

# GladstoneToday



**Julie remembered**  
PAGE 2



**Happy 104th birthday, Thelma**  
PAGE 10

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## Keeping our region clean

Cecelia Eggmolesse and Gay Sirriss joined in the efforts at Lions Park at West Gladstone on the weekend for Clean Up Australia Day.

Turn to page 20 for more photos from Mike Richards

## Abortions now on offer

**EXCLUSIVE**  
By Khrysti Balanay

From this month, Gladstone Hospital will offer abortion services and will be the only facility offering this service in the region due to specialist availability.

Due to Covid-19, the service had been delayed but is set to go ahead and will also manage referrals from Central Queensland General Practitioners, including Rockhampton and the Capricorn Coast.

Full story on page 5

## Novavax a new choice

Uptake of the new Covid vaccine Novavax has steadied on par with Moderna after it became available at the Port Curtis Medical Centre just last month.

PCMC head nurse Jessica Kenny said while Novavax is not as popular as the Pfizer and AstraZeneca vaccines, it was important to give the community options on which vaccine they may choose to take.

Full story on page 5

# Tragic car accident leaves local 12-year-old girl on life support, causing Family heartache

By Eilish Massie

Family and friends are saying a heartbreaking goodbye to 12-year-old Heather Bradley after the little girl was struck by a vehicle last month.

Heather's injuries are so catastrophic that Townsville Hospital doctors have recommended her life support be turned off this week.

Heather's stepfather Brenden Whitworth

said a Gofundme page set up for medical bills will now go towards her funeral costs.

"Our little Heather has taken a turn for the worst," Mr Whitworth said.

"We had a meeting (on Tuesday) with the team at Townsville Hospital.

"The doctors have said there is no brain activity and the trauma to the brain is cata-

strophic and can't heal never mind be fixed, so unfortunately they are going to start to take her off the life support this week.

"It is with utmost sadness to inform everyone that this GoFundme page that was opened to raise money for medical costs has now become a fundraiser to help fund my daughter's funeral."

Heather was with her family in Sun Valley when she was struck by a vehicle on 25 February.

Paramedics were called to Marian Close at 10.02pm before taking Heather to Gladstone Hospital and was later flown to Townsville Hospital the next day.

Full story on page 3



## BEAT THE HEAT

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## The editor's desk

My heart breaks for the friends and family of Heather Bradley.

I can't even imagine making the call to turn someone's life support off, especially someone so young.

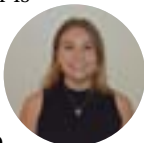
I spoke to family friend Jade Browne before the decision was made expecting Heather to make a recovery, however was deeply saddened when Jade contacted me later saying Heather's condition had only gotten worse.

I've been covering a lot of sad stories as of late, and with the floods in south-east Queensland along with what's happening in Ukraine. Things do start to weigh heavy after awhile.

I'm definitely looking forward to writing some feel-good stories, and encourage those to reach out if they wanted to spread some joy. My email is listed below.

The full story about Heather can be found on Page 3

- Eilish Massie



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DEADLINES

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Ms Whicker said her boot was filled to the brim with food, leads, collars, treats and toys for their animals.

# Julie remembered for love of animals

By Eilish Massie

Julie Jensen is being remembered for her love of animals with friends and family bringing animal supplies instead of flowers to her wake.

After unexpectedly passing away from a heart attack on 5 February, the Philippine community made the decision to honour Julie by donating supplies to Gladstone Animal Rescue.

Julie, who worked at Thai Classic Restaurant as a chef, had her wake at the restaurant.

Vantane Sherar, whose mum Chuleepan Sismey owns Thai Classic Restaurant, said Julie "was like family".

Ms Sherar said Julie was one of the most loyal and hardworking employees.

"Julie was one of the kindest, generous, hardworking and honest people that I've been lucky to have known," she said.

"She didn't have any family so her friends, and their children were like family. She was like an aunty to so many.

"She would be so generous with children-birthday presents, Christmas presents, collecting the collectables for them from Woolworths/Coles.

"She would be someone that would give you the clothes on her back if needed - one of the most kind-hearted people."

Ms Sherar said Julie loved all creatures great and small, and would often feed homeless cats and take them in.

Gladstone Animal Rescue president Judy Whicker said the donation meant so much to the organisation.

Ms Whicker said her boot was filled to the brim with food, leads, collars, treats and toys for their animals.

"It's just the Philippine community, they are always so generous," she said.

"It was a wonderful thing for them to do."

Julie Jensen



## Man charged with attempted murder

By Eilish Massie

Detectives have charged a 61-year-old man with attempted murder after he allegedly choked a woman at Burua early Monday morning.

It will be alleged around 4.15am the man attended a Brendonna Road residence and began to force entry to the back door.

A woman, who is known to the man, fled the house via the front door. The man has returned to his vehicle and drove after the woman.

It will be further alleged when the man

caught up with the woman, he punched her a number of times in the face and choked her until she lost consciousness.

The man then left the area.

The 57-year-old woman was transported to the Gladstone Hospital for treatment.

The 61-year-old Burua man has been charged with four domestic violence offences: attempted murder, assault occasioning bodily harm, choking and enter dwelling with intent to commit an indictable offence.

He was set to appear in the Gladstone Magistrates' Court on Tuesday, 8 March.

Detectives are appealing for anyone who

witnessed the incident or has further information to contact police.

If you or someone you know is experiencing domestic and family violence, you should report it to police.

Support and counselling is available from the following agencies:

■ DVConnect Womensline: 1800 811 811

■ DVConnect Mensline: 1800 600 636

■ 1800 RESPECT: 1800 737 732

More information is also available from the Queensland Government Domestic and Family Violence portal.



# A heartbreaking goodbye

By Eilish Massie

Money raised to help a little girl's medical bills will now fund her funeral after the decision was made to turn off her life support this week.

Heather Bradley, 12, was with her family in Sun Valley when she was struck by a vehicle on 25 February.

Paramedics were called to Marian Close at 10.02pm before taking Heather to Gladstone Hospital.

Heather was flown to Townsville Hospital the next day.

Family friend, Jade Browne, said the crash left Heather in a critical condition with catastrophic injuries resulting in the little girl fighting for her life.

Unfortunately the decision was made on Tuesday to turn off her life support in the coming days.

"As you could imagine her family is absolutely distraught beyond belief," Ms Browne said.

"We are broken."

Heather's father Peter Harvey told Quest Newspapers on 4 March Heather had lost a lot of oxygen to her brain because she had been trapped under the car for a substantial time.

"She was gone by the time they lifted the car off her but paramedics managed to revive her and rushed her to hospital," he said.

As a result, he said his daughter had damage to her left, right and middle brain, a broken pelvis and ribs and fractures to her spine.

"They put her into an induced coma and we didn't know just how bad her brain trauma was until a few days ago when they did some more scans," Mr Harvey said at the time.



Heather's injuries are so catastrophic that Townsville Hospital doctors have recommended her life support be turned off this week.

"She's got damage to the left, right and middle of the brain which isn't good, they class it as stage two brain damage.

"That means they could bring her out of this coma and she could die or she'll have no quality of life but we're still holding out for a miracle as any parent would."

A GoFundMe page, which was set up by Jade, was originally set up to help with Heather's medical treatment, however all the money raised will now go towards her funeral.

So far, more than \$2875 has been raised out of a \$5000 goal.

Another GoFundMe page was created by Heather's stepfather Brenden Whitworth.

"It is with utmost sadness to inform everyone that this GoFundMe page that was opened to raise money for medical costs has now become a fundraiser to help fund my

daughter's funeral," he said.

More than \$1000 has been raised out of a \$20,000 goal.

Members of the Jimboomba Car Club, where Heather's father is a long-time member, will also rally together to support Heather and the family during this hard time

The club will be putting on a cruise and barbecue at Wyaralong Dam to raise funds to help the family with medical and relocation costs on 3 April.

Jade said the club wanted to give Heather "the best send off".

"We have a lot of members in the car club, we are a very family-based club," she said.

"It's absolutely terrible so that's why I wanted to support them through a GoFundMe page."

To help support Heather's family, go to [gofund.me/646b061b](https://gofund.me/646b061b) or [gofund.me/964bd326](https://gofund.me/964bd326)



Family and friends are saying a heartbreaking goodbye to 12-year-old Heather Bradley after the little girl was struck by a vehicle last month.

## 'Virtual hug' a gesture of support for Biloela family

By Matthew Pearce

Biloela's Murugappan family were the recipients of a 'virtual hug' on Saturday, 5 March, with friends and supporters coming together for a video call marking four years since they were taken from their home in CQ.

The Tamil family from Sri Lanka has been fighting a lengthy legal battle to remain in Australia.

While children Tharnicaa and Kopika were born in Australia, parents Priya and Nades do not have citizenship because they were deemed illegal arrivals.

In June last year, the Murugappans were given bridging visas and allowed to move into community detention in Perth, following 18 months' offshore detention on Christmas Island.

Part of the Home to Bilo group, family friend Angela Fredericks said just over 500 people were on the call and there were 1000 views on the livestream.

"We had comments from people watching from overseas, including Canada and the United States, which absolutely shows just



More than 500 people joined in a Zoom call to support Biloela's Murugappan family.

how many people are behind us," she said.

During the 'extremely emotional' call several Biloela residents spoke, sharing memories of their times with the family - which Priya said "made her feel upset but very loved".

Kopika and Tharnicaa called out to their unofficial "Aussie Grandma", Margot Plant, as she spoke about holding Tharnicaa days after her birth.

"I couldn't put her down. And I guess that

was just fate telling me that me and Tharni are going to have this connection forever, for life," Ms Plant said.

"She's always going to be in my life, as is the whole family."

Laraine Webster was born in Biloela and has lived there all her life. She broke down as she spoke about the connection she formed through neighbours and mutual friends.

"It breaks my heart that this family is being denied [the opportunity] to come home to Biloela where they will feel love and be loved by so many people who have big hearts," she said.

Priya also addressed her supporters, describing her life in Biloela as "very happy and peaceful".

"My family and I had settled into a safe life there and we were surrounded by a beautiful community," she said.

"When I think about all the love from my community and around Australia it gives me strength and helps me stop the tears.

"There are lots of people out there like us, and please, I'm kindly asking that this has to

stop with us."

The meeting concluded with supporters from across Australia joining the family for a virtual group hug as Kopika and Tharnicaa sang the song 'Mr Moon' to their Biloela friends.

"It was a lovely moment of community, remembering that it has been four years and everything that they've gone through in those years," Angela said.

Angela said the family were 'surviving' in Perth, where Nades is now in full time work. They are waiting for the outcome of the Federal election, with the ALP making it clear to supporters they would bring the family home to Biloela if elected.

Ms Fredericks said three members of the family were technically free to return to Biloela after Immigration Minister Alex Hawke granted 12 month bridging visas to Priya, Nades and eldest daughter Kopika last September.

But a visa is being withheld from youngest daughter, Tharnicaa, who remains in "community detention", preventing the family leaving WA and returning to Biloela.

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# Clearview a clear choice

By Eilish Massie

Clearview Christian College has opened round two of its Expression of Interest campaign.

The high school, located at Canoe Point, is expected to open to Years 7 and 8 students in 2023.

With 150 families already expressing their interest, Executive Assistant Hannah James said the school board anticipates that figure to increase “significantly”.

“We do anticipate that future enrolment demands will continue to increase significantly, being the lead in year to the school opening,” Ms James said.

“We are currently taking expressions of interest for students entering Years 7-8 in 2023-2024.

“In particular, we recommend those with students entering Year 8 in 2023 to register their interest now, as the availability of this year level is still subject to demand.”

Executive director Dean Loosmore said the school was “on-track” to open in 2023, and construction on new buildings would commence by 2024.

“Our beachside campus will provide excellent opportunities for young people to learn in nature and engage with our local community,” he said.

“We will begin with utilising our newly-renovated existing buildings to accommodate classroom needs. However, a master plan will be completed in 2022 and we expect construction of new buildings to commence by 2024.

“Our plan is to create innovative learning spaces that complement and sustain the diverse ecology surrounding our campus.”

He said the school board anticipates to appoint a College Principal and begin enrolments in the next six months.

“An early release of the prospectus to families from the 2021 expressions of interest campaign, has been very well received,” he said.

“In recent discussions with parents and stu-



Left to right – Hannah James (Executive Assistant), Jenelle Wood (Education Consultant), Dean Loosmore (Executive Director).

dents looking to enrol their students at Clearview, it was evident that they were interested because the learning experiences were embedded in the unique setting.”

Mr Loosmore said the proposed base tuition fees of \$4500 with an additional \$250 building fund levy were reflective of a high quality and innovative educational program delivery.

“Parents indicated that the proposed tuition fees were as expected and comparable

with other colleges in the region,” he said.

With the school recently revealing its ‘CLEAR’ program, Education consultant Jenelle Wood said environment and sustainability would be a major focus in line with the school’s location.

“It is exciting to prepare learning experiences for students focused on the environment and sustainability using the Canoe Point precinct for active and authentic learning experiences outside of the classroom,” she said.

“The CLEAR program is one of the distinctive features of the College.”

Ms Wood said the program would equip students to engage with life and learning challenges, aimed to ensure students were holistically educated and prepared for life after school beyond their academic goals.

“Another of the focuses of the College is the connection to the community through authentic educational, cultural and social partnerships with the Boyne Tannum community,” she said.



The temperature has been rising in Central Queensland, but we could be in for a cool change.



Weather forecaster Mike Griffin.

## Weather forecaster confirms the cool change is coming

By Matthew Pearce

Gladstone’s heatwave will soon be over, according to weather forecaster and CQ Today columnist Mike Griffin.

Mr Griffin said an incoming south-easterly would bring a cool change on Thursday, 10 March, bringing an end to the hot, humid temperatures experienced by the region over the past couple of weeks.

“A south-easterly on Thursday will work very hard to get through all the moisture in the air and in the process will kick up a few

storms,” he said.

“By Friday we’ll really be feeling the difference.”

The Bureau of Meteorology has forecast a high of 31 degrees and a minimum of 25 in Gladstone on Thursday, before dropping further to a maximum of 30 and a minimum of 24 on Friday.

While not as hot as its neighbour Rockhampton, which reached 39.4C on Tuesday, Gladstone’s temperature reached 37.7C the same day.

Mr Griffin said the long stretch of hot

weather “wasn’t normal”, with similar temperatures usually only lasting two or three days.

Combined with floods in south-east Queensland and recent scattered storms, there’s been a pattern of abnormal weather in recent weeks.

“The weather pattern that I’ve noticed lately is one I don’t remember ever seeing before,” Mr Griffin said.

“We’ve had three Upper Cold Pools and two East Coast Lows, which are the cause of the east coast’s recent rain, as well as a heat

low over Central Queensland.

“They get heat lows like that in the Kimberley, but we don’t usually get heat lows here - it was 35C-plus temperatures every day for almost two weeks, which is just not normal.”

He said the temperatures were a particular risk for people over 64 and under four years old, who he advised to stay inside between 10am and 4pm during periods of hot weather.

Mr Griffin said the change in temperatures would bring a relieved region the “first taste of Autumn”.



# Novavax is now an option

By Brittney Manning

Port Curtis Medical Centre has seen the Novavax Covid vaccine uptake as popular as the Moderna vaccine after the first shipment of the latest vaccine arrived at the clinic just last month.

The centre has stocked the vaccine to ensure the community has an option as to which vaccine they choose to take, despite a small demand for Nuvaxovid Novavax.

Port Curtis Medical Centre head nurse Jessica Kenny said about 20 unvaccinated people received their first Novavax dose when it became available at the clinic on Monday 21 February.

"The Novavax uses an older technology, similar to that used to make the influenza vaccine," Ms Kenny said.

"This seems to be the reason some people choose to have the Novavax over the others."

The centre waited around four months to receive their first order of Nuvaxovid Novavax, and expect that order capacity for the vaccine will increase as it becomes more accessible.

Ms Kenny said a majority of patients wanted to receive a vaccine to get them the best chance in the fight against COVID-19 and compared the new option to Pfizer and Moderna.

"The mRNA vaccines (Pfizer Comirnaty and Moderna Spikevax) contain a genetic message instructing our DNA to make an important part of the SARS-CoV-2 virus called the spike protein.

"After getting the vaccine, your body makes copies of the spike protein. This enables your body to make antibodies for the virus before contracting it.

"With the Nuvaxovid Novavax it contains a part of the SARS-CoV-2 virus called the spike protein.

"It also contains an adjuvant called Matrix-M, which helps create a stronger immune response. After getting the vaccine, your immune system learns to recognise and fight," she said.

Weeks into the rollout of Novavax, Ms Kenny said the Novavax has been as popular as the Moderna vaccine, but the Pfizer and AstraZeneca vaccines remain the most popular despite a small amount of patients.

"[The vaccine clinic is] definitely a lot slower compared to when we started AstraZeneca and then Pfizer," she said.

Port Curtis Medical Centre Administrative Practice Manager Nikita Bishop said the uptake of the new vaccine at the clinic was slower than anticipated.



Administrative Practice Manager Nikita Bishop said the clinic is pleased to offer Novavax to the public.

Pictures: BRITTNEY MANNING

"It's something we're doing to try and raise Gladstone's vaccination rates," Ms Bishop said.

"We're not here to discriminate about people who aren't vaccinated."

According to health service booking website HotDoc, Novavax is also offered at the Gladstone Respiratory Clinic/BITS Medical Centre, subject to availability.

The Novavax vaccine is available to anyone who is aged over 18 years as their primary course of a Covid vaccine.

The Australian Government offers more information about Covid vaccines on the Department of Health website, at health.gov.au.



PCMC receive vaccine stock every 2 weeks.

## EXCLUSIVE: New service coming to Gladstone

By Khrysti Balanay

Gladstone Hospital will provide the only abortion services within the Central Queensland region from this month onward.

A Central Queensland Hospital and Health Service (CQHHS) spokesperson said it would be the only facility offering services in the region due to specialist availability.

The spokesperson said the new service, Surgical Termination of Pregnancy and Medical Termination of Pregnancy, was delayed due to Covid-19.

The service will manage referrals from GPs across the region.

In recent years, Rockhampton provided the only service in CQ through a Marie Stopes clinic located on Bolsover Street.

In June last year, Marie Stopes announced the closure of the Rockhampton clinic, citing rising costs and the inability to commit to long term lease agreements.

Central Queensland resident Kaz Brown said she had been one of the many people who used the Marie Stopes clinic before it closed.

"I'm not young and careless, I was in a

relationship, used contraception and already had four children under the age of 12," Kaz said.

"My relationship was in a bad state, my former partner had become erratic and violent.

"My choice to terminate is one I can't possibly regret. My situation was already challenging, and I could not bring another child into that environment.

"The staff at the clinic were wonderful, understanding and not judgmental."

Women's Health Information and Referral Service CQ spokesperson said women's access to safe termination was limited following the clinic's closure.

"Removing access to abortion doesn't stop abortions; it only stops safe abortions," she said.

"There are other, more dangerous ways to end or attempt to end a pregnancy.

"No woman should be left to choose that or have a baby that she is not emotionally or financially prepared to have.

With women having to travel to access the legal, medical procedure the additional cost and time can be a massive barrier in receiving the service.

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# Gladstone*Today* COMMUNITY EVENTS BILLBOARD

## Thursday 10 March

### Garden Tours

Join us for a gentle stroll and be guided through the gardens by our own Friends of the Gardens Visit Services Volunteers. A wealth of knowledge about the Gardens is shared with the visitors. The volunteers who run the Tour are trained in scientific facts about the various plants and animals and the history and stories behind Tondoon.

Time: 10am to 11.30am

Location: Meet at the Courtyard, Tondoon Gardens

For more information, call 4971 4444 or [tondoon@gladstone.qld.gov.au](mailto:tondoon@gladstone.qld.gov.au)

### Launch of Gladstone Listening Campaign

We are building a coalition of community organisations to advocate for us, the Gladstone community, through the coming energy and economic transformation. We need clean, renewable energy to preserve the Gladstone way of life while preserving our industrial heritage. The whole community can share the benefits of this transition with plenty of secure future-proof jobs.

Time: 6pm to 7.30pm

Location: Virtual Event

For more information or to register, visit [https://www.acf.org.au/gladstone\\_listening\\_launch](https://www.acf.org.au/gladstone_listening_launch)

## Saturday 12 March

### Combined School Musical 2022: Roald Dahl's Charlie and the Chocolate Factory - The Musical

Be transported to a world of pure imagination. The world-famous Willy Wonka opens the gates to his mysterious factory, but only to a lucky few. Young Charlie Bucket and four other golden ticket winners will embark on a life-changing journey through Wonka's world of pure imagination, including chocolate waterfalls, nutty squirrels and the great glass elevator.

Time: 7pm

Location: Gladstone Entertainment Convention Centre, 56 Goondoon Street, Gladstone.

For more information and tickets, visit <https://gladstoneentertainment.com/combined-schools-musical/>.

## Sunday 13 March

### Market Day

Historical Village Market is coming up again for the first market of 2022, and it'll be big. Bring your friends and family along for a wander around the wide variety of stalls.

Time: 8am to 12pm

Location: Calliope River Historical Village

Always looking for new stallholders, so please book online at [www.calliopehistoricalvillage.com](http://www.calliopehistoricalvillage.com).

### Sparks Family Exhibition

Join us for an exhibition by Irene Sparks, a talented and well-known local artist who has dedicated her life to community arts. She will showcase some of her own work alongside various members of this creative family. 'Perception' will explore 3D, fibre and painted works with most of the pieces for sale.

Note this exhibition will be open until 28 March.

Time: 10am to 2pm

Location: Art Matters Gallery, 3 Pitt Street, Gladstone.

For more information, visit <https://www.creativegladstone.org.au/>

### Combined School Musical 2022: Roald Dahl's Charlie and the Chocolate Factory - The Musical

Be transported to a world of pure imagination. The world-famous Willy Wonka opens the gates to his mysterious factory, but only to a lucky few. Young Charlie Bucket and four other golden ticket winners will embark on a



life-changing journey through Wonka's world of pure imagination, including chocolate waterfalls, nutty squirrels and the great glass elevator.

Time: 11am

Location: Gladstone Entertainment Convention Centre, 56 Goondoon Street, Gladstone.

For more information and tickets, visit <https://gladstoneentertainment.com/combined-schools-musical/>.

## Tuesday 15 March

### Art Play

Bring your little one along and join an experienced children's art tutor for some hassle-free fun. Let your little adventurer experience art through play without worrying about the mess! Tuesday Art Play is tailored for children between 18 months to 5 years old, aimed at interactivity and visual art awareness, rather than creating a finished product. All materials provided; wear clothes that can get messy.

Time: 10am to 11.15am

Location: Gladstone Regional Art Gallery and Museum, Cnr of Goondoon and Bramston Streets, Gladstone.

For more information, call 4976 6766 or email [gragm@gladstone.qld.gov.au](mailto:gragm@gladstone.qld.gov.au)

## Wednesday 16 March

### Yoga for Pre-Teens (9-12)

On the mat, our brain and body are finding ways to relax more, regulate and cope well with the experiences and obstacles of life. This ability then transfers into building positive wellbeing and resilience.

Time: 3.30pm to 4.30pm

Location Thrive Local, Shop 2, 65 Tank Street, West Gladstone.

For more information and to purchase tickets visit <https://www.eventbrite.com.au/>

### Yoga for Teens (13+)

On the mat, our brain and body are finding ways to relax

more, regulate and cope well with the experiences and obstacles of life. This ability then transfers into building positive wellbeing and resilience.

Time: 4.30pm to 5.30pm

Location Thrive Local, Shop 2, 65 Tank Street, West Gladstone.

For more information and to purchase tickets visit <https://www.eventbrite.com.au/>

## Thursday 17 March

### Garden Tours

Join us for a gentle stroll and be guided through the gardens by our own Friends of the Gardens Visit Services Volunteers. A wealth of knowledge about the Gardens is shared with the visitors. The volunteers who run the Tour are trained in scientific facts about the various plants and animals and the history and stories behind Tondoon.

Time: 10am to 11.30am

Location: Meet at the Courtyard, Tondoon Gardens

For more information, call 4971 4444 or [tondoon@gladstone.qld.gov.au](mailto:tondoon@gladstone.qld.gov.au)

## Friday 18 March

### Combined School Musical 2022: Roald Dahl's Charlie and the Chocolate Factory - The Musical

Be transported to a world of pure imagination. The world-famous Willy Wonka opens the gates to his mysterious factory, but only to a lucky few. Young Charlie Bucket and four other golden ticket winners will embark on a life-changing journey through Wonka's world of pure imagination, including chocolate waterfalls, nutty squirrels and the great glass elevator.

Time: 7pm

Location: Gladstone Entertainment Convention Centre, 56 Goondoon Street, Gladstone.

For more information and tickets visit <https://gladstoneentertainment.com/combined-schools-musical/>.

## Saturday 19 March

### Combined School Musical 2022: Roald Dahl's Charlie and the Chocolate Factory - The Musical

Be transported to a world of pure imagination. The world-famous Willy Wonka opens the gates to his mysterious factory, but only to a lucky few. Young Charlie Bucket and four other golden ticket winners will embark on a life-changing journey through Wonka's world of pure imagination, including chocolate waterfalls, nutty squirrels and the great glass elevator.

Time: 7pm

Location: Gladstone Entertainment Convention Centre, 56 Goondoon Street, Gladstone.

For more information and tickets, visit <https://gladstoneentertainment.com/combined-schools-musical/>.

## Sunday 20 March

### Rotary Charity Markets

Come along and see the beautiful Tondoon Botanic Gardens come alive with food, craft, fruit and vegetables and much more.

Time: 7am to 12pm

Location: Tondoon Botanic Gardens, 672 Glenlyon Road, Gladstone.

For more information, see the Gladstone Regional Council website.

### Combined School Musical 2022: Roald Dahl's Charlie and the Chocolate Factory - The Musical

Be transported to a world of pure imagination. The world-famous Willy Wonka opens the gates to his mysterious factory, but only to a lucky few. Young Charlie Bucket and four other golden ticket winners will embark on a life-changing journey through Wonka's world of pure imagination, including chocolate waterfalls, nutty squirrels and the great glass elevator.

Time: 11am

Location: Gladstone Entertainment Convention Centre, 56 Goondoon Street, Gladstone.

For more information and tickets, visit <https://gladstoneentertainment.com/combined-schools-musical/>.

### Lindsay Butler and Shaza Leigh Show

With over 50 years of experience, leading to over thirty successful solo albums Lindsay Butler as earned the title of 'The Master of Country Guitar'. Performing alongside Shaza Leigh, Australia's 'First Lady of Song', she has recorded over 300 original songs that have been released nationally and worldwide. The duo will be accompanied by Peggy Gilchrist on the piano and Ashley Cook a local to Thangool.

Time: 2pm

Location: Bororen Community Hall

For more information or to book call Sharon on 0427 185 568.

## Tuesday 22 March

### Art Play

Bring your little one along and join an experienced children's art tutor for some hassle-free fun. Let your little adventurer experience art through play without worrying about the mess! Tuesday Art Play is tailored for children between 18 months to 5 years old, aimed at interactivity and visual art awareness rather than creating a finished product. All materials provided; wear clothes that can get messy.

Time: 10am to 11.15am

Location: Gladstone Regional Art Gallery and Museum, Cnr of Goondoon and Bramston Streets, Gladstone.

For more information, call 4976 6766 or email [gragm@gladstone.qld.gov.au](mailto:gragm@gladstone.qld.gov.au)

## Thursday 24 March

### Garden Tours

Join us for a gentle stroll and be guided through the gardens by our own Friends of the Gardens Visit Services Volunteers. A wealth of knowledge about the Gardens is shared with the visitors. The volunteers who run the Tour are trained in scientific facts about the various plants and animals and the history and stories behind Tondoon.

Time: 10am to 11.30am

Location: Meet at the Courtyard, Tondoon Gardens

For more information, call 4971 4444 or [tondoon@gladstone.qld.gov.au](mailto:tondoon@gladstone.qld.gov.au)

## Saturday 26 March

### Music Trivia Night

Enjoy a night of music trivia. Raffle tickets are available for purchase, adult tickets are \$10, and kids tickets are \$5.

Time: 6.30pm for 7pm start

Location: Gladstone Bowls Club

For more information or to book email [gismamusicworkshop@gmail.com](mailto:gismamusicworkshop@gmail.com)

## Sunday 27 March

### Calliope Rotary Markets

Markets for everyone with entertainment and food.

Time: 8am to 12pm

Location: Chapman Park, 3 Taragoola Road, Calliope.

For more information call Susan on 0414 874 721.

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# Services under pressure

By Matthew Pearce

Crucial mental health care and suicide prevention services in Central Queensland feared they would have their funding cut this month, but a solution has been found.

On 17 February, healthcare providers received a letter from the Central Queensland, Wide Bay, Sunshine Coast PHN (Primary Healthcare Network) stating that no new referrals would be available from March 4.

The letter, from senior manager, mental health, alcohol and other drugs Liz Giles said the impact of the Covid-19 pandemic, combined with an increase in people moving to the CQ region had led to a growing and unsustainable demand on the program.

"After careful scrutiny of our forecast data and with the knowledge that we have insufficient funds to continue accepting fee for service referrals past a certain point, it has been decided that our PHN will cease taking referrals to the fee for service streams One and Three, as of close of business 4 March 2022," it read.

CQ Rural Health's Bronwyn Dendle said it would have meant up to 1000 patients would no longer be able to receive a GP referral for critical mental health care.

"80 per cent of the referrals in our step-up mental health service come with high risks of suicide suicide/self-harm," she said.

"Without getting a referral to a service like this, these patients have nowhere else to go; which will lead to more ED presentations, and sadly more deaths.

"The broader region also feels the flow-on impacts, because the patients aren't as engaged in work, family, or the community as they could be."

Ms Dendle said the mental health clinicians were already leaving the industry in droves thanks to post-Covid burnout.

CQ Rural Health has clinics in Emerald and Biloela.



Mental health services are vital in rural areas.

Ms Giles said while it was initially believed the Central Queensland, Wide Bay, Sunshine Coast PHN would have to cease taking referrals for some services, they had been able to work with the Department of Health to find a solution.

"The Department of Health has acknowledged this increased need for mental health services, and our programs will continue until the end of the financial year," she said.

"From July 2022 we will introduce a more streamlined service that ensures all Central Queenslanders – particularly those in rural and remote areas – can access the mental health services they need."

She said Central Queensland, Wide Bay, Sunshine Coast PHN had experienced increased demand for its mental health services over the last few years.

"Issues such as the Covid-19 pandem-

ic, housing pressures and natural disasters prompting more and more people to seek mental health support," she said.

"This poses particular challenges to some of our programs that have finite resourcing."

A Federal Government initiative, the Central Queensland, Wide Bay, Sunshine Coast PHN covers an area from Springsure and Rubyvale to Yeppoon and south to Caloundra - a population of about 841,000 people.

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Senior students from high schools around the region participated.  
Pictures: BOYNE ISLAND LIONS CLUB



Toolooa State High School student Tom Staines won the Lion Youth of the Year title.



Samantha Davies won the public speaking section of the event.

# Title for Toolooa students

By Brittney Manning

High schools students in the region showcased their promising knowledge and public speaking skills at the Lions Youth of the Year 2022 event at Boyne Tannum Community Centre on Saturday night.

The Boyne Island Lions Club invited Year 12 students from schools in Gladstone and the Boyne Tannum region to present a prepared and impromptu discussion, based on relevant events, to a panel of judges.

Boyne Island Lions secretary Ron Doherty

said this year's contenders spoke on a range of topics, from issues with the social media platform Tik Tok, to arguments on immunisation, and changing the Australia Day date.

"To see the young people come out... the way they're thinking and so on, I think we're in very good hands," Mr Doherty said.

"It's really about bringing the young ones out, particularly the Year 12 [students], with their ability to stand up and speak in public."

Toolooa State High School student Tom Staines took out the Lions Youth of the Year

2022 title, followed by fellow student Samantha Davies who won the public speaking section.

Mr Doherty said the impromptu discussion of the night was prompted with the question, 'And Gladstone is?'

"They had to take and speak from there without any prior knowledge that that's what they were going to get asked."

The Youth of the Year program has a history of encouraging and fostering leadership skills in Australian students approaching the end of their high school years.

Overall winners at the club finals are invited to compete in the next round of the program at a State and National level.

Judges Sue Spence, Noreen Dunn and Greg Seeds decided the Youth of the Year 2022 after listening to the students speak on their chosen topics, followed by questioning.

Mr Doherty said all contenders participated to a very high standard and that the club hopes to open up the event to the public again next year at a local high school.

"it's recognising effort in the students that are all very good."

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# Man up on 40 charges

By Eilish Massie

A 20-year-old South Gladstone man who has 40 serious traffic-related charges before the courts was in custody after being charged with another offence of dangerous operation of a motor vehicle.

The man was charged last year in May 2021 with 40 traffic related offences following a review of dash camera footage obtained by Gladstone Police.

The charges included four charges of dangerous operation of a motor vehicle; four charges of driving without due care and attention; 16 charges of driving in excess of 40km/hr over the speed limit (the highest alleged being 178km/h in an 80 zone).

As well as a range of other offences, he was also issued four infringement notices for speeding offences totalling \$4980 with a sus-

pension of his licence for six months.

On Wednesday, 9 February 9 around mid-day the man was alleged to have left a carpark on Bryan Jordan Drive, Callemondah and performed a burn out and fishtailed his vehicle on the road, losing control and swinging towards the footpath before coming to a stop across both lanes of traffic.

The man was due to appear in the Gladstone Magistrates' Court on Monday afternoon charged with dangerous operation of a vehicle.

If you have information for police, contact Policelink by providing information using the online suspicious activity form 24hrs per day at [police.qld.gov.au/reporting](http://police.qld.gov.au/reporting).

Report crime information anonymously via Crime Stoppers. Call 1800 333 000 or report online at [crimestoppersqld.com.au](http://crimestoppersqld.com.au).

## 'Free at last': Uni VP quits after LinkedIn controversy

By Emma McBryde

"Free at last" was how a CQUniversity vice-president described himself after he quit following a university-wide controversy sparked by comments he made on social media about Grace Tame.

Alastair Dawson quit eight days after Vice-Chancellor Nick Klomp told all CQUniversity staff in a video that Mr Dawson had taken down the comments following a conversation with him.

In the video, Professor Klomp said he had received complaints from staff and distanced the university from the comments.

Mr Dawson described Ms Tame on LinkedIn as "childish" and "immature" for not smiling in a now infamous photo with Prime Minister Scott Morrison.

He said if she was trying to protest, "it

backfired badly and her behaviour will be seen as nothing more than a spoilt brat who is undeserving of the Australian of the Year".

Ms Tame has been critical of Mr Morrison's response to sexual assault and sexual harassment at Parliament House during her tenure.

She received the Australian of the Year award for her work as an advocate for survivors of sexual assault and was having the photo taken as the outgoing recipient.

Mr Dawson posted that he had quit his job and secured an early release.

The businessman said he had been happy to live his life achieving a lot for others, while being underappreciated.

However, after quitting, he would not take "sh\*t from anyone".

Mr Dawson did not respond to requests for comment.

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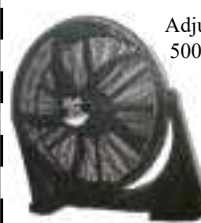
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# A marvellous milestone

By Trish Bowman

Born in Emerald on March 4, 1918, to parents Les and Elizabeth, Thelma May Eiseman has celebrated her 104th birthday and is fortunate to still have a sparkle in her eye and a passion in her heart as she reflects on her past and her longevity.

Thelma said she was raised in a loving household with sister Dorothy and brother Morris, always ate wholesome food and importantly, enjoyed her life.

She was educated in Emerald by the Presentation Nuns and has only fond memories of the kindness and compassion they showed her.

“I remember school holidays in Yeppoon and Emu Park with the nuns in the dressing huts changing their habits out for neck to knee swimwear then splashing away carefree in the water, it was so much fun,” Thelma said.

From her earliest memories Thelma said she loved to sew, dance, sing, perform and play the piano.

While her steps are not as nimble as they once were, Thelma continued her love of music and still plays the organ at home. Her all time favourite song is Unforgettable by Engelbert Humperdinck.

It was Thelma’s mother Elizabeth, who imparted her knowledge of dressmaking that shaped her independence and created a passion that has sustained Thelma throughout her life.

After leaving school she became a seamstress and made frocks for herself, family members, friends, and later customers. She made a name for herself with her beautiful work and went on to make stunning bridal gowns, ball gowns and dresses.

At 19, Thelma moved with her family to Rockhampton for a brief time before settling in Gladstone. It was there she truly embraced her independence and became a celebrated and sought-after seamstress.

Thelma didn’t just make stunning clothes, she wore them to the many dances and balls she attended, she was once named Belle of the Ball in one of her own creations.

Still to this day, Thelma likes to dress her best with accessories, jewellery, and makeup for outings or when visitors drop by.

Thelma never married, she said she had no time for that although, she was courted by a handsome young man or two in her day.

“I enjoyed my independence far too much for marriage, I could make my own money and was far too busy, perhaps that’s why I have lived so long,” Thelma said with a smile.

“I’ve had a good life, I loved going to dances and to the outdoor movies especially in the rain.

“I had lots of beautiful friends and of course, a wonderful family.”

Thelma said the most impressive invention throughout her long life were talkies (movies with sound).

“It took a bit of getting used to, but I think that is one of the best inventions I have seen over the years,” she said.



Thelma with sister Dorothy in dresses Thelma made.



Thelma was a content baby who already loved music.



A younger Thelma.



Thelma celebrated 104 years on March 4, 2022.



At 104 years old Thelma still enjoys to play the organ.

## Agnes festival celebrates 30 years with free admission

By Eilish Massie

To celebrate 30 years since the very first 1770 Festival, organisers have decided to make this year’s festival a free event.

The May 1770 Festival, organised by Discovery Coast Tourism & Commerce Inc, celebrates the community coming together with this year’s theme being Unity.

This year, like every year, the 1770 Festival organising team met with the Gooreng Gooreng, and together have agreed upon a theme of Unity, where all families within the community will gather together at this “munjoorum”.

Organisers, performers, stallholders, artists, volunteers, sponsors, the Agnes Water and 1770 community and traditional owners the Gooreng Gooreng, wish to welcome anyone and everyone to immerse in the entertainment of this non-ticketed event.

The festival includes an abundance of

food and retail market stalls to suit all tastes, live performances and entertainment on-stage, re-enactment at twilight on the 1770 Foreshore, interactive Gooreng Gooreng presentation, street parade, amusement rides, fun run and fireworks at Agnes Water Tavern.

Channel Seven’s Scott Hillier and Olivia Degn will again be present and working the crowds with interviews, presentations and fun over the weekend!

The Gladstone Region 1770 Festival in 2022 is proudly supported by Gladstone Regional Council’s Community Celebration Fund, plus supported by the Queensland Government through Tourism and Events Queensland and features on the It’s Live! in Queensland events calendar.

Main Festival Dates – Friday 20 May to Sunday 22 May 2022.

Venue – SES Grounds, Captain Cook Drive, Seventeen Seventy.





### Three hospitalised after West Gladstone crash

Three women were taken to hospital after a three-vehicle crash in West Gladstone on Saturday night.

Paramedics were called to the intersection at Derby Street and Glenlyon Road at 8.21pm.

The women were taken to Gladstone Hospital all in a stable condition.



Man allegedly involved in Miriam Vale theft.

### Break and Enter, Miriam Vale

Gladstone police have released a computer generated image of a man they wish to speak to over a break and enter offence in January.

Officers say two men broke into a Miriam Vale service station on New Year's Day, entering through a window and back door around 4:30am.

They spoke to the employee at the service station, before taking off with their bag and speeding off in a car, heading south towards Bundaberg.

Police are wishing to speak to a man resembling the comfit (pictured above).

He is described as between 35 to 40-years-old, of proportionate build, approximately 175cms tall with acne scarring to his cheeks and light stubble.

Anyone with information is asked to contact police.

### Gladstone McDonald's update

McDonald's Kin Kora and Gladstone City are now operating with good stock-holdings.

Franchisee owner Tony Ward said the stories now had most of the "core" products available after flooding in south-east Queensland affected McDonald's distribution centre.

"Across Queensland Maccas is operating with a Limited Menu, which means that our most popular items are being prioritised so that we can restock quickly," he said.

Kin Kora and City stores now have McMuffins, Beef Burgers, Nuggets and all the most-ordered burger "favourites" available.

### Network outage

Telstra 3G and 4G mobile coverage in the greater Gladstone area was impacted by a loss of mains power at the Gladstone Telephone Exchange on Monday morning.

A Telstra spokesperson said the outage occurred at approximately 6am and Telstra worked with the local power authority to restore power to the site.

Services came back on line at approximately 9.15am.

"NBN services and other mobile carriers were not impacted during this time. Any calls made to Triple Zero on the Telstra network would have been diverted to any other working mobile base station in the area," the spokesperson said.

"Telstra apologises to impacted customers during this time.

"Our techs will continue to keep a close eye on the exchange over coming days to make sure it continues to operate."

### Arson charges

Four teenage girls have been dealt with by police, following a suspicious house fire in Gympie.

Police allege the blaze that destroyed a home on East Deep Creek Road in Monkland on February 7, had been deliberately lit around 6.10pm.

A 16-year-old from Boyne Island has now been charged with arson and trespass.

She was due to appear in the Gladstone Children's Court yesterday.

Another three girls from Gympie, aged 13, 14 and 17 years old, will be dealt with under the Youth Justices Act.

# Chopper rescues

By Eilish Massie

RACQ Capricorn Rescue was tasked twice to Gladstone's coast following medical episodes onboard bulk carriers.

Last Wednesday, a chopper was tasked to help a chief engineer who was suffering from acute abdominal pain around 4pm.

A spokesperson for RACQ Capricorn Rescue said the man, a Philippines national and the vessels chief engineer, was placed into a winching basket and placed onto the helicopter.

"He was suffering from acute abdominal pain and was flown to Rockhampton Hospital in a stable condition."

On Saturday, RACQ Capricorn was tasked

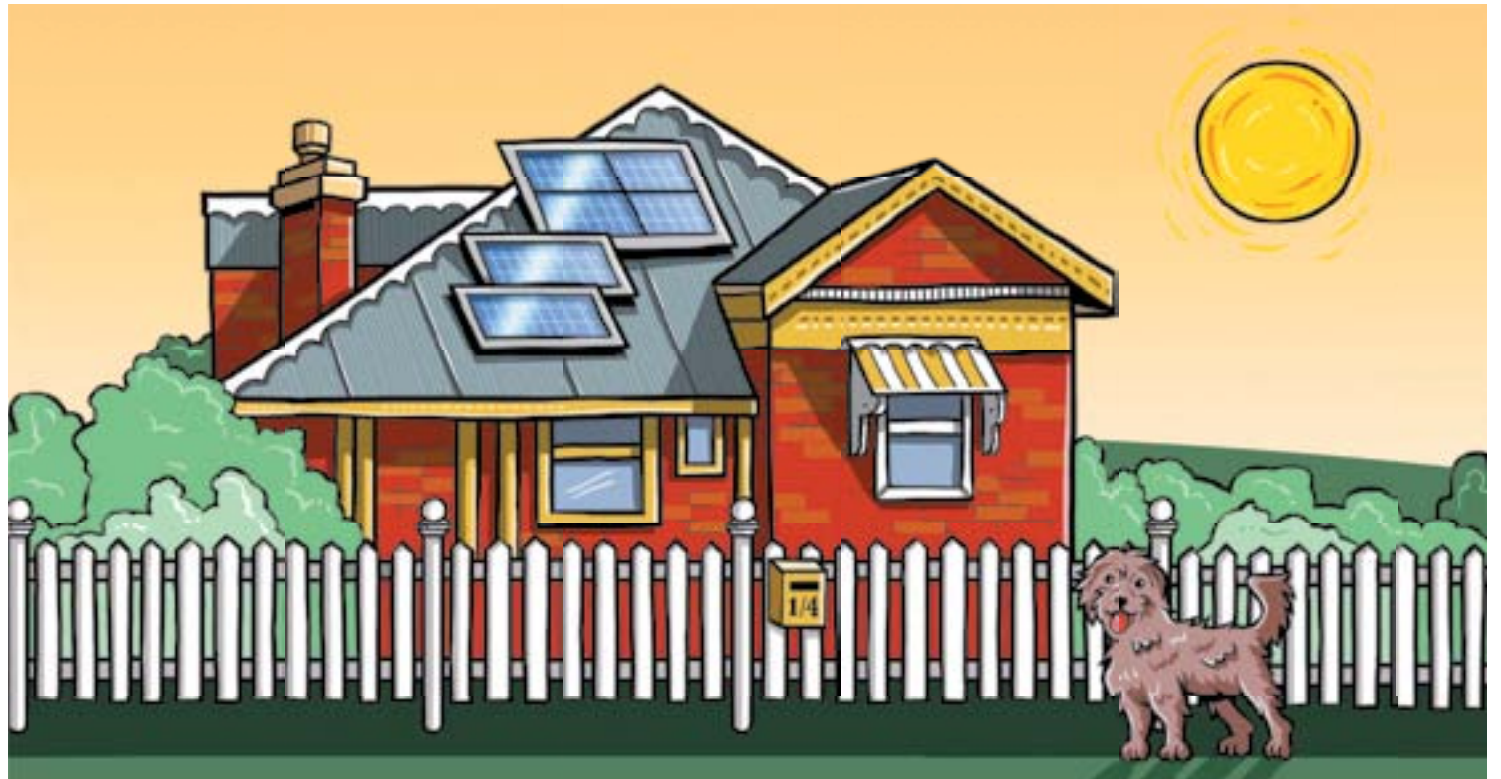
to Gladstone's coast again to conduct a winch retrieval of a crew member who was suffering from acute chest and abdominal pains.

The chopper was tasked just after 1pm to help a patient from Greece who was in his mid-40s.

Unfortunately due to the nature of the ships deck, it was not possible to land and it was determined a winch retrieval would be safer.

The Rescue Crew Officer navigated the rolling motion of the ship and winched the patient without incident.

He was then flown to Rockhampton Hospital in a stable condition, where he was closely monitored for any further developments of his condition.



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# Author’s ode to her roots

By Tahirih Lemon

Author Alicia Hope, a former Gladstone resident, now retired in Agnes Water, was able to re-live her farming and horse-riding days through her main character, trick rider Abbey Rae Miller while writing *The Long Road to Loving Jackson*. The first two books in her Rural Romance LONG ROAD series were based in Miriam Vale.

Her current novel in progress *The Long Road to Loving Mitchell*, is set in the south of Western Australia where she and her husband owned a hobby farm for several years.

When asked what fuels her passion to write, Alicia responded, ‘Is there a better profession to have than writing stories? One that allows you to walk miles in others’ shoes, to live out exciting adventures on the page, to take your work with you wherever you go?’

Discussing what genre she writes, Alicia laughed, ‘I have a grasshopper brain! This has led me to hop around in areas like career, and I’ve had a few, and the types of stories I’ve written.’

Alicia has also had a novel published in Women’s Fiction (Chick Lit) and Historical Fiction, a novella, inspired by her mother-in-law’s

childhood memories of wartime Austria.

Listing some interesting things about herself, Alicia commented, ‘I’m over six foot tall, having taken after Dad. I play bass guitar and have been a member of three music bands. Over the years I’ve been a horse rider, scuba diver, golfer of very average ability, and have inherited Dad’s love of birds...and gardening.’

Summarising her latest novel Alicia explained, ‘Abbey has quite a bit to deal with, having sustained a career-ending injury that sees her returning home to her uncle’s central Queensland cattle property.

But instead of finding refuge there, she’s confronted by a suspicious death, a shifty new neighbour, escalating responsibilities, and a squatter she can’t seem to shake.’

Alicia Hope’s paperback books are available for loan or purchase from the wonderfully supportive Gladstone Regional Libraries, as well as from the usual book retailers. Her eBooks are widely available online.

Alicia enjoys meeting readers on her site and has invited anyone interested to joining her author page, <https://aliciahopeauthor.blogspot.com.au>.

## New novel from Noosa writer shines light on Gladstone

By Eilish Massie

A former Gladstone newspaper editor has released his first memoir, which features some of his time spent as a journalist in Central Queensland.

Noosa-based author John Mikkelsen’s latest novel “Don’t call me Nev” provides an often amusing and exciting insight into an Australia we once knew and loved, but is in danger of being forgotten in an ever-changing modern world.

Mr Mikkelsen, who worked as an editor at the Gladstone Observer for 15 years, said his book was targeted at readers who were fed up with the daily news cycle related to Covid, climate change and international and domestic politics.

Don’t Call Me Nev is a memoir which begins with his adventures growing up in the North Queensland bush with a dog, an air rifle and a pet cockatoo.

The Gladstone area features prominently throughout the novel, with early chapters recalling almost drowning in a flooded creek and exploring a sinister hidden cave among other capers.

The protagonist’s move back to his old hometown of Bundaberg brings its own problems in having to deal with a bullying teacher, teen romance and misadventures.

“He quits to begin a successful pharmacy apprenticeship (one of the last in Queensland), eventually meets his soulmate

on a blind date, but tosses all that in to head off on a spearfishing road trip adventure around Australia with a vagabond young Victorian,” Mr Mikkelsen said.

Mr Mikkelsen said one chapter recalled an encounter with a two metre shark while diving alone in a big swell off the Sapphire Coast in New South Wales.

“Some chapters recount actual history, unsolved mysteries, hurdles and hair-raising escapades encountered as a young editor,” Mr Mikkelsen said.

“Tangling with the far right League of Rights in Joh Bjelke-Petersen’s home town of Kingaroy, then coping with activist unions in the harbour city of Gladstone where he is regarded as a “Joh plant” in their midst.”

Mr Mikkelsen said one incident described a forced helicopter landing in the backyard of a private residence on Facing Island during a rain squall whiteout.

Life after journalism led him back to the Sunshine Coast where he now lives. Quirky humour and some laugh out loud moments mixed with drama and adventure make it an M-rated tale for all, with a uniquely Aussie theme.

The book is now available in both paperback and E-book formats from Amazon book store, with online orders arriving within days.

To have a sneak peak of the book, go to <https://quadrant.org.au/opinion/memoir/2022/03/the-day-it-rained-on-iwasakis-parade/>



John and his wife Cathy when he was a young editor in the ‘70s.



Noosa-based author John Mikkelsen’s latest novel “Don’t call me Nev” provides an often amusing and exciting insight into an Australia we once knew and loved, but is in danger of being forgotten in an ever-changing modern world.





2022 Gladstone Region Youth Council members (L to R): Aaron Yea, Stefani Seumanu, Tayla Bullen, Alexander Hill, Emma Roulston, Jessica Toms, Chloe Sydes, Jie Xi Zang (Jessi), Rommiel Malig and Michael Vardy.

## Youth Council ready to make a difference

The 2022 Gladstone Region Youth Council were able to gather for the first time this year at a recent meet and greet session held at the Council Chambers.

This year's Youth Council is made up of 10 members, including two returning members, Aaron Yea and Rommiel Malig, who served on the 2021 Youth Council.

They are joined in 2022 by Alexander Hill, Chloe Sydes, Emma Roulston, Jessica Toms, Jie Xi Zang (Jessi), Michael Vardy, Stefani Seumanu and Tayla Bullen.

For Rommiel, a Year 11 student at Gladstone State High School, returning to the Youth Council was an easy decision.

"I enjoyed it so much that I told all my friends about it," she said.

"The part I enjoyed the most was doing the volunteering activities. I did Luminous and that was so much fun and the latest one that I did was the (Christmas) Street Party.

"It was so good to be serving the community and seeing smiles on kids' faces, having fun and showing how great Gladstone is."

Rommiel's advice to the new Youth Council members is a simple: "Use your voice and talk up in meetings – the Youth Council is a great space to talk about issues with like-minded people."

New member, Michael Vardy, is a Year 11 student at Tannum Sands State School who was encouraged to join the Youth Council by former member William Patrick.

"I've always had an interest in local councils and my friend Will said to me I might be good at it, so I thought I'd give it a go," Michael said.

"I'm hoping to study law and environmental science past high school. I'm always keen to help the environment because I live at Tannum, a beach community, and our beaches and oceans are mostly affected by litter so it's very important to do what we can to help."

Youth Council members participate in initiatives such as Clean Up Australia Day, Mayor's Youth Breakfast, National Volunteer Week, Seniors Week, Mental Health Week and help shape Festival of Summer activities.

Visit [www.gladstone.qld.gov.au/youth-council](http://www.gladstone.qld.gov.au/youth-council) to learn more about our 2022 members.

## Easter in Gladstone is closer than you think

Easter is a time when Gladstone comes alive with an array of harbourside celebrations centered around the iconic Brisbane to Gladstone Yacht Race.

Not only will Gladstone welcome in yachties from the 74th Gladstone Ports Corporation Brisbane to Gladstone Yacht Race, the Port City will also celebrate the 60th Gladstone Harbour Festival.

However, there's even more on offer this year with Gladstone Regional Council's Brisbane to Gladstone (B2G) Village set to host many other events for people of all ages.

It all begins on Thursday 14 April with the B2G Village Opening Party and the opening of the Gladstone Harbour Festival.

Good Friday (15 April) will see the Yachtsman's Long Lunch take place at 11am, coinciding with live stream coverage of the yacht race, which is proudly sponsored by Gladstone Regional Council.

Young people, aged 13-17 years, will have a chance to let their hair down with the rescheduled Festival of Summer Sounds concert taking place later that night.

The Harbour Cruise Breakfast is a new offering and will take place on Saturday morning (16 April), followed by the Seafood Festival that will include live music, displays, children's entertainment, prawn eating competition, crab races, bars and an array of seafood.

Easter in Gladstone will wrap up on Sunday afternoon (17 April) with the B2G Line Crossing Party from 2pm until late.

Most of these events are free, including the Gladstone Harbour Festival that will run for four days from 14-17 April.

Visit [www.gladstone.qld.gov.au/easter](http://www.gladstone.qld.gov.au/easter) to find out more.



Easter in Gladstone runs from 14-17 April.



## AVAILABLE NOW

Like the host of a great party, it is our privilege to present to you a vibrant calendar of events across the Gladstone Region







Tazman Baker from White Fox Events is proud of her achievement.



Suzan Stewart from I Sew Rockhampton thought it was fantastic that the region did so well.

# Wedding windfall for CQ

By Khrysti Balanay

Central Queensland businesses have taken the top spot in multiple categories for the Australian Wedding Awards 2021.

The nationwide event attracted many critically acclaimed businesses dedicated to all things wedding related.

To be eligible for the national award, businesses first had to win the Brides Choice Award in their region.

A business within the region to come out on top in their category, Wedding Florist, was Gladstone business Ginger Says.

The team at Ginger Says, Michelle, Emma, and Lanie said that it was a huge shock.

“We were excited to be nominated and hoped to make it into the Top 10, so taking out the win was absolutely amazing,” they said.

“We specialise in permanent botanicals, and our aim is for our floral creations to look as realistic as possible, so this award tells me we are doing something right!

“We’ve invested a lot of time in training and perfecting our techniques, learning what works and getting the right tones and designs for our brides.

“We are very grateful and humbled by our win and thank our beautiful brides for their support.”

Another business to win their section was St Aubins Village who took out the award for Wedding Venue - Coordinator, and also received a highly commended for the Wedding Venue - Unique category.

Lauren Myers, the wedding co-ordinator for St. Aubins, which is family-owned and operated, said that she was blown away at winning the awards.

“We weren’t expecting to win, but when our name was announced, we were so overwhelmed and excited,” she said.

“It took a while to sink in, but we are so grateful for all the couples who voted for us to begin with, which then put us in the running for the Australian Awards.

“The venue is Heritage Listed with the property dating back to circa 1879, you are truly taken back in time.

“There is no other venue like this in Central Queensland.”

Suzan Stewart, owner of I Sew Rockhampton made it into the Top 10 for the Bridal Gown Alterations category, saying she has good customer and team members behind her.

“I was absolutely amazed,” she said.

“My customers had nominated me for the Brides Choice Awards for 2021, which I won, and then next thing you know, I made it into the Top 10.

“I thought it was fantastic that Central Queensland did so well as a region.”

Another category taken out by a local business was Decorator and Stylist, where White Fox Events made it into the Top 10.

“My business started from my own wedding, I really enjoyed the process and decided that planning one wedding wasn’t enough,” the owner Tazman Baker said.



The winner of the Wedding Florist category was Gladstone business Ginger Says.



St. Aubins Village won the award for Wedding Venue - Coordinator and received a highly commended for Wedding Venue - Unique.



Local business owner Robyn Dunlop from Dunlop Catering was the only Queensland business to make it into the Top 10 for the Wedding Caterer category.

“Year to year, we are just getting better - I enjoy being versatile and customising to what the couples need.

“It’s hard to believe that I made it in the Top 10, but I must be doing something right.

“It’s a bit of a pinch-me moment.”

Top 10 finalist for the Wedding Caterer category, Dunlop Catering business owner Robyn Dunlop said that she had been committed to her business for the past 35 years.

“When I saw the list of nominees, I turned to my son and said I didn’t even have a chance,” she said.

“I was jumping up and down screaming and crying when I heard the news.

“I am a small business, and I am glad that my hard work has paid off.”

**Central Queensland businesses who also made it into the Top 10 were:**

- TMF Cake Designs (Wedding Cakes category)
- You Had Me At I Do - Ceremonies from the Heart (Marriage Celebrant category)
- Sarah Lettle Photography + Film (Wedding Photographer Category)
- David Webster Photographer (Wedding Videographer - Top 5)



# OPINION

Letters: [Editorial@TodayGladstone.com.au](mailto:Editorial@TodayGladstone.com.au)  
Text: 0456 749 126

## IWD is a chance to celebrate equality

By Emma McBryde

Your mum. My mum. Our grandmas. Our sisters. Your female partners and wives. Your daughters. They might not be headlining concerts or guest speakers at international conferences across the world – or maybe they are – but that doesn't mean they haven't made an indelible difference on our lives and the lives of others. I think of my mum when I think of International Women's Day. I don't immediately think of activist Malala Yousafzai, scientist Marie Curie, former Supreme Court Justice Ruth Bader Ginsburg, or Queensland's own new Chief Justice, Catherine Holmes. Those are a lot of women to admire who have had to fight tooth and nail to get to the top, though. Malala and Ruth's struggles because of their gender are particularly well-known. Malala's in particular.

Some people think International Women's Day is "fake news", a politicised day for feminists to groan about struggles that don't exist. It is certainly true that the world is a vastly different place to what it once was many decades ago when my grandma was disowned for several years by her father for running

### Today's View

away instead of becoming a nun, the life path he intended her to follow. In some parts of the world, like Australia, there is more equality. But not all parts of the world. Malala almost died because she wanted to continue learning after the Taliban banned girls from going to school. She was shot only 10 years ago, in 2012. There are girls who still struggle today.

The appointment of Catherine Holmes as Queensland's top judge shows we are very lucky to live here. She is an inspiration to many. Her appointment embraces the meaning of International Women's Day. It's a global day that began in 1911 to celebrate the achievements of women, whether those successes are social, economic or cultural. This year's theme is

"Break the Bias". The organisers behind the day are encouraging the world to imagine a gender equal world; a world free of bias, stereotypes and discrimination; a world that is diverse, equitable and inclusive; a world where difference is valued and celebrated. It's a big mission, but I believe the goal is getting closer.

However, if you haven't asked a female family member or friend close to you whether they have felt any bias or inequality in their life because of their gender, I encourage you to. We have all felt it and dismissed it, accepted it as the norm and continued on with our day. Many of us have accepted that there is a pay gap between men and women's wages and superannuation, and we will likely live our lives with less money. Hopefully, things will be different for our daughters and for those amazing young female medical students pursuing careers as doctors so they can improve the lives of Australians everywhere (on page eight).

For anybody who is curious, yes there is an International Men's Day. It's on November 19. Here's to celebrating equality between women and men internationally both this week and in November.

## Fuel prices in region

### Rockhampton and surrounds

- Parkhurst Motel & Van Park: Unleaded 163.7 Diesel 175.7
- Puma Rockhampton Richardson Rd: Unleaded 179.7 Diesel 179.7
- Lakes Creek Servo: Unleaded 180.9 Diesel 184.9
- BP Rockhampton Aquatic Pl: Unleaded 183.9 - Diesel 189.9
- BP Beserker: Unleaded 183.9 Diesel 189.9
- BP Gracemere: Unleaded 179.9 Diesel 183.9
- United Bouldercombe: Unleaded 185.9 Diesel 188.9
- Mogas Mt Morgan: Unleaded 184.0 Diesel 186.0
- Ampol Rosslyn Bay: Unleaded 180.9 Diesel 180.9
- CK Motors: Unleaded 181.9 Diesel 181.9
- Mobil Yeppoon: Unleaded 181.9 Diesel 181.9
- BP Emu Park: Unleaded 182.9 Diesel 182.9
- BP Marmour: Unleaded 189.9
- Puma Mount Larcom: Unleaded 186.7 Diesel 187.7

### Gladstone

- Shell West Gladstone: Unleaded 175.5 Diesel 179.5
- Puma Gladstone: Unleaded 179.7 Diesel 179.7
- United Gladstone Central: Unleaded 181.7 Diesel 182.9
- Metro Gladstone Central: Unleaded 179.9 Diesel 184.9
- Puma Calliope: Unleaded 181.7 Diesel 189.7
- BP Boyne Island: Unleaded 187.9 Diesel 188.9
- Caltex Benaraby: Unleaded 187.9 Diesel 187.9

### Biloela

- Liberty Biloela: Unleaded 182.5 Diesel 183.5

### Blackwater

- Unleaded BP Blackwater: Unleaded 183.9 Diesel 190.9

### Emerald

- Emerald Petrol Station Emerald: Unleaded 177.9 Diesel 177.9

## VOX POP

### WE TAKE IT TO THE STREETS

**Question: How do you feel about the conflict between Ukraine and Russia?**

**Jan and Carmel:** I feel for Ukraine having no country to go to. I think Ireland is going to take some refugees in as well. It's second world war type stuff, I feel like it's history repeating itself. It is a worry if other countries come into it as it could spark another world war.

**Domonique:** I feel sorry for everything that's happening with Ukraine but at the same time we are not there, I don't know what to say.

**Kaled:** I believe it to be a very politically geocentric issue. I do understand where Putin is coming from with his whole argument against NATO making a lot of, what he describes as missiles and military installations, along the Russian border. But bombing cities is bad.

**Chris and Bob:** It's disgusting. It's terrible. I think Putin is an authoritarian dictator which needs to be put in his place. It's scary.



Kaled Murray and Domonique Schmid.



Bob and Chris.



Jan and Carmel.

## ON THIS DAY

### POPCORN LOVERS DAY 10 MARCH

**241:** BC First Punic War Battle of the Aegates Islands - The Romans sink the Carthaginian fleet bringing the First Punic War to an end

**1783:** USS Alliance under Captain Barry fights and wins last naval battle of US Revolutionary War off Cape Canaveral

**1861:** West African political leader El Hadj Umar Tall seizes the city of Segou, destroying the Bambara Empire of Mali

**1920:** Home Rule Act passed by the British Parliament, dividing Ireland into two parts; it is rejected by the southern counties, where the Anglo-Irish war continues for a year

**1952:** Military coup led by General Fulgencio Batista in Cuba

**2000:** The NASDAQ Composite stock market index peaks at 5132.52, signalling the beginning of the end of the dot-com boom



# OPINION

## Matt Canavan



# Looking at all the facts

We are all paying more for petrol because the free world has turned away from developing its resources.

Instead, some countries have decided to get their resources from autocratic dictatorships.

Now that some of those, like Russia, are acting like dictators we have a massive shortage of almost all key commodities including oil.

There is the absurd situation that Europe is unified at opposing Russia's aggression yet it continues to import 40 per cent of its gas from Russia.

And this gas is transported to Europe through pipelines that run over the Ukrainian battlefield.

Given the higher oil prices, some estimates show that Europe might be paying Russia over \$6 billion a week for gas now. Europe's vulnerable state has not been caused by Russia, it has been a self-inflicted wound.

Europe's gas production has fallen by 30 per cent over the past decade, while their gas consumption has only fallen by 13 per cent.

They have made the gap up by importing more gas from Russia even though Europe has more gas reserves than Australia.

Europe has made a policy decision not to frack or drill for gas.

Europe has not developed its own gas because environmental activists have successfully pressured governments and investors not to support its development.

Seven different European countries have banned fracking following political campaigns.

In the aftermath of one such campaign, a Member of the Romanian Parliament, Iulian Iancu, claimed that Russia had spent \$120 million campaigning against fracking.

In 2014, the Secretary-General of NATO, Anders Fogh Rasmussen said that Russia "engaged actively with ... environmental organisations working against shale gas - to maintain dependence on imported Russian gas."

Even Hillary Clinton has raised concerns about Russia's campaign against gas developments in the west.

Vladimir Putin has claimed that fracking "poses a huge environmental problem" and that places that have allowed it "no longer have



Fuel prices have been steadily increasing.

water coming out of their taps but a blackish slime."

He has an agenda to stop western countries from becoming self-sufficient.

Some suggest that we should just rid ourselves of our oil and gas demands and shift to renewables.

With the world in crisis, we need policies based on facts not fashions.

Fortunately, the International Energy Agency (IEA) outlined the facts this week.

According to the IEA, Europe imports 155 billion cubic metres (bcm) of gas from Russia every year.

The IEA proposed a 10 point plan that could reduce Europe's demand for Russian gas by a

third, of course, that would leave Europe still importing more than 100 billion cubic metres of gas from Russia each year.

The IEA's plan to reduce Europe's gas imports from Russia includes increasing LNG imports, deferring closure of nuclear plants, increasing EU gas production and not heating homes to as high a temperature.

Fast tracking renewable energy would save Europe just six bcm per year, or less than five per cent of Europe's gas imports from Russia. If you think we can defeat Putin by building wind and solar, you might just be amplifying Russian funded propaganda.

Buried at the end of the IEA's report is the kicker.

There, the IEA admits that turning on Eu-

rope's mothballed coal fired power stations "could displace large volumes of gas relatively quickly." Yet, curiously this option is not included in their 10-point plan because it "would raise the EU's emissions."

I am sure that Ukrainian families cowering in Kyiv's subways find solace in the principle that Europe won't do anything to jeopardise its net zero emissions commitments.

In the real world, we need to produce more coal, oil and gas to bring down energy prices.

We are lucky in Australia to have abundant amounts of all of these and the best way we can help the brave Ukrainian people is to increase our production of energy.

Therefore, helping to take away the lifeline that is funding Putin's barbaric war.

# Mourning two legends: Warne, Marsh gone too soon

I am still in total shock after hearing the heartbreaking news of yet another young life taken way too soon.

There was something about Shane Warne's passing, right after Rod Marsh, that really struck a chord and it drove home the true importance of making the most of every day.

Between the hellish war and senseless violence taking place overseas at the moment, the floods and storms devastating parts of QLD and NSW, and rebuilding a post-Covid society, this tragic news was another blow that has left many feeling shocked and shaken.

I also want to take this moment to pay my respects to all the beautiful people who have lost their lives over in Ukraine.

Words can't begin to describe how shattered I am to think of the realities of these beautiful communities overseas having to swiftly shift into survival mode and having their entire lives tossed so heartlessly into turmoil. It has certainly added even more heartache and weight to my mourning recently.

It has inspired a great deal of gratitude and reflection for me. And then I think back to Warnie, how he was a role model for aspiring young cricketers, he was the face of the sport for many and had an uncondition-



al respect for cricket.

He was an unapologetically authentic human who wore his mistakes as he navigated life in the limelight but remained a gentleman of the game and a brilliant mentor for new generations stepping onto the cricket scene.

I was scrolling on Instagram the other night and noticed he had posted a Rod Marsh tribute on his story only 12 or so hours prior.

The next thing I see is tributes rolling in for Warnie himself. My entire being went numb, my racing mind came to a screeching halt and my heart instantly dropped to take up residence in the pit of my stomach.

We have certainly lost a legend. I'll admit, I'm not even a cricket follower and yet Warnie still made a positive impact on my life.

The world will never forget the loveable larrikin that was Warnie and his influence will live on in the game and the hearts of fans across the generations until the end of time.



The great Shane Warne suddenly passed away on the weekend.

Cricket has lost two inspirational icons but they set a foundation that will support a future filled with success, sportsmanship and spectacular talent.

Here's to Warnie and Rod Marsh. May they Rest In Peace and may their legacies live on within our everyday just as much as sporting achievements and personal goals.



# Disasters and business

I wrote an article in 2020 not long after the bushfires which were then followed with major floods.

Next came Covid-19, and now, just as it seems that businesses are getting back to what is the new normal, they have been impacted by major floods again at their homes and businesses.

It is truly heartbreaking to see the images from the floods on the news, and we should be thankful that the Gladstone Region has escaped the significant and widespread damage experienced in Southeast Queensland.

However, there will be impacts on supply chains, with roads cut off and some businesses may be closed for a while.

Having a disaster plan is a must for every business.

What happens if we are cut off or locked down and you can't get to work?

Are you and your employees set up to easily work from home?

If you lose power for a long period, will your business be able to operate in any scenario?

These may be worst case scenarios; however, it is best to be prepared.

One of the best pieces of advice we can give to ensure that your business is well placed to deal with disasters and pandemics is to 'run a tight ship' in normal operating times.

**GLADSTONE**

CHAMBER OF COMMERCE  
AND INDUSTRY UPDATE

**JOE SMITH**



This can be achieved by not being too extravagant in spending in your business that does not have a high ROI.

Personal expenses of business owners should also be kept in check as the profits in the business need to be in excess of the amounts that they need to take out to maintain their lifestyle.

So maybe hold off on buying the Ferrari using a big loan!

Warren Buffet is well known for his expertise in making money, however maybe less known is that he has lived in the same house since 1958.

This may be an extreme example, but it is something to think about.

As always, if you are looking to connect with other owners and managers in our community, reach out to GCCI.

We are here to help businesses of all shapes and sizes.



The clean-up has begun in Brisbane following recent floods. Picture: AAP IMAGE/JONO SEARLE

## The project management step that is often overlooked

By James Harris

The new year is in full swing, and businesses are starting to undertake projects.

One of the questions we have been asked is, what is the most important thing you can do to make a project successful?

We are going to answer that from a slightly different perspective.

We are going to talk about the important project management step that is often overlooked.

Some time ago I stopped at one of those convenience stores that now sells fuel.

The person at the front of the line was confronted with the question we are all often asked when paying for fuel, "would you like an \*insert supposedly on sale item here\* for just \*insert what may or may not be a low price here\*."

In this case, it was a muffin for \$2.

The customer agreed but after trying to pay, the person behind the counter announced that it wasn't possible to buy anything other than fuel on the, quite aptly named, fuel card.

The customer said he didn't want the muffin anyway and to just remove it from the transaction.

The person behind the counter then revealed that he couldn't actually do that.

Helpfully the customer offered to pay the \$2 in cash.

The person behind the counter said he couldn't break up the transaction.

Getting exasperated, the customer then suggested cancelling the transaction and starting again without the muffin.

I can only speak for myself but, I think everyone in the growing line was startled to hear the staff member reveal that he didn't know how to do that either!

Over the next 15 minutes, two staff members seemed to alternate between quiet prayer and hopeful button pushing on the point of sale (POS) terminal.

They tried to call what I presume was a technical support line and after getting through, were placed on hold.

Eventually, the whole system was shut down and restarted, the old, 'turn it off and back on again', approach to tech support.

Finally, the customer was on his way, the next person in line finally reached the counter to pay for her fuel, then without missing a beat, the staff member asked, "would you like a muffin for just \$2 today?"

At this point, I and the other 12 people who had been standing in the line throughout this ordeal, answered in unison, "no!"



While waiting in line it occurred to me that I had seen this before.

What happened was a symptom of a common problem that anyone who works on projects will probably have encountered.

Let me go out on a limb here.

Without knowing anything about how those POS terminals ended up in those stores, I'd be willing to bet that the roll-out project omitted a key step, staff training (actually, I'd be willing to bet that it omitted two key steps).

How often have you seen a project timeline, perhaps a Gantt chart, or a PERT diagram, that makes no reference to staff training?

I've lost count of how many times I've seen this, and if you start to ask why this stage of the project is missing, you get some bewildering answers.

**Some that I've recorded over the years include:**

- We don't have time for that
- We don't have enough funding allocated to the project for training
- We don't have the resources
- Managers should organise training for their staff once we go live

- We'll make a member of the project team available to answer questions for a while
- We expect the users will familiarise themselves with the changes on their own time
- People will learn the new system as they go

To translate, "we're not going to cost this project properly or plan it out to completion because if we do, we might realise we don't have enough money, time, or both to do it properly.

We are going to build three-quarters of the bridge and hope everyone just jumps the gap at the end."

And to be clear, by definition we are talking about a project that is not properly costed.

The failure to cost in training means that you will inevitably incur a raft of soft costs later that are also not costed into the project, may never be accurately captured, and could quite easily end up costing more than the training would have in the first place!

So really, what does a project with no training element look like?

Well, it's rarely good and can be disastrous.

In this case, the end result was two frustrated staff members and I suspect 12 customers who decided the competitor down

the road was a better option next time.

What was the cost differential between losing 12 customers and training two staff members?

I have no idea, but the key point here is I very much doubt the person who costed this POS terminal roll-out project has any idea either.

So let me go out on another limb here and say, if you can't accommodate training in your project plan for whatever reason, you need to consider that you don't have a viable project at that point.

That is not to say that your project should never go ahead, but perhaps it should be postponed until training can be incorporated.

You may just find that waiting lowers the overall real cost of your project considerably!

If you have a question about undertaking a project or running your existing business, we'd love to hear from you because we'll select new questions to answer here every two weeks.

You can submit your question to [james@qsb-consulting.com](mailto:james@qsb-consulting.com) using the subject 'CQTo-day'.



Q&A

**What is the best advice you've ever received?**  
“If you are the smartest person in the room, you're in the wrong room”

Don't be afraid to hire people who know more than you, we all have our strengths & collectively we can get the best result.

**What is something you do in your spare time?**

Read – I dream of one day having a home library.

**What is something most people don't know about you?**

I grew up on Bougainville Island – Papua New Guinea. We left there due to the civil unrest.

**What's your favourite spot in the Gladstone region?**

The back deck of my home, hosting family & friends for dinner.

**What would be your last meal if you could choose?**

Champagne & Fried Chicken.

**Which celebrity guests (dead or alive) would you invite to a dinner party?**

Agatha Christie (so I could ask her where she disappeared to), Steve Martin (for the laughs), Rick Stein (as my sous chef - to show me how it's really done!)

**Who is your favourite movie star and what do you admire about him or her?**

Stanley Tucci – he's an actor but a foodie at heart. His book - Taste: My Life through Food is brilliant.

**What is one of your greatest achievements?**

So far... my little family & my small business (Studio GIW)

**If you had to choose three items to take with you on a trip to a deserted island, which would they be?**

A good book, a comfy chair & a beach umbrella.

with GIW Designs interior designer Tess Groen-int-woud



THREE ... dining room etiquette

**1 Using your napkin**  
Wait until your host or hostess has unfolded their napkin before removing your napkin and placing it in your lap. When dining out, place the napkin in your lap immediately after sitting down. If you must get up at any time during the meal and plan to return, place your napkin on your chair (if the chair is upholstered, place the napkin soiled side up). After you are finished, place your napkin to the left of your plate.

**2 The table setting**  
A typical rule of thumb is to start with the utensil farthest from your plate and work your way toward the centre. Once you are finished with our meal, place your knife and fork together in the centre of the plate, pointing to 12 o'clock. If you are not finished, rest your cutlery in an upside-down V on your plate.

**3 While eating**  
Make sure that your mobile is off or on silent not to disturb your company. You should also ensure that you never have food in your mouth before talking. If someone asks you a question, wait until you swallow before answering. Typically, space is limited; so, it is necessary to keep elbows off the table to avoid invading the space of those around you.



Madame Clicquot was the original female winemaker and marketer.

The Madame of Clicquot

For well over a century, International Women's Day (March 8) has celebrated, empowered, informed, inspired and above all has sought and enforced necessary change.

As we notice more and more females entering the wine business. There is one from the past, who should be remembered in celebration.

We know her today as Madame Clicquot. Barbe-Nicole Ponsardin was born on 16 December 1777 in Reims, France. She was the daughter of Jeanne Leterthe-Huart and Nicolas Ponsardin (from 1813, Baron Ponsardin) a textile industrialist and politician.

In 1798 she literally married the boy next door. Because next door to Hotel Ponsardin, the large family estate Barbe-Nicole grew up on, was the Clicquot family. Phillipe Clicquot was also a big player in the textile industry. It has been noted that the two families were actual strongly engaged in competition with securing contracts.

It appears that Mr Ponsardin and Mr Clicquot decided to move ahead as a united force in the global textiles business by organising the marriage of their children; Barbe-Nicole and Francois.

A great plan in practice, until the newlyweds decided to focus on the Clicquot wine business as a fairy-tale romance started. Rather than textiles (you could hardly blame them!)

Up to that point, the Clicquot family's involvement in the wine industry constituted a minor portion of the family business.

While Francois and Barbe-Nichole had little knowledge of winemaking, the two bonded and decided to learn from the ground-up together with passion for the industry.

Six years later, the business was not showing any signs of success.

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And then disaster struck, Francois fell suddenly ill with a fever, possibly typhoid and died.

Both Barbe-Nicole and Phillipe were devastated. It seemed only natural to Phillipe to close the wine-business.

But thankfully Barbe-Nicole asked her father-in-law for a large loan to continue the business. And fortunately, he agreed. If she did a four-year apprenticeship under the watchful eye of well-known winemaker Alexandre Fourneaux.

In that time Barb-Nicole became Madame Clicquot. Later also became known as Widow Clicquot.

Veuve Clicquot Ponsardin is a world-renowned Champagne house. Madame Clicquot is remembered for three major breakthroughs: She created the first known vintage champagne in 1810.

She is credited with inventing the riddling table process to clarify champagne in 1816.

And then in 1818 she invented the first known blended rose champagne.

Today, Veuve Clicquot promotes a fascinating range from; dry, to vintage, to rose, to prestige, to demi-sec to a rich vintage. All because of an incredible individual called Madame Clicquot. The original female winemaker and marketer.



# Feeding time for pelican



Pelicans have to be one of the strangest looking of all birds with their long bills and very large throat pouches.

However, for this large water bird, these attributes are great tools for fishing!

Pelicans mainly eat fish, but given the opportunity will also feed on aquatic animals including crustaceans, tadpoles and turtles.

With about a 2.5 metre wingspan, Pelicans fly very majestically indeed.

In this shot, an Australian Pelican is in the process of feeding at a local pond.

Pelicans' long bills and very large throat pouches are great tools for fishing.



## To our female leaders on International Women’s Day

By Professor Nick Klomp, Vice-Chancellor and President, CQUniversity Australia

Earlier this week, on Tuesday, 8 March, we celebrated International Women's Day (IWD).

A day that allows us to celebrate the achievements of women whilst acknowledging the ongoing inequality women continue to face in society.

From the workforce to unpaid labour in the home, women continue to face conscious and unconscious bias when it comes to societal beliefs about gender roles.

The theme of IWD this year was Break the Bias - a theme that seeks to imagine a gender equal world where equality and difference is valued and celebrated, and inequality is not tolerated.

CQUniversity is committed to supporting students to achieve their study goals and it just so happens that a majority of the leaders within this team are women.

I am proud that across the organisation we have such strong female leaders doing great work across multiple disciplines.

From tech to research, accounting to academia, STEM to student support, women in leadership positions at CQUniversity outnumber their male counterparts by almost a third.



This isn't something that has been achieved by targeted recruitment practices, but rather based on merit.

CQUniversity is an equal opportunity employer, and our organisation is great because of our people, regardless of their gender or background.

As the leader of the organisation, I feel supported by all of the wonderful staff who give so much to their university community, all while balancing their lives as parents, carers and active members of the community.

On International Women's Day – and every other day of the year - I recognise all of the women in our community who make it a great place to live, work and study.

I hope that all of us can continue to celebrate the great work women do every day and that we can continue to work together to bring about true equality.

Let's break the bias.



Barb and Jess are two of the women of CQUniversity.

**OPINION**

from Member for Callide and LNP candidate for Flynn Colin Boyce



## Central Queensland is critical to our national security

The biggest issue that Australia faces in the near future is the threat to our National Security. In my view, this is number one, front and centre.

We have seen and read in the media about what is happening in Ukraine with an unprovoked military assault launched by the Russian President Vladimir Putin devastating the country.

Make no mistake, this will affect Australia.

Many countries in Europe rely on Russian gas/oil to heat their homes and keep their businesses and economies functioning.

With more restrictions, economic and social imposed by the world on Russia, it is likely that the energy supply from Russia to Europe will stop.

Australia is in a position to supply coal and gas to Europe and other nations however as demand goes up so will the price of these commodities which are now at record levels.

Australians will be faced with the prospect of paying more for everything as the price of all consumer goods is related to the cost of energy.

Yet here we are entertaining the proposal by Australian billionaires to close down the coal, gas and traditional power industries by 2030.

If this is allowed to happen it would be an economic disaster for the average Australian.

It would limit our capability to defend ourselves should the world political situation deteriorate further.

Gladstone and Central Queensland is the supply hub of energy on the east coast of Australia.

It is critical that we maintain our ability to supply Australia and the world with our high-quality agricultural products, mining and resource commodities as global demand increases.



MP Colin Boyce at Gladstone Port Gas.



Photographer **MIKE RICHARDS** dropped down to Lions Park in West Gladstone on the weekend to snap some photos for Clean Up Australia Day

# Cleaning up Gladstone



Rommiel Malig, Tayla Bullen and Stefani Seumanu clean up at Lions Park.



Alex Hill.



Cr Glenn and Sue Churchill.



Lauren Dredge and Johanna Knapman.



Cr Glenn Churchill said there was “very little rubbish this year”.



Malissa French.



Cr Rick Hansen and Laura Platt.



Rebecca Creedy and Jessica Toms.



Aaron Yea.



Jie Xi Zang.





# TV

*Today*

## Jailhouse shock

**Danielle Cormack fronts *Life on the Outside*, a new SBS documentary series which follows as ex-prisoners try to reintegrate into society**

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# Keys to freedom

*Wentworth* standout Danielle Cormack tells **Siobhan Duck** about *Life on the Outside*, the new SBS documentary series which asks the question: would you let an ex-prisoner stay in your home?

**D**anielle Cormack is a big believer in second chances. It's for this reason that Cormack – best known for playing Bea Smith in Foxtel's prison drama *Wentworth* – wouldn't hesitate to share her home with a former inmate to give them a better chance at a fresh start.

It may seem like an unorthodox idea, but Cormack says research shows the biggest reasons people reoffend is the lack of housing and support they receive once they're out.

Cormack wonders: could things be different if, upon release, instead of leaving jail for an unknown future, someone went to live with in a stable and loving home?

This groundbreaking approach to rehabilitation is explored in *Life on the Outside*. Cormack hosts this riveting three-part SBS series where released prisoners stay with Australian families for 100 days. The hope is the experience will better equip them to leave the prison system for good.

Long before *Wentworth*, Cormack had already spent years trying to better understand what causes people to offend and how to better support them.

"I was approached by the producers to do this because of the work I have been doing in New Zealand with an organisation that supports at risk youth and women who have been incarcerated and often the at-risk youth have also been part of the criminal justice system," Cormack explains.

"We work to help upskill them and educate them about communication and getting back into the workplace to help break those cycles that they or their families have been part of."

"It seemed to me that there was something very similar about the themes and the subject matter of this show that I felt comfortable aligning myself with because having been inside those workshops and talking to people who have been in the system its clear that something needs to change. And this is a show that highlights the potential to do things differently."

Of course, its not all smooth sailing. And Cormack understands that it's not an approach that works for all parolees.

But for participants like Sierra and Jeremy, whose struggles with addiction have led them to the commit crimes which have landed them in jail, this program could be a game-changer.

Yes, on paper, it may sound like a risky proposition. And Cormack assures all participants were vetted before taking part and they all have access to 24-hour case workers.

"It may not work for everyone but if you can help just one person well,

**Helping hand:**  
Empty-nester Amanda, left, agreed to house Sierra, who spent 13 months in police custody.



that's a pretty good start," she says.

"When you look at some statistics, one out of four people will reoffend within that first three months of being released. That shouldn't be happening so clearly there's a big crack in the system that needs to be fixed. This show certainly doesn't purport to have all the answers, but it is promising to ask the question of what other support networks can we put in place to help people that have experienced probably a lot of traumas in their life?"

"That have had no support for most of their life. And in the end, they are suffering because they're in a vulnerable situation and it's also costing the taxpayer a lot of money."

Cormack says it costs roughly \$110,000 a year to house a prisoner. And there are currently 40,000 people in Australian jails. When you also factor in that 50 per cent of prisoners end up back behind bars within two years of their release it becomes a costly enterprise not to mention a vicious cycle for those trapped within it.

Put simply, Cormack believes the prison system is failing us all. And to simply lock someone up and throw away the key, isn't fixing anything.

Instead, Cormack advocates empathy and an open mind.

"Often these are people who have just had a really challenging start to life, and there was not really a lot of hope to them," she says.

"I'm privileged to have had an education and a supportive family but there but for the grace of God, I could have been in that situation and ended up in a place like that to be labelled a criminal for the rest of my life."

"I really think we need to review how we stigmatise people who are doing it tough. An initiative like this, the very essence of it is that to give people a second chance, you might be able to change someone's life course."

*Wentworth* has already gone some way to shifting misconceptions about inmates. With its OTT storylines and heightened drama *Wentworth* was certainly not intended as a realistic portrayal of prison life but it did spotlight some frightening home truths.

In fact, many former inmates and their families have contacted Cormack to say how grateful they were for the way that *Wentworth* humanised prisoner experiences.

Cormack's character, Bea – loosely based on the iconic character portrayed by Val Lehman in the 1970s series *Prisoner* – was a victim of domestic violence who snapped.

While *Wentworth's* cast of prisoners has a huge fanbase who looked beyond the characters' crimes to the person themselves, that same empathy is not often afforded to those who are incarcerated in real life.

It is Cormack's hope that the participants of *Life on the Outside* will be met with similar understanding.

"I imagine this could be quite polarising for people," she says.

"But I'd like people to watch the show, rather than forming opinions about 'criminals' who are locked away and hopefully ask them to think more laterally, or broadly about this kind of experience."

■ *Life on the Outside*, Wednesday, March 16, 8.30pm, SBS and streaming, SBS On Demand

**Raising the bar:**  
Danielle Cormack.  
Photo: Yianni Aspridakis



# Movie Guide

## PICK OF THE WEEK

**Friday**  
**GREEN BOOK**  
**Seven/Prime7, 8.30pm, M (2018)**

A surprise winner of the Best Picture Oscar, this comedy directed by Peter Farrelly (*Dumb & Dumber*, *There's Something About Mary*, *Shallow Ha!*) is a refreshing take on the road-trip movie. In the early 1960s, distinguished African American pianist Don (Mahershala Ali, *Moonlight*) hires tough-talking Italian American bouncer Tony (Viggo Mortensen) as his chauffeur for a concert tour through America's Midwest and Deep South. An unlikely friendship develops, with the struggle to find common ground proving to be the emotional core of their journey. Magically balancing earnest themes, genuine hilarity and crowd-pleasing qualities, *Green Book* is an absolute must-watch for those burnt-out by the usual Hollywood fare. ★★★★★

## SOUTHERN COMFORTS



**Along for the ride:**  
Viggo Mortensen  
and Mahershala Ali  
in *Green Book*.



**LOOKING FOR ERIC**  
**ABC TV Plus, Friday, 10.25pm, MA15+ (2009)**

When the life of struggling Manchester postman Eric Bishop (Steve Evets) descends into crisis, the soccer fanatic receives some much-needed life coaching from the famously philosophical French footballer Eric Cantona (pictured, left with Evets). The former Manchester United star provides encouragement and advice as Eric tries to sort himself out. Director Ken Loach takes the cheerful lead with this feel-good comedy-drama about searching for the hero inside. ★★★★★



**INDIANA JONES AND THE LAST CRUSADE**  
**Seven/Prime7, Saturday, 7.30pm, PG (1989)**

It seems the dashing adventurer just can't get in enough trouble. In this third film, the scholarly Indy Sr (played with wonderful reserve by Sean Connery) is kidnapped by Nazis on the hunt for the Holy Grail and Indy Jr (Harrison Ford, pictured, right with Connery) must come to the rescue. With director Steven Spielberg at his inventive best and an early appearance from the late River Phoenix as the teenage Indiana, it's the most fun to be had since *Raiders of the Lost Ark*. ★★★★★



**BOOKSMART**  
**SBS World Movies, Saturday, 8.30pm, MA15+ (2019)**

First-time feature director Olivia Wilde changes the traditionally male-dominated raunchy teen comedy game with this good-girls-try-to-go-bad entry. After devoting their teenage years to achieving academic excellence, best friends Amy (Kaitlyn Dever) and Molly (Beanie Feldstein, pictured, left with Dever) can't believe their fun-loving classmates have futures just as bright as their own. The high achievers embark on a madcap mission to make up for four years' worth of missed parties. ★★★★★



**ANOTHER ROUND**  
**SBS World Movies, Sunday, 8.30pm, M (2020)**

Winner of Best International Feature Film at the 2021 Academy Awards, this Danish comedy-drama stars the wonderful Mads Mikkelsen (pictured) in fine form as Martin, a teacher who, along with three of his colleagues, embarks on an experiment to test a theory of Norwegian psychiatrist Finn Skårderud by binge-drinking to see its everyday effects. The execution exceeds its premise as the film explores not only drinking culture, but astutely confronts existential themes. ★★★★★



**THE DARK KNIGHT RISES**  
**7mate, Monday, 8.30pm, M (2012)**

Of all the superheroes, Batman arguably has the biggest cross to bear. Tormented as a child after seeing his parents killed, he spent his days trying to clean up the most dangerous city imaginable. But it all became too much after the events of *The Dark Knight*. After eight years of self-imposed exile, the Caped Crusader is enticed back to Gotham City to save it from the brutal Bane (Tom Hardy). This final instalment in director Christopher Nolan's trilogy is the darkest of the lot. ★★★



**SICARIO: DAY OF THE SOLDADO**  
**9Go!, Tuesday, 8.30pm, MA15+ (2018)**

This sequel to Denis Villeneuve's accomplished 2015 film misses some of its key players, but it does retain its grim intensity. As the drug war continues to escalate on the US-Mexico border, a CIA agent (Josh Brolin) enlists the help of a mysterious operative (Benicio del Toro) to kidnap the daughter (Isabela Moner, pictured with del Toro) of a crime boss. The film stylishly portrays the complexity of the border conflict, but be warned that it also does it in a ruthless and violent way. ★★★



# The Guide



## PICK OF THE WEEK

**THE TEACHER**  
ABC TV,  
Friday, 8.30pm

Starring Sheridan Smith (*Gavin & Stacey*, pictured), there's more than a whiff of melodrama and cheesy dialogue in the four-part British drama. *The Teacher* is a wayward cocktail of inappropriate behaviour, jealous colleagues and backstabbing friends, which all sounds very promising until it gives you a headache. Is it the story of a popular teacher going off the rails, or a case of some bad decisions and nefarious students? Time will tell, if you choose to partake in this fizzy tale of a flawed female. It all begins to go pear-shaped as English teacher Jenna Garvey (Smith) is accused of sleeping with her pupil after a night out celebrating a promotion.

## CELEBRITY LETTERS AND NUMBERS

SBS, Saturday, 7.30pm

Ordinary folk can turn out to be not so "ordinary" as they show off their impressive brain matter in this lighthearted and fun game show. But plunk a few celebrities into the mathematical and alphabetical flurry and the entertainment level goes up a few decibels. This week, host Michael Hing (pictured) is joined by comedians Benjamin Law, Concetta Caristo, Bob Downe and Carlo Ritchie in a test of their word and numerical resourcefulness.



## COMPASS

ABC TV Plus, Sunday, 7.30pm

After more than 30 years of stories revolving around the intersection between religion and life, recently Compass has branched out with a series of "sacred space" episodes. This week, these insightful and intimate instalments return with journalist, podcaster and TV host Marc Fennell opening up his safe space: the kitchen. He chats with host Geraldine Doogue (pictured with Fennell) about his Pentecostal upbringing, multicultural family, complex relationship with food, as well as his hopes for Australia.



## SCOTLAND: ESCAPE TO THE WILDERNESS

SBS, Monday, 7.30pm

The past couple of years have highlighted that escaping to some sort of wilderness is high on many peoples' wish lists. But we can't all just pack up and leave, which is where this charmingly therapeutic series punches above its weight. It features wildlife cameraman Hamza Yassin (pictured) adventuring with celebrities through Scotland's picturesque landscapes. This week, actor Martin Clunes (*Doc Martin*) joins Yassin in the Inner Hebrides and the Isle of Mull.



## Friday, March 11

<b>ABC TV (2)</b> <b>6.00</b> News Breakfast. <b>9.00</b> ABC News Mornings. <b>10.00</b> Q+A. (R) <b>11.10</b> George Clarke's Amazing Spaces. (R) <b>12.00</b> ABC News At Noon. <b>1.00</b> Griff's Great Kiwi Road Trip. (R) <b>1.50</b> <i>The Beautiful Bush</i> . (R) <b>2.10</b> <i>Unforgotten</i> . (Madlv, R) <b>3.00</b> ABC News Afternoons. <b>4.00</b> <i>Escape From The City</i> . (R) <b>4.55</b> Kurt Fearnley's One Plus One. (R) <b>5.25</b> <i>Hard Quiz</i> . (PG, R)	<b>SBS (3)</b> <b>6.00</b> WorldWatch. <b>9.30</b> Greek News. <b>10.30</b> German News. <b>11.00</b> Spanish News. <b>11.30</b> Turkish News. <b>12.00</b> Arabic News F24. <b>12.30</b> ABC America: World News Tonight. <b>1.00</b> PBS NewsHour. (R) <b>2.00</b> The Cook Up With Adam Liaw Bitesize. (R) <b>2.05</b> Travel Man's Greatest Trips. (Mls, R) <b>3.00</b> NITV News: Nula. <b>3.30</b> Going Places With Ernie Dingo. (PGaw, R) <b>4.00</b> Queen Victoria's Children. (PG, R) <b>5.05</b> Jeopardy! (PG) <b>5.30</b> Letters And Numbers. (R)	<b>SEVEN (7)</b> <b>6.00</b> Sunrise. <b>9.00</b> <i>The Morning Show</i> . (PG) <b>11.30</b> Seven Morning News. <b>12.00</b> <b>MOVIE: Risky Business</b> . (1983, Mls, R) Tom Cruise. <b>2.00</b> <i>House Of Wellness</i> . (PG) <b>3.00</b> <i>The Chase</i> . (R) <b>4.00</b> Seven News At 4. <b>5.00</b> <i>The Chase Australia</i> . Hosted by Larry Emdur.	<b>NINE (8, 9)</b> <b>6.00</b> Today. <b>9.00</b> Today Extra. (PG) <b>11.30</b> Morning News. <b>12.00</b> <b>MOVIE: Watching Over You</b> . (2018, Mav) Sierra McCormick, Beth Broderick, Trevor St. John. <b>1.45</b> Talking Honey: Princess Diana. (PG, R) <b>2.00</b> <i>Pointless</i> . (PG) <b>3.00</b> <i>Tipping Point</i> . (PG) <b>4.00</b> Afternoon News. <b>4.30</b> <i>Millionaire Hot Seat</i> . (R) <b>5.30</b> WIN News.	<b>TEN (5, 1)</b> <b>6.00</b> The Talk. (PGA) <b>7.00</b> Judge Judy. (PG, R) <b>7.30</b> The Bold And The Beautiful. (PG, R) <b>8.00</b> Studio 10. (PG) <b>12.00</b> Dr Phil. (PGA) <b>1.00</b> Australian Survivor. (R) <b>2.15</b> Entertainment Tonight. <b>2.30</b> Everyday Gourmet With Justine Schofield. (R) <b>3.00</b> Judge Judy. (PG, R) <b>3.30</b> Freshly Picked With Simon Toohey. <b>4.00</b> Farm To Fork. (PG) <b>4.30</b> The Bold And The Beautiful. (PG) <b>5.00</b> 10 News First.
<b>6.00</b> The Drum. <b>7.00</b> ABC News. <b>7.30</b> Gardening Australia. Costa Georgiadis visits a native sanctuary. <b>8.30</b> Miniseries: <i>The Teacher</i> . (Mals) Part 1 of 4. A teacher is accused of sleeping with her pupil after a night out celebrating a promotion. <b>9.20</b> Grantchester. (Mv, R) A murder sees racial tensions spike. <b>10.05</b> Mum. (Ml, R) <b>10.40</b> ABC Late News. <b>10.55</b> Shaun Micallef's MAD AS HELL. (M, R) <b>11.25</b> Starstruck. (Mal, R) <b>11.45</b> QI. (Final, Ms, R) <b>12.15</b> Rage. (MA15+adhlmsv)	<b>6.00</b> Mastermind Australia. (PG) <b>6.30</b> SBS World News. <b>7.35</b> Robson Green's Icelandic Adventure. (M) <b>8.30</b> Queen Victoria: Love, Lust And Leadership. Part 1 of 3. <b>9.25</b> The Pyramids: Solving The Mystery: Meidum And The Mystery Of The False Pyramid. (R) Explores the Meidum pyramid. <b>10.20</b> SBS World News Late. <b>10.50</b> 8 Out Of 10 Cats Does Countdown. (Mals, R) <b>11.50</b> I Am Emmanuel. (PGA, R) <b>12.10</b> Cycling. UCI World Tour. Paris-Nice Race. Stage 6. <b>2.10</b> Dynamo Beyond Belief. (Ml, R) <b>4.40</b> Bamay. (R) <b>5.00</b> France 24 Feature. <b>5.15</b> NHK World English News. <b>5.30</b> Deutsche Welle English News.	<b>6.00</b> Seven Local News. <b>6.30</b> Seven News. <b>7.00</b> Better Homes And Gardens. Dr Harry meets a bitey lorikeet. <b>8.30</b> <b>MOVIE: Green Book</b> . (2018, Ml) Based on a true story. In the '60s, a distinguished African-American pianist hires a tough-talking Italian-American bouncer as his chauffeur for a concert tour through America's Midwest and Deep South. Viggo Mortensen, Mahershala Ali, Linda Cardellini. <b>11.15</b> To Be Advised. <b>12.45</b> Scandal. (Mav, R) The Gladiators make the ultimate sacrifice. <b>2.00</b> Home Shopping. (R) <b>4.00</b> Million Dollar Minute. (R) <b>5.00</b> NBC Today.	<b>6.00</b> Nine News. <b>7.00</b> Rugby League. NRL. Round 1. Brisbane Broncos v South Sydney Rabbitohs. <b>9.00</b> Golden Point. A wrap-up of the Brisbane Broncos versus South Sydney Rabbitohs match, with NRL news and analysis. <b>9.45</b> <b>MOVIE: Gringo</b> . (2018, MA15+dlv) A man plots his own abduction. David Oyelowo, Thandiwe Newton. <b>12.00</b> <i>Tipping Point</i> . (PG, R) <b>1.00</b> Bondi Lifeguard World Adventures. (Pgl) <b>1.30</b> TV Shop: Home Shopping. (R) <b>4.00</b> Take Two. (R) <b>4.30</b> Global Shop. (R) <b>5.00</b> TV Shop: Home Shopping. (R) <b>5.30</b> A Current Affair. (R)	<b>6.30</b> The Project. The hosts and guest panellists take a look at the day's news, events and hot topics. <b>7.30</b> To Be Advised. <b>8.40</b> The Graham Norton Show. (PG, R) Guests include Eddie Redmayne, Jessie Buckley, Stephen Merchant, Motsi Mabuse and Sir Ian McKellen. Music from Sir Elton John and Charlie Puth, who perform <i>After All</i> . <b>9.40</b> To Be Advised. <b>11.40</b> The Project. (R) A look at the day's news and events. <b>12.40</b> The Late Show With Stephen Colbert. (PG) Late-night talk show. <b>1.30</b> Home Shopping. (R) <b>4.30</b> Infomercials. (PG, R)
<b>ABC TV PLUS (22)</b> <b>6am</b> Children's Programs. <b>5.10pm</b> Fireman Sam. <b>5.20</b> PJ Masks. <b>5.35</b> Luo Bao Bei. <b>5.50</b> Peppa Pig. <b>5.55</b> Circle Square. <b>6.05</b> Octonauts. <b>6.20</b> Bluey. <b>6.25</b> Shaun The Sheep. <b>6.40</b> Andy's Safari Adventures. <b>7.00</b> Dino Dana. <b>7.10</b> Andy And The Band. <b>7.30</b> Spicks And Specks. <b>8.00</b> Hard Quiz. <b>8.30</b> <b>MOVIE: Infamous</b> . (2006, M) <b>10.25</b> <b>MOVIE: Looking For Eric</b> . (2009, MA15+) <b>12.20am</b> QI. <b>12.50</b> Community. <b>1.15</b> Parks And Recreation. <b>1.40</b> Grand Designs. <b>2.25</b> ABC News Update. <b>2.30</b> Close. <b>5.05</b> Little Princess. <b>5.15</b> Hoot Hoot Go! <b>5.20</b> Pingu In The City. <b>5.30</b> Wallykazam! <b>5.55</b> Late Programs.	<b>SBS VICELAND (31)</b> <b>6am</b> WorldWatch. <b>Noon</b> <b>MOVIE: Shanghai Surprise</b> . (1986, M) <b>1.40</b> Flophouse. <b>2.10</b> Hunters. <b>3.00</b> Jungletown. <b>3.50</b> WorldWatch. <b>5.15</b> Joy Of Painting. <b>5.45</b> Shortland St. <b>6.15</b> Alone. <b>7.05</b> Jeopardy! <b>7.35</b> 8 Out Of 10 Cats Does Countdown. <b>8.30</b> Hoarders. <b>9.25</b> Fukushima: Nature In The Danger Zone. <b>10.20</b> Day Of The Dead. <b>11.10</b> Instinctive Desires. <b>Midnight</b> VICE News Tonight. <b>12.55</b> Criminal Planet. <b>1.45</b> Epicly Later'd. <b>2.35</b> NHK World English News. <b>3.00</b> Thai News. <b>3.30</b> Bangla News. <b>4.00</b> Punjabi News. <b>4.30</b> Sri Lankan Sinhalese News. <b>5.00</b> Korean News. <b>5.30</b> Indonesian News.	<b>7TWO (72)</b> <b>6am</b> Home Shopping. <b>6.30</b> Travel Oz. <b>8.00</b> Harry's Practice. <b>8.30</b> Million Dollar Minute. <b>9.30</b> NBC Today. <b>Noon</b> House Of Wellness. <b>1.00</b> Million Dollar Minute. <b>2.00</b> Jabba's Movies. <b>2.30</b> Sons And Daughters. <b>4.30</b> Medical Rookies. <b>5.00</b> Australia's Deadliest. <b>5.30</b> Escape To The Country. <b>6.30</b> Bargain Hunt. <b>7.30</b> Railroad Australia. <b>8.30</b> Selling Houses Australia. <b>11.45</b> Greatest Outdoors. <b>12.45am</b> The Fine Art Auction. <b>4.00</b> Better Homes And Gardens. <b>5.30</b> Home Shopping.	<b>9GEM (81, 92)</b> <b>6am</b> TV Shop: Home Shopping. <b>7.00</b> Creflo Dollar Ministries. <b>7.30</b> TV Shop: Home Shopping. <b>10.30</b> Pointless. <b>11.30</b> My Favorite Martian. <b>Noon</b> Days Of Our Lives. <b>12.55</b> The Young And The Restless. <b>1.50</b> The Bill. <b>2.50</b> Antiques Roadshow. <b>3.20</b> <b>MOVIE: The Story Of Gilbert And Sullivan</b> . (1953) <b>5.30</b> Murder, She Wrote. <b>6.30</b> Rugby League. NRL. Round 1. Brisbane Broncos v South Sydney Rabbitohs. <b>7.00</b> Antiques Roadshow. <b>7.30</b> Keeping Up Appearances. <b>8.40</b> To Be Advised. <b>11.30</b> The Equalizer. <b>12.30am</b> Antiques Roadshow. <b>1.00</b> TV Shop: Home Shopping.	<b>10 PEACH (52, 11)</b> <b>6am</b> The Late Show With Stephen Colbert. <b>7.00</b> NBL Slam. <b>7.30</b> Seinfeld. <b>9.00</b> Becker. <b>10.00</b> The Middle. <b>11.00</b> Frasier. <b>Noon</b> To Be Advised. <b>1.00</b> Mom. <b>1.30</b> Seinfeld. <b>3.00</b> The King Of Queens. <b>4.00</b> Becker. <b>5.00</b> Frasier. <b>6.00</b> Friends. <b>8.00</b> The Big Bang Theory. <b>9.30</b> Mom. <b>11.00</b> Nancy Drew. <b>Midnight</b> Home Shopping. <b>12.30</b> Infomercials. <b>1.00</b> Home Shopping. <b>1.30</b> The Late Show With Stephen Colbert. <b>2.30</b> The Late Late Show With James Corden. <b>3.30</b> Becker. <b>4.30</b> Home Shopping. <b>5.30</b> Infomercials.
<b>NITV (34)</b> <b>6am</b> Morning Programs. <b>10.00</b> Land Of Primates. <b>10.50</b> Going Places. <b>11.50</b> Ngumpin Kartiya. <b>12.10pm</b> <b>MOVIE: Arrowhead</b> . (2015, M) <b>2.00</b> Shortland St. <b>2.30</b> Chef's Line. <b>3.00</b> Bushwhacked! <b>3.25</b> The Magic Canoe. <b>3.50</b> Wolf Joe. <b>4.00</b> Aussie Bush Tales. <b>4.10</b> Grace Beside Me. <b>4.35</b> Mustangs FC. <b>5.00</b> Our Stories. <b>5.30</b> NITV News: Nula. <b>6.00</b> Bamay. <b>6.35</b> News. <b>6.40</b> Land Of Primates. <b>7.30</b> Little J And Big Cuz. <b>7.45</b> <b>MOVIE: Mosley</b> . (2019, PG) <b>9.30</b> First Nations Bedtime Stories. <b>9.40</b> Through The Wormhole With Morgan Freeman. <b>10.30</b> NITV On The Road: Barunga Festival. <b>11.30</b> Late Programs.	<b>SBS WORLD MOVIES (32)</b> <b>6am</b> Orlando. Continued. (1992, PG) <b>6.40</b> Little Nicolas. (2009, PG, French) <b>8.20</b> Strings. (2004, PG) <b>10.00</b> Adam. (2019, PG) <b>11.55</b> Chevalier. (2015, M, Greek) <b>1.55pm</b> Watership Down. (1978, PG) <b>3.35</b> Toast. (2010, PG) <b>5.20</b> Blinded By The Light. (2019, PG) <b>7.30</b> The Kindergarten Teacher. (2018, M) <b>9.20</b> Destroyer. (2018, MA15+) <b>11.35</b> Good Manners. (2017, MA15+, Portuguese) <b>2.05am</b> The Other Side Of Hope. (2017, M, Finnish) <b>4.00</b> The Protector 2. (2013, M, Thai)	<b>7MATE (74)</b> <b>6am</b> The Fishing Show. <b>7.00</b> Step Outside With Paul Burt. <b>7.30</b> Creek To Coast. <b>8.00</b> American Pickers. <b>9.00</b> Seven's Motorsport Classic. <b>10.00</b> Motor Racing. Supercars Championship. Round 1. Sydney SuperNight. Day 1. Highlights. <b>11.00</b> Motor Racing. Supercars Championship. Round 1. Sydney SuperNight. Day 2. Highlights. <b>Noon</b> <b>MOVIE: Executive Decision</b> . (1996, M) <b>2.45</b> Pawn Stars. <b>3.15</b> Shipping Wars. <b>4.15</b> Timbersports. <b>4.45</b> <b>MOVIE: Maverick</b> . (1994, PG) <b>7.30</b> <b>MOVIE: Lethal Weapon 4</b> . (1998, M) <b>10.05</b> <b>MOVIE: Fire Down Below</b> . (1997, M) <b>12.15am</b> <b>MOVIE: Beast</b> . (2015, M) <b>2.05</b> Late Programs.	<b>9GO! (82, 93)</b> <b>6am</b> Children's Programs. <b>10.30</b> Pokémon Journeys. <b>11.00</b> Mega Man: Fully Charged. <b>11.30</b> Bakugan: Battle Planet. <b>Noon</b> Xena. <b>2.00</b> Hercules. <b>3.00</b> The Nanny. <b>3.30</b> 3rd Rock From The Sun. <b>4.00</b> That '70s Show. <b>4.30</b> Everybody Loves Raymond. <b>5.30</b> <b>MOVIE: Paddington 2</b> . (2017) <b>7.30</b> <b>MOVIE: The Great Wall</b> . (2016, M) <b>9.30</b> <b>MOVIE: 47 Ronin</b> . (2013, M) <b>11.45</b> Everybody Loves Raymond. <b>12.15am</b> #Killerpost. <b>1.15</b> Reverie. <b>2.10</b> Below Deck Sailing Yacht. <b>3.00</b> Bakugan: Battle Planet. <b>3.30</b> Ninjago: Masters Of Spinjitzu. <b>4.00</b> TV Shop: Home Shopping. <b>5.00</b> Pokémon Journeys. <b>5.30</b> Mega Man: Fully Charged.	<b>10 BOLD (53, 12)</b> <b>6am</b> Home Shopping. <b>8.00</b> Escape Fishing With ET. <b>8.30</b> Bondi Rescue. <b>9.00</b> Jake And The Fatman. <b>10.00</b> Diagnosis Murder. <b>11.00</b> JAG. <b>Noon</b> NCIS. <b>1.00</b> Walker, Texas Ranger. <b>2.00</b> JAG. <b>6.00</b> Bondi Rescue. <b>7.30</b> NCIS. <b>8.30</b> Law & Order: SVU. <b>10.30</b> CSI: Crime Scene Investigation. <b>12.30am</b> Home Shopping. <b>2.00</b> Jake And The Fatman. <b>3.00</b> JAG. <b>4.00</b> Walker, Texas Ranger. <b>5.00</b> Diagnosis Murder.

CONSUMER ADVICE (P) Pre-school (C) Children (PG) Parental Guidance Recommended (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence (R) Repeat (A) Adult themes (d) Drug references (h) Horror (s) Sex references (l) Language (m) Medical procedures (n) Nudity (v) Violence.

QLD



Saturday, March 12

<p><b>ABC TV (2)</b> <b>6.00</b> Rage. (PG) <b>7.00</b> Weekend Breakfast. <b>9.00</b> Rage. (PG) <b>12.00 ABC News At Noon.</b> <b>12.30 Midsomer Murders.</b> (PG, R) <b>2.00 Grantchester.</b> (Mv, R) <b>2.45 Outback Ringer.</b> (PG, R) <b>3.30 Landline.</b> (R) <b>4.00 Basketball.</b> WNBL. Round 14. Bendigo Spirit v Sydney Uni Flames.</p> <p><b>6.10 George Clarke's Amazing Spaces: House In 24 Hrs Special.</b> (R) Presented by George Clarke. <b>7.00 ABC News.</b> Takes a look at today's top stories. <b>7.30 Death In Paradise.</b> (Mdv) A bachelor party goes awry. <b>8.30 All Creatures Great And Small.</b> (Final, PG) It is Christmas Eve, and the day before Helen and Hugh's wedding, and everyone is gathering to celebrate at the Skeldale Christmas party. However, James is called away to help with a dog in labour. <b>9.30 Troppo.</b> (Mal, R) Ted and Amanda's hard work leads to Jong Min's remains being found in the river. <b>10.30 Call The Midwife.</b> (PG, R) Lucille is trapped in a lift with a woman in labour. <b>11.30 Les Misérables.</b> (Mav, R) <b>12.30 Rage.</b> (MA15+adhlnsv)</p>	<p><b>SBS (3)</b> <b>6.00</b> WorldWatch. <b>9.30</b> Greek News. <b>10.30</b> German News. <b>11.00</b> Spanish News. <b>11.30</b> Turkish News. <b>12.00</b> Arabic News F24. <b>12.30</b> ABC America: World News Tonight. <b>1.00</b> PBS NewsHour. (R) <b>2.00</b> Sportswoman. <b>2.30</b> Sportswoman 2021. <b>3.00</b> FIFA World Cup 2022 Magazine. <b>3.30</b> The Seekers Farewell Concert. (R) <b>4.30</b> Blitzed: Nazis On Drugs. (PGad, R) <b>5.40</b> Secret Nazi Bases. (R)</p> <p><b>6.30 SBS World News.</b> <b>7.30 Celebrity Letters And Numbers.</b> (M) Hosted by Michael Hing. <b>8.30 Exploring Northern Ireland.</b> (PG) Part 2 of 4. Siobhán McSweeney continues to explore Northern Ireland by taking in the Mourne Mountains. <b>9.30 World's Greatest Bridges: Sydney Harbour Bridge.</b> (PG, R) A look at the Sydney Harbour Bridge. <b>10.20 8 Out Of 10 Cats Does Countdown.</b> (Mals, R) <b>11.15 Cycling.</b> UCI World Tour. Paris-Nice Race. Stage 7. <b>1.10 MOVIE:</b> The Girl Who Kicked The Hornet's Nest. (2009, MA15+v, R, Swedish) Michael Nyqvist, Noomi Rapace, Lena Endre. <b>3.50</b> 100 Vaginas. (MA15+Ins, R) <b>4.45</b> Destination Flavour: Japan Bitesize. (R) <b>5.00</b> France 24 Feature. <b>5.15</b> NHK World English News. <b>5.30</b> Deutsche Welle English News.</p>	<p><b>SEVEN (7)</b> <b>6.00</b> NBC Today. <b>7.00</b> Weekend Sunrise. <b>10.00 The Morning Show: Weekend.</b> (PG) Highlights from the past week. <b>12.00 Horse Racing.</b> Chandon Ladies Day and Super Saturday. <b>5.00 Seven News At 5.</b> <b>5.30 Creek To Coast.</b> A look at the latest in outdoor activities.</p> <p><b>6.00 Seven News.</b> <b>7.00 Border Security: Australia's Front Line.</b> (PG) Narrated by Grant Bowler. <b>7.30 MOVIE: Indiana Jones And The Last Crusade.</b> (1989, PGhv, R) Indiana Jones tries to locate his missing father, who was on a lifelong quest to find the legendary Holy Grail. Harrison Ford, Sean Connery. <b>10.05 MOVIE: The Commuter.</b> (2018, Malv, R) An insurance salesman is caught up in a criminal conspiracy during his daily commute home. Liam Neeson, Vera Farmiga. <b>12.15 MOVIE: Beast.</b> (2015, Malv, R) A boxer experiences a life-changing night. Chad McKinney. <b>2.00 Home Shopping.</b> (R) <b>4.00 Get Clever.</b> (R) <b>5.00 House Of Wellness.</b> (PG, R)</p>	<p><b>NINE (8, 9)</b> <b>6.00</b> Easy Eats. (R) <b>7.00</b> Weekend Today. <b>10.00</b> Today Extra: Saturday. (PG) <b>12.00</b> Surfing Australia TV. <b>12.30</b> Drive TV. <b>1.00</b> My Way. (R) <b>1.30</b> Talking Honey: Relationship Specials. (PG, R) <b>1.35</b> Delish. <b>2.05 MOVIE:</b> Annie. (2014, PGa, R) Quvenzhané Wallis, Jamie Foxx, Cameron Diaz. <b>4.30</b> The Garden Gurus. <b>5.00</b> News: First At Five. <b>5.30</b> Getaway. (PG)</p> <p><b>6.00 Nine News Saturday.</b> <b>7.00 A Current Affair.</b> <b>7.30 Space Invaders.</b> (PG) Experts help people declutter their lives. <b>8.30 MOVIE: Gladiator.</b> (2000, Mav, R) After a successful Roman general is betrayed and his family is murdered by the emperor's heir, he seeks revenge. Having been forced to become a gladiator, he uses his new position in the arena to torment his nemesis. Russell Crowe, Joaquin Phoenix, Connie Nielsen. <b>11.30 MOVIE: Don't Breathe.</b> (2016, MA15+alv, R) Stephen Lang. <b>1.10 Tipping Point.</b> (PG, R) <b>2.00 TV Shop: Home Shopping.</b> (R) <b>4.30 Global Shop.</b> (R) <b>5.00</b> TV Shop: Home Shopping. (R) <b>5.30</b> Wesley Impact With Stu Cameron. (PG, R)</p>	<p><b>TEN (5, 1)</b> <b>6am</b> Morning Programs. <b>8.00</b> My Market Kitchen. (R) <b>8.30</b> Pooches At Play. (R) <b>9.00</b> Freshly Picked. (R) <b>9.30</b> St10. (PG) <b>12.00</b> 4x4 Adventures. (R) <b>1.00</b> Left Off The Map. (R) <b>1.30</b> Everyday Gourmet. (R) <b>2.00</b> My Market Kitchen. (R) <b>2.30</b> Destination Dessert. (R) <b>3.00</b> What's Up Down Under. <b>3.30</b> Farm To Fork. (PG, R) <b>4.00</b> Taste Of Australia. (R) <b>4.30</b> Roads Less Travelled. (R) <b>5.00</b> News.</p> <p><b>6.00 Soccer.</b> A-League Men. Round 18. Melbourne City v Melbourne Victory. From AAMI Park, Melbourne. <b>9.00 Ambulance Australia.</b> (Mdlm, R) Paramedics Jeff and Tamara are called to help a 92-year-old pinned under his mobility scooter after it tipped over, and attend to a baby who is turning blue and struggling to breathe. <b>10.00 Ambulance.</b> (Ma, R) A man found slumped in his car in London's city centre turns on the good Samaritan who called an ambulance for him, leaving the caller needing emergency hospital treatment. <b>11.00 FBI.</b> (Mv, R) After a Muslim student is murdered, OA struggles to understand his FBI mentor's endgame. <b>12.00 Home Shopping.</b> (R) <b>3.30 Infomercials.</b> (PG, R) <b>5.00 Hour Of Power.</b> Religious program.</p>
<p><b>ABC TV PLUS (22)</b> <b>6am</b> Children's Programs. <b>7.10pm</b> Andy And The Band. <b>7.30</b> Spicks And Specks. <b>8.00</b> QI. <b>8.30</b> Live At The Apollo. <b>9.15</b> Sammy J. <b>9.20</b> Whose Line Is It Anyway? <b>10.05</b> Penn &amp; Teller: Fool Us. <b>10.45</b> Gavin &amp; Stacey. <b>11.15</b> Schitt's Creek. <b>11.40</b> Archer. <b>Midnight</b> Year Of The Rabbit. <b>12.25</b> The Young Offenders. <b>12.55</b> The Planets. <b>1.55</b> ABC News Update. <b>2.00</b> Close. <b>5.05</b> Little Princess. <b>5.15</b> Late Programs.</p>	<p><b>SBS VICELAND (31)</b> <b>6am</b> WorldWatch. <b>Noon</b> Insight. <b>1.00</b> SBS Courtside. <b>1.30</b> Basketball. NBA. Washington Wizard v Los Angeles Lakers. <b>4.00</b> Front Up. <b>5.00</b> Lee Lin Chin's Fashionista. <b>5.15</b> WorldWatch. <b>5.45</b> PBS News. <b>6.45</b> Extreme Food Phobics. <b>7.35</b> Impossible Engineering. <b>8.30</b> Secrets Of America's Shadow Government. <b>9.20</b> Black Market. <b>10.10</b> The X-Files. <b>12.40am</b> South Park. <b>1.30</b> King Of The Road. <b>2.20</b> Late Programs.</p>	<p><b>7TWO (72)</b> <b>6am</b> Morning Programs. <b>11.00</b> Horse Racing. Chandon Ladies Day and Super Saturday. <b>Noon</b> Weekend. <b>12.30</b> Creek To Coast. <b>1.00</b> House Of Wellness. <b>2.00</b> Sydney Weekender. <b>2.30</b> The Great Outdoors: Greatest Escapes. <b>3.30</b> Selling Houses Aust. <b>4.30</b> Meghan &amp; Harry: The Next Chapter. <b>5.30</b> Ed And Karen's Recipes For Success. <b>6.30</b> The Yorkshire Vet. <b>8.30</b> Escape To The Country. <b>11.30</b> Late Programs.</p>	<p><b>9GEM (81, 92)</b> <b>6am</b> Morning Programs. <b>8.30</b> TV Shop. <b>10.00</b> Edgar Wallace Mysteries. <b>11.20</b> Avengers. <b>12.20pm MOVIE:</b> Mystery Junction. (1951, PG) <b>1.40 MOVIE:</b> Hue And Cry. (1947) <b>3.20 MOVIE:</b> It's A Mad, Mad, Mad, Mad World. (1963, PG) <b>6.30</b> Rugby Union. Super Rugby. Round 4. Queensland Reds v Fijian Drua. <b>8.45</b> Super Rugby Post-Match. <b>9.00 MOVIE:</b> Donnie Brasco. (1997, MA15+) <b>11.30</b> Late Programs.</p>	<p><b>10 PEACH (52, 11)</b> <b>6am</b> The Late Show With Stephen Colbert. <b>7.00</b> The King Of Queens. <b>8.00</b> Frasier. <b>9.00</b> Becker. <b>10.00</b> The Middle. <b>11.00</b> The King Of Queens. <b>Noon</b> Australian Survivor. <b>3.00</b> Friends. <b>6.00</b> The Big Bang Theory. <b>10.15</b> Friends. <b>12.10am</b> Home Shopping. <b>1.10</b> Infomercials. <b>1.40</b> Mom. <b>2.35</b> Naked Beach. <b>3.30</b> Nancy Drew. <b>4.30</b> Home Shopping.</p>
<p><b>NITV (34)</b> <b>6am</b> Morning Programs. <b>1.40pm</b> Songlines On Screen. <b>2.00</b> Rugby Union. Ella 7s. <b>2.20</b> Ice Hockey. National Hockey Super League. <b>4.20</b> Over The Black Dot. <b>4.50</b> Rugby League. Koori Knockout. Newcastle Yowies v Cabbage Tree Island. Replay. <b>5.50</b> VICE World Of Sports. <b>6.20</b> Rivals. <b>6.50</b> News. <b>7.00</b> First People's Kitchen. <b>7.30</b> How It Feels To Be Free. <b>9.40 MOVIE:</b> The Descent 2. (2009, MA15+) <b>11.20</b> Late Programs.</p>	<p><b>SBS WORLD MOVIES (32)</b> <b>6am</b> Blinded By The Light. (2019, PG) <b>8.10</b> Remi Nobody's Boy. (2018, PG, French) <b>10.10</b> A Separation. (2011, M, Farsi) <b>12.25pm</b> Little Nicolas. (2009, PG, French) <b>2.05</b> Adam. (2019, PG) <b>4.00</b> Playtime. (1967, PG, French) <b>6.15</b> Big Fish. (2003, PG) <b>8.30</b> Booksmart. (2019, MA15+) <b>10.25</b> Curiosa. (2019, MA15+, French) <b>12.25am</b> Tanna. (2015, M, Bislama) <b>2.20</b> Late Programs.</p>	<p><b>7MATE (74)</b> <b>6am</b> Morning Programs. <b>1pm</b> Paralympic Winter Games Beijing 2022: Highlights. H'lights from the Winter Paralympics. <b>2.00</b> Football. AFL Women's. Collingwood v Richmond. <b>4.00</b> Pawn Stars. <b>5.00</b> American Pickers: Best Of. <b>6.00 MOVIE:</b> Caddyshack. (1980, PG) <b>8.00 MOVIE:</b> Austin Powers: The Spy Who Shagged Me. (1999, M) <b>10.05</b> Late Programs.</p>	<p><b>9GO! (82, 93)</b> <b>6am</b> Children's Programs. <b>1.30pm</b> Peaking. <b>2.25</b> Race Across The World. <b>3.40</b> Ultimate Rush. <b>4.10</b> Soapbox Racing. Red Bull Series. Replay. <b>5.10</b> Road Trick. <b>5.40 MOVIE:</b> The Flintstones. (1994) <b>7.30 MOVIE:</b> The Truman Show. (1998, PG) <b>9.30 MOVIE:</b> You, Me And Dupree. (2006, M) <b>11.40</b> Weird Science. <b>12.10am</b> Flip It Like Disick. <b>2.10</b> Very Cavallari. <b>3.00</b> Power Rangers Dino Fury. <b>3.30</b> Thunderbirds. <b>4.30</b> Late Programs.</p>	<p><b>10 BOLD (53, 12)</b> <b>6am</b> Home Shopping. <b>9.00</b> The Doctors. <b>10.00</b> What's Up Down Under. <b>10.30</b> Escape Fishing With ET. <b>11.00</b> Bondi Rescue. <b>Noon</b> Jake And The Fatman. <b>1.00</b> JAG. <b>2.00</b> Diagnosis Murder. <b>3.00</b> Buy To Build. <b>3.30</b> Hotels By Design. <b>4.00</b> Bondi Rescue. <b>4.30</b> iFish Summer Series. <b>5.00</b> Escape Fishing With ET. <b>5.30</b> Scorpion. <b>7.30</b> NCIS. <b>8.30</b> NCIS: New Orleans. <b>10.20</b> The FBI Declassified. <b>11.20</b> Late Programs.</p>



# Do you have an event coming up?

# We want to know!

Send the details to [editorial@todaygladstone.com.au](mailto:editorial@todaygladstone.com.au) and we'll publish it in our weekly Events Calendar.

12503220-JW28-21

Sunday, March 13

<p><b>ABC TV (2)</b> <b>6.00</b> Rage. (PG) <b>7.00</b> Weekend Breakfast. <b>9.00</b> Insiders. <b>10.00</b> Offsiders. <b>10.30</b> The World This Week. (R) <b>11.00</b> Compass. (PG, R) <b>11.30</b> Songs Of Praise. <b>12.00</b> ABC News At Noon. <b>12.30</b> Landline. <b>1.30</b> Gardening Australia. (R) <b>2.30</b> Australia Remastered. (R) <b>3.25</b> Love On The Spectrum. (PG, R) <b>4.30</b> Back In Time For Dinner. (PG, R) <b>5.30</b> Nigella At My Table. (Final, R)</p> <p><b>6.00 Antiques Roadshow.</b> Hosted by Fiona Bruce. <b>7.00 ABC News Sunday.</b> <b>7.40 Grand Designs New Zealand.</b> (PG) Hosted by Chris Moller. <b>8.30 Troppo.</b> (Mal) A shocking revelation leads Amanda and Ted to focus their attention on Yoon Sun and Olivia as prime suspects. <b>9.25 Killing Eve.</b> (MA15+v) <b>10.10 Miniseries: Patrick Melrose.</b> (Mal, R) Part 5 of 5. <b>11.10 Harrow.</b> (Mav, R) <b>12.05 Mum.</b> (MI, R) <b>12.35 Silent Witness.</b> (Masv, R) <b>2.35 Rage.</b> (MA15+adhlnsv) <b>4.00 Horror Movie: A Low-Budget Nightmare.</b> (Mal, R) <b>5.00</b> Insiders. (R)</p>	<p><b>SBS (3)</b> <b>6.00</b> WorldWatch. <b>9.30</b> Greek News. <b>10.30</b> German News. <b>11.00</b> Spanish News. <b>11.30</b> Turkish News. <b>12.00</b> Arabic News F24. <b>12.30</b> ABC America: World News Tonight. <b>1.00</b> Speedweek. <b>3.00</b> AusMoto Show. (Return) <b>3.30</b> The Rising. <b>4.30</b> The Cook Up With Adam Liaw Bitesize. (R) <b>4.40</b> Secrets Of Nazi U-Boat Bases. (PGa, R) <b>5.40</b> Secret Nazi Bases. (PGa, R)</p> <p><b>6.30 SBS World News.</b> <b>7.30 Acropolis: The Ancient Builders.</b> (PG) Explores the construction of the Acropolis. <b>8.30 Spain's Secret Conquest.</b> (PG) Part 1 of 2. A look at the little-known history of the Spanish colonists who settled in Florida in 1565. <b>10.50 The Real Hunt For Red October.</b> (PGa, R) <b>11.40</b> 8 Out Of 10 Cats Does Countdown. (Mals, R) <b>12.35</b> Great British Railway Journeys. (R) <b>1.10</b> Cycling. UCI World Tour. Paris-Nice Race. Final stage. Nice to Nice. 116 km hilly stage. From France. <b>3.10</b> The Virus: What Went Wrong? (Mal, R) <b>4.45</b> Destination Flavour: Japan Bitesize. (R) <b>5.00</b> France 24 Feature. <b>5.15</b> NHK World English News. <b>5.30</b> Deutsche Welle English News.</p>	<p><b>SEVEN (7)</b> <b>6.00</b> NBC Today. <b>7.00</b> Weekend Sunrise. <b>10.00 The Morning Show: Weekend.</b> (PG) <b>12.00 House Of Wellness.</b> (PG, R) <b>1.00 MOVIE: McFarland, USA.</b> (2015, PGal, R) <b>3.50 Better Homes And Gardens.</b> (R) <b>5.00 Seven News At 5.</b> <b>5.30 Weekender.</b></p> <p><b>6.00 Seven News.</b> <b>7.00 Dancing With The Stars: All Stars.</b> (PG) Hosted by Daryl Somers and Sonia Kruger. <b>8.30 Crime Investigation Australia: Baby In The Suitcase.</b> (MA15+adv) Takes look at the murder of two-year-old Khandalyce Kiara Pearce, whose body was found in a suitcase. <b>9.50 Born To Kill? Donald Gaskins Jr "Pee Wee".</b> (MA15+av) A look at serial killer Donald Gaskins Jr. <b>10.55 Death Row: Countdown To Execution.</b> (MA15+av) Part 3 of 4. <b>12.00 The Proposal.</b> (PGa, R) <b>2.00 Home Shopping.</b> (R) <b>3.30 Million Dollar Minute.</b> (R) <b>4.00 NBC Today.</b> <b>5.00</b> Seven Early News. <b>5.30</b> Sunrise.</p>	<p><b>NINE (8, 9)</b> <b>6.00</b> Weekend Today. <b>9.00</b> Sports Sunday. (PG) <b>10.00</b> NRL Sunday Footy Show. (PG) <b>11.00</b> Rugby League. NRL Women's Premiership. Round 3. Brisbane Broncos v St George Illawarra Dragons. <b>12.50</b> Rugby League. NRL Women's Premiership. Round 3. Parramatta Eels v Gold Coast Titans. <b>2.30</b> Rugby League. NRL. Round 1. Parramatta Eels v Gold Coast Titans. <b>5.00</b> News. <b>5.30</b> My Way.</p> <p><b>6.00 Nine News Sunday.</b> <b>7.00 Married At First Sight.</b> (PGal) The social experiment continues. <b>8.50 60 Minutes.</b> Current affairs program, investigating, analysing and uncovering the issues affecting all Australians. <b>9.50 Nine News Late.</b> A look at the latest news and events. <b>10.20 Australian Crime Stories: The Queen Of Con.</b> (Ma, R) A look at the case of Jody Harris. <b>11.20 The First 48: Broken Home.</b> (Malv) <b>12.10 Shallow Grave.</b> (Mav, R) <b>1.00 Ultimate Rush.</b> (MI, R) <b>1.30 TV Shop: Home Shopping.</b> (R) <b>4.00</b> Believer's Voice Of Victory. (PGa) <b>4.30</b> Take Two. (R) <b>5.00</b> News Early Edition. <b>5.30</b> Today.</p>	<p><b>TEN (5, 1)</b> <b>6am</b> Morning Programs. <b>8.30</b> What's Up Down Under. (R) <b>9.00</b> Left Off The Map. (R) <b>9.30</b> St10. (PG) <b>12.00</b> Everyday Gourmet. (R) <b>12.30</b> Australian Survivor. (R) <b>1.45</b> My Market Kitchen. (R) <b>2.00</b> Luca's Key Ingredient. (R) <b>2.30</b> Australia By Design: Architecture. (R) <b>3.00</b> Freshly Picked. (R) <b>3.30</b> Waltzing Jimeoin. (PGal, R) <b>4.00</b> Farm To Fork. (PG, R) <b>4.30</b> Taste Of Australia. (R) <b>5.00</b> News.</p> <p><b>6.30 The Sunday Project.</b> Panellists dissect, digest and reconstitute the daily news, events and hottest topics. <b>7.30 Australian Survivor.</b> A group of castaways are in Far North Queensland, where they face challenges in the quest for the title of Sole Survivor. <b>9.00 FBI.</b> (Mv) The team investigates an extremist gun group after an anti-gun lobbyist building is bombed. Bashar dangles a possible promotion for OA, but only if he can persuade Tiffany to not report an incident of misconduct. <b>11.00 The Sunday Project.</b> (R) Panellists dissect, digest and reconstitute the daily news, events and hottest topics. <b>12.00 Home Shopping.</b> (R) <b>2.30 Infomercials.</b> (PG, R) <b>4.30 CBS Mornings.</b></p>
<p><b>ABC TV PLUS (22)</b> <b>6am</b> Children's Programs. <b>7.10pm</b> Andy And The Band. <b>7.30</b> Compass. <b>8.00</b> You Can't Ask That. <b>8.30</b> Louis Theroux's Forbidden America. <b>9.35</b> The Exhibitionists. <b>10.35</b> Tate Britain's Great British Walks. <b>11.20</b> George Clarke's Amazing Spaces. <b>12.10am MOVIE:</b> Infamous. (2006, M) <b>2.05</b> ABC News Update. <b>2.10</b> Close. <b>5.05</b> Little Princess. <b>5.15</b> Late Programs.</p>	<p><b>SBS VICELAND (31)</b> <b>6am</b> WorldWatch. <b>Noon</b> Basketball. NBA. Washington Wizards v Los Angeles Lakers. Replays <b>2.00</b> Nuts And Bolts. <b>2.30</b> Look Me In The Eye. <b>3.30</b> WorldWatch. <b>4.00</b> Insight. <b>5.00</b> Lee Lin Chin's Fashionista. <b>5.10</b> Unknown Amazon. <b>6.00</b> Speed With Guy Martin. <b>6.55</b> Lost Gold Of World War II. <b>7.40</b> Ice Cowboys. <b>8.30</b> The Story Of Late Night. <b>9.20</b> Atlantis Found. <b>10.55</b> Dark Side Of Football. <b>11.45</b> Late Programs.</p>	<p><b>7TWO (72)</b> <b>6am</b> Morning Programs. <b>9.00</b> Out Of The Blue. <b>9.30</b> Australia's Best Backyards. <b>10.00</b> House Of Wellness. <b>11.00</b> NBC Today. <b>Noon</b> The Yorkshire Vet. <b>2.00</b> To Be Advised. <b>2.30</b> The Great Australian Doorstep. <b>3.00</b> Escape To The Country. <b>6.00</b> Dog Patrol. <b>7.00</b> Border Security. <b>8.30</b> Railroad Australia. <b>9.30</b> Hornby: A Model Empire. (Premiere) <b>10.30</b> Great Scenic Railway Journeys. <b>11.10</b> Late Programs.</p>	<p><b>9GEM (81, 92)</b> <b>6am</b> Morning Programs. <b>8.30</b> The Incredible Journey. <b>9.00</b> TV Shop. <b>10.00</b> My Favorite Martian. <b>10.30</b> Explore. <b>10.40</b> Garden Gurus. <b>11.10</b> Getaway. <b>11.40 MOVIE:</b> Dentist On The Job. (1961, PG) <b>1.30pm MOVIE:</b> Home At Seven. (1952, PG) <b>3.15 MOVIE:</b> The Tittfield Thunderbolt. (1953) <b>5.00 MOVIE:</b> The Pride And The Passion. (1957, PG) <b>7.30</b> To Be Advised. <b>10.00</b> Chicago P.D. <b>11.00</b> Late Programs.</p>	<p><b>10 PEACH (52, 11)</b> <b>6am</b> NBL Slam. <b>6.30</b> The Big Bang Theory. <b>8.30</b> Neighbours. <b>10.30</b> The Middle. <b>11.00</b> To Be Advised. <b>Noon</b> Basketball. NBL. Round 15. Tasmania JackJumpers v Illawarra Hawks. <b>2.00</b> Basketball. NBL. Round 15. South East Melbourne Phoenix v Melbourne United. <b>4.00</b> The Middle. <b>5.00</b> Friends. <b>6.00</b> The Big Bang Theory. <b>8.30</b> Friends. <b>Midnight</b> Shopping. <b>12.30</b> Infomercials. <b>1.00</b> Shopping. <b>1.30</b> Late Programs.</p>
<p><b>NITV (34)</b> <b>6am</b> Morning Programs. <b>11.15</b> Football. CAFL. <b>12.45pm</b> Motor Racing. W Series. Round 5. Highlights. <b>1.15</b> Soccer. Serie A Femminile. <b>3.00</b> Rugby Union. Monsoon Rugby Union. <b>4.30</b> Softball. SA Premier League. <b>6.00</b> Going Native. <b>6.30</b> News. <b>6.40</b> Animal Babies: First Year On Earth. <b>7.40</b> Ice Cowboys. <b>8.40</b> Nadia. <b>10.10</b> Dwayne Wade: Life Unexpected. <b>11.55</b> Late Programs.</p>	<p><b>SBS WORLD MOVIES (32)</b> <b>6am</b> Big Fish. (2003, PG) <b>8.15</b> Toast. (2010, PG) <b>10.00</b> Playtime. (1967, PG, French) <b>12.15pm</b> Brooklyn. (2015, M) <b>2.20</b> Remi Nobody's Boy. (2018, PG, French) <b>4.20</b> The Boy And The Beast. (2015, PG) <b>6.30</b> Without A Clue. (1988, PG) <b>8.30</b> Another Round. (2020, M, Danish) <b>10.40</b> The Big Picture. (2010, M, French) <b>12.50am</b> Calvary. (2014, MA15+) <b>2.45</b> Late Programs.</p>	<p><b>7MATE (74)</b> <b>6am</b> Morning Programs. <b>11.00</b> Fishing. IFS Championships. Replay. <b>11.30</b> Step Outside. <b>Noon</b> Football. AFL Women's. Round 10. St Kilda v Adelaide. <b>2.00</b> Football. AFL Women's. Round 10. Western Bulldogs v Brisbane Lions. <b>4.00</b> Football. AFL Women's. Round 10. Fremantle v Gold Coast. <b>6.00</b> American Pickers. <b>7.00 MOVIE:</b> 2012. (2009, PG) <b>10.05 MOVIE:</b> Commando. (1985, MA15+) <b>11.55</b> Late Programs.</p>	<p><b>9GO! (82, 93)</b> <b>6am</b> Children's Programs. <b>1.30pm</b> Surfing Australia TV. <b>2.00</b> The Break Boys. <b>3.00 MOVIE:</b> Pokémon The Movie: I Choose You! (2017, PG) <b>5.00</b> To Be Advised. <b>7.00 MOVIE:</b> Johnny English Reborn. (2011, PG) <b>9.00 MOVIE:</b> The Bourne Supremacy. (2004, M) <b>11.10</b> Allegiance. <b>12.10am</b> Flip It Like Disick. <b>2.10</b> Below Deck. <b>3.00</b> Power Rangers Dino Fury. <b>3.30</b> Thunderbirds. <b>4.30</b> Teen Titans Go! <b>4.50</b> Late Programs.</p>	<p><b>10 BOLD (53, 12)</b> <b>6am</b> Home Shopping. <b>7.30</b> Key Of David. <b>8.00</b> The Doctors. <b>9.00</b> Healthy Homes Australia. <b>9.30</b> Bondi Rescue. <b>10.00</b> iFish Summer Series. <b>10.30</b> Reel Action. <b>11.00</b> Escape Fishing With ET. <b>11.30</b> Beyond The Fire: Recovery. <b>12.30pm</b> Scorpion. <b>2.30</b> Soccer. A-League Women. Semi-final. <b>5.00</b> Pooches At Play. <b>5.30</b> What's Up Down Under. <b>6.00</b> Bondi Rescue. <b>7.30</b> NCIS. <b>9.25</b> NCIS: Los Angeles. <b>11.15</b> Late Programs.</p>



<p><b>ABC TV (2)</b> <b>6.00</b> News Breakfast. <b>9.00</b> ABC News Mornings. <b>10.00</b> Landline. (R) <b>11.00</b> Antiques Roadshow. (R) <b>12.00</b> ABC News At Noon. <b>1.00</b> Death In Paradise. (Mdv, R) <b>2.10</b> Miniseries: The Teacher. (Mals, R) <b>3.00</b> ABC News Afternoons. <b>4.00</b> Escape From The City. (R) <b>4.55</b> Kurt Fearnley's One Plus One. (R) <b>5.25</b> Hard Quiz. (PG, R)</p>	<p><b>SBS (3)</b> <b>6.00</b> WorldWatch. <b>8.40</b> French News TV5MONDE. <b>9.30</b> Greek News. <b>10.30</b> German News. <b>11.00</b> Spanish News. <b>11.30</b> Turkish News. <b>12.00</b> Arabic News F24. <b>12.30</b> ABC America: World News Tonight. <b>1.00</b> Al Jazeera News. <b>2.00</b> Travel Man's Greatest Trips. (Mlns, R) <b>2.55</b> Hidden Algeria. (PGa, R) <b>3.55</b> Queen Victoria's Children. (PG, R) <b>5.05</b> Jeopardy! (PG) <b>5.30</b> Letters And Numbers. (R)</p>	<p><b>SEVEN (7)</b> <b>6.00</b> Sunrise. <b>9.00</b> The Morning Show. (PG) <b>11.30</b> Seven Morning News. <b>12.00</b> <b>MOVIE:</b> The Other Mother. (2017, Mav) <b>2.00</b> What The Killer Did Next. (Malv, R) <b>3.00</b> The Chase. <b>4.00</b> Seven News At 4. <b>5.00</b> The Chase Australia.</p>	<p><b>NINE (8, 9)</b> <b>6.00</b> Today. <b>9.00</b> Today Extra. (PG) <b>11.30</b> Morning News. <b>12.00</b> Married At First Sight. (PGal, R) <b>1.45</b> Explore. (R) <b>2.00</b> Pointless. (PG) <b>3.00</b> Tipping Point. (PG) <b>4.00</b> Afternoon News. <b>4.30</b> Millionaire Hot Seat. <b>5.30</b> WIN News.</p>	<p><b>TEN (5, 1)</b> <b>6.00</b> The Talk. (PGa) <b>7.00</b> Judge Judy. (PG, R) <b>7.30</b> The Bold And The Beautiful. (PG, R) <b>8.00</b> Studio 10. (PG) <b>12.00</b> Dr Phil. (PGal) <b>1.00</b> Australian Survivor. (R) <b>2.30</b> Entertainment Tonight. <b>3.00</b> Judge Judy. (PG, R) <b>3.30</b> Freshly Picked With Simon Toohey. <b>4.00</b> Farm To Fork. (PG, R) <b>4.30</b> The Bold And The Beautiful. (PGa) <b>5.00</b> 10 News First.</p>
<p><b>6.00</b> The Drum. <b>7.00</b> ABC News. <b>7.30</b> <b>7.30</b>. Presented by Leigh Sales. <b>8.00</b> Australian Story. Australians share their personal stories. <b>8.30</b> Four Corners. Investigative journalism program that leads national debate and confronts issues that matter. <b>9.20</b> Media Watch. (PG) Hosted by Paul Barry. <b>9.35</b> China Tonight. A look at current affairs from China. <b>10.05</b> ABC News Video Lab: World In Crisis. (R) Three mini-documentaries. <b>10.40</b> ABC Late News. <b>10.55</b> The Business. (R) <b>11.10</b> Q+A. (R) <b>12.15</b> Unforgotten. (Final, Malv, R) <b>1.05</b> Silent Witness. (MA15+av, R) <b>3.05</b> Rage. (MA15+adhlnsv) <b>4.25</b> The Drum. (R) <b>5.25</b> 7.30. (R)</p>	<p><b>6.00</b> Mastermind Australia. (PG) Presented by Marc Fennell. <b>6.30</b> SBS World News. <b>7.30</b> Scotland: Escape To The Wilderness. (PG) Part 1 of 4. <b>8.30</b> Royal History's Myths And Secrets. (PG) Lucy Worsley examines the so-called "madness" of George III and how it threatened the British throne. <b>9.35</b> The Great House Revival. (R) Hugh Wallace takes a look at the restoration of a former Church of Ireland rectory from 1800s. <b>10.30</b> SBS World News Late. <b>11.05</b> Paris Police 1900. (Mav) <b>12.05</b> Tin Star. (Return, MA15+) <b>1.05</b> Unit One. (Malsv, R) <b>4.15</b> VICE Guide To Film. (MA15+a, R) <b>4.45</b> Destination Flavour: Japan Bitesize. (R) <b>5.00</b> France 24 Feature. <b>5.15</b> NHK World English News. <b>5.30</b> Deutsche Welle English News.</p>	<p><b>6.00</b> Seven Local News. <b>6.30</b> Seven News. <b>7.00</b> Home And Away. (PGa) <b>7.30</b> SAS Australia. (Mal) The Aussie celebrities traverse a ladder underneath a hovering chopper. <b>8.40</b> The Amazing Race. (PGI) The teams travel through Corsica, France, where each team member must try a piece of casu martzu, a local delicacy also known as maggot cheese. Hosted by Phil Keoghan. <b>10.40</b> The Latest: Seven News. <b>11.10</b> The Resident. (Ma) A familiar patient returns to the ER. <b>12.10</b> <b>MOVIE:</b> Inherent Vice. (2014, MA15+dns, R) Joaquin Phoenix. <b>3.00</b> To Be Advised. <b>4.00</b> NBC Today. <b>5.00</b> Seven Early News. <b>5.30</b> Sunrise.</p>	<p><b>6.00</b> Nine News. <b>7.00</b> A Current Affair. <b>7.30</b> Married At First Sight. The social experiment continues. <b>9.00</b> La Brea. (Mv) The search party explores a mysterious fort that raises more questions than answers. <b>10.00</b> Nine News Late. A look at the latest news and events. <b>10.30</b> 100% Footy. (Return, M) Features the latest rugby league news. <b>11.30</b> Bluff City Law. (PGa, R) <b>12.15</b> Tipping Point. (PG, R) <b>1.05</b> Hello SA. (PG) <b>1.30</b> TV Shop: Home Shopping. (R) <b>2.30</b> Global Shop. (R) <b>3.00</b> TV Shop: Home Shopping. (R) <b>4.00</b> Believer's Voice Of Victory. (PGa) <b>4.30</b> A Current Affair. (R) <b>5.00</b> News Early Edition. <b>5.30</b> Today.</p>	<p><b>6.30</b> The Project. A look at the day's news and events. <b>7.30</b> Australian Survivor. A group of castaways are in Far North Queensland, where they face challenges in the quest for the title of Sole Survivor. <b>9.00</b> Would I Lie To You? Australia. Two teams go head-to-head in a battle of wits that has them trying to fool the opposition. <b>10.10</b> FBI: Most Wanted. (Mav, R) The team pursues a vigilante. <b>11.00</b> The Project. (R) A look at the day's news and events. <b>12.00</b> The Late Show With Stephen Colbert. (PG) <b>1.00</b> Home Shopping. (R) <b>2.30</b> Infomercials. (PG, R) <b>3.00</b> Home Shopping. (R) <b>4.30</b> CBS Mornings.</p>
<p><b>ABC TV PLUS (22)</b> <b>6am</b> Children's Programs. <b>7.10pm</b> Andy And The Band. <b>7.30</b> The Planets. <b>8.30</b> George Clarke's Amazing Spaces. <b>9.20</b> Grand Designs. <b>10.10</b> The Greek Islands With Julia Bradbury. <b>10.30</b> Adam Hills: The Last Leg. <b>11.15</b> QI. <b>11.45</b> Whose Line Is It Anyway? <b>12.05am</b> Escape From The City. <b>1.05</b> Community. <b>1.30</b> Parks And Recreation. <b>1.55</b> ABC News Update. <b>2.00</b> Close. <b>5.05</b> Little Princess. <b>5.15</b> Late Programs.</p>	<p><b>SBS VICELAND (31)</b> <b>6am</b> Morning Programs. <b>11.30</b> WorldWatch. <b>12.30pm</b> Lethal Ladies: NZ Female Fighters. <b>12.55</b> <b>MOVIE:</b> The Big Squeeze. (2021, M) <b>2.05</b> World Of VICE. <b>2.30</b> Does America. <b>3.00</b> Sloths Save The World. <b>3.30</b> Dead Set On Life. <b>3.55</b> WorldWatch. <b>5.15</b> Joy Of Painting. <b>5.45</b> Shortland St. <b>6.15</b> Alone. <b>7.05</b> Jeopardy! <b>7.30</b> News. <b>7.35</b> 8 Out Of 10 Cats. <b>8.30</b> Taskmaster. <b>9.25</b> Derry Girls. <b>10.25</b> Late Programs.</p>	<p><b>7TWO (72)</b> <b>6am</b> Home Shopping. <b>6.30</b> Travel Oz. <b>8.00</b> Harry's Practice. <b>8.30</b> Million Dollar Minute. <b>9.30</b> NBC Today. <b>10.30</b> Better Homes And Gardens. <b>Noon</b> Dr Death. <b>1.00</b> Million Dollar Minute. <b>2.00</b> Weekender. <b>2.30</b> Sons And Daughters. <b>4.30</b> Hornby: A Model Empire. <b>5.30</b> Escape To The Country. <b>6.30</b> Bargain Hunt. <b>7.30</b> Doc Martin. <b>8.30</b> A Touch Of Frost. <b>10.50</b> Cold Case. <b>11.50</b> Late Programs.</p>	<p><b>9GEM (81, 92)</b> <b>6am</b> TV Shop. <b>7.00</b> Creflo. <b>7.30</b> TV Shop. <b>9.30</b> Newstyle Direct. <b>10.00</b> Danoz. <b>10.30</b> Pointless. <b>11.30</b> My Favorite Martian. <b>Noon</b> Days Of Our Lives. <b>12.55</b> The Young And The Restless. <b>1.50</b> The Bill. <b>2.50</b> Antiques Roadshow. <b>3.20</b> <b>MOVIE:</b> The Rebel. (1961) <b>5.30</b> Murder, She Wrote. <b>6.30</b> Antiques Roadshow. <b>7.30</b> Agatha Raisin. <b>8.30</b> Poirot. <b>10.30</b> Law &amp; Order. <b>11.30</b> Late Programs.</p>	<p><b>10 PEACH (52, 11)</b> <b>6am</b> Basketball. NBL. Round 15. South East Melbourne Phoenix v Melbourne United. Replay. <b>8.00</b> Friends. <b>10.00</b> The Middle. <b>11.30</b> Seinfeld. <b>Noon</b> Instinct. <b>1.00</b> 27th Annual Critics' Choice Awards. <b>4.00</b> Becker. <b>5.00</b> Frasier. <b>6.00</b> Friends. <b>6.30</b> Neighbours. <b>7.00</b> Friends. <b>8.00</b> The Big Bang Theory. <b>9.30</b> Seinfeld. <b>11.00</b> Mom. <b>Midnight</b> Shopping. <b>12.30</b> Infomercials. <b>1.30</b> Late Programs.</p>
<p><b>NITV (34)</b> <b>6am</b> Morning Programs. <b>Noon</b> Nadia. <b>1.30</b> Going Native. <b>2.00</b> Shortland St. <b>2.30</b> Chefs' Line. <b>3.00</b> Bushwhacked! <b>3.25</b> The Magic Canoe. <b>3.50</b> Wolf Joe. <b>4.00</b> Aussie Bush Tales. <b>4.10</b> Grace Beside Me. <b>4.35</b> Mustangs FC. <b>5.00</b> Our Stories. <b>5.30</b> APTN National News. <b>6.00</b> Bamay. <b>6.40</b> News. <b>6.50</b> Land Of Primates. <b>7.40</b> Through The Wormhole With Morgan Freeman. <b>8.30</b> Karla Grant Presents. <b>9.30</b> Colony. <b>11.10</b> Late Programs.</p>	<p><b>SBS WORLD MOVIES (32)</b> <b>6am</b> Morning Programs. <b>8.45</b> Without A Clue. (1988, PG) <b>10.45</b> The Boy And The Beast. (2015, PG) <b>12.55pm</b> Checkered Ninja. (2018, M) <b>2.25</b> Big Fish. (2003, PG) <b>4.40</b> Asterix: The Mansions Of The Gods. (2014, PG, French) <b>6.15</b> Capricorn One. (1978, PG) <b>8.30</b> Whiplash. (2014, MA15+) <b>10.30</b> Young And Beautiful. (2013, MA15+, French) <b>12.10am</b> Late Programs.</p>	<p><b>7MATE (74)</b> <b>6am</b> Morning Programs. <b>1pm</b> Secrets Of The World's Super Skyscrapers. <b>2.00</b> Pawn Stars South Africa. <b>2.30</b> Last Stop Garage. <b>3.00</b> Wild Transport. <b>3.30</b> Shipping Wars. <b>4.00</b> Pawn Stars South Africa. <b>4.30</b> Motor Racing. Supercars Support <b>5.30</b> Storage Wars: TX. <b>6.00</b> American Pickers. <b>7.00</b> Pawn Stars. <b>7.30</b> American Pickers. <b>8.30</b> <b>MOVIE:</b> The Dark Knight Rises. (2012, M) <b>11.50</b> Late Programs.</p>	<p><b>9GO! (82, 93)</b> <b>6am</b> Children's Programs. <b>Noon</b> <b>MOVIE:</b> Win A Date With Tad Hamilton! (2004, PG) <b>2.00</b> Social Fabric. <b>3.00</b> Children's Programs. <b>3.30</b> Raymond. <b>5.30</b> The Nanny. <b>6.00</b> 3rd Rock. <b>6.30</b> That '70s Show. <b>7.00</b> Young Sheldon. <b>7.30</b> RBT. <b>8.00</b> Territory Cops. <b>8.30</b> <b>MOVIE:</b> Killers. (2010, M) <b>10.30</b> Young Sheldon. <b>11.00</b> Raymond. <b>11.30</b> Weird Science. <b>Midnight</b> #Killerpost. <b>1.00</b> Below Deck. <b>2.00</b> Late Programs.</p>	<p><b>10 BOLD (53, 12)</b> <b>6am</b> Home Shopping. <b>8.00</b> Soccer. A-League Men. Round 18. Melbourne City v Melbourne Victory. Replay. <b>10.30</b> Bondi Rescue. <b>11.00</b> Diagnosis Murder. <b>Noon</b> NCIS. <b>1.00</b> Walker, Texas Ranger. <b>3.00</b> Jake And The Fatman. <b>4.00</b> Diagnosis Murder. <b>5.00</b> JAG. <b>6.00</b> Bondi Rescue. <b>7.30</b> NCIS. <b>10.20</b> A-League Highlights Show. <b>11.20</b> NCIS: New Orleans. <b>12.15am</b> Shopping. <b>2.15</b> Late Programs.</p>

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<p><b>ABC TV (2)</b> <b>6.00</b> News. <b>9.00</b> News. <b>10.00</b> Foreign Correspondent. (R) <b>10.30</b> Rosie Batty's One Plus One. (R) <b>11.10</b> Grand Designs New Zealand. (PG, R) <b>12.00</b> ABC News At Noon. <b>1.00</b> All Creatures Great And Small. (Final, PG, R) <b>2.05</b> Unforgotten. (Final, Malv, R) <b>3.00</b> ABC News Afternoons. <b>4.00</b> Escape From The City. (R) <b>4.55</b> Kurt Fearnley's One Plus One. (R) <b>5.25</b> Hard Quiz. (PG, R)</p>	<p><b>SBS (3)</b> <b>6.00</b> WorldWatch. <b>9.30</b> Greek News. <b>10.30</b> German News. <b>11.00</b> Spanish News. <b>11.30</b> Turkish News. <b>12.00</b> Arabic News F24. <b>12.30</b> ABC America: World News Tonight. <b>1.00</b> PBS NewsHour. (R) <b>2.00</b> Travel Man's Greatest Trips. (Mas, R) <b>2.55</b> Hidden Algeria. (PG, R) <b>3.55</b> The Royal House Of Windsor. (PGa, R) <b>5.05</b> Jeopardy! (PG) <b>5.30</b> Letters And Numbers. (R)</p>	<p><b>SEVEN (7)</b> <b>6.00</b> Sunrise. <b>9.00</b> The Morning Show. (PG) <b>11.30</b> Seven Morning News. <b>12.00</b> <b>MOVIE:</b> Forgotten Evil. (2017, Mav, R) <b>2.00</b> The Real Manhunter. (Madv, R) <b>3.00</b> The Chase. <b>4.00</b> Seven News At 4. <b>5.00</b> The Chase Australia.</p>	<p><b>NINE (8, 9)</b> <b>6.00</b> Today. <b>9.00</b> Today Extra. (PG) <b>11.30</b> Morning News. <b>12.00</b> Married At First Sight. (R) <b>1.30</b> Getaway. (PG, R) <b>2.00</b> Pointless. (PG) <b>3.00</b> Tipping Point. (PG) <b>4.00</b> Afternoon News. <b>4.30</b> Millionaire Hot Seat. <b>5.30</b> WIN News.</p>	<p><b>TEN (5, 1)</b> <b>6.00</b> The Talk. (PGa) <b>7.00</b> Judge Judy. (PG, R) <b>7.30</b> The Bold And The Beautiful. (PGa, R) <b>8.00</b> Studio 10. (PG) <b>12.00</b> Dr Phil. (PGal) <b>1.00</b> To Be Advised. <b>2.00</b> Entertainment Tonight. <b>2.30</b> Everyday Gourmet With Justine Schofield. (R) <b>3.00</b> Judge Judy. (PG, R) <b>3.30</b> Freshly Picked With Simon Toohey. <b>4.00</b> Farm To Fork. (PG, R) <b>4.30</b> The Bold And The Beautiful. (PG) <b>5.00</b> 10 News First.</p>
<p><b>6.00</b> The Drum. <b>7.00</b> ABC News. <b>7.30</b> <b>7.30</b>. Presented by Leigh Sales. <b>8.00</b> Outback Ringer. (Final, PG) The wet season looms. <b>8.30</b> Freddie Mercury: The Final Act. (MI) The story of Freddie Mercury's battle with AIDS and the tribute concert Queen staged in his memory. <b>10.00</b> You Can't Ask That: HIV Positive. (Mals, R) Eight people talk about HIV. <b>10.35</b> ABC Late News. <b>10.50</b> The Business. (R) <b>11.10</b> Four Corners. (R) <b>11.55</b> Media Watch. (PG, R) <b>12.10</b> Press. (Mals, R) <b>1.10</b> Silent Witness. (MA15+av, R) <b>4.10</b> First Nation Farmers. (R) <b>4.25</b> The Drum. (R) <b>5.25</b> 7.30. (R)</p>	<p><b>6.00</b> Mastermind Australia. (PG) <b>6.30</b> SBS World News. <b>7.30</b> Great British Railway Journeys: Oxford To Abingdon. (Return, PG) Presented by Michael Portillo. <b>8.30</b> Insight. Takes a look at deathbed confessions and promises and the effect on loved ones left behind. <b>9.30</b> Dateline. (Return) Evan Williams reports on China's Kazakhs. <b>10.00</b> The Feed. Explores the dark side of photo filters. <b>10.30</b> SBS World News Late. <b>11.00</b> The Point. (R) <b>11.30</b> Shadow Lines. (Malnv) <b>12.25</b> Transplant. (MA15+a, R) <b>4.30</b> VICE Guide To Film. (MA15+sv, R) <b>5.00</b> France 24 Feature. <b>5.15</b> NHK World English News. <b>5.30</b> Deutsche Welle English News.</p>	<p><b>6.00</b> Seven Local News. <b>6.30</b> Seven News. <b>7.00</b> Home And Away. (PGa) <b>7.30</b> SAS Australia. (M) Celebrities undertake SAS training. <b>8.30</b> The Rookie. (Mav) Officers Chen and Bradford demand a treasure hunt rematch and enlist Officer Grey to set the terms to a new bet, all while they arrest a series of wealthy criminals. Wesley struggles to keep it together. <b>10.30</b> The Latest: Seven News. <b>11.00</b> <b>MOVIE:</b> Sudden Impact. (1983, MA15+alsv, R) A detective investigates a series of murders. Clint Eastwood. <b>1.30</b> Absentia. (MA15+av, R) <b>2.30</b> Home Shopping. (R) <b>4.00</b> NBC Today. <b>5.00</b> Seven Early News. <b>5.30</b> Sunrise.</p>	<p><b>6.00</b> Nine News. <b>7.00</b> A Current Affair. <b>7.30</b> Married At First Sight. The social experiment continues. <b>9.00</b> The Hundred With Andy Lee. Andy Lee is joined by a panel of comedians and 100 Aussies to explore the fun behind the facts. <b>10.00</b> Nine News Late. A look at the latest news and events. <b>10.30</b> True Story With Hamish &amp; Andy: Dani. (PGI, R) <b>11.00</b> Mr Mayor. (PG) <b>11.25</b> Killed By My Stalker. (Malv, R) <b>12.10</b> Tipping Point. (PG, R) <b>1.05</b> Delish. (R) <b>1.30</b> TV Shop: Home Shopping. (R) <b>4.00</b> Believer's Voice Of Victory. (PGa) <b>4.30</b> A Current Affair. (R) <b>5.00</b> News Early Edition. <b>5.30</b> Today.</p>	<p><b>6.30</b> The Project. A look at the day's news and events. <b>7.30</b> The Dog House Australia. Narrated by Dr Chris Brown. <b>8.30</b> NCIS. The team is summoned to Philadelphia to investigate the death of a US Navy petty officer. <b>9.30</b> NCIS: Los Angeles. After a newborn child is found abandoned on a US Navy ship, Kensi and Deeks search for the mother. <b>10.30</b> NCIS. (M, R) A musician's murder is investigated. <b>11.30</b> The Project. (R) <b>12.30</b> The Late Show With Stephen Colbert. (PG) <b>1.30</b> Home Shopping. (R) <b>3.30</b> Infomercials. (PG, R) <b>4.30</b> CBS Mornings.</p>
<p><b>ABC TV PLUS (22)</b> <b>6am</b> Children's Programs. <b>7.10pm</b> Andy And The Band. <b>7.30</b> Spicks And Specks. <b>8.00</b> Would I Lie To You? <b>8.30</b> Adam Hills: The Last Leg. <b>9.15</b> Whose Line Is It Anyway? <b>9.35</b> Gavin &amp; Stacey. <b>10.05</b> Schitt's Creek. <b>10.30</b> The Office. <b>11.00</b> Starstruck. <b>11.25</b> Whose Line Is It Anyway? <b>12.10am</b> Plebs. <b>12.30</b> Community. <b>12.55</b> Parks And Recreation. <b>1.20</b> Dawn French Live: 30 Million Minutes. <b>3.20</b> Close. <b>5.05</b> Late Programs.</p>	<p><b>SBS VICELAND (31)</b> <b>6am</b> WorldWatch. <b>Noon</b> Basketball. NBA. Indiana Pacers v Atlanta Hawks. Replay. <b>2.00</b> Rum: The Thirsty Road. <b>2.30</b> Outsider: World's Weirdest Films. <b>3.00</b> Video Game Show. <b>3.50</b> WorldWatch. <b>5.15</b> Joy Of Painting. <b>5.45</b> Shortland St. <b>6.15</b> Alone. <b>7.05</b> Jeopardy! <b>7.35</b> 8 Out Of 10 Cats. <b>8.30</b> Inside The Christchurch Mosque Attack. <b>9.35</b> Undercover Asia: South Korea's Debt. <b>10.30</b> Late Programs.</p>	<p><b>7TWO (72)</b> <b>6am</b> Home Shopping. <b>6.30</b> Travel Oz. <b>8.00</b> Harry's Practice. <b>8.30</b> Million Dollar Minute. <b>9.30</b> NBC Today. <b>Noon</b> Billy Connolly &amp; Me: A Celebration. <b>1.00</b> Million Dollar Minute. <b>2.00</b> Creek To Coast. <b>2.30</b> Sons And Daughters. <b>4.30</b> Harry And Meghan: Royal Rebels. <b>5.30</b> Escape To The Country. <b>6.30</b> Bargain Hunt. <b>7.30</b> Pie In The Sky. <b>8.30</b> Foyle's War. <b>10.40</b> Without A Trace. <b>12.45am</b> Crazy On A Plane. <b>2.00</b> Late Programs.</p>	<p><b>9GEM (81, 92)</b> <b>6am</b> TV Shop. <b>7.00</b> Creflo. <b>7.30</b> TV Shop. <b>9.30</b> Newstyle Direct. <b>10.00</b> Danoz. <b>10.30</b> Pointless. <b>11.30</b> My Favorite Martian. <b>Noon</b> Days Of Our Lives. <b>12.55</b> The Young And The Restless. <b>1.50</b> The Bill. <b>3.00</b> Antiques Roadshow. <b>3.30</b> <b>MOVIE:</b> Not Now, Comrade. (1976, PG) <b>5.30</b> Murder, She Wrote. <b>6.30</b> Antiques Roadshow. <b>7.30</b> New Tricks. <b>8.40</b> The Closer. <b>9.40</b> Rizzoli &amp; Isles. <b>10.40</b> Late Programs.</p>	<p><b>10 PEACH (52, 11)</b> <b>6am</b> The Late Show With Stephen Colbert. <b>7.00</b> The King Of Queens. <b>8.00</b> Seinfeld. <b>9.00</b> Becker. <b>10.00</b> The Middle. <b>11.00</b> Frasier. <b>Noon</b> Instinct. <b>1.00</b> Mom. <b>2.00</b> Seinfeld. <b>3.00</b> The King Of Queens. <b>4.00</b> Becker. <b>5.00</b> Frasier. <b>6.00</b> Friends. <b>6.30</b> Neighbours. <b>7.00</b> Friends. <b>8.00</b> The Big Bang Theory. <b>9.30</b> Mom. <b>Midnight</b> Shopping. <b>12.30</b> Infomercials. <b>1.30</b> Stephen Colbert. <b>2.30</b> Late Programs.</p>
<p><b>NITV (34)</b> <b>6am</b> Morning Programs. <b>2pm</b> Shortland St. <b>2.30</b> Chefs' Line. <b>3.00</b> Bushwhacked! <b>3.25</b> The Magic Canoe. <b>3.50</b> Wolf Joe. <b>4.00</b> Aussie Bush Tales. <b>4.10</b> Grace Beside Me. <b>4.35</b> Mustangs FC. <b>5.00</b> Our Stories. <b>5.30</b> Indian Country Today. <b>6.00</b> Bamay. <b>6.30</b> News. <b>6.40</b> Arctic Secrets. <b>7.30</b> The Point. <b>8.00</b> Wellington Paranormal. <b>8.30</b> Over The Black Dot. <b>9.00</b> Yokai! Footy. <b>9.55</b> <b>MOVIE:</b> The Final Quarter. (2019, PG) <b>11.20</b> Late Programs.</p>	<p><b>SBS WORLD MOVIES (32)</b> <b>6am</b> Morning Programs. <b>9.25</b> Richard The Stork. (2017) <b>11.00</b> The Big Picture. (2010, M, French) <b>1.10pm</b> Without A Clue. (1988, PG) <b>3.10</b> The Three Musketeers. (1973, PG) <b>5.10</b> The Secret Of Kells. (2009, PG) <b>6.40</b> The Importance Of Being Earnest. (1952) <b>8.30</b> Vicky Cristina Barcelona. (2008, M) <b>10.15</b> Anthony Zimmer. (2005, M, French) <b>11.55</b> Late Programs.</p>	<p><b>7MATE (74)</b> <b>6am</b> Morning Programs. <b>1pm</b> Secrets Of The World's Super Skyscrapers. <b>2.00</b> Billion Dollar Wreck. <b>3.00</b> Wild Transport. <b>3.30</b> Shipping Wars. <b>4.00</b> Fish'n With Mates. <b>4.30</b> Barter Kings. <b>5.00</b> The Mike &amp; Cole Show. <b>5.30</b> Storage Wars: TX. <b>6.00</b> American Pickers. <b>7.00</b> Pawn Stars. <b>7.30</b> Highway Patrol. <b>8.30</b> Outback Truckers. <b>10.30</b> Aussie Lobster Men. <b>11.30</b> Late Programs.</p>	<p><b>9GO! (82, 93)</b> <b>6am</b> Children's Programs. <b>Noon</b> Xena. <b>2.00</b> Hercules. <b>3.00</b> The Nanny. <b>3.30</b> 3rd Rock. <b>4.00</b> That '70s Show. <b>4.30</b> Raymond. <b>5.30</b> The Nanny. <b>6.00</b> 3rd Rock. <b>6.30</b> That '70s Show. <b>7.00</b> Young Sheldon. <b>7.30</b> RBT. <b>8.00</b> Territory Cops. <b>8.30</b> <b>MOVIE:</b> Sicario: Day Of The Soldado. (2018, MA15+) <b>11.00</b> Young Sheldon. <b>11.30</b> Raymond. <b>Midnight</b> #Killerpost. <b>1.00</b> Below Deck. <b>2.50</b> Late Programs.</p>	<p><b>10 BOLD (53, 12)</b> <b>6am</b> Home Shopping. <b>8.00</b> A-League Highlights Show. <b>9.00</b> Jake And The Fatman. <b>10.00</b> Diagnosis Murder. <b>11.00</b> JAG. <b>Noon</b> NCIS. <b>1.00</b> Walker, Texas Ranger. <b>3.00</b> Jake And The Fatman. <b>4.00</b> Diagnosis Murder. <b>5.00</b> JAG. <b>6.00</b> Bondi Rescue. <b>7.30</b> NCIS. <b>8.30</b> Bull. <b>12.15am</b> Home Shopping. <b>2.15</b> <b>MOVIE:</b> Braven. (2018, M) <b>4.10</b> Walker, Texas Ranger. <b>5.05</b> JAG.</p>



<p><b>ABC TV (22)</b>  <b>6.00</b> News Breakfast. <b>9.00</b> ABC News Mornings. <b>10.00</b> Four Corners. (R) <b>11.00</b> And We Danced. (R) <b>12.00</b> ABC News At Noon. <b>12.30</b> National Press Club Address. <b>1.40</b> Media Watch. (PG, R) <b>2.00</b> Press. (Mals, R) <b>3.00</b> ABC News Afternoons. <b>4.00</b> Escape From The City. (R) <b>4.55</b> Kurt Fearnley's One Plus One. (R) <b>5.25</b> Hard Quiz. (PG, R)</p>	<p><b>SBS (3)</b>  <b>6.00</b> WorldWatch. <b>10.30</b> German News. <b>11.00</b> Spanish News. <b>11.30</b> Turkish News. <b>12.00</b> Arabic News F24. <b>12.30</b> ABC America: World News Tonight. <b>1.00</b> PBS NewsHour. (R) <b>2.00</b> Dateline. (R) <b>2.30</b> Insight. (R) <b>3.30</b> The Cook Up With Adam Liaw Bitesize. (R) <b>3.35</b> Going Places With Ernie Dingo. (R) <b>4.10</b> The Royal House Of Windsor. (PG, R) <b>5.05</b> Jeopardy! (PG) <b>5.30</b> Letters And Numbers. (R)</p>	<p><b>SEVEN (7)</b>  <b>6.00</b> Sunrise. <b>9.00</b> The Morning Show. (PG) <b>11.30</b> Seven Morning News. <b>12.00</b> <b>MOVIE:</b> Hometown Killer. (2018, Mav, R) <b>2.00</b> Autopsy USA: Steve McQueen. (Ma, R) <b>3.00</b> The Chase. (R) <b>4.00</b> Seven News At 4. <b>5.00</b> The Chase Australia.</p>	<p><b>NINE (8, 9)</b>  <b>6.00</b> Today. <b>9.00</b> Today Extra. (PG) <b>11.30</b> Morning News. <b>12.00</b> Married At First Sight. (R) <b>1.30</b> My Way. <b>2.00</b> Pointless. (PG) <b>3.00</b> Tipping Point. (PG) <b>4.00</b> Afternoon News. <b>4.30</b> Millionaire Hot Seat. <b>5.30</b> WIN News.</p>	<p><b>TEN (5, 1)</b>  <b>6.00</b> The Talk. (PGa) <b>7.00</b> Judge Judy. (PG, R) <b>7.30</b> Bold. (PG, R) <b>8.00</b> Studio 10. (PG) <b>12.00</b> Dr Phil. (PGa) <b>1.00</b> Ambulance Australia. (Mdlm, R) <b>2.00</b> Entertainment Tonight. <b>2.30</b> Everyday Gourmet With Justine Schofield. (R) <b>3.00</b> Judge Judy. (PG, R) <b>3.30</b> Freshly Picked With Simon Toohey. <b>4.00</b> Farm To Fork. (PG, R) <b>4.30</b> The Bold And The Beautiful. <b>5.00</b> 10 News First.</p>
<p><b>6.00</b> The Drum. <b>7.00</b> ABC News. <b>7.30</b> <b>7.30</b>. Presented by Leigh Sales. <b>8.00</b> Hard Quiz. (PG) Presented by Tom Gleeson. <b>8.30</b> Shaun Micallef's MAD AS HELL. (M) Host Shaun Micallef presents a round-up of important news stories of the week. <b>9.00</b> Starstruck. (M) Tom and Jessie are both offered jobs. <b>9.25</b> QI. (PG) Hosted by Sandi Toksvig. <b>10.00</b> Adam Hills: The Last Leg. (R) <b>10.40</b> ABC Late News. <b>10.55</b> The Business. (R) <b>11.10</b> Killing Eve. (MA15+v, R) <b>11.55</b> Press. (Mal, R) <b>12.55</b> Miniseries: Patrick Melrose. (Mal, R) <b>1.55</b> Adam Hills: The Last Leg. (R) <b>2.35</b> Silent Witness. (Mav, R) <b>3.35</b> Rage. (MA15+adhlvns) <b>4.25</b> The Drum. (R) <b>5.25</b> 7.30. (R)</p>	<p><b>6.00</b> Mastermind Australia. (PG) Presented by Marc Fennell. <b>6.30</b> SBS World News. <b>7.30</b> Michael Mosley's Health Intervention. (M) Part 2 of 3. <b>8.30</b> Life On The Outside. (M) Part 1 of 3. Danielle Cormack presents an initiative to tackle recidivism. <b>9.30</b> The Responder. (Premiere, MA15+) A police officer is offered a path to redemption in the form of a young heroin addict. <b>10.40</b> SBS World News Late. <b>11.10</b> In Therapy. (Mal) <b>12.00</b> The Handmaid's Tale. (Malsv, R) <b>12.55</b> The Good Fight. (Mals, R) <b>1.55</b> Before We Die. (Mdlv, R) <b>4.05</b> VICE Guide To Film. (Malnv, R) <b>4.55</b> Destination Flavour: Japan Bitesize. (R) <b>5.00</b> France 24 Feature. <b>5.15</b> NHK World English News. <b>5.30</b> Deutsche Welle English News.</p>	<p><b>6.00</b> Seven Local News. <b>6.30</b> Seven News. <b>7.00</b> Home And Away. (PGa) <b>7.30</b> Football. AFL. Round 1. Melbourne v Western Bulldogs. <b>8.45</b> The Front Bar. (M) Hosts Mick Molloy, Sam Pang and Andy Maher take a lighter look at the world of sport. <b>9.45</b> The Latest: Seven News. <b>10.15</b> Ambulance: Code Red. (Ma, R) A car passenger is seriously injured. <b>11.15</b> Autopsy USA: Florence Ballard. (Mad) A look at the death of Florence Ballard. <b>12.15</b> Splitting Up Together. (PG, R) Lena organises a beach getaway. <b>2.00</b> Home Shopping. (R) <b>4.00</b> NBC Today. <b>5.00</b> Seven Early News. <b>5.30</b> Sunrise.</p>	<p><b>6.00</b> Nine News. <b>7.00</b> A Current Affair. <b>7.30</b> Married At First Sight. The social experiment continues. <b>9.00</b> Under Investigation: The Coward Killer. (MA15+av) Follows the trail of serial killer John Wayne Glover, from the '60s to his murder spree in the '80s. <b>10.00</b> Nine News Late. A look at the latest news and events. <b>10.30</b> Forensics: The Real CSI: Fatal Weapon Unknown. (Mv) <b>11.40</b> Grand Hotel. (Msv, R) <b>12.30</b> Tipping Point. (PG, R) <b>1.20</b> Talking Honey: Relationship Specials. (R) <b>1.30</b> TV Shop: Home Shopping. (R) <b>2.30</b> Global Shop. (R) <b>3.00</b> TV Shop: Home Shopping. (R) <b>4.00</b> Believer's Voice Of Victory. (PGa) <b>4.30</b> A Current Affair. (R) <b>5.00</b> News Early Edition. <b>5.30</b> Today.</p>	<p><b>6.30</b> The Project. The hosts and guest panellists take a look at the day's news, events and hot topics. <b>7.30</b> Ambulance Australia. (Maln) Follows dispatchers and paramedics working for an ambulance service. <b>8.30</b> Bull. (Ma) The founder of a trial consulting firm uses psychology and technology to win cases for his clients. <b>10.30</b> This Is Us. (PGa) In 1986, Jack goes alone to Marilyn's funeral and is surprised when the Big Three arrive at the church. <b>11.30</b> The Project. (R) The hosts and guest panellists take a look at the day's news, events and hot topics. <b>12.30</b> The Late Show With Stephen Colbert. (PG) Late-night talk show. <b>1.30</b> Home Shopping. (R) <b>3.30</b> Infomercials. (PG, R) <b>4.30</b> CBS Mornings. Morning news and talk show.</p>
<p><b>ABC TV PLUS (22)</b> <b>6am</b> Children's Programs. <b>7.10pm</b> Andy And The Band. <b>7.30</b> Anh's Brush With Fame. <b>8.00</b> Art Works. <b>8.30</b> Tate Britain's Great British Walks. <b>9.15</b> Fake Or Fortune? <b>10.15</b> Keeping Australia Safe. <b>11.15</b> Louis Theroux's Forbidden America. <b>12.20am</b> Community. <b>12.50</b> Parks And Recreation. <b>1.10</b> ABC News Update. <b>1.15</b> Close. <b>5.05</b> Little Princess. <b>5.15</b> Hoot Hoot Go! <b>5.20</b> Pingu In The City. <b>5.30</b> Late Programs.</p>	<p><b>SBS VICELAND (31)</b> <b>6am</b> WorldWatch. <b>Noon</b> Payday. <b>1.40</b> Noisy. <b>2.30</b> Motherboard. <b>3.00</b> Earthworks. <b>3.50</b> WorldWatch. <b>5.15</b> Joy Of Painting. <b>5.45</b> Shortland St. <b>6.15</b> Alone. <b>7.05</b> Jeopardy! <b>7.35</b> 8 Out Of 10 Cats Does Countdown. <b>8.30</b> Wellington Paranormal. <b>9.30</b> <b>MOVIE:</b> Once Were Warriors. (1994, MA15+) <b>11.25</b> <b>MOVIE:</b> Ill Manors. (2012, MA15+) <b>1.35am</b> The Source. <b>2.25</b> France 24. <b>3.00</b> Late Programs.</p>	<p><b>7TWO (72)</b> <b>6am</b> Morning Programs. <b>8.30</b> Million Dollar Minute. <b>9.30</b> NBC Today. <b>Noon</b> Billy Connolly: Made In Scotland. <b>1.00</b> Million Dollar Minute. <b>2.00</b> Sydney Weekender. <b>2.30</b> Sons And Daughters. <b>4.30</b> Medical Rookies. <b>5.00</b> Australia's Deadliest. <b>5.30</b> Escape To The Country. <b>6.30</b> Bargain Hunt. <b>7.30</b> The Coroner. <b>8.30</b> Ms Fisher's Modern Murder Mysteries. <b>9.30</b> Frankie Drake Mysteries. <b>11.30</b> Late Programs.</p>	<p><b>9GEM (81, 92)</b> <b>6am</b> TV Shop: Home Shopping. <b>7.00</b> Creflo Dollar Ministries. <b>7.30</b> TV Shop: Home Shopping. <b>10.30</b> Pointless. <b>11.30</b> My Favorite Martian. <b>Noon</b> Days Of Our Lives. <b>12.55</b> The Young And The Restless. <b>1.50</b> The Bill. <b>3.00</b> Antiques Roadshow. <b>3.30</b> <b>MOVIE:</b> The Iron Maiden. (1963) <b>5.30</b> Murder, She Wrote. <b>6.30</b> Antiques Roadshow. <b>7.30</b> As Time Goes By. <b>8.50</b> Midsomer Murders. <b>10.50</b> House. <b>11.50</b> Late Programs.</p>	<p><b>10 PEACH (52, 11)</b> <b>6am</b> The Late Show With Stephen Colbert</p>

**Gladstone***Today*      Email: [editorial@todaygladstone.com.au](mailto:editorial@todaygladstone.com.au) or text 0448 008 981

<p><b>ABC TV (2)</b>  <b>6.00</b> News Breakfast. <b>9.00</b> ABC News Mornings. <b>10.00</b> Australian Story. (R) <b>10.30</b> Nigella At My Table. (R) <b>11.00</b> Catalyst. (R) <b>12.00</b> ABC News At Noon. <b>1.00</b> Hard Quiz. (PG, R) <b>1.30</b> Shaun Micallef's MAD AS HELL. (M, R) <b>2.00</b> Press. (Mal, R) <b>3.00</b> ABC News Afternoons. <b>4.00</b> Escape From The City. (R) <b>5.00</b> Kurt Fearnley's One Plus One. (R) <b>5.30</b> Hard Quiz. (PG, R)</p>	<p><b>SBS (3)</b>  <b>6.00</b> WorldWatch. <b>9.30</b> Greek News. <b>10.30</b> German News. <b>11.00</b> Spanish News. <b>11.30</b> Turkish News. <b>12.00</b> Arabic News F24. <b>12.30</b> ABC America: World News Tonight. <b>1.00</b> PBS NewsHour. (R) <b>2.00</b> The Cook Up With Adam Liaw Bitesize. (R) <b>2.10</b> Ireland In Music. <b>3.10</b> Sing St Patrick. <b>4.10</b> The Royal House Of Windsor. (PG, R) <b>5.05</b> Jeopardy! (PG) <b>5.30</b> Letters And Numbers. (R)</p>	<p><b>SEVEN (7)</b>  <b>6.00</b> Sunrise.  <b>9.00</b> The Morning Show. (PG)  <b>11.30</b> Seven Morning News.  <b>12.00</b> <b>MOVIE: Frequency.</b> (2000, Mlv, R)  <b>2.30</b> Dog Patrol. (PGa, R)  <b>3.00</b> The Chase. (R)  <b>4.00</b> Seven News At 4.  <b>5.00</b> The Chase Australia.  Hosted by Larry Emdur.</p>	<p><b>NINE (8, 9)</b>  <b>6.00</b> Today. <b>9.00</b> Today Extra. (PG)  <b>11.30</b> Morning News.  <b>12.00</b> Married At First Sight. (R)  <b>1.30</b> Driving Test. (PG, R)  <b>2.00</b> Pointless. (PG)  <b>3.00</b> Tipping Point. (PG)  <b>4.00</b> Afternoon News.  <b>4.30</b> Millionaire Hot Seat.  <b>5.30</b> WIN News.</p>	<p><b>TEN (5, 1)</b>  <b>6.00</b> The Talk. (PGa) <b>7.00</b> Judge Judy. (PG, R) <b>7.30</b> The Bold And The Beautiful. (R) <b>8.00</b> Studio 10. (PG) <b>12.00</b> Dr Phil. (PGa) <b>1.00</b> To Be Advised. <b>2.00</b> Entertainment Tonight. <b>2.30</b> Everyday Gourmet With Justine Schofield. (R) <b>3.00</b> Judge Judy. (PG, R) <b>3.30</b> Freshly Picked With Simon Toohy. <b>4.00</b> Farm To Fork. (PG, R) <b>4.30</b> The Bold And The Beautiful. <b>5.00</b> 10 News First.</p>
<p><b>6.00</b> The Drum.  <b>6.55</b> Sammy J. (PG)  <b>7.00</b> ABC News.  <b>7.30</b> 7.30.  <b>8.00</b> Foreign Correspondent.  International current affairs program.  <b>8.30</b> Q+A. Public affairs program.  <b>9.35</b> Rosie Batty's One Plus One  <b>One: Walter Mikac.</b> Rosie Batty speaks with Walter Mikac.  <b>10.05</b> Scottish Vets Down Under. (PG, R)  <b>10.35</b> ABC Late News.  <b>10.50</b> The Business. (R)  <b>11.10</b> Freddie Mercury: The Final Act. (Ml, R) <b>12.40</b> Call The Midwife. (PG, R) <b>1.40</b> Silent Witness. (MA15+av, R) <b>3.40</b> Rage. (MA15+adhlnsv) <b>4.25</b> The Drum. (R) <b>5.20</b> Sammy J. (PG, R) <b>5.25</b> 7.30. (R)</p>	<p><b>6.00</b> Mastermind Australia. (PG)  <b>6.30</b> SBS World News.  <b>7.30</b> Then And Now: The River Thames. Takes a look at the River Thames.  <b>8.30</b> The Royals: Keeping The Crown: Post-War Amnesia. (PG) Explores the history of royal families in the wake of World War II.  <b>9.30</b> Britain's Most Expensive Houses. (PG) Part 3 of 4.  <b>10.30</b> SBS World News Late.  <b>11.00</b> Gomorrah. (MA15+v)  <b>11.55</b> Manayek. (Premiere, MA15+v)  <b>3.10</b> Blinded. (Madl, R) <b>4.00</b> VICE Guide To Film. (Malv, R) <b>4.50</b> Destination Flavour Down Under Bitesize. (R) <b>5.00</b> France 24 Feature. <b>5.15</b> NHK World English News. <b>5.30</b> Deutsche Welle English News.</p>	<p><b>6.00</b> Seven Local News.  <b>6.30</b> Seven News.  <b>7.00</b> Home And Away. (PG)  <b>7.30</b> <b>MOVIE: Harry Potter And The Philosopher's Stone.</b> (2001, PGh, R)  A boy learns of his magical family background and is sent to a special school to train to become a wizard. Daniel Radcliffe, Rupert Grint, Emma Watson.  <b>10.35</b> The Latest: Seven News.  <b>11.05</b> To Be Advised.  <b>12.15</b> <b>MOVIE: Kiwi.</b> (2018, Ml, R)  A horse is transformed into a racer. Nick Blake, Alison Bruce.  <b>2.00</b> Home Shopping. (R)  <b>4.00</b> NBC Today. News and current affairs.  <b>5.00</b> Seven Early News.  <b>5.30</b> Sunrise.</p>	<p><b>6.00</b> Nine News.  <b>7.00</b> Rugby League. NRL.  Round 2. Melbourne Storm v South Sydney Rabbitohs.  <b>8.55</b> Thursday Night Knock Off.  Post-match NRL news and analysis of the Melbourne Storm versus South Sydney Rabbitohs match.  <b>9.45</b> Nine News Late. A look at the latest news and events.  <b>10.15</b> Fred &amp; Rose West: The House Of Horrors. (MA15+asv, R)  <b>11.15</b> New Amsterdam. (Mamv, R)  <b>12.05</b> The Horn. (Malm, R)  <b>1.00</b> Getaway. (PG, R) <b>1.30</b> TV Shop: Home Shopping. (R) <b>2.30</b> Global Shop. (R) <b>3.00</b> TV Shop: Home Shopping. (R) <b>4.00</b> Believer's Voice Of Victory. (PGa) <b>4.30</b> A Current Affair. (R) <b>5.00</b> News Early Edition. <b>5.30</b> Today.</p>	<p><b>6.30</b> The Project. A look at the day's news and events.  <b>7.30</b> First Dates Australia. Singles go on a blind first date.  <b>8.30</b> Gogglebox Australia. TV fanatics open up their living rooms to reveal their reactions to popular and topical TV shows.  <b>9.30</b> Law &amp; Order: SVU. (Ma)  A young woman asks Benson for help. Carisi and Rollins weigh the risks of taking their relationship public.  <b>10.30</b> Blue Bloods. Follows a family of cops in New York.  <b>11.30</b> The Project. (R)  <b>12.30</b> The Late Show With Stephen Colbert. (PG)  <b>1.30</b> Home Shopping. (R)  <b>3.30</b> Infomercials. (PG)  <b>4.30</b> CBS Mornings.</p>
<p><b>ABC TV PLUS (22)</b> <b>6am</b> Children's Programs. <b>7.10pm</b> Andy And The Band. <b>7.30</b> Spicks And Specks. <b>8.30</b> Penn &amp; Teller: Fool Us. <b>9.10</b> Hard Quiz. <b>9.40</b> Shaun Micallef's MAD AS HELL. <b>10.10</b> QI. <b>10.45</b> Gruen. <b>11.20</b> Live At The Apollo. <b>12.05am</b> Would I Lie To You? <b>12.35</b> Community. <b>1.05</b> Parks And Recreation. <b>1.25</b> Plebs. <b>1.50</b> Close. <b>5.05</b> Little Princess. <b>5.15</b> Hoot Hoot Go! <b>5.20</b> Pingu In The City. <b>5.30</b> Wallykazam! <b>5.55</b> Late Programs.</p>	<p><b>SBS VICELAND (31)</b> <b>6am</b> WorldWatch. <b>Noon</b> Jasper And Errol's First Time. <b>1.00</b> Mr Tachyon On The Edge Of Science. <b>1.30</b> Most Expensivet. <b>2.00</b> Gaycation. <b>2.50</b> Cyberwar. <b>3.50</b> WorldWatch. <b>5.15</b> Joy Of Painting. <b>5.45</b> Shortland St. <b>6.15</b> Alone. <b>7.05</b> Jeopardy! <b>7.35</b> 8 Out Of 10 Cats. <b>8.30</b> The Curse Of Oak Island. (Final) <b>9.20</b> Behind Bars: World's Toughest Prisons. (Return) <b>10.15</b> Late Programs.</p>	<p><b>7TWO (72)</b> <b>6am</b> Home Shopping. <b>6.30</b> Travel Oz. <b>8.00</b> Harry's Practice. <b>8.30</b> Million Dollar Minute. <b>9.30</b> NBC Today. <b>Noon</b> Billy Connolly: Made In Scotland. <b>1.00</b> Million Dollar Minute. <b>2.00</b> The Great Australian Doorstep. <b>2.30</b> Sons And Daughters. <b>4.30</b> To Be Advised. <b>5.30</b> Escape To The Country. <b>6.30</b> Bargain Hunt. <b>7.30</b> Father Brown. <b>8.30</b> Inspector George Gently. <b>12.30am</b> The Fine Art Auction. <b>3.30</b> Late Programs.</p>	<p><b>9GEM (81, 92)</b> <b>6am</b> Morning Programs. <b>10.30</b> Pointless. <b>11.30</b> My Favorite Martian. <b>Noon</b> Days Of Our Lives. <b>12.55</b> The Young And The Restless. <b>1.50</b> The Bill. <b>2.55</b> Antiques Roadshow. <b>3.25</b> <b>MOVIE: I Was Monty's Double.</b> (1958) <b>5.30</b> Murder, She Wrote. <b>6.30</b> Rugby League. NRL. Round 2. Melbourne Storm v South Sydney Rabbitohs. <b>7.00</b> Antiques Roadshow. <b>7.30</b> Death In Paradise. <b>8.40</b> DCI Banks. <b>10.40</b> Late Programs.</p>	<p><b>10 PEACH (52, 11)</b></p>



# On Demand



**Fresh start:** The cast of *How I Met Your Father*, from left: Suraj Sharma, Tom Ainsley, Francia Raisa, Hilary Duff, Chris Lowell and Tien Tran.

## HEART TO HEART

**HOW I MET YOUR FATHER**  
Streaming, Star on Disney+

Whether you call it a reboot, a reimagining or a revival – bringing any beloved TV sitcom back in a new format, with a new cast or a new country is fraught with danger. Inspired by hit series *How I Met Your Mother*, which ended in 2014 after nine seasons, this stand-alone sequel is worth the risk.

It follows Sophie (Hilary Duff), a photographer living in New York City and looking for love. Her story is told by her future self (Kim Cattrall), and begins on the night she meets her son's father. On her mission to find the one, beleaguered Sophie has already been on 87 Tinder dates in a year. *How I Met Your Father* picks up on the night of what 2050 Sophie calls "the best first date I'd ever been on". There's plenty of nostalgia for fans of *HIMYM* that confirms the two shows share a world, and one very familiar apartment, but the format is slightly different. Unlike the original series,

which seemed to introduce a new love interest and potential mother almost every episode, from the start it's clear that Sophie's big love is already in her life. Not only in terms of romantic love, but her close-knit group of friends: roommate Valentina (Francia Raisa), endearingly naive Charlie (Tom Ainsley), doctor-turned-publican Sid (Suraj Sharma), aspiring musician Jesse (Chris Lowell) and his recently divorced sister Ellen (Tien Tran). Not a single one of them fits neatly into a character from the original series, and *How I Met Your Father* is all the stronger for it.



**LUCY & DESI**  
Streaming, Prime Video

Hot on the heels of Aaron Sorkin's beguiling Oscar-nominated drama *Being the Ricardos*, this documentary from director Amy Poehler continues the Lucy love fest. Poehler explores the rise of her idol; comedy icon Lucille Ball, her relationship with Desi Arnaz (pictured with Ball), and how their groundbreaking sitcom *I Love Lucy* changed Hollywood forever.



**THE FEED: TIME TO BUY**  
Streaming, SBS On Demand

Teaming with comedian Tom Cardy for this one-off all-singing, all-dancing fever dream of an episode, *The Feed's* comedy team have outdone themselves. It's a musical about the Australian housing market, complete with dodgy landlords and auction anxiety. Vic Zerbst and Montaigne (both pictured) play a millennial couple trying to buy their first home.



**PIECES OF HER**  
Streaming, Netflix

When a mother and daughter are caught in a shooting at their local diner, Andy (Bella Heathcote) witnesses her seemingly ordinary mum Laura (Toni Collette, pictured with Omari Hardwick) eliminate the lethal threat with action-star ease. Desperate for answers, Andy goes on a dangerous journey across America to unravel the dark secrets of Laura's past.



**OUTLANDER**  
Streaming, Foxtel On Demand

The "Droughtlander" is finally over! Season six of the wildly popular romantic drama is here, almost two years since we last saw the Fraser clan. Now that they've built a home in North Carolina, Jamie (Sam Heughan) and his time-travelling love Claire (Caitriona Balfe, pictured with Heughan) find themselves forced to defend their community.



**SHOW ME THE MONEY**  
Streaming, Stan

The team behind *Making Their Mark* is at it again with this revealing docuseries that goes inside the AFL's trade period. *Show Me the Money* features four of the country's most prominent and influential player agencies as their agents (including Colin Young, pictured) negotiate on the behalf of star players, shaping futures, fortunes and the game of footy itself.

# Trouble Sleeping?



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# DREAM LOCATION SITTING ABOVE THE REST



**BEING** offered for sale for the first time in 33 years!

This double-storey home offers amazing views in a convenient location close to the Lagoon, foreshore and heart of Yeppoon has been the home for one family for the past 33 years.

With many wonderful memories made, it is time to move on.

The property features 3 bedrooms upstairs alongside a multipurpose area downstairs with its own kitchenette and bathroom included.

Timber flooring is featured throughout the

upper level which leads out to the wraparound deck which captures the amazing ocean views and coastal breezes.

With room to add your stamp or just move in and enjoy.

- Multipurpose space underneath usable for media room or storage
- Wraparound verandaH offering amazing views of ocean and islands
- Established gardens surrounding private, paved backyard retreat
- Centrally located in Yeppoon with easy access to shops and school ●



## HOME ESSENTIALS

**Address:** 5 Baglow Avenue, YEPPOON **Description:** 3 bedrooms, 2 bathrooms, 2 garage **Price:** Offers over \$599,000 considered **Inspect:** Saturday, 11am-11.30am

**Contact:** Leisa Richardson, 0427 251 008, YEPPOON REAL ESTATE





**LAMMERMOOR** 4 Shannons Drive

4 | 2 | 2

OPEN  
SAT  
10-10:30



**Family lifestyle at Lammermoor!**

- Flat Block, dual gate side access, room for the boat, van, pool or shed
- Stylish modern interiors, air conditioned living area and main bedroom
- Open plan living, well designed kitchen with large island bench
- 4 good sized bedrooms, master complete with walk in robe and ensuite
- Fully fenced flat back yard, plenty of room for the kids to run and play
- Walk to Lammermoor Beach, Sacred Heart School, short drive to harbour & CBD
- Fantastic family home or investment, currently tenanted for \$550 per week

**Offers over \$575,000 considered**

**ESME & CLAUDIA COREN**  
0438 336 861



**BYFIELD** 2240 Byfield Road



**2.5 acres in the heart of Byfield**

- Are you looking for a weekend getaway or relocating to Byfield?
- Private 2.5 acre block with native bush, level house pad to build a new house
- Located next door to the Byfield General Store and opposite the primary school
- High school bus to Yeppoon, bitumen road frontage, partially fenced
- Gated entrance with high wooden gate, possibility of re-zoning (STCA)
- Assortment of established fruit trees, clean slate with many options
- Power connected and water tanks

**\$475,000**

**ANDREW DOWIE**  
0429 391 379



**COOEE BAY** Unit 15/39 Scenic Highway

2 | 2 | 1



**Location, Lifestyle & Parkside Views**

- Two spacious bedrooms, master with walk-in robe and aircon
- Master bedroom is ensuited, plus a family bathroom
- Big galley style kitchen has lots of storage and room to move
- Open plan living and dining area with air conditioning
- Built in study nook, generous patio with a park outlook
- Lockable garage with storage, second parking spot also
- Resort style swimming pool, BBQ areas, walking distance to beach via park

**Offers over \$295,000 considered**

**LISA WILSON**  
0418 247 020



# Free Appraisal



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is worth in the current market.**

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# REAL ESTATE CONTRACT TIPS

**THE** most common real estate contracts are ones of sale for a property. A contract of sale is a legally binding agreement made between you and the owner of the property that you intend on purchasing.

Unsurprisingly, contracts can be complex in nature and difficult to understand, thus it is important to seek advice from contract lawyers to ensure you have a sound understanding of the contract. Contract lawyers are equipped with legal expertise – they can help you grasp your legal requirements and obligations in order to complete the transaction successfully.

### What is in a real estate contract?

Similar to standardised contracts of sale, a real estate contract contains the below essential elements:

- Names and addresses: At the very top of the agreement, there will be an assigned area for the property's address alongside the current owner's names. It is important to double-check all the information included to avoid signing an agreement for the wrong home.
- The chattels list: Chattels include things such as fixtures and fittings. You will find a designated area for the chattels that are included in the sale of your home. If the current owner has stated that certain chattels will be included in the sale of the property, it is important to check the list before signing to ensure that they are explicitly stated.
- Settlement conditions: Any and all conditions such as finance or inspections will need to be identified in the settlement conditions area. Each condition needs to be numbered and initialled by both contracting parties.
- The deposit amount required for the property and its due date: There will be a designated section in the agreement detailing the deposit amount and when this is due in order to secure the home. The



Before you sign a contract, make sure you cover all bases and clarify any unclear elements.

Picture: ISTOCK

remaining balance will also be specified. Ensure that you thoroughly check this section to ensure that the figures are correct. Additionally, identify a settlement date for the contract.

- The agreed sale price of the property
- Any other special terms and conditions
- The settlement date

- Whether the house will be vacant possession or tenanted

There may be other aspects of the contract that you may be responsible for - such as building insurance - once the exchange of the contracts has been completed. It is important to discuss this with your lawyer prior to signing.

Before proceeding in the signing of a sale contract, it is crucial for a lawyer to oversee the terms and conditions that are stipulated so that you are aware of your legal obligations. If you are unsatisfied with a specific term, your lawyer may even be able to negotiate the term to your satisfaction.

Source: realestateview.com.au ●



# GREAT OPPORTUNITY AND WELL PRESENTED

**A** fantastic opportunity to enter the property market with this well presented home.

Featuring three good size bedrooms each with ceiling fans, air conditioning, built in robes and window furnishings.

The lounge is open plan with the dining off to the kitchen area. This kitchen has eye catching cabinetry with a free-standing ceramic cooktop stove with rangehood, there is ample storage and preparation bench surface also.

The family bathroom is stylish and modern with a tiled double shower and a stand out vanity with a large wall mounted timber framed mirror. There is even more space in the galley laundry.

Outside is a timber front entry deck with a single carport. The back has a concreted



patio with shade cloth side and lighting. The yard has established garden beds, colour bond fencing, a garden shed with a slab to the man shed then a large under cover carport.

A very well presented property, Call today. ●

## HOME ESSENTIALS

**Address:** 0 Mangrove Street, BLACKWATER **Price:** \$150,000

**Description:** 3 bedrooms, 1 bathroom, 1 garage

**Contact:** Dee 0428 770 557, REAL ESTATE VISION GROUP



**BLACKWATER** 07 4982 6055 14 Mackenzie Street

**EMERALD** 07 4987 7055 Shop 2, 2-8 Mayfair Drive



4 BEDROOMS

**\$239,500**

7 Pendula Lane, Blackwater  
4 bed 2 bath 2 car



3 BEDROOMS

**\$148,000**

12 Quandong Street, Blackwater  
3 bed 1 bath 1 car



3 BEDROOMS

**\$375,000**

16 Birt Street, Blackwater  
3 bed 2 bath 1 car



4 BEDROOMS

**\$279,000**

9 Birt Street, Blackwater  
4 bed 2 bath 2 car



4 BEDROOMS

**\$229,500**

6 Cherry Street, Blackwater  
4 bed 2 bath 2 car



5 BEDROOMS

**\$245,000**

6 Summer Red Court, Blackwater  
5 bed 3 bath 4 car

**Your Family Agency in the Central Highlands**

07 4982 6055

0610-22



# Gardening

Neil Fisher



## Unusual flowering fruit

Have you ever seen this plant or know what it is? The plant in question is known as a Dragon Fruit or *Hylocereus undatus* and is best described as an epiphytic cactus.

The Dragon Fruit or *Hylocereus undatus* is an epiphytic cactus, which is a plant with fleshy stems that can grow up into the canopy of trees like a creeper. Dragon Fruit is grown in tropical regions around the world for its interesting fruit, and you may have seen the fruit in your local supermarket. The fruit is often maroon coloured, about the size of a Paw Paw and has a scaly appearance.

The fruit is a great addition to fruit salad, it has a sweet taste like Watermelon and like many of the melons, and it tastes great cold. I first tasted this fruit as part of a breakfast fruit salad at a Brisbane motel and have loved the fruit ever since.

Yet now this fantastic tasting fruit has been successfully grown in Central Queensland. In fact Dragon Fruit is now being grown in garden both eastern and western sides of CQ.

Last week I spoke to Gladstone gardeners, former Gladstone Regional Councillor Ren and Wendy Lanzon about their success growing Dragon Fruit. Their Dragon Fruit is seven years old now and last year, it gave them over a hundred fruit. The Lanzon's grown their Dragon Fruit in a raised, composted garden bed with the Dragon Fruit grown on a T shape Trellis with the fruit at pickable height. For the best results the garden soil pH should range between is 6.5 to 7. The Lanzon's plant is watered once a week approximately. Plus each time they receive good rain their Dragon Fruit sets more fruit.

Then earlier last month I spoke with Ilfracombe gardeners George and Jacqui Woodfield about growing Dragon Fruit in the Outback. They have been growing the Dragon Fruit for about three years from a cutting of a plant in a family member's garden in Rockhampton.

Their Dragon Fruit is planted on the southern side of their garden, but it is protected from the hot afternoon western sun, as it dehydrates it and burns it. George said that they had tried a few location within there garden before deciding that the southern side of their garden was the best location for their Dragon Fruit.

When asked about any other tips of successfully growing Dragon Fruit in the Central Queensland. George recommends water the Dragon Fruit with a small spray, to assist in creating humidity.

Plus George said "the one thing we have learnt is that Ants are the Dragon Fruit's friend. So don't try to get rid of all the ants off them". Like most epiphytes, the Dragon Fruit will need an organic rich soil to grow in with reasonable drainage.



The fruit of the Dragon Fruit. Pictures: GEORGE AND JACQUI WOODFIELD



The Dragon Fruit growing in the Ilfracombe garden of George and Jacqui Woodfield.



The Dragon Fruit flower of Michael J Bailey in the daylight.

The recent rain that Ilfracombe has received has seen their Dragon Fruit just starting to fruit again. Dragon Fruit do thrive on the rain and humidity.

While the fruit of this plant is a good reason to have one in the garden, I think the best feature of the plant is the flower. It buds up like a waterlily, and when it opens it produces that unique dragon-like flower.

It blooms only at night and like many waterlilies, the flower will only last that night. The plant needs the night time insects for pol-

ination so a planted position that has natural night light is best for the plant to set fruit.

The night time photograph of the Dragon Fruit was taken a few years ago in the garden of Rockhampton's 4RO Breakfast Show's host Michael Bailey. Michael started growing Dragon Fruit while he was based in Cairns where he fell in love with the fruit.

When asked for growing tips, Michael said his most important tip is not to over water your Dragon Fruit plant as "it will kill them quick". In the garden, Dragon Fruit is best planted in

a sunny protected position. The plant will tolerate short periods of frost, but longer periods could damage or kill the plant.

The best way to propagate Dragon Fruit is by cuttings, but most gardening books will actually list this plant as propagation by seed.

Always use a well-drained potting mix to propagate the cuttings as it will serve to encourage roots to grow. Water once or twice a week but never let the soil completely dry out. Importantly never let the potting mix become too wet as that can cause fungus attack.



The sliced fruit of the Dragon Fruit from the Ilfracombe garden of George and Jacqui Woodfield.



The Dragon Fruit flower.

## TRANSFORM YOUR LAWN... NURTURE YOUR GARDEN

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**FOR HIRE**

- Top dresser
- Lawn aerator
- Dethatcher



# Rural Matters

## Time to call out the fakes

By AgForce CEO Michael Guerin

You wouldn't want to open a Coke only to take a sip and discover it's a Pepsi, any more than you'd delight in learning the double beef and onion pizza you bought from Dominos doesn't actually contain any beef – instead it's all plant-based.

But that's the current situation. 'Beef' doesn't have to mean beef as we know it – despite the name, despite the images of cattle that might accompany it.

So we should all rejoice at the recent tabling of the Commonwealth Senate Inquiry report into the labelling of alternative protein products. Because it takes us one step closer to truth in labelling, to eliminating the confusion, and to outlawing 'creative' marketing claims.

When Senator Susan McDonald first launched her investigation into manufactured plant-based products after complaints they were misleading consumers with ambiguous packaging featuring terms such as 'bull-free beef', 'beef-free classic sausages', and 'vegan bacon', AgForce and many of its members put their weight behind the Inquiry, amassing a detailed submission and giving evidence in hearings.

Since then it has become clear that consumers are confused by plant-based products that use names like beef, chicken, or prawns, with accompanying imagery, and that manufactured plant-protein companies have no intention of changing their ways without regulations that enforce food labelling standards.

A review of Australia's food standards regulator is just one of nine recommendations made by the Senate inquiry into meat definitions, which could have major consequences for the plant protein and non-dairy "milk" industries and, importantly, have the support of all political parties.

This isn't about reducing competition in the marketplace. In fact, the report urges the Federal Government to look at ways of strengthening



An Original Impossible Burger, left, and a Cali Burger, from Umami Burger, in New York.

Picture: AP PHOTO/RICHARD DREW

ening the plant-based protein product sector's capacity to develop and grow – moves AgForce, livestock producers, and industry fully support.

However, the onus is now on vegan plant-based companies to find their own, unique

ways of promoting their products – without trading on animal names and imagery so that, like agriculture, they can perhaps create their own legacy of providing high-quality, fresh produce for everyone.

View the full report and list of recommendations at [aph.gov.au/Parliamentary\\_Business/Committees/Senate/Rural\\_and\\_Regional\\_Affairs\\_and\\_Transport/DefinitionsofMeat/Report](http://aph.gov.au/Parliamentary_Business/Committees/Senate/Rural_and_Regional_Affairs_and_Transport/DefinitionsofMeat/Report)

## Good quality but condition mixed around saleyards

By CQLX Market Report

Combined agents yarded 2,315 head on Wednesday, 2 March, comprising of 1,362 steers, 672 heifers, 191 cows, 75 cows and calves and 15 bulls.

Quality was mixed although condition was good through most of the yarding. The cow numbers were well back on last sale, although a good line of bullocks were penned. Competition was also good from processors and feeder buyers, taking in consideration of the flooding in the South.

Restockers were again very strong and maintained values on last weeks sale.

### HIGHLIGHTS OF THE DAY

AJ McLean, Ridgeland Sold Charbray Bullocks to 448c/kg weighing 700kg to return \$3,140/hd

Hillcrest Pastoral Company, Middlemount Sold Brahman Cross Bullocks for 466c/kg weighing 617kg to return \$2,880/hd

Comack Family Trust, Wycarbah Sold Droughtmaster Steers for 826c/kg weighing 253kg to return \$2,089/hd

Branxholme P/L, St Lawrence Sold Brahman Weaner Steers for 804c/kg weighing 275 to return \$2,218/hd

Brian Brown, Wowan Sold Droughtmaster Cross Steers for 530c/kg weighing 445kg to return \$2,362/hd

J Horn, Carmila Sold Brahman Cross Steers for 546c/kg weighing 432kg to return \$2,360/hd

Darcy Martin, Dululu Sold Brangus/Droughtmaster Cross Steers for 620c/kg weighing 342kg to return \$2,122/hd

R Pocock, Bracewell Sold Droughtmaster Cross Steers for 792c/kg weighing 270kg to return \$2,142/hd

JP and JA Ramm, Dululu Sold Droughtmaster Cross Steers for 850c/kg weighing 229kg to return \$1,951/hd

R Miller and D Smith, Midgee Sold Brahman Cross Steers for 828c/kg weighing 248kg to return \$2,060/hd

Reaco Pty Ltd, Marlborough Sold Brangus Steers for 862c/kg weighing 219kg to return \$1,894/hd

J Baccon Bajool Sold No.1 Droughtmaster Steers for 670c/kg weighing 356kg to return \$2,386/hd

Woorabinda Pastoral Co, Duaringa Sold Droughtmaster Cross Cows for 400c/kg weighing 553kg to return \$2,214/hd

O'Rourke Pastoral Co, Glenlee Sold Brahman Cross Cows for 416c/kg weighing 465kg to return \$1,935/hd

JP and JA Ramm, Dululu Sold Droughtmaster Heifers for 720c/kg weighing 213kg to return \$1,534/hd

Comack Family Trust, Wycarbah Sold Droughtmaster Heifers for 770c/kg weighing 245kg to return \$1,886/hd

Branxholme P/L, St Lawrence Sold Brahman Weaner Heifers for 724c/kg weighing 230kg to return \$1,671/hd

S.T & V.E Sharps, Marlborough Sold Droughtmaster Heifers for 498c/kg weighing 446kg to return \$2,225/hd

B & S Mills, Biloela Sold Brangus Heifers for 736c/kg weighing 231kg to return \$1,702/hd

Cashmere Cattle Co, Mulara Sold Droughtmaster Cows and Calves for \$3,950/unit



An auction at CQLX.



# country kitchens recipes

## Rainbow Frittata

**Serves:** 4

**Prep time:** 15 minutes

**Cook time:** 25 minutes

**1 serve per portion**

**Everyday Food**

### Ingredients:

- 6 eggs
- ½ cup milk, reduced fat
- 160g feta or parmesan cheese, crumbled
- 1 tablespoon flat leaf parsley, chopped
- Cracked black pepper
- 1 tablespoon extra virgin olive oil
- ½ medium onion, diced
- ½ red capsicum, diced
- ½ medium carrot, grated
- ½ medium zucchini, grated
- ½ cup canned sweet corn, drained
- 6 cherry tomatoes, sliced in half

### Method:

- WHISK the eggs and milk together in a bowl. Add the cheese, parsley and pepper and stir to combine.
- HEAT oil in a frypan over medium heat. Lightly sauté onion and capsicum for 1-2 minutes, then add carrot, zucchini and corn and cook for 1 minute.
- REMOVE vegetables from pan and add to egg mixture. Stir until combined, then return to pan.
- DECORATE with cherry tomatoes and cook until set.



**Everyday Food**

## Red Salad

**Serves:** 6

**Prep time:** 15 minutes

**Cook time:** 10 minutes

**2 ½ serve per portion**

### Ingredients

- 2 large potatoes, cut into 2cm chunks
- 1 medium sweet potato, cut into 2cm chunks
- 2 carrots, diced
- 1 cup frozen peas
- 1 egg, hardboiled
- 1 cup plain yoghurt, reduced fat
- ½ cup of fresh dill, sprigs only, roughly chopped
- Freshly cracked pepper
- 225g can beetroot, sliced
- 3 shallots, finely sliced

### Method:

- COMBINE potatoes and carrots in a large saucepan. Fill the saucepan with enough cold water to cover the contents with water.
- BRING to a boil over high heat, then reduce to medium-low and cook until potatoes are easily pierced, about 5 to 6 minutes.
- ADD frozen peas in the last minute of cooking.
- DRAIN potato, carrots and peas and cool to room temperature.
- COOL and slice the hardboiled egg
- COMBINE the yoghurt, dill and pepper in a small bowl.
- ADD the cooked veggies, shallots, beetroot and hardboiled egg into a large bowl.
- STIR through the yoghurt dressing.

QLD COUNTRY WOMEN'S ASSOCIATION  
**COUNTRY Kitchens**  
Recipe for good health

**health + wellbeing**  
Queensland



Empowering women through education and health is a priority for the Queensland Country Women's Association (QCWA). The QCWA Country Kitchens program, funded by the Queensland Government through Health and Wellbeing Queensland, supports Queenslanders to adopt healthier lifestyles. To find out more about the program visit <https://qcwacountrykitchens.com.au/>.



COMICS

Bottled Fruit



Insert Brain Here



Doodley Squat



WuMo



Against the Grain



Bushy Tales



Swamp



Insanity Streak



Ballard Street



"Let's not try to gain height on each other tonight, OK, Neal?"

Grin Bin









**Your year ahead**  
This year allows you to take what's deservedly yours. As early as March, finances start to improve - just make sure that all is above-board. With emotions running high, April draws you towards illicit liaisons. Could you cope if secret love was exposed? May is just as generous in its carnal offerings, but some complications remain. If still feeling restricted, June signals make or break time. At work, timing's important when it comes to achieving ambitions. After August, you want something so badly you can almost taste it. Wait for the green light.



**ARIES**  
(Mar 21 - Apr 20)

Problems hint at bigger issues that no one wants to discuss. While you'd rather not become involved, you may have no choice - mostly because others' worries are not as trivial as you thought. They've been downplaying it, so as not to worry you. Be helpful, but skip the martyrdom. The best lesson you can teach others right now is independence.  
**Best Day: Friday 18th**



**TAURUS**  
(Apr 21 - May 20)

It's strange how sometimes you can feel invisible, as if people are walking straight past or through you. Other times, you're suddenly the centre of attention - when even strangers catch a second glance. Well, this week you're both visible and magnetic. The planets offer the right encouragement to catch up with old friends and simply have fun.  
**Best Day: Monday 14th**



**GEMINI**  
(May 21 - Jun 21)

This week could start with surprising changes personally or professionally as hidden forces fling you in directions you probably won't want to go. Exposed secrets or an intense emotional experience may also leave you reeling but soon you'll come to realise that these changes will have actually improved your life.  
**Best Day: Sunday 13th**



**CANCER**  
(Jun 22 - Jul 22)

You can't please all the people all of the time, Cancer. Maybe the solution is to pick your moment, but there's still one small problem. Some individuals simply can't be pleased at all, despite your best efforts. If so, perhaps you're better off directing your energies elsewhere. The last few days concentrate on money and self-image.  
**Best Day: Wednesday 16th**



**LEO**  
(Jul 23 - Aug 23)

With the moon in your own sign on the 17th, life could become a stress-fest. Your best antidote for full-moon burnout is to stay within your comfort zones. Avoid harsh work deadlines and do what you love instead. Look to romance, perhaps. Couples could rekindle passions. This week also offers a possible change of address.  
**Best Day: Monday 14th**



**LIBRA**  
(Sep 23 - Oct 23)

This week keeps you on your toes. Stay calm and in control, and there's precious little you can't manage. The question is: what do you really want? Love plays its dizzy game and you may be happy to surrender to Cupid's coaxing. The question is: just when you're ready to be swept off your feet, should said feet stay firmly planted on the ground?  
**Best Day: Tuesday 15th**



**SAGITTARIUS**  
(Nov 23 - Dec 21)

You've pretty much got your hands full right now. If you intend to keep loved friends and family guessing, you're off to a good start. Life seems erratic, so making fixed plans might not be wise. Our lives often put forward difficult dilemmas. Or, if your world is unbalanced, perhaps because it's all work and no play.  
**Best Day: Tuesday 15th**



**CAPRICORN**  
(Dec 22 - Jan 20)

Everyone seems to be in each other's way this week and no-one's prepared to give way. You might think you've seen it all when it comes to others' negligence, but past scenarios have been mere dress rehearsals. Fortunately all things and people eventually move on - so optimism, faith and money are bound to come out of their tailspin soon.  
**Best Day: Saturday 19th**



**AQUARIUS**  
(Jan 21 - Feb 18)

So you're finally acting on your wilder ambitions? This means lucrative times ahead. If you're on a career path, push it for all it's worth. Financial prospects look bright - and a penchant for speculation should show a great return. Ditto with your love-life. Couples should forgive past misgivings, and don't be afraid to express your emotions.  
**Best Day: Wednesday 16th**



**PISCES**  
(Feb 19 - Mar 20)

Success could be yours for the taking, Pisces, if you could only get over this debilitating fear of abandoning others. Shake off that old guilt-trip and put your own needs first. In romance, too - you should throw off inhibitions and release repressed desires. Take control of your sexuality and rediscover "the sweetest taboo".  
**Best Day: Thursday 17th**



**VIRGO**  
(Aug 24 - Sep 22)

Virgos tend to give most the benefit of the doubt. But sometimes that all-too-forgiving stance may backfire when you discover that someone isn't as loyal as you thought. You'll survive, but this is a lesson in setting firm boundaries. The good news: a bit of extra cash comes within reach. If so, spend up while you can.  
**Best Day: Friday 18th**



**SCORPIO**  
(Oct 24 - Nov 22)

Scorpios are given a second chance at ventures that didn't go so well first time around. Call it karma or luck. The trick lies in facing challenges head-on and turning them in your favour. Early next week, Venus talks the Sun into giving cash-deficient Scorpios financial help. Not before time - you deserve some pampering.  
**Best Day: Saturday 19th**

ARROW WORDS											
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					Pleasant smell						
	Additional pay						Not as much		Require		
	Night before				Wood-working tool						
Scare away	Chris Thor actor (pictured)	Weep Location				Prompt	Boy		Big cat		Force back
				Had food	Argentine dance	Irish province Bitter					
Little devil		Flying mammal				Coastal resort Add up					
			Mexican dish				English county	Oily bean		Hip hop artist	
Nocturnal bird		Of the veins						Dry and withered			
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					Lawn			Mineral spring			
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					Jet black			Expert			

SOLUTION											
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# WEATHER

## FORECAST

### Warnings

See [www.bom.gov.au/australia/warnings](http://www.bom.gov.au/australia/warnings)

#### Gladstone:

Cloudy. Very high chance of showers. The chance of a thunderstorm, possibly severe. Light winds becoming easterly 20 to 25 km/h in the early afternoon then tending southeasterly 15 to 20 km/h in the evening.

Friday. Shower or two.

#### Rockhampton:

Partly cloudy. Very high chance of showers. The chance of a thunderstorm, possibly severe. Light winds becoming easterly 15 to 20 km/h in the early afternoon then becoming light in the evening.

Friday. Shower or two.

#### Capricornia:

Partly cloudy. Very high (90%) chance of showers. The chance of a storm, possibly severe. Light winds becoming easterly 15 to 20 km/h in the early afternoon then becoming light in the late evening.

Friday. Cloudy. High (70%) chance of showers, most likely in the morning and afternoon. The chance of a storm. Light winds becoming east to southeasterly 15 to 25 km/h during the morning.

#### Central Highlands and Coalfields:

Partly cloudy. High (80%) chance of showers in the east, medium (50%) chance elsewhere. The chance of a storm, possibly severe with heavy rain which may lead to flash flooding and damaging winds. Winds northeast to southeasterly 15 to 20 km/h becoming light before dawn then becoming northeast to southeasterly 15 to 20 km/h in the late afternoon.

#### Queensland:

A trough will extend across western Queensland, while a ridge and southeasterly wind surge spread north along the southeast and central Queensland coast. A medium to high chance of showers across the Southeast Coast, with storms possible about the Sunshine Coast and Hinterland during the early morning. A slight to medium chance of showers and storms in the east and north, increasing to a high to very high chance across the eastern Central Highlands, Capricornia, and Wide Bay and Burnett. A risk of severe storms across the southeast quarter of the state, except for the Southeast Coast and eastern Darling Downs and Granite Belt. Mostly sunny in the west. Severe heatwave conditions continuing in the north, beginning to ease in central Queensland.

## GLADSTONE FORECAST



**TODAY**  
Showers.  
Possible storm. **31**



**TOMORROW**  
Shower or two. **30**



**SATURDAY**  
Possible shower. **31**



**SUNDAY**  
Partly cloudy. **30**



Sunny



Mostly sunny



Partly cloudy



Cloudy



Chance shower



Shower or two



Showers



Light rain (drizzle)



Rain



Storm



Showers storm



Windy



Dust



Fog



**Richmond 41**



**Townsville 34**



**Charters Towers 39**



**Mackay 33**



**Winton 40**



**Longreach 41**



**Moranbah 38**



**Emerald 38**



**Windorah 38**



**Tambo 37**



**Rolleston 36**



**Roma 35**



**Cunnamulla 35**



**St. George 34**



**Brisbane 28**



**GLADSTONE**

**UV ALERT**

8:20am - 3:50pm

MAX UV Index

12 (extreme)

Issued at 1pm Wednesday for  
**March 10, 2022**

### COASTAL WATERS

**St. Lawrence to Burnett Heads:** Winds: NW/NE about 10 knots tending east to southeasterly 10 to 15 knots during the morning. Wind increasing to 15 to 25 knots in the afternoon and reaching up to 30 knots offshore south of Agnes Water in the evening. Seas: Below 1m, increasing to 1 to 2m south of Cape Capricorn by early evening. 1st Swell: E'ly below 1m inshore, increasing to 1 to 1.5m offshore. 2nd Swell: S'ly around 1m offshore southern waters. Weather: Partly cloudy. 80% chance of showers. Chance storm.

Friday. Winds: Southeasterly 20 to 25 knots, reaching up to 30 knots offshore at times. Seas: 1 to 1.5m, increasing to 1 to 2m during the morning. 1st Swell: Southerly 1 to 1.5m offshore southern waters, decreasing to around 1m during the morning. 2nd Swell: E/SE below 1m inshore, increasing to 1 to 1.5m offshore. Weather: Cloudy. 80% chance of showers. The chance of a storm.

**Bowen to St. Lawrence:** Winds: No/NW 10 to 15 knots becoming variable about 10 knots during the morning then becoming east to northeasterly 10 to 15 knots during the afternoon. Seas: Below 1m. Swell: Easterly below 1m. Weather: Partly cloudy. 60% chance of showers. The chance of a storm.

Friday. Winds: Variable below 10 knots becoming SE 10 to 15 knots during the morning. Seas: Below 1m. Swell: Easterly below 1m. Weather: Partly cloudy. 90% chance of showers. The chance of a storm.

**Hervey Bay:** Winds: North to northwesterly about 10 knots shifting south to southeasterly 15 to 20 knots during the morning. Seas: Below 1m, increasing to 1 to 1.5m during the afternoon. Swell: North to northeasterly below 1m. Weather: Cloudy. 90% chance of showers. The chance of a storm, possibly severe.

### CAPITAL CITIES

City	Condition	Max
Adelaide	Sunny.	26
Brisbane	Shower or two.	28
Canberra	Partly cloudy.	23
Darwin	Shower or two. Storm.	33
Hobart	Partly cloudy.	20
Melbourne	Partly cloudy.	21
Perth	Mostly sunny.	37
Sydney	Partly cloudy.	23

### SUN & MOON

	Sunrise	Sunset	Moonrise	Moonset
Thursday	5:54am	6:16pm	12:28pm	11:14pm
Friday	5:55am	6:15pm	1:22pm	Nil
Saturday	5:55am	6:14pm	2:13pm	12:01am
Sunday	5:56am	6:14pm	3:02pm	12:53am
Monday	5:56am	6:13pm	3:48pm	1:47am
Tuesday	5:57am	6:12pm	4:30pm	2:43am

### Rockhampton 33



**Gladstone 31**



**Biloela 34**

**Bundaberg 29**



**Gayndah 29**

**Hervey Bay 29**

### THE WORLD

World conditions today

City	Weather	Max	Min
Athens	snow	8	2
Auckland	fine	26	16
Bangkok	fine	35	25
Beijing	fine	20	4
Berlin	fine	12	-2
Christchurch	fine	20	15
Denpasar	fine	30	24
Dublin	sunny	8	3
Hong Kong	sunny	24	17
Honolulu	showers	28	22
Jakarta	rain	29	25
Johannesburg	cloudy	26	16
Kuala Lumpur	storms	32	24
London	cloudy	14	10
Los Angeles	sunny	19	10
Madrid	fine	15	6
Moscow	fine	-4	-7
New Delhi	windy	31	15
New York	sunny	9	4
Noumea	sunny	30	24
Paris	fine	16	5
Auckland	fine	26	16
Port Vila	showers	29	23
Seoul	cloudy	16	3
Singapore	storms	33	24
Suva	storms	31	24
Tel Aviv	showers	17	13
Tokyo	fine	14	3
Vancouver	sunny	8	-1
Wellington	fine	23	14

### TIDES

#### Gladstone

##### Today:

H:	2:18am	3.3m
L:	8:54am	2.1m
H:	2:38pm	2.7m
L:	8:44pm	2.0m

##### Tomorrow:

H:	3:49am	3.3m
L:	10:53am	2.0m
H:	4:58pm	2.7m
L:	10:25pm	1.9m

##### Saturday:

H:	5:19am	3.4m
L:	12:04pm	1.8m
H:	6:14pm	2.9m
L:	11:45pm	1.8m

##### Sunday:

H:	6:16am	3.6m
L:	12:46pm	1.5m
H:	6:56pm	3.1m

##### Monday:

L:	12:37am	1.5m
H:	6:58am	3.9m
L:	1:21pm	1.3m
H:	7:30pm	3.3m

##### Tuesday:

L:	1:17am	1.3m
H:	7:34am	4.1m
L:	1:54pm	1.1m
H:	8:01pm	3.5m

##### Port Alma

##### Today:

H:	2:30am	3.9m
L:	9:48am	2.6m
H:	3:30pm	3.2m
L:	9:52pm	2.5m

##### Tomorrow:

H:	4:37am	4.0m
L:	11:29am	2.4m
H:	5:24pm	3.4m
L:	11:28pm	2.3m

##### Saturday:

H:	5:45am	4.2m
L:	12:24pm	2.1m
H:	6:16pm	3.7m

##### Sunday:

L:	12:24am	2.0m
H:	6:31am	4.5m
L:	1:02pm	1.8m
H:	6:55pm	4.0m

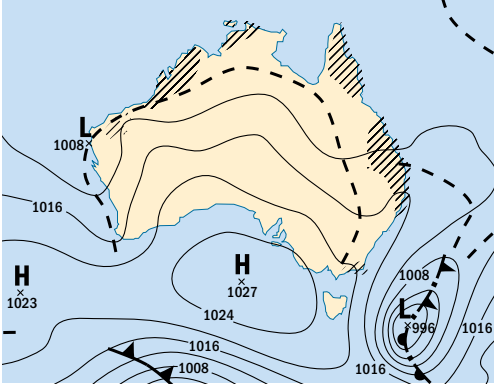
##### Monday:

L:	1:06am	1.7m
H:	7:10am	4.8m
L:	1:35pm	1.5m
H:	7:28pm	4.3m

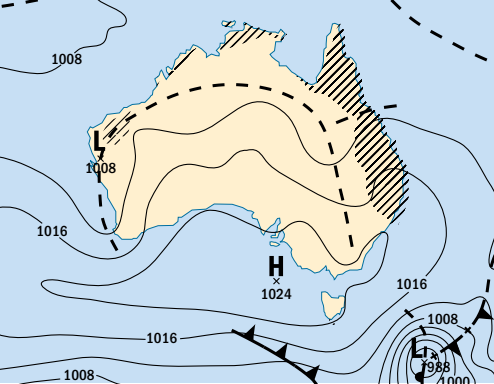
##### Tuesday:

L:	1:41am	1.4m
H:	7:43am	5.0m
L:	2:06pm	1.3m
H:	7:58pm	4.5m

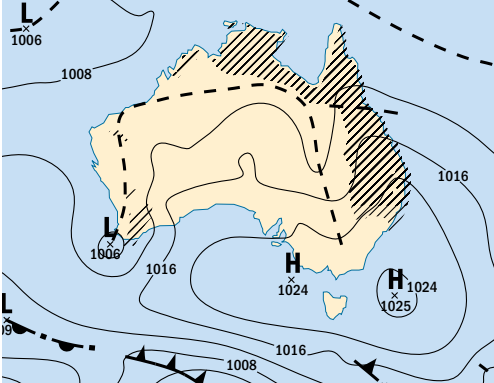
### TODAY 10AM



### TOMORROW 10AM



### SATURDAY 10AM



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24 hrs to 9am

1024  
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(hPa)

trough

cold front  
warm front





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## Announcements

### Funeral Services

### POINTON Peter William

Late of Biloela and formerly of Dixon Drive, Gladstone.

Passed away peacefully, at the Biloela Hospital, Sunday 6th March, 2022, aged 74 years.

Much loved Father to Jody and Shane, and Grandfather to their families

Loved Brother and Brother-in-law to John and Patricia, Rosemary and Ian, and Uncle to their families.

Relatives and Friends are respectfully invited to attend Peter's Funeral Service, to be held at the Boyne Tannum Memorial Parklands Chapel, Pioneer Drive, Boyne Island, **Wednesday 16th March, 2022, commencing 1.00p.m.**

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### Funeral Services

### SPRESSER Leslie Grant

Late of Gladstone, and formerly of Calliope, Yarwun and Targinni.

Passed away peacefully at the Rockhampton Hospital, surrounded by his loving family, Tuesday 1st March, 2022, aged 78 years.

Beloved Husband and soulmate of Gayle. Dearly loved Father and Father-in-law to Celia, Grant and Sarah. Adored Poppy to Blake, Lachlan, Mikayla, Max and Ruby.

A private cremation service was held.

Donations to Alzheimer's Research

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The HDC Capras’ defence was incredible on Saturday.



Bree Spreadborough watches the bouncing ball in the QRLW match.

# Clean sweep for Capras

By Liam Emerton

The Rockhampton Leagues Club Central Queensland Capras kept a perfect record at Marley Brown Oval on Saturday.

Our Hasting Deering Colts (HDC), QRLW and Hostplus Cup sides played in Gladstone this weekend and kept their momentum rolling towards the season.

The HDC Capras kicked off proceedings at Gladstone’s premier sporting ground in a huge way when they demolished the Wests Panthers 72-6.

Our QRLW side was up next and despite being behind 6-4 at one stage, our ladies stirred hard and came back to win 32-6 in a sensational second half display.

And finally in the main event our Hostplus Cup Capras kept the hard-hitting PNG Hunters from completing a big comeback.

The Capras led 20-0 deep into the second half but a rampant Hunters side scored two quick tries.

However in a turn-around from last season’s misfortune, the team from CQ stopped the momentum and held on to win 20-10.

Heading across to Mackay, three of our younger teams opened their campaigns on the weekend but only one team could find an opening win.

The Cyril Connell Challenge under 16s, Mal Meninga Cup under 18s and Harvey Norman under 19s women, took to their closest rival to take on the Cutters.

The Capras lost the under 16s and under 19 games 16-6 and 22-8 but it was our Mal Meninga Cup side who kicked off their season in the perfect way.

Despite having a player sent off from the 27th minute, our under 18s maintained their composure to open their campaign with a big win.

The Capras, in part thanks to a double from Matthew Hill, took out the match 30-16.

This weekend the Northern Pride will be heading to Rockhampton to clash with those three younger sides in the third round of those seasons.

Thanks to John Todd for his great pictures from the gameday at Marley Brown Oval on the weekend.



The Queensland Cup Capras’ desperation in defence helped score a second win from two trial games.



Tay Steere looks to break through the defence of the Magpies.



The Capras and Hunters come together for a scrum.





Clinton FC moved past Cap Coast to the next round of the Kappa Cup.

Picture: SUPPLIED

# The perfect knock

By **Liam Emerton**

In Yeppoon, Clinton FC continued their great run of form when they took on the Capricorn Coast Eagles in a Kappa Cup contest.

The women's fixture looked like it was going to be close in the opening 15 minutes.

But after captain and star player Skye Noonan broke the deadlock, Clinton capitlised on that momentum.

In 34 minutes Noonan had her hattrick before her 42nd minute strike saw her side take a 4-0 lead into half time.

Cap Coast managed one goal back in the second half but another four goals from Noonan combined with goals from Georgia Muir and Billy Orth took the Grubs to double digits.

In the end Clinton had finished with a 10-1 win to set themselves in good position before the Central Coast Premier League, formally Central Queensland Premier League, season starts this weekend.

That win will see Clinton progress to take on the winner of the Wide-Bay Kappa Cup fixtures.

Moving to Rockhampton, the Frenchville Roos FC will once again progress past the local stages of the Australia Cup after knocking over Central FC.

The final local Australia Cup match was held at Ryan Park under lights on Saturday in front of a solid crowd.

The conditions were undoubtedly humid and tough for both teams throughout the entire contest.

In the opening 10 minutes the match was certainly back-and-forth with no team having any genuine chances in what looked like a feeling-out process.

But that was until a pass from midfield set Ryan Jackson free down the left edge which was cut back to the newest Roo, Liam Mclean, who had no trouble tapping the ball into a mostly open net.

That lead only lasted seven minutes however when Dylan Clark whipped in an inch-perfect free-kick which skimmed the head of Zac Pender and found the back of the net.

That 20th minute header levelled the



Frenchville Roos thank their fans after pulling apart Central FC.

score at 1-1 but just seven minutes later Ryan Hawken found himself on the scoresheet.

Harry Dean laid a brilliantly-awaited ball into the path of Hawken who chipped Central goalkeeper Dave Longden with a combination of elegance and execution.

That goal was the last significant moment of the first half with neither team producing any solid chances in front of goal.

Eight minutes after the break Frenchville found a way to extend their lead.

Hawken delivered a sweet ball through to acting captain Jordan Miller who laid it off to a rushing Mclean.

The former Bluebirds attacker had no trou-

ble, opening his body and finessing the ball into the bottom right corner.

The humidity seemed to take a chunk out of Central and in the 62nd minute Hawken put the game to bed.

Jakeb Weber continued his fine form from the six-a-side competition when he overlapped from fullback and cut the ball back towards Hawken.

The Roos' fourth goal was enough to finish off Central, who couldn't break the solid Frenchville defence.

That win takes the Roos into the next round of the Australia Cup which will be played against the winner of the Wide-Bay fixtures.

## Bowlers raise \$8k for guide dogs

On Saturday 5 March, Calliope Central Bowls Club was the venue for our annual Guide Dogs Lawn Bowls Charity Day.

This is the 11th year of the event and came about when Dave Byars, an ex-Australian Visually Impaired Bowler and his Guide Dog, Queeny, joined our Club after relocating from Melbourne.

Dave put in a request to the Management Committee at that time to hold a fundraiser for Guide Dogs. Naturally the committee had no hesitation in approving the request.

Members then worked with Dave to put on an event that the community would support. It was decided that the day would consist of barefoot bowls, a multi draw raffle and a BBQ tea. All this for \$20.

In the first year, the Green was filled with 64 players (we are only a 40 member playing club) and we had 50 prizes for the multi draw valued at approx \$50 each. Some of the food for the BBQ was donated by Woolies and after all was said and done, we had raised \$2,230.

11 years later, we are still using the same successful formula as well as including some auctions for items made by locals. All money raised on the day is donated to Guide Dogs to cover their puppy raising costs for the first 18 months.

There is no direct cost to hold the event as one of our members collects recyclable bottles and cans over the year and donates that money to cover the cost of all food etc.

This year, the day raised \$8,000 and all up over the 11 years of the event, the total raised is \$55,167. A record amount has been achieved every year except one and the 2020 Covid year where there was only the multi draw raffle.

This little club is proud of its achievement to date and looks forward to many more successful days in the future. Dave is now on his third guide dog, Harvey, after his replacement dog for Queeny was retired due to a medical condition.

## Rocky Brothers retain cup

The Rockhampton Brothers Rugby League A Grade squad has brought home the Denis White/Paul Smith Cup after taking down Gladstone Brothers in the annual pre-season match.

It was a dominant display by the Rockhampton squad who took out the trophy with a 26-4 victory.

Elsewhere in the rugby league world, the Fitzroy/Gracemere Sharks made up for their rough start to pre-season with a big win this weekend.

Last week the Sharks suffered a huge loss at the hands of Gladstone's Valley Diehards and this weekend they shaped up against Gladstone Rugby League's Tannum Sands Seagulls.

The Fitzroys bounced back from last week's humiliation with a 28-18 victory over the Gulls.

In the women's contest earlier in the day, the Sharkies had a big win, meaning they've won both their trial games.

Fitzroy/Gracemere took down Tannum 52-6 in a brilliant showing of their talent.

## NRL season incoming

The National Rugby League (NRL) season is upon us and for many across CQ it's the best time of the year.

The season gets underway with a superstar clash between the defending champions, the Penrith Panthers, and last year's surprise packet, the Manly Sea Eagles.

On Friday night the Canberra Raiders will clash with the Cronulla Sharks in a clash that is too tight to predict.

The second match of Friday will see many Central Queenslanders favourite team, the Brisbane Broncos battling the South Sydney Rabbitohs.

Adam Reynolds is the key man to the new Broncos outfit but the big question is if he will be fit enough after a bout with Covid.

Saturday's early game sees the Sydney Roosters welcoming the Newcastle Knights to the SCG.

The New Zealand Warriors head to their home away from home, the Sunshine Coast Stadium to open their campaign against the St George Dragons.

The final Saturday game could get ugly when the Wests Tigers host the Melbourne Storm, with many tipping last season's runners-up for a big victory.

Sunday afternoon opens with the Parramatta Eels clashing with the Gold Coast Titans in a very tasty game in Western Sydney.

And the opening games are rounded off by the 2021 wooden spooners, the Canterbury-Bankstown Bulldogs travelling to Queensland Country Bank Stadium to face-off against the North Queensland Cowboys.





Rockhampton's Riley Steffan reaches for the ball. Steffan finished runner up in the open competition.



Sherrie Ward sprints towards the ball to return a Connor Craig shot.



Michelle May prepares her shot.

# Junior takes out the open

By Liam Emerton

Across the weekend the Gladstone Tennis and Squash Association (GTSA) held its annual GTSA Squash Open Tournament.

With plenty of locals from Gladstone being joined by their closest rivals from Rockhampton as well as others, the weekend excelled with talent from all across Central Queensland.

Gladstone and Rockhampton both shone very brightly across the weekend with many podium places for both cities.

Riley Steffan was certainly Rockhampton's best, finishing as runner up in the open competition.

It was a tough match in the grand final against Daisy Hill and former Gladstone junior David Turner but ultimately it was Turner who took out the win.

In third place in that same competition was Gladstone's Carl Tiplady, who took a podium spot for the host city.

Tiplady certainly wasn't the only one standing tall from Gladly, with Scott Ferrier taking out the division one competition.

Rockhampton's Glen Ward finished in second place for Div one, while Daisy Hill's Zoe Aust rounded off that division.

It was then an inner-city battle when Rock-

hampton's Garret Slade and Kalesha Ogle clashed in the division two final.

Slade got the better of Ogle on the day to take out the title as Gladstone's Jodie Logan finished in third spot.

Finally in the last division, Gladstone's Shaun Carroll finished in the top spot while Mackay's Kerry Brazier and Gladstone's Emy Logan finished in second and third respectively.

For squash president Mick Laver the two-day tournament was a really great display of local action.

"It was a good kick off to the year," he said.

"Numbers were a little down on last year but we had the floods which slowed a few of the southern visitors down.

"But we still ended up with Mackay, Rocky, Bundy, Moura and our Gladstone crew so it was good turnout.

"We always say the first week of March is the hottest day of the year and it certainly didn't disappoint.

"David Turner took out the win, to match his win from last year. So that's two in a row for me.

"He played against Riley Steffan who is probably our best player in Central Queensland at the moment."



Daisy Hill's David Turner, the eventual winner of the competition, plays a nice shot.



Ricki Jefferys fires one back against David Turner.



Ben Dowling prepares to return serve.



Michael Hamilton reaches for the ball as Ben Dowling waits for the rebound.

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# The Glen stuns the Bulls

By Liam Emerton

There was a taste of the finals on Saturday when the Gracemere Bulls travelled to Sun Valley Park to take on The Glen.

The home side won the toss and elected to open the batting, which was certainly the right choice.

It wasn't a perfect start for The Glen, especially when Jarred Walsh trapped Zane Robertson in front of his stumps to dismiss him LBW for two runs.

That left Gladstone 1/10 but brought out Jason Seng to the crease, who would prove to be the player of the match.

Seng combined with Justin Brown for 31 runs to bring the score to 41 before Brown was given out.

Waqar Yunus was Seng's next partner with the prior focusing on getting Seng back on strike for a majority of his innings.

Seng's numbers continued to tick over as he made a half-century before Yunus was knocked over for 14 runs.

Yunus' wicket meant the score read 3/92 with The Glen putting together a nice innings at that point.

Nathan Cobb was the next man to step up who put together the best partnership of the match with Seng.

The pair made 60 but Seng, eight runs short of his century, was caught out by Todd Harmsworth.

Seng's 92 was the best of the game and an incredibly important innings in terms of the season.

Cobb ended the match with 40 runs as the tail of The Glen chipped away to get their side over the 200 mark.

A total of 208 was the score that Gracemere were forced to chase down, an intimidating total to say the least.

And The Glen made the perfect breakthrough to kick-start their defence thanks to Harry Rideout.

The quick broke the opening partnership of Gracemere with the very first ball of the innings when he caught Lachlan Ferry off his own bowling.

And Rideout wasn't done there, three balls later the paceman had his and The Glen's second wicket by knocking over Steven Roser for a duck.

That left Gracemere two wickets down without a run on the board.

Mark O'Keeffe and Luke Johnstone looked to steady the ship, getting the Bulls up to 26 runs.

But on 13 runs O'Keeffe was handed the same fate as the two prior batsmen when he was caught by Cobb from the bowling of Rideout.

Seng, who had been so dominant with the bat, decided it was time to show what he can do with the cherry.

Seng sent Raguse packing when he was caught behind by Brown, which kicked off Seng's streak with the ball.

He picked up the wicket of Johnstone, but a



The Glen come together after Harry Rideout takes his second wicket in the first over.



Harry Rideout bowls this opening ball of the innings.



Nathan Cobb runs in hard.



Jarred Walsh smashes one back down the pitch.



Luke Johnstone tried to bring his side back into it.



Todd Harmsworth knocks one down the middle.



Jason Seng picks up his first wicket of the day.



Daniel Coote steams in for The Glen.



Alex Raguse drops off the ball and runs.

bit of controversy saw him stay in the middle after the umpire deemed The Glen had too many players outside the circle.

That was put to bed a few balls later when Seng got his man swinging again in which Christopher Cain took comfortably.

Seng then broke the next two partnerships, dismissing Steven Munchrow and Kristopher McDonald in quick succession.

That saw the scoreboard read 7/68 and without much hope left in the contest for the travelling side.

Dominic Coote, Rideout and Yunus took the next three wickets as Gracemere made just 109.

The only high-point for the Bulls was Todd Harmsworth's half-century which helped carry Gracemere to break the 100-run mark.

But after the dust had settled it was Rideout and of course Seng who carried The Glen to a huge victory.

Those two are now set in stone for our semi-finals with only one round left in the competition.

In the other match on Saturday Capricorn Coast Parkana broke their season duck when they defeated Brothers by 23 runs.



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# Here comes rugby league

This week's edition of Let's Talk Sport 4RO's **AARON STEVENS** joins Gladstone Today and CQ Today journalist **LIAM EMERTON** to talk all about the NRL's 2022 season.

**Liam:** I thought I'd ask before we start, are you alright to talk about only the NRL today?

**Aaron:** Twist my arm! This off-season has been so long because even though we had those few weeks of trials there's always been a pre-season comp but it sort of went missing this year.

So really since October to now, we diehard NRL fans have been suffering.

I've only just made it Liam I have to be honest, I don't think I could have survived another week but luckily it's come around.

**Liam:** Finally it's come around! I've been holding on to the wooden spoon for several months. I'm just looking to throw it away. Let's get the Bulldogs off the bottom of the ladder.

We're happy to be here but the first game is just going to be a cracker Aaron.

This is headline stuff, this could have been last year's grand final!

**Aaron:** It well could have been and I'm going to throw a spanner in the works for Penrith, I think they're going to struggle just in those early games.

They may have a hangover from last year's grand final only because this is a team who everyone says they can go back to back.

Because of their enthusiasm and that swagger they have got. It's that egotistical attitude of the Broncos back in the 90s where they thought they could just win every game.

But don't forget there are plenty of times where the Broncos had slow starts to the season because there is a little bit of a hangover.

Manly must be hurting because that was their season last year. Tom Trbojevic was fantastic, the whole team clicked.

Cherry-Evans was great and they had an awesome forward pack. So I've picked Manly across the board to beat the Panthers and let's face it it's going to be even rougher for the Panthers because the halfback is out.

**Liam:** Well that's it, he's gone for three weeks and that's a huge loss.

Nathan is obviously their key playmaker and he keeps things ticking along and guess what?

There's no Matt Burton this year to fill in his spot so you're already seeing the gap that the loss of that player causes.

Obviously you mention Turbo, last year's player of the year. And he wasn't fully fit for the whole year.

If he can stay fit for all the rounds this year he could easily break some records out there because he is that good.

Four games are even money right now, that's how close this season is going to be.

But the Broncos are heavy outsiders against the Rabbits, that's a bit rough on your boys mate?

**Aaron:** Well all the talk around the Broncos is Adam Reynolds of course.

The frustrating thing being a Broncos fan was that they spent so much time inside opposition 20.

They had enough time there to win 1000 games but how many did they win? Six or seven?

The thing was that they didn't have the answers when attacking an opposition line.

But who's the one man who has those answers? Who's the man who has the best kicking game in the NRL? Adam Reynolds.

If we don't have a try-option he will just kick it into the in-goal and try again.

He's got that composure and he will be able to settle down the team.

If the Broncos click, and it may take a few weeks, it's the one game I haven't tipped yet because we're waiting for Reynolds.

If he plays, the Broncos win as far as I'm concerned.

**Liam:** Looking towards Saturday, if there's one



The Parramatta Eels are Aaron's tip for the grand final this year.

team that will be feeling rejuvenated it's the Sydney Roosters.

They've got their full team back, they're going to be a very dominant side.

You have to think back a couple of years ago when they were right up there.

But they still came in at the top eight despite all their injuries.

Tedesco reached a new level of his own game, if Turbo or him didn't play they'd both be easily considered the best fullback of their generation.

It's going to be interesting to see if they can stay fit and if Teddy can keep that form from last year.

**Aaron:** Young Walker, they reckon he's put on a couple of kilos so they won't be able to go after him the way they did last season.

You talk about that spine, once you get Tedesco, Keary and Walker all working together then you've got a very special team.

The rest of the Roosters just do their job and let them do the tough stuff.

So the Roosters there's no doubt the season that's ahead for them.

Let me throw something out to you. Last year the top two sides only lost three games all season.

You take the Panthers or the Storm and put them against the likes of the Eels, the Roosters, the Knights, the Sharks, the Raiders, and the Sea Eagles, all of a sudden we're not talking about a team going through the season with only three losses.

That's where I've got this theory that it's going to be very, very close in the top eight.

I want to give the Warriors and Dragons a big talk. They're even money there on Saturday.

The Dragons, this is interesting when you consider the prospects of them this season, there's no doubt they recruited well and they looked good in the trials.

They have had a season under Anthony Griffin, they know what they're dealing with.

Once again I'll say every Central Queenslanders would like to see Anthony Griffin have a successful season.

But before that infamous barbecue that ruined the Dragons season last year, they were in the top eight.

So last year wasn't terrible for the Dragons, it was that one incident that really sent them off the rails and they had a terrible rest of the season.

So take that into account, with only a handful of games left last season they were in the top eight.

I wouldn't be surprised to see them in and around it this year.

**Liam:** There was that question mark around them, a lot of people had them finishing down low this year.

**Aaron:** I was one of them!

**Liam:** Exactly, you had them at wooden spooners without a doubt in your mind.

And they've shone through in those trial matches. And I know we shouldn't take too much out of that but they were really good.

Benny Hunt of course is key to them. It's devastating we didn't get to see him play at Browne Park last year.

He was great for the Dragons last year. He had all that pressure around him those last couple of years.

But it looked like he let it go last year and left it behind and that's what he needs to do this year.

I had a chat with him before he came here, or more so, was meant to come here and he was just so ready to enjoy himself out there.

The Dragons look good. But the Warriors are a team that has been away from home for several years now.

They're a team that wants to get back to their roots of hard running and strong tackling.

But they've got that x-factor in Rhys Walsh, one of the best young talents coming through our game.

If you don't mind Aaron I'd like to finish on the Bulldogs and the Cowboys.

There are still question marks over the Cowboys and what they're putting together there but I know my Bulldogs inside and out.

It was disappointing last year, it was a tough off-season but we've signed a few players,

Matty Burton, Paul Vaughn and obviously Josh Addo-Carr.

There are so many good players there we just need to see them click and make it into the top eight.

Because that's what I hope they can do this year mate.

**Aaron:** Well that's the big question, obviously how long it takes them to click.

They'll click eventually but if it takes 3,4,5 or 6 rounds that's the big question over them.

Where they end up this season really depends on how quickly they click.

On the Cowboys, I think Todd Payton is a fantastic coach.

He's got a steely resolve that's good for the Cowboys. Even though everyone is writing them off I wouldn't be surprised if they do well.

I don't think they'll make the top eight, if there's a Queensland team that does it'll be the Titans.

But I have massive question marks of where their halfback is coming from.

This is a season that just raises so many questions.

But I'll ask you this, seriously who plays the grand final at the end of the season?

**Liam:** I mean, this is a question that nobody could answer. Off the top of my head.

I think Manly will be there. If they keep a healthy Turbo in their ranks they're good.

If I had to pick another team it would have to be Melbourne. What about you?

**Aaron:** Every part of me wants to say a Broncos versus Bulldogs grand final haha.

If that did happen it would be like 1998 and we know who'd win.

I think there's one team that we haven't really touched on that would make a grand final even better and that's the Parramatta Eels.

The Eels are where Penrith was a few years ago and they've had those few seasons together and have an amazing forward pack.

I want to throw it up as a Sea Eagles and Eels grand final. It would be an interesting grand final.

But let's go! I'm ready, let's bring this season on!



# NRL FOOTY TIPPING COMPETITION



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## WELCOME

Welcome to Gladstone Today  
Footy Tipping Competition.

Follow along each week to see  
which one of your favourite  
businesses has what it takes  
to make it to the finals.

## GAME DRAW • ROUND 1

PANTHERS	V	SEA EAGLES
RAIDERS	V	SHARKS
BRONCOS	V	RABBITOHS
ROOSTERS	V	KNIGHTS
WARRIORS	V	DRAGONS
TIGERS	V	STORM
EELS	V	TITANS
COWBOYS	V	BULLDOGS

## LEADERBOARD

Colin Cross	0
Tim O'Brien	0
Remo Fanelli	0
Andrew Honour	0
Scott Avis & Ozzy Osborn	0
Colin Boyce	0



# Regional Fishing



Odin Allison with his first ever barra (101cm) caught at Lake Monduran.  
Picture: CONTRIBUTED



Reece boated a thumper jewfish off Noosa after the big wet.



Gilly Knight with a coral cod he caught recently offshore.

## Catches from across QLD

By Today Group

### Noosa

Well, we certainly got smashed! As a result, the rivers saw record levels of flood water and sediment.

For the Noosa River, and many more, this means a lot of displaced fish and larger congregations of baitfish. For the angler, this means you could find larger schools of fish which should be very hungry.

Offshore has been on hold for many due to heavy swell hitting the bar. We did see a mid-week lull and bigger boats punched out to North Reef for a good number of reef fish. As expected, the dirty water has reached out far and wide making for great reef fishing with cobia, pearlies and snapper on the chew for the bait anglers. Popular baits are squid, pilchards and mullet strip. The pelagics will require some finding so try trolling some lures while you are underway, especially if conditions are a bit rough. Higher speed lures like the Nomad DTX range let you cover ground quicker giving you the chance of finding a big mackerel or even a wahoo.

Surf fishing has seen a lot of debris washing up along the coast line including a huge section of pontoon down the coast. If swimming or surfing, please take care as there is going to be a lot of debris floating around. For anglers the chance of jewfish remains strong, especially now we have had the moon a few days ago. Daytime fishing should hold good numbers of whiting which often feed hard after a heavy rain.

The river has been quiet, but it pays to try multiple spots in the lower estuary during the incoming tides. You will notice a delay in the posted high tide times due to the backlog of freshwater in the system which could see a delay in the tide turn by several hours. This cleaner water will see fish feeding and boat anglers should try and fish the dirty water line as fish will follow and feed in this line. The river mouth, dog beach and the current line are several spots you can try.

Bait anglers will want to use pilchards, squid and mullet and even mullet gut. These baits have high oil content or simply smell great to a fish. You will need to keep baits in an area for longer if fishing hard on the bottom as the scent trail will need to be picked up by your target fish. To help things along a little, pick up some pre-mix burley and some tuna oil. Making small balls and adding these to your fishing area can turn a slow bite into nonstop action.

As we come out of the new moon phase, evening anglers will find areas where the possibility of landing a mangrove jack exists. Jacks are apex predators and love to ambush their prey so think about areas where they are likely to hang out. During tide turns they will break cover and can be caught out in the open. A word of warning though as jacks know where home is and will always charge back there once hooked. Make sure you are running 40lb or more leader and, if lure angling, look at Samaki and Zerek soft vibes and big paddle tail plastics.



Ross Brown picked up this standout 90cm snapper off Noosa after the big wet.  
Picture: FISHINGNOOSA.COM.AU

Roads heading to Borumba are underwater and Lake MacDonald is closed to all on water activities. Be sure you check on SEQ water website for details on locations you intend to travel to for up-to-date information.

Now for all the latest information log onto fishingnoosa.com.au for up-to-date bar and fishing reports, don't forget to drop into Tackle World Noosa, Noosa Boating and Outdoors and Northshore Bait & Tackle in Marcoola for all the right equipment, bait and advice to get you catching. Be sure to follow us on Facebook and remember Tight Lines and Bent Spines!

### Bundaberg Offshore / Inshore

The weather at this period of time is looking alright for those bigger boats that want to get out and have a bottom bash.

Good reports from the previous week with catches of red emperor, coral trout and sweetlip all coming onboard.

For the smaller boats, get out early before

the wind picks up.

There have been reports of good pelagic action out around the leads, with queen fish, tuna and large GT's.

Check the weather forecast before heading out.

### Burnett River

With the amount of fresh that has gone into the river over the last two weeks, fishing the river mouth would be your best option.

There has been plenty of pelagic action happening.

### Kolan River and Baffle Creek

Both these systems fish very similar.

With the amount of fresh water gone into both rivers finding live bait is the best bait.

Pumping yabbies or throwing the cast net out to get fresh bait will give you a better opportunity to get a feed.

We have had good reports from the previ-



Beth Knight with a Gold Spot Trevally she caught recently offshore.



Jody Williams with a 64cm flathead she caught at Baffle Creek.

ous week of whiting, flathead and a few good grunter. Put the crab pots in before you head out for a fish.

### Lake Mondurian

Lake Monduran over the last few weeks has had a good inflow, which has risen the lake around 2 metres higher.

Fishing has been a bit tougher than usual. Finding those areas where the barra feel comfortable and ready to feed has been key.

Casting soft plastics in the 6" to 8" range has been catching a few good fish. Molix 140, shads, slick rigs and hollow bellies just to name a few.

Casting hard bodies into the shallows has also been picking up some larger fish like the Jackall Squirrel 115, B52, Samaki Redics and Classics.

As water levels and temperatures settle, fishing will pick up and we will see more consistent fish coming aboard.



# Fishing

with Allstars Insalt's  
Joe McGuire



## Bragging about a big bag

By Joe McGuire

Last week I had a Gladstone Region based angler by the name of Micheal Webber join my ALLSTARS INSALT online fishing competition.

Generally, when someone from within my region joins the comp I drop their ALLSTARS brag mat off to their address rather than have them wait for the postage service.

So, within a couple of hours, I found myself at the front door of Micheal's house, brag mat in hand.

Upon arriving at his front porch, I had to laugh because his 7-year-old boy greeted me at the door at high speed only to grab the brag mat and take off at an equally high speed excitedly yelling and screaming to his Dad that his brag mat had arrived.

Well, this bloke didn't muck around. He threw the young fella in the boat and headed out the next morning to a new spot he had recently found to catch one of the biggest Nannygai I've ever seen.

This monster fish measured 97cm and weighed in at 14 kgs, it's a fish of a lifetime and the best part for me is he's taken a photo with himself and the lad that truly shows the impressive size of this fish.

This photo will last forever and be a topic of conversation for many years to come.

I got talking with Micheal and had to ask him how he came across this fish.

So, it turns out he's got himself a new boat, a Tournament 1750 fibreglass with a 130hp Yamaha on the back and was convinced by the local dealer to go with a 1kw Airmar transducer for his Simrad NSS3S sounder. The added advantage of the higher kilowatt transducer has allowed him to find small patches of ground and schooling fish on the fly that would otherwise have been driven over.

This spot is only small and was found just cruising around at low speed looking for new country.

Micheal has a one fish rule and only takes one fish before moving on except for a few giant cod that are vented and released.

The first time he fished this spot he landed a 6kg Nannygai, the second time he landed an 8kg Nannygai, then a 9kg Nannygai and this time the whopper at 14kgs. Talk about upgrading each time.

There is an old saying that fish attract fish. This is true. Less is better. Micheal is a great example of this. Look after your spots by catching a couple and moving on.

Our bag limits on Nannygai are very generous and realistically there is no need to bag out on this species, especially when the fish are large.

To put it into perspective, one Nannygai



Joe McGuire loves chasing Nannygai.

around 80cm in length has enough flesh to feed an average size family twice.

These days we need to focus on the enjoyment of the day out on the water with the bonus of a feed of fish rather than filling the bag with the mindset there will be plenty of fish left to flourish at your favourite spot. The other advantage is the less time spent at these spots, the less chance you have of being blow flied by some lowlife and your secret spot is no longer.

Chasing Nannygai is also a passion of mine, and I cannot recommend high enough the importance of a high-end sounder setup.

The ability to discriminate between bottom composition is a huge benefit along with the ability to zoom in on smallest of targets.

I have got to admit, low speed reconnaissance missions have paid off for me because I've done the hours and headed out with the mindset of finding new ground and a fish is a bonus.

It will astound people just how many spots we simply drive over. So perhaps give it a go, sit back with a beer in hand and watch your colour sounder do the work - you never know what you might find.

ALLSTARS has months of competition still to occur and stories to share. I have decades of fishing tips and will interview many successful commercial and recreational anglers to share their suggestions too.

As much as I like to write about fishing, I'd also like to hear from you. So please email me at [info@ALLSTARSinsalt.com.au](mailto:info@ALLSTARSinsalt.com.au) to share your fishing trips, fishing tips, fishing stories and photos.

A day on the water is better than a day at work.



Micheal Webber with the monster Nannygai.



Frazer and Harrison McGuire love to have double hookups and catch Nannygai.





## SERVICE

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Black Jack headlines this year's B2G.

# Black Jack headlines B2G

By Liam Emerton

The Brisbane to Gladstone (B2G) Yacht race is just over a month away and preparations are currently sailing smoothly.

And the fleet of yachts that will be heading to Gladstone from our state's capital city already has some superstar power.

Black Jack, which was the first-ever Queensland yacht to earn line honours in last year's Sydney to Hobart Yacht Race, will be lining up amongst a plethora of talent in Moreton Bay.

Ichiban, which was the overall winner of last year's Sydney to Hobart, will also enter the fray and come in as one of the favourites.

Stefan Racing, Maritimo and Mayfair complete the top five of incredible vessels that will be racing to Gladstone on the Easter weekend.

With the weather being hard to predict especially being so many weeks out from the start, there's still a possibility that Black Jack could attempt to break their own B2G record.

That record stands just over 16 hours and if the weather falls in their favour Black Jack could shatter that time.

Vice Commodore of the Queensland Cruising Yacht Club Harley Cowlshaw believes that this year could be very special for B2G fans.

"It's a very strong fleet of well-known yachts and the cream of Australian Yachting," he said.

"We're looking forward to it. I've personally done the race 38 times so it must have some attraction because I keep on coming back.

"It is a really good weekend and a great way to spend Easter.

"It does give all the public in the Gladstone region to come down and walk beside and see what a multi-million dollar racing yacht looks like."

Last year's race was hindered by a Covid lockdown which was only lifted the day before the entrants were set to leave Brisbane.

This year floods have hurt preparations slightly with qualifications being postponed.

However, Cowlshaw is very confident that the race will face no issues when it begins

on Good Friday.

"[The floods] are affecting Brisbane. There was meant to be a qualifying race starting on Saturday but the insurance companies won't let us do that because there's just too much debris in the water," said Cowlshaw.

"Especially when you're sailing at night because you can't see what's in front of you and the size of the debris that is still floating around Moreton Bay is quite horrific.

"But we're quite a few weeks out and hopefully all of that would have cleared and we won't have a problem.

"The yachts will clear Moreton Bay in daylight so there won't be an issue and that won't affect the race at all."

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