites.

“We haven’t advertised really, the sales have really been through word of mouth so to only have three left is amazing,” he said.

“The sites have been purchased by a variety of local and national businesses, with a big international tenant looking to buy one of the remaining sites.

“One of the earliest lots sold was for a service station - the owner has stations all over Australia.”

He said when people ‘see the location and the opportunity, it just sells itself’.

“It’s zoned heavy industrial and the ring road’s going to come out 300m down the road. People have access north, south and west, so it’s a perfect spot, especially as the town’s expanding north.”

He said the change in the formerly derelict site had been incredible.

“Everything’s being recycled on the site as much as possible, with the concrete recycled into road base material.

“All the old buildings and all the old infrastructure has been demolished and removed

to a stockpile on site. Then we crushed it to produce a product now that is usable in all council infrastructure in Rockhampton.

“What Jason has done is shown here is the model for repurposing, recycling and reenergising what could just be a derelict site.

“This is the northern entrance to Rockhampton and now it’s going to be a new industrial precinct where you’re going to have a rural service company, a trucking franchise, a major truck stop service station, storage shed, precast yard and, of course, JRT.”

Mr Thomasson said the old cement works site had sat derelict for 10 years without being utilised and was on the market for nine months.

“The JRT group of companies took a massive risk buying the site, but now the contracts just need to be finalised. We’re going to see shovel to ground here in the next six months.”

He said every business that had purchased a lot at Lily Place was ‘100 per cent committed’.

“The trucking company has been waiting here for six months, they’re keen to get in and start building.”

He said JRT’s working relationship with Rockhampton Regional Council had been critical over the past three years.

“There were a lot of things here that were new for everyone, it wasn’t just a standard site. We’ve had to work with council and external consultancies to ensure the land and water quality.

“The council’s done a good job with us, right from the start through to getting our approvals and then working through that process to utilize the material on site, crushing the concrete down to roadbase level.”

Rockhampton Regional Mayor Tony Williams said it was fantastic to see the completion of the Lily Place development, right in the heart of the North Rockhampton growth corridor.

“The development is perfectly positioned in the northern corridor, which is where our industrial precinct and population will grow in the future,” he said.

“This new development aligns with Council’s industry development focus areas of defence and its strategic location is well placed in relation to Shoalwater Bay with many other resources and construction service industries already located in this area.

“This creates more opportunity for expansion for current industry players and for new investors to the region.”

Six silos have been left on site from the former cement factory and Mr Neven said JRT’s goal was to have them painted by Yeppoon artists Bill and Luke Gannon

“From the start we’ve had the vision, that as the northern most entrance to the Rockhampton region and the gateway to the Capricorn Coast, the six silos should have murals put on them.

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The old Central Queensland Cement site on Yaamba Road prior to the buildings being cleared.



Concrete on site has been recycled into road base material.

“The artists have been picked, now we just need funding. We’ve even spoken with Dulux to ensure the paint will last at least a minimum of 15 years.”

Central Queensland Cement started construction of their cement grinding and bagging plant at Parkhurst In September 1960.

Under Pacific Lime, CQ Cement was downsized from a fully integrated cement and lime manufacturing plant to one focusing on special products, before the site was finally purchased by Sibelco.

**Lily Place Facts:**

- Tonnes of concrete crushed: 10,407.15
- Tonnes of steel recycled: 144.7

- Man hours: 25,299
- Injuries on site: Zero
- Earthworks – material moved – 140,000 cubic metres
- Dam size – 25 million litres (about 25,130 cubic metres., includes bio basin volume)
- Bio-basin size – 2.5 million litres (about 2,473.6 cubic metres)
- Jobs supplied – 30 (25 workers/operators at one time (average for October)
- Total size of property – 18 ha (17.978 hectares)
- Duration of project – eight months (158 days), 22/02/21 to 8/10/21)

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 **Here for Gladstone**



MP Michelle Landry looks forward to seeing the positive effects the Review has for Central Queensland.

# Tape reduced

The length of time it takes for Defence to approve large acquisition projects will be cut by up to a quarter under a range of contracting changes introduced by the Morrison Government to reduce red tape and save the industry millions of dollars.

The major overhaul of Defence procurement follows the completion of the Australian Standard for Defence Contracting (ASDEFCON) and Defence Procurement Review.

Minister for Defence Industry Melissa Price, who ordered the Review, said it had identified significant opportunities to reduce red tape, saving industry time and money in supporting the delivery of capability to the Australian Defence Force.

“The implementation of the Review’s recommendations will significantly improve the way Defence does business,” Minister Price said.

“It will also improve how Defence works to fast-track the delivery of capability to the ADF and how it communicates with industry.”

Member for Capricornia Michelle Landry congratulated Minister Price for ordering the review.

“I welcome the completion of the Australian Standard for Defence Contracting (ASDEFCON) and Defence Procurement Review,” she said.

“I’m looking forward to seeing the implementation of the Review’s recommendations and seeing the positive effects in Central Queensland.”

“The 2017 socio-economic study found that \$50.3 million in income and almost 600 jobs were created during development. Once fully operational, an additional \$20.5 million in income and a further 147 new jobs would be created.”

Under the changes, Defence will focus on reducing the time it takes to progress large materiel acquisition activities from the identification of a capability need to the signing of a contract.

“For a project that would have previously taken four years, or possibly even longer to get the point of a contract signature, these changes will reduce that period by up to 12 months,” Minister Price said.

“This change and other the initiatives introduced following the Review will help industry be better prepared and ready to respond to the needs of Defence and Government.”

Defence will focus on strengthening its communication with industry as part of the procurement overhaul, with a particular focus on the tender process.

#### This means:

Defence will now allow industry to brief its project teams on tenders they submit to further clarify the offer proposed in support of Defence’s evaluation;

Defence processes will be amended to require tender debriefs to be offered at the time a tenderer is advised it has been unsuccessful, rather than after the process is concluded. This will give small businesses feedback on unsuccessful tenders up to six-to-12 months more quickly in some cases, helping

them improve their tender responses;

There will be greater transparency of upcoming procurements through its Annual Procurement Plan on AusTender;

There will be an assessment of how a centralised contractor accreditation framework could be adopted to cut red tape for industry;

There will be an improvement of probity practices, guidance and training for procurements in order to reduce communication barriers between Defence and industry;

Industry will be kept better informed as to the status and progress of tender processes, especially where delays occur.

“The ASDEFCON and Defence Procurement Review is one of the Five Pillars that I announced in August 2020 as an improvement priority for Defence, to better support industry,” Minister Price said.

“I have mandated specific, measurable, and enforceable Australian Industry Capability and Content commitments in the body of contracts under a new contracting framework in Defence, which has been rolled out this year on future projects above \$20 million.”

“The Review completes the delivery of the Five Pillars that I set out to support Australia’s defence industry.”

“Our strategic environment is deteriorating and creating new challenges for us to overcome, so we must have a more agile procurement system that delivers capability for our ADF more quickly and treats industry as a fundamental partner in the delivery of this capability.”

Michelle Landry is optimistic that this plan will have a positive impact on the local community and encourages local businesses to get on board.

“The ASMTI is delivering advanced training areas for use by the Australian Defence Force and Singapore Armed Forces. At its mature state, up to 14,000 Singapore Armed Forces will be training in QLD.”

“The Local Industry Capability Plan for the Shoalwater Bay Training Area expansion is ensuring local communities can take advantage of economic benefits arising from the initiative.”

“If any business is seeking to gain access Defence supply chains, I recommend undertaking the Becoming Defence Ready online tutorial series to learn more about how to put your best foot forward in tendering for subcontract opportunities under the ASMTI.”

Defence will continue to engage with industry to inform and educate it on relevant changes to the ASDEFCON template suite, and procurement processes and policies, as they occur.

Defence industry and industry advocates were consulted on the Review via a survey in December 2020. About 250 survey responses were received, with 144 of those from industry across all stakeholders groups, from micro businesses to large primes.

Targeted engagement was also undertaken with industry and Defence.

Implementation of the recommendations will start in 2022.

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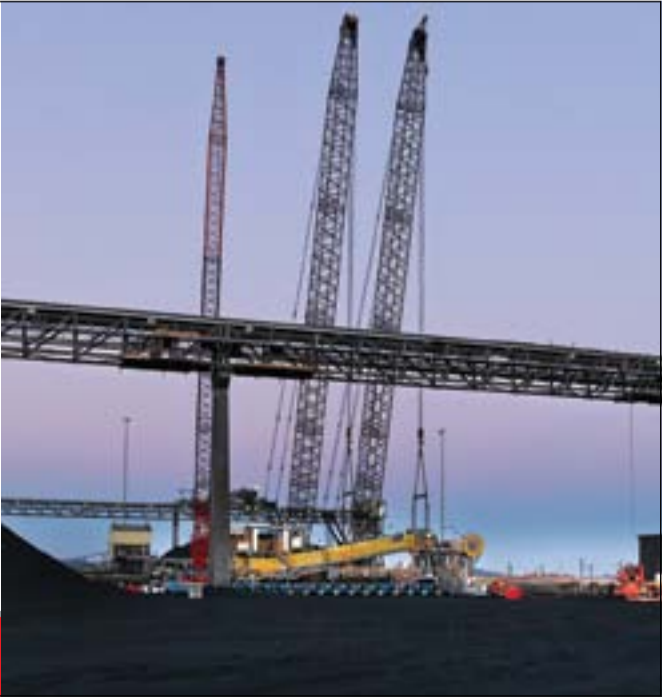


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# Time to Paint the Port

A new category has been unveiled for this year's Paint the Port art competition with Gladstone Ports Corporation encouraging locals to paint the town red in celebration of 60 years of the Harbour Festival.

Registrations for the region's favourite art competition is officially open with \$2000 worth of prizes up for grabs in five different categories including a \$500 prize in the new category, focusing on the Harbour Festival's 60th anniversary.

GPC's popular competition, now in its 10th year, encourages artists of all ages in Gladstone, Rockhampton and Bundaberg to pick up a paint brush or get sketching.

Chief operating officer Craig Walker said the competition was about capturing the port, with the new category sure to entice more entries.

"The Harbour Festival is a special tradition in Gladstone and is adored by so many, including our older generations who would have remembered the early days of the festival when we had amazing floats going through Goondoon Street and marvellous costumes on parade," Mr Walker said.

"This new category is a wonderful way to capture the spirit of our harbour through the eyes of our locals who have gone to the festival with their families and have seen the parklands come to life with rides, music and food," he said.

"The ideas are limitless, we've seen some amazing pieces from abstract to port facilities and of course our marine life is always a popular subject matter especially with our younger artists,"

"We've partnered with ARTmatters again this year who will host the artwork in their wonderful gallery. We can't wait to see what you come up with."

Registrations open online on Friday 21 January 2022 and close on 4pm Friday 11 March 2022.



Gladstone Ports Corporation has unveiled a new category for the popular Paint the Port.

#### The categories include:

- Open Category of \$1,000 acquisitive cash prize
- High School Category of a \$350 cash prize
- Upper Primary School Category (Year 4 to 6) \$75 cash prize
- Lower Primary School Category (Prep to Year

3) \$75 cash prize and

- The Celebrating 60 years of the Gladstone Harbour Festival Category of \$500.

Artists are required to submit their artwork with the supplied artwork label attached to the back of their art to ARTMatters Gallery at 3 Pitt Street, Gladstone between 10am and 2pm on

Friday, 18 March, or Saturday 19 March.

GPC has partnered with ARTmatters to host the exhibition of artwork from 30 March to 22 April 2022. The exhibition will also be open on Good Friday, Easter Saturday and Easter Sunday. For more information, visit [www.gpcl.com.au/paint-the-port](http://www.gpcl.com.au/paint-the-port).



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Patrice Brown Company Director and founder of CQG Consulting.

# 2022 is to be our year

By Patrice Brown

Local businesses are in demand and it is not by accident.

Enormous effort has been expended by business owners, member organisations and political leaders in this region and across regional Australia over the last couple of decades that started as a whisper, became a roar and has now successfully put local businesses in the box seat.

We all have stories of the scars left by the multi-million dollar construction of the three gas projects in Gladstone in the last decade. Local businesses were not ready and many were screwed.

The promises saw businesses over-invest, recruit and put too many eggs in one basket. Sure, some businesses benefited from that frantic period and we saw the birth of new local businesses. Sadly though many watched their businesses fold or shrink as foreign owned competitors rocked into the region, put their shingle up in Goondoon Street and pushed local businesses aside as they not only took over the newly promised contracts with the gas companies but they also enticed employees away and grabbed several of the traditional contracts on offer in other sectors.

The same story can be told in our mining towns, Emerald, Mackay, Rockhampton and Yeppoon.

Across regional Australia, we realised the comfort our forebears had that people needed local businesses were disappearing fast due to technology, transport and infrastructure that enabled competitors to appear overnight and scoop the contracts. We quickly found we could not just talk the talk or wave the Buy Local flag alone. Chambers of commerce, economic development groups and committees provided a forum for the voices to unite. Political leaders started to hear the noise and some became strong advocates for Buy Local. We saw Councils introduce tender weightings

## FROM THE CEO'S DESK

for local content, the State Government legislating local content for contracts over certain values and the Australian Government mandating local procurement in major projects.

We had to pull our socks up quickly to compete with our competitors, being local might open the door but to stay in the room we needed to prove conformance to quality, safety, environmental standards and the ability to deliver. And that we did. Across Australia, local businesses have successfully secured contracts that would have otherwise gone to city based or foreign companies. Travel restrictions due to COVID reinforced the benefits of having local businesses provide services and there is a growing realisation that local businesses genuinely care and are invested in delivering quality services for the long term viability of their clients and in turn their business

2022 is the year for local businesses in the CQ region. The local content requirements for the Rocky Ring Road and the Fitzroy to Gladstone Pipeline have Tier 1s chasing our services. Rookwood Weir and the Dept of Defence Shoalwater Bay Training Area ASMTI project are still bringing on contractors to complete those projects, new and expanding coking coal mines are popping up and tourism projects like Great Keppel Island will be ramping up in readiness for the 2032 Brisbane Olympics.

We have done the hard yards, we are in the box seat, competitors are regrouping, get ready and get the job done for the future of our region.



Picture: CQG CONSULTING

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The \$1.2 million initiative will benefit Central Queensland farmers.



Out-of-river-works have been the focus over the last couple of months.

# Rookwood Weir funding

Central Queensland farmers are tapping into a \$1.2 million initiative, which will assist them in bidding for water, from the new Rookwood Weir.

Minister for Water Glenn Butcher said 44 Lower Fitzroy landholders had successfully applied for the Rookwood Weir Landholder Support Program, to better understand the opportunities available to them from the \$367.7 million piece of infrastructure.

“Rookwood Weir will deliver improved water security and available water supply in the region, allowing farmers to expand operations and put on more workers,” he said.

“This program offers farm and land use planning, agronomy assessment, irrigation design and commercial feasibility assessments.

“It will provide numerous benefits to local irrigators, including the ability to transition to higher value crops, so the Palaszczuk Government wants to make sure Queensland farmers, who are so valuable to the state’s economy,

have everything they need to make informed decisions.

“With the second tender for water from the weir taking place this year, it’s important Central Queensland farmers can put their best foot forward as part of the process.”

A minimum of 7,500 megalitres will be released in the second stage of the tender, with bidders able to apply for lots of up to 500 megalitres. This follows the successful sale of 30,000 megalitres in December 2020.

Member for Rockhampton Barry O’Rourke welcomed the announcement, which is set to boost the agricultural sector and in-turn, the CQ community, as a whole.

“This Queensland Government initiative will be an incredible injection for our region.

“As landholders expand their opportunities, jobs will no doubt be created through farming and the supply-chain,” Mr O’Rourke said.

That sentiment was echoed by Keppel MP Brittany Lauga.

“The Queensland Government will continue to support regional jobs through its multi-million-dollar investment in this project.

“Rookwood Weir is about our future, about jobs in construction and also future jobs, as business and industry use this water to expand and create more jobs and opportunities for local suppliers,” she said.

The Landholder Support Program is being facilitated, on behalf of Sunwater, by Advance Rockhampton, the economic development, investment, and industry growth unit of Rockhampton Regional Council.

Successful applicants can receive an onsite agricultural report, business plan support, and subsidies for independent financial advice to assist in taking part in the second stage of water sales.

Rockhampton Mayor Tony Williams said a wide variety of landholders from the region were taking part in the program.

“We have landholders looking at commercial cropping, such as grains, as well as tree crops ranging from dragon fruits to macadamias. There is also interest in accessing water to support livestock production.”

The applicants are from a range of locations across the Rockhampton, Central Highlands and Livingstone council areas and are interested in parcels of water from 10 megalitres right up to 500 megalitres.

The program commences this month and will run to May 2022.

Out-of-river activities are continuing at the weir site, including work on right riverbank and development of fish lock for the weir.

In-river works will ramp up again following the wet season.

The Rookwood Weir project is jointly funded by the Australian and Queensland governments, delivered in partnership with Sunwater.

## Project updates

### Supplied by Advance Rockhampton

As the economic agency for the Rockhampton region, Advance Rockhampton and Rockhampton Regional Council continue to work with project contractors and local businesses to maximise the benefits of major projects to our region.

#### ROOKWOOD WEIR CONSTRUCTION PROJECT

Rookwood Weir is a landmark project that will capture valuable water in the lower Fitzroy River for use across the region.

#### The project comprises two key components:

1. constructing the weir
2. enabling works that will upgrade existing infrastructure to support both the construction of the weir and its operation

#### Building Rookwood Weir will:

- provide water security
- boost the regional economy
- create jobs during construction
- grow and diversify industry and agriculture
- allow for the buying and selling of water

### Rookwood Weir Alliance - Acciona, McCoskers, GHD and Sunwater

- Total Value of Project - \$367 million
- Scale of Project - Largest water infrastructure project built in Australia since WWII
- Completion Date - Rookwood Weir expected to be commissioned and operational in 2023

#### AUSTRALIA-SINGAPORE MILITARY TRAINING INITIATIVE AT SHOALWATER BAY

- Timeline - Construction scheduled to be complete by the end of 2024
- Total Work Packages = 202 | Packages Awarded to Date = 122
- Workers on Site October 2021 - 502
- Managing Contractor- Laing O’Rourke
- Expected Construction Value - \$800M+

#### ROCKHAMPTON RING ROAD PROJECT

The QLD State Government led Rockhampton Ring Road is a major Central Queensland infrastructure project, providing a western link of the Bruce Highway at Rockhampton. Rockhampton Ring Road will connect commuters to priority precincts including the air-



Initiatives are set to continue for Australia and Singapore Military training.

port and our industrial precincts, offer better connections for productivity and growth and provide an alternative heavy vehicle route.

- Timeline - Construction scheduled between 2022 and 2026
- Managing Contractors- To be announced early 2022
- Expected Construction Value - \$1.065 Billion

These projects will help in putting Rocky on the Radar both from a liveability and investing perspective and they are creating the jobs right now and into the future.

To learn more visit [advancerockhampton.com.au](http://advancerockhampton.com.au) or [explorerockhampton.com.au](http://explorerockhampton.com.au)

**Greg Bowden**  
Executive Manager – Advance Rockhampton

# Working with CQ business

By Brett Donaldson, General Manager  
at Chauvel Industrial Services

As we roll into 2022, Chauvel Industrial Services strives to improve our relationship ties to local Central Queensland businesses.

Over the past couple of years, we have been working closely with other local businesses; by working collaboratively with other local businesses, we have achieved greater results on larger scale projects and shutdowns.

CIS and Walkabout Welding are some of the many great partnerships we've developed in the past couple of years.

Jed and Connor Austin have run Walkabout Welding for the past 33 years, boasting an excellent team of multi-skilled personnel that are more than willing to work alongside our team anywhere in Central Queensland; this has allowed us both to benefit on many projects and shutdowns.

Both CIS and Walkabout Welding have manufacturing, labour supply, and repair facilities based in Rockhampton and Central Queensland, and by assisting each other with overflows of fabrication and skilled labour supply work at times this allows us both to take on larger-scale projects, keep our quality high and to deliver on time under budget works regularly.

Supplying key personnel and trades for shutdown work in the mining and heavy industry sector is also a combined strength, our crews are both well trained, safe, and work well together no matter the task at hand.

The opportunities are far greater when like-minded people and businesses can come together to deliver a much stronger capable package to some of Australia's biggest companies.

We can take on larger scopes of work to help each other compete on the much larger stages in our industry through these growing partnerships.



Chauvel Industrial Services is a supply and system maintenance provider to the Mining Industry in Central Queensland, providing fully comprehensive small, medium and large trades on a wide range of mining facilities. Pictures: SUPPLIED

Moving forward through 2022 and beyond, it is in our best interests to be looking in our own backyard for opportunities such as these local working relationships.

Right here in Central Queensland, the number of capable businesses is growing every year and with the coming upgrades to Rockhampton's Ring Road infrastructure and many other major projects in the region, we will see an influx of opportunities present themselves.

It can be daunting as business owners when these opportunities arise to think that we may not have the size or capability to compete with the much larger Tier 1 and 2 companies but when we work toward working together, it's possible to achieve so much more.

Our continued approach here at CIS will be to grow and improve our working relationships with a multitude of Central Queensland businesses in the future.

By having this outlook as an ever-growing business, we see us strongly positioned to take on more of the upcoming opportunities this growing Central Queensland region presents.

Working on your own can give you a narrow focus and a lack of belief in what you think to be achievable.

Working together with others opens a world of opportunities to all the parties involved, don't miss these opportunities!

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Roseberry Community Services is a not-for-profit organisation that helps young people and families who are experiencing difficulty.



QAL provided Gladstone Animal Rescue Group with a \$500 cheque to thank them for their contribution to the community.



Over Christmas, QAL visited Anglicare.

# QAL shares spirit of giving

With the season of giving among us recently, Queensland Alumina Limited (QAL) has celebrated by gifting \$10,000 worth of donations to local not-for-profit organisations around the Gladstone community.

Leading up to Christmas, QAL visited Anglicare; Aussie Helpers; Gladstone Paws; GAPDL Communities for Children; Roseberry Community Services; and Gladstone Animal Rescue Group to surprise them with a donation to say thanks for their hard work and ongoing support of our local community.

Contributing to growing a sustainable and thriving community is at the core of QAL's work. Helping local not-for-profit and community groups allow QAL to show gratitude to organisations that help contribute to Gladstone's vibrancy and success.



QAL visited Aussie Helpers to say thank you.



\$500 was donated to Gladstone Paws.



Communities 4 Children received a \$1000 cheque in response to their hard work within the community.



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## A big region needs a fast response

f i t in caprescue.org.au

# Busy times for Rescue300

Rescue300 has had an epic start to 2022 with their crew performing numerous missions and spending over ten hours in the air across Central Queensland.

The new year started off with their crew in the air around Dingo after the Queensland Police Service requested their assistance in searching for individuals believed to be involved in a motor vehicle accident. After a brief search the persons were located by ground crews, and Rescue300 returned to base.

The following day, Rescue300 was called to Rainbow Falls, in the Blackdown Tablelands after an elderly woman reportedly fell, fracturing her ankle. After a brief recognition of the area, the on board Rescue Crew Officer (RCO) was winched into the scene to retrieve the patient. Both the RCO and patient were winched back into the aircraft and the patient was taken to Rockhampton Base Hospital in a stable condition.

Three days into 2022 and their crew were tasked to Great Keppel Island after a 51 year old patient was reportedly suffering chest pains. The on board Doctor and Critical Care Paramedic (CCP) attended to the patient before stabilising him prior to the flight to Rockhampton Base Hospital.

Around midday the following day, two patients at Biloela Hospital were taken

to Rockhampton after their conditions worsened. A female in her late thirties was receiving treatment for a blood infection, while the second patient, aged in her twenties, was reportedly suffering pregnancy complications. Both patients were taken to Rockhampton Hospital in stable conditions.

That same day, a patient at Emerald Hospital required transport to Rockhampton after suffering suspected pregnancy complications. The patient, aged in their mid-thirties, was airlifted in a stable condition.

Around 11am the next day, a 31 year old woman was involved in a quad bike accident on a property near Dingo. Upon arrival, she was assessed by the on-board Doctor and CCP and was treated for suspected spinal injuries, before being flown to Rockhampton Base Hospital in a stable condition for further scans and treatment.

Shortly after returning from Dingo, Rescue300 was tasked to Biloela Hospital after another patient was suffering a reported blood infection. The patient was swiftly airlifted to Rockhampton for further treatment.

Following this, Rescue300 took another trip to Biloela Hospital for a patient in their twenties that was suffering suspected pregnancy issues and required urgent care at



Rockhampton Hospital.

A patient at Emerald Hospital required the assistance of Rescue300 after they had been deemed to be suffering appendicitis. The aircraft and on board crew made the immediate flight west and transported the 28 year old to Rockhampton in a stable condition.

Following this, an elderly patient was undergoing treatment for a severe lung illness at Moura Hospital before they were transported to Rockhampton in a stable condition for further treatment.

Early on the morning of January 11th, a patient in their late seventies was found unconscious in the vicinity of Ogmoo, north of Rockhampton. First responding Queensland Ambulance Service Paramedics provided initial treatment prior to the arrival of RACQ CapRescue to the scene. He was transported to Rockhampton in a stable condition.

The following day, a patient at Biloela Hospital was transported to Rockhampton by Rescue300 following a medical episode. The patient was airlifted in a stable condition for further treatment.

Recently, a young patient at Monto Hospital was taken to Bundaberg after reportedly suffering chest pains. The patient was stabilised before being airlifted to Bundaberg Hospital for further treatment.

With over 400 tasks in 2021, they are already shaping up to have another busy year in 2022. The crew are on track to well and truly meeting their predicted average of 1.3 per day. Remember CapRescue are here for you 24x7, 365 days at no cost to the patient. But they cannot continue their life saving service without the support of the community. Follow their Facebook page @caprescue for ways you can get involved in 2022.

## Annie's Day

Since 2012, Annie's Day Charity Golf Day has been an event included in the calendars of Blackwater residents each year. Eager to raise awareness and vital funds for RACQ CapRescue, organisers Sharon and Jo understand how incredibly important CapRescue is to the Blackwater community and its residents.

Last year, organisers were thrilled to present a cheque of over \$25,000 to the service after another successful event.

RACQ CapRescue Community Fundraising Officer, Caitlin Buttenshaw, congratulated organisers on their continued efforts.

"Tremendous and tireless work has been put in by the whole committee. Words cannot describe how grateful we are to be the beneficiaries of such a well supported community event."

"In the nine years the Blackwater Country Club has hosted the Annie's Day Charity Golf Day, over \$120,000 has been donated to our local organisation, which can be attributed to thousands of Central Queenslanders' lives being saved." Miss Buttenshaw said.

The Annie's Day Charity Golf Day was recently nominated for the Community Event of the Year 2021. Whilst they didn't walk away with the title, organisers were humbled by the recognition of their strong community-mindedness.



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Queensland Premier Anastacia Palaszczuk with Andrew Forrest and state ministers in October on the announcement that Fortescue Future Industries will build the world's first Global Green Energy (GEM) Manufacturing Centre in Gladstone, Queensland.

# Renewable energy future

Queensland's resource and construction sector are coming together to highlight the state's renewable energy projects to promote jobs and supply chain opportunities at an online industry conference in April.

The Connecting Renewable Energy Conference Queensland will feature approved and proposed solar, wind, battery, hydroelectric, and hydrogen projects highlighting their business and supply chain procurement opportunities within the renewable energy sector.

Event organiser, Connecting Industry Managing Director Kieran Moran said Queensland is being recognised globally as an ideal location for growing industries such as renewables, hydrogen, and associated manufacturing hubs.

"Delivering more clean energy will be vital in supercharging our emerging renewable industry economy and helping to grow industrial hubs and manufacturing across the state," Mr Moran said.

"The strategic focus of the Connecting Renewable Energy Conference is to stimulate business development and solution-based opportunities and highlight more than \$5 billion of renewable energy projects and their procurement opportunities to assist industry and the supply chain in their planning for future work opportunities."

Mr Moran said the conference is a testament to how quickly Queensland is accelerating towards its 50 per cent Renewable Energy Target by 2030.

"The resource and construction industry are investing heavily in new renewables projects which will create jobs and stimulate

Queensland's economy," he said.

"With projects like Fortescue Future Industries Global Green Energy Manufacturing Centre (GEM), Acciona Energia's Macintyre Wind Farm, and Energy Estate's Abbot Point Clean Energy Hub, the conference will present decision makers from 15+ solar, wind, battery, hydro-electric, and hydrogen projects who have come together to present their plans for construction and development of these major projects."

Renewable energy company Energy Estate is developing several projects throughout Queensland. Energy Estate Director of Engagement and Culture Rosie King said Queensland is uniquely positioned to leverage its abundance of natural resources and play a pivotal role in the transition to a green economy.

"We are passionate about developing the renewable energy generation required to deliver on Queensland's decarbonisation narrative, whether that is for the smelters, electrolyser manufacturing, or the many recently announced hydrogen production opportunities," Ms King said.

"Our development approach reflects that this energy transformation must be done in an open and measured way that is respectful as to the impact of the decline of some existing industries and jobs."

Delivered via live video virtual streaming, Mr Moran added the event is facilitated by a dedicated conference platform allowing all delegates to connect, engage, network, and have private live face to face meetings with presenting project speakers and their teams, exhibitors, sponsors, and all attendees.



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**Your year ahead**  
Aquarians now come into their own. First, you're blessed with some extra cash. If left wondering where best to invest, try property or home-related industries. Business travel's not off the list of possibilities either. And should the occasional obstacle need a determined nudge, you have plenty of planetary power behind you. Ditto for friends and family. Alongside your own ambition, this year their love can also play a big part in your success. Indeed, this year triggers an impatience to unleash your wilder fantasies. Even tired relationships enjoy a fresh lease on life.



**ARIES**  
(Mar 21 - Apr 20)

The cosmos finds you in a meddling mood. Be careful, or you could talk your way into a headache's worth of commitments. Some situations don't need your input - so get out of the way and trust that others will get on just fine without you. The good news? Money matters no longer seem to be a thorn in your side.  
**Best Day: Sunday 30th**



**TAURUS**  
(Apr 21 - May 20)

Forget your usual Taurean caution. This week your need for fun is on par with any of the more uninhibited, go-getting zodiac signs. This means non-stop action; and, delightfully, even long-held plans may be detoured by a surprise. Stay flexible for unexpected events, especially the loving kind.  
**Best Day: Tuesday 1st**



**GEMINI**  
(May 21 - Jun 21)

We all make mistakes and sometimes there's a tendency to repeat said mistakes time and time again. So, you'd think by now that you would have learned to listen to that "inner voice", the one that suggests reason. This week you either heed the lesson, or stumble back to square one. Stay clear of financial schemes that seem too good to be true.  
**Best Day: Friday 4th**



**CANCER**  
(Jun 22 - Jul 22)

Fear can often hold us back and so often leads to missed opportunities. Don't give up or change direction this late in the game just because of a few delays - stick with it, have faith and trust both the heavens and your intuition. Live life to the full, and success may come sooner than hoped.  
**Best Day: Saturday 5th**




**LEO**  
(Jul 23 - Aug 23)

Energy takes a temporary dive this week, as weary Leos retreat. The upside? What you don't do for yourself you'll do for others and, in time, this selflessness will be repaid. Perhaps not immediately, but favours are often returned just when you need them most. This is a time when one small kindness could make all the difference  
**Best Day: Thursday 4th**



**LIBRA**  
(Sep 23 - Oct 23)

From time to time, the least amount of effort can bring the biggest rewards. Librans have charm and confidence, but this week your steadfast spirit also steers most things your way. Plus your words and actions ensure you deliver the goods. It's a winning formula at a time when you're urged to mix business with pleasure.  
**Best Day: Monday 31st**

| ARROW WORDS  |  |                               |  |                                     |                                     |        |  |       |                                 |          |                |  |
|--|--|-------------------------------|--|-------------------------------------|-------------------------------------|--------|--|-------|---------------------------------|----------|----------------|--|
|  | Party  | Alack                         | Butter<br>Number of<br>minutes in<br>an hour |                                     | Orders of<br>the British<br>Empire  |        | Group of<br>three                      |       | Viral<br>internet<br>image      |          |                |  |
|  |  |                               |  |                                     | Canal boat                          |        |  |       |                                 |          |                |  |
|  | Feudal<br>lord                                     |                               |  |                                     |                                     |        | Barrel                                 |       | Sport<br>played on<br>horseback |          |                |  |
|  | Hatchet  |                               |  |                                     | Range                               |        |  |       |                                 |          |                |  |
| Idol   | Moss, The<br>Handmaid's<br>Tale star<br>(pictured) | Show<br>respect<br>Cream      |  |                                     | The woman                           |        | Enquire                                |       | Fashion                         |          | Time<br>period |  |
|  |  |                               |  | Powdery<br>residue                  | Disgrace                            |        | Annoy<br>Moose,<br>fallow,<br>roe etc. |       |                                 |          |                |  |
| Teacher's<br>title   |  | Used to be                    |  |                                     | Computer<br>type<br>Greek<br>letter |        |  |       |                                 |          |                |  |
|  |  |                               | Item of<br>footwear                          |                                     |                                     | Series |  | Snake |                                 | Fuel gas |                |  |
| Label  |  | London<br>river               |  |                                     |                                     |        | Baldwin,<br>US<br>comedian             |       |                                 |          |                |  |
|  |  |                               | Kit  | Lake or<br>pond<br>Leather<br>strap |                                     |        | MacFarlane,<br>Family Guy<br>creator   |       |                                 |          |                |  |
| Turmoil  |  | Rusedski,<br>tennis<br>pundit |  |                                     | Health<br>resort                    |        | Number of<br>years lived               |       | Veto                            |          | Had food       |  |
|  |  |                               |  |                                     | Continent                           |        |  |       | Bleat                           |          |                |  |
| Prickle  |  | Tune                          |  |                                     | Colourful<br>parade                 |        |  |       |                                 |          |                |  |
|  |  |                               |  |                                     | Strong<br>wind                      |        |  |       | Born as                         |          |                |  |



**VIRGO**  
(Aug 24 - Sep 22)

Your strong character and search for perfection is what distinguishes you from others. You're always looking for the best solution to any problem. Some shy away from your authoritarian character. One thing's for certain - others notice your presence; but you can be a tad too serious. Relax, Virgo. Sometimes - it's just life.  
**Best Day: Sunday 30th**



**SCORPIO**  
(Oct 24 - Nov 22)

If someone is suddenly taking pot shots at you, it's because you've only just come into their sights. Being noticed has its upside, but it also finds you in the crosshairs. Envious colleagues are happy to gun down your dreams. Sidestep - swiftly and often. And there's no need to broadcast your innermost thoughts. Keep everything under wraps.  
**Best Day: Wednesday 2nd**



**SAGITTARIUS**  
(Nov 23 - Dec 21)

Tensions flare as power struggles promote either fight or flight. Your fiery Sagittarian anger can be explosive, but suppressing emotions isn't healthy either. If you have a problem, aim for a positive outcome rather than just venting. Either clear the air or take very long walks. In any case, your health can only improve with a little extra exercise.  
**Best Day: Tuesday 1st**



**CAPRICORN**  
(Dec 22 - Jan 20)

Good one, Capricorn. You've managed to make it to this point with much of your stability still intact. All you have to do now is keep your cards pinned close to your chest while doing business as usual. Two hints: don't say more than you have to, and don't try to fix what isn't broken. This week, keep everything objective and balanced.  
**Best Day: Friday 4th**



**AQUARIUS**  
(Jan 21 - Feb 18)

Common sense proves to be your biggest ally this week, when you're asked to be more giving in your approach to life and love. Children draw out your nurturing tendencies, or close friends and family need a helping hand. If that means putting up with minor gripes, so be it. You now have heavenly support.  
**Best Day: Saturday 5th**



**PISCES**  
(Feb 19 - Mar 20)

This week finds most Pisceans blessed with achievement and genuine joy. The universe sets its generous heart on rewarding you. You've been through some challenging times, for sure - but all that diligence finally starts to pay off. Take some time to reflect on the past few months, and then seize any new opportunity in front of you.  
**Best Day: Thursday 3rd**

| SOLUTION |   |   |   |   |   |   |   |   |   |   |   |  |
|----------|---|---|---|---|---|---|---|---|---|---|---|--|
| E        | N | E | L | V | A | N | R | O | H | I |   |  |
| T        | N | A | E | G | P | R | I | A | T |   |   |  |
| A        | A | B | A | V | S | A | E | E | T | E | W |  |
|          | H | P | R | G | E | R | G | B |   |   |   |  |
| H        | T | S | E | R | E | W |   | G | V | I |   |  |
| C        | E | T | V | S | E | W | V | H | I | S |   |  |
| O        | A | K | E | O | H | S | R | I | S |   |   |  |
| P        | O | I | K | S | E | D | S | V | M | T |   |  |
| E        | T | S | S | V | H | A |   | O | R | E | H |  |
|          | O | V | S | I | S | E | B |   |   |   |   |  |
| E        | P | O | C | S | E | X | V |   |   |   |   |  |
| W        | I | E | G | E | I | T |   |   |   |   |   |  |
| E        | G | V | B | H | S | V | B |   |   |   |   |  |
| W        | I | O | G |   |   |   |   |   |   |   |   |  |

# WEATHER

## FORECAST

### Warnings

See [www.bom.gov.au/australia/warnings](http://www.bom.gov.au/australia/warnings)

#### Gladstone:

Partly cloudy. Medium chance of showers, most likely in the morning and afternoon. Light winds becoming easterly 20 to 30 km/h in the morning then tending southeasterly 15 to 20 km/h in the late evening.

Friday. Mostly sunny.

#### Rockhampton:

Partly cloudy. Slight chance of a shower in the morning and afternoon. Light winds becoming easterly 15 to 25 km/h in the middle of the day then becoming light in the evening.

Friday. Partly cloudy.

#### Capricornia:

Partly cloudy. Slight (30%) chance of a shower in the morning and afternoon. The chance of a storm in the southwest in the late afternoon and evening. Light winds becoming easterly 15 to 25 km/h in the morning.

Friday. Partly cloudy. Winds east to southeasterly 15 to 25 km/h.

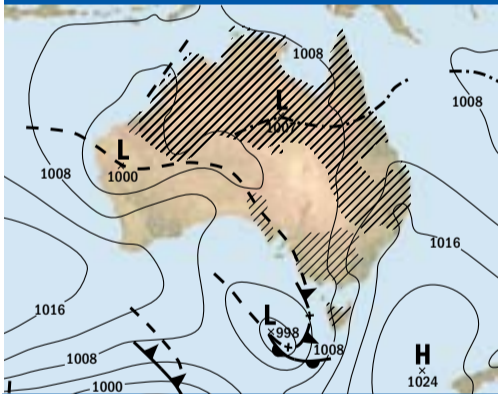
#### Central Highlands and Coalfields:

Partly cloudy. Slight (20%) chance of a shower. The chance of a storm in the afternoon and evening. Winds northeasterly 15 to 20 km/h becoming light before dawn then becoming northeasterly 15 to 25 km/h in the morning.

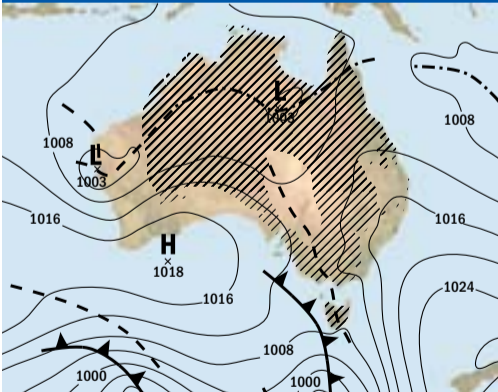
#### Queensland:

Deep tropical moisture will extend across western and central Queensland. A trough will extend over northwest Queensland and southern Cape York Peninsula. A local area of converging winds may lie over the northeast coast between Cooktown and Bowen, enhancing rainfall in the area. A high in the southern Tasman Sea will extend a ridge along the east coast south of Bowen. A slight to medium chance of showers in eastern districts south of Mackay. A slight to medium chance of showers and storms elsewhere, increasing to a high to very high chance north of Winton. Rain at times in the northwest and about the northeast coast. Possible severe storms in the west and southwest, and possible severe storms with heavy falls about the northeast coast between Cooktown and Bowen. Temperatures near or below average, tending well below average in the far west during the day.

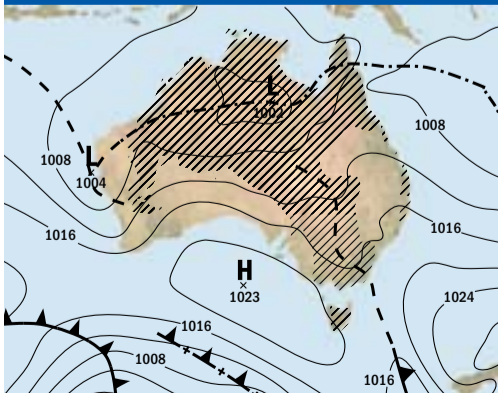
### TODAY 10AM



### TOMORROW 10AM



### SATURDAY 10AM



Forecast Rain  
24 hrs to 9am

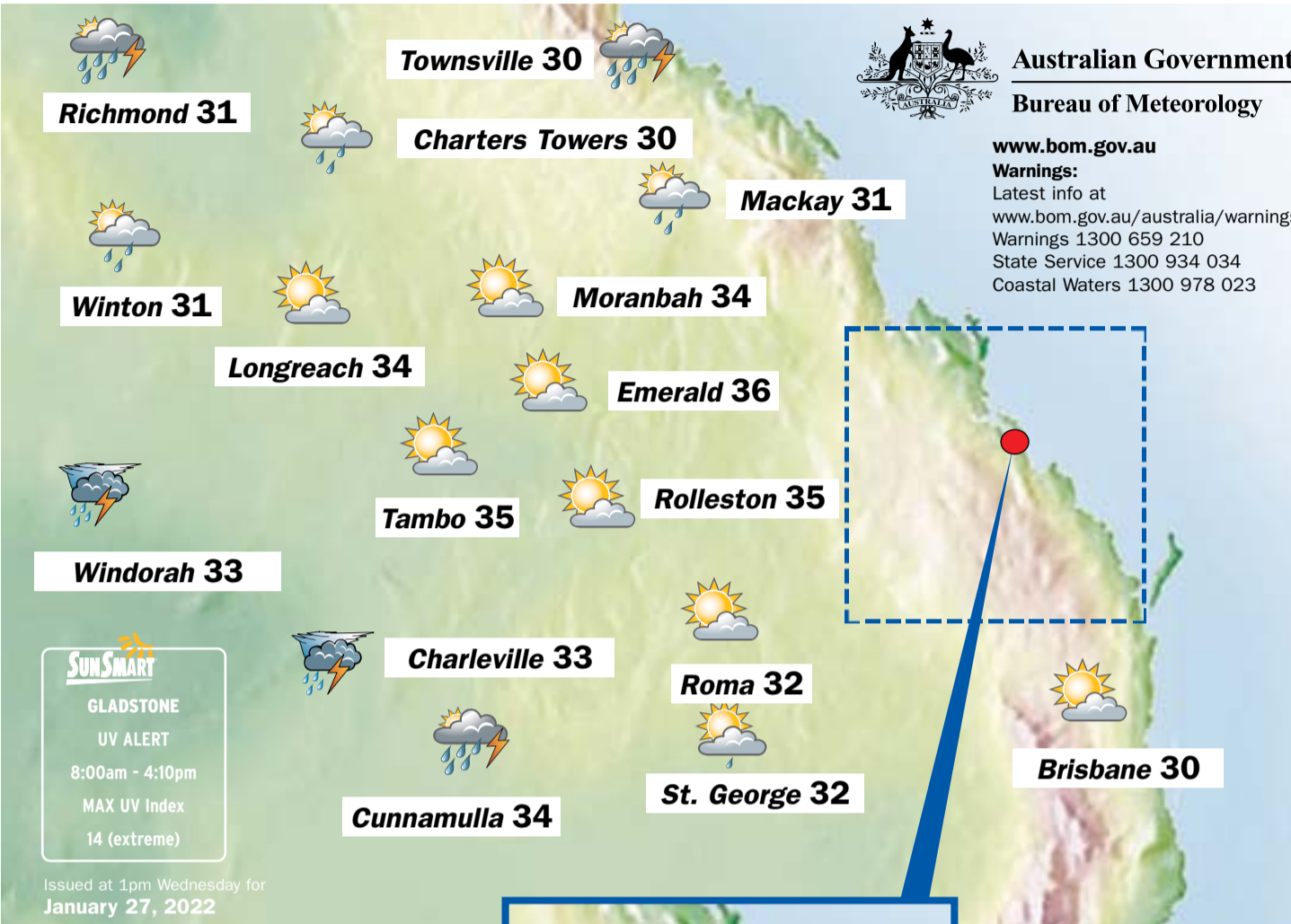
1024  
hectoPascal  
(hPa)

trough

cold front  
warm front

## GLADSTONE FORECAST

| TODAY                  | TOMORROW            | SATURDAY            | SUNDAY               |
|------------------------|---------------------|---------------------|----------------------|
| Possible shower.<br>30 | Mostly sunny.<br>31 | Mostly sunny.<br>32 | Partly cloudy.<br>33 |
| Sunny                  | Mostly sunny        | Partly cloudy       | Cloudy               |
| Chance shower          | Shower or two       | Showers             | Light rain (drizzle) |
| Rain                   | Storm               | Showers storm       | Windy                |
| Dust                   | Fog                 |                     |                      |



Australian Government

Bureau of Meteorology

[www.bom.gov.au](http://www.bom.gov.au)

#### Warnings:

Latest info at

[www.bom.gov.au/australia/warnings](http://www.bom.gov.au/australia/warnings)

Warnings 1300 659 210

State Service 1300 934 034

Coastal Waters 1300 978 023

### COASTAL WATERS

#### St. Lawrence to Burnett Heads:

Winds: Easterly 10 to 15 knots turning southeasterly 15 to 20 knots during the morning. Seas: Below 1 metre, increasing to 1 to 1.5 metres around mid-day. Swell: Easterly below 1 metre inshore, increasing to 1 to 1.5 metres offshore.

Weather: Partly cloudy.

Friday. Winds: East to southeasterly 15 to 20 knots. Seas: Around 1 metre, increasing to 1 to 1.5 metres during the evening. Swell: Easterly 1 to 1.5 metres, decreasing to around 1 metre during the morning. Weather: Mostly sunny. Possible showers offshore.

#### Bowen to St. Lawrence:

Winds: East to northeasterly 10 to 15 knots. Winds tending east to southeasterly in the afternoon and increasing to 15 to 20 knots. Inshore winds south of Sarina turning northeasterly in the afternoon. Seas: Around 1 metre. Swell: Easterly below 1 metre. Weather: Partly cloudy.

Friday. Winds: East to southeasterly 15 to 20 knots. Inshore winds south of Sarina turning northeasterly in the afternoon. Seas: Around 1 metre. Swell: Easterly below 1 metre. Weather: Partly cloudy.

#### Hervey Bay:

Winds: East to southeasterly about 10 knots increasing to 15 to 20 knots in the afternoon. Winds decreasing to 10 to 15 knots in the late evening. Seas: Below 1 metre, increasing to 1 to 1.5 metres during the afternoon. Swell: North to northeasterly below 1 metre. Weather: Partly cloudy.

Friday. Winds: East to southeasterly 10 to 15 knots increasing to 15 to 20 knots in the afternoon. Seas: Around 1 metre, increasing to 1 to 1.5 metres during the afternoon or evening. Swell: North to northeasterly below 1 metre.

Weather: Partly cloudy. Possible showers.

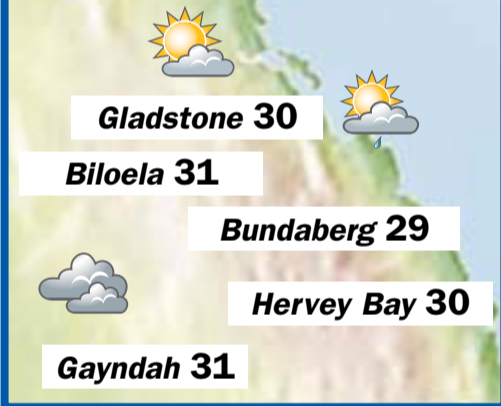
### CAPITAL CITIES

| City      | Condition             | Max |
|-----------|-----------------------|-----|
| Adelaide  | Humid. Partly cloudy. | 31  |
| Brisbane  | Partly cloudy.        | 30  |
| Canberra  | Partly cloudy.        | 28  |
| Darwin    | Shower or two. Storm. | 33  |
| Hobart    | Humid. Shower or two. | 28  |
| Melbourne | Humid. Shower. Storm. | 34  |
| Perth     | Mostly sunny.         | 33  |
| Sydney    | Partly cloudy.        | 28  |

### SUN & MOON

|          | Sunrise | Sunset | Moonrise | Moonset |
|----------|---------|--------|----------|---------|
| Thursday | 5:30am  | 6:46pm | 12:12am  | 1:47pm  |
| Friday   | 5:30am  | 6:45pm | 12:58am  | 2:53pm  |
| Saturday | 5:31am  | 6:45pm | 1:50am   | 4:01pm  |
| Sunday   | 5:32am  | 6:44pm | 2:51am   | 5:07pm  |
| Monday   | 5:33am  | 6:44pm | 3:57am   | 6:07pm  |
| Tuesday  | 5:33am  | 6:44pm | 5:06am   | 7:01pm  |

### Rockhampton 31



### THE WORLD

World conditions today

| City         | Weather | Max | Min |
|--------------|---------|-----|-----|
| Athens       | fine    | 11  | -2  |
| Auckland     | showers | 24  | 19  |
| Bangkok      | fine    | 34  | 26  |
| Beijing      | fine    | 3   | -6  |
| Berlin       | rain    | 6   | 3   |
| Christchurch | showers | 18  | 10  |
| Denpasar     | storms  | 32  | 26  |
| Dublin       | cloudy  | 10  | 2   |
| Hong Kong    | rain    | 21  | 18  |
| Honolulu     | sunny   | 27  | 19  |
| Jakarta      | cloudy  | 29  | 25  |
| Johannesburg | storms  | 29  | 15  |
| Kuala Lumpur | storms  | 34  | 24  |
| London       | cloudy  | 11  | 4   |
| Los Angeles  | sunny   | 23  | 8   |
| Madrid       | sunny   | 13  | 3   |
| Moscow       | snow    | -6  | -9  |
| New Delhi    | fog     | 16  | 7   |
| New York     | sunny   | -1  | -8  |
| Noumea       | rain    | 28  | 25  |
| Paris        | rain    | 8   | 1   |
| Auckland     | showers | 24  | 19  |
| Port Vila    | rain    | 31  | 23  |
| Seoul        | cloudy  | 3   | -5  |
| Singapore    | fine    | 34  | 24  |
| Suva         | storms  | 31  | 23  |
| Tel Aviv     | rain    | 14  | 8   |
| Tokyo        | fine    | 11  | 3   |
| Vancouver    | cloudy  | 6   | 0   |
| Wellington   | windy   | 18  | 12  |

### TIDES

#### Gladstone

##### Today:

|    |         |      |
|----|---------|------|
| H: | 4:45am  | 3.6m |
| L: | 11:11am | 1.6m |
| H: | 4:51pm  | 3.3m |
| L: | 11:05pm | 1.3m |

##### Tomorrow:

|    |         |      |
|----|---------|------|
| H: | 5:57am  | 3.9m |
| L: | 12:25pm | 1.4m |
| H: | 6:13pm  | 3.3m |

##### Saturday:

|    |         |      |
|----|---------|------|
| L: | 12:14am | 1.1m |
| H: | 6:59am  | 4.2m |
| L: | 1:27pm  | 1.1m |
| H: | 7:20pm  | 3.4m |

##### Sunday:

|    |        |      |
|----|--------|------|
| L: | 1:17am | 0.9m |
| H: | 7:51am | 4.4m |
| L: | 2:20pm | 0.8m |
| H: | 8:15pm | 3.6m |

##### Monday:

|    |        |      |
|----|--------|------|
| L: | 2:14am | 0.8m |
| H: | 8:40am | 4.6m |
| L: | 3:08pm | 0.7m |
| H: | 9:03pm | 3.7m |

##### Tuesday:

|    |        |      |
|----|--------|------|
| L: | 3:03am | 0.6m |
| H: | 9:26am | 4.7m |
| L: | 3:52pm | 0.6m |
| H: | 9:48pm | 3.8m |

#### Port Alma

##### Today:

|    |         |      |
|----|---------|------|
| H: | 4:50am  | 4.5m |
| L: | 11:24am | 1.9m |
| H: | 5:07pm  | 4.1m |
| L: | 11:37pm | 1.5m |

##### Tomorrow:

|    |         |      |
|----|---------|------|
| H: | 6:02am  | 4.8m |
| L: | 12:33pm | 1.6m |
| H: | 6:16pm  | 4.2m |

##### Saturday:

|    |         |      |
|----|---------|------|
| L: | 12:43am | 1.3m |
| H: | 7:04am  | 5.2m |
| L: | 1:36pm  | 1.3m |
| H: | 7:16pm  | 4.4m |

##### Sunday:

|    |        |      |
|----|--------|------|
| L: | 1:41am | 1.0m |
| H: | 8:00am | 5.5m |
| L: | 2:31pm | 1.0m |
| H: | 8:09pm | 4.5m |

##### Monday:

|    |        |      |
|----|--------|------|
| L: | 2:32am | 0.8m |
| H: | 8:50am | 5.7m |
| L: | 3:21pm | 0.9m |
| H: | 8:56pm | 4.6m |

##### Tuesday:

|    |        |      |
|----|--------|------|
| L: | 3:18am | 0.7m |
| H: | 9:35am | 5.7m |
| L: | 4:05pm | 0.8m |
| H: | 9:41pm | 4.7m |

# EASY SUMMER MOJITOS

This cocktail is by far one of the easiest to make and can be made directly in the glass, so you get to avoid any excess cleaning up.

This recipe is for a single cocktail made in the glass.

You can easily add new flavours to it, like raspberry or passionfruit, by adding a few teaspoons of your chosen fruit when you add in the lime juice and sugar.

- Ingredients:**
- A short glass
  - 3 tbsp white rum,
  - 2 tbsp lime juice
  - 2 tsp granulated sugar
  - Mint to taste
  - Ice
  - Soda water

- Method:**
1. Measure out the alcohol. No eyeballing.
  2. Add in the lime and sugar before mixing well.
  3. Smack the mint leaves in the palms of your hands before adding them to the glass.
  4. Add in enough ice to almost fill the glass.
  5. Top up with soda water and enjoy.



# BALSAMIC STONE FRUIT AND CHICKEN

While it might seem complicated, this salad actually packs a huge amount of flavour into what is a reasonably easy recipe.

A sure-fire favourite, it has the perfect balance of different flavours and textures and is the perfect way to end a summer's day.

- Ingredients:**
- 4 ripe peaches or nectarines, quartered
  - ½ cup balsamic vinegar
  - 1 tbs honey
  - 4 boneless skinless chicken thighs
  - 100 gms thinly sliced prosciutto
  - 1 tbs olive oil
  - 2 tbs fresh chopped basil
  - 1 tbs fresh chopped oregano
  - Kosher salt + pepper
  - 6 cups fresh rocket
- 1 cup cherry tomatoes
  - 150 gms fresh mozzarella cheese, torn
  - 2 avocados, sliced
  - Toasted pumpkin seeds to sprinkle

- Method:**
1. Add the peaches to a bowl and toss with the balsamic vinegar and honey.
  2. Add the chicken to a separate bowl and toss with the olive oil, basil, oregano, salt, and pepper.
  3. Preheat your grill, grill pan, or cast-iron skillet to medium-high and brush with oil.
  4. Remove the peaches from the balsamic mix and grill them for 2-3 minutes or until light char marks appear, flip and grill another 2-3 minutes. Remove from the grill. Reserve any remaining balsamic mix for the vinaigrette.
  5. To the grill, add the chicken and prosciutto to grill for 5-8 minutes per side or until the chicken

- Balsamic vinaigrette:**
- ¼ cup olive oil
  - ¼ cup balsamic vinegar
  - 2 tbs fresh chopped basil
  - 2 tsp dijon mustard
  - Salt and pepper

- is cooked through and the prosciutto crisp. Remove from the grill and let rest for 5-10 minutes. Thinly slice the chicken and crumble the prosciutto.
6. In a large salad bowl, combine the rocket and tomatoes. Top the salad with grilled peaches, chicken, mozzarella, and sliced avocado. Sprinkle the toasted pumpkin seeds all over the salad.
  7. Serve the salad alongside the balsamic vinaigrette, by combining any remaining balsamic mix from when you tossed it with the peaches with the olive oil, 1/4 cup balsamic vinegar, basil, mustard, salt and pepper. Taste, and adjust seasonings to your liking.





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GLADSTONE  
REGIONAL COUNCIL

REMOVAL OF ABANDONED VEHICLE

Notice is given under Section 100(5) *Transport Operations (Road Use Management) Act 1995* for the following vehicle. If the vehicle listed in the schedule is not claimed by the owner in accordance with the provisions of Section 100(10) of the Act and all costs associated with such removal and storage paid within one (1) month, Council may auction such vehicle. Enquiries to Gladstone Regional Council on (07) 4970 0700.

SCHEDULE

1. Grey Nissan Tiida car removed from Auckland Street, South Gladstone (CSR 670288)

Gladstone Valley Funerals & Cremation Services


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As outsiders looking on we often feel useless and inadequate when someone we know has lost a loved one. We want to help, but the thought of saying or doing the wrong thing makes us hesitate. We feel unqualified, uncomfortable and awkward.

Such feelings are normal – BUT don't let them keep you away.

If the mourner does want to talk – listen. If he/she becomes emotional, accept it. The emotion may come in many forms – anger, fear, and distress. And the mourner may hit out verbally. Accept it. Their emotion is not personally aimed at you. Do not change the subject. Be as understanding as you possibly can.

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Gladiators' Kai Devine and Kane Martin with a show of sportsmanship after two brilliant performances.



Emerald Seals' Amy Priddle, 16, in action.

# Humming in Harbour City

By Liam Emerton

The Gladstone Gladiators' Harbour City meet was a huge event on the CQ swimming calendar with over 300 athletes diving into action. Swimmers from across Central Queensland and as far as the Wide Bay region descended on Gladstone for the three-day event. Plenty of personal bests and even meet re-

cords were created across Friday, Saturday and Sunday. Rocky City's Amelie Smith and Sally Vagg as well as Gladstone's Kane Martine and Kai Devine were a few of the memorable record breakers. Swim Surf Photography's Bec Devine provided Gladstone Today with plenty of terrific photos from the event.



Yeppoon Sharks' Noah Marshall in the backstroke event.



Rocky City's Mackenzie Wyeth.



Rocky City's Amelie Smith and Sally Vagg both broke meet records on the weekend. Pictures: BEC DEVINE SWIM SURF PHOTOGRAPHY



Girls 12 and over 50m freestyle start.



Yeppoon's Demi Marshall at Harbour City.



Gladstone Gladiators' Dylan Veach in his freestyle motion.



Justin Giles from Gympie was one of many from out of the region to attend Harbour City.



The Girls 8-11 year old 50m backstroke, in lane 8 is Daisy Dingle from the Boyne Tannum Bullets.



Gladstone Souths' Kayden Gibson broke a swim meet record on the weekend.



Jovi Bax from Gladstone South.



Gladiators' Shianne Plunkett in the backstroke event.



Lane 5, Kai Devine and Lane 4, Kane Martin get ready for backstroke.



The Gladiators together at their home event.



Gracemere Bulls could go second with a huge win this weekend.

# Clash is one for the ages

By Liam Emerton

After a brilliant 2022 Country Carnival it's back to the regular fixtures in Central Queensland this weekend.

The Capricorn Challenge returns with an eye-catching match to be played between Gladstone's The Glen and the Gracemere Bulls.

In a season that has depended so much on momentum, this could be the fixture that causes a seismic shift on the table.

Before the week hiatus, Gracemere were able to find their feet with a huge win over the then-undefeated Frenchville Falcons.

The Bulls were undeniably much improved after the holiday break but will now have to shift their focus to the ever-dangerous Gladstone squad.

The Glen defeated Gracemere back in round four of the competition by only one wicket and it will be surprising if this weekend's match isn't that close again.

After a shock loss to the Rockhampton Brothers in round seven, The Glen made amends in the last round when they defeated the Capricorn Coast Parkana.

No other game this season may be as crucial as this week's game for The Glen who will want to have back-to-back wins to be brimming with confidence when they come up against Frenchville in the week after.

However, they can not overlook the current Cap Challenge champions who will be eager to leapfrog The Glen and land in second place.

Waiting in the shadows for the loser of that



The Glen will need to be at their best to beat Gracemere this weekend.

match may be the Rockhampton Brothers who are coming off a two-week break.

Their last fixture was the aforementioned win against The Glen and with Brothers behind both Gracemere and Gladstone by just three points a win this weekend would see them leap into the top three.

However Rocky can't take Capricorn Coast lightly as they showed last round against The Glen, they still have plenty of fight in them.

The Parkana allowed The Glen to escape with a win two weeks ago but they will be eager to pick up their first win of the season this weekend.

Brothers have the numerical advantage after defeating Cap Coast by eight wickets in the reverse fixture but the side from Yeppoon could be reinvented this weekend.



Hattrick hero Connor Jacob prepares for his run up during his three-wicket over.

## Cup back on Northside

By Liam Emerton

In pursuit of their fifth Wells/McDonald Cup the cricketers north of the Fitzroy River made a huge statement on Friday night.

After losing for the first time in 2021, the Northside squad made up for last year's slump in a huge way, winning the cup with four overs and four wickets to spare.

And that all stemmed from their bowling attack including the first over when The Glen's dangerman David Heymer (4) was given his marching orders after lofting the ball in the air for Logan Whitfield to catch.

That opening wicket came at the expense of just four runs with Brent Hartley picking up the first of ten Southside wickets.

That brought Southside captain Joe McGahan to the crease who combined with opener Callum McMahon for a solid partnership worth 42 runs.

That was before McMahon had his stumps skittled by Travis Applewaite who secured McGahan's scalp soon after with a brilliant direct hit to run the captain out.

That left the defending champions 3/54 and Whitfield soon trapped Luke Johnstone in front the score read 4/62.

Desperately needing a solid partnership, Sam Guerin and Jack Harris produced 20 runs combined before Guerin (16) fell to the bowling of Connor Jacobs.

And Jacobs was far from done after scoring his first wicket of the night, producing a history-making moment in the Moltec Charity Big Bash.

In the 17th over Jacobs took hold of the game and dismissed Harris, Alex Beatty and Jack Connor in consecutive balls to notch up the first-ever hattrick in the derby's history.

Eventually that moment would lead Jacobs to the man-of-the-match award and rightly so.

Eight down with just 86 runs on the board, Sam Chew (0) was caught out from



Logan Whitfield bowls in the second over of the contest.

the bowling of Murray Harch without being able to add to the total.

The total was soon set at 96 runs from Northside who seemed confident in being able to surpass those runs.

A second-wicket partnership between Hayden Busk (22) and Brent Hartley (22) was the best of the innings and helped set up Northside for a dominant win.

The pair were able to get their squad up to 2/67 at the time of Busk's dismissal and after a few short partnerships Travis Applewaite's 13 runs helped get the squad over the line.

Northside continued their innings, despite making the necessary total, to attempt to raise more funds for the charity.

After the completion of their 20 overs Northside scored 131 runs to reclaim the Wells/McDonald Cup.

In the under 21s competition Southside became the inaugural champions thanks to a huge 89 runs by batsmen Conner McKenzie.

In total Southside won by 65 runs despite the best efforts of Joshua Driscoll who scored 37 runs in the attempted chase by Northside.

All together the night raised more than \$2000 for Cure Cancer, a solid effort and matching last year's total.



William Barwick steams in for Northside.



William Barwick gets into his motion.



The Glen's David Heymer with a shot down the pitch.



Joe McGahan with a big power shot on Friday night.



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# Let's talk sport with Aaron Stevens and Liam Emerton

## Bennett's band, and Alcott

This week Let's Talk Sport featuring 4RO's **AARON STEVENS** joining Gladstone Today and CQ Today journalist **LIAM EMERTON** focuses on The Dolphins 2023 NRL squad and Dylan Alcott's latest achievement.

### NRL

The Dolphins have made a few more moves over the last week or so, do they still need that massive signing or have they already given him a contract?

**Aaron:** Well is Jesse Bromwich that star? That's a pretty big pick up who is an amazing player and a stalwart for the Storm for so long.

That's not a bad get, if you're looking for star power obviously you talk about the backs but Jesse Bromwich as a big signing is right up there.

Felise Kaufusi, Ray Stone, of course Mark Nicholls, they're all great players and we know what Wayne Bennett can do with those types of players.

Back in the day when he had the likes of Webcke, Civoniceva at the Broncos, it's about that power game and rolling forward.

He's got those consistent players and I have to tell you that Jamayne Isaako isn't a bad pick up either.

I was a huge fan of his when he came into the NRL and he's been in and out of the side but that's the type of player that Wayne can take under his wing and make a star.

There are some good players there, and everyone is talking about the younger brother of James Roberts, Michael, you get the idea that there are players there that are solid players.

Are there any real superstars available?

It will be interesting when he unveils his halves which is hopefully where the superstars will be coming for the Dolphins, but I just think the players he's got already just fit Wayne Bennett's style to a tee don't they?

**Liam:** They certainly do mate, those forwards, Mark Nicholls is one of those great signings.

He had a really good year under Wayne at the Bunnies and that's a strong signing.

Ray Stone is another one that I really like and I think he might have been a little bit underutilized and underrated at the Parramatta Eels.

He'll be very interesting to see how he goes and I agree I like Issako as well mate, I think he is a very good signing.

A few of these players are still very young and then you've got that experience sprinkled in with Jesse and Mark Nicholls as well.

They still need that x-factor player, in my opinion, Issako can be that man but it's not clear yet.

Their halves combination will be very im-



Australian of the year Dylan Alcott.

portant and you've got to think Aaron that they've only got this year to start signing players.

The whole NRL landscape has changed because these Dolphin boys have come into the fold and now everyone is trying to pick up their players and figure out their pieces for the 2023 season.

It's going to be very interesting in these next 12 months to see who they can sign and what Wayne Bennett can pull together with this squad.

It's going to be awesome to see these Dolphins out there and hopefully, we see a few CQ boys get their chance as well because that would be amazing if we can see some Capras in there too.

**Aaron:** I was just about to say that we look at those big stars but it will be interesting to see which players he decides he wants to develop from Central Queensland.

We know what Central Queenslanders can do when they're in the NRL so hopefully there's a bit of that.

I think a few people were starting to panic around Christmas time. I think there was massive anticipation about who was going to be unveiled and we expected Wayne to announce his 13 man team in the couple of months after the Dolphins were welcomed into the competition.

There's still plenty of time, he will have his

eye on players and talk to them all the time.

The big question, you said it and I said it, is going to be the halves.

Halves these days, there are so few of them who are NRL ready, that's where the question mark is going to come.

Who is he going to put into that six and seven, and the nine for that matter too, so let's see what comes out of the Dolphins but Wayne is putting together a nice side.

**Liam:** I agree there was a lot of panic around Christmas time saying that the Dolphins don't have anyone, they need someone, they're going to fail, but seriously, this is Wayne Bennett.

This man has a plan and if it fails he has a plan b, c, d, and e. This man has been around the rugby league scene for a long, long time.

Even if they get just young talent they're going to develop superstars because that's what he does.

**Aaron:** I just quickly had a look at players who are off contract at the end of 2022 and there are a few good names here.

Corey Harawira-Naera who I think is just a fantastic player. Someone like Andrew Fafita is someone who is off contract and I know he's getting a little bit older but he is a player that you can hang your side on.

Matt Moylan from the Sharks is coming off contract, so maybe he's someone you look at.

Herman Ese'ese from the Titans is finishing his contract soon so there's another young

Queensland forward who came through the Broncos.

Kieran Foran is off at the end of this year at the Sea Eagles and so is Dylan Walker, so there's potential for your halves or number nine.

There are players coming off contract, there are players there who have plenty of potential.

It's not like there's nobody out there, there are people who could come under Wayne Bennett's radar.

### Dylan Alcott

Dylan Alcott, an inspiration to every Australian and people right across the world, won the Australian of the Year for 2022, he has to be right up there as one of the best athletes in Australia, doesn't he?

**Aaron:** How much space have we got today, should we attempt to go through some of his massive achievements?

Where does the guy keep all his trophies? He's won the Australian Open multiple times, he's won a gold medal, he's won trophies in doubles, singles it's just incredible what that man has achieved.

And we talk about it with Ash Barty, the way he goes about his game and he's got such a great attitude, he is such a great role model it's fantastic.

By the way, I can't believe he's the first Australian with a disability in the 62-year history to be given the award, that surprised me.

It was interesting listening to him talk about it after he had won Australian of the year, he said he turned up, he looked at the resumes of everyone else and thought he had no hope here.

But he turned up and saw a ramp up to the stage, and he thought maybe I'm a chance.

He is Australian of the year, he should be Australian of the year and we should be proud that he is Australian of the year.

**Liam:** We should definitely be proud, I think everyone in Australia should be proud of what he has done for Aus and the disability community.

This man is such a fantastic personality, we talked about it already with Ash Barty, how good she is and he is just the same.

He is a pure athlete, he loves the game, he loves everything about his life, it's great to see.

23 quad tennis grand slams is ridiculous, he's so humble with every single one that he gets.

It would be great to see him take out another title in the Aussie Open. He's such a good advocate for people with disabilities and what a great person and what a fantastic thing to add to his wall of accolades.

He's only 31 Aaron, he can keep going for a long, long time I'm sure.

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# Regional Fishing



Oliver Boge with a 56cm grunter he caught at Winfield.



Owen Taylor with a bream he caught locally recently.

## Grunter to fire in Kolan

### BUNDABERG INSHORE/OFFSHORE

With the weather report for this weekend not looking very good, the creeks and rivers will be the place to be.

Remember to always check the weather report before heading out!

### BURNETT RIVER

The river is starting to clean up, with the fresh water in the river and the big tide at the start of the week.

The bream have been firing. There have been bream caught up in the 40cm mark.

They have been caught right through the river system, from the Town Reach to the mouth of the river.

The bream have been caught on live poddy mullet, prawns and mullet strips.

There have been plenty caught using a lightly-weighted line and float it back in with the current.

The grunter have been caught around the rubble beds and sand bars.

There have been some nice whiting caught towards the mouth with the cleaner water. Fresh yabbies and worms are the go-to baits.

### KOLAN RIVER AND BAFFLE CREEK

With the two high tides throughout both days this weekend, the mangrove jack and the grunter will be firing.

Live mullet will be the go-to baits, fished around the rock bars and fallen timber in the river systems.

If you're looking to fish for them using lures, the Z'man 3inch paddle tails would be my go-to lure in the soft plastics.

In the hard body, the Lucky Craft red and gold is my personal favourite.

The bream, flathead and whiting can also be caught on the rock bars and sand flats using baits.

### LAKE MONDURAN

With the warmer weather around and the spawning season nearly over, the fish have moved back up the dam.

The anglers have been finding that they are still catching them on the Molix 140 shad and



Luke Newton with a 91cm Barramundi caught at Lake Monduran.

the Jackall Squirell.

The fish have been in the shallows in the morning then moving out into the deeper water when the sun gets higher in the sky.

When the water warms up, we have been finding that the fish like to sit in the thermocline.

he thermocline is normally around 3 to 4 metres deep.

The bait and barramundi sit in the thermocline because the water is not as hot as it is on the surface.

The tops of trees and old river beds have been working well. When working the Squirrels and hard body lures, the small twitches have been producing the bites. Keeping it in their face for longer seems to be the trick.

Just a quick reminder that the salt water barramundi season opens at midnight on 1 February.



Jody Williams with some great mud crabs caught at Baffle Creek. Well done, Jody! Call into the shop to collect your \$50 gift card.

# Fishing

with Allstars Insalt's  
Joe McGuire



## Hook Up won't be halted

Now that 2022 has arrived and January has flown by it's time for you to get organised to fish the Boyne Tannum HookUp. I have fished this family fishing comp since it started 27 years ago. I need to declare that I'm a huge fan of the comp organisers as my wife Jen was the President for almost 7 years and continues as an active committee member and volunteer.

You have no idea the amount of time and effort that goes into hosting Australia's biggest family fishing competition in Bray Park, Boyne Island on the Queensland May Day long weekend each year. And these people aren't going to let COVID stop it from happening in some form.

My message to you in this column is... get your HookUp entry tickets and start to get yourselves organised; because no matter what COVID has thrown at this committee they've not surrendered.

During lockdown in 2020 they hosted a "virtual HookUp" and drew all the rod/reel combos, bicycles, boats, including the massive 630 SeaJay Vision worth about \$97,000. We unfortunately didn't get to fish; but they gave us an evening of live stream entertainment and handed out a heap of boat prizes to families.

Then in 2021 they worked even harder to comply with all the Government's COVID requirements and produced a 50-page COVID Safe Plan to host the event. To try to thin the crowds and create social distance they provided a second parkland and fish weigh in station, and you could win the promotional prizes via a virtual livestream.

Unlike some other events, they've never cancelled the HookUp. The HookUp has never stopped handing out the massive prize pool.

The only thing I can guarantee you is no matter what COVID delivers this committee look it square in the eyes and say "BRING IT" because we've got too much riding on this to cancel the event.

So, if you want to be in the running to win something out of the over \$375,000 worth of prize pool, then get onto the HookUp website [www.boynetannumhookup.com.au](http://www.boynetannumhookup.com.au) and organise your tickets ready to fish from Friday 29 April to Sunday 1 May.

On the website are places to stay and places to eat. So, make plans for your family to join in the family fishing fun face to face. And if all hell breaks loose again, the only thing you are guaranteed is they'll still draw the prizes because they say this in the HookUp entry rules.

I'm starting to prepare my boat and my twin sons to fish the 3-day competition. We've already got our tickets and have entered as the ALLSTARS INSALT fishing team. So, come along, say g'day, and introduce yourselves to us at the comp and see if you can out fish us to take away the cash, fishing charters and holiday prizes.

Don't forget the Queensland and Gulf of Carpentaria Saltwater Barramundi season re-opens 1 February. But in the ALLSTARS online fishing competition entrants haven't stopped fishing for barra and winning cash because freshwater barra are also included in the comp category.

Some of the biggest barra caught to date have been from Hervey Bay and Cairns impoundment fishing.

ALLSTARS has months of competition still to occur and stories to share. I have decades of fishing tips and will interview many successful commercial and recreational anglers to share their suggestions too.

As much as I like to write about fishing, I'd also like to hear from you. So please email me at [info@allstarsinsalt.com.au](mailto:info@allstarsinsalt.com.au) to share your fishing trips, fishing tips, fishing stories and photos.

A day on the water is better than a day at work.



The ALLSTARS INSALT Team weigh in for the 2021 Boyne Tannum HookUp.



Phippsy and Hodgey at the HookUp's Fish Filleting and Cooking Demonstrations.



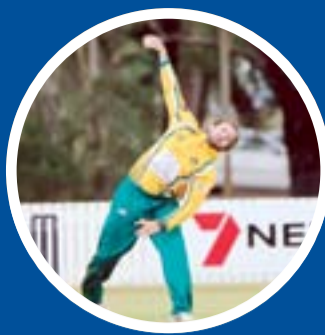
Eliza and Annaliese volunteering to run the HookUp Fish Weigh In Station.



Free kids activities will be available again this year.



Harry McGuire with his winning 20kg Mackerel at the HookUp.



Gladiators 10 and under boys relay team rip into the swimming season at Harbour City.

Picture: BEC DEVINE

## Swim sensations

By Liam Emerton

The Harbour City Swim meet was an absolute success with huge numbers across all divisions.

The Gladstone Gladiators, who hosted the event, were some of the biggest winners on

the day as was other clubs from across the Gladstone region.

Boyne Tannum Bullets and South Gladstone joined the Gladiators along with others from the Rockhampton and Wide Bay-Burnett regions.

**Turn to pages 50 and 51 for more photos from the event**

# Tri and leap into new year

By Liam Emerton

With the new year just begun, the Fitzroy Frogs Triathlon Club would like to remind Central Queenslanders to take this opportunity to make something special of 2022, whether that be taking up a new hobby, finally getting around to that holiday that hasn't yet happened or spending more time with the people you care about.

A catch phrase that the club is using this year is "Challenge Yourself", encouraging people to step up and do something new and exciting.

President of the Fitzroy Frogs Triathlon Club Craig McCormack explains that getting the most potential out of 2022 involves "thinking about what you want to achieve and setting the wheels in motion".

"I don't mind if people decide that triathlon is not their cup of tea" McCormack said.

"But please find something that will make 2022 special and head in that direction. Learn the guitar if you want, learn to swim, start walking or spend more quality time with the kids, but please don't get to the end of 2022 and realise you should have made better use of your time".

The Fitzroy Frogs Triathlon Club has a wide range of activities planned over 2022 including the Tannum Sands Triathlon, Capricornian Rockhampton Triathlon for Woman and Juniors, the Great Keppel Island Trail Run/Hike, various local club events and the Yeppoon Triathlon Festival in August.

McCormack says that the club's message of "Challenge Yourself" is a reminder to look

ahead and get started.

"If you wait for August, it will be too late to do the Yeppoon Triathlon Festival, you need to move on it now and set some realistic targets along the way, whether you're a total beginner with no idea or someone who is ready to switch to a higher gear," McCormack said.

"We have a smorgasbord of active choices in Central Queensland, and I just want to encourage people to think about making something special of 2022, for themselves as well as the people around them. The hardest part truly is turning up."

For those considering Triathlon, McCormack says that it's not as difficult as people imagine, most of us having learnt to swim, ride a bike and run to some extent.

"Being exceptional is hard" but most of us

just plod along and do the best we can with the limited talent we have, and in the process, we slowly improve, enjoy ourselves and meet lots of wonderful people," he said.

The Challenge is not about how strong or fast you are, it's about doing something that lifts your spirit and makes you glow.

"I wish we could bottle that sense of achievement and exhilaration that I see on the faces of so many extraordinary, ordinary people," McCormack said.

"Have a look at the photos on our social media and you'll see what I mean. The biggest smiles are on the faces of those with the biggest heart, not the fastest bike."

The Tannum Sands Triathlon will be taking place on 6 February with registrations now open.

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