

GladstoneToday



Cycling for mental health awareness
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Kahn will go in the ring for charity
PAGE 7

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Sundae Funday

Gladstone Today photographer Mike Richards went out to the Calliope Rotary Markets to get some snaps!
See whether you were photographed out and about on pages 10 to 11



All systems go as green future begins

Construction of the world's largest electrolyser facility commenced in Gladstone on Sunday for the first stage of Fortescue Future Industries' (FFI) Green Energy Manufacturing Centre (GEM).

The new facility will initially double Fortescue's current global production of green hydrogen and will create hundreds of jobs for regional Queenslanders.

Full story on page 3

Got food?

By Khrysti Balanay

The floods down south have affected the distribution of food products and other household items to Gladstone stores and restaurants.

McDonald's restaurants are operating on a limited menu, with one store opting to close due to their Distribution Centre in Brisbane being damaged.

Coles and Woolworths are also running on limited stock, advising their customers that they are working hard to keep their stores open and stocked.

Full story on page 4

Going swimmingly

By Eilish Massie

After three decades of rallying, the Boyne Island-Tannum Sands community could possibly have two aquatic centres, with Gladstone Regional Council giving the green light to a Brisbane developer.

In a general meeting on Tuesday, councillors unanimously voted to approve a develop-

ment application from ZenDev for a proposed centre on the corner of Wyndham Avenue and Arthur Street, Boyne Island.

The development will include an Olympic-sized 50m pool with a shaded grandstand, indoor swim school/aerobics pool, resort-style lagoon pool, kids pool, two water slides and a splash zone, a water play area, cafe and gym facilities.

During the meeting, Deputy Mayor Kahn Goodluck said the BITS community now had two possible outcomes for an aquatic centre, with GRC's own development application for an aquatic centre in the works.

It is believed GRC's aquatic centre, proposed for Coronation Dr, Tannum Sands, was put on hold while ZenDev's application was processed.

"We've got the council project that we've been working on for a number of years in Tannum Sands," he said.

"So we've got two possible outcomes, which is fantastic for everyone who lives in the Boyne-Tannum community.

"Hopefully we'll see one of them come to fruition, if not both which will be great."

Full story on page 3

EASTER IN GLADSTONE

14-17 April

gladstone.qld.gov.au/easter

You'll be glad you did

The editor's desk

This week Gladstone Today launches Business in Focus, a new series showcasing businesses in the Gladstone region. The first business in the spotlight is Fresh Fix Cafe in Goondoon St.

Owners Tim and Janene Cree have worked through the tough times, including Covid-19, to make their business the success it is today.

With 50 years experience between them in hospitality, Tim and Janene previously owned and operated four cafes on the Gold Coast, opening their first establishment in 2000.

"People expect a really high end experience, with a clean environment, good food, good service and reasonable prices - that's the formula and if you get it right every time you've a got a win," Tim said.

Turn to page 12
for the full story
- Matthew Pearce



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One man's 3000km Gladstone odyssey

By Eilish Massie

A chance meeting with a stranger in a Cooktown pub led one man to cycle 3000km to Gladstone.

Melbourne resident Adam Griffiths arrived in the port city this week to raise awareness of mental health after tragically losing his brother to suicide.

Mr Griffiths, who has struggled with mental health issues and drug addiction, started his journey in Cairns where he had spent the last year.

"After losing my brother, I needed to get out of Melbourne, and I came to Queensland," Mr Griffiths said.

Six months ago, he got on his bike and started a tour that intends to go around Australia called '4 Our Loved 1s' to reach out to people and/or their loved ones who are struggling with mental health and suicide.

So far, Mr Griffiths has travelled over 3,000 km on his bike between Cairns, Daintree, Cooktown, Tablelands and now Gladstone.

Mr Griffiths began documenting his journey through social media, sharing his personal experience with mental health and listening to people's struggles.

While he was meant to go to Darwin after Cooktown, Mr Griffiths said he heard about Gladstone group Ride4Lives from a stranger in a Cooktown pub which inspired him to travel south down the east coast of Australia.

"A patron stopped in who was also struggling, he heard my story and then he wanted to give me a shirt which said Ride4Lives," he said.

"Now I wear that t-shirt everywhere."

Mr Griffiths met up with Ride4Lives president Mark Brookes and his wife Karen last Friday for a barbecue where they thanked him for spreading their message.

After speaking with hundreds of people, Mr Griffiths said the most common theme for mental health issues was the housing crisis.

"I've been asking services what's the missing link, or where they need help," he said.

"The same story all the way up the east coast is housing, housing for the disadvantaged has been a major issue."

Mr Griffiths hoped sharing his story would help others feel like they were not alone.

"I lost my baby brother to suicide, and I have also struggled with mental health, neglect, abuse but I'm a true survivor," he said.

Mr Griffiths aims to one day take the conversation about suicide, drug addiction and abuse into the education sector.

"That is my goal; I want to be a motivational speaker at schools," he said.

"It's important for kids to learn the signs of abuse and addiction and what to do when they notice them. So we need to take this conversation to the education sector."

"It's so important to remind people you're not alone, and it's never too late to speak up."



Mr Griffiths met up with Ride4Lives president Mark Brookes and his wife Karen last Friday for a BBQ where they thanked him for spreading their message.



Melbourne resident Adam Griffiths arrived in the port city this week to raise awareness on mental health after tragically losing his brother to suicide.

Splash! Thumbs up for long-awaited aquatic centre

By Eilish Massie

After three decades of rallying, the Boyne Island-Tannum Sands community will finally have an aquatic centre.

Gladstone Regional Council approved a development application from ZenDev on Tuesday for a centre on the corner of Wyndham Avenue and Arthur Street Boyne Island.

The development will include an Olympic sized 50m pool with a shaded grandstand, indoor swim school/aerobics pool, resort-style lagoon pool, kids pool, two water slides and a splash zone, a water play area cafe and gym facilities.

Councillors unanimously passed the plans from developer ZenDev at a meeting on Tuesday, after receiving 267 public submissions in favour of it and only three with concerns.

Speaking with Gladstone Today earlier this year, ZenDev director Jacob Scott said the firm was overwhelmed by the level of support from the community.

“As part of our community engagement process, we received 450 submissions supporting our proposal through a poll set up on



Plans for what the new Boyne Island aquatic centre will look like. 253052

our website and had hundreds of residents approach us with feedback and words of encouragement,” he said.

“The enthusiasm and support towards our vision from the community is fuelling our fire and we promise to be equally as dedicated to the cause.”

ZenDev took to social media on Tuesday to thank the community for their support upon hearing the news.

Unfortunately, Zen Dev’s Brisbane office

was among many businesses impacted by the severe weather and flooding impacting large parts of southeast Queensland.

“Our office fell victim to the current flood disaster occurring in SEQ. We are busy organising the clean up and assisting friends, family and loved ones who are effected,” the group said.

During the meeting, Deputy Mayor Kahn Goodluck said the BITS community now had two possible outcomes for an aquatic centre,

with GRC’s own development application for an aquatic centre in the works.

It is believed GRC’s aquatic centre, proposed for Coronation Dr, Tannum Sands, was put on hold while ZenDev’s application was processed.

“We’ve got the council project that we’ve been working on for a number of years in Tannum Sands,” he said.

“So we’ve got two possible outcomes which is fantastic for everyone who lives in the Boyne-Tannum community.

“Hopefully we’ll see one of them come to fruition, if not both which will be great.”

He said it would be several years before either of the proposed centres was operational.

Upon completion, ZenDev’s Boyne Island Aquatic Centre has the potential to attract 700,000 visitors to the site per annum and create opportunities for new tourism businesses.

The aquatic centre would also work in conjunction with local events such as the Boyne Tannum Hookup, which attracts 27,000 visitors each year, resulting in building an identity for the Boyne Tannum precinct as a leisure and adventure destination.

Green future is underway

Construction of the world’s largest electrolyser facility commenced in Gladstone on Sunday for the first stage of Fortescue Future Industries’ (FFI) Green Energy Manufacturing Centre (GEM).

The new facility will initially double Fortescue’s current global production of green hydrogen and will create hundreds of jobs for regional Queenslanders.

The facility is expected to create more than 100 jobs during the construction phase, 50 permanent jobs, hundreds of indirect jobs in the local supply chain andl produce 15 million tonnes of hydrogen by 2030.

Fortescue founder Dr Andrew Forrest said the Aldoga facility would become an epicentre for Queensland’s green hydrogen ambitions and build on Gladstone’s skilled workforce and world-class port.

“The world is moving on from fossil fuels and the green industrial revolution is under-way,” Dr Forrest said.

“(The) game-changing electrolyser facility in Gladstone is putting Queensland at the centre of this revolution, which is creating an entirely new industry and thousands of multi-generational jobs.”

Queensland Premier Annastacia Palaszczuk said Gladstone would become a world leading hub for manufacture of electrolyzers as a result of this project.

“The partnership we’ve forged with Twiggy and his team will create local jobs, support our economic recovery and create an advanced manufacturing industry in Gladstone that doesn’t exist anywhere else in the country.



“There is no doubt that the hydrogen industry will play a key role in future employment, investment and export opportunities for Queensland,” Ms Palaszczuk said.

Deputy Premier Steven Miles said the 100-hectare Gladstone site was the ideal location for Australia’s first electrolyser manufacturing hub.

“Not only is this project a win for the environment, thousands of jobs could flow from this manufacturing facility for Queenslanders in the coming decades,” Mr Miles said.

This marks the beginning of construction for the \$114m first stage of the facility, following approval from Queensland’s Coordinator-General in November.



Fortescue will develop the site in stages which will eventually include the capacity to build other green manufacturing technologies such as cables, batteries, wind turbines and solar panels.

The multi-gigawatt-scale electrolyser factory is a 50-50 joint venture (subject to approvals) between FFI and Plug Power Inc.

Here for

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QUEENSLAND ALUMINA LIMITED

Here for Gladstone represents the community contributions of Rio Tinto Yarwun, Boyne Smelters Limited and Queensland Alumina Limited. Growing Gladstone, together.

Here for Gladstone

Gladstone ‘a sitting duck’

By Eilish Massie

A Melbourne academic has claimed Gladstone is a sitting duck when it comes to climate change policies.

Professor and author Ian Plimer is hosting his presentation ‘Climate Change and Real Aussies’ at Calliope Central Bowls Club this Saturday.

Prof Plimer, who is currently the Emeritus Professor of Earth Sciences at The University of Melbourne and the director of Hancock Prospecting, will discuss the consequences of climate change policies in rural towns.

He said Gladstone could be wiped out by the detrimental effects of climate policies.

‘Gladstone carries its own weight, most industrial towns do the heavy lifting and the city people wag their fingers at their policies at people living in rural Australia,’ Prof Plimer said.

“With coal, aluminum ... Gladstone is a sitting duck to be wiped out by climate policies.”

Prof Plimer said his latest book Green Murder, released last December, argued climate policies end up destroying economies.

“In the book I argue climate policies end

up killing people, killing jobs - (the policies) are usually put in place by people in cities who don't have a clue about how the world works,” he said.

“This is why I called the book Green Murder because green policies put people out of work.

“People living in Gladstone, Rocky or any rural area have to suffer the green legislation.”

Prof Plimer said in his 50 years of being a scientist, climate change had been happening since day dot.

“As a scientist I question science, and if the science is bad, the end result is bad policy and unemployment, and having whole economies wiped out,” he said.

“In my book in the first chapter, I see that over time the environment is getting better and better and we are living longer and longer.

“It took five generations to push that longevity from 25 years old to 75 years old.

“You couldn't live in better times, things aren't getting worse.”

The talk will be held at Calliope Central Bowls Club at Drynan Drive, from 10.30am to 11am. Morning tea is provided.



Groceries scarce as flooding impacts supply chains

By Khrysti Balanay

Gladstone residents will have noticed a lack of food and other household essentials in grocery stores and the McDonald's menu missing key items.

Due to the floods, the McDonald's Distribution Centre in Brisbane has been severely impacted with stock being lost, causing supplies to all Queensland McDonald's restaurants to be unreliable for the next coming weeks.

Boyne Island McDonald's has advised that they will be operating on a limited menu in a Facebook post, apologising for the inconvenience.

Kirkwood McDonald's have decided to temporarily close until the product supply is stable again, choosing to let their stock be distributed to other locations.

However, the message in all McDonald's restaurants is asking for patrons to remain courteous and respectful to their employees.

A spokesperson from Coles has advised that they are working hard to keep their stores open and stocked.

“Due to the significant road and major arterial closures to heavy vehicles, we've re-routed our fleet to ensure the residents will receive essential groceries over the coming days,” the spokesperson said.

“We have worked with our transport and supplier partners to fill road trains, b-double



Fresh produce in Gladstone Woolworths stores has been affected by the Queensland floods.

trucks and other heavy vehicles with fresh produce, meat, dairy, grocery and essential products to make their way to the region via an alternate route.”

From Monday, Woolworths has introduced purchase limits on a range of categories in flood-impacted regions of Queensland in-store and online.

The move follows several days of heavy rainfall and flooding, which has caused extensive road closures in different parts of Queensland.

This has affected the volume of freight

moving around the state.

Last week, a freight train derailment at Traveston near Gympie was compounding the supply challenges.

“The loss of key transport links because of flooding will regrettably have an impact on product availability in different parts of Queensland,” Woolworths General Manager for Queensland, Danny Baldwin, said.

“We've placed temporary purchase limits on selected categories in affected stores to help ensure more customers have access to food and essentials while we work through

this period of disruption.

“We have transport contingency plans in place and will do everything we can to get stock into our stores via alternative road routes safely.

“We encourage customers to be mindful of others in the community and only buy what they need. We thank customers for their patience and understanding.”

From Monday, Woolworths has introduced the following purchase limits to stores in Gladstone, Rockhampton, Yeppoon, and the Central Highlands on the products listed below:

Two-pack limit

- Paper Towels
- Facial tissues
- Flour
- Rice
- Long Life Milk
- Fresh Milk
- Mince
- Sausages
- Chicken breasts
- Chicken thighs
- Medicinal (Paracetamol/Ibuprofen/Aspirin)

One pack limit

- Toilet Paper
- Bulk or Multipack Still Water

Get in quick to snag tickets for GEA's 2022 IWD dinner

It's shaping up as a full house at this year's Gladstone Engineering Alliance International Women's Day Dinner.

Tickets to the two-course dinner, which is being held at the Gladstone Entertainment and Convention Centre on 8 March, are selling fast.

GEA International Women's Day event is presented by Gladstone Regional Council.

The GEA International Women's Day these is “Empowering Women”, this year celebrates the courage and determination of women who have changed history and those who will advance gender equality into the future.

It is an opportunity for women and men to unite, network and put in motion plans for meaningful change.

The event is a two-course sit down dinner, with a welcome drink, held at the Gladstone Entertainment and Convention Centre on 8 March from 6pm – 9pm.

The event will include two keynote speakers and a panel discussion around women working in the technology and innovation space.

The key note speakers are:

ALANNA BALL

Alanna is a true leader of people, equality and



change. Alanna is a passionate and well recognised leader in health and safety for the way she is actively empowering thousands of professionals and driving rapid change for females to bring their best selves to work. Whether working in corporate HR delivering large scale redundancy programs to being helicoptered into the jungle of Papua New Guinea, her sense of humour and human-centred approach has stood her apart from other leaders in her field. As a working mum, Alanna is all too familiar in the art of juggling change, conflict and sacrifice however always stands true in her values. It is these values that have seen her grow a community of over 2000 health and

safety professional members in Australia and New Zealand as well as work with multiple national and international brands to drive health and safety change.

LIZA MCGUIRE

Liza McGuire is a Bidjara, Ghangulu and Iman woman originally from Rockhampton in Central Queensland. She has extensive senior management experience and holds a number of directorships across a broad range of sectors. Liza started Jinnali Productions, her first business, in 1999 which resulted in her co-producing the first Aboriginal women's calendar taking it to international audiences in addition to providing young Aboriginal women with

access to opportunity in the fashion industry.

Liza has numerous business interests and is the co-founder of Redspear Safety and Safespear. Both of these businesses provide high-end business critical products and services to the mining, construction, medical and oil and gas sectors. Most recently, Safespear has been directly involved in the fight against COVID-19 by providing negative pressure isolation room capability as part of its innovative atmospheric control solutions. Her contribution to the small business sector in Australia resulted in her appointment as a judge in the Telstra Business of the Year Award in 2017.

Liza is passionate about economic and community development in Aboriginal communities and to this end, serves as a director on the boards of the Spear Foundation, the Foundation for Indigenous Sustainable Health (FISH) and BINAR Sports. These organisations work together to make targeted interventions in a range of areas which include children and youth, Elders and the justice system.

GEA's International Women's Day Dinner runs from 6pm - 9pm.

Tickets for the event are available from gea.asn.au/international-womens-day-2022/ or by calling 4972 9060.

Elderly ‘deserve better’

By Eilish Massie

Labor candidate for Flynn Matt Burnett has slammed the Federal Government for not doing enough for the aged care sector one year since the final report of the Royal Commission into Aged Care Quality and Safety was implemented.

Mr Burnett said he had heard from staff and residents across Central Queensland, the Federal Government was not looking after aged care residents like they should be.

“It’s been 12 months since the Royal Commission into the Aged Care Crisis in this country was handed down, and what has the Federal Government done?,” Mr Burnett said.

“If you ask the nurses and staff in our local aged care facilities, they’ll tell you nothing’s been done.

“They’re working double shifts, they’re working overtime and not getting paid, and they’re reporting accidents in the workplace—it’s just not good enough.”

A former Central Queensland aged care worker, who wanted to remain anonymous, said understaffing, low wages and work pressure were major issues the Federal Government needed to fix.

“Sometimes for 26, 27 residents there are only three aged care workers and we have to do everything from feeding, hygiene, cleaning and medications; so it can be really stressful,” she said.

“You feel physically and mentally drained at

the end of the day. I get moments of not wanting to go into work because it’s too hard. When I started it wasn’t like that and that’s why I’ve resigned, as I couldn’t handle it anymore.”

The former nurse, who had worked in the industry for nine years, said staff should be paid more.

“Health care workers should always be fully staffed, because you can’t work when it’s understaffed. My salary is small but it’s even harder when it’s short staffed,” she said.

“I don’t think I will go back to aged care, I don’t have the urge as I’m trying to take care of myself. The residents are important, but I’m important too.

“Some residents get upset – and we can’t blame them - because if they buzz and we can’t attend to them straight away as we are working on something urgent, it upsets them too; which creates more stress.”

Mr Burnett said it was not ‘good enough’ for residents who had built this country and who were now living in aged care facilities

“They deserve better and they deserve a Government that will deliver and look after them,” he said.

“What we want to see is patient-to-nurse ratios, we want to see nurses in nursing homes, we want to see our Senior Australians looked after in their retirement years like they should be.”

Federal Member for Flynn Ken O’Dowd was approached for comment however did not respond in time for deadline.



Unique business opportunity could yield big dollars

By Eilish Massie

A rare business opportunity in the Gladstone region could have the new owners of a caravan park earning up to \$1.1 million a year.

Agnes Water Caravan Park was recently listed on the market, with an expression of interest campaign for those interested in the freehold of the property.

The property, located at 36 Jeffrey Court, has access to the absolute beachfront at Agnes Main Beach and features 133 accommodation lots.

CBRE Hotels national director Paul Fraser said he has received more than 300 enquiries for the 35,700sqm property.

“In my 25 years of doing this, I’ve never had that many inquiries on any asset,” Mr Fraser said.

Mr Fraser said the current owners, who have owned Agnes Water Caravan Park since the Global Financial Crisis, thought it was the best time to sell the property.

“NRMA recently went in on a new 35-year lease on the property, so they saw it as a perfect opportunity to sell the freehold off as well,” he said.

Mr Fraser said the new owners would receive \$1.1million a year in rent from NRMA Parks and Resorts.

“This is what we call a passive invest-



ment so if NRMA does a great job in running, which is highly likely as they are a completely performance-based operation, the new owners will make a lot of money,” he said.

Mr Fraser said the popular caravan park was an incredibly rare business opportunity.

“It is incredibly rare to get something within a 100 metres of absolute ocean front,” he said.

“NRMA is a very well known tenant and very good operator - we’ve effectively got a good company running it and income is secured which is very attractive to a lot of people.”

The Expression of Interest Campaign for Agnes Water Caravan Park closes 10 March 2022. For further information or to arrange an inspection, contact Paul Fraser 0401 100 350.



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Gladstone*Today* COMMUNITY EVENTS BILLBOARD

MARCH

Thursday 3 March

Garden Tours

Join us for a gentle stroll and be guided through the gardens by our own Friends of the Gardens Visit Services Volunteers. A wealth of knowledge about the Gardens is shared with the visitors. The volunteers who run the Tour are trained in scientific facts about the various plants and animals and the history and stories behind Tondoon.

Time: 10am to 11.30am

Location: Meet at the Courtyard, Tondoon Gardens

For more information, call 4971 4444 or tondoon@gladstone.qld.gov.au

Friday 4 March

Drag Queen Bingo

Hold on to your balls! Miss Lady Saint Diva is back with her girls.

Time: 5.30pm to 9.30pm

Location: Club Gladstone at The Bowlo, 6A Ferris Street, Gladstone City.

For more information and tickets, visit <https://www.eventbrite.com.au/>

Saturday 5 March

Beach Arts Music (BAM) Markets

Live entertainment, great food and a wide variety of market stalls. Bring a blanket and some chairs and make an afternoon of it.

Time: 2pm to 7pm

Location: Millennium Esplanade, Tannum Sands.

For more information, visit <https://btabc.com.au/bam/>

Parks Week 2022

Join Gladstone Regional Council in celebrating Parks Week 2022. This year's focus is on how spending time in our parks and open spaces positively influence our well-being. Tondoon Botanic Gardens and various parks around our region will host an array of exciting activities.

Note this event is on until Sunday, 13 March.

Time: 8am to 5pm

Location: Tondoon Botanic Gardens, 672 Glenlyon Road, Gladstone.

For more information, visit <http://www.parks-week.org/>

Sunday 6 March

Clean Up Australia Day

We are all part of the problem, but you can be involved as part of the solution.

Get involved: School Clean up (Friday, 4 March), and Step Up to Clean up as a Community (Sunday, 6 March).

Time: 6am to 5pm

Location: Various

To register online, visit <https://www.cleanupaustraliaday.org.au/>

Tuesday 8 March

Art Play

Join an experienced children's art tutor for some playtime fun. Tuesday Art Play is for children between 18 months to 5 years old, aimed at interactivity and visual art awareness. All materials provided; wear clothes that can get messy.

Time: 10am to 11.15am

Location: Gladstone Regional Art Gallery and Museum, Cnr of Goondoon and Bramston Streets, Gladstone.

For more information, call 4976 6766 or email gragm@gladstone.qld.gov.au

Wednesday 9 March

Yoga for Pre-Teens (9-12)

On the mat, our brain and body are finding ways to relax more, regulate and cope well with the experiences and obstacles of life. This ability then transfers into building positive wellbeing and resilience.

Time: 3.30pm to 4.30pm

Location Thrive Local, Shop 2, 65 Tank Street, West Gladstone.

For more information and to purchase tickets, visit <https://www.eventbrite.com.au/>

Yoga for Teens (13+)

On the mat, our brain and body are finding ways to relax more, regulate and cope well with the experiences and obstacles of life. This ability then transfers into building positive wellbeing and resilience.

Time: 4.30pm to 5.30pm

Location Thrive Local, Shop 2, 65 Tank Street, West Gladstone.

For more information and to purchase tickets, visit <https://www.eventbrite.com.au/>

Thursday 10 March

Garden Tours

Join us for a gentle stroll and be guided through the gardens by our own Friends of the Gardens Visit Services Volunteers. A wealth of knowledge about the Gardens is shared with the visitors. The volunteers who run the Tour are trained in scientific facts about the various plants and animals and the history and stories behind Tondoon.

Time: 10am to 11.30am

Location: Meet at the Courtyard, Tondoon Gardens

For more information, call 4971 4444 or tondoon@gladstone.qld.gov.au

Launch of Gladstone Listening Campaign

We are building a coalition of community organisations to advocate for us, the Gladstone community, through the coming energy and economic transformation. We need clean, renewable energy to preserve the Gladstone way of life while preserving our industrial heritage. The whole community can share the benefits of this transition with plenty of secure future-proof jobs.

Time: 6pm to 7.30pm

Location: Virtual Event

For more information or to register, visit https://www.acf.org.au/gladstone_listening_launch

Saturday 12 March

Combined School Musical 2022: Roald Dahl's Charlie and the Chocolate Factory - The Musical

Be transported to a world of pure imagination. The world-famous Willy Wonka opens the gates to his mysterious factory, but only to a lucky few. Young Charlie Bucket and four other golden ticket winners will embark on a life-changing journey through Wonka's world of pure imagination, including chocolate waterfalls, nutty squirrels and the great glass elevator.

Time: 7pm

Location: Gladstone Entertainment Convention Centre, 56 Goondoon Street, Gladstone.

For more information and tickets, visit <https://gladstoneentertainment.com/combined-schools-musical/>.

Sunday 13 March

Market Day

Historical Village Market is coming up again for the first market of 2022, and it'll be big. Bring your friends and family along for a wander around the wide variety of stalls.

Time: 8am to 12pm

Location: Calliope River Historical Village

Always looking for new stallholders, so please book online at www.calliopehistoricalvillage.com.

Sparks Family Exhibition

Join us for an exhibition by Irene Sparks, a talented and well-known local artist who has dedicated her life to community arts. She will showcase some of her own work alongside various members of this creative family. 'Perception' will explore 3D, fibre and painted works with most of the pieces for sale.

Note this exhibition will be open until 28 March.

Time: 10am to 2pm

Location: Art Matters Gallery, 3 Pitt Street, Gladstone.

For more information, visit <https://www.creativegladstone.org.au/>

Combined School Musical 2022: Roald Dahl's Charlie and the Chocolate Factory - The Musical

Be transported to a world of pure imagination. The world-famous Willy Wonka opens the gates to his mysterious factory, but only to a lucky few. Young Charlie Bucket and four other golden ticket winners will embark on a life-changing journey through Wonka's world of pure imagination, including chocolate waterfalls, nutty squirrels and the great glass elevator.

Time: 11am

Location: Gladstone Entertainment Convention Centre, 56 Goondoon Street, Gladstone.

For more information and tickets, visit <https://gladstoneentertainment.com/combined-schools-musical/>.

Tuesday 15 March

Art Play

Bring your little one along and join an experienced children's art tutor for some hassle-free fun. Let your little adventurer experience art through play without worrying about the mess! Tuesday Art Play is tailored for children between 18 months to 5 years old, aimed at interactivity and visual art awareness, rather than creating a finished product. All materials provided; wear clothes that can get messy.

Time: 10am to 11.15am

Location: Gladstone Regional Art Gallery and Museum, Cnr of Goondoon and Bramston Streets, Gladstone.

For more information, call 4976 6766 or email gragm@gladstone.qld.gov.au

Wednesday 16 March

Yoga for Pre-Teens (9-12)

On the mat, our brain and body are finding ways to relax more, regulate and cope well with the experiences and obstacles of life. This ability then transfers into building positive wellbeing and resilience.

Time: 3.30pm to 4.30pm

Location Thrive Local, Shop 2, 65 Tank Street, West Gladstone.

For more information and to purchase tickets visit <https://www.eventbrite.com.au/>

Yoga for Teens (13+)

On the mat, our brain and body are finding ways to relax more, regulate and cope well with the experiences and obstacles of life. This ability then transfers into building positive wellbeing and resilience.

Time: 4.30pm to 5.30pm

Location Thrive Local, Shop 2, 65 Tank Street, West Gladstone.

For more information and to purchase tickets visit <https://www.eventbrite.com.au/>

Thursday 17 March

Garden Tours

Join us for a gentle stroll and be guided through the gardens by our own Friends of the Gardens Visit Services Volunteers. A wealth of knowledge about the Gardens is shared with the visitors. The volunteers who run the Tour are trained in scientific facts about the various plants and

animals and the history and stories behind Tondoon.

Time: 10am to 11.30am

Location: Meet at the Courtyard, Tondoon Gardens

For more information, call 4971 4444 or tondoon@gladstone.qld.gov.au

Friday 18 March

Combined School Musical 2022: Roald Dahl's Charlie and the Chocolate Factory - The Musical

Be transported to a world of pure imagination. The world-famous Willy Wonka opens the gates to his mysterious factory, but only to a lucky few. Young Charlie Bucket and four other golden ticket winners will embark on a life-changing journey through Wonka's world of pure imagination, including chocolate waterfalls, nutty squirrels and the great glass elevator.

Time: 7pm

Location: Gladstone Entertainment Convention Centre, 56 Goondoon Street, Gladstone.

For more information and tickets visit <https://gladstoneentertainment.com/combined-schools-musical/>.

Saturday 19 March

Combined School Musical 2022: Roald Dahl's Charlie and the Chocolate Factory - The Musical

Be transported to a world of pure imagination. The world-famous Willy Wonka opens the gates to his mysterious factory, but only to a lucky few. Young Charlie Bucket and four other golden ticket winners will embark on a life-changing journey through Wonka's world of pure imagination, including chocolate waterfalls, nutty squirrels and the great glass elevator.

Time: 7pm

Location: Gladstone Entertainment Convention Centre, 56 Goondoon Street, Gladstone.

For more information and tickets, visit <https://gladstoneentertainment.com/combined-schools-musical/>.

Sunday 20 March

Rotary Charity Markets

Come along and see the beautiful Tondoon Botanic Gardens come alive with food, craft, fruit and vegetables and much more.

Time: 7am to 12pm

Location: Tondoon Botanic Gardens, 672 Glenlyon Road, Gladstone.

For more information, see the Gladstone Regional Council website.

Combined School Musical 2022: Roald Dahl's Charlie and the Chocolate Factory - The Musical

Be transported to a world of pure imagination. The world-famous Willy Wonka opens the gates to his mysterious factory, but only to a lucky few. Young Charlie Bucket and four other golden ticket winners will embark on a life-changing journey through Wonka's world of pure imagination, including chocolate waterfalls, nutty squirrels and the great glass elevator.

Time: 11am

Location: Gladstone Entertainment Convention Centre, 56 Goondoon Street, Gladstone.

For more information and tickets, visit <https://gladstoneentertainment.com/combined-schools-musical/>.

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To add it to our Community Events
Billboard, contact
editorial@todaygladstone.com.au

*Event information correct at time of print.
Event details are subject to change at the discretion of the event organisation. While we endeavour to include as many events as we can, Gladstone Today cannot guarantee the inclusion of every event.

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12536436-SN09-22



Deputy mayor Kahn Goodluck will fight good friend and fellow tradesman Mathew Clarke at Calliope Roosters Indoor Sports Centre to help raise funds for the Young Veterans organisation.



Deputy mayor in the ring

By Eilish Massie

A Gladstone Regional Councillor is getting in the ring for charity this July.

Deputy Mayor Kahn Goodluck has put his hand up to participate in mixed martial arts competition Beast Championship's "Tradie Wars" on 2 July.

The boilermaker by trade will fight good friend and fellow tradesman Mathew Clarke at Calliope Roosters Indoor Sports Centre to help raise funds for the Young Veterans organisation.

With 19 weeks to go, Mr Goodluck said he was feeling pretty good about the upcoming fight.

"I'm trying to do as much exercise as I can with weights, running and a bit of boxing," Mr Goodluck said.

"I've already lost a few kilos over the last weeks and i've set myself a personal goal to lose another 15 kilos, if I can reach that it'll be awesome."

After competing many years ago, Mr Goodluck said his return to cage fighting came about via a conversation with mates.

"I was talking with a few mates one night and I said I would be happy to do it for charity," he said.

"The next thing I knew it was all locked in, all systems a go with Beast Championship's boss Jason Hoad tee'ing it up," he said.

"Jason is an ex veteran himself and really passionate about martial arts, I talked to him, he's a great guy and a mover and shaker when it comes to these things.

"It was too late to back out then."

Mr Goodluck said the fight was all fun, with the money raised going to a good cause.

"I'm feeling pretty good about (the fight). I have competed many many years ago in a much younger and fitter state and I have no doubt the nerves will be running through as it gets closer but it's all a bit of fun," he said.

"Mathew Clarke is a mate of mine who's jumping in with me and we'll put each other through the test and have a cold beer afterwards."

Tickets are available via the Beast Championship website here beast-championship.ticketleap.com/bc10-tradie-wars/dates/Jul-02-2022_at_0400PM

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CHICKEN NECKS **\$2.99kg**

12538229-C009-22

Eyes set on senate seat

By Emma McBryde

Former Queensland Premier Campbell Newman has condemned mandatory Covid-19 vaccinations and masks as he campaigns for a seat in the senate.

The Liberal Democrats lead senate candidate spoke about the party's Covid-19 policy in Rockhampton on a whirlwind tour of regional Queensland.

He also spoke about his support for the Inland Rail project to Gladstone and the coal and resources energy.

"It actually cements Gladstone as one of the most important ports in Australia and you can then get goods to Melbourne very, very quickly," Mr Newman said.

"Gladstone could turn into a very large container port, as well. There's huge benefits from that. It's going to be great for getting produce out from northern New South Wales and southern Queensland."

He said the LibDems do not support net-zero, and if elected he would introduce a bill to the senate to remove the legal prohibition on nuclear energy.

Mr Newman, who was Premier when the LNP lost after one term in 2015, resigned from the party last year, saying it had "lost its soul" and true Liberal values.

He said the LNP had swung too far to the left following the 2015 election loss, something that would not have happened under his leadership.

Despite his seven years as Lord Mayor of Brisbane before his time as Premier, Mr Newman believes the LNP is too focused on Brisbane.

"(The LNP is) listening to people in Brisbane more than listening to people in the regions, so they've lost their way," Mr Newman said.

Following seven years enjoying his time working in business, Mr Newman said he felt



Capricornia candidate Steve Murphy and Senate candidate Campbell Newman were in Rockhampton last weekend.

compelled to return to politics.

"In terms of the property side of it, we've made investments in Rockhampton, in Gladstone, in Mackay, in Townsville," he said.

"In fuel stations, furniture stores, industrial properties. I make that point that I believe in

regional Queensland and so do my business partners.

"I never thought that I would go back into politics, but the events of the past two years have so dismayed me that I felt that I had to take a stand."

The LibDems are staunchly opposed to mandatory vaccinations, masks and voting.

The party believes voters should have the power to bring about by-elections and repeal legislation, if petitions with a set number of the electoral roll can be provided.

GLADSTONE REGIONAL COUNCIL

REGIONAL Arts DEVELOPMENT FUND (RADF)

Round *One* 2021-2022

Expressions of Interest
Close 4pm, Friday, 25 February 2022

Applications
Close 4pm, Friday, 25 March 2022

For projects that commence
after Tuesday, 3 May 2022

www.gragm.qld.gov.au/radf

The Regional Arts Development Fund (RADF) is a partnership between the Queensland Government and Gladstone Regional Council to support local arts and culture in regional Queensland.



Roadworks planned for Eidsvold-Theodore Rd

The Banana Shire Council advises that construction work has commenced on the upgrade of the Eidsvold-Theodore Road, 2.43kms west of Cracow (refer to map).

Work will be undertaken between 6am and 6pm from Thursday 17 February 2022 and is expected to be completed by mid-2022.

What to expect:

- **Traffic control:** traffic control and temporary traffic signals will be in place. Motorists and pedestrians are reminded to exercise caution and observe all warning signs, speed restrictions and traffic controller / lights directions during the works.
- **Access:** temporary measures will be in place to ensure access to private proper-

ties is maintained at all times.

- **Noise, dust, and vibration:** audible noise, possible dust and localised vibrations from construction activities and heavy machinery.

Reversing alarms and flashing lights are a safety requirement and will be used at all times during works.

- **Increased construction traffic:** an increase in construction/heavy vehicles near work areas will occur during construction.

The project team will continue to keep nearby residents, businesses, motorists, and key stakeholders updated throughout construction.

For up-to-date information on traffic conditions, go to qldtraffic.qld.gov.au or call 13 19 40.

Cheaper kinder on offer

More than 800 children a year are set to benefit from reduced price or free kindy, thanks to a more than \$1 billion investment announced by the Palaszczuk Government.

Minister for Regional Development, Manufacturing, Minister for Water and Member for Gladstone Glenn Butcher said the kindergarten program funding overhaul was the most significant reform for the sector in more than a decade.

Over five years, the package includes free kindy access for 14,000 children a year, reduced fees for a further 26,000 children a year \$33 million to expand Kindy Uplift from 400 to 930 services, \$38.5 million to help remote and regional services attract and retain early childhood teachers and \$95 million in support for families with children who have a disability.

"We know that the first few years of child's life Gladstone are incredibly important and play a major role in their future," Minister Butcher said.

"The Palaszczuk Government knows that kindy counts.

"That's why we are increasing our annual investment in kindy from \$130 million to \$211 million per year, which means more than a billion dollars will go into our kindy services over the next five years, with ongoing funding after that.

"Here in Gladstone, that means 837 of kids will get reduced price kindy, with 263 of those getting it completely free."

Minister Butcher said kindy participation had grown rapidly in the state.

"I'm proud that Queensland has seen kindergarten participation grow from 29 per cent in 2008 to 96 per cent today," he said.

"The Palaszczuk Government wants kindy in Queensland to not only be world class, but accessible and affordable too.

"This is a significant change for the sector, and we'll be working closely with providers in the coming months on things like software



upgrades, contracts, and consultation with families to ensure they're ready for the new program in 2023."

The Gladstone MP said the package also includes an expansion of the Kindy Uplift program, and extra funding for children with disabilities.

"We're thrilled that this increased funding means we can more than double the number of services covered by the successful Kindy Uplift program to 930," Minister Butcher said.

"Kindy Uplift funding means services can invest in personalised programs so children can reach their full potential. For example, funding could be used to provide a dedicated support worker or professional development for staff.

"We will also invest more than \$19 million per year to enhance support for families with children who have a disability or are developmentally vulnerable, so they can participate in either community or long day care kindies.

"In addition, eligible remote and regional community kindergartens and kindergartens in long day care will receive a funding boost to use on things like accommodation assistance and relocation costs to ensure they can attract and retain a qualified early childhood teacher."

Education Minister Grace Grace said the Palaszczuk Government was proud to be investing in Queenslanders' early years.

"I am proud that this Palaszczuk Labor Government is delivering not only an increase in funding, but funding that is clearly targeted to

assist those who need it the most," Ms Grace said.

"We're investing in our youngest Queenslanders, we're investing in our families, and we're investing in Gladstone's future."

The new kindy funding reform package is in response to the 2019 'Optimising outcomes for children: A review of early childhood education funding and arrangements in Queensland'.

There are 10 services in the electorate of Gladstone that are currently part of the Kindy Uplift program. An additional 11 services will be invited to join the program as part of this announcement.

Total investment in kindy from 2023-2024 will be \$307 million. This includes the investment from the Australian Government.

Advertisement

Expressions of interest open now

The Premier is calling on Queenslanders to help shape our future

Queensland community and business leaders are invited to nominate to become a member of the Brisbane 2032 Olympic and Paralympic Games Legacy Committee. The committee will provide input and advice to the Queensland Government on statewide legacy opportunities and priorities to maximise outcomes from hosting the Games.

The committee will comprise of 12 community members from across Queensland, representing a diverse range of interests, skills and experience including:

- Environment and sustainability
- Aboriginal and Torres Strait Island communities
- Arts and Culture
- Young people (under 18 representative)
- Innovation and trade
- Tourism and events
- Accessibility and inclusion
- Business and industry
- Community and high-performance sport
- Health and wellbeing.

Express your interest

To register your interest in becoming a committee member, visit **www.qld.gov.au/about/Brisbane2032** to submit your online application and CV and tell us:

1. Why are you interested in joining the Brisbane 2032 Olympic and Paralympic Games Legacy Committee?
2. What areas of interest will you apply as a representative of the committee?
3. What skills and experience do you bring to the committee?

Expressions of interest close: 5pm, Monday 21 March 2022
For more information visit: www.qld.gov.au/about/Brisbane2032





Rosie, 8 with White the Cockatoo.



Louise and Glen from Gal Picture Framing.



Sue Daw, Pauline Ferguson, and Ronda Anderson from the Calliope QCWA.



Calliope Rotary Mervyn Comyn and Bev Kaine.



Ceeda Bourke will seal her find and turn it into a birdbath.



Zoe Wilson set the trick to a good scone is to use lemonade.



Betty Laver and Kay Bebendorf.



Whyett Orchard, 2.

All is cherry at markets

Gladstone Today photographer **MIKE RICHARDS** attended the Calliope Rotary Markets over the weekend to take some out and about shots.

With a new venue at the Calliope Rodeo Grounds, the set-up for the stalls is from 7am. Enjoy wandering around and seeing what is on offer at these monthly markets.



Lizzie with Val Grace.



4 week old Jasmine with Jess Dedman.



Blaze, 10.



Paul Perrin - the coin and banknote guy.

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12538257-AV08-22



Janene and Tim Cree are the proud owners of Fresh Fix Cafe in Goondoon St.

Our focus on freshness

By Matthew Pearce

Fresh Fix Cafe owner Tim Cree likes to joke that “6500 people left Gladstone in 2015 and only two arrived” - but relocating to the harbour city is a decision he’s never regretted.

Tim and his wife Janene first came to Gladstone in 2015 just as construction of the Queensland Curtis LNG Project was ending. They were looking to buy a business but couldn’t find a site that suited them.

“We ended up finding a spot in Goondoon St, it was an empty office block but was in the right location so we gutted it out and built from scratch, which is the best thing we’ve ever done,” he said.

Seven years later, the cafe has a loyal clientele, with its location in the CBD attracting people of all ages including shoppers, office workers, and before Covid hit, international tourists.

With 50 years experience between them in hospitality, Tim and Janene previously owned and operated four cafes on the Gold Coast, opening their first establishment, a kosher delicatessen, in 2000.

The Crees are dedicated to serving only quality, fresh food, avoiding frozen food wherever possible.

Their menu includes their famous ‘stacks’, with nine or 10 varieties available at a time, including lasagne, moussakas and fetta and spinach pies, available to eat at the cafe or to take home.

“People expect a really high end experience, with a clean environment, good food, good service and reasonable prices - that’s the formula and if you get it right every time you’ve got a win,” Tim said.

It’s an ethos that’s served them well, with the cafe winning the hospitality category for the last two years in the Best in Business Awards.

Tim was the first person to graduate Southern Cross University with a Diploma of Food Service Management and Janene has extensive experience in dietetics within hospitals, but her forte is front of house hospitality.



Fresh Fix Cafe has won the Best in Business hospitality award for two years running.

“Janene and I are passionate about what we do. She runs the front of house and I run the back.”

Tim said he encouraged anyone starting

their own business to do their research first.

“Understand the background of what’s involved, be an expert in your field before you start earning.”

Tim said the basic formulas he learnt when studying his Diploma of Food Service Management could serve anyone well.

“It’s as simple as looking at food cost, wage cost, overhead costs and hopefully at the end there’s profit. If you work within those boundaries you can make a dollar for yourself.”

He said Covid-19 had been ‘devastating’ and the biggest challenge he and his wife had faced in business so far.

“We lost some business with the vaccine mandate, but at the same time a lot of people came to us because they knew we were following protocol,” he said.

“We’re slowly getting back to normal and masks coming off this week will hopefully give people a bit more confidence.

“Gladstone and Central Queensland haven’t been as exposed as areas like the Gold Coast and the Sunshine Coast but people are still a bit shy to go out.”

Fresh Fix Cafe employs 28 staff including 12 juniors and one apprentice.

“We have some great employees and we don’t turn over a lot of staff like a lot of other hospitality businesses do,” Tim said.

“When you own your own business you’re always going to put in more hours than your employees and we lead by example. We’re here seven days a week, starting at three in the morning, setting up for when our first customer walks through the door.”

Tim said his advice for other managers would be, “Don’t be a boss, be a leader.”

“We’re always ready to roll our sleeves up and work side by side with our staff and help them deal with the problem at hand.”

Fresh Fix Cafe is a big supporter of the Gladstone community, including sponsoring the Gladstone Women’s Health Centre.

Tim and Janene would like to thank all of the loyal customers who have supported them over the years.

Punisher's noble cruise

By Emma McBryde

By night, Donna Radford is a mild-mannered taxi driver. By day, you might find the hot-rod lover behind the steering wheel of her beloved Punisher.

The mother-of-three will be hitting the road in the Punisher, a 1946 Bedford pick-up truck, on March 6 as part of Cancer Cruise, a fundraiser for the Cancer Council.

Donna is inviting one and all to join her – hot-rod lover or not.

Box Rallies are the minds behind the event, which is intended to be a family day out for people to drive their favourite vehicles to lunch so they can socialise and remember their loved ones, while also fundraising for cancer research and raising awareness.

Donna intends to drive from the duck ponds to Mt Larcom for a pie, then to a sausage sizzle at the Gladstone Marina.

She will be thinking of her own close family and friends who have been diagnosed with cancer, including her brother-in-law Peter, who recently passed away.

The hot-rod she will drive in the Cruise was built by a friend in Bundaberg who passed away from cancer.

It is so close to her heart it has its very own Facebook page.

“It’s called the Punisher because it’s quite punishing to drive – there’s no air-conditioning,” Donna said.

Donna will be joined by her partner in his black 1938 Ford pick-up with a graphic of Ned Kelly on the door, her daughter and partner, her granddaughter, and two of her friends.

But the 59-year-old is hopeful more people will decide to join them.

“I’ve always wanted to do a rally, I’m just a bogan like that,” she joked.

“I’m a mild-mannered taxi driver by night, but a bogan every other moment of the day.”



Donna Radford will drive her beloved hot-rod, Punisher, on Cancer Cruise.

Donna said the cruise was about more than fundraising and awareness, it was for everyone impacted by cancer.

“Cancer is very debilitating and it touches everybody,” she said.

“There’s a network of people who it impacts.

“(The Cruise is) for the person who is supporting them and taking them to their appointments; the person holding back their hair while they’re being sick. Right now, there’s a husband somewhere holding his wife’s hair back.”

Donna has raised \$300 of her \$1000 fundraising goal.

Information about the event and donations can be found on the Cancer Cruise website under Donna’s team, #51.



Donna Radford’s partner will join her on Cancer Cruise, driving his hot-rod, which has a Ned Kelly graphic emblazoned on the side.

Level heads needed

The Queensland Government is proposing costly changes to the national building code, but first they need to stop and think of the impacts.

The major changes to the national building code relate to Accessible Housing and Energy Efficiency, but the Queensland Government is not fully measuring the impact.

It’s true that future provisions are needed for the elderly and people with disabilities, and to ensure more sustainable homes into the future, but the benefits won’t be realised if not introduced properly.

The Queensland Government needs to give serious consideration to the following issues upfront;

- How will they address all the technical problems raised by the industry?
- What about the significant new time-pressures and costs they will force onto builders and homeowners?

These questions need answers and more time, or we risk housing affordability going from bad to worse.

Let’s build the new code right.
mbql.com.au/level



The home of building

OPINION

from Member for Callide and
LNP candidate for Flynn Colin Boyce



The mandates must go

Country towns are facing the possibility of losing the one thing that brings them together every year – the annual Agricultural Show.

Many shows are not going ahead this year due to the vaccine mandates.

It appears the current Queensland Health Vaccination Status Directive is deliberately discriminatory against Agricultural shows.

The latest directive is full of inconsistencies, anomalies, grey areas and confusion, and Queensland Health are unable to provide any written clarification to questions asked by the show societies.

Dozens of show societies have been affected and are faced with the difficult decision of either cancelling for the second or third time in as many years or excluding those patrons who don't meet the State Government's fully vaccinated status.

These committees are seeking to hold an inclusive show for all patrons, regardless of their vaccination status.

They are simply requesting that the directives which apply to all other outdoor community and sporting events be applied to Agricultural Shows – the ultimate outdoor community event in their town.

Mr Boyce is passionate about the economic and community benefits of the annual Agricultural show, which he believes are essential for the well-being of rural towns and districts.

Many of these shows have been running for over 100 consecutive years, only cancelled previously for World Wars.

We are now looking at a very grim future for these Show Societies.

Most country shows are completely volunteer-run and many patrons only get to leave their stations and farms to connect with their wider community once a year at their local show.

The current directive allows unvaccinated patrons to attend Outdoor Community Events such as markets, sports carnivals and private functions - all held at the showgrounds if the venue is hired for this purpose.

However, if the showgrounds are to be used for the purpose of an Agricultural Show – as opposed to a Fete, a Fair, a Market, a sports day, or a private party - those same patrons are not permitted to attend.

I am at a loss to understand the difference between these events and an Agricultural show.

The directive appears to be explicitly directed at the delivery of the annual show by placing restrictions on it that do not apply for 360+ days of the rest of the year.

Different rules apply to the same activities being applied to the same community of people for activities conducted on the same grounds.



Picture: TRACEE HAY PHOTOGRAPHY



For example, a Food Van with its' own Covid-safe plan is permitted to operate and serve unvaccinated patrons on any other day of the year at that venue, but is not permitted to provide the same service at the same showgrounds for unvaccinated patrons if the event is a rural show.

In 2021 in Queensland, 116 of the 129 shows were held with the support of 15,000 volunteers.

All of these shows ran Covid Safe events and not one case of Covid-19 was contracted as a result of attending an Agricultural Show in Queensland.

The economic impact the show industry has in Queensland is significant with over 1.3

million patrons attending annually, spending on average \$116M per annum, spreading to \$1.41M in the local communities.

The governing body QCAS, known as Queensland Ag Shows, has been unable to receive clarification or answers as to why the Ag industry has been singled out in this way.

To date, they have not been consulted or included in the development of any directives that so significantly affect them.

The Minister for Health and the Chief Health Officer is yet to reply to my urgent request to review these directives and the adverse effect they are having on Ag Shows and rural communities as a result.



Tackling conflict together

By Matthew Pearce

Two Gladstone businesses, DTE Training & Safety Skills and Attainable Solutions, are teaming up to tackle conflict in the workplace.

Starting on 21 March and continuing monthly, the two courses on offer include Contemporary Conflict Resolution Reset, for all workers, and Contemporary Conflict Resolution Ramp Up for Leaders, for anyone in a position of leadership up to CEO level.

The courses are designed to equip employees with stronger mastery in resolving conflict and leaders in managing conflict.

Attainable Solutions' Elizabeth Norris, an Organisational Psychologist, said while conflict resolution skills had been taught in workplaces for 40 years, the courses were about trying to bring things up to date and making the learning personal.

"What we're really proud of with this course is we're asking people to reimagine conflict by analysing their trigger points, what sets them off and what gets under their skin," she said.

"It's drawing on a lot of emotional intelligence and is a little bit of a different take on conflict we're not just talking about what to do in a conflict situation, we're talking about how people reflect and prepare to be ready for the most constructive resolution."

A Gladstone local, Ms Norris studied at James Cook University and forged her career with the Royal Australian Air Force, where she specialised in human factors and personnel optimisation.

She has a wealth of experience consulting in Leadership, Talent Management and Culture Development for ASX200 firms in Mining, Heavy industry, Construction, Alumina, Ports, Maritime, private corporations and the public sector.

After working in an industrial setting for more than three decades, Ms Norris said she'd seen just how much conflict happens every day in the workplace.

"According to the Productivity Commission conflict is costing Australian workplaces millions annually in lost productivity and worker injuries because of bullying complaints, workplace aggression, violence and dysfunctional teams," she said.

"Conflict resolution is really about recognizing what is derailing you, so you can find the right solutions."

The course will ask participants to "start from a position of your own leadership".

"You'll be asked to rethink how you're going to tackle the conflict as a leader everybody has leadership inside them, whether that is recognised or acknowledged," Ms Norris said.

"Think about ways to process the conflict and how it emotionally triggers us and work through that. By building your self awareness you can create effective strategies to resolve."

She said people were often surprised by the nature of workplace conflict resolution training.

"They so often ask for strategies to fix difficult people but first you have to figure out what you bring to the conflict and how you are reacting," she said.



"People don't really expect to do the work on themselves but that's actually where we have to start there's no magic fairy dust that will make the other person reasonable."

As a Psychologist for more than 30 years and an endorsed Organisational Psychologist for more than 20, Ms Norris said she had a strong interest in making workplaces more constructive, inclusive and high performing.

"My field is all about understanding the science of the workplace and how to harness this to bring about real life solutions."

Contemporary Conflict Resolution Reset will cover:

- Rethinking conflict
- Revisiting assumptions
- Offer you methods to prepare a response more effectively
- Increase your self-awareness
- Offer you ways to self-manage in tense situations
- Help you read the situation more accurately
- Prime the resolutions
- Understand critical success factors
- Refine communication strategies

▪ Re-examine and plan resolution steps

Ramp Up for Leaders will cover:

- Appreciating the context and impact of conflict escalation
- Guiding principles and limitations for intervening effectively
- Exploring narratives between parties
- Neutralising tension
- Mediating parties
- Prompting solution finding
- Reviewing progress
- Your actions as a leader to optimise workplace culture
- Aspire to futureproof your workplace and build psychological safety

DTE Training and Safety Skills director Kerryanne Tawhai said she was delighted to be teaming up with Elizabeth Norris to offer courses in conflict resolution at such a high level.

"There's nobody else in Central Queensland with the skills Elizabeth has and we're lucky to have her in Gladstone," she said.

"She's got a background going back 30 years as an Organisational Psychologist and what

she can bring to these key players is perfect."

She said the collaboration between DTE and Attainable Solutions made it easier for the courses to be run without putting a heavy burden on clients' resources.

"It's an important course and I think now is the time when it's really needed as people have been burning the wick for a couple of years now, sending their stress levels up," she said.

"Something we're excited about is we're offering our clients more to the table than what we've historically done."

She said she expected the courses would be ongoing.

"If we can train people how to deal with conflict in a really proactive way, that's something that doesn't stop," she said.

"It's about giving organisations a really good toolbox of how to deal with conflict as it arises and that's something that changes culture."

Ms Norris said Attainable Solutions' partnership with DTE Training was a natural one.

"Kerryanne has been able to influence people in their safety behaviours where I can be highly complementary, encouraging people to create more psychologically safe workplaces."

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OPINION

Letters: Editorial@TodayGladstone.com.au
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Liberal Democrats Senate candidate Campbell Newman is seen at the launch of the Business Union in Brisbane.
Picture: AAP IMAGE/DARREN ENGLAND

Making no apologies

By Emma McBryde

Campbell Newman is back. And he wants you to know two things – it’s the same Campbell Newman, just a different political party. For a former premier who lead the Liberal National Party to defeat after only one term, it is a surprising message to push during his campaign for a seat in the senate. Some might even consider it a toxic message. Wouldn’t it be much better to come to the voters who thrust you out as Premier with a cap in one hand, mea culpa in the other? Not in Campbell Newman’s mind. It proves one thing. He is the same Newman. Unapologetic. Yes. Unforgettable. Yes. Unelectable? It’s a question that only an election can answer. My view is that he is very much electable. Not because he is running for a different party, the Liberal Democrats, but because he is the same Newman. He can be both polarising and popular. Many people have laid the entirety of the 2015 loss at his feet. ‘Can-Do’ Campbell was the key to their incredible electoral success three years beforehand. The LNP kingmakers who fought so hard to elevate him from local to state politics were rewarded for their strategising and scheming at the 2012 state election when the LNP decimated Labor and left the party with only seven MPs. It was a victory for the record books – one so colossal the LNP would likely not even have dared imagine it. Newman’s rapid rise to the top at a state level was not easy, running against seasoned Labor politician Kate Jones in her relatively safe seat of Ashgrove while he was still Lord Mayor, albeit a very popular Lord Mayor, then helming the LNP as Opposition Leader from outside the parliamentary chambers once elected.

Today’s View

He was parachuted in as what can be described as an outsider, only to begin his tenure as leader as an outsider. Since the Newman Government was unceremoniously kicked to the curb by Queenslanders in 2015, many stories have emerged about Newman not consulting MPs, treating them unkindly, and ruthlessly pursuing an agenda of his own design for the state. Most Queenslanders don’t care about how some polly was supposedly mistreated, or if their Premier pursues his own plans, if it is in their best interest, and especially if they can see the progress in their electorate. As Newman says, he’s been accused of a lot, but he cannot be accused of not getting things done. Newman admits he picked a lot of fights with various groups and stakeholders, some he believed were necessary and some in hindsight were not so. These battles and the axing of some 14,000 public servants were among other factors that doomed the LNP at the ballot box. However, in the senate, Newman does not have to keep a retinue of parliamentarians happy and numerous ministers in-line. He will not be the leader of the majority party. Will this impact his effectiveness and perhaps make him less attractive to voters? No, it will make him just as popular. However, I did predict he and the LNP would win the 2015 election. So, what do I know? My crystal ball is as round as Clive Palmer, and sometimes it makes just as much sense.

VOX POP
WE TAKE IT TO THE STREETS

Question: What’s your experience or view on healthcare services available in Gladstone?

Joanne: It is disgusting as a renter. I’m a single person who’s having to move very soon, and trying to find a place that’s affordable has been impossible. Rent has increased \$80 to \$100 per week. On a single income, you haven’t got a hope. People are living in motels because they can’t afford to rent houses, it’s insane. It’s disgusting.

Janine: At the moment, I don’t think there is a lot around. I don’t know where people are coming from but I know there isn’t a lot of places to rent. We have friends looking but there is not a lot around.

Judy: I’m a homeowner so it hasn’t really affected us. We are pleased to see prices go up because we saw a lot of house depreciate in value after the bust. We lost so much on our house. For us, we are pleased to see the market coming back so we can gain a little bit on our house. I do understand rentals have been hard to get at the moment and that is hard for families. I don’t know what solution there is for that.

Rebecca: It’s difficult to rent or buy at the moment as its too expensive. It’s difficult at the moment, and there is a lot of people saying they can’t buy because of the prices. I see people living with lot of family.



Joanne.



Janine.



Judy.



Rebecca.

ON THIS DAY

WORLD HEARING DAY IS CELEBRATED ON 3 MARCH

- 1575: Indian Mughal Emperor Akbar defeats Bengali army at the Battle of Tukaroi.
- 1857: Second Opium War: France and the United Kingdom declare war on China.
- 1861: Alexander II of Russia signs the Emancipation Manifesto, freeing serfs and granting them the full rights of free citizens .
- 1887: Anne Sullivan begins teaching 6 year old blind-deaf Helen Keller.
- 1917: 1st major strike of the Russian “February Revolution” starts at the giant Putilov

- factory in Petrograd.
- 1921: Toronto’s Dr Banting & Dr Best announce discovery of insulin.
- 1939: Mahatma Gandhi begins a fast in Mumbai (Bombay) to protest against autocratic rule in India.
- 1943: Battle of the Bismarck Sea: Australian and American air forces devastate Japanese navy convoy.
- 1991: Los Angeles police officers severely beat motorist Rodney King, the beating is famously captured on amateur video and later leads to riots when the police officers are acquitted .

Celebrating the seagrass

Gladstone is a focal point of World Seagrass Day celebrations today, with the community, researchers and port managers taking to the harbour to conduct research activities.

Seagrass expert and CQUniversity's Coastal and Marine Ecosystems Research Centre (CMERC) director Associate Professor Emma Jackson said the global initiative was being led by the World Seagrass Association to raise awareness of the importance of seagrass restoration for marine health, carbon sequestration and species protection.

Assoc Prof Jackson said seagrass meadows provide valuable nursery habitat to over a fifth of the world's largest 25 fisheries, including Australia's iconic dugongs which can consume up to 40kg of seagrass each day.

"Our seagrass team here at CMERC has been working with the community, Indigenous custodians from the Gidarjil Development Corporation, the Gladstone Ports Corporation and environmental groups including the Great Barrier Reef Foundation, Fitzroy Basin Association and Burnett Mary Regional Group," she said.

"Our work is aimed at both improving our understanding of this vital marine plant, as well as developing new ways of restoring seagrass meadows with materials from CMERC's seagrass nurseries."

CMERC was established by CQUniversity in 2019 to work with coastal industries and communities to develop practical and sustainable solutions for coastal and marine environments, and a core program is seagrass restoration research.

Assoc Prof Jackson said that globally seagrass meadows play an important role in coastal protection, trapping sediment, decreasing wave energy and stabilising coastlines.

"They are also important carbon sinks, globally storing as much as 19.9 Petagrams of organic carbon – that's an equivalent weight to 20 million oil tankers – so it's fantastic to see



CQUniversity researchers are raising awareness of the importance of seagrass restoration for marine health, carbon sequestration and species protection.

the way the Gladstone community is supporting our local efforts by participating in seagrass flower collection and seed propagation activities," she said.

Headquartered on the shoreline of the Gladstone marina, CMERC is the only coastal and marine research facility based in Central Queensland and is growing world-class research equipment and laboratories with access to cutting-edge analytical capabilities.

"Seagrasses tend to grow in sheltered parts of the coast and estuaries. Unfortunately, this tends to be the places where humans develop towns and cities, build ports, and dispose of

wastes either deliberately or accidentally," Assoc Prof Jackson said.

"Unlike seagrass in temperate regions, seagrasses in tropical and sub tropical Queensland are very dynamic and can come and go depending on the conditions.

"This makes restoration difficult since it is hard to detect where seagrass might be able to recover naturally versus where it needs a helping hand. This is why it's so important that our community and industry groups continue to get behind our activities here in Gladstone."

This World Seagrass Day coincides with a

good low tide so our teams are out collecting plants for propagation in the nursery and taking samples to analyse net carbon storage of the meadows.

CMERC seagrass research activities also include in situ and mesocosm-based trials to assess the triggers for flowering, how different populations adapt to the environment and some novel techniques for collecting storing and dispersing seeds. These link with volunteer and community groups who participate in flower collection and seed planting activities, drawing together people aged from five to 75 in the project.

INVITATION TO PUBLIC MEETING AND DISCUSSION

CLIMATE CHANGE AND REAL AUSSIES WITH PROFESSOR IAN PLIMER

Is today's changing climate unprecedented?
Are we in a 'climate emergency'?

What does the past tell us?

What are the consequences of climate change policies that directly affect you such as renewables, carbon capture and storage, destocking, net zero, closure of coal fired power stations, gas and oil restrictions, electric vehicles and hydrogen power?

What has happened with renewables and net zero elsewhere in the world?

Who are the winners and losers of climate change policies and how much will these policies affect you?

The presentation will be followed by a question-and-answer session.

Ian Plimer's latest book *Green Murder* (Connor Court Publishing, Brisbane) was released in December 2021.

He started life in the rough and tumble of the mining town Broken Hill, was Professor at Newcastle, Munich, Melbourne, and Adelaide universities and is currently Emeritus Professor of Earth Sciences at The University of Melbourne concurrent with being a director of Hancock Prospecting companies.

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12536628-JC09-22

OPINION

Senator Matt Canavan



Mandate a show stopper

It has been a tough few years for agricultural shows. Most shows were cancelled in 2020, a few were able to open last year, but the Brisbane Ekka got unlucky and was cancelled for two years running.

The Federal Government has helped support shows, showmen and show-women. We have provided over \$400,000 in assistance to shows from Yeppoon to Barcaldine, and from Mount Larcom to Alpha. And over \$90 million has been provided in assistance around the country.

All of this may have been for moot though as the State Government imposes inexplicable vaccine mandate requirements on agricultural shows.

As Brianna Hockey, a Queensland Ag Shows Delegate, says “in the Queensland Health directive Shows and Show societies are specifically targeted.”

The restrictions do not make sense given that markets and fairs have been running safely for months throughout Queensland without any vaccine requirements. Coronavirus does not spread through showbags.

As Colin Boyce, the Member for Callide, has said: “The latest directive is full of inconsistencies, anomalies, grey areas and confusion, and Queensland Health are unable to provide any written clarification to questions asked by the show societies.”

In fact, the Queensland Chamber of Agricultural Societies have not been consulted on the laws affecting shows.

According to Ms Hockey a quarter of Queensland’s agricultural shows have been delayed or cancelled due to the vaccine mandates. This latest Queensland Government Covid mandate is literally a show stopper.

This is a major blow for Queensland’s regional economies. Agricultural shows and field days contribute more than \$1 billion to the economy annually. They attract more than six million patrons and are supported by more than 50,000 volunteers.

But even more businesses are hurting from these ineffective and cruel vaccine mandates. Multiple publicans that I have spoken to have reported huge falls in turnover, up to 50 per cent down for some. Even though less than 10 per cent of Queenslanders are unvaccinated, the issue is that people like to go the pub in groups. So if one or two people in a group are unvaccinated then the whole group won’t go to the pub. Instead they will just meet at a home where no vaccine mandates apply. This is just another inconsistency.

These mandates are doing almost nothing to stop the spread of coronavirus. We have record numbers of cases despite the mandates. And other places like New South Wales and the ACT, without mandates, are not having materially worse outbreaks than here.

The vaccine has helped reduce fatalities, especially for older people, but we have known



The Ekka was cancelled last year after Brisbane and other south-east Queensland local government areas went into lockdown.

Picture: AAP IMAGE/DAN PELED

for some time that the vaccines do not stop the spread of coronavirus.

So the mandates do not stop transmission but they do cause massive heartache for people who lose their jobs and livelihoods. The mandates are also exacerbating staff shortages in our schools and hospitals.

I have met many people in these circum-

stances over the past few months. Their stories are heartbreaking and the pain we are inflicting is unnecessary.

I thank all of those who have come out to peacefully protest against these laws. We saw the biggest protests in Canberra for decades over vaccine mandates and the event was overwhelming peaceful. Just three of tens of

thousands were arrested. You probably would get more arrests at a cricket game.

This week the United Kingdom has ended all mandates including those in hospitals and they realise that life has to move on from coronavirus. I am confident these mandates will end but the sooner they end the less unnecessary pain we will inflict.

Our Forgotten Generation

*Australia was built on their shoulders,
Through hard work and self-sacrifice
They defended this country as soldiers
Many paying the ultimate price.*

*They survived the Great Depression,
Through the hardship and poverty,
Their resolve and resilience without question
Displaying courage in the face of adversity.*

*Such an important role have they played
To make our lives today safe and free,
Such a major contribution they’ve made,
To the very fabric of our society.*

*And now to think that that stoic generation,
Could lie frail and fighting for breath,*

*Confined in aged care accommodation,
The most vulnerable to Covid infection and death.*

*So spare a thought for our most elderly,
Through no fault of their own,
With visitor restrictions a reality,
Face their greatest challenge alone.*

*And as our hearts go out to their families,
Surely we can do better for them as a nation?
And somehow prevent such a travesty
From happening to our forgotten generation.*

**Paul Connor,
The Occasional Poet
2022**

Crows at Esplanade



We are all familiar with Australian Ravens (crows) because they seem to be able function well around where we live.

They are resourceful and intelligent creatures feeding mostly on grains, fruits, insects, refuse and carrion.

Mating for life, they build their nests, of sticks lined with grasses, barks and feath-



Australian Ravens are great communicators.

ers, high up in trees.

They are also great communicators and interact well! One such interaction was captured in this shot taken at Millenium Esplanade!

INTERNATIONAL WOMEN'S DAY



International Women's Day

8 March, is a global day celebrating the social, economic, cultural, and political achievements of women. The day also marks a call to action for accelerating women's equality.

The theme for International Women's Day, 8 March, 2022 is, "Gender equality today for a sustainable tomorrow", recognizing the contribution of women and girls around the world, who are leading the charge on climate change adaptation, mitigation, and response, to build a more sustainable future for all.

*A world free of bias, stereotypes, and discrimination.
A world that is diverse, equitable, and inclusive.
A world where difference is valued and celebrated.
Together we can forge women's equality.
Collectively we can all #BreakTheBias.*

12538870-NG09-22

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NATALIA MUSZKAT

Fearlessly Authentic



International Women's Day acknowledges and reflects on the achievements of women before us. On their hardships, sacrifices and successes we stand today to ensure their legacy continues and our children and grandchildren live in a fairer world.

In an ever changing world, our communities need leaders that are authentic, empathetic, humble and self aware.

**#BREAKTHEBIAS
#IWD2022**

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Deardrie Keleher on International Women's Day

*"As women we have so much to contribute.
Unleash your ambition and
passion for what you believe in.
You won't look back"*



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Gladstone in three words



This week I was invited to a community engagement session for one of our local industries.

It was a great opportunity to provide input and feedback on a range of issues Gladstone currently faces from my perspective.

It's interesting to hear what you will say when someone asks you, "How would you describe Gladstone in three words?", especially not having time to give it much thought. My descriptions, taking all of 10 seconds to find the words were: "ever-changing, potential, and lacking entrepreneurs". Ok, I used more than three words.

I explained my three word selections like this:

- **Ever-Changing:** ebbs and flows of the industrial landscape has huge impacts on stability and consistency. This can be a really good thing as it is an exciting place to live with these changes happening regularly. However, the flip side is that as housing prices ebb and flow so does the change in demographics having a range of socioeconomic impacts. Some people and businesses thrive from change while others will flounder and not adjust. I wish for more stability for small businesses in our community as I think this is where Gladstone struggles the most.
- **Potential:** my goodness, Gladstone region has a lot to offer! Great beaches, access to the reef, terrific fishing options and islands (everything water/harbour related). Add in the opportunities for work here and you have a great place to live. Of course, we want more, especially in the health care sector, but we have so much potential to have it all. Gladstone region needs more people to live and work here to ensure we can have better



Columnist Lyndal Hansen says the Gladstone region has a lot to offer.

health care services. While the potential is immense, we need to do more.

- **Lacking Entrepreneurs:** For those who have read my columns before you will know my theory about this subject, but just to let other readers know, I'll tell you again. My theory is that over the 50 odd years we have

had industry developing and investing in our community, we (the community, the leaders) have become complacent developing a culture of 'waiting for the next big thing'. We haven't had to wait too long before the next big thing appears on our doorstep. Again, the really good thing about this is that it cre-

ates jobs; the flip side of this is that most of us don't have to create, invent or initiate solutions to job creation or social problems because it's handed to us in some shape or form. It's time to build on Gladstone's overall entrepreneurial capacity.

What are your three words?

Anchoring a boat: Ensure you stay put in three steps



People tend to use boats to travel to a destination to engage in some other activity, particularly fishing but also snorkelling, swimming and even camping on islands.

This means it's important to know how to make your boat stay where you want it to stay, so we are going to talk a little bit about how to successfully anchor your boat.

The first consideration is what sort of anchor do you need.

For most recreational boats a fluke anchor is suitable.

These are small, lightweight and fold up, so they take up less space. They are also effective on sand and mud, however, they don't perform so well on rocks. If you have a larger boat, you may need a plow style anchor. These are larger anchors and generally require a bow roller and windlass, however they perform well in a greater variety of bottom conditions.

The steps involved in anchoring your boat are:

- Determine the water depth. Modern sounders make this an easy task.
- For most conditions multiply the depth by about seven and manoeuvre your boat that distance upwind. So, for example, if the water depth is two metres, manoeuvre your boat about 14 meters upwind from where you want your boat to come to rest at anchor.
- Look around and make sure that there are no other boats, rocks, shorelines, or anything else you want to avoid hitting in a



VMR shares the steps for how to successfully anchor your boat.

circular diameter equal to the distance you have travelled around your current position.

- Lower your anchor into the water and let out anchor rode (the rope or chain attached to the anchor) of equal length to the distance you have just traveled.
- Let the wind carry you back towards where you want your boat to come to rest and

when you are happy with the position secure the anchor rode.

- You may want to use a small amount of engine power to pull against the anchor at this point to assist the anchor to dig into the bottom.
- Pick two points on the shore as references and monitor these until you are confident your boat is not drifting away from where

you want to be positioned. If you observe that you are drifting, it is likely your anchor has not set and is dragging along the bottom.

- If your anchor is dragging you may consider letting out a little more rode, however if this doesn't result in the anchor digging in quick enough, you will have no choice but to reset and try again.

When it's time to leave you can retrieve the anchor by:

- Slowly motoring towards the anchor while pulling in the rode.
- Once you estimate you are directly over the anchor it should be easy to pull free and begin lifting vertically. However, anchors can become stuck and if the anchor can't be lifted you can try slowly manoeuvring your boat in a large circle to change the direction you are pulling on the anchor, and this may allow it to break free of whatever it is wedged under.
- If this doesn't work, a more adventurous approach involves pulling the rode as taut as possible with the bow located directly over the anchor and then giving the rode a turn around a cleat to help secure it. Continue to take up slack and pull it as taut as possible as the bow dips in the trough of a wave. As the boat rises with the next wave the upward motion may force the anchor free.
- It probably goes without saying, but don't tie the rode off on your boat and try and pull a stuck anchor free of the bottom using the boat's engines. This can and has led to boats being pulled low enough to be swamped by water.
- If all else fails, you may have no choice but to cut the line and replace the anchor.

If you have any questions about anchoring, or anything else related to your boat, you can always contact Volunteer Marine Rescue Gladstone at: james.harris@mrq.org.au or www.vmr Gladstone.org.au

TV

Today

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More than words

Producer **Bruna Papandrea** turns yet another bestseller into a small-screen hit with Netflix thriller **Pieces of Her**



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Screen queen



Australian film producer Bruna Papandrea is behind some of the biggest book-to-screen adaptations of the past decade. She tells **Siobhan Duck** how her latest series, *Pieces of Her*, came to be.

People are forever asking Bruna Papandrea which book she's reading in bed. And the answer often surprises, because the acclaimed producer, famous for bringing novels such as *Big Little Lies*, *Nine Perfect Strangers*, *Gone Girl* and *The Dry* to the screen, doesn't spend her downtime poring over the latest best-seller.

"I tend to read non-fiction or a book about parenting because I don't have time really [to read anything else] and obviously I get sent so much material," Papandrea says, with a laugh.

"I'm lucky to be getting great books [for work to consider for adaptation], that I would have read anyway. So that's good news. But when I am reading them, I'm always thinking as I'm reading it, can I see it [on screen]?"

Reading *Pieces of Her* by Karin Slaughter was a particularly visceral experience for Papandrea. And she knew within a few pages that the thrilling story of a mother and a daughter whose lives are upended by a mass shooting at a diner would make brilliant television.

"Karin writes so cinematically," she explains.

"The second I read that diner scene I knew this was a series.

I could see it. I want to watch a series where you think this is one thing going in, and then it totally turns itself on its head.

"The good thing about TV is that novelists are really open to expanding on their book, because it's a lot of story to fill out eight hours of TV. And Karin has been brilliant. We have been very faithful to her book, but we do have to expand.

"It's different to something like *The Dry*, which was also a critically acclaimed book that works perfectly as a movie. There, you don't really have to add anything."

When casting the central role of Laura in *Pieces of Her*, there was just one name that instantly came to mind as she was reading the novel: Toni Collette.

The character of Laura – a woman on the run from her past with some pretty bad-ass survival skills – is unlike anything the *Muriel's Wedding* star has done before. But Papandrea says Collette's ability to seamlessly shift gears between emotional family drama and espionage-style thrills made her the perfect fit for the part.

"So, I could see her in the role, but I understand how busy talented actresses are," Papandrea says.

"And you never want to get too invested [in who you see in the role]

because then when they're not available it just leads to heartbreak.

"But as we were talking about it, her name just kept coming up. So, it was thrilling for me when she said yes to doing it. Not just because she's so right for the role but because I've always wanted to work with her."

After casting Collette, Papandrea needed to find someone who would be equally believable as her daughter, Andy. She found that person in Melbourne-born actor Bella Heathcote (*Fifty Shades Darker*, *Boom*).

The Netflix drama also sees Papandrea reunited with her old friend David Wenham. The *SeaChange* actor starred in *Better Than Sex*, the very first film she produced back in 2000.

"I keep joking to David all the time that 'Oh my God, it took you 25 years to work with me again!'," she says.

"And now that I have, I just want to work with him again and again because he was a great actor back then and he's even better now."

Although the lead cast is overwhelmingly comprised of Aussies, *Pieces of Her* was originally meant to shoot in Canada. When the pandemic tightened its grip overseas, production shifted

to NSW, where Papandrea had just finished filming the Nicole Kidman-helmed series *Nine Perfect Strangers*.

As such, there are some familiar faces who pop up in the series including three former *Water Rats* stars: Catherine McClements, Colin Friels and Aaron Jeffery.

Like so many of Papandrea's projects, *Pieces of Her* challenges outdated ideas about what a female-centric drama looks like. Yes, it's a story about the strained relationship between a mother and daughter but this is more like *The Bourne Identity* than *Steel Magnolias*.

Papandrea's commitment to spotlighting women's work on screen and behind the scenes is the reason she founded her television and film company Made Up Stories.

Through Made Up Stories Papandrea has already brought *The Undoing*, *Tell Me Your Secrets* and *Nine Perfect Strangers* to TV. Now, in addition to *Pieces of Her*, Papandrea has *The Luckiest Girl Alive* starring Mila Kunis and *Anatomy of a Scandal* with Sienna Miller set to drop on Netflix later this year. And the anthology series

Roar, featuring frequent collaborator Kidman, alongside Merritt Wever and Cynthia Erivo, will premiere on Apple TV+ in April.

The next glass ceiling she's set to smash is in the depths of space. That's right, Papandrea is trying her hand at sci-fi, optioning the Christopher Paolini book *To Sleep in a Sea of Stars*.

"It's not just about making stuff with women in it but about making stuff that we haven't traditionally seen enough women in," she says.

"If you had two men at the centre [of *Pieces of Her*] – and there has been many father-and-son stories like this – they wouldn't put it in a box.

"My hope is that people don't just see it as a show for women. The genre transcends that because every man that I've shown it to has loved it. So, we shouldn't just limit this to women. I want everyone to watch it."

■ *Pieces of Her*, streaming from Friday, Netflix

Movie Guide

PICK OF THE WEEK

Rescue mission:
Kenneth Branagh
as Commander
Bolton in *Dunkirk*.



ALL HANDS ON DECK

Friday
DUNKIRK
Seven, 8.30pm, M (2017)

Arguably cinema's most popular auteur director of this century so far, Christopher Nolan has engaged audiences with both arthouse-straddling masterpieces (*Memento*) and mind-bending sci-fi blockbusters (*Inception*), as well as redefining the superhero genre along the way (*The Dark Knight*). With *Dunkirk*, the British director turns his attention to the eponymous battle fought during the second World War. After an evacuation mission is launched to rescue Allied troops who are stranded on the beaches of Dunkirk, they fall under fierce attack from German forces. The stellar ensemble cast includes Kenneth Branagh as cool-under-fire Commander Bolton, alongside Fionn Whitehead, Aneurin Barnard and Harry Styles. With spectacular sound editing (there is little dialogue) and a music score from the legendary Hans Zimmer, *Dunkirk* is an extraordinary story of courage brought to the screen from a supremely talented filmmaker. ★★★★★



JASON BOURNE
Nine, Friday, 8.40pm, M (2016)

Here it is – the film Matt Damon (pictured) and Paul Greengrass said they'd never make. In the fourth instalment of Bourne proper, we are in a much-changed world of super hackers and Wikileaks. He still remembers, but that doesn't mean Bourne understands what he's done. So it's time to make amends, with a tour of redemption taking him from Greece to Las Vegas and beyond. Julia Stiles is back as Nicky while Tommy Lee Jones and Alicia Vikander join those on the side of "the law". ★★★★★



SULLY
Nine, Saturday, 8.30pm, M (2016)

With Tom Hanks (pictured) in the leading role, Clint Eastwood in the director's chair, and one of the most remarkable incidents in aviation history, you almost can't go wrong. When United Airways Flight 1549 ditched into the Hudson River after takeoff, that every single person onboard lived to tell the tale was down to one man – the pilot, Captain Chesley "Sully" Sullenberger. This movie looks at the fallout from the incident, exploring the lasting effects it had on the hero of the piece. ★★★★★



HOLDING THE MAN
SBS World Movies, Saturday, 9.30pm, MA15+ (2015)

Every so often a film comes along that warms your heart, then breaks it in one fell swoop. *Holding the Man* does this with subtle grace. Adapted from Timothy Conigrave's memoir of the same name, it follows two young men, Tim (Ryan Corr) and John (Craig Stott, pictured, left with Corr), as they fall in love with each other despite their Catholic upbringing and the disapproval of their parents. The pressure of keeping their love a secret offers funny and sweet moments in equal measure. ★★★★★



ROMAN J. ISRAEL, ESQ.
NITV, Sunday, 10.15pm, M (2017)

Featuring a stand-out performance from Denzel Washington (pictured), this civil rights drama attempts to address the injustices in Los Angeles' criminal court system to middling effect. Washington's magnetic portrayal of the titular character, an idealistic defence lawyer intent on speaking truth to power and making change is what makes this film worth watching. No one could say the same for *Nightcrawler* writer-director Dan Gilroy's fragmented plot and heavy-handed twists. ★★★



MARY SHELLEY
SBS World Movies, Monday, 7.30pm, PG (2017)

The personal life of pioneering author Mary Shelley and how she came to write her 1818 novel *Frankenstein* are examined in this dark historical romance. *The Great's* Elle Fanning (pictured) stars as the titular scribe, who at 16 meets and falls in love with the poet Percy Shelley (Douglas Booth). Along with her step-sister Claire (Bel Powley), Mary embarks upon an enlightening new life in London that opens her eyes to the worlds of science and literature, igniting a story within her that must be told. ★★★



LIFE OF THE PARTY
7Flix, Tuesday, 10.20pm, M (2018)

This bold and fun fish-out-of-water comedy is all about Deanna (Melissa McCarthy, pictured), a middle-aged housewife dumped by her husband the second their daughter Maddie (Molly Gordon) leaves the nest. With her life turned upside-down, Deanna decides to return to college and finish the archaeology degree she left behind when she fell pregnant, putting her in the same class as Maddie. Fans of McCarthy's slapstick antics will be entertained by implausible set-ups and silly one-liners. ★★★

The Guide



PICK OF THE WEEK

THE EXHIBITIONISTS
ABC TV,
Tuesday, 8.30pm

It's shocking how far society still has to go to untangle itself from the clutches of patriarchy, but there's hope, wisdom and laughter in the process. This brilliant and playful mash-up of documentary, comedy and drama celebrates female artists overshadowed in the masculine-dominated world of Australian art. Starring Bessie Holland (*Wentworth*) Bridie Carter (*McLeod's Daughters*), Mandy McElhinney (*Love Child*) and triple j's Veronica Milsom (pictured, from left), as well as art historians, writers and experts, the story involves four friends who take action after getting locked in the National Gallery overnight and discovering only a quarter of art in the Australian collection is by women.

SYDNEY GAY AND LESBIAN MARDI GRAS

ABC TV, Saturday, 7.30pm



Tune in for a joyful celebration of community and pride as the Sydney Gay and Lesbian Mardi Gras broadcasts from the Sydney Cricket Ground. One of the world's biggest and most-loved LGBTQIA+ celebrations, this year it will be presented by Hamish Macdonald, Steven Oliver, Mon Schafter, Casey Donovan, Jeremy Fernandez and Courtney Act. Amid the blaze of colour and people, the musical acts include singer-songwriter Darren Hayes and The Wiggles.

DANCING WITH THE STARS: ALL STARS

Seven, Sunday, 7pm



There's no denying the dynamic formula of having former dancers as the judges and one of the hosts of this series, as well as a legend in entertainment TV: Daryl Somers. Along with co-host Sonia Kruger (*Strictly Ballroom*), they are a formidable team. Tonight, group one, including Grant Denyer (pictured with dance partner Lily Cornish), Bridie Carter and Kylie Gillies, returns to the floor to impress judges Todd McKenney, Paul Mercurio, Helen Richey and Mark Wilson.

DERRY GIRLS

SBS Viceland, Monday, 9.25pm



The uproarious and terrible trials and tribulations of teenagers are the backbone of this irreverent comedy, but *Derry Girls* isn't your standard teen farce. Set in '90s Northern Ireland during the Troubles – the simmering conflict between Catholics and Protestants – its unique female perspective is what made it a critical success in Europe. In this double episode, the Quinn family causes uproar at a family wedding. Later, Erin (Saoirse-Monica Jackson, pictured), Clare (Nicola Coughlan) and co are in a tizzy about seeing Take That.

Friday, March 4

ABC TV (2) 6.00 News Breakfast. 9.00 ABC News Mornings. 10.00 Q+A. (R) 11.10 George Clarke's Amazing Spaces. (R) 12.00 ABC News At Noon. 1.00 Griff's Great Kiwi Road Trip. (R) 2.00 Les Misérables. (Ma, R) 3.00 ABC News Afternoons. 4.00 Escape From The City. (R) 4.55 Barrie Cassidy's One Plus One. (R) 5.25 Hard Quiz. (PG, R) 6.00 The Drum. Analysis of the day's news. 7.00 ABC News. Takes a look at today's top stories. 7.30 Gardening Australia. Costa Georgiadis makes a solar dehydrator. 8.30 Van Der Valk. Part 3 of 3. Van der Valk and the team delve into the city's vibrant classical music scene after a promising cellist dies. 10.05 Mum. (M, R) Cathy and Michael prepare for a walk in the country. 10.35 ABC Late News. 10.50 Shaun Micallef's MAD AS HELL. (M, R) 11.20 Starstruck. (M, R) 11.45 QI. (PG, R) 12.20 Rage. (MA15+adhlInsv)	SBS (3) 6.00 WorldWatch. 9.30 Greek News. 10.30 German News. 11.00 Spanish News. 11.30 Turkish News. 12.00 Arabic News F24. 12.30 ABC America: World News Tonight. 1.00 PBS NewsHour. (R) 2.00 Australia Says Yes. (M, R) 3.00 NITV News: Nula. 3.30 The Cook Up With Adam Liaw Bitesize. (R) 3.40 Going Places With Ernie Dingo. (R) 4.10 The World's Greatest Palaces. (PGav, R) 5.05 Jeopardy! (PG) 5.30 Letters And Numbers. (R) 6.00 Mastermind Australia. (PG) 6.30 SBS World News. 7.30 The Lakes With Simon Reeve. (PG) 8.35 Scotland: In Search Of Sir Walter Scott. (PG) A look at the legacy of Sir Walter Scott. 9.35 The Pyramids: Solving The Mystery: Saqqara, The First Pyramid. (R) 10.30 SBS World News Late. 11.00 8 Out Of 10 Cats Does Countdown. (Mals, R) 12.00 Agatha Christie's Criminal Games. (Msv, R) 1.45 The Killing. (Mal, R) 4.00 Toxic Town: The Corby Poisoning. (PGa, R) 5.00 France 24 Feature. 5.15 NHK World English News. 5.30 Deutsche Welle English News.	SEVEN (7) 6.00 Sunrise. 9.00 The Morning Show. (PG) 11.30 Seven Morning News. 12.00 MOVIE: Pregnant At 17. (2016, Msv, R) Josie Bissett. 2.00 House Of Wellness. (PG) 3.00 The Chase. (R) 4.00 Seven News At 4. 5.00 The Chase Australia. Hosted by Larry Emdur. 6.00 Seven Local News. 6.30 Seven News. 7.00 Better Homes And Gardens. Hosted by Johanna Griggs. 8.30 MOVIE: Dunkirk. (2017, Malv, R) During World War II, an evacuation mission is launched to rescue Allied troops who are stranded on the beaches of Dunkirk, even as they fall under attack from the advancing German forces. Mark Rylance, Tom Hardy, Kenneth Branagh. 10.40 To Be Advised. 12.00 Scandal. (Mav, R) Quinn is faced with an important choice. 2.00 Home Shopping. (R) 4.00 Million Dollar Minute. (R) 5.00 NBC Today.	NINE (8, 9) 6.00 Today. 9.00 Today Extra. (PG) 11.30 Morning News. 12.00 MOVIE: Love Is A Piece Of Cake. (2020, PGa) 1.45 Explore. (R) 2.00 Pointless. (PG) 3.00 Tipping Point. (PG) 4.00 Afternoon News. 4.30 Millionaire Hot Seat. (R) 5.30 WIN News. 6.00 Nine News. 7.00 A Current Affair. 7.30 David Attenborough's Green Planet: Human Worlds. Part 5 of 5. 8.40 MOVIE: Jason Bourne. (2016, Mav, R) An assassin is forced out of hiding when one of his old allies uncovers information about his past. Matt Damon, Tommy Lee Jones, Alicia Vikander. 11.05 MOVIE: Survivor. (2015, Mlv, R) Milla Jovovich. 12.50 The Xtreme CollXtion. (PG, R) 1.20 Explore. (R) 1.30 TV Shop: Home Shopping. (R) 4.00 Take Two. (R) 4.30 Global Shop. (R) 5.00 TV Shop: Home Shopping. (R) 5.30 A Current Affair. (R)	TEN (5, 1) 6.00 The Talk. (PGa) 7.00 Judge Judy. (PG, R) 7.30 The Bold And The Beautiful. (PG, R) 8.00 Studio 10. (PG) 12.00 Dr Phil. (PGalv) 1.00 My Market Kitchen. (R) 1.30 Jamie's Quick & Easy Food. (R) 2.00 Entertainment Tonight. 2.30 Everyday Gourmet With Justine Schofield. (R) 3.00 Judge Judy. (PG, R) 3.30 Left Off The Map. 4.00 Farm To Fork. (PG) 4.30 The Bold And The Beautiful. 5.00 10 News First. 6.30 The Project. A look at the day's news and events. 7.30 To Be Advised. 8.40 The Graham Norton Show. Graham Norton chats with RuPaul, Benedict Cumberbatch, Diane Morgan and Daisy Edgar-Jones. 9.40 Just For Laughs Australia. (Ml, R) Hosted by Nick Cody. 10.10 Ross Noble: Brain Dump. (Mls, R) Stand-up comedy by Ross Noble. 11.10 The Project. (R) 12.10 The Late Show With Stephen Colbert. (PG) 1.00 Home Shopping. (R) 2.30 Infomercials. (PG, R) 3.00 Home Shopping. (R) 5.30 Infomercials. (PG, R)
ABC TV PLUS (22) 6am Children's Programs. 5pm Nella The Princess Knight. 5.10 The Wonder Gang. 5.20 Kangaroo Beach. 5.35 Luo Bao Bei. 5.50 Peppa Pig. 5.55 Circle Square. 6.05 Octonauts. 6.20 Bluey. 6.25 Peter Rabbit. 6.40 Andy's Safari Adventures. 7.00 Dino Dana. 7.15 Odd Squad. 7.30 Spicks And Specks. 8.00 Hard Quiz. 8.30 MOVIE: The Kids Are All Right. (2010, MA15+) 10.15 Doctor Who. 11.05 QI. 11.35 Community. Midnight Parks And Recreation. 12.20 Grand Designs. 1.10 Close. 5.05 Little Princess. 5.15 Hoot Hoot Go! 5.20 Pingu In The City. 5.30 Wallykazam! 5.55 Late Programs.	SBS VICELAND (31) 6am WorldWatch. 11.00 SBS Courtside. 11.30 Basketball. NBA. Golden State Warriors v Dallas Mavericks. 2pm WorldWatch. 2.30 Hunt For The Trump Tapes. 3.00 Jungletown. 3.50 WorldWatch. 5.15 Joy Of Painting. 5.45 Shortland St. 6.15 Alone. 7.05 Jeopardy! 7.35 8 Out Of 10 Cats Does Countdown. 8.30 Hoarders. 9.20 Sex Unlimited. (Final) 10.15 Day Of The Dead. 11.05 Narcos. 12.55am Criminal Planet. 1.40 Epicly Later'd. 2.30 Twiz And Tuck. 3.00 Thai News. 3.30 Bangla News. 4.00 Punjabi News. 4.30 Sri Lankan Sinhalese News. 5.00 Korean News. 5.30 Indonesian News.	7TWO (72) 6am Home Shopping. 6.30 Travel Oz. 8.00 Harry's Practice. 8.30 Million Dollar Minute. 9.30 NBC Today. Noon House Of Wellness. 1.00 Million Dollar Minute. 2.00 Going Solo In Japan: Wonders Of Kyushu 2. 2.30 Sons And Daughters. 4.30 Selling Houses Australia. 5.30 Escape To The Country. 6.30 Bargain Hunt. 7.30 Railroad Australia. 8.30 Selling Houses Australia. 11.45 The Great Outdoors: Greatest Escapes. 12.45am The Fine Art Auction. 4.00 Better Homes And Gardens. 5.30 Home Shopping.	9GEM (81, 92) 6am TV Shop: Home Shopping. 7.00 Creflo Dollar Ministries. 7.30 TV Shop: Home Shopping. 10.30 Pointless. 11.30 My Favorite Martian. Noon Days Of Our Lives. 12.55 The Young And The Restless. 1.50 The Bill. 3.00 Murder, She Wrote. 4.00 Tennis. Davis Cup. Australia v Hungary. 9.00 To Be Advised. 11.30 Memory Lane. 12.50am Explore. 1.00 TV Shop: Home Shopping.	10 PEACH (52, 11) 6am The Late Show With Stephen Colbert. 7.00 NBL Slam. 7.30 Seinfeld. 9.00 Becker. 10.00 The Middle. 11.00 Frasier. Noon To Be Advised. 1.00 Mom. 1.30 Seinfeld. 3.00 The King Of Queens. 4.00 Becker. 5.00 Frasier. 6.00 Friends. 8.00 The Big Bang Theory. 9.30 Mom. 11.00 Nancy Drew. Midnight Home Shopping. 12.30 Infomercials. 1.00 Home Shopping. 1.30 The Late Show With Stephen Colbert. 2.30 The Late Late Show With James Corden. 3.30 Becker. 4.30 Home Shopping. 5.30 Infomercials.
NITV (34) 6am Morning Programs. 10.00 Land Of Primates. 10.50 Going Places. 11.50 Songlines. 12.25pm Bamay. 12.45 Tribal. 1.35 Boy Nomad. 2.00 Shortland St. 2.30 Chefs' Line. 3.00 Bushwhacked! 3.25 The Magic Canoe. 3.50 Wolf Joe. 4.00 Aussie Bush Tales. 4.10 Grace Beside Me. 4.35 Mustangs FC. 5.00 Our Stories. 5.30 NITV News: Nula. 6.00 Bamay. 6.35 News. 6.40 Land Of Primates. 7.30 Little J And Big Cuz. 7.45 MOVIE: Pound Puppies And The Legend Of Big Paw. (1988) 9.15 First Nations Bedtime Stories. 9.25 Through The Wormhole With Morgan Freeman. 10.25 Yothu Yindi Tribute Concert. 11.55 Late Programs.	SBS WORLD MOVIES (32) 6am What We Did On Our Holiday. Continued. (2014, PG) 6.40 Toys And Pets. (2017, PG) 8.30 Finding Graceland. (1998, PG) 10.20 JFK. (1991, M) 1.50pm About Elly. (2009, PG, Persian) 4.00 Belle And Sebastian 3. (2017, PG, French) 5.40 Hampstead. (2017, PG) 7.30 Colette. (2018, M) 9.30 First Girl I Loved. (2016, M) 11.15 Disobedience. (2018, MA15+) 1.20am Mother. (2009, MA15+, Korean) 3.50 Rock'n Roll. (2017, M, French)	7MATE (74) 6am ITM Fishing Show: Best Of The Best. 7.00 Fishing And Adventure. 7.30 Creek To Coast. 8.00 American Pickers. 9.00 Storage Wars: Texas. 9.30 Pawn Stars. 10.00 A Football Life. 11.00 America's Game: The Super Bowl Champions. Noon Leepu And Pitbull. 1.00 MOVIE: The BBQ. (2018, PG) 3.10 Shipping Wars. 3.40 Big Easy Motors. 4.10 Timbersports. 4.40 Pawn Stars. 5.10 Pawn Stars South Africa. 5.40 MOVIE: Superman IV: The Quest For Peace. (1987, PG) 7.30 MOVIE: Lethal Weapon 2. (1989, M) 9.50 Paralympic Winter Games Beijing 2022: Opening Ceremony. 11.30 Late Programs.	9GO! (82, 93) 6am Children's Programs. 11.30 Bakugan: Battle Planet. Noon Xena. 2.00 Hercules. 3.00 The Nanny. 3.30 3rd Rock From The Sun. 4.00 That '70s Show. 4.30 Everybody Loves Raymond. 5.30 MOVIE: Dora And The Lost City Of Gold. (2019, PG) 7.30 MOVIE: Zookeeper. (2011, PG) 9.30 MOVIE: Here Comes The Boom. (2012, M) 11.35 Everybody Loves Raymond. 12.05am The Fix. 1.00 Reverie. 2.00 Below Deck Sailing Yacht. 2.50 Transformers: Cyberverse. 3.00 Bakugan: Battle Planet. 3.30 Ninjago: Masters Of Spinjitzu. 4.00 TV Shop: Home Shopping. 5.00 Care Bears: Unlock The Magic. 5.30 Mega Man: Fully Charged.	10 BOLD (53, 12) 6am Home Shopping. 7.00 Infomercials. 8.00 Escape Fishing With ET. 8.30 Bondi Rescue. 9.00 Jake And The Fatman. 10.00 Diagnosis Murder. 11.00 JAG. Noon NCIS. 1.00 Walker, Texas Ranger. 3.00 Jake And The Fatman. 4.00 Diagnosis Murder. 5.00 JAG. 6.00 Bondi Rescue. 7.30 NCIS. 8.30 Law & Order: SVU. 10.30 CSI: Crime Scene Investigation. 1am Infomercials. 1.30 Home Shopping. 2.00 Jake And The Fatman. 3.00 JAG. 4.00 Walker, Texas Ranger. 5.00 Diagnosis Murder.

CONSUMER ADVICE (P) Pre-school (C) Children (PG) Parental Guidance Recommended (M) Mature Audiences (MA15+) Mature Audiences Only (A15+) Extreme Adult Violence (R) Repeat (a) Adult themes (d) Drug references (h) Horror (s) Sex references (l) Language (m) Medical procedures (n) Nudity (v) Violence.

QLD

<p>ABC TV (2) 6.00 News Breakfast. 9.00 ABC News Mornings. 10.00 Landline. (R) 11.00 Antiques Roadshow. (R) 12.00 ABC News At Noon. 1.00 Miriam's Deathly Adventure. (Mls, R) 2.10 Unforgotten. (Ml, R) 3.00 ABC News Afternoons. 4.00 Escape From The City. (R) 5.00 Barrie Cassidy's One Plus One. (R) 5.25 Hard Quiz. (PG, R)</p> <p>6.00 The Drum. 7.00 ABC News. 7.30 7.30. Presented by Leigh Sales. 8.00 Australian Story. Australians share their personal stories. 8.30 Four Corners. Investigative journalism program that leads national debate and confronts issues that matter. 9.20 Media Watch. (PG) Hosted by Paul Barry. 9.35 China Tonight. (Return) A look at current affairs from China. 10.05 ABC News Video Lab: Transport. (R) 10.35 ABC Late News. 10.50 The Business. (R) 11.10 Q+A. (R) 12.10 Unforgotten. (Mal, R) 1.00 Brazen Hussies. (Mlms, R) 2.30 Rage. (MA15+adhlnsv) 4.25 The Drum. (R) 5.25 7.30. (R)</p> <p>ABC TV PLUS (22) 6am Children's Programs. 7pm Dino Dana. 7.10 Andy And The Band. 7.30 The Planets. 8.30 George Clarke's Amazing Spaces. 9.20 Grand Designs. 10.10 Doctor Who. 11.05 Adam Hills: The Last Leg. 11.50 Q!. 12.20am Escape From The City. 1.20 Community. 1.40 Parks And Recreation. 2.05 Close. 5.05 Little Princess. 5.15 Hoot Hoot Go! 5.20 Pingu In The City. 5.30 Wallykazam! 5.55 Late Programs.</p>	<p>SBS (3) 6.00 WorldWatch. 9.30 Greek News. 10.30 German News. 11.00 Spanish News. 11.30 Turkish News. 12.00 Arabic News F24. 12.30 ABC America: World News Tonight. 1.00 Al Jazeera News. 2.00 The Cook Up With Adam Liaw Bitesize. (R) 2.05 Woman With Gloria Steinem. (PGa, R) 2.35 First Ladies. (Premiere, PGa) 5.05 Jeopardy! 5.30 Letters And Numbers. (R)</p> <p>6.00 Mastermind Australia. (PG) 6.30 SBS World News. 7.35 Heritage Rescue: Wentworth Woodhouse. (Final, PG) Presented by Nick Knowles. 8.30 Royal History's Myths And Secrets. (PG) Presented by Lucy Worsley. 9.35 The Great House Revival. (R) Presented by Hugh Wallace. 10.35 SBS World News Late. 11.05 Paris Police 1900. (MA15+v) 12.00 The Interviewer. (R) 12.15 Cycling. UCI World Tour. Paris-Nice Race. Stage 2. Auffargis to Orléans. 159.2 km flat stage. From France. 2.15 Unit One. (Manv, R) 3.20 Supreme Revenge: Battle For The Court. (Mas, R) 4.20 VICE Guide To Film. (MA15+anv, R) 4.50 Destination Flavour Scandinavia Bitesize. (R) 5.00 France 24 Feature. 5.15 NHK World English News. 5.30 Deutsche Welle English News.</p> <p>SBS VICELAND (31) 6am WorldWatch. Noon Basketball. NBA. San Antonio Spurs v Charlotte Hornets. Replay. 2.00 World Of VICE. 2.30 Coronavirus In The Navajo Nation. 3.00 Does America. 3.30 Dead Set On Life. 3.55 WorldWatch. 5.15 Joy Of Painting. 5.45 Shortland St. 6.15 Alone. 7.05 Jeopardy! 7.35 8 Out Of 10 Cats Does Countdown. 8.30 Taskmaster. 9.25 Derry Girls. 10.25 Addicted Australia. 11.35 Late Programs.</p>	<p>SEVEN (7) 6.00 Sunrise. 9.00 The Morning Show. (PG) 11.30 Seven Morning News. 12.00 MOVIE: The Disappeared. (2017, Mav) 2.00 What The Killer Did Next: Geoff Seggie. (Mav, R) 3.00 The Chase. 4.00 Seven News At 4. 5.00 The Chase Australia.</p> <p>6.00 Seven Local News. 6.30 Seven News. 7.00 Home And Away. (PGa) 7.30 SAS Australia. (Mal) Facing off against each other, the Aussie celebrity recruits take part in an extreme game of tug of war. 8.45 The Amazing Race. (PGL) The teams race through Switzerland, where they bungee jump over 220m off the Verzasca Dam, considered to be one of the highest commercial leaps in the world. Hosted by Phil Keoghan. 10.45 The Latest: Seven News. 11.15 The Resident. (Mad) Billie fights with her son over a drug overdose. 12.15 Hooked On The Look. (Ma, R) 1.15 Travel Oz. (PG, R) 2.00 Home Shopping. (R) 4.00 NBC Today. 5.00 Seven Early News. 5.30 Sunrise.</p> <p>7TWO (72) 6am Home Shopping. 6.30 Travel Oz. 8.00 Harry's Practice. 8.30 Million Dollar Minute. 9.30 NBC Today. 10.30 Better Homes And Gardens. Noon Miniseries: Little Boy Blue. 1.00 Million Dollar Minute. 2.00 Weekender. 2.30 Sons And Daughters. 4.30 Mighty Trains. 5.30 Escape To The Country. 6.30 Bargain Hunt. 7.30 Doc Martin. 8.30 A Touch Of Frost. 10.50 Cold Case. 12.50am Selling Houses Aust. 2.00 Late Programs.</p>	<p>NINE (8, 9) 6.00 Today. 9.00 Today Extra. (PG) 11.30 Morning News. 12.00 Married At First Sight. (PGLs, R) 1.45 Explore. (R) 2.00 Pointless. (PG) 3.00 Tipping Point. (PG) 4.00 Afternoon News. 4.30 Millionaire Hot Seat. 5.30 WIN News.</p> <p>6.00 Nine News. 7.00 A Current Affair. 7.30 Married At First Sight. (Mls) The social experiment continues. 9.00 La Brea. (Mv) With time running out before their window home closes, the survivors hatch a final escape attempt. 10.00 Nine News Late. A look at the latest news and events. 10.30 Botched. (Malmn, R) A woman's breast implant falls out. 11.20 Bluff City Law. (Mv, R) A young woman is murdered. 12.10 Tipping Point. (PG, R) 1.00 Hello SA. (PG) 1.30 TV Shop: Home Shopping. (R) 2.30 Global Shop. (R) 3.00 TV Shop: Home Shopping. (R) 4.00 Believer's Voice Of Victory. (PGa) 4.30 A Current Affair. (R) 5.00 News Early Edition. 5.30 Today.</p> <p>9GEM (81, 92) 6am TV Shop. 7.00 Creflo. 7.30 TV Shop. 9.30 Newstyle Direct. 10.00 Danoz. 10.30 Pointless. 11.30 My Favorite Martian. Noon Days Of Our Lives. 12.55 The Young And The Restless. 1.50 The Bill. 3.00 Antiques Roadshow. 3.30 MOVIE: Lucky Jim. (1957) 5.30 Murder, She Wrote. 6.30 Antiques Roadshow. 7.30 Agatha Raisin. 8.30 Poirot. 10.40 Law & Order. 11.40 Late Programs.</p>	<p>TEN (5, 1) 6.00 The Talk. (PGa) 7.00 Judge Judy. (PG, R) 7.30 The Bold And The Beautiful. (PGv, R) 8.00 Studio 10. (PG) 12.00 Dr Phil. (PGal) 1.00 Australian Survivor. (R) 2.30 Entertainment Tonight. 3.00 Judge Judy. (PG, R) 3.30 Freshly Picked With Simon Toohey. 4.00 Farm To Fork. (PG) 4.30 The Bold And The Beautiful. (PG) 5.00 10 News First.</p> <p>6.30 The Project. A look at the day's news and events. 7.30 Australian Survivor. Presented by Jonathan LaPaglia. 8.30 Would I Lie To You? Australia. Two teams, consisting of celebrity guests, go head-to-head in a battle of wits that has them trying to fool the opposition. Hosted by Chrissie Swan, with team captains Chris Taylor and Frank Woodley. 9.40 FBI: Most Wanted. (Mv, R) After a military veteran suffering from PTSD snaps, the sniper's abilities push the team to their limits. 11.30 The Project. (R) 12.30 The Late Show With Stephen Colbert. (PG) 1.30 Home Shopping. (R) 2.30 Infomercials. (PG, R) 3.00 Home Shopping. (R) 4.30 CBS Mornings.</p> <p>10 PEACH (52, 11) 6am Basketball. NBL. Round 14. Sydney Kings v Cairns Taipans. Replay. 8.00 Friends. 10.00 The Middle. 11.30 Seinfeld. Noon Instinct. 1.00 Nancy Drew. 2.00 Mom. 3.00 The King Of Queens. 4.00 Becker. 5.00 Frasier. 6.00 Friends. 6.30 Neighbours. 7.00 Friends. 8.00 The Big Bang Theory. 9.30 Seinfeld. 11.00 Mom. Midnight Shopping. 12.30 Infomercials. 1.30 Stephen Colbert. 2.30 Late Programs.</p>
<p>NITV (34) 6am Morning Programs. 1.30pm Going Native. 2.00 Shortland St. 2.30 Chefs' Line. 3.00 Bushwhacked! 3.25 The Magic Canoe. 3.50 Wolf Joe. 4.00 Aussie Bush Tales. 4.10 Grace Beside Me. 4.35 Mustangs FC. 5.00 Our Stories. 5.30 APTN National News. 6.00 Bamay. 6.40 News. 6.50 Land Of Primates. 7.40 Through The Wormhole With Morgan Freeman. 8.30 Karla Grant Presents. 9.30 Colony. 11.10 Late Programs.</p>	<p>SBS WORLD MOVIES (32) 6am Growing Up Smith. Continued. (2015, PG) 7.20 Sun Children. (2020, PG, Farsi) 9.10 The Lunchbox. (2013, PG, Hindi) 11.10 Angrezi Medium. (2020, PG, Hindi) 1.50pm Black Narcissus. (1947, PG) 3.45 Legend Of The Guardians. (2010, PG) 5.30 The Perfect Candidate. (2019, PG, Arabic) 7.30 Mary Shelley. (2017, PG) 9.45 Asia. (2020, MA15+, Hebrew) 11.20 Late Programs.</p>	<p>7MATE (74) 6am Morning Programs. 2.50pm Wild Transport. 3.30 Motor Racing. Supercars Championship. Round 1. Sydney SuperNight. Day 1. Highlights. 4.30 Motor Racing. Supercars Championship. Round 1. Sydney SuperNight. Day 2. Highlights. 5.30 Storage Wars: TX. 6.00 American Pickers. 7.00 Pawn Stars. 7.30 American Pickers. 8.30 MOVIE: Batman Begins. (2005, M) 11.15 Late Programs.</p>	<p>9GO! (82, 93) 6am Children's Programs. Noon Xena. 2.00 Hercules. 3.00 Children's Programs. 3.30 Raymond. 5.30 The Nanny. 6.00 3rd Rock From The Sun. 6.30 That '70s Show. 7.00 Young Sheldon. 7.30 RBT. 8.00 Territory Cops. 8.30 MOVIE: Entrapment. (1999, M) 10.45 Young Sheldon. 11.10 Raymond. 12.10am #Killerpost. (Premiere) 1.05 The Sex Clinic. 2.00 Social Fabric. 3.00 Bakugan: Battle Planet. 3.30 Late Programs.</p>	<p>10 BOLD (53, 12) 6am Home Shopping. 8.00 Soccer. A-League Men. Round 17. Western Sydney Wanderers v Sydney FC. Replay. 10.30 Bondi Rescue. 11.00 Diagnosis Murder. Noon NCIS. 1.00 Walker, Texas Ranger. 3.00 Jake And The Fatman. 4.00 Diagnosis Murder. 5.00 JAG. 6.00 Bondi Rescue. 7.30 NCIS. 10.20 A-League Highlights Show. 11.20 NCIS: New Orleans. 12.15am Shopping. 2.15 Late Programs.</p>



Do you have an event coming up?

We want to know!

Send the details to editorial@todaygladstone.com.au and we'll publish it in our weekly Events Calendar.

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<p>ABC TV (2) 6.00 News Breakfast. 9.00 ABC News Mornings. 10.00 Foreign Correspondent. (R) 10.30 Rosie Batt's One Plus One. (R) 11.10 Grand Designs New Zealand. (PG, R) 12.00 ABC News At Noon. 1.00 Miriam's Deathly Adventure. (Mal, R) 2.10 Unforgotten. (Mal, R) 3.00 ABC News Afternoons. 4.00 Escape From The City. (R) 5.00 Barrie Cassidy's One Plus One. (R) 5.30 Hard Quiz. (PG, R)</p> <p>6.00 The Drum. 7.00 ABC News. 7.30 7.30. Presented by Leigh Sales. 8.00 Outback Ringer. (PG) Gail force winds tear across the outback. 8.30 The Exhibitionists. (Mns) Four friends get locked in the National Gallery overnight, where they make a discovery about female artists. 9.30 I'm Wanita. (Ml, R) The story of Wanita Bahtiyar. 10.35 ABC Late News. 10.50 The Business. (R) 11.10 Four Corners. (R) 11.55 Media Watch. (PG, R) 12.10 Unforgotten. (Mal, R) 1.00 The Letdown. (Mls, R) 3.10 Rage. (MA15+adhlnsv) 4.25 The Drum. (R) 5.25 7.30. (R)</p> <p>ABC TV PLUS (22) 6am Children's Programs. 7.10pm Andy And The Band. 7.30 Spicks And Specks. 8.00 Would I Lie To You? 8.30 Adam Hills: The Last Leg. 9.10 Whose Line Is It Anyway? 9.35 Gavin & Stacey. 10.05 Schitt's Creek. 10.30 Doctor Who. 11.20 Starstruck. 11.45 Pride: Live At The Apollo. 12.50am Whose Line Is It Anyway? 1.35 Plebs. 2.00 Community. 2.20 Parks And Recreation. 2.45 Close. 5.05 Late Programs.</p>	<p>SBS (3) 6.00 WorldWatch. 8.40 French News TV5MONDE. 9.30 Greek News. 10.30 German News. 11.00 Spanish News. 11.30 Turkish News. 12.00 Arabic News F24. 12.30 ABC America: World News Tonight. 1.00 PBS NewsHour. (R) 2.00 The Cook Up With Adam Liaw Bitesize. (R) 2.05 Woman With Gloria Steinem. (PG, R) 2.35 First Ladies. (PGa) 5.05 Jeopardy! 5.30 Letters And Numbers. (R)</p> <p>6.00 Mastermind Australia. (PG) 6.30 SBS World News. 7.30 Who Do You Think You Are? UK: Liz Carr. (PG) 8.30 Insight. Presented by Kumi Taguchi. 9.30 Framed. (PGal) Part 4 of 4. 10.00 The Feed. 10.30 SBS World News Late. 11.00 The Point. (R) 11.30 Shadow Lines. (MA15+d) 12.15 Cycling. UCI World Tour. Paris-Nice Race. Stage 3. Vierzon to Dun-le-Palestel. 190.8 km flat stage. From France. 2.15 Tiananmen: Seven Weeks That Changed The World. (Mav, R) 4.15 VICE Guide To Film. (MA15+dv, R) 4.45 Destination Flavour Scandinavia Bitesize. (R) 5.00 France 24 Feature. 5.15 NHK World English News. 5.30 Deutsche Welle English News.</p> <p>SBS VICELAND (31) 6am WorldWatch. Noon MOVIE: 76 Days. (2020, M) 1.50 Lee Lin Chin's Fashionista. 2.00 Rum: The Thirsty Road. 2.30 Outsider: World's Weirdest Films. 3.00 Video Game Show. 3.50 WorldWatch. 5.15 Joy Of Painting. 5.45 Shortland St. 6.15 Alone. 7.05 Jeopardy! 7.35 8 Out Of 10 Cats. 8.30 MOVIE: Subjects Of Desire. (2021, M) 10.30 Late Programs.</p>	<p>SEVEN (7) 6.00 Sunrise. 9.00 The Morning Show. (PG) 11.30 Seven Morning News. 12.00 MOVIE: The Wrong Student. (2017, Mv, R) 2.00 The Real Manhunter: The Dream City Cinema Fire. (Mav, R) 3.00 The Chase. 4.00 Seven News At 4. 5.00 The Chase Australia.</p> <p>6.00 Seven Local News. 6.30 Seven News. 7.00 Home And Away. (PGa) 7.30 SAS Australia. (Malv) Celebrities undertake SAS training. 8.30 The Rookie. (M) After a new designer drug hits the streets, Officer Nolan and the team must deal with the consequences on a memorable Halloween. Lucy questions whether her apartment building might be haunted. 10.30 The Latest: Seven News. 11.00 MOVIE: The Enforcer. (1976, MA15+v, R) A cop goes undercover. Clint Eastwood. 1.05 Absentia. (MA15+av, R) 2.00 Home Shopping. (R) 4.00 NBC Today. 5.00 Seven Early News. 5.30 Sunrise.</p> <p>7TWO (72) 6am Home Shopping. 6.30 Travel Oz. 8.00 Harry's Practice. 8.30 Million Dollar Minute. 9.30 NBC Today. Noon Miniseries: Little Boy Blue. 1.00 Million Dollar Minute. 2.00 Creek To Coast. 2.30 Sons And Daughters. 4.30 Invitation To A Royal Wedding. 5.30 Escape To The Country. 6.30 Bargain Hunt. 7.30 Pie In The Sky. 8.30 Foyle's War. 10.40 Without A Trace. 12.45am Selling Houses Aust. 2.00 Late Programs.</p>	<p>NINE (8, 9) 6.00 Today. 9.00 Today Extra. (PG) 11.30 Morning News. 12.00 Married At First Sight. (Mls, R) 1.30 Getaway. (PG, R) 2.00 Pointless. (PG) 3.00 Tipping Point. (PG) 4.00 Afternoon News. 4.30 Millionaire Hot Seat. 5.30 WIN News.</p> <p>6.00 Nine News. 7.00 A Current Affair. 7.30 Married At First Sight. (Mal) The social experiment continues. 9.00 The Hundred With Andy Lee. (PGs) Andy Lee is joined by a panel of comedians and 100 Aussies to explore the fun behind the facts. 10.00 Nine News Late. A look at the latest news and events. 10.30 True Story With Hamish & Andy: Phil. (PGL, R) 11.00 Mr Mayor. (PG) 11.25 The Village. (Mas) 12.10 Tipping Point. (PG, R) 1.05 Delish. (R) 1.30 TV Shop: Home Shopping. (R) 4.00 Believer's Voice Of Victory. (PGa) 4.30 A Current Affair. (R) 5.00 News Early Edition. 5.30 Today.</p> <p>9GEM (81, 92) 6am Morning Programs. 7.30 TV Shop. 9.30 Newstyle Direct. 10.00 Danoz. 10.30 Pointless. 11.30 My Favorite Martian. Noon Days Of Our Lives. 12.55 The Young And The Restless. 1.50 The Bill. 3.00 Explore. 3.05 Antiques Roadshow. 3.35 MOVIE: Mr Denning Drives North. (1951, PG) 5.30 Murder, She Wrote. 6.30 Antiques Roadshow. 7.30 New Tricks. 8.40 The Closer. 9.40 Rizzoli & Isles. 10.40 Late Programs.</p>	<p>TEN (5, 1) 6.00 The Talk. (PGa) 7.00 Judge Judy. (PG, R) 7.30 The Bold And The Beautiful. (PG, R) 8.00 Studio 10. (PG) 12.00 Dr Phil. (Ms) 1.00 Australian Survivor. (R) 2.00 Entertainment Tonight. 2.30 Everyday Gourmet With Justine Schofield. (R) 3.00 Judge Judy. (PG, R) 3.30 Freshly Picked With Simon Toohey. 4.00 Farm To Fork. (PG) 4.30 The Bold And The Beautiful. (PG) 5.00 10 News First.</p> <p>6.30 The Project. A look at the day's news and events. 7.30 The Dog House Australia. (Return) Narrated by Dr Chris Brown. 8.30 NCIS. The NCIS team investigates the cause of death of a reservist US Navy SEAL surgeon. 9.30 NCIS: Los Angeles. When a civilian scientist working with the marines is killed, the NCIS team must find the culprit. 10.30 NCIS. (Mav, R) The team investigates a marine. 11.30 The Project. (R) 12.30 The Late Show With Stephen Colbert. (PG) 1.30 Home Shopping. (R) 3.30 Infomercials. (PG, R) 4.30 CBS Mornings.</p> <p>10 PEACH (52, 11) 6am The Late Show With Stephen Colbert. 7.00 The King Of Queens. 8.00 Seinfeld. 9.00 Becker. 10.00 The Middle. 11.00 Frasier. Noon Instinct. 1.00 The Big Bang Theory. 1.30 Mom. 2.00 Seinfeld. 3.00 The King Of Queens. 4.00 Becker. 5.00 Frasier. 6.00 Friends. 6.30 Neighbours. 7.00 Friends. 8.00 The Big Bang Theory. 9.30 Mom. Midnight Shopping. 12.30 Infomercials. 1.30 Late Programs.</p>
<p>NITV (34) 6am Morning Programs. 2pm Shortland St. 2.30 Chefs' Line. 3.00 Jarjums. 3.25 The Magic Canoe. 3.50 Wolf Joe. 4.00 Aussie Bush Tales. 4.10 Grace Beside Me. 4.35 Mustangs FC. 5.00 Our Stories. 5.30 Indian Country Today. 6.00 Bamay. 6.30 News. 6.40 Warrior Women With Lupita Nyong'o. 7.30 The Point. 8.00 Rise Up. 8.50 The Beach. 9.20 NITV News Update. 9.30 MOVIE: Subjects Of Desire. (2021, M) 11.25 Late Programs.</p>	<p>SBS WORLD MOVIES (32) 6am Morning Programs. 7.00 Legend Of The Guardians. (2010, PG) 8.45 Black Narcissus. (1947, PG) 10.40 Cold War. (2018, M, Polish) 12.15pm Just A Breath Away. (2018, M, French) 1.50 The Perfect Candidate. (2019, PG, Arabic) 3.50 Sun Children. (2020, PG, Farsi) 5.40 Every Day. (2018, PG) 7.30 An Education. (2009, M) 9.25 Summertime. (2015, MA15+, French) 11.25 Late Programs.</p>	<p>7MATE (74) 6am Morning Programs. 11.00 America's Game. Noon MOVIE: Batman Begins. (2005, M) 2.45 Wild Transport. 3.30 Shipping Wars. 4.00 Fish'n With Mates. 4.30 Pawn Stars. 5.00 The Mike & Cole Show. 5.30 Storage Wars: TX. 6.00 American Pickers. 7.00 Pawn Stars. 7.30 Highway Patrol. 8.30 Outback Truckers: Best Of. 9.30 Outback Truckers. 10.30 Aussie Lobster Men. 11.30 Late Programs.</p>	<p>9GO! (82, 93) 6am Children's Programs. Noon Xena. 2.00 Hercules. 3.00 The Nanny. 3.30 3rd Rock From The Sun. 4.00 That '70s Show. 4.30 Raymond. 5.30 The Nanny. 6.00 3rd Rock From The Sun. 6.30 That '70s Show. 7.00 Young Sheldon. 7.30 RBT. 8.00 Territory Cops. 8.30 MOVIE: Sicario. (2015, MA15+) 10.55 Young Sheldon. 11.20 Raymond. 11.50 Weird Science. 12.20am #Killerpost. 1.15 Reverie. 2.10 Late Programs.</p>	<p>10 BOLD (53, 12) 6am Home Shopping. 8.00 A-League Highlights Show. 9.00 Jake And The Fatman. 10.00 Diagnosis Murder. 11.00 JAG. Noon NCIS. 1.00 Walker, Texas Ranger. 3.00 Jake And The Fatman. 4.00 Diagnosis Murder. 5.00 JAG. 6.00 Bondi Rescue. 7.30 NCIS. 8.30 Bull. 12.15am Home Shopping. 2.15 MOVIE: Go! (2020, PG) 4.20 iFish. 4.30 Reel Action. 5.00 JAG.</p>

ABC TV (2) 6.00 News Breakfast. (R) 9.00 ABC News Mornings. 10.00 Four Corners. (R) 11.00 And We Danced. (PG, R) 12.00 ABC News At Noon. 12.30 National Press Club Address. 1.40 Media Watch. (PG, R) 2.10 Unforgotten. (Mal, R) 3.00 ABC News Afternoons. 4.00 Escape From The City. (PG, R) 5.00 Kurt Fearnley's One Plus One. (I, R) 5.30 Hard Quiz. (PG, R)	SBS (3) 6.00 WorldWatch. 10.30 German News. 11.00 Spanish News. 11.30 Turkish News. 12.00 Arabic News F24. 12.30 ABC America: World News Tonight. 1.00 PBS NewsHour. (R) 2.00 The Cook Up With Adam Liaw Bitesize. (R) 2.05 Insight. (R) 3.05 Running On Time. (R) 3.20 World's Most Luxurious... (R) 4.10 The World's Greatest Palaces. (PGav, R) 5.05 Jeopardy! 5.30 Letters And Numbers. (R)	SEVEN (7) 6.00 Sunrise. 9.00 The Morning Show. (PG) 11.30 Seven Morning News. 12.00 MOVIE: Mommy's Little Angel. (2018, Mav, R) 2.00 Autopsy USA: Bruce Lee. (Madv, R) 3.00 The Chase. (R) 4.00 Seven News At 4. 5.00 The Chase Australia.	NINE (8, 9) 6.00 Today. 9.00 Today Extra. (PG) 11.30 Morning News. 12.00 Married At First Sight. (Mal, R) 1.30 My Way. 2.00 Pointless. (PG) 3.00 Tipping Point. (PG) 4.00 Afternoon News. 4.30 Millionaire Hot Seat. 5.30 WIN News.	TEN (5, 1) 6.00 The Talk. (PGa) 7.00 Judge Judy. (PG, R) 7.30 The Bold And The Beautiful. (PG, R) 8.00 Studio 10. (PG) 12.00 Dr Phil. (PGad) 1.00 To Be Advised. 2.00 Entertainment Tonight. 2.30 Everyday Gourmet With Justine Schofield. (R) 3.00 Judge Judy. (PG, R) 3.30 Freshly Picked With Simon Toohey. 4.00 Farm To Fork. (PG) 4.30 The Bold And The Beautiful. (PG) 5.00 10 News First.
6.00 The Drum. 7.00 ABC News. 7.30 7.30 . Presented by Leigh Sales. 8.00 Hard Quiz. (PG) Presented by Tom Gleeson. 8.30 Shaun Micallef's MAD AS HELL. (M) Host Shaun Micallef presents a round-up of important news stories of the week. 9.00 Starstruck. (Mal) Tom is away filming. 9.25 QI. (Ms) Hosted by Sandi Toksvig. 9.55 Adam Hills: The Last Leg. (R) UK-based panel show. 10.35 ABC Late News. 10.50 The Business. (R) 11.10 Killing Eve. (MA15+v, R) 11.55 Unforgotten. (Mlv, R) 12.40 Miniseries: Patrick Melrose. (Mal, R) 1.40 Adam Hills: The Last Leg. (R) 2.20 Rage. (MA15+adhlns) 4.25 The Drum. (R) 5.25 7.30 . (R)	6.00 Mastermind Australia. (PG) Presented by Marc Fennell. 6.30 SBS World News. 7.30 Michael Mosley's Health Intervention. (M) Part 1 of 3. 8.30 The Colosseum: A Jewel In Rome's Crown. (PG) Takes a look at the Colosseum, the iconic Roman amphitheater, built in the 1st century CE. 9.30 Hidden Assets. (Final, MA15+) With Bibi now in custody, Emer and Christian face a desperate race against time to stop the final bombing. 10.30 SBS World News Late. 11.00 In Therapy. (Mls) 12.15 Cycling. UCI World Tour. Paris-Nice Race. Stage 4. 2.15 MOVIE: Hannibal. (2001, MA15+v, R) 4.40 Bamay. (R) 5.00 France 24 Feature. 5.15 NHK World English News. 5.30 Deutsche Welle English News.	6.00 Seven Local News. 6.30 Seven News. 7.00 Home And Away. (PG) 7.30 Police Strike Force. (M) 8.30 The Front Bar. (M) Sam Pang, Mick Molloy and Andy Maher take a lighter look at the world of sport. 9.30 The Latest: Seven News. 10.00 Ambulance: Code Red. (Ma, R) Follows the work of an ambulance service. Medics fight to save the life of a cyclist. An aged pensioner falls off his roof following a DIY disaster. A driver is trapped in his car after it careered out of control. 11.00 To Be Advised. 2.00 Home Shopping. (R) 4.00 NBC Today. News and current affairs. 5.00 Seven Early News. 5.30 Sunrise. Takes a look at the latest news, sport and weather, with business and finance updates.	6.00 Nine News. 7.00 A Current Affair. 7.30 Married At First Sight. The social experiment continues. 9.00 Under Investigation: Nuclear Reaction. Liz Hayes presents an investigation into Australia's dance with nuclear energy. 10.00 Nine News Late. A look at the latest news and events. 10.30 Forensics: The Real CSI: HMO Murder. (Mv) 11.40 Grand Hotel. (Mv, R) 12.30 Tipping Point. (PG, R) 1.20 Explore. (R) 1.30 TV Shop: Home Shopping. (R) 2.30 Global Shop. (R) 3.00 TV Shop: Home Shopping. (R) 4.00 Believer's Voice Of Victory. (PGa) 4.30 A Current Affair. (R) 5.00 News Early Edition. 5.30 Today.	6.30 The Project. The hosts and guest panellists take a look at the day's news, events and hot topics. 7.30 Ambulance Australia. (Mdlm) Follows dispatchers and paramedics working for an ambulance service. 8.30 Bull. (Mav) The founder of a trial consulting firm uses psychology and technology to win cases for his clients. 10.30 This Is Us. (PGa) Jack, Randall, Kevin and Toby struggle with the challenges of parenthood and connecting with their children. 11.30 The Project. (R) A look at the day's news and events. 12.30 The Late Show With Stephen Colbert. (PG) Late-night talk show. 1.30 Home Shopping. (R) 3.30 Infomercials. (PG, R) 4.30 CBS Mornings. Morning news and talk show.
ABC TV PLUS (22) 6am Children's Programs. 7pm Dino Dana. 7.10 Andy And The Band. 7.30 Anh's Brush With Fame. 8.00 Art Works. 8.35 Tate Britain's Great British Walks. 9.20 Fake Or Fortune? 10.20 Doctor Who. (Final) 11.20 Women Of Steel. 12.00am Community. 12.40 Parks And Recreation. 1.05 Close. 5.05 Little Princess. 5.15 Hoot Hoot Go! 5.20 Pingu In The City. 5.30 Wallykazam! 5.55 Late Programs.	SBS VICELAND (31) 6am WorldWatch. Noon Payday. 1.40 Noisy. 2.30 Motherboard. 3.00 Earthworks. 3.50 WorldWatch. 5.15 Joy Of Painting. 5.45 Shortland St. 6.15 Alone. 7.05 Jeopardy! 7.35 8 Out Of 10 Cats Does Countdown. 9.30 Wellington Paranormal. 9.00 Letterkenny. 9.30 MOVIE: Priest. (2011, M) 11.00 MOVIE: The Long Good Friday. (1980, MA15+) 1.15am Late Programs.	7TWO (72) 6am Morning Programs. 8.30 Million Dollar Minute. 9.30 NBC Today. Noon Miniseries: Little Boy Blue. 1.00 Million Dollar Minute. 2.00 Sydney Weekender. 2.30 Sons And Daughters. 4.30 The Day We Walked On The Moon. 5.30 Escape To The Country. 6.30 Bargain Hunt. 7.30 The Coroner. 8.30 Ms Fisher's Modern Murder Mysteries. (Return) 9.30 Frankie Drake Mysteries. 11.30 Late Programs.	9GEM (81, 92) 6am TV Shop. 7.00 Creflo Dollar Ministries. 7.30 TV Shop: Home Shopping. 10.30 Pointless. 11.30 My Favorite Martian. Noon Days Of Our Lives. 12.55 The Young And The Restless. 1.50 The Bill. 3.00 Explore. 3.05 Antiques Roadshow. 3.35 MOVIE: Manuela. (1957, PG) 5.30 Murder, She Wrote. 6.30 Antiques Roadshow. 7.30 As Time Goes By. 8.50 Midsomer Murders. 10.50 House. 11.50 Late Programs.	10 PEACH (52, 11) 6am The Late Show With Stephen Colbert. 7.00 Frasier. 8.00 The King Of Queens. 9.00 Becker. 10.00 The Middle. 11.00 Frasier. Noon Instinct. 1.00 The Big Bang Theory. 1.30 Friends. 2.30 NBL Slam. 3.00 The King Of Queens. 4.00 Becker. 5.00 Frasier. 6.00 Friends. 6.30 Neighbours. 7.00 Friends. 8.00 The Big Bang Theory. 10.10 Mom. Midnight Shopping. 12.30 Infomercials. 1.00 Shopping. 1.30 Late Programs.
NITV (34) 6am Morning Programs. 1.30pm Merchants Of The Wild. 2.00 Shortland St. 2.30 Chefs' Line. 3.00 Wolf. 4.35 Mustangs FC. 5.00 Our Stories. 5.30 Te Ao With Moana. 6.00 Bamay. 6.30 News. 6.40 Land Of Prim				

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ABC TV (2) 6.00 News Breakfast. 9.00 ABC News Mornings. 10.00 Australian Story. (R) 10.30 Nigella At My Table. (R) 11.00 Catalyst. (PG, R) 12.00 ABC News At Noon. 1.00 Hard Quiz. (PG, R) 1.30 Shaun Micallef's MAD AS HELL. (M, R) 2.10 Unforgotten. (Mlv, R) 3.00 ABC News Afternoons. 4.00 Escape From The City. (R) 4.55 Kurt Fearnley's One Plus One. (R) 5.25 Hard Quiz. (PG, R)	SBS (3) 6.00 WorldWatch. 10.30 German News. 11.00 Spanish News. 11.30 Turkish News. 12.00 Arabic News F24. 12.30 ABC America: World News Tonight. 1.00 PBS NewsHour. (R) 2.00 The Cook Up With Adam Liaw Bitesize. (R) 2.05 Travel Man's Greatest Trips. (PGI, R) 3.00 World's Most Luxurious... (R) 3.55 Queen Victoria's Children. (PG, R) 5.05 Jeopardy! 5.30 Letters And Numbers. (R)	SEVEN (7) 6.00 Sunrise. 9.00 The Morning Show. (PG) 11.30 Seven Morning News. 12.00 MOVIE: Sweet November. (2001, Ms, R) 2.30 Dog Patrol. (PGa, R) 3.00 The Chase. (R) 4.00 Seven News At 4. 5.00 The Chase Australia.	NINE (8, 9) 6.00 Today. 9.00 Today Extra. (PG) 11.30 Morning News. 12.00 Married At First Sight. (R) 1.30 Driving Test. (PGI, R) 2.00 Pointless. (PG) 3.00 Tipping Point. (PG) 4.00 Afternoon News. 4.30 Millionaire Hot Seat. 5.30 WIN News.	TEN (5, 1) 6.00 The Talk. (PGa) 7.00 Judge Judy. (PG, R) 7.30 The Bold And The Beautiful. (PG, R) 8.00 Studio 10. (PG) 12.00 Dr Phil. (Mas) 1.00 To Be Advised. 2.00 Entertainment Tonight. 2.30 Everyday Gourmet With Justine Schofield. (R) 3.00 Judge Judy. (PG, R) 3.30 Freshly Picked With Simon Toohy. 4.00 Farm To Fork. (PG) 4.30 The Bold And The Beautiful. (PG) 5.00 10 News First.
6.00 The Drum. 6.55 Sammy J. (PG) 7.00 ABC News. 7.30 7.30. 8.00 Foreign Correspondent. International current affairs program. 8.30 Q+A. Public affairs program. 9.35 Rosie Batty's One Plus One: Stephanie Alexander. Rosie Batty speaks with Stephanie Alexander. 10.05 Griff's Great Kiwi Road Trip: Jump Off A Cliff - Lake Coleridge. (R) 10.55 ABC Late News. 11.10 The Business. (R) 11.25 The Exhibitionists. (Mns, R) 12.25 Unforgotten. (Madlv, R) 1.10 The Letdown. (MI, R) 2.15 Rage. (MA15+adhlsv) 4.25 The Drum. (R) 5.20 Sammy J. (PG, R) 5.25 7.30. (R)	6.00 Mastermind Australia. (PG) 6.30 SBS World News. 7.35 Scenic Coastal Walks With Kate Humble: Suffolk. (Final, PG) 8.30 The Royals: Keeping The Crown: Nazi Royals. (PG) Explores the history of royal families. 9.30 Britain's Most Expensive Houses. (PG) Part 2 of 4. 10.30 SBS World News Late. 11.00 Gomorrah. (Malv) 11.50 In Therapy. (Mal, R) 12.15 Cycling. UCI World Tour. Paris-Nice Race. Stage 5. 2.15 Blinded. (Mlv, R) 4.00 VICE Guide To Film. (MA15+av, R) 4.55 Destination Flavour Scandinavia Bitesize. (R) 5.00 France 24 Feature. 5.15 NHK World English News. 5.30 Deutsche Welle English News.	6.00 Seven Local News. 6.30 Seven News. 7.00 Home And Away. (PGa) 8.30 Miniseries: Showtrial. (Mals) Part 5 of 5. It appears time has run out for Talitha and her solicitor, Cleo, as the trial reaches its explosive conclusion and the jury finally decides whether she is guilty of murdering her fellow university student. 9.50 The Speedboat Killer. (M) A look at the death of Charlotte Brown. 11.50 The Latest: Seven News. 12.20 MOVIE: Secrets In Suburbia. (2017, MA15+a) Brianna Brown. 2.00 Home Shopping. (R) 4.00 NBC Today. 5.00 Seven Early News. 5.30 Sunrise.	6.00 Nine News. 7.00 Rugby League. NRL. Round 1. Penrith Panthers v Manly Sea Eagles. 9.00 Thursday Night Knock Off. Post-match NRL news and analysis of the Penrith Panthers versus Manly Sea Eagles match. 9.45 Nine News Late. A look at the latest news and events. 10.15 To Be Advised. 11.15 New Amsterdam. (Mamv, R) 12.05 The Horn. (Malm, R) 1.00 Getaway. (PG, R) 1.30 TV Shop: Home Shopping. (R) 2.30 Global Shop. (R) 3.00 TV Shop: Home Shopping. (R) 4.00 Believer's Voice Of Victory. (PGa) 4.30 A Current Affair. (R) 5.00 News Early Edition. 5.30 Today.	6.30 The Project. A look at the day's news and events. 7.30 First Dates Australia. Singles go on a blind first date. 8.30 Gogglebox Australia. (Return) A diverse range of people open their living rooms to reveal their reactions to popular and topical TV shows, with the help of special, locked-off cameras which capture every unpredictable moment. 9.30 To Be Advised. 10.30 Blue Bloods. (Ma) Follows a family of cops in New York City. 11.30 The Project. (R) 12.30 The Late Show With Stephen Colbert. (PG) 1.30 Home Shopping. (R) 3.30 Infomercials. (PG) 4.30 CBS Mornings.
ABC TV PLUS (22) 6am Children's Programs. 7.10pm Andy And The Band. 7.30 Spicks And Specks. 8.30 Penn & Teller: Fool Us. 9.10 Hard Quiz. 9.40 Shaun Micallef's MAD AS HELL. 10.10 QI. 10.45 Gruen. 11.20 Live At The Apollo. 12.05am Would I Lie To You? 12.35 Community. 1.00 Parks And Recreation. 1.20 Plebs. 1.45 Close. 5.05 Little Princess. 5.15 Hoot Hoot Go! 5.20 Pingu In The City. 5.30 Wallykazam! 5.55 Late Programs.	SBS VICELAND (31) 6am WorldWatch. Noon Jasper And Errol's First Time. 1.00 Mr Tachyon On The Edge Of Science. 1.30 Most Expensivet. 2.00 Gaycation. 2.50 Cyberwar. 3.50 WorldWatch. 5.15 Joy Of Painting. 5.45 Shortland St. 6.15 Alone. 7.05 Jeopardy! 7.35 8 Out Of 10 Cats Does Countdown. 8.30 The Curse Of Oak Island. 10.10 Chasing Famous. 11.00 The Feed. 11.30 Late Programs.	7TWO (72) 6am Home Shopping. 6.30 Travel Oz. 8.00 Harry's Practice. 8.30 Million Dollar Minute. 9.30 NBC Today. Noon Miniseries: Little Boy Blue. 1.00 Million Dollar Minute. 2.00 The Great Australian Doorstep. 2.30 Sons And Daughters. 4.30 Medical Rookies. 5.00 Australia's Deadliest. 5.30 Escape To The Country. 6.30 Bargain Hunt. 7.30 Father Brown. 8.30 Inspector George Gently. 12.30am Late Programs.	9GEM (81, 92) 6am Morning Programs. 7.30 TV Shop. 10.30 Pointless. 11.30 My Favorite Martian. Noon Days Of Our Lives. 12.55 The Young And The Restless. 1.50 The Bill. 3.00 Antiques Roadshow. 3.30 MOVIE: Our Man In Marrakesh. (1966) 5.30 Murder, She Wrote. 6.30 Rugby League. NRL. Round 1. Penrith Panthers v Manly Sea Eagles. 7.00 Antiques Roadshow. 7.30 Death In Paradise. 8.40 DCI Banks. 10.40 Late Programs.	10 PEACH (52, 11) 6am The Late Show With Stephen Colbert. 7.00 Frasier. 8.00 The King Of Queens. 9.00 Becker. 10.00 The Middle. 11.00 Frasier. Noon This Is Us. 1.00 The Big Bang Theory. 1.30 Friends. 2.00 Mom. 3.00 The King Of Queens. 4.00 Becker. 5.00 Frasier. 6.00 Friends. 6.30 Neighbours. 7.00 Friends. 8.00 The Big Bang Theory. 9.30 Seinfeld. 11.00 Mom. Midnight Shopping. 12.30 Infomercials. 1.30 Late Programs.
NITV (34) 6am Morning Programs. 1.30pm Going Native. 2.00 Shortland St. 2.30 Chefs' Line. 3.00 Bushwhacked! 3.25 The Magic Canoe. 3.50 Wolf Joe. 4.00 Aussie Bush Tales. 4.10 Grace Beside Me. 4.35 Mustangs FC. 5.00 Our Stories. 5.30 The 77 Percent. 6.00 Bamay. 6.30 News. 6.40 Land Of Primates. 7.30 Going Places With Er				

On Demand

Tell me lies:
The Dropout
stars Amanda
Seyfried as
entrepreneur
Elizabeth
Holmes.



OUT FOR BLOOD

THE DROPOUT
Streaming, Star on Disney+



Imagine being able to scan for hundreds of diseases, using a single drop of blood, in the comfort of your own home. Such was the allure of Theranos, the US company which set out to revolutionise medical diagnostics, health technology and the lives of billions of people.

Based on the podcast of the same name, this eight-part limited series from *New Girl* creator Elizabeth Meriwether charts the meteoric rise and fall of Theranos and its enigmatic founder/CEO Elizabeth Holmes.

In 2015, *Forbes* magazine labelled Holmes "the world's youngest self-made billionaire". However, she is now facing up to 20 years in prison. So how did she lose it all?

To understand, *The Dropout* takes us back to the beginning, when Holmes was an optimistic student who withdrew from Stanford University to pursue her 'great idea'.

Despite a lack of scientific proof, legions of investors bought into Holmes' claims, her charisma and ambition, resulting in a USD \$10 billion valuation at the height of the scheme. As Theranos' stranger-than-fiction story unfolds, a compelling tale of unimaginable wealth, romance, tragedy and deception emerges.

Amanda Seyfried is magnetic as the ruthlessly ambitious Holmes, while *Lost*'s Naveen Andrews plays her much-older boyfriend and Theranos COO Sunny Balwani. Stephen Fry, William H. Macy, Laurie Metcalf and Sam Waterston appear in guest roles.



OUR FLAG MEANS DEATH
Streaming, Binge



Stede Bonnet (Rhys Darby, pictured) is not your standard swashbuckler. Rather than killing with weapons, this 'gentleman pirate' intends to kill with kindness. Formerly a pampered aristocrat, Bonnet quickly finds himself out of his depth among the likes of Blackbeard (Taika Waititi) in this unique new comedy series from *People of Earth*'s David Jenkins.



THE WEEKEND AWAY
Streaming, Netflix



When her best friend Kate (Christina Wolfe) vanishes after a night out on their girls' trip to Croatia, mum-of-one Beth (Leighton Meester, pictured) stands accused of killing her and scrambles to find out what really happened. Based on the bestselling book by Sarah Alderson, Beth's journey to the truth uncovers one unsettling painful secret after another.



THE DESPERATE HOUR
Streaming, Paramount+



Unfolding in real time, this electrifying thriller goes inside every parent's worst nightmare. Naomi Watts (pictured) is recently widowed Amy, who is fighting to restore normalcy for her two kids after the loss of their dad. While out on a run in the woods, miles away from town, she learns of a shooting at her son's school and races against time to ensure his safety.



WEST SIDE STORY
Streaming, Foxtel On Demand



Girl meets boy, gang war ensues. The 1957 hit musical is revisited to tremendous effect in this stylish Steven Spielberg outing. Starring Ansel Elgort and Rachel Zegler (both pictured) as Tony and Maria, this update – nominated for seven Oscars – easily lives up to the magic of the original, but evolves the classic characters ever so slightly for a contemporary feel.



TROPO
Streaming, ABC iview



Taking place in the wilds of Far North Queensland, this intriguing eight-part series follows ex-con-turned-private-investigator Amanda (Nicole Chamoun, pictured) and disgraced ex-cop Ted (Thomas Jane) as they attempt to solve the disappearance of a Korean family man and tech pioneer, much to the chagrin of local law enforcement.

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PROPERTY

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view
.com.au

PRIVATE RESIDENCE ON 25 ACRES



ARE you looking for a private house with no neighbours and sitting on top of a hill with sensational 360-degree views of the surrounding rural mountains, ocean and islands? This great property has everything for the most fastidious buyers and set on 25 acres, 400-metre bitumen driveway and turn around near house.

- Lowset rendered rockblock home with tiled roof and single lockable garage
- Air-conditioned and tiled open plan living areas with exposed beams and high ceilings
- New brick and stone top kitchen with gas cooktop, 2-pac cupboards and breakfast bar

- Three bedrooms with built-in robes, carpets and ceiling fans plus main has spacious ensuite
- In-ground swimming pool with umbrella and an open gazebo barbecue hut
- Open 4 bay carport plus standalone lockable office/studio and water tanks
- Large workshop, 22 x 15m shed with power and concrete floors plus 3KW solar power unit
- 9 x 6m Colorbond shed, 7 water tanks, small dam, school bus nearby
- Bitumen road from the shed to the top of the hill and house ●



HOME ESSENTIALS

Address: 105 Norpine Road, BUNGUNDARRA **Description:** 3 bedrooms, 2 bathrooms, 8 garage **Price:** Offers over \$999,999 considered **Inspect:** By appointment
Contact: Andrew Dowie, 0429 391 379, YEPPON REAL ESTATE



FARNBOROUGH Lot 2 Howes Road



Prestige Ocean View Acreage

- Offering magnificent ocean views and this one is an absolute beauty!
- 40 acres (16.2HA) of fertile red soil with beautiful underground water
- The options are endless when it comes to deciding where you will build
- Views encompassing the Byfield Ranges, Corio Bay and the Keppel Islands
- Serviced by a bitumen road and council bin collection
- Close to the Farnborough Store, School and beach
- Less than ten minutes drive to the Yeppoon CBD.

Offers over \$1,000,000 considered

ESME & CLAUDIA COREN
0438 336 861



COOEE BAY 15 Davidson Street

3 | 1 | 1



Seaside living in exclusive Cooe Bay

- 3 bedroom, 1 bathroom, single level brick home, built-ins throughout
- Air conditioning in bedrooms and living area, kitchen with servery to dining
- Located in popular Cooe Bay area within walking distance to beach
- Currently operated as a holiday rental for optional investment return
- 617m2 allotment with side access to backyard, single bay garage
- Room to expand, add pool and shed if required
- Plans for extension available with sale of the property

Offers over \$519,000 considered

LEISA RICHARDSON
0427 251 008



YEPPOON 6 Hutton Street

4 | 1 | 3



Queenslander, 1/4 Acre, In Town

- Majestic Queenslander positioned on 1012m2 block in the township of Yeppoon
- 4 bedrooms plus study and 2 living areas, family bathroom with separate toilet
- Generous kitchen over looks the back deck and established gardens
- Cavernous master bedroom has walk in robe with abundance of storage space
- A high clearance caravan or boat carport which can enable side access
- The home has 9 foot ceilings in most areas and polished timber floor boards
- Walk to the beach, shops, restaurants, clubs and the main street of town

Offers over \$650,000 considered

LISA WILSON
0418 247 020



COOEE BAY 15/29 Melaleuca Street

1 | 1 | 1



Affordable investment in beautiful Cooe Bay

- Are you looking to start your investment portfolio? Now is the ideal time to begin!
- Fully furnished, well presented, low-maintenance one bedroom unit
- Good sized open plan kitchen lounge and dining area, air-conditioned throughout
- Neat and tidy bathroom/laundry, under-cover car park, private courtyard
- This complex is immaculately presented with an in-ground swimming pool
- Boom gate access & communal BBQ area in a lovely tropical setting
- Currently rented for \$290 per week until May 2022 with low body corporate fees

Offers over \$179,000 considered

TROY DAVIS
0400 933 347



PROPERTY INVESTMENT: IS IT FOR YOU?

MANY people consider investing in property in the hope of bringing wealth to their lives. Whilst there are many alternatives such as stocks, bonds and cash, property investment tends to be viewed as one of the safest and easiest options.

Property investment isn't for everyone. If you are considering investing in property, it is essential to weigh up the pros and cons.

THE PROS

Capital growth

The value of your property will grow over time and may be extremely beneficial financially if well chosen. Not only will you benefit from steady capital growth, but regular monthly rental returns.

A safe investment

This is the only investment market that is not dominated by investors, creating a natural buffer in the market. It is also the most forgiving investment; if you purchase the worst house in the area, the chances are that its value will still increase over time.

Mitigate risk

Integrate risk
You can insure your asset against most risks; fire, damage, a tenant leaving, damaging your property or breaking the lease.

Anyone can invest

You do not have to possess a vast amount of knowledge, as you may with stocks or opening up a business.

Control

Unlike other investments, you are in full control of your property investment; you can make all the decisions and have control over all of your returns.

Tax benefits

Though tax benefits should not be used as a decision making factor, it can be a benefit of investing in property. If your property is negatively geared, it may provide tax benefits.



There is a variety of things to weigh up when considering entering the world of property investment.

Picture: ISTOCK

THE CONS

Liquidity

Even though you can sell your property if things get tough, the process is not as quick as selling other investments such as shares.

Hidden and ongoing costs

Along with the initial costs of investing in property (such as stamp-duty, deposits, legal and conveyance fees), you will need to consider the ongoing hidden costs of property investment such as fitting out the property, maintenance and repairs, building

and landlord insurance, land tax, water rates, council rates, and so on. Other investments, such as shares, do not incur as many ongoing fees.

Rent-free periods

During the periods when you cannot find a tenant and the property is vacant, you will need to cover the mortgage repayments.

Bad tenants

Problematic tenants are every owner's nightmare. They can severely damage your property, refuse to make payments and

sometimes even refuse to leave the property. Some disputes can take months to resolve and become very stressful, especially if there is an emotional attachment to the property.

Other costs

Although negative gearing may offer tax deductions, you will need to consider and budget for the shortfall between repayments and rental income, as well as the cost to cover repayments when the property is vacant.

Source: realestateview.com.au ●



HOME WITH FRESH LOOK

NEW to the sales market is this fresh 3 Bedroom Home.

Be greeted by the good size semi open plan lounge with designated dining area off from the practical kitchen. The kitchen is a great space with ample storage and bench space and overlooks the rear yard. Each of the three bedrooms have built-in robes, ceiling fans and quality carpet.

Security screens are installed throughout this home with external awnings to the front and western sides to keep the cool in. Near new split system air-conditioning, fresh paint and window furnishings bring new life to this home.

The 755m flat block of land is fully fenced while the backyard has a garden shed for storage. There is a single carport plus room



for off street parking.

Only minutes walking distance to the shopping centre and local club gives this home a prime living location. A solid investment to add to your portfolio or a perfect family home.

Call now for an inspection. ●

HOME ESSENTIALS

Address: 29 Boronia Street. **BLACKWATER** **Price:** \$154.500

Description: 3 bedrooms. 1 bathroom. 1 garage **Inspect:** By appointment

Contact: Dee 0428 770 557. REAL ESTATE VISION GROUP



BLACKWATER 07 4982 6055 14 Mackenzie Street

EMERALD 07 4987 7055 Shop 2, 2-B Mayfair Drive



3 BEDROOMS

\$140,000

12 Acacia Street, Blackwater
3 bed 1 bath 2 car



3 BEDROOMS

\$148,000

12 Quandong Street, Blackwater
3 bed 1 bath 1 car



3 BEDROOMS

\$395,000

54 Littlefield Street, Blackwater
3 bed 1 bath 1 car 1 shed



3 BEDROOMS

\$144,900

37 Fay Street, Blackwater
3 bed 1 bath 1 car



4 BEDROOMS

\$184,000

26 Bremner Street, Blackwater
4 bed 2 bath 2 car



3 BEDROOMS

\$165,000

1 Monger Street, Blackwater
3 bed 1 bath 2 car

Your Family Agency in the Central Highlands

Gardening

Neil Fisher



Billbergia portearia Red purple.



Billbergia Coonarr Old Gold.



Aechmea Roberto Menescal.



Aechmea Roberto Menescal.

Bromeliad beauty bounty

Could the Bromeliad be one of the most underutilised plants in Gladstone landscapes?

If there is one plant that has a love hate relationship with gardeners it would be the Bromeliad. Over the last few years many high profile landscapes have featured these plants for their colour displays.

Bromeliads need good light to maintain their beautiful colours. There are several varieties that will survive in all-day sun but most need protection from midday sun. Bromeliads are hardy plants native to South America that enjoy the humidity of the tropics.

Bromeliads will produce coloured leaves around flowering time which attracts the insects or birds required for pollination. Bromeliads will flower only once in its lifetime and then produce off shoots, usually from the base and finally die. The cup of the bromeliad should be kept full of clean water and the cup flushed out completely once every month.

Underneath old trees or palms that throw shade, there is usually a dense mat of roots that can make it hard to establish other plants. Bromeliads grow very well in these conditions as they don't feed from their roots. Bromeliads basically feed from the water debris that falls into their central cup.

Most Bromeliads grow well on tree trunks and in tree branches. Lava rock or scoria is recommended as a potting medium. If you plant Bromeliads directly into your garden it is best to build up the soil with rocks, gravel or scoria to ensure good drainage. Bromeliads are particularly good for shade areas that are fairly dry from root competition.

Most Bromeliads use their roots for stability and feed through trichomes on their leaves. Their main requirement is to drain well but they can survive being too wet.

Bromeliads mainly need phosphorous and potassium and have a low requirement for added nitrogen as it will only make the leaves long and green. An orchid flowering fertiliser or a bloom booster is the closest to the plants required NPK ratio.

Remember to flush out the water regularly that sits in the central cup, otherwise mosquitoes can breed in these Bromeliads.

There are thousands of different bromeliads that come in an array of shapes and sizes and work in many light conditions, so you're bound to find a variety that can work for you including these garden favourites:

Aechmea is available in many shapes, varieties and colours, both in leaves and flowers. The flower rises up from the centre on a long flower stalk with colourful bracts. After flowering, berry-like fruits form which last up to several months.

Alcantarea has become a very popular landscape plant, this due to the size of this Bromeliad. Some Alcantarea can reach sizes of 1.5m across with flower spikes 2.5m high. A native to high cool environment along rocky cliffs in Brazil but if acclimatised Alcantarea can tolerate a warm sunny positions.

Billbergia are usually tall and tubular, the foliage can be mottled, cross banded or variegated. The inflorescence rises from the centre then cascades down the plant as the flowers open - they are short lived but the colours are exquisite. Do not fertilise billbergia or they will lose their colour until the next generation.

Canistrum are large plants, 60-90cm in diameter with predominantly light green with darker green mottling. The inflorescence nestles in the centre of the rosette, a compact flower head surrounded by colourful bracts, like a basket of flowers.

Guzmania are soft-leafed, with exquisite inflorescence, the complete flower head of the Guzmania including stems, stalks, bracts, and flowers, rising from the centre in yellow, orange or red with white or red flower petals. They need to be kept under shade.

Neoregelia or Neos have been come very popular with gardeners for their showy foliage with bright colours and interesting patterns, and they are among the most widely hybridized types of bromeliads. Small flowers appear inconspicuously inside of the leaf cup when the plants bloom. These bromeliads are sometimes called "painted fingernail" for the pink markings on their leaves.

Tillandsias or Air Plants can appear quite alien and can vary in size and shape. Most are saucer-sized but some can grow up to 3 metres. Normally a grey-green plant Tillandsias may change colour when coming into flower. Tillandsias need regular watering and good air movement to survive. Tillandsias are mainly tree dwellers and can be attached to almost anything.

I think most gardeners would be surprised by beauty of some of these plants.



Aechmea branchetiana.

Rural Matters

Know your land's worth

By AgForce CEO Michael Guerin

It might sound dramatic, but all signs point to landholders being squeezed out when it comes to managing the natural capital on their very own land.

That includes the soil, the air, the water – essentially all of the natural components that represent the property itself.

The issue – of course – is money.

Where there's a buck to be made you can be sure there will be someone (or fifty someones) scheming how best they can get their cut.

The release of multiple carbon and biodiversity schemes, and skyrocketing carbon prices (up more than 100 per cent to approximately \$50 a tonne), has given rise to a litany of brokers keen to position themselves between landholders and markets and cash in.

The temptation for landholders – who are already drowning in a tide of regulation and struggling to make sense of unnecessarily complex trading and offset schemes like the Federal Government's Emissions Reduction Fund and the State Government's Land Restoration Fund and Reef Credit Scheme – is, understandably, to spend their hard earned on consultancy fees to help uncover the ecosystem service opportunities available to them and make sense of the whole system.

The result? Middlemen, corporations, and governments essentially assume control of the natural capital on a landholder's property, making money from the landholder, and, bit-by-bit, removing the landholder from any decision making, and most of the economic, environmental, and social returns.

Fortunately, AgForce's AgCarE program has been designed to keep a landholder's ecosystem service benefits squarely in their own hands.

AgCarE is expected to be launched shortly as a proven framework that enables landholders to measure their natural capital and understand how they can engage with trading opportunities.

Importantly, it will also allow them to tell their story by marketing their products and increasing their brand value with



consumers and businesses.

Banks have already expressed their own interest in AgCarE's ability to reduce lending risks associated with maintaining natural assets on farms.

AgCarE has been deliberately developed as a mid-tier system and provides low cost, medium risk options for carbon abatement, drought mitigation, improved biodiversity, and sustainable long-term landscape management and business resilience, while also focusing on the water cycle at property level.

Rather than be dictated to by big business and government, which could potentially force upon landholders yet more regulation,

unworkable environmental schemes, and unwanted stewardship agreements, AgForce has been calling for the State Government, businesses, and consumers to support the positive role agricultural and its landscape managers are having on our natural assets by investing in improved biodiversity, soil health, and water quality, as well as reduced greenhouse gas emissions.

Data shows that for decades agriculture and landholders have played a significant, often unseen, unreported, unacknowledged role in maintaining and improving our landscapes and our environment – all with the regulatory equivalent of the 'Sword of Damocles'

hanging above their heads.

Imagine what we could achieve by placing landholders at the centre of the conversation, and by supporting and incentivising rather than intimidating.

AgCarE creates the playing field to empower landholders. It's a system designed by producers for producers – not one forced upon them without consultation and collaboration that plainly doesn't do what it suggests, and that's confusing and costly to implement.

Genuinely and excitedly – AgForce's AgCarE program creates a win-win situation for landholders and, most importantly, for the environment.

Markets remaining strong

By CQLX Market Report

Combined agents yarded 3,832 head on Wednesday, 23 February, comprising of 1863 steers, 1311 heifers, 559 cows, 80 cows & calves and 19 bulls.

Cattle were drawn from all the usual supply areas west to Clermont. Condition was good to forward throughout and quality varied in places but was good overall. The processor and feeder buyers were unchanged. Restockers bought to reflect variations in quality from last week's sale. However overall the market held strong.

HIGHLIGHTS OF THE DAY

A & D Power, Yeppoon Sold a line of Black Brangus Weaner Steers for 928c/kg weighing 214 kgs to return \$1,451/hd

J Shannon, Goovigen Sold a run of No.1 Crossbred Steers for 578c/kg weighing 417kg to return \$2,414/hd

Charlevue Cattle Co, Dingo Sold Brangus Weaner Steers for 678c/kg weighing 338kg to return \$2,294/hd

I & J Donaldson Sold a run of 42 Droughtmaster/Brangus Steers for 710c/kg weighing 326kg to return \$2,318/hd

Cedarvale Pastoral, Ubobo Sold Brahman Cross Feeder Steers for 550c/kg weighing 457kg to return \$2,515/hd

F Ellrott, Nankin Sold Droughtmaster Weaner Steers for 842c/kg weighing

254kg to return \$2,140/hd

Aaron Wood, Mount Chalmers Sold Brahman Cross Steers for 552c/kg weighing 409kg to return \$2,260/hd

JW Jamieson, Mt Larcom Sold Droughtmaster Steers for 878c/kg weighing 209kg to return \$1,836/hd

S & K Murphy, Seaforth Sold Droughtmaster Brahman Cross Steers for 732c/kg weighing 340kg to return \$2,490/hd

P & J Gordon, Nine Mile Sold Droughtmaster Steers for 848c/kg weighing 236kg to return \$2,005/hd

G & A Bishop, Kalapa Sold Droughtmaster Cows for 407c/kg weighing 683kg to return \$2,781/hd

T Franks, Pink Lilly Sold Brangus Cows for 408c/kg weighing 586kg to return \$2,392/hd

W & J Oates, Biloela Sold Brangus Cows for 407c/kg weighing 596kg to return \$2,430/hd

Charlevue Cattle Co, Dingo Sold Brangus Weaner Heifers for 648c/kg weighing 336kg to return \$2,183/hd

D & A Schloss, Goovigen Sold Droughtmaster Weaner Heifers to average 621c/kg weighing 303kg to return \$1,885/hd

Cotherstone Station, Dysart Sold a run of 240 No.1 Droughtmaster Cross Heifers for 606c/kg weighing 258kg to return \$1,567/hd

P & J Gordon, Nine Mile Sold Droughtmaster Heifers for 752c/kg weighing 233kg to return \$1,758/hd



country kitchens recipes

Loaded Sweet Potato

Serves: 4

Prep time: 10 minutes

Cook time: 30 minutes

2 ½ serves per portion

Ingredients:

- 4 small sweet potatoes, washed
- 2 teaspoons extra virgin olive oil + extra for drizzling
- 1 onion, diced
- 1 garlic clove, crushed
- 1 teaspoon paprika
- 1 teaspoon ground cumin
- ½ teaspoon ground coriander seeds
- 1 400g can black beans, rinsed and drained
- 1 cup cheddar cheese, reduced fat, grated

To serve:

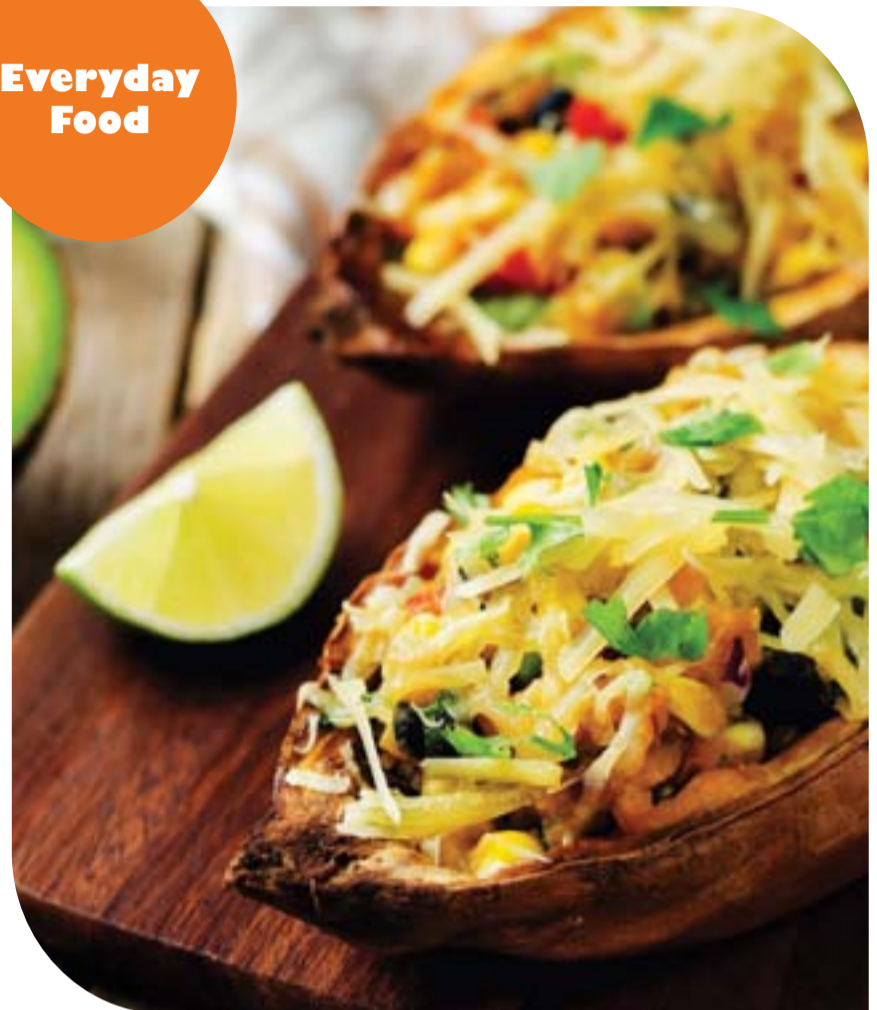
1 avocado, deseeded
Juice of half a lime
Freshly ground pepper
Sour cream, reduced fat
Coriander leaves, roughly chopped

Method:

- Preheat Oven To 200°C.
- Prick The Surface Of The Sweet Potatoes With A Fork Then Drizzle Each With Olive Oil And Wrap Individually In Foil. Place On A Baking Tray.
- Roast For 30 Minutes Or Until Soft And A Knife Passes Through With No Resistance.
- Slice Each Potato In Half Lengthways And Mash The Insides To Soften With A Fork.
- Heat Frying Pan On Medium Heat Then Add Oil Once Hot. Fry The Onion, Garlic And Spices Until Soft, About 5 Minutes.
- Add The Black Beans And Heat Through.
- Top Each Potato With Bean Mixture And A Sprinkle Of Cheese.
- Make Guacamole By Mashing The Avocado In A Small Bowl And Mixing Through The Lime Juice And Some Ground Pepper.
- Serve The Sweet Potatoes With A Dollop Of Guacamole And Sour Cream And Sprinkle With Coriander.

Alternative: Prick the surface of the sweet potatoes with a fork and wrap each one in a damp paper towel. Microwave each potato individually on high for 6 minutes, or until soft and a knife passes through with no resistance

Everyday Food



Sweet and Sour Chicken

Serves: 6

Prep time: 15 minutes

Cook time: 15 minutes

1 serve per portion

Ingredients

Sauce:

- ½ cup pineapple juice (reserved from canned pineapple)
- 1 tablespoon apple cider vinegar
- 1 tablespoon soy sauce, low sodium
- 1 tablespoon tomato sauce
- 2 tablespoons cornflour
- 2 tablespoons water
- 1 tablespoon extra-virgin olive oil
- 1 onion, halved then sliced
- 1 garlic clove, minced
- 400g chicken breast, sliced
- 1 carrot, sliced into rounds
- 2 teaspoons ginger, grated
- ½ red capsicum, diced
- ½ green capsicum, diced
- 440g tin pineapple pieces, drained

Method:

- Mix Together The Sauce Ingredients In A Small Bowl, Set Aside.
- Prepare A Cornflour Slurry By Mixing The Cornflour With Water In A Small Bowl Or Mug. Set Aside.
- Heat Oil In A Wok Or Frying Pan Over High Heat. Add The Onion And Garlic And Stir Fry For 1-2 Minutes.



- Add The Chicken And Carrot To The Wok And Cook Until Chicken Is Sealed But Still Pink Inside (2-3 Minutes). Add The Ginger And Capsicum And Stir Fry For A Further 2 Minutes.
- Add The Sauce To The Wok And Stir Until It Starts To Boil. Simmer For A Further 3 Minutes Until Chicken Is Cooked Through And Vegetables Are Tender.
- Stir Through The Cornflour Mixture And Simmer Until Sauce Thickens. Add Pineapple Pieces And Take Off The Heat.
- Serve With Brown Rice..

**Recipe courtesy of the Country Kitchens team*

Apple and Banana Crumble

Serves: 6

Prep time: 15 minutes

Cook time: 30 minutes

1 serve per portion

Ingredients

- 3 apples
- 1 cinnamon stick
- 1 lemon, zested
- 4 tablespoons water
- 1 banana
- ½ cup rolled oats
- ¼ cup oat bran
- 1/3 cup sultanas
- ¼ cup mixed seeds and nuts
- 1 tablespoon yoghurt

Method:

- PREHEAT oven to 160°C.
- PEEL, quarter and core the apples then cut each quarter into three wedges.
- PLACE apple wedges into a saucepan, with cinnamon stick, lemon zest and water.
- BRING to the boil over low heat then reduce to a simmer and cover for 15 minutes or until the apples are tender. Turn occasionally to cook the wedges evenly.

Healthy Recipes



- ARRANGE banana and apples in a greased pie dish.
- COMBINE the oats, oat bran, sultanas, mixed seeds, nuts and yoghurt. Cover the apple and banana with the oat mixture.
- BAKE in oven until lightly browned, about 15 minutes.

What's Great About It:

A naturally sweet dessert free from added sugars. This banana and apple crumble gets its sweetness from the stewed apples and bananas, as well as added flavour from the cinnamon and toasted oats! With one serve of fruit per portion, this is a sweet treat to feel good about!

QUEENSLAND COUNTRY WOMEN'S ASSOCIATION
COUNTRY Kitchens
Recipes for good health

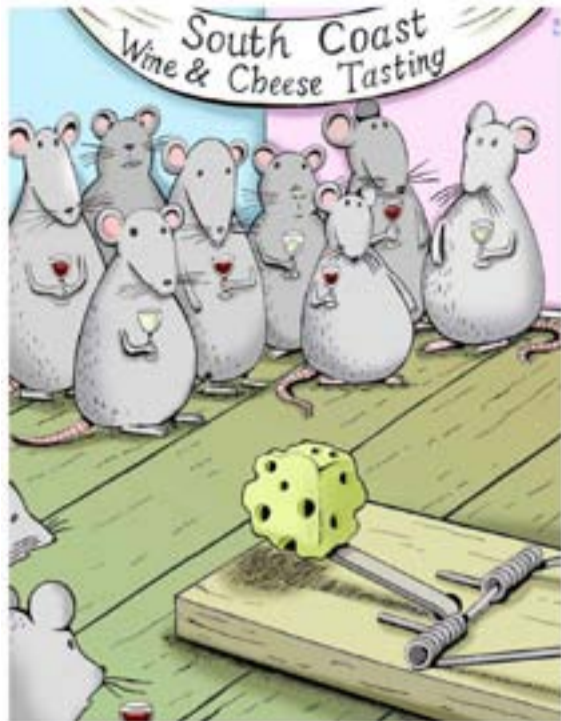
health + wellbeing
Queensland



Empowering women through education and health is a priority for the Queensland Country Women's Association (QCWA). The QCWA Country Kitchens program, funded by the Queensland Government through Health and Wellbeing Queensland, supports Queenslanders to adopt healthier lifestyles. To find out more about the program visit <https://qcwacountrykitchens.com.au/>.

COMICS

Bottled Fruit



Bushy Tales



Swamp



Insert Brain Here



Insanity Streak



Doodley Squat



WuMo



Against the Grain



Ballard Street



"Yes, Arthur, very nice."

Grin Bin



Puzzles and pagination © Pagemasters | pagemasters.com

<p>ACROSS</p> <p>1 System without private property (9)</p> <p>6 Tie-on labels (4)</p> <p>10 Extension (3)</p> <p>11 Group of islands (11)</p> <p>12 Outlines (8)</p> <p>13 Orb (6)</p> <p>14 Falsehoods (4)</p> <p>15 Gives (7)</p> <p>20 From Stockholm, say (7)</p> <p>21 Sulk (4)</p> <p>25 Uniform (6)</p> <p>26 Material for floors (8)</p> <p>28 Anarchy (11)</p> <p>29 Old city, Mount — (3)</p> <p>30 Masculine (4)</p> <p>31 Food (9)</p>	<p>DOWN</p> <p>1 Surgeons' instruments (8)</p> <p>2 Calms (8)</p> <p>3 Wattle (6)</p> <p>4 Made greater (9)</p> <p>5 Primary (4)</p> <p>7 Handsome nursery plant (6)</p> <p>8 Oral (6)</p> <p>9 Counter (7)</p> <p>16 Bankrupt (9)</p> <p>17 Bestowed (7)</p> <p>18 Definite (8)</p> <p>19 Still (8)</p> <p>22 Zigzag (6)</p> <p>23 Affirmation (6)</p> <p>24 Art of dwarfing shrubs or trees (6)</p> <p>27 Book ID (1,1,1,1)</p>
---	--

[illegible]

9-LETTER WORD

Using the nine letters in the grid, how many words of four letters or more can you list? The centre letter must be included and each letter may only be used once.

No colloquial or foreign words. No capitalised nouns, apostrophes or plural words ending in "s".

Today's Aim:
17 words: Good
25 words: Very good
34 words: Excellent

COMPETING, cope, coping, epic, incept, inept, mope, moping, open, optine, optical, pectin, pent, peon, picot, pigeon, pigment, pimento, pine, ping, pint, pinto, pitman, piton, poem, poet, poetic, point, tempi, tempo, tope, topic, topling

APSE	ADORN	GENII	SOLAR
BIDE	AGAPE	HEARD	STEPS
CASA	AGATE	BIZA	STUDY
FAIR	ALIAS	ISSUE	SUPER
FRED	ALIVE	LAPUP	TRUER
HANS	ALLEN	LEONE	
INTO	ANGEL	LOSER	
ISPY	APPLE	LOTUS	
LOAM	AVAIL	MACRO	
ORBS	BRING	NURSE	
RACE	CASEY	OMEGA	
SAIL	CEDAR	OWNER	
SARK	COCOA	PANIC	
SKIM	CORSE	PESTS	
	COSTA	PRIOR	
	DRESS	RALPH	
	ELIDE	RIVEN	

8 LETTERS
PASSABLE
PROCURES
SIDESTEP
SORCERER

6 LETTERS
CENTER
GERALD
METALS
SEEMED

04-03-23

5x5

G		A		E
	A		E	
A		O		T
	E		C	
E		D		R


Insert the missing letters to make 10 words – five reading across the grid and five reading down.

NOTE: more than one solution may be possible

No.070

R	E	D	T	E
E	C	I	E	D
T	U	O	B	A
N	E	V	A	R
E	L	A	D	G

QUICK QUIZ



- 1 What are the bars of a xylophone commonly made from?
- 2 Who (pictured) starred as Xena in *Xena: Warrior Princess* from 1995 to 2001?
- 3 The first X-Men comic, *The X-men #1*, was published in what year?
- 4 Fox Mulder and Dana Scully were the main characters of which US television show?
- 5 Xenophobia is the fear of what?
- 6 What company produces the Xbox gaming console?

- 7 In what year did Xi Jinping become president of the People's Republic of China?
- 8 Roentgen rays are more commonly known by what name?
- 9 What is the name for the letter X in the Greek alphabet?
- 10 The first photocopier was produced by which US company?

1. The X-Files 2. Foreigners 3. Microsoft 4. Xerox 5. Chi 6. X-rays 7. 2013 8. Xenophobia 9. Xenophobia 10. Xenophobia

Your year ahead
The future's a funny thing. How many times do we sit and imagine it? We'll often visualise wishes or fears, but even if we get close to our vision - the reality usually turns out to be somewhat different. This year offers an unforeseen twist, with the doors of opportunity about to swing wide open. As you prepare for the future think big, think love and think abundance. Should late autumn finalise a chapter in your life - take stock and follow up with positive action. By year's end, you will have grown - in experience, compassion and wisdom.



ARIES
(Mar 21 - Apr 20)

Your love of luxuries can occasionally run over-budget and right now you're probably picking up the tab for either your own - or someone else's, financial enthusiasms. And there's nothing like money problems to test a relationship. At work, should an unexpected change lead to new territory, don't fret. Just don't take shortcuts. **Best Day: Thursday 10th**



TAURUS
(Apr 21 - May 20)

Taureans can now either dive wholeheartedly into life's pleasures or create something new at work. From what the planets promise, there should be ample rewards for your efforts. So if you want to make some changes, now's the time to do just that. Travel may also be thrown in, or at least the chance to mingle work with play. **Best Day: Monday 7th**



GEMINI
(May 21 - Jun 21)

You've been patient long enough, Gemini. Others have had all the time in the world to resolve their issues. Problem is, they continue to rely on your help - whether you like it or not. If possible, break away for a while and get on with your own affairs. At work, your intuition should save you from difficult circumstances. **Best Day: Sunday 6th**



CANCER
(Jun 22 - Jul 22)

Sometimes we feel burdened by our past. Focus on the present, Cancer. Who you are tomorrow depends on the choices you make today. If necessary, learn to forgive yourself or others. Or perhaps you find yourself in a situation where you've forgotten how to say "no". It's incredibly liberating to put yourself first for a change. **Best Day: Wednesday 9th**



LEO
(Jul 23 - Aug 23)

Many Leos should finally hear news which puts an end to frustrating delays. Life feels anything but dull. It's also a major money week, with cash flowing in as well as out. Neglected romance may also strengthen. Singles feel more confident about brandishing their assets, both personal and financial. Something for everyone, it seems. **Best Day: Saturday 12th**



LIBRA
(Sep 23 - Oct 23)

Why can't everyone be as relaxed as you, Libra? Perhaps world peace wouldn't seem so elusive. But don't worry about the more worrisome issues of the planet just now. There are more urgent matters in your own backyard to attend to. Should someone close request help, offer support. In time, the favour will be repaid ten-fold. **Best Day: Tuesday 8th**



SAGITTARIUS
(Nov 23 - Dec 21)

People need predictability, so no one is going to be very happy if you're constantly changing your mind. It'll be harder still if you start talking about plans or proposals that very few can understand. Nor should you ignore the opinions of those closest to you. Their ideas may not be that different from your own. **Best Day: Tuesday 8th**



CAPRICORN
(Dec 22 - Jan 20)

It's a week to read all the fine print, and carefully file away important documents so they aren't lost. Back up all crucial paperwork. Daily routines may cause you to become stressed or agitated, resulting in sleepless nights. Tempers could flare. Avoid letting any aggression turn into overkill. It's better to tame the beast within. **Best Day: Saturday 12th**



AQUARIUS
(Jan 21 - Feb 18)

There's a lively sense of vibrancy around you this week - one that will allow you to be cosmically guided in the right direction. You may find yourself the centre of attention and will impress someone with your creative flair. It won't be long before higher-ups are happy to back your endeavours - they sense your confidence. **Best Day: Monday 7th**



PISCES
(Feb 19 - Mar 20)

Never doubt your own worth, Pisces. Always know that confidence is a state of mind. If you can appear positive, then others will think the same way about you. Try to think outside of your insecurities and ignore those voices that want to put you down. If all else fails, fake it until you make it - you'll be amazed at the outcome. **Best Day: Friday 11th**




VIRGO
(Aug 24 - Sep 22)

Flat batteries, sagging spirits - you've very little left to give, my exhausted friend. But don't thrash yourself over recent troubles and past mistakes. Instead, book a massage and let someone else pummel away the aches and pains. And once you've hauled your way to the sauna, you can reflect on the whys and wherefores of life. **Best Day: Sunday 6th**



SCORPIO
(Oct 24 - Nov 22)

Just when you were about to let go of some long-held dreams, along comes a guardian angel to remind you why you had such high hopes in the first place. So, what to do? Give up or go on? Trust the voice within. Finally, here's a week when there's little to lose and much to gain. **Best Day: Friday 11th**

ARROW WORDS												
	Ursine mammal	Noble	Small drink French farewell		Pant		Lads		Leaf of a book			
					Pleasant smell							
	Bryan Canadian singer (pictured)						Soon		Male deer			
	Edge				Out of date							
Low voice	Confident and firm	Snake Shaft			Eggs		Anger		Beer		Chairs	
				Had food	Grilled bread	Flowers Telephone						
Fire remains		Tap lightly			Massacre Twelve dozen							
			Roman garment			Group of episodes		Ocean		Force		
Cook in oil		Oyster beads					Cult					
			Naked	Only Unfortunately			God of love					
Quickly spread		Flying mammals				Malt beverage	Allow		That girl		Enquire	
				Travel by boat				Health resort				
Village fairs		Male sheep			Blood-sucking worms							
				Gusto				Moose				

SOLUTION												
K	T	E		I	S	E	Z	S	E	T	E	F
S	E	H	C	E	E	T		M	A	R	A	
A	P	S		T	I	A	S	T	A	R	A	I
	M	A	R		S	T	A	B	A	T		
S	O	R	E	E	T	O	S		A	R	F	
T	O	E	S		S	T	A	R	P	E		
A	G	E		V	A	G	O	T	H	S	A	
E	G	A	N	R	A	C	T	P	A	T	S	
S	A	T	O	I	A		N		S	S	A	B
	T	N	O	E	T	X	A					
E	S	S	A	P		M	I	R				
G	Y		S	M	A	D	A					
A	M	O	R	A		A	R	E	B			
P	B	G	D									

WEATHER

FORECAST

Warnings

See www.bom.gov.au/australia/warnings

Gladstone:

Partly cloudy. Medium chance of showers. The chance of a thunderstorm. Winds northerly 15 to 20 km/h becoming light before dawn then becoming northerly 20 to 30 km/h early in the morning. Friday. Shower or two.

Rockhampton:

Partly cloudy. Slight chance of a shower, most likely in the afternoon and evening. The chance of a thunderstorm from the late morning. Light winds becoming northerly 15 to 25 km/h in the morning then becoming light in the evening. Friday. Shower or two.

Capricornia:

Partly cloudy. Slight (30%) chance of a shower, most likely from the late morning. The chance of a storm, possibly severe with damaging winds and heavy falls in the south in the afternoon and evening. Winds northerly 20 to 30 km/h.

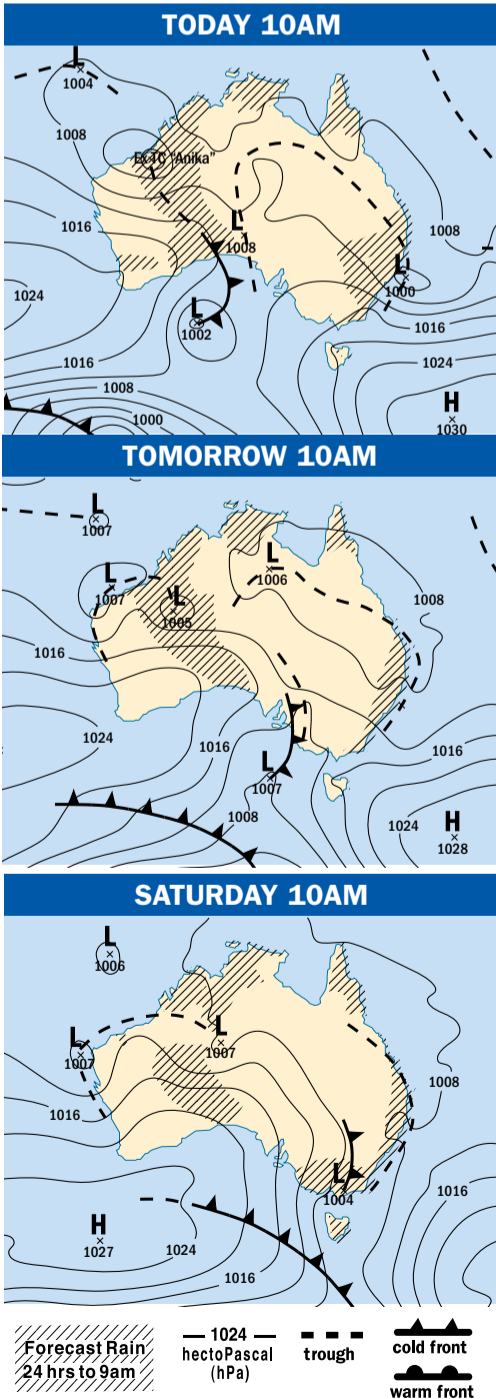
Friday. Partly cloudy. Slight (30%) chance of a shower, most likely in the morning and afternoon. The chance of a storm. Winds north to northeasterly 15 to 25 km/h.

Central Highlands and Coalfields:

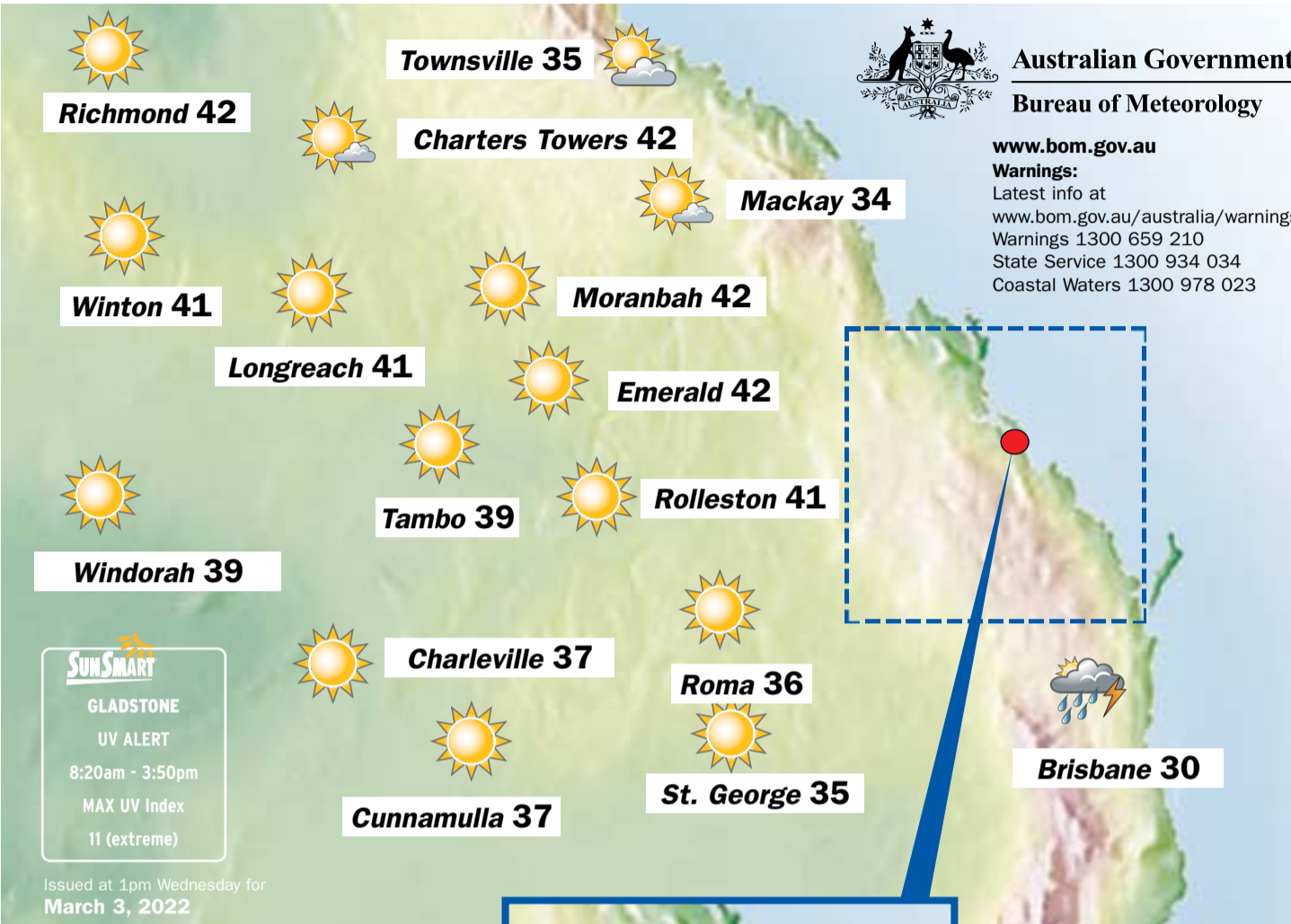
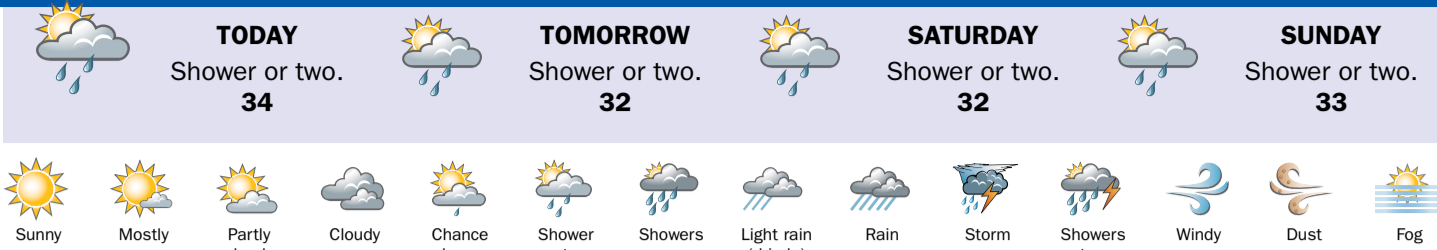
Sunny morning. The chance of a storm, possibly severe with damaging winds and heavy falls in the south in the afternoon and evening. Winds north to northwesterly 15 to 25 km/h tending northwest to southwesterly in the middle of the day then tending northwest to northeasterly 15 to 20 km/h in the late evening.

Queensland:

A weak pressure gradient will extend over much of the state. A trough will extend over central and southeastern Queensland, supported by an upper trough over southeast Queensland. A tropical low near New Caledonia may generate significant easterly swell about the southeast coast. Mostly sunny in the southwest and central interior. A slight to medium chance of showers and storms elsewhere, increasing to a high to very high chance in the southeast. Possible severe storms in the southeast. Temperatures near to above average, tending well above average during the afternoon in the central interior. A severe to extreme heatwave will continue in parts of the north and northeast.



GLADSTONE FORECAST



Australian Government

Bureau of Meteorology

www.bom.gov.au

Warnings:

Latest info at

www.bom.gov.au/australia/warnings

Warnings 1300 659 210

State Service 1300 934 034

Coastal Waters 1300 978 023

COASTAL WATERS

St. Lawrence to Burnett Heads:

Winds: Northerly 10 to 15 knots, tending north to north-easterly and increasing to 15 to 20 knots in the afternoon. Seas: 1 to 1.5 metres, increasing to 1 to 2 metres inshore around midday. Swell: Easterly below 1 metre inshore, increasing to 1 to 2 metres offshore. Weather: Partly cloudy. 50% chance of showers south of Cape Capricorn. The chance of a storm south of Cape Capricorn.

Friday. Winds: Northerly 10 to 15 knots, tending north to northeasterly and increasing to 15 to 20 knots during the day. Seas: Around 1 metre, increasing to 1 to 1.5 metres north of Cape Capricorn. Swell: Easterly around 1 metre inshore, increasing to 1.5 to 2.5 metres offshore. Weather: Partly cloudy. 60% chance of showers. The chance of a storm.

Bowen to St. Lawrence:

Winds: North to northwesterly 15 to 20 knots, tending north to northeasterly and increasing to 15 to 25 knots in the afternoon. Seas: Around 1 metre, increasing to 1 to 1.5 metres during the morning. Swell: Easterly around 1 metre offshore. Weather: Mostly sunny.

Friday. Winds: North to northwesterly 15 to 20 knots, tending north to easterly during the day. Seas: Around 1 metre, increasing to 1 to 1.5 metres offshore. Swell: Easterly around 1 metre offshore, increasing to 1 to 1.5 metres during the evening. Weather: Mostly sunny. The chance of a storm in the afternoon and evening.

Hervey Bay:

Winds: Northerly 10 to 15 knots, tending north to north-easterly and increasing to 15 to 20 knots in the afternoon. Seas: Around 1 metre. Swell: North to northeasterly below 1 metre. Weather: Partly cloudy. 80% chance of showers. The chance of a storm.

CAPITAL CITIES

City	Condition	Max
Adelaide	Sunny.	31
Brisbane	Showers. Possible storm.	30
Canberra	Shower or two.	24
Darwin	Partly cloudy.	33
Hobart	Partly cloudy.	25
Melbourne	Humid. Partly cloudy.	28
Perth	Sunny.	27
Sydney	Rain. Possible heavy falls.	25

SUN & MOON

	Sunrise	Sunset	Moonrise	Moonset
Thursday	5:51am	6:23pm	6:01am	6:58pm
Friday	5:52am	6:22pm	6:59am	7:33pm
Saturday	5:52am	6:21pm	7:56am	8:06pm
Sunday	5:53am	6:20pm	8:51am	8:40pm
Monday	5:53am	6:19pm	9:45am	9:14pm
Tuesday	5:53am	6:18pm	10:39am	9:51pm

THE WORLD

World conditions today

City	Weather	Max	Min
Athens	fine	13	2
Auckland	fine	25	14
Bangkok	fine	35	27
Beijing	fine	12	1
Berlin	fine	7	-2
Christchurch	fine	19	6
Denpasar	rain	30	23
Dublin	showers	10	4
Hong Kong	sunny	22	17
Honolulu	showers	28	21
Jakarta	rain	30	25
Johannesburg	storms	26	17
Kuala Lumpur	storms	33	24
London	cloudy	12	7
Los Angeles	showers	21	11
Madrid	rain	12	9
Moscow	fine	4	-7
New Delhi	storms	28	12
New York	sunny	8	7
Noumea	fine	30	24
Paris	cloudy	13	7
Auckland	fine	25	14
Port Vila	showers	30	24
Seoul	fine	10	0
Singapore	storms	34	24
Suva	storms	32	25
Tel Aviv	storms	18	11
Tokyo	cloudy	15	6
Vancouver	showers	11	7
Wellington	fine	19	10

TIDES

Gladstone

Today:

L:	3:32am	0.6m
H:	9:48am	4.6m
L:	4:07pm	0.5m
H:	10:08pm	4.1m

Tomorrow:

L:	4:10am	0.6m
H:	10:24am	4.5m
L:	4:42pm	0.6m
H:	10:45pm	4.1m

Saturday:

L:	4:45am	0.8m
H:	10:58am	4.2m
L:	5:14pm	0.8m
H:	11:20pm	4.0m

Sunday:

L:	5:16am	1.0m
H:	11:30am	3.9m
L:	5:42pm	1.0m
H:	11:55pm	3.9m

Monday:

L:	5:48am	1.3m
H:	12:00pm	3.6m
L:	6:07pm	1.3m

Tuesday:

H:	12:30am	3.7m
L:	6:23am	1.6m
H:	12:33pm	3.3m
L:	6:33pm	1.5m

Port Alma

Today:

L:	3:45am	0.7m
H:	9:52am	5.6m
L:	4:18pm	0.8m
H:	10:01pm	5.0m

Tomorrow:

L:	4:19am	0.8m
H:	10:25am	5.4m
L:	4:50pm	0.9m
H:	10:39pm	5.0m

Saturday:

L:	4:52am	1.0m
H:	10:58am	5.2m
L:	5:20pm	1.0m
H:	11:15pm	4.9m

Sunday:

L:	5:23am	1.3m
H:	11:28am	4.8m
L:	5:47pm	1.3m
H:	11:50pm	4.7m

Monday:

L:	5:53am	1.7m
H:	11:56am	4.4m
L:	6:12pm	1.6m

Tuesday:

H:	12:26am	4.4m
L:	6:24am	2.0m
H:	12:28pm	4.0m
L:	6:36pm	1.9m



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Announcements

Anniversaries

Golden Wedding Anniversary
Tony & Patricia Korabelnikoff
(nee Cunningham)
Married 3rd March 1972
Congratulations and best wishes on
your special day! Lots of love,
Toni-An, Alicia & Brian,
Jared & Reece
Xoxoxox

Place your
Announcement Notice
with us.
Phone: 1300 666 808
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Funeral Services

**MILNE
Rodney James 'Rod'**
Late of Boyne Island.
Passed away peacefully on
Saturday 26th February 2022.
Aged 51 years.
Dearly loved Husband of Bhingka.
Loving Father of Lexie and Ciara.
Much loved Son of Sandra
and Ken (dec'd). Brother of Kerrie,
Sharon, Hayley and Kirsty.
Family and Friends are respectfully
invited to attend Rod's Funeral Service
at the Boyne Tannum Memorial Parklands
Crematorium Chapel, Pioneer Drive
Boyne Island on Monday 7th March 2022,
at 10.30 am.
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**WOOD
Dorothy May**
Late of Wicks Street, Gladstone,
and formerly of Sapphire.
Passed away unexpectedly, Tuesday
22nd February, 2022, aged 87 years.
Loved Wife of the late Donald Wakely
and Richard Wood. Dearly loved
Mother and Mother-in-law
to Morris and Ros, Lyn, Greg
and Catherine, Bruce and
Nicole, Miranda and Gary,
Shane and Fiona. Cherished
Grandmother to her grandchildren
and great grandchildren.
Relatives and Friends are
respectfully invited to attend Dot's
Funeral Service, to be held at the
Boyne Tannum Memorial Parklands
Chapel, Pioneer Drive, Boyne
Island, **Friday 4th March, 2022,**
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to grieve, and we should allow it
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Sequence 1: Alfred Mae dives to his right in a penalty shootout.



Sequence 2: Alfred Mae gets both hands to the penalty.



Sequence 3: Alfred Mae pushes the ball up and over to help his team progress in the tournament.



Nick Berry handed the men's six-a-side trophy.



Clinton Ladies' celebrate a match-sealing goal.



Clinton Ladies' captain Skye Alexander lifting the women's six-a-side trophy.



Bluebirds United goalkeeper Adam Poyser finds a pass.



Central's Oliver Van Someren skips past the challenge of CQ Spirit's Dane McKenzie.



CQ Spirit's Dane McKenzie with a match-winning penalty.



Clinton Ladies' squad took out the six-a-side competition.



Owen Tari splits two defenders with a pass.

Super six-a-side success

By **Liam Emerton**

The Frenchville Roos six-a-side competition was again a brilliant showing of the shorter format of soccer.

There were 27 teams, from as far south as the Sunshine Coast and across Central Queensland such as Mackay, Biloela, Gladstone and Yeppoon attending for three days of superb soccer.

There were also plenty of surprises across the ranks despite two top-tier teams taking out the competitions.

Frenchville White and Clinton Ladies, both club's Premier League teams, took out their respective comps.

But underdogs like Parkana Lightning, who fielded a team filled with community men's players, pushed the eventual winners Frenchville to the limit in what was a great watch.

Similarly Frenchville's reserve men's team,

Frenchville Green, and their ladies squad, who finished last in the women's CQPL last season, both managed strong semi-final appearances.

The all-Indigenous CQ Spirit were terrific to see in both the men's and the ladies' comp, putting in really great performances all week-end.

Speaking of the Spirit, goalkeeper Ebony Yasso was named women's player of the carnival after a wonderful tournament between the sticks.

The Snakes, who had half their team stuck at home after the floods cut them off from coming up, combined with a number of Clinton FC players to make the semi-finals.

Nick Close from that side was also named men's player of the tournament, with those from down south unsure if they would even be able to return home.

For the golden boots Central FC star Kallie Peurifoy and the returning Sam Skinner took out the golden boots with 16 and 12 goals, respectively.



Harry Dean blasts the third goal in the grand final.



Sam Skinner was very impressive for Nerimbera this weekend, picking up the golden boot.



Central's Poppy Longden ready to bring down the ball.



CQ Spirit's goalkeeper and women's player of the tournament Ebony Yasso makes a save against Central in the semi-final.



Caleb Kelly celebrates after scoring a spectacular goal against Frenchville Green in the semi-final.

Capras up for the Hunters

By Liam Emerton

The Rockhampton Leagues Club Central Queensland Capras will look to keep their momentum rolling when they play their second trial this weekend.

The Capras will face a tough task in taking down the PNG Hunters in the Hostplus Cup trial.

A few niggling injuries will see the Capras field a much more youthful squad who will be keen to impress coach Lionel Harbin.

After the Capras squad opened with a big win at Browne Park, they will want to make a statement at Marley Brown Oval this weekend.

Marley Brown Oval has been significant for the Capras in recent years, especially last season.

That's because Marley Brown Oval was the only ground where Capras were able to score a win in the Queensland Cup.

And if you count trial matches, our Capras went two wins from as many games in Gladstone.

Central Queensland will be hoping to keep that perfect record intact this season and it all starts with this week's match against the PNG Hunters.

For coach Harbin, it's always important to head down to Gladstone and he is excited to see that massive support that the city always brings.

"The players are feeling good, there were plenty of things to work on after that Mackay game," he said.

"It's going to be a tough game down there against the Hunters as it always is but we're really looking forward to being in Gladstone.

"The Gladstone region has always been a big part of Central Queensland rugby league and we enjoy going down there to play in front of the Gladstone public.

"The set up at Marley Brown is something that we enjoy. They have really good facilities there.

"We had a couple of wins there last year and the community get right behind the footy.

"There was a really big crowd there last year and the boys just love playing there."

Harbin said that the focus on the training sessions since that win over Mackay has been on the side's defensive structure and sorting out a problem for leaking points which all stems from ball security.

"There were a few areas that we really needed to improve on," he said.

"We were a bit rusty with the ball, which is expected at this time of year, but there was a



The Capras will head down to Gladstone this weekend.

lot of room for improvement in that area.

"Defensively we're going to have to be a whole lot better.

"With PNG we know they run the ball extremely hard. So we need to put our bodies in front and get numbers in tackles to help slow that down.

"We really focused on how we're going to

play and that's been our main focus for these trials.

"And we're just making sure we're improving and getting better week to week."

Earlier in the day the Capras Hasting Deering Colts squad will be battling Bundaberg Wests' A Grade team before Central Queensland's QRLW side takes on the

South Logan Magpies.

But kicking off the day at 8.30am will be a coaching clinic from NRL icon and Dolphins head coach Wayne Bennett and Kurt Richards.

The day will also include a free all abilities coaching clinic as well as a free kids coaching clinic both run by the Dolphins, NRL and Capras staff.

Glen on the cusp of finals after impressive performance

By Liam Emerton

The Glen have one foot inside the semi-finals door after thumping the Capricorn Coast Parkana on Saturday.

Gladstone's only Capricorn Challenge side were able to pick up a handy bonus point victory against the Coast to all but secure their semi-final place.

Cap Coast opened the batting but were knocked over in 33.3 overs by the brutal bowling attack of The Glen.

Bede Bouzaid took three wickets from his six overs while Jake Robertson managed two from five, including two maidens.

Harry Rideout (1/13), Waqar Yunus (1/12) and Nathan Cobb (2/35) rounded off the rest of The Glen's wicket takers.

It took the Gladstone club just 24 overs to chase down that target with Justin Brown and Harry Rideout being the main men.

Brown notched up 42 runs, a match-high score, and combined with Brown, who scored 20 runs of his own, the pair made more than half of the Parkana's total.

David Heymer (15), Zane Robertson (14) and Nathan Cobb (13) all made solid contributions to the tally.

That single bonus point win has given The Glen a 10-point lead on the fourth-placed Rockhampton Brothers with just two games remaining in the competition.



The Glen are close to a finals berth after a big win this weekend.

The only way for the Brothers to catch The Glen is to win both their remaining games and score two bonus points in the process.

However The Glen would still have to lose both their remaining games, which will come

against the Gracemere Bulls and the Frenchville Falcons.

They'll both be tough games for the Gladstone squad but Rockhampton's final game will be against Gracemere as well.

Speaking of the Bulls, they had a controversial loss this weekend when they were defeated on run-rate after their final 13 overs were washed out.

The Bulls were hoping to gain points on Frenchville by defeating the league-leaders.

Surviving six partners, Frenchville captain Joe McGahan made a cool 57 runs, leading by example in the biggest game of the season so far.

Finishing on a defendable 171 runs, soon enough the Gracemere Bulls were ready to chase their pinnacle hopes.

Luke Johnstone managed 51 runs before a combination of the Hartley brothers proved to be his downfall, as the pair ran him out.

Roser found himself on 23 runs from 90 balls as Aaron Harmworth made his way to the middle but just an over later the heavens opened up and the rain began to pour.

All of that rain drenched the field and deemed it unplayable, meaning the match would be decided on run rate.

The Bulls' run rate of roughly 3.8 saw them have a predicted 49 runs from the 12.5 overs remaining in the match.

Having scored 3/103 in 27.1 overs, the added 49 runs would have only seen Gracemere make a predicted 152 runs, 19 short of the desired total.

Therefore Frenchville were given the victory in the harshest defeat the Bulls have endured in recent memory.



Let's talk sport

with Aaron Stevens and Liam Emerton

Merging our competitions

This week 4RO's **AARON STEVENS** joins Gladstone Today and CQ Today journalist **LIAM EMERTON** to touch on the rugby league pre-season and what a collaboration between Gladstone and Rockhampton Rugby League would look like.

NRL Trials

I understand you've made up a table for the pre-season of rugby league Aaron, what is it telling you?

Aaron: I hope no one holds me to this because it's very rough but this is my ladder according to those two weeks of trials.

Remember it was only two weeks and some teams take it more seriously than others and also the situation where the Warriors Titans game was cancelled, so taking into account all of that let's just have an idea of how the ladder would work and think about this when we get to the end of the season.

So my top four according to the pre-season trials are the Cowboys, Dragons Raiders, Warriors.

An interesting top four.

Liam: It's certainly an interesting top four, they're not any of the teams you expect on top of any ladder that's for sure.

Who's down the bottom mate?

Aaron: Well, haha, you're going to love it because the Bulldogs didn't get the wooden spoon.

Firstly Eels, Manly, Storm, Tigers make up the top eight then the Panthers, Sharks outside of the eight.

Titans, Knights and the Bulldogs are in there but the Rabbitohs and Roosters, who didn't win a game, obviously coming in at the tail.

It looks like the Roosters have earned themselves a wooden spoon.

When you take that into account, the Cowboys didn't look too bad in the trials.

They looked pretty convincing. They just have to get that halves combination right and they have a hard-task master as a coach so you'd expect them to have a better season and possibly make the eight.

Raiders you'd expect to make the eight, the Warriors and Dragons are a chance considering the pre-season trial form that they showed.

The Storm were a whole lot better than I expected, I thought they would struggle but they never do.

Panthers, their defence was pretty poor at times during those two trials, but another impressive side was the Sharks who were good against the Bulldogs.

I'm looking at this ladder in front of me and



The pre-season trial between Rockhampton and Gladstone Brothers has brought forward a conversation of merging the competitions.

thinking it's a bit far fetched but you never know what's going to happen and I've been saying all along it's going to be the closest NRL seasons we've seen for a while.

And the trials gave us an indication of the way it could be.

Liam: It's going to be interesting. There was so much hype around the Bulldogs, of course, myself I just jumped into it.

We had that tight game against the Knights but that match against the Sharks was very frustrating.

But you're right Aaron, the Cowboys and Dragons looked good and the Sharkies will be a dark horse this year.

Look for them around the fifth or the sixth mark, I think they'll get that high this season.

Hynes will take them to the promised land, they'll be a good watch.

Aaron: They got in by the skin of their teeth last year so they have a lot to prove.

I just want to defend the Broncos, Adam Reynolds didn't make it into any of those trials so hopefully we see him playing for the Broncos at the start of the season and they get good form on the board.

The interesting thing is that if we look at the NRL draw, your team and my team go head to head in the first couple of rounds and you've also got the Cowboys.

So those teams that finished down the bot-

tom of the ladder last season will play each other early.

We will get a fair idea of those clubs who will get a leg-up so to speak.

Gladstone and Rockhampton league merger

We see it with AFL, union, cricket, soccer and hockey in our region. Is it time we combined Gladstone and Rockhampton's rugby league competitions?

Aaron: As you said they do it in every other sport, it's only an hour down the road now that those roadworks are done.

What we ultimately want is a stronger rugby league competition.

Other sports have had to combine their competitions, look at rugby union, they have a team in Biloela.

If we need to strengthen competitions to benefit us then we should.

We know one of the things working against any sport in Central Queensland is that we have a lot of people work away, fly in, fly out so it's always going to be tough to get a full squad, it doesn't matter what sport you're playing.

If we need to strengthen the competition by bringing Central Queensland together then all the best to them, seriously why not?

Liam: That's the thing, this year it could be dwindling in numbers in Gladstone.

There were four teams in last year but Wal-labys aren't going to have a first grade team so

it's already looking pretty small and that's not good for anyone.

Although those three teams are going to be very good and competitive, if it does just stay three teams it's just no fun.

It's literally one game in the A Grade competition a week. It's just not enough.

If you put those three teams together in the Rockhampton competition it's going to be a steller competition.

Imagine the Seagulls versing the Diehards, those two grand final winning teams.

It would be really beneficial for all teams involved.

Of course availability is tough, you have to think of the reserve teams from the clubs, would that cause some issues there, would you have to merge them too?

CQ Premier League does it, rugby does it, hockey does it, all these codes have had to do it to strengthen themselves and it's been very successful.

Aaron: When you open a competition like that you start to get interest from other areas within the region.

What's better than the old-fashioned bus trip? That's just part of sport, it's great jumping on a bus together and there's always the song sung when you're travelling home.

And there's nothing wrong with combining competitions especially when you have competition like we do in Central Queensland.

I know that keen journalistic mind of yours is working away and you'll be following up on this story.

You never know, it could be possible for 2023.

We need a strong rugby league competition, combined, that will be the next step down from the Capras.

Now that we have that NRL pathway through the Dolphins, to have them then the Capras in the Queensland Cup, then a strong CQ competition behind that.

That's the perfect base for a great rugby league future in Central Queensland isn't it?

Liam: And it can extend out to Longreach if you want to go that far out. Look at Emerald that goes pretty strong out there too.

There's plenty of places where we can move this in to.

Seriously, if the Port City Pirates and Rockhampton Wolverines can travel four-and-a-half hours to Mackay every second week I think we can get a competition going between Gladstone and Rockhampton.

I think it's doable and it should really be looked at because it can only benefit both competitions.

It would be a dream for us Aaron because we get to watch the best players from both teams go at it.



Gladstone Wallabys celebrating after crashing over the try-line.



Jake Marker flicks one out the back while being tackled by Jye Stanley.



Jake Marker with a huge tackle on Saturday.



Matt McKeown runs up for a huge hit-up.



Valleys' Rance Coop stretches over the try-line.



Davina Toby palms off a Wallabys defender.



Nathan Cannon prepares to catch a pass.



Fitzroy's Jye Stanley throws the ball out the back to his front rower.



Jackson Hoylan crosses for a four-pointer.



Fitzroy's five-eight Tyran Tull with a grubber which he eventually scored off.



There was plenty of struggle in the reserve grade game.



Matthew Baker puts up a midfield bomb.

Valleys chomp on Sharks

By Liam Emerton

Local rugby league made its triumphant return in a big way when Gladstone's Valley Diehards hosted a day jam-packed with the greatest game.

It all kicked off with the Under-6s in the early morning and descended right through to the seniors, which kicked off with a clash between the Fitzroy/Gracemere Sharks and Gladstone Wallabys.

It was the first taste back in a competitive setting for both those sides and was a good test of strength.

The Sharks and Wallabys finished seventh and eighth, respectively, in the women's competition last year so it was always shaping up for a tight contest.

And it played out exactly that way with the game coming all the way down to the full-time hooter.

The aftermath of a strong display of women's rugby league saw the Sharkies prevail 20-18 in a tough match.

Following the reserve grade contest, which saw Valleys taking on the Wallabys, the main event was up which was a scheduled A-Grade match contested between the Diehards and

Fitzroy first teams.

But even just from the first run you could see a gulf between the two sides with Valleys running almost the full field in their first set.

A penalty gave Fitzroys some relief but it wasn't long before the Diehards were cruising to their first try.

And soon after the Valleys were knocking on the door again, and again, quickly racking up the points in their return to action.

It wasn't until post the opening drink break that the Sharks managed any solid contributions with the ball and it was an absolutely stunning try that opened their 2022 account.

Fitzroy's five-eight Tyran Tull placed a grubber between two defenders before recovering it and crossing over for the try of the afternoon.

But that was the high-point for the Fitzroys who saw 66 points put past them, while managing to score one other try.

It was a great start for the Gladstone Rugby League competition's current champions who will be looking to take out the competition once again this weekend.

Gladstone Today was down at Valley Diehards' Aerodrome Road field for the afternoon and captured all the action from the three senior matches.



Russell O'Dwyer fills in at hooker.



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Thursday, 3 March, 2022 **GLADSTONE TODAY 45**

Regional Fishing



Jess Tindel with a 72cm flathead she caught and released at Littabella using Zman soft plastic.



Coby with a stunning yellowfin tuna.



Picture: FISHINGNOOSA.COM.AU

Braydon Trigger with a monster red emperor he caught at 1770.

Floods are hurting fishing

By Today Group

Noosa:

Unless you have been completely out of touch, you will know that SEQ has received record flooding rain. The local rivers are flooding causing major disruptions across the entire state.

So how is this going to impact the fishing for the weeks to come?

Offshore was showing signs of longtail tuna showing up with the occasional Spanish mackerel. The usual spots of North Reef and wide from Sunshine Reef were producing the much sought after pelagics.

Right now, the rivers are spewing dirty water out into the oceans. This will push the clean water line out to the 40-60m line, especially as we approach the spring tides on Thursday.

There is a silver lining for offshore anglers. Reef fish love a heavy flush and often there is an offshore thermocline where dirty water sits as a layer often leaving a lower cleaner layer.

The big flush will push bait out and as such reef fish often fire up with sweetlip a great target. If you don't have any, then Samaki soft vibes in the 100mm + sizes work exceptionally well. Another great option are large prawns with the Chasebaits prawn excellent. You can take the included weedless hook out and use a standard jig head to get it down deep and hop along the bottom. Coral trout will smash both lure styles, often favoring them over bait.

Bait anglers will have great success with mullet and pilchard but try a single hook paternoster as big reef fish may be very hungry!

Surf fishing is going to see a few changes with bigger fish stalking the shallows for misplaced baitfish. Jewfish will be prowling along the coastline looking for whiting and mullet, especially after dark. Break out your big 12-foot rods and long cast reels as it could be excellent fishing around the moon. If bait fishing, worm and squid mixes or mullet strips will be the go. Be sure to use some bead elastic to secure baits for better casting distance.

The Noosa River has seen some serious flows with levels flooding over Hilton Terrace on the high tides. If you are looking to go out on the water, please travel slowly, especially if you are crossing the bar. There has been a lot of debris and rubbish washed down and this could hole a boat hull. The focus will be around the river mouth, Woods Bay and Noosa Sound.

Likely targets will be flathead that will be sitting hard on the bottom away from the cooler, dirty rainwater. Mangrove jacks will be feeding as they can tolerate anything from fresh to salty water although these fish may need some time to adjust before they start feeding again. Fishing around the push of the high tide will see the saltiest waters coming across the bar which fish will be chasing.

For bait anglers, larger than usual baits of mullet, pilchard and squid will be the go as they are oily and smell. Lure anglers will want to use soft vibes and big paddle tail plastics loaded with some S-Factor scent. You can also try the squid scented Keitech 4-inch easy shin-

er in Sight flash which is a pure white colour perfect for the current conditions.

If you own a few crab pots, now is the time to put these out. Remember to tie these off or heavily weight them with bricks as the currents are going to be the strongest, we have ever seen from mid-week onward. We carry a wide range of crabbing gear including starter kits which gives you all you need in one box. If you need mullet frames or heads, we always hold a large supply to kick things off.

Now for all the latest information log onto fishingnoosa.com.au for up-to-date bar and fishing reports, don't forget to drop into Tackle World Noosa, Noosa Boating and Outdoors and Northshore Bait & Tackle in Marcoola for all the right equipment, bait and advice to get you catching. Be sure to follow us on Facebook and remember Tight Lines and Bent Spines!

Bundaberg Offshore / Inshore

The weather this weekend looks like it is going to play the game, so this will be the chance to get out and chase those bigger reef species like coral trout, red emperor, and grassy sweet lip.

There has also been a few nice pelagics caught off the coast.

With the recent weather we have not been able to get out too wide, so there will be a few boats on the move.

This weekend is on the back of the new moon phase, so the tides will be smaller and easier to fish.

As always, be sure to check the weather forecast before heading out.

Burnett River

With the recent rain and lots of freshwater in the river, the best chance to chase any fish will be at the mouth in the saltwater.

Kolan River and Baffle Creek

Both river systems did not have as much freshwater flowing into them so they will still fish OK.

There has been some nice flathead, bream and the odd whiting caught on the sand bars and rock walls in the river.

The flathead and bream have been caught using live baits and prawns.

The whiting have been caught using fresh peeled prawns and yabbies.

They have been using strips of squid, finding the gutters and fishing them on low tide and the run-in tide has been producing the bigger models.

Lake Mondurian

The fishing has slowed down a little bit due to the weather conditions and with the recent water fall, the dam has had an inflow of water.

For the anglers that have been putting in the time, they have been catching the bigger models.

Trolling and casting have been the go-to methods, using bigger soft plastics and the 6 to 8 inch hard body lures.

The shallow flats and tree lines have seen a few nice fish.

The 80mm hard body twitched and paused over, and around the trees have been getting the bites.



Hudson Schiffke with a 28cm yellowfin bream he caught in the Burnett River recently.

Picture: CONTRIBUTED

Fishing



Cooper Hunt from Tidal Mayhem YouTube with a nice catch on the weekend.

Big catches around CQ

While the south-east corner of Queensland has been suffering some horrific floods, Central Queensland has seen sunshine which means plenty of big catches. With the barra season well and truly open, there were plenty of great

hook ups and of course threadfins are always a sight to see with a number being reeled in.

A special thanks to Guided Fishing Down Under for supplying a majority of photos from this week's haul.



Millie with a 83cm Barra.



Dan with a beautiful catch.



Lachlan with a 63cm fingermark caught while on board Guided Fishing Down Under.



Ken, Millie and Beth with a big 1.15m king while on board with Guided Fishing Down Under.



Grubs grab gold in Rocky

By Liam Emerton

Clinton FC women's team made the perfect start to the new soccer season when they took out the Frenchville six-a-side competition.

To make it even sweeter the Clinton Ladies had to run through their rivals Central FC in the grand final to do so.

It was a tight and tense big dance on Sunday afternoon with the sides trading goal for goal.

Every time Clinton would strike Central would come straight back, with the match being levelled on four occasions at 0-0, 1-1, 2-2 and 3-3.

But the Grubs, donning their alternate blue kit, would have the last laugh by scoring back-to-back goals deep in the second half to secure the trophy with a 5-3 victory.

It was one step further for the Clinton Ladies who fell short to Mackay in last year's final.

For captain Skye Alexander it was a precious moment for the team and one they will all look back on fondly.

"It was an amazing feeling. We've been up against Central as a tough competition for the last three years and we've never been able to get over them," she said.

"To get the win over them, I think the girls are just stoked.

"I'm overly happy, it's just so amazing to get the win.

"To get the win has just completed the carnival for us."

Alexander, who always combines well with her teammates, spoke about the comradery of the squad which she believed ultimately helped them take out the carnival.

"It all comes down to the team, I think we all worked so well together," she said.

"We've got a few newbies so just gelling together and a lot of communication got us the win.

"We've got Cap Coast next weekend [in the Kappa Cup].

"We will go into it expecting tough competition but I'm 99 per cent sure that the girls will get it and hopefully we come away with the win there as well."

Clinton's run to the finals was highlighted by the fact that they didn't concede a goal until the grand final.

The goal-scoring machine that is Clinton scored 25 goals in their opening three group games, winning 6-0, 9-0 and 10-0 against Capricorn Coast, Central Hasbeens and Bluebirds White respectively.



The Clinton Ladies with the six-a-side trophy on Sunday afternoon.

The Grubs were then held to a 0-0 draw by CQ Spirit but bounced back with a 6-0 win over the Wanderers.

In the semi-final, it was a tight affair with the surprise packet Frenchville, who was last year's women's CQPL wooden spooners.

Clinton overcame the squad with a 2-0 victory but the Roos could be one to watch in this year's top competition.

The side then took down Central in the aforementioned grand final to claim the women's A final and six-a-side trophy.

Clinton will look to continue that momentum when they play Capricorn Coast in the next round of the Kappa Cup competition in the coming weeks.

See action photos from the weekend on pages 40 and 41



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